



**PAGING DR. FRISCHER**  
Monitor your blood pressure  
SEE PAGE 2



**NEWS**  
Congresswoman visits Downey  
SEE PAGE 2



**FEATURES**  
Evolution of a dancer  
SEE PAGE 10



**CRIME REPORT**  
Burglary at Gauldin  
SEE PAGE 13

## Downey Jiu Jitsu academy wins state championship

Only a year old, Academy Jiu Jitsu in Downey has already won a state competition, beating 150 martial arts schools.

By Alex Dominguez  
Staff Writer

**DOWNEY** - As the saying goes, it's easier to win a title than it is to defend a title. But with that said, no one really expects the new guy to win much of anything anyways.

Unless, of course, you're Academy.

Academy Jiu Jitsu opened just over a year ago in October of last year, bringing a sport and craft that - at one time - wasn't as readily available to the community.

According to Hector Beltran, one of the owners of Academy, there wasn't a Brazilian Jiu Jitsu school locally when he began training around 12 years ago.

"It wasn't easy to find a Jiu Jitsu school locally, and the ones that were around didn't advertise so well," said Beltran. "I would have to drive every day from Downey to Anaheim. It was easily 35 minutes every day on top of going to school, work and everything else...after that, I kind of outgrew that school and started training at another school in Huntington Beach, so my commute got even longer."

Now at a level where he felt comfortable passing on the knowledge and technique he had gained in his career, Beltran and his partners decided that Downey would be the place to set up shop.

"Part of my idea was always to bring something back to my community," said Beltran. "There wasn't anything like this back when I first set off on the journey to learn Brazilian Jiu Jitsu."

"Now in the meantime, there have been other schools that have popped up in the area, but none of them have the team culture and vision that I had seen for myself would be the best place to train."

"The whole thing about the vision that me and my partners that established Academy was, 'how do we create the ultimate environment [to train]...'"

Academy offers classes for the serious and the casual alike, for varying age groups.

They also appeal to those with more of a competitive edge.

Academy took on 150 other schools at the Dream California State Championship last week.

Although admittedly a "Cinderella Story" in comparison to other schools that were in attendance, Beltran says that he and his competitors were "confident, knowing where our skill-sets were at."

Then as expected, the



PHOTO BY ALEX DOMINGUEZ

Children at Academy Jiu Jitsu in Downey sit for a photograph on Tuesday.

competition was fierce, and Beltran says that "it was a dog fight for the last points."

However, despite a few surprises throughout the competition, it was Academy who was destined to rise to the top that day.

"There were a lot of upsets where some of our kids who typically perform the strongest came up short, and other kids rose to the occasion to take first. It really was an amazing experience."

Now, with a bit of a chip on their shoulder and fire in their bellies, Beltran says Academy is "in a position where we're really motivated to defend our position, ranking, and our title" in the following year.

"Now the pressure is on to see what we do next year, and more so than anything for ourselves as coaches, how do we get to the next level," said Beltran. "It's one thing to have success early on; it's another thing about personal development, and using martial arts not just how to win, but how to lose."

"The main thing is to have an overall positive experience, because who knows next year? We're going to work our butts off, and we've got a great community around us to support us, but anything can happen and we don't know who we galvanized to ramp back up, but we're going to be ready for them."

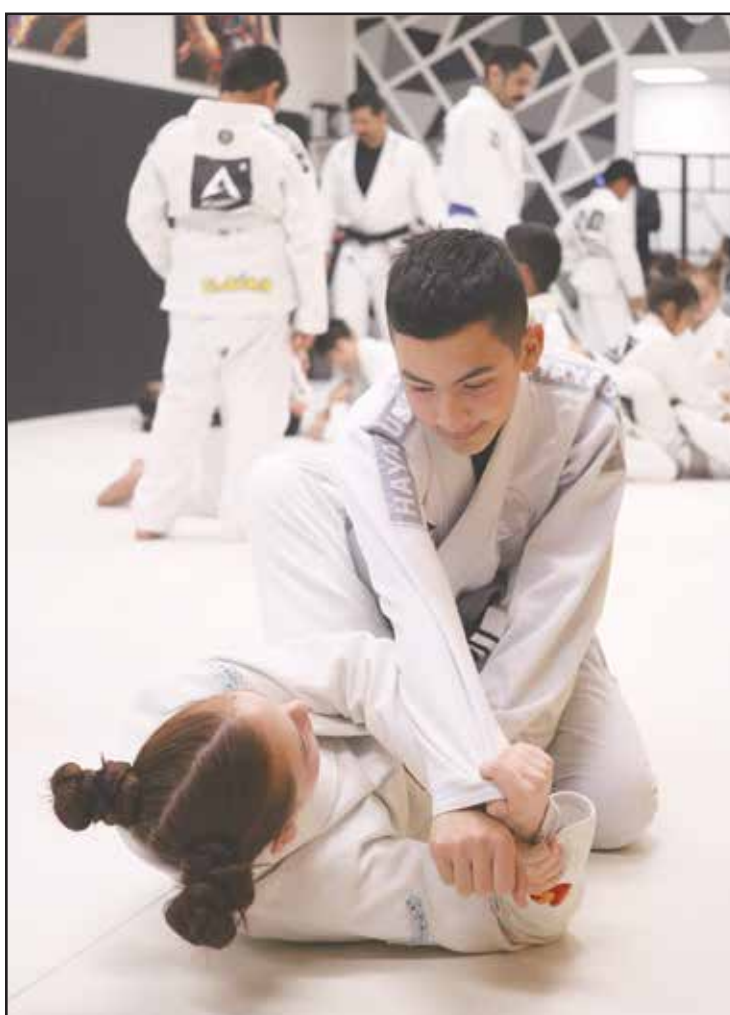


PHOTO BY ALEX DOMINGUEZ

Students train at Academy Jiu Jitsu, which recently won a state championship despite being only a year old.

## Hunger Walk raises over \$5,000

More than 140 walkers participated in the fundraiser which will benefit local food pantries.

**DOWNEY** - Participants from Downey churches and community groups walked in the 7th Annual Downey CROP Hunger Walk last month.

The groups raised over \$5,000.00 with over 140 walkers from Downey Memorial Christian Church, Our Lady

of Perpetual Help Church and School, Boy Scouts, Girl Scouts, Downey High School Kiwins/Key Club and collected canned foods for two local and global food programs Downey First Christian FoodHelp, PTA H.E.L.P.S. and Church World Service.

The 5K Walk started and ended at Downey Memorial Christian Church.

This year Church World Service is celebrating its 50th anniversary.

Sponsors were DeAnne

Kiralla, Downey Federal Credit Union, Farmers & Merchants Bank, Central Water Basin, In-N-Out Burger, Circle C Printing, and the Downey Police Explorers.

"Hunger strikes people of all races and genders; all ages and faiths," organizers said. "Downey came together from all backgrounds to demonstrate we are willing to help others."

FoodHelp chairperson Beth Gendreau, along with committee members Juan Leon and Mary Anne Gonzales of Our Lady of Perpetual Help, Marie Alvarez

of Downey United Methodist Church, and Marie Durlinger, Carol Brinkman, Rev. Mary Jo Bradshaw and Pastor Daphne Gascot Arias of Downey Memorial Christian Church, expressed their appreciation to everyone for their participation to help the two local food programs, and Church World Service.

Donations may still be received online at [crophungerwalk/downeyca](http://crophungerwalk/downeyca) or contact Beth Gendreau at (562) 413-9222.

### Downey restaurant grades

**Panda Express**  
8510 Firestone Blvd.  
Date Inspected: 11/21/19  
Grade: **A**

**Creamistry**  
11146 Downey Ave.  
Date Inspected: 11/21/19  
Grade: **A**

**Food 4 Less (Bakery / Deli)**  
13535 Lakewood Blvd.  
Date Inspected: 11/21/19  
Grade: **A**

**Food 4 Less (Meat)**  
13535 Lakewood Blvd.  
Date Inspected: 11/21/19  
Grade: **A**

**Randy's Donuts**  
8721 Firestone Blvd.  
Date Inspected: 11/21/19  
Grade: **A**

**Chipotle**  
8500 Firestone Blvd.  
Date Inspected: 11/21/19  
Grade: **A**

**Wendy's**  
14305 Lakewood Blvd.  
Date Inspected: 11/21/19  
Grade: **A**

**Peking China**  
11039 Downey Ave.  
Date Inspected: 11/21/19  
Grade: **A**

**KFC**  
7865 E Florence Ave.  
Date Inspected: 11/20/19  
Grade: **A**

**Pizza Hut**  
7936 Florence Ave.  
Date Inspected: 11/19/19  
Grade: **A**

**Subway**  
7930 Florence Ave.  
Date Inspected: 11/19/19  
Grade: **A**

**Downey Supermarket**  
13240 Woodruff Ave.  
Date Inspected: 11/19/19  
Grade: **A**

**Ralphs**  
8628 Firestone Blvd.  
Date Inspected: 11/18/19  
Grade: **A**

**Ralphs (Bakery)**  
7900 Imperial Hwy.  
Date Inspected: 11/18/19  
Grade: **A**

**Ralphs (Starbucks)**  
11039 Downey Ave.  
Date Inspected: 11/18/19  
Grade: **A**

**Louisiana Chicken and Chinese Food**  
8843 Rosecrans Ave.  
Date Inspected: 11/14/19  
Grade: **A**

**A&T Liquor**  
12202 Downey Ave.  
Date Inspected: 11/14/19  
Grade: **A**

**Circle M Mini Market**  
12142 Downey Ave.  
Date Inspected: 11/14/19  
Grade: **A**

**Wyamn's Liquor**  
9300 Firestone Blvd.  
Date Inspected: 11/14/19  
Grade: **A**

**Mr. B's Liquor**  
12624 Bellflower Blvd.  
Date Inspected: 11/14/19  
Grade: **A**

**Starfish Sushi**  
8244 Firestone Blvd.  
Date Inspected: 11/14/19  
Grade: **A**

### Weekend at a Glance

Friday 58°

Saturday 60°

Sunday 63°

### THINGS TO DO



#### Downey Christmas Parade

**Sunday - Downey Avenue, 1 pm**  
The 68th annual Downey Christmas Parade featuring live bands, dance troupes, classic cars, equestrian units, five grand marshals, and Santa Claus.



#### Selena Tribute

**Saturday - Santa Fe Springs Swap Meet, 12 pm**  
Tribute band Anything for Salinas performs live throughout the day in this all-ages show.



#### Holiday Festival

**Sunday - Pico Rivera City Hall, 5-9 pm**  
Pico Rivera kicks off the holiday season with a snow play area, live entertainment, family activities, and a tree-lighting ceremony.



#### Hollywood Christmas Parade

**Sunday - Hollywood Boulevard, 6 pm**  
Floats, marching bands, celebrities, equestrian units, and live performers. Mario Lopez is grand marshal.



#### Social Media Sunday

**Sunday - Gonz's Decorations in Whittier, 10 am to 4 pm**  
Over 40 local artisans, food, live music, raffles, and activities for the entire family. A free outdoor event.

### TWEET OF THE WEEK

@CityOfDowney: Are you curious about what Measure S projects will be completed next?

Learn more about the estimated completion dates of various Measure S Projects here: <http://downeymeasure-s.com>

Follow us on Twitter at: [Twitter.com/DowneyPatriot](https://twitter.com/DowneyPatriot)

# New dialysis center opens in Downey

Fresenius Kidney Care specializes in care for people with chronic kidney disease and requiring dialysis.

**DOWNEY** - Fresenius Kidney Care, the dialysis division of Fresenius Medical Care North America and the nation's leading network of dialysis facilities, opened a dialysis center in Downey.

Located at 7700 Imperial Hwy., center will hire up to 30 healthcare professionals.

Fresenius Kidney Care, which has capacity to treat up to 150 patients a week, opened on Sept.

4 and offered an open house on Nov. 7 where prospective patients, healthcare providers and members of the community toured the center and learned about chronic kidney disease and the various treatment options.

"We are excited for the opportunity to bring state-of-the-art equipment and the highest quality care to people in Downey in need of dialysis," said Director of Operations Vedamay Bradford. "At Fresenius Kidney Care, we are committed to providing comprehensive care to people living with chronic kidney disease so that our patients can lead fuller lives."

The new center will expand health services in the

community. In California, there are nearly 95,000 patients on dialysis.

Dialysis is a treatment for kidney failure that rids the body of unwanted toxins, waste products and excess fluids by filtering the blood, essentially replacing some of the lost kidney function.

When kidneys fail, they are no longer able to filter the blood. Patients must either receive a kidney transplant, perform their dialysis treatments at home or receive in center dialysis treatment three times a week.

About 1 in 7 adults in the U.S. have chronic kidney disease, with many not detecting the condition

until they have lost more than 96 percent of their kidney function. Symptoms and warning signs for late-stage kidney disease include changes in urination, fatigue, swelling in hands or feet and pain in the small of the back.

Physicians recommend that people who are at risk for CKD are screened at least once a year. More than 600,000 Americans live with kidney failure, which requires either a transplant or dialysis to remove waste from the blood, maintain safe levels of potassium and sodium and control blood pressure.

Fresenius Kidney Care is hiring care team members at this new location. Job listings are posted online at [jobs.fmcna.com](http://jobs.fmcna.com).



## Paging Dr. Frischer...

By Dr. Alan Frischer

The following happens frequently: I surprise a generally healthy patient with the news that their blood pressure numbers just aren't good enough - even when those same numbers were perfectly acceptable in the past. What makes the conversation harder is that often the patient feels just fine. What is the latest on hypertension?



Let's review: Blood pressure is recorded in two numbers. Systolic blood pressure (the first and higher number) indicates how much pressure blood exerts against the artery walls when the heart is contracting. Diastolic blood pressure (the second and lower number) indicates how much pressure blood exerts against the artery walls while the heart is resting between beats. It is measured in millimeters of mercury, as this was used in the first accurate pressure gauges and remains the standard today.

Which number is more important? While more attention is given to the systolic (larger) number as a major risk factor for heart disease, a rise in either the systolic or diastolic blood pressure may qualify you for hypertension. For those of us aged 40 to 89, the risk of death from ischemic heart disease and stroke doubles with every 20mm mercury rise above normal for systolic blood pressure, or every 10mm mercury for diastolic blood pressure. Note that systolic blood pressure rises steadily with age, due to the increasing stiffness of large arteries.

Not too long ago, normal blood pressure was considered to be 140/90 or below. This has changed significantly over the years, due to the many studies on heart disease and stroke. According to the American Heart Association, the current standards for blood pressure are:

Normal: Systolic is less than 120 and diastolic is less than 80

Elevated: Systolic is 120 - 129 and diastolic is less than 80

High blood pressure Stage 1: Systolic is 130 - 139 or diastolic is 80 - 89

High blood pressure Stage 2: Systolic is 140 or higher or diastolic is 90 or higher

Hypertensive crisis: Systolic is higher than 180 and/or diastolic is higher than 120

Normal blood pressure means that your particular balance of diet, exercise and genetics is working just fine. At the elevated level, you are likely headed for high blood pressure, and now is the time to take steps to correct it. At Stage 1, your doctor will likely recommend lifestyle changes. At Stage 2, your doctor will likely start you on a combination of blood pressure medications along with lifestyle changes. At the hypertensive crisis stage, you need immediate medical attention. And, if you are experiencing symptoms such as chest pain, shortness of breath, back pain, numbness or weakness, changes in vision, or difficulty speaking, call 911 immediately.

There are many causes of hypertension. The most important contributors include getting older, a high salt diet, sleep apnea (especially untreated), obesity, a sedentary lifestyle, drinking excessive

amounts of alcohol, using recreational stimulant drugs like cocaine, amphetamines, or crystal methamphetamine, a diet high in sugars and fat, smoking cigarettes, chronic kidney disease, nutrient deficiencies (especially potassium and vitamin D), thyroid diseases (both overactive or underactive), diabetes mellitus, some birth control pills, stress which stimulates your adrenal glands to pump out excess cortisol...and of course, genetics.

What can you do to help prevent or minimize high blood pressure? Plenty! Start by reducing the salt in your diet. This is hard to do; our country loves to add way too much salt to most processed foods. But certain foods are the low hanging fruit, so to speak - like fast food, processed foods, canned foods, frozen foods, snack foods, and most restaurant foods. Start with fresh food and make it yourself. Use other spices instead of salt. Add some exercise to your daily routine, cut back on your use of alcohol, stop your use of recreational drugs, lose some of those extra pounds, and work hard on how you handle stress.

I urge you to consult your doctor and continue to monitor your blood pressure. This is one of the easy conditions to detect, and there are a number of different medications available to bring your numbers down. Hypertension is the leading cause of cardiovascular disease and death. Untreated high blood pressure can be fatal - don't ignore it!

*Dr. Alan Frischer is former chief of staff and former chief of medicine at Downey Regional Medical Center. Write to him in care of this newspaper at 8301 E. Florence Ave., Suite 100, Downey, CA 90240.*



Rep. Lucille Roybal-Allard (center) greets (left to right) Sam and Sarah Sarofeem at the Assistance League of Downey's Christmas Tree Brunch.



Rep. Lucille Roybal-Allard (right) meets with Assistance League of Downey President Donna Lindley

## Congresswoman attends Christmas Tree Brunch

**DOWNEY** - Congresswoman Lucille Roybal-Allard (CA-40) met with constituents at the Assistance League of Downey's Christmas Tree Brunch, which was held at Rio Hondo Event Center on Sunday.

During the brunch, the congresswoman was introduced to attendees, and sat alongside Downey Unified School Board Member Martha Sodemani and her family.

The event also featured sales of baked goods and other items, as well as raffles and a silent auction.

**CITY OF DOWNEY**

# HOLIDAY HOME DECORATING CONTEST

A panel will be judging your home on Sunday, December 8, 2019 from 5:30pm-10:30pm (rain or shine). All entries are asked to have lights, animation, etc, in operation for this evening.

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# Downey to renters: take a hike

**OP-ED:** By failing to enact short-term legislation to prevent no fault evictions, the City of Downey puts renters at risk.

By Lawrence Christon  
Contributor

**DOWNEY** - The City of Downey was incorporated in December of 1956, and it's hard to think of a more shameful episode in its history than the city council's recent vote to deny a moratorium request on no-fault evictions through the end of the year.

The issues of California's lack of affordable housing, and its corresponding rise in homelessness - currently 32,000 in Los Angeles County alone - have been simmering for years, and reached a critical enough boiling point that led Governor Gavin Newsom to sign into law AB1482, which caps rent increases statewide and codifies "just cause" evictions.

There has been an unintended consequence: the law was signed in October and doesn't go into effect until January 1, 2020. In the meantime, many property owners, landlords, realtors and real estate corporations have leaped into action, rent-gouging by 100% increases or more, and issuing eviction notices to untroublesome tenants in order to clean house, so to speak, and rent anew in January at considerably higher rates.

The shock waves from these actions have reverberated throughout the state as frightened and near-desperate petitioners, many of whom have already fallen under the axe of eviction or are facing imminent orders to vacate, have flooded city council auditoriums with pleas for help.

Some cities, like Santa Ana, scoff at their claims, saying that the numbers don't bear out their concerns. Others, like Los Angeles, South Pasadena, Alhambra, and Redondo Beach - three dozen in all statewide, according to the L.A. Times - have enacted emergency measures to keep a lid on rent raises and unjustified evictions. On

November 1st, the Los Angeles County Board of Supervisors voted a 3% maximum limit on rent raises through the end of 2019.

In the meantime, a blizzard of statistics has swirled through the news media, exposing the social and community costs of rising rents and what happens when people can't afford them. In June of this year, L.A. Curbed reported that 600,000 L.A. residents fork over 90% of their monthly salaries for rent; and that, over the past eight years, for every homeless person moved off the street and into shelter, nearly two take his or her place.

The casualty count rests, as it usually does, mainly on minorities, the poor, people with mental and physical disabilities, and substance abusers. A substantial number, 14%, consists of ordinary middle or lower middle class tenants who have been priced out of their apartments and homes. In other words, over 4,500 residents of what NBC News calls "Streets of Shame," (a thinly veiled mirror of genteel disdain for the underclass) are stuck in downward-spiraling squalor because they can't find a place to live. The increasing social division between haves and have-nots is also reflected here, as luxury hi-rises crowd the L.A. skyline at a million dollars a pop for a condo or co-op, while the streets below fill up with the tents of the dispossessed.

The City of Downey began getting into the story when complaints of coercive buyouts at an Eden Roc property on Western Avenue began to reach the antennae of the news media, and tenants complained of bad management and indoor property neglect, followed by the velvet glove of financial inducement covering the hard fist of eviction. It was a complex story that needed sorting out, but it fit in with the ongoing California housing crisis narrative. The Eden Roc tenants were mostly Latinx, at least one of them elderly and infirm.

Soon City Council meetings were filled with aggrieved tenants, advocacy spokespeople, professional blowhards who stood like roosters criticizing

the dawn, and in general, angry protesters who cursed and shouted, fed each other's resentment and directed it at the Council.

Council members suffered them with a mix of cautions and sympathy, until, facing a rising crescendo of abuse, Claudia Frometa lashed back in a magnificent speech that showed both solidarity and a resolve rare for our lawsuit-averse (meaning timid) leadership.

"I have been listening to you," she reportedly said (in part). "I have been paying attention to your plight, [but] I am not going to be bullied or threatened by any kind of charade you bring... Let me be very clear, this mob mentality cannot continue... It is not us against you and you against us. That is not how it works."

Added Councilman Sean Ashton, "Your issues are my issues...we're giving some landlords the opportunity to be greedy and take advantage of the situation. That's what truly bothers me."

To his everlasting credit, Ashton was the first on the council to recognize earlier, at least out loud, the source and validity of the protests, and was the only one to call for placing a rent moratorium on the next meeting's agenda.

In the meantime, Dan Nevarez, president of the Greater Downey Association of Realtors, wrote a letter to Mayor Rick Rodriguez in which he threatened a lawsuit if the moratorium were to go through. On November 20th, in a packed house, the matter came up for a vote, with anguished comment on all sides.

"I realize this is a very emotional issue," said Councilman Alex Saab. "... It touches people's hearts involving housing, children, our freedoms, whatever it may be." He acknowledged the crisis in affordable housing, but added "Owning a property is essentially having a business, and passing an ordinance that usurps that right goes against property rights."

Aside from the ominous tone of the Nevarez letter to Mayor Rodriguez (who, as a landlord, had to abstain from the vote), one would have thought that the legal eyes of Saab and Pacheco would have sharpened on the phrase, "If the City Council shares our goal to protect the rights of all property owners and



the safety of all tenants, you will join us in waiting until...AB1482 goes into effect..."

The phrase echoes the famous line from the Vietnam era, "We destroyed the village in order to save it." Just how is "the safety of all tenants" maintained by forcing them out with no place to go to?

But Saab and Pacheco didn't, and by the end of that long night, the city had caved to the realtors. In Alex Dominguez's tinder dry words in the Downey Patriot, "Ashton made a motion to pass the moratorium but with Mayor Pro Tem Blanca Pacheco and Councilwoman Claudia Frometa aligning with Saab, the motion died without a second or final vote."

I have great admiration and respect for Councilman Saab, but I find his comments mystifying on this, one of the most crucial issues the city of Downey has ever faced. How does he know, as he said, that rent control hurts the housing market? New York City

has had rent control since 1947. Its homeless problem, though as complex as ours, is largely based on a stratified rich vs. poor, tech vs. analogue economy. What evidence is there, as he contends, that a moratorium would create havoc and "reduce the law and order we have in our community, and that just doesn't make sense."

It's Saab's reasoning that doesn't make sense. Where's the evidence that harmful consequences will fall on "property owners, the real estate market, and the community in general" should a mere six-week moratorium go into effect? If criminal penalties are levied on price-gougers in the wake of massive California wildfires, what's the difference when landlords do it in the lull before a measure becomes law?

You may notice that in all the rhetoric we've heard about property rights, no one has mentioned human rights. It's been depressingly routine, through the years I've been

observing Downey city life, for the civic community to genuflect to the business community, as if the sum total of society were the enshrinement of the profit motive. It's not just true of Downey, it's also part of the modern American grain, as when 1920s President Calvin Coolidge said "The business of America is business" and everyone solemnly nodded, like they did in hearing the 1980s mantra "greed is good," as if hearing a Delphic utterance.

But the business of America isn't only business. It's the just administration of freedom and equality, and the defense and security of its citizens, and yes, their property. There are people out there now, during this holiday season and at decade's end, that aren't thinking much about noble abstractions. They're worrying about where they can find a clean, livable space to sleep and cook a meal in.

All they know for sure is that our little city of magical thinking has let them down.

## Unincorporated areas get expanded rent protections

**LOS ANGELES** - The Los Angeles County Board of Supervisors last week took another step to keep L.A. County residents in their homes by establishing a permanent rent stabilization program for unincorporated L.A. County.

Permanent rent stabilization rules will go into effect on April 1, 2020. Until that time, the current interim rent stabilization protections remain in effect.

The permanent rent stabilization program:

Limits allowable rent increases for rental units and space rent charged in mobilehome parks to an amount equal to the change in the Consumer Price Index (CPI), with

a maximum of eight percent (8%) overall.

Allows certain designated luxury units to increase rents an additional two percent (2%) over the maximum allowable rent increase.

Requires relocation assistance to renters who are temporarily displaced or evicted for no-fault reasons.

Continued on page 13

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# For one day, concentrate on family and put away your phone

BY DAVID LEONHARDT

This week, Americans will endure flight delays, traffic jams and other logistical miseries to spend time with family and friends. And when the holiday weekend is ending, many will lament that they don't get to spend enough time with those relatives and friends.

But during the weekend itself, these same lamenters will spend a lot of time ignoring the people around them and distractedly staring into their phones. They will get a notification and disappear down a digital rabbit hole of Facebook posts, text messages and fantasy-football updates. They will monitor the comments on the photos they just posted, instead of engaging with the human beings in those photos.

Many of us have a complicated relationship with our phones. We enjoy them in the moment. Yet when we reflect on all the time we spend looking at a tiny screen, we feel lousy about it. We pine for a less addictive relationship with the online world.

So let me make a suggestion for this Thanksgiving weekend: Turn off your phone, and keep it off for a full 24 hours. I predict you'll be surprised by how much you'll like it.

About a month ago, my wife and I decided that our family would spend a Saturday without the internet, a practice known as a Tech Shabbat (a reference to the Jewish day of rest). I wasn't sure whether I'd like it, I'll admit, and our kids were even less sure.

But it was wonderful. We hung out with friends, without distraction. We never had to ask, guiltily, "Sorry, what'd you say?" because we had been only semi-listening. In between scheduled activities, we took a walk and played a board game, Settlers of Catan. I spent time thinking about long-term projects instead of replying to unimportant emails. It felt productive, rejuvenating and, yes, fun.

Tiffany Shlain, a filmmaker who popularized the idea of a Tech Shabbat, says that on her day without screens, she laughs more, sleeps better and feels healthier. As she writes in her recent book, "24/6": "Having one day off each week shocks you anew into the realization of how bizarre it is that everyone is head-down, looking at screens all the time. That should never feel normal."

My family liked it so much that we did it again a week ago. This coming Saturday, we will put away the phones for a third time, while we are with my extended family.

You should try it, too. In between the material glut of Black Friday and Cyber Monday, enjoy a Phone-Free Saturday or Sunday (or, for that matter, Thanksgiving Day).

You'll have company if you do. When I mentioned my first Tech Shabbat in the email newsletter that I write for The Times, I heard from dozens of readers who have done their own version. Some were Christians who put away phones on Sunday. Some were Jews who observe a full day of rest. Many were secular. Nearly all were trying to find a better balance in our digitally added world.

"At first, it does feel awkward, not having screen time," Barbara Mutezdi said. "But with time, it becomes a habit you crave." Chantel Hanks said her three young boys make crepes with her husband or

build Lego robot vehicles, rather than playing video games.

Arlaana Black, a high-school teacher, has assigned her students to put away their phones for an entire weekend and write a report about it. "Although it was difficult (like any addict weaning from addiction), most reported considerable less stress," Black wrote to me, "and a few said that they actually sat down for dinner with their parent or parents and had meaningful dialogue for the first time in months."

To have a successful Tech Shabbat, you should choose ground rules that work for you. We turn off our cellphones, tablets and laptops and stick them in a cabinet. We're willing to watch sports on television, if more than one person is doing so. We rely on our landline to reach other people.

You may prefer stricter or looser rules. But I recommend against half measures, like keeping your cellphone in your pocket and claiming you'll look at it only if it rings. Out of sight, out of mind.

There are certainly parts of Tech Shabbat that I find uncomfortable. Making a last-minute plan is tricky, and looking up the answer to an intriguing question is nearly impossible. That's part of the point, though — to slow down and stop obsessing about the immediate. Many people come up with their freshest ideas when they're not occupied.

You can also minimize the downsides with a little advance planning. Print out your family's schedule, as well as anything you need for a looming work project. (I wrote part of this column with a pen.) Print out directions. If you're smarter than I am, you'll remember to print directions both to and from where you're going. Following them in reverse doesn't always work.

Part of an advance plan is telling friends and colleagues that you're unplugging for 24 hours. They will probably respect you for it. Margaret Diddams, the provost of Wheaton College in Illinois, doesn't check her email on Sundays. Her colleagues know to reach her on her phone if an urgent problem comes up. Most problems, of course, are not urgent.

I recognize this approach will be harder for teenagers, who have grown up with texting. But they may need a break more than anyone.

Perhaps most important, make sure that your Tech Shabbat includes a big dose of joy. Shlain's family starts its 24 tech-free hours by eating a rollicking Friday dinner with friends. If you're taking your first Tech Shabbat and need to win over a skeptic in the family, you could go out to a favorite restaurant for a meal.

The beauty of turning off your phone this holiday weekend is that there are so many joyful alternatives. Take a hike or play touch football with relatives or friends. Go with them to a museum or local bookstore. Cook an ambitious recipe.

And take a few minutes to give thanks, which is a whole lot easier when you aren't staring into a screen.

*David Leonardt is an op-ed columnist for the New York Times.*

# We hate data collection. But what do we do about it?

BY FARHAD MANJOO

We're being watched. We know we're being watched, and we don't think the watchers have our best interests at heart. They try to mollify us, arguing that we're being watched for our own good and that in fact we're the ones in charge of the scale and scope of all the watching, but deep down most of us are confused and suspicious about this sudden state of affairs. Why are they watching us so closely? What will they do with all they learn about us? Is there any hope of stopping them? And does it even matter that we do not want to be watched — or is it of no consequence, because they know we're trapped, and so do we?

The above may sound like the ravings of a wretch imprisoned in the Panopticon, but according to a survey of more than 4,000 people conducted this summer by the Pew Research Center, it is the widespread sensibility of the day.

According to the survey, Americans in 2019 feel adrift and powerless about living under the glare of digital surveillance. Two-thirds of Americans believe that surveillance is an inevitable consequence of modern existence — it is not possible to go through daily life, they say, without companies and the government collecting data about them. More than 70 percent believe that most or all of what they do online is being tracked, and nearly that many believe the same is true of what they do offline. And more than 80 percent feel like they have very little or no control over the data being collected about them.

In some ways the numbers are unsurprising; of course people

who are being watched all the time feel that they're being watched all the time.

Yet the survey also suggests a major failing on the part of corporations and the government to mitigate our concerns about the trade-offs we're making for digital conveniences. In the past few years, Google, Facebook and other companies that collect and keep gigantic troves of data about us have stepped up their efforts to give us control over that data. Their primary argument is that users, not the companies, are in charge of the whole game — we can affect what data is collected about us and how it's used.

That message doesn't seem to be getting through. Large majorities of Americans feel as we have little or no control over our search and purchase and browsing histories; that our texts and social media wandering are easily monitored; and that even our physical location may be up for grabs.

It gets worse. Not only do we feel we have no control over our data, but we're also sure there will be few consequences for misuse.

Most Americans say they don't trust companies to own up to mistakes in the handling of our data, or to suffer any serious punishment when things go wrong. Most of us say the companies' own privacy policies are meaningless.

Not that this is a paranoid view. If you consider recent history — say, the fact that Equifax was allowed to stay in business after its gargantuan 2017 breach in which it failed at its one job, collecting and maintaining Americans' financial data — it stands to reason that punishments for wrongdoing will be light. In July, Facebook was fined \$5 billion by the Federal Trade Commission for its role in the Cambridge Analytica privacy scandal — a fine that set a record, but was of so little consequence to Facebook's business that its stock price actually rose after the punishment was announced.

The Pew survey shows Americans are eager for more power over our data. Three-quarters of respondents said there should be more regulation of what companies can do with our data; the view was shared across the political spectrum.

And Americans are wary of the fundamental trade-off we're making for technology. Data-hungry corporations insist that we're benefiting from the surveillance state — and that our very acquiescence to the collection is a signal of our contentment. In fact, the vast majority of Americans say that the potential risks of data collection by companies and the government outweigh the benefits.

But where does all this leave us? Ordinarily a finding of widespread discontent should spark a sense of optimism — if people hate the status quo so much and are begging for a new way forward, won't the market or the government step in and give us something better?

But there is another, more pessimistic way to read this survey. The tech companies still enjoy enormous financial success, and have seen little impact from increasing scrutiny on their businesses. This suggests none of it matters. We hate the way things are, but we've traded away our power to stop it, and our worries won't change anything.

The prison is terrible. We all know it. Enjoy your stay.

*Farhad Manjoo is the author of "True Enough: Learning to Live in a Post-Fact Society."*

## Crane project

Dear Editor:

I would like to thank the Downey Rose Float for dedicating this year to making cranes. My daughter participated at her school and had so much fun.

I think it's great that kids are able to make cranes and raise money for the Downey float at the same time. I hope the Rose Float does this fundraiser again next year.

**Deborah Caprice Downey**

## Heartfelt story

Dear Editor:

Mario Castaneda's article, "Recalling a Sunrise and a Sunset," was very heartwarming (The Downey Patriot, 11/14/19). It was awesome of him to share such an intimate moment in his life and his mother's in order for the readers to appreciate it.

His article was very relatable and showed a piece of life that we can all agree is a pleasant one. Despite the hardships life brings, his mother left him with moments like these so that Mr. Castaneda can look back at with a smile on his face.

Moments like these are arguably ones that will always stay with us. It is important to be able to recall that past as moments in our life that were once the best in our lives. People can claim that remembering moments like these can only hurt you and should be kept in the past for reasons like it can be saddening or unfortunate.

While these statements are not so far from the truth, it is proven here with this article that memories like these are supposed to keep us happy and help us move forward in life.

**Jose Juarez Paramount**

## Impeding traffic

Dear Editor:

On Nov. 5, there was a letter to the editor published by Darlene Roberson ("Impeding Traffic?"). Though it may seem ridiculous and unnecessary for the motorcycle officer to have given Darlene a ticket for impeding traffic while already in the middle of a huge bumper to bumper traffic jam, the police officer had all the right to do so.

By law, impeding traffic is typically defined when not operating a vehicle reasonably, so as to block the normal flow of traffic. So when Darlene decided that it was okay for her granddaughter to get out of the car to go to school, in the middle of a traffic jam, she by definition impeded whatever flow the traffic had at that time, technically breaking the law.

Yes, it is understandable why she is frustrated since there were other people doing much worse that morning in the traffic jam, but just because what she did seemed much more minor than the other offenses around her does not make it any less illegal or justified in any way.

**Bricely Yepes Downey**

## Landlords need empathy

Dear Editor:

After a series of heated arguments at the Downey City Council about rent control, some elephants in the room are yet to be discussed.

Although total freedom is an old fantasy and a capitalist utopian vision for tomorrow, the landlords' arguments are weak. Society is coming to grips with the idea that healthcare and housing are two things that supply and demand alone cannot be allowed to dictate. If supply and demand is the only bellwether, then why not allow apartment owners to advertise their units as vacant even though they are not? If there are 10 applicants for a one-bedroom apartment, why not allow landlords to set-up an auction pinning the applicants against each other and the current tenant if the unit is not vacant?

It's cruel to do so, that's why not. Apartment owners should conform to rent increases that are related to opportunity increases. Landlords automatically think that an increase in income represents the perfect time to raise the rent. It doesn't. For renters, an increase in income means a better chance on catching up on credit payments with lofty interest rates, buying much-needed products and services, or saving money for a rainy day. Disposable income is a concept that should be respected and understood more not a resource pillaged by landlords. Renters need money to buy time. Extra money buys time to be better parents, friends, and workers. What good is it to set rent prices at levels where tenants only work and sleep? Society pays the price for the consequences of this while landlords smile all the way to the bank.

Why should a landlord care about renters' standard of living? If the price of food, clothing, and services rises at the same time rent rises — which they almost always do — how will renters be able to pay the rent? They will not, and more families will resort to cramming themselves into converted garages, one-bedroom apartments with other families, or renting RVs to park along the city's streets.

I recently heard about the growing black-market for motorhome rentals. The rents for GPS equipped motorhomes are priced a few hundred dollars a month lower than what a one-bedroom goes for. I've also observed behavior in society that supports landlords' desire to raise rents. Landlords feel that renters are financially hopeless beings. They hear about renters over-spending on quinceaneras, \$20 and \$30 lottery scratchers, theme park tickets, leases on fancy cars and big trucks, alcohol, and many nights out at local restaurants and bars. Some landlords sift through apartment garbage bins to get a good profile of how renters behave. Believe it.

In the gig economy, incomes are going up, but the physical toll on workers is up as well. The jobs renters do are often seasonal and inconsistent, healthcare costs are unknown, and gas can suddenly jump by fifty cents a gallon in Los Angeles. We all know that. Childcare is not cheap. Without disposable income, how can parents decide to spend the money on spending time with their kids? Kids who do not spend time with their parents are put at a disadvantage early on in life. Parents who do not spend time with their kids never get to hone their parenting skills and become excellent parents. This is the price landlords are charging society by demanding unfettered freedom to raise rents.

The concept of being a landlord is begging to be redefined. Landlords need to be taught empathy and concern for tenants. They should not be satisfied with the idea that renters are probably going to be renters for life so long as they can keep their foot on their throats with rent increases every year. Ideally, landlords should be made to keep prices stable for at least 5 years from the time a tenant moves-in. A five-year window provides tranquility, instills hope and determination, and it could be enough time for families to plan their financial moves accordingly and get out of the vicious renter's cycle with a home purchase. For all we know, a five-year window for renters may lead to the formation of nonprofits focused on helping renters become solvent enough to buy homes.

**Daniel Chantre Downey**

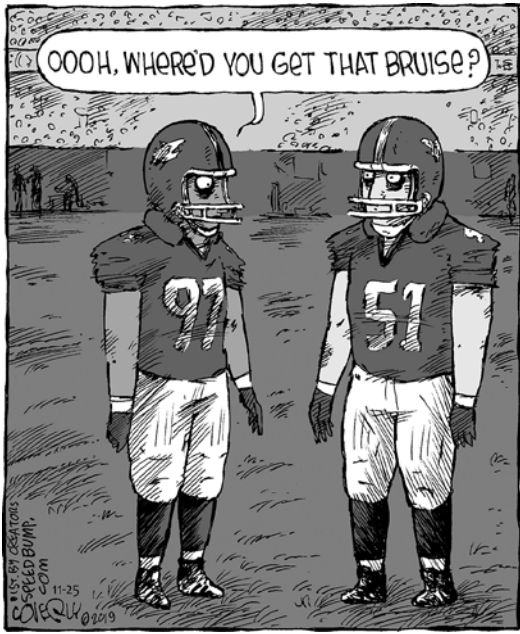
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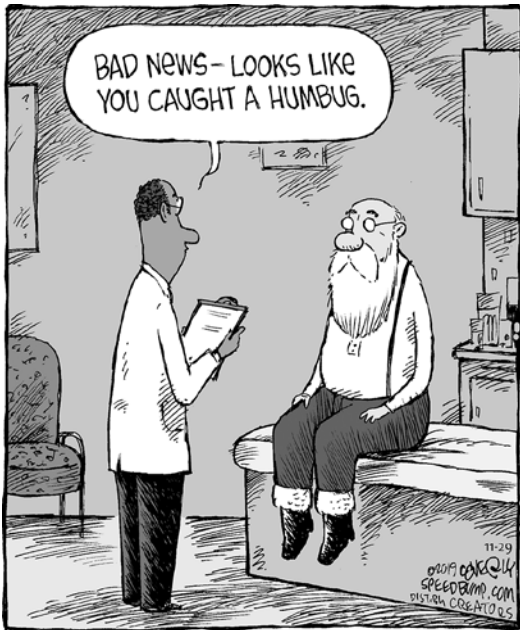
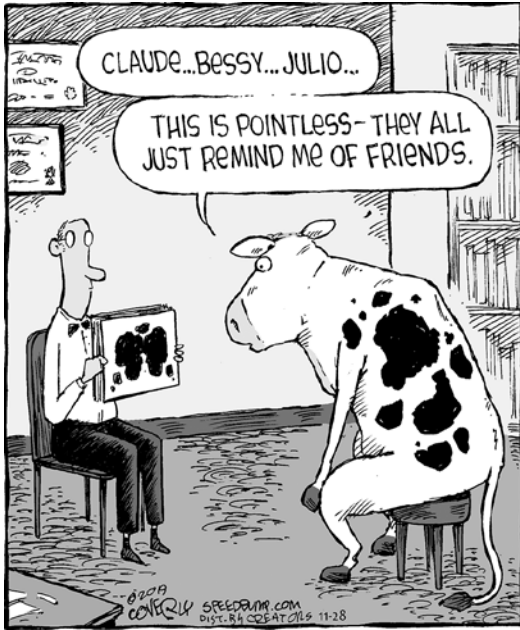
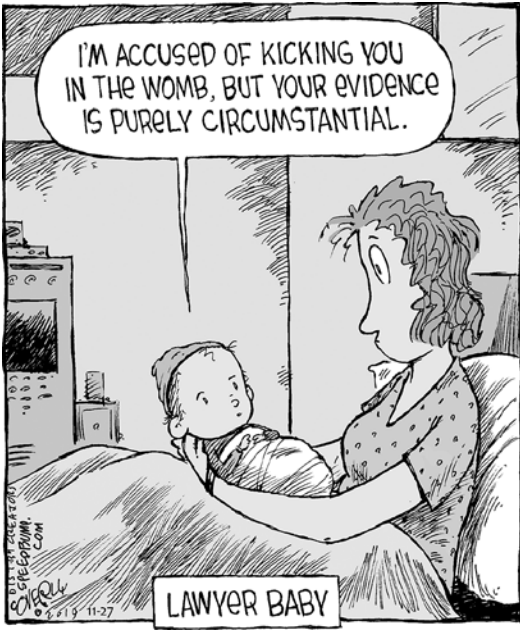
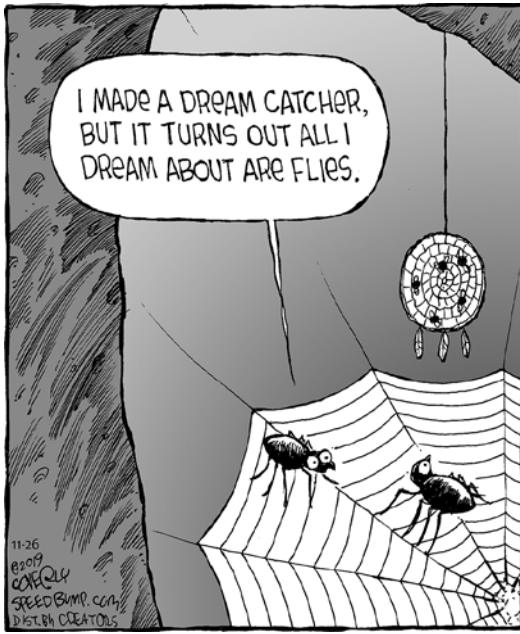
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## SPEED BUMP



## DAVE COVERLY



# Downey Community Calendar

### CITY MEETINGS

1st & 3rd Wednesday, 6:30pm: Planning Commission, Council Chamber at City Hall.  
 1st Tue., 4:00pm.: Recreation and Community Services Commission, Council Chamber, City Hall.  
 2nd & 4th Tue., 6:30pm: City Council, Council Chamber.  
 3rd Tue., 6:30pm: Library Advisory Board, at Downey City Library.  
 3rd Thurs., 6:30pm: CERT, at Downey City Council Chamber at City Hall, for more info call 299-5462.  
 4th Mon., 5 pm: Green Task Force, at City Hall.

### Regularly Scheduled Meetings

#### MONDAYS

7 pm: Boy Scout Troop 2, at Downey United Methodist Church, call 869-6478.  
 4:30 pm: Courage Forward Meeting, at 10829 New St, 2nd Floor, call 213-545-6810.  
 2nd Mon., 11 am: American Legion Auxiliary #270, at United Methodist Church, call 304-3439.  
 3rd Mon., 11:30 am: Downey Newcomers Club, call Marilyn 928-2623.  
 4th Mon., 7:30 pm: Downey Numismatists, at Downey Retirement Center, call 862-6666.

#### TUESDAYS

9 am: Quilters group, at Good Shepherd Lutheran Church, call 803-4459.  
 9:30 am: Downey Seniors Club, at Apollo Park, call Irene Vallini at 328-7039.  
 10 am: Downey Bocce Club, at 7850 Quill Drive, call John Fiorenza at 652-4399.  
 12 pm: Rotary Club, at Rio Hondo Events Center, call Nate Mahoney 416-1826.  
 6 pm: Toastmasters Club 587, at First Baptist Church, contact Salvador Cervantes: tmsalcpuede@gmail.com.  
 7 pm: Downey Knights of Columbus Bingo, at 11231 Rives Ave., call 923-1932.  
 7 pm: Healing Room and Prayer, at Desert Reign Church 11610 Lakewood Blvd, call 861-6011.  
 7:30 pm: Downey Master Chorale, at Cornerstone Church, contact info@downeymasterchorale.org.  
 1st Tues., 7:30 am: Gangs Out of Downey, at City Hall training room.  
 2nd Tues., 6 pm: Downey Fly Fishers, at Apollo Park, call 425-7936.  
 3rd Tues., 6:30 pm: Community Emergency Response Team meeting, Fire station 1, 12222 Paramount.  
 3rd Tues., 6 pm: American Legion #270, at Sizzler Restaurant, call 544-0372.  
 Tues., Thurs. & Sat., 10 am: Downey Bocce Club, at 7850 Quill Drive, call John Fiorenza 652-4399

#### WEDNESDAYS

7 am: Kiwanis Club, at Rio Hondo Events Center, call Steve Roberson at 927-2626.  
 1 pm: Women's Bocce Club, at 7850 Quill Drive, call Marie Puch at 869-4366.  
 7 pm: Out Post 132 Royal Rangers, at Desert Reign Church, call 928-8000.  
 1st Wed., 11 am: Woman's Club of Downey, call Cheryl Olson 833-8954.  
 1st Wed., 11:30 am: Downey Coordinating Council, Community Center, call Bobbi Bruce 440-5416.  
 1st Wed., 7:30 pm: Downey Stamp Club, at Maude Price School cafeteria, call 928-3028.  
 2nd Wed., 11:30 am: Christian Women's Club, call Marilyn 928-2623.  
 2nd Wed., 3:30 pm: Keep Downey Beautiful, at City Hall, call 904-7102.  
 2nd Wed., 7:30 pm: Downey Model A Club, at Gallatin School Cafeteria, call 928-4132.  
 3rd Wed., Downey Dog Obedience Club, for information please call Gina 869-5213 or Valerie 420-2972.  
 3rd Wed., 10 am: Los Angeles County Quilters Guild, at Women's Club, call 860-8821 or 927-3635.  
 3rd Wed., 10 am: OLPH Women's Guild, at OLPH School Auditorium, contact Melodie Santana, (562) 806-3102.  
 3rd Wed., 6:30 pm: Sister Cities of Downey, at Barabara Riley Senior Center, call Gloria Nezahualcoyotl (562) 776-6136.  
 4th Wed., 7:30 pm: US Coast Guard Aux. Flotilla 5-10, First Presbyterian Church, call Brian 419-5420.  
 Wed. & Fri., 10:15 am: Senior Bingo, at Apollo Park, call 904-7223

#### THURSDAYS

7:30 am: Connections Networking, at Bob's Big Boy, for info., call Nick Smith, 861-5222.  
 7:30 am.: Soroptimist Int'l of Downey, for information, call Mia Vasquez, 806-3217.  
 9 am: Crafters group, at Good Shepherd Lutheran Church, call 803-4459.  
 9:30 am: Take off Pounds Sensibly, at Barabara Riley Senior Center, call (800) 932-8677.  
 12 pm: Kiwanis Club of Downey, at Rio Hondo Events Center, call Roy Jimenez 923-0971.  
 12 pm: Optimist Club of Downey, at Rio Hondo Events Center.  
 6:30 pm: Downey United Masonic Lodge # 220, 8244 3rd St., call 862-4176.  
 7 pm: Troop 351, Boy Scouts of America, at First Baptist Church, call 776-3388.  
 7:30 pm: Downey Elks Lodge #2020, call 803-3557.  
 1st Thurs., 12:00 pm: Downey Christian & Professional Luncheon, Sizzler's Restaurant, call James 310-1335.  
 1st Thurs., 7:30 pm.: The Downey Amateur Radio Club, at First Baptist Church room 120.  
 2nd Thurs., 7:30 pm: Beaming Rebel Foxes Collectors Club, call Carl D. Jones at 923-2400.  
 2nd & 4th Thurs., 6:30 pm: Downey Lions Club, at Mimi's, call Lenora (310) 283-9825.  
 3rd Thurs., 4 pm: Public Works Committee, at City Hall Training Room.  
 3rd Thurs., 6 pm: Downey CIPAC, at Sizzler's Restaurant, call Rich Tuttle 413-6045.  
 4th Thurs., 10 am: Assistance League, at Casa De Parley Johnson, call 869-0232.  
 4th Thurs., 7:30 pm: Downey Historical Society programs, at Community Center, call 862-2777.

#### FRIDAYS

7:30 am: Pro Networkers, at Mimi's Cafe, call Barbara Briley Beard at 869-7618.  
 3rd Fri., 8:30 am: Women's "In His Glory" Ministry at Los Amigos C. C. 622-3785.

#### SATURDAYS

9 am: Farmers Market, Downey Avenue at 3rd Street, call 904-7246.  
 4th Sat., 12:00 pm: Downey Arts Coalition, email contact@downeyarts.org.

## On This Day...

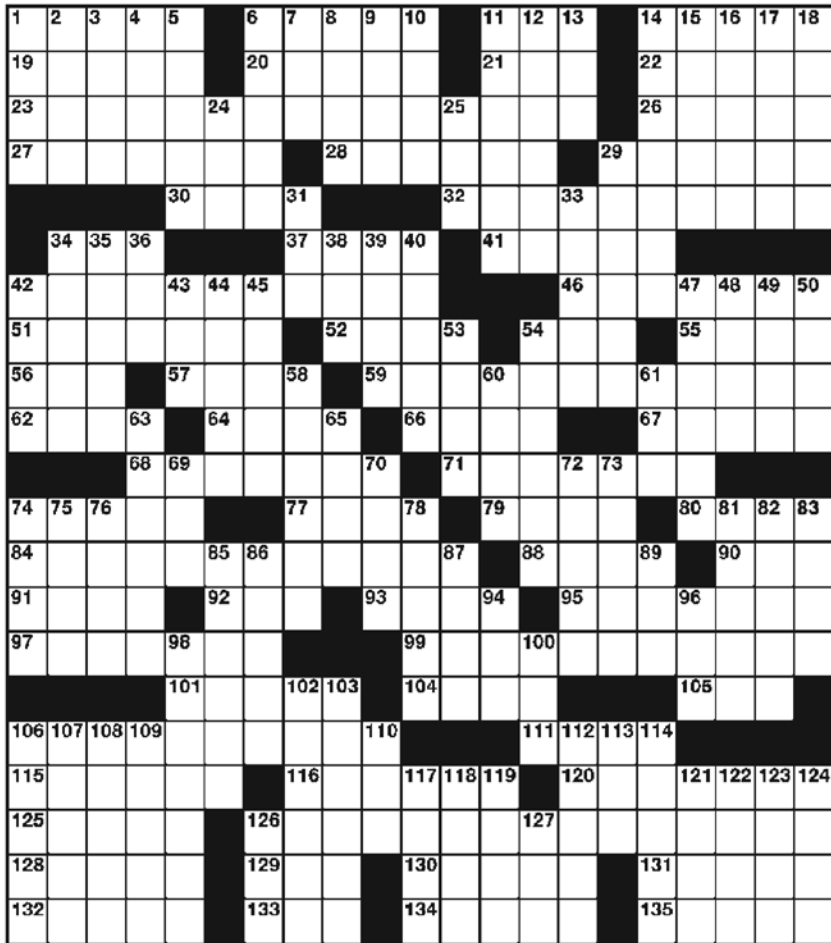
**Nov. 28, 1943:** U.S. President Franklin D. Roosevelt, British Prime Minister Winston Churchill and Soviet Leader Joseph Stalin met in Tehran to map out strategy concerning World War II.  
**1963:** U.S. President Johnson announced that Cape Canaveral would be renamed Cape Kennedy in honor of his assassinated predecessor. The name was changed back to Cape Canaveral in 1973 by a vote of residents.  
**1964:** The U.S. launched the space probe Mariner IV from Cape Kennedy on a course set for Mars.  
**2010:** WikiLeaks released to the public more than 250,000 U.S. diplomatic cables. About 100,000 were marked "secret" or "confidential."

## THE NEWSDAY CROSSWORD

Edited by Stanley Newman (www.StanXwords.com)  
**LETTER CARRIERS:** For which one-letter clues will do  
 by Gail Grabowski

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| <b>ACROSS</b> | 1 Long French river | 6 Pulls with force | 11 Traveler's app | 14 Work on a wall | 19 Footnote abbr. | 20 Heart chambers | 21 ___ and aah | 22 In unison | 23 H | 26 Great enthusiasm | 27 Where a touchdown happens | 28 Word hollered in ... Streetcar ... | 29 Sound judgment | 30 PlayStation maker | 32 E | 34 Not a lot | 37 Cardinal point | 41 Property crime | 42 V | 46 Chinese cuisine staples | 51 Bodysuit | 52 Bed size | 54 Belittle, so to speak | 55 "Zip-_-Doo-Dah" | 56 Light touch | 57 Winter Games vehicle | 59 O | 62 Czech or Slovakian | 64 Recites | 66 Actress Delany | 67 Altdois alternative | 68 Springsteen's ___ Band | 71 Like Miss Porter's prep school | 74 Places to hibernate | 77 Young deer | 79 Knitter's need | 80 Chef's pinch | 84 N | 88 Be an omen of | 90 London lav | 91 School near Windsor Castle | 92 Verizon ISP | 93 German tennis great | 95 Smart aleck | 97 Rat Pack leader | 99 A | 101 Dustin's <i>Midnight Cowboy</i> role | 104 Leave rolling in the aisles | 105 "Finder's" charge | 106 H | 111 Roof gutter site | 115 Request politely | 116 Camel cousins | 120 Register reading | 125 Deceptive move | 126 C | 128 Public persona | 129 "Annabel Lee" poet | 130 Serbian-born tennis great | 131 Old-time news source | 132 Church council | 133 ___ Arbor, MI | 134 Wee hr. | 135 Looks after | 14 Purplish hue | 15 Customary | 16 Martin's vermouth partner | 17 Playwright Chekhov | 18 Spaghetti western director | 24 Yoko ___ | 25 Out of sorts | 29 Most widespread | 31 Longing | 33 Lacking enthusiasm | 34 Not subject to haggling | 35 Musical set in Buenos Aires | 36 Clever one | 38 L.L.D. holder | 39 Wields a needle | 40 Gave it a go | 42 Espresso servings | 43 Low-___ cola | 44 Potpie part | 45 Creator of Tarzan and Jane | 47 Talent show groups | 48 Savory stimulus | 49 Little bit of progress | 50 Gets the gist of | 53 University sports org. | 54 CS/ analysis site | 58 All that can be viewed | 60 Nothing more than | 61 Text-scanning technology: Abbr. | 63 Juliet's home | 65 Briny expanses | 69 IRS ID | 70 Piece of a nest | 72 Dog's warning | 73 Non-studio, for short | 74 Tells tales | 75 Prefix for virus | 76 Smartphone symbol | 78 Societal expectations | 81 Pool owner's concern | 82 Scoundrel | 83 Some trains, trucks and tractors | 85 Decanter kin | 86 Not at all eager | 87 Catch red-handed | 89 PC bailout key | 94 OTC med regulator | 96 Arctic assistant | 98 Introduced, with "out" | 100 Darken or lighten, say | 102 Oater brawl setting | 103 Getty, Rockefeller, etc. | 106 '60s stereotypes | 107 Antagonist | 108 Of interest to Audubon | 109 Dog from Down Under | 110 Zodiac beast | 112 Bottomless pit | 113 Actor Kilmer | 114 Construct on a lot | 117 Is forced to | 118 From scratch | 119 Cylindrical structure | 121 Part of TLC | 122 Valhalla boss | 123 Home document | 124 Is blunderful | 126 Tax prep pro | 127 Drink served with sushi |
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| 76 Smartphone symbol                | 96 Arctic assistant          | 113 Actor Kilmer            |
| 78 Societal expectations            | 98 Introduced, with "out"    | 114 Construct on a lot      |
| 81 Pool owner's concern             | 100 Darken or lighten, say   | 117 Is forced to            |
| 82 Scoundrel                        | 102 Oater brawl setting      | 118 From scratch            |
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| 74 Tells tales                      | 110 Zodiac beast             | 126 Tax prep pro            |
| 75 Prefix for virus                 | 112 Bottomless pit           | 127 Drink served with sushi |

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**You can contact puzzle editor Stanley Newman at his e-mail address: StanXwords@aol.com. Or write him at P.O. Box 69, Massapequa Park, NY 11762. Please send a self-addressed, stamped envelope if you'd like a reply.**

At a length of 629 miles, the LOIRE (1 Across), is France's longest river. Unlike a leotard, a LINGARD (51 Across) has long legs. Bruce Springsteen's E STREET Band (68 Across) was named for the address of keyboarder David Sancious' mother, who let the band rehearse in her garage.



Reach Stan Newman at P.O. Box 69, Massapequa Park, NY 11762, or at www.StanXwords.com

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# John Vincent, a Downey icon, is remembered fondly at his memorial service

By Lorine Parks  
Society Columnist

**DOWNEY** - Clear skies, after a slight rain. Friends congregated on Friday at Our Lady of Perpetual Help Church to say their goodbyes to John Vincent, 98, Downey historian, teacher, rock hound, musician, artifact-keeper and poet extraordinaire.

Friends showed the many facets of John's Renaissance mind. The Downey Historical Society was well represented by President Bob Thompson, reporter Bobbi Bruce and Treasurer Frank Williams. John was president-emeritus of the Society where he served for 27 years, and he brought all the enthusiasm of a Chippewa Falls, Wisconsin transplant in enjoying his newly adopted terrain.

"It's wonderful how involved John always was," said his long-time friend Rosalie Sciortino, "right till the end. He didn't resign as Rose Float President till he was 91. Downey was

his extended family." Friend Joyce Sherwin, of the Downey Symphonic Society, agreed.

Mike Prokop, Downey's "Mr. Rose Float," was there to honor John, a three-time president of the Downey Rose Float Association. Back in the day, the self-decorated self-funded all-volunteer entry won the Founders' Trophy in 1999 and the Volunteers' Trophy in the 1998 Rose Parades. It has continued to win many more since.

Music was central to John's life, and the service opened with the strains of Amazing Grace, and then The Lord's Prayer was sung. The altar was decorated with pumpkins and gourds for Thanksgiving and the fall harvest.

Long-time buddy and fellow musician Dr. Bob Flynn came. He and John would vie for a turn at the piano at the gatherings John hosted in his home on Wiley Burke Avenue. There were two occasions John especially

loved to commemorate: his own birthday on August 12, and St. Patrick's Day on March 17. His devoted housekeeper, Nellie Corrales, would always make sure there was an abundance of tender corned beef, with boiled cabbage and mustard to go with.

For John's birthday parties, he once served frozen ice cream drumsticks instead of the traditional dish of ice cream and cake. John celebrated by eating his with delight, pinkie finger extended.

An accomplished musician, at John's gatherings the highlight arrived when he sat at his piano and began playing Golden Oldies. Guests would call out a first line, and then all joined in to the best of their abilities.

"I first met John at an evening Downey Adult School music class," said Rosalie. "Everyone would sing a solo. I did Frank Sinatra and Glenn Miller hits, and John always sang something funny and quirky."

John had earlier been the leader in the Science Department at Santa Fe High School. In addition to his many other interests, John was a member of the Delvers Gem and Mineral Society, a Bellflower club dedicated to rocks, minerals, fossils, and lapidary skills.

At the reception at the Downey Women's Club, Bobbi Bruce remembered "coming here with John to the mineral shows. The rooms were filled with wonderful treasures."

At the graveside services, John's years of U.S. military service during World War II had been recalled. Taps was played and the carefully folded American flag was given into Nellie's keeping.

Now at the reception, "We

wanted to do something special for John," said housekeeper Nellie. "One last party for John's friends." After lemonade, salads and a selection of cold cuts and cheese for sandwiches, another friend circulated with cookies, chocolate with macadamia nuts, and chocolate chip. "Made by me - and Costco," she said. Grand.

"We haven't been able to get into the Historical Society building," said Bobbi. "We've been blocked because of the Measure S renovation work at Apollo Park. But President Bob thinks we'll be up to speed again pretty soon. For our January meeting we will try to have a memorial for John."

Table companions Carol and Olivia were enthusiastic about John's many accomplishments, like saving the original Speedee McDonald's from being demolished.

History of all kinds fascinated John, most importantly that of Downey. But he wasn't above using his prestige to perpetrate impish practical jokes. About 10 years ago, in his late eighties, he wrote a detailed article explaining that his street was named for Sir Wiley Burke, a British officer in WWII, who came to Downey "for his health," on the recommendation of General George Patton, of Third Army fame and who originally came from Pasadena.

The Downey Patriot dutifully printed it, and afterwards John had to admit, "a hoax. All of it, a hoax," he said.

John loved to play with words and his wry poems were often printed in the Downey Eagle when John Adams was the editor. Later when he submitted poems for the Poetry Matters column, they appeared in the Patriot.

The only off-key note for the day was the absence of Larry Latimer, who died unexpectedly this summer and whose non-presence was keenly felt. After Larry had been the president for nine years of the Aerospace Legacy Foundation, he was inspired by the Foundation's publication, "Downey's Aerospace History" written by Larry's successor and next ALF president Gerry Blackburn.

Mentored by John, Larry decided to write a definitive history of Downey, and that book was published by the Downey Historical Society in 2010 with profuse illustrations and vintage pictures.

Larry made sure that John was given credit as co-author. The book, already a classic, in fact is dedicated "to Mr. John Vincent."

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Downey Theatre presents:

**Sheila E**

Featuring Pete Escovedo  
Friday, December 13 8:00PM

One of life's constants for Sheila E. comes down to a simple phrase: follow the beat. Her impeccable inner rhythm is the pulse behind a trailblazing career that still knows no bounds. World-class drummer and percussionist whose credits read like chapters in a music history book: Marvin Gaye, Prince, Beyoncé, Diana Ross, Lionel Richie and Gloria Estefan. Sheila is a fearless multi-instrumentalist, as well as an actress, mentor, and philanthropist.

8435 Firestone Blvd.,  
Downey CA 90241  
Box Office (562) 861-8211  
[www.downeytheatre.com](http://www.downeytheatre.com)

Jona Capino, a sophomore dental student, was one of the UCLA representatives to the 2019 ASDA National Leadership Conference in Chicago last Nov. 1-3.

Every November, selected student leaders from every dental school attend this conference to network and learn more about their dental profession beyond the classroom.

The picture shows Jona with one of her satisfied patients at UCLA Dental Clinic.



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## DOWNEY HAPPENINGS

### SATURDAY, NOVEMBER 30

**Mobile Pet Vaccinations**, 11 am to 3 pm. Low cost pet vaccinations, deworming, microchips, flea and tick treatments courtesy of Spay Neuter Project LA. Iglesia Del Nazareno, 9520 Telegraph Rd.

### SUNDAY, DECEMBER 1

**5K Elf Run**, 9 am. Dress in your favorite elf attire for this fun 5K run/walk through Downey. Civic Center, 11111 Brookshire Ave.

**Christmas Parade**, 1 pm. Downey's annual Christmas Parade, put on by the Downey Chamber of Commerce. Downey Avenue, between Florence and 5th Street.

### THURSDAY, DECEMBER 5

**Capsule Lighting**, 5-8 pm. A new holiday tradition in Downey, join the Columbia Memorial Space Center as it lights up its space capsule for Christmas.

### FRIDAY, DECEMBER 6

**Omnium Presents**, 8-11 pm. A group exhibition featuring the works of five Southern California artists: Alexander Antezena, Amanda Santos, Bryn Riihimaki, Hadasa Castro and Josh Randall. Open to the public, free admission. Stay Gallery, 11140 Downey Ave.

**Big Boy**, 8 pm to 2 am. Big Boy is a Puerto Rican reggaeton and hip hop rapper. His album "The Phenomenon" was nominated for the 2003 Latin Grammy Awards for Best Rap/Hip-Hop Album. Tickets to see him live are \$25. Bajos Ultra Lounge, 7931 Firestone Blvd.

### SATURDAY, DECEMBER 7

**Christmas Boutique**, 10 am to 4 pm. Shop from a large selection of vendors selling candles, handmade gifts, vintage items, homemade slime, Lipsense, Scentsy, and more. Knights of Columbus, 11231 Rives Ave.

**Tree Lighting**, 1:30-5:30 pm. Join Mayor Pro Tem Blanca Pacheco in lighting the Christmas tree at the Promenade shopping center. Free food

### SOUTH DOWNEY ARTIST OF THE WEEK



Angelly Morales, an intermediate art student in 11th grade, drew this using pencil and prismacolor.

samples, raffles, children's activities, and pictures with Santa Claus.

**Medicare 101**, 2:30 pm. Medicare can be complicated. This seminar will help clarify the different parts of Medicare to help you make the right decision between multiple plans. AppleCare partners with 12 different plans. AppleCare Medical Group, 11525 Brookshire Ave., Suite 300.

**Pokemon Tournament**, 2:30 pm. Standard format tournament with a \$5 buy-in. All ages welcome, maximum 30 players. Prize payout is based on attendance. Psycho Turtle Collectibles, 8428 Telegraph Rd.

**Women's Christmas Tea**, 4 pm. A catered tea with guest speaker Darlene Sala from Guideposts International Ministries. The tea is open to all women 14 and older. Calvary Chapel Downey, 12808 Woodruff Ave.

### SUNDAY, DECEMBER 8

**Downey City Library 60th Anniversary Celebration**, 1-4 pm. Come take part in games, crafts, stories, face painting, guest speakers and hula dancers at the Columbia Memorial Space Center.

**Winter Dance Recital**, 2:30 pm. The Riverbank Ballet Folklorico presents its 2019 winter dance recital. \$7 at the door (cash only). Downey High School auditorium

**Alexis Valdes**, 5 pm. Cuban comedian Alexis Valdes performs his comedy show, "Tu Primo El Mono." Note that this performance is in Spanish only. Downey Theatre, 8435 Firestone Blvd.

### MONDAY, DECEMBER 9

**Tree-Lighting Ceremony**, 6 pm. Downey rings in the holiday season with its annual tree-lighting ceremony, featuring snow rides, games, and family activities. City Hall, 11111 Brookshire Ave.

**Holiday Family Night with Mr. and Mrs. Clause**, 6:30 p.m. Come spend an evening of family time with Santa and Mrs. Clause at the Columbia Memorial Space Center. Presented by the Downey City Library's Adult Literacy Program.

**Housing Resource Fair**, 6:30 pm. Come learn about your rights as tenants, including details on rent increases and homeless prevention services. Columbia Memorial Space Center, 12400 Columbia Way

### TUESDAY, DECEMBER 10

**Mayor Installation**, 6:30 pm. Blanca Pacheco is sworn-in as mayor of Downey for 2020. City Hall, 11111 Brookshire Ave.

### THURSDAY, DECEMBER 12

**Book Lovers Club**, 12 pm. Join other book lovers in discussing "The Good Neighbor: The Life and Work of Mr. Rogers" by Maxwell King. Call (562) 904-7363 for locatoin.

**Rock en Vivo**, 8 pm. An art and music festival featuring live rock music. Ages 21 and older, \$10 cover. The Palms Steak & Seafood, 8060 Florence Ave.

### FRIDAY, DECEMBER 13

**Sheila E featuring Pete Escovedo**,

8 pm. Drummer, singer, songwriter, author and actress Sheila E performs live on stage. Downey Theatre, 8435 Firestone Blvd.

### SATURDAY, DECEMBER 14

**Vendo-Rama Pop-up Shop**, 11 am to 4 pm. Thirty-plus vendors selling food, clothing, home furnishings, toys, and one-of-a-kind items. St. Mark's Episcopal School, 10354 Downey Ave.

**Santa Paws**, 11 am to 1 pm. Have your pet photographed with Santa Claus for a \$10 donation, with proceeds benefiting SEAACA. Donation includes one 4x6 photo. Lazy Dog Restaurant, 8800 Apollo Way

### MONDAY, DECEMBER 16

**A Visit with Santa Claus**, 6-8 pm. There will be stories and treats at this free event hosted by the Downey City Library. Children will be able to sit on Santa's lap for a picture - don't forget your camera. All ages are welcome. Columbia Memorial Space Center, 12400 Columbia Way

### SATURDAY, DECEMBER 21

**Winter Wonderland**, 10 am to 3 pm. A free family event with music, games, face painting, arts and crafts, raffles, and photos with Santa Claus. Good Shepherd Lutheran Church, 13200 Columbia Way

**KidsCreate: Family Paint Day**, 10:30 am to noon. Enjoy a fun-filled day of painting and creativity with your little one(s). Make lasting memories & take home your works of art. One ticket includes: Child-friendly paint theme, guided workshop, two take-home canvases (for you and your child), paint brushes & paint supplies, snacks & refreshments. Each additional child or parent is \$15. Stay Gallery, 11140 Downey Ave.

### SATURDAY, DECEMBER 28

**Tribute Night**, 8 pm to 2 am. Food, DJs, vendors, ugly Christmas sweater party, and tributes to Interpol, The Strokes and The Cure. \$15 to get in. Epic Lounge, 8239 2nd St.

### TUESDAY, DECEMBER 31

**New Year's Eve Soiree**, 8 pm to 12 am. A 1920's themed party with live music by Synthesi. \$125 admission includes appetizers, open bar, and dinner. St. George's Greek Church, 10830 Downey Ave.

**Shake, Rattle & Rock**, 9 pm to 12 am. Ring in the New Year with entertainer Dean Z and music from Elvis Presley, The Beatles, Buddy Holly, Michael Jackson, and others. Downey Civic Theatre, 8435 Firestone Blvd.

### WEDNESDAY, JANUARY 8

**State of the City**, 12 pm. Listen as Councilman Rick Rodriguez presents Downey's State of the City address. RSVP with the Downey Chamber of Commerce. Rio Hondo Event Center, 10627 Old River School Rd.

### THURSDAY, JANUARY 9

**Book Lovers Club**, 12 pm. Join other book lovers in discussing "The Last Man" by Jane Harper. Call (562) 904-

7363 for locatoin.

### SATURDAY, JANUARY 18

**Keep Downey Beautiful Clean-Up**, 9 am. Join other volunteers in helping clean up the neighborhood. Meet in the Downtown Downey parking structure at 2nd Street and La Reina.

**Downey Symphony Concert**, 8 pm. Titled "Happy 250th, Beethoven!," this concert features a solo by pianist Sung Chang. Downey Theatre, 8435 Firestone Blvd.

### SUNDAY, JANUARY 19

**Briday Expo**, 12-4 pm. Meet vendors in the wedding industry and tour the ballrooms and reception halls available at Los Amigos Golf Course, 7295 Quill Dr.

### SATURDAY, FEBRUARY 15

**Keep Downey Beautiful Clean-Up**, 9 am. Join other volunteers in helping clean up the neighborhood. Meet in front of Western Pacific Pulp Paper, 9400 Hall Rd.

### SATURDAY, FEBRUARY 29

**Downey TLC 5K**, 9 am. A 5K run/walk to benefit the TLC Family Resource Center. Apollo Park, 12544 Rives Ave.

**OuterimCon**, 10 am. A oneday mini con presented by the Aerospace Legacy Foundation's speakers bureau. Columbia Memorial Space Center, 12400 Columbia Way

### THURSDAY, MARCH 5

**The Buddy Holly Story**, 8 pm. This production features the classic songs, "That'll Be the Day," "Not Fade Away," "Oh Boy," along with Ritchie Valens' "La Bamba" and The Big Boppers' "Chantilly Lace," plus more. Downey Theatre, 8435 Firestone Blvd.

### SATURDAY, MARCH 7

**Walk for Water**, 9 am to 1 pm. Join Downey High School's Thirst Project Club as they raise money and awareness regarding the global water crisis. Downey High football stadium, 11040 Brookshire Ave.

### THURSDAY, MARCH 19

**Carpenters Tribute Concert**, 8 pm. Sally Olson as Karen Carpenter and pianist Ned Mills as Richard Carpenter, backed up by some of Las Vegas' top musicians, celebrate the musical legacy of the Carpenters. Downey Theatre, 8435 Firestone Blvd.

### SUNDAY, MARCH 22

**Beauty & the Beast Sing-Along**, 2 pm. An interactive presentation of the Disney classic, with on-screen lyrics so the audience can sing along. Buy your tickets at the Downey Theatre box office. Downey Theatre, 8435 Firestone Blvd.

**Hall Of Fame Market & Deli**  
10846 Downey Ave.,  
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### SATURDAY, APRIL 4

**Willy Chirino in Concert**, 8 pm. Cuban-born vocalist and bandleader Willy Chirino helped create the "Miami sound" of salsa music. He's performing live in Downey. Downey Theatre, 8435 Firestone Blvd.

### SUNDAY, APRIL 5

**Willy Chirino in Concert**, 7 pm. Cuban-born vocalist and bandleader Willy Chirino helped create the "Miami sound" of salsa music. He's performing live in Downey. Downey Theatre, 8435 Firestone Blvd.

### SATURDAY, APRIL 11

**Downey Symphony Concert**, 8 pm. Titled "Sounds of America," this concert features a solo by percussionist Eric Guinivan. Downey Theatre, 8435 Firestone Blvd.

### SATURDAY, MAY 9

**Relay for Life**, 10 am. Downey Relay

for Life celebrates the 20th anniversary of its fight against cancer. This 24-hour event raises money for the American Cancer Society. Warren High School, 8141 De Palma St.

### SUNDAY, MAY 10

**Mariachi Los Camperos**, 3 pm. The two-time Grammy Award winning mariachi performs a special Mother's Day concert. Downey Theatre, 8435 Firestone Blvd.

### SUNDAY, JUNE 14

**'Grease' Sing-Along**, 7 pm. Fall in love with Olivia Newton-John and John Travolta all over again while singing along to all of the film's big hits. Downey Theatre, 8435 Firestone Blvd.

*Compiled by Eric Pierce. Some events may charge admission fees. Email calendar listings to eric@thedowneypatriot.com*

## POETRY MATTERS

### A Proclamation

The year that is drawing towards its close has been filled with the blessings of fruitful fields and healthful skies. In the midst of a civil war of unequalled magnitude and severity, needful diversions have not arrested the plough, the shuttle or the ship; the axe has enlarged the borders of our settlements, and the mines, as well of iron and coal as of the precious metals, have yielded even more abundantly than heretofore.

While that theatre has been greatly contracted by the advancing armies and navies of the Union, notwithstanding the waste that has been made in the camp, the siege and the battle-field; the country is permitted to expect continuance of years with large increase of freedom, the gracious gifts of the Most High God.

It has seemed to me fit and proper that they should be solemnly reverently and gratefully acknowledged as with one heart and one voice by the whole American People.

I do therefore invite my fellow citizens in every part of the United States and also those who are at sea and those who are sojourning in foreign lands to set apart and observe the last Thursday of November next, as a day of Thanksgiving and Praise to our beneficent Father who dwelleth in the Heavens.

We commend to His tender care all those who have become widows, orphans, mourners or sufferers in the lamentable civil strife and fervently implore the interposition of the Almighty Hand to heal the wounds of the nation and to restore it to the full enjoyment of peace, harmony, tranquility and Union.

**By the President: Abraham Lincoln**

George Washington was the first president to proclaim a day of thanksgiving, on October 3, 1789, exactly 74 years before Lincoln established a National Day of Thanksgiving in 1863. Poetry Matters is curated by Lorine Parks.

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# From a baby ballerina to teenage dancer

Janell Cobian started dancing at age 3. Next month, she stars in “The Nutcracker,” playing at the Downey Civic Theatre.

**DOWNEY** - Nearly 11 years ago, a big grinning, toothy three-year-old budding ballerina stepped into her first ballet class at the Southern California Dance Academy in Long Beach.

While never shy to dance away with some fairy wings, a magic tiara, and wand, little Janell Cobian stayed on the mellow side while her peers excitedly participated in weekly “Nutcracker” rehearsals. Soon, however, Janell caught the dancing bug herself and diligently came to the ballet classes that her teacher and academy director, Paula Vreulink, prescribed for her.

At the same time, her mom Janet signed Janell up for the show and soon Janell performed in her first “Nutcracker” role as a Mother Ginger BonBon. That same year, she made her stage dancing debut while swooping out from underneath the huge dress that her stage mom,

Mother Ginger, so proudly has donned since 1995.

Over the course of the years, Janell continued her training and danced in performances with the Southern California Dance Theatre. Janell climbed up through “The Nutcracker” role ranks and performed as a soldier in the battle scene, Snow Angel and as a party guest.

Once on pointe, Janell performed in several corps de ballet roles among them the magical snow scene and the melodic Waltz of the Flowers. Last year, all of Janell’s hard work paid off as she was featured in the prominent Clara role.

This year, all grown up and a freshman at Cabrillo High School in Long Beach, Janell has competed in the prestigious Youth America Grand Prix and California Dance Classics competitions.

Janell sums up her dedication

to the performing arts as follows: “I love to dance because it is an amazing art form and it will always be fun during all the hard work.”

And hard work it has been. Along with dancing in the Snow Corps de Ballet this year, Janell will be featured as the Spanish Lead Dancer on Saturday, December 21 at 7:30 pm and the Mirlton Lead Dancer, a whimsical dance in Act 2 serving up some delicious pastry on Sunday, December 22 at 2:30 pm.

“Janell’s strong technique makes her very competent to perform in both these leading roles” stated Ms. Paula, adding that it gives her much pride and joy to see little budding ballerinas such as Janell grow up to perform in these prominent roles.

This December, the Southern California Dance Theatre invites you to join Janell and the entire “Nutcracker” cast as they relive the tale of Clara dancing with mischievous rodents, pristine snowflakes, and the elegant Sugar Plum Fairy. Celebrate the spirit of the season as Clara takes a fragrant trip around a



Janell Cobian has danced since she was 3 years old. She will be featured in “The Nutcracker,” playing the Downey Theatre next month, Dec. 21-22.

delectable world with her magical Nutcracker Prince.

This family-friendly story is the perfect annual holiday

tradition to start with your family so order your tickets today.

For ticket information, call the Downey Theatre box

office at (562) 861-8211 or visit downeytheatre.org

## Downey man gets jail for recording police officers inside restroom

**DOWNEY** - A Downey man pleaded no contest to charges that he secretly videotaped police officers inside the bathroom of the Long Beach Police Department and was sentenced to six years in jail.

Sergio Nieto, 29, worked as a records clerk for the Long Beach Police Department. He was arrested last year on allegations he secretly filmed 69 co-workers using the restroom.

Prosecutors said Nieto made hundreds of videos over a two-year span.

In addition to jail time, Nieto was ordered to complete a year of sex compulsion counseling.

## SEAACA drops adoption fees

**DOWNEY** - SEAACA has temporarily dropped its adoption fees as it seeks to place pets into homes this holiday season.

Adoption fees are \$5 for cats age 8 weeks and older, and \$25 for dogs age 6 years and older. The fee includes spay/neuter, microchip identification, flea treatment, and first set of vaccinations.

The discounted fees are valid through Dec. 14.

## Stauffer students present ‘Elf Jr.’

**DOWNEY** - Stauffer Middle School’s Advanced Drama students will perform “Elf the Musical Jr.” next week in the school cafeteria.

Performances are at 4 p.m. and 7 p.m., Dec. 5-6. Admission is free.

The musical is directed by Mrs. Pyle.

## Free toys for kids

**DOWNEY** - Southern California Resource Services for Independent Living (SCRS-IL) is hosting a toy giveaway this holiday season.

The giveaway will take place Dec. 21 from 10 a.m. to noon for children ages 2-12.

To receive a toy, RSVP by Dec. 13 to (626) 587-5010. The child must be present at the giveaway, which will take place at the SCRS-IL offices at 7830 Quill Dr., suite D.

## Santa available for pet photos

**DOWNEY** - Santa Claus will be at Lazy Dog restaurant Saturday, Dec. 14, from 11 a.m. to 1 p.m. for photos with pets.

Cost is \$10 and includes one 4x6 printed photo.

Proceeds will benefit homeless pets at SEAACA.

# LEGALS

### FICT. BUS NAME

**FICTITIOUS BUSINESS NAME STATEMENT**  
**File Number 2019281345**  
 THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: (1) CELESTIAL'S VANITY, 10241 WESTERN AVE APT E, DOWNEY CA 90241, LA COUNTY  
 Articles of Incorporation or Organization Number (if applicable): AI #ON: N/A  
 REGISTERED OWNERS(S): (1) CELESTUEZADA, 10241 WESTERN AVE. APT. E, DOWNEY CA 90241  
 State of Incorporation: N/A  
 THIS BUSINESS IS CONDUCTED BY: an Individual  
 The date registrant started to transact business under the fictitious business name or names listed above: N/A  
 I declare that all the information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).  
 S/ CELESTUEZADA  
 This statement was filed with the County Clerk of Los Angeles on OCTOBER 23, 2019  
 Notice - In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form.  
 The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State or Common Law (see Section 14411 et seq., Business and Professions Code).

**The Downey Patriot**  
 11/7/19, 11/14/19, 11/21/19, 11/28/19

**FICTITIOUS BUSINESS NAME STATEMENT**  
**File Number 2019290381**  
 THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: (1) ALL CITY POOL & REPAIR SERVICE, 8551 EUCALYPTUS ST., DOWNEY CA 90242, LA COUNTY  
 Articles of Incorporation or Organization Number (if applicable): AI #ON: N/A  
 REGISTERED OWNERS(S): (1) JONATHAN VICENTE, 8551 EUCALYPTUS ST., DOWNEY CA 90242  
 State of Incorporation: N/A  
 THIS BUSINESS IS CONDUCTED BY: an Individual  
 The date registrant started to transact business under the fictitious business name or names listed above: 09/2014  
 I declare that all the information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).  
 S/ JONATHAN VICENTE, OWNER  
 This statement was filed with the County Clerk of Los Angeles on NOVEMBER 4, 2019  
 Notice - In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form.  
 The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of

another under Federal, State or Common Law (see Section 14411 et seq., Business and Professions Code).

**The Downey Patriot**  
 11/21/19, 11/28/19, 12/5/19, 12/12/19

**FICTITIOUS BUSINESS NAME STATEMENT**  
**File Number 2019300918**  
 THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: (1) TEMPLE EXECUTIVE PROTECTION, 9349 PIONEER BLVD APT 103, SANTA FE SPRINGS CA 90670, LA COUNTY  
 Articles of Incorporation or Organization Number (if applicable): AI #ON: N/A  
 REGISTERED OWNERS(S): (1) RICHARD RODRIGUEZ, 9349 PIONEER BLVD APT 103, SANTA FE SPRINGS CA 90670  
 State of Incorporation: N/A  
 THIS BUSINESS IS CONDUCTED BY: an Individual  
 The date registrant started to transact business under the fictitious business name or names listed above: 11/2019  
 I declare that all the information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).  
 S/ RICHARD RODRIGUEZ, OWNER  
 This statement was filed with the County Clerk of Los Angeles on NOVEMBER 15, 2019  
 Notice - In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form.  
 The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State or Common Law (see Section 14411 et seq., Business and Professions Code).

**The Downey Patriot**  
 11/21/19, 11/28/19, 12/5/19, 12/12/19

**FICTITIOUS BUSINESS NAME STATEMENT**  
**File Number 2019296289**  
 THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: (1) TREVIZO TRUCKING, 13820 ACTINA AVE, BELLFLOWER CA 90706, LA COUNTY  
 Articles of Incorporation or Organization Number (if applicable): AI #ON: N/A  
 REGISTERED OWNERS(S): (1) ALDO E TREVIZO, 13820 ACTINA AVE, BELLFLOWER CA 90706  
 State of Incorporation: N/A  
 THIS BUSINESS IS CONDUCTED BY: an Individual  
 The date registrant started to transact business under the fictitious business name or names listed above: N/A  
 I declare that all the information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).  
 S/ ALDO E TREVIZO, OWNER  
 This statement was filed with the County Clerk of Los Angeles on NOVEMBER 12, 2019  
 Notice - In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business

Name Statement must be accompanied by the affidavit of identity form.  
 The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State or Common Law (see Section 14411 et seq., Business and Professions Code).

**The Downey Patriot**  
 11/21/19, 11/28/19, 12/5/19, 12/12/19

**STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME**  
**File Number 2019299438**  
 FILE NO: 2018111599 DATE FILED: MAY 7, 2018  
 NAME OF BUSINESS(ES): ARTEMIS OUTDOOR CO.  
 STREET ADDRESS, CITY, STATE, ZIP CODE: 10529 KAUFFMAN AVE, SOUTH GATE, CA 90280  
 REGISTERED OWNERS(S): (1) NICOLE DAVENPORT, 10529 KAUFFMAN AVE, SOUTH GATE CA 90280  
 If Corporation or LLC - Print State of Incorporation/Organization: N/A  
 Business was conducted by: an Individual  
 I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).  
 S/NICOLE DAVENPORT, OWNER  
 This statement was filed with the County Clerk of Los Angeles on NOVEMBER 14, 2019

**The Downey Patriot**  
 11/21/19, 11/28/19, 12/5/19, 12/12/19

**STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME**  
**File Number 2019306535**  
 FILE NO: 2015248038 DATE FILED: SEPTEMBER 25, 2015  
 NAME OF BUSINESS(ES): JBK AUTO TRANSPORTS  
 STREET ADDRESS, CITY, STATE, ZIP CODE: 9826 WILEY BURKE AVE, DOWNEY, CA 90240  
 REGISTERED OWNERS(S): (1) BIPIN N. PATEL, 9826 WILEY BURKE AVE, DOWNEY CA 90240  
 If Corporation or LLC - Print State of Incorporation/Organization: N/A  
 Business was conducted by: an Individual  
 I declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).  
 S/BIPIN N. PATEL, OWNER  
 This statement was filed with the County Clerk of Los Angeles on NOVEMBER 22, 2019

**The Downey Patriot**  
 11/28/19, 12/5/19, 12/12/19, 12/19/19

**FICTITIOUS BUSINESS NAME STATEMENT**  
**File Number 2019307805**  
 THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: (1) SERVPRO OF VERNON (2) SERVPRO OF COMPTON, 12001 WOODRUFF AVE UNIT # A, DOWNEY CA 90241, LA COUNTY  
 Articles of Incorporation or Organization Number (if applicable): AI #ON: N/A  
 REGISTERED OWNERS(S): (1) TRC INVESTMENTS LLC, 12001 WOODRUFF AVE UNIT #A, DOWNEY CA 90241  
 State of Incorporation: CA  
 THIS BUSINESS IS CONDUCTED BY: a Limited Liability Company  
 The date registrant started to transact business under the fictitious business name or names listed above: 11/2019  
 I declare that all the information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).  
 S/TRC INVESTMENTS LLC, PRESIDENT, THOMAS HOGGE  
 This statement was filed with the County Clerk of Los Angeles on NOVEMBER 25, 2019  
 Notice - In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed

in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form.  
 The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State or Common Law (see Section 14411 et seq., Business and Professions Code).

**The Downey Patriot**  
 11/28/19, 12/5/19, 12/12/19, 12/19/19

**FICTITIOUS BUSINESS NAME STATEMENT**  
**File Number 2019291903**  
 THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: (1) COMMUNITY ENFORCEMENT PATROL PRIVATE SECURITY, 11600 PARAMOUNT BLVD SUITE D, DOWNEY CA 90241, LA COUNTY  
 Articles of Incorporation or Organization Number (if applicable): AI #ON: N/A  
 REGISTERED OWNERS(S): (1) ASTRID M OROZCO, 11600 PARAMOUNT BLVD SUITE D, DOWNEY CA 90241 (2) ADAM E OROZCO, 11600 PARAMOUNT BLVD SUITE D, DOWNEY CA 90241  
 State of Incorporation: N/A  
 THIS BUSINESS IS CONDUCTED BY: a Married Couple  
 The date registrant started to transact business under the fictitious business name or names listed above: 11/2019  
 I declare that all the information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).  
 S/ ADAM E OROZCO, HUSBAND  
 This statement was filed with the County Clerk of Los Angeles on NOVEMBER 5, 2019  
 Notice - In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form.  
 The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State or Common Law (see Section 14411 et seq., Business and Professions Code).

**The Downey Patriot**  
 11/28/19, 12/5/19, 12/12/19, 12/19/19

**FICTITIOUS BUSINESS NAME STATEMENT**  
**File Number 2019290064**  
 THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: (1) COCO CHANAILLS & SPA, 15590 WHITTWOOD LN, WHITTIER CA 90603, LA COUNTY  
 Articles of Incorporation or Organization Number (if applicable): AI #ON: N/A  
 REGISTERED OWNERS(S): (1) TRANG KIM DAI DANG, 12081 BROOKHAVEN PARK, GARDEN GROVE CA 92840  
 State of Incorporation: N/A  
 THIS BUSINESS IS CONDUCTED BY: an Individual  
 The date registrant started to transact business under the fictitious business name or names listed above: N/A  
 I declare that all the information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).  
 S/ TRANG KIM DAI DANG, OWNER  
 This statement was filed with the County Clerk of Los Angeles on NOVEMBER 4, 2019  
 Notice - In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form.  
 The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State or Common Law (see Section 14411 et seq., Business and Professions Code).

**The Downey Patriot**  
 11/7/19, 11/14/19, 11/21/19, 11/28/19

**STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME**  
**File Number 2019290540**  
 FILE NO: 2019271027 DATE FILED: OCTOBER 10, 2019  
 NAME OF BUSINESS(ES): MIA'S SHOES  
 STREET ADDRESS, CITY, STATE, ZIP CODE: 6713 MILTON AVE APT B, WHITTIER, CA 90601  
 REGISTERED OWNERS(S): (1) MIA BARRERA, 6713 MILTON AVE APT B, WHITTIER CA 90601  
 If Corporation or LLC - Print State of Incorporation/Organization: N/A  
 Business was conducted by: an Individual  
 I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.)  
 S/MIA BARRERA, OWNER  
 This statement was filed with the County Clerk of LOS ANGELES on NOVEMBER 4, 2019

**The Downey Patriot**  
 11/7/19, 11/14/19, 11/21/19, 11/28/19

**FICTITIOUS BUSINESS NAME STATEMENT**  
**File Number 2019305488**  
 THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: (1) ROJAS TRANSPORT, 15623 S WILLIAMS AVE, COMPTON CA 90221, LA COUNTY  
 Articles of Incorporation or Organization Number (if applicable): AI #ON: N/A  
 REGISTERED OWNERS(S): (1) FERMIN ROJAS JR, 15623 S WILLIAMS AVE, COMPTON CA 90221  
 State of Incorporation: N/A  
 THIS BUSINESS IS CONDUCTED BY: an Individual  
 The date registrant started to transact business under the fictitious business name or names listed above: N/A  
 I declare that all the information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).  
 S/ FERMIN ROJAS JR, OWNER  
 This statement was filed with the County Clerk of Los Angeles on NOVEMBER 21, 2019  
 Notice - In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form.  
 The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State or Common Law (see Section 14411 et seq., Business and Professions Code).

**The Downey Patriot**  
 11/28/19, 12/5/19, 12/12/19, 12/19/19

**FICTITIOUS BUSINESS NAME STATEMENT**  
**File Number 2019291901**  
 THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: (1) CEP SECURITY, 11600 PARAMOUNT BLVD SUITE D, DOWNEY CA 90241, LA COUNTY  
 Articles of Incorporation or Organization Number (if applicable): AI #ON: N/A  
 REGISTERED OWNERS(S): (1) ADAM E OROZCO, 11600 PARAMOUNT BLVD SUITE D, DOWNEY CA 90241  
 State of Incorporation: N/A  
 THIS BUSINESS IS CONDUCTED BY: an Individual  
 The date registrant started to transact business under the fictitious business name or names listed above: 11/2019  
 I declare that all the information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).  
 S/ ADAM E OROZCO, OWNER  
 This statement was filed with the County Clerk of Los Angeles on NOVEMBER 5, 2019  
 Notice - In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form.  
 The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State or Common Law (see Section 14411 et seq., Business and Professions Code).

**The Downey Patriot**  
 11/7/19, 11/14/19, 11/21/19, 11/28/19

**FICTITIOUS BUSINESS NAME STATEMENT**  
**File Number 2019276774**  
 THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: (1) THE TACO CART CATERING, 8506 RIVES AVE, DOWNEY CA 90240, LA COUNTY  
 Articles of Incorporation or Organization Number (if applicable): AI #ON: N/A  
 REGISTERED OWNERS(S): (1) JUAN LUIS DELACRUZ, 8506 RIVES AVE, DOWNEY CA 90240  
 State of Incorporation: N/A  
 THIS BUSINESS IS CONDUCTED BY: an Individual  
 The date registrant started to transact

Law (see Section 14411 et seq., Business and Professions Code).

**The Downey Patriot**  
 11/7/19, 11/14/19, 11/21/19, 11/28/19

**STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME**  
**File Number 2019306536**  
 FILE NO: 2016097024 DATE FILED: APRIL 20, 2016  
 NAME OF BUSINESS(ES): JBK AUTO TRANSPORTATION  
 STREET ADDRESS, CITY, STATE, ZIP CODE: 5280 E BEVERLY BLVD SUITE C386, LOS ANGELES, CA 90022  
 REGISTERED OWNERS(S): (1) JULIAN SONCINI, 5280 E BEVERLY BLVD SUITE C386, LOS ANGELES CA 90022  
 If Corporation or LLC - Print State of Incorporation/Organization: N/A  
 Business was conducted by: an Individual  
 I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.)  
 S/JULIAN SONCINI, PARTNER  
 This statement was filed with the County Clerk of LOS ANGELES on NOVEMBER 22, 2019

**The Downey Patriot**  
 11/28/19, 12/5/19, 12/12/19, 12/19/19

**FICTITIOUS BUSINESS NAME STATEMENT**  
**File Number 2019291901**  
 THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: (1) CEP SECURITY, 11600 PARAMOUNT BLVD SUITE D, DOWNEY CA 90241, LA COUNTY  
 Articles of Incorporation or Organization Number (if applicable): AI #ON: N/A  
 REGISTERED OWNERS(S): (1) ADAM E OROZCO, 11600 PARAMOUNT BLVD SUITE D, DOWNEY CA 90241  
 State of Incorporation: N/A  
 THIS BUSINESS IS CONDUCTED BY: an Individual  
 The date registrant started to transact business under the fictitious business name or names listed above: 11/2019  
 I declare that all the information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).  
 S/ ADAM E OROZCO, OWNER  
 This statement was filed with the County Clerk of Los Angeles on NOVEMBER 5, 2019  
 Notice - In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form.  
 The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State or Common Law (see Section 14411 et seq., Business and Professions Code).

**The Downey Patriot**  
 11/7/19, 11/14/19, 11/21/19, 11/28/19

**FICTITIOUS BUSINESS NAME STATEMENT**  
**File Number 2019276774**  
 THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: (1) THE TACO CART CATERING, 8506 RIVES AVE, DOWNEY CA 90240, LA COUNTY  
 Articles of Incorporation or Organization Number (if applicable): AI #ON: N/A  
 REGISTERED OWNERS(S): (1) JUAN LUIS DELACRUZ, 8506 RIVES AVE, DOWNEY CA 90240  
 State of Incorporation: N/A  
 THIS BUSINESS IS CONDUCTED BY: an Individual  
 The date registrant started to transact



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**NOTICES**

**SUPERIOR COURT OF CALIFORNIA, COUNTY OF LOS ANGELES ORDER TO SHOW CAUSE FOR CHANGE OF NAME**  
CASE NUMBER: 19STCP04874  
TO ALL INTERESTED PERSONS: PETITIONER MARGARITE IOANNIDIS filed a petition with this court for a decree changing names as follows:  
Present name (1) MARGARITE IOANNIDIS to Proposed name (1) RIA MARGARITE DENA IOANNIDIS  
THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.  
**NOTICE OF HEARING**  
Date: JANUARY 21, 2020, Time: 10:30 a.m., Department: 44, Room: 418  
The address of the court is 111 N. Hill Street, Los Angeles, CA 90012  
A copy of this Order to Show Cause shall be published at least once a week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in the county, **The Downey Patriot**, NOVEMBER 14, 2019  
Judge Edward B. Moreton, Jr. Judge Of The Superior Court  
Petitioner or Attorney, In Pro Per  
MARGARITE IOANNIDIS  
MARGARITE IOANNIDIS  
6908 PASSAIC STREET  
HUNTINGTON PARK, CA 90255  
310-488-9118

**NOTICES**

**SUPERIOR COURT OF CALIFORNIA, COUNTY OF LOS ANGELES ORDER TO SHOW CAUSE FOR CHANGE OF NAME**  
CASE NUMBER: 19NWCP00437  
TO ALL INTERESTED PERSONS: PETITIONER IOANNIS LIVANIS filed a petition with this court for a decree changing names as follows:  
Present name (1) IOANNIS LIVANIS to Proposed name (1) JOHN DEMETRIOS LIVANIS  
THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.  
**NOTICE OF HEARING**  
Date: JANUARY 29, 2020, Time: 1:30 p.m., Department: C, Room: 312  
The address of the court is 12720 Norwalk Blvd, Norwalk, CA 90650  
A copy of this Order to Show Cause shall be published at least once a week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in the county, **The Downey Patriot**, NOVEMBER 12, 2019  
Judge Margaret M. Bernal Judge Of The Superior Court  
Petitioner or Attorney, In Pro Per  
IOANNIS LIVANIS  
5503 MAYWOOD AVE.  
MAYWOOD, CA 90270  
323/327-1221

**NOTICES**

**SUPERIOR COURT OF CALIFORNIA, COUNTY OF LOS ANGELES ORDER TO SHOW CAUSE FOR CHANGE OF NAME**  
CASE NUMBER: 19NWCP00421  
TO ALL INTERESTED PERSONS: PETITIONER DONALD HADDAD filed a petition with this court for a decree changing names as follows:  
Present name (1) DONALD HADDAD to Proposed name (1) DONALD VANDERLIP  
THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.  
**NOTICE OF HEARING**  
Date: JANUARY 22, 2020, Time: 1:30 p.m., Department: C Room: N/A  
The address of the court is 12720 Norwalk Blvd., Rm. 101, Norwalk, California 90650  
A copy of this Order to Show Cause shall be published at least once a week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in the county, **Downey Patriot**, NOVEMBER 12, 2019  
Judge Margaret M. Bernal Judge Of The Superior Court  
Petitioner or Attorney, In Pro Per  
Donald Haddad  
9422 Florence  
Downey, CA 90240  
562-307-7445

**NOTICES**

**SUPERIOR COURT OF CALIFORNIA, COUNTY OF LOS ANGELES ORDER TO SHOW CAUSE FOR CHANGE OF NAME**  
CASE NUMBER: 19NWCP00412  
TO ALL INTERESTED PERSONS: PETITIONER RAQUEL ORTEGA filed a petition with this court for a decree changing names as follows:  
Present name (1) RAQUEL ORTEGA to Proposed name (1) RAQUEL JACKSON  
THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.  
**NOTICE OF HEARING**  
Date: JANUARY 15, 2020, Time: 1:30 p.m., Department: C Room: 312  
The address of the court is 12720 Norwalk Blvd, Norwalk 90650  
A copy of this Order to Show Cause shall be published at least once a week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in the county, **The Downey Patriot**, NOVEMBER 4, 2019  
Judge Margaret M. Bernal Judge Of The Superior Court  
Petitioner or Attorney, In Pro Per  
Raquel Ortega  
7724 Botany Street  
Downey, CA 90240  
562-370-3817

**TRUSTEE SALES**

T.S. No. 076494-CA APN: 6362-006-014  
**NOTICE OF TRUSTEE'S SALE**  
IMPORTANT NOTICE TO PROPERTY OWNER: YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED 1/25/2018. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER ON 12/5/2019 at 9:00 AM, CLEAR RECON CORP, as duly appointed trustee under and pursuant to Deed of Trust recorded 2/1/2018, as Instrument No. 20180108833, of Official Records in the office of the County Recorder of Los Angeles County, State of CALIFORNIA executed by: HENRY L. MONDAY, JR., A SINGLE MAN WILL SELL AT PUBLIC AUCTION TO HIGHEST BIDDER FOR CASH, CASHIER'S CHECK DRAWN ON A STATE OR NATIONAL BANK, A CHECK DRAWN BY A STATE OR FEDERAL CREDIT UNION, OR A CHECK DRAWN BY A STATE OR FEDERAL SAVINGS AND LOAN ASSOCIATION, SAVINGS ASSOCIATION, OR SAVINGS BANK SPECIFIED IN SECTION 5102 OF THE FINANCIAL CODE AND AUTHORIZED TO DO BUSINESS IN THIS STATE: VINEYARD BALLROOM, DOUBLETREE HOTEL LOS ANGELES - NORWALK, 13111 SYCAMORE DRIVE, NORWALK, CA 90650 all right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County and State described as: MORE FULLY DESCRIBED ON SAID DEED OF TRUST The street address and other common designation, if any, of the real property described above is purported to be: 9354 STAMPS AVENUE DOWNEY, CALIFORNIA 90240 The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be held, but without covenant or warranty, express or implied, regarding title, possession, condition, or encumbrances, including fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust, to pay the remaining principal sums of the note(s) secured by said Deed of Trust. The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is: \$640,786.02 If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee, and the successful bidder shall have no further recourse. The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale, and a written Notice of Default and Election to Sell. The undersigned or its predecessor caused said Notice of Default and Election to Sell to be recorded in the county where the real property is located, NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call (800) 280-2832 or visit this Internet Web site WWW.AUCTION.COM, using the file number assigned to this case 076494-CA. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. FOR SALES INFORMATION: (800) 280-2832 CLEAR RECON CORP 4375 Jutland Drive San Diego, California 92117

**STOX 922651**  
**The Downey Patriot**  
11/14/19, 11/21/19, 11/28/19

**LIEN SALES**

**NOTICE OF LIEN SALE**

NOTICE IS HEREBY GIVEN that the undersigned intends to sell the personal property described below to enforce a lien imposed on said property pursuant to Sections 21700-21716 of the CA Business and Professions Code, Section 2328 of CA Commercial Code, Sections 182.600-182.609, Section 1988 of CA Civil Code and Section 535 of the CA Penal Code.

The undersigned will sell at public sale by competitive bidding on Wednesday, the 18th day of December, 2019, at 10:00 AM, on the premises where said property including: household goods, tools, electronics and personal effects, have been stored and which are located at Paramount Self Storage, 8160 E. Rosecrans Ave, Paramount, 90723, County of Los Angeles, State of California, the following:

Name	Unit #
Otoniel V Valdez	1567
Ana Castro	1407
Allan Jun Cobar	2037
Taveonte Art Emmanuel	2514
Veronica Hernandez	1416
Andrea Hollingsworth	2993
Eneredya Iribre	1357
Diana Lopez	1024
Mary McKinley	5002
Alexandra Mercado	2108
Antonio Ontiveros	1059
Jose R. Reynosa	2615
Starr Richardson	2648
Norma Rodriguez	2430
Yvette Salazar	2602
Shenetha Washington	1303
Rose Mary Wright	1559
Masood Yazarlou	1577

Purchases must be paid for at the time of purchase in CASH ONLY. All purchased items sold as is, where is and must be removed at the time of sale. Sale subject to cancellation in the event of settlement between Owner and obligated party.

Dated this 28th Day of November 2019 and 5th Day of December 2019.  
Self Storage Management Company  
Bond #: WL11254152

**The Downey Patriot**  
11/21/19, 11/28/19, 12/5/19, 12/12/19

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11/28/19, 12/5/19, 12/12/19, 12/19/19

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11/14/19, 11/21/19, 11/28/19, 12/5/19

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11/28/19, 12/5/19, 12/12/19, 12/19/19

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11/28/19, 12/5/19, 12/12/19, 12/19/19

**Need to run a Legal Notice?**

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# L.A. County Supervisors approve legislation to prevent rent gouging

Continued from page 4

Requires property owners to register all tenancies annually through a web-based rental housing registry system.

Establishes a Rental Housing Oversight Commission to adjudicate matters related to rent

stabilization. The commission will consist of nine members, appointed by the Board of Supervisors, including two "renter members" and two "owner members."

The Los Angeles County Department of Consumer and Business Affairs (DCBA) and the Los Angeles County Development

Authority developed the recommendations for the new permanent tenant protections and will share in the enforcement of these ordinances.

"The Board of Supervisors has taken a number of critically important steps to protect the more than 100,000 men, women, and children who live and rent in unincorporated L.A. County," said Supervisor Sheila Kuehl.

"Contrary to popular beliefs, economic issues are the number one reason people become homeless. Many people are faced with astronomical rent increases and can't afford lawyers to fight them. The County's actions will help residents maintain affordable homes in stable communities, and stem the tide of people into homelessness."

"Skyrocketing rents are a huge factor driving our homelessness crisis. We have protections in place now that will protect renters and mobile home residents alike from unexpected rent hikes while still guaranteeing landlords a reasonable return on their investments," said Supervisor Janice Hahn.

"Today we send a message that housing is a human right, not a luxury," said Supervisor Hilda L. Solís, who represents a high proportion of renters on the Board of Supervisors.

"To keep our residents housed, we are taking all necessary steps to ensure we have well-informed policies and strong implementation systems in place. This includes an oversight commission, a rental

registry, relocation assistance, proper staffing levels, technical capacity, as well as other components to make the policies and programs whole.

"It is crucial that the permanent ordinance provide relocation assistance and benefits to renters who are temporarily displaced or face no-fault eviction. Continued stakeholder input will provide additional safeguards for vulnerable families and individuals. We have come too far as a society to not take all necessary steps to ensure dignity for all."

"Over 77 percent of County renters are rent burdened, meaning they pay more than 30 percent of their earnings for housing each month," said Joseph M. Nicchitta, Director of the Department of Consumer and Business Affairs.

"The Board of Supervisors' actions today will protect those renters most likely to be displaced by high rent increases. While we look forward to the opportunity to expand our tenant protection services, we are committed to operating a fair program that works for both landlords, mobilehome park owners, and residents."

"The County of Los Angeles' Interim and Permanent Rent Stabilization Ordinances will go a long way toward stemming the tremendous inflow of families that are falling into homelessness," said Monique King-Viehlend, Executive Director of the Los Angeles County Development Authority.

"These measures coupled with state legislation like SB 329 will help address the County's housing insecurity and homelessness crises. We are proud to have partnered with DCBA on the ordinance development and will continue to partner to ensure its effective implementation."

For more information about L.A. County's new tenant protections, or if you have questions regarding a landlord's rights and responsibilities, contact DCBA's Rent Stabilization program: (833) 223-RENT (7368)



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**SATURDAY, NOVEMBER 9**  
At approximately 2:00 am, an attempted street robbery occurred near Downey Avenue and 7th Street. Two males in dark clothing, one armed with a handgun, approached a male victim and demanded his property. A fight ensued and the suspects fled with no loss.

At approximately 2:05 am, a second street robbery occurred near Nance Street and Myrtle. Two suspects exited a black Mercedes and robbed the victims of their cell phones and wallets and fled the location. The suspects entered their vehicle and fled the location. Detectives are investigating.

Officers working the downtown area during the peak nighttime hours made one DUI arrest and issued several traffic citations and alcohol related Municipal Code citations.

**SUNDAY, NOVEMBER 10**  
Over the weekend a burglary occurred at Gaudin Elementary. An unknown suspect forced entry into a classroom and took 16 iPad tablets with an approximate value of \$6,000. Detectives are investigating.





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Real Estate Broker  
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(562) 500-1376  
I am a real estate broker and office manager



**Berkshire Hathaway HomeServices California Properties**  
Roger Vingino  
Realtor  
BRE #01125262  
(562) 472-8767  
Call Roger

**8141 E. 2nd Street, Suite 110**  
**Downey, CA 90241**

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**Life's A Beach!**  
Beautiful recently remodeled 3 bedroom, 2 bath condo on the beach. Great ocean view. Balcony access from 2 bedrooms and living room. Great floor plan. Includes shared amenities with 1900 building: pool, sauna, tennis court, and a pet spa. Call Today!!!

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**TOP PRODUCTION**  
Manuel Acuna



**TOP SALES**  
Tony Cedeno



**Great Views!**  
This single level 4 bedroom, 2 bathroom home comes with an expanded driveway offering additional parking as well as wood shutters, large backyard, and a large patio in the back. The home is move in ready, or ready for you to personalize it to your own taste. Call Today!!!



**Ready For You!**  
Very nice street, but nicer home. Updated throughout. Kitchen with granite countertops. Newer paint. Wood type floors. Brick fireplace in family room. Updated bathrooms. Low maintenance backyard with pool. Call Today!!!



**Sold!**  
Beautiful home! Located near schools, city parks, and recreational area. This home features hardwood floors, a gated driveway, and fruit trees. This home has it all! Bring your buyers. Call Today!!!



**Move In Ready!**  
Beautiful house. New kitchen, new bathroom, new floor, new windows, new dry wall, new everything! Central AC. Completely remodeled. Zoned Commercial/Residential. Call Today!!!



**Turnkey!**  
Newly remodeled, new kitchen, granite counters, open concept floor plan. Master bedroom has private bath. Fireplace in living room and large pool and backyard for entertaining. 2 car garage with alley access. Close to Historical District with tree lined street. Don't miss this beautiful home. Your clients will love it and ready to move in. RV access. Call Today!!!



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This beautiful home is located at the end of a cul-de-sac inside a gated community in Signal Hill. The property has been well maintained and features four bedrooms, three bathrooms, dining room, living room, and labor laundry room, gas fireplace, central heating and air conditioning, recessed lighting, and synthetic turf in the backyard. Original owner. Homes in this community don't last, so don't wait! Call Today!!!



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<p><b>Carrie Uva</b> BROKER "Let's Talk Real Estate" 562-382-1252 www.CarrieUva.com DRE #01152047</p>	<p><b>Angelo &amp; Marie</b> REALTORS® "The Intelligent Choice!" 562-618-0033 www.MariePicarelli.com DRE #01933141   #00610605</p>	<p><b>Jimmy Spathos</b> REALTOR® "Jimmy the Greek" 562-400-2148 JimSpathos@aol.com DRE #01296368</p>	<p><b>Vicki Spearman</b> REALTOR® "I Care for Downey" 562-367-9520 lcare4dow@aol.com DRE #00542721</p>	<p><b>Mario Persico</b> REALTOR® "Mario DID IT Again!" 562-533-7433 Mario@MarioPersico.com DRE #01341121</p>
<p><b>SOLD!</b> 11144 Samoline, Downey Sold for \$678,900. I can sell your home, too! Call Carrie today at 562-382-1252</p>	<p><b>IN ESCROW!</b> Whittier Beauty 4 bedrooms, 3 bathrooms with pool! Upgraded home with a family room and dining room! 3 car garage.</p>	<p><b>CALL NOW!</b> New Listing in West Covina Exquisite West Covina home near South Hills features 4 bedrooms, 4 bathrooms, a new resort style pool with water slide. A 3,400 sq. ft. home on an over 19,600 sq. ft. lot. Priced at \$1,289,000. Call Jimmy for a private showing today! 562-400-2148</p>	<p><b>HOME! HOME! HOME!</b> Christmas is Coming <b>ACT NOW</b> for a <b>CHRISTMAS MOVE</b> Vicki can help you with that! Call her today at 562-367-9520.</p>	<p><b>MARIO DID IT AGAIN!</b> 10355 Pangborn Avenue, Downey You won't want to miss this recently updated 2 BD, 2 BA home in prestigious N. Downey. Huge family room, living room &amp; lush backyard. <b>SOLD! SOLD! SOLD! Mario Did It Again!!</b></p>
<p><b>SOLD!</b> 12716 Corley, La Mirada Multiple offers. Sold for \$635,000 - \$10,000 above list price! Call Carrie today for her expert advice at 562-382-1252.</p>	<p><b>IN ESCROW!</b> Orange Estates Pool Home! Move in ready home! Large living room w/ fireplace, 3 BD, updated kitchen, large pool &amp; RV parking! \$699,999.</p>	<p><b>JOIN OUR EXCITING 24 HOUR TEAM!</b> <b>WHY JOIN WITH US?</b> ✔ FREE Super Star Marketing Support ✔ 24/7 Office Access and Support ✔ FREE Smart Start Training ✔ FREE Marketing Makeover ✔ *Earn Your Real Estate License for FREE</p>	<p><b>Pam Lee</b> REALTOR® 562-537-1134 PamLeeRealtor@gmail.com DRE #01750256</p>	<p><b>MARIO DID IT AGAIN!</b> Anaheim Hills Home 4 bedrooms   3 bathrooms   2,303 sq. ft. I can help you sell your home, too! <b>SOLD! SOLD! SOLD! Mario Did It Again!!</b></p>
<p><b>PREMIERAGENT</b> "Carrie has conducted a number of real estate &amp; legal matters for us for 10 years. She has also managed income property for us in a very professional &amp; efficient manner. Her integrity is beyond reproach. She is very committed to providing her clients w/ Top Notch service. We wouldn't go to anyone else." - Sandy H.</p>	<p><b>SOLD!</b> SOLD \$20,000 Over List Price! Call us to help you with the sale of your property! Listed for \$450,000, Sold for \$470,000! 562-618-0033</p>	<p><b>CALL US TODAY!</b> 562-233-5200</p>	<p><b>IN ESCROW!</b> Great Potential! 1 bedroom, 1 bath home with a step down enclosed porch w/ fireplace. 2 car detached garage w/ bonus area. Looking for a cash buyer. Fixer! Property needs lots of repair. Perfect for investor. \$325,000. Pam can sell yours, too! PamLeeRealtor@gmail.com</p>	<p><b>MARIO DID IT AGAIN!</b> Condo in Anaheim Hills 3 BD   3 BA   nearly 1,200 sq. ft. Association pool, BBQ area &amp; gym. <b>SOLD! SOLD! SOLD! Mario Did It Again!!</b></p>
<p><b>PREMIERAGENT</b> "Our house sold quickly and for more money than we were asking. Carrie helped make the whole process easy and painless. She was always accessible and quick with answers to our questions. When I am ready to purchase a new home, she will be the first person I will call." - Dave M.</p>	<p><b>PREMIERAGENT</b> "I hit the jack pot with Marie &amp; Angelo! Their incredible experience &amp; knowledge was undeniable and they quickly put me at ease and they took care of all the details! Marie &amp; Angelo made everything work like magic! My house was SOLD very fast! I highly recommend this dynamic duo." We can help you too! 562-618-0033.</p>	<p><b>YOUR HOME COULD BE HERE</b> LET MARIO DO IT FOR YOU, TOO! Call him at 562-533-7433</p>	<p><b>MARIO PERSICO</b> BORN   EDUCATED   LIVES   WORSHIPS SELLS IN DOWNEY 562-533-7433 #MarioDidItAgain</p>	<p><b>YOUR HOME COULD BE HERE</b> LET MARIO DO IT FOR YOU, TOO! Call him at 562-533-7433</p>
<p><b>CARRIE UVA</b> Downey Born, Raised &amp; Educated! Selling Downey Homes for 27 Years! EXPERIENCE YOU CAN TRUST!</p>	<p><b>CHECK OUT</b> our 90 REVIEWS on www.Zillow.com <b>PICARELLI</b> ANGELO &amp; MARIE</p>	<p><b>JOIN OUR EXCITING 24 HOUR TEAM!</b> <b>WHY JOIN WITH US?</b> ✔ FREE Super Star Marketing Support ✔ 24/7 Office Access and Support ✔ FREE Smart Start Training ✔ FREE Marketing Makeover ✔ *Earn Your Real Estate License for FREE</p>	<p><b>Pam Lee</b> REALTOR® 562-537-1134 PamLeeRealtor@gmail.com DRE #01750256</p>	<p><b>MARIO PERSICO</b> BORN   EDUCATED   LIVES   WORSHIPS SELLS IN DOWNEY 562-533-7433 #MarioDidItAgain</p>

**MICHAEL BERDELIS**  
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# BLACK FRIDAY SALE

**DON'T MISS THESE DOORBUSTER DEALS!**

<p><b>\$1,375,000</b></p> <p><b>One of a Kind!</b></p> <ul style="list-style-type: none"> <li>• 5 bedrooms   4.5 Bathrooms</li> <li>• 4,184 sq. ft.   HUGE 10,375</li> <li>• 7,849 sq. ft. lot</li> <li>• Updated kitchen</li> <li>• Large master bedroom</li> </ul>	<p><b>\$965,000</b></p> <p><b>OPEN HOUSE SAT &amp; SUN</b> A Fresh New Look</p> <ul style="list-style-type: none"> <li>• 3 bedrooms &amp; 2 bathrooms</li> <li>• Office/study (possible 4th BD)</li> <li>• Large family room &amp; bar</li> <li>• 2 car attached garage</li> <li>• 2,803 sq. ft.   9,103 sq. ft. lot</li> </ul>	<p><b>\$559,950</b></p> <p><b>OPEN HOUSE SAT &amp; SUN</b> Home Sweet Home</p> <ul style="list-style-type: none"> <li>• 3 bedrooms &amp; 1 bathroom</li> <li>• 1,038 sq. ft. living space</li> <li>• Remodeled kitchen w/new appliances</li> <li>• New laminate floors</li> <li>• Close to school, park &amp; freeway</li> </ul>	<p><b>\$699,950</b></p> <p><b>Great North Downey Location!</b></p> <ul style="list-style-type: none"> <li>• 3 bedrooms &amp; 2 bathrooms</li> <li>• 1,708 sq. ft.   7,487 sq. ft. lot</li> <li>• Remodeled kitchen</li> <li>• Master bedroom with private bath</li> <li>• Family room with fireplace</li> </ul>
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<p><b>\$249,950</b></p> <p><b>Why Rent, When You Can Own!</b></p> <ul style="list-style-type: none"> <li>• 1 bedroom &amp; 1 bathroom</li> <li>• 586 sq. ft. living space</li> <li>• 1 carport space</li> <li>• Downstairs unit</li> <li>• Low HOA dues</li> </ul>	<p><b>\$415,000</b></p> <p><b>OPEN HOUSE SAT &amp; SUN</b> An Affordable Buy!</p> <ul style="list-style-type: none"> <li>• 3 bedrooms &amp; 2.5 bathrooms</li> <li>• 1,540 sq. ft. living space</li> <li>• Gated community</li> <li>• Patio + 2 car garage</li> <li>• Downey Unified School District</li> </ul>	<p><b>\$1,649,950</b></p> <p><b>Italian Design Mansion</b></p> <ul style="list-style-type: none"> <li>• 7 Bedrooms   7.5 Bathrooms</li> <li>• 6,734 sq. ft. living space</li> <li>• 11,392 sq. ft. lot</li> <li>• Extra large 3 car garage   built in 2010</li> <li>• 2 BD, 1 BA guest quarters</li> </ul>	<p><b>FOR SALE</b></p> <p><b>24 HOUR Real Estate</b> RESIDENTIAL &amp; COMMERCIAL SALES</p> <p><b>MICHAEL BERDELIS</b> "THE 24 HOUR AGENT" 562-818-6111 OFFICE: 562-861-7257</p>
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REALTOR®  
DRE #01234589