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Is it a homeless shelter? Plans for American Legion property still unclear

Downey officials say a proposed facility on the South Gate border would be used as a transitional shelter and social services center for recently-discharged U.S. veterans.

County officials contend the development would provide 60-80 permanent apartment units for homeless veterans.

By Alex Dominguez
Staff Writer

DOWNEY – A big question hangs over a project that may very well likely erect itself in the current American Legion 723 Hollydale location: is it just another homeless shelter?

The property, located at 11269 Garfield Ave., lies within Downey city limits and is owned by Los Angeles County.

Downey officials are eyeing the location as an opportunity to establish a temporary housing development to help honorably-discharged military veterans who find themselves in need after the conclusion of their service.

However, LA County officials have said otherwise, instead saying that the project is intended for long-term residency.

The project garnered significant negative attention from South Gate residents near the potential project, who have voiced concerns about a homeless shelter. They fear its establishment would bring

significant safety issues to their neighborhoods while not affecting Downey's residents.

However, Mayor Pro Tem Rick Rodriguez has pushed back on these claims, describing the project as a "veterans transitional housing location." He acknowledged that homeless veterans could be housed at the development, but insisted the proposed project is "not specifically for homeless, it's for veterans."

Instead, Rodriguez says that veterans who would arrive at the complex could receive therapy, job training and other services, and would be limited to a stay of between nine and 12 months.

"Our goal is to relaunch them into civilian life with proper training," said Rodriguez. "We give them a rifle at 18 and we train them to defend America and go around the world... We can train them to be a soldier, but we can't take care of them when they get back? That doesn't make sense to me."

Without a strong support system, returning veterans run the risk of facing other problems, such as having nowhere to go, no job, and no way to transfer their acquired skills, Rodriguez added.

The project is that of LA County and Supervisor Janice Hahn. Officials with Hahn's office said she is committed to working closely with the city of Downey, although details of the project seem to have been lost in



Preliminary plans call for a veterans facility at the American Legion's Hollydale Post No. 723, but it's not clear whether the development will provide temporary shelter or long-term housing.

Photo by Alex Dominguez

translation between parties.

In an email to the Downey Patriot, Hahn's communications director, Liz Odendahl, said the supervisor would like to build 60 to 80 affordable, long-term housing apartments for formerly homeless veterans, where they could potentially live "indefinitely."

"In this country we pride ourselves on honoring our veterans with a national holiday, by saluting them at sporting events, and allowing them to board planes early—and yet we allow thousands of veterans to sleep on our sidewalks every night," said Hahn. "There is no

greater way to honor a veteran who has risked their life for our freedoms than ensuring they have a safe place to live when they return home.

"I have seen how successful these types of projects have been in other areas of the county. When it is finally built, it will not only improve public safety, it will be a beautiful addition to this neighborhood."

The project is still in the planning stages with no concrete timeline, however, the county hopes to have more plans fleshed out within the coming months, officials said.

Downey library closing 15 months for renovations

Mayor's Corner

By Sean Ashton
Mayor

Hello Downey,

As my time as Mayor comes to an end, I wanted to share with you some of the improvements that will be happening over the next two years thanks to the Measure S funds that were approved in 2016.

The main focus for the Measure S funds was police, fire, parks, and roads. So far, we have added positions for 10 new sworn police officers, a fire training captain, an ambulance coordinator, and six new ambulance operator positions.

Still, we understand that Downey is what it is because of its quality of life. In order to maintain that standard that we are used to, the library and city parks will also receive much needed work. Since 2016 city staff has worked diligently to plan and design improvements for all city parks and the city library.

In the upcoming months you will see the most robust infrastructure improvements in the city's history: \$50 million worth of upgrades will be completed in the next two years. Now, I am happy to give you a preview of some of the new improvements that will be completed with the Measure S

funds.

The library will be completely modernized and revamped. We will have to close the library from March 2019 to June 2020 to complete the process.

There will be reconfiguring of interior spaces, replacement of interior finishes, new data storage furniture, installation of energy efficient lighting, completion of ADA improvements, new glass doors and vibrant signage and exterior painting of the building.

The architectural renderings of the library are impressive and once completed, everyone will be excited to use the new Downey Library.

The next set of Measure S improvements will be for all four city fire stations. The fire stations are over 60 years old and have been in need of improvements for quite some time.

Improvements include modernization of Stations 1 and 4 through completion of improvements to the interior spaces of the stations, and reconstruction of pavement. Stations 2 and 3 will be expanded by adding dormitories, shower facilities and new living quarters, as well as accessible front offices.

We have planned the modernizations of the fire stations so that there is minimal disruption of service while the construction is going on. The

Continued on page 2

Downey police chief will retire in December

Carl Charles, Downey's first African-American police chief, leaves behind a lengthy list of accomplishments.

By Eric Pierce
Editor

DOWNEY – Downey Police Chief Carl Charles officially announced his retirement Wednesday, effective Dec. 5.

"For 28 years it has been my pleasure to serve and protect the residents of Downey as a proud member of the Downey Police Department," Charles said.

Charles was named chief of police in 2012, becoming the department's first African-American chief.

"I got into law enforcement with the goal of helping to bridge the perceived disconnect between police and the diverse community we serve, particularly the minority populations," he said.

Charles was hired as a Downey police officer October 1990 and rose through the ranks, becoming the department's 10th chief after the retirement of Rick Esteves in December 2012.

His impact as police chief was significant and immediate. Among his list of accomplishments:

- Equipping all officers with body-worn cameras
- Installing license-plate readers citywide



- The creation of 10 new police officer positions
- Formation of a homeless outreach team
- Improved communication with the public and media, including on social media
- Quarterly "coffee with a cop" outreach events
- A citizen volunteer program
- Reinstitution of K9 and mounted horse programs
- Allowing mental health professionals to ride with officers
- And citywide active shooter training.

"Within a six-year period, we were able to accomplish a great deal. I believe those accomplishments have

Continued on page 2

Downey restaurant grades

Downey Pizza Co.
9026 E. Florence Ave.
Date Inspected: 10/23/18
Grade: **A**

Mimi's Donuts
10303 Lakewood Blvd.
Date Inspected: 10/23/18
Grade: **A**

Sunny's Sushi and Grill
11531 Bellflower Blvd.
Date Inspected: 10/23/18
Grade: **A**

United Oil
7360 E Firestone Blvd.
Date Inspected: 10/23/18
Grade: **A**

Anders Juice Bar
7230 Firestone Blvd.
Date Inspected: 10/23/18
Grade: **A**

Jimmy John's
12018 Lakewood Blvd.
Date Inspected: 10/23/18
Grade: **A**

Boston Cream Donuts & Sandwich
11903 Lakewood Blvd
Date Inspected: 10/23/18
Grade: **A**

My Home Chinese Restaurant
8716 E Imperial Hwy.
Date Inspected: 10/23/18
Grade: **A**

Mr M's Tacos
8642 E Imperial Hwy.
Date Inspected: 10/23/18
Grade: **A**

McDonalds
10207 Lakewood Blvd.
Date Inspected: 10/23/18
Grade: **A**

Jack in the Box
10037 Lakewood Blvd.
Date Inspected: 10/19/18
Grade: **A**

Vitamin World
181 Stonewood St. #A27
Date Inspected: 10/19/18
Grade: **A**

Chili's
12030 Lakewood Blvd.
Date Inspected: 10/18/18
Grade: **A**

Noodle's & Company
8908 Apollo Way
Date Inspected: 10/18/18
Grade: **A**

California Fish Grill
8990 Apollo Way
Date Inspected: 10/18/18
Grade: **A**

Downey Arco
10030 Lakewood Blvd.
Date Inspected: 10/17/18
Grade: **A**

IHOP
11414 Paramount Blvd.
Date Inspected: 10/17/18
Grade: **A**

Starfish Sushi
8244 Firestone Blvd.
Date Inspected: 10/17/18
Grade: **A**

La Perla Del Mar
8803 E Imperial Hwy. #502
Date Inspected: 10/17/18
Grade: **A**

Florida Restaurant
10025 Lakewood Blvd.
Date Inspected: 10/17/18
Grade: **A**

La Pupuseria Del Pepetoo
7939 Imperial Hwy.
Date Inspected: 10/17/18
Grade: **A**

Weekend at a Glance

Friday 87°

Saturday 84°

Sunday 83°

THINGS TO DO



Dia de los Muertos

Sunday - Downey Civic Center, 11 am to 8 pm

Ballet folklorico, live music, altar displays, face painting, Aztec dancers, food trucks, and more.



Cemetery Tour

Saturday - Sunnyside Cemetery in Long Beach, 9 am

A family event featuring graveside storytelling by costumed actors portraying the people buried in the cemetery. \$25



Halloween Spooktacular

Saturday - Smith Park in Pico Rivera, 5-8 pm

Carnival games, arts and crafts, costume contests, and a trick-or-treat village. Free admission, small fee for games and food.



Surf City Blitz

All Weekend - Huntington State Beach

Weekend music festival with performances by The Offspring, Pennywise, Social Distortion, Rancid, and others. \$60



Tierra

Saturday - St. Paul of the Cross School in La Mirada, 9 pm

Latin R&B band Tierra performs live at the school's annual carnival. Plus games, food, rides and a beer garden.

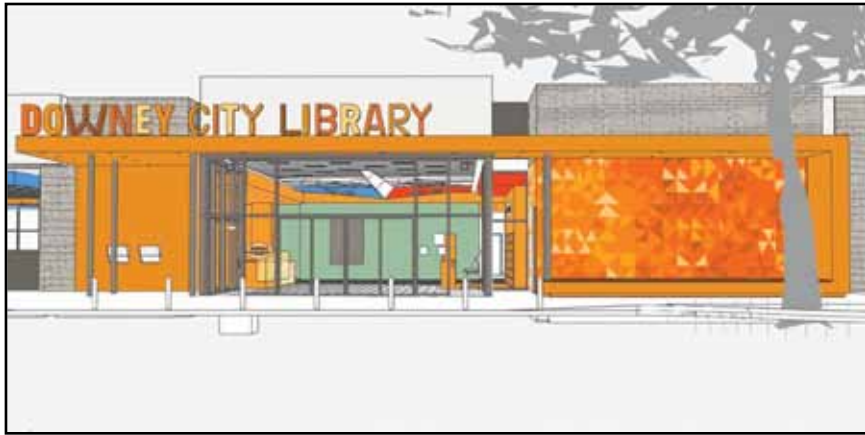
INSPIRATION

she doesn't want love in shades of grey. She prefers it black and white. Either you love her completely or not at all.

F.E. Marie

Upgrades to library, fire stations

An artist's rendering of the Downey library exterior after renovations are completed in summer 2020.



Continued from page 1

improvements will contribute to a huge increase in functionality and flexibility. The new design will show civic presence and identity. The new buildings will be huge assets to our city that will be used for numerous years.

My next Mayor's corner will focus on the Measure S

improvements at all of our city parks.

Lastly, I wanted to remind all voters to please don't forget to vote on November 6. For information on ballot measures and where to see your polling location, visit lavote.org.

Go Dodgers!

Sean Ashton
Mayor

City Council Office: 562-904-7274

Email: sashton@downeyca.org

Twitter: @realseanashton

Instagram: realseanashton

Facebook: [facebook.com/electsean4downey](https://www.facebook.com/electsean4downey)

electsean4downey

After 28 years, Downey police chief ready for retirement

Continued from page 1

positioned the police department to be able to handle future challenges, as police work continues to adapt to the ever-changing landscape," Charles said.

"I am extremely grateful for the chance to collaborate with our Downey citizens, city departments, and the members of the Downey Police Department as we tirelessly worked to improve the condition of our city," Charles added.

"While I'll miss the daily interactions and accomplishments, I know that the police department is well prepared for this transition."

City officials heaped praise on Charles, praising his leadership and character.

"Chief Charles has led the Downey Police Department with honor, professionalism and respect," said City Manager Gilbert Livas.

"He will always be remembered as a respected figure in our community who has served this city well and has many accomplishments of which to be proud. We wish him the very best on his retirement."

Mayor Sean Ashton said Charles' work had an enduring impact on the Downey community.

"Through his hard work and dedication, Chief Charles has accomplished remarkable things for his department, including building strong community relationships which has helped instill trust between our police officers and the residents we serve."

Mayor Pro Tem Rick Rodriguez echoed those sentiments.

"His outstanding leadership and his demonstrated ability to work effectively with his officers and the citizens of Downey has taken the Downey Police Department to new levels in protecting and serving the



Photo by Dan Fox

community," Rodriguez said.

Charles was Downey's 10th police chief.

He holds a bachelor of arts degree in criminology and corrections from Cal State Northridge and a master of public administration degree from USC.

Community Leaders, Business Leaders, Educators & Families
Support Claudia Frometa for Downey City Council

VOTE NOV. 6

www.ClaudiaFrometaforDowney.com

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VOTE NOVEMBER 6

Giggy Perez-Saab
DOWNEY SCHOOL BOARD

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- Downey City Council (All five members)
- Downey School Board (All six members)

Cell (562) 746-5904 G4Downey@gmail.com

Paid for by Giggy Perez-Saab for Downey School Board 2018 ID #1406458

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DOWNEY CITY COUNCIL DISTRICT 4

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- Strengthen small businesses
- Improve public engagement
- Improve public safety
- Support police & fire department

Experience you can trust!

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CRISTINA GARCIA'S MISREPRESENTATION OF THE 58TH ASSEMBLY DISTRICT

Was Garcia representing you when she...



...Flew all over the world and lived the high life when she should have been taking care of the very important issues facing our community—what was she doing about homelessness, school funding or job creation when she was galavanting in Las Vegas, Portland, Austin, Ireland, Mexico, Canada, Czech Republic, Germany, Denmark and Sweden.



...Racked up thousands of dollars in tabs at tequila bars and kept a keg in her capitol office! In California, carrying out official duties under the influence of alcohol is grounds for firing, yet staffers reported Garcia drinking on the job was common. (Politico, 2/18/18)



...Lied about not one, but two advanced degrees—she claimed she had a PhD from USC & Masters from UCLA, both lies. (The Mercury News, 4/24/2018, Hews Media Group, 5/18/2018)



...Spoke graphically about sex including her her own sexual activity and used homophobic hate speech and racial threats in front of young staff people and colleagues. (Orange County Register, 4/22/18, 2/22/2018,



...Groped men and then retaliated against one brave young man who accused her of being drunk and groping him at an Assembly event? (Los Angeles Times, 2/14/18, 9/28/2018)



...Took money from pornographers, private prison and pay day lenders—Garcia solicited contributions from entities that prey on the most vulnerable members of our community. (Hews Media Group, 3/2/2018, CA Secretary of State, powersearch.sos.ca.gov)



AND FOR ALL OF THIS THE TAXPAYERS OF CALIFORNIA HAVE PAID GARCIA NEARLY \$1 MILLION DOLLARS.

WE CAN DO BETTER.

Garcia even had a keg in her office.

FIRE CRISTINA GARCIA #HYPOCRITE #SINVERGUENZA

facebook.com/WorkingCaliforniansAgainstCorruption twitter.com/CorruptCristina

Paid for by Working Californians Against Corruption, Opposing Cristina Garcia for Assembly 2018, Committee Major Funding From State Building & Construction Trades Council of California International Brotherhood of Boilermakers Local 92 PAC District Council of Iron Workers Political Action League

This advertisement was not authorized by a candidate or a committee controlled by a candidate.

How the city council candidates are raising money

► News and notes from the Downey city council campaign trail.

By Eric Pierce Editor

DOWNEY – With Election Day just two weeks away, the two leading candidates for City Council are making last-minute pitches to Downey voters.

Claudia Frometa and **Carrie Uva** are the front-runners in the race to replace Fernando Vasquez on the City Council. Vasquez is being termed out after eight years in office.

Vasquez is throwing his support behind Frometa and gave \$2,000 to her campaign, carryover from his 2014 re-election bid.

Campaign filings show that Vasquez was one of Frometa's top donors, along with CalMet Services (\$2,000), Best Buy Tire Center (\$2,000), 4 Tires Online Inc. (\$2,000), psychiatrist Meghriq Stradley (\$2,000) and Champion Dodge (\$2,000).

Frometa also loaned herself \$4,518.

Meanwhile, Uva's campaign is benefiting by her friends and associates in the real estate industry. Uva is a real estate

broker and attorney.

Her largest donations were \$1,000, which came from Mel Berdelis, owner of 24 Hour Real Estate; Larry Kooiman, a realtor with Century 21 Home & Investment; and Makram and Nelly Morcos, a retired couple.

Other noteworthy donors to Uva's campaign include CalMet (\$500) and retired judge Joseph DiLoreto (\$500). Like Frometa, Uva loaned her campaign \$5,000.

The filings cover the period of July 1 through Sept. 11.

Tony Hernandez, the third candidate in the District 4 race, reported no campaign income or expenditures, although his campaign signs are visible throughout the district.

Mayor **Sean Ashton**, who is running unopposed in District 2, also reported no campaign contributions for the most recent reporting period. His campaign coffers, however, still show an ending cash balance of \$12,176.

CAMPAIGN CRITICISM: Ashton is being criticized for appearing to campaign on Uva's behalf while wearing his official

city council polo shirt.

Downey's municipal code has guidelines on when council members can sport the city logo. Specifically, the code states that the logo can be worn only "in the course and scope of their official duties."

Downey resident Valerie Aguilar said she was surprised to see Ashton campaign at her home while wearing an official shirt.

"I find it unethical, irresponsible, of poor character and lack of good judgement that [Sean] Ashton, the current mayor, is using his influence and power by wearing his Mayor's shirt, with the city's seal, as he walks the neighborhoods, campaigning for Uva," Aguilar said.

"How irresponsible for him to use his influence to try to potentially sway voters. Shame on him for campaigning while wearing his Mayor's shirt with the city seal."

Ashton denied wearing the shirt to Patriot reporter Alex Dominguez, but Aguilar shared photos she said she took of Ashton on the campaign trail.

Downey city attorney Yvette

Mayor Sean Ashton campaigns for council candidate Carrie Uva while appearing to wear his official mayor's shirt, a possible violation of Downey's municipal code.

Photo by Valerie Aguilar



Abich Garcia did not return several messages seeking clarification of the municipal code.

TWO WEEKS AWAY: It's crunch time for the candidates, who will spend the next two weeks doing all they can to get in front of voters.

"My plan for the next two weeks is to reach out to as many voters as possible and encouraging them to vote," said Uva.

Frometa has similar plans leading up to Election Day.

"My plans are to continue knocking on doors and contacting residents about my platform, and having as many possible face-to-face contacts," said Frometa.

"I'm not a career politician, so I didn't know what to expect, but I've been overwhelmed by the amount of engagement and outpouring of support," she said. "I think people can see that I am a genuine individual. I don't have my hands in other pockets. My interest is pure; I want to move Downey forward."

ELECTION NIGHT: Frometa said she will monitor the election results from her campaign office at 3rd Street and Downey Avenue.

"I'll be there all night until we know the results," she said.

Uva declined to disclose her election night plans.

ENDORSEMENTS: In addition to mayor Ashton, Uva is also endorsed by councilmember Blanca Pacheco, along with former mayors Roger Brossmer and David Gafin.

She's also gained the support of retired Downey police officer Mike Pope and the Greater Downey Association of Realtors.

Frometa's endorsements include Vasquez, councilmember Alex Saab, Mayor Pro Tem Rick Rodriguez, and former mayor Mario Guerra.

Frometa is also backed by several members of the Downey board of education, including Martha Sodetani, Bobbi Samperi and Nancy Swenson.

'The Nutcracker' performed in Downey

DOWNEY – Southern California Dance Theatre will present the holiday favorite "The Nutcracker" at the Downey Theatre right before Christmas.

Performances are scheduled for Saturday, Dec. 22, at 7:30 p.m., and Sunday, Dec. 23, at 2:30 p.m.

Tickets start at \$29 and can be purchased at the Downey Theatre box office or online at downeytheatre.org.

Also available is a \$100 VIP package, which includes premium reserved seating, a special Victorian tea before the Sunday matinee, and a behind-the-scenes backstage tour of the theatre.

In Memory of

Lillian Lenora Freeman

April 22, 1919 - October 20, 2018



Long time Downey resident, Lillian L. Freeman, passed away at the age of 99 on October 20, 2018. Lillian was born in Lawrence, Kansas on April 22, 1919. She was the very first "Miss Baldwin City" in the Kansas Division of the Miss America Contest. Lillian was a gifted pianist and played a difficult classical number as her exhibition talent. Based on her piano skills,

she won three musical scholarships to Baker University, Emporia State Teacher's College and Kansas University.

Lillian was married to Edward Garner Henrich from 1937 until he passed away in 1964. She then married Berkley Ludwick "Lud" Freeman in 1965 until he passed away in 2004.

Lillian was a member of the Downey United Methodist Church and played the piano and organ. She was active with the Downey Shrinettes, serving as President in 1985. She was also an active member of the Woman's Club of Downey for several years.

Lillian was an avid sports fan, especially baseball, when her son, Robert "Bobby" Henrich played for the Cincinnati Reds. She was a devout Los Angeles Lakers supporter. In addition to sports, she also followed the entertainment industry and enthusiastically looked forward to the Red Carpet and Academy Awards Ceremony. Lillian remained mentally astute throughout her life and was an expert on fashion and current events.

Lillian is survived by her two sons, Robert E. Henrich, James W. Henrich and granddaughter, Kristina P. Henrich-Blaich. She was preceded in death by her two husbands, Edward G. Henrich and Berkley L. Freeman and two grandsons, Donald J. Henrich and Thomas W. Henrich.

Lillian L. Freeman led a long, fulfilling and fruitful life. She will truly be missed by all of her relatives and friends, but she will never be forgotten.

In Memory of

Ellen Lena Mascaro

August 12, 1927 - October 5, 2018



Funeral Service 11/01/2018 at 10:00am at Miller Mies Downey Mortuary Chapel.

Burial to follow service at Calvary Cemetery, Los Angeles, CA.

Ellen is survived by: her only brother John Mascaro (86/Wife Patricia), her only niece Claudia Walsworth (66/husband Rick), and six nephews Stephan John Mascaro (63/Wife Betty), James Lee Taylor (62/Wife Ginger), David William Mascaro (62/Wife Rosa), Michael Wayne Mascaro (59/Wife Vicki), John Anthony Mascaro (57/Husband Andy), and Patrick Joseph Mascaro (56/Husband Sergio). Ellen never had children but she had a big extended family including many grand nieces and nephews: Wesley James Walsworth (39), Christine Marie Campbell (35/Husband Sean), David Joseph Mascaro (33), Stephen Tyler Mascaro (31/Wife Lauren), Cristina Laurel Walsworth (30), Sarah Elizabeth Nelson (30/Husband Dan), Sean Anthony Mascaro (26), Nicole Amber Mascaro (24), Jeremy Parrish Taylor (19), Bridget Rose Taylor (17), Adam Joseph Mascaro (9), Alyssa Cheree Mascaro (7), Ally Kat Campbell (3), Sage Avela Nelson (3) and Hadley Regen Nelson (1).



Don't Miss Out On This Free Community Event

Desert Reign CHURCH

Harvest Festival

OCT 31st
@ **5:30 PM**
8:30 PM

Follow us on

11610 Lakewood Ave, Downey CA
Ph. 562.861.6011 www.desertreign.org

Desert Reign CHURCH

Harvest Festival

October 31st **5:30 to 8:30 pm**

11610 Lakewood Ave, Downey CA Ph 562.861.6011 www.desertreign.org

Pony Rides • Carnival Games • Maze Games
Jumpers • Costume Contest
Petting Zoo **FREE Candy!**

Fun For The Whole Family

Reformation 501
Good Shepherd Lutheran Church
13200 Columbia Way, Downey, CA 90242

is celebrating the Reformation

Sunday, October 28th at 4pm
Worship service followed by a German meal...Brats, hot dogs, German potato salad & more.

562-803-4459

Trunk Treat

Wednesday
October 31
6:30-8:00pm

Food
Trunks
Games
Treats
Jumpers

DOWNEY FIRST BAPTIST CHURCH
8348 3rd Street | Downey, CA

Washington's phony moves against Russian meddling

By Betsy McCaughey

The Justice Department announced charges against Russian social media manipulator Elena Khusyaynova on Friday. She is accused of conspiring to set up fake Facebook and Twitter accounts under names such as “Bertha Malone,” “Rachell Edison” and “wokeluisa” that posted “tens of thousands of messages” about gun rights, immigration, the midterm elections and other controversial topics.

No one wants to see foreign nations meddling in our politics. But don't be bamboozled by the fanfare over this criminal complaint. Federal officials claim going after Khusyaynova is part of a necessary crackdown because propaganda machines like hers “undermine confidence in our democratic institutions” and mislead voters.

Truth is, these officials are grandstanding. Their charges will go nowhere. Khusyaynova, an accountant who manages financial transactions for the conspirators, resides in St. Petersburg, Russia, and there is no extradition treaty with Russia. That means she'll never go to trial. What a waste of taxpayers' money for investigators and lawyers with no end game. It's a Justice Department vanity project.

Officials are wildly overstating the impact of foreign propaganda operations like Khusyaynova's on voters. The impact is minuscule. Twitter's lawyer told the Senate Judiciary committee that Russian tweets “represented a very small fraction of the overall activity on Twitter in the 10-week period preceding the 2016 election.” How small? Less than two one-hundredths of a percent (0.016 percent)

of the total accounts on Twitter at the time, and 1 percent of overall election-related Tweets. In short, Russians added nothing more than a tiny whisper to the political clamor. These numbers disprove the myth that Russian interference won the election for Trump.

The Twitter data also show that rather than saying anything new, Russian meddlers were amplifying what Americans were already posting. The tweets fed existing prejudices. So what was the point? To “sow discord,” the Justice Department argues. The tweets span the ideological spectrum, pro-Trump and anti-Trump, for and against gun control, for and against securing the border.

Same is true of the Khusyaynova Facebook postings, according to the FBI. They're not going to impact the midterm elections because they don't consistently support one party.

That was also true of the fake postings made by 13 Russians indicted last spring by special counsel Robert Mueller. His mandate is to look into the Trump campaign's possible collusion with Russian officials to influence the 2016 election, but so far Mueller has failed to connect any dots.

In the absence of collusion, Washington officials need to moderate their hysteria over foreigners on social media. Foreign agents have tried to influence American elections dating back to 1796. The more urgent issue is the integrity of the vote count. Last March, Congress approved grants to the states to improve voting technology. In September, President Donald Trump authorized tougher sanctions against nations that tamper with American election equipment, not

just social media. The focus should be on keeping Vladimir Putin's cyber-thugs from altering an election.

This week, the United States Cyber Command acknowledged that it's been warning foreign operatives to stop their misinformation campaigns.

Unfortunately, liberal media outlets and Democrats in Congress, including Senator Dianne Feinstein, are urging tech companies to take on the role of speech police against social media misinformation campaigns, both domestic and foreign. Yikes. That would be devastating to our democracy. We can't trust Twitter, which recently refused to suspend Louis Farrakhan for tweeting a comparison of Jews to termites. Surely we can't trust Google, which is building a censored search engine for the Chinese market that blocks access to terms like “human rights” and “freedom of religion.”

Social media should be the 21st-century version of the public square. It's true that rogue foreigners are invading it, but so far the harm is minor. What Americans cannot risk is ceding to Silicon Valley liberals — or any group — the power to limit access to opposing views. That would be far more dangerous than Russian meddling.

Betsy McCaughey is a senior fellow at the London Center for Policy Research and a former lieutenant governor of New York State. Contact her at betsy@betsymccaughey.com.

Will you stop obsessing over Trump's insults?

By Froma Harrop

It's getting harder by the day to tune in to MSNBC. My chief complaint isn't the leftist slant. It's the news channel's obsession with the latest idiocy to emerge from the Trumpian yap. Anyone who wants to express dismay that Trump called a woman “Horseface” is certainly entitled to, but not on my time's dime.

There's little shock or news value here. Donald Trump's rap sheet of insults toward women is long. Watching the respectable media endlessly debate every attention-seeking gibe as if it were momentous news is depressing.

Of greater concern is their focus on the insignificant, letting it crowd out coverage of the administration's toxic policies. The big story is exploding deficits. Pumping out trillion-dollar deficits in the middle of a strong economy is fiscal insanity.

The reckless tax cuts are the main driver. Senate Majority Leader Mitch McConnell is already weaponizing the deficit to force cuts in Medicare and Social Security.

Republican talk of new middle-class tax cuts is pre-election baloney. No details — not on the cuts themselves, not on paying for them (ha-ha-ha). Anyhow, more tax cuts would blow the deficit still higher, sharpening the dagger pointed at cherished middle-class programs.

Of course, Trump would rather we fixate on “Horseface” or his other anti-social mutterings. That's how he distracts us from policies

that hurt ordinary Americans.

Recall Trump's recent visit to Montana, where he praised Rep. Greg Gianforte, best known for physically assaulting a reporter. “Any guy that can do a body slam, he's my guy,” Trump bellowed as his crowd cheered lustily.

In my book, a guy who loses it after being asked a question on health care is weak on anger management. That said, Gianforte did apologize for the incident, and the reporter is fine.

In making the story all about Trump, the news channels missed an opportunity to cover Gianforte's highly unpopular positions on a burning issue in the rural West: the people's right to enjoy their gorgeous wilderness.

A multimillionaire from New Jersey, Gianforte joined other wealthy out-of-staters in buying vast tracts in Montana and then trying to keep locals — used to more neighborly landowners — off their properties. Gianforte sued the state to remove a public easement that gave hunters, anglers and hikers access to the East Gallatin River via his property. He accused Montana of using “extortion” to keep the path open.

More ominously, Gianforte has introduced two bills in Congress that would strip protections from 800,000 acres of federally owned land in Montana. It includes some of the state's most beloved and iconic landscapes, among them the Centennial Mountains and the Terry Badlands. Much of the land was recommended for wilderness

designation by pre-Trump Interior Departments.

The bills would open it to industrial uses, such as logging, mining and oil and gas development. Guess whose friends could profit handsomely.

Gianforte's “public meeting” on the matter was actually an invitation-only meeting. Less than 24 hours before, he played the trick of saying anyone could come. Those opposed, if they learned of the change, had little time to get themselves there. Montana is a big place.

So too bad that the recent coverage centered on Gianforte's long-ago outburst. And that was only because Trump gave it a thumbs-up.

In truth, Trump rallies have become boring reruns. Even Fox News is cutting back on covering them. “It's hard to call something breaking news if it happens with metronomic regularity,” a Fox News source reportedly told BuzzFeed.

Trump undoubtedly plans new verbal eruptions to push us off the trail of things that matter. Condemning them is easy. Ignoring them would be a gift to the civic culture.

Froma Harrop covers the waterfront of politics, economics and culture. Follow her on Twitter @FromaHarrop.

Assembly race

Dear Editor:

Sadly, smear tactics have become the new norm in local politics, a sinister form of character assassination aimed at disparaging our community leaders.

A recent ad, wrought with a litany of lies about Cristina Garcia, our 58th district assembly representative, aims to derail her successive run for the 58th Assembly District. This disparaging ad, seemingly retaliatory in nature, presumes voters will blindly jump on the bandwagon to derail her chance of securing another term.

However, when voters take the time to examine Ms. Garcia's consistent record of advocacy on behalf of her constituents on issues of environmental justice, government transparency, women's equity, health and education, youth empowerment and leadership and countless other family issues, then we must rise above the fray and bombardment of negative slanderous propaganda.

Mean-spirited propaganda presumes the voting audience can be easily manipulated with falsehoods and unsubstantiated claims. However, it is evident, at least to voters we've consulted, that this smear campaign is about silencing us and relegating our community's needs back to the margins. As conscientious voters, we won't be bullied by outside interests with deep pockets, who have an ax to grind.

When voters consider Cristina's commendable merits, then we voters rise above the fray to help Cristina continue the good fight. She is tough, highly effective and has credible support. Undeniably, she is passionate about the issues that matter and that most impact our communities. Your vote for Cristina Garcia is a step toward bold, responsive representation in the 58th Assembly District.

We stand with Cristina.
Hubert H. Humphrey Democratic Club

Dear Editor:

I am a moderate voter that has voted for both Democrats and Republicans in the past.

The state assembly seat for District 58 is up for election. Republican Mike Simpferfer is challenging incumbent Democrat Cristina Garcia for the seat.

I have been very disheartened by the accusations of terrible behavior and improper conduct against Garcia, and was definitely looking to vote for an alternative to her. Before I could cast a vote for him, I wanted some straight talk from Simpferfer. He frequently says that we deserve better than Garcia (I agree) and he goes on to speak of the need for a respectful and proper work environment that has been apparently lacking on the part of Garcia.

So, I asked him via his Facebook page why is it okay to verbally support Donald Trump and the absolutely appalling, uncivilized and disrespectful way he conducts himself, but Cristina Garcia has to go for her poor behavior. He read my question, but never gave me an answer.

Well, I agree with him that we deserve better, but the fact is we deserve better than Garcia and Simpferfer, This man professes to be a change, yet refuses to even answer a simple question from a constituent he claims to wish to represent. He is just another partisan hypocrite.

As a voter with a conscience, I can not vote for either of these candidates. I hope the next time this seat is up for a vote, we have a decent candidate..or heaven forbid, two decent candidates that have a moral compass and are willing to engage and address concerns by voters.

**Matt Millard
Downey**

Canada got it right when it legalized recreational marijuana

By Jacob Sullum

It turns out that when you legalize marijuana, a lot of people show up to buy it. That development seemed to surprise cannabis controllers in Canada, where shortages were reported almost immediately after legal recreational sales began last week.

In several other respects, however, Canada is handling the transition from prohibition to regulation better than the United States. Canadians seem to have learned a few things from American mistakes, and we in turn can learn from their successes.

The most significant difference between the approaches taken by the two countries is that Canada has legalized marijuana at the national level. It is only the second country in the world (after Uruguay) to do so.

In the United States, by contrast, marijuana is still prohibited by federal law. As a result, marijuana merchants in the eight states that license them operate under a legal cloud, committing federal felonies every day. Aside from exposing cannabis businesses to the risk of prosecution and forfeiture, the federal ban complicates financing, leasing, contracting, insurance, banking and income taxes.

There is an easy fix for this problem: Congress can show its respect for the 10th Amendment by repealing the federal ban as it pertains to conduct that is permitted under state law. Even former New Jersey Gov. Chris Christie, who promised to crack down on state-legal marijuana when he ran for the 2016 Republican presidential nomination, recently conceded that “states have the right to do what they want” with cannabis.

Another important advantage of the Canadian approach is

modest marijuana taxes, which help displace the black market. The national government is imposing an excise tax of 10 percent or \$1 per gram, whichever is greater, and giving the provinces 75 percent of the revenue.

That's in addition to standard sales taxes, which range from 5 to 15 percent. Still, the effective tax rates are substantially lower than in jurisdictions such as California and Washington, where steep taxes have made it hard for licensed merchants to compete with illegal dealers. An industry analyst recently told The New York Times that heavy taxes and burdensome regulation in California make legal marijuana about 77 percent more expensive than marijuana sold by unlicensed dealers.

High purchase ages, like high taxes, help sustain the black market. In the U.S., all nine states that have legalized recreational use have set the minimum age for purchase or possession at 21, corresponding to the drinking age. The upshot is that most college-age adults, 40 percent of whom use marijuana, cannot do so legally.

Canada also used the rule for alcohol as a benchmark, but it has a lower drinking age. The national minimum for both alcohol and marijuana is 18, and most provinces have added a year to that cutoff.

In both Canada and the United States, local governments generally have the authority to ban marijuana businesses within their borders. But Canada gives consumers a reliable and discreet way around local bans by letting them buy marijuana online and have it delivered by mail throughout the country. In the U.S., most states with legal pot do not allow direct deliveries to consumers, and the continuing federal ban makes sending marijuana by mail, UPS or FedEx a risky proposition.

The Canadian government not only has decided to stop treating cannabis consumers as criminals. It also plans to help cannabis consumers who continue to suffer from that label by eliminating fees and waiting periods for sealing conviction records related to possession of 30 grams or less of marijuana, which is now legal.

The plan is far from perfect, but it goes further than the policies of most U.S. states with legal pot, and it invites a serious discussion of a key moral issue raised by the repeal of marijuana prohibition: When a government decides to stop punishing people for peaceful activities that violate no one's rights, what does it owe to the victims of that oppressive policy?

Jacob Sullum is a senior editor at Reason magazine.

Moon landing conspiracy

Dear Editor:

There is a new movie called “First Man” in which Ryan Gosling portrays Neil Armstrong.

The film's trailer shows Armstrong standing on the moon with a pure 100% black outerspace background of not one single star. There should be thousands of stars behind him.

The lie continues.

**Mike Sandoval
Downey**

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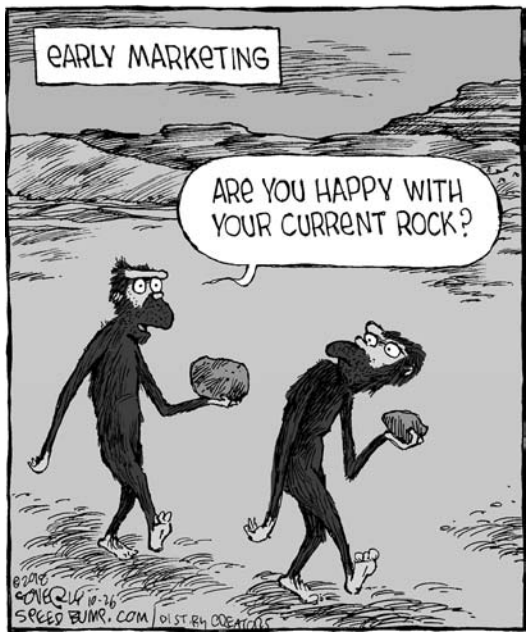
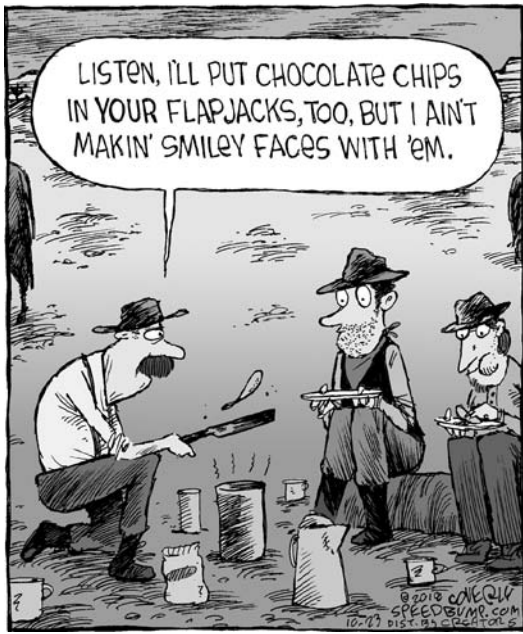
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SPEED BUMP



DAVE COVERLY



On This Day...

- October 25, 1870:** The first U.S. trademark was given. The recipient was the Averill Chemical Paint Company of New York City.
- 1917:** The Bolsheviks (Communists) under Vladimir Ilyich Lenin seized power in Russia.
- 1955:** The microwave oven, for home use, was introduced by The Tappan Company.
- 2001:** It was announced that scientists had unearthed the remains of an ancient crocodile which lived 110 million years ago. The animal, found in Gadoufaoua, Niger, grew as long as 40 feet and weighed as much as eight metric tons.

Downey Community Calendar

CITY MEETINGS

- 1st & 3rd Wednesday, 6:30pm: Planning Commission, Council Chamber at City Hall.
- 1st Tue., 4:00pm: Recreation and Community Services Commission, Council Chamber, City Hall.
- 1st Tue., 6:00pm: Emergency Preparedness Committee, at Fire Station No. 1, 12222 Paramount Blvd.
- 2nd & 4th Tue., 6:30pm: City Council, Council Chamber.
- 3rd Tue., 6:30pm: Library Advisory Board, at Downey City Library.
- 4th Mon., 5 pm: Green Task Force, at City Hall.

Regularly Scheduled Meetings

MONDAYS

- 7 pm: Boy Scout Troop 2, at Downey United Methodist Church, call 869-6478.
- 4:30 pm: Courage Forward Meeting, at 10829 New St, 2nd Floor, call 213-545-6810.
- 2nd Mon., 11 am: American Legion Auxiliary #270, at United Methodist Church, call 304-3439.
- 3rd Mon., 11:30 am: Downey Newcomers Club, call Marilyn 928-2623.
- 4th Mon., 7:30 pm: Downey Numismatists, at Downey Retirement Center, call 862-6666.

TUESDAYS

- 9 am: Quilters group, at Good Shepherd Lutheran Church, call 803-4459.
- 9:30 am: Downey Seniors Club, at Apollo Park, call Irene Vallini at 328-7039.
- 10 am: Downey Bocce Club, at 7850 Quill Drive, call John Fiorenza at 652-4399.
- 12 pm: Rotary Club, at Rio Hondo Events Center, call Greg Welch 323-816-4532.
- 6 pm: Toastmasters Club 587, at First Baptist Church, contact Salvador Cervantes: tmsalcpuede@gmail.com.
- 7 pm: Downey Knights of Columbus Bingo, at 11231 Rives Ave., call 923-1932.
- 7 pm: Healing Room and Prayer, at Desert Reign Church 11610 Lakewood Blvd, call 861-6011.
- 7:30 pm: Downey Master Chorale, at Cornerstone Church, contact info@downeymasterchorale.org.
- 1st Tues., 7:30 am: Gangs Out of Downey, at City Hall training room.
- 2nd and 4th Tues., 6 pm: Sertoma Club, at Rio Hondo Event Center, call 927-6438.
- 2nd Tues., 6 pm: Downey Fly Fishers, at Apollo Park, call 425-7936.
- 3rd Tues., 6:30 pm: Community Emergency Response Team meeting, Fire station 1, 12222 Paramount.
- 3rd Tues., 6 pm: American Legion #270, at Sizzler Restaurant, call 544-0372.
- Tues., Thurs. & Sat., 10 am: Downey Bocce Club, at 7850 Quill Drive, call John Fiorenza 652-4399

WEDNESDAYS

- 7 am: Kiwanis Club, at Rio Hondo Events Center, call Steve Roberson at 927-2626.
- 1 pm: Women's Bocce Club, at 7850 Quill Drive, call Marie Puch at 869-4366.
- 1 pm: Out Post 132 Royal Rangers, at Desert Reign Church, call 928-8000.
- 1st Wed., 11 am: Woman's Club of Downey, call Cheryl Olson 833-8954.
- 1st Wed., 11:30 am: Downey Coordinating Council, Community Center, call Bobbi Bruce 440-5416.
- 1st Wed., 7:30 pm: Downey Stamp Club, at Maude Price School cafeteria, call 928-3028.
- 2nd Wed., 11:30 am: Christian Women's Club, call Marilyn 928-2623.
- 2nd Wed., 3:30 pm: Keep Downey Beautiful, at City Hall, call 904-7102.
- 2nd Wed., 7:30 pm: Downey Model A Club, at Gallatin School Cafeteria, call 928-4132.
- 3rd Wed.: Downey Dog Obedience Club, for information please call Gina 869-5213 or Valerie 420-2972.
- 3rd Wed., 10 am: Los Angeles County Quilters Guild, at Women's Club, call (310) 604-0725.
- 3rd Wed., 10 am: OLPH Women's Guild, at OLPH School Auditorium, contact Melodie Santana, (562) 806 3102.
- 3rd Wed., 6 pm: American Business Women's Association, Rio Hondo Country Club, call Barbara 863-2192.
- 3rd Wed., 6 pm: Sister Cities of Downey, at Downey City Library, call Gloria Nezahualcoyotl (562) 776-6136.
- 4th Wed., 7:30 pm: US Coast Guard Aux. Flotilla 5-10, First Presbyterian Church, call Brian 419-5420.
- Wed. & Fri., 10:15 am: Senior Bingo, at Apollo Park, call 904-7223

THURSDAYS

- 7:30 am: Connections Networking, at Bob's Big Boy, for info., call Nick Smith, 861-5222.
- 7:30 am: Soroptimist Int'l of Downey, for information, call Mia Vasquez, 806-3217.
- 9 am: Crafters group, at Good Shepherd Lutheran Church, call 803-4459.
- 9:30 am: Take off Pounds Sensibly, at Barabara Riley Senior Center, call (800) 932-8677.
- 12 pm: Kiwanis Club of Downey, at Rio Hondo Events Center, call Roy Jimenez 923-0971.
- 12 pm: Optimist Club of Downey, at Rio Hondo Events Center.
- 6:30 pm: Downey United Masonic Lodge # 220, 8244 3rd St., call 862-4176.
- 7 pm: Troop 351, Boy Scouts of America, at First Baptist Church, call 776-3388.
- 7:30 pm: Downey Elks Lodge #2020, call 803-3557.
- 1st Thurs., 12:00 pm: Downey Christian & Professional Luncheon, Sizzler's Restaurant, call James 310-1335.
- 1st Thurs., 7:30 pm: The Downey Amateur Radio Club, at First Baptist Church room 120.
- 2nd Thurs., 7:30 pm: Beaming Rebel Foxes Collectors Club, call Carl D. Jones at 923-2400.
- 2nd & 4th Thurs., 6 pm: Lions Club, at Coco's, call Lenora (310) 283-9825.
- 3rd Thurs., 4 pm: Public Works Committee, at City Hall Training Room.
- 3rd Thurs., 6 pm: Downey CIPAC, at Sizzler's Restaurant, call Rich Tuttle 413-6045.
- 4th Thurs., 10 am: Assistance League, at Casa De Parley Johnson, call 869-0232.
- 4th Thurs., 7:30 pm: Downey Historical Society programs, at Community Center, call 862-2777.

FRIDAYS

- 7:30 am: Pro Networkers, at Mimi's Cafe, call Barbara Briley Beard at 869-7618.
- 3rd Fri., 8:30 am: Women's "In His Glory" Ministry at Los Amigos C. C. 622-3785.

SATURDAYS

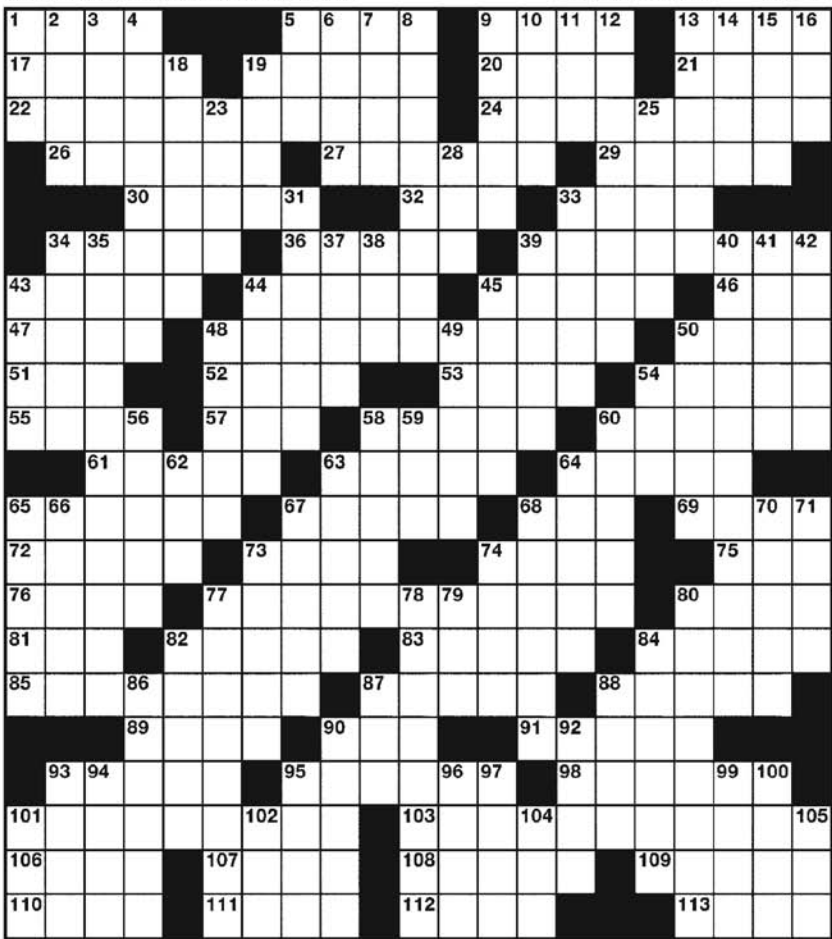
- 9 am: Farmers Market, Downey Avenue at 3rd Street, call 904-7246.
- 4th Sat., 12:00 pm: Downey Arts Coalition, email contact@downeyarts.org.

THE NEWSDAY CROSSWORD

Edited by Stanley Newman (www.StanXwords.com)
MAKE THE CALL: As an ump would
 by Fred Piscop

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Paging Dr. Frischer...

By Dr. Alan Frischer

You are approaching your favorite restaurant and see a letter grade rating in the window. Should you eat at a restaurant rated B? How about C? What does it mean?



Starting in 1998, most (but not all) cities in Los Angeles County have adopted a restaurant grading system. In fact, Downey and Norwalk were among the first. The Los Angeles County Department of Public Health is responsible for conducting twice-yearly inspections.

A perfect rating is 100, and a restaurant is docked a certain number of points for any violation, based on the associated public health risk. A score of 90 to 100 gives the restaurant a letter grade of A, and means “generally superior in food handling practices and overall food facility maintenance.” 80 to 89 results in a B, which means “generally good in food handling practices and overall food facility maintenance.” A score of 70 to 79 yields a C, which means “generally acceptable in food handling practices and overall food facility maintenance.” A rating between 0 and 69

represents “poor in food handling practices and overall food facility maintenance.”

A restaurant that receives a score below 70 twice within a twelve-month period is subject to closure and legal action. Both the letter grade and the actual score must be prominently posted.

Of course, there are major violations that can close down a restaurant immediately, regardless of the score.

It’s important to note that these restaurant inspections are merely a snapshot of daily operations. Inspectors will generally spend a few hours inside the restaurant, and the inspection will be a fair representation, but cannot tell the whole story. So, it’s ultimately up to us to decide for ourselves whether to eat there.

A low score does not mean that dining there will make you ill; nor does a high score guarantee you will not get sick. The inspection is a public service that gives us some information to go on.

More important than the final score or grade are the specific violations that earned the score.

For more detail, it’s easy to look up the inspection report (Google “LA County Food Ratings”) and see what specific deficiencies were found.

A B rating can be a result of having a few cracked floor tiles, a dusty ventilation hood, a fruit fly found at the bar, and perhaps an imprecise thermometer. Or, a live rat could be found, a 10-point

deduction, but the overall rating could still be an A.

And that is what can be misleading about the letter grade. Your favorite restaurant may have obtained a letter A, but nonetheless have a serious problem with food handling.

Closures can happen at any restaurant no matter what their grade. A study examined 1,069 food permit suspensions issued to restaurants. A whopping 95% of these suspensions were given to restaurants that were receiving an A or B grade at the time they were closed. (The most common automatic closure is due to finding live insects or rodents in the kitchen.)

In addition to paying attention to the letter grade and the story behind it, I recommend reading public reviews on websites like Yelp and TripAdvisor, taking a look at the bathroom as an indication of overall restaurant cleanliness, and previewing the menu.

If, after all of this, you still have an interest in eating out, I wish you safe and delicious dining!

Dr. Alan Frischer is former chief of staff and former chief of medicine at Downey Regional Medical Center. Write to him in care of this newspaper at 8301 E. Florence Ave., Suite 100, Downey, CA 90240.

More people are dying from suicides, liver disease and Alzheimer’s, data shows

The Center for Disease Control recently released its “Health, United States, 2017” – the 41st annual health of the nation report from the Secretary of Health and Human Services (HHS) to the President and Congress.

The report includes an in-depth special feature that spotlights mortality in America. It examines when, why, and where individuals are dying in the United States.

Causes of death and mortality’s impact on changes in life expectancy at birth are key focuses of the special feature. Data on life expectancy at birth are presented by sex, followed by data on death rates by age group.

Leading causes of death for each age group describe mortality trends from infancy to old age. The special feature closely examines three causes of death that have contributed to life expectancy drops in recent years – drug overdoses, suicides, and chronic liver disease. The report focuses on mortality because of the significant

rise in deaths from these three causes.

Special Feature highlights:

Life expectancy at birth **decreased** for the first time since 1993 by 0.2 years between 2014 and 2015, and then decreased another 0.1 years between 2015 and 2016.

Between 2000 and 2016, death rates for five of the 12 leading causes of death **increased**: unintentional injuries, Alzheimer’s disease, suicide, chronic liver disease, and septicemia.

The age-adjusted death rate for drug overdose in the U.S. **increased** 72 percent between 2006 and 2016 to 19.8 deaths per 100,000 population in 2016.

Between 2006 and 2016, the age-adjusted suicide death rate **increased** 23 percent, from 11.0 to 13.5 deaths per 100,000 resident population

Among men ages 25–34, death rates for chronic liver disease and cirrhosis **increased** by an average of 7.9 percent per year during 2006–2016. Among women in the same age group, this

increase averaged 11.4 percent per year.

In addition to the focus on mortality, the “Health, United States, 2017 Chartbook” examined 10-year trends in a broad range of health measures, including:

Between 2006 and 2016, the birth rate among teenagers ages 15–19 fell by half, from 41.1 to 20.3 live births per 1,000 females — a record low for the United States.

The percentage of high school students who smoked cigarettes in the past 30 days decreased from 15.8 percent in 2011 to 8.0 percent in 2016. High school students’ use of electronic cigarettes increased more than seven-fold, from 1.5 percent to 11.3 percent.

In 2016, personal health care expenditures in the U.S. totaled \$2.8 trillion — a 4.4 percentage increase from 2015.

More information on these and over 100 additional health indicators can be found in the full report at cdc.gov/nchs/health/index.htm.

Study: People who eat organic are 25% less likely to develop cancer

A new study suggests eating organic foods could help ward off cancer.

A study published in JAMA Internal Medicine, states that those who eat organic foods lowered their overall risk of developing cancer.

A team of scientists in France looked at the diets of more than 68,000 French adults for nearly 4 1/2 years.

The volunteers were categorized into four groups, depending on how often they reported eating organic products like fruits and vegetables, meat and fish, dietary supplements and more.

They found that participants who ate mostly organic were 25 percent less likely to develop cancer.

Specifically, those who primarily eat organic foods were more likely to ward off non-Hodgkin lymphoma and postmenopausal breast cancer compared to those who rarely or never ate organic foods, CNN reports.

During the study, participants developed a total of 1,340 cancers -- 459 of which were breast cancer.

Researchers said there could be other factors, but the correlation is substantial enough to warrant further studies.

Rain and cold weather linked to heart attack risk

A new study confirms what doctors have long asserted — cold weather is a risk factor for heart attacks. But the risk doesn’t stop with the cold. Low atmospheric pressure and the associated wind, rain and lack of sunshine also make heart attacks more likely, it seems.

The study, published Wednesday in JAMA Cardiology, looked at 3 million weather data points on the days corresponding with almost 275,000 heart attacks in Sweden. It covered a 15-year-period, from 1998 to 2013. Swedeheart, Sweden’s online cardiac registry, and the government’s expert weather institution, the Swedish Meteorological and Hydrological Institute, provided the extensive data.

Dr. David Erlinge, head of cardiology at Sweden’s Lund University and lead author of the study, said this is the largest-scale study he’s aware of on the effect of weather on cardiac events.

“People have been talking about weather and heart attacks for about 100 years,” he said. “With our robust data, we can separate out many more factors than just the cold.”


The study found that days with below-freezing temperatures (32 degrees Fahrenheit) had the highest incidence of heart attack. As temperatures rose closer to 40 degrees, heart attack rates went down. The north of the country, which has more snow and wind than the south, had generally higher rates.

But a deeper look at the data suggests that weather fluctuation could be the bigger factor. In the northern part of the country, the coldest region, heart attack cases did not correlate with temperature, but rather with increases in wind and snow. Looking at the whole country, the data specifically on the cold weather season, January to March, didn’t show a meaningful association with increased heart attack.

The finds indicate “an adaptation to long winters and low temperatures,” the study says.


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DOWNEY HAPPENINGS

FRIDAY, OCT. 26

Ricky Galvez Golf Tournament, 11 am. Gangs Out of Downey's annual golf tournament, raising money for Ricky Galvez college scholarships. Rio Hondo Golf Club, 10627 Old River School Rd.

PINK Conference, 5 pm. The start of a three-day women's conference featuring workshops and guest speakers. New Season Christian Worship Center, 9001 Paramount Blvd.

Magic the Gathering Tournament, 7 pm. \$5 entry fee. Psycho Turtle Collectibles, 8428 Telegraph Rd.

Halloween Party, 9 pm. Costume contest (with \$300 in cash prizes), DJs, and live bands playing Spanish rock and 80's flashbacks. Epic Lounge, 8239 2nd St.

SATURDAY, OCT. 27

Pancake Breakfast, 8 am. \$5 pancake breakfast hosted by Downey Rotary to benefit the YMCA. Downey High, 11040 Brookshire Ave.

Drug Takeback, 10 am to 2 pm. Dispose of your expired or unwanted prescription medication. Downey Police Department, 10911 Brookshire Ave.

Quartermania Fundraiser, 12:30-3:30 pm. Bethel 244 of Job's Daughter's Downey sixth annual Quartermania Fundraiser. Dia de los Muertos theme with a taco bar lunch. \$10. Downey Masonic Lodge, 8244 3rd St.

Halloween Party, 9:30 pm. Featuring live music by God Module and Mordacious. Plus four DJs and a costume contest. Stardust Club, 7643 Firestone Blvd.

SUNDAY, OCT. 28

Dia de los Muertos Festival, 11 am to 8 pm. Music and dance performances, dozens of vendors, art shows, food trucks, altar displays, and more. Downey Civic Center, 11111 Brookshire Ave.

TUESDAY, OCT. 30

Ribbon Cutting and Anniversary

Celebration, 3:30 pm. Trading Post celebrates its 1-year anniversary in Downey. Trading Post, 9956 Lakewood Blvd.

Wine & Paint, 6 pm. Create an artistic masterpiece (with step by step instruction) while enjoying wine and Argentine cuisine. Gaucho Grill, 8830 Apollo Way.

WEDNESDAY, OCT. 31

City Affairs Meeting, 12 pm. The Downey Chamber of Commerce's annual lunch meeting featuring a member of the local business community. Speaker is Ronald Long of Sunrun. Downey Chamber of Commerce, 11131 Brookshire Ave.

Tricks, Treats & Tales, 2-4 pm. Trick or treating, silly stories, creepy crafts, ghoulish games, prizes and giveaways. Downey City Library 11121 Brookshire Ave.

Halloween Spooktacular, 4-6 pm. Trick or treating, costume contest, pumpkin painting, music, food, and prizes. Downey Nissan, 7321 Firestone Blvd.

Pumpkin Patch, 5-9 pm. Costume contests, carnival games, photo booth, caricature artist, glow walk, and more. Apollo Park, 12544 Rives Ave.

Mega Blast, 6-8 pm. A safe alternative to traditional trick or treating, Mega Blast features music, bounce houses, photo booth, candy, decorated cars, and simple games for kids. Food, drink and dessert available for purchase. Downey First Christian Church, 10909 New St.

Alternative Night, 6-9 pm. An alternative for those seeking a Christ-centered option on Halloween. Games, rides, live entertainment, and more. Calvary Chapel of Downey, 12808 Woodruff Ave.

THURSDAY, NOV. 1

Let's Do Lunch Networking, 12 pm. Mingle with members of the local business community. Brickstone Grill, 8425 Firestone Blvd.

Toastmasters, 1 pm. Learn to

become a confident public speaker and stronger leader. Downey Association of Realtors, 12073 Paramount Blvd.

FRIDAY, NOV. 2

Rotary/Arc Golf Tournament, 11 am. Rotary Club of Downey's annual golf tournament with proceeds benefiting The Arc - Los Angeles & Orange Counties. Rio Hondo Golf Club, 10627 Old River School Rd.

SATURDAY, NOV. 3

Holiday Marketplace, 10 am to 3 pm. Craft goods, baked goods, homemade items, and holiday goodies available for sale. Downey City Library, 11121 Brookshire Ave.

Poets in Autumn Tour, 7 pm. The Poets in Autumn Tour features the top Christian spoken word artists in the world. Calvary Chapel of Downey, 12808 Woodruff Ave.

TUESDAY, NOV. 6

Chess Exhibition for Kids, 5 pm. Learn about the game of chess and have fun playing. For kids ages 5-14. Downey City Library, 11121 Brookshire Ave.

WEDNESDAY, NOV. 7

Golf Tournament, 9:30 am. The Foreign Trade Association and Los Angeles Customs Brokers and Freight Forwarders Association hosts its 46th annual golf tournament. Rio Hondo Golf Club, 10627 Old River School Rd.

THURSDAY, NOV. 8

Human Trafficking 101, 5:30 pm. Learn about one of this country's largest growing epidemics. \$15. Los Amigos Country Club, 7295 Quill Dr.

Biz & Film, 7 pm. A networking and fundraising event in support of "My DACA Life," a documentary film currently in production. Barriles Restobar, 11040 Downey Ave.

FRIDAY, NOV. 9

Veterans Breakfast, 7:45 am. Veterans and active duty military and their families are invited to a free breakfast. Calvary Chapel Christian School, 12808 Woodruff Ave.

El Segundo Kiwanis Cup Golf Tournament, 12 pm. A 4-person scramble golf tournament, with proceeds benefiting El Segundo Kiwanis. Rio Hondo Golf Club, 10627 Old River School Rd.

Brighten Women's Conference, 2 pm. The start of a two-day conference for women and girls ages 12 and older. Worship, speakers, breakout sessions, and more. Lord's Grace Church, 7360 Foster Bridge Blvd.

2nd II None, 9 pm. Compton rap group 2nd II None performs live. Godtts Night Club, 7931 Firestone Blvd.

@ergodrum, 9 pm. The Italian drummer known as @ergodrum is joined by Steelwitch. Stardust Club, 7643 Firestone Blvd.

SATURDAY, NOV. 10

Car Show and Breakfast, 8 am. All makes, models, years welcome. Free to the public. First Baptist Church Downey, 83343 2nd St.

Smart Gardening Workshop, 9:30 am. Learn smart and effective ways to grow a drought-tolerant garden. Wilderness Park, 10999 Little Lake Rd.

Citizenship Clinic, 10 am. Receive free assistance with the completion of your naturalization application. Barbara J. Riley Center, 7810 Quill Dr.

Rudolph the Red-Nosed Reindeer, 11 am and 2 pm. A holiday tradition based on the animated television special. Downey Theatre, 8435 Firestone Blvd.

Marine Corps. Birthday Party, 5 pm. A celebration in honor of Veterans Day and the 243rd Marine Corps birthday. Live music, two beer gardens, food, veterans vendors, veteran outreach, and cake-cutting ceremony. Bastards, 11045 Downey Ave.

Downey High School Class of 1973 Reunion, 6-10 pm. RSVP to Bruce Hearn (562) 695-9088. Cost \$25 in advance or \$30 at door. Frantone's, 9148 Telegraph Rd.

SUNDAY, NOV. 11

Rudolph the Red-Nosed Reindeer, 11 am and 2 pm. A holiday tradition based on the animated television special. Downey Theatre, 8435 Firestone Blvd.

MONDAY, NOV. 12

Veterans Day Ceremony, 10 am. A ceremony honoring all who have served our country. City Hall, 11111 Brookshire Ave.

THURSDAY, NOV. 15

Town Hall Meeting, 6 pm. Be informed of what's going on in your community, and share your thoughts and idea on how to improve Downey. Hosted by Mayor Sean Ashton. Columbia Memorial Space Center, 12400 Columbia Way.

SoCal Blues Club, 7 pm. Live blues concert featuring performances by G All-Stars and Shy But Fly. Bring canned food to benefit Los Angeles Food Bank. Stardust Club, 7643 Firestone Blvd.

SATURDAY, NOV. 17

Keep Downey Beautiful Clean-Up, 9 am. Help pick up litter and make the community nicer. 8832 Imperial Hwy.

SUNDAY, NOV. 18

5K for a 5 King, 6 am. A 5K run/walk in memory of fallen police officer Ricky Galvez. More details at 5Kfor5King.racewire.com

MONDAY, NOV. 19

Clergy Council Meeting, 6 pm. A collaborative meeting between residents, clergy, law enforcement and service providers. Downey City Library, 11121 Brookshire Ave.

SATURDAY, NOV. 24

Marilyn Manson Tribute Night, 9:30 pm. A musical tribute to the goth-rock performer. Free entry before 10 pm. Stardust Club, 7643 Firestone Blvd.

SUNDAY, DEC. 2

Christmas Parade, 1 pm. The 67th annual Downey Christmas Parade, featuring floats, bands, equestrian units, and Santa Claus. Downey Avenue, between Florence and 3rd St.

MONDAY, DEC. 3

Tree Lighting, 6-8:30 pm. The city of Downey lights up its Christmas tree. City Hall, 11111 Brookshire Ave.

TUESDAY, DEC. 11

Calls from Santa Claus, 8 am to 5 pm. Santa Claus will be making personalized phone calls to Downey children. Register between Dec. 4-10 at the Parks & Recreation Department.

SATURDAY, DEC. 15

Mariachi Divas, 8 pm. The all-female mariachi group performs a special Christmas concert. Downey Theatre, 8435 Firestone Blvd.

MONDAY, DEC. 16

It's Christmas in Downey, 4 pm. A holiday spectacular featuring performances by the All American Boys Chorus, Cooper Phillip, Mary Beth Nelson, Chris Job, and more. Downey Theatre, 8435 Firestone Blvd.

SATURDAY, DEC. 22

The Nutcracker, 7:30 pm. Southern California Dance Theatre presents the holiday classic, "The Nutcracker." Downey Theatre, 8435 Firestone Blvd.

SUNDAY, DEC. 23

The Nutcracker, 2:30 pm. Southern California Dance Theatre presents the holiday classic, "The Nutcracker." Downey Theatre, 8435 Firestone Blvd.

THURSDAY, JAN. 3

Let's Do Lunch, 12 pm. A networking event sponsored by the Downey Chamber of Commerce. Olive RestoBar, 8830 Apollo Way.



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8435 Firestone Blvd., Downey CA 90241
www.downeytheatre.com

DOWNEY HAPPENINGS

TUESDAY, JAN. 8

Coffee with the Superintendent, 6 pm. Chat with Downey Unified superintendent Dr. John Garcia over a cup of coffee. Stauffer Middle School library, 11985 Old River School Rd.

FRIDAY, JAN. 25

Hotel California - A Salute to the Eagles, 8 pm. A dynamic show saluting the work of The Eagles. Featuring mega hits such as "Take It Easy" and "Hotel California." Downey Theatre, 8435 Firestone Blvd.

SATURDAY, FEB. 2

Villalobos Brothers, 8 pm. The popular Mexican trio perform their brand of jazz, rock and classical music. They'll be joined by Flor de Toleache. Downey Theatre, 8435 Firestone Blvd.

SATURDAY, FEB. 9

Walk for Water, 9 am. The KIWIN's of Diamond Division raise awareness of the global water crisis. Downey High School football stadium, 11040 Brookshire Ave.

SATURDAY, FEB. 23

Healthy Downey 5K, 8 am. A 5K walk/run to raise money for the TLC Family Resource Center. Apollo Park, 12544 Rives Ave.

THURSDAY, MARCH 14

GOOD Luncheon, 11:30 am. Annual fundraiser benefiting Gangs Out of Downey. Rio Hondo Event Center, 10627 Old River School Rd.

Blue Oyster Cult, 8 pm. The heavy metal band from Long Island, New York performs their canon of hits. Downey Theatre, 8435 Firestone Blvd.

SATURDAY, MARCH 30

Arc Walk for Independence, 9 am. A 1- or 3-mile walk to celebrate people with developmental disabilities. Stonewood Center, 251 Stonewood St.

SUNDAY, APRIL 7

Billy Ocean, 7 pm. With more than 30 million records sold, Billy Ocean is a pop legend with no signs of slowing down. Downey Theatre, 8435 Firestone Blvd.

WEDNESDAY, APRIL 10

Havana Cuba All Stars, 8 pm. Some of Cuba's greatest musicians and dancers perform everything from the cha cha to rumba. Downey Theatre, 8435 Firestone Blvd.

FRIDAY, APRIL 12

Coffee with the Superintendent, 9 am. Chat with Downey Unified superintendent Dr. John Garcia over a cup of coffee. Lewis Elementary cafeteria, 113220 Bellflower Blvd.

SATURDAY, APRIL 20

Kids & Cops Day, 11 am. Police officers and local kids come together for a day of games and activities. Furman Park, 10419 Rives Ave.

SUNDAY, MAY 19

Los Chicos del 512, 7 pm. Called "the best Selena tribute band out there," Los Chicos del 512 performs across the country, taking audiences back to 1995. Downey Theatre, 8435 Firestone Blvd.

Compiled by Eric Pierce. Email calendar listings to eric@thedowneypatriot.com

Pita GR is Downey's latest example of culinary ambition

By Eric Pierce
Editor

DOWNEY - Tacos. Burgers. More tacos.

For a community as culturally diverse as Downey - where Cubans, Mexicans and Greeks are increasing in both population numbers and local political influence - this city's dining options haven't always reflected the shifting evolution of Downey's demographics.

Only recently have we begun to experience culinary ambition in Downey, with menus that inspire creativity and celebrate ingenuity. For those restaurants that stick it out, the success appears to be there.

Examples are Gaucho Grill, the Lock & Key, Green Olive, The Olive RestoBar, and Caña by Tropicana, each of which are receiving rave reviews on Yelp for their unique twists on otherwise traditional dishes.

Barriles RestoBar, formerly Mi Cielo, also recently revamped its menu with platters intended to appeal to the young, working professional (chilaquiles burger, anyone?).

The latest addition to Downey's new foodie scene is Pita GR (the GR stands for "Greek"), sandwiched in the middle of a strip mall a few doors down from See's Candy. The address is 9905 Paramount Blvd.

Barely a month old, the restaurant is owned by the trio of Dino Marougas, Valentin Flores and Joseph Manacmul, who collectively saw a need for a Greek street food concept in Downey. They purchased Cafe

Opa in early 2018 and spent the next six months remodeling the interior and developing a menu.

The fruit of their work was revealed Sept. 24, when Pita GR opened to the public.

As a fast-casual restaurant, customers order from a register at the front of the store and have their food delivered to their seats. Servers work in teams, allowing customers to order additional food or receive help from any of the staff members on the floor.

The restaurant offers most of the traditional Greek offerings -- lamb and chicken souvla, pork souvlaki, roasted potatoes -- available as either a pita, *salata* (salad) or *merida* (plate).

Unlike most other Greek restaurants, Pita GR sells its protein by the kilo. Souvla lamb, lamb chops, pork souvlaki and pork yeero can be purchased by the half-kilo (enough to feed 2-3 people), or a full kilo (3-4 people).

There are five choices of dips: *skordalia* (a mixture of potato, olive, garlic and chives), *tirokafteri* (Greek cheese blend, roasted hot peppers, and oregano), *revithosalata* (garbanzo, tahini, garlic, lemon and evoo), *tzatziki* (Greek yogurt, cucumber, garlic and dill), and *melitzanosalata* (roasted eggplant, tahini, walnut, garlic, parsley and evoo). "Evoo" is extra virgin olive oil.

Featured on the a la carte menu are dishes such as *saganaki* (pan-fried Greek cheese), *avgolemono* soup (traditional egg-lemon soup with chicken and rice), and the original GR salad (tomato, cucumber, red onion, Anaheim pepper, feta, kalamata olives,

oregano and evoo).

This reporter tried the lamb rotisserie pita, stuffed with avocado, tomato, cucumber, fries, pickled red onion, chives and a *htipiti* spread. It was paired with a side of seasoned garlic fries. For dessert, both the *vissino* and *baklava* GR frozen yogurt.

"Greek street food is the common food that one would eat on a daily basis if you lived in Greece," explained Marougas, who also helped develop the menus at Poached Kitchen and Gaucho Grill.

"On every corner of any city in Greece you will find *souvlatzidiko*. This staple Greek eatery consists of a few things: yeero (pork or chicken) and souvlaki, and they are almost always served two ways: wrapped in a warm pita or a la carte by 1/2 kilo or kilo.

"This is equivalent to the American burger stand and it is eaten for lunch, dinner and late night after hours."

What makes Pita GR different from other Greek restaurants?

"Our food is authentic and carries all the ingredients of what you would find in modern-day Greece," Marougas said. "Our food is refined and the ingredients touched with intent. For example, the red onion is still the red onion but pickled to invoke sweet, sour, and spice. This helps accent the fat content in the lamb and brighten up the flavor profile.

"Greek cuisine has too long been related to Greek immigrants that served their



The roasted sweet potato pita.

mothers' food and a menu of food that has been Americanized to accommodate a palette that was less adventurous before the days of Food Network and Anthony Bourdain's "Parts Unknown," Marougas added.

"What Americans know as 'yeero' or 'gyro' is actually not served in Greece. This product was produced in Chicago by a Greek immigrant, again to accommodate the American palette at a time when pork was deemed to be unhealthy."

Marougas, Flores and Manacmul already have plans for their next project -- Louks Greek Baby Donuts at 9232 Lakewood Blvd. -- but for now their attention remains fixed on Pita GR.

Pita GR is located at 9905 Paramount Blvd. It is open daily from 11 a.m. to 10 p.m.

DINING OUT

Restaurant Spotlight **NORMS**

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Stauffer Foundation gives thousands in teachers, principal grants

DOWNEY – The Mary R. Stauffer Foundation presented tens of thousands of dollars in teacher and principal grants last week, bringing the foundation’s total contribution to Downey students and schools to \$147,200 this year alone.

The latest grants were presented at the Oct. 16 Downey Unified board of education meeting.

The principal grants, given in honor of former DUSD director and longtime Stauffer Foundation board member Linda Kennedy, were given to six Downey principals.

Totaling \$58,275, this is the third year principal grants have been available to Downey Unified principals, focusing on the middle and high school level principals this year.

“We cannot thank the Mary R. Stauffer Foundation enough for the outpouring of continuous support to our staff and students,” expressed Downey Unified Board President Barbara Samperi. “For the last 18 years, Downey Unified has been fortunate to receive these annual grants from the Stauffer Foundation, which has aided our teachers and principals in expanding program offerings to better prepare students for success in their respective college and career endeavors.”

Rotating grade levels each year, this year’s Stauffer Foundation teacher grants focused on the elementary school level with 13 teachers selected for the grant.

Totaling \$30,875, these grants will provide funding for new innovative and creative projects, and renewals of existing successful

programs that require additional funding for maintenance, expansion and enhancement.

In addition to these grants, the Stauffer Foundation also renewed the programs provided to Downey Unified students through partnerships with the Autry Museum and the Columbia Memorial Space Center. These districtwide grants totaled \$58,050.

A combined total of \$147,200 will be provided to Downey Unified students this school year alone by the Stauffer Foundation to expand their educational opportunities through both grants and program offerings.

The foundation is funded by philanthropist Dr. Mary Stauffer.

Recipients of the Stauffer Foundation’s teacher grants.

Photo courtesy Downey Unified



Recipients of the Stauffer Foundation’s principal grants.

Photo courtesy Downey Unified



Film festival added to Downey’s Dia de los Muertos

DOWNEY – Viva la Vida, a film festival of award-winning shorts, has been added to the sixth annual Downey Dia de los Muertos Art Festival, taking place this Sunday at the Downey Civic Center.

Shown throughout the day inside the 738-seat Downey Theatre, the 10-12 minute features range from animation to actors, from fantasy to realism, with underlying messages that express and reflect the importance of family and tradition in the Hispanic community.

Viva la Vida is presented by Cinema Culturas, a Riverside based non-profit that espouses film to talk to and for the Hispanic community. It stages annual film festival in various venues.

The Downey film festival is part of Cinema Culturas’ latest production, titled “From Coachella Valley to the City of Downey.”

“Viva la Vida visualizes the shared Latino experience, be it in the fields of Coachella or the city life in Downey,” festival organizers said.

“Cinema Culturas aims to capture the festive spirit of the Latino community through the art of visual storytelling and create a narrative of unity that honors life by celebrating our rich Southern California diversity,” said Cony Martinez, founder and president of Cinema Culturas.

Six films are scheduled to be screened Sunday:

“Lluvia en los Ojos,” directed by Rita Basulto

“El Trompetista,” directed by Raul Robin Alejandro Morales Reyes

“Ramona,” directed by Giovanna Zacarias

“Carnitas,” directed by Barbara Miryam Balsategui Tovar

“Los Ases del Corral,” directed by Irving Sevilla and Manuel Baez

“Polvo de Estrellas,” directed by Aldo Sotelo Lazaro

Admission to Downey’s Dia de los Muertos Art Festival is free. The event runs from 11 a.m. to 8 p.m.

In addition to the film festival, the event includes live musical performances, Aztec dancers, an expanded altar display, sugar skull decorations, vendors, food trucks, and more.

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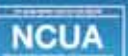
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Downey beats Gahr to share volleyball league title

By Mark Fetter
Contributor

DOWNEY – The Downey High School girls' volleyball team is the 2018 San Gabriel Valley League co-champion with Gahr after defeating Gahr, 3-2, in their league finale.

Both teams finished league play with records of 9-1 but Downey earned the number one league entry due to their second round of league play win against Gahr.

Downey defeated Crescenta Villa 3-0 at Downey on October 18th in the first round and defeated Villa Park at Villa Park 3-1 (22-25, 26-24, 26-24 and 26-24) in their second round game on Monday. The Lady Vikings hosted Xavier Prep of Palm Desert at 7:00 p.m. on Wednesday for their quarterfinal round game (score unavailable at press time).

Xavier Prep (28-7, 10-0) defeated Valley Christian 3-1 on October 18th at Xavier Prep, defeated Elsinore 3-0 (25-13, 25-23 and 25-14) on October 20th and played the Lady Vikings on Wednesday night. Xavier Prep is the Desert Empire League champion.

The winner of the Downey/Xavier Prep game will play the winner of the Quartz Hill/San Marino game in the semifinal round.

Things are certainly heating up in postseason play. Coach McCarthy, his staff and players are all looking forward to advancing to the next round.

The Downey boys' volleyball team won C.I.F. last season and the girls are looking to do the same this season.

WARREN GIRLS TENNIS: The Warren High School girls' tennis team is the 2018 San Gabriel Valley League champion.

The Bears finished their regular season schedule with an overall record of 14-2 were an undefeated 12-0 in league play. Warren is

currently hosting league finals.

The singles tournament was played on Tuesday, the doubles tournament was played on Wednesday and the S.G.V.L. Finals individual tournament was played on Thursday (results unavailable at press time).

Coach Starksen, her staff and players are all looking forward to finishing league finals on a strong note and making a deep run in C.I.F. postseason play. Brackets will be revealed this weekend as to when and where matches will be played.

Warren has earned a first round home match and will find out Sunday who they will host.

WARREN CHEER: Warren High School's Unified Cheer Team performed at the Downey/Warren football game last Friday night at Downey.

Warren High School Athletic Director Samantha Miyahara said, "15 special needs students cheered alongside our general education students."

Miyahara continued by saying, "so many families have expressed that they never thought their son or daughter would have the opportunity to participate in anything and it was truly inspiring." Miyahara concluded by saying, "on Friday night we were able to bring what seemed like an impossibility to actuality."

Samantha Miyahara thanked Warren staff members Letty Anaya, Liz Dolmos, Rachel Palmer, Amanda Peck and Aaron Tidwell for making this special event possible.

DOWNEY FOOTBALL: The Downey High School football team hosted cross-town rival Warren last Friday night at Downey and were defeated, 48-28.

With the loss the Vikings fell to 4-5 overall and 2-2 in S.G.V.L. play. With the win the Bears improved to 6-3 overall and 3-1 in league play.

Downey hosted Gahr yesterday and Warren hosted Dominguez as well. Downey needs to beat Gahr to earn a playoff spot and Warren has already clinched a postseason playoff spot with their win at Downey.

WARREN FOOTBALL: The Warren High School football team traveled to cross-town rival Downey last Friday night and came away with a 48-28 win, clinching a postseason berth.

The win at Downey also marked the first time Warren has defeated Downey at Downey since 1998, some 20 years and nine games. The Bears have also earned city bragging rights in football until next season.

In the Warren/Downey game the Vikings jumped out to a quick 7-0 lead but Warren answered right back and took a 14-7 lead at the end of the first quarter. The Bears added 12 more points in the second quarter and took that 26-7 lead into the locker room at halftime.

The Bears outscored Downey 8-7 in the third quarter and led 34-14 entering the fourth quarter. Each team scored 14 points in the fourth quarter and Warren came away with the 48-28 win.

Bear quarterback Chris Venegas passed for 249 yards and five touchdowns. For his efforts Venegas was recognized on the popular sports show "Roggin's Heroes." The Bear receiving corps were led by Desmond Carnes' 29-yard touchdown catch and Keison Evans' two touchdown catches of 7 and 24 yards, respectively. Other Warren passing, rushing, receiving and defensive stats were unavailable at press time.

Coach Lara, his staff and players are all looking forward to finishing league play strong by beating Dominguez and making a deep run in the C.I.F. Division 7 playoffs.

Chick-fil-A hiring 120 for new Norwalk restaurant

NORWALK – Chick-fil-A has named Farid Khansarinia franchise owner of the chain's Norwalk restaurant as the restaurant prepares to hire up to 120 new team members in preparation for the projected grand opening in late November.

When Norwalk's stand-alone Chick-fil-A opens at 12555 Imperial Hwy., it will be the realization of a dream for long-time California resident Khansarinia who began looking for an entrepreneurial opportunity after more than 30 years in retail.

An ITT graduate, Khansarinia started in the trenches of retail and rose to be vice president of national retail sales for a major multinational consumer electronics brand.

Khansarinia, his wife Suki, and their five children already were Chick-fil-A fans when a friend suggested the franchise opportunity might line up with his desire to use the skills gained during his retail career to grow his own business and mentor young people. He connected with a local Chick-fil-A franchise owner and realized the role fit his entrepreneurial goal of owning a business where he could have a positive impact on his employees, customers and community.

He and his family are thrilled to bring Chick-fil-A to Norwalk

and continue to serve the community that has been home to Khansarinia for more than 40 years.

Norwalk's more than 4,500-square-foot Chick-fil-A restaurant will include an indoor children's play area, dining room seating for 120 and patio seating for 12. The drive-thru features two ordering lanes merging into a single lane for pickup, enhancing the chain's award winning drive-thru service.

The restaurant will be open Monday through Saturday from 6 a.m. until 10 p.m., offering a full breakfast menu until 10:30 a.m.

Khansarinia has begun hiring as many as 120 team members as he builds his Norwalk staff. He is filling full-time and part-time positions in all areas of the restaurant, including leadership development, hospitality, catering, training and marketing.

Each position will include benefits such as scholarships for continuing education. In addition, Chick-fil-A restaurant team members appreciate having Sundays off, flexible schedules, and the family atmosphere fostered at the restaurant.

Named one of the "best places to work" by Glassdoor, Chick-fil-A is known for hiring and retaining talent and offering a supportive

workplace with opportunities for leadership development, respect for work-life balance and competitive wages.

Chick-fil-A Team Members are eligible for the chain's initiative, Remarkable Futures, which provides \$14.5 million in annual scholarships. Ranging from \$2,500 to \$25,000, the scholarships are based on leadership, community involvement and academic achievement.

Chick-fil-A, which employs more than 75,000 people through corporate positions and franchised locations, has provided almost \$60.5 million to help pay for college since a formal scholarship program was initiated 45 years ago in 1973.

Interested applicants can learn more by visiting www.nowhiring.com/Norwalkor texting Norwalk to 242424. Follow the Imperial and Bloomfield Chick-fil-A restaurant at www.facebook.com/cfanorwalkca for updates on grand opening events.

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Military invited to free breakfast

DOWNEY – Military veterans and active duty military personnel, along with their families, are invited to a free breakfast Friday, Nov. 9, at 7:45 a.m. at Calvary Chapel Christian School.

Following the breakfast will be a program in the main sanctuary at 9 a.m.

For more information, call the school office at (562) 803-6556.

‘Toys for Tecate’ comedy show

DOWNEY – A comedy show is raising money to supply low-income children in Mexico with Christmas presents.

The “Toys for Tecate” comedy show will take place Saturday, Nov. 3, at the Embassy Suites. Admission is \$25 with proceeds used to buy toys for children in Tecate, Baja California.

Guests who bring a new, unwrapped toy also receive a free raffle ticket.

Scheduled to perform are Eric Schwartz, Edwonda White, Justin Rivera, Scott Wood and Mike Cano.

For tickets or more information, call Monica at (562) 644-6514.

Embassy Suites begins interior renovations


DOWNEY – The Embassy Suites has begun a multi-million dollar renovation of all its suites at its Downey hotel, the company announced.

Every suite will receive a fresh, contemporary redesign including two new 55-inch flat-screen televisions, a double-sized sofa sleeper, a credenza, desk with ergonomic chair, and new bathrooms.

The renovation is being completed in phases and is scheduled for completion by early 2019.

“This extensive renovation will provide our guests with superior accommodations and a highly satisfying stay overall,” said Maurice Casaus, general manager of the hotel.

POETRY MATTERS



“This living hand, now warm and capable”

This living hand, now warm and capable
Of earnest grasping, would, if it were cold
And in the icy silence of the tomb,
So haunt thy days and chill thy dreaming nights
That thou would wish thine own heart dry of blood
So in my veins red life might stream again,
And thou be conscience—calm’d—see here it is—
I hold it towards you.

John Keats, d.1821, age 25

“Season of mist and mellow fruitfulness...” Keats owns autumn. As the poet A. E. Stallings says, “Every Halloween I think also of Keats since this is his birthday. His last poem, which breaks off rather than ends, is appropriately “haunting.” Poetry Matters is curated by Lorine Parks.

Christian business club meeting

DOWNEY – The couple of Joy and Art Drews will be the featured speakers at the Nov. 1 meeting of the Downey Christian Business Club.

Art is an electrician who says he received the energy to survive health challenged “by plugging into Jesus.”

The meeting begins at noon at Sizzler.

Olive Garden manager earns honor

DOWNEY – Melanie Dip, general manager of the Olive Garden in Downey, has achieved Diamond Club status, the top honor at parent company Darden Restaurants.

She was recognized this year for her commitment to delivering guest experiences at the highest level, while making a difference in the lives of guests and team members, as well as in her community. This is the third time Dip has received this recognition.

“Melanie welcomes every guest and team member that comes through her restaurant doors like family,” said Dan Kiernan, president of Olive Garden. “Her passion for creating a vibrant, engaging team member culture make her an incredible asset to both the Downey community and our Olive Garden family.”

This year, Dip joins an elite group of 44 general managers selected from the more than 850 Olive Garden restaurants in North America, making this a truly exclusive honor.

Downey students named to university Dean’s List

DOWNEY – Eight Downey residents were named to the Dean’s List at Biola University for the spring 2018 semester, school officials announced.

Qualifying students included Joseph Awada, Angelo Boncore, Sarah Chung, Kristina Cruz, Christopher Garcia, Priscilla Kim, Clayton Mohler and Bethany Shubin.

Students must earn a minimum 3.2 GPA to be placed on the Dean’s List.

Meanwhile, Desiree Garcia, also of Downey, was named a Chancellor’s Scholar at UC Merced.

Chancellor’s Scholars must have a minimum 3.5 GPA and be in the top 10 percent of the university’s student body.

60 Words

to celebrate the Downey Symphony Orchestra’s 60th anniversary

A theatre was on the drawing boards. Patroness Ellie Phillips returned to the Symphony Board. From 40 applicants Louis Palange was selected as the city’s new orchestra director.

Palange was a composer-arranger-conductor in radio, television and motion pictures; made WW II documentary and war bond films; guest-conducted abroad; founded bands and opera companies; built the Long Beach Symphony. Next: Downey.

Symphony archives
Compiled by Joyce Sherwin



Thousands attend College Fair

DOWNEY – Downey Unified hosted its fourth annual districtwide College Fair at Downey High School on Wednesday night.

This event, for Downey Unified students of all ages, ran from 6 to 8 p.m. and approximately 2,130 visitors walked the field speaking to various college, university and career representatives that were present.

Breakout sessions were also available for those in attendance to inform and educate them on such topics as college readiness (a-g requirements), college sports recruiting, financial aid and free tuition programs through Cerritos and Rio Hondo colleges.

Some of the institutions present included both public and private entities such as: Azusa Pacific, Biola, Boston, Cal Baptist, Concordia, George Town, Hope, Marymount California, Loyola Marymount, Point Loma, Purdue, Utah State, Vanguard and Woodbury Universities; California State Universities (CSU) Fullerton, Long Beach, Los Angeles and Dominguez Hills; the Universities of Southern California (USC), La Verne, Notre Dame and San Francisco; Universities of California (UC) Berkeley, Davis, Los Angeles, Irvine, Riverside, San Diego, Santa Barbara and Santa Cruz.

Career representatives were also available from the Art Institute, and the United States Air Force, National Guard, Marines, Army, Coast Guard, Naval Academy and Navy.

“This event was a great opportunity for Downey Unified students to interact with college and university representatives in a local and comfortable setting before the application deadlines come to a close,” said Downey Unified Superintendent Dr. John Garcia. “Students were able to obtain information and compare their possible school choices, while asking any outstanding questions they had before making their final application decisions.”

60 Words

to celebrate the Downey Symphony Orchestra’s 60th anniversary

Opening Night Performance in our new Community Theatre called for seriously splashy forces, requiring two separate evenings and three choral and instrumental conductors. The Mayor spoke. The Southeast Concert Chorale, Downey Youth Band, Downey Civic Chorus and Baptist Church Choir performed, and Louis Palange conducted the Orchestra in works of Tchaikovsky, Brahms, Wagner, then Handel’s Hallelujah Chorus.

What a launch!

Symphony concert programs for June 11 and 13, 1970
Compiled by Joyce Sherwin

LEGALS

BULK SALES

NOTICE TO CREDITORS OF BULK SALE AND OF INTENTION TO TRANSFER ALCOHOLIC BEVERAGE LICENSE (UCC Sec. 6101 et seq. and B & P 24073 et seq.) Escrow No. 14039-JP

NOTICE IS HEREBY GIVEN that a bulk sale of assets and a transfer of alcoholic beverage license is about to be made. The name(s) and business address of the Seller(s)/licensee(s) are: ANGELINA JEAN ESQUEDA AND JUAN ANTONIO ESQUEDA, 13926 IMPERIAL HWY, LA MIRADA, CA 90638-1725. Doing Business as: THE GREEN CHILE. All other business names(s) and address(es) used by the seller(s)/licensee(s) within the past three years, as stated by the Seller(s)/licensee(s), is/are: The name(s) and address of the Buyer(s)/applicant(s) is/are: TODD SINGERMAN, 13926 IMPERIAL HWY, LA MIRADA, CA 90638-1725. The assets being sold are generally described as: FURNITURE, FIXTURES, EQUIPMENT, GOODWILL, LEASE, LEASEHOLD IMPROVEMENTS, COVENANT NOT TO COMPETE AND ABC ON SALE BEER & WINE-EATING PLACE LICENSE #41-537936 and is/are located at: 13926 IMPERIAL HWY, LA MIRADA, CA 90638-1725. The type of license to be transferred is/are: ON SALE BEER & WINE-EATING PLACE, License #41-537936 now issued for the premises located at: SAME. The bulk sale and transfer of alcoholic beverage license(s) is/are intended to be consummated at the office of: ACT ONE ESCROW INC, 17316 EDWARDS RD STEB160, CERRITOS, CA 90703 and the anticipated sale date is NOVEMBER 26, 2018. The bulk sale is subject to California Uniform Commercial Code Section 6106.2. The purchase price of consideration in connection with the sale of the business and transfer of the license, is the sum of \$75,000.00, including inventory estimated at \$1,000.00, which consists of the following: DESCRIPTION, AMOUNT: CHECK \$5,000.00; CASH \$70,000.00; ALLOCATION TOTAL \$75,000.00. It has been agreed between the Seller(s)/licensee(s) and the intended Buyer(s)/transferee(s), as required by Sec. 24073 of the Business and Professions Code, that the consideration for transfer of the business and license is to be paid only after the transfer has been approved by the Department of Alcoholic Beverage Control. Dated: 10/18/18 ANGELINA JEAN ESQUEDA AND JUAN ANTONIO ESQUEDA, Seller(s)/licensee(s) TODD SINGERMAN, Buyer(s)/applicant(s) LA2129370 DOWNEY PATRIOT 10/25/18

FCS LA2129370 The Downey Patriot 10/25/18

NOTICE TO CREDITORS OF BULK SALE (Division 6 of the Commercial Code) Escrow No. 35693-LS

(1) Notice is hereby given to creditors of the within named Seller(s) that a bulk sale is about to be made on personal property hereinafter described

(2) The name and business addresses of

the seller are: FRIENDLY VENTURES, INC. 12301 IMPERIAL HWY, NORWALK, CA 90650

(3) The location in California of the chief executive office of the Seller is: 15051 LEFINGWELL RD, #201 WHITTIER, CA 90604

(4) The names and business address of the Buyer(s) are: SACHIN LEKHI, 6206 ROSEMEAD BLVD, TEMPLE CITY, CA 91780

(5) The location and general description of the assets to be sold are: FURNITURE, FIXTURES AND EQUIPMENT of that certain business located at: 12301 IMPERIAL HWY, NORWALK, CA 90650

(6) The business name used by the seller(s) at said location is: SUBWAY #2639

(7) The anticipated date of the bulk sale is NOVEMBER 13, 2018 at the office of: ADVANTAGE ONE ESCROW, 7777 CENTER AVE #350 HUNTINGTON BEACH, CA 92647, Escrow No. 35693-LS, Escrow Officer: LAURIE J. SHORB

(8) Claims may be filed with: ADVANTAGE ONE ESCROW, 7777 CENTER AVE #350 HUNTINGTON BEACH, CA 92647, Escrow No. 35693-LS, Escrow Officer: LAURIE J. SHORB

(9) The last day for filing claims is: NOVEMBER 9, 2018.

(10) This Bulk Sale is subject to California Uniform Commercial Code Section 6106.2.

(11) As listed by the Seller, all other business names and addresses used by the Seller within three years before the date such list was sent or delivered to the Buyer are: NONE

Dated: OCTOBER 5, 2018

SELLER: FRIENDLY VENTURES, INC. BUYER: SACHIN LEKHI LA2128129 PATRIOT 10/25/18

FCS LA2128129 The Downey Patriot 10/25/18

FICT. BUS NAME

FICTITIOUS BUSINESS NAME STATEMENT
File Number 2018256423

THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: (1) LUGO’S COIN LAUNDRY, 2528 E. SLAUSON AVE, HUNTINGTON PARK CA 90255, LA COUNTY, 1142 S. DIAMOND BAR BLVD #471, DIAMOND BAR CA 91765

Articles of Incorporation or Organization Number (if applicable): AI #ON: N/A REGISTERED OWNERS(S): (1) DANIEL KO, 1804 ANNO NUEVO DRIVE, DIAMOND BAR CA 91765

State of Incorporation: N/A THIS BUSINESS IS CONDUCTED BY: AN INDIVIDUAL

The date registrant started to transact business under the fictitious business name or names listed above: N/A

I declare that all the information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).)

S/DANIEL KO, OWNER

This statement was filed with the County Clerk of Los Angeles on OCTOBER 10, 2018

Notice - In accordance with Subdivision (a) of Section 17920, a Fictitious Name

Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form.

The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State or Common Law (see Section 14411 et seq., Business and Professions Code).

The Downey Patriot 10/18/18, 10/25/18, 11/1/18, 11/8/18

FICTITIOUS BUSINESS NAME STATEMENT
File Number 2018251815

THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: (1) AOA GROOMING, 810 E. 102ND ST., LOS ANGELES CA 90002, COUNTY OF LA

Articles of Incorporation or Organization Number (if applicable): AI #ON: N/A REGISTERED OWNERS(S): (1) ELVIA G. GARCIA GONZALEZ, 810 E. 102 ND ST., LOS ANGELES CA 90002 (2) KATHY E. RIVERA, 810 E 102 ND ST, LOS ANGELES CA 90002

State of Incorporation: N/A THIS BUSINESS IS CONDUCTED BY: A GENERAL PARTNERSHIP

The date registrant started to transact business under the fictitious business name or names listed above: N/A

I declare that all the information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).)

S/ELVIA G. GARCIA GONZALEZ, PARTNER

This statement was filed with the County Clerk of Los Angeles on OCTOBER 3, 2018

Notice - In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form.

The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State or Common Law (see Section 14411 et seq., Business and Professions Code).

The Downey Patriot 10/11/18, 10/18/18, 10/25/18, 11/1/18

FICTITIOUS BUSINESS NAME STATEMENT
File Number 2018241459

THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: (1) LUXURY

PLANTS (2) LUXURY SERVICES, 14646 BINNEY ST., HACIENDA HEIGHTS CA 91745, LA COUNTY

Articles of Incorporation or Organization Number (if applicable): AI #ON: N/A REGISTERED OWNERS(S): (1) HAROLD POPPIN, 14646 BINNEY ST., HACIENDA HEIGHTS CA 91745

State of Incorporation: N/A THIS BUSINESS IS CONDUCTED BY: AN INDIVIDUAL

The date registrant started to transact business under the fictitious business name or names listed above: N/A

I declare that all the information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).)

S/HAROLD POPPIN, OWNER

This statement was filed with the County Clerk of Los Angeles on SEPTEMBER 21, 2018

Notice - In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form.

The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State or Common Law (see Section 14411 et seq., Business and Professions Code).

The Downey Patriot 10/11/18, 10/18/18, 10/25/18, 11/1/18

FICTITIOUS BUSINESS NAME STATEMENT
File Number 2018260232

THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: (1) LOLA NAILSBAR, 7839 FIRESTONE BLVD, DOWNEY CA 90241, LA COUNTY, 7811 24TH STREET, WESTMINSTER CA 92683

Articles of Incorporation or Organization Number (if applicable): AI #ON: 3894262 REGISTERED OWNERS(S): (1) NAILS BAR 86 INC, 86 LAKEWOOD CENTER MALL, LAKEWOOD CA 90712

State of Incorporation: CA THIS BUSINESS IS CONDUCTED BY: A CORPORATION

The date registrant started to transact business under the fictitious business name or names listed above: 07/2016

I declare that all the information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).)

S/NAILS BAR 86 INC, VICE PRESIDENT, THAO CAO

This statement was filed with the County Clerk of Los Angeles on OCTOBER 15, 2018

Notice - In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of

The Downey Patriot 10/11/18, 10/18/18, 10/25/18, 11/1/18

FICTITIOUS BUSINESS NAME STATEMENT
File Number 2018235840

THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: (1) J&J PROCESSING (2) GOLDRUSH PRODUCTS (3) INTERNATIONAL COMMISSARY CORP (4) MARIE CALLENDER’S GOURMET PRODUCTS, 14715 ANSON AVE, SANTA FE SPRINGS CA 90670, LA COUNTY

Articles of Incorporation or Organization Number (if applicable): AI #ON: 20182310500 REGISTERED OWNERS(S): (1) CUSTOM FOODS, LLC, 14715 ANSON AVE, SANTA FE SPRINGS CA 90670

State of Incorporation: DE THIS BUSINESS IS CONDUCTED BY: A LIMITED LIABILITY COMPANY

The date registrant started to transact business under the fictitious business name or names listed above: 08/2018

I declare that all the information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).)

S/CUSTOM FOODS, LLC, PRESIDENT, PAUL A. NELSON

This statement was filed with the County Clerk of Los Angeles on SEPTEMBER 17, 2018

Notice - In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form.

The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State or Common Law (see Section 14411 et seq., Business and Professions Code).

five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form.

The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State or Common Law (see Section 14411 et seq., Business and Professions Code).

The Downey Patriot 10/18/18, 10/25/18, 11/1/18, 11/8/18

FICTITIOUS BUSINESS NAME STATEMENT
File Number 2018244152

THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: (1) ELITE KITCHEN & BATH, 4320 WALNUT ST UNIT H, BELL CA 90201, LA COUNTY

Articles of Incorporation or Organization Number (if applicable): AI #ON: N/A REGISTERED OWNERS(S): (1) CARLOS ALBERTO CHAVEZ, 4320 WALNUT ST UNIT H, BELL CA 90201

State of Incorporation: N/A THIS BUSINESS IS CONDUCTED BY: AN INDIVIDUAL

The date registrant started to transact business under the fictitious business name or names listed above: 9/2018

I declare that all the information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).)

S/CARLOS ALBERTO CHAVEZ, OWNER

This statement was filed with the County Clerk of Los Angeles on SEPTEMBER 25, 2018

Notice - In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form.

The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State or Common Law (see Section 14411 et seq., Business and Professions Code).

The Downey Patriot 10/4/18, 10/11/18, 10/18/18, 10/25/18

FICTITIOUS BUSINESS NAME STATEMENT

FICTITIOUS BUSINESS NAME STATEMENT
File Number 2018265126

THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: (1) MYSTIQUE ENTERTAINMENT, 713 EAST COCOA ST, COMPTON CA 90221, LA COUNTY

Articles of Incorporation or Organization Number (if applicable): AI #ON: N/A REGISTERED OWNERS(S): (1) JOHN SIMS, 713 EAST COCOA ST, COMPTON CA 90221

State of Incorporation: N/A THIS BUSINESS IS CONDUCTED BY: AN INDIVIDUAL

The date registrant started to transact business under the fictitious business name or names listed above: 03/2018

I declare that all the information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).)

S/JOHN SIMS, OWNER

This statement was filed with the County Clerk of Los Angeles on OCTOBER 19, 2018

Notice - In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of

five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form.

The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State or Common Law (see Section 14411 et seq., Business and Professions Code).

CLASSIFIEDS

FOR RENT

ROOM/HOME FOR RENT
3 BD, 2 1/2 BA HOME w/gar in Downey, close to Kaiser & Downey Promenade - \$3,000/mo
FOR RENT - Single Room w/ kitchen & bath access \$1,000/mo (626) 991-3713

SERVICES

FINE ROOFING, INC.
Roof Repair & Leaks Free Estimate•Quality Service Senior Discount. Lic 976823 (562) 879-4987

SERVICES

APPLIANCE TECH HAS ARRIVED
House calls. Same day rapid service all major brands. Washers, dryers, ovens, stoves, refrigerators, etc. Senior citizen discount. (562) 866-4291 (310) 251-3018

PLANS, PERMITS CONSTRUCTION
Project Design, New Construction, Remodeling & Additions Lic. #936419 Call Jeff (562) 869-1421

SERVICES

COMPUTER 1 SOLUTION
Desktop & Notebook Repair. Senior computer help & printer setup. Virus Removal. PC Sales & Upgrade Call Larry Latimer (562) 714-9876

FULL SERVICE PLUMBING
Licensed, bonded & insured, 24/7, senior discount McKinnon & Sons Plumbing of Downey (562) 904-3616

SERVICES

JERRY'S LAWN SERVICE
Lawn care, flowers, bushes, trimming, Res/Comm Free Estimate (310) 631-2561 (310) 735-5425

NICE-N-KLEAN
Residential & Commercial Cleaning. Call for a Free Estimate. (562) 419-6577

ALL ELECTRICAL AND PLUMBING WORK
Lic 965519 & Bonded Jobs start at \$35, free estimate Call Erik (323) 228-4500

SERVICES

HANDY CRAFTSMAN SERVICE
for all your home improvements & repairs. All labor and material guaranteed. (562) 331-0976

SUPERB PAINTING
Exterior, interior, **senior citizen discounts**, references, bonded & insured, dependable and reliable. Free estimates. Lic #634063. Wayne (562) 863-5478

YARD SALE

HUGE YARD SALE SAT. 10/27 @ 7AM - 2PM
Drop-leaf table w/2 chairs, vintage toys including Micronauts, Fisher-Price, 70s-80s large Tonka Trucks Chevron Series, books, hshld treasures, clothing, jewelry, lots of quilt books & patterns, christmas items, complete puzzles, Betty Boop & more. 9132 Arrington Ave, Dwy

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www.TheDowneyPatriot.com

otherwise be interested in the will or estate, or both, of JOAQUIN M. HERNANDEZ aka JOAQUIN MEDINA HERNANDEZ

A PETITION FOR PROBATE has been filed by Oscar Hernandez in the Superior Court of California, County of LOS ANGELES.

THE PETITION FOR PROBATE requests that Oscar Hernandez be appointed as personal representative to administer the estate of the decedent.

THE PETITION requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.

THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A HEARING on the petition will be held on Oct. 31, 2018 at 8:30 AM in Dept. No. 2D located at 111 N. Hill St., Los Angeles, CA 90012.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.

Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

Attorney for petitioner:
HEATHER MILLER ESQ
SBN 286422
LAW OFFICE OF
HEATHER MILLER
2780 SKYPARK DR
STE 460
TORRANCE CA 90505
CN953994 HERNANDEZ Oct 11, 18, 25, 2018

or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. Trustor: Ornela O. Torres and Victor A. Muniz, wife and husband as joint tenants Duly Appointed Trustee: National Default Servicing Corporation Recorded 01/04/2007 as Instrument No. 20070017555 (or Book, Page) of the Official Records of Los Angeles County, California. Date of Sale: 11/16/2018 at 11:00 AM Place of Sale: By the fountain located at 400 Civic Center Plaza, Pomona, CA 91766 Estimated amount of unpaid balance and other charges: \$680,240.17 Street Address or other common designation of real property: 9320 La Reina Avenue, Downey, CA 90244 The undersigned Trustee disclaims any liability for any incorrectness of the street address or other common designation, if any, shown above. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee, and the successful bidder shall have no further recourse. The requirements of California Civil Code Section 2923.5(b)(2)923.55(c) were fulfilled when the Notice of Default was recorded. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call 714-730-2727 or visit this Internet Web site www.ndscorp.com/sales, using the file number assigned to this case 18-20036-SP-CA. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. Date: 10/17/2018 National Default Servicing Corporation c/o Tiffany and Bosco, P.A., its agent, 1230 Columbia Street, Suite 680 San Diego, CA 92101 Toll Free Phone: 888-264-4010 Sales Line 714-730-2727; Sales Website: www.ndscorp.com Rachael Hamilton, Trustee, Sales Representative A-4673529 10/25/2018, 11/01/2018, 11/08/2018

all right, title, and interest conveyed to and now held by the trustee in the hereinafter described property under and pursuant to a Deed of Trust described below. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. Trustor: ANTONIO CASILLAS, A WIDOWER Trustee: ATTORNEY LENDER SERVICES, INC. Recorded 11/13/2007 as Instrument No. 20072528556 of Official Records in the office of the Recorder of LOS ANGELES County, California. Date of Sale: 11/08/2018 at 10:00AM Place of Sale: Behind the fountain located in Civic Center Plaza, 400 Civic Center Plaza, Pomona CA 91766 Estimated amount of unpaid balance and other charges: \$305,863.88 estimated - as of date of first publication of this Notice of Sale The purported property address is: 9611 FOSTER RD DOWNEY, CA 90242 A.P.N.: 6282-007-002 The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale and a written Notice of Default and Election to Sell. The undersigned caused said Notice of Default and Election to Sell to be recorded in the county wherein the real property is located and more than three (3) months have elapsed since such recordation. The undersigned Trustee disclaims any liability for any incorrectness of the property address or other common designation, if any, shown above. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Trustee's Sale. If the Trustee is unable to convey title for any reason the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee and the successful bidder shall have no further recourse. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call (916) 939-0772 for information regarding the trustee's sale or visit this Internet Web site www.nationwideposting.com for information regarding the sale of this property, using the file number assigned to this case, 18-01632. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. Date: 10/11/2018 ATTORNEY LENDER SERVICES, INC. DIANE WEIFENBACH, TRUSTEE SALE OFFICER 5120 E. LaParma Avenue, #209 Anaheim, CA 92807 Telephone: 714-695-6637 Sales Line: (916) 939-0772 Sales Website: www.nationwideposting.com This office is attempting to collect a debt and any information obtained will be used for that purpose. NPP0342259 To: DOWNEY PATRIOT 10/18/2018, 10/25/2018, 11/01/2018

10/18/18, 10/25/18, 11/01/18

WIFE AS JOINT TENANTS Duly Appointed Trustee: American Default Management Recorded 11/25/2015 as Instrument No. 20151483099 in book //, page // of Official Records in the office of the Recorder of LOS ANGELES County, California. Date of Sale: 11/01/2018 at 10:00AM Place of Sale: Behind the fountain located in Civic Center Plaza, 400 Civic Center Plaza, Pomona CA 91766 Amount of unpaid balance and other charges: \$334,038.68 Street Address or other common designation of real property: 7168 BENARES ST. DOWNEY, CA 90241 A.P.N.: 6231-017-006 The undersigned Trustee disclaims any liability for any incorrectness of the street address or other common designation, if any, shown above. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or

a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call (916) 939-0772 or visit this Internet Web site www.nationwideposting.com, using the file number assigned to this case 2018-2757. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. Date: 10/04/2018 American Default Management 433 N. Camden Drive, 4th Floor Beverly Hills, California 90210 Automated Sale Information Line: (916) 939-0772 TERRIE CENICEROS, TRUSTEE SALE OFFICER NPP0341725 To: DOWNEY PATRIOT 10/11/2018, 10/18/2018, 10/25/2018

NPP0341725
The Downey Patriot
10/11/18, 10/18/18, 10/25/18

TRUSTEE SALES

NOTICE OF TRUSTEE'S SALE T.S. No. 18-20036-SP-CA Title No. 180020892-CA. YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 12/27/2006 UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, (cashier's check(s)) must be made payable to National Default Servicing Corporation, drawn on a state or national bank, a check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state; will be held by the duly appointed trustee as shown below, of all right, title, and interest conveyed to and now held by the trustee in the hereinafter described property under and pursuant to a Deed of Trust described below. The sale will be made in an "as is" condition, but without covenant

ASAP 4673529
The Downey Patriot
10/25/18, 11/1/18, 11/8/18

NOTICE OF TRUSTEE'S SALE T.S. No.: 18-01632 Loan No.: ***** YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 11/05/2007 AND MORE FULLY DESCRIBED BELOW, UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, cashier's check payable at the time of sale in lawful money of the United States (payable to Attorney Lender Services, Inc.) will be held by the duly appointed Trustee as shown below, of

all right, title, and interest conveyed to and now held by the trustee in the hereinafter described property under and pursuant to a Deed of Trust described below. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. Trustor: ANTONIO CASILLAS, A WIDOWER Trustee: ATTORNEY LENDER SERVICES, INC. Recorded 11/13/2007 as Instrument No. 20072528556 of Official Records in the office of the Recorder of LOS ANGELES County, California. Date of Sale: 11/08/2018 at 10:00AM Place of Sale: Behind the fountain located in Civic Center Plaza, 400 Civic Center Plaza, Pomona CA 91766 Estimated amount of unpaid balance and other charges: \$305,863.88 estimated - as of date of first publication of this Notice of Sale The purported property address is: 9611 FOSTER RD DOWNEY, CA 90242 A.P.N.: 6282-007-002 The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale and a written Notice of Default and Election to Sell. The undersigned caused said Notice of Default and Election to Sell to be recorded in the county wherein the real property is located and more than three (3) months have elapsed since such recordation. The undersigned Trustee disclaims any liability for any incorrectness of the property address or other common designation, if any, shown above. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Trustee's Sale. If the Trustee is unable to convey title for any reason the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee and the successful bidder shall have no further recourse. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call (916) 939-0772 for information regarding the trustee's sale or visit this Internet Web site www.nationwideposting.com for information regarding the sale of this property, using the file number assigned to this case, 18-01632. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. Date: 10/11/2018 ATTORNEY LENDER SERVICES, INC. DIANE WEIFENBACH, TRUSTEE SALE OFFICER 5120 E. LaParma Avenue, #209 Anaheim, CA 92807 Telephone: 714-695-6637 Sales Line: (916) 939-0772 Sales Website: www.nationwideposting.com This office is attempting to collect a debt and any information obtained will be used for that purpose. NPP0342259 To: DOWNEY PATRIOT 10/18/2018, 10/25/2018, 11/01/2018

10/18/18, 10/25/18, 11/01/18

WIFE AS JOINT TENANTS Duly Appointed Trustee: American Default Management Recorded 11/25/2015 as Instrument No. 20151483099 in book //, page // of Official Records in the office of the Recorder of LOS ANGELES County, California. Date of Sale: 11/01/2018 at 10:00AM Place of Sale: Behind the fountain located in Civic Center Plaza, 400 Civic Center Plaza, Pomona CA 91766 Amount of unpaid balance and other charges: \$334,038.68 Street Address or other common designation of real property: 7168 BENARES ST. DOWNEY, CA 90241 A.P.N.: 6231-017-006 The undersigned Trustee disclaims any liability for any incorrectness of the street address or other common designation, if any, shown above. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or

a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call (916) 939-0772 or visit this Internet Web site www.nationwideposting.com, using the file number assigned to this case 2018-2757. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. Date: 10/04/2018 American Default Management 433 N. Camden Drive, 4th Floor Beverly Hills, California 90210 Automated Sale Information Line: (916) 939-0772 TERRIE CENICEROS, TRUSTEE SALE OFFICER NPP0341725 To: DOWNEY PATRIOT 10/11/2018, 10/18/2018, 10/25/2018

NPP0341725
The Downey Patriot
10/11/18, 10/18/18, 10/25/18

GUARANTEED DELIVERY \$15 PER YEAR SUBSCRIPTION

The Downey Patriot is offering subscriptions for \$15/year. Subscription guarantees delivery every Friday to a single-family home in Downey. 8301 E. Florence Ave., Suite 100, Downey, CA 90240

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Address: _____
Phone: _____

Need to run a Legal Notice?

The Downey Patriot is a newspaper of general circulation – and has been adjudicated in the County and the City. We can take any and all legal ads.

Contact The Downey Patriot we can help!

Phone: 562-904-3668 • Fax: 562-904-3124

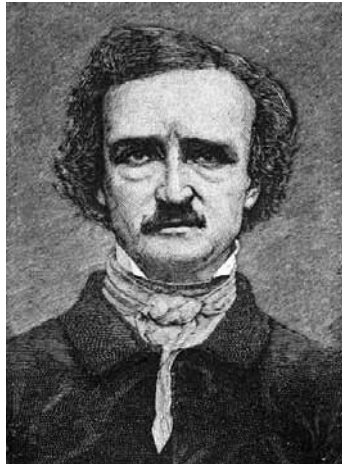
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Phone of Recipient: _____

The Tell-Tale Heart

by Edgar Allan Poe



True! -- nervous -- very, very dreadfully nervous I had been and am; but why will you say that I am mad? The disease had sharpened my senses -- not destroyed -- not dulled them. Above all was the sense of hearing acute. I heard all things in the heaven and in the earth. I heard many things in hell. How, then, am I mad? Hearken! and observe how healthily -- how calmly I can tell you the whole story.

It is impossible to say how first the idea entered my brain; but once conceived, it haunted me day and night. Object there was none. Passion there was none. I loved the old man. He had never wronged me. He had never given me insult. For his gold I had no desire.

I think it was his eye! yes, it was this! He had the eye of a vulture -- a pale blue eye, with a film over it. Whenever it fell upon me, my blood ran cold; and so by degrees -- very gradually -- I made up my mind to take the life of the old man, and thus rid myself of the eye forever.

Now this is the point. You fancy me mad. Madmen know nothing. But you should have seen me. You should have seen how wisely I proceeded -- with what caution -- with what foresight -- with what dissimulation I went to work! I was never kinder to the old man than during the whole week before I killed him. And every night, about midnight, I turned the latch of his door and opened it -- oh so gently! And then, when I had made an opening sufficient for my head, I put in a dark lantern, all closed, closed, that no light shone out, and then I thrust in my head. Oh, you would have laughed to see how cunningly I thrust it in!

I moved it slowly -- very, very slowly, so that I might not disturb the old man's sleep. It took me an hour to place my whole head within the opening so far that I could see him as he lay upon his bed. Ha! would a madman have been so wise as this, And then, when my head was well in the room, I undid the lantern cautiously -- oh, so cautiously -- cautiously (for the hinges creaked) -- I undid it just so much that a single thin ray fell upon the vulture eye.

And this I did for seven long nights -- every night just at midnight -- but I found the eye always closed; and so it was impossible to do the work; for it was not the old man who vexed me, but his Evil Eye.

And every morning, when the day broke, I went boldly into the chamber, and spoke courageously to him, calling him by name in a hearty tone, and inquiring how he has passed the night. So you see he would have been a very profound old man, indeed, to suspect that every night, just at twelve, I looked in upon him while he slept.

Upon the eighth night I was more than usually cautious in opening the door. A watch's minute hand moves more quickly than did mine. Never before that night had I felt the extent of my own powers -- of my sagacity. I could scarcely contain my feelings of triumph. To think that there I was, opening the door, little by little, and he not even to dream of my secret deeds or thoughts.

I fairly chuckled at the idea; and perhaps he heard me; for he moved on the bed suddenly, as if startled. Now you may think that I drew back -- but no. His room was as black as pitch with the thick darkness, (for the shutters were close fastened, through fear of robbers,) and so I knew that he could not see the opening of the door, and I kept pushing it on steadily, steadily.

I had my head in, and was about to open the lantern, when my thumb slipped upon the tin fastening, and the old man sprang up in bed, crying out -- "Who's there?" I kept quite still and said nothing. For a whole hour I did not move a muscle, and

in the meantime I did not hear him lie down. He was still sitting up in the bed listening; -- just as I have done, night after night, hearkening to the death watches in the wall.

Presently I heard a slight groan, and I knew it was the groan of mortal terror. It was not a groan of pain or of grief -- oh, no! -- it was the low stifled sound that arises from the bottom of the soul when overcharged with awe. I knew the sound well. Many a night, just at midnight, when all the world slept, it has welled up from my own bosom, deepening, with its dreadful echo, the terrors that distracted me. I say I knew it well. I knew what the old man felt, and pitied him, although I chuckled at heart.

I knew that he had been lying awake ever since the first slight noise, when he had turned in the bed. His fears had been ever since growing upon him. He had been trying to fancy them causeless, but could not. He had been saying to himself -- "It is nothing but the wind in the chimney -- it is only a mouse crossing the floor," or "It is merely a cricket which has made a single chirp."

Yes, he had been trying to comfort himself with these suppositions: but he had found all in vain. All in vain; because Death, in approaching him had stalked with his black shadow before him, and enveloped the victim. And it was the mournful influence of the unperceived shadow that caused him to feel -- although he neither saw nor heard -- to feel the presence of my head within the room.

When I had waited a long time, very patiently, without hearing him lie down, I resolved to open a little -- a very, very little crevice in the lantern. So I opened it -- you cannot imagine how stealthily, stealthily -- until, at length a simple dim ray, like the thread of the spider, shot from out the crevice and fell full upon the vulture eye. It was open -- wide, wide open -- and I grew furious as I gazed upon it.

I saw it with perfect distinctness -- all a dull blue, with a hideous veil over it that chilled the very marrow in my bones; but I could see nothing else of the old man's face or person: for I had directed the ray as if by instinct, precisely upon the damned spot. And have I not told you that what you mistake for madness is but over-acuteness of the sense? -- now, I say, there came to my ears a low, dull, quick sound, such as a watch makes when enveloped in cotton. I knew that sound well, too. It was the beating of the old man's heart. It increased my fury, as the beating of a drum stimulates the soldier into courage.

But even yet I refrained and kept still. I scarcely breathed. I held the lantern motionless. I tried how steadily I could maintain the ray upon the eye. Meantime the hellish tattoo of the heart increased. It grew quicker and quicker, and louder and louder every instant. The old man's terror must have been extreme! It grew louder, I say, louder every moment! -- do you mark me well I have told you that I am nervous: so I am. And now at the dead hour of the night, amid the dreadful silence of that old house, so strange a noise as this excited me to uncontrollable terror.

Yet, for some minutes longer I refrained and stood still. But the beating grew louder, louder! I thought the heart must burst. And now a new anxiety seized me -- the sound would be heard by a neighbour! The old man's hour had come!

With a loud yell, I threw open the lantern and leaped into the room. He shrieked once -- once only. In an instant I dragged him to the floor, and pulled the heavy bed over him. I then smiled gaily, to find the deed so far done. But, for many minutes, the heart beat on with a muffled sound.

This, however, did not vex me; it would not be heard through the wall. At length it ceased. The old man was dead. I removed the bed and examined the corpse. Yes, he was stone, stone dead. I placed my hand upon the heart and held it there many minutes. There was no pulsation. He was stone dead. His eye would trouble me no more.

If still you think me mad, you will think so no longer when I describe the wise precautions I took for the concealment of the body. The night waned, and I worked hastily, but in silence. First



of all I dismembered the corpse. I cut off the head and the arms and the legs. I then took up three planks from the flooring of the chamber, and deposited all between the scantlings. I then replaced the boards so cleverly, so cunningly, that no human eye -- not even his -- could have detected any thing wrong.

There was nothing to wash out -- no stain of any kind -- no blood-spot whatever. I had been too wary for that. A tub had caught all -- ha! ha! When I had made an end of these labors, it was four o'clock -- still dark as midnight.

As the bell sounded the hour, there came a knocking at the street door. I went down to open it with a light heart, -- for what had I now to fear? There entered three men, who introduced themselves, with perfect suavity, as officers of the police. A shriek had been heard by a neighbour during the night; suspicion of foul play had been aroused; information had been lodged at the police office, and they (the officers) had been deputed to search the premises.

I smiled, -- for what had I to fear? I bade the gentlemen welcome. The shriek, I said, was my own in a dream. The old man, I mentioned, was absent in the country. I took my visitors all over the house. I bade them search -- search well. I led them, at length, to his chamber. I showed them his treasures, secure, undisturbed. In the enthusiasm of my confidence, I brought chairs into the room, and desired them here to rest from their fatigues, while I myself, in the wild audacity of my perfect triumph, placed my own seat upon the very spot beneath which reposed the corpse of the victim.

The officers were satisfied. My manner had convinced them. I was singularly at ease. They sat, and while I answered cheerily, they chatted of familiar things. But, ere long, I felt myself getting pale and wished them gone. My head ached, and I fancied a ringing in my ears: but still they sat and still chatted.

The ringing became more distinct: -- It continued and became more distinct: I talked more freely to get rid of the feeling: but it continued and gained definiteness -- until, at length, I found that the noise was not within my ears. No doubt I now grew very pale; -- but I talked more fluently, and with a heightened voice. Yet the sound increased -- and what could I do? It was a low, dull, quick sound -- much such a sound as a watch makes when enveloped in cotton. I gasped for breath -- and yet the officers heard it not.

I talked more quickly -- more vehemently; but the noise steadily increased. I arose and argued about trifles, in a high key and with violent gesticulations; but the noise steadily increased. Why would they not be gone? I paced the floor to and fro with heavy strides, as if excited to fury by the observations of the men -- but the noise steadily increased.

Oh God! what could I do? I foamed -- I raved -- I swore! I swung the chair upon which I had been sitting, and grated it upon the boards, but the noise arose over all and continually increased. It grew louder -- louder -- louder! And still the men chatted pleasantly, and smiled. Was it possible they heard not?

Almighty God! -- no, no! They heard! -- they suspected! -- they knew! -- they were making a mockery of my horror! -- this I thought, and this I think. But anything was better than this agony! Anything was more tolerable than this derision! I could bear those hypocritical smiles no longer! I felt that I must scream or die! and now -- again! -- hark! louder! louder! louder! louder!

"Villains!" I shrieked, "dissemble no more! I admit the deed! -- tear up the planks! here, here! -- It is the beating of his hideous heart!"

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Symphony performance earns standing ovation

Downey Doings

By Lorine Parks
Society Columnist

DOWNEY - "Good concert etiquette is not to applaud after the second movement of Oscar's Concerto, no matter how much you want to," said **Lars Clutterham** as he interviewed **David Van Maele**, the evening's virtuoso clarinetist. "The second movement is slow and melodic, and you want to let the poetry of it sink in."

Before the program began, in the pre-concert remarks, Lars interviewed composer **Oscar Navarro**, who flew in from Spain for the North American premiere of his Third Concerto for B Flat and E Flat Clarinet. Lars is a Downey composer himself and audiences will hear his new piece, "Arc of My Life," at the Jan. 19 concert.

"This is the Downey Symphony's 60th year," said **Don Marshall**, president of the Downey Symphonic Society, as he welcomed the audience. "And sixty years ago something else happened: the Dodgers came to town. Right now they're up by one run in the seventh game of the playoffs."

Don had another first to announce: Congresswoman **Lucille Roybal-Allard** came on stage to congratulate and thank the Symphonic Society for their program which contributes to National Hispanic Heritage Week. "This proclamation shows that I have put this Downey achievement into the Congressional Record," the congresswoman said.

State Senator **Vanessa Delgado** also presented an illuminated proclamation congratulating the Symphonic group on its sixtieth year. Mayor **Sean Ashton**, a staunch supporter of the Symphony and of the arts, presented President Don with a citation from the City Council recognizing the Downey Symphonic society for its 60 years of providing excellence in music for Downey. **Josh Bell**, the most recent baton winner, received a plaque for his contribution.

Even before the audience began filling the auditorium, early-arriving patrons enjoyed the art show in the lobby. Board Vice President **Carol Kearns** and husband **Frank**, a poet and publisher of the boutique Los Nietos Press, checked out the oils and pastels and water colors in the show, which was curated by **Andrew Hernandez** of the Downey Arts Coalition. **Javier Herrera's** depicted the evening's theme of Viva el Arte with a field worker harvesting sugar cane with a machete. **Lindsay Yost** and **Debbie Davidsohn** also showed.

The Ugandan artist **Emmanuel Lugano** who also

showed at Glennfest, was the art coalition's featured artist and he had a corridor of his paintings on the patio. One of his personal favorites is a giclée "Broadway" ballet scene, all graceful shapes and flowing colors.

No show is complete without a work by **Carolina Estrada-del Toro** and she had two on display, as well as a painting by husband **Jorge**. No ceramic this time. Carolina will curate the art show this weekend for Downey's Dia de los Muertos.

"This will be my second Bolero with Sharon conducting," said **Andrew Wahlquist**, founder of the Downey Arts Coalition. "The first was in 2011." Andrew's wife, actress **Lana Joy**, introduced the artists from the stage, and they stood so we could recognize them. They mostly were wearing red, while Lana was splendid in a long flowered gown.

Spotted before the music began were **Anna** and **Harold Tseklenis**, talking with **Ryan Keene** and **Tom Hutchinson**, all Rotarians. Kiwanian **Larry Lewis**, a former president of the Symphonic Society, attended with wife **Marge**, long-time Assistance League member.

Board members **Mary Stevens** and **JoAnne Gronley** held forth in the lobby, distributing the evening's program and also pencils for the audience survey to be found interleaved in the program. It's important for the Board's Marketing Committee to know how they can reach a wider audience.

While the stage was still empty, one noticed that the percussion section held some unusual instruments. There turned out to be six percussionists, one who had three tympani plus two other large drums to manage. There was a xylophone, and two keyboard marimbas (the marimba is the national instrument of Guatemala), which kept one more percussionist busy. Plus hanging chimes, bongos, a cymbal and a gong.

Oscar likes his percussive sounds: any instrument that makes a sound when it is hit, shaken, or scraped is percussion. A harp completed the section, but the players also played the occasional castanets, clackers and other unexpected instruments.

Off-stage voice **Mark Keller**, just after asking the audience to check the nearest exit, and unwrap those candies now, not later, then announced, "The Dodger are up by one run and they have the bases loaded." It was time for the concert to begin.

Sharon Lavery came out and conducted the National Anthem which sounded like cannon and fireworks, with the heavy artillery in the percussion. Oscar Navarro's Downey Overture,

by now an international favorite, displayed a gorgeous combination of Latin tempos and L.A. traffic.

Oscar studied music at USC and then worked here for a year, arranging and composing for films. At the conclusion of the piece, Maestro Sharon, who has conducted it at Carnegie Hall, held out her hands toward the audience where the composer was sitting, and Oscar rose and blew kisses to her and the orchestra, then turned to bow to the applauding audience.

Cuban composer Ernesto Lecuona's Suite Andaluca had lively and lovely melodies, and ended by gliding into the fiery Malagueña. Conductor Sharon surprised us by announcing a Cuban encore, the widely beloved freedom song by Jose Marti, Guantanamera. The audience received it enthusiastically.

The big piece of the evening was Navarro's Clarinet Concerto #3, for both the standard-range B Flat instrument, and also the much rarely played E Flat one, which is in a higher register with a clear piercing quality. Belgian soloist David van Maele displayed his dexterity, alternating gracefully between the two.

Navarro wrote the piece specifically for Van Maele and he knew what a difficult task he was setting for his friend. The labor deserves the rich rewards. The first movement began with a tempest of tympani booms, and then the clarinet appears almost bird-like and quick, with showy cadenzas and a shower of light in its wings.

Soloists appreciate playing for conductor Sharon because she is always aware of their movements, and ready to turn them over to the audience in the difficult and showy passages, of which this Concerto had plenty. The entire orchestra became involved, louder and softer and louder again.

The music glides into the Second Movement, dedicated to the son the clarinetist lost when he was 6. "I am happy when I play this," David said, "because I see Mattie and I am with him again."

The melody becomes almost a lullaby and at the moments when the orchestra took the development of the theme, David stood, head bowed, and waited. The high pitch and clarity of the E flat clarinet lifts the orchestra to almost a heavenly plane, as the movement ends on a high note and then silence.

The moment was held without interruption, and then the lively, quick and complex Third Movement began. The E flat instrument is brilliant and edgy, and the piece ends with the brass leading the ensemble in a triumphant statement, flutes valiantly striving to match the clarinet, strings soaring.

The audience gave the piece and the performer a standing ovation, and standing O's are

difficult to get in Downey - and a curtain call. Shouts of "bravo" were heard as composer Oscar Navarro came up to the stage to embrace his good friend David the clarinet player, and to hug the conductor, whom he has known since his USC days, where Sharon is a professor at the Thornton School of Music.

To send the audience into the intermission happy, Mark Keller's voice announced, "You can go out knowing that the Dodgers won." That put them into the World Series. Later Mark confessed, "If they had lost, I never would have said anything at all."

The buzz on the patio at intermission confirmed the success of the new composition. **Bernice Mancebo Stumps**, with **Roy** and **Barbara Briley Beard**, praised the performance, as did **Nancy Ramage** and **Ruth Hillecke**, board secretary. **Greg Welch**, president of the Rotary Club of Downey was spotted, with **Adam** from Senator Delgado's office.

We missed **Barbara Risher Welch**, Greg's wife and a past District Governor of Rotary. Also seen were **Dr. Jose Torreblanca** and wife **Carmen**, whose support helped bring Osar and David to the concert.

Dorothy Pemberton looked snappy in black to match the

black sling holding her right arm immobile after her recent shoulder surgery. Dorothy now heads PTA HELPs, a food pantry for needy families, and her other arm was scratched, having been mauled by her own cat **Cosmo** when she tried to rescue it at midnight from neighbor dogs. Never a dull moment with Dorothy.

Frank Kearns commented that he had met David during rehearsals. "Great performers are transformed when playing," Frank said. It's like what Allen Ginsberg said about meeting Bob Dylan in his early electric days at a Newport Folk festival when Dylan performed his first electric concert.

For the second part of the program, Alberto Ginastera's Estancia had Conductor Sharon practically dancing on the platform to the Argentine rhythms. And then the 17-minute show piece of the evening, Maurice Ravel's "Bolero" began, innocently enough, with just a flute carrying the melody and a single snare drum tapping a quiet beat.

The cellos and basses pluck their strings, as does the harp, signaled by delicate finger gestures from the hand of the conductor. The shadows and tension grow deeper as more instruments, a saxophone, then the brasses and woodwinds, join

in. The bolero is a dance rhythm, and the audience unconsciously nods and begins to sway, tapping their fingers or toes in time to the beat.

Still the violins and basses hold off and pluck their strings, the players cradling their instruments like a ukelele. Oboes and bassoons take up the insistent melody, and the uninterrupted plucking and tapping became more demanding, as Sharon's arm movements and shoulders grow heavier.

Cellos held back, as do the big drums until at last the suspense is broken and the full orchestra, strings leading, takes up the melodic theme and everything rises to a crashing crescendo with tympani, bass drum, cymbal, gong and a high piercing E flat clarinet wildly changing key in the last few phrases until, with a flourish of the baton, it is over. The audience applause was deafening.

Tonight was the night for the orchestra to shine, through the works of great composers like Ravel and Oscar Navarro.

Tonight it was all about the music, an emotional evening. It's not a bad thing for the 60-year old Downey Symphony to be to be linked with the Dodgers. The Dodgers might say the same thing about Downey.

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DRACULA'S ELEGANT CASTLE
Mediterranean style 3 BD, 2 BA NE Downey pool home with master bedroom & pool. Built in 2004.
LIST PRICE \$1,199,950
O.H. OPEN HOUSE SATURDAY & SUNDAY
OPEN HOUSE SAT & SUN

MICHAEL MYERS'S POOL HOME
Charming 3 BD, 2 BA home with master bedroom & bathroom, large family room with fireplace, pool & spa.
LIST PRICE \$725,000
O.H. OPEN HOUSE SUNDAY

FRANKENSTEIN'S LUXURY HOME
5 BD, 5.5 BA, almost 6,000 sq. ft., dual staircase, 2 master suites, backyard includes pool with spa & grotto.
LIST PRICE \$1,699,950

WOLFMAN'S 2 STORY HIDEOUT
Two-story 4 BD, 2 BA home with 3 BDs down & 1 BD up, large family room, 2 car garage and RV parking.
LIST PRICE \$619,000
O.H. OPEN HOUSE SATURDAY

MICHAEL MYERS'S 'YANKEY CIRCLE' HOME
3 BD, 3 BA home in prestigious "Yankey Circle" neighborhood with 2,624 sq. ft. on a 9,418 sq. ft. lot.
LIST PRICE \$725,000

THE MUMMY'S GREAT BUY
4 BD, 1.5 BA with updated kitchen, large yard, covered patio on 1,229 sq. ft. of living space.
LIST PRICE \$549,950



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