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## County pursues rent control at mobile homes

► **RENT:** Eighty-six mobile home parks in unincorporated L.A. County would be protected from rent increases.

LOS ANGELES – The L.A. County Board of Supervisors voted last week to approve a motion pursuing a temporary rent stabilization ordinance at mobile home parks in unincorporated areas of Los Angeles County.

The move is part of Supervisor Janice Hahn's ongoing effort to enact long-term rent stabilization measures at mobile home parks.

"Mobile home residents are in a uniquely difficult situation," said Hahn. "While they own their home, they rent the land underneath it. In addition, the term 'mobile home' is misleading. Mobile homes are often placed permanently in a park and moving them is difficult and expensive.

"This gives mobile home park owners a virtual monopoly and gives residents few options if they cannot afford rent hikes or fees. Mobile home owners are often forced to sell their homes to their landlords for substantially less than their value because moving the home would be cost-prohibitive."

Hahn originally proposed pursuing rent stabilization at mobile home parks in February. While a long-term mobile home rent stabilization ordinance will be considered in the fall, Hahn said she worried park owners may raise rents in anticipation of the long-term ordinance and understood the need to implement an interim ordinance.

"As we consider a long-term rent stabilization ordinance, mobile home residents are worried that park owners will raise rents in anticipation of the County's possible action," said Hahn. "We have to step in and protect these residents in the meantime."

On Tuesday, the Board approved a recommendation to adopt an interim ordinance to impose a 180-day moratorium on rent increases in excess of three percent per year for mobile home spaces that are leased for a period of 12 months or less in all mobile home parks in the unincorporated areas of Los Angeles County.

The motion was originally written as an "urgency" ordinance which would have been effective today but it did not have the necessary four votes for the item to pass. The item was amended to make it a non-urgency ordinance. The ordinance will not be effective today and will be heard a second time on September 4. The motion passed with three votes.

"Mobile home parks are really the last bastion of affordable housing here in LA County," said Hahn. "If the County ever wants to address the homelessness crisis we are going to have to prevent residents from falling into homelessness. This is an opportunity to do just that."

The ordinance will apply to the 86 mobile home parks in unincorporated LA County which include a total of 8,503 mobile home units. 1,381 of these units are in the Fourth District represented by Hahn.

## Realtor blames El Taco ownership for restaurant's closure

► **EL TACO:** After accusations that the famed restaurant closed due to rent increases, a representative for the property owner says that's not true.

By Alex Dominguez  
Staff Writer

DOWNEY – More than a week after one of Downey's two El Taco locations abruptly closed its doors, new details have emerged that may indicate that the restaurant's ownership may be more at fault than they're letting on.

According to Alberto Vazquez, the general manager at the Florence El Taco location, El Taco's Firestone location was unable to deal with an increase in rent triggered by increased property taxes after the property was sold.

However, the real estate agent who represented the property's new owner during the sale pushed back on those claims, pointing the finger back at El Taco ownership.

According to an email sent to the Downey Patriot from Brad Freeman of Harcourts & Freeman, current El Taco ownership "defaulted on terms agreed to long ago," and did not perform up to a revised agreement with the property's new owner that was agreed to in court before a judge.

The El Taco property had been purchased by Freeman's client in October of 2016 for \$1,805,000.

Freeman explained that the only increase "after the purchase" was in real estate taxes, and the increase was only a portion of the \$24,000 quoted that was not previously being paid.

The new tax bill totaled



\$1,960 a month, as opposed to the former \$810 a month. Freeman added that "this is an issue with the assessor and is not something building owners arbitrarily impose on tenants."

Rather than pay what amounted to be a difference of \$1,150 a month, Freeman says that the restaurant's ownership declined to pay at all.

"...the amount of the rent becomes a meaningless point considering the length of time El Taco Owners paid ZERO rent," wrote Freeman. "And while they paid ZERO rent for many months, they continued to operate the El Taco and pocket the money they should have paid in their normal rent."

"This is what the dispute originally resulted over. Because the Owner of El Taco did not want to pay the extra \$1,150 a month after the sale, El Taco stopped paying rent completely! A revised agreement was negotiated in court, but El Taco did not perform on the revised agreement either,

and never made a single payment under the revised agreement. This El Taco Owner ruined his own business on Firestone over \$13,800 a year...that is the bottom line."

Freeman described the property as being "held hostage," adding that an eventual sheriff lockout was utilized.

Employees of the restaurant had no knowledge that the rent was not being paid, said Freeman.

There has been enormous amounts of interest towards the property according to Freeman, who added that a new brand should be opening soon. There is also effort being made to salvage the jobs of those who worked at the location previously.

"We are doing everything we can to make the best of this location despite the circumstances that El Taco imposed upon the new owners of the building," said Freeman.

## CITY COUNCIL: 3 residents file to run in District 4

► **ELECTIONS:** Claudia Frometa, Tony Hernandez-Ayala and Carrie Uva qualify for the November ballot to replace termed out Councilman Fernando Vasquez.

DOWNEY – Three residents successfully filed papers to appear on November's City Council election, when voters will choose a successor to termed-out council member Fernando Vasquez.

Claudia Frometa, an emergency management professional, Tony Hernandez-Ayala, an insurance agency

owner, and Carrie Uva, an attorney and realtor, qualified to run in the Nov. 6 election.

They are looking to replace Vasquez in District 4, an area that covers northeast Downey. Vasquez is being termed out of office after eight years on the council.

Frometa and Uva are both active civic leaders in Downey, while Hernandez-Ayala is an unknown name in the political scene.

Frometa sits on the board of the Downey Foundation for Educational Opportunities and is

a member of Downey's Measure S bond oversight committee.

Uva is a member of Downey's Public Works Committee and is a neighborhood watch block captain. She previously served as president of the Downey Association of Realtors.

Nobody filed to run against Mayor Sean Ashton, who represents District 2 in southwest Downey.

That election was canceled Wednesday by the City Council.

Eric Pierce, editor

## Kiwanis raising money to help separated children

DOWNEY – Guided by the Kiwanis International call to "Serve the Children of the World," the Downey Kiwanis Club has decided to hold a fundraiser to aid in the re-unification of the more than 2,500 children that were separated from their asylum-seeking parents at the U.S./ Mexican border.

"Next to food and water, these children are in desperate need of legal representation," said Rose Schneeberger, a Kiwanis member who organized the fundraiser.

All funds raised will be sent to National Justice for Our Neighbors, a not for profit agency who provides legal representation for these children.

Tax-deductible donations can be made payable to Downey Kiwanis Foundation and mailed to P.O. Box 793, Downey, CA 90241 or can be made online by visiting www.njfon.org.

## Downey restaurant grades

**Nelly's Mexican Food**  
10811 Studebaker Road  
Date Inspected: 8/21/18  
Grade: **A**

**El Pollo Loco**  
9341 Firestone Blvd.  
Date Inspected: 8/21/18  
Grade: **A**

**Menchie's Frozen Yogurt**  
12146 Lakewood Blvd.  
Date Inspected: 8/17/18  
Grade: **A**

**Subway**  
8254 Firestone Blvd.  
Date Inspected: 8/17/18  
Grade: **A**

**The Vitamin Shoppe**  
12136 Lakewood Blvd.  
Date Inspected: 8/17/18  
Grade: **A**

**Bionicos Pura Vida**  
8133 Firestone Blvd.  
Date Inspected: 8/17/18  
Grade: **B**

**Round Table Pizza**  
8248 Firestone Blvd.  
Date Inspected: 8/17/18  
Grade: **A**

**The Boys Burgers**  
9090 Imperial Hwy.  
Date Inspected: 8/16/18  
Grade: **A**

**Fatima Grill**  
7840 Firestone Blvd. Ste A101  
Date Inspected: 8/16/18  
Grade: **A**

**El Sushi Loco**  
11837 Downey Ave.  
Date Inspected: 8/16/18  
Grade: **A**

**Fonda Maria**  
7840 Firestone Blvd. Unit 104  
Date Inspected: 8/16/18  
Grade: **A**

**Ko Pyung Chin**  
8022 Stewart and Gray Rd.  
Date Inspected: 8/15/18  
Grade: **B**

**Ruby's Diner**  
8801 Apollo Way  
Date Inspected: 8/15/18  
Grade: **A**

**Marie Callender's Pie Shop**  
7860 Florence Ave.  
Date Inspected: 8/15/18  
Grade: **A**

**Bar Louie**  
8860 Apollo Way  
Date Inspected: 8/15/18  
Grade: **A**

**Bionicos Express**  
7818 Florence Ave.  
Date Inspected: 8/15/18  
Grade: **A**

**Marketplace Grill Cafe**  
7877 Florence Ave.  
Date Inspected: 8/14/18  
Grade: **A**

**El 7 Mares**  
12215 Paramount Blvd.  
Date Inspected: 8/14/18  
Grade: **A**

**Trading Post**  
9956 Lakewood Blvd.  
Date Inspected: 8/14/18  
Grade: **A**

**Coco's Restaurant**  
7900 Florence Ave.  
Date Inspected: 8/14/18  
Grade: **A**

**Masa Sushi Bon Appetit**  
7808 Florence Ave.  
Date Inspected: 8/9/18  
Grade: **A**

## Weekend at a Glance

Friday 84° ☁️

Saturday 83° ☀️

Sunday 82° ☁️

## THINGS TO DO



**Gardena Jazz Festival**  
Sunday - Rowley Park in Gardena, 11 am to 7:30 pm

Two stages with non-stop entertainment, headlined by smooth jazz band Maze. Tickets available on city of Gardena website.



**Elvis Festival**

Sunday - Main Street Garden Grove, 10 am to 6 pm

Performances by Elvis tribute artists, a Cadillac car show, Elvis memorabilia, vendors, Elvis tattoo contest, food trucks, and more. Free admission.



**Hazardous Waste**

Saturday - LA County Office of Education, 9 am to 3 pm

Drop off your unwanted household hazardous waste and electronic waste. Limit 15 gallons or 125 lbs. per trip. No trash, tires or large appliances.



**Open Mic**

Friday - Norwalk Cultural Arts Center, 7 pm

Singers, dancers, poets, comedians and magicians are invited to share their talents at an open mic night.



**Festival Salvadoreño**

Sunday - Bell Gardens Veterans Park, 11 am to 8 pm

A celebration of El Salvador culture, featuring live music, food and entertainment. \$15 admission.



**Harry Potter Roller Skating**

Saturday - Moonlight Rollerway in Glendale, 8 pm

Skate to the sounds of Harry Potter, plus costume contests, merchandise, games, raffles and Butterbeer.

## Downey Doings

# At lunch with the Downey Symphonic Society

By Lorine Parks  
Poetry Editor

At the Downey Symphonic Society Guild's barbeque for raising funds for the Music in the Schools program, I sat next to a woman who said, "I won the baton two years ago..."

Terry Wright, that's Teresa, to her mother, went on, "I saved for three years. My husband thought I was crazy. But I watched what it went for, eighteen hundred and then two thousand. So I saved \$2500. And I won."

Fund raising can be fun, as Terry found, when she came away the winner at the annual auction of the Maestro's baton. Terry got her heart's desire and also contributed to the Downey Symphonic Society, enabling them to bring music to thousands of Downey school children every year with a quintet and then a concert in the Downey Theatre.

Her bid helped the once-a-year Downey Symphony Orchestra's performances of two special concerts, one for third graders and one for the fifth. The Downey Unified School District partners with transportation and the Kiwanis Foundation underwrites one of the concerts.

The Symphony Guild's most recent annual fundraiser, the barbeque, took place at Rio Hondo Event Center's newly refurbished banquet rooms. When I asked who was in charge of the event, Katie Hare quickly said, "I am."

The Guild was formed as an auxiliary, to raise money to help the Symphonic Society bring the best professional musicians here to play. Originally it was called the Women's Committee, but men like Ed Beaumont wanted to join so the name was changed. Ed would rent a small bus and bring senior citizens who could no longer drive at night.

Katie and her committee labor yearround to offer unusual and always tasty activities for patrons.

Guests Nick and Mary Frankart came from as far as Long Beach. Nick used to be chairman of the Symphonic Society. Now it's Don Marshall as chair, who emphasized, "Everybody come. It's your symphony."

"I brought 68 people," said Terry. "My sister came from Arizona. And I didn't want to conduct a march, I wanted something more melodious and in a thanksgiving spirit, so Sharon Lavery the Maestro let me do Bach's 'Jesu Joy of Man's Desiring,' and I had tears, it was so beautiful."

Would she do it again? "In a heartbeat, but I'll have to wait and let the money build up."

Bernice Stumps was spotted: she bid for her nephew to lead the symphony in an overture at this April's concert. That's April 2019, which will be an all Gershwin evening. Katie was aided by her daughter and fellow Guild member Janet Molinaro who welcomed guests at the door, and Katie's husband Bill Hare, the treasurer for the Symphonic Board, who did a little conducting of his own, the auction that is, which raised over a thousand dollars.



Ruth Hillecke, sponsor of matching grants for the Music in the Schools program.

Items included a massage donated by PIH Hospitals - Katie bid on that. "I really want it," she said but someone topped her bid.

Also up for a bargain was a 3-month family membership offered by the Downey Family YMCA. Biggest prize was having dinner for four with Maestro Sharon, and then attending a rehearsal for the October concert.

Composer Oscar Navarro will be here from Spain to oversee the North American premier of his Clarinet concerto. The Spanish consul is expected to attend. Court manners are not necessary, and the winners can sit anywhere on stage they choose, to soak up the sound.

Other Guild supporters are Bob Brazelton, Albertson's Market, Pina Pizza, Target, L.A. Buns, Marie Callender's, and Ralph's.

What kind of special person wants to conduct the Orchestra?

"I never do things like square dancing," Terry said, "but my friends urged me as a single mom to take a 6-week course, and that's where I met my husband. They pair newcomers with experienced dancers. We've been married 40 years now, and we live in Downey. He's a diesel mechanic and I am retired from the Sheriff's department in L.A."

As chairman of the board, Don Marshall said, "We're all family here." Also at the Guild function were Bessie Gono, Lois Diess and Joe Commodore. Hop and Carol Morrison brought Alex Ambruso. Also spotted were Harold and Anna Tseklenis, the multi-tasking Joyce Sherwin, as well as members of the Symphonic Society Board Ruth Hillecke, Joanne Gronley and Mary Stevens with hubby Herb.

The Rio Hondo Event Center served barbequed tri-tip steak and chicken with cornbread, and wine could be ordered from the bar.

The sunset over the terrace and outlying greenery of the golf course gave an inspiring backdrop for the festive activities within.

## Downey hosting emergency preparedness fair

DOWNEY - In honor of National Preparedness Month, Downey's Emergency Preparedness Office and the Fire Department are hosting the 1st Annual Emergency Preparedness Fair on Saturday, Sept. 8 at 10 a.m. to 2 p.m. in the Civic Center Plaza.

Admission is free. Learn how to better prepare yourself, your family, and business for emergencies.

There will also be free giveaways (while supplies last).

## Downey High alumnus finishes Air Force basic training

DOWNEY - U.S. Air Force Airman Michael Rochin graduated from basic military training at Joint Base San Antonio-Lackland, San Antonio, Texas.

The airman completed an intensive, eight-week program that included training in military discipline and studies, Air Force core values, physical fitness, and basic warfare principles and skills.

Rochin earned distinction as an honor graduate.

He is a 2013 graduate of Downey High School.

## St. Mark's selling enchiladas

DOWNEY - St. Mark's Episcopal Church of Downey will continue the Moravian Church of Downey's tradition of making and selling enchiladas on Saturday, Aug. 25 with pick up at the church fellowship hall from noon to 5 p.m.

Enchiladas come two to a pan and are suitable for freezing. Pans of meat and cheese are \$8 and cheese are \$9. Orders may be placed ahead of time by emailing church@stmarksdowney.org or calling 562-862-3268 or calling Luanne at 562-927-3521. You may also order online at [www.mkt.com/stmarksdowney](http://www.mkt.com/stmarksdowney).

The church is located at 10354 Downey Ave. Payment can be made in cash, check, or credit card.

## Police arrest suspect after cell phone store is robbed

DOWNEY - One person was arrested but a second suspect remains at large after a Downey cell phone store was robbed Sunday.

According to police, a man entered the T-Mobile store located at 9400 Firestone Blvd. at about 12:45 p.m., announced that he had a gun and demanded merchandise from store workers.

The robber fled in a black Saturn driven by another man, said Downey Police Sgt. Mark Haxton.

Not long after, police officers spotted the vehicle near Rosecrans Avenue and Bellflower Boulevard, prompting both suspects to run.

One of the suspects was found hiding in a garage and in possession of stolen cell phones, police said. He was arrested and charged with armed robbery.

The suspect was only described as a 33-year-old man from Bellflower.

A description of the second suspect wasn't immediately available.

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## Century 21 office acquired in transaction

DOWNEY – Century 21 Peak, a real estate brokerage under the Peak Corporate Network, announced last week the acquisition of Century 21 My Real Estate Company in Downey as part of a strategic and aggressive initiative to expand the company's presence and market share throughout Southern California.

This announcement marks the fifth completed acquisition by Century 21 Peak in two and a half years.

"I'm inspired by the leadership at Century 21 Peak and motivated by the incredible

growth they have achieved in such a short time," said Nick Bailey, CEO of Century 21 Real Estate LLC.

"The industry is changing and Century 21 Peak serves as a great example showing how to stay competitive in the Southern California market."

Century 21 My Real Estate Company was previously owned by Steve Roberson, who purchased the business in 1994.

With this acquisition, Century 21 Peak will welcome 100 agents to the team, bringing the total agent roster to almost

450 agents. The Downey branch will continue to operate at 7827 Florence Avenue in Downey.

With more than 30 years of experience in real estate, Steve Roberson is a distinguished Downey broker and community leader. He will continue to consult with Century 21 Peak and maintain his role as a prominent company liaison to the local community.

"Century 21 Peak offers a wealth of resources and innovative support to agents, which will be an incredible asset to the Downey branch," said Roberson. "I'm looking forward



Steve Roberson

to working closely with the team to bring more opportunities for success and take the company to the next level."

## Southeast Bruins welcome new board members

► **ALUMNI BOARD:** Araceli Amazan takes over as president of the UCLA alumni group.

DOWNEY – The Southeast Bruins have announced a new Board of Directors for the upcoming year of events.

Known officially as the UCLA Alumni Los Angeles Southeast Network, the Southeast Bruins is recognized as the official regional chapter of the Alumni Association of UCLA.

It is open to alumni and friends who reside and/or work in the Southeast Los Angeles cities of Downey, Whittier, Bell Gardens, Cerritos, Montebello, Norwalk, South Gate, Pico Rivera, Huntington Park, Lynwood, Cudahy, Santa Fe Springs, and neighboring cities.

The Southeast Bruins will launch a new year of programming with their annual summer mixer at the Olive Restobar and will follow with a family-friendly freshman sendoff on Sunday September 9, from 12-3 pm.

As is tradition, they will be kicking off the football season with the Southeast Bruins watch parties. Be on the look out for more information of future events.

The incoming Board consists of the following: President Araceli Amazan (attorney); Vice President Chris Garcia (mayor of City of Cudahy); Treasurer Alan Gonez (recent UCLA graduate); Secretary Maria Torres

(executive director of Ferias Legales); Membership Director Cecilia Gonez (community activist); City-to-City Liaison Cesar Webb (therapist); and Directors-at-Large: Erika Hernandez (financial adviser); Jose Rodriguez (engineer); Jose Antonio Rodriguez (banker); and Alejandra Cortez (parental and community liaison for the Montebello Unified School District).

Immediate Past President Ricardo Perez (attorney) and UCLA Alumni Affairs Senior Director Kristine Werlinich will remain as ex-officio board members.

Perez said he feels mixed emotions about leaving the Southeast Bruins now that his term is up but adds that he is excited for what the future will bring.

"I am proud of the work that all of the different board members and I accomplished together and although I am sad to leave, I know that I am leaving it behind in good hands," he said.

To learn more about the Southeast Bruins or to get involved, meet the board and other Bruins at the summer mixer on Sept. 5 at the Olive RestoBar from 6-8 pm, with a ticket price of \$20, including complimentary appetizers, live music and a no host bar.

For questions, contact Ricardo Perez at rperez@alumni.ucla.edu.

## Assistance League lifts spirits with donations to hospital patients

DOWNEY – The Assistance League of Downey, along with their teenage counterparts the Assisteens, recently put together a sizeable donation of hand-knit blankets and carefully prepared hygiene kits to be distributed to patients at Rancho Los Amigos National Rehabilitation Center.

The donation was hand-delivered to Rancho, and accompanying the ladies of the Assistance League and Assisteens was Downey Mayor Pro Tem Rick Rodriguez.

Located in Downey, Rancho Los Amigos National Rehabilitation Center is a public center that provides comprehensive rehabilitation services to individuals of all ages with physical disabilities due to catastrophic injuries or illnesses (such as stroke, traumatic brain injury, spinal cord injury etc.).

Rancho treats some of the most complex cases in this country, seeing nearly 4,000 inpatients and 71,000 outpatient visits annually.

Rancho's clinical team is one of the finest of any rehabilitation

hospitals in the world and has set the standard for patient care for the past six decades.

Its doctors, therapists and nurses work together in treatment teams to provide the very best care for our patients. By collaborating with major universities throughout the nation, our clinicians continue to revolutionize the practice of rehabilitation medicine through vital research projects.

The donations received from the Assistance League of Downey will go to deserving patients at Rancho, who will appreciate enjoying some of the comforts of home while they are receiving care at the facility.

"Thanks to the wonderful community partners that we have in Downey, our patients are not only receiving world class rehabilitative care during their time at Rancho, but they can also find comfort knowing the deep level of concern that the surrounding community has for their overall well-being," said Rancho Los Amigos National Rehabilitation Center CEO Aries Limbaga. "We are thankful



From left: Amanda Settlege, Debbie Tomlinson, Mayor Pro Tem Rick Rodriguez, Lois Buchanan, Alyssa Punzalin and Patty Rohrer.

to the wonderful ladies of the Assistance League of Downey for continuing to find ways to help care for the patients at Rancho."

The mission of the Assistance League is to serve the unique needs and challenges of their

community.

Donations to Rancho can be made through the Rancho Los Amigos Foundation. For more information, contact (562) 385-7053.

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For full endorsement list visit [www.ClaudiaFrometaforDowney.com](http://www.ClaudiaFrometaforDowney.com)  
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**Business Spotlight:**

# AME Opens Urgent Care Center In Lynwood



**LYNWOOD, CA** - AME Medical Group headed by CEO Sunil Narkar opened their fifth urgent care center here. The clinic is open seven days a week, Monday - Friday 9 am - 9 pm, Saturday 10 am - 5 pm, and Sunday 10 am - 3 pm. No appointments are necessary for the service.

Medi-Cal, Medicare, Covered California, HMO, PPO, and other major insurances are supported. X-ray and ultrasound services are also available on-site. The urgent care services offered include many of the same basic medical services, but with extended hours



for delivering services and lower out-of-pocket costs. AME Medical Group ensures that patients can get the after-hour clinic needs they require, whether it be visiting a doctor in the evening,

on the weekend or on a holiday. Best of all, patients will not have to worry about the average four hour wait-times in the emergency room. Instead, at AME Medical Group, a typical wait for a patient is about 15 minutes on average. The healthcare providers are determined to offer their services to patients with the utmost care and concern. The structure of the urgent care centers is also designed to ensure that patients can get the services they need at a time that fits their demands. The management staff makes certain that the providers focus on their patients by maximizing the time a patient is with the provider and that they are cared for accordingly.

**Location:**

3625 Martin Luther King Jr. Blvd., Suite 8  
Lynwood, CA 90262

**Hours of Operation:**

Monday - Friday: 9 AM - 9 PM  
Saturday: 10 AM - 5 PM / Sunday: 10 AM - 3 PM

Advertising Supplement

# Summer film festival wraps up Saturday

► **FILM FESTIVAL:** Downey artist Roy Anthony Shabla will host this summer's final installment of the Green Salon Short Film Festival on Saturday.

**SANTA FE SPRINGS** - The third and final evening of The Green Salon Short Film Festival 2018 is Saturday, August 25, at 7 pm, at the art studio of Roy Anthony Shabla in Santa Fe Springs. All are welcome.

The Green Salon is the longest-running monthly cultural event in the Downey area and it is free and democratic. It is funded by Shabla himself and always features live music, an open mic, a featured reader, and the exhibition of local artists.

During the summer months (June, July, and August), it also includes short films by local filmmakers.

As a special treat, Donna Hilbert and Tamara Madison, two writers from Southern California, will be co-featured readers this month at The Green Salon.

Hilbert is a local sensation, lives and works in the City of Long Beach, and guides fledgling writers to fly. Her latest book is "Gravity: New & Selected Poems," Tebot Bach, 2018.

Madison is a "multi-lingual sea goddess and poet." Her latest book is "Moraine" and her next is a manuscript about growing up three miles from Mecca.

The books of both poets will be available for purchase.

The featured filmmaker for this last evening of the festival is Jennifer Abod who will screen the short version of her documentary film, "The Passionate Pursuits of Angela Bowen."

Angela Bowen was a pioneer dance instructor, a pioneer Long Beach State Women's Studies professor, and a pioneer equal rights activist whose reputation reached across the country and back again. She died one month ago.

Live music for the event is supplied by Eldorado Collective, a martini-jazz quartet influenced by Herbie Hancock and Santana. At the end of this summer evening, Eldorado Collective will improvise music with Esmoladera's Gabriel and Steven Armenta, and other guest musicians.

A small art fair accompanies the film festival with local artists exhibiting their work. Also, local poets and writers will offer their books for sale. Arrive early to appreciate everyone's work.

Roy Anthony Shabla will exhibit his series, Ordinary Time - small paintings and sculptures from found and recycled materials influenced by Louise Nevelson, Christo, Grandma Primbrey, and many others. It is the first time this series has been shown.

Studio GalleRoy is located at 11210 Greenstone Avenue in Santa Fe Springs, near Florence and Bloomfield.

# Shared Stories: A Tribute to My Father

Yolanda Reyna, a "daddy's girl," describes the complexities of the man she didn't give up on - her father. As is often the case, having grandchildren made him a different person. Shared Stories is a weekly column featuring articles by participants in a writing class at the Norwalk Senior Center. Bonnie Mansell is the instructor for this free class offered through the Cerritos College Adult Education Program. Curated by Carol Kearns.

By Yolanda Reyna

My father, Gilbert Reyna, was born on March 15, 1926. He died on November 24, 2001. He was 75 years old. I had to make the grueling decision to have him taken off life support. In the last few years of his life, he dealt with health issues, mainly Alzheimer's disease.

Even as he dealt with health issues, I could recall a time when he was strong and healthy, being the man of the house, looking after his family. There were good times, but he also had his struggles.

My father had lived in various run-down motel rooms for the last 20 years of his life. He would be isolated from the world. My father was mean and tough. He hated the world. He was intelligent, proud, stubborn, paranoid, prejudiced, heartless, emotionless, a recluse, an alcoholic, and a bookworm.

My father drank alcohol most of his adult life, and being that he was an alcoholic, he was at his best when he was drinking. My father wasn't a belligerent drinker. He was a sentimental drinker. The only time I saw my father smile, was when he drank alcohol. When he was sober, he was always complaining.

He loved listening to music, especially Frank Sinatra. He also played the guitar, and he played it well. When my father was 55 years old, he was told by his doctor that he had to stop drinking alcohol for his health.

He was a stern father and he set rules in our home (when we were a family). The children had to be up and ready for school. One day my brother Louie didn't want to go to school (for whatever reason). He was a young boy. He walked up to the corner of our block and just stood there crying. My father, shirtless and in pajama bottoms, with a belt in one hand, walked up to the corner and whacked my brother's behind! From that day on, my brother had no problem going to school. He would be up bright-eyed and sore, bushy-tailed.

My father always said to me: I should have been born a boy, because I clung to him. I was what you call a daddy's girl. Once my father thought he could talk to me about the birds and the bees. My ears couldn't take it! They were screaming!

One time I was asked out on a date by a young black man. When I

asked my father's permission, he said to me, "If you go out with him, I will disown you!" I believed him.

Although my father was mean and tough, he and I created a special bond. My father always gave me good advice (when I needed it). His advice was never sugar-coated, it was always straight-forward and to the point. Most times it felt like I was walking on egg-shells when I was around him, but I didn't mind as long as I was with him.

My father worked as a gardener and then a security guard. He worked late hours, as a security guard, which he enjoyed because he didn't have to deal with people. I'm glad they didn't have to deal with him.

After he and my mother separated for the last time, he left our home. I didn't know where he was living. I called one of my aunts to ask if she knew where he was living, because I loved my father and I missed him very much. She was kind enough to tell me, and I went looking for him, like a detective, wanting answers. When I found him, HE was furious!

He said to me, "What are you doing here? Leave! I don't want anyone thinking you're a prostitute!"

I said, "I don't care what anyone thinks and I'm not going to leave!"

He said, "Stop being stubborn and just leave!"

I thought, hum, I wonder where I get that stubbornness from? After I stood my ground, he surrendered. After that visit, I was allowed to visit him once a week. That went on for twenty years!

In the first few years I was married to my ex-husband Robert, and after having our children, my father was transformed into a big teddy bear. He adored his grandchildren. Li'l Reina, Li'l Roberto, and Li'l Daniel, he would call them. He especially loved Li'l Daniel.

I never saw my father smile as much as he did when Daniel was around him. My father would buy my children their winter coats, Easter baskets, shower them with Christmas gifts and load them with cookies and candy.

When my father was forced to come and live with me, (when I was married) he became extremely ill. In the weeks he lived with me, he became calm, caring, and supportive, but yet struggled with Alzheimer's disease. It was tough seeing my father deal with that awful disease. But it was a joy having him around. I was able to cook his meals, sit and watch TV with him and finally see him at peace.

I'm glad I never gave up on my father. It was a challenge. I felt like I had been running a marathon for twenty years and I finally made it to the finish line.

Dad, you're always in my heart!



On Saturday, Congresswoman Lucille Roybal-Allard (CA-40) visited the FoodHelp food bank at Downey First Christian Church and spoke with local residents in need.

In addition to hearing their views, the congresswoman spoke about how she can help them in their dealings with government agencies. She also thanked FoodHelp volunteers for their hard work and compassion, and expressed her gratitude to them, and the program's supporters and food suppliers, for all they do to make this vital program possible.



On Saturday, Congresswoman Lucille Roybal-Allard (CA-40) welcomed attendees to the Rocket Fever festival at Downey's Columbia Memorial Space Center, and congratulated the center's staff and the City of Downey on their hard work to organize the festival.

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## All the President's Crooks

By the New York Times Editorial Board

From the start of the Russia investigation, President Trump has been working to discredit the work and the integrity of the special counsel, Robert Mueller; praising men who are blatant grifters, cons and crooks; insisting that he's personally done nothing wrong; and reminding us that he hires only the best people.

On Tuesday afternoon, the American public was treated to an astonishing split-screen moment involving two of those people, as Mr. Trump's former campaign chief was convicted by a federal jury in Virginia of multiple crimes carrying years in prison at the same time that his longtime personal lawyer pleaded guilty in federal court in New York to his own lengthy trail of criminality, and confessed that he had committed at least some of the crimes "at the direction of" Mr. Trump himself.

Let that sink in: Mr. Trump's own lawyer has now accused him, under oath, of committing a felony.

Only a complete fantasist — that is, only President Trump and his cult — could continue to claim that this investigation of foreign subversion of an American election, which has already yielded dozens of other indictments and several guilty pleas, is a "hoax" or "scam" or "rigged witch hunt."

The conviction of Paul Manafort, who ran the Trump campaign for three months in 2016, was a win for prosecutors even though jurors were unable to reach a verdict on 10 of the 18 counts against him. On the other eight, which included bank fraud, tax fraud and a failure to report a foreign bank account, the jury agreed unanimously that Mr. Manafort was guilty. He is scheduled to go on trial in a separate case next month in Washington, D.C., on charges including money laundering, witness tampering, lying to authorities and failing to register as a foreign agent. Mr. Manafort faces many decades behind bars, although he will probably serve less than that under federal sentencing guidelines.

A few hundred miles to the north, in New York City, Michael "I'm going to mess your life up" Cohen stood before a federal judge and pleaded guilty to multiple counts of bank and tax fraud as well as federal campaign-finance violations involving hush-money payments he made to women who said they'd had sex with Mr. Trump. Mr. Cohen, who spent years as Mr. Trump's personal lawyer and "fix-it guy" (his own words), was under investigation by federal prosecutors in Manhattan, to whom Mr. Mueller referred his case. In April, F.B.I. agents raided Mr. Cohen's office, home and hotel room looking for evidence of criminality on a number of fronts. Apparently they found it.

Mr. Cohen didn't agree at Tuesday's hearing to cooperate with prosecutors, but if he eventually chooses to, that could spell even

bigger trouble for Mr. Trump. Mr. Cohen has been involved in many of Mr. Trump's dealings with Russia, including his aborted effort to build a Trump Tower in Moscow, and could shed light on connections between the Trump presidential campaign and Russian officials involved in the 2016 election interference.

But back to Tuesday's news. Mr. Manafort was not an original target of the inquiry by Mr. Mueller, who was appointed in May of last year to look into possible ties between the Trump campaign and efforts by Russian government officials to interfere in the election. But Mr. Mueller's mandate authorized him to investigate any other crimes that arose in the course of his work. It didn't take long. As soon as he and his lawyers started sniffing around, the stench of Mr. Manafort's illegality was overpowering.

As a longtime lobbyist and political consultant who worked for multiple Republican candidates and presidents, Mr. Manafort had a habit of lying to banks to get multimillion-dollar loans and hiding his cash in offshore accounts when tax time rolled round. In at least one case, he falsely characterized \$1.5 million as a loan to avoid paying taxes on it, then later told banks that the loan had been "forgiven" so he could get another loan.

He also enriched himself by working for some of the world's most notorious thugs and autocrats, including Ferdinand Marcos in the Philippines, Jonas Savimbi in Angola and Mobutu Sese Seko of the Democratic Republic of Congo. He helped elect the pro-Kremlin Viktor Yanukovich as president of Ukraine, a job that earned him millions until Mr. Yanukovich was ousted from power in 2014.

Despite this mercenary history — or perhaps, more disturbingly, because of it — Donald Trump, while running on promises to clean up Washington, hired Mr. Manafort to run his presidential campaign, a job he may well have kept but for news reports that he was receiving and hiding millions of dollars from his work on behalf of Mr. Yanukovich.

What does it tell you about Mr. Trump that he would choose to lead his campaign someone like Mr. Manafort, whom even on Tuesday he called a "good man"? It tells you that Mr. Trump is consistent, and consistently contemptuous of honesty and ethics, because he has surrounded himself with people of weak, if not criminal, character throughout his career.

While the president has so far dodged questions about whether he will pardon Mr. Manafort, he's already shown a willingness to make a mockery of the justice system with his pardons of unrepentant lawbreakers like Sheriff Joe Arpaio and Dinesh D'Souza. Last year, the president's lawyer dangled the prospect of a pardon to lawyers for Mr. Manafort and Michael Flynn, Mr. Trump's first national security adviser. If Mr. Trump were to follow through and grant clemency to Mr. Manafort, it would make his pardon of Mr. Arpaio look like the

signing of the Civil Rights Act.

You're forgiven if you've lost track of all the criminality, either charged or admitted, that has burst forth from Mr. Trump's circles in the last couple years even as Mr. Trump has continued to claim that the investigation is a hoax, a pointless waste of taxpayer dollars. So here's a brief refresher:

In addition to the prosecution of Mr. Manafort, the special counsel's office has secured guilty pleas from multiple people, including Mr. Flynn and George Papadopoulos, a foreign policy adviser on the Trump campaign, both of whom lied to federal investigators about their communications with Russian officials.

Others have pleaded guilty to identity fraud and making false statements. Mr. Manafort's longtime associate Rick Gates also pleaded guilty and testified against his former boss.

Meanwhile, Mr. Mueller has charged more than a dozen Russian individuals and companies for their roles in a coordinated and deceptive social-media campaign aimed at hurting Hillary Clinton's candidacy and helping Mr. Trump's. Some Trump campaign officials were unwittingly in contact with some of these defendants.

Mr. Mueller has also charged a dozen Russian military officials with hacking and helping to release emails of the Clinton campaign and the Democratic National Committee. The hackers first tried to break into Mrs. Clinton's personal servers on July 27, 2016 — the same day that Mr. Trump publicly called on Russians to do exactly that.

And he has charged Konstantin Kilimnik, a Russian associate of Mr. Manafort and a suspected spy, with obstructing justice.

As Mr. Trump rages on about the unfairness of the investigation, remember that Mr. Mueller has been on the job for just 15 months. For comparison, the Watergate investigation ran for more than two years before it brought down a president and sent dozens of people to prison. The Iran contra investigation dragged on for about seven years, as did the Whitewater investigation, which resulted in President Bill Clinton's impeachment.

Also remember we still don't know anything about the ultimate fate of several other Trump associates who have been under Mr. Mueller's microscope, including Roger Stone, Carter Page and Donald Trump Jr. ("If it's what you say I love it especially later in the summer").

For a witch hunt, Mr. Mueller's investigation has already bagged a remarkable number of witches. Only the best witches, you might say.

## MLK's dream still relevant today

By Star Parker

We are approaching the 55th anniversary of Dr. Martin Luther King Jr.'s famous "I Have a Dream" speech, delivered Aug. 28, 1963, in Washington, D.C.

Reading through the speech, it's hard not to be in awe, like those who stood and heard King then, by the greatness and truth of his words.

He captured with precision what America is about, what was wrong then, and what needed to be done.

And because timeless truth is what made that speech great, it is still relevant to today's considerable challenges.

This was not the speech of a political activist. This was a sermon of a pastor, enlightened and inspired by his God, to fix what was broken in America and lead us all to a better world.

I see three great messages from King's speech that are important to grasp and apply today.

First, King said that they were in Washington that day to cash in and "demand the riches of freedom and the security of justice."

Second, he communicated that freedom and justice are of divine origin, as he quoted from the prophet Isaiah.

And third, of particular relevance and importance today, was King's appeal to not drink "from the cup of bitterness and hatred" and to "conduct our struggle on the high plane of dignity and discipline."

I doubt that there is anyone that would not recognize the widespread failure in today's America to honor this last appeal for civility. The level on which our national discourse is now taking place is disappointing.

And I would relate the widespread decline of mutual respect to the extent to which we have purged the presence of God — as vital today as it was to King's message in 1963 — from our nation's public spaces.

Looking over the last 55 years, there have been failures but also great successes regarding black life in America.

I think the successes tie to the extent to which black life has followed the principles that King laid out in the "I Have a Dream" speech, and the failures tie to departures from those principles.

A new study from the American Enterprise Institute in Washington, D.C., captures this.

### Third world politics

Dear Editor:

I have written before about the influence of third world politics in our election process (The Downey Patriot March 10, 2016).

I was reminded of this after reading about the president of Venezuela receiving an attach to his life. I am more than willing to bet that the attack was staged to create sympathy for President Maduro and give him the excuse to jail more opponents. This is an often used tactic in third world politics which I hope is never implemented in our country.

Unfortunately, some other third world political actions are already being implemented, including the claim that "his penis is bigger than that of his opponent's" which was used by Abdala Bucaram when running for president of Ecuador some 22 years ago.

The study, "Black Men Making It In America: The engines of economic success for black men in America," reports the good news that 57 percent of black men today have made it into America's middle class or higher, compared to 38 percent in 1960.

And that "the share of black men who are poor has fallen from 41 percent in 1960 to 18 percent in 2016."

What are the "engines of success" for black men, according to the study? In addition to higher education and full-time work, the study ties three institutions to successful black men — military service, church attendance and marriage.

Fifty-four percent of black men who served in the military versus 45 percent who did not reached the middle class at midlife. Fifty-three percent of those who attended church at a young age, compared with 43 percent who did not, reached the middle class. And 70 percent of married black men, compared with 20 percent of never-married and 44 percent of divorced black men, are in the middle class.

Another critical factor is what the study calls "individual agency." This is the sense of personal responsibility for and control over one's life. Fifty-two percent of black men with a high sense of "agency," compared with 44 percent without, achieved at least middle-class status by age 50.

King did not lead a revolution. He led a national wake-up call. He pushed the nation to take responsibility for what it was and is — a free nation under God.

And the justice he sought was that government secure life, liberty and property, in the name of freedom, for "all of God's children."

Star Parker is an author and president of CURE, Center for Urban Renewal and Education. Contact her at [www.urbancure.org](http://www.urbancure.org).

In the same campaign, Bucaram's sister bore one of her breasts and told her audience "from this breast we'll feed the people". I don't expect anyone in the President's family to emulate this action.

The biggest impact of third world political actions that I have observed is the recognition and implementation of the bigger a lie is, the most believable it becomes. Sadly, this is now part of our political discourse.

Jorge Montero  
Downey

### The Downey Patriot

STAFF

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Editor

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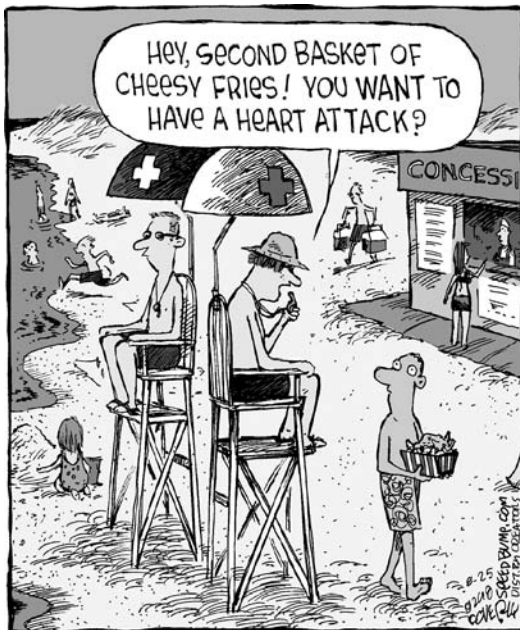
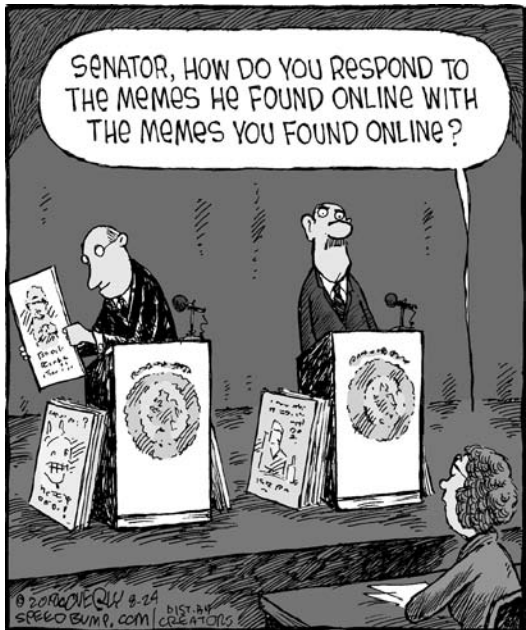
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## SPEED BUMP

## DAVE COVERLY



# Downey Community Calendar

### CITY MEETINGS

- 1st & 3rd Wednesday, 6:30pm: Planning Commission, Council Chamber at City Hall.
- 1st Tue., 4:00pm.: Recreation and Community Services Commission, Council Chamber, City Hall.
- 1st Tue., 6:00pm: Emergency Preparedness Committee, at Fire Station No. 1, 12222 Paramount Blvd.
- 2nd & 4th Tue., 6:30pm: City Council, Council Chamber.
- 3rd Tue., 6:30pm: Library Advisory Board, at Downey City Library.
- 4th Mon., 5 pm: Green Task Force, at City Hall.

### Regularly Scheduled Meetings

#### MONDAYS

- 7 pm: Boy Scout Troop 2, at Downey United Methodist Church, call 869-6478.
- 4:30 pm: Courage Forward Meeting, at 10829 New St, 2nd Floor, call 213-545-6810.
- 2nd Mon., 11 am: American Legion Auxiliary #270, at United Methodist Church, call 304-3439.
- 3rd Mon., 11:30 am: Downey Newcomers Club, call Marilyn 928-2623.
- 4th Mon., 7:30 pm: Downey Numismatists, at Downey Retirement Center, call 862-6666.

#### TUESDAYS

- 9 am: Quilters group, at Good Shepherd Lutheran Church, call 803-4459.
- 9:30 am: Downey Seniors Club, at Apollo Park, call Irene Vallini at 328-7039.
- 10 am: Downey Bocce Club, at 7850 Quill Drive, call John Fiorenza at 652-4399.
- 12 pm: Rotary Club, at Rio Hondo Events Center, call Greg Welch 323-816-4532.
- 6 pm: Toastmasters Club 587, at First Baptist Church, contact Salvador Cervantes: tmsalcpuede@gmail.com.
- 7 pm: Downey Knights of Columbus Bingo, at 11231 Rives Ave., call 923-1932.
- 7 pm: Healing Room and Prayer, at Desert Reign Church 11610 Lakewood Blvd, call 861-6011.
- 7:30 pm: Downey Master Chorale, at Cornerstone Church, contact info@downeymasterchorale.org.
- 1st Tues., 7:30 am: Gangs Out of Downey, at City Hall training room.
- 2nd and 4th Tues., 6 pm: Sertoma Club, at Rio Hondo Event Center, call 927-6438.
- 2nd Tues., 6 pm: Downey Fly Fishers, at Apollo Park, call 425-7936.
- 3rd Tues., 6:30 pm: Community Emergency Response Team meeting, Fire station 1, 12222 Paramount.
- 3rd Tues., 6 pm: American Legion #270, at Sizzler Restaurant, call 544-0372.
- Tues., Thurs. & Sat., 10 am: Downey Bocce Club, at 7850 Quill Drive, call John Fiorenza 652-4399

#### WEDNESDAYS

- 7 am: Kiwanis Club, at Rio Hondo Events Center, call Steve Roberson at 927-2626.
- 1 pm: Women's Bocce Club, at 7850 Quill Drive, call Marie Puch at 869-4366.
- 7 pm: Out Post 132 Royal Rangers, at Desert Reign Church, call 928-8000.
- 1st Tues., 11 am: Woman's Club of Downey, call Cheryl Olson 833-8954.
- 1st Wed., 11:30 am: Downey Coordinating Council, Community Center, call Bobbi Bruce 440-5416.
- 1st Wed., 7:30 pm: Downey Stamp Club, at Maude Price School cafeteria, call 928-3028.
- 2nd Wed., 11:30 am: Christian Women's Club, call Marilyn 928-2623.
- 2nd Wed., 3:30 pm: Keep Downey Beautiful, at City Hall, call 904-7102.
- 2nd Wed., 7:30 pm: Downey Model A Club, at Gallatin School Cafeteria, call 928-4132.
- 3rd Wed.: Downey Dog Obedience Club, for information please call Gina 869-5213 or Valerie 420-2972.
- 3rd Wed., 10 am: Los Angeles County Quilters Guild, at Women's Club, call (310) 604-0725.
- 3rd Wed., 10 am: OLPH Women's Guild, at OLPH School Auditorium, contact Paula Mayfield, (562) 923-3518.
- 3rd Wed., 6 pm: American Business Women's Association, Rio Hondo Country Club, call Barbara 863-2192.
- 4th Wed., 7:30 pm: US Coast Guard Aux. Flotilla 5-10, First Presbyterian Church, call Brian 419-5420.
- Wed. & Fri., 10:15 am: Senior Bingo, at Apollo Park, call 904-7223

#### THURSDAYS

- 7:30 am: Connections Networking, at Bob's Big Boy, for info., call Nick Smith, 861-5222.
- 7:30 am.: Soroptimist Int'l of Downey, for information, call Mia Vasquez, 806-3217.
- 9 am: Crafters group, at Good Shepherd Lutheran Church, call 803-4459.
- 9:30 am: Take off Pounds Sensibly, at Barabara Riley Senior Center, call (800) 932-8677.
- 12 pm: Kiwanis Club of Downey, at Rio Hondo Events Center, call Roy Jimenez 923-0971.
- 12 pm: Optimist Club of Downey, at Rio Hondo Events Center.
- 6:30 pm: Downey United Masonic Lodge # 220, 8244 3rd St., call 862-4176.
- 7 pm: Troop 351, Boy Scouts of America, at First Baptist Church, call 776-3388.
- 7:30 pm: Downey Elks Lodge #2020, call 803-3557.
- 1st Thurs., 12:00 pm: Downey Christian & Professional Luncheon, Sizzler's Restaurant, call James 310-1335.
- 1st Thurs., 7:30 pm.: The Downey Amateur Radio Club, at First Baptist Church room 120.
- 2nd Thurs., 7:30 pm: Beaming Rebel Foxes Collectors Club, call Carl D. Jones at 923-2400.
- 2nd & 4th Thurs., 6 pm: Lions Club, at Coco's, call Lenora (310) 283-9825.
- 3rd Thurs., 4 pm: Public Works Committee, at City Hall Training Room.
- 3rd Thurs., 6 pm: Downey CIPAC, at Sizzler's Restaurant, call Rich Tuttle 413-6045.
- 4th Thurs., 10 am: Assistance League, at Casa De Parley Johnson, call 869-0232.
- 4th Thurs., 7:30 pm: Downey Historical Society programs, at Community Center, call 862-2777.

#### FRIDAYS

- 7:30 am: Pro Networkers, at Mimi's Cafe, call Barbara Briley Beard at 869-7618.
- 3rd Fri., 8:30 am: Women's "In His Glory" Ministry at Los Amigos C. C. 622-3785.

#### SATURDAYS

- 9 am: Farmers Market, Downey Avenue at 3rd Street, call 904-7246.
- 4th Sat., 12:00 pm: Downey Arts Coalition, email contact@downeyarts.org.

## On This Day...

- August 23, 1939:** Nazi Germany and the Soviet Union signed a non-aggression treaty.
- 1947:** Margaret Truman, U.S. President Truman's daughter, gave her first public performance as a singer. The event was at the Hollywood Bowl and had an audience of 15,000.
- 1990:** President Saddam Hussein appeared on Iraqi state television with a group of Western detainees that he referred to as "guests." He told the group that they were being held "to prevent the scourge of war."
- 1993:** It was confirmed by Los Angeles police that Michael Jackson was the subject of a criminal investigation.

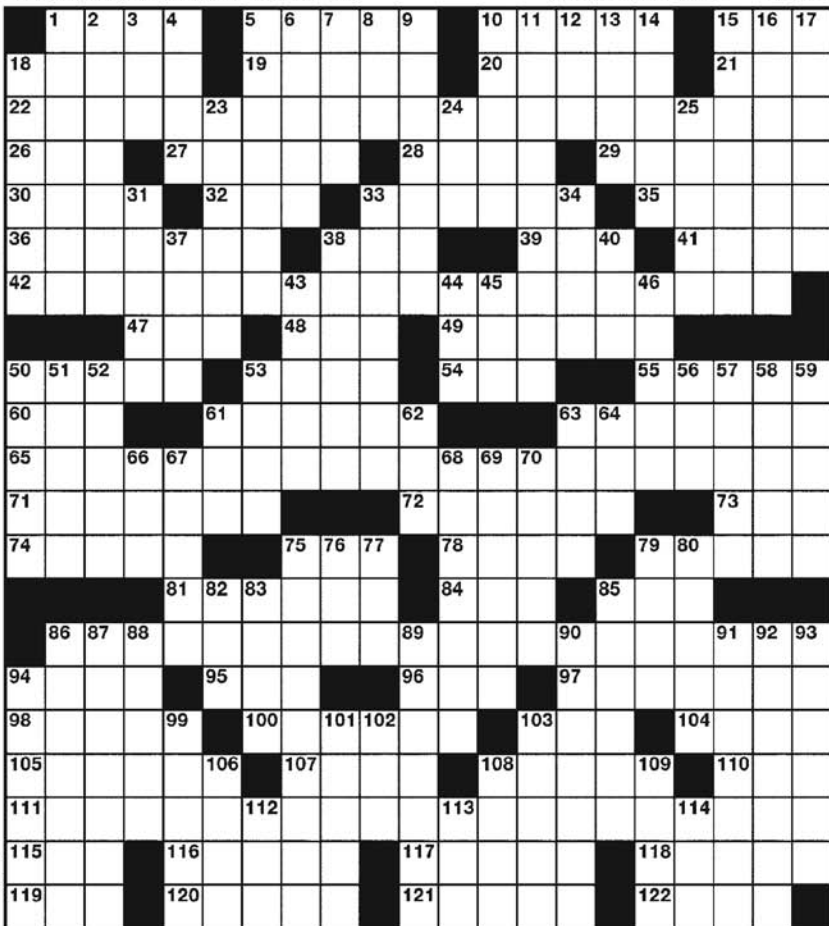
## THE NEWSDAY CROSSWORD

Edited by Stanley Newman (www.StanXwords.com)  
**MONEY TALKS: In denominational order**  
 by S.N.

- ACROSS**
- 1 Recital selections
  - 5 Predatory dolphins
  - 10 Major muddle
  - 15 Slice (off)
  - 18 Floors it
  - 19 Abundant source
  - 20 Mexican fast food
  - 21 Quebecer's water
  - 22 "Please share the ideas with me"
  - 26 Dean's list qualifier: Abbr.
  - 27 Contractual details
  - 28 \_\_\_-day (vitamin dose, often)
  - 29 NFL team previously from St. Louis
  - 30 Grasp, as ice cubes
  - 32 SSA IDs
  - 33 Decides to start using
  - 35 Flood barrier
  - 36 Recital selection
  - 38 Teaching temp
  - 39 Peanut product
  - 41 Significant stretches
  - 42 "Thanks for the payment, now talk"
  - 47 Hosp. professionals
  - 48 Large liquid vessel
  - 49 Sculpture done for the Parthenon
  - 50 Is exhibited, as a film
  - 53 Cabbage variety
  - 54 Argentina aunt
  - 55 Some surrealist works
  - 60 Starfleet's Jean-\_\_\_ Picard
  - 61 All of the Seven Dwarfs
  - 63 Nation known for its nutmeg
  - 65 "Results count, nothing else"
  - 71 Racetrack regulars
  - 72 Hard to budge
  - 73 Dine on
  - 74 73 Across, in Germany
  - 75 Topper
  - 78 Sore spot
  - 79 Edison adversary
  - 81 High-tech debut of 2007
  - 84 Seat of intuition, so to speak
  - 85 \_\_\_ favor (please, to Ruiz)
  - 86 "Can you help me with the parking meter?"
  - 94 Rhineland region
  - 95 Feeling of fury
  - 96 Walk-\_\_\_ (small roles)
  - 97 Cook less than needed
  - 98 Fall into \_\_\_ (get caught)
  - 100 Book after Job
  - 103 Afire
  - 104 MacArthur, to his friends
  - 105 Appetite
  - 107 Prayer pronoun
  - 108 Got by somehow
  - 110 Water cooler
  - 111 "Without a discount, forget it"
  - 115 Litigate
  - 116 Dig deeply for answers
  - 117 Shortwinded
  - 118 One-sided contests
  - 119 AOL alternative
  - 120 Battlers of long standing
  - 121 Fixed, as a boot
  - 122 Creative inspiration
- DOWN**
- 1 Japanese Winter Olympics city of 1972
  - 2 Fiji's region
  - 3 Novelist Deighton
  - 4 "\_\_\_ that something!"
  - 5 Designed for dune driving
  - 6 Innkeeper's inventory
  - 7 Mongrels
  - 8 Imprecise quantity
  - 9 Waited patiently
  - 10 Throat culture finding
  - 11 Swimming pools
  - 12 Cry in Cologne
  - 13 Put something over on
  - 14 Everyday
  - 15 Normandy port
  - 16 Breakfast fare
  - 17 Kitty cats
  - 18 Motley
  - 23 Gossip collectors
  - 24 One less than dos
  - 25 Language that gave us "democracy"
  - 31 Unconventional architect
  - 33 No-frills
  - 34 \_\_\_ qua non
  - 37 Change for a C-note
  - 38 More musty
  - 40 Designer Claiborne
  - 43 Ex of Donald
  - 44 Poetic frequency
  - 45 Sch. with a Providence campus
  - 46 Relinquished formally
  - 50 West Point newcomer
  - 51 Illumination measures
  - 52 S&L clients
  - 53 Touch lightly
  - 56 "I'll take that as \_\_\_"
  - 57 Does nothing
  - 58 Best-case
  - 59 Dasher's driver
  - 61 Cousteau's sea
  - 62 \_\_\_ Paulo, Brazil
  - 63 Chicago star
  - 64 Jamie Foxx's Oscar film
  - 66 Salt Lake City athlete
  - 67 Sound-related
  - 68 Chinese New Year parade regulars
  - 69 Brings upon oneself
  - 70 Conductor from India
  - 75 Presidential nickname
  - 76 Director Lee
  - 77 Where golfers begin
  - 79 Loathsome one
  - 80 Wasn't accurate
  - 82 \_\_\_ Beta Kappa
  - 83 Instrument associated with Ireland
  - 85 Gave up the ball
  - 86 Rich sponge cakes
  - 87 Guys on a crew team
  - 88 Assist with the ropes
  - 89 Instigates
  - 90 Told a joke
  - 91 The Bard's Trojan prince
  - 92 Assist with the ropes
  - 93 Will with a way with words
  - 94 Extreme cruelty
  - 99 Respect, in current slang
  - 101 Light-dawning remark
  - 102 Floral necklace
  - 103 Unstructured
  - 106 Being, in Bordeaux
  - 108 Lower-left PC key
  - 109 Quarters for students
  - 112 Chicken \_\_\_ (childhood ailment)
  - 113 Nat \_\_\_ (America Inside Out) airer
  - 114 Baseball great Gehrig

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The L.A. RAMS (29 Across) are the only team to have won NFL championships representing three different cities: Cleveland (1945), Los Angeles (1951) and St. Louis (1999). Most of the surviving portions of the Parthenon FRIEZE (49 Across) are housed at the British Museum, as part of the Elgin Marbles collection. GRENADA (63 Across) produces a substantial percentage of the world's nutmeg, which is depicted on the Grenadian flag.



## Paging Dr. Frischer...

By Dr. Alan Frischer

Are you familiar with moringa, a popular new supplement? The sheer number of sources claiming a very wide range of unbelievable benefits is astounding. I must admit that after my recent research into health scams, this makes warning lights go off in my head.



Moringa oleifera is known as the drumstick tree, the miracle tree, the ben oil tree, and the horseradish tree. It has long been used to treat a variety of conditions. Native to India, it also grows in Asia, Africa, and South America. The supplement can be made from the leaves, bark, flowers, fruit, seeds, and root.

In some parts of the world, moringa is an important food source. It contains a variety of vitamins and minerals, including Vitamin A, thiamine, riboflavin, niacin, B6, folate, ascorbic acid, calcium, potassium, iron, magnesium, phosphorus, and zinc.

Because it can be grown cheaply and easily, and because the dried leaves retain their vitamins and minerals, moringa is used in India and Africa in programs to fight malnutrition.

The immature green pods (drumsticks) are prepared like green beans, and the seeds are removed from mature pods and cooked like peas or roasted like nuts. The leaves are cooked and used like spinach, and they are also dried and powdered for use as a condiment.

Some of the benefits claimed by manufacturers of moringa supplements appear reasonable; its antioxidants may well fight free radicals, for example, which might lead to other significant benefits. But the list of benefits is rather staggering and speculative, including curing ailments from head to toe - from reducing inflammation to fighting cancer. Almost none have yet been backed up by scientific studies.

Naturally, moringa can have unintended side effects; consult your doctor before taking any kind of supplement. As with all supplements, the United States Food and Drug Administration doesn't monitor or certify any health claims. It doesn't evaluate the purity or quality. It doesn't stand behind the validity of the claims made by the manufacturers, or whether it is safe or beneficial to consume.

The fact is that every chemical has some effect. For example, cinnamon lowers blood sugar, but diabetics don't replace their insulin with cinnamon. Moringa may indeed lower blood pressure and raise thyroid levels in the body.

However, supplements like moringa are not measured or mixed precisely or consistently, and we simply cannot count on them to treat important health issues like low thyroid or high blood pressure.

My bottom line will sound familiar. The world is filled with fascinating products that have the potential to help or to harm. While Western medical science cannot claim to have all of the answers, it does provide a framework with which to proceed as safely as possible. Some as yet unproven supplements might very well prove beneficial.

If you are interested in moringa, please speak with your physician. He or she may not yet be familiar with it, but can at least evaluate your particular health situation and offer some educated advice.

**Dr. Alan Frischer is former chief of staff and former chief of medicine at Downey Regional Medical Center. Write to him in care of this newspaper at 8301 E. Florence Ave., Suite 100, Downey, CA 90240.**

# Does opioid use increase the risk of suicide? Researchers want to find out.

**PASADENA** -- Kaiser Permanente researchers have received a major grant from the National Institute on Drug Abuse to examine the role of opioid use in suicide risk and develop better tools to help clinicians identify patients who are at highest risk.

The three-year, \$1.4 million study will be led by Bobbi Jo Yarborough, Psy.D., an investigator at the Kaiser Permanente Center for Health Research in Portland, Oregon.

Both suicide deaths and opioid-related overdose deaths in the U.S. are on the rise. In 2015, the age-adjusted suicide rate was 13.3 per 100,000 — a 27 percent jump from 1999, according to the National Center for Health Statistics.

Over the same period, the rate of suicides with opioid poisoning as a contributing cause doubled, and the rate of opioid-related overdose deaths tripled.

"We've done preliminary work suggesting that 22 to 37 percent of opioid-related overdoses are, in fact, suicides or suicide attempts," said Dr. Yarborough.

"While health care settings are ideal places to intervene to prevent suicides, clinicians aren't able to easily determine which of their patients are at elevated risk. Our ultimate goal is to develop the most accurate suicide risk prediction tools and put them into the hands of clinicians.

"If our study is successful, clinicians will have a powerful new resource in the fight

against suicide."

The new study will use the power of machine learning and predictive analytics, which allow researchers to find meaningful patterns in large datasets.

The study will leverage Kaiser Permanente's industry-leading electronic health record system to create the best available tools for clinicians to help prevent future suicides.

The existing suicide prediction models were developed under the auspices of the Mental Health Research Network, a group of 13 research sites embedded within U.S. health systems that serve a combined 12.5 million patients.

The models include a large number of variables that can predict the likelihood of a suicide attempt within 90 days of a mental health or primary care outpatient visit.

These variables include medical, mental health and substance use disorder diagnoses; current and past prescriptions; and health care use patterns.

Under the new study, researchers will evaluate the following variables for their ability to improve prediction of suicide attempts or death: illicit or prescribed opioid use, opioid use disorder, discontinuation or substantial dose reduction of prescription opioids, and prior nonfatal opioid-related overdoses.

Dr. Yarborough and her colleagues will also assess whether the strength of these

risk predictors varies between men and women.

"We know that opioid use, opioid overdose and suicide are related, but we need much more specific information to guide our efforts at prevention," said Gregory Simon, M.D., M.S. in public health, principal investigator of the Mental Health Research Network and a co-investigator on the new study. "The findings from this study will be a great asset to the public health community."

The new study will include all seven of the Mental Health Research Network sites that collaborated in the development of the existing suicide risk prediction model: Health Partners in Minnesota; Henry Ford Health System in Michigan; and the Kaiser Permanente regional groups in Colorado, Hawaii, Southern California, Washington and the Northwest (Oregon and Southwest Washington).

The researchers from these sites will be working with a dataset that includes approximately 24 million medical visits, 35,000 suicide attempts and 2,600 suicide deaths.

## Hahn wants coroner to notify doctors of opioid overdoses

**LOS ANGELES** -- LA County Supervisor Janice Hahn proposed a new policy Tuesday in which the Los Angeles County of Department of Medical Examiner-Coroner would notify doctors about patients who have died of opioid overdoses.

The policy is inspired by new research published by LA County Chief Medical Examiner Dr. Jonathan Lucas, which shows this practice leads doctors to prescribe fewer opioids.

"Opioid addiction is unique-- it doesn't start at a party or on the streets-- it starts in a doctor's office," said Hahn. "Our doctors need to know in a real tangible way the consequences of these drugs and this is an opportunity for the County to work in a creative way to help them become part of the solution."

Before becoming LA County Chief Medical Examiner, Dr. Jonathan Lucas was working as Chief Deputy Medical Examiner in San Diego and participated in a groundbreaking experiment. The medical examiner's office began sending letters to doctors informing them when their patients died of opioid overdoses.

The researchers then studied the doctors' prescriptions following receiving the letter and found that doctors who received a letter wrote 10% fewer opioid prescriptions over the 3-month study period.

On Tuesday, the Board of Supervisors considered a motion authored by Hahn and co-authored by Supervisor Hilda Solis instructing the Chief Medical Examiner-Coroner to report back in 30 days in the feasibility of implementing a policy based off of this study in LA County. The motion passed unanimously.

"One Los Angeles County resident dying from an opioid overdose is one too many," said Solis.

"The County will continue to be responsive when individuals turn to us for help in treating this addiction. To effectively tackle the opioid crisis, we must think outside of the box, advocate, and expand our reach to help as many people as possible, and that includes helping our most vulnerable residents and immigrant communities. No one should be left behind in this effort."

The study was published last week in the journal Science.

You can read the full study here: <http://science.sciencemag.org/content/sci/361/6402/588.full.pdf>

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# DOWNEY HAPPENINGS

## FRIDAY, AUG. 24

**Stars & Stripes Golf Tournament**, 11 am. Golf tournament raising funds for the Veterans Association of Real Estate Professionals. Rio Hondo Golf Club, 10627 Old River School Rd.

## SATURDAY, AUG. 25

**Downey High Cheer Clinic**, 8:30 am. Kids ages 5-13 will learn cheer routines and perform during halftime of the Vikings' Aug. 31 football game. Downey High gym, 11040 Brookshire Ave.

**AYSO Opening Day**, 9 am. The 2018 season of Downey AYSO kicks off with an opening day celebration. Griffiths Middle School, 9633 Tweedy Lane.

**Hazardous and E-Waste Collection**, 9 am. Drop off your unwanted electronic items and household hazardous waste. Los Angeles County Office of Education, 9300 Imperial Hwy.

**Relay for Life**, 10 am. A 12-hour fundraiser to raise money for the American Cancer Society. Luminaria ceremony begins at 8:30 p.m. Downey Adult School, 12340 Woodruff Ave.

**Make Music Downey**, 12 pm. Live music all day at the Epic Lounge (until 2 am) and Stay Gallery (until 10 pm).

**Ballet Folklorico**, 7 pm. Ballet Folklorico de la Universidad de Guanajuato, México performs live. Downey Theatre, 8435 Firestone Blvd.

**Larva in Concert**, 10 pm. Electro music group Larva is joined by Ad Vitam for a live show. Stardust Club, 7643 Firestone Blvd.

**The Blackroom Presents: Moombah VS Regueton Edition**, 9 p.m. And underground dance party curated by the Blackroom Collective Team. 21+. Epic Lounge, 8239 2nd St.

## SUNDAY, AUG. 26

**Car Show**, 11 am. Classic car show, vendors, food, and contest for best '50s attire. Special appearance by Elmer Armstrong of The Platters.

Downey Community Health Center, 8425 Iowa St.

## WEDNESDAY, AUG. 29

**City Affairs Meeting**, 12 pm. Yolanda Castro, executive director of Southeast Los Angeles County Workforce Development Board, makes a presentation. Downey Chamber of Commerce, 11131 Brookshire Ave.

**Conversation with Blanca Pacheco**, 7-9 pm. Coffee and conversation with Councilmember Blanca Pacheco. Columbia Memorial Space Center, 12400 Columbia Way.

## SATURDAY, SEPT. 1

**Pokemon Tournament**, 2 pm. A Pokemon trading card game tournament, with standard rules. \$5 buy-in, prizes for top 3. Psycho Turtle Collectibles, 8428 Telegraph Rd.

**Metal Music**, 8 pm. Live performances by metal bands Black Empathy, Brain Dead, Heavy Justice and Meridian. Stardust Club, 7643 Firestone Blvd.

## MONDAY, SEPT. 3

**Rally for Healthcare Justice**, 10 am. SEIU-UHW members will rally against Kaiser Permanente and their intent to outsource jobs. Independence Park, 12334 Bellflower Blvd.

## WEDNESDAY, SEPT. 5

**Southeast Bruins Summer Mixer**, 6 pm. Meet UCLA alumni and make new connections. The Olive RestoBar, 8830 Apollo Way.

## THURSDAY, SEPT. 6

**Craft Night**, 5 pm. Children and families are invited to make crafts, with all materials provided. Downey City Library, 11121 Brookshire Ave.

## THURSDAY, SEPT. 6

**Let's Do Lunch Networking**, 12 pm. Network with other local business professionals. \$20 with RSVP or \$25 at the door. Barriles Restobar, 11040 Downey Ave.

**Postpartum Support**, 6:30 pm. A mom-to-mom support group to connect and uplift new mothers. Coffee Bean, 9516 Lakewood Blvd.

## SATURDAY, SEPT. 8

**Emergency Preparedness Fair**, 10 am to 2 pm. Practice hands-only CPR, learn to put out small fires, make emergency plans, and more. Civic Center, 11111 Brookshire Ave.

**Senior Follies Talent Show**, 1 pm and 5 pm. Downey seniors show off their unique talents in this 14th annual production. Barbara J. Riley Community & Senior Center, 7810 Quill Dr.

**Gospel of Luke Album Release Show**, 6 pm. Live show featuring performances of original songs written/recorded by Imago Dei Church. Stay Gallery, 11140 Downey Ave.

## SUNDAY, SEPT. 9

**New Bruin Send-Off**, 12 pm. UCLA alumni welcome incoming students and families to UCLA. Los Amigos Country Club, 7295 Quill Dr.

## MONDAY, SEPT. 10

**Raiders vs Rams MNF Silver/Black Party at Godttis in Downey**, 4 p.m., Godttis Nightclub & Bar, The season is here, so get the party started right with special guest host 2Mex. event will fill up, so arrive early or reserve a table for a party of six or more ahead of time.

## TUESDAY, SEPT. 11

**September 11 Remembrance Ceremony**, 10 am. The city of Downey pays tribute to the victims of the Sept. 11, 2001 terrorist attacks. City Hall, 11111 Brookshire Ave.

## WEDNESDAY, SEPT. 12

**Women in Leadership Conference**, 11:30 am. Featuring remarks from Betty Porto and Assemblymember Cristina Garcia. Embassy Suites, 8425 Firestone Blvd.

**The Bishops**, 9 pm. Ska/reggae band The Bishops perform live. Anarchy Library, 13250 Woodruff Ave.

## THURSDAY, SEPT. 13

**Family Game Night**, 5 pm. A variety of classic and modern board games will be available for families to play. Downey City Library, 11121 Brookshire Ave.

## SATURDAY, SEPT. 15

**Vintage Car Show**, 8 am to closing. Hot rods, custom cars, live music, food and more. Calvary Chapel Downey, 12808 Woodruff Ave.

**Reflections of Beauty Conference**, 8:30 am. A lineup of speakers designed to instill confidence and inspiration. First Baptist Church of Downey, 8348 3rd St.

**Keep Downey Beautiful Clean-Up**, 9 am. Spend one hour picking up litter and beautifying the Downey community. Rio San Gabriel Park, 9612 Ardine St.

**Chamber of Secrets: Virgin Orbit**, 10 am. Students in grades 5-12 can take a field trip to Virgin Orbit headquarters to see their new launch system, LauncherOne. Register online. Columbia Memorial Space Center, 12400 Columbia Way.

**International Food & Music Festival**, 4-10 pm. Food from local restaurants and food trucks, craft beer and wine garden, DJ, live entertainment on 3 stages, balloon artists, caricature artists, photo booth, henna artists, face painters, and more. Downey Avenue, between 2nd and 4th streets

## MONDAY, SEPT. 17

**Kiwanis Golf Tournament**, 12 pm. Annual golf tournament in support of Downey Los Amigos Kiwanis and their charitable efforts. Rio Hondo Golf Club, 10627 Old River School Rd.

## THURSDAY, SEPT. 20

**Job Source Grand Opening**, 12 pm. A new Downey business celebrates its grand opening with a ribbon-cutting ceremony. Job Source, 8520 Florence Ave.

**Empower Hour**, 6 pm. Ferias Legales honors Lupita Infante with its Empower Hour Breaking Barriers Award. BRB Social, 11040 Downey Ave.

## FRIDAY, SEPT. 21

**Ms. Krazie Album Release Party**, 8 pm. Hip-hop artist Ms. Krazie performs on stage in celebration of her latest album release. Godttis Nightclub, 7931 Firestone.

## SATURDAY, SEPT. 22

**Alpha Omega Con**, 10 am. A comic and pop culture convention where Christian, faith-based, and family-friendly creators and fans can meet, fellowship, and network. First Baptist Church of Downey, 8348 2nd St.

**Drill and Drum Competition**, 10 am. The Sophisticated Sounds & Steppers drill team and drum squad hosts an all-ages competition. Apollo Park, 12544 Rives Ave.

## SATURDAY, SEPT. 29

**Spinal Injury Games**, 10 am. Designed for all skill levels, wheelchair participants compete in a variety of sporting games. Rancho Los Amigos National Rehabilitation Center, 7601 Imperial Hwy.

**Skate Jam 2018**, 1 pm. Skateboarders are invited to show off their skills. Various categories, including Beginner, Girls Only, and Best Trick. Meredith Perkins Skate Park, 12334 Bellflower Blvd.

## FRIDAY, OCT. 5

**DUSD State of the Schools**, 7 am. Superintendent Dr. John Garcia provides an update on the Downey Unified School District. Los Angeles County Office of Education, 12830 Columbia Way.

**Homecoming Alumni Tailgate and BBQ**, 5 pm. Al Pius X, St. Matthias & PMA alumni are invited to a homecoming tailgate and barbecue. St. Pius X - St. Matthias Academy, 7851 Gardendale St.

**Latina Empowerment Day - Downey**, 8 am. The Gas Company Energy Resource Center, Latina Empowerment Day is a one day intensive workshop series created to empower Latinas to increase their community impact and strengthen their skills and knowledge on a variety of issues. Buy tickets online at Eventbrite.

## SATURDAY, OCT. 6

**Pius X Grand Reunion**, 6 pm. An all-year alumni celebration for Pius X, St. Matthias and PMA. Hall of Fame inductees include Diane J. Martinez & Evelia Castillo-Rodriguez. Embassy Suites, 8425 Firestone Blvd.

## WEDNESDAY, OCT. 17

**Flu Vaccination Clinic**, 1-3 pm. Free flu shots courtesy of the L.A. County Department of Public Health. Barbara J. Riley Community & Senior Center, 7810 Quill Dr.

## FRIDAY, OCT. 19

**Downey-Warren Football Game**, 7 pm. The Vikings and Bears face-off in their annual rivalry game. Downey High School, 11040 Brookshire Ave.

Continued on page 9

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## DOWNEY HAPPENINGS

### SATURDAY, OCT. 20

**Keep Downey Beautiful Clean-Up,** 9 am. Meet in the Big Lots parking lot, 9020 Firestone Blvd.

**Spooky Science Night,** 5 pm. Food trucks, games, activities, costume parade, and more. Columbia Memorial Space Center, 12400 Columbia Way.

**Downey Symphony Concert,** 8 pm. Celebrated composer Oscar Navarro returns for an encore of his "Downey Overture." Downey Theatre, 8435 Firestone Blvd.

### THURSDAY, OCT. 25

**PINK Conference,** 5 pm. The start of a three-day women's conference featuring workshops and guest speakers. New Season Christian Worship Center, 9001 Paramount Blvd.

### FRIDAY, OCT. 26

**Ricky Galvez Golf Tournament,** 11 am. Gangs Out of Downey's annual golf tournament, raising money for Ricky Galvez college scholarships. Rio Hondo Golf Club, 10627 Old River School Rd.

### SATURDAY, OCT. 27

**Halloween Party,** 9:30 pm. Featuring live music by God Module and Mordacious. Plus four DJs and a costume contest. Stardust Club, 7643 Firestone Blvd.

### SUNDAY, OCT. 28

**Dia de los Muertos Festival,** 11 am to 8 pm. Music and dance performances, dozens of vendors, art shows, food trucks, altar displays, and more. Downey Civic Center, 11111 Brookshire Ave.

### WEDNESDAY, OCT. 31

**Pumpkin Patch,** 5-9 pm. Costume contests, carnival games, photo booth, caricature artist, glow walk, and more. Apollo Park, 12544 Rives

Ave.

### FRIDAY, NOV. 2

**Rotary/Arc Golf Tournament,** 11 am. Rotary Club of Downey's annual golf tournament with proceeds benefiting The Arc - Los Angeles & Orange Counties. Rio Hondo Golf Club, 10627 Old River School Rd.

### FRIDAY, NOV. 9

**Brighten Women's Conference,** 2 pm. The start of a two-day conference for women and girls ages 12 and older. Worship, speakers, breakout sessions, and more. Lord's Grace Church, 7360 Foster Bridge Blvd.

### SATURDAY, NOV. 10

**Car Show and Breakfast,** 8am - noon. All makes, models, years welcome. \$20 per car plus breakfast. Additional breakfast is \$8 adults / \$5 for kids. Public free for car viewing.

Vendors welcome - contact First Baptist Church Downey 83343 2nd St 562-923-1261

**Downey High School Class of 1973 Reunion,** 6pm - 10 pm, Frantone's 9148 Telegraph Rd Downey, Please RSVP to Bruce Hearn 562-695-9088. Cost \$25 in advance / \$30 at door - food and drink included.

**Smart Gardening Workshop,** 9:30 am. Learn smart and effective ways to grow a drought-tolerant garden. Wilderness Park, 10999 Little Lake Rd.

**Rudolph the Red-Nosed Reindeer,** 11 am and 2 pm. A holiday tradition based on the animated television special. Downey Theatre, 8435 Firestone Blvd.

### MONDAY, NOV. 12

**Veterans Day Ceremony,** 10 am. A ceremony honoring all who have served our country. City Hall, 11111 Brookshire Ave.

### SATURDAY, NOV. 17

**Keep Downey Beautiful Clean-Up,** 9 am. Help pick up litter and make the community nicer. 8832 Imperial Hwy.

### MONDAY, DEC. 3

**Tree Lighting,** 6-8:30 pm. The city of Downey lights up its Christmas tree. City Hall, 11111 Brookshire Ave.

### SATURDAY, DEC. 15

**Mariachi Divas,** 8 pm. The all-female mariachi group performs a special Christmas concert. Downey Theatre, 8435 Firestone Blvd.

### SATURDAY, FEB. 23

**Healthy Downey 5K,** 8 am. A 5K walk/run to raise money for the TLC Family Resource Center. Apollo Park, 12544 Rives Ave.

### THURSDAY, MARCH 14

**GOOD Luncheon,** 11:30 am. Annual fundraiser benefiting Gangs Out of Downey. Rio Hondo Event Center, 10627 Old River School Rd.

### SATURDAY, MARCH 30

**Arc Walk for Independence,** 9 am. A 1- or 3-mile walk to celebrate people with developmental disabilities. Stonewood Center, 251 Stonewood St.

### SATURDAY, APRIL 20

**Kids & Cops Day,** 11 am. Police officers and local kids come together for a day of games and activities. Furman Park, 10419 Rives Ave.

Compiled by Eric Pierce. Email calendar listings to [eric@thedowneypatriot.com](mailto:eric@thedowneypatriot.com)

## 'Big Bang Theory' ending in 2019

► **TELEVISION:** The show's 12th season will be its last, CBS announced. It will be the longest-running multi-camera sitcom in TV history.

LOS ANGELES - The upcoming 12th season of the CBS comedy "The Big Bang Theory" will be the sitcom's final season, it was announced Wednesday.

The conclusion will mark the end of the longest-running multi-camera series in television history.

In a joint statement, Warner Bros. Television, CBS and Chuck Lorre Productions said, "We are forever grateful to our fans for their support of The Big Bang Theory during the past 12 seasons.

"We, along with the cast, writers and crew, are extremely appreciative of the show's success and aim to deliver a final season, and series finale, that will bring The Big Bang Theory to an epic creative close."

The 12th and final season of



The Big Bang Theory will debut Monday, Sept. 24 on CBS before moving to its regular time period on Thursday, Sept. 27 and will presumably conclude next May.

The series, which debuted in 2007, has received 52 Emmy nominations and 10 wins to date (though has never won for Outstanding Comedy Series).

The show originally centered on five characters living in Pasadena: Leonard Hofstadter and Sheldon Cooper, both

physicists at Caltech, who share an apartment; Penny, a waitress and aspiring actress who lives across the hall; and Leonard and Sheldon's similarly geeky and socially awkward friends and co-workers, aerospace engineer Howard Wolowitz and astrophysicist Raj Koothrappali.

The show is survived by a prequel spin-off, "Young Sheldon," which debuted last season to strong ratings.

## Under pressure from PETA, animal crackers get new box design

LOS ANGELES - After more than a century, the iconic Barnum's Animal Crackers box has gotten a redesign.

Instead of animals caged in a boxcar on their way to a circus, the animals are now roaming free -- side-by-side in a grassland.

Barnum's Animal Crackers brand has been around for more than 115 years. The change is a result of evolution, says the company that makes the snack.

People for the Ethical

Treatment of Animals, the self-described largest animal rights organization in the world, is taking credit for the new look, which maintains the classic lettering and red branding of the original boxes. It says the redesign was a result of discussions with the company.

"The new box for Barnum's Animals perfectly reflects that our society no longer tolerates caging and chaining exotic animals for circus shows," PETA said in a statement.

"No living being exists simply to be a spectacle or to perform tricks for human entertainment, yet all circuses and traveling shows that use animals treat them as mere props, denying them everything that's natural and important to them."

The redesign follows the shuttering of the Ringling Bros. and Barnum & Bailey Circus in May 2017, a move that PETA and other animal rights groups celebrated.

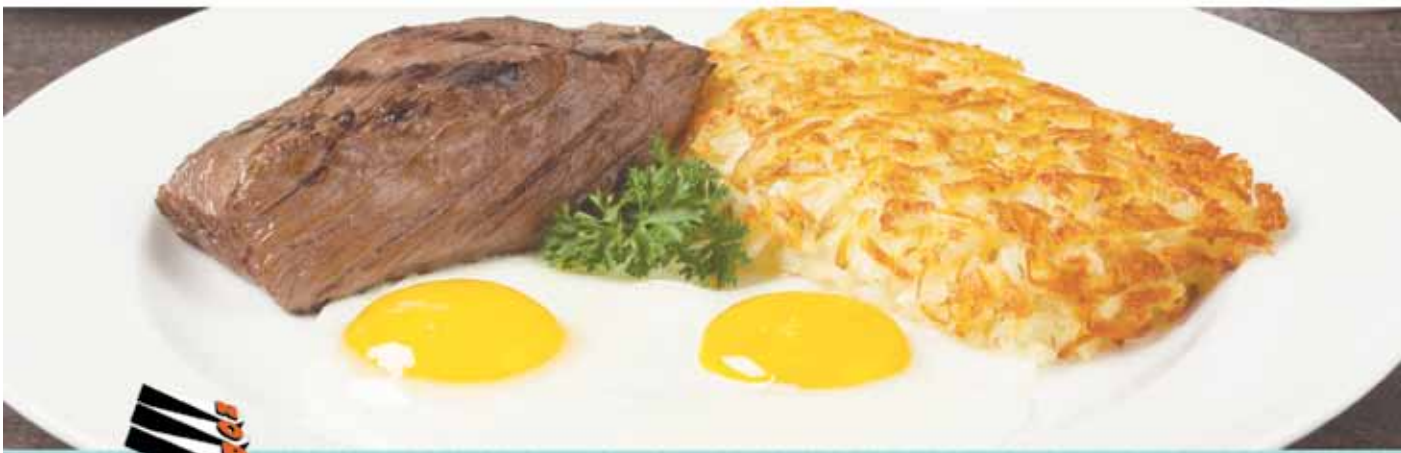
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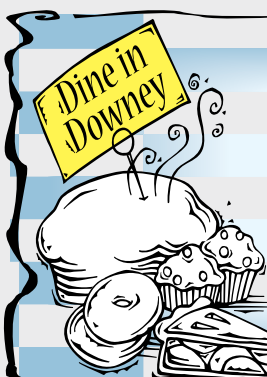
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The Downey Patriot **(562) 904-3668**

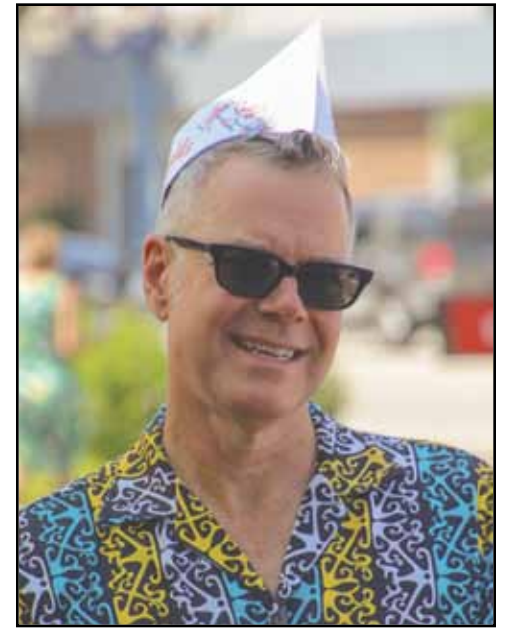


# McDonald's 65th anniversary

The historic McDonald's in Downey celebrated its 65th anniversary Saturday. The celebration included remarks from noted architect Alan Hess and pop culture commentator Charles Phoenix.

"Paris has the Eiffel Tower. New York has the Empire State Building. Downey has this — the oldest McDonald's in the world, a genuine article of history!" said Phoenix.

Photos by Eric Pierce.



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# Vikings allow 59 points in season-opening loss

By Mark Fetter  
Contributor

**DOWNEY** – The Downey High School football team traveled to Trabuco Hills last Thursday night to play Santa Margarita and were defeated by the Eagles, 59-21.

With the win, Santa Margarita improved to 1-0 on the season and with the loss Downey fell to 0-1.

The Vikings will host Hart later today in search of their first win. This will be Hart's 2018 season opener.

In the Downey/Santa Margarita game, the Eagles scored first and led 14-0 at the end of the first quarter. Santa Margarita added 10 more points in the second quarter and led 24-0 going into the locker room at halftime.

The Vikings woke up in the third quarter and scored 21 points. Unfortunately, the Eagles also scored 21 points in the quarter and led 45-21 at the end of the third quarter.

Santa Margarita added 14 more points in the fourth quarter to come away with the 59-21 win.

Viking quarterback Kijjon Fouts completed 14/25 pass attempts for 235 yards and one touchdown. The Viking ground game was led by Fouts as well as he ran the ball 14 times for 96 yards.

Malcom Perry also carried the ball 22 times for 114 yards and one touchdown. Jaden Allen carried the ball nine times for 31 yards and Malachi Rice carried the ball five times for 23 yards. The Downey run game accumulated 278 yards.

The Viking receiving corps were led by Danny Ruiz's five catches for 102 yards and one

touchdown and Brenden Hodge's six catches for 101 yards. The Viking receiving corps had 238 yards through the air. Downey had 516 total yards on offense.

The Viking defense was led by Vincent Willis' four solo and four assisted tackles, Alex Cortez's five solo and one assisted tackles, Justin Cardenas five solo tackles, Brennan Fields' four solo tackles and Noah Skobis' four solo tackles.

**CALVARY FOOTBALL:** The Downey Calvary Chapel football team will host its first game of the season tomorrow night at Downey High School when they play Lighthouse Christian of Santa Monica at 6 p.m.

Tomorrow night's game will be the season opener for both schools. DCC will play an eight-game schedule.

This season the Grizzlies will compete in the Express League against such teams as Avalon, Brethren Christian, Lutheran, Rolling Hills Prep, Sage Hill and St. Michael's Prep.

**PIUS FOOTBALL:** The St. Pius X-St. Matthias Academy football team will travel to The Webb Schools of Claremont tomorrow afternoon to play the Gauls.

The Gauls are 1-0 after they defeated Excelsior Charter of Victorville 34-20 last Friday night at Damien High School.

This season the Warriors will compete in the San Joaquin League against such teams as St. Margaret's, The Webb Schools, Saddleback Valley Christian and Southlands Christian.

**WARREN FOOTBALL:** The Warren High School football

team will host St. Anthony's of Long Beach tonight at Warren.

St. Anthony's was defeated by Valencia at Valencia last Friday night, 24-0, in their season opener.

The Bears scrimmaged San Dimas last Thursday night in a final tune-up for their season opener against St. Anthony's.

**WARREN VOLLEYBALL:** The Warren High School girls' volleyball team is currently 0-2.

The Lady Bears were defeated by Santa Fe, 3-1, on 8/16 and were defeated at Bellflower, 3-0, on 8/21. The Lady Bears hosted Norwalk at Warren yesterday (score unavailable at press time).

Warren will host Valley Christian next Tuesday and will host El Rancho next Thursday. Warren begins San Gabriel Valley League play when they travel to Lynwood on Sept. 6.

The Lady Bears travel to cross-town rival Downey on Sept. 18 in the first of their two scheduled league matches.

Warren finished last season with an overall record of 9-7 and a S.G.V.L. record of 6-4. The Lady Bears were defeated by Mayfair 3-0 in the first round of the C.I.F. Division 4 playoffs.

Coach Lane his staff and players are all looking forward to the 2018 volleyball season.

**DOWNEY VOLLEYBALL:** The Downey High School girls' volleyball team is currently 0-2.

The Lady Vikings were defeated by Valley Christian, 3-0, on 8/14 and were defeated by Edison, 3-0, on 8/18.

The Lady Vikings host Schurr next Thursday and travel to

Mayfair on Sept. 5 to play the Lady Monsoons.

Downey begins San Gabriel Valley League play when they travel to Paramount to play the Lady Pirates on Sept. 6. Downey will host cross-town rival Warren on Sept. 18 in the first of their two scheduled league matches.

Downey finished last season with an overall record of 18-10 and were 10-0 in S.G.V.L. play. The Lady Vikings were defeated by El Segundo 3-1 in the first round of the C.I.F. Division 4 playoffs.

Coach McCarthy, his staff and players are all looking forward to the 2018 volleyball season.

**BOSCO FOOTBALL:** The St. John Bosco football team hosted the Timpview Thunderbirds from Utah last Friday night at Panish

Family Stadium and came away with a 49-0 win.

Friday night's game was the first game played at the brand new Panish Family Stadium and the Braves didn't disappoint. The Braves scored early and often and coasted to their season opening win.

With the win the Braves improved to 1-0 on the season and with the loss the Thunderbirds fell to 0-1. With their convincing win Friday night the Braves will keep their Xcellent Top 25 rank at number one, their national rank at number one and their California rank at number one.

The Braves scored three touchdowns in the first quarter and led 21-0 as the first quarter came to a close. St. John Bosco scored 21 more points in the second quarter and took a 42-0 lead into the locker room at

halftime.

The Braves outscored Timpview 7-0 in the third quarter and led 49-0 at the end of the third quarter. Neither team scored in the fourth quarter and the Braves took their season opening win 49-0. There were no game stats available at press time.

St. John Bosco will travel to Bakersfield later today and play the Garces Memorial Rams. The Rams were defeated by Bakersfield Christian at Garces Memorial in their season opener 27-24 last Friday night and are currently 0-1.

Coach Negro, his staff and players are all looking forward to their game against Garces Memorial later today and keeping their Xcellent, national and state rankings where they are.

## Downey company honored for being 'good corporate citizen'

**DOWNEY** – The Sanitation Districts of Los Angeles County on Monday sent Certificates of Recognition to 389 companies for being "good corporate citizens" for the year 2017, including a Downey company.

These companies have met their limits for wastewater discharge for at least a year, maintained their environmental equipment and fulfilled all permit requirements. Of these companies seventy have received this recognition for more than five consecutive years.

The Downey company honored was Advance Radiator Service.

"As part of our mission to protect public health and the environment, we require our industries to comply with protective federal and local regulations," remarked Grace Robinson Hyde, Chief Engineer and General Manager of the Sanitation Districts. "These recognized industries not only met their requirements, but often exceeded them. Their efforts help us to effectively operate our wastewater collection and treatment systems, which benefits all of our ratepayers." Ms. Hyde announced the certificate awardees at the meetings of the Sanitation Districts' Boards of Directors.

"The recipients of these awards take pride in environmental stewardship and are eager to work with the Sanitation Districts in its mission to protect the environment," said Sam Bell, owner of Metal Surfaces, Inc., of Bell Gardens and chair of the Sanitation Districts' Industry Advisory Council.

"The award provides an incentive for Southern California industries in Los Angeles County to achieve consistent compliance with regulations, and save water and energy."

The idea for the Certificates of Recognition originated with the Sanitation Districts' Industry Advisory Council, an advisory group of 21 representatives from different industrial sectors. The Council and the Sanitation Districts felt it was important that industries with good compliance records be recognized. The Recognition Program is now in its twenty-second year.

"This program acknowledges industries for partnering with us to help our agency maintain high performance standards allowing us to economically convert wastes into resources," added Linda Shadler, Head of the Sanitation Districts' Industrial Waste Section.

The Sanitation Districts are a regional public agency consisting of 24 independent special districts serving over 5.6 million people in 78 cities and the unincorporated territory within Los Angeles County.

The Sanitation Districts protect public health and the environment through innovative and cost-effective wastewater and solid waste management and, in doing so, convert waste into resources such as recycled water, energy and recycled materials.

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# Norwalk-La Mirada school district launches contest for new logo

**NORWALK** - Do you have artistic talent? Do you have creative ideas or know someone who does?

If so, the Norwalk-La Mirada Unified School District could use your help. The district is now inviting submissions for its logo design contest.

A new logo is needed to reflect and convey the positive message of the district's new slogan, "Every Student. Future Ready. Our Promise!"

The contest is open to all district students, teachers, support staff, and administrators. It's also open to any community member residing within the district boundaries.

NLMUSD encompasses the

cities of Norwalk, La Mirada, a portion of Santa Fe Springs and part of unincorporated Whittier.

"Our goal is to have a logo that represents all the great progress — and future potential — of our wonderful schools and students," said NLMUSD Superintendent Dr. Hasmik Danielian.

All entries must adhere to the design guidelines and be received by Monday, Oct. 15, 2018. Submissions may be emailed to contest@nlmusd.org or postal mailed or hand delivered to:

Norwalk-La Mirada Unified School District  
Superintendent's Office  
c/o NLMUSD Logo Contest  
12820 Pioneer Blvd., Norwalk,

CA 90650

The winning logo or logos will become part of the official identity graphics used by the district. The logo will be displayed on websites, social media platforms, business cards, stationery, banners, posters, souvenir trinkets and various other ways.

There are no age restrictions for participants. Students at any grade level can enter and participants may submit work(s) as individual entrants or as part of a group. There is no contest entry fee.

All submissions must be turned in with a completed entry form. The entry form can be found online at [www.nlmusd.org/logoconcept/](http://www.nlmusd.org/logoconcept/)

One or more submissions per person or group is acceptable but each submission must be turned in with a separate entry form.

The contest is now open, as of Aug. 21, and closes at 4 p.m. on Monday, Oct. 15, 2018. Late submissions will not be considered.

All logo artwork must be original and pertain to the theme, "Every Student. Future Ready. Our Promise!" The artwork must be the contestant's original

hand-drawn creation. The entry design may not be a copy or duplicate of any previously published art, including photographs.

All winning entries will become the property of NLMUSD, which will have the right to adapt, edit, modify or otherwise use the winning submissions in part or in its entirety in whatever manner it deems appropriate.

Entries will be judged on the following criteria: visual appeal, artistic merit, how well it promotes the district's tagline, original concept, quality of design, and ease of reproduction.

A panel of district staff and community members will review all entries. The superintendent and executive staff will select the finalists. Finalist entries will be submitted to the Board of Education for review and approval at a designated board meeting. The winner will be officially recognized at a subsequent board meeting.

However, the district maintains the right to declare no winner if no artwork of merit is found.

# Things You Didn't Know About Downey: Joseph Venable

**DOWNEY** - On October 19, 1912 there was a story about a prominent citizen of Downey named Joseph William Venable Sr., a pioneer of the state who had succumbed to a long illness. Venable was one of the best-known residents of this section of the country and had held many important offices.

Venable was elected in 1873 on the Democratic ticket to the assembly and later held the offices of County Assessor and County Supervisor. His early career was marked with many interesting episodes—one being his trip in 1849 from his home in Evansville, Indiana during the gold rush to the Pacific coast.

He told of being stranded at Panama and with a number of friends induced the captain of an English coal brig to take them to San Francisco.

Upon entering Magdalena Bay, with food and water given out, Venable and three companions stole a boat from the vessel and made way to the land to secure provisions from two Indians they met by chance. Venable knew they had committed a crime under the English laws and decided to attempt to walk to San Diego in preference to going back to the ship. Though his journey at times was met with hunger he finally reached San Diego. From there they walked to Los Angeles, and then along the coast to San Francisco. Venable was in destitute state when he reached San Francisco, but he soon started out with many others in search of gold — and met fairly good success.

By 1869 Venable was located in Downey, where he purchased a ranch and resided until 1910 — two years before his death. He spent his last two years in Redondo.

Venable's funeral took place at Downey Cemetery under the auspices of the Masonic Lodge, of which he was an active member. His remains were followed to their final resting place by a long concourse of sorrowing relatives and friends.

Bobbi Bruce, Downey Historical Society

## POETRY MATTERS

The Return of the Subjunctive

Oh, the Subjunctive,  
May it make its bold return!  
May it ride back proud  
In liveried coach,  
May its two fine horses snort  
And paw the ground,  
And, escorted by its staunch  
Attendants If and Whether,  
May it descend in velvet cloak  
And black-gloved hand  
The lacquered steps of hope  
And happenstance...  
May it again light the land  
Between the world that was  
And is, and that which still might be,  
And may we tread again desire's  
Leaf-dappled path  
Of possibility.

-Tamara Madison, Wild Domestic, Pearl Editions, 2011.

Of all the verb tenses, the subjunctive is the rarest, the most capricious and the one that always depends on wishing for something that is not yet real. Fans of the rare Tamara Madison may hear her read in real life at Roy Anthony Shabla's Green Salon on August 25th. Poetry Matters is curated by Lorine Parks.

### 60 Words

to celebrate the Downey Symphony Orchestra's 60th anniversary

Downey's Symphony Board enlisted financial support from the City Council, Parks and Recreation, the School District, Rotary Club, LA County's Music Commission, and formidable society ladies whose well-publicized Salons offered tea, refreshments, and informative music lectures. The Women's Committee (now Symphony Guild) raised funds and awareness. Concerts were free. Leading everyone in monetary support was a major patroness, Ellie Phillips.

compiled by Joyce Sherwin  
Downey Symphony archives

### Best-selling author Peter Blauner to give talk at Cerritos Library

**CERRITOS** - Bestselling author Peter Blauner will discuss his latest novel, the twist-laden thriller "Sunrise Highway," at 7 p.m. on Tuesday, Sept. 11, in the Cerritos Library Skyline Room A.

The action-packed "Sunrise Highway" follows a lone cop hot on the trail of a killer who is determined to stop her and make her pay. "Publishers Weekly" praised the book: "This is a page-turner of the highest order."

An ex-journalist for "New York Magazine," Blauner won an Edgar Allan Poe award for best first novel for "Slow Motion Riot." He also penned "The New York Times" bestseller "The Intruder" and "Proving Ground." Blauner's other books include "Slipping Into Darkness," "Casino Moon," "The Last Good Day" and "Man of the Hour."

Blauner also has written for the television shows "Law & Order: SVU" and the CBS series "Blue Bloods."

Copies of Blauner's books will be available for purchase.

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The Downey Patriot  
Thursday, May 25, 2017  
Vol. 16 No. 7

HEALTH: Taking tetanus serious  
FEATURES: Perfect attendance  
NEWS: Commencement speaker  
NEWS: Gang member sentenced

### City Council agrees to continue Stay Gallery financial support

City Council members ultimately voted 5-0 to continue funding the gallery. Mayor Fernando Vazquez and Councilmember Blanca Pacheco abstained. Vazquez is part-owner of a downtown business, and Pacheco is a former Stay Gallery board member.

The agreement with Downey Art Vibe calls for the city to cover the gallery's rent through May 31, 2020, plus an additional \$48,000 for program expenses. Subsidies will be paid out of the city's Art in Public Places fund, a purse financed by developers who forego installing public art and instead pay 1% of the new building's valuation.

As of Monday, the fund contained \$319,757.76, said Aldo Schindler, Downey's director of community development.

The contract names the Downey Arts Coalition a strategic partner in the success of the facility, and stipulates that the facility be made available to civic and community organizations.

The gallery cannot be rented out as a nightclub, but can be used for family functions such as birthdays and weddings. Quinquagesima and baptisms, however, are prohibited.

The city of Downey retained the downtown parking situation in response to the area's recent growth of retail and residential projects.

The City Council on Tuesday prepared to prohibit electronic cigarettes at parks but expanded the ordinance to also include regular tobacco cigarettes.

In 2011, council members voted to create designated smoking areas at parks and city-sponsored public events. That ordinance, however, didn't apply to vaping and electronic cigarettes in 2017.

Electronic cigarettes emulate smoking by using an inhalable dose of nicotine or any other liquid substance through a vaporized solution. The FDA began regulating electronic cigarettes in 2017.

A revised ordinance banning all forms of smoking at Downey parks is expected to come back before the council next month.

The council members voted unanimously to accept the recommendations.

Paid parking meters are not being considered at this time.

Council members voted to accept the recommendations.

There's no shortage of

Downey Patriot wins 5 journalism awards





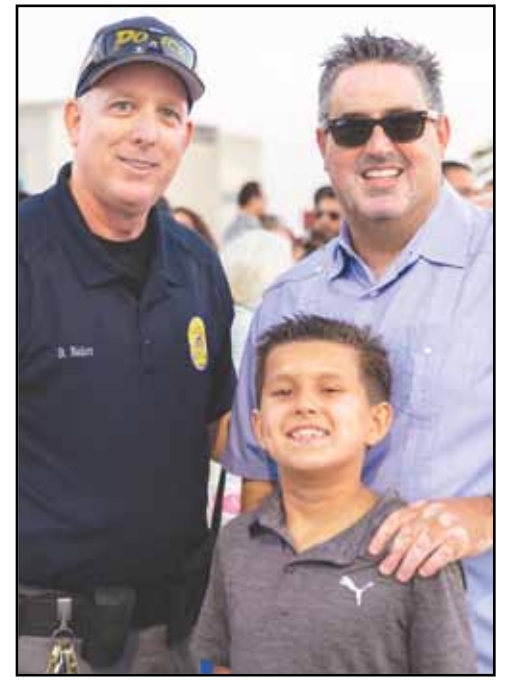


# Havana Nights

Downey hosted its Havana Nights rooftop concert last Saturday night on the top of the downtown parking structure.

The event featured live music, dancing, vendors, and a celebration of Cuban culture.

Photos courtesy city of Downey.



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1. Special interest rate and Annual Percentage Yield (APY) of 0.31% is available for Platinum Savings accounts opened in CA and MT. Interest rates and APYs are available from 7/9/2018 to 8/31/2018; subject to change at any time without notice. Special Interest Rates require \$25,000 deposited to the account from sources outside of Wells Fargo Bank, N.A., or its affiliates. Wells Fargo may limit the amount you deposit to a Platinum Savings account to an aggregate of \$1 million. Annual Percentage Yield (APY) is a blended APY which is based on the Special Interest Rate for the initial three (3) month promotional period and the Standard Interest Rate for remaining nine (9) months. Minimum daily account balance of \$25,000 must be maintained to earn the shown Special Interest Rate and blended APY. The account will revert to the Standard Interest Rate for any day the balance falls below the \$25,000 minimum daily balance. Interest is compounded daily and paid monthly. The amount of interest earned is based on the daily collected balances in the account. As of 6/13/2018 the standard APYs for a Platinum Savings account in CA with \$0.01 to \$249,999.99 is 0.01% and with \$250,000 and above is 0.05%; for a Platinum Savings account in MT with \$0.01 and above is 0.01%. Each tier shown reflects the current minimum daily collected balance required to obtain the applicable APY. Minimum to open a Platinum Savings account is \$25. Platinum Savings' monthly service fee of \$12 applies in any month the account falls below a \$3,500 minimum daily balance. Fees may reduce earnings. Interest rates are variable and subject to change without notice. 2. Annual Percentage Yield (APY) is effective for accounts opened between 7/9/2018 to 8/31/2018 and is subject to change at any time without notice. The 11-month New Dollar CD special requires a minimum of \$25,000 brought to Wells Fargo from sources outside of Wells Fargo Bank, N.A., or its affiliates to earn the advertised APY. Public Funds and Wholesale accounts are not eligible for this offer. APY assumes interest remains on deposit until maturity. Interest is compounded daily. Payment of interest on CDs is based on terms: For terms less than 12 months (365 days), interest may be paid monthly, quarterly, semi-annually, or at maturity (the end of the term). For terms of 12 months or more, interest may be paid monthly, quarterly, semi-annually, or annually. A fee for early withdrawal will be imposed and could reduce earnings on this account. Special Rates are applicable to the initial term of the CD only. At maturity, the special rate CD will automatically renew for a term of 6 months, at the interest rate and APY in effect for CDs on renewal date not subject to a Special Rate, unless the Bank has notified you otherwise. APY shown offered at Wells Fargo Bank locations in CA, MS, MT, NC, and SC. Due to the new money requirement, accounts may only be opened at your local branch. Offer cannot be: - Combined with any other consumer deposit offer. - Minimum new money deposit requirement of at least \$25,000 is for this offer only and cannot be transferred to another account to qualify for any other consumer deposit offer. - If you wish to take advantage of another consumer deposit offer requiring a minimum new money deposit, you will be required to do so with another new money deposit as stated in the offer requirements and qualifications. - Reproduced, purchased, sold, transferred, or traded. 3. The Portfolio by Wells Fargo program has a \$30 monthly service fee, which can be avoided when you have one of the following qualifying balances: \$25,000 or more in qualifying linked bank deposit accounts (checking, savings, CDs, FDIC-insured IRAs) or \$50,000 or more in any combination of qualifying linked banking, brokerage (available through Wells Fargo Advisors, LLC) and credit balances (including 10% of mortgage balances, certain mortgages not eligible). If the Portfolio by Wells Fargo relationship is terminated, the bonus interest rate on all eligible savings accounts, and discounts or fee waivers on other products and services, will discontinue and revert to the Bank's then-current applicable rate or fee. If the Portfolio by Wells Fargo relationship is terminated, the remaining unlinked Wells Fargo Portfolio Checking or Wells Fargo Prime Checking account will be converted to another checking product or closed.

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# Should you sell your home yourself, or hire a real estate agent?

Selling your home means making dozens (if not hundreds) of decisions, starting with whether to work with a real estate agent. While the vast majority of homeowners hire a listing agent, others brave the world of FSBO – For sale by owner.

According to Zillow research, 36 percent of sellers attempt to sell their homes themselves, but challenges along the way lead many of them to eventually hire an agent. In the end, only 11 percent of sellers end up selling their home without a real estate agent.

Consider these FSBO statistics: In addition to the 57 percent of sellers who believe that selling FSBO will save them money, 36 percent believe it will save them time, and 27 percent don't hire an agent because they feel they know their home better than any agent could.

Homeowners that attempt FSBO transactions are more likely to be Millennials, city dwellers, and minorities.

If you're trying to decide whether you're better off taking on the ultimate DIY project or enlisting the help of a local real estate professional, read on for benefits of both types of transactions.

### What does for sale by owner mean?

For sale by owner, often abbreviated as FSBO, is when a homeowner lists their home without the assistance of a professional real estate agent. When selling on your own, you're responsible for the process from start to finish, including pricing, staging, listing, negotiating, drawing up paperwork, and closing.

Why sell FSBO? Most sellers decide to go it alone in order to avoid paying the standard 6 percent commission fee to the real estate agents involved in the sale. While most FSBO sellers are trying to keep more of their profit in their pocket, it's important to note that a local real estate agent likely has more expertise in pricing strategy, so it's possible that the net profit you earn from a FSBO could end up being lower than if you had listed with an agent.

### Benefits of for sale by owner

**1. You'll avoid paying listing agent commission:** The most common reason to FSBO

is to avoid paying commissions, which are fees paid to agents based on the final selling price of the home. Commissions average between 4-6 percent of the home's purchase price and are usually paid by the seller from the proceeds of the sale. Typically, the buyer and seller have their own agents, with the commission split between the two.

**2. You'll have complete control of the listing price:** Without an agent, you're the sole decision maker when it comes to your list price. You'll need to make sure you put your emotional connection to your home aside. Look at your home as an asset and do your research to see how your property stacks up against other similar homes nearby. For \$300-\$500, you can hire an appraiser to give you a real market value.

**3. You can manage the schedule of showings and open houses:** Fleeting your house for last-minute showings and all-day weekend open houses is a lot of work—not to mention having to keep your home pristine around the clock. When you're running the show, you get to decide when you want to show your home. And, you won't have to wait for your agent to be available to do a showing for you.

**4. You're motivated to sell for top dollar:** Because it's your finances on the line, you'll invest the time and energy to advertise your home in the best light. FSBO sellers can advertise online (where 79 percent of buyers say they search), including on Zillow and on sites dedicated just to real estate sold by owners (here's where you can post your FSBO on Zillow). There are also some online services that can get your home listed on the MLS, usually for a flat fee under \$1,000. Don't forget about professional photos, signage, and print ads.

**5. You're the neighborhood expert:** You can speak to potential buyers about not just the home itself, but what it's like to live in the community. After all, you know your neighborhood best. Sharing that knowledge can be a huge selling point with buyers.

Be aware: When listing FSBO, it can be challenging to set aside your attachment to your home and focus on the process of selling. When dealing with real estate sold by owners, objectivity and acceptance of feedback from potential buyers are incredibly important. To help move your negotiations forward in a productive manner, make sure you know ahead of time what your bottom-line price is and what concessions you're open to making. This can help make negotiations more logical and less emotional.

### Benefits of hiring a real estate agent

**1. They understand fair market value and pricing strategy:** When you work with an experienced, local agent, they should have a great handle on just what your home is worth in your area, and what kind of pricing will get buyers through the door. They can help you walk the tightrope of getting you as much money out of your house as possible, while still appealing to a wide range of buyers.

**2. They're objective listing experts:** Good real estate agents have a deep understanding of their local market and want to show your home in the best light. They also have relationships with photographers and home stagers, who can all work as a team to highlight the amenities that local buyers want.

**3. They have access to extensive market exposure:** With access to the local MLS and online listing portals, social media presence, professional networks, connections with other agents, and name recognition, your real estate agent can get a lot of eyes on your listing and plenty of potential buyers in the front door.

**4. Buyer's agents are more likely to show your listing to clients:** Real estate agents are paid on commission, so some agents may not take the time to show your FSBO listing to their clients, since there's no guaranteed commission.

Be aware: As a FSBO seller, you can decide to offer a standard 3 percent commission to the buyer's agent (still saving the 3 percent you would have spent on your own agent). This can help alleviate the bias some buyer's agents have

against for-sale-by-owner properties.

**5. They'll negotiate professionally:** Experienced agents can spot serious buyers and guide you toward the strongest offers, which eliminates the burden of calls and negotiations with less motivated shoppers. Agents are extremely familiar with both the selling process and your local market, so they can recommend appropriate counteroffers. Bottom line: They'll help you get as much money as possible. No wonder 82 percent of sellers surveyed by Zillow said they value their agent's ability to lead contract negotiations.

**6. They know the paperwork:** There's a lot of documentation involved when you sell a home, and without an agent, the burden of making sure it's complete and accurate falls on the seller (or an attorney you've hired to help). Seasoned real estate professionals are experts at the purchase and sale process, and all the legalese that comes with it.

Be aware: If you hire a real estate agent, you likely won't be their only client. Be sure to hire an agent who understands both your motivations for selling and your timeline. Be clear about your communication preferences and let them know how involved you want them to be. You'll be paying them a commission out of your profits, so it's important that you're satisfied with the level of service.

Zillow

## OPEN HOUSE

### SATURDAY August 25th, 1:00PM-4:00PM

#### 7502 Cecilia Street • Downey • 90241




Deceivingly Large 3 Bedroom/2 Bathroom plus Family Room with Sparking Pool and Spa! Excellent and Quiet Orange Estates Traditional in North Downey with Hardwood Floors, Living Room with Fireplace, Separate Dining and Breakfast Areas, Large Master Suite with Spa-Style Private Bathroom featuring Walk-In Shower & Multiple Shower Heads, Large Soaking Tub, and Custom Double Vanity. Open Beamed Family Room with Fireplace and French Doors Opening onto Patio and Pool/Spa, Two Additional Bedrooms with Wardrobe Closets and Skylights, Large Guest Bathroom, Inside Laundry, Convenient Attached Double-Garage and Large Attic Storage Space. Home has been updated with New Roofing and Plywood, High-Quality Anderson Brand Windows, New Carpet and Refinished Flooring. CALL/TEXT ME FOR MORE DETAILS 562-743-2121

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Downey's former "Man Without a Heart" Johnny Lemucchi took The Downey Patriot with him to the Transplant Olympic Games.

He came back with two medals.





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**Immaculate!**

This home shows great. Large bedrooms. Lots of upgrades and remodel. Newer double entry doors, newer AC and forced heating units. Kitchen and bath remodel, double glass sink in hall bath (beautiful). Newer paint. Newer fireproof roof. Some newer pella windows. Water saving landscape - desert scape. Copper piping in 2015. New fireplace glass in family room. Newer appliances in kitchen. Call Today!!!

### TOP PRODUCERS



**TOP LISTING**  
Cristian Ripoll



**TOP PRODUCTION**  
Maria Zuloaga



**TOP SALES**  
Lilian Lopez



**Opportunity Awaits!**

Enjoy one of the most sought after north Downey neighborhoods on a quiet and established area with great schools and friendly people. This great home is walking distance to Gallatin Elementary, rated 4 Stars by Great Schools.org. The home has a green and healthy back yard with many trees, plants and flowers carefully manicured. Call Today!!!



**Time To Buy!**

3 bedroom, 2.5 bath condominium in secured building. Includes 2 car garage, patio area, and laundry room. Call Today!!!



**Great Potential!**

Very nice 3 bedrooms, 2 bathrooms. Garage has been converted to a living area. Newer windows, newer wood floor (partial), and granite counters. Excellent location. Call Today!!!



**Spacious!**

Great location. Very nice 3 bedroom, 2 bathroom home with a den. This home features original hardwood floors, central AC, 2 car attached garage. Large den can be used as fourth bedroom. A must see. Call Today!!!



**Opportunity Knocks!**

Make this your new home! 3 spacious bedrooms, 2 bathrooms, a separate dining room, and plenty of private outdoor spaces make this the perfect place for you and our family. Call Today!!!



**Investment Opportunity!**

Great opportunity. Front unit has one level, 2 bedrooms, 1 bathroom with a bonus room, inside laundry, central AC, 1 car garage, plus additional parking space. Rear unit is a two story, 3 bedroom, 1.5 bathroom, inside laundry, central AC, and a 2 car garage. Good condition. Call Today!!!



**Spish Splash!**

Beautiful pool home located in the convenient and desirable area of Lakewood. Close to school, shopping, and transportation. This well maintained home features 3 bedrooms, 2 bathrooms, remodeled kitchen, ceramic tile and wood floors, patio, central AC/heater, two car garage, nice pool, and much more. Call Today!!!



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Remodeled 6 BD, 4 BA North Downey home with 3,570 sq. ft. of living space on a 7,273 sq. ft. lot. **\$949,900.**

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**CALL NOW!**  
  
**Large Home in Long Beach!**  
Needs work. 4 BD, 2 BA, 2,400 sq. ft. living space on a 6,250 sq. ft. corner lot.  
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7945 Quill Street, Downey  
3 BD | 2 BA | 2,000+ sq. ft. Home  
**SOLD in 9 days with multiple offers!**  
In Escrow! In Escrow! In Escrow!

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**Beautiful Clean Home!**  
3 BD, 1.75 BA w/ open concept living & dining room, family room w/ fireplace + bonus room. **Priced at \$644,900.**

8822 Lowman Avenue, Downey  
This home has it all! 3 bedrooms, 2 bathrooms and a family room! Remodeled kitchen and upgraded bathrooms! Large backyard with covered patio!  
8,071 sq. ft. lot! **\$715,000.**  
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**A Grand Estate!**  
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**2 IN ESCROW!**  
  
3 BD | 2 BA | 1,152 sq. ft. | Nearly 6,000 sq. ft. lot  
ORIGINAL OWNER - FIRST TIME ON THE MARKET!  
**MARIO DID IT AGAIN!**

**SOLD IN 2 DAYS!**  
  
**Downey Splash! Splash!**  
3 BD | 2 BA | 1,907 sq. ft. | 7,457 sq. ft. Family room that overlooks pool.  
Call Carrie for a FREE home analysis!

**19,456 LOT!**  
  
**North Downey Estate!**  
Entertainer's delight! One level home on a sprawling lot with a free form pool, waterfall, and guest quarters! Main house boasts 4 BD & 5 BA. Open floorplan with doors to outside recreation area! New gourmet appliances in huge kitchen! Call us for a private showing!  
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This Whittier home features 4 bedrooms, 1+3/4 bathrooms and a beautiful sparkling pool.  
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**3 COMING SOON**  
  
Downey Orange Estates  
3 BD, 2 BA home. 1,516 sq. ft. living space. Nearly 6,000 sq. ft. lot.  
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**Prestigious "Yankey Circle" Neighborhood**  
Custom-built 4 BD, 3 BA home with 2,624 sq ft living space on a 9,418 sq ft lot with new exterior paint, new tile in bathrooms, new automatic sprinklers, 2 water heaters, & newer windows and AC (2015). Great floorplan with a large family room with fireplace & wet bar and master bedroom with slider giving you access to patio.  
**LIST PRICE \$835,000**

**Home of Perfection**  
Remodeled 3 BD, 2 BA home in cul-de-sac location. Updated & open concept kitchen, large family room with fireplace, newer flooring & windows, master BD, so many neat features here -- too many to list.  
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**Tuscan Villa With Pool!**  
4 BD, 5 BA, 3,127 sq ft, large family room, spacious master BD with balcony overlooking pool, downstairs office, each bedroom has its own bathroom.  
**LIST PRICE \$849,950**

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