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Kaiser breaks ground on new hospital tower

► **GROUND BREAKING:** The Downey hospital is adding 96 beds, making it the second largest Kaiser Permanente facility in Southern California.

By Alex Dominguez
Staff Writer

DOWNEY – Kaiser Permanente officially broke ground on their new hospital expansion Wednesday morning, kicking off a project that will add more than 90 new beds and updated technology to the campus once completed.

Once erected, the new tower will house 96 additional beds, as well as the best of “high-tech” and “high-touch” medicine in the form of the latest technological innovations currently in medicine.

“The hospital tower expansion gives me great pride,” said Dr. Binesh Batra, Area Medical Director. “Our membership continues to climb; we have 390,000 members now, and we think in the next five years we might be going up to 445,000.”

“With the 96-bed



Kaiser Permanente broke ground on a new tower Wednesday, adding 96 beds to the hospital. Photo by Claudia Gomez.

[addition], we’ll be a 448-bed hospital, which will be the second largest hospital in KP Southern California.”

“The most important thing is not these figures or numbers we share with you, but who makes this magic happen: it’s the people of Kaiser Permanente,” Batra added. “That is what it comes down to; we all wake up in

the morning, what motivates us to go touch and save lives, and that’s what we do.”

Downey City Council members were in attendance at the groundbreaking ceremony.

“We’re happy to be here and be supportive of Kaiser Permanente,” said Mayor Sean Ashton. “This is

going to be a great addition to the hospital to provide more healthcare not only for Downey residents but residents of the immediate area.”

The tower is slated to be completed by December 2020, with Kaiser hoping to be able to admit patients into the facility by March 2021.

Ranking the top 5 burgers in Southeast L.A.



The Mac N’ Cheese Burger at Grub Burger Bar in Whittier. Photo by Vic Diaz/SoutheastEatsLA

► **BURGER HEAVEN:** Southeast Eats LA searches for the best hamburgers in Downey and surrounding cities.

By Vic Diaz
Southeast Eats LA

DOWNEY – For this edition of “Southeast Eats Explores,” we’re expanding our reach to various places throughout Southeast LA, all with the purpose of ranking the top 5 burgers you can find in the region.

This is a comprehensive list, judging each burger based on flavor, meat quality, and the uniqueness of the burger.

Without any further ado, let’s dive in and see which burger joints were told, “You just made the list!”

5. Stewart & Grub – Downey

Stewart & Grub is relatively new to the area, but it makes the list due to being one of the best at creating a simple, down-to-earth burger.

Our favorite is the “Carpenter”, a shout-out to an all-too-familiar Downey staple; this burger boasts a 100 percent angus beef patty, bacon, barbecue sauce, cheddar cheese and their own house-made thousand island sauce. This smoky, carnivorous combination will give you the genuine burger diner experience at a fraction of the price.

7380 Stewart and Gray Rd, Downey, CA 90241

4. Nexx Burger – Downey

Downey once again makes the list with yet another newbie, Nexx Burger.

Their burgers are simple, opting not to go for the over-the-top combinations commonly found nowadays, but what they do, they do very well. Their bacon cheeseburger has an unprecedented level of freshness not found so easily, unless you’re making it yourself. You also have the option to add special

ingredients, like avocado or their house made chili.

Not to mention, they’re the only burger location in SELA that we know of that offers the “Impossible” Burger, a burger made entirely of plant-based ingredients.

7414 Florence Ave, Downey, CA 90240

3. Grub Burger Bar – Whittier

Now it’s time to get crazy.

You want variety, Grub Burger Bar has got it. For us, it doesn’t get much more innovative than their Mac N’ Cheese Burger. To be specific, you get macaroni and cheese on a burger; combine that with additional melted cheese and topped with an onion ring, and you’ve got yourself a burger worthy of an appetite for destruction.

13815 Whittier Blvd, Whittier, CA 90605

2. Burgerim – Vernon

Remember the days when everyone saw White Castle as the gold standard for sliders? Not anymore.

Burgerim not only produces sliders with a flavor that makes White Castle taste like high school cafeteria “Colossal Burgers,” but they do it with a variety of meats. Take, for example, exhibit A: the slider 3-pack with a spicy seasoned Merguez beef burger, prepared caliente style with pepper jack, jalapeños, and habanero mayo.

Alongside it is a lamb burger with bacon, cheese, BBQ sauce and an onion ring. And of course, as you can probably tell by now, we’re suckers for the

classic beef burger. Without exaggeration, each burger makes your mouth water, and melts in your mouth as you’re enjoying it.

2550 Alameda St #2544-2546, Vernon, CA 90058

1. World Famous Grill – Bell

In our humble opinion, in the diverse melting pot that is Southeast Los Angeles, you cannot, and will not, find a better burger than at World Famous Grill.

This restaurant is more commonly known for its exquisite mediterranean cuisine, but do not sleep on their burgers. Each burger is made with 100 percent Halal beef, guaranteeing superior flavor and texture. Each burger on the menu can stand alone as their signature dish, each having something special that makes them unforgettable.

Take, for example, the Inferno Burger with pepperjack cheese and jalapeños, guaranteed to test your bravery; or the famous burger (pictured), with two beef patties, cheese, and a fried egg, only for those who are in the business of taming beasts; and if size matters to you, take on their one-pounder burger. You read correctly: ONE. POUND. This monstrosity comes with all the fixings, ready to conquer those who stand in its way.

4143 E Florence Ave, Bell, CA 90201

And there you have it, five of the best burgers you can have in the southeast.

Do you agree or disagree? Share your best burger spots with us on Instagram at @southeasteatsla!

Downey restaurant grades

Captain Don’s Liquor
12818 Paramount Blvd.
Date Inspected: 7/24/18
Grade: **A**

Jim’s Burgers
7322 Firestone Blvd.
Date Inspected: 7/24/18
Grade: **A**

Producto’s Naturales
9077 Imperial Hwy.
Date Inspected: 7/24/18
Grade: **A**

Starbucks
12016 Lakewood Blvd.
Date Inspected: 7/20/18
Grade: **A**

Blizz Frozen Yogurt
10033 Paramount Blvd. Ste E
Date Inspected: 7/20/18
Grade: **A**

Burger King
10014 paramount Blvd.
Date Inspected: 7/20/18
Grade: **A**

Boba Loca
10033 Paramount Blvd.
Date Inspected: 7/20/18
Grade: **A**

Chris’s Best
9180 Telegraph Rd.
Date Inspected: 7/19/18
Grade: **A**

The Hummus Factory
8266 Firestone Blvd.
Date Inspected: 7/19/18
Grade: **A**

Frantones Pizza and Spaghetti
9148 Telegraph Rd.
Date Inspected: 7/19/18
Grade: **A**

Milky Way Tea House
8270 Firestone Blvd.
Date Inspected: 7/19/18
Grade: **A**

Burger City Grill
8260 Firestone Blvd.
Date Inspected: 7/19/18
Grade: **A**

Anatel Liquor
9414 Telegraph Rd.
Date Inspected: 7/19/18
Grade: **A**

Sizzling Thai Chicken
8330 Stewart and Gray Rd.
Date Inspected: 7/19/18
Grade: **A**

Tacos Don Goyo
8502 Telegraph Rd.
Date Inspected: 7/18/18
Grade: **A**

Circle K Stores
9000 Telegraph Rd.
Date Inspected: 7/18/18
Grade: **A**

Pepe’s Mexican Restaurant
9020 Telegraph Rd.
Date Inspected: 7/18/18
Grade: **A**

Vikum Liquor Market
8035 Imperial Hwy.
Date Inspected: 7/17/18
Grade: **B**

El Tequilense
9126 Telegraph Rd.
Date Inspected: 7/17/18
Grade: **A**

99 Cents Only Store
11916 Paramount Blvd.
Date Inspected: 7/17/18
Grade: **A**

Captain Don’s Liquor
12818 Paramount Blvd.
Date Inspected: 7/17/18
Grade: **B**

Weekend at a Glance

Friday 91° ☀️

Saturday 88° ☀️

Sunday 88° ☁️

THINGS TO DO



Ozomatli

Saturday - Pershing Square, 7 pm
Latin rock band Ozomatli is joined by Jenny and the Mexicats and Los Duques for a free outdoor concert.



Dragon Boat Festival

All Weekend - Long Beach Marine Stadium
One of the country’s largest dragon boat competitions, plus Chinese art demonstrations, Chinese acrobats, dance, hip-hop, music and martial arts performances.



Midsummer Scream

All Weekend - Long Beach Convention Center
Two-day Halloween festival featuring haunted attractions, vendors, wandering monsters, and dozens of presentations by experts in the Halloween industry. \$30-\$85



Black Panther

Friday - Norwalk Park, 7:30 pm
A free outdoor screening of “Black Panther” on a 400-ft. screen. Bring a chair or blanket.



Boxing

Saturday - Staples Center, 3:15 pm
WBC lightweight champion Mikey Garcia looks to unify titles against undefeated Robert Easter Jr. \$50



Central Avenue Jazz Festival
All Weekend - Central Avenue in South Los Angeles
Live jazz on 3 stages, marketplace, health & wellness expo, and more.

Downey Doings: Summer pops concert

By Lorine Parks
Poetry Editor

Downey Doings is a new column by Downey Patriot poetry editor Lorine Parks. The column will feature Parks' interactions and observations at community social events.

DOWNEY - Wednesday night at Furman Park, golden trumpets from Star Wars rang out and cymbals clashed. John Williams's powerful score can be an overwhelming experience when performed up close and personal by a great classical group like our Downey Symphony Orchestra, under the baton of Music Conductor **Sharon Lavery**.

At twilight, Miss Downey greeted the audience of music lovers seated on the lawn, along with Miss Teen Downey, Junior Miss Downey and Little Miss Downey and the court of Princesses. These young women and girls serve all year as ambassadors for the Downey Rose Float Association and the City of Downey.

Mayor Pro Tem **Rick Rodriguez** gave a warm reception on behalf of the City Council, and then Chairman **Don Marshall** of the parent Downey Symphonic Society Board of Directors welcomed the assembly and announced the dates for the coming Symphony season in the Downey Theatre.

Save Oct. 18 for the premiere of **Oscar Navarro's** flamenco-flavored Clarinet Concerto, which Oscar is coming from Spain to supervise. The Spanish Consul in Los Angeles is expected to attend. Downey is on the music world's global map, thanks to Navarro's much acclaimed Downey Overture, which has been performed at Carnegie Hall, and at Tanglewood, summer home of the Boston Philharmonic.

The Downey Symphony Orchestra's performance in the Park is offered free to the public by the Symphonic Society.

Families clustered on the lawn brought blankets and bought hot dogs and strawberry shortcake for dessert, to help support



Don Marshall, president of the Downey Symphonic Society. Photo by Alex Dominguez

the Downey Rose Float Association. **Pat Gil**, president of the Downey Arts Coalition, lent her support.

This year's selection of Broadway and movie tunes was underwritten by an anonymous benefactor, thanks to whom we hummed Gershwin and shouted "Mambo!" to Bernstein's West Side Story.

Board member **Bill Hare** and his wife, Symphony Guild leader **Katie**, enjoyed the music, as did fellow board members **Mark Keller**, former stage manager with the Downey Theatre, and **Joyce Sherwin**, who nodded in time to 76 Trombones by her fellow Iowan **Meredith Wilson**. Board Vice-Chair **Carol Kearns** and husband, Downey poet and publisher **Frank**, were seen, enjoying the evening airs.

One moment which always brings a nostalgic lump in the throat is when members of the Armed Forces are asked to stand as their service hymn is

played. Only a few members of the Greatest Generation from WWII are left, but lots of young people, men and women presently serving, stood and saluted and their proud families did too.

Children ran eagerly to have their turn at conducting a Sousa march to close the program. Even babes in arms had a turn with the baton as parents took pictures. The Orchestra maintained its firm martial beat throughout as the youngest generation was initiated into the thrill of leading the band. Board member **JoAnne Gronley** helped the aspiring young conductors off the stage,

Benefits of Downey's Measure S can be seen in the improved condition of the lawn in Furman Park. Sales tax revenues from Measure S are used to upgrade and reseed the Downey parks, and in spite of the drought, the grass looks greener and less sparse than in recent years.

Downey arts groups selected for county grants

DOWNEY - The L.A. County Arts Commission on Friday announced the recipients of \$4.5 million in grants, including two nonprofits from Downey.

The commission has provided funding for arts and cultural programming since 1947. For the last 20 years, the program has focused on local small and mid-size arts organizations.

"We want every person in this county to have access to the breadth, depth and diversity of the arts in Los Angeles," said Supervisor Sheila Kuehl, chair of the Board of Supervisors. "These grants support local arts organizations and help bring concerts, theater, exhibitions and school education programs to all 10 million county residents."

The Downey Symphonic Society, which funds and operates the Downey Symphony, was chosen to receive \$16,800.

The funds will be used to "support performances that regularly feature contemporary composers from different cultures in order to expand the symphony's appeal and accessibility..."

Another Downey organization selected to receive a grant is Japanese Culture and Traditions Inc., which received \$3,900 to support the continuation of the annual Coming-of-Age Ceremony in LA.

Upcoming space center events

DOWNEY - Rocket Fever will take place on August 18 this year from 10 a.m. to 5 p.m. at the Columbia Memorial Space Center.

The space facility will host a variety of rocket related activities as well as live entertainment and food trucks.

The event is sponsored by Financial Partners Credit Union.

The CMSC will also once again be hosting Space Expo at the Long Beach Comic Convention September 8-9. This is a special two-day event full of innovative programs that connect space exploration, science discoveries, movies, comic books, sci-fi and pop culture.

Panels will include: The Science of Black Panther's Arsenal, The Science of the Acme Product Catalogue, Virgin Orbit: Expanding Access to Space from Long Beach to Orbit, How to build an R2D2, Mars Rovers, Writing Science and Engineering in Pop Culture, and much more.

For tickets, visit longbeachcomiccon.com.

Warren High 40-year reunion

DOWNEY - The Warren High School 40-year reunion for classes of 1977, 1978, and 1979 will be held at the Embassy Suites on Saturday, August 18, from 6 p.m. to midnight.

To RSVP, visit www.WarrenHSReunion2018.com or call Annette Fiala at 714-396-2912.

60 Words

to celebrate the Downey Symphony Orchestra's 60th anniversary

January 1960: the orchestra's ambitious program (Beethoven, Schubert, Copland, Bizet) featured as soprano soloist a tiny young woman, local, singing an aria from Puccini's opera "La Boheme" plus encores. She's still busy, firing off letters to the editor of this newspaper and showing her paintings in the lobby's art exhibit during our concert evenings. Warm applause for Elsa Van Leuven.

compiled by Joyce Sherwin
Downey Symphony archives

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SPORTS: St. John Bosco opening football season at new stadium



► **FOOTBALL:** Panish Family Stadium was dedicated Tuesday. The \$7.1 million stadium seats 5,000 people and features no running track, bringing spectators closer to the action.

By Mark Fetter
Contributor

DOWNEY – The St. John Bosco football team will begin their 2018 season when they host Timpview of Provo, Utah on Friday, August 17, at the brand new Panish Family Stadium on the campus of St. John Bosco.

The Braves will then travel to Garces Memorial Stadium in Bakersfield to play the Garces High Rams on August 24.

St. John Bosco will then host Mililani High School of Hawaii on August 31 before hosting Paramount on September 7. The Braves then travel to Chaminade of West Hills to compete in their fifth and final preseason game.

St. John Bosco will observe their bye week at midseason, during week six, and begin their Trinity League schedule when they host JSerra Catholic on Sept. 28.

The Braves host Orange Lutheran on October 5, travel to Santa Ana on October 12 to play Mater Dei, travel to Trabuco Hills on October 19 to play Santa Margarita, and host Servite on October 26 in their final league and regular season game.

St. John Bosco finished last season with an overall record of 12-3 and were 4-1 in Trinity League play. The Braves were defeated by Trinity League and C.I.F. champion Mater Dei, 49-24, in the C.I.F. Division One championship game.

Coach Negro, his staff and players are all looking forward to the start of the 2018 football season and making another deep run in C.I.F. postseason play.

DOWNEY GIRLS VOLLEYBALL: The Downey High School girls' volleyball program has been busy holding camps and practicing for their upcoming season.

The Lady Vikings observed the C.I.F. mandated "dead period" right as the academic school year ended and summer school began the first week in June.

Downey is scheduled to kick off their 2018 volleyball season on Tuesday, August 14, when they host Valley Christian at 4 p.m. The Lady Vikings start S.G.V.L. play when they travel to Paramount to play the Lady Pirates on September 6.

Downey hosts cross-town rival Warren on September 18 in the first of their two scheduled matches.

In other preseason action, Downey is scheduled to play Esperanza at Esperanza on August 24, host Schurr on August 30 and travel to Mayfair to play the Lady Monsoons on September 4.

The Lady Vikings finished last season with an overall record of 18-10 and a San Gabriel Valley League record of 10-0. Downey is the reigning 2017 S.G.V.L. champion. The Lady Vikings were eliminated by El Segundo at Downey in four sets (25-12, 25-20, 24-26 and 25-19) in the first round of the C.I.F. Division 4 playoffs.

Coach McCarthy, his staff and players are all looking forward to the start of the 2018 volleyball season and making a deeper run in C.I.F. postseason play.

WARREN GIRLS VOLLEYBALL: The Warren High School girls' volleyball program has been busy practicing this summer and will be hosting a two-day summer camp inside the Warren High School gym on Friday, July 31, and Saturday, August 1, in preparation for the start of their 2018 season.

Registration for this camp will take place at the door and any questions can be directed to Warren head volleyball coach Scotty Lane

at scottylane@yahoo.com. The camp will be held from 6-9 p.m. on both days and the cost of the camp is \$110.

Warren will begin their 2018 season when they host the Santa Fe Lady Chiefs at Warren on Thursday, August 16. The Lady Bears will begin S.G.V.L. play when they travel to Lynwood on September 6 and will travel to cross-town rival Downey on September 18 for the first of their two scheduled and highly anticipated league matches.

In other preseason games, Warren will travel to Bellflower to play the Lady Bucs on August 21, host the Norwalk Lady Lancers on August 23, host the Valley Christian Lady Crusaders on August 28 and host the El Rancho Lady Dons on August 30.

Warren finished last season with an overall record of 9-7 and were 6-4 in S.G.V.L. play. The Lady Bears were eliminated by Mayfair at Mayfair in three games (25-16, 25-13 and 25-16) in the first round of the C.I.F. Division 4 playoffs.

Coach Lane, his staff and players are all looking forward to the start of the 2018 volleyball season and making a deeper run in postseason play.

PIUS-MATTHIAS GIRLS VOLLEYBALL: The St. Pius X – St. Matthias Academy girls' volleyball team has been busy preparing for the start of their 2018 volleyball season.

The Lady Warriors will begin their season when they host St. Paul at SPX-SMA on August 16. The Lady Warriors will continue their preseason schedule when they travel to

In Memory of Jim Cullison

April 3, 1940 - July 14, 2018



Jim Cullison died peacefully at home on July 14, 2018, at the age of 78 in Downey, California. He was a long time resident of Downey, living there since 1974. He was a loving Husband, Dad, and Grandpa. He enjoyed spending time with his family, reading the Bible, watching movies, and being around his dogs.

He is survived by his children Shirley Cullison-Manuel, Jimmie Cullison, and Sharon Slagle, son-in-law Mike Slagle, grandchildren Daniel Slagle, Felicia Manuel, Erica Manuel, Jason Slagle, Jessica Slagle, and Darius Manuel, sisters Linda Hoshor, Donna Kemp, and JoAnn Tokar. He also leaves behind an extended family including nieces, nephews, and friends.

He is predeceased by his loving wife Rose Cullison, his father Guy Cullison, and his mother Esther Dunlap Cullison.

He was born near Birds Illinois on April 3, 1940. He worked at 7-up Bottling Company for about 35 years, and only had to stop because of injury. He married Rose Olmo in 1962.

Visitation will be from 4:00pm – 8:00pm at Stricklin/Snively Mortuary in Long Beach on Thursday 7/26/18. Funeral services for Jim will be at The Walk Church in Norwalk on Friday 7/27/18 at 10:00am. Jim will be laid to rest at Rose Hills Cemetery.

St. Anthony's of Long Beach to face the Lady Saints on August 23 and when they host Sacred Heart of Jesus of Los Angeles at SPX-SMA on August 28.

SPX-SMA begin league play when they host St. Genevieve of Panorama City at SPX-SMA on September 11. The Lady Warriors finished last season with an overall record of 7-17-1 and were 5-5 in Santa Fe League play.

Coach Dube, his staff and players are all looking forward to the start of the 2018 volleyball season and competing for a C.I.F. Division Nine postseason playoff spot.

CALVARY CHAPEL GIRLS BASKETBALL: The

Downey Calvary Chapel girls' volleyball team is getting ready for the start of their 2018 volleyball season.

The Lady Grizzlies will begin their season when they host Tarbut V' Torah of Irvine on August 23 and will begin their league season when they travel to Oxford Academy of Cypress on September 4.

DCC finished last season with an overall record of 0-18 and were 0-11 in Academy League play.

Coach Deatrick, her staff and players are all looking forward to the start of the 2018 volleyball season and competing for a C.I.F. Division Seven postseason playoff spot.

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Downey's Ricardo Perez running for UCLA Latino Alumni president



Ricardo Perez

► **ALUMNI BOARD:** Downey attorney Ricardo Perez is hoping to be elected president of the UCLA Latino Alumni Association; the position has been vacant for three years.

DOWNEY – Ricardo Perez, Downey attorney and current president of the Southeast Bruins, is finishing his term with the UCLA Alumni Regional Network and is a candidate for the UCLA Latino Alumni Association (ULAA).

Perez, who graduated in 2004 with a major in Political Science, was instrumental in establishing a UCLA presence in the Southeast Los Angeles region.

He began his involvement as a founding member of the Southeast Bruins Board of Directors and has since expanded his involvement to include Thanksgiving food drives with the Regional Food Bank and a turkey giveaway in Maywood, a holiday teddy bear drive that helped collect close to a thousand teddy bears and stuffed animals for children undergoing cancer treatment at the UCLA Mattel Children's Hospital and Padres Contra El Cancer.

Most recently, Perez launched the Southeast Bruins Scholarship Fund that is awarded to students entering UCLA from the Southeast Bruins region.

Perez helped establish a well-attended calendar of events, including a behind-scenes tour of Porto's Bakery featuring UCLA alumna Betty Porto, a wine and cheese mixer at Los Amigos Golf Course, a coffee social featuring former UCLA quarterback Patrick Cowan, a football tailgate party at the Rose Bowl, annual sendoff parties that attracted newly admitted students and their families, and a wide variety of mixers in Huntington Park, Montebello, Whittier, and South Gate, including heavily attended watch parties for the UCLA football and basketball

games.

Perez said he feels mixed emotions about leaving the Southeast Bruins now that his term is up but adds that he is excited for what the future awaits.

"I am proud of the work that all of the different board members and I accomplished together and although I am sad to leave, I know that I am leaving it behind in good hands," he said.

Perez, who has been on the board of directors for the UCLA Latino Alumni Association for the last two and a half years, is running for president, a position that has been vacant for nearly three years.

"When I was invited to join the board of Latino Alumni, the first thing I addressed was filling the void in leadership and structure," Perez said.

"To that end, I brought my experience in other boards and helped establish basic principles, like implementing the Robert's Rules of Order and setting regularly scheduled board meetings, which allowed us to operate more efficiently.

"Once we laid the operational framework, I moved to engage more alumni, so I quickly relaunched our social media campaign and helped fund and establish our own website and email database to better communicate with our membership.

"Since then, I have helped fund-raise (bringing in \$14,000 of the \$16,000 raised at our most recent fundraiser),

and helped organize different member-oriented events, such as the Dodgers game events, the tailgate party, and game-watch viewing parties.

"I also represented the UCLA Latino Alumni Association in the UCLA Alumni Diversity Advisory Committee and the newly established 'All-UC' University of California Chicano-Latino Alumni Association. Most recently, I helped organize an event to welcome and recognize Congresswoman Nanette Barragan, who is a UCLA alumna.

"If elected, I plan to focus on three areas: (1) increase networking events to help our alumni connect and foster relationships and their career development; (2) increase our community service efforts by connecting our non-profit sector alumni with ULAA members and students who can volunteer; and (3) perhaps my most ambitious goal is to work with key UCLA alumni to launch a \$10 million fundraising campaign.

"Ours is an expansive network with a deeply rooted connection to the history of UCLA - juntos y juntas podemos!"

For more information on the Southeast Bruins or on the election for the UCLA Alumni Association (which is not limited to Latino/a alumni and is open to all alumni), please contact Ricardo Perez at rperez@alumni.ucla.edu.

Downey's Relay for Life set for Aug. 26

DOWNEY – Downey's 18th annual Relay for Life benefiting the American Cancer Society will take place Saturday, Aug. 25, from 10 a.m. to 10 p.m. at Downey Adult School.

The 12-hour event is a celebration of cancer survivorship and an opportunity to raise funds needs to help find a cure for cancer.

The event will celebrate the lives of local residents who have survived cancer while offering the hope of finding a cure. Some 800 walkers are hoping to raise \$85,000, with proceeds going to the American Cancer Society.

"The event will begin with the Survivors Lap where approximately 100 cancer survivors and their caregivers will take a victory lap around the track," said Rita Rodarte-Myers, a survivor and event lead. "The involvement of local cancer survivors is proof of the progress that has been made in improving cancer survival rates and the quality of life following cancer treatment."

A candlelight ceremony at 8:30 p.m. will honor cancer survivors and remember those who lost their fight against the disease. Luminaria bags for the ceremony can be purchased at the event.

Teams of walkers will keep a continuous presence on the track throughout the 12-hour event, walking in shifts. A full agenda of entertainment is planned, including music, team fundraising activities, and fun theme laps.

Teams and individuals can participate by signing up online at relayforlife.org/downey.

Stay Gallery launches membership drive

DOWNEY – Stay Gallery has launched a membership drive as it seeks to raise additional funds to finance the gallery's operating costs.

Membership packages range from \$150 (the Warhol Membership) to \$10,000 (Michelangelo), with each package offering a variety of perks and benefits.

Stay Gallery was founded in 2012. Last year, the City Council voted to subsidize the gallery's monthly rent through 2020, while allocating an additional \$48,000 from the Art in Public Places Fund for program expenses.

According to Josie Estrada, the gallery's executive director, membership dues will be used on "banal" expenses such as utilities, rent, staffing, supplies and other overhead costs.

Donations via Stay Gallery's membership program are tax deductible. For more details, visit staygallery.org/membership.

MIDSUMMER'S NIGHT MUSIC
Robert Luke Martin, organist
Wednesday, August 1 | 7:00pm
Good Shepherd Lutheran Church
Downey, CA

A mix of classical and video game music
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PIH HEALTH

NAVIGATING THE HEALTHCARE MAZE:
Five Things you Need to Know About Accessing Healthcare
(and a whole lot more!)

Join us to learn more about healthcare and to eliminate confusion around how to access and move through the healthcare system. Topics include considerations for insurance coverage, understanding bills, useful tips for taking control and managing your health. If you are looking for clarity, this class is for you!

PIH Health Hospital - Downey
11500 Brookshire Ave., Downey
Conference Room 1
Wednesday, August 8 10 - 11:30 am
Wednesday, October 3 **6 - 7:30 pm**

PIH Health Whittier Medical Office
15725 E. Whittier Blvd., Whittier
Lower level
Wednesday, September 5 **10 - 11:30 am**
Wednesday, October 10 **10 - 11:30 am**

Visit us online at PIHHealth.org/Calendar or call 562.967.2890 to register.

An American Life

By Andrew Napolitano

Last week, in Ridgewood, New Jersey, a 92-year-old unsung American patriot lost his battle with congestive heart failure. He had been surrounded by his wife and children and their spouses and their children. He left this vale of tears in his wife's arms, peacefully and with dignity.

His was an American life.

He was born in Newark, New Jersey, during the Roaring '20s, the son of Italian immigrants who had come to America as children. When he was 4 years old, he met a curly-haired little girl in the neighborhood who was just three days older than he. She would become his high school sweetheart and his best friend for 88 years and his wife for the last 70 of them.

In a large public high school, he did not excel in academics, but he was a superb athlete; and he had an unquenchable interest in electronics, a subject not taught in the public schools in those days.

His graduation from high school in 1943 was accelerated from June to January because the country was fighting in World War II and it needed the boys to join the effort quickly. Our boy enlisted in the Navy.

Four months after graduation, at age 17, he completed Navy boot camp and was excited about his first assignment — on a submarine in the north Atlantic. As he was boarding the submarine at a naval base in Rhode Island, he slipped and fell on a wet dock and broke his right foot. He was hospitalized for two months. The submarine he was about to enter never returned and was never found.

He was then assigned to a destroyer escort, which cruised the Mediterranean and supported Patton's Army in the liberation of Italy. Aboard ship, he excelled in electronics and boxing — always the athlete yet reading about wires and batteries and electrical currents until late in the night.

One day, shortly after the liberation of Naples, the city of his father's birth, he was on leave with his buddies and he saw an old man who resembled his grandfather sitting on a curb stone. The

old man's home had been destroyed by Allied bombing, and the old man himself was without shoes.

Our friend resisted the collective wisdom of his buddies and took off his military-issued boots and gave them to the old man. He had his buddies sneak him back aboard ship before his superiors could see him in his stocking feet.

When he was charitable, he hid it.

He returned home to New Jersey in 1946. The little girl had grown up to be a beauty and a brain. During the war, she worked in the Newark Public Library for 17 cents an hour. She borrowed and read a book a week in the 2 1/2 years of our man's involvement in the war.

Two years after he came home, he and that grown-up girl got married.

His first and only adult job was with the New Jersey Bell Telephone Co. He started out climbing telephone poles, and he went on to install equipment in homes and offices. He soon moved into management and eventually went into teaching — his favorite job.

He taught electronics to new employees and colleagues and even to executives who wanted to advance themselves. This was the electronics he had learned in the Navy, supplemented by the electronics that he had taught to himself.

He and his wife had three boys, one of whom followed him into the telephone company and two of whom received scholarships to Ivy League schools. He taught tough lessons to his boys at home — lessons about honesty, humility, self-reliance and teamwork. His favorite one-liner was, "Anything worth doing is worth doing well."

He practiced what he preached. He was a tough taskmaster who demanded much and gave much; and he always forgave. Always. He was an iron fist inside a velvet glove.

He was the first person in his family to vote Republican, and he took a lot of heat for that. FDR had catered to immigrant families in the big cities, and they formed a healthy part of the

base of the Democratic Party in the 1930s and '40s. But when the boys came home from Europe and the Pacific and started families and then when Ike ran and many of his soldier and sailor buddies could vote for their former supreme Allied commander, he did so.

Voting Republican in the late '40s and early '50s was anathema in an Italian-American Roman Catholic family in the Northeast. Today it is pretty much the norm.

He would explain to his parents and in-laws and sons that he feared the Democrats would give away the store to stay in office. Though he loved the Navy and respected the police, he was skeptical of government in general, and he loved Jefferson's mantra "that government is best which governs least."

He was a devout Roman Catholic. He loved the New York Yankees, the New York Football Giants and Fox News — and he loved that girl he married, more with each passing day.

In his waning years, his wife sacrificed dearly for him because his tobacco-ravaged heart was unable to do its job alone. Yet modern science and a wife who overlooked nothing added many happy years to his life.

But nature has her rhythms, and they can be unforgiving. There is a time for living and a time for dying. Even God died. After this marvelous man received the Anointing of the Sick and he said a peaceful, loving goodbye, the angels came and brought his soul to heaven.

I knew this man well and loved him with all my heart. He taught me all his values.

His name was Andrew Alexander Napolitano.

He was my father.

Requiescat in pace, Dad.

Andrew Napolitano is a senior judicial analyst for Fox News.

A less Communist Cuba

By John Stossel

While self-proclaimed "democratic socialists" win Democratic primaries in America, actual socialists in Cuba are finally backing away from some of the ideas that kept Cubans poor.

Sunday, Cuba's National Assembly approved a draft of a new constitution that recognizes a right to own private property. That's progress. Would Senator Bernie Sanders and celebrity-of-the-moment Alexandria Ocasio-Cortez approve? I'm not sure.

Instead of saying that "communism" is the purpose of the state, Cuba will now say that "socialism" is the basis of the economy.

That's an ambiguous difference, but "socialism" tends to mean a larger private sector.

Cuba's new leaders also say they welcome foreign investment. Maybe this will bring some prosperity to the long-suffering Cuban population.

It may bring more freedom, too. The new draft says a criminal defendant is innocent until proven guilty. That's progress. It also sets term limits on presidents — no more than two consecutive five-year terms. Fidel Castro ruled for 50 years.

The new Cuba may also permit gay marriage. The draft defines marriage as being between two individuals, not necessarily a man and a woman. That's a big step for a country that recently locked gay people up in "work" camps.

On the other hand, the state-run newspaper says Cuba "will never return to capitalism." And while some open speech is permitted, crackdowns against dissidents, even ones who just sing angry rock songs, continue.

Still, the U.S. should be happy about the changes, and the last thing we should do when we want to encourage free market

changes in a country is slap an embargo on it.

Yet some conservatives want to do that, and President Trump reversed some of President Obama's "Cuba opening."

This is a bad idea. Nothing gets a population accustomed to decentralized, nongovernmental commercial activity like commercial activity.

The more we restrict trade, the more we drive a country's population into the hands of the state.

If you can't sell your products to American customers, you might just work for your country's corrupt state-run enterprises. Instead of having casual contact with customers who live outside your country's political system, that system becomes all you know. Your idea of what's possible shrinks.

Embargoes favored by the right are just one wrong approach. The left does everyone an injustice by praising Cuban communism. I live in New York, where my socialist-leaning mayor, Bill de Blasio, was so enamored of Cuba that he honeymooned there.

Bernie Sanders acknowledges that the Cuban economy is "a disaster" but says at least they have health care and education — as if we don't.

American socialists are economically clueless. But conservative embargo advocates are just as bad.

Democratic congressional candidate David Richardson of Florida, who plans to visit Havana as part of his campaign, has the right idea.

"A half-century of isolation did not achieve progress for the everyday Cuban," he told the Tampa Bay Times. "I fully support a position of engagement with Cuban civil society ... Rolling back travel and trade restrictions has changed the lives of the Cuban people, helped private Cuban entrepreneurs, and strengthened the connection between the residents of Little Havana and

Havana."

That's a good thing.

Embargoes are not only bad for Cuba, they are bad for Americans who are less free to pick which people and companies to work with.

Partial embargoes in the form of tariffs are also bad. Adding tariffs is like imposing an embargo on ourselves.

Trump defenders argue that his tariffs are a short-term tactic meant to shock other countries into lowering their own trade barriers.

The ideal is "no (trade) barriers ... no subsidies," said Trump. "Ultimately, that's what you want." I hope he succeeds, but I'm skeptical. So far, his tariffs have just brought nasty retaliation.

Not everyone agrees that the Smoot-Hawley Tariff caused the Great Depression, but tariffs have awful economic consequences. Smoot-Hawley certainly prolonged the Depression and made it worse.

Less trade means less prosperity. It doesn't matter whether trade restrictions are imposed by conservatives or by communists.

Let goods flow.

John Stossel is author of "No They Can't! Why Government Fails — But Individuals Succeed."

Measure S

Dear Editor:

I appreciated the article in the July 12th edition of the Downey Patriot submitted from the City on the utilization of Measure S spending.

I applaud the funds being directed to the parks—much needed. And I am not opposed to bolstering our law enforcement, although I'm not sure how much of that enhancement is really necessary. How do we compare in numbers of officers to communities of like size with our demographics?

What I found disturbing was the lack of mention of any road repair projects. Maybe these are in fact occurring but were not part of the article. I attended a community event prior to the election where the city manager extolled the virtues of the bond, which I did vote for, and he talked extensively about the need for local road repair. And I do recall at least one city council member stating that the City had been negligent in previously tough budget years in ignoring the resurfacing of streets which led to a more expensive process of completely repaving them.

Personally, I have seen very little in the area of road improvements, but maybe they are occurring in other areas of the city

I would hope that the next update on the City's expenditure on Measure S would provide specifics on this issue.

Bruce McDaniel Downey

Dear Editor:

Interesting reading about where the Measure S funds are being spent ("City Provides Update on Measure S Spending," The Downey Patriot, 7/12/18).

Measure S is what bumped sales tax in Downey up to a whopping 10%.

I can't help but wonder, however, if the \$8,500,000 budgeted for "Library Modernization" was some sort of a typo. Was this supposed to be \$850,000? The budget for similar modernization to City Hall and the Civic Theatre are "only" \$1.2 million and \$900,000, respectively.

I would think \$8.5 million would be enough to re-build the library from the ground up. Someone should really double-check their math.

Judy Wyhowanec Downey

Editor's Note: The \$8.5 million figure allocated for modernization of the Downey City Library was correct. The modernization of Downey's fire stations will be financed using other funding sources in addition to Measure S.

Lack of morality at the border

By Jim Hightower

Insanity reigns. The inmates are now officially in charge of the national asylum.

Hidebound Donald Trump partisans keep insisting that their man isn't certifiably insane, despite a mountain of evidence to

the contrary. But surely some of them finally must admit that his snatching immigrant children from their parents' arms at the Mexican border — and incarcerating the tykes for weeks in warehouse cages far away from any contact with mom and dad — is the epitome of Kafkaesque insanity.

Trump's political assault on kids, toddlers, and even infants is so cuckoo crazy that it's infectious.

In June, for example, Fox News Trumpateer Laura Ingraham dismissed reality by declaring that the children's holding cells "are essentially summer camps." Then, her sister Fox News commentator, Ann Coulter, babbled that the reality of Trump troopers seizing and terrifying kiddos wasn't even happening: "Those child actors weeping and crying on all the other networks 24/7 right now, don't fall for it, Mr. President."

For his part, our immigrant-bashing Mr. President began to rant like a dotty old geezer that he wouldn't allow "these people" any legal avenue to address their plight. "No Judges or Court Cases," he barked in a series of tweets. "Tell the people 'OUT,' and they must leave, just as they would if they were standing on your front lawn."

Old Man Trump isn't only a callous grump — he's also gone completely screwy about the essential role of the rule of law in our nation.

In fact, if you stood on the front lawn of his Mar-a-Lago resort, he might have you removed by force, but you'd have access to a court to plead your case and seek justice. That's the American way, whether an autocratic property owner likes it or not.

Unless, of course, his highness arbitrarily nullifies 230 years of legal protections for the people's democratic rights.

Jim Hightower is a radio commentator, writer, and public speaker. He's also editor of the populist newsletter, The Hightower Lowdown

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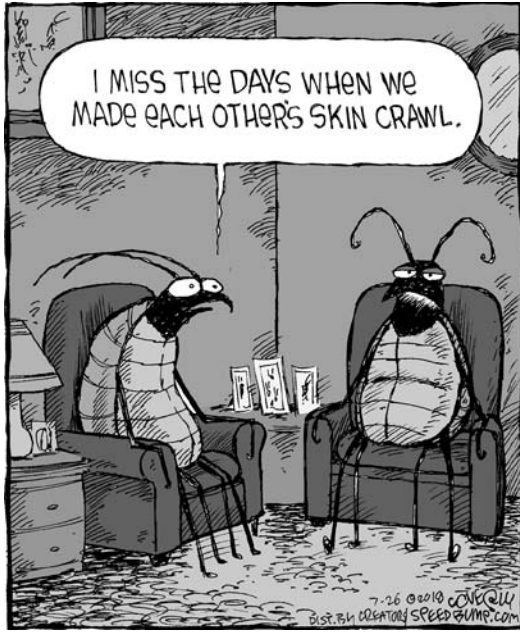
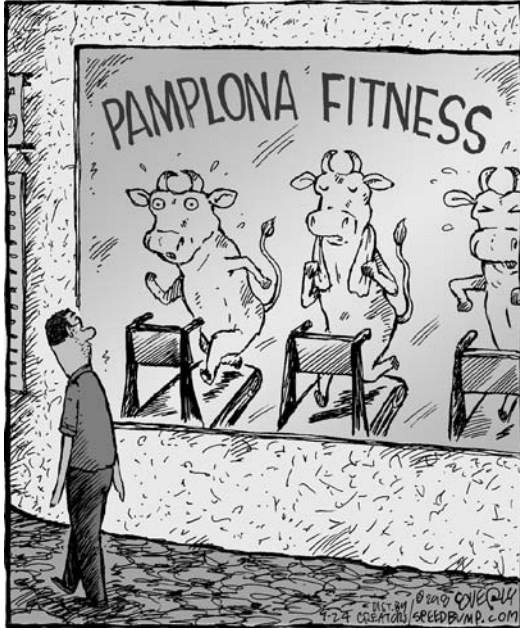
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SPEED BUMP



DAVE COVERLY



Downey Community Calendar

CITY MEETINGS

- 1st & 3rd Wednesday, 6:30pm: Planning Commission, Council Chamber at City Hall.
- 1st Tue., 4:00pm.: Recreation and Community Services Commission, Council Chamber, City Hall.
- 1st Tue., 6:00pm: Emergency Preparedness Committee, at Fire Station No. 1, 12222 Paramount Blvd.
- 2nd & 4th Tue., 6:30pm: City Council, Council Chamber.
- 3rd Tue., 6:30pm: Library Advisory Board, at Downey City Library.
- 4th Mon., 5 pm: Green Task Force, at City Hall.

Regularly Scheduled Meetings

MONDAYS

- 7 pm: Boy Scout Troop 2, at Downey United Methodist Church, call 869-6478.
- 2nd Mon., 11 am: American Legion Auxiliary #270, at United Methodist Church, call 304-3439.
- 3rd Mon., 11:30 am: Downey Newcomers Club, call Marilyn 928-2623.
- 4th Mon., 7:30 pm: Downey Numismatists, at Downey Retirement Center, call 862-6666.

TUESDAYS

- 9 am: Quilters group, at Good Shepherd Lutheran Church, call 803-4459.
- 9:30 am: Downey Seniors Club, at Apollo Park, call Irene Vallini at 328-7039.
- 10 am: Downey Bocce Club, at 7850 Quill Drive, call John Fiorenza at 652-4399.
- 12 pm: Rotary Club, at Rio Hondo Events Center, call Greg Welch 323-816-4532.
- 6 pm: Toastmasters Club 587, at First Baptist Church, contact Salvador Cervantes: tmsalcpuede@gmail.com.
- 7 pm: Downey Knights of Columbus Bingo, at 11231 Rives Ave., call 923-1932.
- 7 pm: Healing Room and Prayer, at Desert Reign Church 11610 Lakewood Blvd, call 861-6011.
- 7:30 pm: Downey Master Chorale, at Cornerstone Church, contact info@downeymasterchorale.org.
- 1st Tues., 7:30 am: Gangs Out of Downey, at City Hall training room.
- 2nd and 4th Tues., 6 pm: Sertoma Club, at Rio Hondo Event Center, call 927-6438.
- 2nd Tues., 6 pm: Downey Fly Fishers, at Apollo Park, call 425-7936.
- 3rd Tues., 6:30 pm: Community Emergency Response Team meeting, Fire station 1, 12222 Paramount.
- 3rd Tues., 6 pm: American Legion #270, at Sizzler Restaurant, call 544-0372.
- Tues., Thurs. & Sat., 10 am: Downey Bocce Club, at 7850 Quill Drive, call John Fiorenza 652-4399

WEDNESDAYS

- 7 am: Kiwanis Club, at Rio Hondo Events Center, call Steve Roberson at 927-2626.
- 1 pm: Women's Bocce Club, at 7850 Quill Drive, call Marie Puch at 869-4366.
- 7 pm: Out Post 132 Royal Rangers, at Desert Reign Church, call 928-8000.
- 1st Wed., 11 am: Woman's Club of Downey, call Cheryl Olson 833-8954.
- 1st Wed., 11:30 am: Downey Coordinating Council, Community Center, call Bobbi Bruce 440-5416.
- 1st Wed., 7:30 pm: Downey Stamp Club, at Maude Price School cafeteria, call 928-3028.
- 2nd Wed., 11:30 am: Christian Women's Club, call Marilyn 928-2623.
- 2nd Wed., 3:30 pm: Keep Downey Beautiful, at City Hall, call 904-7102.
- 2nd Wed., 7:30 pm: Downey Model A Club, at Gallatin School Cafeteria, call 928-4132.
- 3rd Wed.: Downey Dog Obedience Club, for information please call Gina 869-5213 or Valerie 420-2972.
- 3rd Wed., 10 am: Los Angeles County Quilters Guild, at Women's Club, call (310) 604-0725.
- 3rd Wed., 10 am: OLPH Women's Guild, at OLPH School Auditorium, contact Paula Mayfield, (562) 923-3518.
- 3rd Wed., 6 pm: American Business Women's Association, Rio Hondo Country Club, call Barbara 863-2192.
- 4th Wed., 7:30 pm: US Coast Guard Aux. Flotilla 5-10, First Presbyterian Church, call Brian 419-5420.
- Wed. & Fri., 10:15 am: Senior Bingo, at Apollo Park, call 904-7223

THURSDAYS

- 7:30 am: Connections Networking, at Bob's Big Boy, for info., call Nick Smith, 861-5222.
- 7:30 am.: Soroptimist Int'l of Downey, for information, call Mia Vasquez, 806-3217.
- 9 am: Crafters group, at Good Shepherd Lutheran Church, call 803-4459.
- 9:30 am: Take off Pounds Sensibly, at Barabara Riley Senior Center, call (800) 932-8677.
- 12 pm: Kiwanis Club of Downey, at Rio Hondo Events Center, call Roy Jimenez 923-0971.
- 12 pm: Optimist Club of Downey, at Rio Hondo Events Center.
- 6:30 pm: Downey United Masonic Lodge # 220, 8244 3rd St., call 862-4176.
- 7 pm: Troop 351, Boy Scouts of America, at First Baptist Church, call 776-3388.
- 1st Thurs., 12:00 pm: Downey Christian & Professional Luncheon, Sizzler's Restaurant, call James 310-1335.
- 1st Thurs., 7:30 pm.: The Downey Amateur Radio Club, at First Baptist Church room 120.
- 2nd Thurs., 7:30 pm: Beaming Rebel Foxes Collectors Club, call Carl D. Jones at 923-2400.
- 2nd & 4th Thurs., 6 pm: Lions Club, at Coco's, call Lenora (310) 283-9825.
- 3rd Thurs., 4 pm: Public Works Committee, at City Hall Training Room.
- 3rd Thurs., 6 pm: Downey CIPAC, at Sizzler's Restaurant, call Rich Tuttle 413-6045.
- 4th Thurs., 10 am: Assistance League, at Casa De Parley Johnson, call 869-0232.
- 4th Thurs., 7:30 pm: Downey Historical Society programs, at Community Center, call 862-2777.

FRIDAYS

- 7:30 am: Pro Networkers, at Mimi's Cafe, call Barbara Briley Beard at 869-7618.
- 3rd Fri., 8:30 am: Women's "In His Glory" Ministry at Los Amigos C. C. 622-3785.

SATURDAYS

- 9 am: Farmers Market, Downey Avenue at 3rd Street, call 904-7246.
- 4th Sat., 12:00 pm: Downey Arts Coalition, email contact@downeyarts.org.

On This Day...

- July 26, 1775:** A postal system was established by the 2nd Continental Congress of the United States. The first Postmaster General was Benjamin Franklin.
- 1788:** New York became the 11th state to ratify the U.S. Constitution.
- 1947:** U.S. President Truman signed The National Security Act. The act created the National Security Council, the Department of Defense, the Central Intelligence Agency and the Joint Chiefs of Staff.
- 1971:** Apollo 15 was launched from Cape Kennedy, FL.
- 2016:** Hillary Clinton became the first woman to top a majority party ticket for President of the United States.

THE NEWSDAY CROSSWORD

Edited by Stanley Newman (www.StanXwords.com)
AT THE BOOKSTORE: Browsers welcome
 by Fred Piscop

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| | | 95 Smartphone display |
| | | 96 Decides what's fair |
| | | 97 ___ Millions (multistate lottery) |
| | | 98 Bed size |
| | | 99 Object of adulation |
| | | 100 Single-minded expert |
| | | 101 "By the powers vested ..." |
| | | 103 Cornfield cry |
| | | 105 What a feller needs |
| | | 106 Roof sealant |

Reach Stan Newman at P.O. Box 69, Massapequa Park, NY 11762, or at www.StanXwords.com

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You can contact puzzle editor Stanley Newman at his e-mail address: StanXwords@aol.com. Or write him at P.O. Box 69, Massapequa Park, NY 11762, Please send a self-addressed, stamped envelope if you'd like a reply.



Paging Dr. Frischer...

By Dr. Alan Frischer

Most of us have at least one irrational food dislike, right? Mine is mushrooms.

My wife told me to not write about this topic because I am incapable of being objective. In fact, when my daughters were young, I would visit their classrooms to give the doctor/dad health talk. Somehow my anti-mushroom bias would sneak in, and I hereby apologize to any impressionable young minds I may have impacted. Hopefully my other, more scientifically based, messages got through.



I am now older and hopefully more mature, so here is a far more balanced evaluation of the literature on the health impact of mushrooms.

Mushrooms have been consumed for thousands of years. Early Greek, Egyptian, Roman, Chinese, and Mexican civilizations valued the mushroom as both a culinary delicacy and as a medicine. They are normally classified as a vegetable or an herb, but mushrooms are actually fungi. They are found in a variety of shapes, sizes, and colors. Poisonous mushrooms can be difficult to identify in the wild, so unless you are skilled in picking them, always buy from a reliable source.

Claims abound that certain mushroom species, consumed as either food or extracts, may reduce the risk of disease. Some interesting research includes the following:

- One study substituted mushrooms for meat, thereby reducing calories over a six-month period. Those on the mushroom diet experienced a significant loss in body weight, BMI, and inches around the waist. However, the meat group did as well, and the difference between the two groups was not statistically significant. One guess is that when we cut out one source of fat, we tend to substitute another.

- A shitake mushroom extract was tested to see if it could improve oral health by slowing tooth demineralization and alter the microbes in our mouth. The study looked at a placebo, the shitake extract oral mouth rinse, and a leading gingivitis mouthwash. The mushroom rinse performed best, followed by the gingivitis mouthwash, and last was the placebo.

- An association was demonstrated between mushroom intake and a lower breast cancer risk for women with certain types of tumors.

- Various mice studies have demonstrated improvements in the gut microbiota, mental cognition, and immune function. However, human studies haven't yet confirmed such findings.

Research would still be useful to identify potential benefits of various species of mushrooms. Be careful, however, as there are numerous unproven claims out there that sound way too good to be true – and probably are.

But this much is clear: mushrooms are fat-free and quite

low in calories and sodium, and are therefore a good food for people trying to control calories and blood pressure. They are also an excellent source of potassium (a portabella mushroom has more potassium than a banana), which helps to further lower blood pressure.

They are loaded with antioxidants, including selenium, which help to protect the body from damaging free radicals that can lead to heart disease and cancer. They are a significant source of beta glucan, which is a form of soluble dietary fiber that helps to lower cholesterol and regulate blood sugar. Mushrooms are rich in the B-vitamins riboflavin, niacin, and pantothenic acid. They are rich in copper, which helps the body make red blood cells and vitamin D.

With enormous reluctance, I must conclude that mushrooms are a nutritionally sound food, filled with substances that may very well boost our health. While I still have absolutely no intention to add them to my own menu, I will admit that they certainly can be a part of a sound and balanced diet.

Dr. Alan Frischer is former chief of staff and former chief of medicine at Downey Regional Medical Center. Write to him in care of this newspaper at 8301 E. Florence Ave., Suite 100, Downey, CA 90240.

Hot Cheetos blamed for sending teen girl to hospital

A teen regularly ate bags of snacks such as Hot Cheetos and Takis before stomach pains led to a surgery removing her gallbladder. Now her mom wants such snacks put on notice.

That's according to Memphis, Tennessee's WREG-TV, which spoke to Rene Craighead about her daughter's four-bag-a-week habit involving the ultra-spicy, finger-staining, banned-by-schools snacks. And while spicy snacks aren't tied to gallbladder problems, doctors have blamed the controversial junk foods for kids' stomach issues.

"She loves them," Rene Craighead said of her daughter, also named Rene. In a report published Thursday, the mother told the station in a report last week that her child "was eating big bags and would take them to school with her."

After downing the spicy chips, 17-year-old Rene felt sick to her stomach. A hospital trip later resulted in the gallbladder removal.

Medical professionals don't associate gallbladder problems with certain foods, CBS News reports, but obesity — a condition not helped by high-fat snacks — may make the development of gallstones more likely.

Dr. Cary Cavender, a gastroenterologist at Le Bonheur Children's Hospital, told WREG-TV that stomach issues tied to ultra-spicy snacks put kids in his hospital regularly.

"We do see tons of gastritis and ulcer-related stuff due to it," Cavender told the station. "We probably see around 100 kids a month, easily."

It's not the first time a doctor has spoken out: Dr. Yvonne Juarez, a pediatrician in Fresno, California, told the Fresno Bee in 2012 that flaming-hot snacks can up the stomach's acidity, leading to aches.

"I've had patients go to the ER because of it," she told the newspaper. "It's insane, absolutely insane."

Hot Cheetos and Takis burned up the snack world in 2012, with schools in several states banning the foods as unhealthy and disruptive while confiscating them on site. That sparked a black market at some schools, with Takis becoming an underground currency.

Frito-Lays, the maker of Cheetos, told WREG-TV that while food safety comes first for the company, "some consumers may be more sensitive to spicy foods than others" and may avoid spicier snacks.

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Here's what's coming to **Netflix** in August



'The Princess Diaries 2' will begin streaming on Netflix next week.

- August 1**
 Batman Begins
 Chernobyl Diaries
 Clerks
 Constantine
 Dreamcatcher
 Edge of Fear
 Eraser
 Gran Torino
 House of Deadly Secrets
 Los tiempos de Pablo Escobar: Season 1
 Million Dollar Baby
 No Reservations
 Once in a Lifetime Sessions with Moby
 Once in a Lifetime Sessions with Nile Rodgers
 Once in a Lifetime Sessions with Noel Gallagher
- August 2**
 Emelie
- August 3**
 Brij Mohan Amar Rahe NETFLIX FILM
- Once in a Lifetime Sessions with TLC
 P.S. I Love You
 Secretariat
 Silverado
 Steel Magnolias
 Stripes
 Switched- NETFLIX ORIGINAL
 The Aviator
 The Golden Compass
 The Informant!
 The Lord of the Rings: The Fellowship of the Ring
 The Princess Diaries 2: Royal Engagement

- Cocaine Coast- NETFLIX ORIGINAL SERIES
 Dinotrux Supercharged: Season 3- NETFLIX ORIGINAL SERIES
 I Am a Killer- NETFLIX ORIGINAL SERIES
 Like Father- NETFLIX FILM
 Marching Orders- NETFLIX ORIGINAL SERIES
- August 4**
 Flavors of Youth: International Version- NETFLIX ORIGINAL SERIES
 Mr. Sunshine (Streaming Every Saturday)- NETFLIX ORIGINAL
 On Children- NETFLIX ORIGINAL
- August 5**
 Pain in Full
- August 9**
 Perdida- NETFLIX FILM
 The Originals: Season 5
- August 10**
 72 Dangerous Animals: Asia- NETFLIX ORIGINAL
 Afflicted- NETFLIX ORIGINAL
 All About the Washingtons- NETFLIX ORIGINAL
 Demetri Martin: The Overthinker- NETFLIX ORIGINAL
 Insatiable- NETFLIX ORIGINAL
 La casa de las flores- NETFLIX ORIGINAL
 Million Pound Menu- NETFLIX ORIGINAL
 The Guernsey Literary and Potato Peel Pie Society- NETFLIX FILM
 The Package- NETFLIX FILM
 The Ponsyitters Club- NETFLIX ORIGINAL
 Voltron: Legendary Defender: Season 7-

- NETFLIX ORIGINAL
 Zion- NETFLIX ORIGINAL
- August 11**
 No Country for Old Men
- August 13**
 Alexander: The Ultimate Cut
 Splash and Bubbles: Season 2
 The Nut Job
- August 15**
 Adventures in Public School
 Hostiles
 The 100: Season 5
- August 16**
 Evan Almighty
 Wish I Was Here
- August 17**
 Disenchantment- NETFLIX ORIGINAL
 Magic for Humans- NETFLIX ORIGINAL
 Pinky Malinky- NETFLIX ORIGINAL
 Spirit Riding Free: Season 6- NETFLIX ORIGINAL
 Stay Here- NETFLIX ORIGINAL
 The Motive- NETFLIX FILM
 To All The Boys I've Loved Before- NETFLIX FILM
 Ultraviolet- NETFLIX ORIGINAL
- August 19**
 The Investigator: A British Crime Story: Season 2- NETFLIX ORIGINAL

- August 21**
 Year One
- August 23**
 Deadwind- NETFLIX ORIGINAL
 Follow This- NETFLIX ORIGINAL
 Great News: Season 1
- August 24**
 Ask the StoryBots: Season 2- NETFLIX ORIGINAL
 Bert Kreischer: Secret Time- NETFLIX ORIGINAL
 Ghoul- NETFLIX ORIGINAL
 The After Party- NETFLIX FILM
 The Innocents- NETFLIX ORIGINAL
 Trolls: The Beat Goes On!: Season 3- NETFLIX ORIGINAL
 Young & Hungry: Season 5
- August 28**
 The Good Place: Season 2
- August 29**
 Inequality for All
- August 31**
 Inside the Criminal Mind- NETFLIX ORIGINAL
 Ozark: Season 2- NETFLIX ORIGINAL
 Paradise PD- NETFLIX ORIGINAL
 The Comedy Lineup: Part 2- NETFLIX ORIGINAL
 The Laws of Thermodynamics- NETFLIX FILM
 Ultimate Beastmaster: Survival of the Fittest- NETFLIX ORIGINAL
 Undercover Law- NETFLIX ORIGINAL

Here's what's leaving **Netflix**

- August 1**
 3000 Miles to Graceland
 Adventures in Babysitting
 Can't Buy Me Love
 Care Bears: Welcome to Care-a-Lot: Season 1
 Finding Dory
 Harold & Kumar Escape from Guantanamo Bay
 Reasonable Doubt
 The Killing: Seasons 1-3
 Walk Hard: The Dewey Cox Story
- August 5**
 13 Assassins
- August 6**
 Welcome to Me
- August 10**
 St. Vincent
- August 12**
 For a Good Time, Call...
- August 13**
 Help, I've Shrunk the Family
- August 16**
 Being Flynn
 Enter the Battlefield
 Jem and the Holograms: Seasons 1-3
 Littlest Pet Shop: Seasons 2-4
 Pariah
 Pound Puppies: Seasons 1-3
 Seeking a Friend for the End of the World
 The 40-Year-Old Virgin
 The Adventures of Chuck & Friends: Season 2
 Transformers Prime: Seasons 2-3
 Transformers: Rescue Bots: Seasons 2-4
- August 23**
 Sausage Party
- August 25**
 The Road



'Finding Dory' is swimming away from Netflix on Wednesday.

She may think she's grown up. We Know Better.

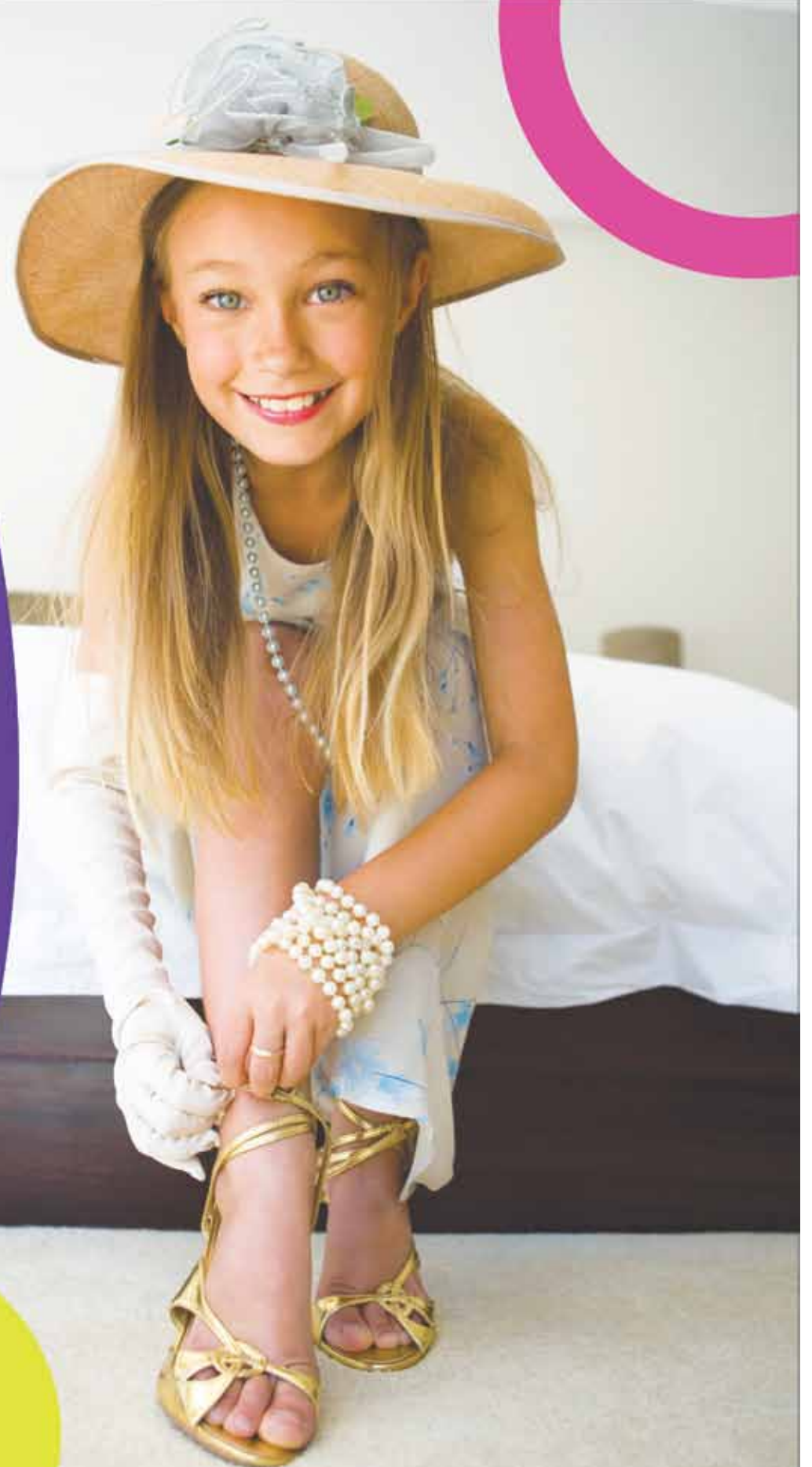
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DOWNEY HAPPENINGS

FRIDAY, JULY 27

The Vices, 8 pm. Jazz band The Vices performs live. Stay Gallery, 11140 Downey Ave.

Tribute to The Doors, 9 pm. A musical tribute to The Doors, featuring live music by tribute band The Burning Doors. \$10 cover, 21 and older. Epic Lounge, 8239 2nd St.

SATURDAY, JULY 28

Carrie Uva Campaign Kick-Off, 10 am to 12 pm. City Council district 4 candidate Carrie Uva hosts a campaign kick-off event. 24 Hour Real Estate, 8635 Florence Ave., #101

Sacrivox Music Fest, 12 pm to 11 pm. A two-day music festival with more than two dozen bands scheduled to perform. Tickets and full lineup available online. First Baptist Church of Downey, 8333 2nd St.

Pranayama and Mudra Workshop, 3:30 pm. Learn mindful breathing techniques (pranayama) and hand gestures or seal (mudra) to help elevate your meditation practice. Downey Yoga, 8036 3rd St.

Choreography Festival, 7:30 pm. Southern California Dance Theatre hosts its annual SoCal Dance & Choreography Festival, which presents works by 16 innovative local and national choreographers. Downey Theatre, 8435 Firestone Blvd.

Bass Babes, 10 pm. An underground dance party featuring all-female DJs. Epic Lounge, 8239 2nd St.

SUNDAY, JULY 29

Miss West Coast Pageant, 5 pm. Women and girls from throughout California compete for over \$50,000 in prizes, scholarships and modeling contracts. Downey Theatre, 8435 Firestone Blvd.

WEDNESDAY, AUG. 1

Learn Line Dancing, 6:30 pm. Learn the basics of line dancing while getting some exercise at the same time. \$5. Stay Gallery, 11140 Downey Ave.

Midsummer Night's Music, 7 pm. Organist Robert Luke Martin performs a mix of classical and video game music. Good Shepherd Lutheran Church, 13200 Columbia Way.

THURSDAY, AUG. 2

Let's Do Lunch Networking, 12 pm. Network over lunch with other local business people. \$25. Buffalo Wild Wings, 193 Stonewood Court.

Claudia Frometa Campaign Kick-Off, 6-8:30 pm. City Council district 4 candidate Claudia Frometa hosts a campaign kick-off event. Embassy Suites, 8425 Firestone Blvd.

FRIDAY, AUG. 3

Downey High Band Preview, 6:30

pm. Downey High's band previews its 2018 fall field show, "Twilight Zone." Plus food, raffle and booths. Downey High, 11040 Brookshire Ave.

SATURDAY, AUG. 4

Benz and Breakfast, 7-9 am. Bring your Mercedes Benz and meet other Mercedes enthusiasts. No revving, no burnouts. Bob's Big Boy, 7447 Firestone Blvd.

End of Summer Blast, 10 am. Celebrate the end of summer with crafts, face painting, puppet shows, stories, and more. Kona Shaved Ice Truck from 11 am to 1 pm. Downey City Library, 11121 Brookshire Ave.

Backpack Giveaway, 4-6 pm. Gangs Out of Downey gives away hundreds of backpacks and school supplies. First come, first served. Golden Park, 8840 Golden Ave.

Music & Movie, 5 pm. Bring snacks and a lawn chair for an evening of live music, crafts, activities, contests, and an outdoor screening of "Ferdinand." Live performance by The Amanda Castro Band. Golden Park, 8840 Golden Ave.

Kithara TV Concert, 7:30 pm. Arabic singers and musicians perform live. Downey Theatre, 8435 Firestone Blvd.

TUESDAY, AUG. 7

Kona Ice Ribbon Cutting, 3 pm. Ribbon cutting celebration for Kona Ice. Downey Chamber of Commerce, 11131 Brookshire Ave.

National Night Out, 5:30-8:30 pm. Meet with members of the Downey Police Department and learn ways to keep your neighborhood safe. Downey Civic Center, 11111 Brookshire Ave.

Potato Bash & Boutique, 6 pm. Shop from vendors selling jewelry, candles, leggings, home goods, and more. Plus a baked potato meal fundraiser. Downey United Masonic Lodge, 8244 3rd St.

Meditation in the Park, 6:30 pm. Learn sitting and posture techniques, followed by silent meditation and then socializing. Dogs ok. Rio San Gabriel Park, 9612 Ardine St.

SATURDAY, AUG. 11

Pancake Breakfast, 9 am. Free pancakes, juice and fellowship. Trinity Baptist Church, 8219 Florence Ave.

Smart Gardening Workshop, 9:30 am. Learn to improve your lawn and garden while reducing waste. Wilderness Park, 10999 Little Lake Rd.

Citizenship Clinic, 10 am. Ferias Legales presents a free citizenship clinic. Barbara J. Riley Community & Senior Center, 7810 Quill Dr.

Revive the Calling, 6 pm. Revival Starts Now Movement, a youth group comprised of different churches and backgrounds, presents a night of live music and fellowship. Downey Theatre, 8435 Firestone Blvd.

WEDNESDAY, AUG. 15

First Day of School, 8 am. The 2018-19 school year begins at all Downey public schools.

THURSDAY, AUG. 16

Havana Nights, 6-9:30 pm. A rooftop concert on the top story of the downtown parking structure. Featured band is La Charanga. 2nd and New streets.

SATURDAY, AUG. 18

Clothing and Shoe Drive, 9 am to 11:30 am. Donate your gently used clothes, shoes, drapes, stuffed animals, purses, totes and backpacks for this fundraiser benefiting Downey Relay for Life. Downey Adult School, 12340 Woodruff Ave.

Rocket Flyer, 10 am to 5 pm. Build and fly your own rocket at L.A.'s first and only urban rocket festival. Columbia Memorial Space Center, 12400 Columbia Way

Hot Havana Nights, 7 pm to midnight. Authentic Cuban cuisine, live salsa band, drinks, hand-rolled cigars, and more. A fundraiser for the Downey Rose Float Assoc. Downey Elks Lodge, 11233 Woodruff Ave.

McDonald's anniversary, TBA. The world's oldest operating McDonald's celebrates its 65th anniversary. McDonald's, 10207 Lakewood Blvd.

THURSDAY, AUG. 23

Gateway Cities Economic Forum, 11:30 am to 2 pm. Financial Partners Credit Union presents the second annual Gateway Cities Economic Forum, featuring noted economist Christopher Thornberg. RSVP by Aug. 13 to EconomicForum@fpcu.org. Free event, lunch will be provided.

FRIDAY, AUG. 24

Stars & Stripes Golf Tournament, 11 am. Golf tournament raising funds for the Veterans Association of Real Estate Professionals. Rio Hondo Golf Club, 10627 Old River School Rd.

SATURDAY, AUG. 25

AYSO Opening Day, 9 am. The 2018 season of Downey AYSO kicks off with an opening day celebration. Griffiths Middle School, 9633 Tweedy Lane.

Relay for Life, 10 am. A 12-hour fundraiser to raise money for the American Cancer Society. Luminaria ceremony begins at 8:30 p.m. Downey Adult School, 12340 Woodruff Ave.

Ballet Folklorico, 7 pm. Ballet Folklorico de la Universidad de Guanajuato, Mexico performs live. Downey Theatre, 8435 Firestone Blvd.

Larva in Concert, 10 pm. Electro music group Larva is joined by Ad Vitam for a live show. Stardust

Club, 7643 Firestone Blvd.

SUNDAY, AUG. 26

Car Show, 11 am. Classic car show, vendors, food, and contest for best '50s attire. Special appearance by Elmer Armstrong of The Platters. Downey Community Health Center, 8425 Iowa St.

WEDNESDAY, AUG. 29

City Affairs Meeting, 12 pm. Yolanda Castro, executive director of Southeast Los Angeles County Workforce Development Board, makes a presentation. Downey Chamber of Commerce, 11131 Brookshire Ave.

Conversation with Blanca Pacheco, 7-9 pm. Coffee and conversation with Councilmember Blanca Pacheco. Columbia Memorial Space Center, 12400 Columbia Way.

SATURDAY, SEPT. 8

Emergency Preparedness Fair, 10 am. Practice hands-only CPR, learn to put out small fires, make emergency plans, and more. Civic Center, 11111 Brookshire Ave.

Senior Follies Talent Show, 1 pm and 5 pm. Downey seniors show off their unique talents in this 14th annual production. Barbara J. Riley Community & Senior Center, 7810 Quill Dr.

Gospel of Luke Album Release Show, 6 pm. Live show featuring performances of original songs written/recorded by Imago Dei Church. Stay Gallery, 11140 Downey Ave.

TUESDAY, SEPT. 11

September 11 Remembrance Ceremony, 10 am. The city of Downey pays tribute to the victims of the Sept. 11, 2001 terrorist attacks. City Hall, 11111 Brookshire Ave.

SATURDAY, SEPT. 15

Vintage Car Show, 8 am to closing. Hot rods, custom cars, live music, food and more. Calvary Chapel Downey, 12808 Woodruff Ave.

Reflections of Beauty Conference, 8:30 am. A lineup of speakers designed to instill confidence and inspiration. First Baptist Church of Downey, 8348 3rd St.

International Food & Music Festival, 4-10 pm. Food from local restaurants and food trucks, craft beer and wine garden, DJ, live entertainment on 3 stages, balloon artists, caricature artists, photo booth, henna artists, face painters, and more. Downey Avenue, between 2nd and 4th streets

MONDAY, SEPT. 17

Kiwanis Golf Tournament, 12 pm. Annual golf tournament in support of Downey Los Amigos Kiwanis and their charitable efforts. Rio Hondo Golf Club, 10627 Old River School Rd.

FRIDAY, SEPT. 21

Ms. Krazie Album Release Party, 8 pm. Hip-hop artist Ms. Krazie performs on stage in celebration of her latest album release. Godttis Nightclub, 7931 Firestone.

SATURDAY, SEPT. 22

Alpha Omega Con, 10 am. A comic and pop culture convention where Christian, faith-based, and family-friendly creators and fans can meet, fellowship, and network. First Baptist Church of Downey, 8348 2nd St.

SATURDAY, SEPT. 29

Spinal Injury Games, 10 am. Designed for all skill levels, wheelchair participants compete in a variety of sporting games. Rancho Los Amigos National Rehabilitation Center, 7601 Imperial Hwy.

FRIDAY, OCT. 5

Homecoming Alumni Tailgate and BBQ, 5 pm. Al Pius X, St. Matthias & PMA alumni are invited to a homecoming tailgate and barbecue. St. Pius X - St. Matthias Academy, 7851 Gardendale St.

SATURDAY, OCT. 6

Pius X Grand Reunion, 6 pm. An all-year alumni celebration for Pius X, St. Matthias and PMA. Hall of Fame inductees include Diane J. Martinez & Evelia Castillo-Rodriguez. Embassy Suites, 8425 Firestone Blvd.

WEDNESDAY, OCT. 17

Flu Vaccination Clinic, 1-3 pm. Free flu shots courtesy of the L.A. County Department of Public Health. Barbara J. Riley Community & Senior Center, 7810 Quill Dr.

FRIDAY, OCT. 19

Downey-Warren Football Game, 7 pm. The Vikings and Bears face-off in their annual rivalry game. Downey High School, 11040 Brookshire Ave.

SATURDAY, OCT. 20

Keep Downey Beautiful Clean-Up, 9 am. Meet in the Big Lots parking lot, 9020 Firestone Blvd.

Spooky Science Night, 5 pm. Food trucks, games, activities, costume parade, and more. Columbia Memorial Space Center, 12400 Columbia Way.

Downey Symphony Concert, 8 pm. Celebrated composer Oscar Navarro returns for an encore of his "Downey Overture." Downey Theatre, 8435 Firestone Blvd.

FRIDAY, OCT. 26

Ricky Galvez Golf Tournament, 11 am. Gangs Out of Downey's annual golf tournament, raising money for Ricky Galvez college scholarships. Rio Hondo Golf Club, 10627 Old River School Rd.

SUNDAY, OCT. 28

Dia de los Muertos Festival, 11 am to 8 pm. Music and dance performances, dozens of vendors, art shows, food trucks, altar displays, and more. Downey Civic Center, 11111 Brookshire Ave.

WEDNESDAY, OCT. 31

Pumpkin Patch, 5-9 pm. Costume contests, carnival games, photo booth, caricature artist, glow walk, and more. Apollo Park, 12544 Rives Ave.

FRIDAY, NOV. 2

Rotary/Arc Golf Tournament, 11 am. Rotary Club of Downey's annual golf tournament with proceeds benefiting The Arc - Los Angeles & Orange Counties. Rio Hondo Golf Club, 10627 Old River School Rd.

SATURDAY, NOV. 10

Rudolph the Red-Nosed Reindeer, 11 am and 2 pm. A holiday tradition based on the animated television special. Downey Theatre, 8435 Firestone Blvd.

SATURDAY, NOV. 10

Rudolph the Red-Nosed Reindeer, 11 am and 2 pm. A holiday tradition based on the animated television special. Downey Theatre, 8435 Firestone Blvd.

MONDAY, NOV. 12

Veterans Day Ceremony, 10 am. A ceremony honoring all who have served our country. City Hall, 11111 Brookshire Ave.

MONDAY, DEC. 3

Tree Lighting, 6-8:30 pm. The city of Downey lights up its Christmas tree. City Hall, 11111 Brookshire Ave.

SATURDAY, DEC. 15

Mariachi Divas, 8 pm. The all-female mariachi group performs a special Christmas concert. Downey Theatre, 8435 Firestone Blvd.

SATURDAY, FEB. 23

Healthy Downey 5K, 8 am. A 5K walk/run to raise money for the TLC Family Resource Center. Apollo Park, 12544 Rives Ave.

SATURDAY, MARCH 30

Arc Walk for Independence, 9 am. A 1- or 3-mile walk to celebrate people with developmental disabilities. Stonewood Center, 251 Stonewood St.

Compiled by Eric Pierce. Email calendar listings to eric@thedowneypatriot.com

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For Information on this

DINING OUT section

Call **Michael** or **Jazmin** at
The Downey Patriot **(562) 904-3668**

Norwalk military academy taking new sign-ups

NORWALK – Southeast Academy High School in Norwalk is now seeking a limited number of applicants for early enrollment for the 2018-19 academic year that starts Aug. 16.

The tuition-free, public school of choice offers a small campus environment and a leadership-based education philosophy that is unique to Southern California.

Those seeking to enter Southeast Academy must go through an enrollment process that includes a readiness interview and review of transcripts.

The military-style academy, a winner of the prestigious

state Golden Bell Award, is administered by the Norwalk-La Mirada Unified School District and is not a "reform" school or a detention facility and is not part of the juvenile judicial system.

The student population of Southeast Academy is diverse and in addition to the cities of Norwalk, La Mirada and Santa Fe Springs, applicants have come from across the region including Buena Park, Cerritos, Downey, Fullerton, Long Beach, Los Angeles, Montebello, Pico Rivera, Riverside and Whittier.

Under the direction and guidance of highly qualified faculty and staff, and adhering to the campus motto of "Excellence is Our Standard," students, who are known as cadets, are fully integrated into the public service career pathways of law enforcement, military, fire science and related fields.

Every cadet is encouraged to strive for academic excellence as the academy dedicates itself to developing each young man and woman morally, intellectually and physically.

Cadets all share the state of mind of being dedicated

scholars and skilled leaders of character with high standards.

Specifically, the academy offers a fully accredited curriculum leading to a public high school diploma. In addition to a variety of courses available to complete "A-G" requirements, it offers Advanced Placement, arts and career technical education classes.

Also offered is a full range of extracurricular activities, military drill teams, honor guards, school clubs, sports and physical conditioning.

In addition to college scholarship and financial aid opportunities, application and contact information is available for all five U.S. service academies: West Point, Naval Academy, Coast Guard Academy, Air Force Academy and Merchant Marine Academy.

For more information about what makes Southeast Academy special, how to arrange a campus tour or start the enrollment process, visit southeastacademy.org, email academy@nlmsd.org or call (562) 210-4700.

POETRY MATTERS

Empathy

My love, I'm grateful tonight
Our listing bed isn't a raft
Precariously adrift
As we dodge the coast-guard light,

And clasp hold of a girl and a boy.
I'm glad that we didn't wake
Our kids in the thin hours, to take
Not a thing, not a favorite toy,

And we didn't hand over our cash
To one of the smuggling rackets,
That we didn't buy cheap lifejackets
No better than bright orange trash

...Empathy isn't generous,
It's selfish. It's not being nice
To say I would pay any price
Not to be those who'd die to be us.

- A. E. Stallings, Literary Matters, 2015

"This sense that children were drowning in the same water we swam in," said the poet, "haunted me all summer, the sense of the Aegean as dangerous and full of death as well as wine-dark or Santorini blue, and that the same element that caressed my children pulled others under." Alicia Elsbeth Stallings was born in Decatur, Georgia and has made Athens her home since 1999. Her poem's details personalize the humanitarian plight of child refugees. Poetry Matters is curated by Lorine Parks.

Things You Didn't Know About Downey

DOWNEY – There was a story printed in February 1969 about how Downey was almost not called Downey.

In 1876, there were citizens of Downey who were disgruntled with the inconveniences caused by the name Downey, and a change was suggested. One of the unhappy residents was G.B. Fagan, the postmaster.

On Wednesday, March 22, 1876, a number of citizens met in the Odd Fellows Hall to consider the feasibility of changing the name of the town. Dr. Rives was chosen as president of the meeting, Mr. H. Gray vice president, and Fagan secretary.

Fagan stated the purpose of the meeting: "Mail matter frequently miscarried on account of Downey City, Downieville, Darwin City and Denver, Colorado being somewhat similar, with mail intended for those localities coming here and Downey's going there created a great deal of confusion.

Mssrs. Benbrook and McDonald argued in favor of postponing the meeting until a fuller representation (they were not favoring the change). Mssrs. Smart and Bailey wanted immediate action, thinking another meeting would not bring a larger crowd, and favoring the name change. It was agreed to hold another meeting and Governor Downey was requested to be present.

On Saturday, April 1, the citizens met again to express views on the name change. Governor Downey did attend, and being called upon to give his views, stated the only way a change could be made, "and it would cause considerable trouble and expense especially to the incorporated companies, lodges, etc...was through the legislature, who only had the power to make such a change.

So, the name of the city was preserved more-or-less by one of its co founders.

Bobbi Bruce, Downey Historical Society

Razorbacks switch practice location

DOWNEY – For the first time in 50 years, the Downey Razorbacks have a new training camp location.

Effective Monday, the Razorbacks will hold practices at Discovery Sports Complex, moving away from Rio San Gabriel Park.

This season marks the Razorbacks' 58th year in existence. It is also Louis Morales 20th consecutive year as president.

Practices begin Monday and are held weekdays from 6-8 p.m. The league offers tackle football, flag football and cheerleading to boys and girls ages 5-14.

Home games are played at Downey and Warren high schools.

Limited registration is still available. For details, call Louis Morales at (310) 350-0220 or go online to downeyrazorbacks.com.

Barbecue to benefit symphony's education program

DOWNEY – The Downey Symphony Guild will hold their annual barbecue to raise funds for Music in the Schools and the Downey Symphony on August 14.

The event will be held at the Rio Hondo Event Center. Social hour will be held at 5:30 p.m., with dinner served at 6 p.m. Cost is \$30 for adults.

Please RSVP with Katie Hare by August 7. Her phone number is (562) 861-8507.

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The collage features several pages from The Downey Patriot newspaper. The largest page is the front page from Thursday, May 25, 2017, with the headline "City Council agrees to continue Stay Gallery financial support" and a photo of the Stay Gallery storefront. Other pages include a "Memorial Day Ceremony" report, a "Weekend at a Glance" weather forecast, and a "Downey Patriot wins 5 journalism awards" announcement. The newspaper's masthead and logo are visible at the top of the collage.

Legal Notices

CIVIL

SUMMONS (CITACION JUDICIAL)

CASE NUMBER: (Numero del Caso):
18CV02948

NOTICE TO DEFENDANT (AVISO AL DEMANDADO): ALBERT C. PARKER, Trustee, Decedent's Trust under the Parker Family Trust; DSL SERVICE COMPANY, a California Corporation; DOWNEY SAVINGS AND LOAN CORPORATION, a California Corporation; U.S. BANK NATIONAL ASSOCIATION; and DOES 1 through 25 inclusive

YOU ARE BEING SUED BY PLAINTIFF (LO ESTA DEMANDANDO EL DEMANDANTE): CITY OF CARPINTERIA, a California municipal corporation

NOTICE! You have been sued. The court may decide against you without your being heard unless you respond within 30 days. Read the information below.

You have 30 CALENDAR DAYS after this summons and legal papers are served on you to file a written response at this court and have a copy served to the plaintiff. A letter or phone call will not protect you. Your written response must be in proper legal form if you want the court to hear your case. There may be a court form that you can use for your response. You can find these court forms and more information at the California Courts Online Self-Help Center (www.courtinfo.ca.gov/selfhelp), your county law library, or the courthouse nearest you. If you cannot pay the filing fee, ask the court clerk for a fee waiver form. If you do not file your response on time, you may lose the case by default, and your wages, money and property may be taken without further warning from the court.

There are other legal requirements. You may want to call an attorney right away. If you do not know an attorney, you may want to call an attorney referral service. If you cannot afford an attorney, you may be eligible for free legal services from a nonprofit legal services program. You can locate these nonprofit groups at the California Legal Services Web site (www.lawhelpcalifornia.org), the California Courts Online Self-Help Center (www.courtinfo.ca.gov/selfhelp), or by contacting your local court or county bar association. NOTE: The court has a statutory lien for waived fees and costs on any settlement or arbitration award of \$10,000 or more in a civil case. The court's lien must be paid before the court will dismiss the case.

AVISO! Lo han demandado. Si no responde dentro de 30 días, la corte puede decidir en su contra sin escuchar su versión. Lea la información a continuación. Tiene 30 DÍAS DE CALENDARIO después de que le entreguen esta citación y papeles legales para presentar una respuesta por escrito en esta corte y tener que se entregue una copia al demandante. Una carta o una llamada telefónica no lo protegen. Su respuesta por escrito tiene que estar en formato legal correcto si desea que procesen su caso un la corte. Es posible que haya un formulario que usted pueda usar para su respuesta. Puede encontrar estos formularios de la corte y más información en el Centro de Ayuda de las Cortes de California (www.suorte.ca.gov), en la biblioteca de leyes de su condado, en la corte que le cuode más cerca. Si no puede pagar la cuota de presentación, pida al secretario de la corte que le dé un formulario de exención de pago de cuotas. Si no presenta su respuesta a tiempo, puede perder el caso por incumplimiento y la corte le podrá quitar su sueldo, dinero y bienes sin más advertencia.

Hay otros requisitos legales. Es recomendable que llame a un abogado inmediatamente. Si no conoce a un abogado, puede llamar a un servicio de remisión a abogados. Si no puede pagar a un abogado, es posible que cumpla con los requisitos para obtener servicios legales gratuitos de un programa de servicios legales sin fines de lucro. Puede encontrar estos grupos sin fines de lucro en sitio web de California Legal Services (www.lawhelpcalifornia.org), en el Centro de Ayuda de las Cortes de California (www.suorte.ca.gov) o poniéndose en contacto con la corte o el colegio de abogados locales. AVISO: Por ley, la corte tiene derecho a relamar las cuotas y los costos exentos pro imponer un gravamen sobre cualquier recuperación de \$10,000 ó más de valor recibida mediante un acuerdo o una concesión arbitral en un caso de derecho civil. Tiene que pagar el gravamen de la corte antes de que la corte pueda desechar el caso.

The name and address of the court is: (El nombre y dirección de la corte es): SUPERIOR COURT OF CALIFORNIA, COUNTY OF SANTA BARBARA, 1000 Anacapa Street, Santa Barbara, CA 93121-1107

The name, address and telephone number of plaintiff's attorney, or plaintiff without an attorney, is: (El nombre, la dirección y el número de teléfono del abogado del demandante, o del demandante que no tiene abogado, es):

TODD A. AMSPOKER
PRICE POSTEL & PARMA LLP
200 E. Carrillo St., Ste. 400
Santa Barbara, CA 93101
(805) 962-0011
(805) 965-3978
Date (Fecha): 6/12/18

Darrel E. Parker Clerk, by (Secretario),
Narzralli Baksh Deputy (Adjunto)

The Downey Patriot
7/19/18, 7/26/18, 8/2/18, 8/9/18

FICT. BUS NAME

FICTITIOUS BUSINESS NAME STATEMENT

File Number 2018157400

THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: (1) **ALCHEMY FIT LABS (2) ALCHEMY FIT LAB (3) A.F.L. (4) AFL (5) ALCHEMY FIT (6) ALCHEMY FITNESS, 12935 WILSHIRE DR, WHITTIER CA 90602, LA COUNTY**

Articles of Incorporation or Organization Number (if applicable): AI #ON: N/A REGISTERED OWNERS(S): (1) LAUREN HELENA VIERA, 12935 WILSHIRE DR, WHITTIER CA, 90602 (2) APRIL CHRISTINA GALINDO, 12935 WILSHIRE DR, WHITTIER CA 90602
State of Incorporation: N/A
THIS BUSINESS IS CONDUCTED BY: A MARRIED COUPLE

The date registrant started to transact business under the fictitious business name or names listed above: N/A

I declare that all the information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).)

S/LAUREN HELENA VIERA, OWNER
This statement was filed with the County Clerk of Los Angeles on JUNE 27, 2018
Notice - In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form.

The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State or Common Law (see Section 14411 et seq., Business and Professions Code).

The Downey Patriot
7/19/18, 7/26/18, 8/2/18, 8/9/18

FICTITIOUS BUSINESS NAME STATEMENT

File Number 2018165812

THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: (1) **ANA'S BAKERY, 4026 E. GAGE AVE, BELL CA 90201, LA COUNTY**

Articles of Incorporation or Organization Number (if applicable): AI #ON: N/A REGISTERED OWNERS(S): (1) S/WALDO CARRILLO, 1731 E. 106TH ST., LOS ANGELES CA CA 90002

The Downey Patriot
7/5/18, 7/12/18, 7/19/18, 7/26/18

FICTITIOUS BUSINESS NAME STATEMENT

File Number 2018165812

THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: (1) **ANA'S BAKERY, 4026 E. GAGE AVE, BELL CA 90201, LA COUNTY**

Articles of Incorporation or Organization Number (if applicable): AI #ON: N/A REGISTERED OWNERS(S): (1) S/WALDO CARRILLO, 1731 E. 106TH ST., LOS ANGELES CA CA 90002

State of Incorporation: N/A
THIS BUSINESS IS CONDUCTED BY: AN INDIVIDUAL

The date registrant started to transact business under the fictitious business name or names listed above: 07/2018

I declare that all the information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).)

S/SOSWALDO CARRILLO, OWNER
This statement was filed with the County Clerk of Los Angeles on JULY 6, 2018
Notice - In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form.

The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State or Common Law (see Section 14411 et seq., Business and Professions Code).

The Downey Patriot
7/19/18, 7/26/18, 8/2/18, 8/9/18

FICTITIOUS BUSINESS NAME STATEMENT

File Number 2018165280

FILE NO: 2015265663 DATE FILED: OCTOBER 19, 2015
NAME OF BUSINESS(ES): PARAISO RIVERLAND ACCESS RIOS, PARAIOWATER

STREET ADDRESS, CITY, STATE, ZIP CODE: 7937 S BROADWAY, LOS ANGELES, CA, 90003
REGISTERED OWNERS(S): (1) MARTIN ZAMORA CRUZ, 7937 S BROADWAY, LOS ANGELES CA 90003

If Corporation or LLC - Print State of Incorporation/Organization: N/A
THIS BUSINESS IS CONDUCTED BY: AN INDIVIDUAL
I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.)
SMARTIN ZAMORA CRUZ, OWNER
This statement was filed with the County Clerk of LOS ANGELES on JULY 6, 2018

The Downey Patriot
7/19/18, 7/26/18, 8/2/18, 8/9/18

STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME

2018165280

FILE NO: 2015265663 DATE FILED: OCTOBER 19, 2015
NAME OF BUSINESS(ES): PARAISO RIVERLAND ACCESS RIOS, PARAIOWATER

STREET ADDRESS, CITY, STATE, ZIP CODE: 7937 S BROADWAY, LOS ANGELES, CA, 90003
REGISTERED OWNERS(S): (1) MARTIN ZAMORA CRUZ, 7937 S BROADWAY, LOS ANGELES CA 90003

If Corporation or LLC - Print State of Incorporation/Organization: N/A
THIS BUSINESS IS CONDUCTED BY: AN INDIVIDUAL
I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.)
SMARTIN ZAMORA CRUZ, OWNER
This statement was filed with the County Clerk of LOS ANGELES on JULY 6, 2018

The Downey Patriot
7/12/18, 7/19/18, 7/26/18, 8/2/18

FICTITIOUS BUSINESS NAME STATEMENT

File Number 2018176043

THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: (1) **MTG REALTY CO, (2) DEDMON PROPERTIES, 13337 SOUTH STREET #822, CERRITOS CA 90703, LA COUNTY**

Articles of Incorporation or Organization Number (if applicable): AI #ON: N/A REGISTERED OWNERS(S): (1) MTG REALTY LLC, 1337 SOUTH STREET #822, CERRITOS CA 90703

State of Incorporation: CA
THIS BUSINESS IS CONDUCTED BY: A LIMITED LIABILITY COMPANY
The date registrant started to transact business under the fictitious business name or names listed above: 07/2018

I declare that all the information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).)

S/MTG REALTY LLC, CEO, MARKIZ GARRETT
This statement was filed with the County Clerk of Los Angeles on JULY 17, 2018
Notice - In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form.

The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State or Common Law (see Section 14411 et seq., Business and Professions Code).

The Downey Patriot
7/26/18, 8/2/18, 8/9/18, 8/16/18

FICTITIOUS BUSINESS NAME STATEMENT

File Number 2018169028

THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: (1) **MARISCOS GUADAJARA #1, 5959 MAYWOOD AVE, HUNTINGTON PARK CA 90255, LA COUNTY**

Articles of Incorporation or Organization Number (if applicable): AI #ON: N/A REGISTERED OWNERS(S): (1) JOSE ROLON MARTINEZ, 3915 HILL ST., HUNTINGTON PARK CA 90255

State of Incorporation: N/A
THIS BUSINESS IS CONDUCTED BY: AN INDIVIDUAL

The date registrant started to transact business under the fictitious business name or names listed above: 11/2012

I declare that all the information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).)

S/JOSE ROLON MARTINEZ, OWNER
This statement was filed with the County Clerk of Los Angeles on JULY 10, 2018
Notice - In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form.

The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State or Common Law (see Section 14411 et seq., Business and Professions Code).

The Downey Patriot
7/19/18, 7/26/18, 8/2/18, 8/9/18

FICTITIOUS BUSINESS NAME STATEMENT

File Number 2018175057

THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: (1) **WLR INCOME TAX SERVICE, 8249 FONTANA ST., DOWNEY CA 90241, LA COUNTY**

Articles of Incorporation or Organization Number (if applicable): AI #ON: N/A REGISTERED OWNERS(S): (1) WILLIAM LEE RADEMAKER, 8249 FONTANA ST., DOWNEY CA 90241

State of Incorporation: N/A
THIS BUSINESS IS CONDUCTED BY: AN INDIVIDUAL

The date registrant started to transact business under the fictitious business name or names listed above: 07/2018

I declare that all the information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).)

S/WILLIAM LEE RADEMAKER, OWNER
This statement was filed with the County Clerk of Los Angeles on JULY 17, 2018

Notice - In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form.

The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State or Common Law (see Section 14411 et seq., Business and Professions Code).

The Downey Patriot
7/19/18, 7/26/18, 8/2/18, 8/9/18

FICTITIOUS BUSINESS NAME STATEMENT

File Number 2018176144

THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: (1) **ALEXANDRA NOIR, 10524 DOLORES AVE, SOUTH GATE CA 90280, LA COUNTY, 538 LAGUNA CANYON WAY, BREA CA 92821**

Articles of Incorporation or Organization Number (if applicable): AI #ON: N/A REGISTERED OWNERS(S): (1) ANNA ALEXANDRA GARAY, 10524 DOLORES AVE, SOUTH GATE CA 90280

State of Incorporation: N/A
THIS BUSINESS IS CONDUCTED BY: AN INDIVIDUAL

The date registrant started to transact business under the fictitious business name or names listed above: 12/2016

I declare that all the information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).)

S/ANNA ALEXANDRA GARAY, OWNER
This statement was filed with the County Clerk of Los Angeles on JULY 17, 2018
Notice - In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form.

The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State or Common Law (see Section 14411 et seq., Business and Professions Code).

The Downey Patriot
7/19/18, 7/26/18, 8/2/18, 8/9/18

FICTITIOUS BUSINESS NAME STATEMENT

File Number 2018162157

THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: (1) **BODY BY KARINA, 9313 S LAUSON AVE, PICO RIVERLAND, LA COUNTY**

Articles of Incorporation or Organization Number (if applicable): AI #ON: N/A REGISTERED OWNERS(S): (1) KARINA MANUELA RODRIGUEZ, 12441 OLD RIVER SCHOOL RD 209, DOWNEY CA 90242

State of Incorporation: N/A
THIS BUSINESS IS CONDUCTED BY: AN INDIVIDUAL

The date registrant started to transact business under the fictitious business name or names listed above: N/A

I declare that all the information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).)

S/MARIA MANUELA RODRIGUEZ, OWNER
This statement was filed with the County Clerk of Los Angeles on JULY 2, 2018
Notice - In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form.

The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State or Common Law (see Section 14411 et seq., Business and Professions Code).

The Downey Patriot
7/5/18, 7/12/18, 7/19/18, 7/26/18

FICTITIOUS BUSINESS NAME STATEMENT

File Number 2018153705

THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: (1) **E AND N DRYWALL CONSTRUCTION CO, 8504 FIRESTONE BLVD #236, DOWNEY CA 90241, COUNTY OF LOS ANGELES**

Articles of Incorporation or Organization Number (if applicable): AI #ON: N/A REGISTERED OWNERS(S): (1) E & N DRYWALL CONSTRUCTION, INC., 8504 FIRESTONE BLVD #236, DOWNEY CA 90241

State of Incorporation: CA
THIS BUSINESS IS CONDUCTED BY: A CORPORATION

The date registrant started to transact business under the fictitious business name or names listed above: 01/2001

I declare that all the information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).)

S/MARIA ELIZABETH GARCIA, OWNER
This statement was filed with the County Clerk of Los Angeles on JULY 20, 2018
Notice - In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form.

The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State or Common Law (see Section 14411 et seq., Business and Professions Code).

The Downey Patriot
7/26/18, 8/2/18, 8/9/18, 8/16/18

FICTITIOUS BUSINESS NAME STATEMENT

File Number 2018161415

THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: (1) **INTEGRITY FIRST REAL ESTATE, 12362 DUNROBIN AVE., APT. C, DOWNEY CA 90242, LA COUNTY**

Articles of Incorporation or Organization Number (if applicable): AI #ON: N/A REGISTERED OWNERS(S): (1) JENNIFER ANN MARIE BROWN CARVAJAL, 12362 DUNROBIN AVE. APT. C, DOWNEY CA 90242

State of Incorporation: N/A
THIS BUSINESS IS CONDUCTED BY: AN INDIVIDUAL

The date registrant started to transact business under the fictitious business name or names listed above: N/A

I declare that all the information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).)

S/JENNIFER ANN MARIE BROWN CARVAJAL, OWNER
This statement was filed with the County Clerk of Los Angeles on JUNE 29, 2018
Notice - In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form.

The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State or Common Law (see Section 14411 et seq., Business and Professions Code).

The Downey Patriot
7/12/18, 7/19/18, 7/26/18, 8/2/18

FICTITIOUS BUSINESS NAME STATEMENT

File Number 2018178620

THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: (1) **X MARKS THE SPOT MOBILE NOTARY SERVICES, 12011 MARLBOROUGH ST, CERRITOS CA 90703, COUNTY OF LOS ANGELES**

Articles of Incorporation or Organization Number (if applicable): AI #ON: N/A REGISTERED OWNERS(S): (1) HUE TRIE SHIBATA, 32015 VIA MAYOR, SAN JUAN CAPISTRANO CA 92675 (2) LATOYA LACY MEEKS, 12010 ACLARE STRET, CERRITOS CA 90703

State of Incorporation: N/A
THIS BUSINESS IS CONDUCTED BY: A GENERAL PARTNERSHIP

The date registrant started to transact business under the fictitious business name or names listed above: 07/2018

I declare that all the information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).)

S/HUE TRUE SHIBATA, PART

Legal Notices/Classifieds

CLASSIFIEDS

FOR RENT

1 BR & 2 BR APTS
Upstairs, near Stonewood, pool, ldry rm, carport, no pets
(714) 743-9038
(714) 318-3762

2 BR, 1 BA DUPLEX
back house, \$1600/mo
(562) 869-4235

FOR SALE

WHIRLPOOL UPRIGHT FREEZER
Model EEV 161 F 15.9 cu ft
H: 65 1/2" W: 29 3/4"
D: 31 5/8", with floor rollers.
Working and in like-new condition.
Has never been used \$200.
(562) 774-6964

SERVICES

ALL ELECTRICAL AND PLUMBING WORK
Lic 965519 & Bonded
Jobs start at \$35, free estimate
Call Erik (323) 228-4500

NICE-N-KLEAN
Residential & Commercial Cleaning.
Call for a Free Estimate.
(562) 419-6577

COMPUTER 1 SOLUTION
Desktop & Notebook Repair.
Senior computer help & printer setup. Virus Removal.
PC Sales & Upgrade
Call Larry Latimer
(562) 714-9876

SERVICES

PLANS, PERMITS CONSTRUCTION
Project Design, New Construction, Remodeling & Additions
Lic. #936419
Call Jeff (562) 869-1421

HANDY CRAFTSMAN SERVICE
for all your home improvements & repairs. All labor and material guaranteed.
(562) 331-0976

FINE ROOFING, INC.
Roof Repair & Leaks
Free Estimate•Quality Service
Senior Discount. Lic 976823
(562) 879-4987

SERVICES

FULL SERVICE PLUMBING
Licensed, bonded & insured,
24/7, senior discount
McKinnon & Sons
Plumbing of Downey
(562) 904-3616

APPLIANCE TECH HAS ARRIVED
House calls. Same day rapid service all major brands.
Washers, dryers, ovens, stoves, refrigerators, etc.
Senior citizen discount.
(562) 866-4291
(310) 251-3018

SERVICES

SUPERB PAINTING
Exterior, interior, **senior citizen discounts**, references, bonded & insured, dependable and reliable. Free estimates.
Lic #634063. Wayne
(562) 863-5478

Call Linda Larson to include your ad in **The Downey Patriot Classified Section**
Deadline is Wednesday at 11:00 am
(562) 904-3668

The **DOWNEY GRAFFITI HOTLINE** NUMBER

Report graffiti to this number. **923-4484**

Visit Us Online www.TheDowneyPatriot.com

THE PETITION FOR PROBATE requests that Antonio Frayre be appointed as personal representative to administer the estate of the decedent.

THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The Independent administration authority will be granted unless and interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A HEARING on the petition will be held on August 17, 2018 at 8:30 a.m. in Dept. 4 Room n/a located at Superior Court of California, County of Los Angeles, 111 N. Hill Street, Los Angeles, CA 90012, Central District.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 5812 of the California Probate Code, or (2) 60 days from the date of the mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.

Other California Statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California Law.

YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

Attorney for petitioner:
Chris Scarcella (SBN 280213)
C.S. Scarcella & Associates
250 W. First Street Suite 244
Claremont, CA 91711
(909) 529-3979 phone

The Downey Patriot
7/26/18, 8/2/18, 8/9/18

TRUSTEE SALES

NOTICE OF TRUSTEE'S SALE Trustee Sale No.: 00000007308539 Title Order No.: 180024216 FHA/VA/PMI No.: 955378-731 ATTENTION RECORDER: THE FOLLOWING REFERENCE TO AN ATTACHED SUMMARY APPLIES ONLY TO COPIES PROVIDED TO THE TRUSTOR, NOT TO THIS RECORDED ORIGINAL NOTICE. NOTE: THERE IS A SUMMARY OF THE INFORMATION IN THIS DOCUMENT ATTACHED. YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED 11/20/1997 UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. BARRETT DAFFIN FRAPPIER TREDER AND WEISS, LLP, as duly appointed Trustee under and pursuant to Deed of Trust Recorded on 12/04/1997 as Instrument No. 97190815 of official records in the office of the County Recorder of LOS ANGELES County, State of CALIFORNIA. EXECUTED BY: DARIO DELGADILLO, A SINGLE MAN, WILL SELL AT PUBLIC AUCTION TO HIGHEST BIDDER FOR CASH, CASHIER'S CHECK/CASH EQUIVALENT or other form of payment authorized by California Civil Code 2924h(b), (payable at time of sale in lawful money of the United States), DATE OF SALE: 08/30/2018 TIME OF SALE: 9:00 AM PLACE OF SALE: DOUBLETREE HOTEL LOS ANGELES-NORWALK, 13111 SYCAMORE DRIVE, NORWALK, CA 90650. STREET ADDRESS and other common designation, if any, of the real property described above is purported to be: 10420 DOWNEY AVENUE #202, DOWNEY, CALIFORNIA 90241 APN#: 6252-019-055 The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust, with interest thereon, as provided in said note(s), advances, under the terms of said Deed of Trust, fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust. The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is: \$378,676.87 If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee, and the successful bidder shall have no further recourse. The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale, and a written Notice of Default and Election to Sell. The undersigned caused said Notice of Default and Election to Sell to be recorded in the county where the real property is located. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call (800) 758-8052 for information regarding the trustee's sale or visit this Internet Web site: www.homesearch.com, for information regarding the sale of this property, using the file number assigned to this case, T.S.# 9462-0976. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. FOR TRUSTEE SALE INFORMATION PLEASE CALL: AGENCY SALES AND POSTING 714-730-2727 www.servicelinkASAP.com BARRETT DAFFIN FRAPPIER TREDER AND WEISS, LLP as Trustee 20955 Pathfinder Road, Suite 300 Diamond Bar, CA 91765 (866) 795-1852 Dated: 06/29/2018 BARRETT DAFFIN FRAPPIER TREDER AND WEISS, LLP IS ACTING AS A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT. ANY INFORMATION OBTAINED WILL BE USED FOR THAT PURPOSE. A-4662701 07/12/2018, 07/19/2018, 07/26/2018

priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call (800) 758-8052 for information regarding the trustee's sale or visit this Internet Web site: www.auction.com, for information regarding the sale of this property, using the file number assigned to this case 00000007308539. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. FOR TRUSTEE SALE INFORMATION PLEASE CALL: AUCTION.COM, LLC 800-280-2832 www.auction.com BARRETT DAFFIN FRAPPIER TREDER AND WEISS, LLP as Trustee 20955 Pathfinder Road, Suite 300 Diamond Bar, CA 91765 (866) 795-1852 Dated: 07/06/2018 BARRETT DAFFIN FRAPPIER TREDER AND WEISS, LLP IS ACTING AS A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT. ANY INFORMATION OBTAINED WILL BE USED FOR THAT PURPOSE. A-4663284 07/19/2018, 07/26/2018, 08/02/2018

ASAP 4663284
The Downey Patriot
7/19/18, 7/26/18, 8/2/18

T.S. No. 067307-CA APN: 6390-014-071 NOTICE OF TRUSTEE'S SALE IMPORTANT NOTICE TO PROPERTY OWNER: YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED 6/27/2006, UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER ON 8/15/2018 at 10:30 AM, CLEAR RECON CORP, as duly appointed Trustee under and pursuant to Deed of Trust recorded 7/3/2006, as Instrument No. 06 1457891, of Official Records in the office of the County Recorder of Los Angeles County, State of CALIFORNIA executed by: GIOVANY GOMEZ AND PATRICIA GOMEZ, HUSBAND AND WIFE AS JOINT TENANTS WILL SELL AT PUBLIC AUCTION TO HIGHEST BIDDER FOR CASH, CASHIER'S CHECK DRAWN ON A STATE OR NATIONAL BANK, A CHECK DRAWN BY A STATE OR FEDERAL CREDIT UNION, OR A CHECK DRAWN BY A STATE OR FEDERAL SAVINGS AND LOAN ASSOCIATION, SAVINGS ASSOCIATION, OR SAVINGS BANK SPECIFIED IN SECTION 5102 OF THE FINANCIAL CODE AND AUTHORIZED TO DO BUSINESS IN THIS STATE: BEHIND THE FOUNTAIN LOCATED IN CIVIC CENTER PLAZA, 400 CIVIC CENTER PLAZA, POMONA, CA 91766 all right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County and State described as: MORE FULLY DESCRIBED ON SAID DEED OF TRUST The street address and other common designation, if any, of the real property described above is purported to be: 9227 E FLORENCE AVE 28 DOWNEY, CA 90240-3507 The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be held, but without covenant or warranty, express or implied, regarding title, possession, condition, or encumbrances, including fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust, to pay the remaining principal sums of the note(s) secured by said Deed of Trust. The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is: \$378,676.87 If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee, and the successful bidder shall have no further recourse. The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale, and a written Notice of Default and Election to Sell. The undersigned caused said Notice of Default and Election to Sell to be recorded in the county where the real property is located. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call (800) 758-8052 for information regarding the trustee's sale or visit this Internet Web site: www.homesearch.com, for information regarding the sale of this property, using the file number assigned to this case, T.S.# 9462-0976. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. FOR TRUSTEE SALE INFORMATION PLEASE CALL: AGENCY SALES AND POSTING 714-730-2727 www.servicelinkASAP.com BARRETT DAFFIN FRAPPIER TREDER AND WEISS, LLP as Trustee 20955 Pathfinder Road, Suite 300 Diamond Bar, CA 91765 (866) 795-1852 Dated: 06/29/2018 BARRETT DAFFIN FRAPPIER TREDER AND WEISS, LLP IS ACTING AS A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT. ANY INFORMATION OBTAINED WILL BE USED FOR THAT PURPOSE. A-4663284 07/19/2018, 07/26/2018, 08/02/2018

postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call (844) 477-7869 or visit this Internet Web site WWW.STOXPOSTING.COM, using the file number assigned to this case 067307-CA. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. FOR SALES INFORMATION: (844) 477-7869 CLEAR RECON CORP 4375 Jutland Drive San Diego, California 92117

STOX 910835
The Downey Patriot
7/19/18, 7/26/18, 8/2/18

T.S. No.: 9462-0976 TSG Order No.: 730-1801825-70 A.P.N.: 6391-022-022/6391-022-023 NOTICE OF TRUSTEE'S SALE PURSUANT TO CIVIL CODE 2923.3(a), THE SUMMARY OF INFORMATION REFERRED TO BELOW IS NOT ATTACHED TO THE RECORDED COPY OF THIS DOCUMENT BUT ONLY TO THE COPIES PROVIDED TO THE TRUSTOR. YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 06/16/2006, UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. Affinia Default Services, LLC, as the duly appointed Trustee, under and pursuant to the power of sale contained in that certain Deed of Trust Recorded 06/28/2006 as Document No.: 06 1424528, of Official Records in the office of the Recorder of Los Angeles County, State of California, executed by: MENDEZ AND ELVIA MENDEZ, HUSBAND AND WIFE AS JOINT TENANTS, as Trustor, WILL SELL AT PUBLIC AUCTION TO THE HIGHEST BIDDER FOR CASH (payable in full at time of sale by cash, a cashier's check drawn by a state or national bank, a check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, savings association, or savings bank specified in section 5102 of the Financial Code and authorized to do business in this state). All right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County and state, and as more fully described in the above referenced Deed of Trust. Sale Date & Time: 08/15/2018 at 11:00 AM Sale Location: By the fountain located at 400 Civic Center Plaza, Pomona, CA 91766 The street address and other common designation, if any, of the real property described above is purported to be: 9576 GALLATIN RD, DOWNEY, CA 90240 The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be made in an "as is" condition, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust, with interest thereon, as provided in said note(s), advances, if any, under the terms of the Deed of Trust, estimated fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust, to-wit: \$964,956.10 (Estimated). Accrued interest and additional advances, if any, will increase the amount of the obligation secured by the property at the time of sale. It is possible that the amount of the obligation secured by the property may be less than the total indebtedness due. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call (800) 758-8052 for information regarding the trustee's sale or visit this Internet Web site: www.homesearch.com, for information regarding the sale of this property, using the file number assigned to this case, T.S.# 9462-0976. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. FOR TRUSTEE SALE INFORMATION PLEASE CALL: AGENCY SALES AND POSTING 714-730-2727 www.servicelinkASAP.com BARRETT DAFFIN FRAPPIER TREDER AND WEISS, LLP as Trustee 20955 Pathfinder Road, Suite 300 Diamond Bar, CA 91765 (866) 795-1852 Dated: 06/29/2018 BARRETT DAFFIN FRAPPIER TREDER AND WEISS, LLP IS ACTING AS A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT. ANY INFORMATION OBTAINED WILL BE USED FOR THAT PURPOSE. A-4663284 07/19/2018, 07/26/2018, 08/02/2018

of the debt referenced herein in a bankruptcy proceeding, this is not an attempt to impose personal liability upon you for payment of that debt. In the event you have received a bankruptcy discharge, any action to enforce the debt will be taken against the property only. NPP0335384 TO: DOWNEY PATRIOT 07/19/2018, 07/26/2018, 08/02/2018

NPP0335384
The Downey Patriot
7/19/18, 7/26/18, 8/2/18

NOTICE OF TRUSTEE'S SALE T.S. No. 17-00948-CI-CA Title No. 170366920-CA-VOI A.P.N. 8020-004-010 ATTENTION RECORDER: THE FOLLOWING REFERENCE TO AN ATTACHED SUMMARY IS APPLICABLE TO THE NOTICE PROVIDED TO THE TRUSTOR ONLY PURSUANT TO CIVIL CODE 2923.3 NOTE: THERE IS A SUMMARY OF THE INFORMATION IN THIS DOCUMENT ATTACHED.

YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 11/09/2006, UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, (cashier's check(s) must be made payable to National Default Servicing Corporation), drawn on a state or national bank, a check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state; will be held by the duly appointed trustee as shown below, of all right, title, and interest conveyed to and now held by the Trustee in the herein after described property under and pursuant to a Deed of Trust described below. The sale will be made in an "as is" condition, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. Trustor: William A. Ramirez, a single man Duly Appointed Trustee: National Default Servicing Corporation

Recorded 11/17/2006 as Instrument No. 06 260007 of Official Records in the Office of Official Records of Los Angeles County, California. Date of Sale: 08/13/2018 at 11:00 AM Place of Sale: By the fountain located at 400 Civic Center Plaza, Pomona, CA 91766 Estimated amount of unpaid balance and other charges: \$260,237.36 Street Address or other common designation of real property: 10863 Little Lake Rd, Downey, CA 90241

The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown above. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. If you are unable to bid on this property for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee, and the successful bidder shall have no further recourse. The requirements of California Civil Code Section 2923.5(b)(2923.55(c)) were fulfilled when the Notice of Default was recorded.

NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call (800) 758-8052 for information regarding the trustee's sale or visit this Internet Web site: www.ndscorp.com/sales, using the file number assigned to this case 17-00948-CI-CA. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale.

Date: 07/09/2018 National Default Servicing Corporation c/o Tiffany and Bosco, P.A., its agent, 1230 Columbia Street, Suite 630 San Diego, CA 92101 Toll Free Phone: 888-264-4010 Sales Line 714-730-2727; Sales Website: www.ndscorp.com Rachael Hamilton, Trustee Sales Representative A-4663435 07/19/2018, 07/26/2018, 08/02/2018

ASAP 4663435
The Downey Patriot
7/19/18, 7/26/18, 8/2/18

NOTICE OF TRUSTEE'S SALE Trustee Sale No.: 137965 Title No.: 1800829886 NOTE: THERE IS A SUMMARY OF THE INFORMATION IN THIS DOCUMENT ATTACHED YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED 10/05/2004, UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. On 08/16/2018 at 9:00 AM, The Mortgage Law Firm, PLC, as duly appointed Trustee under and pursuant to Deed of Trust recorded 10/14/2004, as Instrument No. 04 2633884, in book xx, page xx, of Official Records in the office of the County Recorder of Los Angeles County, State of California, executed by Michael Reese, an Unmarried Man, WILL SELL AT PUBLIC AUCTION TO HIGHEST BIDDER FOR CASH, CASHIER'S CHECK/CASH EQUIVALENT or other form of payment authorized by 2924h(b) (payable at time of sale in lawful money of the United States), Doubletree Hotel Los Angeles-Norwalk, 13111 Sycamore Drive, Norwalk, CA 90650 - Vineyard Ballroom. All right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County and State, described as: FULLY DESCRIBED IN THE ABOVE DEED OF TRUST. APN 6233-034-168 The street address and other common designation, if any, of the real property described above is purported to be: 7306 Quill Drive, Downey, CA 90242 The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust, with interest thereon, as provided in said note(s), advances, if any, under the terms of said Deed of Trust, fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust. The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is: \$168,173.78 If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee, and the successful bidder shall have no further recourse. The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale, and a written Notice of Default and Election to Sell. The undersigned caused a Notice of Default and Election to Sell to be recorded in the county where the real property is located. Dated: 7/12/2018 THE MORTGAGE LAW FIRM, PLC Adriana Durham/Authorized Signature 27455 TERRY A WAY, ST B, TENCOCULA, CA 92590 (619) 465-8200 FOR TRUSTEE'S SALE INFORMATION PLEASE CALL (800) 280-2832 The Mortgage Law Firm, PLC, may be attempting to collect a debt. Any information obtained may be used for that purpose. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call (800) 280-2832 for information regarding the trustee's sale or visit this Internet Web site - www.auction.com - for information regarding the sale of this property, using the file number assigned to this case: 137965. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. A-4663951 07/19/2018, 07/26/2018, 08/02/2018

ASAP 4663951
The Downey Patriot
7/19/18, 7/26/18, 8/2/18

NOTICE OF TRUSTEE'S SALE Trustee Sale No.: 00000007215346 Title Order No.: 170468027 FHA/VA/PMI No.: ATTENTION RECORDER: THE FOLLOWING REFERENCE TO AN ATTACHED SUMMARY APPLIES ONLY TO COPIES PROVIDED TO THE TRUSTOR, NOT TO THIS RECORDED ORIGINAL NOTICE. NOTE: THERE IS A SUMMARY OF THE INFORMATION IN THIS DOCUMENT ATTACHED. YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED 11/13/2006, UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU,

YOU SHOULD CONTACT A LAWYER. BARRETT DAFFIN FRAPPIER TREDER and WEISS, LLP, as duly appointed Trustee under and pursuant to Deed of Trust Recorded on 11/22/2006 as Instrument No. 20062596833 of official records in the office of the County Recorder of LOS ANGELES County, State of CALIFORNIA. EXECUTED BY: JUVENTINO MORENO AND LORENA MORENO, HUSBAND AND WIFE AS JOINT TENANTS, WILL SELL AT PUBLIC AUCTION TO HIGHEST BIDDER FOR CASH, CASHIER'S CHECK/CASH EQUIVALENT or other form of payment authorized by California Civil Code 2924h(b), (payable at time of sale in lawful money of the United States), DATE OF SALE: 08/13/2018 TIME OF SALE: 11:00 AM PLACE OF SALE: BY THE FOUNTAIN LOCATED AT 400 CIVIC CENTER PLAZA, POMONA, CA 91766. STREET ADDRESS and other common designation, if any, of the real property described above is purported to be: 7452 MULLER ST, DOWNEY, CALIFORNIA 90241 APN#: 6249-013-008 The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust, with interest thereon, as provided in said note(s), advances, under the terms of said Deed of Trust, fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust. The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is \$1,527,670.33. The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale, and a written Notice of Default and Election to Sell. The undersigned caused said Notice of Default and Election to Sell to be recorded in the county where the real property is located. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call (800) 758-8052 for information regarding the trustee's sale or visit this Internet Web site www.servicelinkASAP.com for information regarding the sale of this property, using the file number assigned to this case 00000007215346. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. FOR TRUSTEE SALE INFORMATION PLEASE CALL: AGENCY SALES AND POSTING 714-730-2727 www.servicelinkASAP.com BARRETT DAFFIN FRAPPIER TREDER AND WEISS, LLP as Trustee 20955 Pathfinder Road, Suite 300 Diamond Bar, CA 91765 (866) 795-1852 Dated: 06/29/2018 BARRETT DAFFIN FRAPPIER TREDER AND WEISS, LLP IS ACTING AS A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT. ANY INFORMATION OBTAINED WILL BE USED FOR THAT PURPOSE. A-4662701 07/12/2018, 07/19/2018, 07/26/2018

ASAP 4662701
The Downey Patriot
7/12/18, 7/19/18, 7/26/18

Cerritos adopts \$127 million spending plan

► **BUDGET:** Cerritos passes balanced budget, allocating \$13.5 million for infrastructure repairs.

and geographic information systems, was allocated \$6 million for its operations.

ongoing priority of law enforcement and safety services.

“Mamma Mia!” will be presented at the Cerritos Center for the Performing Arts (CCPA) in August by 3-D Theatricals.

Donna has invited her two lifelong best girlfriends – no-nonsense Rosie and wealthy divorcée Tanya – from her one-time backing band, Donna and the Dynamos. But Sophie, determined to find the identity of her father to walk her down the aisle, has secretly invited guests of her own – three men from Donna’s past.

construction of wheelchair ramps; curb address repainting; replacing colored curbs and gutters; tree-root pruning; and miscellaneous concrete improvements as needed throughout Cerritos.

CERRITOS – The Cerritos City Council approved a \$127 million combined financial program for fiscal year 2018-19 on June 28, with a total city funds surplus position of \$1.4 million.

The budget emphasizes public safety; maintenance of trees, facilities and infrastructure; and quality community services and programs. The new fiscal year began July 1, 2018 and concludes on June 30, 2019.

Capital Improvements

Approximately \$13.5 million has been allocated toward capital improvement projects. Among the capital improvement projects are sidewalk, curb and gutter rehabilitation; arterial street slurry seal; traffic signal modifications, rehabilitation of residential streets; and various other projects focused on the health, safety and welfare of residents and the reinvestment in facilities and infrastructure throughout the community.

Legislative and Administrative

Legislative and administrative operating expenses outlined in the budget total \$2.4 million. This reflects the entire amount required to fund the ongoing operations of the City Council, City Manager, City Attorney and City Clerk.

Community Development

The Community Development Department, which includes advance planning, building and safety, current planning

Public Works

About \$19 million has been designated for the Public Works Department, which includes engineering, traffic circulation management, parks maintenance, sewer maintenance, facility maintenance, landscaping, trash collection, recycling and custodial services.

Department of Water and Power

The Department of Water and Power includes the City’s water division and the electric utility. The department’s approximately \$15 million budget will cover items necessary for the operation of the Magnolia Power Plant, Cerritos Electric Utility and water operations, including utility maintenance, power expenses, operational charges and administrative fees.

Community and Safety Services

The Department of Community and Safety Services has been allocated approximately \$26.6 million for community participation, recreation services, law enforcement and code enforcement.

The Community and Safety Services budget includes funds that will allow the City to continue offering quality community programming at the Cerritos Senior Center at Pat Nixon Park, in addition to cultural programming, excursion opportunities, sports and fitness programs and recreation classes.

Approximately \$16.5 million is budgeted for the

Administrative Services

The Department of Administrative Services will receive approximately \$16 million for its operations, which include communications, finance, human resources, management information systems, support services, water billing and the Cerritos Library. The department’s budget includes costs to maintain the City’s water billing system, provide internal support to other departments and continue to provide valuable amenities and services at the Cerritos Library.

Theater Department

The Theater Department will receive \$8 million for the operation of the Cerritos Center for the Performing Arts (CCPA). The Theater Department budget encompasses theater administration; business management; marketing and management of the CCPA performances; operations and security; special event services; and ticket office personnel.

“The city’s overall financial position remains strong with considerable assets and a reserve, as evidenced by a report released earlier this year by Senator John Moorlach, which ranked the City of Cerritos No. 20 out of 482 California cities for financial soundness,” Cerritos officials said in a statement.

MAMMA MIA: The Broadway blockbuster

The feel-good family-friendly show features hits from the iconic band ABBA, including “Dancing Queen”; “Take a Chance on Me”; “Money, Money, Money”; “Lay All Your Love on Me”; “The Winner Takes It All”; “Knowing Me, Knowing You”; “Super Trouper”; and “Thank You for the Music.”

A celebration of mothers and daughters, old friends and new family found, “Mamma Mia!” profiles the life of independent Donna, who owns a small hotel on an idyllic Greek island. Donna is preparing to marry off her spirited daughter, Sophie, whom she has raised alone.

For Sophie’s wedding,

Over the course of 24 chaotic, magical hours, new love blooms and old romances are rekindled on this lush island full of possibilities.

Tickets for “Mamma Mia!” start at \$40. To order tickets, go to cerritoscenter.com and select your own seats, or call the CCPA Ticket Office at (562) 916-8500.

SIDEWALK CONTRACT:

The Cerritos City Council recently awarded an annual contract for sidewalk, curb and gutter repairs to C.J. Concrete Construction, Inc. of Santa Fe Springs.

The contract includes sidewalk, curb and gutter repair and replacement;

SHREDDING: Cerritos is offering a community shredding event from 8 a.m. to noon on Saturday, August 11. The event will be held in the parking lot of the Cerritos Senior Center located at 12340 South Street.

Community members may bring up to two banker-sized (12” wide, 15” long and 9.5” deep) boxes of paper documents to be shredded at no charge. Documents will be shredded on-site at the program. This is a secure way to dispose of paperwork that contains private information.

No business, organization or nonprofit records will be accepted. Only personal paperwork will be shredded.

Help will be provided to those who need assistance unloading boxes.



Downey Lions Club recently held its installation ceremony for incoming officers at Los Amigos Country Club.

Among those in attendance was Mayor Pro Tem Rick Rodriguez, representing the city of Downey.

Photos by Claudia Gomez



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SHARED STORIES: Music Lessons

Many of us who have had music lessons as a child can relate to the musical journey of Vicky Williams. She was open to new experiences and had respect for her instruments, but she had too much energy to sit still for long. *Shared Stories* is a weekly column featuring articles by participants in a writing class at the Norwalk Senior Center. Bonnie Mansell is the instructor for this free class offered through the Cerritos College Adult Education Program. Curated by Carol Kearns

By Vicky Williams

"Book learning" as my mother would say - "readin', 'ritin', and 'rithmetic" - was as important in our home as religion. Extra curriculum activities were also encouraged, so I decided to join the band at school. However, my band days at Swayze Elementary School in Monroe, Louisiana, were short lived.

Mr. Turner, our band instructor, had a corn on his top lip from playing the coronet and trumpet professionally. He was short in stature but long in patience, as patient with us as Job's long suffering in the Bible, faithful to his students, offering words of encouragement, never cracking a frown at our musical discord.

He gingerly corrected us when our notes went sour and complimented us when we played our notes correctly. He was perceptive, passionate, professional, and dedicated to developing good musicianship in his students. He taught my brother Dorsey Williams Jr. how to play the tuba and countless other students to be good, young musicians.

Unfortunately, my patience was not up to par at mastering a musical instrument.

I failed miserably at learning how to play the clarinet. It was an adventure and a risk - the old musty instrument which my school provided smelled like bad breath. I took off

the mouthpiece, used a mouthpiece brush with warm, soapy water to clean it, and rinsed it with cool water.

Mother gave me vinegar in water, 1-part vinegar and 2 parts water, to further sanitize it. I rinsed it again with water, allowed it to air dry, and placed a fresh reed on the old mouthpiece after it dried.

I made the long, sleek, black instrument with silver, shiny keys more attractive after cleaning the bell and joints using a swab on a string and a warm, soft toothbrush to clean the outside of the instrument, avoiding getting water on the keys. I put a dab of Vaseline on my finger tip and rubbed it on the instrument to make it shine and removed the excess with a dry towel.

The smelly, brown, gooey grease used to lubricate the joints and the aged, worn, brown, cracked leather case lined with faded, red velvet reminded me of an old rancid antique. Our band instruments were hand me downs. Everything in our segregated school was used instruments from white schools.

I made it cry and make misery, when I played. When I practiced at home, I drove everybody crazy.

I made third clarinet and performed in one school concert. My instrument squeaked and squealed. I slaughtered my notes that day, pitifully off key. My performance was embarrassing. Mr. Turner kept orchestrating the band as if nothing ever happened, his head proudly held high and his hands never stopped waving instructions.

My playing days evaporated quickly after that day. I was impatient at learning and walked away. I was in the sixth grade and my interest changed. Being in the band was on a voluntary basis.

I loved adventure. Discovering new things inspired intrigue and

fascination.

I also tried learning to play the piano. I took free lessons next door at Mr. and Mrs. Foster's house, our neighbors. My impatience worked against me. Lois, their daughter, was my teacher. She volunteered to teach me. I only got as far as learning to play chop sticks.

I spent a few summer nights with them to escape being sandwiched between Jo and Peggy, my older sisters, in the bed we shared. Spending the night next door was more fun than learning to play the piano.

I had my own bed with big fluffy pillows and stuffed animals, when I slept there. Their house smelled like Old Spice and fresh-lit cigars. The walls were freshly painted and the bathroom was wall-papered. They had an indoor toilet and a bathtub. I loved taking bubble baths in their pink tub. Their wooden floors sparkled and shined. Our house had linoleum floors, no wall paper, and no indoor toilet.

I needed to be free. Playing a musical instrument was not my forte. My love for sports growing up was unquestionably better suited for my energy. I moved on to basketball assuming Champ's role, my sister Peggy, whose team never lost a game.

I remember mother buying me a bladder, a loud orange rubber basketball for Christmas, and I thought I had discovered heaven. I was so happy. I bounced it up and down the street introducing it to the neighbors.

That was the last Christmas I believed in Santa Claus. I was twelve years old, so naïve for so many years. The cookies, teacakes, and milk mother would leave on the table for Santa would always be gone the next morning. I would hurry to sleep on Christmas Eve, so Santa would show up and not put ashes in my eyes. How could he? We had no chimney for him to come down.

What a snow job! Everybody in the family kept that fat secret from me. I was so hurt, when Mother told me the truth I cried a river. However, basketball and I were a great fit. I made the team and my love for basketball has never died.

I started playing in the sixth grade and played for three years. Coach Hughey was a burley, thick woman with a heart of gold and knew how to get the most out of her players. She would nervously pace the sidelines during the games. "Switch," she would shout, "go to a 2-1-2 Zone."

Later she might say, "Man to man, get your hand in someone's face. D them up." In the huddle she would remind us, "Put your foot to



the pedal, now step it up," clapping her hands loudly issuing instructions.

I was the point guard and aggressive at guarding others. My outside shot was suspect. I mostly made lay-ups, but my tenacity was unquestionable. I played with burning passion and an insatiable love for the game.

Do Do, a nickname for Sammy White, Eddie P., my cousin, Lafter Jacobs who I had a crush on, and the boys in my neighborhood who roughed me up on the basketball court at the community recreational

center were my mentors along with Coach Hughey. Their roughness fed my fire, my tenacity.

We only lost one game the three years I played. My ear for listening to music as a child, without a doubt, was much better than my playing a musical instrument.

No more misery squeaking out of an instrument for me. I was better at being a champion playing basketball with my tennis shoes squeaking up and down the court to victory.

Leona Hanson was former president of Rio Hondo Golf Club

DOWNEY - Leona Fern Hanson passed away July 2 at the age of 90.

She was born June 10, 1928 in Beach, North Dakota, daughter of Ralph and Magdalena Samules.

An avid golfer, she was elected president of the Woman's Rio Hondo Golf Club in 1981-1982.

She was preceded in death by her husband, Duane A. Hanson, and daughters, Terri and Chery.

She is survived by her son, Dennis D. Hanson.

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Very nice 3 bedrooms, 2 bathrooms. Garage has been converted to a living area. Newer windows, newer wood floor (partial), and granite counters. Excellent location. Call Today!!!

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Nice 4 bedroom, 2 bathroom home. This spacious home is great for entertaining with a large front and backyard. Cute home on a quiet street near shopping and schools. Call Today!!!

Opportunity Knocks!
Make this your new home! 3 spacious bedrooms, 2 bathrooms, a separate dining room, and plenty of private outdoor spaces make this the perfect place for you and our family. Call Today!!!

Investment Opportunity!
Great opportunity. Front unit has one level, 2 bedrooms, 1 bathroom with a bonus room, inside laundry, central AC, 1 car garage, plus additional parking space. Rear unit is a two story, 3 bedroom, 1.5 bathroom, inside laundry, central AC, and a 2 car garage. Good condition. Call Today!!!

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DRE #00542721

Mario Persico
REALTOR®
"Mario DID IT Again!"
562-533-7433
Mario@MarioPersico.com
DRE #01341121

SOLD IN 2 DAYS!
Downey Splish! Splash!
3 BD | 2 BA | 1,907 sq. ft. | 7,457 sq. ft.
Family room that overlooks pool.
Carrie can sell yours too!

19,000+ LOT!
10065 Sideview Drive, Downey
Entertainer's delight! Open floorplan w/ doors to outside recreation area! Sprawling one level home w/ new gourmet appliances in huge kitchen! Free form pool w/ waterfall, and guest quarters! Call us for a private showing!
www.MariePicarelli.com

SOLD!
Great Downey Condo!
2 BD | 2 BA | 1,284 sq. ft. living space
Frank is never too busy for your referrals!
562-889-1870

This Summer... Relax...
and leave the selling to me!
Call Vicki, she'll do the rest!
562-367-9520

JUST LISTED!
7945 Quill Street, Downey
3 bedrooms, 2 bathrooms. Over 2,000 sq. ft. on large lot with tons of extras!
Call Mario today! 562-533-7433.

SPECIAL CHARM!
Look No Further!
3 BD, 1.75 BA w/ open concept living & dining room, family room w/ fireplace + bonus room. Priced at \$659,900.

REDUCED PRICE!
Nice Whittier Home!
3 bedrooms, 2 bathrooms, with 1,370 sq. ft. of living space.
Call Frank for more info! 562-889-1870.

REMOVED!
Nice Whittier Home!
3 bedrooms, 2 bathrooms, with 1,370 sq. ft. of living space.
Call Frank for more info! 562-889-1870.

Pam Lee
REALTOR®
562-537-1134
PamLeeRealtor@gmail.com
DRE #01750256

100° Mario DID IT Again!
The Market is HOT | HOT | HOT!
1° SOLD!!!
9556 Farm St., Downey
I represented the Seller & Buyer
2° SOLD!!!
12212 Caladre Ave., Downey
3° SOLD!!!
7515 Otto St., Downey
4° SOLD!!!
9610 Karmont Ave., South Gate
5° SOLD!!!
7826 Harper Ave., Downey
I represented the Seller & Buyer

BEST BUY IN TOWN!
Entertainer's Delight!
Remodeled 6 BD, 4 BA North Downey home with 3,570 sq. ft. of living space on a 7,273 sq. ft. lot. \$949,900.

SOLD!
SOLD in DOWNEY!
Old style charm w/ modern amenities! 4 BD, 2 BA home with beautiful rear yard! 2,000+ sq. ft. Another happy Seller!

Jimmy Spathos
REALTOR®
"Jimmy the Greek"
562-400-2148
JimSpathos@aol.com
DRE #01296368

IN ESCROW!
Great Potential!
Norwalk home features 3 BD, 2 BA. 1,306 sq. ft. living space on a large 8,310 sq. ft. lot. Probate Sale.
Call Pam for more information!
562-537-1134.
PamLeeRealtor@gmail.com

Mario Persico's Recent Activity Is Getting HOT!
CALL MARIO TODAY 562-533-7433

SOLD!
Northeast Downey Home!
4 bedrooms, 3 bathrooms, 16,673 sq. ft. lot. RV parking & pool.
Carrie can sell yours too!

SOLD!
SOLD in SEAL BEACH!
4 bedroom home with pool!
Let us help you find your new home too! 562-618-0033.

CALL NOW!
So Much For So Little!
Large home in Long Beach! Needs work. Features 4 BD, 2 BA. 2,400 sq. ft. living space on a 6,250 sq. ft. corner lot.
Call Jimmy for price & details!
JimSpathos@aol.com

CARRIE UVA
"Providing Service To Downey Residents For 25 Years"
"Lifetime Downey Resident Selling Downey Homes"

ANGIE'S LIST
MARIE PICARELLI
Check Out our **72 REVIEWS** on Zillow!
www.zillow.com/profile/mariepicarelli/#reviews

So Much For So Little!
Large home in Long Beach! Needs work. Features 4 BD, 2 BA. 2,400 sq. ft. living space on a 6,250 sq. ft. corner lot.
Call Jimmy for price & details!
JimSpathos@aol.com

Great Potential!
Norwalk home features 3 BD, 2 BA. 1,306 sq. ft. living space on a large 8,310 sq. ft. lot. Probate Sale.
Call Pam for more information!
562-537-1134.
PamLeeRealtor@gmail.com

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SELLS IN DOWNEY
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DRE #01234589

DOWNEY'S #1 AGENT FROM 2002 TO TODAY

POOL HOME!
JUST LISTED!
Get Your Pool Home Before Summer Ends
Remodeled 5 BD, 3 BA home with 3,009 sq ft, newer kitchen and bathrooms, master bedroom, 2 family rooms, & entertainer's backyard with pool, spa, BBQ & fire pit.
LIST PRICE \$975,000

OPEN HOUSE FRI & SAT
JUST LISTED!
Move Right In!
Updated 3 BD, 2 BA home with large living room & master BD, formal dining area, remodeled kitchen & baths, 1,466 sq ft, 2 car garage & good-size yard.
LIST PRICE \$549,950

Big Family? No Problem!
6 BD, 5 BA, 4,034 sq. ft. home built in 2006. Features master suite, large bedrooms with its own bathroom, beautiful kitchen, dining room, and much more.
LIST PRICE \$995,000

OPEN HOUSE SAT & SUN
Quality & Elegance!
4 BD, 3 BA, 2,183 sq ft living space, 2 car garage. Living room with fireplace and hardwood floors, remodeled kitchen, large family room & master BD.
LIST PRICE \$899,950

BONUS ROOM
JUST LISTED!
Downey Pool Home!
4 BD, 3 BA, living room with fireplace & hardwood floors. Spacious kitchen, dining area & a family room. Master suite w/ fireplace & private BA. 2 car garage, pool & bonus room.
LIST PRICE \$649,950

OPEN HOUSE SUN
JUST LISTED!
A Rare Find!
3 BD, 3 BA home in great Yankey Circle neighborhood. Home is 2,624 sq ft and situated on a 9,400 sq ft lot. Great floorplan with lots of potential!
LIST PRICE \$835,000

North Downey Condo
2 BD, 2.5 BA, over 1,400 sq. ft. living space, living room with fireplace, recently remodeled bathrooms, subterranean parking, association pool and spa.
REDUCED TO \$415,000

Tuscan Villa in Downey
4 BD, 5 BA, 3,127 sq ft, large family room, spacious master BD with balcony overlooking pool, downstairs office, each bedroom has its own bathroom.
LIST PRICE \$849,950