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21 Twitter accounts everyone in Downey should be following

Last week, Los Angeles Magazine published its list of 50 Twitter accounts "everyone in L.A. should follow." Inspired, the Patriot compiled its own list of 21 must-follow Twitter accounts.

Here they are, in no particular order:

By Eric Pierce

1.) Rancho Los Amigos Foundation

[@RanchoFDN](#)

Although barely a few weeks old, the Rancho Los Amigos Foundation Twitter account does a remarkable job delivering uplifting, positive news at a time when we need it most.

2.) Kaiser Permanente News

[@KPDowneyNews](#)

Kaiser Permanente created a social media account strictly for its Downey hospital, but you don't have to be a Kaiser member to appreciate its health tips and commentary.

3.) Jason Barquero

[@JayBnation](#)

Downey's Jason Barquero is the public address announcer for the L.A. D-Fenders, the Lakers' D League affiliate. He's a must-follow for Lakers and Dodgers news (with a sprinkling of political snark thrown in for good measure).

4.) Jared Head

[@JaredHead](#)

When he's not sharing stunning images from the Griffiths Observatory or tweeting science factoids that would make @POTUS fume, Jared Head is giving followers a first-hand look at his wonderfully weird self.

5.) Sean Ashton

[@RealSeanAshton](#)

In a refreshing twist, Downey Mayor Pro Tem Sean Ashton uses Twitter not as a public relations or campaign tool, but as a method to communicate directly with residents.

6.) Emely Lopez

[@ItsEmely](#)

The Warren High grad and 2016-17 Miss Downey is working towards becoming an educator, and she'll likely be a school superintendent one day. In the meantime, her Twitter account is a beacon of positivity to enjoy.

7.) Downey TLC

[@DowneyTLC](#)

Downey's TLC Center provides health and human services to Downey students and their families. But while the facility often deals with tragedies, the TLC staff also exemplifies all that is good in Downey.

8.) Jennifer Rice Epstein

[@jriceepstein](#)

In a Twitterverse filled with snark and hostility, Downey fiction writer and journalist Jennifer Rice Epstein counterbalances with equal parts humor and nuance. Follow her tweets and come away enlightened.

9.) Downey, Warren high schools

[@WarrenBears](#)
[@Downey High](#)

We combined Downey and Warren because they perform essentially the same function: public information. Both schools do phenomenal jobs tweeting a constant stream of school news

10.) Stauffer Middle School

[@DowneySpartans](#)

You don't have to be a Stauffer Middle School alum to admire the school's enthusiasm for education, which shines through via Twitter.

11.) Alicia Edquist

[@AE_Media](#)

Downey resident and Cerritos College adjunct journalism professor Alicia Edquist manages this news feed, posting updates on a daily basis.

12.) Carol Kearns

[@CarolKearnsLA](#)

Writer and journalist Carol Kearns is new to Twitter but she's practically a pro, documenting her travels around Downey and L.A. with beautiful photos and blog posts.

13.) Danielle Rodriguez

[@doubledee_22](#)

Danielle Rodriguez was a standout basketball player at Warren High School before going on to play for the University of Utah. Now she's pursuing a basketball career full-time.

14.) Mario Guerra

[@DeaconMario](#)

The former Downey mayor is a master tweeter, espousing opinions on local and national politics in 140 characters or fewer. Whether you agree with his politics or not, Guerra knows what he's talking about.

15.) Columbia Memorial Space Center

[@ColumbiaSpace](#)

There's no reason not to follow the Columbia Memorial Space Center, which is blossoming under executive director Ben Dickow. Where else in Downey can you meet real life astronauts?

16.) Downey Legend

[@TheDowneyLegend](#)

It'd be a mistake to overlook Downey High's campus newspaper simply because it's produced by teens; the Legend staff creates a steady stream of interesting, engaging articles that appeal to all of Downey.

17.) Alex Dominguez

[@AADwrites](#)

Downey Patriot staff writer Alex Dominguez often tweets while on assignment. From pictures of the Weinermobile to breaking news stories, Dominguez's feed is just as varied as his stories.

18.) Downey City Library

[@DowneyLibrary](#)

The Downey City Library doesn't tweet as often as we'd like, but it's still a valuable resource to stay current on its classes and programs.

19.) Raul Lara

[@CoachLara45](#)

Try to find a Raul Lara tweet that doesn't contain an exclamation point. It's not easy. The Warren High football coach exudes happiness and enthusiasm online, and it's infectious.

20.) Joslyn Davis

[@JoslynDavis](#)

Joslyn Davis's clever musings on pop culture and current events has amassed her a Twitter following that surpasses 73,000. The Downey girl describes herself as a "lover of popcorn, strong coffee, pop-culture & weird adventures," and her Twitter feed reflects that.

21.) Kristine Guerrero

[@KristineGeex3](#)

How to be good at Twitter: Be original, funny and a tiny bit salty. Kristine Guerrero is good at Twitter.

By Alex Dominguez
Staff Writer

DOWNEY – A local entrepreneur is to be featured on ABC7's Vista LA television program.

Marcela Arrieta is owner of Majestic Bliss Soaps, a local business centered on the creation of handmade vegan, palm oil-free, animal cruelty-free, holistic healing soaps.

The seeds for Majestic Bliss were sown after Arrieta had left an already established career in human resources to instead be a stay-at-home mom. During the transition, she began dabbling in holistic healing –otherwise

known as "energy healing."

"What happened from there was I started to think 'what can I create that is long lasting and is used by the everyday person,'" said Arrieta during her Vista LA interview. "Soap!"

Majestic Bliss has been in operation for three years.

The Vista LA Crew shot footage at Arrieta's Downey home where her business began, as well as at her Santa Fe Springs warehouse, where Majestic Bliss Soaps currently resides and operates out of. Arrieta and her husband Plinio –who is co-owner of the company– were both featured and interviewed.

Arrieta hopes that the exposure will increase the brand's public reach.

"We are in the process of expanding our brand within Whole Foods from San Luis Obispo, down to San Diego, and all of Arizona within the next few weeks," said Arrieta. "So that exposure (Vista LA) is definitely gonna help propel the brand to a greater level."

The episode is scheduled to air in March.



Weekend at a Glance

Friday 66°

Saturday 65°

Sunday 74°

THINGS TO DO



Mariachi Concert

Saturday - Downey Theatre, 8 pm
Live performances by Mariachi Divas de Cindy Shea, Mariachi Los Reyes, Chris Reza and more.



Beatles Musical

Friday - Downey Theatre, 8 pm
A musical retelling of the Beatles story through the eyes of manager Brian Epstein.



DUSD Band Spectacular

Saturday - Warren High, 9 am to 7 pm
School bands from various Downey campuses perform all day. Free admission.

FROM OUR FACEBOOK

Hometown Hardware goes out of business

Eleno Torres Jr.: Hopefully we can get Trader Joe's, it would be a perfect location.

Esther Martinez: Trader Joe's is never coming to Downey. Get over it. We don't meet their "right demographics."

Jorge A. Rico: What a shame! I like going there whenever possible. Yes more expensive than the larger chains, but the people are super helpful and friendly, I'll miss the store.

Susan Steyl: Such a sweet little store. Sorry to see them go.

Lety Villanueva: There are no books stores in Downey... why?

Damien Vargas: Because nobody reads books anymore.

Reach us on Facebook at: [Facebook.com/DowneyPatriot](#)

TWEET OF THE WEEK

@JAEGARCIA99: 1 thing I hate the most is when the city of Downey leaves sprinkler systems on when it rains #conservewater

Follow us! [@DowneyPatriot](#)

BONUS

22.) Downey Patriot

[@DowneyPatriot](#)

Apologies for the cheap plug, but the Downey Patriot posts daily tweets that cover an array of topics, from breaking news to lost pets.

The Aktion Club is the nation's only service club exclusively for people with developmental disabilities. The Downey chapter spent Wednesday afternoon cleaning up litter from their adopted street on Washburn Road.
Photos by Eric Pierce



Balancing Love and Money: Tips for Financial Success in Your Relationship

Nonprofit credit counseling agency Take Charge America offers eight tips for peace in finances – and relationships

PHOENIX – (Feb. 7, 2017) – Money problems can wreak havoc on relationships, especially for couples with vastly different upbringings or clashing spending habits. A Citibank survey recently revealed 57 percent of divorced couples cited financial issues as the reason for ending the relationship. The good news is that a few simple strategies can help resolve money conflicts.

“Many people enter relationships without discussing their attitudes toward money,” said Mike Sullivan, a personal finance consultant with Take Charge America, a national nonprofit credit counseling and debt management agency. “It’s not particularly fun or romantic, but open and honest communication about finances will go a long way in fostering a happy, healthy relationship.”

Sullivan offers eight tips for couples seeking financial bliss:

- 💰 **Honesty.** Before committing to a relationship, commit to being honest about your finances, even if it requires a difficult conversation with your significant other. Don't hide purchases, keep secret credit cards or cover up your debt.
- 💰 **Financial philosophies.** One of you may have dined with a silver spoon, while the other always scrimped and saved. Talk through your attitudes toward money, and establish mutual ground rules for areas that could present problems.
- 💰 **Combining finances.** Decide together if it's best to combine your finances or keep your money separate. There is no one right way – it completely depends on individual preferences and life circumstances.
- 💰 **Roles and responsibilities.** From doctor's bills and mortgage payments to cell phones and car insurance, there are lots of financial responsibilities to juggle. Determine who will be responsible for what, at which times. Post a schedule if necessary.
- 💰 **Monthly budgets.** The heart of any financial plan, creating a budget and sticking to it will strengthen your finances and your relationship.
- 💰 **Spending limits.** Agree to consult one another before making a purchase that exceeds predetermined limits.
- 💰 **Debt repayment.** A 2015 study by Pew Charitable Trusts found eight out of 10 Americans carry some form of debt. Work with your partner to create a debt repayment strategy, and celebrate milestones together.
- 💰 **Financial goals.** Saving money isn't exciting without a goal in mind. Set goals that inspire you both, like having children, buying a house, saving up for a dream vacation or getting out of debt. Lean on one another for accountability.

For more financial tips, visit [Take Charge America](http://TakeChargeAmerica.com).



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NSFW: Merriam-Webster adds 1,000 words to dictionary

NSFW: not safe for work; not suitable for work —used to warn someone that a website, e-mail attachment, etc., is not suitable for viewing at most places of employment

Binge-watch: to watch many or all episodes of (a TV series) in rapid succession

Humblebrag: to make a seemingly modest, self-critical, or casual statement or reference that is meant to draw attention to one's admirable or impressive qualities or achievements

Truther: one who believes that the truth about an important subject or event is being concealed from the public by a powerful conspiracy

Throw shade: to express contempt or disrespect for someone publicly especially by subtle or indirect insults or criticisms

Face-palm: to cover one's face with the hand as an expression of embarrassment, dismay, or exasperation

First world problem: a usually minor or trivial problem or annoyance experienced by people in relatively affluent or privileged circumstances especially as contrasted with problems of greater social significance facing people in poor and underdeveloped parts of the world

Microaggression: a comment or action that subtly and often unconsciously or unintentionally expresses a prejudiced attitude toward a member of a marginalized group (such as a racial minority)

Wayback machine: a device for traveling into the past

Woo-woo: dubiously or outlandishly mystical, supernatural, or unscientific

Net neutrality: the idea, principle, or requirement that Internet service providers should or must treat all Internet data as the same regardless of its kind, source, or destination

Photobomb: to move into the frame of a photograph as it is being taken as a joke or prank

Seussian: of, relating to, or suggestive of the works of Dr. Seuss

Side-eye: a sidelong glance or gaze especially when expressing scorn, suspicion, disapproval, or veiled curiosity

Airball: in basketball, to completely miss the basket, rim, and backboard with a shot

Listicle: an article consisting of a series of items presented as a list

Arancini: rounded balls of cooked rice with savory fillings (such as mozzarella cheese) that are coated with bread crumbs and deep-fried

EVOO: extra virgin olive oil

Weak sauce: something inferior, ineffective, or unimpressive

Food insecure: unable to consistently access or afford adequate food

Contributed by Merriam-Webster

Just as the English language constantly grows, so does the dictionary.

More than one thousand new words have been added to the Merriam-Webster dictionary, including terms from recent advances in science, borrowings from foreign languages, and words from tech, medicine, pop culture, sports, and everything in between.

This is a significant addition to our online dictionary, reflecting the breadth of English vocabulary and the speed with which we seek information. These new entries also highlight the old-fashioned skill of crafting useful and readable definitions that require the expertise and experience of our unique staff.

The work of revision is ongoing and constant; even though it seems that the latest slang gets the most attention when dictionaries issue lists of new words, the additions come from the whole range of registers and from every corner

of the language. These are words that have demonstrated frequent and increasing use in a variety of sources, and are therefore likely to be encountered by a reader—and should be in the dictionary. In some cases, terms have been observed for years and are finally being added; in others, the fast rise and broad acceptance of a term has made for a quicker journey.

For example, we now see that new tech terms are more about what we do with technology—how it is managed, deployed, and organized—than giving a name to the technology itself; hence terms such as net neutrality, abandonware, and botnet. Our devices, apps, and programs allow us to binge-watch, photobomb, and ghost someone. Things we read online might be NSFW listicles; things we post online might be humblebrags. Some of these terms came into use in the past decade, and none are more than twenty years old.

From sports we get the verb airball as well as up-fake and five-hole.

From medicine: supercentenarian, EpiPen, and urgent care. And from other sciences we have CRISPR, phytoremediation, and microbiome. Prosopagnosia, sometimes called “face blindness,” is a neurological condition that has only relatively recently been the subject of study. The late neuroscientist Oliver Sacks, who suffered from the condition, wrote illuminatingly about its causes and effects. The term itself dates to 1950 and comes from the Greek words *prōsōpon* (“face, mask, person”) and *agnosia* (“ignorance”).

New words from the ever-expanding vocabulary of cooking and food include arancini, EVOO, and macaron, as well as sharp tools of the kitchen santoku and chef’s knife. The adjective artisanal now has an expanded entry.

Political terms include town hall and truther as well as SCOTUS and FLOTUS.

Fun words for language lovers include conlang (a constructed language, like Elvish, Klingon, and Dothraki), Seussian, and snollygoster (“a shrewd,

unprincipled person”), which has the unusual distinction of being a word returning to the dictionary. Snollygoster was dropped from our Collegiate dictionary in 2003 because it had fallen nearly completely from use; its frequent use by conservative pundit Bill O’Reilly sent people to the dictionary to find it over and over in recent years, and demonstrated that the word still has a place in the American lexicon. Its origins have a political context: it was used in the name-calling politics of 19th-century America.

Familiar words combine to give

us metaphors or imagery like train wreck, side-eye, and weak sauce. As for verbs, we can ride shotgun, walk back an opinion, throw shade, face-palm, and geek out with new dictionary entries. Other new compound terms are much more serious, like food insecure.

All of these words have been observed, collected, and researched, with many examples in context used to write definitions that explain both basic meanings and specific usage. A recent sense of agnostic has been defined as “not preferring a particular device or system” and “designed to be

compatible with different devices (such as computers or smartphones) or operating systems,” since “platform agnostic” can refer either to a user or a program. The verb boo-hoo adds the note “especially in mocking imitation of another’s tears, complaints, unhappiness, etc.” to the definition.

Take a look at these words and a sampling of other new entries, listed at merriam-webster.com. They represent a continuing record of our evolving language—and we’re already at work on the next batch.



CDBG & HOME Community Meeting

The City of Downey has scheduled three (3) community meetings on the City’s federal CDBG and HOME Programs for Fiscal Year 2017-18. These meetings provide information on both CDBG & HOME programs and discusses some of the community needs. The meetings also allows an opportunity for community members and service providers to provide input in the annual development process of the Action Plan by commenting on the City’s housing and non-housing needs, program priorities, and propose uses for either of these funding sources. The City estimates it will receive up to \$997,435 in CDBG and \$321,597 in HOME funds next fiscal year.

Barbara J. Riley Senior Center, 7810 Quill Drive

- Thursday, February 16th at 6 pm**
- Wednesday, February 22nd at 2 pm**
- Saturday, March 4th at 10 am**

For additional information or to arrange special accommodations to attend any meeting, contact Jose Vazquez at (562) 904-7161.

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SPORTS: Warren girls soccer captures SGVL championship

By Mark Fetter
Contributor

DOWNEY – The Warren High School girls' soccer team currently has an overall record of 12-8-3 and a S.G.V.L. record of 8-1-1.

The Lady Bears defeated Gahr at Warren 9-0 on 1/31, defeated cross-town rival Downey at Downey 2-0 on 2/2, defeated Dominguez at Warren 5-0 on 2/6 and defeated Lynwood at Lynwood 2-0 on Wednesday night. The Lady Bears are currently on a seven game unbeaten streak (6-0-1) and are playing some of their best soccer of the season as the playoffs approach.

The Lady Bears are the 2017 S.G.V.L. champions. The Downey Lady Vikings finished their season with an overall record of 10-10-2 and a San Gabriel Valley League record of 7-3. Downey was defeated by Paramount at Downey 2-0 on Wednesday night.

Warren will be competing in the C.I.F. Division 2 playoffs and Downey will be competing in the C.I.F. Division 3 playoffs this year. Warren was moved to Division 2 this season due to their strong and improved play from last season.

Coach Dussan, her staff and players are all looking forward to the start of postseason play and making another run at the C.I.F. title. Warren finished last season with an overall record of 21-3-3 and a league record of 10-0. The Lady Bears were defeated by El Dorado 1-0 in the third round of the C.I.F. Division 3 playoffs. Warren is currently ranked 606 in the nation and 250 in California.

■ The 2017 wrestling dual meet season has come to an end and neither Downey or Warren made the C.I.F. Western Division Final.

Suburban League champion Mayfair defeated Moore League champion Millikan 37-26 to claim the C.I.F. Western Division title for the second year in a row.

Top teams from the Del Rio League, Moore League, San Gabriel Valley League and Suburban Leagues, amongst others, converged in Lakewood last Saturday for the much anticipated showdown.

Warren was defeated by Mayfair 45-18 in the second round of competition. The Bears advanced to the second round after defeating the Moore League's Lakewood 53-26 in their first round match.

Downey was seeded second entering the competition behind top seeded and returning champion Mayfair. Downey had a first round bye and defeated Arroyo 51-30 in the second round. The Vikings were then defeated by Millikan 60-13 in the semifinals.

Paramount defeated La Canada 60-18 in their first round match before losing to Millikan by the same 60-18 score in the second

round.

As Millikan defeated Downey in one semifinal, Mayfair defeated the Del Rio League's Santa Fe 53-12 in the other.

C.I.F. Southern Section competition will now continue with Individual, Master's and State competitions in successive weeks to come.

■ The Downey High School girls' basketball team currently has an overall record of 20-6 and a S.G.V.L. record of 8-1.

Downey defeated Lynwood at Downey 63-56 on 2/1, defeated cross-town rival Warren at Warren 56-40 on 2/3, defeated Gahr at Gahr 35-32 on 2/7 and hosted Paramount at Downey yesterday in their final league game (score unavailable at press time).

Downey has been impressive this season with their only league loss coming to Lynwood at Lynwood 65-59 on 1/13. That loss was avenged in their second round league game against Lynwood at Downey on 2/1.

Downey could have clinched a tie for the San Gabriel Valley League title with a victory against Paramount yesterday. With the win, the Lady Vikings would be considered the top S.G.V.L. team on criteria due to the second round win against Lynwood.

The Lady Vikings have been led this season by Naelene Garcia's 10.1 points per game, Alyssa Nevarez's 7 rebounds per game and Surie Camacho's 4.5 assists per game. Coach Harris, his staff and players are all looking forward to finishing league play strong and earning the top S.G.V.L. entry into the C.I.F. Division 2AA playoff bracket.

The Lady Vikings are currently on an eight game winning streak and playing their best basketball as the playoffs approach. Downey is ranked 953 in the nation and 110 in California.

■ The Downey High School boys' basketball team currently has an overall record 13-12 and a S.G.V.L. record of 2-7.

Downey was defeated by Lynwood at Downey 52-51 on 2/1, was defeated by cross-town rival Warren at Warren 45-41 on 2/3 and was defeated by Gahr at Gahr 79-62 on 2/7. The Vikings hosted Paramount yesterday at Downey (score unavailable at press time).

Downey's two league victories came against cross-town rival Warren at Downey 53-34 on 1/18 and against Paramount at Paramount 61-33 on 1/25.

In six of their seven league losses the Vikings were defeated by six points or less. Downey was defeated by Dominguez at Downey

In Memory of Erick Kohler

October 8, 1930 - January 10, 2017



Erick Kohler, 86, of Santa Maria, passed away January 10, 2017, after several years of living with dementia and Parkinson's. He is survived by his wife, Judith; children Jennifer Kantorowski (Eric), Eric Kohler (Kelly), and Jason Kohler; and grandchildren Lucas, Chase, Fiona, and Phoebe.

Erick was born in 1930, in Java, Indonesia, known as the Dutch East Indies at the time. He was a prisoner of war twice, first in WWII by the Japanese during their occupation of the island and then by the Indonesians during their struggle for independence. After living in The Netherlands for an extended period of time his family immigrated to the U.S. in 1959.

He and Judith married in Pasadena in 1969 and they lived a comfortable life in Downey for four decades prior to moving to Santa Maria. Erick worked in inventory management for most of his life and was very well liked amongst his peers. His family and his work were his life, and he often put his wife and kids' interests in front of his own.

A truly patient, charming, and reserved man, Erick drew strength from his childhood experiences during the war and still maintained a caring, fun-loving, and giving spirit toward others. While his quiet and agreeable nature kept him from limelight, he had a voice and passions that ran deep. Those who knew him best and longest could attest to this and his love of photography (a former side job), music, and food.

Erick was his family's sweet rock, and they appreciated it all and love him so. They are relieved he is at peace now and miss him dearly.

46-44 on 1/11, was defeated by Lynwood at Lynwood 63-57 on 1/13 and was defeated by Gahr at Downey 63-58 on 1/20.

The Vikings were defeated by Dominguez at Dominguez 51-48 on 1/27, were defeated by Lynwood at Downey 52-51 on 2/1 and were defeated by Warren at Warren 45-41 on 2/3.

Downey has been led this season by Brian Chavez's 14.6 points per game, Jesse Medina's 5.9 rebounds per game and Chavez's 3.4 assists per game. Coach Shelton, his staff and players are all looking to finish their league schedule out strong. The Vikings still have a winning record and were looking to get that win against Paramount last night.

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Cars parked outside of the Meralta Theater, formerly located on Downey Avenue, which showcased new film releases. Photo Courtesy of Downey Historical Society.

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2017 2015

The Russians hacked the Super Bowl

By Rush Limbaugh

Well, it looks like the Russians found a way to hack the second half of the Super Bowl. Not kidding, folks. The left, if you know where to look, if you know how to read between the lines before the game, you can see that the left had all kinds of stuff tied up in this game. They wanted the Patriots to lose. They didn't want Brady to be the MVP because Brady and Belichick and Kraft are so tied to Trump.

And I'm telling you at halftime of that game last night they thought it was nine o'clock on election night, and Hillary Clinton was still gonna win in a landslide, and the Atlanta Falcons are up 28-3 over the New England Patriots, and they're starting to celebrate. They're thinking they're gonna get vindication, that Trump's gonna be embarrassed, and that his stars on the Patriots are gonna be humiliated by the team from Atlanta.

And then they had to sit there and watch history repeat itself. In fact, you should have seen it over at Nate Silver's FiveThirtyEight blog at halftime: Patriots have 1% chance of winning the game. Halfway through the third quarter, after the Patriots had to punt and they were still down 28-3 midway through the third quarter: Patriots' chance of winning now down to one half of 1%.

And the same liberals who thought Hillary had it in the bag on election night thought that Trump was gonna be eating excrement and the Patriots were gonna be disappointing Trump and Trump disappointed them and it was gonna be almost — I mean, it wasn't gonna salve the election defeat, but it was gonna be a little bit of payback. And, instead, on the pregame show during the interview with Bill O'Reilly, Trump had predicted the Patriots to win by eight.

I had predicted a Patriots win, and in parentheses, I said, and it could be a rout, and in the second half it was a rout, and they're just beside themselves. It doesn't seem that Trump can lose. It doesn't seem that anything they do works.

The Super Bowl — remember now, folks, everything in America has been politicized. If you doubt me, look at the advertising in the Super Bowl. You had Audi and a couple of other outfits that were devoted to political issues in order to sell their products — a major, major, major miscalculation.

And I know what happens; the media buyers and the creative people at both these companies and the advertising agencies are recent college graduates, mainly women, who are dyed-in-the-wool leftists and have their sway over the media buys and the direction of the ad campaign and so forth and so on. And I think it's all gonna come back and bite these people in the end.

But, you don't even have to go to the advertising to find the politicization of the Super Bowl, because if you knew where to look, and if you knew what to watch, even before the game you knew that many on the left were hoping for a New England Patriots defeat. They were hoping the Atlanta Falcons would wipe 'em out, because the Patriots are reputedly and reportedly closely tied to the president of the United States. Tom Brady and Trump are supposedly good friends. Well, I know that they

are. Robert Kraft, the owner of the Patriots and Trump, good friends, I know that they are.

Belichick wrote Trump a congratulatory letter after Trump won the election and wrote admiringly of his steadfastness, his stick-to-itiveness, his persistence, and his unwillingness to give up. And so there was a lot riding on this for the left. For millions of football hating leftists, and they are out there, the Super Bowl was to serve as a massive political cleansing. Political justice would be served. An election might not be reversed, but a statement would be made that the country had recognized it had made a mistake. The Patriots and Trump, who really aren't patriots, right, according to the left, the Patriots and therefore Trump would be crushed.

And do you know why? Because they deserved it. Why did the Patriots deserve to be crushed and Trump with them? Because their winning is an offense. There isn't supposed to be this kind of dominance in new America, not Patriot kind of dominance. There isn't supposed to be this kind of heroism from the majority in America anymore. But they weren't gonna leave it strictly to the Atlanta Falcons.

Now, there was eager anticipation for the halftime show of the noted song stylist Lady Gaga, about whom it was said prior to the game that she was going to diss Trump with a bunch of drones from high atop NRG Stadium in Houston. And she was gonna tell the world what the left really thought of all of this. And she was gonna do it in the midst of the halftime show in song and in dance, and they were eagerly and breathlessly waiting.

And Lady Gaga, in pre-Super Bowl interviews, did not disabuse them of the notion that she was locked and loaded and that she was gonna come out firing and that she was gonna let Trump have it. And the left was going to have a halftime orgasm because they were going to be able to pretend that they actually didn't lose. The Super Bowl, the most watched television event in the world, was going to feature Trump's team losing and therefore Trump losing and Lady Gaga, well-known leftist song stylist, was going to smash Trump in the ground in the middle of the halftime show.

And none of it happened. In fact, the parallels are eerie. Nine o'clock on election night, the Clinton campaign still thought that they were going to win in a landslide. Nine o'clock last night in the Super Bowl, the Patriots were down 28-3 and looked inept. Brady's passes were off target. When they were on target, his receivers couldn't hold the ball. He was sacked twice. It doesn't happen. The Patriots were playing a style of football that people haven't seen them play.

People on the left were excited, thinking that their dreams were gonna come true, that Brady was not only gonna lose, he was gonna look silly in the process because, by extension, Trump was going to look like the fool, because Trump had gone out on a limb, making it known to everybody that he and the Patriots bigwigs are best buddies, inseparably good friends. And so when bad happens to the Patriots, the thing you have to remember is, in the final analysis, when everything's balanced out, nothing bad happens to patriots, with a capital P or not.

Get to know your Muslim neighbors

By Domenica Ghanem

For a South Jersey girl, my upbringing was markedly ordinary. I played soccer. I joined student council. I walked to my Sicilian grandmother's house every day after school.

And just like everyone else in my small town of Hammonton, my summer revolved around blueberries — blueberry pie, blueberry canolis, even blueberry pizza. The blueberry season culminated in a Red, White, and Blueberry festival each July. I couldn't make this up if I tried.

When I got a little older, playtime with my cousins turned into bussing tables with my sisters at my family's small Italian restaurant. But after the 9/11 attacks, something else changed for me, too.

I was part of the only Muslim American family in my majority Catholic town.

Before the attacks, I never felt like an outsider. But once the towers came down, friends I'd grown up playing soccer or decorating for homecoming with started jokingly referring to me as a "terrorist," or pleading "don't bomb me" whenever we disagreed on something.

I noticed my Egyptian father introducing himself as "Andre" to customers at the restaurant, though his name is Anwar. I have to think it wasn't just to avoid people questioning the authenticity of his Italian dishes.

I didn't have a name for it back then. But while I was in college, "Islamophobia" became the buzzword. And phobia was right. It was all about fear.

I'd thought that people in my town knew me. I was the short, quiet girl who brought weirdly gourmet leftovers from her family's restaurant for lunch, and would probably let you copy the answers to her homework if you asked nice enough.

I wasn't able to step into the shoes of my white, mostly Catholic neighbors and see that despite my feeling very ordinary, my Muslim family and our ideals had always felt a little unfamiliar to them. And after 9/11,

they were taught to feel afraid of those little differences.

If I knew then what I know now, I'd tell my friends that I enjoyed getting my face painted at the Blueberry Festival just as much as the next kid, even if I didn't eat a hot dog.

I'd tell them that my religious ideals include putting others before myself, working to take care of my parents when they grow older, being thankful for each day I'm granted, and loving my neighbors even if they're unsure how to love me back.

I'm lucky because I still have the chance to have those conversations.

It's too late for the six Muslims who were killed in a shooting at their mosque in Quebec City in January. And it's too late for the three Muslim students shot dead on their campus at the University of North Carolina in 2015.

In fact, last year the FBI reported a stunning 67 percent increase in hate crimes against Muslim Americans. Many of us fear it's only going to get worse now.

With the rise of ISIS, again people are being taught to fear innocent people from countries they don't know. And under the new administration, policies are being implemented to ban those unfamiliar faces — many of whom are fleeing attacks by ISIS and violent wars they had no role in starting — from our shores.

But those families, banned with the stroke of Donald Trump's pen, share many of the same values that we do. Syrian refugee children just want to go to school. Iranian doctors only want to help find cures to deadly diseases. Iraqi parents just want a warm bed for their kids to sleep at night.

If we take the time to get to know one another, instead of building physical and political barriers, I think we'd find that we're all just striving for the universal ideals of health and happiness. And that's nothing to fear.

Domenica Ghanem is the media manager at the Institute for Policy Studies.

Letters policy

Dear Editor:

In your article last week, you asserted that it is time to change the Opinion section of The Downey Patriot to allow for more local information. The premise is if one betters the community, the country as a whole will benefit.

I applaud you for your courage in making that decision. It is your paper and because I read it every week, it is also my paper and I share your thoughts.

Change is good! As we change we allow our neurons to make new connections and to improve our way of thinking.

I don't have a problem with the 300-word essay. I think it is healthy that we try to write in a few words what we mean.

Regarding the subject and the topic itself, it is up to the writer. One needs to write about what one is passionate about.

As my wife Anita and I walk around the city almost every day with our bags to collect trash and get exercise, we can see that there are a lot of things we can do to keep improving this city to make it safe and beautiful.

Thanks again for the taking the steps necessary to change the way we write and what we write about. Change is good as long as the doors are always open to protect our First Amendment.

Guido Rivero Downey

Measure S oversight

Dear Editor:

I was pleased to read in the Mayor's column published in the Feb. 3 Downey Patriot that the City Council is committed to funding infrastructure projects such as reconstruction of fire stations, and the completion of the Lakewood Blvd. paving project

The Mayor's column stated that the budget for street repairs will be doubled. That's not enough given how badly deteriorated our residential streets are, which was glaringly evident with the flooding of the recent storms.

Measure S requires that a citizens oversight committee be established to ensure that the revenue generated by the sales tax increase is allocated in accordance with the law.

Council needs to move expeditiously on forming the Measure S citizens oversight committee.

Brian Heyman Downey

Hostile vagrants

Dear Editor:

My family and I have been regular patrons at the Del Taco on Firestone off of Paramount.

We have noticed that there is a regular flow of often times belligerent, hostile vagrants and homeless people who are harassing the customers. The majority of our visits also include management calling Downey Police to tend to these hostile people.

Just this week the police did not respond to the restaurant's call. My husband made a separate call since a woman began spitting at customers and throwing liquids. We were sorry to see such a slow response.

When they did finally show up, we felt it necessary to also speak to them. We found out there was some sort of unidentifiable mental or drug rehab facility nearby that allows its patrons to roam freely in the area. It is not a locked down place. This is not safe when schools are so close by.

Shirley Chan Downey

Upset with CalMet

Dear Editor:

I'm not usually one to write a letter, but it was the last straw with CalMet.

I live on a cul-de-sac on Birchcrest Road in Downey and I can not enforce who parks on the public street. Yet CalMet sends their biggest truck down my street. The driver who picks up the trash (black can) doesn't have as much of a problem, but the driver who picks up the recycle (blue can) complains every time.

He has no problem getting out of his truck and tagging the cans if he can't get to them from his truck because other cars parked by my cans, which I have no control over.

I wish Downey would pick a new trash service.

Desirey Benavides Downey

Death of free speech

Dear Editor:

Dear Free Speech. I was sorry to hear of your recent passing and thought it was extremely rare and unusual that you were murdered at your birth place, Cal State Berkeley. This is where the free speech movement in the 60's started and was successful in becoming law.

It appears that the liberal politicians of today, protecting their personal wealth and security, were able to dismantle free speech for all in a matter of days. The free speech movement that took thousands of students and many months of laboring and being arrested to achieve is dead. This is unfortunate because we all lose.

Free speech, you say you want diversity and an open-minded forum yet when a speaker who does not fit your political ideas and is supposed to be protected by the 1st Amendment is speaking at your college, you object, not by peaceful protests or by deliberating but by destruction and rioting. This looks to me like you are afraid of them or you're scared.

Back in the 60's, when I was in my 20's, I remember as if it happened yesterday watching the daily battles on TV between the Berkeley president and protesting students. I am now in my 70's and maybe not any wiser but more experienced and what I see in today's protestors (they're not all students) allegedly peaceful demonstrations that turn into destructive rioting, looting, burning buildings and criminal activities like breaking into ATMs. What a shame to wind up doing this in college.

The average law abiding citizens who have no say in politics (other than voting) and go along with the outcome are the ones being hurt the most when they have their businesses broken into and their cars set on fire or maybe stuck on a street being blocked by peaceful protestors.

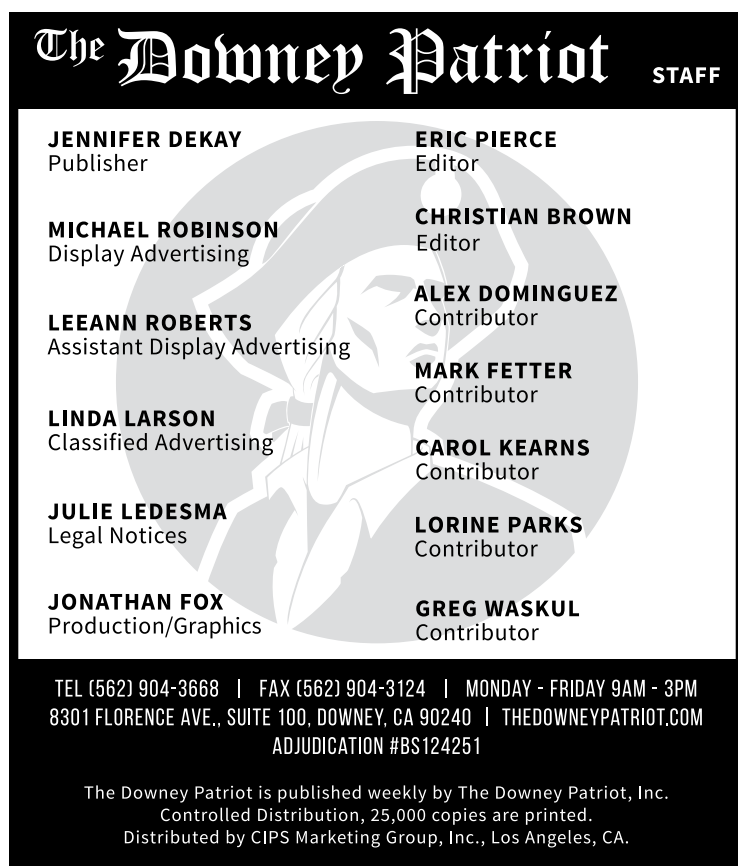
On Feb. 1, university officials called off the event about two hours before Milo Yiannopoulos was to speak at the student union, where more than 1,500 people had gathered outside.

"This is not a proud night for this campus, the home of the free speech movement," said Dan Mogulof, a Berkeley spokesman. He noted that the vandalism interfered with the ability of the Berkeley College Republicans — who hosted Yiannopoulos — to exercise their 1st Amendment rights.

The moral of the story is that if you are a Republican, you have no rights or representatives in California and you cannot vote for a Republican U.S. Senator because of the rigged election process where only two Democrats, Loretta Sanchez and Kamala Harris, were on the ballot.

Show some guts, debate your opponents, don't destroy property.

Maurie Thomas Downey



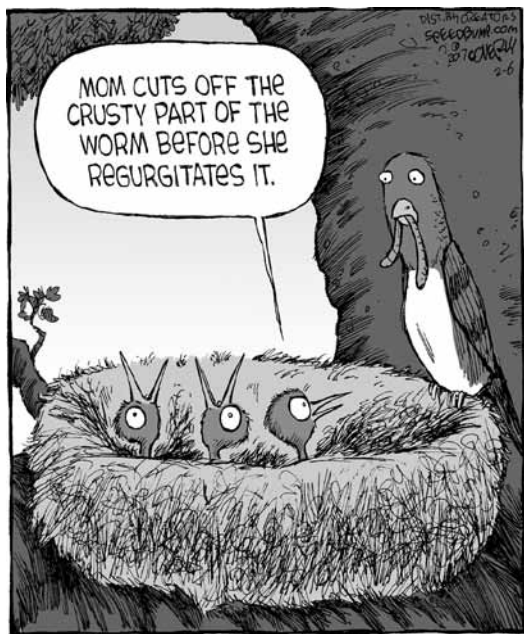
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SPEED BUMP



DAVE COVERLY



Downey Community Calendar

EVENTS FOR FEBRUARY

Friday, Feb. 10: Beatles musical, Downey Theatre, 8 p.m.
 Friday, Feb. 10: Sean Kirkland art exhibit, Stay Gallery, 8 p.m.
 Saturday, Feb. 11: DUSD band spectacular, Warren High, 9 a.m.
 Saturday, Feb. 11: Mariachi concert, Downey Theatre, 8 p.m.
 Sunday, Feb. 12: Downey High Winter Guard, Downey High, 1 p.m.

CITY MEETINGS

1st & 3rd Wednesday, 6:30pm: Planning Commission, Council Chamber at City Hall.
 1st Tue., 4:00pm: Recreation and Community Services Commission, Council Chamber, City Hall.
 1st Tue., 6:00pm: Emergency Preparedness Committee, at Fire Station No. 1, 12222 Paramount Blvd.
 2nd & 4th Tue., 6:30pm: City Council, Council Chamber.
 3rd Tue., 6:30pm: Library Advisory Board, at Downey City Library.
 4th Mon., 5 pm: Green Task Force, at City Hall.

Regularly Scheduled Meetings

MONDAYS

7 pm: Boy Scout Troop 2, at Downey United Methodist Church, call 869-6478.
 2nd Mon., 11 am: American Legion Auxiliary #270, at United Methodist Church, call 304-3439.
 3rd Mon., 11:30 am: Downey Newcomers Club, call Nancy 806-1782.
 4th Mon., 7:30 pm: Downey Numismatists, at Downey Retirement Center, call 862-6666.

TUESDAYS

9:30 am: Downey Seniors Club, at Apollo Park, call Irene Vallini at 328-7039.
 10 am: Downey Bocce Club, at 7850 Quill Drive, call John Fiorenza at 652-4399.
 12 pm: Rotary Club, at Rio Hondo Events Center, call Russell Skersick 929-3710.
 6 pm: Toastmasters Club 587, at First Baptist Church, contact Salvador Cervantes: tmsalcpuede@gmail.com.
 7 pm: Downey Knights of Columbus Bingo, at 11231 Rives Ave., call 923-1932.
 7 pm: Healing Room and Prayer, at Desert Reign Church 11610 Lakewood Blvd, call 861-6011.
 7:30 pm: Downey Master Chorale, at Cornerstone Church, contact info@downeymasterchorale.org.
 1st Tues., 7:30 am: Gangs Out of Downey, at City Hall training room.
 2nd Tues., 3:30 pm: Keep Downey Beautiful, at City Hall, call 905-7103.
 2nd and 4th Tues., 6 pm: Sertoma Club, at Rio Hondo Event Center, call 927-6438.
 2nd Tues., 6 pm: Downey Fly Fishers, at Apollo Park, call 425-7936.
 3rd Tues., 6:30 pm: Community Emergency Response Team meeting, Fire station 1, 12222 Paramount.
 3rd Tues., 6 pm: American Legion #270, at Sizzler Restaurant, call 544-0372.
 Tues., Thurs. & Sat., 10 am: Downey Bocce Club, at 7850 Quill Drive, call John Fiorenza 652-4399

WEDNESDAYS

7 am: Kiwanis Club, at Rio Hondo Events Center, call Steve Roberson at 927-2626.
 1 pm: Women's Bocce Club, at 7850 Quill Drive, call Marie Puch at 869-4366.
 7 pm: Out Post 132 Royal Rangers, at Desert Reign Church, call 928-8000.
 1st Wed., 11 am: Woman's Club of Downey, call Cheryl Olson 833-8954.
 1st Wed., 11:30 am: Downey Coordinating Council, Community Center, call Bobbi Bruce 440-5416.
 1st Wed., 7:30 pm: Downey Stamp Club, at Maude Price School cafeteria, call 928-3028.
 2nd Wed., 11:30 am: Christian Women's Club, at Los Amigos Country Club, call Helen 864-7319.
 2nd Wed., 7:30 pm: Downey Model A Club, at Gallatin School Cafeteria, call 928-4132.
 3rd Wed.: Downey Dog Obedience Club, for information please call Gina 869-5213 or Valerie 420-2972.
 3rd Wed., 10 am: Los Angeles County Quilters Guild, at Women's Club, call (310) 604-0725.
 3rd Wed., 10 am: OLPH Women's Guild, at OLPH School Auditorium, contact Armida Lugo, (562) 715-6142.
 3rd Wed., 6 pm: American Business Women's Association, Rio Hondo Country Club, call Barbara 863-2192.
 4th Wed., 12:00 pm: Retired Federal Employees, at Barbara J Riley Center, call 943-5513.
 4th Wed., 7:30 pm: US Coast Guard Aux. Flotilla 5-10, First Presbyterian Church, call Brian 419-5420.
 Wed. & Fri., 10:15 am: Senior Bingo, at Apollo Park, call 904-7223

THURSDAYS

7:30 am: Connections Networking, at Bob's Big Boy, for info., call Nick Smith, 861-5222.
 7:30 am.: Soroptimist Int'l of Downey, for information, call Mia Vasquez, 806-3217.
 9:30 am: Take off Pounds Sensibly, at Barabara Riley Senior Center, call (800) 932-8677.
 12 pm: Kiwanis Club of Downey, at Rio Hondo Events Center, call Roy Jimenez 923-0971.
 12 pm: Optimist Club of Downey, at Rio Hondo Events Center.
 6:30 pm: Downey United Masonic Lodge # 220, 8244 3rd St., call 862-4176.
 7 pm: Troop 351, Boy Scouts of America, at First Baptist Church, call 776-3388.
 1st Thurs., 12:00 pm: Downey Christian & Professional Luncheon, Sizzler's Restaurant, call James 310-1335.
 1st Thurs., 7:30 pm.: The Downey Amateur Radio Club, at First Baptist Church room 120.
 2nd Thurs., 7:30 pm: Beaming Rebel Foxes Collectors Club, call Carl D. Jones at 923-2400.
 2nd & 4th Thurs., 6 pm: Lions Club, at Coco's, call Lenora (310) 283-9825.
 3rd Thurs., 4 pm: Public Works Committee, at City Hall Training Room.
 3rd Thurs., 6 pm: Downey CIPAC, at Sizzler's Restaurant, call Rich Tuttle 413-6045.
 4th Thurs., 10 am: Assistance League, at Casa De Parley Johnson, call 869-0232.
 4th Thurs., 7:30 pm: Downey Historical Society programs, at Community Center, call 862-2777.

FRIDAYS

7:30 am: Pro Networkers, at Mimi's Cafe, call Barbara Briley Beard at 869-7618.
 3rd Fri., 8:30 am: Women's "In His Glory" Ministry at Los Amigos C. C. 622-3785.

SATURDAYS

9 am: Farmers Market, Downey Avenue at 3rd Street, call 904-7246.
 4th Sat., 12:00 pm: Downey Arts Coalition, email contact@downeyarts.org.

On This Day...

Feb. 9, 1825: The House of Representatives elected John Quincy Adams president after no candidate received a majority of electoral votes.
1942: Daylight-saving "war time" went into effect in the United States, with clocks turned one hour forward.
1964: The Beatles made their first live American TV appearance, on "The Ed Sullivan Show."
2009: New York Yankees slugger Alex Rodriguez admitted he took banned substances from 2001 to 2003.

THE NEWSDAY CROSSWORD

Edited by Stanley Newman (www.StanXwords.com)

FEATHER OR NOT: Try to wing it

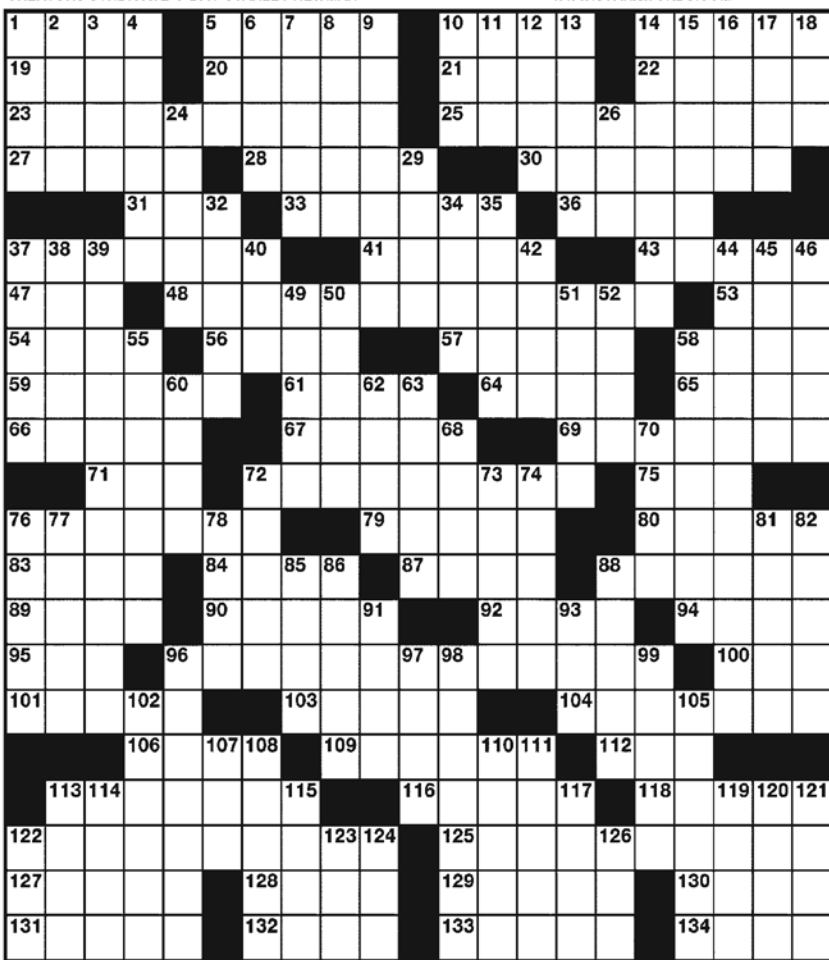
by Gail Grabowski

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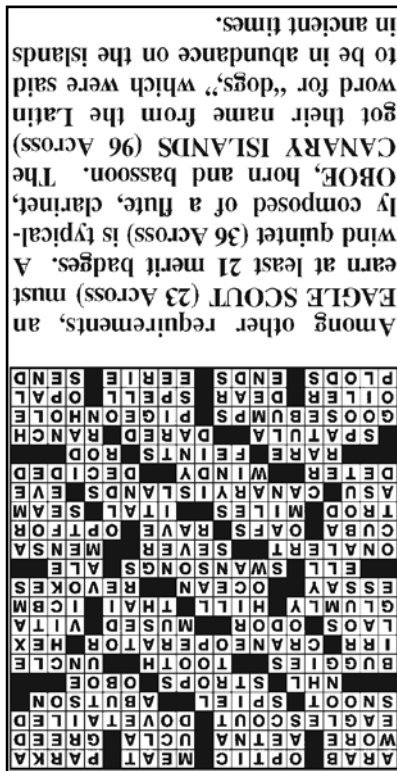
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Paging Dr. Frischer...

By Dr. Alan Frischer

Whether you're a frequent flyer or have taken a one-time trip to a faraway location, you have likely experienced jet lag. Upon your arrival and/or return, perhaps you suffered headache, lethargy, fatigue, insomnia, irritability, mild depression, difficulty concentrating, loss of appetite, confusion, dizziness, or even diarrhea or constipation.



Jet lag is a very modern problem. The term came into use when the use of jet aircraft became common. Travel by propeller-driven aircraft, ship, or train was too slow to cause such a thing. When we rapidly change time zones, our body's circadian rhythms are slow to adjust to the new schedule.

Jet lag, also known as desynchronization, or circadian dysrhythmia, can have a major affect on sleep and alertness. Distance alone is not a factor in jet lag – for example, a flight from Greenland to very distant Argentina would cover many miles, but fall within the same time zone. But when we travel east

to west or west to east, our body still feels that it remained in the original time zone. Our natural patterns for eating, sleeping, hormone regulation, body temperature, and other functions no longer correspond to the new environment.

The speed at which the body adjusts to the new schedule depends on the person, as well as on the direction of travel. Travelling east is usually more difficult than travelling west because the body clock must be advanced, which tends to be more difficult than delaying it. Most of us have a circadian rhythm that is longer than 24 hours, so lengthening a day is easier than shortening it.

Some people may require several days or more to adjust to a new time zone, while others experience little trouble. What can we do to minimize jet lag?

- Plan for the new time zone by adjusting your sleep and wake habits for several days prior to the trip: get up and go to bed earlier prior to an eastbound trip, and later for a westbound trip.
- Try to select a flight that arrives in the early evening. If you must nap during that day, do so in the early afternoon, and for less than two hours.
- Change your watch to reflect the new time zone as soon as you board the plane. Avoid alcohol and caffeine at least three to four hours before your new bedtime.
- Airplane cabins have low humidity levels. Avoid dehydration by drinking extra water during the flight.

Upon arrival at your destination:

- Make an effort to stay awake until the local bedtime.
- Avoid heavy exercise close to the new bedtime.
- Consider using earplugs and a sleep mask to help dampen noise and block out light, in order to stay asleep.
- Time your meals with local mealtimes, and avoid heavy meals for the first few days.
- Set two alarms, or request two wake-up calls, in case you miss the first one.
- Spend time in the daylight to help regulate your biologic clock.

What about the use of sleep aids to combat jet lag? While pills don't resolve the biological imbalance, they may help to manage in the short-term. Test out a new medication prior to the trip, so that you won't be surprised by an unexpected negative reaction, or by the lack of a positive response. Many find that melatonin or Benadryl helps to get a better night's sleep (and, of course, that caffeine helps to stay awake).

Jet lag is generally temporary and usually does not require treatment. Symptoms should improve within a few days, but can last longer. If you travel frequently, you may wish to speak to your doctor about medication or other strategies. Bon Voyage!

Athletes who return from concussion too soon face long-term risks

Traumatic brain injuries (TBIs) can result from a blow or jolt to the head or an object going through the skull. Millions of sports-related mild TBIs, or concussions, occur each year in the United States. Athletes who return to play before they're fully recovered are at high risk for long-term symptoms like headaches, dizziness, and cognitive deficits if they have future concussions.

The tau protein is a marker of brain cell injury following severe traumatic brain injuries. The protein has also been linked to development of Alzheimer's and Parkinson's diseases. To determine if higher levels of tau relate to longer recovery times, a team led by Dr. Jessica Gill of NIH's National Institute of Nursing Research (NINR) examined changes in tau levels after sports-related concussions. The study was supported by NINR and NIH's Eunice Kennedy Shriver National Institute of Child Health and Human Development (NICHD). Results were published online in *Neurology* on January 6, 2017.

The researchers first measured pre-season levels of tau and cognitive performance in a group of 632 soccer, football, basketball, hockey, and lacrosse athletes from the University of Rochester. The athletes were then followed during the season for any diagnosis of a concussion.

Forty-three of the players developed concussions during the study. Following the diagnosis, blood samples were taken from the concussed athletes at 6 hours, 24 hours, 72 hours, and 7 days post-concussion. For comparison, blood samples were also taken from a

control group of 37 teammate athletes without concussions. A group of 21 healthy non-athletes who were similar in age and sex served as another control group.

Concussed athletes who needed more than 10 days of post-concussion recovery time before returning to play had higher average tau levels at 6, 24, and 72 hours post-concussion than athletes who were able to return to play in 10 days or less. This was observed in both male and female athletes, as well as across the various sports studied.

Together, these findings suggest that changes in tau measured within 6 hours of a sports-related concussion may provide a tool to inform better decision-making about predicted recovery times and safe return to play.

"Keeping athletes safer from long-term consequences of concussions is important to players, coaches, parents, and fans," says NINR Director Dr. Patricia A. Grady. "In the future, this research may help to develop a reliable and fast clinical lab test that can identify athletes at higher risk for chronic post-concussion symptoms."

For unknown reasons, both athlete groups had significantly higher tau levels than the non-athlete controls. The scientists plan to test additional biomarkers and examine other post-concussion outcomes in the future.

Contributed by the National Institute of Health

Friendly reminder: Wash your hands

As you touch people, surfaces and objects throughout the day, you accumulate germs on your hands. In turn, you can infect yourself with these germs by touching your eyes, nose or mouth. Although it's impossible to keep your hands germ-free, washing your hands frequently can help limit the transfer of bacteria, viruses and other microbes.

Always wash your hands before:

- Preparing food or eating
- Treating wounds, giving medicine, or caring for a sick or injured person
- Inserting or removing contact lenses

Always wash your hands after:

- Preparing food, especially raw meat or poultry
- Using the toilet or changing a diaper
- Touching an animal or animal toys, leashes or waste
- Blowing your nose, coughing or sneezing into your hands
- Treating wounds or caring for a sick or injured person
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WWE Elimination Chamber: One last stop before WrestleMania

By Alex Dominguez
Staff Writer

This Sunday, WWE presents the Elimination Chamber. The last Smackdown exclusive pay-per-view before the company's biggest show of the year shouldn't be too much of a ground shaker, but instead will be a good stepping stone for the blue brand on its road to Wrestlemania.

LUKE HARPER VS RANDY ORTON

This match should serve no real purposes other than resolving the internal Wyatt family conflict between Harper and Orton, and will also clear the way for the latter to focus on his future Wrestlemania opponent.

We'll get more into that subject a little later...

Prediction: Randy Orton

TAG TEAM TURMOIL FOR THE SMACKDOWN TAG TEAM CHAMPIONSHIPS

I guess every PPV card needs a match that's just thrown together for the sake of having a match...

Since American Alpha won the titles, they've really yet to do anything of noteworthiness. That's not their fault – the Smackdown Tag team division is primarily made up of "jobbers" (superstars booked only to lose).

The Usos are a solid team, but have become stale in the eyes of fans. Their heel turn a few months ago helped this, but it's still too soon.

Inaugural Smackdown Tag team Champions Heath Slater and Rhyno (aka Beauty and the Man Beast) are over with the crowd, but another reign is probably not happening any time soon.

Jobber squads The Vaudevillians, Breezeango, and the Ascension – you're kidding me right?

Someone wake me up when the next match starts...

Prediction: American Alpha

HANDICAPPED MATCH: APOLLO CREWS AND KALISTO VS DOLPH ZIGGLER

I'm going bold with this next prediction...

There shouldn't be a (clean) winner.

Ziggler's heel turn has breathed new life into him. We all love him and the work he puts into his craft, but it was time for the scrappy, underutilized babyface to go. Ziggler has always been and will always be a phenomenal heel.

Ziggler's new pattern of beating his opponents senseless in a brat-like temper tantrum after he loses a match should carry into Sunday. Either he gets himself disqualified, or everything hits the fan and the match doesn't occur.

Prediction: No Contest or Crews and Kalisto via DQ

BECKY LYNCH VS. MICKIE JAMES

One of the most disappointing things to happen in recent weeks is the return of Mickie James after seven years away from the company.

Actually, let me correct that.

One of the most disappointing things to happen in recent weeks is the lack of crowd reaction during the return of Mickie James after seven years away from the company.

When older wrestlers return after an extended absence, they usually serve the purpose of "putting over" the new guys: they make the younger talent look really good and then pass the torch onto them.

James has a career rich in accolades and accomplishments, but the lack luster reaction from the crowd whenever she goes through the curtain doesn't reflect that. Maybe the crowd is just too casual or too young.

James desperately needs this win and to gain some momentum to establish her as the superstar we know she is, or else there won't be much of a torch to pass on.

Prediction: Mickie James

NIKKI BELLA VS NATALYA

This should be the end of the road for this particular feud, as rumors are Nikki Bella is scheduled to team up with her real-life boyfriend John Cena against The Miz and Maryse at Wrestlemania.

Things have been way too nasty between the two for the bad guy to just come out on top. While Natalya would seem to have all the momentum headed into Sunday, expect this story to have a happy ending.

Prediction: Nikki Bella

ALEXA BLISS (C) VS NAOMI FOR SMACKDOWN WOMEN'S CHAMPIONSHIP

If you recall my Royal Rumble predictions a few weeks ago, I said that one possible outcome was that Naomi would emerge from the six woman tag match as a possible contender to Bliss's championship.

Did I call it or what?

Naomi currently has two pin-fall victories over the champion, however the rivalry is still way too young for a title change. If Naomi is to be the next champion, her reign won't start until 'Mania.

Prediction: Alexa Bliss

ELIMINATION CHAMBER: JOHN CENA VS AJ STYLES VS BRAY WYATT VS THE MIZ VS DEAN AMBROSE VS BARON CORBIN

Remember how I said we'll get into Orton's 'Mania opponent a bit later?

If you break it down, there are only three of these men who are realistic options to win the Chamber match.

Off the bat, Cena and Styles come to mind; they're hot off their rivalry and nail biting match at the Royal Rumble. Yet Cena is rumored to be scheduled for a different program come 'Mania (see Nikki Bella vs. Natalya prediction), and AJ Styles doesn't need the title to get himself over – he's already there with the crowd.

I highly doubt that Intercontinental Champion Ambrose leaves with the WWE Championship – he has a belt already, and much like Styles he's over with the crowd and doesn't need the elevation that the title brings.

Corbin...he's a decent "big guy," but his promo skills are atrocious. You can tell WWE wants to do something big with him, but he's not quite there yet. He's young, he has time to grow.

Miz has been on a decent mean streak as of late, but a title run wouldn't make sense for his character at this point.

It is "Eater of Worlds" Bray Wyatt's time to shine.

Fans have been pining for him to get the main event push that he deserves. He's a good worker and he's bone chillingly good with a microphone.

Plus, the winner of the match will go on to defend the title against Orton at Wrestlemania, and Wyatt is the only superstar in the chamber that makes sense to fill that role from a story and career propulsion perspective.

Wyatt will enter the chamber, leave with the title, go on to 'Mania and successfully defend against Orton.

Prediction: Bray Wyatt



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Pantages Theatre releases 2017-18 schedule

The Pantages Theatre this week released its 2017-18 season schedule, highlighted by the return of "The Color Purple" in a re-imagined production.

Below is the full schedule:

"Disney's Alladin" - Jan. 10 - March 31, 2018: From the producer of The Lion King comes the timeless story of Aladdin, a thrilling new production filled with unforgettable beauty, magic, comedy and breathtaking spectacle. It's an extraordinary theatrical event where one lamp and three wishes make the possibilities infinite.

"Love Never Dies" - April 3-22, 2018: Andrew Lloyd Webber's sequel to "The Phantom of the Opera," it's a story of love, passion and drama.

The year is 1907. It is 10 years after his disappearance from the Parish Opera House and the Phantom has escaped to a new life in New York where he lives amongst the creaming joy rides and freak shows of Coney Island. In this new, electrically charged world, he has finally found a place for his music to soar, but he has never stopped yearning for his one true love and musical protege, Christine Daae.

"School of Rock" - May 3-27, 2018: Based on the hit film, this new musical follows Dewey Finn, a failed, wannabe rock star posing as a substitute teacher who turns a class of straight-A students into a guitar-shredding, bass-slapping, mind-blowing rock band.

The production features 14 new songs from Andrew Lloyd Webber, all the original songs from the movie, and the musical theater's first-ever kids rock band playing their instruments live on stage.

"The Color Purple" - May 29 - June 17, 2018: The 2016 Tony Award winner for Best Musical Revival, "The Color Purple" tells the epic story of a young woman's journey to love and triumph in the American South.

With a score of jazz, gospel, ragtime and blues, "The Color Purple" gives new spirit to the Pulitzer Prize winning story, based on Alice Walker's 1892 novel.

"On Your Feet! The Emilio & Gloria Estefan Musical" - July 6-29, 2018: Directed by two-time Tony Award winner Jerry Mitchell, "On Your Feet" tells the true story of Gloria Emilio Estefan, two people who believed in their talent and became international sensations.

The production features some of the most iconic songs of the past quarter-century, including "Rhythm is Gonna Get You" and "Conga."

"Waitress" - Aug. 2-26, 2018: Brought to life by an all-female creative team, this new show features original music and lyrics by six-time Grammy nominee Sara Bareilles.

Inspired by the film of the same name, "Waitress" tells the story of Jenna. A waitress and expert pie maker, Jenna dreams of a way out of her small town and loveless marriage. A baking contest in a nearby county and the town's new doctor may offer her a chance at a fresh start, while her fellow waitresses offer their own recipes for happiness. But Jenna must summon the strength and courage to rebuild her own life.

FEBRUARY 9 BIRTHDAYS



Joe Pesci, the iconic tough guy actor, turns 74



Mia Farrow actress 72



Judith Light actress 68



Charlie Day actor 41

Whittier Community Theatre hosting production of 'Steel Magnolias'

Robert Harling's "Steel Magnolias" opens Feb. 24 at the Whittier Community Theatre. Tickets are now on sale.

"Steel Magnolias" chronicles the lives and friendship of six women in Louisiana. Supporting each other through their triumphs and tragedies, they congregate at Truvy's beauty shop to ponder the mysteries of life and death, husbands and children - and hair and nails - all the important topics that truly unite and celebrate women.



Truvy.

Featuring the talents of Marty Crouse as Ouiser, Evelyn Goode as Shelby, Rose London as M'Lynn, Julie Ray as Annelle, Nancy Tyler as Clairee and Veronique Merrill Warner as

Directed by Philip Brickey and produced by Karen Jacobson.

The show runs February 24, 25, March 3, 4, 5 (matinee) 10, and 11.

Tickets amounts are \$15 adult, \$12 students, military and seniors (over 60).

Call (562) 696-0600 for reservations or purchase your tickets online at whittiercommunitytheatre.org

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Shared Stories: Night Swimming and other Stories

Karen Borrell, from the Adirondacks in New York, describes her transformative experience at a nearby lake with friends. Shared Stories is a weekly column featuring articles by participants in a writing class at the Norwalk Senior Center. Bonnie Mansell is the instructor for this free class offered through the Cerritos College Adult Education Program. Curated by Carol Kearns

By Karen Borrell

I learned to swim in our lake by practically drowning while playing "King of the Mountain" on a floating raft with a bunch of friends. I came away from that experience with a love for swimming, but not much better judgment.

While in high school, I had gone to a nearby lake resort with some friends. On this particular occasion, we decided to go swimming at night. There was no moonlight, as it had been raining for days and was still overcast.

After swimming a bit, we decided to play hide-and-seek. Everyone scattered in different directions, and I had the idea to swim out to one

of the closer rafts and swim under the big metal drums to the air space underneath and hide there.

When I dove under the drum and came up to the expected air pocket, my head hit hard against one of the planks that held the drums together. I was shocked and dazed enough that I lost my sense of direction.

I swam to clear the raft, only to hit the sandy floor of the lake. I stroked quickly in another direction and hit my head again. I swam to what I thought was sideways to clear the bottom of the raft, only to hit my head again.

My breath was getting very short, and now I was pawing frantically at the boards, trying to find an end to them. I was panicking and began to swallow water.

My struggle began to change and my panic was transformed to memories of my whole life up to that moment.

I remember it was in chronological order and I became fascinated by the flash of detail and the amount of memories that my brain had stored and could remember.

I felt euphoria and was totally at peace. Next, my hand felt the edge of the drum and I pulled myself up to air.

I was helped to shore by concerned friends and spent about four days recovering from the near-drowning and bad headache that lingered.

But I was left with a powerful wonder at what had happened to me. I told everyone, and felt no one understood what an incredible thing had occurred. Apart from that experience which I will never forget, I totally lost my fear of dying and still feel that way today.

Water always seemed to be my personal challenge. For years I had many scary encounters with it. Some still can make me tremble with remembering and, in a way, reliving the feelings.

One of the curiously "lucky" happenings occurred at the same beach already mentioned. I was idly swimming in the summer-warm lake water watching a few children splashing and not paying close attention to anything in particular.

A group I was watching broke up and wandered elsewhere. A small signal went off in me and I alerted to count heads. Hadn't there been another boy?

Unwilling to just wonder at my uneasy feeling, I set out quickly, swimming as fast as I could, keeping my eye on the spot where they had been. I dove under the water searching and saw the boy!

I grabbed him and exploded to the surface with him and soon was walking up to the beach. An embarrassing crowd drew up as I was doing all the things I guessed one should do.

The boy vomited water and began to cry. He looked to be about eight years old. His friends gathered around and told me where he was staying.

I carried him to the rented summer cabin only to find that his mother had driven to the city to wash clothes. I ended up leaving him with the mother of one of his friends as the boy was doing fine again.

I was glad this story had a happy ending.

Mystery author to visit Downey library

DOWNEY – The Friends of the Downey City Library will welcome Julie McElwain on Feb. 25 for their first author event of the year.

McElwain is a national award-winning journalist. She began her career working for a fashion trade newspaper in Los Angeles and is currently a West Coast editor for Soaps in Depth, a national soap opera magazine, covering the hit daytime drama, "The Young & the Restless."

Her first novel, "A Murder in Time," was one of the top 10 picks by the National Librarian Assn. for its April 2016 book list, and was selected as the mystery to read by Over-Drive, Inc., a digital distributor serving more than 34,000 libraries around the world. The novel was also a finalist for the 2016 Goodreads Readers' Choice Awards in the Sci-Fi category.

In it, a brilliant FBI agent, Kendra Donovan, stumbles back in time and finds herself in a 19th century castle, trying to solve a murder case without the use of modern day forensics. The sequel to "A Murder in Time" – "A Twist in Time" – is scheduled for release in April of this year.

McElwain will speak on Saturday, Feb. 25, from noon to 2 p.m. in the Downey Library Cormack Room. A light lunch will be served.

Tickets are \$15 and can be purchased in the used bookstore inside the library. Reservations can also be made by calling (562) 927-1548 or (562) 928-4327. All proceeds benefit the Downey Library.

Lunch, fashion show Saturday

DOWNEY – The Eldorado Chapter of the American Business Women's Association will be hosting a Luncheon Fashion Show on Saturday, Feb. 11, at the Rio Hondo Event Center.

The cost is \$35. For reservations contact Debbie Stuver at 562-884-6489.

On Wednesday, Feb. 15, Eldorado will hold its monthly meeting at the Rio Hondo Event Center. The speakers for the evening will be from Downey Toastmasters Club. They will be holding short seminar on "How to Speak Effectively."

The Eldorado Chapter meets at the Rio Hondo Event Center the third Wednesday of the month. Networking begins at 6 pm, and dinner, speaker and brief business meeting at 6:30 pm. For more information go to ABWA-eldorado.com

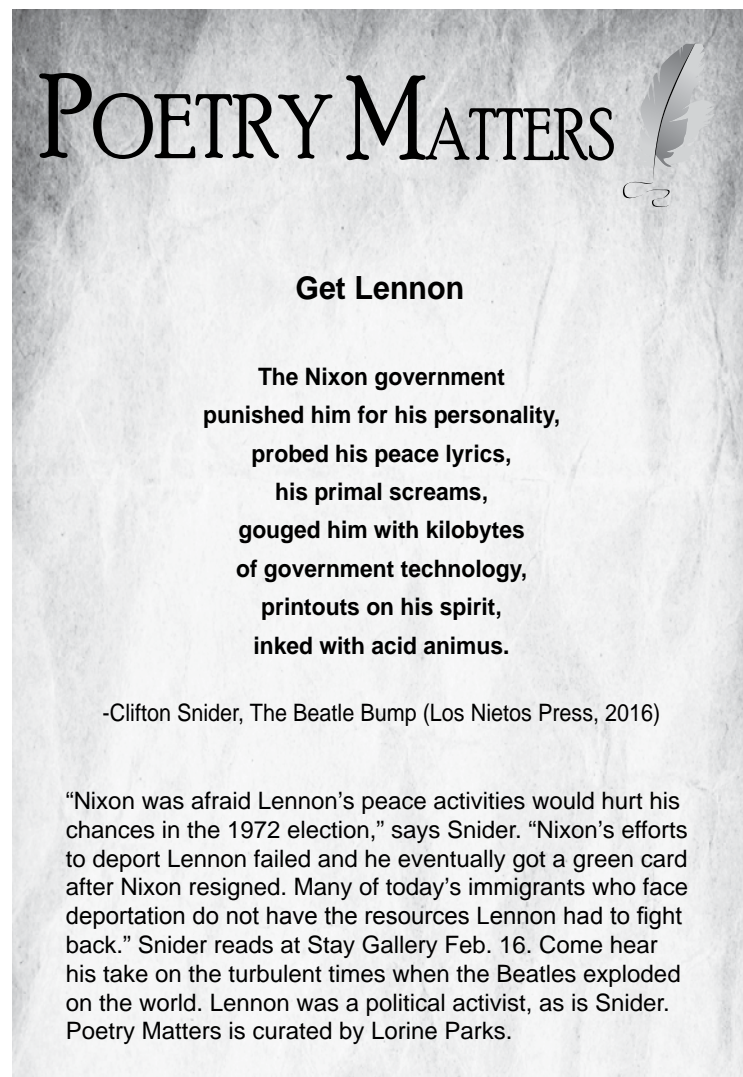
For reservations contact Ilda Vaja at vajafamily@hotmail.com.

Electronic waste collection at Warren

DOWNEY – Warren High School will be collecting electronic waste this Saturday, Feb. 11, from 9 a.m. to 1 p.m.

Residents can safely dispose of TVs, computers, printers, home appliances, telephones, and other electronic items.

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POETRY MATTERS

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The Nixon government
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probed his peace lyrics,
his primal screams,
gouged him with kilobytes
of government technology,
printouts on his spirit,
inked with acid animus.

-Clifton Snider, *The Beatle Bump* (Los Nietos Press, 2016)

"Nixon was afraid Lennon's peace activities would hurt his chances in the 1972 election," says Snider. "Nixon's efforts to deport Lennon failed and he eventually got a green card after Nixon resigned. Many of today's immigrants who face deportation do not have the resources Lennon had to fight back." Snider reads at Stay Gallery Feb. 16. Come hear his take on the turbulent times when the Beatles exploded on the world. Lennon was a political activist, as is Snider. Poetry Matters is curated by Lorine Parks.



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Local girls wrestling teams outraged by lack of recognition in CIF league



By Alex Dominguez
Staff Writer

from Norwalk, Artesia, Mayfair, Bellflower, John Glenn and Cerritos high schools.

NORWALK – Several local high school student athletes and parents alike are finding themselves increasingly frustrated over what they find to be unfair and biased attitudes towards the girls' wrestling teams.

Sophomore Amaris Pedroza and Junior Desiree Estrada both compete as a part of Cerritos High School's girls wrestling team. Apart from a few different rules and regulations when competing, they train just as hard and wrestle just as well (and sometimes even better) than the boys.

Pedroza, Estrada, and their teammates compete in the Suburban Wrestling League, which is comprised of teams

However after spending countless hours in the gym and successfully pinning several shoulders to the mat, they find themselves not sharing in the same glory and pomp and circumstance that is bestowed upon their male counterparts.

"We got Suburban League Champ, which means that everyone in our league – we had to win in order to get it. So we thought we were going to get a medal out of it," said Pedroza. "We already – usually - we don't get as much [recognition] as the guys. But we were accepting that at least we're gonna get a medal this time."

The lack of recognition and official sanctioning isn't

necessarily a new thing according to parent Dalila De Fiesta. While she doesn't have a daughter on the wrestling team, she has observed their struggles through her son's participation on the boy's squad. Despite the girls' performance being CIF worthy, they are still left high and dry by their own league.

"Because they are champs and are undefeated, they still participate in CIF," said De Fiesta. "That's where the discrepancy is, because they won't get the medal, they won't get to step on the podium..."

Unfortunately for these athletes, they were recently informed that – once again – they will not be receiving medals or a podium spot.

"We don't feel as accomplished as the guys," said Estrada. "The guys are getting all these medals even though we worked just as hard as them. We (Estrada and Pedroza) were undefeated – we wrestled each and every one of our girls in our league – and I don't know, we just expected a patch or something..."

This isn't a feeling confined to just the Cerritos team however.

Jessica Hernandez, a junior at Artesia High School, falls into the same boat that Pedroza and Estrada find themselves in; a surprising fact when considered that she is one of the head captains for boys and girls at her

school.

"I worked hard for it," said Hernandez. "I feel like all my work was worth nothing."

In what might be considered worse than not being recognized at all, all three girls voiced opinions that they may be presented medals "just to shut us up."

"They're so annoyed with us at this point," said Pedroza.

"A medal means something deeper than that," said Hernandez. "It's something we worked for our whole season; our blood sweat and tears we leave on the mat."

Pedroza's mother, Jackie Villegas, has been understandably frustrated with the way her daughter has been snubbed. In response, she has tried to extract answers from the team's coach, the principal, the league, and even the school district, all while rallying other frustrated parents behind her.

Villegas has been told several different stories and explanations by several different people. She was offered the opportunity for a medal to be purchased by the school district, however Villegas feels they were missing the point.

"I can buy my kid a medal. The cost I think for the medals for the entire league is \$80. I said 'I'll buy all the kids a medal, but you're missing the point,'" said Villegas.

Even with a medal however, the girls and parents alike will not be satisfied until the recognition and official sanction comes along with it.

"They want it to be sanctioned like the boys. They want what they earned; they don't want a medal," said Villegas.

While the girls compete in their finals this Friday, their parents will head to John Glenn High School to protest, where the boys finals will be taking place.

"...We will make sure that everyone knows what this league did to these girls," said Villegas.

"It's wrong. You totally dismissed them. You totally shunned them out..."

"...It goes beyond the five dollars they're going to spend on this piece of alloy..." said De Fiesta "It's giving them the recognition – officializing what they've done and recognizing them for their hard work. That's all we want..."

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 Cesar Macedo is a recognized financial advisor and member of LPL Financial. His professional career has spanned over 20 years where he has helped transition hundreds of investment clients into retirement. Cesar joined LPL Financial in 2007.
 Cesar is a graduate of the University of California, Santa Cruz, receiving a Bachelors degree in Economics. He received his Personal Financial Planner Certificate from U.C. Irvine and his Certified Financial Planning designation from the Certified Financial Planner Board of Standards in 2004. In addition he has earned his Chartered Life Underwriter designation from The American College. He earned his MBA from Cal State Long Beach. His professional affiliations include the Financial Services Institute.
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Caren Spilsbury was named executive director of the Norwalk Chamber of Commerce following the retirement of Vivian Hanson. Photo by Christian Brown

Chamber of commerce in Norwalk has new executive director

NORWALK – Caren Spilsbury has officially taken over as director of the Norwalk Chamber of Commerce.

Spilsbury is no stranger to the Chamber; she has already spent seven years as the part time membership director. Before that she had experience with the California Junior Chamber, including time as the president.

With the retirement of longtime director Vivian Hanson, Spilsbury now has the opportunity to lead the charge within the Chamber walls.

Though her predecessor leaves quite the legacy to live up to, Spilsbury does not find herself intimidated in her new role.

"The reason it's not intimidating is because I have been here for seven years, and I worked alongside her," said Spilsbury. "So not only do I bring the skill set from the Junior Chamber...having the opportunity to be here for seven years, I was able to learn first-hand how the chamber works and this chamber works...plus I have the support of a great board of directors."

For now, it is business as usual for the Chamber. However, Spilsbury will soon be reaching out to other local chambers and taking note of their business models. The Chamber will also now look to set a five-year plan, instead of setting goals from a year-to-year basis.

A full member survey will also be taking place soon.

"Starting Feb. 9 we're going to be picking up the telephone, calling every one of our members, and just talking to them about the Chamber - asking them some key questions to find out what direction they'd like us to be moving in to support them and that kind of thing," said Spilsbury.

– Alex Dominguez, staff writer

Norwalk man dies after bizarre chase outside Chuck E. Cheese

NORWALK – Authorities have identified the man who died last Saturday after being detained by deputies who were called to Chuck E. Cheese restaurant in Norwalk when he entered the restaurant in only a bloody shirt and underwear.

Deputies say they found 42-year-old Norwalk resident Victor Flores Jr. struggling with two passersby when they arrived to the 10900 block of Firestone Boulevard at 6:44 p.m. last Saturday, according to Deputy Kimberly Alexander of the Los Angeles County Sheriff's Information Bureau.

The two passersby initially spotted Flores in the middle of the street trying to get inside occupied vehicles, deputies said. The L.A. County Sheriff's say Flores previously got into a parked vehicle in the 1700 block of Studebaker Road in Norwalk and tried to get into a second one.

Flores then ran southbound toward Firestone Boulevard, where he jumped into the flatbed of an occupied truck before falling out, Alexander said.

Later, Flores rushed inside Chuck E. Cheese bleeding and wearing only a shirt and his underwear. It was then that "two good Samaritans" detained him, deputies said.

The restaurant was placed on lockdown as deputies attempted to revive Flores.

The deputies performed CPR on Flores before he was taken to a local hospital, where he died. An autopsy is currently pending to determine the cause of his death, according to the Norwalk Sheriff's Station.

Anyone with information on the case was asked to call the Sheriff's Homicide Bureau at (323) 890-5500, or Crime Stoppers at (800) 222-TIPS.

Christian Brown, editor

Miss Bellflower orientation Saturday; pageant set for April 29

BELLFLOWER – The 2017 pageant orientation for the Miss Bellflower competition is Saturday, Feb. 11 at the Brakensiek Library in Bellflower from 1-3 p.m.

Young ladies ages 13-21 that live, work, attend school, church, or volunteer in Bellflower are invited to attend the orientation, which organizers say offer skills that are beneficial for the professional world.

The main pageant event "Miss Bellflower: Diamonds in the Rough" will take place on April 29 at the Bristol Auditorium. Winners win a scholarship and a year full of activities volunteering for the city. The deadline to apply is March 18.

For more information, contact coordinators Eden Hernandez and Janna Enkhorn at (562) 755-1913 or (562) 565-3942 respectively.

Warren High student arrested for online threats

DOWNEY – A 16-year-old boy enrolled at Warren High School was arrested after posting a photo of an airsoft gun on social media and implying violence, officials said.

"At this time we believe the student acted alone in the threat and had no direct intention of carrying out the threat," Downey Police said in a statement. "Warren High School has been advised and school will be in session as scheduled."

The boy posted the image to Twitter, where it was forwarded to DUSD staff over the weekend. Downey Police were notified at 8:05 p.m. Sunday and arrested the boy.

Classes continued at Warren High on Monday with extra security on campus "out of an abundance of caution," officials said.

Eric Pierce, editor

CRIME REPORT

THURSDAY, JAN. 26

At 2:00 p.m., officers were dispatched to the area of Elm Vista and Bellflower Blvd. regarding a vehicle that had been used in an armed robbery in L.A.P.D.'s jurisdiction. Officers located and stopped the vehicle to the front of 9200 Elm Vista Rd. The driver was arrested and L.A.P.D. responded to the scene.

At 3:00 p.m., a car pulled alongside a woman walking in the area of Florence Avenue and Downey Sanford Bridge Road. The occupants asked the woman for directions and then one occupant exited the vehicle and stole the woman's jewelry and personal property. The suspects fled the location in the vehicle. Detectives are investigating.

At 6:00 p.m., officers were dispatched to the area of the Downey Promenade regarding a stolen vehicle. The officers located the vehicle in the parking lot and arrested the driver for grand theft auto.

FRIDAY, JAN. 27

Officers conducted a DUI/CDL checkpoint on Firestone Boulevard and Ryerson Avenue which resulted in numerous citations being issued for a variety of violations, including one subject arrested for DUI.

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The Downey Patriot
Thursday, Oct. 23, 2015
Vol. 54 No. 28

3 dead in apparent murder-suicide
DOWNEY – Three people, including a toddler, were fatally shot inside a Downey apartment Wednesday night. Police suspect murder-suicide. Family members checked on the family, who had been in an apartment on the 1700 block of New Street, after not hearing from them for two days.

Senior scam workshop Oct. 23
DOWNEY – Senior citizens are invited to the Barbara J. Riley Center on Oct. 23 for a free workshop on senior scams.

Fresh & Easy closing all its stores
DOWNEY – Fresh & Easy announced it is closing all its stores – including in Downey – and has begun liquidating its inventory.

Former Downey High teacher sued for sexual relationship with student
DOWNEY – A Los Angeles law firm has filed a lawsuit against the former Downey High School District and teacher Hilda Hickcock, alleging she sexually abused a student.

Weekend at a Glance
Friday 82°
Saturday 87°
Sunday 86°

THINGS TO DO
Don Lamkin Exhibit
Symphony Concert
Car Show

FROM OUR FACEBOOK
Former teacher sued for sexual relationship with student

authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (see Section 14411 et. seq., Business Professions Code).

The Downey Patriot 2/9/17, 2/16/17, 2/23/17, 3/2/17

FICTITIOUS BUSINESS NAME STATEMENT File Number 201701153

THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: (1) KICKS FOOTWEAR, 11005 FIRESTONE BLVD SUITE 103, NORWALK CA 90650, COUNTY OF LOS ANGELES, 12035 SLAUSON AVE STE A, SANTA FE SPRINGS CA 90670
Articles of Incorporation or Organization Number (if applicable): AI #ON: N/A
REGISTERED OWNERS(S): (1) ROGU'S INC., 12035 SLAUSON AVE STE A, SANTA FE SPRINGS CA 90670
State of Incorporation: (1) CA
This business is conducted by a Corporation
The registrant commenced to transact business under the fictitious business name or names listed above on 01/2012
I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.)

S/ROGU'S INC, CEO, ROCIO RODRIGUEZ
This statement was filed with the County Clerk of Los Angeles on JANUARY 25, 2017
NOTICE-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form.
The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (see Section 14411 et. seq., Business Professions Code).

**The Downey Patriot
2/9/17, 2/16/17, 2/23/17, 3/2/17**

STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME File Number 2017003735

File Number 2013166061 DATE FILED: AUGUST 9, 2013
NAME OF BUSINESS(ES): VALLEY VIEW REXALL DRUGS, VALLEY VIEW RX STORE ADDRESS, CITY, STATE, ZIP CODE: 13966 VALLEY VIEW AVE., LA MIRADA, CA, 90638
REGISTERED OWNERS(S): (1) VALLEY VIEW DRUGS, INC., 13966 VALLEY VIEW AVE., LA MIRADA CA 90638
State of Incorporation: CA
This business is conducted by a Corporation
I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.)

S/ VALLEY VIEW DRUGS, INC., PRESIDENT, DAVID JENSEN
This statement was filed with the County Clerk of LOS ANGELES on JANUARY 05, 2017

The Downey Patriot 1/26/17, 2/2/17, 2/9/17, 2/16/17

FICTITIOUS BUSINESS NAME STATEMENT File Number 2017022919

THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: (1) STAR TREATMENT GIFTS, 3481 REDWOOD AVENUE, LOS ANGELES CA 90066, LA COUNTY
Articles of Incorporation or Organization Number (if applicable): AI #ON: N/A
REGISTERED OWNERS(S): (1) CYNTHIA MORRIS CASSEL, 3481 REDWOOD AVENUE, LOS ANGELES CA 90066
State of Incorporation: (1) N/A
This business is conducted by an Individual
The registrant commenced to transact business under the fictitious business name or names listed above on 01/2017
I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.)

S/ CYNTHIA MORRIS CASSEL, OWNER
This statement was filed with the County Clerk of Los Angeles on JANUARY 27, 2017
NOTICE-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form.
The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (see Section 14411 et. seq., Business Professions Code).

**The Downey Patriot
2/2/17, 2/9/17, 2/16/17, 2/23/17**

FICTITIOUS BUSINESS NAME STATEMENT File Number 2017027009

THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: (1) ALL FACILITIES MAINTENANCE SERVICES, 1156 N. GORDON ST., POMONA CA 91768, LA COUNTY
Articles of Incorporation or Organization Number (if applicable): AI #ON: N/A
REGISTERED OWNERS(S): (1) BRIAN LOPEZ, 1156 N. GORDON ST., POMONA CA 91768
State of Incorporation: (1) N/A
This business is conducted by an Individual
The registrant commenced to transact business under the fictitious business name or names listed above on N/A
I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.)

S/ BRIAN LOPEZ, OWNER
This statement was filed with the County Clerk of Los Angeles on FEBRUARY 1, 2017
NOTICE-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form.
The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (see Section 14411 et. seq., Business Professions Code).

**The Downey Patriot
2/9/17, 2/16/17, 2/23/17, 3/2/17**

FICTITIOUS BUSINESS NAME STATEMENT File Number 2017022611

THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: (1) ER CLEANING SERVICE, 9215 TRUBA AVE APT #C, SOUTH GATE CA 90280, LA COUNTY
Articles of Incorporation or Organization Number (if applicable): AI #ON: N/A
REGISTERED OWNERS(S): (1) ELSA RODRIGUEZ-FREGOSO, 9215 TRUBA AVE APT#C, SOUTH GATE CA 90280
State of Incorporation: (1) CA
This business is conducted by an Individual
The registrant commenced to transact business under the fictitious business name or names listed above on 01/2017
I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.)

declares as true information which he or she knows to be false is guilty of a crime.)
S/ ELSA RODRIGUEZ-FREGOSO, OWNER
This statement was filed with the County Clerk of Los Angeles on JANUARY 27, 2017
NOTICE-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form.
The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (see Section 14411 et. seq., Business Professions Code).

The Downey Patriot 2/2/17, 2/9/17, 2/16/17, 2/23/17

FICTITIOUS BUSINESS NAME STATEMENT File Number 2017019135

THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: (1) JUAN SOCA HEALTHY VENDING, 14713 ELAINE AVENUE, NORWALK CA 90650, LA COUNTY
Articles of Incorporation or Organization Number (if applicable): AI #ON: N/A
REGISTERED OWNERS(S): (1) JUAN M. GONZALEZ, 14713 ELAINE AVENUE, NORWALK CA 90650
State of Incorporation: (1) N/A
This business is conducted by an Individual
The registrant commenced to transact business under the fictitious business name or names listed above on N/A
I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.)

S/ JUAN M. GONZALEZ, OWNER
This statement was filed with the County Clerk of Los Angeles on JANUARY 25, 2017
NOTICE-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form.
The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (see Section 14411 et. seq., Business Professions Code).

The Downey Patriot 2/9/17, 2/16/17, 2/23/17, 3/2/17

FICTITIOUS BUSINESS NAME STATEMENT File Number 2017028425

THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: (1) DREWS WINDOWS, 10111 WASHINGTON STREET, BELLFLOWER CA 90706, LA COUNTY
Articles of Incorporation or Organization Number (if applicable): AI #ON: N/A
REGISTERED OWNERS(S): (1) ANDREW MICHENER, 10111 WASHINGTON STREET, BELLFLOWER CA 90706
State of Incorporation: (1) N/A
This business is conducted by an Individual
The registrant commenced to transact business under the fictitious business name or names listed above on 01/2017
I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.)

S/ ANDREW MICHENER, OWNER
This statement was filed with the County Clerk of Los Angeles on FEBRUARY 02, 2017
NOTICE-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form.
The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (see Section 14411 et. seq., Business Professions Code).

The Downey Patriot 2/9/17, 2/16/17, 2/23/17, 3/2/17

FICTITIOUS BUSINESS NAME STATEMENT File Number 2017006211

THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: (1) PROPERTY IMPROVEMENT SPECIALIST, 6444 WHITTIER BLVD., LOS ANGELES CA 90022, COUNTY OF LOS ANGELES
Articles of Incorporation or Organization Number (if applicable): AI #ON: N/A
REGISTERED OWNERS(S): (1) PROPERTY IMPROVEMENT SPECIALIST, LLC, 6444 WHITTIER BLVD., LOS ANGELES CA 90022
State of Incorporation: (1) CA
This business is conducted by a Limited Liability Company
The registrant commenced to transact business under the fictitious business name or names listed above on 05/2012
I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.)

S/ NANCY CHAPARRO, OWNER
This statement was filed with the County Clerk of Los Angeles on JANUARY 9, 2017
NOTICE-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form.
The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (see Section 14411 et. seq., Business Professions Code).

The Downey Patriot 1/26/17, 2/2/17, 2/9/17, 2/16/17

FICTITIOUS BUSINESS NAME STATEMENT File Number 2017006953

THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: (1) EXPERT CARGO INTL CO (2) HORSECAR USA CO (3) LOTTO BEEF JERKY CO, 10900 E. 163RD STREET STE# 175A, CERRITOS CA 90703, COUNTY OF LOS ANGELES
Articles of Incorporation or Organization Number (if applicable): AI #ON: N/A
REGISTERED OWNERS(S): (1) JANG SCOTT S, 10900 E. 163RD STREET STE# 175A, CERRITOS CA 90703
State of Incorporation: (1) N/A
This business is conducted by an Individual
The registrant commenced to transact business under the fictitious business name or names listed above on N/A
I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.)

S/ JANG SCOTT S, OWNER

This statement was filed with the County Clerk of Los Angeles on JANUARY 06, 2017
NOTICE-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form.
The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (see Section 14411 et. seq., Business Professions Code).

The Downey Patriot 1/19/17, 1/26/17, 2/2/17, 2/9/17

FICTITIOUS BUSINESS NAME STATEMENT File Number 2017018274

THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: (1) M AND B POOL AND SPA, 1223 WEST DON ST, WILMINGTON CA 90744, LA COUNTY
Articles of Incorporation or Organization Number (if applicable): AI #ON: N/A
REGISTERED OWNERS(S): (1) VINCENT MCCOWAN, 1223 WEST DON ST, WILMINGTON CA 90744
State of Incorporation: (1) N/A
This business is conducted by an Individual
The registrant commenced to transact business under the fictitious business name or names listed above on 07/1998
I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.)

S/ VINCENT MCCOWAN, OWNER
This statement was filed with the County Clerk of Los Angeles on JANUARY 24, 2017
NOTICE-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form.
The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (see Section 14411 et. seq., Business Professions Code).

The Downey Patriot 1/26/17, 2/2/17, 2/9/17, 2/16/17

FICTITIOUS BUSINESS NAME STATEMENT File Number 2017022607

THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: (1) E&S CLEANING SERVICE, 7312 ROSEBERRY AVE, HUNTINGTON PARK CA 90255, LA COUNTY
Articles of Incorporation or Organization Number (if applicable): AI #ON: N/A
REGISTERED OWNERS(S): (1) SILVIA FREGOSO, 7312 ROSEBERRY AVE, HUNTINGTON PARK CA 90255
State of Incorporation: (1) N/A
This business is conducted by an Individual
The registrant commenced to transact business under the fictitious business name or names listed above on 01/2017
I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.)

S/ SILVIA FREGOSO, OWNER
This statement was filed with the County Clerk of Los Angeles on JANUARY 27, 2017
NOTICE-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form.
The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (see Section 14411 et. seq., Business Professions Code).

The Downey Patriot 2/2/17, 2/9/17, 2/16/17, 2/23/17

FICTITIOUS BUSINESS NAME STATEMENT File Number 2017009671

THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: (1) E&A LOGISTICS, 945 E 118TH PL, LOS ANGELES CA 90059, LA COUNTY
Articles of Incorporation or Organization Number (if applicable): AI #ON: N/A
REGISTERED OWNERS(S): (1) NANCY CHAPARRO, 945 E 118TH PLACE, LOS ANGELES CA 90059
State of Incorporation: (1) N/A
This business is conducted by an Individual
The registrant commenced to transact business under the fictitious business name or names listed above on 01/2017
I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.)

S/ NANCY CHAPARRO, OWNER
This statement was filed with the County Clerk of Los Angeles on JANUARY 5, 2017
NOTICE-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form.
The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (see Section 14411 et. seq., Business Professions Code).

The Downey Patriot 1/19/17, 1/26/17, 2/2/17, 2/9/17

FICTITIOUS BUSINESS NAME STATEMENT File Number 2017014793

THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: (1) J&J ATM, 4506 OCANA AVE, LAKEWOOD CA 90713, LA COUNTY
Articles of Incorporation or Organization Number (if applicable): AI #ON: N/A
REGISTERED OWNERS(S): (1) JOHN C LAY, 4506 OCANA AVE, LAKEWOOD CA 90713
State of Incorporation: (1) CA
This business is conducted by an Individual
The registrant commenced to transact business under the fictitious business name or names listed above on 02/2008
I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.)

S/ JOHN C LAY, OWNER
This statement was filed with the County Clerk of Los Angeles on JANUARY 19, 2017
NOTICE-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form.
The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (see Section 14411 et. seq., Business Professions Code).

to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form.
The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (see Section 14411 et. seq., Business Professions Code).

The Downey Patriot 1/26/17, 2/2/17, 2/9/17, 2/16/17

FICTITIOUS BUSINESS NAME STATEMENT File Number 2017011255

THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: (1) ALLEN'S BODY SHOP, 7535 SCOUT AVENUE, BELL GARDENS CA 90201, LA COUNTY
Articles of Incorporation or Organization Number (if applicable): AI #ON: 1981699
REGISTERED OWNERS(S): (1) HIRAD, INC., 7535 SCOUT AVENUE, BELL GARDENS CA 90201
State of Incorporation: (1) CA
This business is conducted by a Corporation
The registrant commenced to transact business under the fictitious business name or names listed above on 07/1998
I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.)

S/ HIRAD, INC., VICE PRESIDENT, ABBAS SHAMS
This statement was filed with the County Clerk of Los Angeles on JANUARY 13, 2017
NOTICE-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form.
The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (see Section 14411 et. seq., Business Professions Code).

The Downey Patriot 1/19/17, 1/26/17, 2/2/17, 2/9/17

NOTICES

SUPERIOR COURT OF CALIFORNIA, COUNTY OF LOS ANGELES
ORDER TO SHOW CAUSE FOR CHANGE OF NAME
CASE NUMBER: VS029828
TO ALL INTERESTED PERSONS: Petitioner Elizaveta Kirillova filed a petition with this court for a decree changing names as follows:
Present name (1) Elizaveta Kirillova to Proposed name (1) Liza Richards
THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

NOTICE OF HEARING
Date: April 5, 2017, Time: 1:30 pm, Department: C
The address of the court is 12720 Norwalk Blvd., Norwalk CA 90650
A copy of this Order to Show Cause shall be published at least once a week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in the county, **DOWNEY PATRIOT** January 03, 2017
Judge Margaret M. Bernal
Judge Of The Superior Court
Petitioner or Attorney, In Pro Per
Elizaveta Kirillova
14047 Jackson Ave
South Gate, CA 90280

The Downey Patriot 1/19/17, 1/26/17, 2/2/17, 2/9/17

SUPERIOR COURT OF CALIFORNIA, COUNTY OF LOS ANGELES
ORDER TO SHOW CAUSE FOR CHANGE OF NAME
CASE NUMBER: VS029956

TO ALL INTERESTED PERSONS: Petitioner Ritchell de Jesus Sy filed a petition with this court for a decree changing names as follows:
Present name (1) Ritchell de Jesus Sy to Proposed name (1) Ritchell Pangliinan De Jesus
THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

NOTICE OF HEARING
Date: April 5, 2017, Time: 1:30 pm, Department: C, Room: 312
The address of the court is 12720 Norwalk Blvd., Norwalk, California 90650
A copy of this Order to Show Cause shall be published at least once a week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in the county, **DOWNEY PATRIOT** January 31, 2017
Margary M. Bernal
Judge Of The Superior Court
Petitioner or Attorney, In Pro Per
Ritchell de Jesus Sy
17904 Gridley Rd
Artesia, 90701, CA
(562) 676-5666
ritcehills@yahoo.com

The Downey Patriot 2/2/17, 2/9/17, 2/16/17, 2/23/17

SUPERIOR COURT OF CALIFORNIA, COUNTY OF LOS ANGELES
ORDER TO SHOW CAUSE FOR CHANGE OF NAME
CASE NUMBER: VS029976

TO ALL INTERESTED PERSONS: Petitioner Eric Rangel Calderon filed a petition with this court for a decree changing names as follows:
Present name (1) Eric Rangel Calderon to Proposed name (1) Eric Rangel
THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

NOTICE OF HEARING
Date: April 12, 2017, Time: 1:30 pm, Department: C, Room: 312
The address of the court is 12720 Norwalk Blvd., Norwalk, California 90650
A copy of this Order to Show Cause shall be published at least once a week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in the county, **DOWNEY PATRIOT** February 6, 2017
Margaret M. Bernal

Judge Of The Superior Court
Petitioner or Attorney, In Pro Per
Eric Rangel Calderon
13651 Rutter Ave Apt A
South Gate, CA 90280

The Downey Patriot 2/9/17, 2/16/17, 2/23/17, 3/2/17

SUPERIOR COURT OF CALIFORNIA, COUNTY OF LOS ANGELES

ORDER TO SHOW CAUSE FOR CHANGE OF NAME
CASE NUMBER: NS033269

TO ALL INTERESTED PERSONS: Petitioner Robert Anthony Gonzales filed a petition with this court for a decree changing names as follows:
Present name (1) Robert Anthony Gonzales to Proposed name (1) Robert Anthony
THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

NOTICE OF HEARING
Date: February 17, 2017, Time: 8:30am, Department: 27
The address of the court is 275 Magnolia, Long Beach, CA 90802
A copy of this Order to Show Cause shall be published at least once a week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in the county, **THE DOWNEY PATRIOT** January 19, 2017
Judge Ross M. Klein
Judge Of The Superior Court
Petitioner or Attorney, In Pro Per
Robert Anthony Gonzales
4643 Falcon Ave.
Long Beach CA 90807
(562) 394-2845
contactrobhere@gmail.com

The Downey Patriot 1/19/17, 1/26/17, 2/2/17, 2/9/17

SUPERIOR COURT OF CALIFORNIA, COUNTY OF LOS ANGELES
ORDER TO SHOW CAUSE FOR CHANGE OF NAME
CASE NUMBER: VS029914

TO ALL INTERESTED PERSONS: Petitioner Jocelyn Quintanilla filed a petition with this court for a decree changing names as follows:
Present name (1) Jocelyn Libilith Rodriguez Quintanilla to Proposed name (1) Jocelyn Libilith Quintanilla
THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described

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luquinthomas@gmail.com

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Deadline is Wednesday at 11:00 am
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ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. On 3/12/2017 at 10:30 AM, CLEAR RECON CORP., as duly appointed trustee under and pursuant to Deed of Trust recorded 9/12/2006, Instrument No. 06 0495639, of Official Records in the office of the County Recorder of Los Angeles County, State of CALIFORNIA executed by: DAVID ESCALANTE, A SINGLE MAN WILL SELL AT PUBLIC AUCTION TO HIGHEST BIDDER FOR CASH, CASHIER'S CHECK DRAWN ON A STATE OR NATIONAL BANK, A CHECK DRAWN BY A STATE OR FEDERAL CREDIT UNION, OR A CHECK DRAWN BY A STATE OR FEDERAL SAVINGS AND LOAN ASSOCIATION, SAVINGS ASSOCIATION, OR SAVINGS BANK SPECIFIED IN SECTION 5102 OF THE FINANCIAL CODE AND AUTHORIZED TO DO BUSINESS IN THIS STATE: BEHIND THE FOUNTAIN LOCATED IN CIVIC CENTER PLAZA, 400 CIVIC CENTER PLAZA, POMONA, CA 91766 all right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County and State described as: AS MORE FULLY DESCRIBED ON SAID DEED OF TRUST. The street address and other common designation, if any, of the real property described above is purported to be: 12016 BULLIS ROAD LYNWOOD, CA 90262. The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be held, but without covenant or warranty, express or implied, regarding title, possession, condition, or encumbrances, including fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust, to pay the remaining principal sums of the note(s) secured by said Deed of Trust. The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is: \$292,282.17. If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee, and the successful bidder shall have no further recourse. The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale, and a written Notice of Default and Election to Sell. The undersigned caused said Notice of Default and Election to Sell to be recorded in the county where the real property is located. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call (844) 477-7869 or visit this Internet Web site WWW.STOXPOSTING.COM, using the file number assigned to this case 046792-CA. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. FOR SALES INFORMATION: (844) 477-7869 CLEAR

RECON CORP. 4375 Jutland Drive Suite 200 San Diego, California 92117

The Downey Patriot 2/21/17, 2/29/17, 2/16/17

T.S. No. 012655-CA APN: 6283-019-051 NOTICE OF TRUSTEE'S SALE Pursuant to CA Civil Code 2923.3 IMPORTANT NOTICE TO PROPERTY OWNER: YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED 9/12/2006. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. On 2/22/2017 at 10:30 AM, CLEAR RECON CORP., as duly appointed trustee under and pursuant to Deed of Trust recorded 10/4/2006, as Instrument No. 06 2212435, of Official Records in the office of the County Recorder of Los Angeles County, State of CALIFORNIA executed by: SARKIS GONCUOGLU, AN UNMARRIED MAN, AND ARDAS YANIK, A MARRIED MAN, AS HIS SOLE AND SEPARATE PROPERTY, AS JOINT TENANTS WILL SELL AT PUBLIC AUCTION TO HIGHEST BIDDER FOR CASH, CASHIER'S CHECK DRAWN ON A STATE OR NATIONAL BANK, A CHECK DRAWN BY A STATE OR FEDERAL CREDIT UNION, OR A CHECK DRAWN BY A STATE OR FEDERAL SAVINGS AND LOAN ASSOCIATION, SAVINGS ASSOCIATION, OR SAVINGS BANK SPECIFIED IN SECTION 5102 OF THE FINANCIAL CODE AND AUTHORIZED TO DO BUSINESS IN THIS STATE: BEHIND THE FOUNTAIN LOCATED IN CIVIC CENTER PLAZA, 400 CIVIC CENTER PLAZA, POMONA, CA 91766 all right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County and State described as: LOT 33 OF TRACT NO. 14568, IN THE CITY OF DOWNEY, COUNTY OF LOS ANGELES, STATE OF CALIFORNIA, AS PER MAP RECORDED IN BOOK 357, PAGES 21 TO 24 INCLUSIVE MAPS IN THE OFFICE OF THE COUNTY RECORDER OF SAID COUNTY, EXCEPT THEREFROM ALL OIL, OTHER HYDROCARBONS, GAS AND OTHER ASSOCIATED SUBSTANCES AND OTHER MINERALS AND KINDRED SUBSTANCES LYING UNDER SAID LAND, TOGETHER WITH THE RIGHT TO ENTER THE SUBSURFACE OF SAID LAND AT ANY POINT 500 OR MORE VERTICAL FEET BELOW THE SURFACE THEREOF, BUT WITHIN THE RIGHT TO ENTER UPON OR FROM THE SURFACE OF SAID LAND, AS RESERVED BY MARGARET A. PARRICK, A WIDOW, IN DEED RECORDED SEPTEMBER 11, 1968 AS INSTRUMENT NO. 1894, OFFICIAL RECORDS. The street address and other common designation, if any, of the real property described above is purported to be: 12641 CORNUTA AVENUE DOWNEY, CA 90242. The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be held, but without covenant or warranty, express or implied, regarding title, possession, condition, or encumbrances, including fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust, to pay the remaining principal sums of the note(s) secured by said Deed of Trust. The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is: \$566,741.80. If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee, and the successful bidder shall have no further recourse. The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale, and a written Notice of Default and Election to Sell. The undersigned caused said Notice of Default and Election to Sell to be recorded in the county where the real property is located. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or

may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call (844) 477-7869 or visit this Internet Web site WWW.STOXPOSTING.COM, using the file number assigned to this case 012655-CA. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. FOR SALES INFORMATION: (844) 477-7869 CLEAR RECON CORP. 4375 Jutland Drive Suite 200 San Diego, California 92117

The Downey Patriot 1/26/17, 2/21/17, 2/16/17

NOTICE OF TRUSTEE'S SALE Trustee Sale No. : 00000006348742 Title Order No.: 730-1610622-70 FHA/VA/PMI No.: 197-3708824 952 ATTENTION RECORDER: THE FOLLOWING REFERENCE TO AN ATTACHED SUMMARY APPLIES ONLY TO COPIES PROVIDED TO THE TRUSTOR, NOT TO THIS RECORDED ORIGINAL NOTICE. NOTE: THERE IS A SUMMARY OF THE INFORMATION IN THIS DOCUMENT ATTACHED YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED 02/22/2008. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. BARRETT DAFFIN FRAPPIER TREDER and WEISS, LLP, as duly appointed Trustee under and pursuant to Deed of Trust Recorded on 02/29/2008 as Instrument No. 20080352719 of official records in the office of the County Recorder of LOS ANGELES County, State of CALIFORNIA, EXECUTED BY: JOHN ROGER ZAVREL, A SINGLE MAN, WILL SELL AT PUBLIC AUCTION TO HIGHEST BIDDER FOR CASH, CASHIER'S CHECK/CASH EQUIVALENT or other form of payment authorized by California Civil Code 2924(b), (payable at time of sale in lawful money of the United States). DATE OF SALE: 03/06/2017 TIME OF SALE: 11:00 AM PLACE OF SALE: BY THE FOUNTAIN LOCATED AT 400 CIVIC CENTER PLAZA, POMONA, CA 91766. STREET ADDRESS and other common designation, if any, of the real property described above is purported to be: 10507 SHELLYFIELD ROAD, DOWNEY, CALIFORNIA 90241 APN#: 6285-022-002. The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be held, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust, with interest thereon, as provided in said note(s), advances, under the terms of said Deed of Trust, fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust. The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is \$289,712.12. The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale, and a written Notice of Default and Election to Sell. The undersigned caused said Notice of Default and Election to Sell to be recorded in the county where the real property is located. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand

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ATTEMPTING TO COLLECT A DEBT. ANY INFORMATION OBTAINED WILL BE USED FOR THAT PURPOSE. BARRETT DAFFIN FRAPPIER TREDER and WEISS, LLP as Trustee 20955 Pathfinder Road, Suite 300 Diamond Bar, CA 91765 (866) 795-1852 Dated: 01/30/2017 BARRETT DAFFIN FRAPPIER TREDER and WEISS, LLP 4004 Belt Line Road, Suite 100 Addison, Texas 75001-4320 Telephone: (866) 795-1852 Telecopier: (972) 661-7800 A-4607884 02/02/2017, 02/09/2017, 02/16/2017

The Downey Patriot 2/21/17, 2/29/17, 2/16/17

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Paramount middle school students get taste of college life



PARAMOUNT – Frank J. Zamboni Middle School students enrolled in a college-readiness program gained a taste of college life during a guided tour of the University of Southern California on Jan. 23, posing questions to students, receiving USC lanyards and lunching in a dining hall.

Nearly 50 Zamboni seventh- and eighth-grade students in the Advancement Via Individual Determination (AVID) program

visited the Rossier School of Education, the Annenberg School for Communication and Journalism, the John McKay Center and the USC Book Store.

“Zamboni students are ambitious and eager to succeed,” Zamboni Principal Sue Saikaly said. “Our AVID students travel as a cohort. They have grown together and have learned to positively motivate and assist each other in achieving.”

AVID is a two-day-a-week elective that prepares students for the rigors of secondary and higher education coursework. AVID students develop habits and skills that increase their ability to process knowledge, and learn strategies for effective reading, writing, thinking and speaking.

The goal of AVID students is to meet or exceed high school graduation requirements and to complete all UC/CSU entrance requirements. AVID students also receive assistance with college applications and enrollment.

Zamboni students found themselves well prepared for their visit to USC, asking student guides questions about the quality of life at a big university, inquiring about the size of the student body and the cost of residing in dormitories.

The students received a wake-up call while perusing textbooks and school apparel at the book store, noting that attending college involves expenses well beyond tuition and nutrition.

“The students were a bit surprised at how expensive things were,” Zamboni AVID coordinator Tamara Calero-Hill said. “But that just makes them more determined to acquire the skills necessary to attend a four-year university. When they received pens and lanyards from the journalism school they were so excited. It made them feel like they were already attending college.”

AVID students have good reason to believe they will matriculate to college. AVID elective students complete four-year college entrance requirements at a rate at least twice the national average. In 2014, 91 percent of AVID elective seniors enrolled in two- or four-year colleges and universities, with 61 percent enrolling in four-year schools.

“Paramount Unified School District is committed to closing the achievement gap and giving all of our students the opportunity to fulfill their dream of a college education,” PUSD Superintendent Dr. Ruth Pérez said. “Our AVID program is staffed with the finest educators in their field, who work tirelessly to help our students to acquire the skills necessary to turn those dreams into reality.”

La Mirada student wins NASCAR award

LA MIRADA – Zooming across a black-and-white checkered finish line at 140 miles an hour in a 400-horsepower car is not unusual for La Mirada High School sophomore Ryan Vargas, who’s been racing since he was 11.

“Growing up, I always loved monster trucks, demolition derbies and Thomas the Tank Engine,” Ryan said. “When my dad took me to a NASCAR event at Irwindale Speedway, I found out that kids could actually race cars and saw it as an opportunity to do something I loved.”

Since then, Ryan has tied for national championships in the Bandolero division in 2014, set five track records across Nevada, California and Arizona, and earned Rookie of the Year in 2015 at The Bullring at Las Vegas. In 2016, he competed in 27 races, placing in the top five 12 times and top 10 25 times, along with reaching fifth place in the California state standings.

Most recently, he was awarded the Wendell Scott Trailblazer Award by NASCAR, which recognizes a high-performing minority or female driver contributing on and off the track in the NASCAR Whelen All-American Series.

“I’m just really, really thankful,” Ryan said. “Being selected to receive this amazing award is such an honor in my life and in my career.”

Racing cars also gave Ryan an opportunity to raise awareness of Down syndrome. In November of 2016, Ryan met a family whose son, Zachary, was born with Down Syndrome. When Ryan found out the family was involved with the nonprofit organization The Upside of Down, he decided to support the cause.

“When I saw Zachary playing with my old monster truck cars, I wanted to give him the experience that I have when I’m racing cars,” Ryan said. “I want to support their cause to make people aware of Down syndrome and grasp hold of what to expect when they have a child with Down Syndrome.”

If he’s not at a race track, Ryan’s spending his time maintaining a 4.0 gpa and studying for two honors classes and a pre-Advanced Placement course. After school, he’s practicing and competing on La Mirada High’s track and field team. This is all on top of finding racing sponsorships and funding, which typically go toward new tires and fuel for every race.

“I know racing takes a lot of effort and time from me and my parents, and I’m always going to work my hardest because I know my parents are doing the same for me,” Ryan said. “My parents are working overtime to support my racing and I can’t be more thankful for their support.”

Ryan wants to eventually move up the ranks in NASCAR, and if he’s unable to reach the top tiers, he’ll still find a career working with automobiles.

“I love cars – I always have as a kid and I still do now,” Ryan said. “That will never change.”

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Slim Tanner passes away at 100

DOWNEY – Slim Tanner, born Homer Archibald Tanner, died peacefully on Jan. 20. He was 100 years old and just six weeks short of his next birthday.

A life-long musician, Slim earned a Bachelor of Arts in Science/Music and a Masters Degree in Fine Arts from the University of Houston. During his professional career, Slim played for the Houston Symphony for a year but quit for a better paying gig with a comedy band, getting an extra \$5 a show for falling out of a canoe and into the river during the performance. He also traveled with a circus band by train.

During his years in the military, he played with Dave Brubeck. Additionally, he played in numerous other organizations and with many other notable professionals.

Born into a family of gifted musicians, he traveled the road in a bus with his brothers and dad during the late thirties. They were known as "The Kentuckians."

After retiring, he and his brother, Don, formed a band, the Tanner Brothers, who played once a week at the Mayflower Ballroom for approximately 20-25 years. Slim was also a past president in his 50-year membership with Toastmasters.

He is survived by his daughter, Janet Tanner-Nielsen, his son, John Tanner, and his granddaughter, Samantha Omana. He was beloved by his companion, Tiny Todd, with whom he spent 31 years. They spent many years performing musical dancing revues with Tiny's dance groups, the Dancing Grandmas, then Tiny's Troopers.

Slim grandfathered Tiny's grandchildren, Crystal Tichnor, Michelle Miller, and Rigo Todd, who also mourn his loss. He was step-father to Michael, Steven, Patrick Todd, and to Vicki Gunderson.

Downey resident and WWII vet Ken Thompson marks 100th birthday

Photo courtesy Councilman Rick Rodriguez



Planning Commission on Wednesday to consider 140-room hotel

DOWNEY – The Downey Planning Commission on Wednesday will consider a proposal by Marriott to build a four-story, 140-room hotel on Firestone Boulevard, across from Stonewood Center.

The hotel would be a branded Marriott Springhill Suites and built on publicly-owned land at 9062 Firestone Blvd., between Dunkin' Donuts and Fallas Paredes.

The City Council authorized negotiations with Kamla Hotels Inc. and Sharad Patel in 2015 to sell the land to facilitate the hotel.

The vacant land was appraised at \$2.525 million in April 2015, and that was the agreed upon purchase price, officials said.

Facing a shortage of hotel rooms, Downey has been searching for a nationally-branded hotel to develop the site for several years.

In February 2015, the city received three development proposals; one was deemed incomplete and the other did not offer "as desirable of a hotel brand," officials said. The third



proposal came from Kamla Hotels. Wednesday's Planning Commission meeting begins at 6:30 p.m. inside council chambers at City Hall.

The Springhill Suites in Downey is anticipated to be four stories with a rooftop bar, business center, indoor pool and spa, and more than 3,000 sq. ft. of meeting space.

Eric Pierce, editor

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