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Residents mourned
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HEALTH
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Norwalk rapper
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Downey's Liliana Hernandez honored as Woman of the Year



Liliana Hernandez is flanked by council members Rick Rodriguez, Blanca Pacheco and Alex Saab. Photo courtesy Jerry Caligiuri

APRIL 14
Downey Federal Credit Union Food-Packing Event
DATE: Friday, April 14
TIME: 6 pm
LOCATION: Warren High gym

Family Game Night
DATE: Friday, April 14
TIME: 6 pm
LOCATION: Columbia Memorial Space Center

APRIL 19
Downey Sister Cities Assoc. meeting
DATE: Friday, April 19
TIME: 6:30 pm
LOCATION: Embassy Suites

APRIL 22
City of STEM Science Festival
DATE: Saturday, April 22
TIME: 9 am
LOCATION: Columbia Memorial Space Center

Cops & Kids Day
DATE: Saturday, April 22
TIME: 11 am
LOCATION: Furman Park

APRIL 26
State of the City
DATE: Wednesday, April 26
TIME: 11:30 am
LOCATION: Rio Hondo Event Center

APRIL 27
A discussion with Joel Tator
DATE: Friday, April 27
TIME: 7:30 pm
LOCATION: Barbara J. Riley Community Center

APRIL 28
Defying Gravity
DATE: Friday, April 28
TIME: 8 pm
LOCATION: Columbia Memorial Space Center

APRIL 29
Carnival of Champions
DATE: Saturday, April 29
TIME: 9 am
LOCATION: Warren High School

Electronic waste collection
DATE: Saturday, April 29
TIME: 9 am
LOCATION: Stonewood Center

MAY 5
Casino Night fundraiser
DATE: Friday, May 5
TIME: 6:30 pm
LOCATION: Rio Hondo Event Center

MAY 7
Downey Ride & Stride
DATE: Sunday, May 7
TIME: 10 am
LOCATION: Various parts of Downey

Downey Street Faire
DATE: Sunday, May 7
TIME: 10 am
LOCATION: Downey Avenue, between Phlox and Stewart & Gray

JUNE 2-4
Downey Greek Festival
DATE: June 2-4
TIME: 10 am
LOCATION: St. George Greek Orthodox Church

DOWNEY – Downey eighth grader Liliana Hernandez was honored last month as "Woman of the Year" by Assemblymember Cristina Garcia for her efforts in steering girls towards opportunities in science, technology, engineering and math (STEM).

Liliana is a founding member of Girls in STEM, a club at Downey's Columbia Memorial Space Center. She has rallied her fellow club members to take part in hands-on STEM explorations, field trips and service projects.



Outside of her work with Girls in STEM, Liliana is a longtime member of the Girl Scouts of America and serves as her class president.

In her spare time, Liliana builds robots and regularly competes in the Team America Rocketry Challenge, which is the world's largest student rocket contest and is integral in the aerospace and defense industry's strategy to build a strong U.S. workforce in science, technology, engineering and math.

Liliana aspires to one day become a doctor.

Assemblymember Garcia honored one woman from each of the cities she represents, which includes Downey, Artesia, Bellflower, Bell Gardens, Cerritos, Commerce, Montebello, Norwalk and Pico Rivera.

Her district Woman of the Year, Dr. Veronica Obregon, was honored at a ceremony at the State Capitol.

Below are brief biographies on each of the winners.

Michele Diaz (Artesia): Michele Diaz has been a resident of Artesia for over 34 years and has been active member in her community since then.

Michele has served on the City of Artesia's Planning Commission for the past 18 years; she has also served as the Commission's Chairperson multiple times. In addition to her vast experience in city planning, Michele is entering her thirteenth term as President of the Friends of the Artesia Library.

The Friends of the Library is a self-supporting program that aims to increase awareness of the library and its importance in their communities. Michele has helped organize fundraisers from book sales to dinner events that attract over several hundred attendees.

In addition to serving on the city's planning commission, Michele has participated in and organized neighborhood cleanups, tree plantings, and vine trimmings. She has also assisted on the restoration of Artesia's Historical Fire Station, which is known as LACFD Station #30.

Outside of her contributions to the city, Michele spent a week in New Orleans in March of 2006, where she participated in Hurricane Katrina relief efforts. Michele helped restore a damaged store and helped transform it into a home for the Neighborhood Story Project. The project is a literacy program that partners with the University of New Orleans. Most recently, she was appointed by LA County's 4th District Supervisor Janice Hahn to Artesia's Cemetery District.

Christina Padilla-Birkey (Bellflower): Christina, known by her peers as "Chrissy," is currently the Executive Director of "Kingdom Causes", a community-based organization that focuses on bringing together local churches and city residents to build a strong, thriving community. Chrissy spearheads the organization's various efforts to combat homelessness, engage the community, create affordable housing, create access to better employment and job training opportunities.

Chrissy has been with Kingdom Causes since its inception and has furthered her education and work skills by attaining her Masters in Urban Affairs.

Outside of her work for Kingdom Causes, Chrissy is a member of the Bellflower Kiwanis Club, which is a service club that strengthens communities by helping children and young adults. She also sits on the Executive Board for Caring Connections, a non-profit organization based in Bellflower that seeks to meet the needs of children and families in need.

Chrissy is also a tireless advocate for combating homelessness and providing much-needed services both within the scope of Kingdom Causes and outside of it. Whether it is her work within Kingdom Causes or her broader efforts to tackle homelessness, and current incarceration rates, Chrissy's motto is to "not only provide direct services, but to mobilize stakeholders in the community to get involved in these issues."

Reyna Reyes (Bell Gardens): After leaving her country of Honduras in 1995, Ms. Reyna Reyes started a new chapter here in California. She settled in the City of Bell Gardens, where she is currently raising her three young boys. With her ambition to create a safe community, Reyna quickly became involved with the Bell Gardens Neighborhood Watch Program.

For the past fifteen years, Reyna has not only connected her immediate neighbors to the program but has extended invitations to many families in her surrounding community. Through her efforts,

See **WOMEN OF THE YEAR**, page 2

Downey man gets 6 years in prison for robbing fruit vendors

DOWNEY – A 26-year-old Downey man was sentenced last week to six years in state prison for robbing fruit vendors over a span of five months, the Los Angeles County District Attorney's Office announced.

At the court appearance on April 5, Miguel Rodriguez pleaded guilty to one count of second-degree robbery.

He also admitted that he was previously convicted of second-degree robbery in 2007.

A restitution hearing is scheduled for July 5 in Los Angeles County Superior Court, Long Beach Branch.

Deputy District Attorney Simone Shay, who prosecuted the case, said Rodriguez robbed three separate fruit vendors on Sept. 11, 2016, Jan. 17, 2017 and Feb. 2, 2017, in the 6900 block of Paramount Boulevard in Long Beach.

On Feb. 14, Rodriguez was arrested in connection with the muggings.

The case was investigated by the Long Beach Police Department.



Weekend at a Glance

Friday 74°

Saturday 75°

Sunday 73°

THINGS TO DO



Egg Hunt

Saturday - Norwalk City Hall, 12:30 pm

An Easter egg hunt for kids ages 1-10. Plus games, crafts, face-painting, and the Easter Bunny.



L.A. Fight Club

Friday - Belasco Theater, 5:30 pm

Live boxing presented by Golden Boy Promotions.



Beer & Oyster Festival

Saturday - Shoreline Park in Long Beach, 12 pm

A celebration of craft beer, oysters, gourmet food, and live music. 21 and older.



Blessing of the Animals

Saturday - Olvera Street, 12 pm

Bring your pets for a public blessing conducted by the Archbishop of Los Angeles.



Lupe Fiasco

Saturday - The Observatory, 8 pm

Hip-hop artist Lupe Fiasco performs live at the Observatory in Santa Ana. Tickets are \$30.

TWEETS OF THE WEEK

@Captain_Sawyer: Anybody know where I can get a legit raspado in Downey?

@RealSeanAshton: Thank you to all of our Downey Library volunteers! There were over 8,000 hours volunteered in 2016.

Follow us!
@DowneyPatriot

Assemblymember honors Women of the Year

Continued from page 1

the program has had a turnout of 60 to 70 community members per meeting. Reyna also cooks home-made meals to provide food at these meetings, which incentivize residents to attend.

Through her efforts, the City of Bell Gardens has developed an active Neighborhood Watch Program that keeps families aware of recent crimes, educates families on crime prevention and encourages families to report suspicious behavior. Aside from volunteering around her neighborhood, Reyna serves as a parent liaison between Bell Gardens Elementary and the Bell Gardens Police Department. Reyna's passion for public safety is also evident in her participation at the National Night Out and at National Police Week, where she helps with outreach and attendance. Moreover, she shares this passion with her three boys, who also volunteer and accompany their mother in passing out information, brochures, and safety tips.

Lastly, Reyna is an active member of the Citizen's Patrol, a community led program where volunteers survey local areas to identify suspicious behavior or criminal activity and report it to law enforcement.

Mary Jane Fujimura (Cerritos): Originally born in Hawaii, Mary Jane was raised in a family whose parents and grandparents instilled a sense of community and giving back.

Mary Jane has volunteered all throughout her youth and college career. Always carrying a passion for the arts, Mary Jane became involved with the "Friends for the Performing Arts", an organization based in the city of Cerritos that supports the performing arts and provides scholarships to students excelling in their field.

As an educator, Mary Jane has served on the Teacher's Board and later chaired the Guild for the Friends. She also serves on the board for

the Hawaiian Senior Club, where she engages the youth and exposes them to the Hawaiian culture. Mary Jane is also a member of various clubs, including the Soroptimist International Artesia-Cerritos Club and the Cerritos Optimist Club.

Outside of her efforts to engage disadvantaged communities, including youth and women, Mary Jane's self-declared great passion is volunteering for the "Go for Broke Organization." "Go for Broke" strives to honor the virtue and valor of World War 11 Japanese-American veterans. It also recounts the dark chapter of history for many Japanese-Americans who were forcibly relocated in intermittent camps.

Overall, Mary Jane continues to live her life according to her parent's wisdom that it is "not about money but the giving from the heart."

Vanessa Perez (Commerce): For Vanessa Perez, a lifelong Commerce resident, things have come full circle. Vanessa spent her teenage years frequenting the City of Commerce Teen Center. She has since made her career there by working her way up to the position of the Teen Center Senior Recreation Leader.

Vanessa first began working for the city's center as a Teen Leader, where she helped expand various programs. Under her supervisor at the time, Vanessa expanded the center's annual camping trip, which is now known as "Adventure Club". Vanessa transformed the club and organizes various excursions for the teens. Not only do the students gain valuable volunteer experience, Vanessa says she enjoys taking the city's youth to different places to expand their horizons and visit places they "would not be able to go otherwise", such as visiting Skid Row. Vanessa undertakes the responsibility of fundraising for the trip, including the expenses for students' room and board and all excursion fees.

Vanessa has worked at the Center for over 14 years and currently leads a "Girlology", a program at the Teen Center that provides young girls with the skills and resources to empower themselves. Under the program, young girls have the opportunity of going to various excursions and journaling about their experiences. Most recently, Vanessa took the students to see "Hidden Figures," a film on the untold story of African American Women working at NASA. Vanessa is not only a role model in her community, but a true asset that inspires young individuals to become invested in their community.

Sona Fundukian (Montebello): Sona Fundukian is the proud parent of 3 children and 2 grandchildren. She has been happily married for 55 years. Sona is currently the Chairperson of the Nairy Chapter of the Armenian Relief Society (ARS), which was established in Montebello in 1968. The Nairy Chapter of the Armenian Relief is one of ARS's 26 chapters and is dedicated to offering humanitarian aid, education, and various social services to those in need. ARS aims to promote and preserve the rich traditions of the Armenian culture by educating Armenian youth about their heritage.

During her time on the Executive Board, Sona realized there was a need to educate the local Armenian-American youth in and around her community. In 1982, she helped establish a Saturday School in the City of Montebello, which provides young Armenians the resources to learn their language, history and culture.

Sona also sits on several committees, including the ARS Scholarship Committee, which she originated. More specifically, she was instrumental in the creation of the "Nairy Scholarship," which awards deserving Montebello High School students of Armenian descent.

Outside of her work for ARS, Sona has a teaching career spanning over 33 years, including 5 years of teaching for the Sacred Heart of Mary High School in Montebello and 28 years at Bell High School. She has received a grant from the National Endowment for the Humanities (NEH) in 1995.

Mercedes Quintanilla (Norwalk): Mercedes Quintanilla is the current Executive Director and Founder of Door of Hope, an organization committed to providing supportive and caring team members that will serve as mentors to the youth. Mercedes is an action oriented leader, she saw a need for after-school programming for at-risk youth she knew that they would benefit from the sustained

guidance over a prolonged period of time.

She also has served as an administrator for the Norwalk Sheriff Station's "Personal Responsibility in Developing Ethics" (PRIDE) Program for the past seven years. This mentorship programs helps at-risk youth redirect their lives and teaches the lessons of taking responsibility for one's actions.

While serving as the PRIDE Program Administrator, Mercedes visited countless homes and helped at-risk youth connect with valuable social services. Due to her tireless efforts, she was recognized by former Los Angeles County's 4th District Board Supervisor, Don Knabe, as the 2013 Volunteer of the Year.

She also has served on the SARB (School Attendance Review Board) Panel and SART (School Attendance Review Team) for the Norwalk/LA Mirada School District. It was her time working with SARB and SART that she discovered a need for helping young students develop their attitudes and improve their academic success.

Bethania Perez (Pico Rivera): Bethania Perez is currently a senior at El Rancho High School and is on route to be the first in her family to attend a college. She is a leader in various clubs and organizations within her school and carries a passion to help first-generation students like her pursue a higher education.

She was recently selected to be part of former First Lady Michelle Obama's "Better Make Room" Student Advisory Board. The application for this competitive position drew in over 300 applications and Bethania was one of two students chosen from the State of California. The Campaign promotes higher education and a "college-going" culture in high schools throughout the county.

Bethania is currently the president of her school's California Scholarship Federation and is a link crew member, where she mentors middle school students as they make their transition into high school. This program creates a welcoming environment for high school freshman as they adjust to a new environment.

In addition, Bethania is a peer advisor at El Rancho High School, where she is one of 12 advisors that help their fellow students navigate various college applications and complete the FAFSA form to determine eligibility for federal student aid.

In the near future, Bethania has her sights to attend Columbia University, where she would like to pursue a major in biomedical engineering and hopes to make a positive impact for females pursuing careers in STEM fields.

Dr. Veronica Obregon (Montebello): Dr. Verónica Obregón is a mental health expert with over 15 years of mental health consultation experience. She is a licensed clinical social worker and educational psychologist with a pupil personnel services credential authorizing work in schools.

Dr. Obregón received her Master's Degree in Social Work from the USC Dvorack-Peck School of Social Work and her Doctorate Degree in Education with an Educational Psychology concentration from the USC Rossier School of Education. A well-educated therapist, she built her expertise working in urban communities in Central Los Angeles.

Dr. Obregón began her career at the Los Angeles County Department of Mental Health. She moved on to practice as a psychiatric social worker at the Los Angeles Unified School District-School Mental Health Program. As a mental health consultant she worked with teen moms to help them stay in school, provided mental health consultation with school administrators and staff about student and staff mental health and socio-emotional needs, provided crisis intervention and worked with district staff to engage parents in their child's education.

Dr. Obregón was born in Mexico City and raised in East Los Angeles. Growing up in this community inspired Dr. Obregón to work for a just and well-organized society. That is why she pursued a career as a social worker after she graduated with a bachelor's degree from UCLA. She now shares her passion and expertise gained as a licensed clinical social worker with aspiring social work students, as a part-time adjunct faculty at the California State University Los Angeles School of Social Work.

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April 14, 7:00 pm

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8:00 am Easter Breakfast
9:00 am Easter Egg Hunts
10:00 am Festival Worship

Good Shepherd Lutheran Church
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Downey Seventh-day Adventist Church

Celebrate Easter with us
Saturday, Apr. 15 at 11:00AM

Resurrection

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**HOLY REDEEMER
LUTHERAN CHURCH**

Festive Worship Music
& Holy Communion
10:00 AM

Easter Breakfast
8:30 AM - 9:30 PM
Pastor Tracy Williams



4/13 Maundy Thursday Service 7 PM
4/14 Good Friday Service 7PM
4/16 Easter Sunday Service at 9 AM
Breakfast at 10:30 AM

Messiah Lutheran Church
10711 Paramount Blvd., Downey, CA 90241 (562) 923-1215
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Downey Seventh-day Adventist Church

Celebrate Easter with us
Saturday, Apr. 15 at 11:00AM

Resurrection

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www.downeychurch.org

Come Celebrate Easter Morning at
**HOLY REDEEMER
LUTHERAN CHURCH**

Festive Worship Music
& Holy Communion
10:00 AM

Easter Breakfast
8:30 AM - 9:30 PM
Pastor Tracy Williams



U.S. Air Force Airman Justin Hays graduated from basic military training at Joint Base San Antonio-Lackland, San Antonio, Texas.

The airman completed an intensive, eight-week program that included training in military discipline and studies, Air Force core values, physical fitness, and basic warfare principles and skills.

Hays is the son of Rae Lynn and Jonathan Hays of Eureka, Mont. He is a 2011 graduate of Downey High School.

Author, television news producer to speak in Downey

DOWNEY – Longtime Los Angeles television producer Joel Tator will be the guest speaker at the Downey Historical Society's general meeting April 27 at 7:30 p.m. at the Barbara J. Riley Center.

Born in New York City, Tator attended UCLA and in 1960 went to work in the KTLA mail room. By 1963 he was directing KTLA newscasts which featured George Putnam, Tom Snyder, Hal Fishman and many others.

From 1966 to 1973, Tator directed the KNBC newscasts with Tom Brokaw and Jess Marlow before leaving to direct various specials for HBO, NBC and ABC.

Between 1978 and 1986, he produced and directed "2 on the Town" for KNXT/KCBS with Steve Edwards, Connie Chung and Melody Rogers, along with anniversary shows.

He returned to KTLA in 1986, serving as executive producer for the KTLA Morning News with Sam Rubin, Mark Kriski and Eric Spillman. He remained there until 1998.

Tator's first book, "Los Angeles Television," was published in 2015 by Arcadia Publishing and is available on Amazon. It talks about the first original seven stations that went on the air from 1947-49.

Tator is currently working on his second book about the history of NBC's "Tomorrow Show" with Tom Snyder.

Tator's presentation with the Downey Historical Society is free and open to the public.

Free admission to Downey space center next week

DOWNEY – Admission to the Columbia Memorial Space Center will be free the week of April 17 -- spring break in the Downey Unified School District -- as the space center celebrates City of STEM.

City of STEM is a month-long, community-focused celebration of science, technology, engineering and math.

During the month of April, the space center will present STEM programming throughout the community, engaging diverse audiences at various locations throughout Downey and the greater Los Angeles area.

City of STEM culminates with its Big Science Fest on Saturday, April 22. Also free, it will feature hands-on activities and more than two dozen exhibors showing off their STEM work.

CERT classes start in June

DOWNEY – The city of Downey is now taking sign-ups for its spring Community Emergency Response Team class.

Classes are June 3, June 10 and June 17 from 8 a.m. to 4 p.m. Students must attend all three days of classes to complete the training.

Training will take place at Fire Station No. 1 on Paramount Boulevard. Classes are open to residents ages 18 and older.

For more details, email info@downeycert.com.



Family support group offering blue ribbons

DOWNEY – In recognition of Child Abuse Prevention and Awareness Month, the Exchange Club Family Support Center in Downey is distributing blue ribbon pins throughout the month of April.

The blue ribbon campaign originated as a grandmother's tribute to her grandson, who died because of abuse. She wrapped a blue ribbon around her car antenna as a way to remember him and to alert her community to the dangers of child abuse.

Anyone interested in receiving a blue ribbon pin, or would like a speaker for their group, should contact the center at (562) 904-9590.

Police patrolling for distracted drivers

DOWNEY – The Downey Police Department is deploying extra traffic enforcement officers this month in search of distracted drivers.

"Downey PD is spreading the message that distracted drivers are not only a danger to themselves, but everyone else on the road," the department said in a statement.

Officers will especially be searching for drivers distracted by their cell phones.

"[Most] drivers aren't aware that just talking on a cell phone, hand held or hands free, can lead to 'inattention blindness' as critical brain functions needed for driving are used for cell phone talking," the department said.

Downey's AYSO boys under 12 Extra team, Xtreme, beat out 900 AYSO Extra teams from Nevada, Arizona, Washington, and Oregon to become Western States Champions over the weekend of March 25-26 in Carson City, Nevada.

They won the semi-final versus Agoura Hills, 1-0, then proceeded to beat Rancho Cucamonga, 2-0, in the final.

Trop row, from left: assistant coach Jose Jaimes, Joseph Jaimes, Chris Ferruffino, Esteban Varela, Julian Fraile, Jason Aguiniga, Daniel Castillo, Chris Almaguer, Ethan Gonzalez, Asst coach Rolando Gonzalez Head coach Steven Hernandez.

Bottom row: Julio Jimenez, Johnny Vargas, Andrei Pater, Diego Sarmiento, Adrian Diaz, Jesse Ramirez, Steven Hernandez.

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*The value listed is per booking and equal to the total inclusions and member benefits listed. Rate quoted is per person, based on double occupancy, Banyan City View accommodations, for check-in on September 7, 2017, & includes round trip air transportation from LAX, & is accurate at time of publication. Advertised rate does not include any applicable daily resort or facility fees payable directly to hotel operator at check-out; such fee amounts will be advised at time of booking. Rate may not be available on all travel dates. Airline tickets non-refundable. Additional restrictions may apply, including, but not limited to, baggage charges for first & second checked bag, advance purchase requirements, & airline fee up to \$100 per change plus any applicable fare differential (certain changes may involve pre-confirmation deadlines), & blackout dates. Airline fees & policies may vary; contact your ticketing airline for information. For baggage fees & other details, see www.jillybags.com. Rates involving round trip air transportation from other gateways may differ. 15% spa discount applies to all treatments available on spa menu, excluding spa merchandise. Certain restrictions may apply. ¹Offer only valid for Banyan City, Tower Deluxe City and Tower Deluxe Ocean View accommodations. Valid on new bookings only. ²Activity voucher does not apply to air/sea only booking. Valid toward the purchase of a select optional activity. Not valid for hotel direct activity bookings. ³\$100 off per booking offer applies to new bookings to Hawaii at select hotels made March 1-April 30, 2017 for travel March 1-December 15, 2017. Savings is per booking and takes at time of booking, and not reflected in rate shown. Minimum five-night hotel accommodations and round trip transpacific air required to receive Aloha Days offer. ⁴Complimentary five-day Hertz mid-size car rental valid for new Hawaii bookings made March 1-April 30, 2017 for travel March 1-December 15, 2017. Black out dates may apply. Mid-size car value is \$378. Minimum five-night hotel accommodations and round trip transpacific air required to receive Aloha Days offer. ⁵Unless otherwise indicated: taxes, surcharges, gratuities, transfers & excursions are additional. Rates, terms, conditions, availability, itinerary, government taxes, surcharges, deposit, payment & cancellation terms & policies subject to change without notice at any time. Advance reservations through AAA Travel required to obtain Member Benefits & savings which may vary based on departure date. Not responsible for errors or omissions. The Automobile Club of Southern California acts as an agent for Pleasant Holidays[®]. CIR#1016202-80. Copyright © 2017 Automobile Club of Southern California. All Rights Reserved.

In Memory of Byron Joseph (Bud) Buck

September 25, 1940 - April 6, 2017



Bud was born in Wausau, Wisc. To Byron and Lillian. He was the third of four children. His family moved to Mpls., MN when he was a child. He met his wife Carol when he was 15 and she was 13. It was love at first sight. They married in 1958 and moved to California with his family. They lived most of their lives in Downey, where they raised their three children, Chris, Lance and LaNean.

Bud owned and operated his machine shop for 40 years. His father taught him the business and now his sons are both in the same profession.

He was a proud member of the Downey Elks 2020 for 15 years and was the Exalted Ruler 2014/2015. He loved the Elks and the people. He loved family camping trips all over but enjoyed Lake Powell the most. Then he took to golfing, rain or shine.

He is survived by his wife Carol, son Chris (Stacy), son Lance (Shirleyann-Fiance), daughter LaNean (Guy) – 8 grand kids, 5 great-grand kids, 3 sisters, Joan Crooks, Margaret Putnam and Karen Douglas – numerous nieces and nephews and his special Johnny Cash singing buddy Alec.

He will be missed by all.

Celebration of Life will be held at Downey Elks Lodge 2020 on April 22, 2017 at 5:30 pm.

Angie Esguerra, longtime resident, passes away

DOWNEY – After a long battle with Alzheimer's disease, Angie A. Esguerra, a long-time resident of Downey and a former member of the St. Raymond's Catholic community, passed away April 6 at Silverado The Huntington in Alhambra, where she lived for the past four years.

Born August 2, 1935 in Mauban, Philippines, the youngest of five children to Sergio and Soledad Abcede, Angie graduated summa cum laude with a Bachelor's of Science degree in Commerce from Far Eastern University in Manila.

Angie immigrated to the United States with her husband Del and three children, and purchased a house in Downey in 1978. Angie worked for the Department of Water & Power, where she managed the Financial Planning Department and retired after 31 years of civil service.

She was preceded in death by her siblings Angel and Jose (Catherine); her husband Del; and her daughter Laura Esguerra Adams. She is survived by her son Angel Esguerra; her daughter Celia Winstead; her sons-in-law James Adams and Jim Winstead; her siblings Adelaida del Banco and Reynaldo Abcede; and numerous cousins, nieces, and nephews.

In lieu of flowers, the family requests donations be made in Angie Esguerra's name to Cure Alzheimer's Fund (<http://www.curealz.org>).



Melba Bailey, retired teacher, dies at age 101

DOWNEY – Melba Prieta Thompson Bailey was born to Ada Lutz Thompson and Ford Thompson, Nov. 9, 1915, in Attalla, Alabama. She passed away Dec. 10, 2016, in Red Bluff, Calif.

Melba and her younger sister, Pearl, lost their father who died of typhoid fever in 1920. Ada relocated with the girls to Bakersfield, where she worked odd jobs to support her family.

When Ada contracted tuberculosis she could no longer care for the girls. In 1923, Melba and Pearl journeyed by train from Bakersfield back east to Cullman, Alabama where they entered the Alabama Odd Fellows Home for children. There they joined about 200 children in the care of the "Home." Their father had been a member of Odd Fellows, which had as a benefit the care of children under the age of 16 if their parents became unable to care for them.

It was there that Melba met an older 10 year old boy, Quinton C. Bailey. He was in the home with several of his brothers and sisters following the death, in 1918, of his parents, from the great influenza pandemic.

Following graduation from Cullman County High School in 1935, Melba enrolled in a teacher education program at State Teachers College in Jacksonville, Alabama, where she worked her way through college. She earned a bachelor's degree in 1938 in Elementary Education with a minor in Physical Education and a Special Education credential.

Quinton and Melba were married in Downey on Sept. 11, 1938, a marriage which lasted 69 years until Quinton's death in 2007.

The Baileys continued to reside in Downey where she obtained her first part time teaching job home schooling critically ill or disabled children. She was not employed full time because female teachers were not allowed to be married. A World War II shortage of teachers ended the marriage restriction enabling her to teach full time for 11 years in Southern California. At the same time, Quinton was working in the aircraft industry as a machinist.

In 1950 the family decided to return to rural life, and purchased an almond/walnut orchard in Durham, California. Melba taught in the Durham Unified School District for 26 years until 1976, but continued to substitute teach for 17 more years until 1993.

Melba and Quinton had three children, three granddaughters and nine great-grandchildren. The children are Gwendolyn Curran (Claude) of Ashland, Oregon, born in 1940, Vicki Bailey, born in 1945, and Craig Bailey (Jan) born in 1949. Both Vicki and Craig reside in Red Bluff, California. Melba and Quinton's granddaughters are Kirstin Curran Cronin (Tom) of Talent, Oregon and their children, Hayley, Kelsey and Lilly; Mardiss Curran Madden (Mike), also of Talent and their children, Taylor, Sean, and twins Aidan and Scott; and Kasia Curran Mannix (Seamus) of Milwaukie, Oregon, and their children Annora and Deagan.

A memorial service was held March 31 in Durham. In lieu of flowers, the family requested donations be made in Melba's name to the Durham Volunteer Fire Department, C/O Durham Community Foundation, PO Box 454, Durham, California 95938.



Jack Archer, 91, owned insurance agency in Downey

DOWNEY – Jack Allen Archer, 91, passed away in his home in Altadena on March 17.

Born in Alhambra to Luella M. and Ernest B. Archer, he lived most of his life in San Marino and Mammoth Lakes, Calif.

Jack is survived by his wife of 66 years, Rebecca Archer, his three children John (Alyson) Archer of New York (grandchildren Casey, Miles, Kyle), Julie (Frank) Rizzo of Massachusetts (grandchildren Anna, Mark, Zachary) and Paul (Andrea) Archer of Los Angeles (granddaughter Rhiannon).

He is also survived by his sister Lorraine Muirhead of Arcadia, and sister-in-law Barbara Archer of Altadena, and devoted nieces and nephews. Jack was pre-deceased by his brother Gene Archer and brother-in-law Thomas Muirhead.

Jack served in the U.S. Army Air Corps during World War II, then built a successful insurance agency in Downey. He retired to Mammoth Lakes, where he was a member of the Rotary Club.

A private ceremony was held with immediate family. In lieu of flowers, memorial donations may be made to the Glenwood House, 2130 South Coast Highway, Laguna Beach, CA 92651.



Funeral services scheduled for David Mitchell

DOWNEY – David Mitchell, a beloved father and brother, passed away April 6 in Lake Havasu City, Ariz.

David was raised in Downey and graduated from Downey High in 1982.

He is survived by his son Gunner Mitchell and sisters Mimi (Mitchell) Gransden and Wendy Mitchell.

Services are scheduled from 2 -5 p.m. on Sunday April 23, at the Realtor Conference Center in Lake Havasu, Ariz.



Epifania Aguirre mourned

PICO RIVERA – Services were held Tuesday for Epifania Aguirre, born April 7, 1920.

She died April 5, two days shy of her 97th birthday.

Capilla De Funeraria Del Angel Pico Rivera hosted services, with Mass at Iglesia De San Francisco Xavier in Pico Rivera.



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2017.007

Here's what you can do for Middle East peace



David Friedman

By Mike Merryman-Lotze

While news swirled around health care and climate rules last month, another potentially momentous development slipped through the cracks.

It was the Senate's quiet confirmation of David Friedman to serve as the new U.S. ambassador to Israel. That vote threatens to create a mess of new problems in the already troubled Middle East.

Friedman, a Trump appointee, strongly supports Israel's settlements on Palestinian territory, which are illegal under international law, and opposes the formation of a Palestinian state.

Support for a Palestinian state — and opposition to Israeli settlements — has been the basis of U.S. policy for years. But Friedman's appointment represents a shift.

Since Trump took office, the Israeli government has approved the construction of over 6,000 new Israeli homes in West Bank and East Jerusalem settlements. And in early April, Israel approved the construction of its first completely new settlement in 20 years, deep in the heart of the West Bank.

The U.S. response? Near silence.

Under past administrations, we could have expected immediate condemnation. But earlier this year it took four provocative settlement announcements to elicit even a tepid U.S. response.

These changes are important.

For more than a decade, officials have been warning that the window of opportunity for realizing the two-state solution is closing. This begs the question: Do these changes mark the formal closure of the Middle East peace process? And, if so, what does that mean?

Israel's settlement policy has long stood in the way of a two-state solution. By putting Israeli homes on Palestinian land, they make it nearly impossible to draw a border between Israel and a viable future Palestinian state.

In the early 1990s there were approximately 110,000 Israeli settlers in the West Bank and another 150,000 in East Jerusalem settlements. Today, there are over 350,000 settlers in the West Bank and more than 300,000 in East Jerusalem. In total, settlements now control over 43 percent of all West Bank land.

So, what should those concerned with peace do?

Simply speaking out is no longer enough. Neither is calling for a return to the established peace process, which has failed for a quarter-century now.

Instead, what's needed now are actions to impose a cost on Israel for its settlement building and continued occupation.

For governments, that means cutting bilateral assistance programs, modifying or ending special trade arrangements, and implementing sanctions. For individuals, it could mean boycotting and divesting from companies complicit in Israel's settlement enterprise and military occupation.

It's these concrete actions, not just words, that will make change.

At the same time, the international community must also take time to evaluate the peace process to understand why it's failed. We must ask what a new goal might look like if two states can't be achieved.

What does it mean to build peace in a post-two state environment? How can equality and justice be achieved for all Palestinians and Israelis regardless of where they live? What might a peace process look like if it were based on the idea of achieving justice and equality rather than ethnic separation?

Exploring these questions won't bring immediate relief to people whose land is being confiscated or who are victims of violence, but answers may open paths to change. And change is needed.

Meanwhile, the status quo isn't working, and continuing down a path that has failed for nearly 25 years won't bring peace.

Mike Merryman-Lotze has worked with the American Friends Service Committee as the Palestine-Israel Program Director since 2010.

Avocado Pitts

Dear Editor:

Now that the region north of Firestone and Rives has been christened Orange Estates, I respectfully submit that the area south thereof be designated Avocado Pitts.

Why Avocado? Because why Orange?

Why Pitts? Because it provides a way to say with ironic pride and perhaps a dash of sass that those of us on the south side of the tracks are well aware of our locale and just as proud of our place in Downey as are our neighbors to the north.

Allison Holland Downey

'Defying Gravity'

Dear Editor:

My mom and dad are producing a play. It is called Defying Gravity. It is a play about the Challenger space shuttle disaster.

Directed by Lana Wahlquist. Located at the Columbia memorial space center. It opens April 28th.

I hope you all can come! (It is best for ages 12 and up.)

Peer Wahlquist Age 9 Downey

Leaky hydrant, overgrown trees

Dear Editor:

We often go to the Downey Landing for shopping or eating at the local food places. We have passed by this fire hydrant on several occasions and there is a slow drip, which has been there for some time since it now has mold growing from it.

Quick suggestion: please have them correct that, although we have had lots of rain, we still are not out of the woods with our drought.

Another issue I have are the trees down Lakewood Boulevard. I understand we need green, but when the roots of these trees destroy our sidewalk and cover up the nice blue lights all down the street, then they are a problem.

Am I wrong to say that the persons who planted these trees should have known about their roots? The size they would grow and the maintenance issues of these trees. They should have told the City of Downey of the downsides of these trees.

We are now maybe contemplating fixing these cement plates around the trees. They are a hazard while walking or running. I am sure that when someone does address this, the taxpayers again will have to pay for these errors.

Hope someone hears about these because the problems will only get worse as these trees grow.

Maria Romero Downey

Time is right for gas tax

Dear Editor:

I want to thank our California legislators for passing SB1, the transportation bill to fix our roads and bridges, which are badly in need of repairs.

Starting November 1, this law will raise the gas tax 12 cents a gallon, about \$10 per month for the average driver, which is less than the cost of a movie ticket, and will also raise vehicle registration fees, according to the value of one's vehicle.

The gas tax, which goes for road and highway repairs, had not been raised in over 20 years, since Governor Deukmejian was in office, and the money collected is now only worth half what it was then. In addition, the population of California has increased and the cars and trucks we drive use less gasoline on average. Electric cars have paid no gas tax at all. (They will pay a separate annual \$100 fee under the new law). All these factors have made it impossible to keep up with maintaining our essential transportation infrastructure.

The latest rains have done more damage to already pothole-damaged roads, adding nearly a billion dollars to the cost of repairs in California. As the roads deteriorate, the cost of fixing them goes up. According to Governor Brown, if this law had not passed, it would have cost twice as much for repairs in 5 or 6 years.

To me, this is a win-win law: Jobs will be created in California and people will buy more fuel-efficient cars and trucks, which will help reduce global warming pollution.

As far as complaints that the money may be used for other purposes, we as citizens have the obligation and responsibility to communicate with our representatives in order to make sure the money is spent for the purpose it was intended, for fixing the roads.

Anita Rivero Downey

Far-right distractions

Dear Editor:

Again, I would like to thank the Downey Patriot for allowing different points of view in its publication. A true democracy allows for the discourse of all.

It is so obvious that Rush Limbaugh tries to do the job of the far right to distract the public from the real issue affecting our country: the Russian interference in our affairs.

The issue is not Obama and his administration. Even President Trump conceded recently that he is in charge now.

So futile and laughable what Limbaugh tries to do: put the blame of today's problems on yesterday's leaders. It is like a fox trying to convince the hens that the problem lies with the previous occupants of the coop.

What we should focus on now is to find out whether the President or his team collaborated in the Russian interference in the elections and how much the Russians are still interfering with our way of life.

Remember when candidate Trump asked the Russians if they were listening, to look into Hillary's e-mails, as he already knew that the Russians were meddling with our affairs.

We need the truth now in order to regain our trust.

And please, Limbaugh, don't try to confuse us with your distractions. Stop being a fox.

Guido Rivero Downey

A tax plan only a 1 Percenter could love

By Josh Hoxie

After the failed effort to repeal the Affordable Care Act (aka Obamacare), the Trump administration has set its sights on its next big project: so-called "tax reform."

And the "reform" they seek appears guaranteed to elicit disdain from all sides — with the notable exception of the ultra-wealthy.

Let's first acknowledge that tax reform is hard. The system is held in place by entrenched interests who don't want to see their favorite loopholes taken away. That's a big reason why it's been over 30 years since the last major tax overhaul, championed by Ronald Reagan in 1986.

Adding to the complexity of tax reform is the fact that all of the White House people working on it are resplendently wealthy.

Treasury Secretary Steven Mnuchin and Trump economic adviser Gary D. Cohn are each worth hundreds of millions. In fact, Trump's cabinet is the wealthiest in history. That might have something to do with Trump, himself a billionaire, being the wealthiest president in history.

Put simply, the folks making the rules around taxes may not have working families' interests in the forefront of their minds. Crowding them out are the wishes of the ultra-rich friends they see regularly in their glitzy country clubs and gated communities.

A seminal study by Professors Benjamin Page, Larry Bartels, and Jason Seawright in 2013 showed that the policy preferences of the wealthiest 1 percent are "much more conservative than the American public as a whole" when it comes to "taxation, economic regulation, and especially social welfare programs."

The top 0.1 percent, those with assets over \$40 million, have

even more conservative views, the paper points out.

Perhaps unsurprisingly, the study shows, the wishes of the wealthiest citizens are much more likely to make it into public policy than those of the less affluent. One person, one vote be damned.

Every year Gallup puts out the same poll asking people about taxes. Every year they get the same response: Over 60 percent want to see the wealthy pay more in taxes. More than half believe "government should redistribute wealth by taxing the rich."

Earlier this year, Treasury Secretary Mnuchin seemed to agree. He promised in no uncertain terms that this administration wouldn't seek to cut taxes for the "upper class."

Unfortunately, that was a bald-faced, pants-on-fire, inexplicable lie.

Trump's plan does redistribute wealth, it turns out — but it's towards greater inequality, not less. It takes serious mental gymnastics to argue that what Trump's team has proposed on taxes would benefit the average working Joe or Jane.

The plan eliminates the federal estate tax, a levy that only impacts the wealthiest 0.2 percent of heirs and heiresses. It was put in place a hundred years ago with the express goal of reducing inequality and preventing aristocracy.

The plan also cuts the effective tax rates on the wealthiest individuals and most profitable corporations, those doing phenomenally well right now.

Meanwhile, the administration has proposed massive budget cuts eliminating whole programs for working people.

This draconian effort would intentionally and literally push working families into the cold, by zeroing out the Low Income Home Energy Assistance Program. If that weren't savage enough, the administration also wants to cut the Women Infant and Children (WIC) food program that provides nutrition assistance to about half the babies born in this country.

The poor in this country often don't see themselves as poor, the late author John Steinbeck noted, but as "temporarily embarrassed millionaires." Maybe that's why some working class people support this administration.

But what's really embarrassing is what they'll get in return.

Josh Hoxie directs the Project on Taxation and Opportunity at the Institute for Policy Studies.

Roybal-Allard: Trump was right to strike against Syria

Rep. Lucille Roybal-Allard: While the president's strike against Syria was an appropriate response to the Assad regime's despicable chemical attack, he must now seek congressional authority for any future military action in Syria.

In addition, I urge the president to do the right thing and support Syrian refugees' entry into America. It's unconscionable to decry the slaughter of innocent Syrian children in one moment and then continue to deny innocent Syrian children sanctuary in the next.

The Downey Patriot

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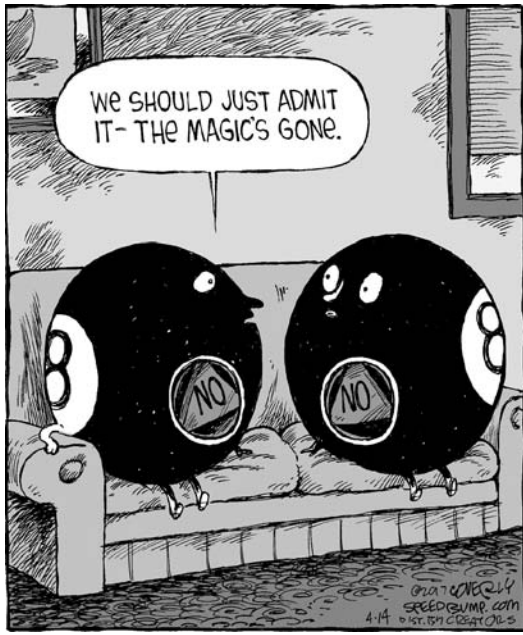
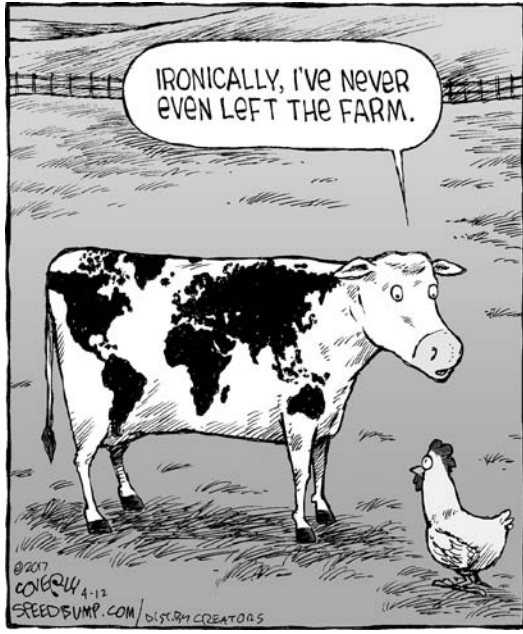
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SPEED BUMP



DAVE COVERLY



Downey Community Calendar

CITY MEETINGS

1st & 3rd Wednesday, 6:30pm: Planning Commission, Council Chamber at City Hall.
 1st Tue., 4:00pm.: Recreation and Community Services Commission, Council Chamber, City Hall.
 1st Tue., 6:00pm: Emergency Preparedness Committee, at Fire Station No. 1, 12222 Paramount Blvd.
 2nd & 4th Tue., 6:30pm: City Council, Council Chamber.
 3rd Tue., 6:30pm: Library Advisory Board, at Downey City Library.
 4th Mon., 5 pm: Green Task Force, at City Hall.

Regularly Scheduled Meetings

MONDAYS

7 pm: Boy Scout Troop 2, at Downey United Methodist Church, call 869-6478.
 2nd Mon., 11 am: American Legion Auxiliary #270, at United Methodist Church, call 304-3439.
 3rd Mon., 11:30 am: Downey Newcomers Club, call Nancy 806-1782.
 4th Mon., 7:30 pm: Downey Numismatists, at Downey Retirement Center, call 862-6666.

TUESDAYS

9:30 am: Downey Seniors Club, at Apollo Park, call Irene Vallini at 328-7039.
 10 am: Downey Bocce Club, at 7850 Quill Drive, call John Fiorenza at 652-4399.
 12 pm: Rotary Club, at Rio Hondo Events Center, call Russell Skersick 929-3710.
 6 pm: Toastmasters Club 587, at First Baptist Church, contact Salvador Cervantes: tmsalcpuede@gmail.com.
 7 pm: Downey Knights of Columbus Bingo, at 11231 Rives Ave., call 923-1932.
 7 pm: Healing Room and Prayer, at Desert Reign Church 11610 Lakewood Blvd, call 861-6011.
 7:30 pm: Downey Master Chorale, at Cornerstone Church, contact info@downeymasterchorale.org.
 1st Tues., 7:30 am: Gangs Out of Downey, at City Hall training room.
 2nd Tues., 3:30 pm: Keep Downey Beautiful, at City Hall, call 905-7103.
 2nd and 4th Tues., 6 pm: Sertoma Club, at Rio Hondo Event Center, call 927-6438.
 2nd Tues., 6 pm: Downey Fly Fishers, at Apollo Park, call 425-7936.
 3rd Tues., 6:30 pm: Community Emergency Response Team meeting, Fire station 1, 12222 Paramount.
 3rd Tues., 6 pm: American Legion #270, at Sizzler Restaurant, call 544-0372.
 Tues., Thurs. & Sat., 10 am: Downey Bocce Club, at 7850 Quill Drive, call John Fiorenza 652-4399

WEDNESDAYS

7 am: Kiwanis Club, at Rio Hondo Events Center, call Steve Roberson at 927-2626.
 1 pm: Women's Bocce Club, at 7850 Quill Drive, call Marie Puch at 869-4366.
 7 pm: Out Post 132 Royal Rangers, at Desert Reign Church, call 928-8000.
 1st Wed., 11 am: Woman's Club of Downey, call Cheryl Olson 833-8954.
 1st Wed., 11:30 am: Downey Coordinating Council, Community Center, call Bobbi Bruce 440-5416.
 1st Wed., 7:30 pm: Downey Stamp Club, at Maude Price School cafeteria, call 928-3028.
 2nd Wed., 11:30 am: Christian Women's Club, at Los Amigos Country Club, call Helen 864-7319.
 2nd Wed., 7:30 pm: Downey Model A Club, at Gallatin School Cafeteria, call 928-4132.
 3rd Wed.: Downey Dog Obedience Club, for information please call Gina 869-5213 or Valerie 420-2972.
 3rd Wed., 10 am: Los Angeles County Quilters Guild, at Women's Club, call (310) 604-0725.
 3rd Wed., 10 am: OLPH Women's Guild, at OLPH School Auditorium, contact Paula Mayfield, (562) 923-3518.
 3rd Wed., 6 pm: American Business Women's Association, Rio Hondo Country Club, call Barbara 863-2192.
 4th Wed., 12:00 pm: Retired Federal Employees, at Barbara J Riley Center, call 943-5513.
 4th Wed., 7:30 pm: US Coast Guard Aux. Flotilla 5-10, First Presbyterian Church, call Brian 419-5420.
 Wed. & Fri., 10:15 am: Senior Bingo, at Apollo Park, call 904-7223

THURSDAYS

7:30 am: Connections Networking, at Bob's Big Boy, for info., call Nick Smith, 861-5222.
 7:30 am.: Soroptimist Int'l of Downey, for information, call Mia Vasquez, 806-3217.
 9:30 am: Take off Pounds Sensibly, at Barabara Riley Senior Center, call (800) 932-8677.
 12 pm: Kiwanis Club of Downey, at Rio Hondo Events Center, call Roy Jimenez 923-0971.
 12 pm: Optimist Club of Downey, at Rio Hondo Events Center.
 6:30 pm: Downey United Masonic Lodge # 220, 8244 3rd St., call 862-4176.
 7 pm: Troop 351, Boy Scouts of America, at First Baptist Church, call 776-3388.
 1st Thurs., 12:00 pm: Downey Christian & Professional Luncheon, Sizzler's Restaurant, call James 310-1335.
 1st Thurs., 7:30 pm.: The Downey Amateur Radio Club, at First Baptist Church room 120.
 2nd Thurs., 7:30 pm: Beaming Rebel Foxes Collectors Club, call Carl D. Jones at 923-2400.
 2nd & 4th Thurs., 6 pm: Lions Club, at Coco's, call Lenora (310) 283-9825.
 3rd Thurs., 4 pm: Public Works Committee, at City Hall Training Room.
 3rd Thurs., 6 pm: Downey CIPAC, at Sizzler's Restaurant, call Rich Tuttle 413-6045.
 4th Thurs., 10 am: Assistance League, at Casa De Parley Johnson, call 869-0232.
 4th Thurs., 7:30 pm: Downey Historical Society programs, at Community Center, call 862-2777.

FRIDAYS

7:30 am: Pro Networkers, at Mimi's Cafe, call Barbara Briley Beard at 869-7618.
 3rd Fri., 8:30 am: Women's "In His Glory" Ministry at Los Amigos C. C. 622-3785.

SATURDAYS

9 am: Farmers Market, Downey Avenue at 3rd Street, call 904-7246.
 4th Sat., 12:00 pm: Downey Arts Coalition, email contact@downeyarts.org.

On This Day...

April 13, 1861: At the start of the Civil War, Fort Sumter in South Carolina fell to Confederate forces as the Union commander, Maj. Robert Anderson, agreed to surrender in the face of relentless bombardment.
1964: Sidney Poitier became the first black performer in a leading role to win an Academy Award, for "Lilies of the Field."
1997: Tiger Woods, 21, became the youngest person to win the Masters Tournament and the first person of African heritage to claim a major golf title.

THE NEWSDAY CROSSWORD

Edited by Stanley Newman (www.StanXwords.com)
WRITE HONORABLES: With a distinction in common
 by Fred Piscop

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- 5 Tough guys
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- 15 Spots on dice
- 19 Have the nerve
- 20 Italian emotion
- 21 Ripped off
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- 119 Category for which the nine writers have won a Nobel
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- 10 Ore analyzer
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- 12 *Marching Along* autobiographer
- 13 The whole ball of wax
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- 18 Some in sties
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Reach Stan Newman at P.O. Box 69, Massapequa Park, NY 11762, or at www.StanXwords.com

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You can contact puzzle editor Stanley Newman at his e-mail address: StanXwords@aol.com. Or write him at P.O. Box 69, Massapequa Park, NY 11762, Please send a self-addressed, stamped envelope if you'd like a reply.

SAUL BELLOW (25 ACROSS) is the only writer to have received the National Book Award for Fiction three times (1954, 1965, 1971). The nickname HANS (64 ACROSS) is short for "Johannes," the German equivalent of "John." ANNA WINTOUR (87 ACROSS) has been the editor-in-chief of *Vogue* since 1988.

Paging Dr. Frischer...

By Dr. Alan Frischer

I'm frequently asked about the supplement Coenzyme Q10 (CoQ10). It experienced a surge in popularity around 2009, when statins came into common use for the treatment of high cholesterol. While statins clearly decrease cholesterol levels and reduce the risk of heart disease, they also decrease the body's level of CoQ10.

Long before any scientific studies were published on any potential benefits or risks of CoQ10 supplements, statin users started taking CoQ10 to make up for that decrease.

Since then, claims about the benefits of CoQ10 have multiplied. Does it really lower blood pressure, reduce migraine headaches, improve symptoms of Parkinson's disease and depression, stop dementia, and even slow the aging process?

Is it beneficial for those with cancer, muscular dystrophy, and periodontal disease? Does it boost energy and speed recovery from exercise?

I am always skeptical when I see so many and such diverse claims.

CoQ10 was first recognized in the 1950s, when researchers in Great Britain carried out studies on cellular structure. Several companies now distribute it as a

dietary supplement, which means that it is regulated as a food and not as a drug.

Consequently, evaluation and FDA approval is not required before marketing, as long as no health claims are made about the supplement.

Coenzyme Q10 is, as its name indicates, a coenzyme, and coenzymes are similar to vitamins. They help enzymes work to digest food and perform other processes. The body manufactures it, and it is found in every cell, where it is utilized to produce energy needed for cell growth and maintenance.

It is an antioxidant, which protects cell membranes and DNA from damage. The body produces less of it as we age.

CoQ10 also exists in small amounts in a wide variety of foods, including organ meats like heart, liver, and kidney, as well as beef, soy, sardines, mackerel, and peanuts.

CoQ10 interacts with several important drugs, so caution is necessary:

- CoQ10 can impact those who have bleeding disorders or who are taking drugs that increase the risk of bleeding. It reduces the effects of the blood thinner warfarin (Coumadin), and interacts with aspirin. CoQ10 should be discontinued one week prior to a surgery.

- CoQ10 can lower blood pressure, which is especially relevant for those who are on

blood pressure medication, as it could lower blood pressure to dangerous levels, leading to dizziness and fainting.

- CoQ10 can lower blood sugar levels, so monitoring is necessary for diabetics, and for those taking other medications or supplements that may lower blood sugar.

Decisions to take supplements can be complex and overwhelming. I see patients who bring in bags full of different bottles. When I ask why they are taking each one, some admit that one was recommended by their hairdresser, and another by their brother-in-law.

I urge my patients to limit their supplements to those with at least some science behind them, and with some potential benefit to their particular health issues.

Of course, just because a well-controlled study has not been conducted yet doesn't mean that the supplement is of no value.

If you are considering using CoQ10 as a supplement, discuss it with your physician to determine whether it might be worthwhile.

Dr. Alan Frischer is former chief of staff and former chief of medicine at Downey Regional Medical Center. Write to him in care of this newspaper at 8301 E. Florence Ave., Suite 100, Downey, CA 90240.

1-in-4 students say they've been exposed to secondhand aerosol from e-cigarettes

About one in four U.S. middle and high school students—nearly 6.5 million youths—report being exposed to secondhand aerosol from e-cigarettes at least once within the past 30 days, according to data from the Centers for Disease Control and Prevention (CDC).

This includes about 4.4 million students who are not current e-cigarette users, and more than 1 million students who are not exposed to secondhand smoke from combustible tobacco products like cigarettes, cigars, and hookahs.

The U.S. Surgeon General has concluded that e-cigarette aerosol can contain harmful and potentially harmful substances, including nicotine. E-cigarettes can also be used to aerosolize marijuana and other illicit drugs.

The data, the first to document the extent of secondhand aerosol exposure among the nation's youth, comes from the 2015 National Youth Tobacco Survey (NYTS) and are published today in JAMA Pediatrics.

"We know that secondhand e-cigarette aerosol is not harmless," said Brian King, Ph.D., M.P.H., deputy director for research translation in CDC's Office on Smoking and Health and a co-author of the study. "It's critical to protect our nation's youth from this preventable health risk."

Findings from the study

Overall, exposure to secondhand aerosol from e-cigarettes in an indoor or outdoor place was reported by 24.2 percent of students. By subgroups, exposure was:

- 9 percent among males; 26.7 percent among females
- 0 percent among non-Hispanic whites, 24.5 percent

among Hispanics, 21.7 percent among other non-Hispanic races, and 15.3 percent among non-Hispanic blacks.

- 0 percent among students exposed to secondhand smoke from combustible tobacco products; 8.5 percent among students not exposed to secondhand smoke from combustible tobacco products

- 8 percent among current, 28.9 percent among former, and 16.4 percent among never e-cigarette users

- 5 percent among current, 32.3 percent among former, and 16.8 percent among never users of other tobacco products

Secondhand e-cigarette aerosol exposure is preventable

To protect the public, both youth and adults, from both secondhand smoke and secondhand aerosol, states and communities can consider modernizing smoke-free air policies to include e-cigarettes.

As of January 2017, eight states (California, Delaware, Hawaii, Maine, New Jersey, North Dakota, Oregon, and Vermont) and more than 500 communities have adopted comprehensive smoke-free laws that prohibit both tobacco smoking and e-cigarette use in indoor areas of workplaces, restaurants, and bars.

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Dead bat found in Walmart salad, prompting recall

Organic salad mix sold in Walmart stores was recalled this week after a dead bat was reportedly found in a package in Florida.

The CDC was testing the bat for rabies, but conclusive results may not be possible due to the animals' deteriorated condition, officials said.

Fresh Express issued a recall of the Organic Marketside Spring Mix as a precaution as the CDC

continues to investigate the situation. The packages affected are sold in clear 5 oz. containers with the production code G089B19 and the "best if used by" date of April 14.

"Fresh Express takes matters of food safety very seriously and rigorously complies with all food safety regulations including the proscribed Good Agricultural Practices," the company said in a statement.

The prepackaged salad mix is only sold in Walmart stores in the Southeastern region of the United States. The chain has since removed the items from store shelves.

The CDC said anyone who already ate the recalled product, and didn't find "extraneous animal matter," are not at risk of contracting rabies.

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FREE Blood Pressure Clinic & Health Fair - LAST CHANCE to register!

This FREE event, hosted by the RTH Stroke Foundation and "Diane Manarino Memorial Fund", will take place on Tuesday, April 25, 2017 at the Rio Hondo Event Center from 9:30am-11:30am. FREE health screenings will be available: Cholesterol/Glucose (first 25 registered), Carotid Artery (first 100 registered), Blood Pressure (all attendees). Spaces are limited so call TODAY to register: (888) 794-9466.

In Loving Memory



Diane Manarino

1957-2016

Diane Manarino (1957-2016) unexpectedly suffered a major hemorrhagic stroke which ultimately caused her passing on June 30, 2016. Diane was merely 59 years of age at the time of her passing. The "Diane Manarino Memorial Fund" has been set-up by the RTH Stroke Foundation to raise awareness of the serious threat that high blood pressure and stress can pose.

Join us on April 25th and learn more about controlling blood pressure in a presentation given by Dr. Nerses Sanossian, Clinical Scholar of USC KECK Medical Center. Free health screenings will be provided, and medical professionals will be available for one-on-one consultations. Visit local vendor booths to learn about their products and services, and enter to win raffle prizes; including Angel Tickets and more!



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Whittier eighth-grader overcomes physical challenges to lead team in STEM competition

WHITTIER – Los Nietos Middle School eighth-grader Jared Avalos lets his imagination soar each time he meets with classmates for the school's Mathematics, Engineering, Science Achievement MESA Program, escaping all his day's real challenges.

MESA is particularly meaningful for Avalos, who has trouble walking due to a neurological condition called transverse myelitis. Avalos is unhindered, however, when exploring math and science. His talent for both is helping LNMS send six teams to the MESA Regional Competition on April 8 at UC Irvine.

"I have a lot of fun in MESA because it gives me a chance to create with my friends, and also compete," said Jared, an honors student with a 3.8 G.P.A.

Jared will be competing in the Mouse Trap Car and Prosthetic Arm categories as he engineers projects with his classmates. Los Nietos Middle School has a strong tradition of MESA, which is a part of the school's Science, Technology, Engineering, Arts and Mathematics (STEAM) coursework strand, and has reached the MESA prelims and regionals competitions in each of the last five years.

Jared's road to the competition has been more challenging than most. Three years ago, he suddenly lost the ability to walk, confounding his family. Only after several tests was he diagnosed with transverse myelitis.

Each morning, Jared wakes up an hour early to stretch his legs,

an exercise he repeats each evening. He attends physical therapy three times per week and has shown steady improvement. Jared can now walk with the aid of a walker, though he typically travels in a wheelchair. His obstacles have done little to curb his love of soccer and video games like Dragon Ball Z – the kind of game he would like to design someday.

"He never complains. He knows this is just an obstacle in life that he will get through with the help of God, family and the community," said Sergio Avalos, Jared's father. "His experience has helped him relate with others and have empathy, because everyone experiences their own challenges."

Avalos confronted his son's challenge by volunteering at LNMS during all of last year, helping Jared through physical exercises throughout the day.

"Sergio was always around our campus helping out and assisting Jared in physical education," LNMS Principal Shanonn Zelaya said. "Our District is all about family and the Avaloses are an important part of ours."

Jared is working toward a strong performance this week at the MESA Regionals, though he has already scored a high mark with his community and fellow competitors.

"Jared is a shining example that our children can overcome any obstacle with the right support around them," Los Nietos



Los Nietos eighth-grader Jared Avalos with his mother, Nora, and his father, Sergio. Jared has excelled in the MESA program and beyond despite a neurological condition that makes walking difficult.

Superintendent Jonathan Vasquez said. "Our MESA Program is meant to inspire our students to produce their best, but in Jared's case he is inspiring our program."

Paramount hosts March Madness competition and raises \$95,000 for student scholarships

PARAMOUNT – Paramount Unified schools ran a full-court press during the District's inaugural March Madness fundraiser, generating more than \$95,000 for student scholarships.

Modeled after the popular college basketball tournament, 18 Paramount schools participated in the fundraiser. Jackson Middle School scored a slam dunk, collecting more than \$31,000 in donations for the Paramount Education Partnership (PEP) and outdistancing rival Paramount West High School to win the championship.

"Paramount Unified is dedicated to providing a college-going culture for all students, and supporting PEP scholarships with fundraising events such as March Madness really helps to bring the community together," PUSD Superintendent Dr. Ruth Pérez said. "The schools had a lot of fun with the competition and every campus found distinctive ways to raise money for their future."

In 2016, Jackson Middle School held its own March Madness competition, with individual classrooms vying against each other, and the school raised more than \$10,000 for PEP. This fundraising format proved so successful that Dr. Perez encouraged all District schools to participate in 2017.

"At Jackson, we are continually looking for novel ways to raise money for PEP, and turning it into a friendly competition motivated our teachers and students to raise their game further," Jackson Principal Kelly Anderson said. "Once it became a district-wide competition, we knew that all the other schools would want to knock us out so we had to raise our game even further!"

Jackson set a fundraising goal of \$20,000, and offered fun incentives for its students such as an afternoon of Bubble Soccer or Gaga Ball for classrooms that raised the most money. Faculty and staff effectively employed online resources like GoFundMe to reach beyond the Paramount city limits, raising nearly \$5,000.

Mokler Elementary School raised over \$2,000 through a variety of events aimed at raising awareness of college and career – raffles for teachers, a silent auction for parents during Mokler's Open House on March 24, and a two-week Penny Wars competition for the students.

"We used the March Madness fundraiser to help the students conceptualize higher education," Mokler Principal Linh Roberts said. "We wanted to emphasize that they were helping their older brothers and sisters realize their dreams, and that one day when they are in high school,



an elementary school student will be raising money to help pay for their college."

Paramount Unified partners with the City of Paramount and the Paramount Chamber of Commerce to provide scholarship money for PUSD graduates as a way to make college education financially accessible for all students. Fundraisers such as Pennies for PEP have helped fund the organization for more than a dozen years, while educating students on the benefits of pursuing college education.



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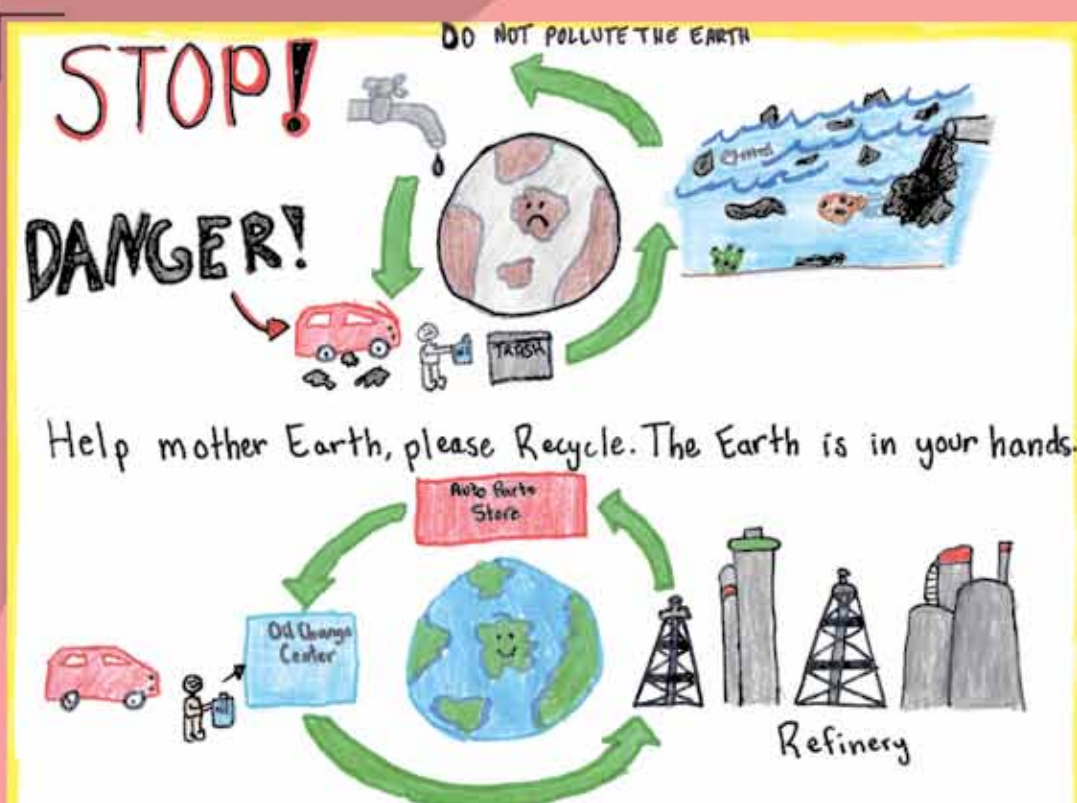
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Rapper uses hopeful hip-hop to chronicle coming of age in Norwalk

By William Odis Martin
Contributor

NORWALK – Unlike most rappers these days, Chris Torres writes music to shine a light on issues that matter.

“I feel like everyone has a story, but it is just a matter of how you want to tell your story,” he said.

Torres does just that by rapping about the struggles of a young man trying to find himself and navigate his way through life.

The 24-year-old Norwalk native has been working on his 16 song debut mixtape entitled “The Beginning” for the past year and is finally ready to release it later this month.

Torres incorporates his life into his lyrics. At times in the mixtape, it seems to be an intimate reading of his personal diary. His song “Change” opens up about the purpose of his music and introduces his thoughtful approach to writing.

“At the beginning of this mixtape, I was just trying to find myself,” said Torres. “I didn’t tell anyone I was making it.”

His poetry was his therapy.

“Eventually I found my voice and felt like I could make a difference with music. I built up the confidence to put myself out there in December of last year and plan to keep pushing this for the next year and have two more mixtapes planned down the line. That is the goal.”

While not afraid to have a little fun and rap about traditional hip hop topics



Rapper Chris Torres of Norwalk is set to release his debut mixtape “The Beginning,” which explores topics of love, youth and police brutality. Photo | William Odis Martin

like smoking marijuana with friends, hanging out with girls at parties and throwing back some brews like in his song “Good Times,” Torres also taps into real life themes like going to work, social issues like police brutality, and interpersonal themes like falling in love.

His song “She” is an intimate love letter to his girlfriend. “Pushin” is a tailor-made radio hit with double time rap style that calls out the mumble rap culture that is currently prevalent in popular rap music.

“Those guys aren’t about telling stories, [but] I like to be real and just tell it like it is,” he said. “I feel like my story can help people with similar struggles get through the tough times.”

The next generation of kids within the community need as many positive male

role models as they can find. Although Torres admits he is not an angel, his words could be what someone needs to hear to counter the negativity that swarms lower-income communities.

In his song “Justice,” Torres writes about the police shooting that occurred across the street from Cerritos College. It was written around the same time the Black Lives Matter movement was building momentum after the series of videos showing police-related homicides around the country.

Unlike Mike Brown or Eric Garner, this incident seemed to be getting a lot less attention so he let his emotions bleed onto his notepad and express the frustration of having to live in fear of yet another deadly gang in the city, the police, who according to Torres, could kill without repercussions for

their actions.

Part of Torres’ story ran in a February issue of The Norwalk Patriot featuring a group of young skaters and musicians called Forever Dedicated who are collectively trying to catalyze positive change in the city.

“We are all trying to grind and all trying to be somebody. This is not about getting rich and famous. It is about spreading a positive message,” Torres said.

“I had a passion for skating but now I put that passion into my music. I was grinding, putting in work at all kinds of warehouses trying to make ends meet but now I have direction. I have a purpose. I am only getting better from here. That’s why I called it The Beginning.”

To check out his music, visit his soundcloud by searching “Chris Torres FD.”

APRIL 13 BIRTHDAYS

Ron Perlman, the actor who portrayed a motorcycle gangster on ‘Sons of Anarchy,’ turns 67



Al Green
R&B singer
71



Baron Davis
basketball player
38



Ty Dolla \$ign
rapper
32



Britney Spears announces end to Las Vegas show

Britney Spears this week announced the end of her residency at the Planet Hollywood in Las Vegas.

Spears will continue to perform the show, titled “Pieces of Me,” through the end of this year. Tickets to the remaining shows go on sale Friday.

“As I prepare to say goodbye to ‘Pieces of Me,’ I had no idea how magical this experience would be,” Spears said in a statement. “Having my fans from around the world come see my show has been amazing. I love Las Vegas and will miss performing this show.”

The pop star began her Vegas residency in 2013, amassing more than \$100 million in ticket sales.

An estimated 700,000 people have seen the show, which takes place in The AXIS at Planet Hollywood.

It’s possible Spears will continue performing in Las Vegas, but at a different location.

“We are done with this show, and our next move is undecided,” her manager, Larry Rudolph, told the Las Vegas Review-Journal. “We are still talking with Caesars Entertainment and other interested parties in Las Vegas.”

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Downey Council PTA Color-A-Thon

The Downey Council PTA held its first-ever Color-A-Thon fun run Saturday at Columbus High School, a colorful fundraiser in which hundreds of participants run or walk a course while celebrating with colored powder. Photos courtesy Claudia Cano



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For full contest disclosures and rules, please visit www.fpcu.org/8000-Sweepstakes.

Shared Stories: Can anyone spell 'manic episode?'

Gail Earl's stream of consciousness one sleepless night takes her from a bedside candle, to apple orchards, to her daughter's peach allergy, and Sister Cornelius. Many of us can relate to this problem. Shared Stories is a weekly column featuring articles by participants in a writing class at the Norwalk Senior Center. Bonnie Mansell is the instructor for this free class offered through the Cerritos College Adult Education Program. Curated by Carol Kearns.



write. I'm sure that will help.

By Gail Earl

I haven't had this many thoughts all week. Why now, at 2:30 a.m., is my brain filled with useless information?

I am not sure why I felt the need to look out my upstairs window now. All I see are several other houses (all lights off), the occasional car zipping down the street, and one lone opossum exploring my driveway.

I'm watching him intently, like it matters where he's going. And that car that just drove away, where is he going at this hour?

This candle on my bookshelf looks like a tree in the moonlight. You know the best trees, ever, were the trees in the orchard when I was a kid. We'd have crab apple wars and peach pitching contests. I wonder why my grand daughter is allergic to peaches.

My mind is racing about a book I've wanted to write for 4 years and wonder how will I ever get it finished if I can't seem to get it started. Maybe I really will start tomorrow with a designated time everyday to

Oh wait, I can't start tomorrow. I don't think I'll be sleeping any tonight and my two granddaughters will be here at 6 a.m.

I wonder what we can do for fun tomorrow. We got free passes to a couple of zoos this week when we went to the Science Museum. Maybe we can - oh, never mind. It will be too hot for me to spend the day at the zoo.

Oh, let me check my email - nothing much going on there. Face book - no. Guess everyone's sleeping. Why do I have such trouble sleeping at night? I have for years.

I wonder how sweet Ms Johnson is doing. She lives in that house right there. She's blind and lives alone in that big house. I suppose there's never any lights on there. I never noticed.

Wow, my plants in the front yard look really nice. The moon is so perfectly full tonight. Boy, my oldest grandchild Elizabeth loves stargazing with the big telescope on the driveway at the river. The sky is so clear there that there is more light

from stars than dark with nothingness.

That reminds me of a passage I either heard or read once that was talking about the sky being so full of stars that it looked like "little holes in the floor of heaven."

Speaking of holes, I wonder if the corner donut shop still sells donut holes. They were so yummy.

When my son was in junior high we'd stop on the way to school and grab a donut.

His was always blue. Who eats blue donuts? I'm just saying: chocolate - yes, maple - yes, vanilla - yes. What the heck is blue?

We'd always pass the same Mustang on our way out of the donut shop parking lot, and my son would wave to the pretty young girl inside who was also being driven to school. I can't believe that they have been married for 19 years already.

Where did all that time go? Time - is it morning yet? I think I might be a little crabby tomorrow. Do you know that Sister Cornelius, 2nd grade, was the crabbiest person I ever

knew? She had to be 100 years old back then. Her and that darned yardstick. I think she whacked me everyday!

Now Mr. Chichecki was the coolest teacher I ever had. I had him for both 6th and 7th grade. He taught both. I loved him! Now who in the world fails kindergarten? Yes I really did. Of course there was a really good explanation for it!!!

Why do I care about this now? Can't I think about all these very important things in the daytime like most human beings? I wonder how many human beings there are in the world. I wonder how many of them are leading a happy life. And what the heck is the meaning of life anyway? Why are we here?

I should buy new bedding for this room. I wonder what color I like. Should I change the bedding in my room too or just leave it? Do I really care enough? I wonder if - I - O.K., this is just stupid. I need some sleep. I wonder if those Sleep Number Beds are any good?

Why won't my brain shut off? It would be different if I was solving some world problems.

Nope, no world problem solutions. Just donut holes - story of my life.

POETRY MATTERS

At Santa Monica and Western

You've been touched up and your game's gone south. Now you're just a battered pitcher in black relief against the sun blached corner at Santa Monica and Western.

A long red light compels us to watch your windup. You pull at your cap, pound your glove, and check the runners, shake off signs and whisper the count with lips that never stop moving.

You arm wrestle with the wind, quite delirious with your stuff and you wait for the medicine to work. Just like the rest of us.

-Rick Smith, Whispering in a Mad Dog's Ear

Poetry and baseball, the great American metaphor for life, take center stage this month. On April 20, Poetry Matters will feature twenty poets reading from Poet's Calendar, a collection from appearances over the past two years at Stay Gallery. Smith, a clinical psychologist, master blues harpist and poet has been featured in two previous Poetry Matters anthology publications, all sponsored by the Downey Arts Coalition. The public is invited to the event, which starts at 7:30. Poetry Matters is curated by Lorine Parks.

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NEW CAPTAIN: James Tatreau assumes leadership of Norwalk Sheriff's Station

NORWALK – Norwalk Sherriff's Station has a new captain in the form of James Tatreau.

Tatreau says that he feels he was destined to be an officer, coming from a lineage of public service.

"I come from a law enforcement family. My dad, he was an LAPD commander," said Tatreau. "I think I was destined to be a police officer. I really think being a police officer was a job created for me...I truly love helping people, and helping people in my sense of that word was being a guardian over those people that needed that help and couldn't do for them what I could do for them as a police officer."

Tatreau's career started when he was 20 years of age when he spent around five and a half years at the Men's Central Jail, moving on to Pico Rivera and eventually to Norwalk, where he originally was a deputy.

He has spent a fair amount of time at the Norwalk Station throughout his tenure, however spent some time away after moving on to Headquarters Bureau and being promoted to sergeant and arriving at Lennox Station.

"I've hit this station at every rank," said Tetreau. "It seems to be kind of like my home, if you will, because I keep coming back...I've only been gone a year and a half, so I know it very well still."

Now as captain, Tatreau says he intends to "lead from the front."

"To lead by example and to show the deputies by example what it means to be a professional law enforcement officer, and how to foster and cultivate good working relationships with the business owners, the community people, and the kids as well as the seniors in this community," said Tatreau.

"It's those relationships that help us do our job more effectively."

The local community has expressed concern about an increase in crime and violence – notably an increase in shootings - over the last several years.

This has not gone unaddressed by the new captain.

"I'm concerned as they are with the shootings. Shootings are up; there has been an increase in shootings," said Tatreau. "I've got a couple plans in place to tackle that...I hope to have some success there."

When asked what some of his strategies might be, Tatreau said that it has to do with bringing more personnel in from outside of Norwalk.

"It's not a lot of secret stuff," said Tatreau. "It's bringing in people and showing that we're here and that we're going to do some enforcement."

Tatreau has been in his new position for just over a week now. He asks the community for its continued support.

"Continue to be a good partner with us," said Tatreau. "If you're skeptical, give us a chance...For those who have had a negative experience with us in the past, I just ask that you not judge all of us by that one experience because we all make mistakes."

Tatreau continued: "Just because I'm wearing this uniform doesn't mean I'm going to defend my people blindly; I will defend them, but I will also be reasonable and fair." -- **Alex Dominguez, staff writer**



Photo | City of Norwalk

Perez, Rios, and Ayala sworn into office, Vernola selected as new mayor

**By Alex Dominguez
Staff Writer**

NORWALK – For the first time in nearly a year, Norwalk's City Council once again sits at a complete five individuals after Margarita Rios, Jennifer Perez and Tony Ayala were all officially sworn in Tuesday evening.

Flanked by each of their families, Rios, Perez and Ayala all stood before a packed room within the council chambers and took the oath of office before sitting amongst their fellow councilmembers.

Each said a few words.

"As I was preparing for this moment tonight ladies and gentlemen, I was reminded of a quote from John F Kennedy. 'Efforts and courage are not enough without purpose and

direction,'" said Perez. "Now is the time to combine our efforts and our courage with purpose and direction and make this year successful."

"There is much to be done, but it's not impossible," said Rios. "Together, we will move Norwalk forward."

"I'm looking forward to a very productive year, especially in the areas of potholes, public safety and senior citizens; I think we're on the same page when it comes to that," said Ayala.

"Really the only thing that makes sense to say right now as I sit here and look out at all of you is to say thank you from the bottom of my heart."

The newly formed council's first matter of business was the appointment of the new Mayor and Vice Mayor.

The task was accomplished extremely quickly, thanks in part to two of the Council's newest members Ayala and Perez, who nominated and seconded veteran councilmember Luigi Vernola into the position. Council approved the move unanimously.

Leonard Shryock was soon after unanimously voted as Vice Mayor.

Vernola and Shryock will now take lead for the new council, unique in that it is made up of a majority of fresh faces.

"The people are the backbone, the blood, the water, the sweat of this community," said Vernola. "We all have to work together, no matter what it is or what it entails for the betterment of all."

Shryock described it as a "new era."

Rios, Perez, and Ayala all also appointed their representatives to the Planning Commission, naming Rosa Barragan, Kim Apoadoca and Linda Lopez, respectively.

Several other individuals were also appointed to several commissions and advisory bodies as well.

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FICTITIOUS BUSINESS NAME STATEMENT

File Number 2017077537

THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: (1) **SOUTHWEST CUSTOM DESIGN, 12401 WOODRUFF AVE #5, DOWNEY CA 90241, LA COUNTY** Articles of Incorporation or Organization Number (if applicable): AI #ON: N/A REGISTERED OWNERS(S): (1) MARIA ESTHER CARINO, 10210 HILDRETH AVE, SOUTH GATE CA 90280 State of Incorporation: (1) N/A This business is conducted by an Individual The registrant commenced to transact business under the fictitious business name or names listed above on 03/2017

I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.) S/ **MARIA ESTHER CARINO, OWNER** This statement was filed with the County Clerk of Los Angeles on MARCH 29, 2017 NOTICE-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form.

The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (see Section 14411 et. seq., Business Professions Code).

The Downey Patriot 4/6/17, 4/13/17, 4/20/17, 4/27/17

FICTITIOUS BUSINESS NAME STATEMENT

File Number 2017055528

THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: (1) **YARMAN INVESTMENTS, 11931 LONGVALE AVE., LYNNWOOD CA 90262, LA COUNTY** Articles of Incorporation or Organization Number (if applicable): AI #ON: N/A REGISTERED OWNERS(S): (1) ISRAEL MANI, 11931 LONGVALE AVE., LYNNWOOD CA 90262 State of Incorporation: (1) N/A This business is conducted by an Individual The registrant commenced to transact business under the fictitious business name or names listed above on 03/2017

I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.) S/ **ISRAEL MANI, OWNER** This statement was filed with the County Clerk of Los Angeles on MARCH 06, 2017 NOTICE-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form.

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The Downey Patriot 3/23/17, 3/30/17, 4/6/17, 4/13/17

FICTITIOUS BUSINESS NAME STATEMENT

File Number 2017078464

THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: (1) **SKIP SKIP, 10419 BOGARDUS AVE SUITE 100, WHITTIER CA 90603, LA COUNTY** Articles of Incorporation or Organization Number (if applicable): AI #ON: N/A REGISTERED OWNERS(S): (1) DANIEL DEAN DUPONT, 10419 BOGARDUS AVE SUITE 100, WHITTIER CA 90603 State of Incorporation: (1) N/A This business is conducted by an Individual The registrant commenced to transact business under the fictitious business name or names listed above on N/A

I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.) S/ **DANIEL DEAN DUPONT, OWNER** This statement was filed with the County Clerk of Los Angeles on MARCH 29, 2017 NOTICE-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form.

The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (see Section 14411 et. seq., Business Professions Code).

The Downey Patriot 4/6/17, 4/13/17, 4/20/17, 4/27/17

FICTITIOUS BUSINESS NAME STATEMENT

File Number 2017064235

THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: (1) **B & C VINYL LEISURE, 16020 OCEAN AVE., WHITTIER CA 90604, LA COUNTY, 16020 OCEAN AVE., WHITTIER CA 90602, LA COUNTY** Articles of Incorporation or Organization Number (if applicable): AI #ON: N/A REGISTERED OWNERS(S): (1) BRENT W RUSSELL, 16020 OCEAN AVE., WHITTIER CA 90604 (2) CHRISTINA M RUSSELL, 16020 OCEAN AVE., WHITTIER CA 90604 State of Incorporation: (1) N/A This business is conducted by a Married Couple

The registrant commenced to transact business under the fictitious business name or names listed above on 03/2017 I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.) S/ **BRENT W RUSSELL, HUSBAND (CO-OWNER)** This statement was filed with the County Clerk of Los Angeles on MARCH 14, 2017 NOTICE-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form.

The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (see Section 14411 et. seq., Business Professions Code).

The Downey Patriot 3/30/17, 4/6/17, 4/13/17, 4/20/17

FICTITIOUS BUSINESS NAME STATEMENT

File Number 2017072186

THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: (1) **SPRAGUE PEST SOLUTIONS, 5010 LISA MARIE COURT, BAKERSFIELD CA 93313, LA COUNTY** Articles of Incorporation or Organization Number (if applicable): AI #ON: CA FILE NO. C2575079 REGISTERED OWNERS(S): (1) TMC PEST MANAGEMENT, 5010 LISA MARIE COURT, BAKERSFIELD CA 93313 State of Incorporation: (1) CA This business is conducted by a Corporation The registrant commenced to transact business under the fictitious business name or names listed above on 10/2016

COURT, BAKERSFIELD CA 93313, LA COUNTY

Articles of Incorporation or Organization Number (if applicable): AI #ON: CA FILE NO. C2575079 REGISTERED OWNERS(S): (1) TMC PEST MANAGEMENT, 5010 LISA MARIE COURT, BAKERSFIELD CA 93313 State of Incorporation: (1) CA This business is conducted by a Corporation The registrant commenced to transact business under the fictitious business name or names listed above on 10/2016

I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.) S/ **TMC PEST MANAGEMENT, PRESIDENT, ALFRED H. TRELIVEN III** This statement was filed with the County Clerk of Los Angeles on MARCH 22, 2017 NOTICE-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form.

The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (see Section 14411 et. seq., Business Professions Code).

The Downey Patriot 3/30/17, 4/6/17, 4/13/17, 4/20/17

FICTITIOUS BUSINESS NAME STATEMENT

File Number 2017088923

THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: (1) **SL CLEANING SERVICE, 7041 DINWIDDIE ST, DOWNEY CA 90241, LA COUNTY** Articles of Incorporation or Organization Number (if applicable): AI #ON: N/A REGISTERED OWNERS(S): (1) SANDRA LARIOS, 7041 DINWIDDIE ST, DOWNEY CA 90241 State of Incorporation: (1) N/A This business is conducted by an Individual The registrant commenced to transact business under the fictitious business name or names listed above on 04/2017

I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.) S/ **SANDRA LARIOS, OWNER** This statement was filed with the County Clerk of Los Angeles on APRIL 7, 2017 NOTICE-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form.

The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (see Section 14411 et. seq., Business Professions Code).

The Downey Patriot 4/13/17, 4/20/17, 4/27/17, 5/4/17

FICTITIOUS BUSINESS NAME STATEMENT

File Number 2017079766

THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: (1) **ROYAL FILMS, 16504 LA QUINTA WAY, WHITTIER CA 90603, COUNTY OF LOS ANGELES** Articles of Incorporation or Organization Number (if applicable): AI #ON: N/A REGISTERED OWNERS(S): (1) RICHARD SAENZ, 16504 LA QUINTA WAY, WHITTIER CA 90603 State of Incorporation: (1) CA This business is conducted by an Individual The registrant commenced to transact business under the fictitious business name or names listed above on N/A

I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.) S/ **RICHARD SAENZ, OWNER** This statement was filed with the County Clerk of Los Angeles on MARCH 30, 2017 NOTICE-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form.

The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (see Section 14411 et. seq., Business Professions Code).

The Downey Patriot 4/6/17, 4/13/17, 4/20/17, 4/27/17

FICTITIOUS BUSINESS NAME STATEMENT

File Number 2017091301

THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: (1) **KISS MY STYLE, 7317 MILTON AVE APT #B, WHITTIER CA 90602, LA COUNTY** Articles of Incorporation or Organization Number (if applicable): AI #ON: N/A REGISTERED OWNERS(S): (1) PALOMA D ROMERO PEREZ, 7317 MILTON AVE APT#B, WHITTIER CA 90602 State of Incorporation: (1) N/A This business is conducted by an Individual The registrant commenced to transact business under the fictitious business name or names listed above on 04/2017

I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.) S/ **PALOMA D ROMERO PEREZ, OWNER** This statement was filed with the County Clerk of Los Angeles on APRIL 11, 2017 NOTICE-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form.

The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (see Section 14411 et. seq., Business Professions Code).

The Downey Patriot 4/13/17, 4/20/17, 4/27/17, 5/4/17

FICTITIOUS BUSINESS NAME STATEMENT

File Number 2017078240

THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: (1) **KREATE, 14812 GRIDLEY RD. #34, NORWALK CA 90650, LA COUNTY, PO BOX 40521, DOWNEY CA 90239** Articles of Incorporation or Organization Number (if applicable): AI #ON: N/A REGISTERED OWNERS(S): (1) VALENTIN HUBER, 14812 GRIDLEY RD. #34, NORWALK CA 90650 State of Incorporation: (1) N/A This business is conducted by an Individual

The registrant commenced to transact business under the fictitious business name or names listed above on 03/2017 I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.) S/ **VALENTIN HUERTAJA, JR., OWNER** This statement was filed with the County Clerk of Los Angeles on MARCH 29, 2017 NOTICE-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form.

The Downey Patriot 4/6/17, 4/13/17, 4/20/17, 4/27/17

FICTITIOUS BUSINESS NAME STATEMENT

File Number 2017053620

THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: (1) **GG & A, 13017 LA MANCHA ST., LA MIRADA CA 90638, LA COUNTY** Articles of Incorporation or Organization Number (if applicable): AI #ON: N/A REGISTERED OWNERS(S): (1) ARELLYS MARTINEZ, 13017 LA MANCHA ST., LA MIRADA CA 90638 State of Incorporation: (1) N/A This business is conducted by an Individual The registrant commenced to transact business under the fictitious business name or names listed above on 03/2017

I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.) S/ **SANDRA LARIOS, OWNER** This statement was filed with the County Clerk of Los Angeles on MARCH 3, 2017 NOTICE-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form.

The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (see Section 14411 et. seq., Business Professions Code).

The Downey Patriot 3/30/17, 4/6/17, 4/13/17, 4/20/17

FICTITIOUS BUSINESS NAME STATEMENT

File Number 2017059493

THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: (1) **VANTAGE POINT LABORATORY PARTNERS, 10200 PIONEER BLVD, SUITE 500, SANTA FE SPRINGS CA 90670, LA COUNTY** Articles of Incorporation or Organization Number (if applicable): AI #ON: N/A REGISTERED OWNERS(S): (1) PHYSICIAN'S AUTOMATED LABORATORY, INC., 10200 PIONEER BLVD, SUITE 500, SANTA FE SPRINGS CA 90670 State of Incorporation: (1) N/A This business is conducted by a Corporation The registrant commenced to transact business under the fictitious business name or names listed above on 01/2017

I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.) S/ **PHYSICIAN'S AUTOMATED LABORATORY, INC., PRESIDENT, STEPHEN R. SHUMPERT** This statement was filed with the County Clerk of Los Angeles on MARCH 09, 2017 NOTICE-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form.

The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (see Section 14411 et. seq., Business Professions Code).

The Downey Patriot 3/23/17, 3/30/17, 4/6/17, 4/13/17

FICTITIOUS BUSINESS NAME STATEMENT

File Number 2017070680

THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: (1) **HAIR INNOVATIONS, 13710 WHITTIER BLVD SUITE #106, WHITTIER CA 90605, LA COUNTY** Articles of Incorporation or Organization Number (if applicable): AI #ON: N/A REGISTERED OWNERS(S): (1) JENNIE VICKERS, 6203 SOUTHWIND DR, WHITTIER CA 90601 (2) JESSICA P PALMQUIST, 6203 SOUTHWIND DR, WHITTIER CA 90601 State of Incorporation: (1) N/A This business is conducted by a General Partnership

The registrant commenced to transact business under the fictitious business name or names listed above on 08/2002 I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.) S/ **JESSICA P PALMQUIST, PARTNER** This statement was filed with the County Clerk of Los Angeles on MARCH 13, 2017 NOTICE-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form.

The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (see Section 14411 et. seq., Business Professions Code).

The Downey Patriot 3/23/17, 3/30/17, 4/6/17, 4/13/17

FICTITIOUS BUSINESS NAME STATEMENT

File Number 2017070680

THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: (1) **MARIACHI COAZON CAMPERO DE JESUS "CHUY" GUZMAN, 8833 DALEWOOD AVE, PICO RIVERA CA 90660, LA COUNTY** Articles of Incorporation or Organization Number (if applicable): AI #ON: N/A REGISTERED OWNERS(S): (1) JESUS A. GUZMAN, 8833 DALEWOOD AVE, PICO RIVERA CA 90660 State of Incorporation: (1) N/A This business is conducted by an Individual The registrant commenced to transact business under the fictitious business name

or names listed above on 03/2017 I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.) S/ **JESUS A. GUZMAN, OWNER** This statement was filed with the County Clerk of Los Angeles on MARCH 21, 2017 NOTICE-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form.

The Downey Patriot 3/23/17, 3/30/17, 4/6/17, 4/13/17

FICTITIOUS BUSINESS NAME STATEMENT

File Number 2017068243

THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: (1) **SOLMAR MARINE AND POWERSPORTS, 6522 BECK AVE, NORTH HOLLYWOOD CA 91606, LA COUNTY** Articles of Incorporation or Organization Number (if applicable): AI #ON: N/A REGISTERED OWNERS(S): (1) GEORGE PEREZ, 6522 BECK AVE., NORTH HOLLYWOOD CA 91606 State of Incorporation: (1) N/A This business is conducted by an Individual The registrant commenced to transact business under the fictitious business name or names listed above on 03/2017

I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.) S/ **GEORGE PEREZ, OWNER** This statement was filed with the County Clerk of Los Angeles on MARCH 17, 2017 NOTICE-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form.

The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (see Section 14411 et. seq., Business Professions Code).

The Downey Patriot 3/30/17, 4/6/17, 4/13/17, 4/20/17

FICTITIOUS BUSINESS NAME STATEMENT

File Number 2017071498

THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: (1) **ROSAURA'S FURNITURE, 6614 EASTER AVE, BELL GARDENS CA 90201, LA COUNTY, 6612 SELZLAND AVE, BELL GARDENS CA 90201** Articles of Incorporation or Organization Number (if applicable): AI #ON: N/A REGISTERED OWNERS(S): (1) GABRIEL VILLASENOR PEDRAZA, 6612 SELZLAND AVE, BELL GARDENS CA 90201 State of Incorporation: (1) N/A

The registrant commenced to transact business under the fictitious business name or names listed above on 03/2017 I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.) S/ **GABRIEL VILLASENOR PEDRAZA, OWNER** This statement was filed with the County Clerk of Los Angeles on MARCH 21, 2017 NOTICE-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form.

The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (see Section 14411 et. seq., Business Professions Code).

The Downey Patriot 3/23/17, 3/30/17, 4/6/17, 4/13/17

STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME

2017066235

File Number 2010625478 DATE FILED: 2/5/2016 NAME OF BUSINESS(ES): **LOVETTA'S PRECIOUS BLOOD** STREET ADDRESS, CITY, STATE, ZIP CODE: **12034 ORR AND DAY ROAD NORWALK, CA 90650** REGISTERED OWNERS(S): (1) JOSEPH LORENZO TAYLOR, 12034 ORR AND DAY ROAD, NORWALK CA 90650 State of Incorporation: N/A This business is conducted by Copartners I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.) S/ **JOSEPH LORENZO TAYLOR, COPARTNERS** This statement was filed with the County Clerk of LOS ANGELES on MARCH 15, 2017

The Downey Patriot 3/23/17, 3/30/17, 4/6/17, 4/13/17

GOVERNMENT

NOTICE TO CONTRACTORS CALLING FOR BIDS

NOTICE IS HEREBY GIVEN that the Downey Unified School District ("District") of Los Angeles County, California, acting by and through its Governing Board ("Board"), will receive up to, but not later than, **1:30 p.m. on Wednesday, May 3, 2017**, sealed bids for the award of a contract for:

ASPHALT PAVING AND PARKING LOT LIGHTING FOR THE GALLEGOS ADMINISTRATION CENTER

Bid #17/18-06

All bids shall be made and presented on a form furnished by the District. Bids shall be received in the office of the Director, Purchasing and Warehouse and shall be opened and publicly read aloud at the above stated time and place.

Each bid must conform with and be responsive to the contract documents, copies of which are on file and may be obtained electronically on or after **April 13, 2017**. Contact Bob Genevie at **bgenevie@rachlinpartners.com**

A mandatory bidder's conference and job-walk will be conducted at the Gallegos Administration Center (District Office), 11627 Brookshire Ave, Downey, CA 90241 on April 21, 2017 at 7:00 a.m. No bid shall be accepted from any bidder failing

to comply with attending the mandatory bidder's conference.

CLASSIFIEDS

EMPLOYMENT

NEED P/T TO F/T GENERAL OFFICE CLERK

Must be good in Excel and computer maintenance. Send resume to quinn.nyuen@cbp-usa.net

OFFICE FOR LEASE

OFFICE SPACE FOR LEASE

Florence Plaza
8635 Florence Ave., Downey
Approximately 1,300 Sq. Ft.
Ideal for mortgage company or real estate company
Call Now! (562) 861-7257

SERVICES

NICE-N-KLEAN
Residential & Commercial Cleaning.
Call for a Free Estimate.
(562) 419-6577

NEED A PAINTER
Interior & exterior, ref.
Call Rick (562) 225-0540

FULL SERVICE PLUMBING
Licensed, bonded & insured, 24/7, senior discount
McKinnon & Sons
Plumbing of Downey
(562) 904-3616

SERVICES

COMPUTER 1 SOLUTION
Desktop & Notebook Repair. Senior computer help & printer setup. Virus Removal. PC Sales & Upgrade
Call Larry Latimer
(562) 714-9876

APPLIANCE TECH HAS ARRIVED
House calls. Same day rapid service all major brands. Washers, dryers, ovens, stoves, refrigerators, etc. Senior citizen discount.
(562) 866-4291
(310) 251-3018

SERVICES

ALL ELECTRICAL AND PLUMBING WORK
Lic 965519 & Bonded
Jobs start at \$35, free estimate
Call Erik (323) 228-4500

HANDY CRAFTSMAN SERVICE
for all your home improvements & repairs. All labor and material guaranteed.
(562) 331-0976

FINE ROOFING, INC.
Roof Repair & Leaks
Free Estimate•Quality Service Senior Discount. Lic 976823
(562) 879-4987

SERVICES

PLANS, PERMITS CONSTRUCTION
Project Design, New Construction, Remodeling & Additions
Lic. #936419
Call Jeff (562) 869-1421

Call Linda Larson to include your ad in **The Downey Patriot Classified Section**
Deadline is Wednesday at 11:00 am
(562) 904-3668

The **DOWNEY GRAFFITI HOTLINE NUMBER** Report graffiti to this number. **923-4484**

be published at least once a week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in the county, **DOWNEY PATRIOT**
March 14, 2017
Judge Margaret M. Bernal
Judge Of The Superior Court
Petitioner or Attorney, In Pro Per
John Dean Ignar
9947 Foster Road
Downey, CA 90242
(562) 714-7468

The Downey Patriot
3/23/17, 3/30/17, 4/6/17, 4/13/17

SUPERIOR COURT OF CALIFORNIA, COUNTY OF LOS ANGELES ORDER TO SHOW CAUSE FOR CHANGE OF NAME
CASE NUMBER: V5030143

TO ALL INTERESTED PERSONS: Petitioner Veronica M. Arreola filed a petition with this court for a decree changing names as follows:
Present name (1) Hennesie Alize Rodriguez to Proposed name (1) Hennesie Alize Rodriguez

THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

NOTICE OF HEARING
Date: May 17, 2017, Time: 1:30 pm, Department: C
The address of the court is 12720 Norwalk Blvd., Norwalk CA 90650
A copy of this Order to Show Cause shall be published at least once a week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in the county, **DOWNEY PATRIOT**
March 14, 2017
Judge Margaret M. Bernal
Judge Of The Superior Court
Petitioner or Attorney, In Pro Per
Veronica M. Arreola
9348 Somers Ct Blvd #27
Bellflower, CA 90706
(562) 758-5603
Veroa2007@yahoo.com

The Downey Patriot
3/30/17, 4/6/17, 4/13/17, 4/20/17

PROBATE

NOTICE OF PETITION TO ADMINISTER ESTATE OF STEVEN C. FELDMAN aka STEVEN CARL FELDMAN
Case No. 17STPB02357

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of **STEVEN C. FELDMAN aka STEVEN CARL FELDMAN**
A PETITION FOR PROBATE has been filed by Richard Feldman in the Superior Court of California, County of LOS ANGELES. THE PETITION FOR PROBATE requests that Richard Feldman be appointed as personal representative to administer the estate of the decedent.
THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A HEARING on the petition will be held on April 20, 2017 at 8:30 AM in Dept. No. 11 located at 111 N. Hill St., Los Angeles, CA 90012.
IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.
IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate

Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.
YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

Attorney for petitioner:
JOHN A BUNNETT ESQ
SBN 107690
LAW OFFICE OF JOHN A BUNNETT
8136 2ND ST
DOWNEY CA 90241-3624
CN935278 FELDMAN
Mar 30, Apr 6, 13, 2017

CN935278
The Downey Patriot
3/30/17, 4/6/17, 4/13/17

TRUSTEE SALES

T.S. No.: 9551-3774 TSG Order No.: 160208717-CA-VOO A.P.N.: 6363-009-010 NOTICE OF TRUSTEE'S SALE YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 01/30/2008. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. NBS Default Services, LLC, as the duly appointed Trustee, under and pursuant to the power of sale contained in that certain Deed of Trust Recorded 02/07/2008 as Document No.: 20080227463, of Official Records in the office of the Recorder of Los Angeles County, California, executed by: RAFAELA H ROLON, AN UNMARRIED WOMAN, as Trustor, WILL SELL AT PUBLIC AUCTION TO THE HIGHEST BIDDER FOR CASH (payable in full at time of sale by cash, a cashier's check drawn by a state or national bank, a check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, savings association, or savings bank specified in section 5102 of the Financial Code and authorized to do business in this state). All right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County and state, and as more fully described in the above referenced Deed of Trust. Sale Date & Time: 05/04/2017 at 10:00 AM Sale Location: Behind the Fountain located in Civic Center Plaza, 400 Civic Center Plaza, Pomona CA The street address and other common designation, if any, of the real property described above is purported to be: 9814 TRISTAN DR, DOWNEY, CA 90240 The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be made in an "AS IS" condition, without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust, with interest thereon, as provided in said note(s), advances, if any, under the terms of the Deed of Trust, estimated fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust, to-wit: \$922,980.19 (Estimated) as of 04/26/2017. Accrued interest and additional advances, if any, will increase this figure prior to sale. It is possible that at the time of sale the opening bid may be less than the total indebtedness due. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary,

trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call, 916-939-0772 for information regarding the trustee's sale or visit this Internet Web site, www.nationwideposting.com, for information regarding the sale of this property, using the file number assigned to this case, T.S.# 9551-3774. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the internet Web site. The best way to verify postponement information is to attend the scheduled sale. If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee and the successful bidder shall have no further recourse. NBS Default Services, LLC 301 E. Ocean Blvd. Suite 1720 Long Beach, CA 90802 800-766-7751 For Trustee Sale Information Log On To: www.nationwideposting.com or Call: 916-939-0772. NBS Default Services, LLC, Nicole Rodriguez, Foreclosure Associate This communication is an attempt to collect a debt and any information obtained will be used for that purpose. However, if you have received a discharge of the debt referenced herein in a bankruptcy proceeding, this is not an attempt to impose personal liability upon you for payment of that debt. In the event you have received a bankruptcy discharge, any action to enforce the debt will be taken against the property only. NPP0305178 To: DOWNEY PATRIOT 04/13/2017, 04/20/2017, 04/27/2017

The Downey Patriot
4/13/17, 4/20/17, 4/27/17

NOTICE OF TRUSTEE'S SALE T.S. No.: 2016-00271 Loan No.: SLS-051816 APN: 6287-007-072 NOTE: THERE IS A SUMMARY OF THE INFORMATION IN THIS DOCUMENT ATTACHED TO YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 4/18/2016. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, cashier's check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state will be held by the duly appointed trustee as shown below, of all right, title, and interest conveyed to and now held by the trustee in the hereinafter described property under and pursuant to a Deed of Trust described below. The sale will be made without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. Trustor: FREDERICK LILO ESPE AND SUTIDA ESPE, HUSBAND AND WIFE, AS JOINT TENANTS Duly Appointed Trustee: SUPERIOR LOAN SERVICING Recorded 5/2/2016 as Instrument No. 20160492163 of Official Records in the office of the Recorder of Los Angeles County, California, Date of Sale: 4/19/2017 at 11:00 AM Place of Sale: By the fountain located at 400 Civic Center Plaza, Pomona, CA 91768 Amount of unpaid balance and other charges: \$441,871.72 Street Address or other common designation of real property: 10236 GAYBROOK AVENUE DOWNEY, CA 90241 A.P.N.: 6287-007-072 The undersigned Trustee disclaims any liability for any incorrectness of the street address or other common designation, if any, shown above. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off

may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call (714) 730-2727 or visit this Internet Web site www.servicelinkASAP.com, using the file number assigned to this case 2016-00271. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the internet Web site. The best way to verify postponement information is to attend the scheduled sale. Date: 3/24/2017 SUPERIOR LOAN SERVICING, BY: ASSET DEFAULT MANAGEMENT INC., AS AGENT FOR THE TRUSTEE 24013 Ventura Blvd., Suite 200 Calabasas, California 91302 Sale Line: (714) 730-2727 Barbara Johnson, Sr. Trustee Sale Officer A-4614624 03/30/2017, 04/06/2017, 04/13/2017

The Downey Patriot
3/30/17, 4/6/17, 4/13/17

NOTICE OF TRUSTEE'S SALE Trustee Sale No.: 20110015002135 Title Order No.: 7341611 FHA/VAPM No.: ATTENTION RECORDER - THE FOLLOWING REFERENCE TO AN ATTACHED SUMMARY APPLIES ONLY TO COPIES PROVIDED TO THE TRUSTOR, NOT TO THIS RECORDED ORIGINAL NOTICE. NOTE: THERE IS A SUMMARY OF THE INFORMATION IN THIS DOCUMENT ATTACHED. YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED 04/03/2007. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU

NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. BARRETT DAFFIN FRAPPIER TREDER and WEISS, LLP, as duly appointed Trustee under and pursuant to Deed of Trust Recorded on 04/10/2007 as Instrument No. 20070854550 of official records in the office of the County Recorder of LOS ANGELES County, State of CALIFORNIA, EXECUTED BY: SERGIO S CORTEZ, AN UNMARRIED MAN, WILL SELL AT PUBLIC AUCTION TO HIGHEST BIDDER FOR CASH, CASHIER'S CHECK/CASH EQUIVALENT or other form of payment authorized by California Civil Code 2924h(b), (payable at time of sale in lawful money of the United States). DATE OF SALE: 05/08/2017. TIME OF SALE: 11:00 AM. PLACE OF SALE: BY THE FOUNTAIN LOCATED AT 400 CIVIC CENTER PLAZA, POMONA, CA 91766. STREET ADDRESS and other common designation, if any, of the real property described above is purported to be: 8423 EVEREST ST, DOWNEY, CALIFORNIA 90242. APN#: 6261-002-018. The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust, with interest thereon as provided in said note(s), advances, under the terms of said Deed of Trust, fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust. The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is \$515,251.22. The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale, and a written Notice of Default and Election to Sell. The undersigned caused said Notice of Default and Election to Sell to be recorded in the county where the real property is located. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be

responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call 714-730-2727 for information regarding the trustee's sale or visit this Internet Web site www.servicelinkasap.com for information regarding the sale of this property, using the file number assigned to this case 20110015002135. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the internet Web site. The best way to verify postponement information is to attend the scheduled sale. FOR TRUSTEE SALE INFORMATION PLEASE CALL: AGENCY SALES and POSTING 714-730-2727 www.servicelinkasap.com BARRETT DAFFIN FRAPPIER TREDER and WEISS, LLP as Trustee 20955 Pathfinder Road, Suite 300 Diamond Bar, CA 91765 (966) 795-1852 Dated: 03/30/2017 BARRETT DAFFIN FRAPPIER TREDER and WEISS, LLP IS ACTING AS A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT. ANY INFORMATION OBTAINED WILL BE USED FOR THAT PURPOSE. A-4614928 04/06/2017, 04/13/2017, 04/20/2017

The Downey Patriot
4/6/17, 4/13/17, 4/20/17

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Your 2017 Pulitzer Prize winners

The 2017 Pulitzer Prizes, honoring excellence in journalism and the arts, were announced Monday.

Below is a full list of winners.

Category: Public Service

Winner: New York Daily News and ProPublica

For uncovering, primarily through the work of reporter Sarah Ryley, widespread abuse of eviction rules by the police to oust hundreds of people, most of them poor minorities.

Category: Breaking News Reporting

Winner: Staff of East Bay Times, Oakland, CA

For relentless coverage of the "Ghost Ship" fire, which killed 36 people at a warehouse party, and for reporting after the tragedy that exposed the city's failure to take actions that might have prevented it.

Category: Investigative Reporting

Winner: Eric Eyre of Charleston Gazette-Mail, Charleston, WV

For courageous reporting, performed in the face of powerful opposition, to expose the flood of opioids flowing into depressed West Virginia counties with the highest overdose death rates in the country.

Category: Explanatory Reporting

Winner: International Consortium of Investigative Journalists, McClatchy and Miami Herald

For the Panama Papers, a series of stories using a collaboration of more than 300 reporters on six continents to expose the hidden infrastructure and global scale of offshore tax havens. (Moved by the Board from the International Reporting category, where it was entered.)

Category: Local Reporting

Winner: The Salt Lake Tribune Staff

For a string of vivid reports revealing the perverse, punitive and cruel treatment given to sexual assault victims at Brigham Young University, one of Utah's most powerful institutions.

Category: National Reporting

Winner: David A. Fahrenthold of The Washington Post

For persistent reporting that created a model for transparent journalism in political campaign coverage while casting doubt on Donald Trump's assertions of generosity toward charities.

Category: International Reporting

Winner: The New York Times Staff

For agenda-setting reporting on Vladimir Putin's efforts to project Russia's power abroad, revealing techniques that included assassination, online harassment and the planting of incriminating evidence on opponents.

Category: Feature Writing

Winner: C. J. Chivers of The New York Times

For showing, through an artful accumulation of fact and detail, that a Marine's postwar descent into violence reflected neither the actions of a simple criminal nor a stereotypical case of PTSD.

Category: Commentary

Winner: Peggy Noonan of The Wall Street Journal

For rising to the moment with beautifully rendered columns that connected readers to the shared virtues of Americans during one of the nation's most divisive political campaigns.

Category: Criticism

Winner: Hilton Als of The New Yorker

For bold and original reviews that strove to put stage dramas within a real-world cultural context, particularly the shifting landscape of gender, sexuality and race.

Category: Editorial Writing

Winner: Art Cullen of The Storm Lake Times, Storm Lake, IA

For editorials fueled by tenacious reporting, impressive expertise and engaging writing that successfully challenged powerful corporate agricultural interests in Iowa.

Category: Editorial Cartooning

Winner: Jim Morin of Miami Herald

For editorial cartoons that delivered sharp perspectives through flawless artistry, biting prose and crisp wit.

Category: Breaking News Photography

Winner: Daniel Berehulak, freelance photographer

For powerful storytelling through images published in The New York Times showing the callous disregard for human life in the Philippines brought about by a government assault on drug dealers and users. (Moved into this category from Feature Photography by the nominating jury.)

Category: Feature Photography

Winner: E. Jason Wambsgans of Chicago Tribune

For a superb portrayal of a 10-year-old boy and his mother striving to put the boy's life back together after he survived a shooting in Chicago.

Category: Fiction

Winner: The Underground Railroad, by Colson Whitehead (Doubleday)

For a smart melding of realism and allegory that combines the violence of slavery and the drama of escape in a myth that speaks to contemporary America.

Category: Drama

Winner: Sweat, by Lynn Nottage

For a nuanced yet powerful drama that reminds audiences of the stacked deck still facing workers searching for the American dream.

Category: History

Winner: Blood in the Water: The Attica Prison Uprising of 1971 and Its Legacy, by Heather Ann Thompson (Pantheon)

For a narrative history that sets high standards for scholarly judgment and tenacity of inquiry in seeking the truth about the 1971 Attica prison riots.

Category: Biography or Autobiography

Winner: The Return: Fathers, Sons and the Land in Between, by Hisham Matar (Random House)

For a first-person elegy for home and father that examines with controlled emotion the past and present of an embattled region.

Category: Poetry

Winner: Olio, by Tyehimba Jess (Wave Books)

For a distinctive work that melds performance art with the deeper art of poetry to explore collective memory and challenge contemporary notions of race and identity.

Category: General Nonfiction

Winner: Evicted: Poverty and Profit in the American City, by Matthew Desmond (Crown)


For a deeply researched exposé that showed how mass evictions after the 2008 economic crash were less a consequence than a cause of poverty.

Category: Music

Winner: Angel's Bone, by Du Yun

Premiered on January 6, 2016, at the Prototype Festival, 3LD Arts and Technology Center, New York City, a bold operatic work that integrates vocal and instrumental elements and a wide range of styles into a harrowing allegory for human trafficking in the modern world. Libretto by Royce Vavrek.

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Flipping houses -- it's not like TV

Flipping a house can seem like a walk in the park when it's wrapped into a few montages during a half-hour TV segment. Find a run-down property. Buy it. Take out a few walls, paint, replace carpets, upgrade the kitchen and voilà – you could make tens of thousands of dollars in just a short time.

Reality is seldom so straightforward. Flipping a home can be risky, and there's no guarantee you'll profit.

Finding and buying the right house at the right price point can be difficult: The shows often start with the submission of a winning offer on a home. You may not realize that it takes a lot of work to determine what a potentially good flip looks like and find a property to match.

Experienced flippers have learned how to estimate costs and work backward. A rule of thumb in the industry is to take 70 percent of the potential selling price (what's known as the after-repair value, or ARV), subtract the renovation costs and use that as the maximum buying price.

You'll need a lot of background information, including comparable selling prices of similar homes, to figure out the right numbers. The ability to be honest with yourself while estimating the cost of parts and labor is also important.

For example, if you estimate that you could sell your renovated home for \$200,000, you'd start at \$140,000 (70 percent of a \$200,000). If you calculate that the renovation costs will be \$40,000, you'll arrive at the maximum buying price of \$100,000. The 30 percent margin that remains if everything goes according to plan isn't entirely profit; you may still have expenses like closing costs or reimbursing your investors.

You need a lot of working capital: While paying cash for a home can expedite the sale and increase profits, it might not be an option for beginner flippers. However, traditional



lenders don't necessarily offer financing for flips, especially if you're trying to fix up a dilapidated home. Even when they do, you might not be able to borrow enough to cover all your expenses.

Instead, some flippers turn to hard-money lenders, private individuals or companies that issue short-term loans backed by real assets (such as the home you're buying). With either traditional or hard-money lenders, expect the financing costs to be higher than what you'd pay for a mortgage if you're buying a home to live in.

Keeping an eye on your total budget is essential. If you borrow enough money to make the purchase but don't have cash on hand to pay for the renovations and

unexpected contingencies, you'll be stuck before you even start.

In addition to the purchase price, you'll need money for renovations, upgrades, inspections and permits. Also, consider the cost of ownership between the purchase and sale. Carrying costs, including utilities, financing, insurance and property maintenance, can add up each month.

You want to move fast: One thing you pick up from TV is that time is of the essence. In competitive markets, you'll need to move quickly to evaluate a home and put in an offer before someone else buys it.

Successful flippers may have a real estate license or work with a real estate

agent to get access to the multiple listing service (MLS), a directory of homes that are for sale. Others look for homes that are for sale by owner (FSBO) or use direct mail campaigns to reach out to prospective sellers.

Once you buy the home, there's another race against time to complete the work and make a sale. Working with a trusted contractor and real estate attorney could expedite the project. Once you've developed a strong working relationship, you may even want to invite others to join your team and contribute their work in exchange for a cut of the profits.

Bottom line: Flipping homes can be profitable, particularly for those who have professional real estate experience, but don't expect it to be easy money. Months of hard work can go into a flip without any guarantee of success.

Nathaniel Sillin directs Visa's financial education programs.



The past presidents of the Downey Chamber of Commerce were honored at the chamber's anniversary luncheon on Tuesday. Pictured cutting the cake is John Lacey (2000), Jim Reynolds (1983), Dee Bakus (1992), Jan Scott (2012), Diane Boggs (1984), Dave Gafin (1991), Cindy Kovach (2015), and Rick Rodriguez (2009).

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Century 21 My Real Estate would like to recognize Jose & Yolanda Becerra as their Top listing Agents for the month of March. To have Jose & Yolanda Becerra help you with any of your real estate needs, call them at (562) 927-2626.

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Recommended Reviews for Carrie Uva
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4 BD, 3 BA, home with approx 2,600 sq ft, 11,000 sq ft lot, large sparkling pool. Freshly painted exterior, newer roof, central A/C, and attached garage.
LIST PRICE: \$849,950

OPEN HOUSE FRI, SAT, & SUN
The Right House For YOU!
This 3 BD, 2 BA home featuring a den with fireplace, bonus room could be 4th BD, approx 1,800 sq ft. Pristine condition!
LIST PRICE: \$649,950

OPEN HOUSE SAT & SUN
Your Might Have Struck Gold!
3 BD, 2 BA, remodeled kitchen, master bathroom, step-down den, corner house near cul-de-sac location in NW Downey.
REDUCED PRICE \$614,950

Near Downey Landing!
3 BD, 2 BA, open floorplan, one bedroom has its own bathroom, eating area, covered patio and kids play area. Combo of hardwood floors & tile in interior.
LIST PRICE: \$525,000

BACK ON THE MARKET
This One Won't Last!
3 BD, 2 BA home featuring living room & dining area, master BD, & family room with fireplace & vaulted ceilings, central A/C, inside laundry room, and spacious yard.
LIST PRICE: \$549,950

Northeast Downey Townhome
This 3 BD, 2 BA townhome has a master BD with large bathroom and access to the upstairs balcony, 2 car attached garage, situated in a small gated community.
LIST PRICE: \$475,000

SOLD!
7809 4th Place, Downey
3 BD, 2 BA home near Furman Park with remodeled kitchen & baths, newer hardscape/landscape front & back.
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SOLD!
8619 Samoline Ave., Downey
2 BD, 1 BA, new carpet with hardwood floors underneath, freshly painted interior, 2 car detached garage and large yard
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SOLD!
9036 Farm, Downey
3 BD, 3 BA, remodeled kitchen, family room with fireplace, & master BD with private bath. Backyard has built-in BBQ area.
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Happy Easter!
From Michael Berdelis & The 24 Hour Team!

Text Michael at 562-818-6111 for private showing of these homes or visit... www.MichaelBerdelis.com