



PAGING DR. FRISCHER

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Downey extends win streak to 11 games

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Rose Float honored by City Council

The Downey Rose Float Association was honored by the City Council on Tuesday for winning the Leishman Public Spirit Award in the Rose Parade last week.

The award is presented annually to the "most outstanding floral presentation from a non-commercial participant."

This year's parade theme was "Turning the Corner," with Tournament of Roses President Amy Wainscott saying it was meant to celebrate the potential of every new year and rising above challenges.

Downey's float was designed by Jason Redfox and themed "Bee Inspired."



Weekend at a Glance

Friday 69°

Saturday 59°

Sunday 61°

THINGS TO DO



Ladies Night with Taylor Dayne and Sheena Easton
Saturday, 8 pm
Downey Civic Theatre, 8435 Firestone Blvd.

Concert featuring pop icons Taylor Dayne ("Love Will Lead You Back," "Prove Your Love") and Sheena Easton ("Strut," "Sugar Walls").

ON THIS DAY

1773: The oldest public museum in the United States was established in colonial Charleston, South Carolina.

1879: The Anglo-Zulu War began this week as the British sought control over Zululand in eastern South Africa.

1932: Hattie Ophelia Caraway became the first woman elected to the U.S. Senate.

1966: The live-action TV series "Batman" premiered on ABC; a huge hit, it starred Adam West as the Caped Crusader and Burt Ward as Robin.

1967: Dr. James Bedford became the first person to be cryonically preserved with intent of future resuscitation.

1969: Quarterback Joe Namath, having "guaranteed" victory, led the New York Jets to a 16-7 win over the favoured Baltimore Colts in Super Bowl III.

1971: The groundbreaking television series All in the Family debuted on CBS; the sitcom became known for its frank and satirical treatment of sensitive or important topics.

1998: Nineteen European nations agreed to forbid human cloning.

2001: Downtown Disney opened to the public as part of the Disneyland Resort in Anaheim.

2005: The U.S. space probe Deep Impact was launched, and in July it shot a 370-kg (810-pound) mass into the nucleus of the comet Tempel 1 in order to study its cometary structure.

2010: A magnitude-7.0 earthquake devastated Haiti, especially Port-au-Prince, killing more than 200,000 people and leaving more than 1,000,000 homeless and touching off a massive international relief effort.

Birthdays

Radio host **Howard Stern** (69), Amazon founder **Jeff Bezos** (59), actress **Issa Rae** (38), "Jersey Shore" star **Deena Nicole Buckner** (36) and pop singer **Zayn Malik** (30).



Howard Stern

Downey Rose Float: After the ball was over

■ Residents get an up close look at Downey's award-winning float.

By **Lorine Parks**
Society Editor

DOWNEY – "After the break of morn—After the dancers' leaving: After the stars are gone;" goes the song popular in the 1890's. What is left to see, after the ball?

If you wanted to go in person to the Downey Rose Float but you were daunted by the trek to Pasadena, it was on display after the Rose Parade in front of the Embassy Suites on Firestone Blvd. in Downey. A few days after the parade the float is brought by surface streets back to Downey, late at night because it measures 46 feet long and moves at only 5 miles an hour, and is pulled by Titan Tow.

The Downey float's theme, "Bee Inspired," highlighted the struggle and resurgence of the bee population, once in decline.

"People are now beginning to realize that a lot of our fruits and vegetables rely on bees," said Downey resident Jason Redfox, the float's designer.

Four days after the parade, on a sunny Friday at noon time, I was able to see the side of the float that is away from the cameras, that nobody sees on TV. It is equally well decorated, with even more bees coming to the hive's honeycomb. Giant strawberries dangled nearby.

Families were taking pictures and choosing their own floral souvenirs. Each flower was still fresh in the individual water-filled tubes, each carefully placed by hand in the massive carved styrofoam design. The craftsmanship can be appreciated at leisure, much better than when the float goes by for just a few precious seconds during the televised parade.

In front of the float, a mom was posing her little daughter Isabella in her frothy yellow tulle princess gown, while her big brother stood by.

Up close, I could see that the box-like honeycomb cells were filled ornately with oranges, lemons and roses. Masses of blue and white hydrangeas skirted the base, and the bees were made of petals and seeds. Bouquets of multi-colored orchids, roses, iris and lilies carpeted the float and hung everywhere. That's what won

the float the Leishman Award for Best Floral Presentation by a Non-Commercial Participant.

Non-commercial and self-decorated mean that the non-profit Rose Float Association has been responsible since 1962 for designing and creating the floral tableau. The float is self-financed, mostly by contributions and donations from individuals, and this year the City of Downey voted to give \$30,000 towards this beautiful representation that bears our city's name.

Total estimated cost this year was \$70,000 for flowers, construction and decoration materials. I found those individual plastic water vials with a rubber cap and pointed stem tip, for example, listed online for \$19.99 for a pack of 70. Even at a special price, think of how many thousands the float uses.

Fundraisers like the August "Paint and Sip" event spotlighting bees was joined by the Beekeepers Association of Southern California. The Downey Rose Float Association sells hot dogs and desserts at the city's Summer Concerts in the Park. A July Fourth Fireworks stand brings in dollars, and local restaurants, businesses and service organizations,



Photo by Lorine Parks

contribute.

Entry fees for the Miss Downey contest make up a good part of the float income, and Miss Downey and her court traditionally ride on it.

This year I heard the question, "Where are the girls?" Some viewers couldn't find them anywhere on the float.

Miss Downey Sarah Sarfoeem and her court were there, but

minus crowns and gowns. Sitting amid the flowers and dressed in jeans and warm checked flannel shirts, they represented the all-important beekeepers. As contestants, these young women also won scholarships, showing today the contest's emphasis is on nurturing their potential and usefulness to the community - just like the bees.

New at Downey PD: SWAT & drones

■ In recent years the Downey Police Department has added a SWAT unit, along with drones and an armored truck.

By **Alex Dominguez**
Staff Writer

DOWNEY – November 2021. Downey Police Department patrol officers respond to a call of a male threatening his family with a machete. Upon officers' arrival, the suspect flees the scene. He's cornered in a back parking lot, but refuses to surrender.

A large black vehicle rolls in, rumbling; imposing in presence and heavily armored all around. On sight, the suspect gives himself up. A potentially dangerous situation subsides.

In the current fiscal year, DPD will once again receive the largest

chunk – over \$43.6 million (17%) – of the city's annual budget. The police department has consistently been one of the city council's top priorities, bringing with it new and – at times – much heavier equipment.

The most obvious example would be the department's over \$400,000 armored "BearCat," purchased in 2019 shortly after DPD was involved in a deadly chase and standoff with the suspect in the murder of a Downey liquor store owner.

According to Police Chief Leslie Murray, it was incidents like this and around the nation that made the department "take a look at what we were doing."

"At that point, it was evaluating what equipment we had available,

Continued on page 11



The City of Downey purchased an armored vehicle – known as a BearCat – as part of its new SWAT unit. (Photo by Alex Dominguez)

Cervical cancer is highly preventable through vaccination, regular screenings

Contributed by Kaiser Permanente

Each year, more than 12,000 women in the United States are diagnosed with cervical cancer. However, cervical cancer can be largely prevented and cured if diagnosed early.

Cervical cancer was once a leading cause of cancer death for women in the United States. Fortunately, these rates have dropped dramatically over the past 20 years due to improved screening and prevention.

However, throughout the COVID-19 pandemic, cervical cancer screening rates dropped as many women missed lifesaving tests. Therefore, it's essential for women who may be overdue for a cervical cancer screening to schedule an appointment with their doctor.

Prevention of this disease revolves around a three-part strategy that includes vaccination, screening and a personalized follow-up with a health care team for all abnormal results.

Human Papillomavirus Infection (HPV) is a highly prevalent virus, and up to 90% of individuals will have some exposure to HPV in their lifetime. Since most people who have the virus rarely show any symptoms, it can spread without individuals being aware.

Regular screenings help identify women who have serious forms of HPV, or changes in the cells of the cervix requiring follow-up evaluation.

"While the HPV vaccine provides long-lasting protection

against the strains of HPV most associated with cervical cancer, it does not protect against all types of HPV, and it doesn't prevent all forms of cervical cancer," said Dr. Charles Hummel, an assistant chief of service of OB/GYN with Kaiser Permanente Southern California.

"That's why screening is essential to the overall strategy to eliminate cervical cancer and prevent its complications among women."

The mainstay of screening involves cervical cytology (known as the "pap" test), targeted HPV DNA testing and primary HPV screening. Regardless of the type of cervical cancer screening you are due, it's important to stay on schedule.

Getting screened is especially important for Black and Brown women. According to the American Cancer Society, Hispanic women have the highest incidence rate of cervical cancer, followed by non-Hispanic Black women.

In addition, Black women are more likely to die from the disease than women of other racial or ethnic groups.

"Because no current treatment is available to clear HPV, which causes more than 99% of cervical cancers, getting vaccinated is critically important. Prevention is the key to good health," Dr. Hummel said.

"At Kaiser Permanente, we recommend that children begin the HPV vaccine series as early as nine years of age and complete it by age 13. The Centers for Disease Control and Prevention recommends that young adults through age 26 should get the vaccine.

"If you're older than 26, talk to your doctor about whether an HPV vaccine would still benefit you. HPV is transmitted through sexual contact, so the best time for someone to get the vaccine is well before they become sexually active."

While the 12,000 women diagnosed with cervical cancer

yearly is a 25% reduction from 20 years ago, it's still a significant number and one we can reduce, Dr. Hummel noted.

"That's why it's so important that women have access to the care they need and follow the recommendations for vaccination and screening," he said. "Doing so will significantly reduce one's chances of getting cervical cancer."

Some of the symptoms of cervical cancer may include vaginal bleeding that isn't normal – such as between menstrual periods, after sex, or after menopause. Other symptoms include pain in the lower abdomen or pelvis or during sex. There may also be abnormal vaginal discharge.

"The three simple things you can do to prevent cervical cancer are get vaccinated, get screened, and contact your health care team with any concerns," Dr. Hummel advised.

Paging Dr. Frischer...

By Dr. Alan Frischer

One of the most popular and most controversial class of drugs on the market today are statins. Statins offer tremendous health benefits, but do come with a list of potential issues.



Cholesterol is a fatty substance, made in the liver. It serves an important function, but in excess it causes plaques that stick to the inside of blood vessels. This leads to atherosclerosis and increases the risk of cardiovascular disease, stroke, and a number of other conditions.

Statins block an enzyme that tells the liver to produce cholesterol. Statins also influence endothelial function, the inflammatory response, and coagulation. The first statin was discovered by a Japanese microbiologist in 1976. Later, Merck's lovastatin became the first FDA approved statin. Since then, more statins have become available, and now some 25 million prescriptions are filled every year!

What are the benefits of statins?

First and foremost, they lower lipids. Cardiovascular disease currently causes one-third of all deaths globally, and increased LDL ("bad" cholesterol) levels are one of the major risk factors. If you follow my columns, you will know that I write this with reluctance, but statins are markedly better at lowering LDL than even diet, exercise, or weight loss.

Statin drugs also decrease inflammation and maintain normal blood vessel vasodilation, and as a result, improve the health of the endothelial wall. Endothelial cells line the interior of our blood vessels. When this lining starts to falter, it allows for atherosclerosis to occur. Other risk factors that contribute to this process include hypertension, smoking, and diabetes. (Statins not only benefit those with high cholesterol, but also improve endothelial health for those with normal cholesterol. This is why diabetics take statin drugs regardless of their cholesterol levels.)

The last step in atherosclerosis occurs when the endothelium is damaged and a blood clot is formed, impairing blood flow. Statins may slow or prevent this blood clot formation, and even promote clot destruction.

What are the downsides of statins?

The most common side

effect is muscle pain, which occurs in fewer than 5% of those who take statins, and resolves when the medicine is stopped.

There is an increased risk of developing diabetes in patients taking statins. This is also rare, and the risk is highest in those with other diabetes risk factors, like obesity, impaired fasting glucose, or a family history.

Although the risk of ischemic stroke is reduced by statins, it's possible that statins may increase the risk of hemorrhagic stroke. This risk is greater for patients with a history of stroke.

Statins may increase blood levels of liver enzymes; however, this won't necessarily lead to serious liver injury. Approximately 1% of people taking statins experience this, and it usually resolves in time even if statins are continued.

Since 2012 the FDA added cognitive impairment side-effects to the drug label of all statins. However, large studies have found similar rates of cognitive impairment among patients not taking statins. Research is ongoing.

As always, talk to your doctor about the pros and cons of taking statins. I suggest that you discuss your cholesterol level, whether or not diet or lifestyle changes can lower your numbers enough, and whether your existing risk factors could make side effects a problem for you. I urge you to consider lifestyle changes, including cutting back on red meat, full fat dairy products, fried foods, and packaged goods that contain hydrogenated oils and trans fats. Eat vegetables, fruits, whole grains, nuts and fish. Quit smoking, vaping, or using any tobacco product. Exercise, maintain your weight, and limit alcohol. If you have had trouble with statins in the past, it's possible that over-the-counter remedies and other classes of prescription medication can work for you.

I counsel my own patients that statins are highly effective and can reduce the risk of major cardiovascular events. The risk of side effects is significantly smaller than the benefits, and are almost always mild. Of course, given how common statin therapy is, we will continue to hear about those few patients who have problems with them.

Dr. Alan Frischer is former chief of staff and former chief of medicine at Downey Regional Medical Center. Write to him in care of this newspaper at 8301 E. Florence Ave., Suite 100, Downey, CA 90240.

Supervisors approve \$33M Downey laboratory expansion

DOWNEY – The Board of Supervisors Tuesday agreed to allocate more than \$33 million to upgrade the Los Angeles County Department of Public Health's Downey Laboratory.

The laboratory at 12750 Erickson Ave. performs a variety of

public health and diagnostic tests for the county, the city of Pasadena, the Department of Public Health and local private hospitals.

The lab conducts human, animal and environmental testing, in addition to epidemiological testing on emerging variants of


infectious diseases, according to the county.

Using grant revenue from the U.S. Centers for Disease Control and Prevention, the \$33 million will be used to build a new 18,000-square-foot, two-story building, and expand the facility's warehouse space for storage of specimens and supplies.

"These improvements will help us to better protect the health of all county residents by increasing our capacity to identify the presence of diseases using the latest state-of-the-art molecular testing, which includes genetic sequencing," county Public Health Director Barbara Ferrer said in a statement. "This new lab capacity will contribute significantly to our ability to understand the frequency, spread, and control of diseases in Los Angeles County."

Construction on the project is expected to begin in July of next year.

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New ice cream company tells stories through unique flavors

■ Tony LaVerde and Anthony Abdelsayed started Mashup Ice Cream company last September.

By Alex Dominguez
Staff Writer

DOWNEY – What if someone could tell your story, one scoop of ice cream at a time? Two of Downey's up-and-coming entrepreneurs want to do just that.

Tony LaVerde and Anthony Abdelsayed, 24, are the minds behind Mashup Ice Cream Co., a new brand of ice cream established in September of 2022 that is focused on providing unique flavors while collaborating with other creators.

You won't find basic vanilla and chocolate from Mashup. Abdelsayed admits that Mashup doesn't have the infrastructure to produce more classic flavors as cheaply and mass-produced and be able to compete with more well-known brands.

Instead, Mashup makes more unique flavors – like s'mores, guava cheesecake, and lemon cookie crumble – to encourage consumers to "get out of their comfort zone."

"Where we excel is to create out of the box ideas, and we're just mashing up our tastes, our wants, stuff like that," said Abdelsayed.

He adds that Mashup plans to also be a very "collaboration-heavy based business."

"The Mashup we see is using ice cream to bridge two different industries, or two different audiences," said LaVerde. "You don't traditionally think of clothing or breweries when you think of ice cream, but if you can tell a story with someone who you love their ideas, you love the business they're doing, you just like what they're doing in general, you can shine a light on that with our existing audience. We use the bridge of ice cream to do that."

Mashup's first collaboration was with Ballast Point Brewing Company, a take on the company's Victory at Sea brew. Their next collaboration – with Pluto Sneakers on Instagram – is already in the works.

Up until now, LaVerde and Abdelsayed have been working on Mashup from out of their homes, in between working their full-time jobs. They're hoping to soon take up residence, renting space in a kitchen, however have no thoughts of opening up their own storefront.

"I think ice cream, not to get too convoluted, for better or worse, is an industry that hasn't really been disrupted, and I see mashup as something like an Uber, something like an AirBnB where you come into this industry, you completely disrupt it, owning absolutely nothing," said LaVerde. "Mashup is a brand with a tangible product of ice cream, and we want to leverage our brand to be able to sell through ghost kitchens, to sell on Door Dash, without ever actually owning



Tony LaVerde and Anthony Abdelsayed started Mashup Ice Cream last year. (Photo by Alex Dominguez)

too much. The goal is to become as loved as some of the very regional ice cream shops that I love myself, but on a national level the way Ben and Jerry's or Jeni's [Splendid Ice Creams] is without owning anything."

The duo met at Downey High School. While they started off as rivals, the two would establish a friendship and business partnership over time.

"We met in high school, became pretty good friends," said LaVerde. "I left for college to New Jersey, but I would always come home in the summers, we'd talk very often. We always wanted to do something."

LaVerde has a major sweet tooth, especially for ice cream (he even has an ice cream tattoo). Abdelsayed, not so much.

Still, ice cream fit a couple of important criteria for their business strategy.

"I've always thought of myself as a creative person, just artistically gifted. I've always thought business is just a really good canvas in the sense that, just problem solving and being creative, there's a lot of fluidity and malleability," said Abdelsayed. "What I was really looking for in any kind of business was first that it would be scalable - that it wasn't just tied down to just me or a partner to really help grow it, it could grow exponentially - and the second thing that it was malleable and creative."

"It was really hard to find something that fit those two bills, that was something within grasp, within our skill set...After many different ideas, iterations, playing around with thought projects, we stumbled upon it, and we went back to ice cream with a new light, or perspective when we thought about it."

Abdelsayed studied Business Administration with an emphasis in entrepreneurship at Cal State Fullerton, while LaVerde earned a Masters at Seton Hall University. Their entrepreneurial spirit goes much deeper, however, with both being the children of hard-working immigrants.

"I've got that school background, but I mean I've been around entrepreneurs my entire life," said Abdelsayed. "My father immigrated from Egypt, and he started with his family mattress factory in Montebello...My dad was a huge influence on me, just with his business savvy as an immigrant who came to the states without knowing any English, learning English and Spanish and really started a really big company with his family."

"Aside from that, my other cousin Chris, he now has a mattress store where I currently work, he has two stores. He was a really big influence on me as well, kind of like an older brother. Just being around that in the family really set me up."

"I'm also the child of immigrants

who came to this country when they were teenagers, learned the language, started businesses," added LaVerde. "My dad did, my uncle did, his brothers did. I think that is one of the many reasons why this partnership works so well, because we have sort of similar upbringings and a very similar mentality."

Mashup is eyeing a soft launch in a matter of a few weeks, with an official launch slated for this summer.

For more information visit mashupicecream.com, or their Instagram page at @mashupicecreamco.

4 residents apply for City Council vacancy

DOWNEY – Four people have submitted applications for the City Council's District 1 vacancy.

Applicants include Timothy Horn, Hector Lujan, Horacio Ortiz Jr. and Elvira Meraz.

The council is scheduled to interview each candidate at a public hearing Jan. 24, with a potential swearing in two days later.

The city council has until Feb. 2 to make a decision on who will fill the seat formerly held by Assemblywoman Blanca Pacheco, who vacated the position in December last year to assume her current role.

Should the council be unable to select an interim, then the District 1 seat will remain vacant until a candidate is elected in November.

Mario Guerra appointed to planning commission

DOWNEY – Former Mayor Mario Guerra will find himself once again back at the city dais, this time in a new role: planning commissioner.

Guerra will represent District 2 as the representative of freshman council member Hector Sosa.

Guerra said he was "honored" to be appointed.

"Any way that I can continue to help our city, any way possible, I'm happy to do it," said Guerra.

Guerra previously served on the city council for two terms, from 2006 – 2014, including two years as mayor in 2009 and 2014. He currently serves as Civilian Aide to the Secretary of the Army.

He said that this is "[Sosa's time]."

"I don't anticipate any issues. I don't anticipate anything controversial," said Guerra. "I do understand I am an appointee of [Sosa's], so this is not my time, this is his time. But it's always my time to be able to help our city."

Guerra's appointment was approved 3-0 with Councilwoman Catherine Alvarez absent.

Historical society hosting talk on Whittier

DOWNEY – Nick Curry will be the guest speaker at the Jan. 26 meeting of the Downey Historical Society.

Curry will speak about Simone J. Murphy, co-founder of Whittier, Calif.

Murphy's family donated seven acres of land near Hadley Street and Painter Avenue, plus \$300,000, to help form the community of Whittier.

Murphy Memorial Hospital in Whittier was named in the family's honor. The hospital eventually closed in the 1960s when Presbyterian Intercommunity Hospital and Whittier Hospital opened.

Curry's presentation begins at 6:30 pm at the Barbara J. Riley Community & Senior Center. The public is invited.

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In Memory of

Benjamin Salgado Jr.

June 1, 1950 - December 27, 2022



Benjamin Salgado Jr., 72, was born on June 01, 1950 in El Paso, Texas to Benjamin and Guadalupe Salgado. Benjamin became an angel on December 27, 2022 in Downey, California.

Benjamin was a proud family man who devoted his time to his family. He and his wife Irma, moved to Downey in 1978. He was

a licensed Realtor for over 26 years and longtime parishioner of Our Lady of Perpetual Help Church in Downey. In his free time Benjamin treasured the time spent in supporting his 11 grandkids in the things they love, golf, family BBQ's and watching The Twilight Zone when possible. Benjamin adored his family more than anything in the world. He was a loving husband to Irma for 52 years, proud father and grandpa.

Benjamin is survived by his Wife of 52 years, Irma Salgado, Daughter, Lina Ariza, Sons, Benjamin Salgado III, Anthony Salgado and Erik Salgado, his Son-in-Law Arthur Ariza, Daughter-in-Laws Karmella Salgado and Teresa Salgado, and his grandchildren, Toni-Marie Salgado, Christopher Antonio, Sarina Salgado, Benjamin Salgado IV, Brooklyn Duran, Nadia Salgado, Savannah Salgado, Leilani Salgado, Nathan Salgado, Meleah Duran and Mikaila Salgado.

A mass will be held on Thursday, January 19, 2023 at 10:00 a.m. at Our Lady of Perpetual Help Church in Downey followed immediately by a blessing at his final resting place at Park Lawn Cemetery.

In Memory of

Shannon Patrick Jaeger

May 17, 1949 - January 2, 2023



Shannon Patrick Jaeger, a 40 year resident of Downey, California was called home by God, our Father, and transcended this life on Monday, January 2, 2023. He was at home surrounded by beloved family.

Shannon was born May 17, 1949 in Rochester, NY. He was preceded in death by his mother Doris Jaeger and three brothers. Shannon is survived by his loving wife Sheranne, his daughters Merri (Vance), Valerie (Jimmy), his son Mark (April), grandchildren Bethany, Karrah, Corey, Collin, Shelby and Angelina, three sisters, many sisters and brothers-in-law and other beloved family members.

Shannon was a master woodcrafter and designer, whose life work enriched the world with beauty. A lover of all living creatures, he helped to rescue and decrease feral cat populations. He loved the ocean, boating, and with his love of living creatures, he was an avid catch and release fisherman.

His backyard was his oasis, feeding all the birds, squirrels, and especially the blue jays he liked so much. He was an avid race and football fan, a collector of memorabilia that surrounded him with things he enjoyed. He was a space and aircraft enthusiast.

Known as a generous, hardworking man. Shannon loved his friends and family. He was known for his laughter, great love of entertaining and his expert culinary skills. Music was especially important, with his Irish tenor voice and guitar, he brought joy to his children, family, and friends.

A devout catholic, Shannon attended his parish church, Our Lady of Perpetual Help in Downey, CA. In lieu of flowers, the family asks donations to be sent to the Long Beach or Los Angeles Mission.

A celebration of life will be held at a date to be determined in the near future.

Frometa sets subcommittee assignments

■ Councilwoman Catherine Alvarez, facing a recall, was assigned to only one subcommittee.

By Alex Dominguez
Staff Writer

DOWNEY – The year's list of City Council subcommittee appointments was approved on Tuesday, reflecting the elimination of two committees and the notable absence of one councilmember.

The mayor annually appoints council members to represent the city on various inter-government agencies and City Council subcommittees for the year.

Notably absent from a majority of the list is Councilwoman Catherine Alvarez, who will only serve on the Renter's Rights Subcommittee, as well as the alternate to the clean power alliance. According to Frometa, Alvarez – who was not present at Tuesday's meeting - had sent an email indicating that she was not going to make any selections for the 2023 assignments.

Two subcommittees – the

Website Subcommittee and the Stay Gallery Subcommittee were terminated. The Website Subcommittee was established to oversee the city's website remodel, which was completed in 2019. Stay Gallery is being folded into the Arts and Culture Subcommittee.

In addition, Frometa opted to not make a selection to the Theatre Subcommittee, as the city is currently looking into a possible conflict of interest issue. The Theatre Subcommittee selection will be brought back at a later date.

This year's inter-government agency representatives are as follows:

1. California Contract Cities Association (CCCA): Claudia M. Frometa, Hector Sosa (alternate)
2. Clean Power Alliance: Mario Trujillo, Catherine Alvarez (alternate)
3. Eco-Rapid Transit: Sosa, Frometa (alternate); \$100 stipend per meeting
4. Gateway Cities Council of Governments (COG) Board of Directors and Executive Committee: Frometa, Sosa (alternate); \$125 stipend per

meeting

5. Gateway Cities COG SR-91/1-605/1-405 Corridor Cities Committee: Trujillo, Sosa (alternate); \$100 stipend per meeting

6. Greater Los Angeles County Vector Control District (GLACVCD): Robert Kiefer, \$100 stipend per meeting

7. Independent Cities Association (ICA): Sosa, Frometa (alternate)

8. Interstate 5 Consortium Cities Joint Power Authority (I-5): Frometa, Sosa (alternate); \$150 stipend per meeting

9. League of California Cities, LA County Division: Frometa, Trujillo (alternate)

10. Los Angeles City Selection Committee: Frometa

11. Sanitation Districts of Los Angeles County (2 and 18): Frometa, Trujillo (alternate); \$125 stipend per meeting

12. South East Area Animal Control Authority (SEAAACA): Frometa, Sosa (alternate); \$225 stipend per meeting

13. Southeast Los Angeles

County Workforce Development Board (SELACOWDB): Sosa, Frometa (alternate); \$100 stipend per meeting

14. Southeast Water Coalition Joint Powers Board (SEWC): Trujillo, Sosa (alternate); \$150 stipend per meeting

15. Southern California Association of Governments (SCAG) General Assembly – Annual Conference May 4-5, 2023: Trujillo, Sosa (alternate)

The city's subcommittees will be as follows:

1. Affordable Housing Subcommittee – Frometa and Sosa
2. Arts and Culture Subcommittee – Trujillo and Sosa
3. Budget Subcommittee – Frometa and Sosa
4. Downtown Subcommittee – Frometa and Sosa
5. Eco-Rapid Transit Subcommittee – Sosa and Frometa
6. Homelessness Subcommittee – Sosa and Frometa
7. Rancho Los Amigos Property – Frometa and Sosa
8. Renter's Rights Subcommittee – Alvarez and Trujillo
9. City/School District Dual Task Force – Frometa and Sosa
10. Rio Hondo Golf Club Subcommittee – Frometa and Sosa
11. Veterans Subcommittee – Frometa and Sosa

In Memory of

Mary Anne (Bower) Golay

May 20, 1935 - December 24, 2022



Mary Anne (Bower) Golay, 87, passed away peacefully, Saturday December 24, 2022, at The Dove House in Whittier. She was preceded in death by her loving husband of 53 years, Robert Lee Golay on November 27, 2017.

Born May 20, 1935, in Williamsport, Pennsylvania, she was a daughter of the late John Franklin Bower and Anna Elizabeth (Antes) Bower.

Mary moved from Pennsylvania to Tucson, Arizona when she was 22 years old to be with her sister. A year later, in 1958, she went on a blind date with her future husband, Robert Lee Golay. He was the Physical Education Director at the Tucson YMCA at that time and they dated for six years before getting married on September 11, 1964.

Mary worked at the Mountain States Telephone Company in Tucson, Arizona and then transferred to the Pacific Telephone Company in California as a service representative. She raised her children full time until they were in High School when she then went to work at Bellflower Unified School District in the Personnel Department. She made life long friends there and enjoyed her work. Mary was a great support to her husband, Robert, in his career with the YMCA often hosting campaign fundraising events at their home and attending many YMCA retirement events in the years that followed. In 2019, Mary joined a Philanthropic Educational Organization (P.E.O.) and was serving as "Guard" and also a member of the book club.

Mary enjoyed spending time with her family, grandchildren and friends. She loved to travel with her husband and they went on many trips and cruises throughout the world. She and her "Church Lady Squad" enjoyed Taco Tuesdays and long chats, she started a monthly Bunco group with 12 friends in 2006 that is still going strong. In 2019 she created "den sipping" events with neighbors and close friends who gathered to celebrate life and family during the summer and fall months.

Mary always enjoyed and supported her grandchildren's activities. She was a big fan at their baseball and basketball games and gymnastics meets, always cheering them on with love and support. Mary was extremely proud of her family, raising her daughters and making her house a home filled with love and good smelling delicious food! Mary was also a woman of great faith and enjoyed attending church services at First Presbyterian Church in Downey, Crystal Cathedral in Garden Grove, and Shepherds Grove Church in Irvine.

Mary is survived by her two daughters, Lori Tabb (Eric Tabb) and Lani Golay (Jennifer Schenfeld), and four grandchildren Ryder, Riley, Madison and Lilliana, as well as numerous nieces, nephews and great nieces and nephews.

In addition to her parents and husband, Mary was preceded in death by four brothers, John A., Philip C., Donald F. and Dale V. Bower as well as two sisters, Martha V. and Sara E. Bower.

Downey man killed on 710 Freeway

LYNWOOD – A Downey man was identified Thursday as the victim of a traffic crash on the southbound Long Beach (710) Freeway in the Lynwood area.

Cory Turner was 23 years old, according to the coroner's office.

The crash was reported near Rosecrans Avenue about 12:40 p.m. Wednesday, according to the California Highway Patrol.

Paramedics pronounced Turner dead at the scene, according to the Los Angeles County Fire Department.

The CHP has not released crash details.

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Without Walt Cunningham, there would be no moon landing

By Buzz Aldrin

Without Walt Cunningham, we would not have walked on the moon. Subsequently, we never would have beaten the Soviets and begun the process to end the Cold War.

He knew it. I knew it. And America should know it, too.

Walt, who died last week at the age of 90, was the lunar module pilot for the Apollo 7, the first successful manned operation of the Apollo missions. Without that “perfect mission,” our flight to the moon never would have happened.

He was a lifetime friend. Selected into the third class of NASA astronauts with me in 1963, Walt was part of the backup crew for Apollo 1, along with Wally Schirra and Donn Eisele. When Apollo 1’s crew died tragically in a launchpad fire in January 1967, the backup crew became prime.

It might be hard for people to grasp the pressure under which Walt and that Apollo 7 crew operated. The prior crew never reached space. The American public was restless, and Apollo 7 in some ways was a “go/no go” mission. During the 11-day flight in 1968, the crew had to test and adjust hundreds of systems — everything from life

support, engines and communications to basic electrical hardware — on a spacecraft never flown before. The Soviets were hard on our tail. The mission had to be perfect — and it was.

Walt always stepped up. He was part of the Apollo 1 accident review board and helped redesign the Apollo capsule. Having tested the capsule systems the day before the tragedy, he was in a special position to assess the platform. He suggested design changes, including rethinking the environmental control systems and re-engineering the spacecraft for safety. That ensured success for all subsequent Apollo missions.

If the review board had gotten it wrong, we would probably have had a catastrophic event in space — long before we got to the moon.

Each of us got to the program in a different way. Mine was the U.S. Military Academy; Walt’s was studying physics, engineering and working hard. His patience, patriotism, courage and love of flying made him a natural fighter pilot and astronaut.

We worked well together. Together, along with Neil Armstrong and Gene Cernan, we sat in front of congressional oversight committees in the 1990s to share a common view: America cannot

afford to lose our leadership edge in space. Human exploration is essential. We must return to the moon, and then go farther.

Finally, on an individual level, Walt knew something about exceptionalism. He flew 54 combat fighter missions in Korea, logged more than 4,500 hours in 40 different planes and spent 263 hours in space.

Less well known might be Walt’s wry wit, candor and depth. In a world of egos, Walt always had his in check. Walt’s other hallmark was gratitude, for everything — for the chance to fly for the Marines, for becoming an Apollo astronaut and for being able to serve the nation. He and his wife, Dot Cunningham, made it a point to be at mission anniversaries, including the 50th anniversary of Apollo 11 in 2019, held at the Ronald Reagan Presidential Library. I was grateful for that.

Bottom line: We have lost a real treasure in Walt. Americans should give him thanks.

Buzz Aldrin was lunar module pilot for the Apollo 11 mission.

Was the Idaho murder suspect studying criminology to commit a crime?

By Dr. Bryanna Fox

Crime is a constant in American life. We see it portrayed on television and in films, see it debated in the media and by politicians, and unfortunately some of us experience it in our lives.

Criminology, the scientific study of the causes, impact and prevention of crime, is, by contrast, a little-known field. While it is a relatively young discipline, it has become a fast-growing academic field, with American colleges awarding over 11,000 degrees in criminology during the 2020-21 school year alone.

With the recent murders of four young students at the University of Idaho and the arrest of a suspect, Bryan Kohberger, a Ph.D. student in criminology at Washington State University, questions have been raised about his choice of educational discipline — and whether his decision to research the psychology of criminal decision-making may have been some kind of omen.

Was Mr. Kohberger studying criminology to learn how to commit a crime? There are thousands of criminologists in the United States, and I’m not aware of a single one who has ever been accused of committing a heinous crime like this.

As a professor of criminology and a former F.B.I. special agent, I am frequently surprised by the misperceptions of what criminologists study and what we train our students to do. Many people assume that criminologists are experts in profiling serial killers, forensic analysis, solving cold cases and other “true crime” topics. While we are often asked to opine on high-profile crimes because of our expertise in criminal behavior and the workings of the criminal justice system, most criminologists’ work focuses on developing and testing theories of criminal behavior and applying rigorous scientific methods to develop evidence-based policies and programs for the police, prosecutors, social workers and other criminal justice practitioners to use to better prevent and reduce crime.

In other words, our field is dedicated to developing better policies and practices to prevent crime. It is not focused on serial killers or forensics, like most people may think.

If Mr. Kohberger was trying to improve his ability to commit or get away with the killings he is accused of, there were easier and better ways to do so than to spend tens of thousands of dollars, go through years of advanced studies and conduct sophisticated research required for a doctoral degree in criminology. Also, if he did commit these crimes, ostensibly helped by his criminological

research, why were such basic mistakes made, such as, according to a police affidavit, leaving behind clues including a knife sheath with his DNA at the crime scene and cellphone tower records?

Mr. Kohberger’s interest in criminal decision-making is another red herring. A study I recently conducted on the perceived risk of being caught after committing a crime showed that aspiring criminologists, such as Mr. Kohberger, are actually poor judges of true apprehension risk, worse than the general public, jail inmates and prolific violent offenders. In fact, criminology students routinely overestimate the risk of apprehension by large margins as compared with actual risk, likely contributing to their tendency to not engage in crime. If criminologists had insight into how to offend more effectively, evade law enforcement or otherwise reduce the risk of being caught for a serious crime, the data from criminology students would indicate as such. But that just isn’t the case.

Some of the confusion around the study of criminology, I believe, is rooted in the “C.S.I.’ effect”: the unrealistic expectation of forensics and criminal investigations that became widespread after the “C.S.I.: Crime Scene Investigation” television series became popular in the early 2000s. Despite “C.S.I.” being science fiction — one forensic scientist has estimated that 40 percent of the science depicted on the show is completely made up — research shows that the show has an impact on how the public perceives crime and forensics, the evidence jurors expect to see in order to deliver a guilty verdict in court, how the police and prosecutors handle cases and even how offenders attempt to cover up their crimes.

The “C.S.I.” effect is exemplified in a 2008 National Institute of Justice publication in which a juror complained that the police did not do a thorough job because “they didn’t even dust the lawn for fingerprints” and a prosecutor lamented that jurors expect “the most advanced technology possible, and they expect it to look like it does on television.” Other television shows, such as “Criminal Minds” and “Mindhunter,” have similarly led the public to believe that criminologists are all criminal profilers when in reality profilers are an extremely small segment of the larger discipline. The gap between fact and fiction seems to have expanded to have an impact on public perceptions of criminology now, too.

If anything, criminology is one of the reasons we’ve had so many breakthroughs that have led to declines in rates of both crime and incarceration, innovation in policing and crime prevention, and a reduction in systemic disparities in the criminal justice system.

While I valued my experience as a special agent in the F.B.I., I quickly realized that crime was hardly affected by law enforcement’s reactive efforts, and only by studying the causes of crime, and proactively intervening on them, could I make a real change in the world. This is what criminologists like myself aim to do every day.

One thing I’ve learned through more than a decade of research and my time in the F.B.I. is that some people are capable of doing horrible things that most of us could never stomach. This almost never has anything to do with their chosen field of study, employment, marital status, intellect or many other features that society often cites to make sense of why certain people do heinous things.

We try to make sense of tragedy because we often feel that doing so will allow us to regain control in our lives and prevent future tragedy from occurring to us. In this case, it might make us feel safer to believe that something overt, such as someone’s field of study, is a red flag for extreme violence, as opposed to, say, a personality feature that is difficult to detect. This leads us to think that we can identify a person with an aptitude to commit such a crime and prevent the individual from victimizing us.

The field of criminology aims to identify the complex latent risk factors for crime and develop more effective and efficient ways to address them. As we learn more about Bryan Kohberger in the coming months, we will be confronted by the complex set of factors that could have contributed to him allegedly committing these crimes. This is the exact reason we need criminology — to study these factors and develop responsive interventions and prevention strategies so we can stop more crimes from occurring in the future.

Dr. Bryanna Fox is an associate professor in the criminology department at the University of South Florida, a co-director of the U.S.F. Center for Justice Research & Policy, and a former F.B.I. special agent.

GOP’s risky strategy

Rep. Chip Roy, the hardline conservative Republican from Texas, says and does a lot of things that drive us up the wall. His recent, principled stand against the way Congress often blindly approves crucial and expensive spending bills isn’t among them. He was absolutely correct to demand changes in bill-approval procedures in exchange for supporting Rep. Kevin McCarthy as House speaker.

Roy, former chief of staff to Texas Republican Sen. Ted Cruz, couldn’t be more different in substance and style from his former boss. Cruz sided with then-President Donald Trump and the 2020 election deniers, while Roy stood on principle and voted in the House to confirm Joe Biden’s election, saying that Capitol insurrectionists deserved to be imprisoned. Biden’s confirmation vote “may well sign my political death warrant, but so be it,” he said at the time. “I swore an oath to uphold the Constitution of the United States and I will not bend its words into contortions for personal political expediency.”

Roy might emerge as one of those rare breeds in Washington: a politician guided by morals and principles, not unquestioning party loyalty. His ongoing source of outrage was the process by which a bipartisan majority in the House and Senate approved a \$1.7 trillion spending package late last month with almost no debate or ability by lawmakers to review what they were voting on.

The spending bill was more than 3,000 pages long and filled with earmarks inserted by self-serving lawmakers. Almost no one in Congress had the staffing to sift through the bill and make informed decisions. Even if they had, Democratic and Republican leaders were too determined to force it through without lengthy debate. Rank-and-file members like Roy were effectively told to sit down and shut up. Roy refused.

Laid end to end, 1.7 trillion dollar bills would extend from Earth beyond the sun. It could pave every square inch of Rhode Island with dollars. American taxpayers deserve to know where their money is going and why.

With Roy and others leading the charge, Republicans on Monday began debating new House rules to restrict McCarthy’s power and force more careful reviews of big-spending packages. While that’s a good thing, it could yield catastrophic results if it means bringing the government to a standstill whenever a few Republican rebels see something they don’t like.

If lawmakers like Roy are truly committed to principle, they will be careful not to confuse bills that incur debt with bills that allow the government to pay for debts incurred in the past. And there comes a point when handing over power to one or two rebels to stall votes and even unseat the speaker becomes more of a destructive than constructive force. If they don’t learn the difference, even more chaos will be forthcoming than what Americans witnessed last week.

This editorial was first published by the St. Louis Post-Dispatch.

Praise for the Downey Patriot

Dear Editor:

I always look forward to getting my Patriot. The local news is well covered. The jokes are hilarious. And I really appreciate the variety of opinions and editorial contributors that are presented. Even when I don’t agree with them.

It is nice to get a balanced view of what people are thinking and be able to do it in a reasonable way. Instead of the constant “feeds” so many use for their news.

Keep up the good work!

Gina Grissom

Downey

Decrepit RV’s

Dear Editor:

Is anything being done about the tractors and decrepit RV’s that are lined up 24 hours a day on Woodruff?

I’d heard they would be ticketed or towed.

They are an eyesore and preventing anyone from parking and doing business there.

Carol Fields

Downey

Catherine Alvarez’s excuses

Dear Editor:

In defending herself on the recall efforts to get her out of office, Councilwoman Catherine Alvarez justifies her criminal actions by stating that she “only” stole \$20, which is a little money.

Ms. Alvarez thinks that being a little pregnant is not being pregnant. She committed a crime that she is now trying to justify as being little. Sorry, it does not work that way. You are a convicted felon and should have never been elected to office.

Ms Alvarez also speaks against capitalism. Since when is it a crime to be a capitalist? That is what this country is. Ms. Alvarez is trying to create class warfare between those who have and those who wish they had. Capitalism is what has made this country great and the envy of the whole world and that is why we attract immigrants, including me, from all over the world who come looking for a better life, which they will definitely find here even if they have to pay rent.

It is time for Downey to regain its moral compass. I will vote YES on the recall and I urge every responsible citizen to do the same.

Jorge Montero

Downey

The Downey Patriot

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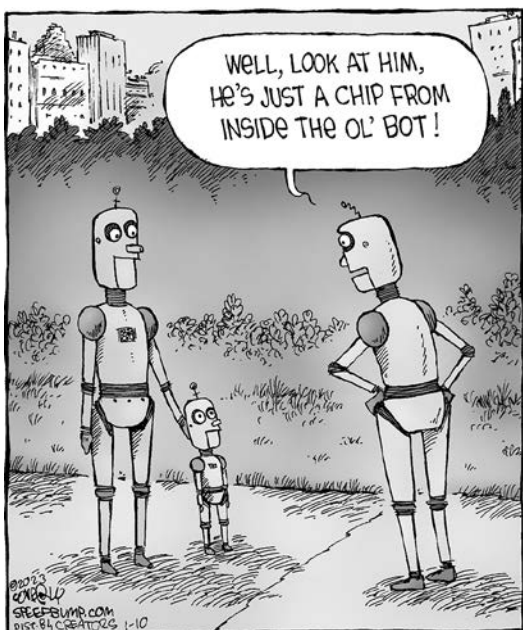
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SPEED BUMP



DAVE COVERLY



Downey Community Calendar

CITY MEETINGS

1st & 3rd Wednesday, 6:30pm: Planning Commission, Council Chamber at City Hall.
 1st Tue., 4:00pm.: Recreation and Community Services Commission, Council Chamber, City Hall.
 2nd & 4th Tue., 6:30pm: City Council, Council Chamber.
 3rd Tue., 6:00pm: Library Advisory Board, at Downey City Library.
 3rd Thurs., 6:30pm: CERT, at Downey City Council Chamber at City Hall, for more info call 299-5462.
 4th Mon., 5 pm: Green Task Force, at City Hall.

Regularly Scheduled Meetings

MONDAYS

7 pm: Boy Scout Troop 2, at Downey United Methodist Church, call 869-6478.
 4:30 pm: Courage Forward Meeting, at 10829 New St, 2nd Floor, call 213-545-6810.
 2nd Mon., 11 am: American Legion Auxiliary #270, at United Methodist Church, call 310-386-8112.
 4th Mon., 7:30 pm: Downey Numismatists, at Downey Retirement Center, call 862-6666.

TUESDAYS

9 am: Quilters group, at Good Shepherd Lutheran Church, call 803-4459.
 9:30 am: Downey Seniors Club, at Apollo Park, call Irene Vallini at 328-7039.
 10 am: Downey Bocce Club, at 7850 Quill Drive, call John Fiorenza at 652-4399.
 12 pm: Rotary Club, at Rio Hondo Events Center, call Mel Sanchez 562-665-4125.
 6 pm: Toastmasters Club 587, at First Baptist Church, contact Salvador Cervantes: tmsalcpuede@gmail.com.
 7 pm: Downey Knights of Columbus Bingo, at 11231 Rives Ave., call 923-1932.
 7 pm: Boy Scout Troop 351, at Furman Park, contact 562-500-5093 for more information.
 7 pm: Boy Scout Troop 441, at Apollo Park, email scoutmaster@downeyboyscouts.com.
 7:30 pm: Downey Master Chorale, at Cornerstone Church, contact info@downeymasterchorale.org.
 1st Tues., 7:30 am: Gangs Out of Downey, at City Hall training room.
 2nd Tues., 6 pm: Downey Fly Fishers, at Apollo Park, call 425-7936.
 3rd Tues., 12 pm: Downey Newcomers Club, call Marilyn 928-2623.
 3rd Tues., 6:30 pm: Community Emergency Response Team meeting, Fire station 1, 12222 Paramount.
 3rd Tues., 6 pm: American Legion #270, at Sizzler Restaurant, call 544-0372.
 Tues., Thurs. & Sat., 10 am: Downey Bocce Club, at 7850 Quill Drive, call John Fiorenza 652-4399

WEDNESDAYS

7 am: Kiwanis Club, at Rio Hondo Events Center, call Steve Roberson at 927-2626.
 10:30 am: Ballroom dance class, at Downey Community Center, call 776 7270.
 1 pm: Women's Bocce Club, at 7850 Quill Drive, call Marie Puch at 869-4366.
 7 pm: Royal Rangers Outpost 132, at Desert Reign Church, call 562-861-6011.
 1st Wed., 11 am: Woman's Club of Downey, call Cheryl Olson 833-8954.
 1st Wed., 11:30 am: Downey Coordinating Council, Community Center, call Bobbi Bruce 440-5416.
 1st Wed., 7:30 pm: Downey Stamp Club, at Maude Price School cafeteria, call 928-3028.
 2nd Wed., 11:30 am: Christian Women's Club, call Marilyn 928-2623.
 2nd Wed., 3:30 pm: Keep Downey Beautiful, at City Hall, call 904-7102.
 2nd Wed., 7 pm: Downey Model A Club, at Gallatin School Cafeteria, call 484-8415.
 3rd Wed., 11:30 am: Downey Dog Obedience Club, for information please call Gina 869-5213 or Valerie 420-2972.
 3rd Wed., 10 am: Los Angeles County Quilters Guild, at Women's Club, call 860-8821 or 927-3635.
 3rd Wed., 6:00 pm: Sister Cities of Downey, at Barabara Riley Senior Center, call Gloria Nezahualcoyotl (562) 776-6136.
 4th Wed., 7:30 pm: US Coast Guard Aux. Flotilla 5-10, First Presbyterian Church, call Brian 419-5420.
 Wed. & Fri., 10:15 am: Senior Bingo, at Apollo Park, call 904-7223

THURSDAYS

7:30 am: Connections Networking, at Bob's Big Boy, for info., call Nick Smith, 861-5222.
 7:30 am.: Soroptimist Int'l of Downey, for information, call Mia Vasquez, 806-3217.
 9:30 am: Take off Pounds Sensibly, at Barabara Riley Senior Center, call (800) 932-8677.
 12 pm: Bingo, at Woman's Club of Downey - Proceeds benefit Rancho.
 12 pm: Optimist Club of Downey, at Rio Hondo Events Center.
 6:30 pm: Downey United Masonic Lodge # 220, 8244 3rd St., call 862-4176.
 7:30 pm: Downey Elks Lodge #2020, call 803-3557.
 1st Thurs., 6 pm, All other Thurs. 12 pm: Kiwanis Club of Downey, at Rio Hondo Events Center, call Roy Jimenez 283-2335.
 1st Thurs., 7:30 pm: Downey Amateur Radio Club, EOC room Downey Fire Station #1, 12222 Paramount Blvd.
 2nd Thurs., 12 pm: Creative Purposes, call Bill Wallace 923-2311.
 2nd Thurs., 7:30 pm: Beaming Rebel Foxes Collectors Club, call Carl D. Jones at 923-2400.
 2nd & 4th Thurs., 6:30 pm: Downey Lions Club, at Mimi's, call Lenora (310) 283-9825.
 3rd Thurs., 4 pm: Public Works Committee, at City Hall Training Room.
 4th Thurs., 10 am: Assistance League, at Casa De Parley Johnson, call 869-0232.
 4th Thurs., 7:30 pm: Downey Historical Society programs, at Community Center, call 862-2777.

FRIDAYS

7:30 am: Pro Networkers, at Mimi's Cafe, call Barbara Briley Beard at 869-7618.
 3rd Fri., 8:30 am: Women's "In His Glory" Ministry at Los Amigos C. C. 622-3785.

SATURDAYS

9 am: Farmers Market, Downey Avenue at 3rd Street, call 904-7246.

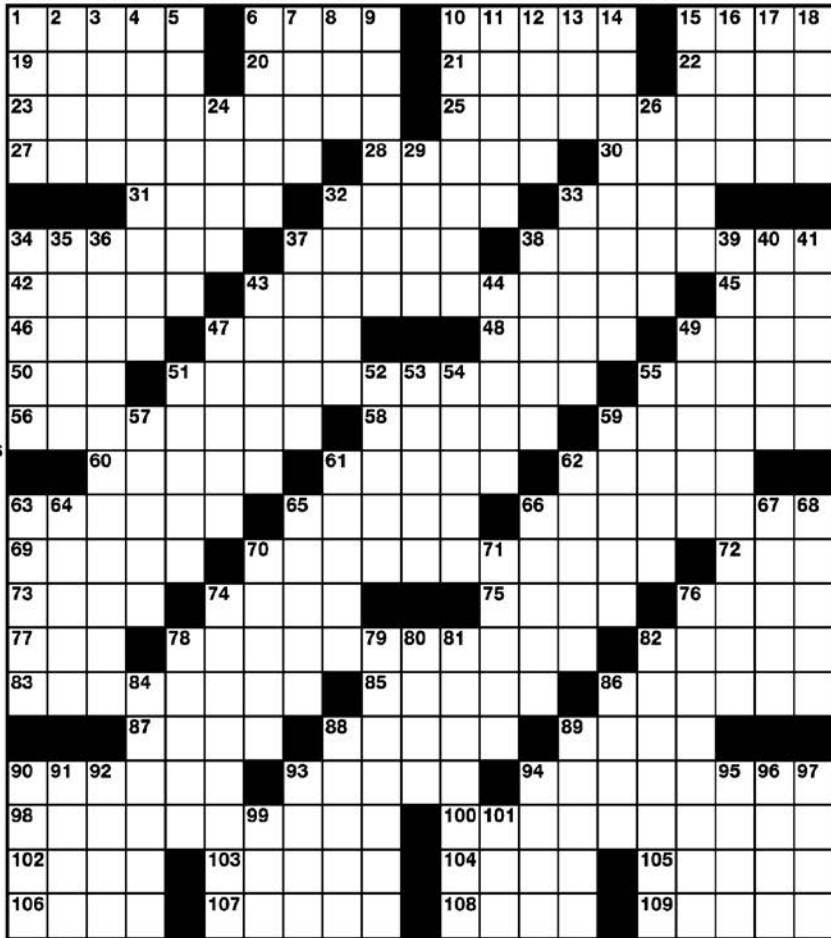
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| 1 Discontinued Swedish cars | 1 Offshoot group |
| 6 Advanced math class | 2 Soothing plant extract |
| 10 Resulting from | 3 Mail-routing abbr. |
| 15 HQs for fighter jets | 4 Burbank, e.g. |
| 19 Name on <i>Aida's</i> Broadway posters | 5 Icy summer treat |
| 20 Et ___ (and others: Lat.) | 6 Spiny houseplants |
| 21 Hoops great Shaq | 7 Treaty partner |
| 22 Necktie fabric | 8 Lucy of <i>Elementary</i> |
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| 47 Is unable | 34 Wrecking ball holder |
| 48 Turndowns | 35 Ancient fable teller |
| 49 Promote aggressively | 36 "Empress of the Blues" who first recorded in 1923 |
| 50 Many sports page stats. | 37 Trait transmitters |
| 51 Its Big Apple board-walk opened in 1923 | 38 Included with 39 |
| 55 Ambitious urge | 39 His novel <i>Bambi</i> was published in 1923 |
| 56 Refined diners | 40 Stash of valuables |
| 58 Regretful about | 41 Great thinkers |
| 59 Persuades gently | 43 Fitted with glass sheets |
| | 44 Preposterous |
| | 47 Hollowed out |
| | 49 Portrait holder |
| | 51 Indian cuisine staple |
| | 52 Greek peace goddess |
| | 53 Not as iffy |
| | 54 Swiss chocolatier |
| | 55 Iffy emotion |
| | 57 Bit of bread |
| | 59 32-piece pastime |
| | 61 Genesis 11 city |
| | 62 Barbershop harmony |
| | 63 When Sunday brunch might start |
| | 64 Overcooked |
| | 65 Spectrum portion |
| | 66 Copier paper holders |
| | 67 <i>Superman</i> star |
| | 68 Did darning |
| | 70 Less often seen |
| | 71 Early spring prank victims |
| | 74 Severed, as a branch |
| | 76 Silver-gray cats |
| | 78 Be still in the air |
| | 79 Bedroom furniture |
| | 80 Faucet flaw |
| | 81 Camera cover |
| | 82 Austrian neighbor |
| | 84 Mortar partner |
| | 86 Straw vote |
| | 88 Movement on a floor |
| | 89 Special Forces hat |
| | 90 Emulate 76 Down |
| | 91 Where most people live |
| | 92 "Amscray!" |
| | 93 Nativity scene figure |
| | 94 Cargo movers |
| | 95 Expected landing hrs. |
| | 96 Beach bag |
| | 97 Soon, in odes |
| | 99 Horseradish holder |
| | 101 Weed whacker |

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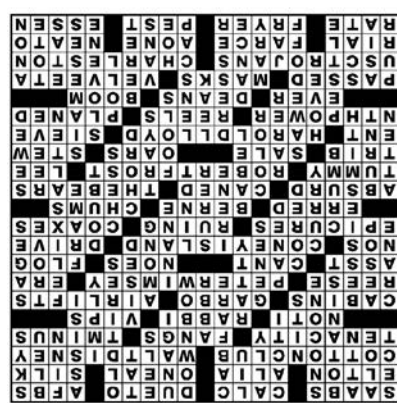


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You can contact puzzle editor Stanley Newman at his e-mail address: StanXwords@aol.com. Or write him at P.O. Box 69, Massapequa Park, NY 11762, Please send a self-addressed, stamped envelope if you'd like a reply.

Founded in the late 12th century, BERNÉ (61 Across) was a city-state before becoming Switzerland's "Federal City" in 1848. Once advertised as a health food, in the 1930s VELETTA (94 Across) was the first cheese product to get the American Medical Association seal of approval. Eight Rose Bowl (98 Across) games were played in a Pasadena park before the Rose Bowl stadium opened in late 1922.



Vikings beat Warren for 11th straight win



Downey's Omar Cisneros (11) takes a 3-point shot in a non-league game against Warren Monday. Downey defeated Warren, 71-58. (Photo by Daniel Farina)

■ Coach Larry Shelton, in his final year as head coach, has his best team in years with an 18-1 record.

By John M. Sherrard
Contributor

DOWNEY – If not for a six-point loss over a month ago, the Downey High School Boys Basketball team would have an undefeated record on the season.

After starting the season with seven consecutive wins, the Vikings dropped a close game to Loyola in a tournament at the beginning of December.

A hard-fought victory over visiting Warren on Monday (January 9) in a non-league game, extended its longest winning streak in almost 20 years to 11 games.

With the win, the Vikings improved to 18-1, while Warren is 10-9.

Larry Shelton, who is in his 35th and final season as the Downey coach, stopped a bit short saying that this was his best team ever.

"It's one of my best," said Shelton, of his current team. "I've never been 18-1 and if we keep it going and can do this all through league, then they may earn that title (best ever)."

However, there are still nine league games remaining plus playoffs and this team could top 26 wins, which Downey accomplished in the 2011 season.

"Downey-Warren is always special and always a packed crowd," Shelton said. "We were wondering how the crowd would be tonight with the rain and a Monday night. It's always a great atmosphere."

"I've been part of it as a player, a coach, a teacher and there's nothing like it."

In the game, Warren wouldn't go away with both teams having runs of their own.

"Give Warren a lot of credit," Shelton added. "They came at us real hard. They had won seven out of the last eight and we expected a battle and Warren was right there with us."

Since the game was non-league the two coaches had to find an opening in the schedule for a home-and-home series.

"It was really weird and never had it happen before," said Shelton, of the first non-league game against Warren. "Coach Z (Zaiid Leflore) of Warren, and I had to throw several different dates together to try and figure when we could play each other. We had to play

it around our league seasons."

The biggest run of the night came in the last 5:40 of the game.

With Downey leading, 55-51, and Warren starting the quarter with a 7-0 run, the Vikings finished with a flurry outscoring the Bears, 16-7, to win going away.

"I feel like our guys fought," said Warren Boys Basketball coach Zaiid Leflore, who is in his eighth year at the helm for the Bears. "If we had more shots fall and once shots fall, defense always improves and it didn't happen (Monday)."

"I told the guys (this game) is about Pride, about our community, even though we're in different brackets."

Downey led the way with four players in double figures.

Leading the way for Downey was senior guard Marcus Sanchez with 19 points (2 3's), followed by senior guard Omar Cisneros with 15 points. Cisneros had a game-high four 3-pointers.

Vikings senior guard Jacob Topete added 13 points, while senior forward Jathan Lopez scored 11 points.

"It's important this year because we have to take on a big role and there is seven of us who have been together since our sophomore year," said

Topete, of the tight knit group. "Basketball is a game of runs. It's Downey-Warren."

"We all love coach Shelton and he even coached my dad (Steve Topete) before. He's been good to us and treated us like we were his own. He brings out the best in us. It's an honor to be his last set of students."

Senior forward Alexis Melgarejo added five points and senior guard Alex Verdugo had four points for Downey.

Cisneros and Sanchez led the way for the 23-point first quarter with nine and eight points, respectively.

With a game-high 20 points for Warren was senior guard Brian DeMedio (4 Assists), followed by senior guard Dylan Luquin with 10 points (2 3's, 6 RB) and senior guard Rodrigo Garcia with nine points.

"We all know each other since we were kids," Luquin said of the Downey-Warren rivalry. "I just love this atmosphere. It's a great game."

"We came up short but got to keep on pushing."

Warren senior forward Rene Farias (7 RB) and senior center Joshua Finn (4 RB) each

had six points in the game.

Downey, which last won a San Gabriel Valley League title in 2014 and also in '11 and '12, took a big first-quarter lead, 20-6, behind two 3-pointers by Cisneros.

But the Bears finished the quarter with an 8-0 run on two layups by Finn, another layup by senior guard Marcus Higgs and with :07 remaining, a driving layup and free throw by sophomore guard Elijah Baba. The Bears trailed, 23-16.

"We just buckled down at the end of the quarter," Leflore said. "We caught the ball, we got stops and we didn't turn the ball over. That's been our Achilles heal – the turnover. When we share the ball, we're a good team."

The ball was flying all over the place in the second quarter as 3's were filling the air.

Six long-range shots were scored, three by each team.

It was a game of runs and Downey answered the late run by the bears in the opening quarter with a 5-0 run to start the second quarter on a 3-pointer by Cisneros and a driving layup by senior guard Alvin Verdugo and a foul, building the lead to 12 points, 31-22.

Downey maintained its lead, 42-29 at the half.

DeMedio started the third quarter with a 3-pointer, followed by a pair of free throws by Farias to get within nine points, 42-34.

The big push by the Bears came early in the final quarter, trailing by 12, 55-43.

A 7-0 run to start the quarter, highlighted by long 3-pointers by DeMedio and

Luquin brought the Bears with four, 55-51, with 5:40 left.

However, that was it for Warren, as Downey ended the game on a 16-7 run for the win.

Downey girls keep rolling

The Downey Girls Basketball team (15-5) stayed undefeated in the Gateway League at 3-0 with a 61-35 win

over Warren Wednesday (Jan. 11).

The Vikings, who have won 11 of their past 13 games, took a 31-16 lead at the half and never looked back.

The girls face Lynwood Friday (Jan. 13), which could be a real battle. Lynwood is the defending league champion, which was undefeated at 10-0 last season.

POET'S CORNER

Caged Bird

A free bird leaps
on the back of the wind
and floats downstream
till the current ends
and dips his wing
in the orange sun rays
and dares to claim the sky.

But a bird that stalks
down his narrow cage
can seldom see through
his bars of rage
his wings are clipped and
his feet are tied
so he opens his throat to sing.

The caged bird sings
with a fearful trill
of things unknown
but longed for still
and his tune is heard
on the distant hill
for the caged bird
sings of freedom.

Maya Angelou, *Shaker, Why Don't You Sing?* Random House, 1983

Angelou heard Martin Luther King's *I Have a Dream Speech* and decided to become a part of the struggle for civil rights. Her poems call for peace, racial and religious harmony, and social justice for people of different origins, incomes, genders, and sexual orientations. On 1993 President Bill Clinton's invited Angelou to write and read the inaugural poem. Poetry Matters is curated by Lorine Parks.

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- For Your Eyes Only (from James Bond)

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- Prove Your Love
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- Don't Rush Me
- With Every Beat of My Heart
- Love Will Lead You Back
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1/12/23 NOTICES

SUPERIOR COURT OF CALIFORNIA, COUNTY OF LOS ANGELES ORDER TO SHOW CAUSE FOR CHANGE OF NAME

CASE NUMBER: 22NWCP00493

TO ALL INTERESTED PERSONS: Petitioner KADY ANN STOUT-RYDER filed a petition with this court for a decree changing names as follows: Present name (1) KADY ANN STOUT-RYDER to Proposed name (1) KADY ANN RYDER

THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

NOTICE OF HEARING

Date: FEBRUARY 17, 2023, Time: 10:30 a.m., Department: C, Room: 312

The address of the court is: 12720 NORWALK BLVD, NORWALK CA 90650

A copy of this Order to Show Cause shall be published at least once a week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in the county, DOWNEY PATRIOT AND NORWALK PATRIOT

DECEMBER 19, 2022 Judge Margaret M. Bernal Judge of the Superior Court Petitioner or Attorney for Petitioner KADY ANN STOUT-RYDER 4225 STEVELY AVENUE LAKEWOOD, CA 90713 (562) 588-5997 KSTOUTRYDER@GMAIL.COM

The Downey Patriot 12/22/22, 12/29/22, 1/5/23, 1/12/23

SUPERIOR COURT OF CALIFORNIA, COUNTY OF LOS ANGELES ORDER TO SHOW CAUSE FOR CHANGE OF NAME

CASE NUMBER: 22LBCP00460

TO ALL INTERESTED PERSONS: Petitioner WARNAKULASURIYA EMMANUEL CHRISTIE JASON FERNANDO filed a petition with this court for a decree changing names as follows: Present name (1) WARNAKULASURIYA EMMANUEL CHRISTIE JASON FERNANDO to Proposed name (1) CHRISTIE FERNANDO

THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

NOTICE OF HEARING

Date: JANUARY 27, 2023, Time: 8:30 a.m., Department: 27, Room: N/A

The address of the court is: 275 MAGNOLIA AVE LONG BEACH, CA 90802

A copy of this Order to Show Cause shall be published at least once a week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in the county, DOWNEY PATRIOTS INC. DECEMBER 13, 2022 Mark C. Kim Judge of the Superior Court Petitioner or Attorney for Petitioner WARNAKULASURIYA EMMANUEL CHRISTIE JASON FERNANDO 507 BROAD AVE APT #7 WILMINGTON CA 90744 (310) 261-4181 CHRISTIEFERNANDO@GMAIL.COM

The Downey Patriot 12/22/22, 12/29/22, 1/5/23, 1/12/23

SUPERIOR COURT OF CALIFORNIA, COUNTY OF LOS ANGELES ORDER TO SHOW CAUSE FOR CHANGE OF NAME

CASE NUMBER: 23NWCP00008

TO ALL INTERESTED PERSONS: Petitioner MICHAEL BAER MANONGDO filed a petition with this court for a decree changing names as follows: Present name (1) MICHAEL BAER MANONGDO to Proposed name (1) MICHAEL MANONGDO BAER

THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

NOTICE OF HEARING

Date: MARCH 10, 2023, Time: 10:30 a.m., Department: C, Room: 312

The address of the court is: 12720 NORWALK BLVD, NORWALK CA 90650

A copy of this Order to Show Cause shall be published at least once a week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in the county, DOWNEY PATRIOT JANUARY 09, 2023 JUDGE OLIVIA ROSALES Judge of the Superior Court Petitioner or Attorney for Petitioner MICHAEL BAER MANONGDO 10001 W FRONTAGE RD SPC 19 SOUTH GATE CA 90280 (323) 687-8340 Michael_baer615@outlook.com

The Downey Patriot 1/12/23, 1/19/23, 1/26/23, 2/2/23

SUPERIOR COURT OF CALIFORNIA, COUNTY OF LOS ANGELES ORDER TO SHOW CAUSE FOR CHANGE OF NAME

CASE NUMBER: 22NWCP00506

TO ALL INTERESTED PERSONS: Petitioner DIEGO ANDRES DE LA CERDA filed a petition with this court for a decree changing names as follows: Present name (1) DIEGO ANDRES DE

LA CERDA to Proposed name (1) DIEGO ANDRES BUCIO DE LA CERDA

THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

NOTICE OF HEARING

Date: MARCH 3, 2023, Time: 10:30 a.m., Department: C, Room: 312

The address of the court is: 12720 NORWALK BLVD, NORWALK CA 90650

A copy of this Order to Show Cause shall be published at least once a week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in the county, THE DOWNEY PATRIOT DECEMBER 29, 2022 Judge Margaret M. Bernal Judge of the Superior Court Petitioner or Attorney for Petitioner DIEGO ANDRES DE LA CERDA 9886 LYNDORA ST GOWNET CA 90242 562-302-8901

The Downey Patriot 1/5/23, 1/12/23, 1/19/23, 1/26/23

SUPERIOR COURT OF CALIFORNIA, COUNTY OF LOS ANGELES AMENDED ORDER TO SHOW CAUSE FOR CHANGE OF NAME

CASE NUMBER: 22NWCP00425

TO ALL INTERESTED PERSONS: Petitioner ALBERTO MEJIA filed a petition with this court for a decree changing names as follows: Present name (1) ALBERTO MEJIA to Proposed name (1) ALBERT DIGAT

THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

NOTICE OF HEARING

Date: FEBRUARY 6, 2023, Time: 10:30 a.m., Department: C, Room: 312

The address of the court is: 12720 NORWALK BLVD, NORWALK CA 90650

A copy of this Order to Show Cause shall be published at least once a week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in the county, THE DOWNEY PATRIOT, 8301 E. FLORANCE AVE #100, DOWNEY, CA 90240

DECEMBER 21, 2022 Judge Margaret M. Bernal Judge of the Superior Court Petitioner or Attorney for Petitioner ALBERTO MEJIA 10933 CORBY AVE NORWALK, CA 90650 562-569-2678 AL.MEJIA010@GMAIL.COM

The Downey Patriot 12/22/22, 12/29/22, 1/5/23, 1/12/23

SUPERIOR COURT OF CALIFORNIA, COUNTY OF LOS ANGELES ORDER TO SHOW CAUSE FOR CHANGE OF NAME

CASE NUMBER: 22NWCP00494

TO ALL INTERESTED PERSONS: Petitioner MICHAEL JOSHUA MENDOZA filed a petition with this court for a decree changing names as follows: Present name (1) MICHAEL JOSHUA MENDOZA to Proposed name (1) MICHAEL JOSHUA MENDOZA VELASCO

THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

NOTICE OF HEARING

Date: FEBRUARY 17, 2023, Time: 10:30 a.m., Department: C, Room: 312

The address of the court is: 12720 NORWALK BLVD, NORWALK, 90650

A copy of this Order to Show Cause shall be published at least once a week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in the county, DOWNEY PATRIOT DECEMBER 19, 2022 Judge Margaret M. Bernal Judge of the Superior Court Petitioner or Attorney for Petitioner MICHAEL JOSHUA MENDOZA 819 GUINEA DR WHITTIER CA 90601 (626) 364-2057

The Downey Patriot 12/22/22, 12/29/22, 1/5/23, 1/12/23

SUPERIOR COURT OF CALIFORNIA, COUNTY OF LOS ANGELES ORDER TO SHOW CAUSE FOR CHANGE OF NAME

CASE NUMBER: 22NWCP00492

TO ALL INTERESTED PERSONS: Petitioner RIAN MARIE STOUT-RYDER filed a petition with this court for a decree changing names as follows: Present name (1) RIAN MARIE STOUT-RYDER to Proposed name (1) RIAN MARIE RYDER

THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

NOTICE OF HEARING

Date: FEBRUARY 17, 2023, Time: 10:30 a.m., Department: C, Room: 312

The address of the court is: 12720 NORWALK BLVD, NORWALK CA 90650

A copy of this Order to Show Cause shall

be published at least once a week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in the county, DOWNEY PATRIOT AND NORWALK PATRIOT

DECEMBER 19, 2022 Judge Margaret M. Bernal Judge of the Superior Court Petitioner or Attorney for Petitioner RIAN MARIE STOUT-RYDER 4225 STEVELY AVENUE LAKEWOOD, CA 90713 (562) 252-5568 RIANSTOUTRYSER@GMAIL.COM

The Downey Patriot 12/22/22, 12/29/22, 1/5/23, 1/12/23

SUMMONS (Civil Harassment Restraining Order) CITACION (ORDEN DE RESTRICCION POR ACOSO CIVIL)

SUPERIOR COURT OF CALIFORNIA COUNTY OF CORTE SUPERIOR DE CALIFORNIA, CONDADO DE LOS ANGELES PASADENA COURTHOUSE 300 E. WALNUT ST. PASADENA, CA 91101 CASE NUMBER: 22PDRO01319

If ordered by a judge to use this form, complete items 1 and 2 only. Si un juez le ha ordenado llenar este formulario, llene solo los puntos 1 y 2.

1. Person asking for protection: La persona que solicita proteccion HOLLY SMITH

2. NOTICE TO (name of person to be restrained): AVISO A (nombre de la persona a ser restringida): HECTOR MEZA

The person in 1 is asking for a Civil Harassment Restraining Order against you. La persona en 1 está pidiendo una orden de restricción de acoso civil contra usted.

The court will complete the rest of this form El tribunal llenará el resto de este formulario

You have a court date Tiene una audiencia en la corte Date Fecha: JANUARY 4, 2023 Time Hora: 8:30am Dept. Depto: S Room Sala: 417 Name and address of court, if different from above: Nombre y dirección de la corte, si no es la misma de arriba: PASADENA COURTHOUSE, 30 E. WALNUT STREET, PASADENA, CA 91101

What if I don't go to your court date? If you don't go to your court date, the judge can grant a restraining order that limits your contact with the person in 1. Having a restraining order against you may impact your life in other ways, including preventing you from having guns and ammunition. If you do not go to your court date, the judge could grant everything that the person in 1 asked the judge to order.

¿Qué pasa si no voy a mi cita en la audiencia? Si no va a la audiencia, el juez puede dictar una orden de restricción que limita su contacto con la persona en 1. Una orden de restricción en su contra puede tener otras consecuencias, como prohibirle tener armas de fuego y municiones. Si no va a la audiencia, el juez ordenará todo lo que pide la persona en 1.

How do I find out what the person in 1 is asking for? To find out what the person in 1 is asking the judge to order, go to the courthouse listed at the top of the page 1. Ask the court clerk to let you see your case file. You will need to give the court clerk your case number, which is listed above and on page 1. The request for restraining order will be on form CH-100, Request for Civil Harassment Restraining Order.

¿Cómo puedo entender lo que pide la persona en 1? Para entender lo que pide la persona en 1, vaya al tribunal en la dirección indicada en la parte superior de la página 1. Pida al secretario de la corte permiso para ver el expediente de su caso. Tendrá que darle al secretario el número de su caso, que aparece arriba y en la página 1. La solicitud de una orden de restricción se hace en el formulario CH-100, Solicitud de orden de restricción de acoso civil.

Where can I get help? Free legal information is available at your local court's self-help center. Go to www.courts.ca.gov/selfhelp to find your local center

¿Dónde puedo obtener ayuda? Puede obtener información legal gratis en el centro de ayuda de su corte. Vea https://www.courts.ca.gov/selfhelp.htm?rdeLocaleAttr=espara encontrar tu centro local

Do I need a lawyer? You are not required to have a lawyer, but you may want legal advice before your court hearing. For help finding a lawyer, you can visit www.lawhelpca.org or contact your local bar association.

¿Necesito un abogado? No es obligatorio tener un abogado, pero es posible que quiera consejos legales antes de la audiencia en la corte. Para ayuda a encontrar un abogado, visite www.lawhelpca.org/es/homepage o contacte al Colegio de Abogados local. DATED: NOVEMBER 16, 2022 SHERRI R. CARTER, EXECUTIVE OFFICER/CLERK, BY WALTER ACUNA, DEPUTY

ATTORNEY FOR PETITIONER JOEL GARCIA, SBN 321966 714 W. OLYMPIC BLVD., STE 910 LOS ANGELES, CA 90015 323-419-5175 JOEL@GARCIALAWGROUPPC.COM

The Downey Patriot 12/22/22, 12/29/22, 1/5/23, 1/12/23

SUMMONS (Civil Harassment Restraining Order) CITACION (ORDEN DE RESTRICCION POR ACOSO CIVIL)

SUPERIOR COURT OF CALIFORNIA COUNTY OF CORTE SUPERIOR DE CALIFORNIA, CONDADO DE LOS ANGELES PASADENA COURTHOUSE 300 E. WALNUT ST. PASADENA, CA 91101 CASE NUMBER: 22PDRO01319

If ordered by a judge to use this form, complete items 1 and 2 only. Si un juez le ha ordenado llenar este formulario, llene solo los puntos 1 y 2.

1. Person asking for protection: La persona que solicita proteccion HOLLY SMITH

2. NOTICE TO (name of person to be restrained): AVISO A (nombre de la persona a ser restringida): HECTOR MEZA

The person in 1 is asking for a Civil Harassment Restraining Order against you. La persona en 1 está pidiendo una orden de restricción de acoso civil contra usted.

The court will complete the rest of this form El tribunal llenará el resto de este formulario

You have a court date Tiene una audiencia en la corte Date Fecha: JANUARY 25, 2023 Time Hora: 8:30am Dept. Depto: S Room Sala: 417 Name and address of court, if different from above: Nombre y dirección de la corte, si no es la misma de arriba: PASADENA COURTHOUSE, 30 E. WALNUT STREET, PASADENA, CA 91101

What if I don't go to my court date? If you don't go to your court date, the judge can grant a restraining order that limits your contact with the person in 1. Having a restraining order against you may impact your life in other ways, including preventing you from having guns and ammunition. If you do not go to your court date, the judge could grant everything that the person in 1 asked the judge to order.

¿Qué pasa si no voy a mi cita en la audiencia? Si no va a la audiencia, el juez puede dictar una orden de restricción que limita su contacto con la persona en 1. Una orden de restricción en su contra puede tener otras consecuencias, como prohibirle tener armas de fuego y municiones. Si no va a la audiencia, el juez ordenará todo lo que pide la persona en 1.

How do I find out what the person in 1 is asking for? To find out what the person in 1 is asking the judge to order, go to the courthouse listed at the top of the page 1. Ask the court clerk to let you see your case file. You will need

to give the court clerk your case number, which is listed above and on page 1. The request for restraining order will be on form CH-100, Request for Civil Harassment Restraining Order.

¿Cómo puedo entender lo que pide la persona en 1? Para entender lo que pide la persona en 1, vaya al tribunal en la dirección indicada en la parte superior de la página 1. Pida al secretario de la corte permiso para ver el expediente de su caso. Tendrá que darle al secretario el número de su caso, que aparece arriba y en la página 1. La solicitud de una orden de restricción se hace en el formulario CH-100, Solicitud de orden de restricción de acoso civil.

Where can I get help? Free legal information is available at your local court's self-help center. Go to www.courts.ca.gov/selfhelp to find your local center

¿Dónde puedo obtener ayuda? Puede obtener información legal gratis en el centro de ayuda de su corte. Vea https://www.courts.ca.gov/selfhelp.htm?rdeLocaleAttr=espara encontrar tu centro local

Do I need a lawyer? You are not required to have a lawyer, but you may want legal advice before your court hearing. For help finding a lawyer, you can visit www.lawhelpca.org or contact your local bar association.

¿Necesito un abogado? No es obligatorio tener un abogado, pero es posible que quiera consejos legales antes de la audiencia en la corte. Para ayuda a encontrar un abogado, visite www.lawhelpca.org/es/homepage o contacte al Colegio de Abogados local. DATED: NOVEMBER 16, 2022 SHERRI R. CARTER, EXECUTIVE OFFICER/CLERK, BY WALTER ACUNA, DEPUTY

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The Downey Patriot 1/5/23, 1/12/23, 1/19/23, 1/26/23

TRUSTEE SALES

NOTICE OF TRUSTEE'S SALE T.S. No. 22-01147-SM-CA Title No. 02-22005881 A.P.N. 6361-014-006 ATTENTION RECORDERS: THE FOLLOWING REFERENCE TO AN ATTACHED SUMMARY IS APPLICABLE TO THE NOTICE PROVIDED TO THE TRUSTOR ONLY PURSUANT TO CIVIL CODE 2923.3 NOTE: THERE IS A SUMMARY OF THE INFORMATION IN THIS DOCUMENT ATTACHED YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 05/09/2019. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, (cashier's check(s) must be made payable to National Default Servicing Corporation), drawn on a state or national bank, a check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state; will be held by the duly appointed trustee as shown below, of all right, title, and interest conveyed to and now held by the trustee in the hereinafter described property under and pursuant to a Deed of Trust described below. The sale will be made in an "as is" condition, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. Trustor: Ernesto Chavez Jr, an unmarried man Duly Appointed Trustee: National Default Servicing Corporation Recorded 05/16/2019 as Instrument No. 20190448075 (or Book, Page) of the Official Records of Los Angeles County, California. Date of Sale: 02/10/2023 at 11:00 AM Place of Sale: By the fountain

located at 400 Civic Center Plaza, Pomona, CA 91766 Estimated amount of unpaid balance and other charges: \$466,949.25 Street Address or other common designation of real property: 9530 Brock Avenue, Downey, CA 90240 A.P.N.: 6361-014-006 The undersigned Trustee disclaims any liability for any incorrectness of the street address or other common designation, if any, shown above. If no street address or other common designation is shown, attention to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. If the Trustee is unable to convey title for any reason, the successful bidder's sale and exclusive remedy shall be the return of monies paid to the Trustee, and the successful bidder shall have no further recourse. The requirements of California Civil Code Section 2923.5(b)(2923.55(c)) were fulfilled when the Notice of Default was recorded. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call 714-730-2727 or visit this internet website www.ndscorp.com/sales, using the file number assigned to this case 22-01147-SM-CA. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the internet website. The best way to verify postponement information is to attend the scheduled sale. NOTICE TO TENANT: You may have a right to purchase this property after the trustee auction pursuant to Section 2924m of the California Civil Code. If you are an "eligible tenant buyer," you can purchase the property if you match the last and highest bid placed at the trustee auction. If you are an "eligible bidder," you may be able to purchase the property if you exceed the last and highest bid placed at the trustee auction. There are three steps to exercising this right of purchase. First, 48 hours after the date of the trustee sale, you can call 888-264-4010, or visit this internet website www.ndscorp.com, using the file number assigned to this case 22-01147-SM-CA to find the date on which the trustee's sale was held, the amount of the last and highest bid, and the address of the trustee. Second, you must send a written notice of intent to place a bid so that the trustee receives it no more than 15 days after the trustee's sale. Third, you must submit a bid so that the trustee receives it no more than 45 days after the trustee's sale. If you think you may qualify as an "eligible tenant buyer" or "eligible bidder," you should consider contacting an attorney or appropriate real estate professional immediately for advice regarding this potential right to purchase. Pursuant to Section 2924m of the California Civil Code, the potential rights described herein shall apply only to public auctions taking place on or after January 1, 2021, through December 31, 2025, unless later extended. Date: 01/05/2023 National Default Servicing Corporation c/o Tiffany and Bosco, P.A., its agent, 1455 Frazee Road, Suite 820 San Diego, CA 92108 Toll Free Phone: 888-264-4010 Sales Line 714-730-2727; Sales Website: www.ndscorp.com Connie Hernandez, Trustee Sales Representative A-4770308 01/12/2023, 01/19/2023, 01/26/2023

ASAP 4770308

The Downey Patriot 1/12/23, 1/19/23, 1/26/23

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Police defend use of military-style equipment

Continued from page 1

"We decided to make the move to increase the amount of training we were giving our personnel, to make sure they had all the necessary safety equipment to address these issues should they face our officers here in Downey, and to best protect the public in responding to those. As we started doing that, we started realizing what we were doing in terms of equipment and training, we really are meeting that criterion of what legally is considered to be a SWAT team."

Murray says a lot of research went into "doing things the right way," which is why it "took a while."

Per Captain Brian Baker, Downey Police have been taking steps to modernize and prepare for extreme circumstances even before the 2019 incident.

"Sometime around 2010, we started a formalized entry team to handle high-risk warrants, search warrants, those types of things. Sometime around early 2020, mid-2020 we started looking at maybe expanding that to an actual formal SWAT team," said Baker. "With the laws the way they are right now, with de-escalation and everything, and the way our policy is written, in order to have a SWAT team we also have to have a crisis negotiations team. So, every time our SWAT team is deployed, we have crisis negotiators that also go out with them."

Crisis negotiators work to deescalate situations before things become more dangerous.

"Unlike the way a SWAT team operated probably 20 years ago, or like you see on TV where they immediately surround the house and then they make entry into a house, making entry into a residence or any type of location is kind of a last resort for us, unless somebody is actively being harmed inside the residence," said Baker. "We do everything we can to deescalate, and through that we use our crisis negotiations team, and they're specially trained to do that."

Policy, training and implementation of Downey's SWAT team was completed around mid-2021. Currently, there are 16 SWAT operators, each of which have completed an 80-hour SWAT class, in-house testing, and interview. Operators train together in a 10-hour training day once a month, and are required to maintain their firearm and physical standards.

"They are selected to be part of the crisis response unit based on their work history, their decision making, their ability to think during crisis situations," said Baker. "That's how the SWAT team, or the crisis response unit was formed."

Since its implementation, the crisis response team have been involved in 11 "formalized deployments."

Early last year, Downey Police added even more to their arsenal: drones.

Downey PD currently has six drones; a total of \$28,000 in equipment purchased between January and September of last year including the units, chargers, batteries, and other accessories.



Captain Brian Baker of the Downey Police Department demonstrates a drone recently acquired by the department. (Photo by Alex Dominguez)

Baker says drone use has "almost become routine."

"If we get a burglary call at a residence, or at a business, our drone operators will immediately pull the drone up so we can get a birds-eye view of what's going on," said Baker.

Baker added that the drones and all other tools have allowed DPD to "minimize officers' exposure to danger."

"Obviously we're never going to completely eliminate that, but it's really helped keep our folks as safe as we can, given the technology we have," said Baker.

There are currently 16 drone operators. Each have completed a 40-hour class and are required to be licensed through the FAA. According to Baker, there have been 29 drone operations since the beginning of 2022.

In March of last year, Downey officially adopted its policy for acquisition and use of military equipment in line with Assembly Bill 481, which required law enforcement agencies to obtain approval for such by the applicable governing agency.

Acquiring heavier equipment and more advanced technology comes with its fair share of scrutiny, as other law enforcement departments have come to find out recently.

Recently, Los Angeles Police Department has faced backlash for its desired acquisition of "Spot," a four-legged robot able to climb stairs and open doors with 360-degree camera capability, that is roughly the size of a dalmatian. That purchase would cost nearly \$280,000 after upgrades and warranties.

According to a Los Angeles

Times article, critics have denounced "Spot" as "a waste of resources" and a "high-tech surveillance tool police would misuse on Black and Latino people."

And "Spot" hasn't just run into trouble in L.A. Just a year prior, New York Police faced similar criticism for its use of the same technology, which it dubbed "Digidog". Ultimately, the department returned the robot and terminated its contract with the manufacturer.

In a more dramatic example, a vote last year by the San Francisco Board of Supervisors to allow police to use robots with deadly force in extreme situations was met with intense opposition, ultimately resulting in its being struck down.

Still, in the case of Downey and its BearCat and drones, it's better to have it and not need it than to need it and not have it, according to Murray.

"Those things aren't needed until they're needed," Murray said. "The armored vehicle, the BearCat, primarily when we got it was added protection when you respond to, maybe, an active shooter situation, so that we can get our first responders to where they need to be to possibly do rescues of citizens that need to be taken out of a dangerous situation."

In the case of the 2019 liquor store murder suspect standoff, Downey PD waited over 30 minutes for Los Angeles County Sheriff's Special Enforcement Unit to arrive on scene with its armored vehicle, after the preceding high speed chase left the suspect cornered in the city of Vernon.

Murray says that equipment like the BearCat and drones allow for more opportunity to de-escalate a situation.

"To be able to secure a scene and slow things down, the BearCat allows us to do that," said Murray. "It allows us to get the manpower out to where they need to secure a scene and to take a step back and slow things down, and that usually ends up in a safer outcome in the end."

The heavily-armored BearCat vehicle in particular can be utilized as a shield against potential fire, and – should the situation require it – can transport up to 10 personnel inside. Some drones can fly as high as 900 feet (though Downey operators try to keep it limited to around 400 feet), and have significant canvassing and tracking capability.

Other smaller drones are used to approach vehicles and clear buildings without putting officers in harms way.

Baker added that there have even been instances where suspects have surrendered at the very sight of the equipment.

"Earlier this year, we responded to a call of a guy that was shooting a firearm at passing vehicles over in the south-end of our city. When our patrol folks got there, he ran to a nearby apartment and barricaded himself inside," said Baker.

"One of our crisis negotiators happened to be working that night and immediately made phone contact with him. Over the next two hours while we were mobilizing the crisis response unit, we were able to get the BearCat out there as a show of force without applying force, and we were able to ultimately get him to give himself up."

Drones, according to Baker, are "used reactively."

"I think that's important for our residents to know, that we're not surveilling people, we're not just putting it up to see what's going on in Downey or what's going on over somebody's house," said Baker. "We're putting it up when there's a reason to do so."

In fact, none of this equipment,

according to Murray, is used without cause.

"We answer thousands of calls for service every year, and 12 deployments during a year and a half time period, it's such a small fraction of the amount," said Murray. "We take it out when we need it, and we use it for community relations events."

And while the equipment often comes with a hefty price tag attached, Baker says "You can't put a price on our residents' or officers' lives."

"It's a tool that we have that we may not need all the time, but when the situation presents itself, it's very important that we have that tool," said Baker. "If we do have an active shooter or a situation where we need armored protection, it's important that we have the resource readily available to us so that we don't have to wait for the sheriff's department to send it from their headquarters in East LA."

Detectives Chris Pinal and Calvin Miller are both members of the SWAT team and drone operators. Both agree: they feel safer and more efficient as officers thanks to the new gear.

"We get a lot of these high-risk situations, high-risk stops, or possible burglaries or whatnot; it's just nice to be able to send a piece of equipment in as opposed to one of us first, and maybe, possibly clear most if not all of that situation before we approach on foot," said Miller. "It just makes us feel a lot more safe, and it's nice to have."

Pinal was on scene when officers deployed a drone to track a fleeing suspect who was hopping between yards.

"He had a gun in his car, possibly explosives," said Pinal.

"With the drone up there, we could see nothing was in his hands at the time. For us, that's huge. That allows us to buy time, make decisions, to set up a scene, and honestly to wait. That drone bought us time where, eventually, he was just like, 'You know what, I'm just going to give up,' and peacefully, we took him to jail."

Murray says the police department's primary focus is protecting life.

"Our officers need that protective equipment to face these dangers every day," said Murray. "The more that we can give them to help them do their job's safely, it's worth every penny we spend, and I think our community is very supportive."

Downey PD continues to look to the future for more potential technology and equipment that may be of use to them.

"We're always looking at different things that are out there, and there's always new technology on the horizon," said Murray. "The private sector is usually ahead of us a little bit on things, but we're always looking at software programs that will help us better communicate with the public, there's always technology out there that we're evaluating that has to do with vehicle pursuits; there's always things on the horizon that we're looking at."

She added that all potential equipment comes with costs, pros, and cons, but that DPD evaluates everything "very carefully."

"We don't jump into those things without fully researching them."

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