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## Medicare will be insolvent by 2026, report says

► Social Security also in trouble as costs are expected to exceed income by 2034.

Analysts blame President Trump's tax cuts for expediting the gap in funding.

**WASHINGTON, D.C.** — The main trust fund behind Medicare, the U.S. health-care program for the elderly and disabled, will be exhausted in 2026, three years earlier than was projected a year ago, the government said Tuesday.

Medicare's Board of Trustees blamed the earlier depletion forecast on expectations of lower payroll taxes and less revenue from taxing Social Security benefits, both the result of the tax overhaul signed by President Donald Trump last year, according to a senior administration official. Medicare is also expected to spend more than projected last year, the report said.

"As in past years, the Trustees have determined that the fund is not adequately financed over the next 10 years," the report said.

Each year, the trustees project the long-term finances of Medicare, which covers about 58 million Americans. Medicare spent \$710 billion in 2017, according to the report, making it the single biggest purchaser of health services in the U.S. The trustees include Treasury Secretary Steven Mnuchin and Health and Human Services Secretary Alex Azar.

The long-term solvency is also affected by lawmakers' repeal in February of a controversial Obamacare effort to cut spending known as the Independent Payment Advisory Board, according to the official.

Medicare's trust fund pays for hospital visits, nursing care and related services under what's known as Part A of the program, which was created in 1965. Medicare Part B, which covers outpatient visits, and Part D, which pays for most prescription drugs, are paid for in part by general revenue and by individuals' premiums. That means those programs don't face a risk of funds running out.

### Social Security

The trustees also annually weigh in on the solvency of Social Security, whose total cost is projected to exceed total income this year for the first time since 1982.

The program's reserves are expected to be depleted in 2034, according to the trustees report, the same projection as last year.

The program's cost will rise more rapidly through 2039 as the baby-boom generation retires faster than the number of covered workers increases, according to the report.

Both Medicare and Social Security are paid for by wage earners out of their Social Security payroll taxes. What the insolvency dates mean is that payroll taxes will be the only source of benefit payments once the trust fund reserves are gone.

In the case of Social Security, payroll taxes in 2034 will be able to pay an estimated 77 percent of projected benefits. For Part A of Medicare, which covers hospital and nursing home expenses, payroll taxes in 2029 will pay an estimated 88 percent of the program's projected expenses.

The Social Security report also projected that the program's 2018 cost of living adjustment, or COLA, would be 2.2 percent, the largest in several years.



Photo by William Odis Martin

## Welcome to King Cobra

By William Odis Martin  
Contributor

**DOWNEY** — When Isaias Nambo opened the doors to King Cobra three years ago, he envisioned bringing his love of mixed martial arts to Downey and its surrounding communities by creating a gym that promotes competitive, full-contact training for all skill levels and ages.

Nambo has been a Muay Thai practitioner for 16 years now. If he could turn back the hands of time, he says he would have started sooner, so he welcomes kids as young as six to come and bask in the beauty of the art of eight limbs and train with the best.

"Before Muay Thai, I wasn't a good person -- well I was good-hearted but made a lot of bad choices in life," explained Nambo. "Muay Thai helped me stay busy, stay focused, and stay away from the bad choices and people I was hanging around before. It introduced me to a more positive crowd and humbled me."

Most parents sign their children up to gain the experience and discipline of martial arts, but it is also a great form of decompression and exercise. It is a more natural release of excess energy due to hyperactivity, compared to resorting to pharmaceuticals.

Nambo admits the sport isn't for everybody, but welcomes all to come and give it a shot. He offers anyone in the community over the age of six one free workout at King Cobra, without any commitments or having to purchase anything.

Nambo's love and passion for the sport is contagious, and the championship hardware is piling up quickly as a result of the the hard work the coaches and young fighters are putting in.

Nambo credits the grueling sparring sessions for their continued success.

Their mantra -- "Train Hard, Fight Easy" -- is paying off.

One of King Cobra's top prospects, a 16-year-old, undefeated champion by the name of Jonathan O'Neil, recently brought home the IFS Junior Super Lightweight Championship belt at 137 lbs.

"When first I got here, I was kind of scared to fight. I still try to avoid fights (on the street), but now I am not afraid of anyone," said O'Neil. "I have the confidence that if I ever have to protect myself, I will be able to. It's a great feeling to know that."

O'Neil's dream of continuing on to fight professionally for Glory kickboxing is rapidly becoming a real possibility as his amateur career continues to flourish.

He has only trained in MMA for two years but has fallen in love with the sport, much like Nambo many years before, and has already earned a sponsor in Prodigy Plumbing in Long Beach.

O'Neil hopes to continue his journey in MMA and eventually become a trainer so he could pass on the love of the sport.

Nambo brought on Jorge Rodrigo Azevedo to teach his authentic and aggressive style of Brazilian Jiu-Jitsu all the way from Rio de Janeiro to the giant green mat at King Cobra. Azevedo is a second degree black belt, representing Grappling Fight Team, one of the most decorated BJJ academies in the world.

King Cobra is located at 12145 Paramount Blvd. in Downey. Phone: (562) 805-4705

### CONCERTS IN THE PARK



Downey's concerts in the park begin Wednesday with a performance by Atlantic Crossing starting at 6 p.m. at Furman Park.

Atlantic Crossing is comprised of top touring musicians with Rg Stewart as lead singer, this band is touted as the quintessential tribute to Rod Stewart.

Rod Stewart's catalog includes five decades of hits. This band is sure to liven up any audience.

### Downey restaurant grades

**Florida Restaurant**  
10025 Lakewood Blvd.  
Date Inspected: 6/12/18  
Grade: **A**

**Lee's Maui Hawaiian BBQ**  
9230 Lakewood Blvd.  
Date Inspected: 6/8/18  
Grade: **A**

**Poached Kitchen**  
9510 Lakewood Blvd.  
Date Inspected: 6/8/18  
Grade: **A**

**Mediterranean Delight**  
127 Stonewood St.  
Date Inspected: 6/8/18  
Grade: **A**

**Downey Super Market**  
13240 Woodruff Ave.  
Date Inspected: 6/7/18  
Grade: **A**

**Flame Broiler**  
9206 Lakewood Blvd.  
Date Inspected: 6/7/18  
Grade: **A**

**Green Olive**  
9234 Lakewood Blvd.  
Date Inspected: 6/7/18  
Grade: **A**

**Hometown Buffet**  
8432 Firestone Blvd.  
Date Inspected: 6/7/18  
Grade: **A**

**Maria's Grill**  
13232 1/2 Woodruff Ave.  
Date Inspected: 6/7/18  
Grade: **A**

**Starfish Sushi**  
8244 Firestone Blvd.  
Date Inspected: 6/7/18  
Grade: **A**

**Chili's**  
12030 Lakewood Blvd.  
Date Inspected: 6/6/18  
Grade: **A**

**Royal Food Express**  
9125 Imperial Hwy.  
Date Inspected: 6/6/18  
Grade: **A**

**Tacos Estilos Guadalajara**  
13121 Lakewood Blvd.  
Date Inspected: 6/6/18  
Grade: **A**

**Chris & Pitts**  
9243 Lakewood Blvd.  
Date Inspected: 6/6/18  
Grade: **A**

**Poke 2 Grill**  
9523 Lakewood Blvd.  
Date Inspected: 6/6/18  
Grade: **A**

**Kelley's Tavern**  
8148 Firestone Blvd.  
Date Inspected: 6/6/18  
Grade: **A**

**The Habit**  
8619 Firestone Blvd.  
Date Inspected: 6/5/18  
Grade: **A**

**Chick-fil-A**  
8613 Firestone Blvd.  
Date Inspected: 6/5/18  
Grade: **A**

**Ichiban**  
11020 New St.  
Date Inspected: 6/5/18  
Grade: **B**

**Veracruz**  
9085 Imperial Hwy  
Date Inspected: 6/5/18  
Grade: **A**

**Vallarta**  
7900 Imperial Hwy  
Date Inspected: 6/5/18  
Grade: **A**

### Weekend at a Glance

Friday 78°

Saturday 68°

Sunday 70°

### THINGS TO DO



#### Chili at the Beach

Saturday - Downtown Huntington Beach, 11 am

Chili and salsa competitions, two stages of rotating bands, street fair, kids zone, and carnival games. Free admission but fee to taste salsa/chili.



#### OC Beerfest

Saturday - OC Great Park in Irvine, 1-4 pm

Unlimited samples of over 100 craft beers, live bands, DJs, inflatable obstacle course, giant games, and food trucks. \$37



#### Donut Fest

Saturday - Union Station, 9 am to 4 pm

An exploration of donuts in all their forms, from plain to glaze. 12 donut vendors, coffee stations, craft beer, and a live donut-frying demonstration.



#### Grunion Run

Friday - Cabrillo Marine Aquarium, 8 pm to midnight

Watch as grunion silver fish come to shore for spawning. Flashlight recommended. \$5 adults, \$1 seniors, students and children.



#### Newsies

All Weekend - La Mirada Theatre for the Performing Arts

Disney's smash hit musical won the 2012 Tony Awards for Best Score and Best Choreography. Tickets start at \$14.

### TWEET OF THE WEEK

@CHP\_SFS: A 24-year old resident of Bell, riding a stolen motorcycle, was apprehended on Little Lake Rd in Downey after leading officers on a high speed pursuit. Thank you to @downeypolice and #lasd Air 21 for the assist!

Follow us! @DowneyPatriot



# Anthony Bourdain, author and chef, dies at 61

**LOS ANGELES** — American TV celebrity and food writer Anthony Bourdain was found dead in his hotel room last Friday in France while working on his CNN series on culinary traditions around the world. He was 61.

CNN confirmed the death, saying in a statement that Bourdain was found unresponsive Friday morning by friend and chef Eric Ripert in the French city of Strasbourg. It called his death a suicide.

Bourdain achieved celebrity status after the publication in 2000 of his best-selling book "Kitchen Confidential: Adventures in the Culinary Underbelly." The book created a sensation by combining frank details of his life and career with behind-the-scenes observations on the culinary industry. It



was a rare crossover — a book intended for professional cooks that had enormous mass appeal.

Bourdain went on to achieve widespread fame thanks to his CNN series "Parts Unknown" — and was filming an upcoming segment for the program when he was found dead, according to CNN.

"His love of great adventure, new friends, fine food and drink and the remarkable stories of the world made him a unique storyteller. His talents never ceased to amaze us and we will miss him very much," CNN said.

Strasbourg police, emergency services and regional authorities did not immediately have information about the death and Bourdain's assistant Laurie Woolever would not comment.

Chefs, fans and U.S. President Donald Trump were among those stunned and saddened by the news. "I want to extend to his family my heartfelt condolences," Trump said.

Bourdain was twice divorced and has a daughter from his second marriage.

Bourdain's death drew new attention to celebrity suicides. It came three days after fashion designer Kate Spade died of apparent suicide in her Park Avenue apartment in New York. Spade's husband and business partner said the 55-year-old business mogul had suffered from depression and anxiety for many years.

Bourdain's "Parts Unknown" seemed like an odd choice for CNN when it started in 2013 — part travelogue, part history lesson, part love letter to exotic foods. Each trip was an adventure. There had been nothing quite like it on the staid news network, and it became an immediate hit.

He mixed a coarseness and whimsical sense of adventurousness, true to the rock 'n' roll music he loved.

"We are constantly asking ourselves, first and foremost, what is the most (messed) up thing we can do next week?" he said in a 2014 interview with The Associated Press.

Besides showcasing food, a "Parts Unknown" trip to Japan in the series' first season included an odd show with robots and scantily clad women, a visit with a death metal band and a meal shared with a woman involved in the city's sadomachistic community.

In 2017, he sat down for some bun cha in Hanoi, Vietnam, with

President Barack Obama.

Bourdain was reluctant to analyze why his series succeeded.

"If you think about who the audience is and what their expectations might be, I think that's the road to badness and mediocrity," he told the AP. "You go out there and show the best story you can as best you can. If it's interesting to you, hopefully it's interesting to others. If you don't make television like that, it's pandering."

The American chef, author and television personality was born in New York City and was raised in Leonia, New Jersey. He had written that his love of food began as a youth while on a family vacation in France, when he ate his first oyster.

Bourdain also mentioned his youth was punctuated by drug use and he dropped out of Vassar College after two years.

Working in restaurants led him to the Culinary Institute of America, where he graduated in 1978, and began working in kitchens in New York City. He became executive chef at Brasserie Les Halles in 1998.

In the preface to the latest edition "Kitchen Confidential," Bourdain wrote of his shock at the success of his book, which he wrote by getting up at 5 a.m. in the morning to steal a couple of hours at the computer before appearing at the saute station for lunch.

He said he never intended to write an expose or to "rip the lid off the restaurant business." He said he liked the restaurant business the way it was.

"What I set out to do was write a book that my fellow cooks would find entertaining and true," he said. "I wanted it to sound like me talking at say ... ten o'clock on a Saturday night, after a busy dinner rush, me and a few cooks hanging around in the kitchen, knocking back a few beers and talking."

Bourdain said he really had no idea that anyone outside the world of chefs would even pay attention to his comments.

"The new celebrity chef culture is a remarkable and admittedly annoying phenomenon. While it's been nothing but good for business — and for me personally — many of us in the life can't help snickering about it," he wrote. "Of all the professions, after all, few people are less suited to be suddenly thrown into the public eye than chefs."

## In Memory of Bonnie Jean (Strong) Addington

April 17, 1929 - May 22, 2018



The life of Bonnie Jean Addington ended May 22, 2018 in Live Oak, Calif. where she resided in the River Valley Care Center. She was 89 years old.

Bonnie was born on April 17, 1929 in Chadron, Nebraska to Dan and Edith Strong. The family moved to California and settled in the town of Downey in 1939. Bonnie

attended Downey schools from 4th grade to graduation from Downey High school in 1947. In 1948 she and Ed Addington were married in Downey and soon thereafter they moved to northern Calif.

The couple ultimately made Yuba City, Calif. their home, where they raised 5 children; 2 sons and 3 daughters. Their marriage ended after 21 years Ed passed away in 2010. Bonnie worked for 25 years in the Sutter County Welfare Office in Yuba City, Calif. and retired from that office.

Bonnie enjoyed her life as a mom, grandmother, and great-grandmother and especially loved watching the children participate in sports activities. She is pre-deceased by her mother, father, eldest son, Jeff, and ex-husband Ed, and is survived by son Tim, daughters Kathy, Kristine, Beckie, and grand children and great grandchildren.

Memorial Services for Bonnie were held in the First Methodist Church of Yuba City on June 14, 2018. Cards, letters, flowers may be sent to Bonnie's daughter, Beckie Howard at 4285 Fruitland Rd., Marysville, CA 95901. Donations, in lieu of flowers, may be sent to the charity of your choice.

# Neal Boyd, opera singer who won 'America's Got Talent'

**LOS ANGELES** — Neal Boyd, an opera singer who won NBC's "America's Got Talent" and dabbled in Missouri politics, has died.

Scott County Coroner Scott Amick says Boyd died around 6 p.m. Sunday at his mother's house in Sikeston. He was 42.

Amick says Boyd had a number of medical problems, including heart failure, kidney failure and liver problems. He was seriously injured in a car crash in 2017.



Boyd won the network TV show and its \$1 million prize in 2008. He released the album "My American Dream" in 2009, and performed at the 2012 Republican National Convention in Tampa, Florida.

Boyd also ran unsuccessfully as a Republican for a southeast Missouri House of Representatives seat, losing in the general election in 2012 and in the primary in 2014.

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# Mayor's Corner: Happy Father's Day to Downey dads

Hello Downey,

As the year reaches its midpoint, I would like to thank you all for being an amazing community. I hope you are all having a great summer and I wish that the rest of 2018 is a prosperous year.

I would also like to give you an update on the many achievements our city has made which would not have been possible without your interest and support in our civic affairs.

We are six months into a three-year capital improvement plan which will include \$50 million of improvements to our city lighting, sidewalk repairs, new traffic signal communication systems and repaving of city and residential streets. The plan is set to impact our entire city and improve traffic safety and ease of travel.

We have also allocated \$30,500 from the general fund for the purchase of handheld citation issuance devices for citywide parking enforcement. These devices have server features that will streamline the processing of citations and help reduce errors in parking enforcement situations.

The City of Downey has also joined the 'Taking Back Our Community Coalition'; a group of over 40 cities dedicated to improving public safety across California through public education and community advocacy. The Coalition plans to bring awareness to the unintended adverse public safety impacts of recent changes to California's criminal laws and work together to keep our communities safe.

I'd like to also take a moment to thank the citizens of Downey and the Downey Police Department for their commitment to neighborly values and keeping each other and our community safe, as we have continued to see a rise in our Neighborhood Watch Program, 216 neighborhoods are participating in the program currently, with more on the way. A good neighbor is one of the most effective crime prevention tools, and working with our local police we can continue to reduce instances of burglary and other crimes.

The City has continued to make progress on the Americans with Disabilities Act (ADA) Self-Evaluation and Transition Plan, including appointing a City ADA Coordinator to better address city-related ADA matters. Our City website also now includes a page describing the Transitional Plan and has information about the City's grievance policy and procedures, as well as ADA grievance forms in multiple languages.

Funds received through Measure S have enabled a significant increase in Public Safety staffing. The City has added positions for 10 new sworn police officers, a fire training captain, an ambulance coordinator, and six new ambulance operator positions which have already been filled. This is in addition to a \$3.25 million upgrade to public safety dispatch systems, of which \$1.25 million has already been committed with an expected expenditure of \$2 million in the upcoming fiscal year.

This year the Parks & Recreation Department had its first Summer Expo showcasing the variety of youth summer programs we have available! Parents had the opportunity to browse and register their children for day camps, aquatic courses, summer sports leagues and more. If you were not able to attend our Summer Expo but are still interested in signing your children up for summer activities please visit the Parks & Recreation page on our website to view our 2018 Summer Guide to see the classes and activities we have planned.

Also in our city parks: to enhance the looks and safety of our parks, new lighting fixtures have been added to the walking trails at Apollo Park and Furman Park. Dual ribbon-cutting ceremonies in April were held at the parks to commemorate this project.

Speaking of ribbon cuttings, we are proud to say we have had 10 ribbon cuttings for new businesses in the City of Downey this year alone, one being the former World of Decor/Pace/Gemco property at the marquee intersection of the Interstate 5 and 605 freeways. This property is near to my heart, as it is where I met my wife as an employee of Pace, 26 years ago. So seeing this building coming back to life and prospering again is especially meaningful to me not only as a city official but as a Downey resident.

Already much has been accomplished this year as we work to fulfill our promise to continue addressing and improving our City's quality of life to our residents. We will continue to support a variety of parks projects, infrastructure projects, and the expansion of our public safety initiatives as we move into the future.

Finally, I would like to wish all of the dads a very happy Father's Day. May your day be filled with family, friends, and great BBQ!

**Sean Ashton**  
Mayor

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Instagram: realseanashton  
Facebook: [facebook.com/electsean4downey](https://www.facebook.com/electsean4downey)

# Could Team USA's next Olympic star hail from Downey?

► Open auditions were held last week at 24 Hour Fitness, where athletes competed for a spot on a Team USA Olympic team.

**By Alex Dominguez**  
Staff Writer

**DOWNEY** – Athletes from around the region and country gathered at 24 Hour Fitness, each with their eyes set on becoming Team USA's next Olympic hopeful.

On June 2, the 24-Hour Fitness location in Downey, located at the Downey Promenade, saw athletes of varying ages, backgrounds, sizes, and focuses attempt to pull, jump, and run their way into the United States Olympic Training Center in Colorado Springs, Colorado.

The weekend's tryout was the first phase in a three-step process for an upcoming two-part broadcast called Scouting Camp: The Next Olympic Hopeful which will air on NBC and NBCSN in November.

Participants were put through their paces in three physical tasks: pull-ups, vertical jumps, and 30m sprints. Similar tryouts to the one in Downey took place around the country in Dallas and Houston, Texas, Denver, Colorado, Pearl City, Hawaii, Orlando and Miami Florida, Seattle Washington, and San Diego and San Francisco Bay Area, California.

The pool of competitors ranged from lifelong aspiring Olympians, to hopeful celebrities, to those just looking to test themselves.

Erick Kendle II, General Manager of 24 Hour Fitness Downey, described it as a "mixed batch."

"We have a good portion really trying to make it to the Olympics, and we also have another portion that is looking to test themselves in a competitive environment."

One of the people helping with the tryouts was 24-year-old Stephanie Grant of Bellflower, who participated in the tryouts last year and is now an Olympic hopeful.

Grant described what awaits those who are chosen to move on.

"From here if they do make it to the next round, they're going to be going up against some of the greatest athletes that we have in the U.S. from different sports," said Grant.

Out of all the tryout participants nationwide, around 100 athletes – 50 men and 50 women – will be selected to move on.

While a good showing at the tryout may help each athlete stand out above the rest, those who move on will need to be versatile overall. More than just having good numbers on a stat sheet, Grant says that those who are selected will need to be adaptable to succeed.

"A lot of these athletes are going to be potentially transfer athletes," said Grant. "In Colorado, they'll find out what sport they'll be placed in

by the coaches after reviewing their marks and what their standards are...we just want to see how hard you can push yourself, and how you can adapt to a new sport...they don't want to take an athlete that is amazing in their own sport, but to transfer over doesn't adapt well."

Grant was a track runner before being sent to the Olympic Training Center. Now she finds herself in Skeleton and Rugby.

Amongst the crowd of hopefuls was Phoenix Alazam, a 29-year-old from Chicago, Illinois.

"It's always been my dream to be in the Olympics," said Alazam. "When I found out about this opportunity, I had to jump on it."

Alazam participated in a tryout that was held in Tennessee recently, and decided to try and improve her standing and "get better."

Her aspirations to be an Olympian started around the age of 8.

"I just wanted to be an icon...I wanted to be a legend like Michael Jackson," said Alazam. "He influenced me, he influenced so



Photo by Alex Dominguez

many other people. That's kind of what I want to do as well, and what better way to do it than to represent the United States of America on the U.S. Olympic team."

Alazam says she's been a runner her entire life, however she says she's open for anything.

Alazam says that being amongst the other talented and athletic individuals at the tryout could be perceived as intimidating, however a team mentality takes over.

"If you look at it, sports are very team-orientated; if you want to go far, you have to go together," said Alazam. "To be a part of the U.S. Olympic team, you have to be a team player. I don't get intimidated by other people. I just let myself and those insecurities get put on the back shelf so I can go out and perform, and I build off of other people's energy and it actually gives me more fuel."

KEEP DOWNEY BEAUTIFUL · DEPARTMENT OF PUBLIC WORKS

## Neighborhood BEAUTIFICATION AWARDS

**APRIL 21 - JUNE 21**

**GOAL OF THE AWARDS**  
The Neighborhood Beautification Awards Program will recognize and reward City of Downey residents, property owners, and non-residential property whose individual properties reflect their community pride and have an aesthetically pleasing appearance. All winning nominees will receive a certificate of recognition and a sign will be placed in their yard with consent to signify the award. Winners will be notified in July.

*Nominates Someone Today!*

**MINIMUM REQUIREMENTS**

- One form per nominee must be received by June 21 deadline date.
- Anyone can nominate a property that is within Downey City limits.
- The properties will be judged by a subcommittee of the Keep Downey Beautiful Committee.
- All applicants must submit a current colored photograph of the nominated property to qualify.
- The properties will be judged based on their curb appearance, taste, fitness, quality, harmony and conformance to code.
- Properties in violation of building, municipal and/or zoning codes will be disqualified.
- Property that has been part of a City project is not eligible for this competition.

**NOMINATION FORM**

**CATEGORY:**

- Attractive Residential Property:** This category focuses on a single-family home.
- Attractive Multi-family Property:** This category focuses on mobile homes, apartment complexes, and duplexes etc.
- Attractive Non-residential Property:** This category focuses on non-residential properties including (restaurants, medical offices, commercial businesses, and shopping centers).

**ADDRESS OF NOMINATED LOCATION:**

Have the property owners/residents improved upon and maintained their front yard recently?  
A current color photograph must be attached to qualify. A before picture would be appreciated.

Properties in violation of building, municipal and/or zoning codes will be disqualified.

Please provide your contact information:

Name: \_\_\_\_\_  
Address: \_\_\_\_\_  
Phone/cell number: \_\_\_\_\_

**Nomination forms due by June 21st and can be returned by mail or in person to the City of Downey – Neighborhood Beautification Awards 11111 Brookshire, Downey, CA 90241**

For additional information please call (562) 904-7103

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## Downey Unified honors its longtime staff members

**DOWNEY** – At the Downey Personnel Commission meeting on May 23, recognition was given to eight retirees and 131 classified (non-teaching support staff) employees, honoring them for their years of service to the Downey Unified School District.

Personnel Commissioners John Kennedy and Angie Rademaker; Board of Education members Tod Corrin, Donald LaPlante, D. Mark Morris, Bobbie Samperi, and Nancy Swenson; and Superintendent Dr. John Garcia.

In attendance to congratulate each of the recipients and thank them for their service were

Employees were honored in five-year increments from five years to 35 years of service. Forty employees were recognized at the

five-years of service increment, 25 at 10 years of service, 25 at 15 years of service, 21 at 20 years of service, 11 at 25 years of service, four at 30 years of service and five at 35 years of service

Included in the recipients who received recognition for years of service was Board of Education Clerk Donald LaPlante and member D. Mark Morris who were recognized for 35 years of service to the Downey Unified School District.

Those recognized for their 35 years of service, joining two of the Downey Unified Board of Education members with the highest increment recognized this year, include Beatrice Jojola, Pamela Martinez and Sharon Newberg.

The eight classified employees who will be moving on to retirement are Constance Caddell (seven years of service), Beverly Fox (20 years of service), Lupe Gutierrez (27 years of service), Allan Harrod (19 years of service), Craig Lackey (28 years of service), Berry Jean Lukas (33 years of service), Patricia Strang (15 years of service) and Donna Villalobos (nine years of service).

In all, the employees recognized represented over 1,973 total years of service to Downey Unified students.

## After a surprise cancer diagnosis, Downey teacher turns focus to helping others

By Alex Dominguez  
Staff Writer

**DOWNEY** – Tabitha Paccione was physically active. She was eating healthy. She had never smoked a day in her life.

So when the 37-year-old teacher at Ward Elementary School went to see her doctor over a pesky cough, the last words she expected to hear were “lung cancer.”

“I went to the doctor numerous times, and at first they thought it was Bronchitis. I was given medication,” said Paccione. “When that didn’t work, I went back and I thought it was an acid reflux, so they gave me steroids; it still didn’t go away.”

It wasn’t until Paccione developed a nodule in her throat that forced doctors to order several tests. That’s when they found a tumor in Paccione’s lung.

“My family and I had kind of come to terms with it being thyroid cancer, because it was in my thyroid,” said Paccione. “When they came back and told me I had a lung tumor...I was sitting there and I’m thinking, ‘I never smoked in my life.’ You think of the stigma of lung cancer and you’re thinking an older person who has smoked for years.”

By the time the tumor was found, Paccione’s cancer was stage four and had metastasized to “pretty much everywhere,” including her brain, liver, bones, and lymph nodes.

With the support of her husband Anthony, son Dylan, and daughter Brooklyn, Paccione sought medical care at City of Hope, where she is still currently being treated two years after her diagnosis.

Through her fight, Paccione has been fortunate to avoid one of the harsher elements of cancer



The Paccione family.

treatment: chemotherapy infusion.

“I was really lucky to be in a rare group of people that have a special type of cancer,” said Paccione. “I have a cancer where I’m ALK positive, which means I can take a targeted therapy pill. I actually get to take a chemo pill every day...”

Recently, Paccione has decided to put her life back into her own hands.

“I’m not just going to exist anymore; I don’t want to just survive,” said Paccione. “I want to fight for other people.”

“I’m part of this new community because it’s a club nobody wants to belong to. I’ve met a lot of amazing people and I’ve lost a couple of friends, so I decided I’m not just going to sit around anymore. If I’m going to be around and I’m going to be here then I’m going to fight for people.”

Paccione and her family decided to start hosting fundraisers. Having always enjoyed baking, she came up with “Cupcakes for a Cure.”

“My initial thought was I’m going to bake 50 cupcakes and I’m just going to sell them, and whatever money I make I’m going to donate to LUNGevity,” said Paccione. “It’s a nonprofit foundation that raises awareness, provides money for research, for clinical trials and some

of the targeted therapies that are going to keep me around for a little longer.”

She also went to social media and asked for donations to her fundraiser. That’s where things exploded.

“Between families in Downey and businesses, people donated 400 cupcakes in addition to what I baked,” said Paccione. “We sold over 400 cupcakes.”

Paccione’s fundraiser also included a silent auction of donated items. Her daughter sold “Lemonade for Lungs.”

In total, Paccione and her family, with the aid of all her supporters, raised more than \$5,000.

“All these amazing people came forward, some of which I never met,” said Paccione. “It’s amazing what a [caring] community Downey is.”

The fundraiser took place a few weeks ago, and Paccione is already planning to make it a yearly endeavor.

“I’ll be doing it every May, and then I plan to do other things too,” said Paccione. “I really want to bring more awareness to lung cancer, because it actually kills more people than breast cancer, colon cancer, prostate cancer combined.”

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# Miss America: The latest institution destroyed by the left

By Dennis Prager

As I have documented repeatedly, the left ruins just about everything it touches: the universities, the arts, the elementary schools and high schools, religion, sports and ordinary, everyday interactions between human beings — especially human beings of different races. The latest examples — in just the last few weeks — are the Boy Scouts, sculpture and the Miss America pageant.

The left's decades-long attempt to radically change the Boy Scouts has ended in triumph. Now that the Boy Scouts is admitting not only older girls but also younger girls — as Cub Scouts — it is dropping "Boy" from its name and becoming Scouts BSA. Thanks to the left, the Boy Scouts, one of the most socially and morally constructive organizations in America, is no longer the Boy Scouts.

As a result of that, as a result of the decision to admit openly gay males as troop leaders (the Boy Scouts never asked potential troop leaders about their sexual orientation but did not allow openly gay troop leaders) and as a result of factors specific to the Mormon church, the largest sponsor of Boy Scout troops in America, the church has ended its 100-year relationship with the Boy Scouts.

Another victim of the left in recent weeks is the arts. Last week, The New York Times published a serious "review" on a major new "art work" at the Museum Boijmans Van Beuningen in Rotterdam, the Netherlands. The "art work" is a set of four giant piles of sculpted excrement. As described by Times writer Nina Siegal: "I walked into the excrement.

"There were four giant turds inside the 16,000 square feet of museum space. One mammoth piece of feces was reminiscent of a long, winding steel sculpture by Richard Serra. One was a brown spiral. Another resembled an enormous chocolate chip. Yet another featured intertwined layers with a gap in between that I could have crawled through ..."

The artistic left is infatuated with feces, urine and menstrual blood.

Last year, New York City's famed Guggenheim Museum featured an all-gold toilet bowl into which visitors were invited to relieve themselves. As the exhibit was titled "America," one could then literally urinate and defecate on America. Why not? The left does that to America and Western civilization every day.

The latest victim of the left is the Miss America contest. The Miss America board announced that contestants will no longer wear swimsuits or evening gowns because Miss America will no longer be about physical beauty. It will be about "the hopes and aspirations" of 52 women contestants.

My first reaction is: Why stop there? To be consistent with its new ideals, the event should no longer be televised but rather broadcast on the radio. Only then will the contestants' looks be truly irrelevant.

The left, which has brought "sex week" to almost every college campus, which has introduced coed dormitories with coed showers and bathrooms, and which has told young women that sex without any commitment should be as much fun for them as it is for men, is now the guardian of modesty at the Miss America contest.

Feminists hate the fact that "society" places greater importance on female beauty than on male beauty. They blame this is on "sexism," "misogyny" and "patriarchy." But of course, it is nature that made humans this way (among peacocks, it's the other way around).

In particular, feminists hate it when women try to look sexy, especially in the eyes of men.

One of the left's favorite terms to describe the Miss America swimsuit competition (and even the evening gown competition) is "dehumanizing." In a long article on the Miss America decision, The New York Times quoted Julie Zeilinger, who founded "a feminist blog called FBomb": "in 2018 this organization has realized it's dehumanizing to compare and judge women's bodies in front of a vast, international audience."

This feminist charge is ubiquitous but never explained. Why is it dehumanizing?

One irony is feminists have argued for decades that women should be allowed to walk around topless, just as men can.

Another irony is that when non-Muslims argue that Muslim women wearing a chador is dehumanizing, the left charges them with intolerance and Islamophobia.

A third irony is women are as interested in seeing beautiful women in swimsuits as men are.

And what about those religious Christians and Jews who agree with the feminists and welcome the end of the swimsuit competition?

I was raised in an Orthodox Jewish home, and I recall my mother and father enjoying the Miss America pageant every year. They would discuss their favorites with each other, both of them perfectly at peace with the proceedings, as was the Christian majority.

Which raises a final irony: When America was far more conservative, far more religious and far more concerned with daily modesty in dress, and when it insisted that male students and female students reside in separate dorms at college, it celebrated the Miss America pageant with its swimsuit competition. That was a healthier America.

Inside of a few weeks, the left has gravely damaged the Boy Scouts, probably destroyed the Miss America pageant and pounded another nail into the coffin of art.

That's what the left does best — ruins whatever it touches. That's pretty much all it does.

**Dennis Prager is a nationally syndicated radio talk-show host and columnist.**

# President Trump's exasperation

By Patrick Buchanan

At the G-7 summit in Canada, President Donald Trump described America as "the piggy bank that everybody is robbing."

After he left Quebec, his director of Trade and Industrial Policy, Peter Navarro, added a few parting words for Prime Minister Justin Trudeau:

"There's a special place in hell for any foreign leader that engages in bad faith diplomacy with President Donald J. Trump and then tries to stab him in the back on the way out the door. ... And that's ... what weak, dishonest Justin Trudeau did. And that comes right from Air Force One."

In Singapore, Trump tweeted more about that piggy bank.

"Why should I, as President of the United States, allow countries to continue to make Massive Trade Surpluses, as they have for decades ... (while) the U.S. pays close to the entire cost of NATO-protecting many of these same countries that rip us off on Trade?"

To understand what drives Trump, and explains his exasperation and anger, these remarks are a good place to begin.

Our elites see America as an "indispensable nation," the premier world power whose ordained duty it is to defend democracy, stand up to dictators and aggressors, and uphold a liberal world order.

They see U.S. wealth and power as splendid tools that fate has given them to shape the future of the planet.

Trump sees America as a nation being milked by allies who free ride on our defense effort, as they engage in trade practices that prosper their own peoples at America's expense.

Where our elites live to play masters of the universe, Trump sees a world laughing behind America's back, while allies exploit our magnanimity and idealism for their own national ends.

The numbers are impossible to refute and hard to explain.

Last year, the EU had a \$151 billion trade surplus with the U.S. China ran a \$376 billion trade surplus with the U.S., the largest in history. The world sold us \$796 billion more in goods than we sold to the world.

A nation that spends more than it takes in from taxes, and consumes more of the world's goods than it produces itself for export, year in and year out, is a nation on the way down.

We are emulating our British cousins of the 19th century.

Trump understands that this situation is not sustainable. His strength is that the people are still with him on putting America first.

Yet he faces some serious obstacles.

What is his strategy for turning a \$796 billion trade deficit into a surplus? Is he prepared to impose the tariffs and import restrictions that would be required to turn America from the greatest trade-deficit nation in history to a trade-surplus nation, as we were up until the mid-1970s?

Americans are indeed carrying the lion's share of the load of the defense of the West, and of fighting the terrorists and radical Islamists of the Middle East, and of protecting South Korea and Japan.

But if our NATO and Asian allies refuse to make the increases in defense he demands, is Trump really willing to cancel our treaty commitments, walk away from our war guarantees, and let these nations face Russia and China on their own? Could he cut that umbilical cord?

Ike's Secretary of State John Foster Dulles spoke of conducting an "agonizing reappraisal" of U.S. commitments to defend NATO allies, if they did not contribute more money and troops.

Dulles died in 1959, and that reappraisal, threatened 60 years ago, never happened. Indeed, when the Cold War ended, our NATO allies cut

defense spending again. Yet we are still subsidizing NATO in Europe and have taken on new allies since the Soviet Empire fell.

If Europe refuses to invest the money in defense Trump demands, or accept the tariffs America needs to reduce and erase its trade deficits, what does he do? Is he prepared to shut U.S. bases and pull U.S. troops out of the Baltic republics, Poland and Germany, and let the Europeans face Vladimir Putin and Russia themselves?

This is not an academic question. For the crunch that was inevitable when Trump was elected seems at hand.

He promised to negotiate with Putin and improve relations with Russia. He promised to force our NATO allies to undertake more of their own defense. He pledged to get out and stay out of Mideast wars, and begin to slash the trade deficits that we have run with the world.

And that's what America voted for.

Now, after 500 days, he faces formidable opposition to these defining goals of his campaign, even within his own party.

Putin remains a pariah on Capitol Hill. Our allies are rejecting the tariffs Trump has imposed and threatening retaliation. Free trade Republicans reject tariffs that might raise the cost of the items U.S. companies makes abroad and then ships back to the United States.

The decisive battles between Trumpian nationalism and globalism remain ahead of us. Trump's critical tests have yet to come.

And our exasperated president senses this.

**Patrick J. Buchanan is the author of a new book, "Nixon's White House Wars: The Battles That Made and Broke a President and Divided America Forever."**

# Trump should help drug offenders

By Jacob Sullum

While it may be months or years before the results of Donald Trump's summit with Kim Jong-un are clear, his meeting with the other Kim was an unqualified success. Last week, thanks to the reality TV star Kim Kardashian West's intercession on her behalf, Alice Marie Johnson, a great-grandmother serving a life sentence for nonviolent drug offenses, walked free from a federal prison in Alabama after spending almost 22 years behind bars.

Critics of our excessively punitive criminal justice system, while pleasantly surprised by Trump's commutation of Johnson's sentence, do not hold out much hope that it marks a shift in attitude for a president who was elected on a "law and order" platform modeled after Richard Nixon's. But there may be a way, short of finding a celebrity to adopt every federal prisoner who deserves similar relief, to encourage the president to use his clemency powers for good: by emphasizing how much it would upset Jeff Sessions.

The president has made no secret of his displeasure at the attorney general's decision to recuse himself from the investigation of possible ties between the Trump campaign and Russian operatives who tried to influence the 2016 presidential election. Trump views the recusal, which led to the

appointment of the special counsel who is conducting the "witch hunt" that bedevils him, as an unforgivable betrayal by an ally who should have placed loyalty above Justice Department guidelines.

Rather than fire the attorney general, which would reinforce the impression that the president has something to hide and alienate Sessions' former colleagues in the Senate, Trump has been berating and belittling him for more than a year. Embarking on a series of commutations for drug offenders like Johnson, people serving ridiculously long sentences for crimes that violated no one's rights, would be a great new way to torture Sessions, given his longstanding and strongly felt views on the subject.

Johnson, a first-time offender who got involved in the drug trade out of financial desperation, received a mandatory life sentence for passing along messages and holding money as part of an organization that moved cocaine from Houston to Memphis. Co-conspirators who pleaded guilty and testified against her received sentences ranging from probation to 10 years.

Even people who support the war on drugs should be able to see that Johnson got a pretty raw deal. But probably not Sessions, who as an Alabama senator called Barack Obama's commutations for drug offenders "an alarming abuse of the pardon power" and "a thumb in the eye of the law enforcement officers, prosecutors, defense attorneys, judges, court and prison personnel who put time and resources into these cases."

In Sessions' view, letting a small-time crack dealer go free after 10 years rather than 20 "sends the message that the United States government is not serious about combating drug crimes." Obama was "reckless" even when he commuted sentences that Congress had decided were too long, said Sessions, who accused the president of "playing a dangerous game to advance his political ideology."

Sessions claims "so-called 'low-level, non-violent' offenders...simply do not exist in the federal system." He arrives at that conclusion by ignoring the distinction between major and minor players in drug trafficking organizations and by insisting that distribution offenses are "inherently violent," even when they do not involve any violence.

Sessions is blind to distinctions among drug offenders and to the difference between predatory criminals and people who engage in peaceful, voluntary, but arbitrarily proscribed transactions. It is therefore not surprising that he opposes sentencing reform and expects federal prosecutors to seek the heaviest possible penalties for drug offenders, without regard to culpability or dangerousness.

For someone with that mindset, the mercy that Trump showed Johnson has got to hurt. If Trump would like to cause Sessions more pain, the CAN-DO Foundation and Families Against Mandatory Minimums have some suggestions, each one an injustice crying for correction and a potential thumb in the attorney general's eye.

**Jacob Sullum is a senior editor at Reason magazine.**

# Letter to the Editor: Love thy neighbor

Dear Editor:

On a visit to Texas, I was taken to a college football game. I sat next to a young couple I'd never seen before and I was dressed in regular clothing.

About 30 minutes into the game, the young man tapped me on the arm and said, "Hey, I'm going to the snack bar. Do you want anything?" I was shocked. We just don't do that much as people who live close to Los Angeles.

I said, "No, I'm fine." He laughed and said, "I didn't ask if you were fine. You want a beer or a Coke?"

I said, "You're serious. OK, I'll take Diet Coke." I reached for my wallet and he said, "Put your money away". With that he left.

His young wife smiled at me and said, "You're not from around here, are ya?" I said "No, I live close to Los Angeles." She said, "That explains it. People are just friendly here. You'll get used to it."

Since then I've tried my best to just do things for people I've never seen before. It surprises people, but it is generally welcome.

What if we all did that and made other people smile. It doesn't have to be something we buy for someone. It might be helping someone at the grocery store who can't reach something. It might be just saying "Hello" to someone as you stand in line at the bank. It might be helping a mother who has three little children running around a store and she is trying to manage a newborn in a stroller.

I moved to Downey in 1965. It was a slower time then, and not such a diverse community. I remember when there was only one Mexican restaurant in Downey. I'm sure glad all that has changed, and not just the food, but the cultures and the experiences of people that are different.

I love listening to stories about other people's birth places and how they got here. I love watching the cultural exchanges and the humor of people who have to learn what American terminology means. Sometimes I'm confused as I listen to young people and the words they use which mean something completely different than I suspect. But there is one language that everyone understands, and that's the language of an act done in kindness or a friendly smile.

Let's be more of a community and willing to communicate with one another. Let's help, rather than hinder. Let's stick up for people who don't know what to do or how to get help.

This is what it means to be a great city full of great people. It's a wealth of goodness that we can all share, and it doesn't cost anything to do it.

**Fr. John Higgins  
Downey**

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## Paging Dr. Frischer...

By Dr. Alan Frischer

The human body is a complex and wonderful thing. As we observe with cars and refrigerators, however, the more complicated something is, the more that can go wrong. You have likely not heard of any of these very rare diseases, nor will you likely ever see them. We are going to explore them just for fun, and let's keep it that way:



**Congenital Insensitivity to Pain with Anhidrosis (CIPA).** This is an extremely rare inherited nervous system disorder, which prevents the feeling of pain, heat, cold, or even the need to urinate. It's present from birth, and victims might bite off the tip of their tongue, break bones, or damage their cornea if they neglect to brush a foreign object from their eye.

While it might seem like a wonderful thing to not feel discomfort, pain is a life-saving physical response to danger.

**Fish Odor Syndrome.** This is a rare genetic metabolic disorder. As the name implies, there is an offensive fishy body odor, usually present from birth. It is due to an excessive excretion of the chemical trimethylaminuria

(TMA) in the urine, sweat, and breath.

More common in women than men, the odor appears to be the only symptom. Treatment includes certain dietary restrictions, using acidic lotions and soaps to remove the chemical from the skin, and antibiotics.

**Alien Hand Syndrome.** Some refer to this as the Dr. Strangelove syndrome. A hand seems to go rogue and the sufferer feels that it has a will of its own. Also known as anarchic hand, it was documented in 1908 by a German neuropsychiatrist.

This condition occurs in those who have had the two hemispheres of their brains surgically separated, or have suffered a stroke, or possibly have had Creutzfeldt-Jacob disease (the human form of mad cow disease).

**Cotard Delusion.** This condition is also known as Walking Corpse Syndrome, and was first described in 1880. The person wakes up one day and thinks that they have died, that they no longer exist, or that their flesh is rotting off.

Yes, of course, it's all in their head, but an actual physical cause has been found: the brain regions responsible for facial recognition and emotion have become disconnected. Their appearance has lost its association with their sense of self, resulting in extreme cognitive dissonance. The only known effective treatment is electroconvulsive therapy (electroshock).

**Morgellon's Disease.** I have seen this condition more than once: sufferers feel as though they have parasites or foreign material moving in,

or coming out of, the skin. They feel things crawling, biting, and stinging from beneath the surface of the skin. This causes a constant urge to scratch, resulting in insomnia as well as terrible skin lesions.

They have no actual physical disease, or organisms under their skin, and whether there is a neurological cause is not yet known. Most health care professionals believe that Morgellon's disease is a form of psychosis and that the symptoms are imagined. While there is no specific cure for Morgellon's disease, individuals who suffer from this condition have been found to benefit from medications that treat psychosis or tic disorders.

This isn't technically a disease, but it is rare and perhaps the single most disgusting thing I have seen in my own practice: Maggot Infestation. A fly lays eggs, which turn into larvae, or maggots.

Flies will lay their eggs anywhere that appears to be safe and will provide a food supply. This is why humans or rotting food may be a host. Removing the food source, or treatment with boiling water, bleach, or hydrogen peroxide, will eliminate the problem. My patient was an older man with dementia who loved to sit in his garden for hours. His wife brought him in with toe pain – and I will admit that I elected to skip lunch that day.

Let's hope that this is the last you'll ever hear of these diseases!

**Dr. Alan Frischer is former chief of staff and former chief of medicine at Downey Regional Medical Center. Write to him in care of this newspaper at 8301 E. Florence Ave., Suite 100, Downey, CA 90240.**

# Suicide rates rising across the United States

Suicide rates have been rising in nearly every state, according to the latest Vital Signs report by the Centers for Disease Control and Prevention (CDC). In 2016, nearly 45,000 Americans age 10 or older died by suicide. Suicide is the 10th leading cause of death and is one of just three leading causes that are on the rise.

Suicide is rarely caused by a single factor. Although suicide prevention efforts largely focus on identifying and providing treatment for people with mental health conditions, there are many additional opportunities for prevention.

"Suicide is a leading cause of death for Americans – and it's a tragedy for families and communities across the country," said CDC Principal Deputy Director Anne Schuchat, M.D. "From individuals and communities to employers and healthcare professionals, everyone can play a role in efforts to help save lives and reverse this troubling rise in suicide."

### Many factors contribute to suicide

For this Vital Signs report, CDC researchers examined state-level trends in suicide rates from 1999-2016. In addition, they used 2015 data from CDC's National Violent Death Reporting System, which covered 27 states, to look at the circumstances of suicide among people with and without known mental health conditions.

Researchers found that more than half of people who died by suicide did not have a known diagnosed mental health condition at the time of death. Relationship problems or loss, substance misuse; physical health problems; and job, money, legal or housing stress often contributed to risk for suicide. Firearms were the most common method of suicide used by those with and without a known diagnosed mental health condition.

### State suicide rates vary widely

The most recent overall suicide rates (2014-2016) varied four-fold;

from 6.9 per 100,000 residents per year in Washington, D.C. to 29.2 per 100,000 residents in Montana.

Across the study period, rates increased in nearly all states. Percentage increases in suicide rates ranged from just under 6 percent in Delaware to over 57 percent in North Dakota. Twenty-five states had suicide rate increases of more than 30 percent.

### Wide range of prevention activities needed

The report recommends that states take a comprehensive public health approach to suicide prevention and address the range of factors contributing to suicide. This requires coordination and cooperation from every sector of society: government, public health, healthcare, employers, education, media and community organizations.

To help states with this important work, in 2017 CDC released a technical package on suicide prevention that describes strategies and approaches based on the best available evidence. This can help inform states and communities as they make decisions about prevention activities and priorities.

### Everyone can help prevent suicide:

Learn the warning signs of suicide to identify and appropriately respond to people at risk. Find out how this can save a life by visiting: [www.BeThe1to.com](http://www.BeThe1to.com)

Reduce access to lethal means – such as medications and firearms – among people at risk of suicide.

Contact the National Suicide Prevention Lifeline for help: 1-800-273-TALK (8255). <https://suicidepreventionlifeline.org>

### Know the Risk Factors

Risk factors are characteristics that make it more likely that someone will consider, attempt, or die by suicide. They can't cause or predict a suicide attempt, but they're important to be aware of.

Mental disorders, particularly mood disorders, schizophrenia, anxiety disorders, and certain personality disorders

Alcohol and other substance use disorders

Hopelessness

Impulsive and/or aggressive tendencies

History of trauma or abuse

Major physical illnesses

Previous suicide attempt(s)

Family history of suicide

Job or financial loss

Loss of relationship(s)

Easy access to lethal means

Local clusters of suicide

Lack of social support and sense of isolation

Stigma associated with asking for help

Lack of healthcare, especially mental health and substance abuse treatment

Cultural and religious beliefs, such as the belief that suicide is a noble resolution of a personal dilemma

Exposure to others who have died by suicide (in real life or via the media and Internet)

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The Downey Patriot  
Thursday, May 25, 2017  
Vol. 16 No. 7

HEALTH: Taking tetanus serious  
FEATURES: Perfect attendance  
NEWS: Commencement speaker  
NEWS: Gang member sentenced

**City Council agrees to continue Stay Gallery financial support**

**Weekend at a Glance**  
Friday 70°  
Saturday 71°  
Sunday 76°

**THINGS TO DO**  
Memorial Day Ceremony

**FROM OUR FACEBOOK**  
City continues financial support of Stay Gallery

**Downey Patriot wins 5 journalism awards**



# DOWNEY HAPPENINGS

## Saturday, June 16

**Smart Gardening Workshop,** 9:30-11 am. Instructors will offer tips on how to build a smart garden that reduces waste and water consumption. Wilderness Park, 10999 Little Lake Rd.

**FIT for Health,** 10 am. PIH Health presents a "FIT for Health" workshop focused on nutrition basics and ways to increase physical activity. For parents and their children ages 6-15. PIH Health, 11500 Brookshire Ave.

**Historical Society luncheon,** 11 am. The Downey Historical Society presents its annual luncheon, with guest speaker Larry Latimer. Rio Hondo Event Center, 10627 Old River School Rd.

**Still Standing,** 2 pm and 6:30 pm. Evolution Studios presents a pair of concerts titled "Still Standing." Downey Theatre, 8435 Firestone Blvd.

## Sunday, June 17

**Father's Day Party,** 10-12:30 pm. Grilled food, photo booths, gifts for dad, and more. Downey First Christian Church, 10909 New St.

**Navy Birthday Party,** 4 pm. A celebration of the 120th birthday of the U.S. Navy Hospital Corpsemen. Bastards Canteen, 11045 Downey Ave.

## Monday, June 18

**Soroptimist Installation,** 6-9:30 pm. Soroptimist International of Downey celebrates the installation of Linda Haines

as president. Acapulco, 9021 Firestone Blvd.

## Wednesday, June 20

**Downey Chamber of Commerce Golf Tournament,** 11:30 am. An 18-hole golf tournament with raffles, games, prizes and food. Rio Hondo Golf Club, 10627 Old River School Rd.

**Downey Sister Cities Meeting,** 6 pm. A representative of the Chinese consulate will discuss potential sister city relations between Downey and Datong, China. Downey City Library, 11121 Brookshire Ave.

**Concerts in the Park,** 7 pm. Atlantic Crossing, a Rod Stewart tribute band, opens Downey's concerts in the park series. Furman Park, 10419 Rives Ave.

## Thursday, June 21

**Tacos N Miches Ribbon Cutting,** 3:30 pm. Newest member of the Downey Chamber of Commerce. Tacos N Miches, 7404 Florence Ave.

## Friday, June 22

**CERT Training (Spanish),** 6 pm. A Spanish-language version of Community Emergency Response Team training. Mandatory classes June 22-24. Fire Station No. 1, 12222 Paramount Blvd.

## Saturday, June 23

**Sean Ashton Fundraiser,** 1 pm. A political fundraiser in support of

Mayor Sean Ashton. Epic Lounge, 8239 2nd St.

**Katie McElhenney Book Signing,** 1 pm. Author of "The Things They've Taken," and an actress who has appeared on "It's Always Sunny in Philadelphia," will speak and sign books. Downey City Library, 11121 Brookshire Ave.

**Tea and Paint Party,** 2 pm. Sip tea and create a masterpiece as you help raise funds for a humanitarian trip to Ecuador. \$30. Downey First Christian Church, 10909 New St.

**Big Hero 6,** 5 pm. A free screening of the animated film "Big Hero 6," presented by the Girls in STEM Club. Outdoor event, bring lawn chairs and blankets. Columbia Memorial Space Center, 12400 Columbia Way

**The Goonies,** 6:30 pm. A screening of the 1985 cult classic "The Goonies." Rocky road floats and other snacks will be for sale, with proceeds benefiting the Pico Project. 13224 Dunrobin Ave.

## Monday, June 25

**Vaccination Clinic,** 6 pm. Discount pet vaccination, microchips and flea control. Apollo Park, 12544 Rives Ave.

## Tuesday, June 26

**Bayha Ribbon Cutting,** 3:30 pm. Newest member of the Downey Chamber of Commerce. 11131 Brookshire Ave.

## Wednesday, June 27

**Chamber of Commerce installation,** 12 pm. John Casillas is installed as president of the Downey Chamber of Commerce. Embassy Suites, 8425 Firestone Blvd.

**Concerts in the Park,** 7 pm. The 80's tribute band Knight Ryder performs. Furman Park, 10419 Rives Ave.

## Thursday, June 28

**Ribbon Cutting,** 3:30 pm. Home Instead Senior Care celebrates a grand re-opening at its new location. 10445 Lakewood Blvd., suite 105.

## Saturday, June 30

**Ressurreccion Mexican Folk,** 7 pm. An ensemble of Mexican folklorico dancers perform live. Downey Theatre, 8435 Firestone Blvd.

## Sunday, July 1

**60th Anniversary Celebration,** 4 pm. The Downey Symphony celebrates the start of its 60th anniversary season with a special reception on the stage of the Downey Theatre. Downey Theatre, 8435 Firestone Blvd.

## Monday, July 2

**Juggling Show,** 4 pm. Michael Rayner, a former contestant on America's Got Talent, performs a free juggling show that blends comedy and physical stunts.

Downey Theatre, 8435 Firestone Blvd.

## Sunday, July 8

**The ABBA Show,** 7 pm. Direct from the UK, The ABBA Show is a tribute to the Swedish pop group that gained fame in the '70s. Downey Theatre, 8435 Firestone Blvd.

## Monday, July 9

**Mad Science,** 4 pm. In this free show, Isaac Newton's law of motion is examined through exciting and energetic experiments. Downey Theatre, 8435 Firestone Blvd.

## Wednesday, July 11

**Concerts in the Park,** 7 pm. Live performance by Suave and its unique blend of Latin, rock, R&B, jazz and swing. Furman Park, 10419 Rives Ave.

## Wednesday, July 18

**Concerts in the Park,** 7 pm. The Downey Symphony performs Broadway and film tunes. Kids are invited to help conduct. Furman Park, 10419 Rives Ave.

## Monday, July 23

**Vaccination Clinic,** 6 pm. Discount pet vaccination, microchips and flea control. Apollo Park, 12544 Rives Ave.

## Wednesday, July 25

**Concerts in the Park,** 7 pm. The Third Marine Aircraft Wing Band

performs a variety of music, from film scores to contemporary band music. Furman Park, 10419 Rives Ave.

## Sunday, July 29

**Miss West Coast Pageant,** 5 pm. Women and girls from throughout California compete for over \$50,000 in prizes, scholarships and modeling contracts. Downey Theatre, 8435 Firestone Blvd.

## Saturday, Aug. 4

**Backpack Giveaway,** 4-6 pm. Gangs Out of Downey gives away hundreds of backpacks and school supplies. First come, first served. Golden Park, 8840 Golden Ave.

**Music & Movie,** 5 pm. Bring snacks and a lawn chair for an evening of live music, crafts, activities, contests, and an outdoor screening of "Ferdinand." Live performance by The Amanda Castro Band. Golden Park, 8840 Golden Ave.

**Kithara TV Concert,** 7:30 pm. Arabic singers and musicians perform live. Downey Theatre, 8435 Firestone Blvd.

## Tuesday, Aug. 7

**National Night Out,** 5:30-8:30 pm. Meet with members of the Downey Police Department and learn ways to keep your neighborhood safe. Downey Civic Center, 11111 Brookshire Ave.

## Wednesday, Aug. 15

**First Day of School,** 8 am. The 2018-19 school year begins at all Downey public schools.

## Thursday, Aug. 16

**Havana Nights,** 7-9 pm. A rooftop concert on the top story of the downtown parking structure. Featured band is La Charanga. 2nd and New streets.

## Saturday, Aug. 18

**Rocket Fever,** 10 am to 5 pm. Build and fly your own rocket at L.A.'s first and only urban rocket festival. Columbia Memorial Space Center, 12400 Columbia Way

**Hot Havana Nights,** 7 pm to midnight. Authentic Cuban cuisine, live salsa band, drinks, hand-rolled cigars, and more. A fundraiser for the Downey Rose Float Assoc. Downey Elks Lodge, 11233 Woodruff Ave.

## Saturday, Sept. 8

**Senior Follies Talent Show,** 1 pm and 5 pm. Downey seniors show off their unique talents in this 14th annual production. Barbara J. Riley Community & Senior Center, 7810 Quill Dr.

## Saturday, Sept. 15

**International Food & Music Festival,** 4-10 pm. Food from local restaurants and food trucks, craft beer and wine garden, DJ, live entertainment on 3 stages, balloon artists, caricature artists, photo booth, henna artists, face painters, and more. Downey Avenue, between 2nd and 4th streets

## Monday, Sept. 17

**Kiwanis Golf Tournament,** 12 pm. Annual golf tournament in support of Downey Los Amigos Kiwanis and their charitable efforts. Rio Hondo Golf Club, 10627 Old River School Rd.

## Saturday, Oct. 20

**Downey Symphony Concert,** 8 pm. Celebrated composer Oscar Navarro returns for an encore of his "Downey Overture." Downey Theatre, 8435 Firestone Blvd.

## Friday, Oct. 26

**Ricky Galvez Golf Tournament,** 11 am. Gangs Out of Downey's annual golf tournament, raising money for Ricky Galvez college scholarships. Rio Hondo Golf Club, 10627 Old River School Rd.

## Sunday, Oct. 28

**Dia de los Muertos Festival,** 11 am to 8 pm. Music and dance performances, dozens of vendors, art shows, food trucks, altar displays, and more. Downey Civic Center, 11111 Brookshire Ave.



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## Shared Stories: A Glimmer of Hope

Mary Nieraeth recounts her worries, coping techniques, and the resumption of care for her family after a seizure caused her to lose consciousness while driving. Fortunately, her children were not with her and no other cars or pedestrians were involved. *Shared Stories* is a weekly column featuring articles by participants in a writing class at the Norwalk Senior Center. Bonnie Mansell is the instructor for this free class offered through the Cerritos College Adult Education Program. Curated by Carol Kearns

By Mary Nieraeth

I am jolted to a half-awake state by the music playing on our alarm clock next to my husband's side of our bed at the ungodly hour of 4:30 am. My husband almost instantly presses the off button and jumps out of bed. It is cold, pitch dark and the only sound is the faint ticking of the clock.

I am slower to respond to this optional invitation to arise as I often feel the urge to pull the covers up over my face. However, once I am awake, it is easier for me to get up rather than be annoyed by other distractions like the shower running, bathroom light on, etc.

I've always been an early morning riser but the wakeup time has voluntarily gotten progressively earlier for my husband with increased morning freeway traffic to Pasadena where he works. There is something mysterious about early morning, a time of unusual quietness before my 3 children, ages 7, 9 and 11, wake up at 7:00 am to get ready for school.

The main reason I choose to get up this early is to maintain a schedule of familiarity as when I was working before getting into a car accident while having a seizure. I slowly get out of bed, put on my workout clothes and head downstairs to the kitchen as my husband continues his morning routine before work.

I briefly ponder, now why I am getting up this early? A little late to think about this as I am dressed for my daily workout, already downstairs in the kitchen and just the aroma of fresh coffee brewing wakes me up further.

I hear a jingling sound coming from the living room. I glance over at the sofa where our dog Scruffy, starts to move his body which jiggles his collar tags. Then a thump, my clue that he will make his appearance into the kitchen and over to the sliding glass door leading to the backyard.

When he gets to the door, he methodically does his version of yoga poses I know as puppy dog and upward dog. Then he gets up on all fours and just stares out the door window into pure darkness without a sound until I open the door. While he is outside, I quickly refill his water and dry food bowls, place a treat inside his special toy and a different treat in a bowl which I hide in the living room. He scurries back inside to find his treats, both of us enjoying the game playing.

Next, I get my breakfast prepared, simple and healthy, with my seal of approval, as a registered dietitian. Before eating, I sit and play a guided meditation from a CD. I am feeling calm and grounded, connected to this moment, my body, my breath. Then, seeming out of the blue, my mind wanders down a dark street.

'Who am I without a driver's license, my job, and now with uncontrolled seizures? Will I ever be normal again? How will I navigate life on foot and by bus? In Lakewood, California? I am not in New York, Boston or places in Europe where public transportation is readily available, preferable, and acceptable!'

I see my thoughts spinning out of control. Again, I close my eyes and take some slow deep breaths. I remember my favorite part of the morning is working out on my elliptical machine. Really? Maybe I am crazy! My daily routine gives my life structure and a feeling of being in control of something, refreshed,

energized and less depressed.

After my workout, I have a short time to shower and then wake up my children for school. We are fortunate to live a few blocks from the K-8 grade school where they all attend together. I walk with them part of the way out of our gated community to the main street. I watch the crossing guard guide them across the busy street and then wave goodbye. Some of their friends join them and they continue to walk together to school.

I walk back to our house, now completely silent. I decide to make some herbal tea and do a few house chores. I begin to feel sleepy and unmotivated so go upstairs to try to take a nap. As I lie in bed, I hear a tap, tap, tap. Pause. Another tap, tap, tap.

At first, I think the sound is coming from the front door but then realize it is coming from our bedroom window. I get out of bed, walk to the window which is partially covered by the shutter. Before opening the shutter, I notice a reflection of a bird flying away from the window. I don't think much about this and continue with my nap.

Two days later, about the same time, while taking a nap, another tap, tap, tap. I immediately spring out of my bed and rush over to the window. The shutter is partially open today. I stand there frozen in utter amazement, seeing this little blue bird tapping on the window, literally of my heart, like a good friend reaching out to bring me well wishes.

I remain perfectly still since I don't want to scare the bird away. I am thinking, 'My little one, thanks for your visit today.' Then, the bird flies away. A glimmer of hope and aliveness runs through my body. I grab my journal, go back downstairs to refresh my herbal tea and write about this beautiful encounter, truly a pivotal moment in my medical journey!

## Downey Library's June auction items

**DOWNEY** – The Friends of the Downey City Library holds monthly silent-bid auctions to raise money for library programs. The book auction items this month include:

**"The Dick Van Dyke Show-All Five Seasons"** (a show said to be ahead of its times and acknowledged to be one of the best written shows on televisions);

**"Marilyn Monroe Collection"** (includes two books and two DVD's: The Misfits and the Prince and the Showgirl);

**"Dream Dictionary"** and **"Dreams and Symbols"** (two great books to help you understand that strange dream you had last night);

**"Ulysses"** and **"James Joyce's Odyssey-A Guide to the Dublin of Ulysses"**

**"The Secret History of World War II"** (tells the story of spies, code-

breakers and commandos who conducted operations during the war-lots of pictures and human interest stories);

**"Life in the Fabulous 50's"** and **"Growing up-The Magical Memories of Childhood"** (includes the styles, cars and stars of a more carefree time with hundreds of pictures and stories);

**"The Story of the Declaration of Independence"** (the bicentennial edition with the full story of the most decisive period in our nation's history);

**"Orbit"** (Earth images of unparalleled detail and accuracy taken by astronauts);

**"First for Women-Smart Solutions"** (the best hints, secrets and shortcuts to save a small fortune, cook amazing meals, have a perfect party, decorate like a pro and look your best for any occasion);

**"Moonshot-The Flight of Apollo 11"** (the story of Apollo 22, fully illustrated from concept to splashdown);

**"The Metropolitan Museum of Art-The United States of America"** (a varied collection of art, unique to the USA-paintings, sculptures, furniture, clothing, musical instruments and more);

**"Born to Grill"** (hundreds of ideas with recipes for steaks, ribs, chicken, burgers and hot dogs).

Items have opening bids from \$5-\$7 and are on display in the library lobby. Bids can be made through noon, Saturday, June 30th, on cards in the Friend's Bookstore located in the young adult section of the library.



The Executive Board of the Women's Guild of Our Lady of Perpetual Help Church was installed at Mass on May 18.

From left to right are: Yolanda Ramirez, Norma Perez, Melodie Santana, Maureen Cimino, Patti Sharpe and Christine Pohlen.

Monsignor Lorenzo Miranda celebrated the Mass.

U.S. Air Force Airman Alan F. Ramirez Lopez graduated from basic military training at Joint Base San Antonio-Lackland, San Antonio, Texas.

The airman completed an intensive, eight-week program that included training in military discipline and studies, Air Force core values, physical fitness, and basic warfare principles and skills.

Airmen who complete basic training also earn four credits toward an associate in applied science degree through the Community College of the Air Force.

Ramirez Lopez is the son of Jose and Marian Jimenez of Downey, Calif., and brother of Jose Ramirez of Clovis, N.M.

He is a 2017 graduate of Downey High School.



Tickets go on sale June 15 at 10 a.m. for "The Art Laboe Show Live 2018," an R&B and oldies concert taking place Saturday, Sept. 8, at the Glen Helen Amphitheatre.

Scheduled to perform are Zapp, Baby Bash, Amanda Perez, Evelyn, The Chi-Lites, The Fuzz, The Notations, Champagne King, and others.

Tickets are available on Live Nation.



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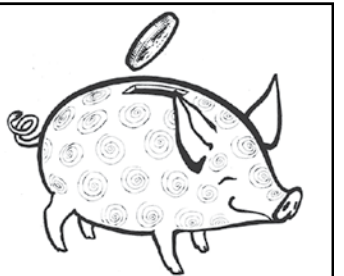
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**FRI & SAT - YARD SALE & COLLECTIBLES SALE**  
 7am @ 9103 Priscilla Ave

**YARD SALE**

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 Starts at 8am. 3 blocks from the Downey court. Clothes, toys, sport items & other misc. items. 10800 Madge Ave., South Gate 90280



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between owner and obligated party.  
 Dated this 7th Day of June, 2018 and 14th day of June, 2018. Self Storage Management Co. Bond #: WL11254152

The Downey Patriot 6/7/18, 6/14/18

### NOTICES

**SUPERIOR COURT OF CALIFORNIA, COUNTY OF LOS ANGELES ORDER TO SHOW CAUSE FOR CHANGE OF NAME**  
 CASE NUMBER: VS030909  
 TO ALL INTERESTED PERSONS: Petitioner Roberta Jill Edenfield filed a petition with this court for a decree changing names as follows:  
 Present name (1) Roberta Jill Edenfield to Proposed name (1) R. Jill Edenfield THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.  
**NOTICE OF HEARING**  
 Date: July 11, 2018, Time: 1:30 p.m., Department: C, Room: 312  
 The address of the court is 12720 Norwalk Blvd., Norwalk 90650  
 A copy of this Order to Show Cause shall be published at least once a week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in the county, DOWNEY PATRIOT May 23, 2018  
 Margaret M. Bernal Judge Of The Superior Court Petitioner or Attorney, In Pro Per Roberta Jill Edenfield 11851 Lesser Norwalk, CA 90650 (562) 286-3813

**SUPERIOR COURT OF CALIFORNIA, COUNTY OF LOS ANGELES ORDER TO SHOW CAUSE FOR CHANGE OF NAME**  
 CASE NUMBER: BS173470  
 TO ALL INTERESTED PERSONS: Petitioner ROGER FLORES CAMPOS BY PERFECTO FLORES PEREZ, YOLANDA FLORES filed a petition with this court for a decree changing names as follows:  
 Present name (1) ROGER FLORES CAMPOS to Proposed name (1) ROGER FLORES  
 THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.  
**NOTICE OF HEARING**  
 Date: June 19, 2018, Time: 10:30 a.m., Department: 44, Room: 418  
 The address of the court is CENTRAL DISTRICT, 111 HILL STREET, LOS ANGELES, CA 90012  
 A copy of this Order to Show Cause shall be published at least once a week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in the county, DOWNEY PATRIOT April 27, 2018  
 Judge Edward B. Moreton, Jr. Judge Of The Superior Court Petitioner or Attorney, In Pro Per ROGER FLORES CAMPOS BY PERFECTO FLORES PEREZ, YOLANDA ROGER FLORES CAMPOS BY PERFECTO FLORES PEREZ, YOLANDA FLORES CAMPOS 3719 E. 57TH STREET #3 MAYWOOD, CA 90270

**SUPERIOR COURT OF CALIFORNIA, COUNTY OF LOS ANGELES ORDER TO SHOW CAUSE FOR CHANGE OF NAME**  
 CASE NUMBER: VS030885  
 TO ALL INTERESTED PERSONS: Petitioner Faviola Ixcoyayac Lux filed a petition with this court for a decree changing names as follows:  
 Present name (1) Faviola Ixcoyayac Lux to Proposed name (1) Aureliana Faviola Ixcoyayac Lux  
 THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.  
**NOTICE OF HEARING**  
 Date: July 11, 2018, Time: 1:30 p.m., Department: C, Room: 312  
 The address of the court is 12720 Norwalk Blvd., Norwalk 90650  
 A copy of this Order to Show Cause shall be published at least once a week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in the county, DOWNEY PATRIOT May 4, 2018  
 Margaret M. Bernal Judge Of The Superior Court Petitioner or Attorney, In Pro Per Faviola Ixcoyayac Lux 6832 Colmar Ave. Apt D Bell Gardens, CA 90201 (323) 385-6642

The Downey Patriot 5/24/18, 5/31/18, 6/7/18, 6/14/18  
 ATTN: CBD Cerritos (AKA: Coldwell Banker Dynasty); a JUDGEMENT was entered

against you in favor of Jose Gustavo Hernandez, Luz Elena Hernandez, and Lucy Hernandez (Claimants). Upon that JUDGEMENT, an application for payment was made with the California Bureau of Real Estate, Consumer Recovery Account. Should the Bureau grant payment, your real estate license rights will be Revoked and will not be reinstated until you reimburse the Bureau for the amount paid, plus interest. If you wish to contest payment, you must file a written response with the Bureau within 30 days of this publication.

**The Downey Patriot 6/14/18**

**SUPERIOR COURT OF CALIFORNIA, COUNTY OF LOS ANGELES ORDER TO SHOW CAUSE FOR CHANGE OF NAME**  
 CASE NUMBER: BT062231  
**FIRST AMENDED CITATION RE: ADOPTION**  
 In the Matter of the Adoption Petition of: STEPHEN SHAPIRO, Adopting Parent TO: ISMAEL NINO  
 By order of this Court, you are hereby cited and required to appear personally concerning the adoption of KEVEN NINO, minor(s), before the Judge of this Court in the County of Los Angeles, State of California, at the Courtroom of Department 418, 201 CENTRE PLAZA DR., MONTEREY PARK, CA 91754 on JULY 30, 2018, at 9:30 a.m. of that day, then and there to show cause, if any, why said adoption should not be granted according to the petition on file herein.  
 If you wish to seek the advice of an attorney in this matter, you should do so promptly so that you will be represented at the hearing.  
 Dated: May 17, 2018  
 SHERRI R. CARTER, Executive Officer/Clerk  
 Superior Court of California, County of Los Angeles  
 By: N. MENDOZA, Deputy ATTORNEY FOR PETITIONER Sue A. Moravec P.O. Box 8423 Lancaster, CA 93539-8423 (661) 235-5300

**The Downey Patriot 5/24/18, 5/31/18, 6/7/18, 6/14/18**

**SUPERIOR COURT OF CALIFORNIA, COUNTY OF LOS ANGELES ORDER TO SHOW CAUSE FOR CHANGE OF NAME**  
 CASE NUMBER: VS030885  
 TO ALL INTERESTED PERSONS: Petitioner Faviola Ixcoyayac Lux filed a petition with this court for a decree changing names as follows:  
 Present name (1) Aureliana Faviola Ixcoyayac Lux to Proposed name (1) Aureliana Faviola Ixcoyayac Lux  
 THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.  
**NOTICE OF HEARING**  
 Date: July 11, 2018, Time: 1:30 p.m., Department: C, Room: 312  
 The address of the court is 12720 Norwalk Blvd., Norwalk 90650  
 A copy of this Order to Show Cause shall be published at least once a week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in the county, DOWNEY PATRIOT May 4, 2018  
 Margaret M. Bernal Judge Of The Superior Court Petitioner or Attorney, In Pro Per Faviola Ixcoyayac Lux 6832 Colmar Ave. Apt D Bell Gardens, CA 90201 (323) 385-6642

**The Downey Patriot 5/24/18, 5/31/18, 6/7/18, 6/14/18**

**SUPERIOR COURT OF CALIFORNIA, COUNTY OF LOS ANGELES ORDER TO SHOW CAUSE FOR CHANGE OF NAME**  
 CASE NUMBER: VS030847  
 TO ALL INTERESTED PERSONS: Petitioner Eliana Torres and Luis Salvador Castro-Barreto Jr. filed a petition with this court for a decree changing names as follows:  
 Present name (1) Daleyza Nevaeh Castro to Proposed name (1) Daleyza Nevaeh Castro-Barreto Torres  
 THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.  
**NOTICE OF HEARING**  
 Date: August 1, 2018, Time: 1:30 p.m., Department: C, Room: 312  
 The address of the court is 12720 Norwalk Blvd., Norwalk 90650  
 A copy of this Order to Show Cause shall be published at least once a week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in the county, DOWNEY PATRIOT April 5, 2018  
 Margaret M. Bernal Judge Of The Superior Court Petitioner or Attorney, In Pro Per Eliana Torres and Luis Salvador Castro-Barreto Jr. 12050 165th St Norwalk, CA 90650 (562) 219-4145

The Downey Patriot 6/14/18, 6/21/18, 6/28/18, 7/5/18  
 ATTN: Victor Manuel Flores (AKA: Victor Ahumada Flores); a JUDGEMENT was

entered against you in favor of Jose Gustavo Hernandez, Luz Elena Hernandez, and Lucy Hernandez (Claimants). Upon that JUDGEMENT, an application for payment was made with the California Bureau of Real Estate, Consumer Recovery Account. Should the Bureau grant payment, your real estate license rights will be Revoked and will not be reinstated until you reimburse the Bureau for the amount paid, plus interest. If you wish to contest payment, you must file a written response with the Bureau within 30 days of this publication.

**The Downey Patriot 6/14/18**

### PROBATE

**NOTICE OF PETITION TO ADMINISTER ESTATE OF Maria Eugenia Ochoa Guerrero Case No. 18STPB04893**  
 To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of Maria Eugenia Ochoa Guerrero A PETITION FOR PROBATE has been filed by Jocelyn Parra Ochoa in the Superior Court of California, County of Los Angeles. THE PETITION FOR PROBATE requests that Oscar Ochoa be appointed as personal representative to administer the estate of the decedent.  
 THE PETITION requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.  
 A HEARING on the petition will be held on June 22, 2018 at 8:30 a.m. in Dept. 67 Room N/A located at Stanley Mosk Courthouse, 111 N. Hill Street, Los Angeles, CA 90012  
 IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.  
 IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of the mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.  
 Other California Statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California Law.  
 YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.  
 Attorney for petitioner: Joshua R. Engle, SBN 249871 Law Office of Joshua R. Engle 333 City Blvd., Suite 1700 Orange, CA 92667, (714) 236-9330 phone (714) 363-5521 fax josh@engle-law.com

**The Downey Patriot 5/31/18, 6/7/18, 6/14/18**

### TRUSTEE SALES

T.S. No.: 2018-04270 APN: 6246-006-019 TRA No.: 03304 NOTICE OF TRUSTEE'S SALE YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 12/16/2016. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDINGS AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash payable at time of sale in lawful money of the United States by cash, a cashier's check drawn by a state or national bank, a check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state will be held by the duly appointed trustee as shown below. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. Trustor: RAFAEL VILLEGAS, A SINGLE MAN Beneficiary Name: EMILIO T. GOMEZ Duly Appointed Trustee: INTEGRATED LENDER SERVICES INC., A DELAWARE CORPORATION and pursuant to Deed of Trust recorded 12/19/2016 as Instrument No. 20161605855 in book ---, page --- of Official Records in the office of the Recorder of Los Angeles County, California, Date of Sale: 6/20/2018 at 10:30 AM Place of Sale: Behind the fountain located in Civic Center Plaza located at 400 Civic Center Plaza, Pomona, CA 91766. Amount of unpaid balance and other charges: \$69,420.19 The property heretofore is being sold "as is." The street Address or other common designation of real property is purported to be: 12115 SAMOLINE AVENUE, DOWNEY, CA 90242 Legal Description: As more fully described on said Deed of Trust. A.P.N.: 6246-006-019 The undersigned Trustee disclaims any liability for any incorrectness of the street address or other common designation, if any, shown above. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. The beneficiary under said Deed of

Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale, and a written Notice of Default and Election to Sell. The undersigned caused said Notice of Default and Election to Sell to be recorded in the county where the real property is located and more than three months have elapsed since such recordation. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgage, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The nature of the proceeding against you, you should CONTACT A LAWYER. A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 to the Financial code and authorized to do business in this state, will be held by duly appointed trustee. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. BENEFICIARY MAY ELECT TO BID LESS THAN THE TOTAL AMOUNT DUE. Trustor(s): ERIC HERRERA, A SINGLE MAN AND MODESTO AVILA AND GRISelda VIRGEN, HUSBAND AND WIFE, ALL AS JOINT TENANTS, Recorded: 9/27/2007 as Instrument No. 20072228415 in book xxx, page xxx of Official Records in the office of the Recorder of LOS ANGELES County, California; Date of Sale: 7/5/2018 at 9:00 AM Place of Sale: Vineyard Ballroom Doubletree Hotel Los Angeles-Norwalk, 13111 Sycamore Drive, Norwalk, CA 90650 Amount of unpaid balance and other charges: \$1,320,852.00 The purported property address is: 7866 MELVA STREET DOWNEY, CA 90242 Assessor's Parcel No. 6245-002-009 NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which

STOX 909372 The Downey Patriot 5/31/18, 6/7/18, 6/14/18

NOTICE OF TRUSTEE'S SALE TS # CA-



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# Summer sports camps underway at Downey and Warren

By Mark Fetter  
Contributor

**DOWNEY** – The Warren High School wrestling program is hosting its annual wrestling summer camp.

Camp runs for seven weeks and will take place: June 4-7, June 11-14, June 18-21, June 25-29, July 2-3, 5-6 (no July 4), and July 9-12. The camp runs from 8:00 to 10:30 a.m. and is open for student-athletes ages 12-18.

Workouts are being held upstairs at Justice Stadium in room 203 and the cost is \$45. Campers need to bring wrestling shoes, a workout shirt and shorts and athletic shoes for outside conditioning.

Questions can be directed to Warren High School head wrestling coach Tim Brogden at tbrogden@dusd.net. Coach Brogden and his staff hope to see you on the mat this summer.

**WARREN BASEBALL:** The Warren High School baseball program is hosting its annual summer baseball camp.

The camp runs from June 4-18 and takes place Mondays from 12:30-3:00 p.m. and Tuesday-Friday from 9:30 a.m. to 3:00 p.m. on the baseball field at Warren. The cost is \$135.00 and includes a Warren baseball t-shirt.

All incoming freshmen are welcome to attend the Warren Baseball Camp. Head coach Scott Pearson and his staff invite you to come and improve your baseball skills and knowledge from the coaches and staff of Warren Bears Baseball. The camp will focus on hitting, fielding, pitching and base running.

Please bring baseball gear, water and sunscreen. Coach Pearson and his staff hope to see you on the baseball diamond at Warren High School this summer.

**DOWNEY CHEER:** The Downey High School cheer team has been busy this summer practicing their routines, stunts and tumbling.

Cheer tryouts were conducted May 4 and cheer teams have been put together. Cheer workouts started June 4 and will run through Wednesday, August 8.

Practices are scheduled for Mondays, Tuesdays and Wednesdays for June 11-13, June 18-20, June 25-27, July 2-3, July 9-11, July 16-18 and August 6-8 from 5:00-8:00 p.m.

Cheer camp is scheduled from Monday, July 25, through Wednesday, July 27. Ashley Rauls is the advisor for Downey High cheer and she can be contacted at arauls@dusd.net with further questions.

**DOWNEY BOYS VOLLEYBALL:** The Downey High School boys' volleyball team finished their season with an overall record of 26-5-1 and a San Gabriel Valley League record of 10-0.

The Vikings defeated Tustin in four sets (25-23, 22-25, 25-17 and 25-23) at Cerritos College on May 19 to claim the C.I.F. Division 3 championship.

The Vikings were then defeated by Classical Academy of Escondido in four sets (25-22, 20-25, 25-23 and 25-21) on May 22 in the first round of the C.I.F. Social Boys Volleyball championships.

For their efforts, Downey coach Bob McCarthy was selected as the C.I.F. Division 3 Coach of the Year, senior middle blocker Matthew Brito was selected as the Division 3 Player of the Year and junior outside hitter Julian Zavala and senior setter Jonathan Jimenez were selected to the All-C.I.F. Division 3 First Team.

Coach McCarthy is extremely proud of all his players and for the recognition they have worked so hard for. The pressure will certainly be on Downey's shoulders next season as they look to defend their title.

**DOWNEY CROSS COUNTRY:** The Downey High School boys' and girls' cross-country teams are currently observing their C.I.F. mandated "dead periods."

The summer running programs will begin on June 25 and will conclude August 14 when the fall semester begins. Workouts will be held Monday-Friday from 7-9:30 a.m. on the Downey High School track and at other locations.

Summer training sessions begin early in the day to beat the mid-day heat. Any questions about Downey High School cross country can be directed to boys' and girls' head coach Robert Gleason at rgleason@dusd.net.

dusd.net.

**DOWNEY SOFTBALL:** The Downey High School girls' softball program is busy preparing for next season. There was a two-week camp that is finishing up right now.

Camp started last week, June 5-8, and concludes this week, June 12-15. Softball Camp has been running Tuesday-Friday from 3-6 p.m. on the softball field at Downey High School. The cost was \$15 per day or \$50 per week for the summer sessions.

Tryouts for the fall softball class will be during the second week of school in late August. Head coach Ed Garcia and his staff hoped to have seen you on the softball field this summer for softball camp.

Downey softball finished last season with an overall record of 24-7 and a San Gabriel Valley League record of 9-1. The Lady Vikings were co-league champions with Gahr. Downey was the number one seed in the C.I.F. Division 4 playoffs but was defeated by San Dimas at San Dimas 2-1 in second round play.

**WARREN BOYS BASKETBALL:** The Warren High School boys' basketball summer camp is taking place this week in the Warren Gym. The camp started on Tuesday.

The camp is open for student-athletes ages 13-18 and is taking place from 2-5 p.m. The camp is designed for boys who want to be part of the summer freshman basketball program.

Campers are participating in instruction in basic basketball fundamentals. All campers selected

will receive a camp t-shirt and will participate in a schedule of summer games.

The camp focus is skills specific to point guard, perimeter and post play. Players will also be challenged with more difficult ball handling, shooting, post and perimeter play. Competitions and games will be held.

Questions regarding the boys' basketball program at Warren High School can be directed to head coach Zaiid Leflore at zaiidleflor@yahoo.com or by phone at (310) 753-3706.

**CAMP FOR CHAMPS:** Warren High School is hosting the "Camp for Champs" this summer. The Camp for Champs is partnered with Special Olympics.

The cost is free and registration for the camp is at the door. This camp is designed for those with special needs and donations to the camp are accepted.

The camp session will run from June 12-July 12 and will be held on Tuesdays and Thursdays from 4:30-5:30 p.m. inside the Warren Gym. The camp is open for boys and girls grades K-12.

The clinic focus will be on basketball fundamentals in a fun, friendly and encouraging environment. Participants will be put into age and skill groups with trained staff. This camp is a UCS camp sponsored by Special Olympics.

The camp focus is centered around dynamic warmups, shooting, dribbling, passing, screening, rebounding, transition, games and competition. Those interested can

contact Amanda Peck, APE Teacher at apeck@dusd.net or Warren High School girls' head basketball coach Rachel Palmer at rpalmer@dusd.net.

## POETRY MATTERS

### The Vision of Sir Launfal (excerpt)

And what is so rare as a day in June?  
Then, if ever, come perfect days;  
Then Heaven tries earth if it be in tune,  
And over it softly her warm ear lays;  
Whether we look, or whether we listen,  
We hear life murmur, or see it glisten;  
  
...Joy comes, grief goes, we know not how;  
Everything is happy now,  
Everything is upward striving;  
'Tis as easy now for the heart to be true  
As for grass to be green or skies to be blue,  
'Tis for the natural way of living.

- James Russell Lowell

Schoolchildren memorized and recited this poem in the 19th and 20th century, and the June line is the one that has passed into the collective American poetry consciousness. Along with Longfellow and Whittier, Lowell belongs to a group of writers called the Fireside Poets, or Schoolroom Poets. The old-fashioned style and values still fit for the month that celebrates Dads and Grads, Brides and the Flag. Poetry matters is curated by Lorine Parks.

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It makes perfect sense. If you are going to buy or sell real estate in Downey, you should talk to the expert first. Even if you don't use them? YES! Dale Jervis is so wrapped up in the Downey real estate market, he loves discussing its finer points—anytime! To Dale Jervis, real estate is his passion. It's what gets him up and going every day. So if you were to call him with a question about the local real estate market, you wouldn't get a "don't bother me" attitude. You'd get an amiable and accurate answer to your question, from a person who cares about his profession. Dale is comfortable providing answers to your questions—with no obligation. And if you are in the market for a real estate professional Dale Jervis would be delighted to send you a FREE copy of his personal brochure. Also, have him send you his list of important questions to ask when selecting a real estate agent. Dale Jervis - you'll find talking with him a real pleasure.

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### OUR CLIENTS

CENTURY 21 My Real Estate would like to Congratulate the Graduates of 2018 by having the "Time To Get A Job Special". Sign up for our Real Estate School in the month of June and bring in a copy of this ad and you will receive the "Time to move out of your parents house" discount in the form of \$50 Off the regular price!

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Enjoy one of the most sought after north Downey neighborhoods on a quiet and established area with great schools and friendly people. This great home is walking distance to Gallatin Elementary, rated 4 Stars by Great Schools.org. The home has a green and healthy back yard with many trees, plants and flowers carefully manicured. Call Today!!!

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Cheryl Van Rensselaer

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**Immaculate!**

Immaculate - 10+ home. Everything is in very nice condition, from the fountain on the front porch to the built in BBQ and patio area. Never before carpet throughout and new wood flooring in the office. Granite countertops in the kitchen with upgraded stainless steel appliances (less than 2 years old). Built-ins in the dining room, office, and family room. Office can be 4th bedroom. Pool and spa have been completely redone with new pump. Call Today!!!

**Great Potential!**

Very nice 3 bedrooms, 2 bathrooms. Garage has been converted to a living area. Newer windows, newer wood floor (partial), and granite counters. Excellent location. Call Today!!!

**Entertainers Delight!**

Nice 4 bedroom, 2 bathroom home. This spacious home is great for entertaining with a large front and backyard. Cute home on a quiet street near shopping and schools. Call Today!!!

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Make this your new home! 3 spacious bedrooms, 2 bathrooms, a separate dining room, and plenty of private outdoor spaces make this the perfect place for you and our family. Call Today!!!

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This home is an 11+ Lower level features a guest bedroom and bath, large office with glass doors formal dining, eating area off kitchen, extremely large island in kitchen, state of art appliances, sound system and custom lighting, wine closet, and sitting area off entry. Beautiful backyard with saltwater pool, 10 seat spa, BBQ, fire pit, and putting green. Call Today!!!

**Spish Splash!**

Beautiful pool home located in the convenient and desirable area of Lakewood. Close to school, shopping, and transportation. This well maintained home features 3 bedrooms, 2 bathrooms, remodeled kitchen, ceramic tile and wood floors, patio, central A/C/heater, two car garage, nice pool, and much more. Call Today!!!

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**PRICED TO SELL!**  
  
**Lovely Downey Home!**  
3 BD, 1.75 BA. Living and dining room, family room w/ fireplace + bonus room off garage. **Priced at \$669,000.**

**CHARMING!**  
  
**Downey Vintage Beauty!**  
Craftsman style home with wood floors, formal dining room remodeled kitchen! Old style charm with modern amenities! 4 BD, 2 BA, 2000+ sq. ft. **Priced at \$699,900.**  
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Give Dad The Home He Deserves  
**HAPPY FATHER'S DAY!**

**1 MARIO DID IT AGAIN!**  
  
7826 Harper Avenue, Downey  
2 BD | 1 BA | 1,232 sq. ft. living space  
Hardwood floors. Near Furman Park.  
**In Escrow! In Escrow! In Escrow!**

**LOCATION COUNTRY!**  
  
**Entertainer's Delight!**  
N.E. Downey home w/ 4BD, 3 BA, 16,673 sq. ft. lot. RV parking, pool plus many more features. **Priced at \$949,900.**

**SOLD!**  
  
**Downey Home SOLD!!!!**  
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**Happy Father's Day!**

**2 MARIO DID IT AGAIN!**  
  
9556 Farm Street, Downey  
3 BD | 2 BA | 1,590 sq. ft. living space  
Nearly 8,000 sq. ft. lot w/ a salt water pool.  
**SOLD! SOLD! SOLD!**

**NOW OR NEVER!**  
  
**Splish Splash!**  
3 BD, 2 BA Downey home. 1,592 sq. ft. of living space w/ a brand new sparkling pool. **\$729,000. 562-382-1252.**

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**MARIO IS NOW TAKING LISTINGS!**  
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**NOT TO LATE!**  
  
**Investors Take Note!**  
3 bedrooms, 1.5 bathrooms. La Habra home needs T. L. C. **Priced at \$450,000.**

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**MUST SEE!**  
  
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3. Endless Income Potential
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**DOWNEY'S #1 AGENT FROM 2002 TO TODAY**

**JUST LISTED**  
  
**Entertainer's Delight!**  
6 BD, 7.5 BA, home in N. Downey with dual staircase, family room, formal living room and dining room, master suite with master bath, backyard with outdoor fireplace, TV & BBQ area.  
LIST PRICE \$1,575,000

**OPEN HOUSE**  
  
**This One Won't Last!**  
3 BD, 2 BA, 1,416 sq. ft., remodeled kitchen & baths, living room with fireplace & hardwood floors, central A/C and 2 car attached garage.  
LIST PRICE \$559,000

**JUST LISTED**  
  
**Charming Home Near Furman Park**  
3 BD, 2 BA home boasting living room with fireplace, dining room and updated plumbing. The backyard is very large yet peaceful with mature trees giving privacy and built in BBQ structure behind garage.  
LIST PRICE: \$649,000

**JUST REDUCED**  
  
**North Downey Condo For Sale**  
2 BD, 2.5 BA, over 1,400 sq. ft. living space, living room with fireplace, recently remodeled bathrooms, subterranean parking, association pool and spa.  
REDUCED TO \$419,000

**JUST LISTED**  
  
**Walk To Schools or Shops!**  
Charming Northwest Downey single story condo with 2 BD, 2 BA, master bedroom, den, patio, 2 car garage and inside laundry room.  
LIST PRICE: \$389,000

**JUST LISTED**  
  
**Big Family? No Problem!**  
6 BD, 5 BA, 4,034 sq ft, home built in 2006. Features master suite, large bedrooms with its own bathroom, beautiful kitchen, dining room, and much more.  
LIST PRICE \$995,000

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"Michael & Armando helped us to sell our home in Downey & buy a new home nearby. They helped us with all aspects of the sale and knew how to handle every situation that came up. We appreciate everything they did and are thankful we found them." Thank you, Michael.  
-Greg P.