



**OPINION**  
**Raising minimum wage**  
SEE PAGE 5



**FEATURES**  
**Patriot on vacation**  
SEE PAGE 3



**ENTERTAINMENT**  
**OC Fair guide book**  
SEE PAGE 9



**SPORTS**  
**Warren High's new pool**  
SEE PAGE 4



## Former mayor Mario Guerra releases autobiography

**JULY 15**  
Author talk with Janet Tronstad  
**DATE:** Saturday, July 15  
**TIME:** 12 pm  
**LOCATION:** Downey City Library

**JULY 16**  
Miss West Coast Pageant  
**DATE:** Sunday, July 16  
**TIME:** 4 pm  
**LOCATION:** Downey Theatre

**JULY 18**  
Gangs Out of Downey meeting  
**DATE:** Tuesday, July 18  
**TIME:** 7:40 am  
**LOCATION:** City Hall (2nd floor)

**JULY 19**  
Downey Sister Cities meeting  
**DATE:** Wednesday, July 19  
**TIME:** 6 pm  
**LOCATION:** Downey Library

**Concerts in the Park: The Wiseguys**  
**DATE:** Wednesday, July 19  
**TIME:** 7 pm  
**LOCATION:** Furman Park

**JULY 24**  
Prismatic Magic Extravaganza  
**DATE:** Monday, July 24  
**TIME:** 4 pm  
**LOCATION:** Downey Theatre

**JULY 26**  
Concerts in the Park: Downey Symphony  
**DATE:** Wednesday, July 26  
**TIME:** 7 pm  
**LOCATION:** Furman Park

**JULY 27**  
Mario Guerra book launch  
**DATE:** Thursday, July 27  
**TIME:** 6 pm  
**LOCATION:** Columbia Memorial Space Center

**JULY 30**  
Dance is Life  
**DATE:** Sunday, July 30  
**TIME:** 6:30 pm  
**LOCATION:** Downey Theatre

**AUGUST 5**  
Concerts in the Park: A Salute to Santana  
**DATE:** Saturday, Aug. 5  
**TIME:** 5 pm  
**LOCATION:** Golden Park

**Hot Havana Nights**  
**DATE:** Saturday, Aug. 5  
**TIME:** 6:30 pm  
**LOCATION:** Elks Lodge

**AUGUST 12**  
Smart Gardening workshop  
**DATE:** Saturday, Aug. 12  
**TIME:** 9:30 am  
**LOCATION:** Wilderness Park

**AUGUST 19**  
Rocket Fever  
**DATE:** Saturday, Aug. 19  
**TIME:** 10 am  
**LOCATION:** Columbia Memorial Space Center

**OCTOBER 13**  
Elvis Tribute  
**DATE:** Friday, Oct. 13  
**TIME:** 8 pm  
**LOCATION:** Downey Theatre

**OCTOBER 29**  
Dia de los Muertos  
**DATE:** Sunday, Oct. 29  
**TIME:** 11 am  
**LOCATION:** Downey Theatre

■ **BOOKS:** In "Embracing Change," the two-time mayor reflects on his life as a Cuban immigrant.

By Alex Dominguez  
Staff Writer  
Twitter: @AADwrites

**DOWNEY** – You'd be hard-pressed to find someone in the City of Downey who doesn't know the name Mario Guerra.

Once described as "Downey's biggest cheerleader," the former mayor can often be found out in the community fraternizing with friend and stranger alike, or sitting on the bench at the corner of Downey Avenue and 2nd Street with a good cigar in hand.

Yet there is a fair amount of back story included in the saga of this particular mainstay Downey resident.

Guerra's new book, "Embracing Change: An Immigrant Saga," is the autobiographical story of the life, faith, and lessons learned of a once 6-year-old Cuban boy on one of the first "Viaje De Libertad" (Freedom Flights).

Guerra's initial motivation for the book may seem a bit morbid if not outright spooky; no man in his immediate family has lived past the age of 60, and he turns 59 next year.

"I started writing this as a way to kind of leave a bit of family history," said Guerra. "But then on the way through it I thought why not [include] lessons I've learned

in politics, in business and my own faith journey."

The book touches on several elements in Guerra's life including family, faith, business, and politics.

While the book is Guerra's own personal life story, he also says that it reflects the journey that many immigrants endure.

"Embracing change has been one of the mantras of my family, and that's why I called it that," said Guerra. "It's been the mantra for every refugee, for every immigrant who's ever come [to the US]."

Guerra says that his book contains recollections of some

of his successes, mistakes and struggles, which he hopes can provide insight and inspiration.

"It talk's about this 6-year-old immigrant that came on one of the first freedom flights to being mayor of the city that put people on the moon," said Guerra. "It's just a big contrast on that."

Guerra's daughter Haley says the book reflects "The Mario that people don't know."

"A lot of people know the politics of Mario already," she said. "What I want to stress is there's a lot more to it that is relatable to people who don't know him as just the mayor, city councilman in

Downey." "Embracing Change: An Immigrant Saga" can be found at Barnes and Noble, Amazon, and most major booksellers."

The book was edited by Eric Pierce, who was hired by Guerra to do so independently and separate of his role at the Downey Patriot.

Proceeds from the book will be donated to local veterans organizations, Guerra said.

A public book launch party is scheduled for Thursday, July 27, at 5 p.m. at the Columbia Memorial Space Center.

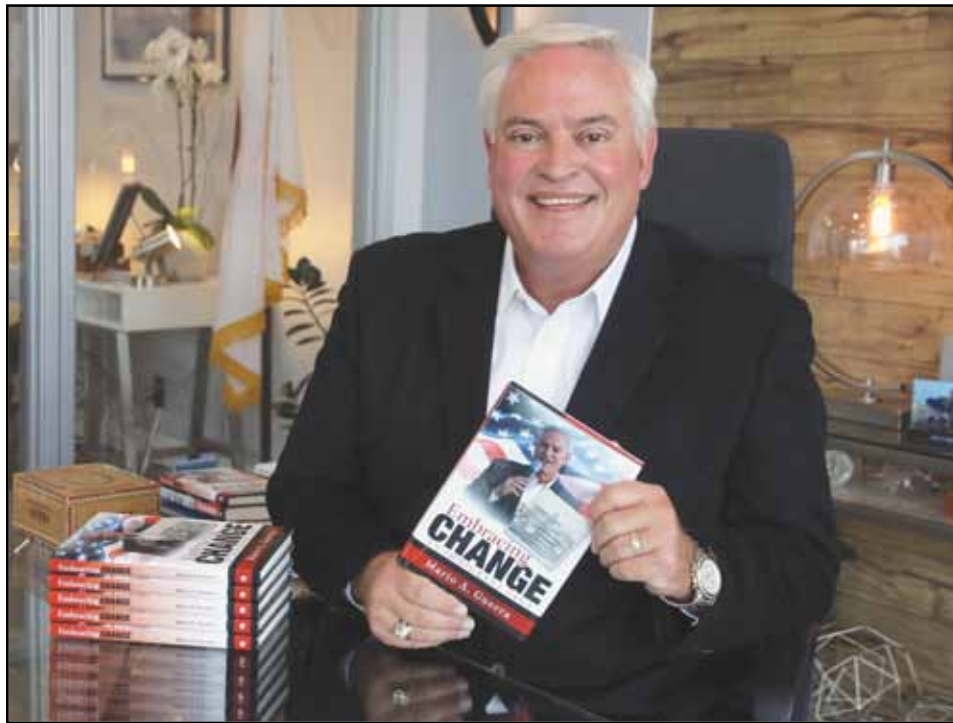


Photo by Alex Dominguez

## Brookshire Avenue to receive million-dollar facelift

**DOWNEY** – The Downey City Council on Tuesday awarded a \$1.087 million construction contract for road repairs on Brookshire Avenue.

Segments of Brookshire -- between Florence Avenue and Firestone Boulevard, and Imperial Highway and Gardendale Street -- will receive a noticeable face-lift, including new asphalt pavement; repairs of curbs, gutters, sidewalks and driveway approaches; and new pavement markings.

Once repairs are completed, Brookshire Avenue between Imperial and Florence will be designated a Class III bicycle route, although there will be no dedicated bicycle lanes.

Work is expected to begin in August and be completed this November.

Orange-based R.J. Noble Company was the lowest of eight bidders and received the project contract.

By Eric Pierce, editor



The Wiseguys Big Band Machine, an 18-piece ensemble that plays everthings from swing to swank, will perform Wednesday at Furman Park, part of the city of Downey's summer concerts in the park series.

Eligible residents age 50 and older, along with two companions, can receive free bus transportation to the concert. Riders must provide proof of age and residency.

For details, call (562) 904-7215.



Downey blues rock band RMB will be releasing their debut album later this month.

The album, called "Sober Soul," will be released at a release party on July 15 at 8 p.m. at At the Top in Long Beach.

The release party will feature performances by several bands, including fellow Downey band New American.

Tickets to the event are \$13 or \$10 presale at bit.ly/rmbtickets. The event is 21 and over.

## Weekend at a Glance

Friday 87°

Saturday 90°

Sunday 87°

### THINGS TO DO



#### Miss West Coast Pageant

Sunday - Downey Theatre, 4 pm

Watch as women compete for the title of Miss West Coast. More than \$100,000 in scholarships and prizes to be awarded.



#### Meet the Author

Saturday - Downey Library, 12 pm

Meet romance author Janet Tronstad at the Downey City Library.



#### Lowrider Show

Saturday - Santa Fe Springs Swap Meet, 10 am to 5 pm

Hundreds of lowriders and custom bikes, plus DJ's and live music. \$1.50 admission.



#### Gabriel Iglesias

Friday - OC Fair, 8 pm

Fluffy Guy opens the OC Fair as part of his FluffyMania World Tour. Show tickets includes admission to the fair.

### FROM OUR FACEBOOK

#### Street repairs on Brookshire Avenue

**Bartolo Joseph:** I hope they don't install those islands in the middle of the road with trees and stuff.

**Diane Flores:** Just in time when it's back to school.... traffic and more traffic

**Joeanna Quinteros:** Brookshire isn't even that bad. I've seen some horrible residential streets that could really use the makeover

Reach us on Facebook at: Facebook.com/DowneyPatriot

### TWEET OF THE WEEK

@CarolKearnsLA: #KBHomes are lined up like shoeboxes & only 3 ft from Paramount. Where are patios, balconies, gardens for quality of life?

Follow us! @DowneyPatriot



## Mario Guerra's story is book material

■ **BOOKS:** The autobiography of Downey's two-time former mayor didn't happen overnight.

By Eric Pierce  
Editor

**DOWNEY** – Mario Guerra was a community volunteer long before he ventured into local politics, but his election to the Downey City Council in 2006 transformed him from ordinary family man and Little League president into a bona fide public figure, and his propensity for the spotlight cemented his image as an outspoken – and sometimes brash – politician.

For someone with as much energy as Guerra, the job of city council member suited him well. If you belong to a Neighborhood Watch group, chances are good Guerra attended your first meeting. Guerra published his personal phone number in the Downey Patriot, and at council meetings he showed the same passion for multi-million dollar redevelopment projects as he did plans to fix potholes.

Guerra sang Downey's praises everywhere he went, earning him the nickname "Downey's Biggest Cheerleader" from former mayor David Gafin. He personally made the 5,000-mile trip to Roscommon County, Ireland – the birthplace of John Gately Downey – to sign sister-city papers.

But Guerra's oversized personality also made him a lightning rod for criticism. He sometimes sparred with residents at council meetings, and was the target of critics who accused him of turning a blind eye to Downey's "cultural inertia."

Through my time as editor of the Downey Patriot, I grew to know Guerra pretty well. And

speaking strictly as a writer and journalist, his candid personality was an interviewer's best friend.

I also got to know another side to Guerra, one not typically seen by the average citizen.

It was a beautiful Sunday afternoon in the fall of 2015 when I got a panicked phone call from my mom. She was working as a live-in nurse to an elderly woman who was near death. A devoutly religious woman, she insisted on receiving her last rites before taking her final breath.

There was little time to spare. Priests from the local Catholic churches were in the middle of Sunday services, so my mom asked if Guerra – an ordained deacon and chaplain with the Downey Police Department – might be willing to visit for a prayer. I told her I'd ask.

Guerra answered the phone with his familiar, "Hey, big guy, how you doing?" He sounded relaxed and happy; I heard the distinct sound of children's laughter in the background.

I apologized for interrupting his Sunday afternoon and explained the situation. Despite having just arrived with his wife at a family birthday party, Guerra dropped everything and made himself available.

He didn't ask who the woman was, or which church she attended, or even if she was Catholic. All he asked was the woman's address, because all he saw was a person in need.

Guerra arrived at the home within 30 minutes, and the elderly woman died that same evening. She died with her soul at peace.

There are other instances too. In 2010, I was interviewing Guerra about his re-election plans at the Coffee Bean on Firestone Boulevard when we were approached by a disheveled woman begging for food. I mumbled something about not having any cash and apologized meekly. Others wouldn't even look the woman in her eyes. But Guerra did something remarkable – he placed his arm around the woman, escorted her to the counter, and handed the cashier a gift card that had been tucked inside his wallet. He told the woman to order whatever she wanted off the menu.

I like to think Guerra not only provided that woman food and nourishment, but also dignity by making her feel human.

Then there was Christmas 2014. It was my first year organizing a toy drive for Gangs Out of Downey and donations were hard to come by. The Downey community is extremely giving and charitable, but we were competing for donations against other toy drives happening simultaneously in Downey (a good problem).

Guerra wrote a personal check



"Embracing Change: An Immigrant Saga" is an autobiography of former Downey mayor Mario Guerra.

that, frankly, saved the Gangs Out of Downey toy drive from being a total disaster. He made the donation from his personal bank account and with zero fanfare. He had to be talked into posing for a photograph a week later.

For several years Guerra pitched me on the idea of helping him write a book, but I hesitated for several reasons, not the least of which was I've never collaborated on a book before. The thought of writing the personal story of another man's life – literally from birth to present – was overwhelming.

Also, the timing wasn't right. As long as Guerra remained on the City Council, it wouldn't be appropriate to collaborate on a book while simultaneously covering him as a journalist.

But perhaps most importantly, I wanted no part in writing a book that wouldn't be taken seriously by the public. Was this going to be a real memoir – a book that people would want to purchase and enjoy – or just a vanity project?

The more I chatted with Guerra, the more I realized his vision for the book was sincere. In fact, "Embracing Change: An Immigrant Saga" isn't as much about Guerra as it is about hope, inspiration, patriotism, and invaluable lessons learned firsthand.

Born in Cuba, Guerra arrived in the United States at just six years old in the first wave of "Freedom Flights" fleeing Fidel Castro's iron-fisted dictatorship. He spoke no English and lived in a cramped 1-bedroom apartment with 11 other family members. He endured unspeakable tragedies, including the deaths of four family members in a plane crash over Long Beach (Guerra had been scheduled to be on that flight).

Despite these obstacles, Guerra earned a college degree, started his own insurance agency, raised a family, became a deacon, created two foundations, ran for public office, and eventually became mayor of his hometown.

The journalist in me saw a story.

Once Guerra was off city council and firmly in the grasps of civilian life, I agreed to help with the book. The result is "Embracing Change: An Immigrant Saga," published by Archway.

The ultimate compliment would be for someone to read the book and come away enlightened, or possibly entertained. It's the same goal I set with the Downey Patriot every week.

"Embracing Change" is available on Amazon.com, Barnes & Noble, and Google.

**UrgentCare**  
AME Medical Group, Inc.

Call us at  
**(562) 923-6060**

11942 Paramount Blvd., Suite B  
Downey, CA 90242

8500 Florence Ave., Suite 101  
Downey, CA 90240

Open 7 days a week until 9pm  
www.ameqme.com

**Botox and Cosmetic Services Offered**

An Environmental Reminder... **Keep Our Oceans Clean — Keep Downey Beautiful**

**Protect** **Collect** **Recycle**

"PROTECT our oceans, COLLECT used oil & filters, then RECYCLE them!"  
Elijah Salazar Rio Hondo Elementary School Ms. Petit's Class

**fun fact** Downey has 33 miles of storm drains. Help keep them clear of trash and pollutants. Preventing storm water pollution helps Keep Our Oceans Clean and Downey Beautiful!

The student artwork above was selected from among 241 environmental artwork entries submitted to the City by local 5th grade students. A new student artwork winner will be featured each month.

The City of Downey and local 5th grade students remind you:  
**Help Keep Downey Beautiful! Recycle Used Motor Oil & Filters!**

For more information, call the Public Works Department  
562.904.7102

**City of Downey**  
DowneyCA.ORG  
888CleanLA.ORG

**RECYCLE USED OIL**

Noche de Loteria will be hosted at Stay Gallery on Friday July 14 from 5 to 9 p.m.

There will be prizes, food, and a raffle. Entry is \$15.

For more information, follow cindyrella314 on Instagram or call Cindy at (562) 584-3353.

**¡Noche De Loteria!**  
Prizes - Food - Raffle  
July 14th  
5-9pm  
Stay Gallery  
11140 Downey Ave  
\$15 Entry  
@cindyrella314  
(562) 584-3353

## ATTORNEY ■ ABOGADA

**Eva Juárez - Attorney**

*Mathotra & Mathotra*



Hablo Español

■ **Wills, Trusts, Probates**

(Testamentos, Fideicomisos, Demandas Sucesorias)

■ **Divorce, Custody, Support**

(Divorcios, Convivencia, Pensión alimenticia)

Call for a **FREE** Consultation!

Your problems have solutions.

(Todos sus problemas tienen solución)

**(562) 806-9400 (800) 811-8881**

**7847 E Florence Ave. Suite 111, Downey, CA 90240**



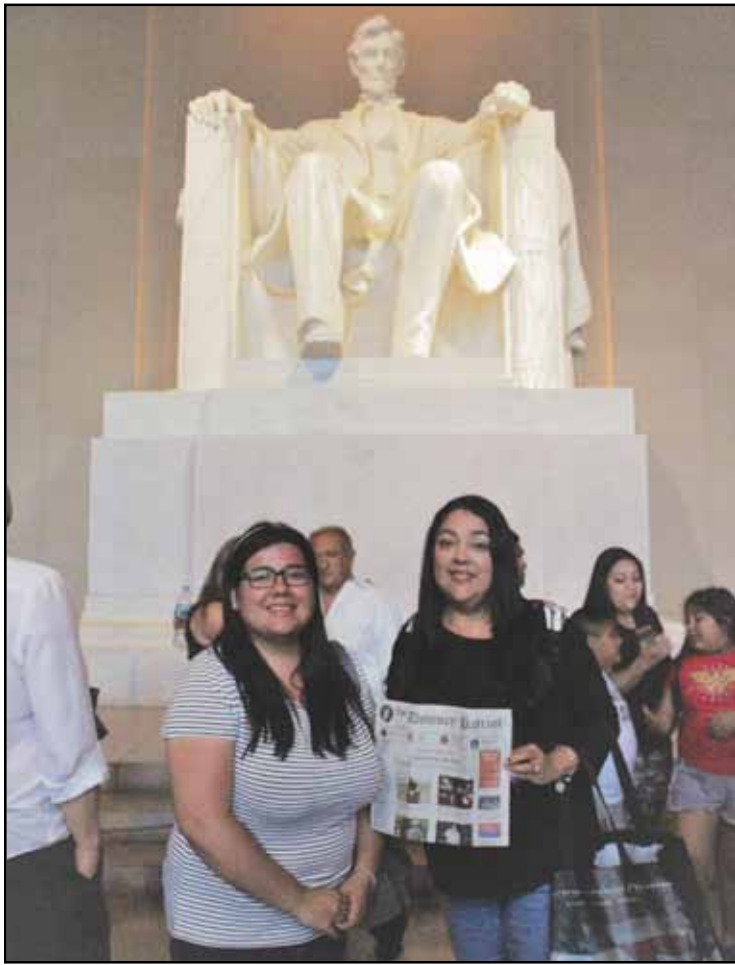
Gabi Gonzalez traveled to Washington D.C. to celebrate 4th of July. Here she is pictured in front of the National Archives, the building that holds the Declaration of Independence.



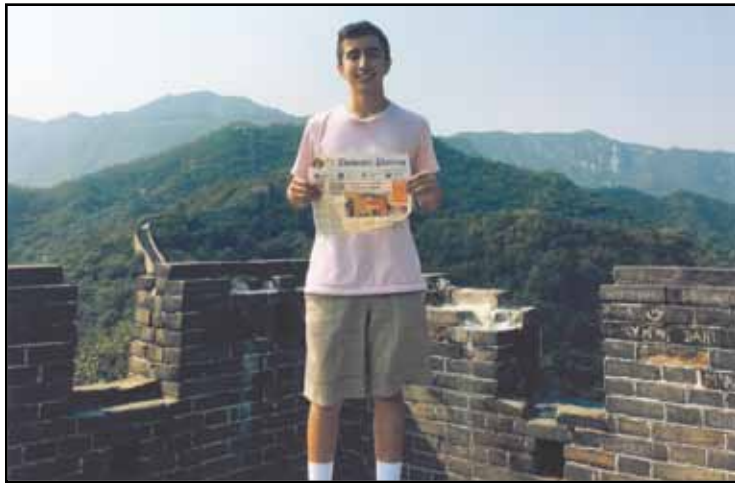
The Maloney's, Mollet's and Encarnacion's in Cabo San Lucas celebrating the graduation of Derick Mollet and Tommy Maloney from Downey High school Class of 2017.



Paul and Reggie Donahue, along with 22 other family members, vacationed in Kauai, Hawaii. They are pictured enjoying a snorkeling excursion along the beautiful Na Pali coast.




Patty and Bianca Salgado traveled to Washington, D.C. last month where Bianca took part in the United Nations Association of the U.S.A. 2017 Leadership summit. Bianca will be a senior at Cal State Long Beach this fall.



Robert Quiroz is a student at Servite High and is enrolled in the Sanbert International Leadership Program. He's also learning Mandarin. Last month, he visited Guilin and Beijing, China. He is pictured at the Great Wall.

*In Memory of*  
**Naomi Mae Ford**  
October 24, 1931 - July 2, 2017



Naomi Mae Ford died July 2, 2017. The youngest of four siblings, she was born to Clarence and Beata Hildreth on Oct. 24, 1931 in Redlands, Calif. Our beloved mother faithfully served the Lord to the end. Through her life Naomi gave compassion and support to people in need that came into her life.

She was preceded in death by her brother, Raymond; sister, Dorothy; daughter, Carol and son, Timothy. She and her family remained close through the years with her sister, Carol and her husband, Bob and their children Kenneth, Kathy, Doug and Darlene, Dorothy's children, Judy and Marilyn and their brother, Bill who passed in 2015. Naomi will leave a gap in the hearts of her surviving children, Laurie and Richard; her grandchildren, Becky, Richard, David, Rachel, Jacob, Joseph; their cousins, Jacob and Joseph Gunderson and great-grandchildren.

After graduating from Redlands High School, Naomi went to Azusa Pacific Bible College, taking music studies where she played piano and organ for the choir and enjoyed playing gospel hymns through her years.

*Please sign the online guest book at [www.oregonlive.com/obits](http://www.oregonlive.com/obits)*

**Julie Konkol, active volunteer, passes away at 94**

**DOWNEY** – Julie Konkol, resident of Downey since 1948, passed away from respiratory failure on July 4th. She was 94.


Konkol was born in El Paso Texas in 1922.

She was active in St. Raymond's Ladies Guild, Downey Newcomers Club, Campfire Girls and PTA while her daughters were growing up.

She retired from L.A. Trade Tech and traveled.

Her husband Edward preceded her. She leaves two daughters and their husbands (Laura and Paul Coble and Katherine and Billy Kruse) and five grandchildren – Elizabeth and husband Kurtis Hughes, Dr. Jeffery Coble, Jonathan Kruse, Sarah and husband Bryan Amarr and Brian Kruse.

A memorial service will be at Miller Mies on Friday, July 21 at 10 a.m. with a reception following.



**Bus trip fundraiser to Harrah's Casino**

**DOWNEY** – Our Lady of Perpetual Help Woman's Guild is sponsoring a fundraiser day trip to Harrah's Rincon Casino and Resort on Tuesday, July 25.

Bus leaves Our Lady of Perpetual Help Church promptly at 7:30 a.m. and returns to Downey by 5 p.m.

Trip is \$15 per person and includes a \$10 gaming card, free bingo and refreshments on the bus. Limited seating.

Reservations can be made by calling Terry at (562) 862-6408.

Harrah's Rincon Casino and Resort is located in Valley Center and features 1,700 slot machines, 68 table games and 11 restaurants.



Our Lady of Perpetual Help School Woman's Guild awarded \$500 scholarships to five graduating 8th grade students who will be attending a Catholic high school in August 2017. They were selected based on their high scores when they took an exam in May. These scholarships will be applied to the students' tuition, books and/or uniform needs.

Pictured left to right: Woman's Guild Vice President Melodie Santana, Xavier Desales (Layola), Alex Santana (Layola), Maddie Olea (Bishop Amat), Katie Vaca (Mater Dei), Woman's Guild President Paula Mayfield.

Not pictured: Aden Leon (Servite)



**Mikel's**  
INSURANCE SERVICES

Family-Owned Independent Insurance Agency

Auto, Homeowners, Renters, Motorcycles, RV's, Boats, Business, Building Owners, Workers Compensation, Professional, E&O

Online: Auto & Homeowners Quotes Instantly!  
[www.Mikels-Ins.com](http://www.Mikels-Ins.com)

Proudly serving Downey for over 30 years!

**NO Broker Fees**  
National "A" Rated Companies

(562) 928-0431

7847 Florence Ave Ste. 120  
Downey, CA 90240

Open: Monday - Friday 9am-5pm  
CA LICENSE: 0E11818



**GRAND OPENING IN DOWNEY**

|   |  |  |
|---|--|--|
| <div style="text-align: center;">  <p><b>ESPERANZA DENTAL</b></p> <p>GENERAL DENTISTRY &amp; DENTAL SURGERY</p> <p><b>ZOOM WHITENING \$149</b><br/><small>In absence of gum disease</small></p> <p><b>Deep Cleaning \$199</b><br/><small>Professional &amp; Preventive Gingivitis REG. \$650</small></p> <p><b>Braces Frenos FREE CONSULTATION</b></p> <p><b>Implant Center \$1,599</b><br/><small>Includes Crown<br/>Cone and Seal for Natural Look<br/>3D X-Ray Computer Guided</small></p> <p><b>White Fillings \$120</b><br/><small>Only</small></p> <p><b>Tooth Extraction \$90</b><br/><small>Excludes Wisdom Teeth<br/>No Pain<br/>With anesthesia<br/>Reg. \$199</small></p> <p><b>Accepting PPO &amp; Most Insurance</b>    <b>FREE X-rays &amp; Consultation</b><br/><small>Uninsurance Only • Restriction Apply</small></p> </div> | <div style="text-align: center;">  <p><b>LA ESPERANZA +++</b></p> <p>URGENT CARE / URGENCIA MEDICA</p> <p><b>EXAMEN GENERAL \$75.00</b><br/><small>Incluye: Consulta<br/>Tiempo Limitado</small></p> <p><b>CONSULTA \$20.00</b></p> <p>• Exámenes de Inmigración<br/>• DOT, DMV, Departamento de Transporte Federal<br/>• Exámenes de Conductores de Camiones</p> <p style="text-align: center; background-color: red; color: white; border-radius: 50%; padding: 5px;"><b>ABIERTO 7 DIAS</b><br/>9 am hasta la Medianoche</p> <p><b>LA ESPERANZA +++</b><br/>4207 Slauson Ave, Maywood, CA 90270<br/>323-560-1100</p> </div> |  |
| <p><b>NOW OPEN</b></p> <p><b>ESPERANZA DENTAL</b><br/>8485 Florence Ave. Downey CA 90240<br/>562-381-2436 • 562-381-2570</p>    | <p><b>ESPERANZA DENTAL</b><br/>4201 Slauson Ave, Maywood, CA 90270<br/>323-771-1885</p>   | <p><b>LA ESPERANZA +++</b><br/>15718 Paramount Blvd, Paramount CA 90723<br/>562-634-2111</p>  |

EM073017CLINICA2

# Warren High School swimming pool nears completion



By Mark Fetter  
Contributor

**DOWNEY** – The Warren High School pool is nearing completion. For the first time in recent days the pool at Warren High School has water in it.

A crew was cleaning and sweeping out the pool late last week, the plastering was then finished and the water finally flowed a short time later. It was certainly a site to be seen from the adjacent staircase on the second floor of Justice Stadium

There are two large blue shade covers on the north side of the pool and an impressive scoreboard is being placed at the east end of the pool attached to the west side of the gymnasium's outer wall. The south side features state of the art locker room and outdoor showering areas. The west side features a newly gated entrance. Outer area concrete will be poured once the inside is completed. The final touches are currently being put in the locker rooms and around the pool area.

Warren Athletic Director Russ Heicke said that the pool should be completed by August 15, a day before fall classes begin at Warren. Heicke continued to say that all aquatic competitions will be played at Warren this fall and the Bears will host their first game at the end of August.

All Warren aquatic coaches, as well as the faculty and staff, are extremely excited to have the pool finally operational.

Heicke concluded by saying that he is grateful to Downey High School throughout the construction timeframe and would like to thank Viking Nation for their accommodations and hospitality throughout this process.

■ The Warren High School baseball program continues to offer summer camps for young student-athletes.

The camp is being run by former Warren Bear standout Miguel Mendoza and focuses on aspects of the game from pitching to catching to hitting to base-running and more. Warren head coach Scott Pearson mentioned that there are currently about twenty kids in the camp, including his son, and that players are having fun while they are learning the fundamentals of the game.

The Warren High School baseball program has also engaged in the "Hard Yards Challenge." The "Hard Yards Challenge" is four weeks in duration and takes place three days a week. The focus is centered around hitting, defense and weight training. The program also addresses agility work and conducts mental lectures to understand the game better.

Scrimmage games are played once a week and participants receive a fitted hat, two dri-fit t-shirts and a pair of shorts. The "Hard Yards Challenge" is open for high school players in grades 9-12.

Details and registration information can be found online at diamonds108.com. Warren head baseball coach Scott Pearson can be contacted at spearson@dusd.net with questions regarding the Warren baseball program.

■ The Downey High School football program is busy preparing for the 2017 season.

The Vikings have several key players returning to a league championship team from a season ago. Running back Baraq Ross (All-C.I.F.), defensive lineman Eli Garcia, offensive tackle Steven George, wide receiver Chris Atkins (All-C.I.F.), linebacker/tight end Robert Barron, offensive lineman Diego Casillas, defensive lineman Brennan Fields, athlete Nick Whitney, linebacker Malcom Perry, athlete Edward Esparza and athlete Noah Skobis all return with more experience and skill under their belts.

Coach Williams likes the progress of his offensive and defensive lines. Williams has also been impressed with junior starting quarterback Kijon Fouts as well as running back Baraq Ross. Newcomers to keep an eye on include Shane Olden and Daniel Mena. Williams believes the strengths of this year's team will be his offensive and defensive lines and team speed on the outside.

Williams expects his players to play together and from whistle to whistle. His focus for this year's team is all about "sacrifice." Williams believes all ten games on the schedule will be tough and present different challenges. The Santa Margarita game stands out because the Eagles return 10 of 11 starters on defense and eight of 11 starters on offense from a season ago.

Santa Margarita finished last season with an overall record of 7-5 and lost in the second round of the C.I.F. Division I playoffs to eventual California state champion St. John Bosco 54-14.

■ The Downey High School football team will be fun to watch this fall.

The Vikings welcome back defensive tackle Eli Garcia. Garcia had 61 tackles, including 12 for a loss and 5.5 sacks a season ago. Garcia is a three-year varsity starter and a two-year captain. Garcia is the strongest guy on the team and looks better than ever.

Nick Whitney had 67 tackles a season ago from the safety position as well as two interceptions, one was returned for a touchdown. Defensive tackle Brennan Fields had 59 tackles, including 16 for a loss and 8 sacks last season. Fields is fast and strong and has all the traits to be a big-time defensive lineman.

Jack Chapman is a linebacker who recorded 57 tackles, including eight for a loss last season. Chapman is an intense player who brings a lot of heart and physicality.

Some new additions to this year's team include Chris Ledesma, Brenden Hodge and Jacob Manetta. Ledesma is a corner who has shown flashes of being a lockdown type corner. He contests every ball thrown his way. Hodge is a corner/safety who dominated on the freshman team last season and is looking to contribute/start this season. His technique is very good. Manetta is an outside linebacker who was a rotational player last season. He is bigger and faster this season and is physical and smart.

Coach Thomas Hollington III maintains that all 10 games on the schedule will be tough this season. He maintains that consistency on defense will be the key for the team's success.

## POETRY MATTERS



### Learning the Trees

Before you can learn the trees, you have to learn  
The language of the trees. That's done indoors,  
Out of a book, which now you think of it  
Is one of the transformations of a tree.

The words themselves are a delight to learn,  
You might be in a foreign land of terms  
Like samara, capsule, drupe, legume and pome,  
Where bark is papery, plated, warty or smooth.

But best of all are the words that shape the leaves—  
Orbicular, cordate, cleft and reniform—  
And their venation—palmate and parallel—  
And tips—acute, truncate, auriculate.

Sufficiently provided, you may now  
Go forth to the forests and the shady streets  
To see how the chaos of experience  
Answers to catalogue and category...

And think also how funny knowledge is:  
You may succeed in learning many trees  
And calling off their names as you go by,  
But their comprehensive silence stays the same.

- Howard Nemerov

Nemerov dramatizes the poetry of the eye and the poetry of the mind, presenting poetry as a link between the two ways of looking at the world, the material and the spiritual. Poetry Matters is curated by Lorine Parks.

LET US HELP YOU  
**UNLOCK YOUR HOME'S  
POTENTIAL**  
WITH A HOME EQUITY LINE OF CREDIT

**2.99%** INTRO APR\*  
for the first 12 months

**Apply Today!**

 **Financial  
Partners**  
CREDIT UNION  
80 YEARS OF SERVICE EXCELLENCE  
FPCU.ORG | 877.404.3728

**Have money for all  
your summer projects!**

- Imperial Branch - 7800 E. Imperial Hwy
- Downey Gateway - 8274 Firestone Blvd

\*APR=Annual Percentage Rate. Based on Home Equity Line for an owner-occupied, single family residence. 2.99% APR Intro Rate valid for first 12 months; after which will change to normal rate (as low as 4.50% to a maximum APR of 18.00%). Loan subject to borrower and property qualifications, not all applicants may be approved. California properties only. Rates and terms are effective 6/28/17 and subject to change without notice. Conditions, restrictions and terms may apply.



# President Trump's worst collusion isn't with Russia — it's with corporations

By Peter Certo

I've always been a little skeptical that there'd be a smoking gun about the Trump campaign's alleged collusion with Russia. The latest news about Donald Trump, Jr., however, is tantalizingly close.

The short version of the story, revealed by emails the New York Times obtained, is that the president's eldest son was offered "some official documents and information that would incriminate Hillary" and "would be very useful to your father."

More to the point, the younger Trump was explicitly told this was "part of Russia and its government's support for Mr. Trump." Donald, Jr.'s reply? "I love it."

Trump Jr. didn't just host that meeting at Trump Tower. He also brought along campaign manager Paul Manafort and top Trump confidante (and son-in-law) Jared Kushner.

We still don't have evidence they coordinated with Russian efforts to release Clinton campaign emails, spread "fake news," or hack state voting systems. But at the very least, the top members of Trump's inner circle turned up to get intelligence they knew was part of a foreign effort to meddle in the election.

Some in Washington are convinced they've heard enough already, with Virginia senator (and failed VP candidate) Tim Kaine calling the meeting "treason."

Perhaps. But it's worth asking: Who's done the real harm here? Some argue it's not the Russians after all.

"The effects of the crime are undetectable," the legendary social critic Noam Chomsky says of the alleged Russian meddling, "unlike the massive effects of interference by corporate power and private wealth."

That's worth dwelling on.

Many leading liberals suspect, now with a little more evidence, that Trump worked with Russia to win his election. But we've long known that huge corporations and wealthy individuals threw their weight behind the billionaire.

That gambit's paying off far more handsomely for them — and more destructively for the rest of us — than any scheme by Putin.

The evidence is hiding in plain sight.

The top priority in Congress right now is to move a health bill that would gut Medicaid and throw at least 22 million Americans off their insurance — while loosening regulations on insurance companies and cutting taxes on the wealthiest by over \$346 billion.

As few as 12 percent of Americans support that bill, but the allegiance of its supporters isn't to voters — it's plainly to the wealthy donors who'd get those tax cuts.

Meanwhile, majorities of Americans in every single congressional district support efforts to curb local pollution, limit carbon emissions, and transition to wind and solar. And majorities in every single state back the Paris climate agreement.

Yet even as scientists warn large parts of the planet could soon

become uninhabitable, the fossil fuel-backed Trump administration has put a climate denier in charge of the EPA, pulled the U.S. out of Paris, and signed legislation to let coal companies dump toxic ash in local waterways.

Meanwhile, as the administration escalates the unpopular Afghan war once again, Kushner invited billionaire military contractors — including Blackwater founder Erik Prince — to advise on policy there.

Elsewhere, JPMorgan CEO Jamie Dimon and other architects of the housing crash are advising Trump on financial deregulation, while student debt profiteers set policy at the Department of Education.

Chomsky complains that this sort of collusion is often "not considered a crime but the normal workings of democracy." While Trump has taken it to new heights, it's certainly a bipartisan problem.

If Trump's people did work with Russia to undermine our vote, they should absolutely be held accountable. But the politicians leading the charge don't have a snowball's chance of redeeming our democracy unless they're willing to take on the corporate conspirators much closer to home.

**Peter Certo is the editorial manager of the Institute for Policy Studies.**

## Fourth of July

Dear Editor:

In regard to the arrogant letter regarding fireworks, "Thank God we are still living in the land of the free."

Land of the free has nothing to do with obeying the law of the land. The next comment, "Again we hear about the concern of the pet owners due to the noise of the 'illegal' fireworks." The noise of illegal fireworks is louder than any of the legal safe and sane you would buy. Organized fireworks shows are a totally different sound; Mr. Diaz should know that.

Disneyland does them every night. Angel's Stadium does them. They are not offensive, and neither are the cities' fireworks shows.

We are talking the "booms!" It is not just the pets that are bothered by these long hours, or even days of shooting off illegal fireworks. Yes, the loud booms like bombs are quite annoying, disturbing, disruptive noises.

We like having a BBQ then doing some of our own legal fireworks. But with all the other illegal fireworks going off continuously for hours, there is no enjoyment to that. This is not being done to celebrate the birth of our nation.

The elderly cannot tolerate these kinds of random explosions. Even I would jump whenever a "bomb" would go off. Our friends who were with us this 4th continually had to try and cover their babies' ears because they were so loud.

Tell me please, what is the purpose of buying illegal fireworks, bringing them illegally into our city, and shooting them off illegally? Whether Mr. Diaz and his sarcasm like it or not, it is illegal to set off illegal fireworks that have been smuggled into the city.

**Diana Borzi Downey**

Dear Editor:

Regarding Mr. Diaz's letter last week on illegal and legal fireworks noise, I and others can definitely tell M80s, bottle rockets and all those other illegal fireworks going off. They are louder, linger longer and are more annoying.

This year was the worst ever and everyone I have spoken to agrees. Something must be done.

I have asked City Council to consider making changes to fireworks on behalf of many others living here. My suggestion is to eliminate -- yes, eliminate -- any fireworks in the streets. Only allow them to be used at a park or open vacant space and reduce the sale of the countless number of stands in our city. Limit stands to a few major non-profits and only sell in the park, where you are allowed to discharge them. Curfew is 10 p.m. Anyone using them in the street will be cited.

Our police and fire departments can quickly and easily cite the violators. Our homes are safer, our pets feel safer, we feel safer and for once we can enjoy the 4th like we use to in this city without feeling we are in a war zone.

**Dorothy Pemberton Downey**

Dear Editor:

Growing up in a small community of 3,000 people in the entire county, the main event of the year was the annual 4th of July parade which could be seen a block from where we lived. In the evening, people came from miles around to see the elaborate fireworks display at the nearby park.

Since moving to California in 1966, I can't recall seeing any local parade on Independence Day, and being always busy preparing food in readiness for family barbecues and fireworks displays, I haven't thought too much about this until today when, having no plans but to spend a quiet day at home, I decided to watch the Huntington beach 4th of July parade.

How refreshing this was to see the streets, floats, and individuals carrying or displaying the American flag! How glorious it was seeing so much red, white and blue, observing happy smiles, hearing thankful words for our military and for the freedoms we have because of the actions of those fighting for us. My patriotism soared to new levels as I watched this wonderful parade with no hint of politics, racism, hatred or violence.

Reading again about how our country was founded on Christian principles warmed my heart to know I am part of this great society. As John Adams said, "Our Constitution was made only for a moral and religious people." John Quincy Adams once said "The declaration of Independence laid the cornerstone of human government upon the first precepts of Christianity."

"United We Stand" was the theme for the Huntington Beach Parade. Fellow Americans we must stand united and refrain from hateful insults that promotes violence and discord. Blessed is the nation whose God is the Lord (Psalm 33:12). We must keep our God of love, hope, justice and peace in our hearts and in our laws, and we must love not hate others.

**Martha Morrissy-Call Downey**

# Will California's new hourly wage laws hurt low-income workers?

By Alex Saab

Sometimes the best of intentions create unintended consequences. One wonders if that is going to be the case in California, which is in the process of phasing in a \$15-per-hour minimum wage.

On the face of it, this would seem to be a good thing because it boosts pay for workers in California, where the cost of living is so high. But the Washington Post reports a new study from the University of Washington suggesting that the \$15 rate actually hurts low-income workers:

"When Seattle officials voted three years ago to incrementally boost the city's minimum wage up to \$15 an hour, they'd hoped to improve the lives of low-income workers. Yet according to a major new study that could force economists to reassess past research on the issue, the hike has had the opposite effect.

"The city is gradually increasing the hourly minimum to \$15 over several years. Already, though, some employers have not been able to afford the increased minimums. They've cut their payrolls, putting off new hiring, reducing hours or letting their workers go, the study found."

This is not good news for California. The UW study would also appear to lend credibility to warnings voiced by restaurants, the

hotel industry, farmers and farmworkers that this and other new wage requirements will actually cut their incomes and raise costs to consumers.

The California Legislature passed wage and overtime-hike measures last year and small business owners are bracing for the worst.

Yes, trying to ensure workers can boost their wages is commendable. But our lawmakers are failing these workers by instituting shallow, simplistic and symbolic approaches that in reality are highly likely to backfire as this new study suggests.

Unfortunately, in Sacramento and most government offices, those making laws and setting regulations have little if any experience as economists, private-sector workers or business owners.

Since the stakes are so high for workers, shouldn't there at least be a basic requirement that those who micromanage wages must have spent some time meeting a payroll? Playing with other people's money and work is easy when there is no accountability or need to confront reality.

**Alex Saab is an attorney and small business owner. He is a council membr in the city of Downey and a former mayor.**

# Amazon's purchase of Whole Foods is bad news

By Jim Hightower

Wall Street analysts tell us that Amazon's \$14 billion buyout of Whole Foods isn't only a win-win for both of them, but also for consumers, for Amazon intends to lower the organic grocer's prices.

Really? Yes, they say, because Amazon will use its amazing computer-driven tactics to cut Whole Foods' cost of selling groceries.

But Amazon's robotic "efficiency" is achieved by cutting people. It ruthlessly squeezes suppliers, for example, demanding that they give bankruptcy-level wholesale prices to the retail colossus.

That means that small organic farmers and food artisans are destined to be squeezed out of Whole Foods, displaced by deep-pocket, global food makers who are willing to cut corners on quality and the environment in order to get on Amazon's new grocery shelves.

Next on the chopping block is Whole Foods' helpful and friendly work force. Jeff Bezos, Amazon's CEO, doesn't view workers as assets, but as costs. So to jack up the grocery chain's profits, he'll cut those "costs" — aka, people.

He's already testing a store concept that has no cashiers to interfere with your shopping "experience." It uses computer sensors to take your money electronically, instead of paying bothersome humans to do the job of checking you out and — God forbid — conversing with you.

Oh, another plus of connecting us to the corporate computers is that they'll track and record our every move and every purchase, building a detailed personal profile on each of us in order to... well, to do what? And why?

According to the calendar, we're living in 2017. But the Brave New Future of Amazon's electronic, robotic Whole Foods Market tells us we're living in the corporatized version of 1984, where human needs for jobs and personal relationships are subverted to the corporate love of automation and avaricious profits.

**Jim Hightower is a radio commentator, writer, and public speaker. He's also the editor of the populist newsletter, The Hightower Lowdown.**

## Mario Guerra's book

Dear Editor:

I wanted to say that I thought the chapter entitled, "The Journey" was very interesting. I was fascinated to learn about Mr. Guerra's childhood.

My only complaint is that the story doesn't explain the cultural revolution taking place all around young Mario. The description in the book does not really focus on the Cuban Revolution and all that it entailed.

Like, why for instance was young Mario's father's surname singled out by Castro's forces? Was young Mario part of an affluent and influential family structure in Cuba that was singled out by Castro's forces? Was there a Batista connection? Was young Mario's cousin Jose Echeverria a major Cuban revolutionary more important than Castro himself? Though I found the book interesting, it left me wanting more information.

All in all it is a straightforward and well written autobiography. But there are still many unanswered questions.

**Greta Campbell Downey**

## The Downey Patriot

STAFF

**JENNIFER DEKAY**  
Publisher

**ERIC PIERCE**  
Editor

**MICHAEL ROBINSON**  
Display Advertising

**CHRISTIAN BROWN**  
Editor

**JAZMIN GOMEZ**  
Display Advertising

**ALEX DOMINGUEZ**  
Staff Writer

**LEEANN ROBERTS**  
Assistant Display Advertising

**MARK FETTER**  
Contributor

**LINDA LARSON**  
Classified Advertising

**CAROL KEARNS**  
Contributor

**JULIE LEDESMA**  
Legal Notices

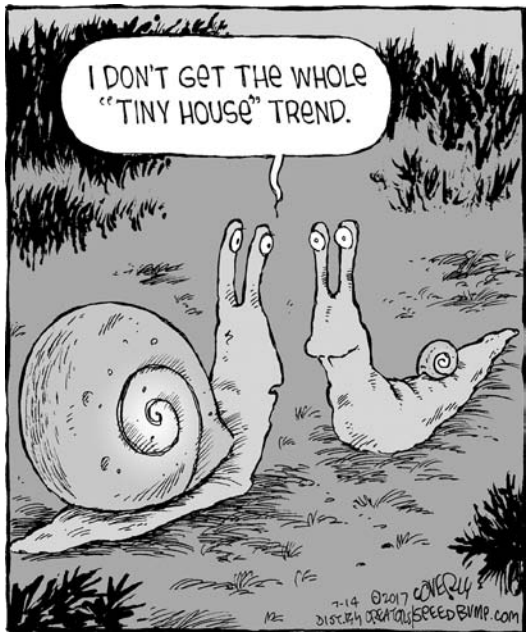
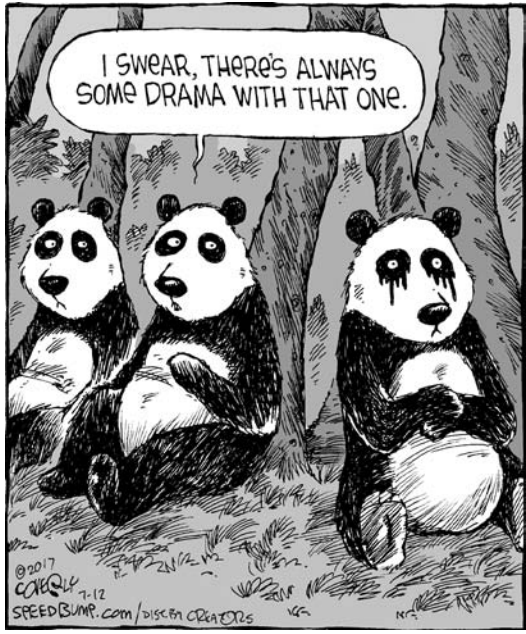
**LORINE PARKS**  
Contributor

**JONATHAN FOX**  
Production/Graphics

TEL (562) 904-3668 | FAX (562) 904-3124 | MONDAY - FRIDAY 9AM - 3PM  
8301 FLORENCE AVE., SUITE 100, DOWNEY, CA 90240 | THEDOWNEYPATRIOT.COM  
ADJUDICATION #BS124251

The Downey Patriot is published weekly by The Downey Patriot, Inc.  
Controlled Distribution, 25,000 copies are printed.  
Distributed by CIPS Marketing Group, Inc., Los Angeles, CA.

## SPEED BUMP



## DAVE COVERLY



# Downey Community Calendar

### CITY MEETINGS

- 1st & 3rd Wednesday, 6:30pm: Planning Commission, Council Chamber at City Hall.
- 1st Tue., 4:00pm.: Recreation and Community Services Commission, Council Chamber, City Hall.
- 1st Tue., 6:00pm: Emergency Preparedness Committee, at Fire Station No. 1, 12222 Paramount Blvd.
- 2nd & 4th Tue., 6:30pm: City Council, Council Chamber.
- 3rd Tue., 6:30pm: Library Advisory Board, at Downey City Library.
- 4th Mon., 5 pm: Green Task Force, at City Hall.

### Regularly Scheduled Meetings

#### MONDAYS

- 7 pm: Boy Scout Troop 2, at Downey United Methodist Church, call 869-6478.
- 2nd Mon., 11 am: American Legion Auxiliary #270, at United Methodist Church, call 304-3439.
- 3rd Mon., 11:30 am: Downey Newcomers Club, call Barbara 869-1044.
- 4th Mon., 7:30 pm: Downey Numismatists, at Downey Retirement Center, call 862-6666.

#### TUESDAYS

- 9:30 am: Downey Seniors Club, at Apollo Park, call Irene Vallini at 328-7039.
- 10 am: Downey Bocce Club, at 7850 Quill Drive, call John Fiorenza at 652-4399.
- 12 pm: Rotary Club, at Rio Hondo Events Center, call Russell Skersick 929-3710.
- 6 pm: Toastmasters Club 587, at First Baptist Church, contact Salvador Cervantes: tmsalcpuede@gmail.com.
- 7 pm: Downey Knights of Columbus Bingo, at 11231 Rives Ave., call 923-1932.
- 7 pm: Healing Room and Prayer, at Desert Reign Church 11610 Lakewood Blvd, call 861-6011.
- 7:30 pm: Downey Master Chorale, at Cornerstone Church, contact info@downeymasterchorale.org.
- 1st Tues., 7:30 am: Gangs Out of Downey, at City Hall training room.
- 2nd Tues., 3:30 pm: Keep Downey Beautiful, at City Hall, call 905-7103.
- 2nd and 4th Tues., 6 pm: Sertoma Club, at Rio Hondo Event Center, call 927-6438.
- 2nd Tues., 6 pm: Downey Fly Fishers, at Apollo Park, call 425-7936.
- 3rd Tues., 6:30 pm: Community Emergency Response Team meeting, Fire station 1, 12222 Paramount.
- 3rd Tues., 6 pm: American Legion #270, at Sizzler Restaurant, call 544-0372.
- Tues., Thurs. & Sat., 10 am: Downey Bocce Club, at 7850 Quill Drive, call John Fiorenza 652-4399

#### WEDNESDAYS

- 7 am: Kiwanis Club, at Rio Hondo Events Center, call Steve Roberson at 927-2626.
- 1 pm: Women's Bocce Club, at 7850 Quill Drive, call Marie Puch at 869-4366.
- 7 pm: Out Post 132 Royal Rangers, at Desert Reign Church, call 928-8000.
- 1st Wed., 11 am: Woman's Club of Downey, call Cheryl Olson 833-8954.
- 1st Wed., 11:30 am: Downey Coordinating Council, Community Center, call Bobbi Bruce 440-5416.
- 1st Wed., 7:30 pm: Downey Stamp Club, at Maude Price School cafeteria, call 928-3028.
- 2nd Wed., 11:30 am: Christian Women's Club, at Los Amigos Country Club, call Helen 864-7319.
- 2nd Wed., 7:30 pm: Downey Model A Club, at Gallatin School Cafeteria, call 928-4132.
- 3rd Wed.: Downey Dog Obedience Club, for information please call Gina 869-5213 or Valerie 420-2972.
- 3rd Wed., 10 am: Los Angeles County Quilters Guild, at Women's Club, call (310) 604-0725.
- 3rd Wed., 10 am: OLPH Women's Guild, at OLPH School Auditorium, contact Paula Mayfield, (562) 923-3518.
- 3rd Wed., 6 pm: American Business Women's Association, Rio Hondo Country Club, call Barbara 863-2192.
- 4th Wed., 12:00 pm: Retired Federal Employees, at Barbara J Riley Center, call 943-5513.
- 4th Wed., 7:30 pm: US Coast Guard Aux. Flotilla 5-10, First Presbyterian Church, call Brian 419-5420.
- Wed. & Fri., 10:15 am: Senior Bingo, at Apollo Park, call 904-7223

#### THURSDAYS

- 7:30 am: Connections Networking, at Bob's Big Boy, for info., call Nick Smith, 861-5222.
- 7:30 am.: Soroptimist Int'l of Downey, for information, call Mia Vasquez, 806-3217.
- 9:30 am: Take off Pounds Sensibly, at Barabara Riley Senior Center, call (800) 932-8677.
- 12 pm: Kiwanis Club of Downey, at Rio Hondo Events Center, call Roy Jimenez 923-0971.
- 12 pm: Optimist Club of Downey, at Rio Hondo Events Center.
- 6:30 pm: Downey United Masonic Lodge # 220, 8244 3rd St., call 862-4176.
- 7 pm: Troop 351, Boy Scouts of America, at First Baptist Church, call 776-3388.
- 1st Thurs., 12:00 pm: Downey Christian & Professional Luncheon, Sizzler's Restaurant, call James 310-1335.
- 1st Thurs., 7:30 pm.: The Downey Amateur Radio Club, at First Baptist Church room 120.
- 2nd Thurs., 7:30 pm: Beaming Rebel Foxes Collectors Club, call Carl D. Jones at 923-2400.
- 2nd & 4th Thurs., 6 pm: Lions Club, at Coco's, call Lenora (310) 283-9825.
- 3rd Thurs., 4 pm: Public Works Committee, at City Hall Training Room.
- 3rd Thurs., 6 pm: Downey CIPAC, at Sizzler's Restaurant, call Rich Tuttle 413-6045.
- 4th Thurs., 10 am: Assistance League, at Casa De Parley Johnson, call 869-0232.
- 4th Thurs., 7:30 pm: Downey Historical Society programs, at Community Center, call 862-2777.

#### FRIDAYS

- 7:30 am: Pro Networkers, at Mimi's Cafe, call Barbara Briley Beard at 869-7618.
- 3rd Fri., 8:30 am: Women's "In His Glory" Ministry at Los Amigos C. C. 622-3785.

#### SATURDAYS

- 9 am: Farmers Market, Downey Avenue at 3rd Street, call 904-7246.
- 4th Sat., 12:00 pm: Downey Arts Coalition, email contact@downeyarts.org.

### On This Day...

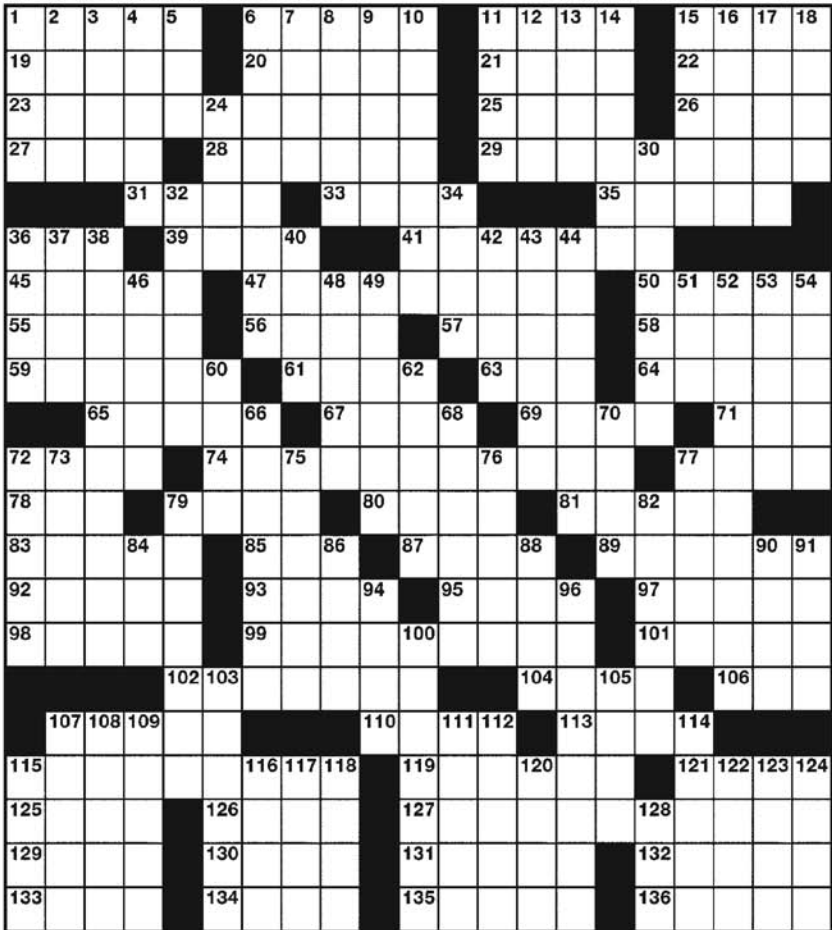
- July 13, 1863:** Rioting against the Civil War military draft erupted in New York City; about 1,000 people died over three days.
- 1923:** A sign consisting of 50-foot-tall letters spelling out "HOLLYWOODLAND" was dedicated in the Hollywood Hills to promote a subdivision (the last four letters were removed in 1949)
- 1930:** France beat Mexico 4-1 in the first match of soccer's inaugural World Cup tournament in Montevideo, Uruguay.
- 1960:** John F. Kennedy won the Democratic presidential nomination at the party's convention in Los Angeles.

### THE NEWSDAY CROSSWORD

Edited by Stanley Newman (www.StanXwords.com)  
**MONEY MATTERS: To spend some time with**  
 by Gail Grabowski

- |                                     |                                |                              |
|-------------------------------------|--------------------------------|------------------------------|
| <b>ACROSS</b>                       | 77 All-in-one printer function | 5 Briny expanse              |
| 1 Sports data, e.g.                 | 78 Bovine chew                 | 6 Grizzlies, re their food   |
| 6 Turns toward                      | 79 Hieroglyphics reptiles      | 7 "Excuse me..."             |
| 11 Pros offering IRA advice         | 80 Scorch                      | 8 West Pointer               |
| 15 Scored 100% on                   | 81 Spiral shell                | 9 Pension law acronym        |
| 19 Wood shop tool                   | 83 Hymn accompaniment          | 10 Early inhabitant          |
| 20 Chicago hub                      | 85 Car company from Korea      | 11 Industry mogul            |
| 21 Component of brass               | 87 Many a pop group            | 12 Galileo Airport city      |
| 22 Anecdotal wisdom                 | 89 Tropical eels               | 13 ___lock brakes            |
| 23 Grade-boosting optional work     | 92 Be dishonest with           | 14 Candle bracket            |
| 25 In the matter of                 | 93 Arrests, informally         | 15 "Welcome to Maui!"        |
| 26 Laudatory works                  | 95 Vacation plan               | 16 Housing regulations       |
| 27 <i>The Flintstones</i> pet       | 97 Audacity                    | 17 Construct                 |
| 28 Most docile                      | 98 Try to prevent              | 18 Office fixture            |
| 29 Spectator's second chance        | 99 All in all                  | 24 PC corner key             |
| 31 Swedish tennis great             | 101 "That's a shame!"          | 30 Transparent parts of eyes |
| 33 Soft mineral                     | 102 Gallery event              | 32 Briny expanses            |
| 35 Shoreline                        | 104 Do damage to               | 34 <i>Closing Bell</i> aier  |
| 36 Justice Dept. bureau             | 106 Uncanny skill, for short   | 36 Menlo Park middle name    |
| 39 Music staff symbol               | 107 Hanukkah pancake           | 37 Tips of shoes             |
| 41 Ultimate consumer                | 110 Cantina tidbit             | 38 Frequent complainer       |
| 45 Ruin, with "up"                  | 113 Bird feeder food           | 40 Nike competitor           |
| 47 Land along the Mississippi, e.g. | 115 Suave superspy             | 42 Spot for a lecturer       |
| 50 "Wrong!"                         | 119 Louisiana county           | 43 Renders knotless          |
| 55 Italian scooter                  | 121 Author Murdoch             | 44 Doubter                   |
| 56 Slight, as chances               | 125 Foul callers               | 46 Baserunner's asset        |
| 57 Use as a reference               | 126 Cyberbidding site          | 48 Sentry's duty             |
| 58 Message sent with a click        | 127 Theatrical category        | 49 Removes errors from       |
| 59 Agree (to)                       | 129 Lose solidity              | 51 Meditation chants         |
| 61 Matures                          | 130 Easy stride                | 52 Become the boss           |
| 63 Small sample of soup             | 131 Spiny houseplants          | 53 City southeast of 12 Down |
| 64 FAQ part                         | 132 Brass or pewter            | 54 Medieval, maybe           |
| 65 Under siege                      | 133 CEO, often                 | 56 Clay pigeon sport         |
| 67 Signs, as a contract             | 134 Garden planting            | 66 Geisha's hairdo feature   |
| 69 LAX predictions                  | 135 Pastry cart offerings      | 68 Athens' ancient rival     |
| 71 Organic chemistry suffix         | 136 Very small                 | 70 Ion, at times             |
| 72 Gulf War missile                 | <b>DOWN</b>                    | 72 Take to task              |
| 74 Mine extraction of a sort        | 1 Winter glider                |                              |
|                                     | 2 Prepare for takeoff          |                              |
|                                     | 3 Mail-routing abbr.           |                              |
|                                     | 4 Pulsate                      |                              |

CREATORS SYNDICATE © 2017 STANLEY NEWMAN WWW.STANXWORDS.COM 7/9/17



- |                           |                                    |   |
|---------------------------|------------------------------------|---|
| 73 Radium discoverer      | 96 Consider in a new light         | 115 Skydiving instance                      |
| 75 Tibetans and Timorese  | 100 Goes for with gusto            | 116 English horn kin                        |
| 76 Celestial hunter       | 103 Insurgents                     | 117 Back of the neck                        |
| 77 Bookcase fastener      | 105 Germany's largest urban region | 118 Changed the color of                    |
| 79 Arctic jackets         | 107 More flimsy, as an excuse      | 120 <i>How ___ Your Mother</i> (CBS sitcom) |
| 82 Generic-brand          | 108 More than enough               | 122 Portrayal                               |
| 84 Munched on             | 109 Tries out                      | 123 Tapped smartphone image                 |
| 86 "Mamma Mia!" group     | 111 Singer Abdul                   | 124 Smirnoff rival                          |
| 88 "That smarts!"         | 112 Defensive suit                 | 128 Emulated                                |
| 90 St. Laurent of fashion | 114 Magazine identifier            | Miss Muffet                                 |
| 91 Leak slowly            |                                    |   |
| 94 Ice melter             |                                    |   |

Reach Stan Newman at P.O. Box 69, Massapequa Park, NY 11762, or at www.StanXwords.com

### Advertising Policy

The Downey Patriot reserves the right to censor, reclassify, revise or reject any ad. The Downey Patriot is not responsible for incorrect ads beyond the first business day of an ad scheduled. Please check your ad on the first day of publication and report any errors we have made to the Classified Department at 562-904-3668 at the beginning of the next business day to have it publish correctly for the remainder of the schedule.

You can contact puzzle editor Stanley Newman at his e-mail address: StanXwords@aol.com. Or write him at P.O. Box 69, Massapequa Park, NY 11762, Please send a self-addressed, stamped envelope if you'd like a reply.



## Paging Dr. Frischer...

By Dr. Alan Frischer



In my practice, one of the most common complaints I hear is fatigue. The difficulty with this symptom is that there are so many possible causes. A diagnosis requires a careful review of a patient's entire lifestyle, health history, diet history, exercise and sleep habits, etc. Could adrenal fatigue syndrome (AFS) be responsible?

Scientific literature on fatigue includes Addison's disease (also called adrenal insufficiency). Addison's is a well-known medical condition, yet I can count on my fingers how many times I have seen it in my rather long career. In contrast, some sources on adrenal fatigue syndrome claim that it is extremely common.

Adrenal fatigue syndrome is said to include a collection of non-specific symptoms, such as fatigue, body aches, anxiety, inability to handle stress, depression, cravings for salt, difficulty concentrating, changes in digestion, insomnia, inability to lose weight, allergies, and a "weak immune system."

AFS appears in numerous alternative medicine sources, but is

not accepted as a medical diagnosis by mainstream institutions. Blood tests that are able to diagnose Addison's disease come back normal for AFS.

In contrast to AFS, Addison's disease clearly occurs when the adrenal glands stop functioning. Causes include autoimmune disease, having a malfunctioning pituitary gland, longtime use of prednisone, cancer, the use of blood thinners, and having a chronic infection (especially tuberculosis).

When Addison's disease is present, the adrenal glands don't produce enough essential hormones. This leads to fatigue, body aches, weakness, nausea, salt craving, unexplained weight loss, low blood pressure, lightheadedness, loss of body hair, and hyperpigmentation. This adrenal insufficiency can be diagnosed by blood tests, as well as by special stimulation tests.

Proponents of the adrenal fatigue diagnosis claim this is actually a mild form of Addison's adrenal insufficiency, and that it is caused by chronic stress. The theory is that the adrenal glands are unable to keep up with the increased demand of perpetual stress, leading to excess flight-or-fight activity. As a result, the glands can't produce quite enough of the hormones we need in order to feel good, yet there is enough to show a normal blood test.

The assertion is that most of us will develop AFS at some point in our life. The diagnosis of AFS is based only on symptoms, and there are indeed some similarities between these symptoms and

those of Addison's disease.

The treatment for Addison's disease is to replace the missing hormone(s). The proposed treatment for Adrenal Fatigue Syndrome is also logical: it focuses on the purported root causes, including stress and diet.

One thing I have learned through the years is that science does not explain everything, and that when science lacks a reasonable answer for a problem, many will step forward with answers - be they correct or not. I advise that you be extremely careful \*not\* to accept a diagnosis that is unrecognized by mainstream medicine. I have seen patients hurt by purported treatments for unproven conditions. "Remedies" for so-called adrenal fatigue can leave a patient feeling worse, and encourage him or her to ignore the actual root causes.

Yes, there are conditions that are as yet not understood by mainstream medicine. However, my responsibility is to offer advice that is supported by science. I would suggest that you do the same. As knowledge expands, we will all grow with it.

**Dr. Alan Frischer is former chief of staff and former chief of medicine at Downey Regional Medical Center. Write to him in care of this newspaper at 8301 E. Florence Ave., Suite 100, Downey, CA 90240.**

## Alternative Medicine: Intuition



By Marcela Arrieta

In my practice, intuition is often referred to as an inner GPS or gut feeling guiding our every decision and step. All living creatures without exception possess this God-given treasure. Many of the clients I see express the sense of lacking or not being able to tap into their intuition. They feel it's only their imagination at play.

The reality is that as long as we inhabit a human body we are subject to emotions, feelings, thoughts and our whatever our environment is. These play a key factor in our ability to tap deep within ourselves and embrace the treasure that is intuition. We are creatures of habit, driven by emotions. The majority of

decisions are made based on our emotional state. This can be a double edge-sword. Finding the balance is the key.

We are bombarded daily by swift marketing targeting our emotional state. A car commercial utilizes the phrase, "Now you can be as cool as your friend in your new car". For many, this simple yet effective phrase targets people who may be going through a difficult self-esteem patch. People in this emotional state of being are numb to the intuition that is and has always been there. Therefore they believe they possess zero ability to trust their gut feeling, their inner lighthouse.

I'll share two effective exercises that will enhance your ability to tap-into and trust your intuition.

The first is learning how to stop and step back from emotionally driven decisions. We tend to get carried away in the moment to possibly later regretting whatever decisions were made. When a situation arises and those feelings bubble up, stop yourself from making any decision immediately. Focus on your breathing; slowly inhale and slowly exhale. Do this for a minute or a few minutes. Ask yourself if the decision you need to make is the proper one for you.

Here is where step number two comes in. As we internally question ourselves gently focus on your belly button. This is one of the energy centers that express intuition. It's often called the powerhouse. Observe this area as you continue to question and focus on your breathing. If your navel area tightens up this is a sign that whatever you are about to do may not be the proper decision for you. Hence the opposite. When the navel area simply flows it is the sign you are on the right track.

I recommend you practice with minimal decision making until you feel comfortable taping and trusting your built in intuition. This by no means in meant to replace proper and logical decision making, especially those related to health and overall wellbeing.

Have a question regarding this article or maybe you'd like to suggest a topic? Write to me at: [m\\_arrieta@yahoo.com](mailto:m_arrieta@yahoo.com). Next article we will talk about SuperBrain Yoga.

**Marcela Arrieta is an alternative modality practitioner with over five years of experience in this field. She is also an entrepreneur who resides in Downey. She can be reached at [m\\_arrieta@yahoo.com](mailto:m_arrieta@yahoo.com).**

## Opioid prescriptions decline from 2010 peak

The amount of opioids prescribed in the United States peaked in 2010 and then decreased each year through 2015, but remains at "high levels" and varies from county to county in the U.S., according to the latest Vital Signs report by the Centers for Disease Control and Prevention (CDC).

In 2015 six times more opioids per resident were dispensed in the highest-prescribing counties than in the lowest-prescribing counties. This wide variation suggests inconsistent prescribing practices among healthcare providers and that patients receive different care depending on where they live.

"The amount of opioids prescribed in the U.S. is still too high, with too many opioid prescriptions for too many days at too high a dosage," said Anne Schuchat, M.D., acting director of the Centers for Disease Control and Prevention.

CDC researchers analyzed changes in annual prescribing measures from 2006 to 2015 and found that while there have been declines in the amount of opioids prescribed, more can be done to improve prescribing practices. For example, between 2006 and

2015 the amount of opioids prescribed peaked in 2010 at 782 morphine milligram equivalents (MME) per person and decreased to 640 MME in 2015. (MME is the amount of opioids in milligrams, accounting for differences in opioid drug type and strength.)

Daily MME per prescription remained stable from 2006 to 2010 and then decreased 17 percent from 2010 to 2015 (from 58 MME to 48). However, the average days' supply per prescription increased 33 percent from 13 days in 2006 to almost 18 days in 2015. The amount of opioids prescribed per capita in 2015 was still approximately three times as high as in 1999.

For this Vital Signs report, CDC analyzed retail prescription data from QuintilesIMS to assess opioid prescribing in the United States from 2006 to 2015, including rates, amounts, dosages, and durations prescribed. CDC examined county-level prescribing patterns for the years 2010 and 2015.

County-level factors associated with higher amounts of opioids prescribed include:

- A greater percentage of non-Hispanic white residents.
- A greater prevalence of

- diabetes and arthritis.
- Micropolitan areas (non-metro small cities and big towns).
- Higher unemployment.

"While some variation in opioid prescribing is expected and linked to factors such as the prevalence of painful conditions, differences in these characteristics explain only a fraction of the wide variation in opioid prescribing across the United States," said Deborah Dowell, M.D., chief medical officer in the Division of Unintentional Injury Prevention at CDC's National Center for Injury Prevention and Control. "This variation highlights the need for healthcare providers to consider evidence-based guidance when prescribing opioids."

In 2016, CDC provided recommendations for the prescribing of opioid pain medication for patients 18 and older in primary care settings. These recommendations focus on the use of opioids in treating chronic pain (pain lasting longer than three months or past the time of normal tissue healing) outside of active cancer treatment, palliative care, and end-of-life care.

# BULLETIN BOARD

**GOT TERMITES?**

**Downey Exterminators**

- Free Termite Inspections
- Termite Damage Repairs
- Fumigations and Local Treatments
- Low Prices
- Hablamos Español
- Real Estate Services

**Bonded / Insured**  
**562-401-5000**  
10% off with this ad Serving Your Community

**Downey Party Rentals**

10900 Paramount Blvd.  
Downey CA 90241  
(562) 861-1616  
[www.DowneyPartyRentals.com](http://www.DowneyPartyRentals.com)

Hours: M-F 8:30-5pm, Thurs 8:30-7pm, Sat 8:30-2pm, Sun 8-11am

NOW OPEN LATE ON THURSDAYS FROM WEDDINGS TO COOKOUTS, WE'VE GOT WHAT YOU NEED!

**GO WaterHeaters** LIC C36 # 1015351

SERVICE • REPAIR • REPLACEMENT

Tankless Water Heater Experts  
Gas & Electric • Plumbing Repairs

**562-348-5027**  
[www.gowaterheaters.com](http://www.gowaterheaters.com)

**\$100 OFF NEW WATER HEATERS \$25 OFF ANY SERVICE REPAIR**

**JAMISON**  
Heating & Cooling Services

**\$49 AC Performance Inspection**

Ryan Aldaco 562-387-7922  
CSLB# 1015392

**HUSBAND FOR RENT**

7 Day, 24 Hour Service - FREE Estimates

**Patrick's Lighting** FREE ESTIMATE  
(562) 965-9028

Electrical Repairs Outlet/Switches • Home Repairs  
Telephone Jacks • Smoke Detectors Earthquake Preparedness • Motion Detectors  
Electrical Contractor State License #693761  
[patrickslighting@verizon.net](mailto:patrickslighting@verizon.net)

**Pennine Plumbing, Inc.**  
(Formerly Hoffner Plumbing, Inc.)  
Serving this neighborhood for over 35 years

• SERVICE • REPAIR •

**Free Estimates**  
(562) 803-0101 or (800) 400-5145

Drain & sewer cleaning, water heaters, copper re-pipes, heating & toilet repairs

Visa Lic. # 844663 **10% OFF** with this coupon (after price has been quoted)

**PIN ROOFING**  
Richard "Mr. Pin" Semones

New Roofs • Repairs • Tear-Offs  
General Roof Maintenance  
Bonded / Insured • Lic# 758000

**Call for a FREE Estimate**  
**562.923.9242**

**NO MORE ELECTRICAL WORRIES!**  
Serving All Your Electrical Needs

**STAR ELECTRIC SYSTEMS**

- Residential
- Commercial
- Industrial
- Electrical Service Upgrades
- Rewiring & Repairs
- 120V - 220V - 480V Wiring

Tel: (562) 305-9797 • (562) 305-0561  
Fax: (323) 744-2228  
Lic #689304-C10 [www.starelectricsystems.com](http://www.starelectricsystems.com)

**SMOG CHECK**  
"PASS OR FREE RE-TEST"  
Si no pasa, lo re-examinamos GRATIS  
Gross Polluters OK Please Bring Renewal Notice • WE ALSO DO DIESEL

**Downey Express SMOG CHECK** THE LOWEST PRICE IN TOWN ANY VEHICLE  
**\$40** With Certificate

6724 Firestone Blvd., #B (BEHIND THE UNIQUE AUTO SPA)  
**562.862.9043**  
OPEN SUNDAYS 8:00 AM TO 12:00 PM • MON - SAT 8:00 AM - 7:00 PM

# 'Queen of Katwe' is a tribute to Africa's women

■ **FILM:** 'Queen of Katwe' struggled at the box office, but its true story of a child chess prodigy in Uganda shines a bright light on human virtues.

By Carol Kearns  
Contributor

Director Mira Nair's recent film, *Queen of Katwe*, is a riveting story adapted from a book about a young chess prodigy in Uganda, and not at all the bundle of clichés alluded to in many reviews. Yes, the children are adorable, causing us to laugh many times, and the movie has a happy ending, as far as it goes; but there are no clichés in this true story where the daily struggle for food and drinking water predominates.

With empathy and respect for her characters, Nair frames this tale to underscore the common values shared by cultures that are oceans apart. Her film is a beautiful tribute to African women and all those on the continent who struggle to make a positive difference in the world.

The central figure, Phiona Mutesi from Kampala, Uganda, was still only 20 years old when Disney Studios released the film last year – just six years after writer Tim Crothers first met her as a young teenager in the slums of Katwe. Crothers's book about Phiona's remarkable achievements led to this movie. The film traces Phiona's journey from being a hungry, unwashed child of the slums to her emergence as an international chess competitor.

Referring to the all-black cast, Nair is reported to have quipped, "This is probably the first time Disney has made a film in Africa without animals." Shot on location in Kampala, the film includes Oscar-winner Lupita Nyong'o as Phiona's mother Nakku Harriet, and the phenomenal David Oyelowo as chess coach Robert Katende. Ugandan teenager Madina Nalwanga, discovered in a community dance group, makes her acting debut as Phiona.

The vibrancy of the characters and the bright look of the equatorial locale cannot hide the filth and wretchedness of the living conditions. The camera lingers long enough to make sure viewers notice the unpaved streets, the lack of sanitation, and the destruction of pitiful huts from tropical storms. Crothers said, "I knew very early on that *Katwe* was one of the characters in this story."

The plot is an upbeat tale on one level. When the story begins, Phiona is living with her mother Harriet, her sister, and two brothers in a one-room shack. Phiona is no longer in school because even the children must hustle if the family is to eat.

One day, curiosity guides Phiona to a chess clinic for children run by a missionary group. Robert Katende had started the chess clinic for those who could not participate in the soccer clinics. Seeing Phiona's determination and natural gift for the game, Katende persuades a reluctant Harriet that her daughter's talent is worth supporting.

Determination is a key factor in this Rocky-style storyline. But

for me, the most compelling conflict in the film is not Phiona's chess career, but the family's daily effort to survive. At one point the family is left homeless when Phiona uses the rent money to pay for her brother's transport to the hospital after a traffic accident.

I was awed by the portrayal of Phiona's widowed mother, Harriet, who seems to be constantly railing at her children to do a better job of contributing to the family income. In a not uncommon mother/daughter conflict, Harriet's oldest child leaves the family rather than submit to her mother's demand for help with the younger children.

The family is falling apart, but Harriet refuses to sacrifice her dignity and take the easy way out, as some friends urge, and find a man who will help with financial support. This is a courageous stance in the face of such destitution, and reflects a universal maternal instinct to protect her children as best she can.

Wait! I know this story! It is my grandmother's!

My maternal grandmother was also widowed at a young age and left with four children, and her teenage daughter left to get married a year later. I often heard the story from my mother, who was 11 at the time, that her uncles urged my grandmother to put her and her siblings in an orphanage. My grandmother refused, and with some help, struggled to keep her family intact. The entire episode left my mother fearful and scarred all her life.

Chess and soccer coach Robert Katende is the selfless, compassionate individual whose determination brought so much to the community of Katwe, and Phiona in particular. His own hardscrabble childhood is described in a short film about him made by Nair.

It is a wonder that the film did not do better at the box office, bringing in only a little more than half of its \$15 million production costs. Were American audiences not interested, or did the film just need more time, better promotion? Was there not enough of an audience left after *Hidden Figures* and *Moonlight*?

I do not think the poor box office was because of the all-black cast. My husband thinks it is because the movie was about chess, and he may have a point. *Moonlight* and *Fences* both made money and had all-black casts, and *Slumdog Millionaire*, shot in India, knocked the ball out of the park with \$141 million – but it was a whimsical tale about a game show winner and had a love interest. How can chess compete?

It *Queen of Katwe* does have one flaw, I think it is length – it is over two hours. But I can not rave enough about it. This is a brilliant film that shines a light on human virtues that continue to bloom in even the direst of circumstances – compassion, courage, dignity, and determination. Thank you, Mira Nair.

## The Back Story – How Did *Queen of Katwe* Become a Film?

The back story of the film's creation is a tale in itself, with more than a little irony. Phiona's accomplishments were first shared with a world audience by sports writer Tim Crothers in 2011.

What does sports have to do with chess tournaments? The year



Madina Nalwanga as chess phenom Phiona Mutesi with Lupita Nyong'o as her mother, Harriet.

before, Crothers had received a tip from a friend who had read about Phiona in a monthly newsletter put out by a Christian missionary group called Sports Outreach Institute.

The soccer coach, Robert Katende (played by David Oyelowo), who had been hired in part by Sports Outreach to teach soccer to the kids in the slum (and feed clinic attendees), had also started a chess clinic for those who could not play. When Phiona followed her brother to the chess clinic one day, Katende persuaded her to stay.

The story of Phiona's ability found its way into the missionary newsletter. Even though the game was chess, Crothers successfully pitched the story to *ESPN The Magazine*, and traveled to Uganda and the Chess Olympiad in Siberia in 2010. Crothers's story was published as *Game of her Life*, Jan. 10, 2011.

After his article appeared, Crothers published a book, "*Queen of Katwe*," which was optioned by Disney Studios. And in the ultimate ironic twist, Disney proposed the project to Nair – who lives in Kampala with her husband part of every year!

As Nair told the *LA Times* in an interview, "...a major Hollywood studio comes to my home and offers me a film about something down the street is just too ironic."

Nair is the quintessential citizen of the world, born and raised in India, she attended Harvard on a full scholarship, and met her husband in Kampala when she was working on "*Mississippi Masala*," a movie about a carpet cleaner in Mississippi who falls in love with the daughter of a displaced Indian family. Nair, who is a native of India, shares a home with her husband, Professor Mahmood Mamdani, in Kampala for part of the year.



# SUMMER FUN LOAN

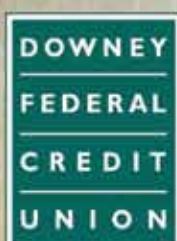
RATES AS LOW AS

# 7.25% APR\*

Fixed, low rates starting at 7.25% APR\* with terms up to 60 months.

Borrow up to \$25,000 and use for large purchases, consolidating debt, or for unexpected expenses.

**APPLY TODAY!**



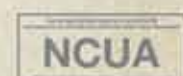
8237 Third Street  
Downey, CA 90241  
[www.downeyfcu.org](http://www.downeyfcu.org)  
562.862.8141

Se habla Español.

FOLLOW US @DOWNEYFCU



\*APR = Annual Percentage Rate. Rate quoted is the best possible rate based on FICO/credit score and other factors, and include rate discounts for automatic payment and direct deposit into a DFCU checking account. Other rates and terms are available. The actual rate you qualify for will be based on credit history and other factors. DFCU standard lending rules and regulations apply. Rates are subject to change without notice. Please contact our Loan Department for complete loan details and qualifying criteria.





## Everything you need to know about the OC Fair, opening this weekend



**COSTA MESA** – Comedian Gabriel Iglesias will open the 2017 OC Fair this Friday, July 14, with an 8:15 p.m. performance. Tickets start at \$45.

Also scheduled to perform is the David Bowie tribute band Space Oddity (\$17.50) and an X-treme Freestyle Mo-X (\$17.50). All tickets include admission to the fair.

The OC Fair, which runs through Aug. 13, is offering free admission and free parking from 12-3 p.m. this weekend only.

This year, the fair is adding three new rides and new funhouse.

The new rides include La Grande Wheel XL, a ferris wheel so large it was transported to the fair on 22 semi-trailer trucks. It is 130 feet tall, weighs 616,000 pounds and features a half-million LED lights.

Its 36 cabins are climate-controlled and hold six to eight people. It takes the ferris wheel about 3-1/2 minutes to make a full circle and can carry about 2,000 passengers an hour.

The ride cost \$6 million to build and is one of the largest traveling observation wheels in the western hemisphere. This giant ferris wheel was manufactured in Europe, where it is known as the "Mercedes Benz of carnival wheels."

Another new ferris wheel is the Big Wheel. Standing more than 108 feet tall, the Big Wheel features 24 open-air gondolas and the newest technology for a smooth ride. It's also equipped with LED lights.

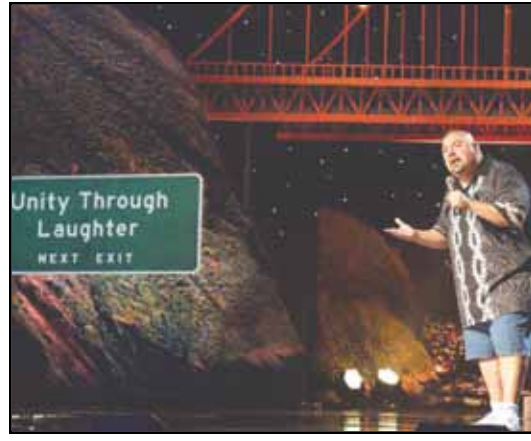
Also making its debut at the OC Fair is Endeavor -- an open-air ride in which passengers are suspended in their seats and experience 3G acceleration. Riders will feel the sensation of flying 60 feet through the air at 25 miles per hour.

A new funhouse, Rockin' Rodeo, also is new at the fair, where it joins returning favorites such as Big Top Swinger, Cliff Hanger, Cyclone, Insanity, Mach 1, Speed, Wild River and more.

A full list of carnival rides is posted online at [ocfair.com](http://ocfair.com).

The OC Fair also features a beer garden with more than 80 brews available for sampling. Admission is \$65 at the door (if available) or \$55 if purchased in advance online at [ocbrewheehaw.com](http://ocbrewheehaw.com). Hours for the beer garden are Saturday 12-4 p.m. and 6-10 p.m., and Sunday 12-4 p.m.

Wine tastings are available in The Courtyard, where vino is sold by the glass.



For children, there is the Kids Can Cook show at Centennial Farm. There are also milking demonstrations, new baby animals and a honey-tasting bar.

Returning favorites for the entire family include the Peking Acrobats, Russell Brothers Family Circus, All-Alaskan Racing Pigs and kids' eating competitions every night in the Explorium.

There's also Crafters Village, Carnival of Products and Parade of Products.

In addition to Friday's entertainment, this weekend's entertainment lineup includes Lynyrd Skynyrd and Jaramiah Red performing on Saturday, and the Happy Together Tour on Sunday.

Also on Sunday is SummerFist 10, a mixed martial art event that may not be suitable for children. Tickets start at \$15.

Admission to the OC Fair, Wednesday through Friday, is \$12 general admission and \$7 for seniors and children. Kids ages 5 and younger are free.

On Saturdays and Sundays, admission is \$14 for general admission; all other prices remain the same.

Veterans and active-duty military personnel receive free admission to the fair and their guests can purchase up to six half-price tickets.

Seniors ages 60 and older can get into the fair for \$5 every Friday.

The fair also sells a "super pass" (\$35 general admission, \$28 seniors and kids) that gives access to all 23 days of the fair. Super pass holders who visit all 23 days of the 2017 OC Fair will receive a free super pass for 2018.

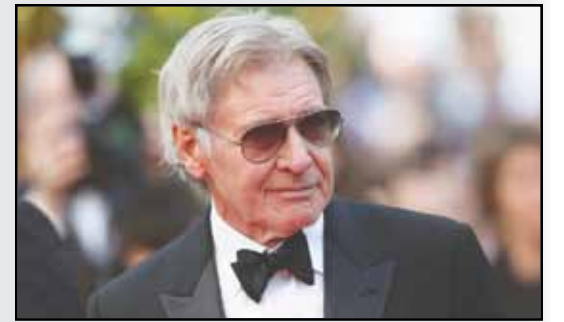
Most carnival rides and games have additional charges, but are discounted to \$2 on Fridays between 12-4 p.m.

Free offsite parking is available in the Experian structure at 475 Anton Blvd. (near the Bristol exit off the 405 Freeway with a free shuttle to the fair).

OCTA bus service is also available from one of nine locations direct to the fair. Bus fare is \$2 each way and riders receive a coupon for \$3 general admission.

OC Fair is open Wednesdays through Fridays from noon to midnight, and Saturdays and Sundays from 11 a.m. to midnight.

### JULY 13 BIRTHDAYS



**Harrison Ford**, the iconic actor and star of the "Indiana Jones" franchise, turns 75.



**Patrick Stewart** actor 77



**Ken Jeong** actor/comedian 48



**Cheech Marin** actor 71



**Deborah Cox** singer 43



**Daphne Maxwell Reid** actress 69



**Yadier Molina** baseball player 35

# DINING OUT?

**Grill & Cantina**  
Authentic Fresh Made Mexican Food

**La Barca**

**HAPPY HOUR**  
Mon. - Fri. 3 PM-8 PM  
Sat. & Sun. 3 PM-8 PM  
(Bar Only)

**Downey Patriot Special**  
**Breakfast & Lunch Buffet**  
Now Available!

**Monday - Thursday**  
Buy One Entree, Get the Second of Equal or Lesser Price for **\$3.99**  
Expires 8-13-17  
(Not valid with any other offer.)

**MARIACHI**  
Friday & Saturday 7:30 PM - 12 PM  
Sunday 4 PM - 9 PM  
Tel. **562.622.9100**  
**11010 Paramount Blvd.**  
Downey, CA 90241

**CHRIS'S PITTS**  
BEST IN THE WEST SINCE 1949

**DOWNEY**  
562-869-9069  
9243 Lakewood Blvd., Downey  
[www.chrisandpittsbqrestaurants.com](http://www.chrisandpittsbqrestaurants.com)

Purchase Any Entree and 2 Beverages and Receive **Second Entree** (of equal or lesser value) **Half Off**  
with this coupon. No cash value. Sales tax, if applicable, must be paid by guest. Not valid for Kids Menu. \*Not valid on Holidays or daily specials. \*Deluxe combo for two not included. Exp. 7-27-17

**Stox**  
RESTAURANT • BAKERY • BAR  
(562) 803-4004

All Dodger & Angel Games Available all the Time! MLB GAMES TELEVISION ON OUR HI-DEF FLAT SCREEN TV'S

**BASEBALL SPECIALS**  
ONLY IN THE LOUNGE

Available Mon-Fri after 4pm and Sun night after 5pm during the Major League Baseball games

**Burger & Beer \$6.95** **BEST DEALS IN TOWN** **Hot Dog & Beer \$5.95**  
\*And many more!

**Dine in Downey**

For Information on this **DINING OUT** section  
Call **Michael** at **(562) 904-3668**  
The Downey Patriot

**Felton** 10822 LAKEWOOD BLVD., DOWNEY • 862-0223

**FRESH STRAWBERRY PIE NOW AVAILABLE**

Your choice of any item on the Dinner or Pasta section of our menu. valid only with purchase of two beverages 1 coupon per table • No take-out

**BUY ONE DINNER AT REGULAR PRICE GET ONE DINNER FREE!**  
of equal value or less

Not Valid on Holidays, not good with any other offer. Expires: 7-20-17

# Test driving Norwalk's renovated golf center and academy

By Raul Samaniego  
Contributor

**NORWALK** – I tried out the renewed Don Knabe Golf Center & Junior Academy facility last week. The results; a little stiffness in my back, shoulders and legs, I loved it. "Four!" Almost thirty five years had passed since my last opportunity to yell that word at the former Norwalk Golf center.

Having made my mind up to try my hand at driving, wedding and putting again after a three decade layoff, I was excited.

Riding the Norwalk Transit number 3 buses along Shoemaker had my proverbial lips drooling as I watched the progress of the nine holes and driving range over the last year and a half.

Every time I passed by on my way towards the civic center, I watched as new turf was planted, lights improved and a new driving facility took shape complete with an enclosed range and double Decker driving tees.

My preparations were immense. Involving two thrift stores, I bought the best \$1.91 golf clubs available. They included a No. 9, No. 7 and a wedge putter. Total investment so far was just over \$6 bucks.

Next, I asked my good friend Dan De Armas to join me for the late afternoon adventure across from John Glenn High School.

Arriving last Thursday in the late afternoon heat on my bike with my three "rescued," golf clubs and several used balls, I entered

the new clubhouse and met General Manager Glen Chow.

According to Mr. Chow, the course fairways and roughs were planted with Bermuda grass while the putting greens received Bent grass. These are unique for as soon as any weed appear, they are immediately removed from the playing surface.

The driving range was enclosed in a netting to alleviate any errant balls entering the next door school campus or any residence adjoining the course.

I was motivated. I paid for a bucket of eighty balls for the range and a round of nine holes, total for both, \$14.50. For an investment of under \$21 bucks, I was ready.

My reintroduction to the sport of kings was to immediately sit down and exercise my gluteus muscle in the new patio chairs section. The patio checked out okay.

After enjoying a bottled water, I looked to my right and saw the new practice putting green and decided to start with baby steps.

With that, I did what millions of people do every day, I leaned over, looked to the flag and...putted. Wow! It was just like the last round of miniature golf I played years ago.

After a few gratuitous Fred Flintstone like puts, I introduced myself to another "Golfer," who was preparing his go at the practice green.

He said his name was Sam Kim and that he had been driving by and saw the facility and turned into the parking lot. He lived in Cerritos and always carried his clubs in his trunk.

After talking for a few minutes, Mr. Kim shared that he was a professional player on the Asian tour and was applying for his US professional card.

My mind began to work. I told

Mr. Kim that I had bought a bucket of 80 balls and asked if he would share a few pointers, I'd share the bucket. He agreed.

Putting my new green bucket under the "put bucket here arrow," I entered a code which Mr. Chow had given me with my receipt.

"Plop-plop- plop-plop," went the balls as they dropped into the bucket from the automated dispenser...

First things first. Stretching, Yikes! I almost pulled my shoulder out of joint. Next, bend over and touch your knees. Mr. Kim said toes, but my body said knees.

Next up, was the gripping of the club. I thought he was kidding. "Left hand first and interlock the little finger."

Who knew? I whacked the first ball straight as an arrow, an impressive 30 yards. I was thrilled.

At ten balls, I called for a break. I had to save something for the paid nine holes later. Just then, Dan showed up and I gave him my leftover balls for him to warm up with.

Well, after my unofficial professional golfer lesson, we made our way to the first hole and began the two hour fun and laugh filled adventure of playing the unofficial Norwalk Open as I called it.

The lights came on and just as Mr. Chow said, "It was as if daylight at night came on."

We played for an hour, took a soft drink break on the patio and resumed our game finishing up at 39 and Dan at 31 respectively. Not bad, I guess.

We loaded my bike into the trunk of Dan's car and looked back on a memorable time at the new facility.

Can somebody pass the Ben Gay?

On Monday, July 17th at 10:00 am, the Center will have its official Grand Opening and dedication. At 1:00 pm, free golf clinics will commence along with half off buckets of driving range balls.

The center is located at 13717 Shoemaker Avenue. For further information, the Center's general phone number is 562-921-7047.

# Preparing to regulate cannabis, L.A. County starts 'listening tour'

**DOWNEY** – Following voters' legalization of recreational marijuana in California, L.A. County has embarked on an extensive listening tour to find out what residents of unincorporated areas would like to see in upcoming regulations.

Eighteen workshop-style listening sessions have been scheduled this summer in communities across the county, from Whittier to the Antelope Valley.

The first is scheduled for July 13 at the Topanga Library. A full list of workshop locations is posted online at [cannabis.lacounty.gov](http://cannabis.lacounty.gov).

Workshops nearest to Downey include:

**South Whittier - Liberty Community Plaza**  
14181 Telegraph Rd.  
Tuesday, July 25, 6:30 p.m.

**West Whittier - Los Nietos School District Board Room**  
8324 Westman Ave.  
Thursday, Aug. 3, 6:30 p.m.

**Hacienda Heights Community Center**  
1234 Valencia Ave.  
Wednesday, July 26, 6:30 p.m.

Topics to be discussed include rules for cannabis businesses, rules for the cultivation of cannabis for personal use, taxation and revenue, and youth access and exposure. Translation services will be available.

In November 2016, California voters approved Prop. 64, which legalized the possession, cultivation and sale of cannabis by adults for non-medical purposes.

Prop. 64 also established a regulatory framework for commercial cannabis businesses, including cultivators, edibles manufacturers and dispensaries.

# Bell Gardens man charged with fatally beating wife

**BELL GARDENS** – A 32-year-old man has been charged with fatally beating his wife in their Bell Gardens home, the Los Angeles County District Attorney's Office announced.

Michael Robles (dob 1/11/85) has been charged with two felony counts: murder and child abuse.

He was scheduled to be arraigned July 7. Prosecutors asked that bail be set at \$2.1 million.

Prosecutors said that on July 5, authorities responded to a call for medical assistance in the 6200 block of Lanto Street in Bell Gardens.

When paramedics arrived, they reportedly found Azela Villareal with multiple injuries to her body, according to prosecutors. Villareal was taken to the hospital but died the next day, prosecutors added.

Authorities began an investigation into Villareal's passing and learned that Robles and the victim reportedly had fought prior to her death, according to prosecutors. Investigators also discovered Robles allegedly struck Villareal as she was holding their 4-year-old child.

If convicted as charged, Robles faces a possible maximum sentence of 31 years to life in state prison.

# Library fundraiser at Green Olive

**DOWNEY** – The Friends of the Downey City Library, a non-profit supporting the library, is sponsoring a restaurant fundraiser at the Green Olive in the Downey Promenade on Wednesday, July 19.

A flyer must be brought to the event and given to a server for the library to benefit from a purchase. 20% of the bill will be donated to the Friends.

Flyers can be picked up at the used bookstore inside the library or sent to you via email or text by calling (562) 928-4327.

# 'Sew Day' at Woman's Club

**DOWNEY** – Los Angeles County Quilters Guild will host their 34th annual "Sew Day" Wednesday, July 19 for the sewing of charity quilts at the Downey Woman's Club.

Doors open at 9 a.m. with free admission and free "tying" of quilt lessons will be available at 10 a.m.

For further information call (562) 861-9562.

# ABWA welcomes Cecile Harris Walters

**DOWNEY** – The Eldorado Chapter of the American Business Woman's Association will be having its monthly meeting Wednesday, July 19 at the Rio Hondo Event Center

The guest speaker for the evening will be Cecile Harris Walters.

She will be installing the 2017 – 2018 board: President, Carol Veatch; Vice President, Ilda Vaja; Secretary, Cleola Brown; and Treasurer, Vivian Armijo. She will also be sharing work with LegalShield.

Walters has been a Business Specialist with LegalShield for more than eight years. Prior to LegalShield, she had a over 33 year career with the City of Long Beach.

Walters is a National Ambassador with the American Business Women's Association and has been a member for 17 years.

# Laser light show at Downey Theatre

**DOWNEY** – The Downey City Library will present "Prismatica Extravaganza" at the Downey Theatre on July 24 at 4 pm.

The family-friendly show features laser lights choreographed to pop and rock music. Admission is free.

**Fox Chiropractic**  
Don't just reach for the pill bottle or box, call Dr. Fox.  
(562) 862-0744

PLUMBING  
**DOWNEY**  
HEATING & AIR CONDITIONING  
St. Lic. #731172 (562) 861-1234  
11829 Downey Ave. • Downey, CA 90241  
\$10 OFF ALL REPAIRS  
e-mail: [joe@downeyplumbing.com](mailto:joe@downeyplumbing.com)

LAW OFFICE OF  
**STEVE LOPEZ**  
ATTORNEYS AT LAW

• Business, Real Estate & Family Law Litigation  
• Living Trust / Estate Planning / Probate  
• Bankruptcy & Debt Negotiation

Tel: 562 . 904 . 1193  
8562 Florence Ave. Downey, CA 90240  
[www.SteveLopezLaw.com](http://www.SteveLopezLaw.com)  
El Abogado Habla Español

**ATTORNEY**  
**ALEXIS SAAB**  
ATTORNEY AT LAW  
• HABLAMOS ESPANOL  
10810 Paramount Blvd Suite 201  
(562) 904-2622

**BLANCA PACHECO**  
Attorney At Law

• Living Trusts  
• Evictions  
• Probate

CALL TODAY! **562-861-6001** *Hablo Español*  
Bar # 225243  
[www.blancapacheco.esq.com](http://www.blancapacheco.esq.com)  
8137 3rd St., 3rd Floor Downey, CA 90241 • (562) 861-6001

LET'S KEEP IT GREEN

# COMMUNITY SHRED DAY

Join us FREE on Tuesday, July 25th, 2017  
2:00 PM to 5:00 PM

Where? At The Greater Downey Association of REALTORS®  
12073 Paramount Blvd, Downey CA 90242  
Contact us for more details at (562) 861-0915

**DAOR**  
DOWNEY ASSOCIATION OF REALTORS®

This event will be in the back parking lot off of Albia Street

**TOO TOXIC TO TRASH**

Dispose of Household Hazardous Waste and E-Waste the right way on Saturday: **JULY 15, 2017**

**BUSINESS WASTE WILL NOT BE ACCEPTED.**

**What you CAN bring to an event (examples):**

- Brake fluid, paint\*, paint thinner, cleaners with acid or lye, pesticides or herbicides, household batteries and car batteries, pool chemicals, motor oil, oil filters, expired pharmaceuticals, anti-freeze, and fluorescent light bulbs.
- \* You can also recycle paint at participating retailers through the PaintCare Program. Details at [www.PaintCare.org](http://www.PaintCare.org) or (855) 724-6809.
- Household electronic waste including: Computer monitors, televisions, computer CPUs, keyboards, printers, cell phones, etc.

**What you CAN'T bring to an event:**

- Waste from businesses.
- Explosives, ammunition and radioactive materials.
- Trash and tires.
- White goods such as refrigerators, stoves and washing machines, etc.
- Controlled substances.

**How to prepare items for transportation:**

- Bring the items in a sturdy box, preferably in their original labeled containers.
- Do not mix the items together.
- There is a limit of 15 gallons or 125 pounds of hazardous waste per trip.
- Be prepared to leave your containers and boxes. Remove all other items from your trunk.

Home-generated sharps waste such as hypodermic needles, pen needles, syringes, lancets, and intravenous needles SHOULD NOT be placed in your trash. Bring them to the Roundups or visit [www.CLEANLA.com](http://www.CLEANLA.com) for alternate disposal options.

Scan this code for a schedule of upcoming events and a complete listing of what you can and cannot bring, or contact: 1(888) CLEAN-LA • [www.CleanLA.com](http://www.CleanLA.com), or 1(800) 238-0172 • [www.lacsd.org](http://www.lacsd.org)

Open to all Los Angeles County residents

You can also take your used motor oil to more than 600 oil recycling centers in Los Angeles County. Call 1(888) CLEAN-LA for a complete listing.

Printed on recycled paper.





## CLASSIFIEDS

**EMPLOYMENT**

**CHRISTIAN SCHOOL**  
Looking for pre-school teacher with 12 ECE units with Bachelor's degree.  
**(562) 904-6911**

**ROOM FOR RENT**

**CENTRAL DOWNEY ROOM FOR RENT**  
Mature Adult. No Drugs. Front bedroom available  
Call Steven **(562) 928-7680**

The **DOWNEY GRAFFITI HOTLINE** Report graffiti to this number.  
**NUMBER 923-4484**

**SERVICES**

**APPLIANCE TECH HAS ARRIVED**  
House calls. Same day rapid service all major brands. Washers, dryers, ovens, stoves, refrigerators, etc. Senior citizen discount.  
**(562) 866-4291**  
**(310) 251-3018**

**FULL SERVICE PLUMBING**  
Licensed, bonded & insured, 24/7, senior discount  
**McKinnon & Sons**  
Plumbing of Downey  
**(562) 904-3616**

**SERVICES**

**FINE ROOFING, INC.**  
Roof Repair & Leaks  
Free Estimate•Quality Service Senior Discount. Lic 976823  
**(562) 879-4987**

**NICE-N-KLEAN**  
Residential & Commercial Cleaning.  
Call for a Free Estimate.  
**(562) 419-6577**

**NEED A PAINTER**  
Interior & exterior, ref.  
Call Rick **(562) 225-0540**

**SERVICES**

**PLANS, PERMITS CONSTRUCTION**  
Project Design, New Construction, Remodeling & Additions  
Lic. #936419  
Call Jeff **(562) 869-1421**

**HANDY CRAFTSMAN SERVICE**  
for all your home improvements & repairs. All labor and material guaranteed.  
**(562) 331-0976**

**SERVICES**

**COMPUTER 1 SOLUTION**  
Desktop & Notebook Repair. Senior computer help & printer setup. Virus Removal. PC Sales & Upgrade  
Call Larry Latimer  
**(562) 714-9876**

**YARD SALE**

**GARAGE SALE**  
July 14-15 7:30am - 12noon  
**7717 Phlox St., Dwny 90241**  
Great items for sale!!!

**YARD SALE**

**7/21 & 7/22 8-2PM**  
Xmas dec, collectables, brick-a-brack, books, National Geographic magazines  
**7968 Farm St x Paramount**

**MOVING SALE**  
**FURN PRICED TO MOVE**  
3 pc B/R maple set, 14 cu ft refrigerator, full size head & ft board bed frame, 2 twin head & ft board bed frame, drafting table w/ light  
Call Julie for appt.  
**(310) 613-8444**

important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A HEARING on the petition will be held on August 7, 2017 at 8:30 AM in Dept. No. 99 located at 111 N. Hill St., Los Angeles, CA 90012.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

**Attorney for petitioner:**  
**JAMES J MENTAS ESG**  
SBN 207304  
4665 LAMPSON AVE SUITE 31  
LOS ALAMITOS CA 90720  
CN939572 ANDRIL  
Jul 13,20,27, 2017

**CN939572**  
**The Downey Patriot**  
7/13/17, 7/20/17, 7/27/17

**NOTICE OF PETITION TO ADMINISTER ESTATE OF GLADYCE A. MCGOUGH Case No. 17STPB02679**

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of GLADYCE A. MCGOUGH

A PETITION FOR PROBATE has been filed by Steven M. Cerile in the Superior Court of California, County of LOS ANGELES, for the purpose of administering the estate of the decedent.

THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A HEARING on the petition will be held on August 10, 2017 at 8:30 AM in Dept. No. 9 located at 111 N. Hill St., Los Angeles, CA 90012.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

**Attorney for petitioner:**  
**VERLAN Y KWAN ESG**  
SBN 243246

**KEYSTONE LAW GROUP PC**  
11300 W OLYMPIC BLVD STE 910  
LOS ANGELES CA 90064  
CN938213 MCGOUGH  
Jul 6,13,20, 2017

**CN938213**  
**The Downey Patriot**  
7/6/17, 7/13/17, 7/20/17

**TRUSTEE SALES**

**NOTICE OF TRUSTEE'S SALE** Trustee Sale No.: 0000006008494 Title Order No.: 160131475 FHA/VA/PMI No.: 041-9955378-731 ATTENTION RECORDER: THE FOLLOWING REFERENCE TO AN ATTACHED SUMMARY APPLIES ONLY TO COPIES PROVIDED TO THE TRUSTOR. NOT TO THIS RECORDED ORIGINAL NOTICE. NOTE: THERE IS A SUMMARY OF THE INFORMATION IN THIS DOCUMENT ATTACHED YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 11/20/1997. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. BARRETT DAFFIN FRAPPIER TREDER and WEISS, LLP, as duly appointed Trustee under and pursuant to Deed of Trust recorded on 12/04/1997 as Instrument No. 971908015 of official records in the office of the County Recorder of LOS ANGELES County, State of CALIFORNIA. EXECUTED BY: DARIO DELGADILLO, A SINGLE MAN, WILL SELL AT PUBLIC AUCTION TO HIGHEST BIDDER FOR CASH, CASHIER'S CHECK/CASH EQUIVALENT or other form of payment authorized by California Civil Code 2924h(b), (payable at time of sale in lawful money of the United States). DATE OF SALE: 08/03/2017 TIME OF SALE: 9:00 AM PLACE OF SALE: DOUBLE TREE HOTEL LOS ANGELES-NORWALK, 13111 SYCAMORE DRIVE, NORWALK, CA 90650. STREET ADDRESS and other common designation, if any, of the real property described above is purported to be: 10420 DOWNEY AVENUE #202, DOWNEY, CALIFORNIA 90241 APN#: 6252-019-055 The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust, with interest thereon, as provided in said note(s), advances, under the terms of said Deed of Trust, fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust. The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is \$121,145.49. The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale, and a written Notice of Default and Election to Sell. The undersigned caused said Notice of Default and Election to Sell to be recorded in the county where the real property is located. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call 800-280-2832 for information regarding the trustee's sale or visit this Internet Web site www.auction.com for information regarding the sale of this

property, using the file number assigned to this case 0000006008494. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. FOR TRUSTEE SALE INFORMATION PLEASE CALL: AUCTION.COM, LLC 800-280-2832 www.auction.com BARRETT DAFFIN FRAPPIER TREDER and WEISS, LLP IS ACTING AS A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT. ANY INFORMATION OBTAINED WILL BE USED FOR THAT PURPOSE. BARRETT DAFFIN FRAPPIER TREDER and WEISS, LLP as Trustee 20955 Pathfinder Road, Suite 300 Diamond Bar, CA 91765 (866) 795-1852 Dated: 06/26/2017 BARRETT DAFFIN FRAPPIER TREDER and WEISS, LLP 4004 Belt Line Road, Suite 100 Addison, Texas 75001-4320 Telephone: (866) 795-1852 Telexcopier: (972) 661-7800 A-4625184 06/29/2017, 07/06/2017, 07/13/2017

**The Downey Patriot**  
6/29/17, 7/6/17, 7/13/17

**NOTICE OF TRUSTEE'S SALE T.S. No. 16-20519-SP-CA Title No. 160330088-CAVOI A.P.N. 6391-024-008 ATTENTION RECORDER: THE FOLLOWING REFERENCE TO AN ATTACHED SUMMARY IS APPLICABLE TO THE NOTICE PROVIDED TO THE TRUSTOR ONLY PURSUANT TO CIVIL CODE 2923.3. NOTE: THERE IS A SUMMARY OF THE INFORMATION IN THIS DOCUMENT ATTACHED. YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 12/03/2004. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, (cashier's check(s) must be made payable to National Default Servicing Corporation), drawn on a state or national bank, a check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, savings association, or savings bank specifically authorized to do business in this state; will be held by the duly appointed trustee as shown below, of all right, title, and interest conveyed to and now held by the trustee in the hereinafter described property under and pursuant to a Deed of Trust described below. The sale will be made in an "as is" condition, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. Trustor: Constantino Bandy, Jr. and Sagrario Bandy, husband and wife as joint tenants. Duly Appointed Trustee: National Default Servicing Corporation. Recorded 12/16/2004 as Instrument No. 04 3254151 (or Book, Page) of the Official Records of Los Angeles County, California. Date of Sale: 08/21/2017 at 11:00 AM. Place of Sale: By the fountain located at 400 Civic Center Plaza, Pomona, CA 91766. Estimated amount of unpaid balance and other charges: \$586,204.34. Street Address or other common designation of real property: 10011 Pico Vista Road, Downey, CA 90240. The undersigned Trustee disclaims any liability for any incorrectness of the street address or other common designation, if any, shown above. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee, and the successful bidder shall have no further recourse. The requirements of California Civil Code Section 2923.5(b)(2923.55(c)) were fulfilled when the Notice of Default was recorded. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence,**

priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call 714-730-2727 or visit this Internet Web site www.ndscorp.com/sales, using the file number assigned to this case 16-20519-SP-CA. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. Date: 06/29/2017 National Default Servicing Corporation c/o Tiffany and Bosco, P.A., its agent, 1230 Columbia Street, Suite 680 San Diego, CA 92101 Toll Free Phone: 888-264-4010 Sales Line 714-730-2727 Sales Website: www.ndscorp.com/sales Zahara Joyner, Trustee Sales Representative A-4625266 07/06/2017, 07/13/2017, 07/20/2017

**The Downey Patriot**  
7/6/17, 7/13/17, 7/20/17

**NOTICE OF TRUSTEE'S SALE** Trustee Sale No.: 0000006388727 Title Order No.: 170042162 FHA/VA/PMI No.: ATTENTION RECORDER: THE FOLLOWING REFERENCE TO AN ATTACHED SUMMARY APPLIES ONLY TO COPIES PROVIDED TO THE TRUSTOR, NOT TO THIS RECORDED ORIGINAL NOTICE. NOTE: THERE IS A SUMMARY OF THE INFORMATION IN THIS DOCUMENT ATTACHED. YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED 01/11/2006. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF

THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. BARRETT DAFFIN FRAPPIER TREDER and WEISS, LLP, as duly appointed Trustee under and pursuant to Deed of Trust Recorded on 01/27/2006 as Instrument No. 06 0202643 of official records in the office of the County Recorder of LOS ANGELES County, State of CALIFORNIA. EXECUTED BY: ANNA HERNANDEZ AND JESUS HERNANDEZ, WIFE AND HUSBAND AS JOINT TENANTS, WILL SELL AT PUBLIC AUCTION TO HIGHEST BIDDER FOR CASH, CASHIER'S CHECK/ CASH EQUIVALENT or other form of payment authorized by California Civil Code 2924h(b), (payable at time of sale in lawful money of the United States). DATE OF SALE: 08/14/2017. TIME OF SALE: 11:00 AM. PLACE OF SALE: BY THE FOUNTAIN LOCATED AT 400 CIVIC CENTER PLAZA, POMONA, CA 91766. STREET ADDRESS and other common designation, if any, of the real property described above is purported to be: 8549 OTTO STREET, DOWNEY, CALIFORNIA 90240, APN#: 6363-017-008. The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust, with interest thereon, as provided in said note(s), advances, under the terms of said Deed of Trust, fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust. The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is \$556,160.24. The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale, and a written Notice of Default and Election to Sell. The undersigned caused said Notice of Default and Election to Sell to be recorded in the county where the real property is located. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not

automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call 714-730-2727 for information regarding the trustee's sale or visit this Internet Web site www.servicelinkASAP.com for information regarding the sale of this property, using the file number assigned to this case 0000006588727. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. FOR TRUSTEE SALE INFORMATION PLEASE CALL: AGENCY SALES and POSTING 714-730-2727 www.servicelinkASAP.com BARRETT DAFFIN FRAPPIER TREDER and WEISS, LLP as Trustee 20955 Pathfinder Road Suite 300 Diamond Bar, CA 91765 (866) 795-1852 Dated: 07/05/2017 BARRETT DAFFIN FRAPPIER TREDER and WEISS, LLP IS ACTING AS A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT. ANY INFORMATION OBTAINED WILL BE USED FOR THAT PURPOSE. A-4626078 07/13/2017, 07/20/2017, 07/27/2017

**The Downey Patriot**  
7/13/17, 7/20/17, 7/27/17

The Downey Patriot is offering subscriptions for \$15/year. Subscription guarantees delivery every Friday to a single-family home in Downey.

8301 E. Florence Ave., Suite 100, Downey, CA 90240

|                 |  |
|-----------------|--|
| <b>Name:</b>    |  |
| <b>Address:</b> |  |
| <b>Phone:</b>   |  |



To give The Downey Patriot as a gift, fill out the information form below and send it along with a check for \$15 to The Downey Patriot, or you can always come into the office and drop off your subscription form.

|                              |  |
|------------------------------|--|
| <b>Name of Recipient:</b>    |  |
| <b>Address of Recipient:</b> |  |
| <b>Phone of Recipient:</b>   |  |

## Need to run a Legal Notice?

The Downey Patriot is a newspaper of general circulation – and has been adjudicated in the County and the City. We can take any and all legal ads.



Contact The Downey Patriot we can help!

Phone: 562-904-3668 • Fax: 562-904-3124

# Shared Stories: Pets or pests?

Yolanda Reyna grew up without family pets and afraid of dogs. When she married, her husband's dog was a new experience. Shared Stories is a weekly column featuring articles by participants in a writing class at the Norwalk Senior Center. Bonnie Mansell is the instructor for this free class offered through the Cerritos College Adult Education Program. Curated by Carol Kearns

By Yolanda Reyna

When I was a young girl growing up, I don't recall having any pets in my home. What I do recall were pests such as cockroaches and mice. That was about the only thing I saw wandering around my house (besides people).

I mean, I didn't think they were my pets. But honestly, I got used to them, you see, as I was growing up. My family and I lived in very poor conditions.

But as far as pets like a dog? Well I only knew one thing - I was afraid of them! My recollection of dogs was that they roamed the streets. I just knew of dogs being outdoors, not indoors, let alone sitting on a sofa or wearing doggie clothes!

I remember one time my mother let me walk to the store (by myself) to buy some candy. Oh, I must have been around seven or eight years old. As I started to walk down the sidewalk, out of nowhere came a little dog (it could have been a Chihuahua).

That teeny weenie little thing just started barking at me. I was so paralyzed with fear that I could not move. I started to cry so loud that I think I scared the poor little thing away. My mother eventually came to my rescue.

After that incident, I never really cared for dogs or any animals. It's funny how something like that can just change your outlook. But also growing up, my siblings and I were normally chased by dogs when we walked to school. I really could not understand how and why people loved animals so much!

When I met Robert, the father of my children and my ex-husband, he had a dog named Max. Max was a golden retriever. He was a big dog. Robert loved him so much. He kept him in the backyard. I wasn't too fond of the dog, but I did appreciate how much Robert loved him.

I didn't dislike the dog, I think I didn't know how to appreciate him. I had been dating Robert for about six months when Max ran away. He was gone for two weeks. Robert was devastated.

He even cried! I thought, what a baby.

After two weeks, Max appeared with no warning. Somehow he managed to make it back home. Robert had told me the story of his return. I was shocked!

After dating Robert for a couple of years, we eventually got married and had two children, Reina two years old and Lil Robert one years old. I had already grown accustomed to Max. He barked a lot! It was annoying! He could be a pest at times!

But then I realized he was sort of protecting us. Because dogs bark at everything. They have a sense like no other. He barked at everything and everyone!

His favorite time of the day to bark was when the mailman was approaching. It was like clockwork! Every day at around 3 pm he would bark and bark!

So I'd say, "Great, the bills are coming in," or, "Oh! My unemployment check is arriving!" Max had different barks for different people. He had this wailing bark when he knew Robert was coming home from work. It was amazing!

Robert really loved Max and Max loved Robert too. I saw the bond between them. Each time Robert came home from work, of course he'd greet his family first, but then he would go straight outside in the backyard and greet his dog.

The love they had for each other was nice to see. Robert would sit on a chair and let Max sit on his lap. He let Max lick him all over his face!

Robert had Max for quite some time, since he was a teeny weenie little thing. He told me the story when he first got Max. How he was so little he fit in the palm of his hand or how he let Max sleep on his chest at times.

Max was only around my children and me for almost four years. I met Max December of 1989 and he left us around 1994. It was the saddest day for Robert and it is sad to say I was forced to call animal control.

One day while Robert was out in the backyard attending to yard-work, Reina our two- year-old wanted to go outside with her dad, but I was very nervous of her being around Max. I never allowed her to get near him.

Robert only allowed Max to get near her when he carried her in his arms. Robert assured me she would be fine if I let her go outside. So while I was in the kitchen, I could see Reina around the patio area.

No sooner than I blinked, Max appeared and was humping Reina from her little behind! Reina being only two years old, didn't have a clue what was going on!

I literally witnessed this! I raced outside and Robert turned and witnessed it too! He yelled at Max! It was hilarious but yet scary.

That was all it took, plus, with having two children, Robert really didn't have time for Max. He never walked Max nor did he take him for any vaccinations.

I did not want the dog around. So I told Robert I think we should consider giving him to someone that will spend more time with him. I just didn't want Max around. I know it sounds cruel but I was thinking of my children.

I called animal control and they took Max away. Robert agreed but I made the final decision. To this day, I often think about that time and the love that Robert and Max shared.

## 3 financial mistakes people make before turning 50

The saying that youth is wasted on the young may be especially true when it comes to saving for retirement.

"Too many people wait way too long to start thinking about how much they will need to finance their retirement," says Chris Heerlein, partner at REAP Financial LLC and author of Money Won't Buy Happiness – But Time to Find It ([www.moneywontbuyhappiness.com](http://www.moneywontbuyhappiness.com)).

"In a way, that's not surprising. Retirement seems so far away when you're in your 20s and 30s, and it's easy to think you'll have plenty of time to worry about saving later. Then before you know it you pass 50, and you realize you missed a great opportunity to take advantage of compound interest."

Heerlein says many young people are making at least three financial mistakes that they likely will rue when it comes time to retire. Those are:

• **Not participating in a 401(k).** Many employers don't offer a 401(k) or similar retirement plan, but if yours does you need to

participate, Heerlein says. An alarming number of people ignore this savings opportunity that can reap great rewards, especially if you start when you're in your 20s and faithfully contribute for decades, he says. "And if you're employer is offering matching funds, that's free money," Heerlein says. "You need to jump on it."

• **Saving ONLY in a 401(k).** While contributing to a 401(k) is great, that shouldn't be your only vehicle for saving, Heerlein says.

"If you are a younger saver, you are putting all your money into a bucket you can't touch for 20 or 30 years," he says. And when you do withdraw it in retirement, you'll pay taxes because the taxes were deferred.

That's why it's important to put some balance in your portfolio. A good way to do that is with a Roth IRA, a Roth 401(k) or a health savings account. Withdrawing from those Roth funds in retirement won't result in taxes because the taxes were already paid when the money went in the account. HSA money isn't taxed if you withdraw it for qualified medical expenses. After you turn 65, you can withdraw it

for any purpose, though you will pay taxes on that withdrawal if not used for a qualified expenses.

• **Failing to embrace risk.** When the 2008 financial crisis hit, plenty of investors lost a substantial portion of their savings. The memory of what happened to them – or to their parents – is still having repercussions.

Some people younger than 50 are too conservative with their investments, Heerlein says, so their money doesn't grow like it could if they took more risks. "I'm not faulting people for that, but what I want to get across is if you are between the ages of 20 and 50, there is no need to panic," Heerlein says. "Time is on your side. If you suffer a loss, you more than likely have plenty of years to recover before you retire."

Many people nearing retirement probably look back to when they were in their 20s and 30s and wish they could go back in time and make some financial decisions over again.



**PIH HEALTH**

PIH Health Medical Offices Now Open in Downey

## New Physicians in Your Neighborhood

PIH Health Women's Center and Otolaryngology (ear, nose and throat/ENT) offices are now available to help you with your health needs. Our board certified obstetricians/gynecologists and ENT specialists are highly trained and available to see you or your family members in our newly opened clinical offices located in the heart of Downey.

A new Family Medicine office will open at the same location in September.

Call today to learn more about our PIH Health services or visit [PIHHealth.org](http://PIHHealth.org).

**PIH Health Brookshire Medical Office Building**  
11411 Brookshire Ave., Downey, CA 90241  
**Women's Center, Suite 207, T: 562.904.5151**  
**Otolaryngology (ENT), Suite 302, T: 562.789.5456**

# Beware these common real estate scams

Real estate scams can lead to individuals having their houses stolen from underneath their feet, bankruptcy, damaged credit reports and credit ratings—not to mention the incredible attorney fees that will amass as you try to help them escape from the tangled web of a real estate scam.

While anyone may fall prey to one of these scams, the groups most targeted by real estate scammers are usually the elderly, homeowners already in foreclosure, and individuals with low incomes.

The following list is a set of examples (by no means all-inclusive) of the types of real estate scams that are pervasive across the country.

**Foreclosure Rescue.** These companies prey upon people who are behind on mortgage payments and whose mortgage company has commenced foreclosure proceedings. The companies tell desperate mortgage holders that they can save their home if the borrowers enact a "temporary" title transfer to the rescue company.

The companies promise that the borrower can stay in the home and pay rent during the temporary title transfer time—what they claim is a "leaseback." Often these "rescue companies" sell the homes once they obtain the title from the real owner.

**Home Improvement Fraud.** This involves real estate agents or other individuals who obtain home improvement loans in the name of completely fictitious people.

**Equity Skimming.** Equity skimming happens when a buyer who wants to take out a large mortgage convinces the seller to re-list the house for an extraordinarily high amount (for instance, twice the original amount) so that the buyer can obtain a larger mortgage from his/her bank.

Often times in these situations, the buyer will take out the larger mortgage, pay the

seller the original asking price for the house, and then disappear with the rest of the mortgage money. The house usually ends up in foreclosure as a result of this scheme.

**Illegal Flipping.** Flipping involves buying a property and then quickly selling it at a price that is well above its appraised value. There is a fine line between flipping for a profit (which is legal) and illegal flipping.

**Equity Fraud.** This is old-fashioned theft. The criminal in this situation actually obtains the personal information of the victim and uses this information on mortgage or loan origination documents.

**Fraudulent Loan Origination.** This happens when real estate professionals help unqualified buyers get the money necessary to purchase a home with an FHA-insured mortgage. Real estate professionals in this situation promise potential homebuyers that they will qualify for mortgages that are much larger than the buyers' ability to repay, and many times falsify official documents to assist homebuyers in obtaining these properties.

**Straw-Man Scheme.** A straw man scheme is when a sophisticated criminal uses the credit history of another, less sophisticated "straw man" to obtain a mortgage on a property. The more sophisticated criminal convinces the straw man to sign

over the deed to the property, and the straw man usually gets a very small percentage of the proceeds from the sale. The straw man is also the one who usually gets arrested.

**Counseling Agencies.** Some companies engage in targeted marketing campaigns that convince homeowners that they can perform certain mortgage-saving services for a substantial fee. These are usually relatively simple tasks, such as negotiating a new payment plan with a mortgage company or discussing interest rates and possible qualification for rate reductions.

These companies may also charge for information that can be found free on government agency websites.

**Rental Fraud.** Rental fraud occurs when a person files false "satisfaction of loan" documents with the local court. In order to file this paperwork, the renter has to forge the owner's signature, the bank officers' signatures, and bank seals.

This document shows no encumbrances on the home, and the criminal is free to take out new loans on the property (which s/he does). They usually vanish shortly thereafter.

**Land Fraud.** This happens when companies obtain information about potential homebuyers and sellers from mailing and call lists. The companies then engage in a

direct mail and telemarketing campaign, promising huge profits and gifts if the sellers agree to buy land from the company.

These companies sometimes sell unimproved, recently purchased lots of land that they purchased for \$1,000 or \$2,000 to unsuspecting buyers for up to \$50,000.

**Predatory Lending.** These schemes often occur in the form of a door-to-door sales person or telemarketers promising loans for "no money down" and "no credit check".

Predatory lending often preys upon the elderly, the unsophisticated, and the desperate. Signing the paperwork involved with these loans subjects the borrower to exorbitant fees and interest.

**Youshea A. Berry is the principal of the Law Office of Youshea A. Berry in Washington, D.C. She practices real estate and business law in DC and Maryland. She may be reached at attorney@yberrylaw.com.**

## LUNCH IS ON US!

R.S.V.P Limited space available  
(626) 246-5602

"Senior Citizen's Options When Selling Their Properties"

**Know your Options**

- REVERSE MORTGAGE
- DOWNSIZING
- MOVING INTO RETIREMENT COMMUNITIES
- MOVING IN WITH LOVED ONES

**Know Your Value**

- HOW IS YOUR HOME VALUED
- LEARN STRATEGIES TO SELL YOUR HOME EFFECTIVELY AND EFFICIENTLY

Investigate, Incentives, Pitfalls

- REDUCE YOUR RISK AND MAXIMIZE YOUR INCENTIVES AS A SENIOR IN TODAY'S MARKET
- WHAT QUESTIONS TO ASK YOUR FINANCIAL ADVISOR THAT MAY AFFECT YOUR PERSONAL HEALTH CARE, SOCIAL SECURITY & ESTATE PLANNING

You are cordially invited to join us for a Complimentary Lunch Event!

You and a guest are invited for a Complimentary Italian MEAL and informal Real Estate presentation entitled, "Seniors Option's When Selling Their Properties".

Enjoy a delicious meal and learn information that can help you feel good about making the right choices.

Your keynote speaker, **Steve Roberson** of Century 21 My Real Estate is a dedicated and focused Real Estate Broker who has been working with the community for over 40 years.

# Friday, July 21st, 2017

12pm to 2pm

Check-in starts at 11:45 AM

Workshop begins promptly at 12:15

R. S. V. P. 626 246 5602

MY REAL ESTATE COMPANY  
7825-27 Florence Avenue  
Downey, California 90240  
CalBRE#01193156

11102 Paramount Blvd.  
Downey, Ca 90240

## The GOLD Standard

FOR OVER 45 YEARS

TOP LISTING AGENT FOR JUNE  
MARIA ZULOAGA

Century 21 My Real Estate would like to recognize Maria Zuloaga as their Top listing Agent for the month of June. To have Maria help you with any of your real estate needs, call her at (562) 927-2626.

## Mortgage Interest Rates Dropped

and Unemployment is lower than before

Doing Things Better

Have you been thinking of selling of your home to take advantage of today's low mortgage interest rates? Log on to [www. DaleJervis.Smarthomeprice.com](http://www.DaleJervis.Smarthomeprice.com) to get an idea on what your home can be worth. Stay up to date with the homes selling in your neighborhood and compare how they can influence your home sale.

Coming Soon!

Inviting and Spacious North Downey Home - Beautifully Landscaped with Terraced Brick Walkway/Front Porch and Elevated Flowerbeds. Custom built, this 2,100 square-foot Home Features Larger Rooms throughout, Formal Dining Room, Separate Family Room with Fireplace and French doors Opening onto Patio, Large Bedrooms with Ample Closets, Inside Laundry, Breakfast Nook, and a Large Living Room Ideal for Entertaining! Features include Dual Pane Windows, Copper Plumbing, Updated Electrical and Central Air-Conditioning. Large lot with a Big Backyard, Room to Expand, Two Car Garage plus RV Access and Parking. Call for private showing!

Century 21  
JERVIS & ASSOCIATES  
10841 Paramount Blvd #300  
Downey 90241  
BRE#00849695

(562)743-2121

[www.DaleJervis.com](http://www.DaleJervis.com)

## FARMERS INSURANCE

"Call today and see how much you can save"

### Andy Zuloaga Agency

FOR ALL YOUR INSURANCE NEEDS

(562) 659-7558

YOU'RE COVERED!

11108 Downey Ave. Downey, CA 90241  
azuloaga@farmersagent.com  
www.farmersagent.com/azuloaga

My Real Estate

(562) 927-2626

QUALITY SERVICE AWARD 1994-2015

century21myrealestate.com

7825 Florence Avenue • Downey, CA 90240

### OUR CLIENTS

"Biridiana Robles & Saul Ramirez did a nice job & explained everything step by step!" - Vicente Pelayo

"Edgar Ibarra did an excellent job and was very professional!" - Alma Rios De Camberos

"Lety Munoz did an amazing job & went above & beyond!" - Scott Watson

### FEATURED PROPERTY

A Must See!

This is a 3 bed 1 bath with a 2 car garage and storage room detached. Long driveway for extra parking. There is also a basement for extra storage space. Tile floor, a granite kitchen counter. This house has lot of potential. Call Today!!!

### TOP PRODUCERS

TOP LISTING  
Maria Zuloaga

TOP PRODUCTION  
Mauricio Barajas

TOP SALES  
Eduardo Sandoval

Won't Last!

Built in 1993, 3 bed, 2 bath with 1,558 sqft. Tile floor spacious living room and dining area, long hallway leads to spacious bedrooms. Long driveway for extra parking, 2 car detached garage, inside laundry. Close to everything, school, shopping transportation park etc. Call Today!!!

Rare Opportunity!

Rarely on market! Lovely Aspen Meadows town home. Shows well, inviting living room with gas burning fireplace. Newer laminate floors throughout downstairs. Convenient inside laundry. Updated kitchen counters. Call Today!!!

Ready For You!

Beautiful family home and neighborhood, situated in the rolling hill of Phillips Ranch border of Diamond Bar area - Scenic walking and biking area. Features 4 bedrooms, 3 bathrooms, formal dining area and living room with fireplace, family room, wood floors. Call Today!!!

Investment Opportunity

Here is your opportunity to own income property in one of the most quickly emerging pockets of Los Angeles. Tons of potential for a development project or with a little TLC and new vision you could rent it out for passive income! The lot is in a fantastic central location close to everything and is surrounded by mature fruit trees for privacy. Call Today!!!

This Is The One!

Pride of ownership location. Fantastic home 3 bedroom 2 baths. Nice open floor plan. Huge family room open to kitchen with breakfast bar. Large covered patio with sliding door to private master bedroom central A/C and Heat. Sprinkler system, blocked fenced. Call Today!!!

Fantastic!

Stunning four bedrooms plus spacious bonus room, situated on large pie-shaped lot located on a premium cul-de-sac street! This upgraded home comes with a newer roof, windows, kitchen, rear deck, and paint. Great open space with large upstairs master suite. This home is close to transportation and shopping. Call Today!!!

Turnkey!

Here is the one you've been waiting for in the heart of Downey. This beautiful remodeled home 3bed, 3bath home won't last long. It has an open floor plan which is perfect for family gatherings or entertaining. The large dining area overlooks the spacious living area. Call Today!!!

My Real Estate School  
BRE APPROVED  
LIVE REAL ESTATE SCHOOL  
\$299 Reimbursed  
Call Darlene - ext. 119 (562) 927-2626



**Mel & Rita Berdelis**  
BROKER/OWNERS

CALL US TODAY!  
OFFICE: (562) 861-7257  
TOLL FREE: (800) 521-4572  
www.24hourRealEstate.com

**24 HOUR Real Estate**



**Carrie Uva**  
"Let's Talk Real Estate"  
562-382-1252  
www.CarrieUva.com



**Marie Picarelli**  
"The Intelligent Choice!"  
562-618-0033  
www.MariePicarelli.com



**Ben & Stephanie**  
"The Father-Daughter Team"  
562-217-8384  
TheFatherDaughterTeam@gmail.com



**Vicki Spearman**  
"I Care for Downey"  
562-367-9520  
lcare4dow@aol.com



**Mario Persico**  
"Mario DID IT AGAIN!"  
562-533-7433  
Mario@MarioPersico.com

**NEW LISTING!**  
  
**Ranch Style Home!**  
3 BD, 2 BA home. Built in 2004 in Palmdale on a 63,990 sq ft lot. **\$518,000.**  
Call Carrie for more info! 562-382-1252.

**JUST LISTED!**  
  
**Investor Special!**  
2 two bedroom, 1 bath units! Built in 1990! Easy maintenance!  
Only **\$450,000!**

**COMING SOON!**  
  
**Downey Starter Home!**  
3 bedrooms, 2 bathrooms, remodeled kitchen, hardwood floors, central air conditioning, detached 2 car garage, huge backyard. Move-in ready!  
Please call or text us for more information at 562-217-8384.

**COMING SOON!**  
  
**Quiet North Downey Location**  
3 BD, 2 BA. 2,200 sq. ft., large yard.  
Call Vicki 562-367-9520 for your private showing.

**HOT! HOT! HOT!**

**COMING SOON!**  
  
**Wow! What a Value!**  
2 bedroom, 1 bath home in the City of Huntington Park.  
Priced at **\$415,000**

**POOL HOME!**  
  
**Back on the Market!**  
North Downey! 3 BD, 2 BA home. Enclosed patio overlooking pool! Great neighborhood! Only **\$569,999!**

**FOR SALE!**  
  
**"This Could Be You!"**  
I found my clients their 4 bedroom, 2 bath home. I can find you the home of your dreams too!  
lcare4dow@aol.com

**FOR SALE!**  
  
**MARIO DID IT AGAIN! AGAIN! AGAIN!**  
SOLD: 10316 Morning Ave., Downey 3 BD | 3 BA | 1,545 sq. ft. | 8,807 lot Sold for FULL PRICE \$565,000 in 1 day

SOLD: 7403 3rd St., Downey 4 BD | 3 BA | 1,962 sq. ft. | 10,466 lot Sold for \$21,000 above list price in 5 days

**COMING SOON!**  
  
**Condo Living!**  
2 Story, 2 BD, 2 BA Condo with 1 car garage in Anaheim. Walking distance to Disneyland. **\$374,995**

**9,000+ LOT!**  
  
**Drastic Reduction!**  
5 BD, 6 BA, plus huge Guest House w/ BA. Great Downey Neighborhood!!  
**\$984,000!**

**Susan Waldron**  
REALTOR  
323-388-6364  
Susan.Waldron@aol.com

**Pam Lee**  
Realtor  
562-537-1134  
PamLeeRealtor@gmail.com

SOLD: 9547 Stamps Ave., Downey 4 BD | 3 BA | 2,176 sq. ft. | 9,214 lot  
SOLD: 7816 7th St., Downey 2 BD | 2 BA | 1,049 sq. ft. | 5,101 lot Sold for \$10,000 above list price in 4 days

**AVAILABLE RENTAL!**  
10400 Downey Ave., Downey 2 BD, 2 BA CONDO. \$1,950 per month!  
Call Carrie for more info! 562-382-1252.

**REDUCED!**  
  
**2 Units in Bell Gardens!**  
2 -3 bedroom homes with additional income! 9,100 sq. ft. lot!  
**\$739,000 - Submit offer!**

**MUST SEE!**  
  
**Mediterranean Escape!**  
Exceptional Downey home features 5 BD + bonus room, 6 BA, 4,642 sq. ft. living space on a 7,606 sq. ft. lot.  
Call Susan today! 323-388-6364.

**SOLD!**  
  
**COMING SOON:**  
South Gate Townhome 2 BD | 3 BA | 1,336 sq. ft. Downey Unified School District

**COMING SOON:**  
Downey home 4 BD | 3 BA | 2,090 sq. ft. Built in 1977

**CARRIE UVA**  
"Providing Service To Downey Residents For 24 Years" "Lifetime Downey Resident Selling Downey Homes"

**ANGIE'S LIST**  
**MARIE PICARELLI**  
Check Out our **60 REVIEWS** on Zillow!  
Zillow  
www.zillow.com/profile/mariepicarelli/#reviews

**SOLD!**  
  
**SOLD in 5 Days!**  
South Gate 3 bedrooms, 1 bathroom home on a 6,002 sq. ft. lot.  
I can sell yours too! 323-388-6364.

**Sold Over List Price!**  
**Santa Fe Springs home.**  
3 bedroom, 1 + 3/4 bathroom. 1,404 sq. ft. on a 7,022 sq. ft. lot.  
Pam can sell yours too! 562-537-1134.  
PamLeeRealtor@gmail.com

**MARIO PERSICO**  
BORN | EDUCATED | LIVES | WORSHIPS  
**SELLS IN DOWNEY**  
Please be sure to contact Mario at 562-533-7433 for all of your real estate needs.  
YouTube #MarioDidItAgain #IT'SNEVERjustBusiness! #ALWAYSpersonal

www.MICHAELBERDELIS.COM

**MICHAEL BERDELIS**  
"THE 24 HOUR AGENT!"

562.818.6111

DOWNEY'S #1 AGENT, 2002-PRESENT WITH OVER 1,100 HOMES SOLD SINCE 1999

**JUST LISTED!**  
  
**OPEN HOUSE THIS WEEKEND**  
Custom Built Beauty!

**BACK ON THE MARKET!**  
  
**Quality & Elegance**

**BACK ON THE MARKET!**  
  
**The Right House For YOU!**



4 BD, 3 BA pool home on large 10k sq ft lot with new flooring, master BD, spacious living room & den overlooking backyard, & 2 car detached garage in secluded cul-de-sac location.

LIST PRICE: \$925,000



5 BD, (4 up & 1 down), 4 BA, 3,140 sq. ft., kitchen was upgraded with new appliances and quartz counter tops, located near Furman Park!

LIST PRICE: \$914,950



3 BD, 2 BA home centrally located in North Downey. Den with fireplace, bonus room could be 4th bedroom, approx 1,800 sq ft. Pristine condition!

LIST PRICE: \$625,000

**THE MARKET IS HOT! NOW IS THE TIME TO SELL!!!**

**PENDING \$479,000**  
  
9201 Florence, Downey

**PENDING \$549,000**  
  
12557 Bellder, Downey

**PENDING \$825,000**  
  
8333 Suva, Downey

**SOLD FOR \$487,500**  
  
7652 Arnett, Downey

**SOLD FOR \$470,000**  
  
12329 Marbel, Downey

**SOLD FOR \$555,000**  
  
9052 Lindsey, Downey

**SOLD FOR \$499,000**  
  
12106 Old River School, Dow.

**SOLD FOR \$529,000**  
  
13107 Coldbrook, Dow.



**FOR SALE**  
**24 HOUR Real Estate**  
RESIDENTIAL & COMMERCIAL SALES  
**MICHAEL BERDELIS**  
"THE 24 HOUR AGENT"  
562-818-6111  
OFFICE: 562-861-7257

Text Michael at 562-818-6111 for a PROPERTY VIDEO of these homes or for a FREE Market Evaluation of YOUR home!

CALBRE #01234589