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HALL OF FAME HONORS

Hanford Rants, Herb Welch, Roger Emerson inducted into Warren High Hall of Fame

DOWNEY -- Three former students were inducted into Warren High School's Hall of Fame on Friday.

The alumni -- Roger Emerson, Hanford Rants and Herb Welch -- were enshrined during a ceremony in the school library hosted by Principal Laura Rivas. It was the school's fourth annual Hall of Fame induction ceremony.

Roger Emerson, a Warren High graduate Class of 1968, is a professional composer. He is also an arranger with over 900 choral titles in print and over 30 million copies in circulation.

Emerson is the most widely performed composer/arranger of popular choral music in the world today. His works include the choral arrangements of Josh Groban's "You Raise Me Up," "Seasons of Love" from Rent, "Defying Gravity" from Wicked, "Joyful, Joyful" from Sister Act, "Don't Stop Believin'" from Glee, and most recently, "My Shot" from Hamilton.

Emerson has been the recipient of ASCAP's Standard Award for 20 years running and his works have been performed at the White House, Carnegie Hall and the Kennedy Center. He is in constant demand as a lecturer on pop music and the changing voice, and has appeared at numerous National Education of Music Education and American Choral Directors Association conferences.

The second inductee, **Hanford Rants**, was born in 1923 in a small house his dad built for \$500 for their family in Ahtanum, Washington. He had two brothers, Lauren and Coe. When he graduated from high school,



Three alumni were inducted into Warren High School's Hall of Fame on Friday. From left: Jay Rants (representing his father, the late Hanford Rants), Herb Welch and Roger Emerson.

his goal in life was to become a foreman at the local warehouse, but there were bigger plans in store for him.

At the age of 20, Rants joined the Army, beginning with basic training in Hawaii and in Australia, then spending two and a half years overseas in the infantry in New Guinea and the Philippines. Rants later wrote a book about his adventures and experiences during his time in the army.

While overseas, Rants became pen pals with a young woman named Shirley Viken. When his ship docked in Tacoma, Washington, in 1945, he met Shirley and they got married shortly after. Rants attended Washington State College and after graduation, he decided to become a teacher.

In the summer of 1945, Rants moved to Norwalk, where he became the vice principal and principal at South Junior High until opening West Junior High in 1956. In 1961, Rants became the principal at Warren High School and after seven years decided to transition to Gahr High School in the fall of 1968. Retiring in 1981, Rants later became principal at Brethren High School and eventually had to step down because of health reasons.

Herb Welch, the third and final inductee, graduated from WHS in 1979. A former NFL player, Welch played for the New York Giants for five years, one for the Washington Redskins and three years for the Detroit Lions. He then went on to play and coach for the Sacramento Surge in the NFL's World Football League.

After graduating from WHS in 1979, Welch attended Cerritos Junior College for two years, playing football and running track while receiving his AA degree. He then accepted a football scholarship to UCLA where he played and won two Rose Bowls, a Fiesta Bowl Championship and graduated with a degree in History.

Welch was then drafted by the New York Giants in 1985. In his first season, he was named the starting nickel back, also played strong safety, free safety, corner back and special teams. In his second-year, Welch became the starting free safety for the Giants and started in Super Bowl XXI (21).

After his football career ended, Welch eventually relocated to Southern California, ultimately settling in Santa Barbara with his lovely wife Katie and their four

boys. He is currently the CEO of Santa Barbara Orthopedic Associates; a position he has held for the past 12 years. In addition to managing medical practices for the last 20 years, Welch has also overseen the design, development and opening of over a dozen medical facilities with a combined workforce of over 150 employees.

He has also continued to follow his love for football by volunteering as a coach for the last 25 years at the local high schools where he has affected the lives of hundreds of young men. Welch also participates in hundreds of football camps and charity events, including the NFL's "Play 60" Movement, President Ronald Reagan's "Just Say No to Drugs" campaign and as an Ambassador for the Special Olympics.

In its fourth year, Warren High School's Hall of Fame monument was built in the shape of a compass with four paths that lead to and from the school's academic seal. The compass represents directionality. The past and present students of Warren have come from many places; some were born in the city of Downey and others a world away. Not only have the students come from various locations, but they

leave Warren to make their mark on the world, each in their own unique way.

The academic seal, which represents WHS, is positioned in the center of the compass because Warren is what unifies all the inductees. In every direction Warren graduates have gone, those who have left a significant positive impact are being brought back to be inducted into the Hall of Fame.

The pavers represent those that have contributed to the lives of students along the way. Engraved into the stones will be the names of retired faculty that have helped pave the way to success for the graduates of WHS. Each year, one former faculty member will be honored for the significant impact they made to the culture of WHS and the students that walked its halls.

"The Hall of Fame monument has been strategically placed where thousands of students and teachers pass each day," expressed Principal Rivas. "May this monument be an inspiration to all of Warren's staff and students, and may they strive to work hard and dream big so that one day, they too might find their name engraved in the Hall of Fame."

Charles Phoenix to help light Apollo space capsule

DOWNEY -- Retro humorist Charles Phoenix will be in Downey next weekend for a holiday lighting ceremony at the Columbia Memorial Space Center.

On Dec. 3 at 4:30 p.m., Phoenix will preside over a ceremony to light up the iconic Apollo space capsule.

The bright idea to cover the capsule in classic old-fashioned outdoor Christmas lights came when Phoenix asked space center director Ben Dickow, "Has anyone ever lit up an Apollo space capsule like a Christmas tree before?"

To which Dickow responded, "I don't think so. Let's do it!"

There will be Christmas carols along with coffee and hot chocolate. Guests are asked to bring donuts to exchange.

Festive outerspace holiday dress is encouraged.

For questions or more

information, call the space center at (562) 231-1200.

HEALTH SCREENINGS: Health screenings will be offered at Redeemer Covenant Church of Downey on Dec. 15.

The screenings are offered by Life Line Screening company and can check for:

- Plaque build up in arteries
- HDL and LDL cholesterol levels
- Diabetes risk
- Bone density as a risk for osteoporosis
- Kidney and thyroid function

Packages start at \$149, or consultants are available to create screenings tailored to a person's individual needs.

Pre-registration is required by calling (877) 237-1287.

CHRISTIAN MEETING: The Downey Christian Women's Club

will celebrate Christmas at its Dec. 14 meeting, starting at 11:30 a.m. at Los Amigos Country Club.

"Christmas Songs and Poems with Diane Pearce" is the meeting's special feature. Guest speaker is floral designer Bee Bareng, whose topic is "When Life Gives You Flowers."

Admission is \$15 and includes a buffet lunch. Reservations are requested by calling Helen at (562) 864-7319.

Men are invited.

DISMUKES HOUSE: The historic Dismukes House at Apollo Park will host its annual Christmas Open House on Saturday, Dec. 17, from 10 a.m. to 2 p.m.

The home is operated by the Downey Historical Society, which is hosting the open house.

PRAYERS: Bellflower Unified's

Board of Education is inviting the community to share messages of inspiration at the beginning of monthly board meetings.

The effort is part of a new board practice designed to expose meeting participants to a diversity of perspectives, encourage participation in the democratic process and to inspire board members as they discuss issues of significance to the Bellflower Unified community.

The board asks speakers to take a serious and solemn approach to their message and to respect the faiths and beliefs of others, while adhering to the two-minute duration of the Inspirational Message.

Speakers, who will be chosen randomly, may also include a moment of silence, and may also be asked to lead the Pledge of Allegiance.

Community members who wish to volunteer may complete an online application at www.busd.k12.ca.us.

busd.k12.ca.us.

SANTA CLAUS: Downey is now taking sign-ups for its "North Pole is Calling You" program in which Santa Claus calls kids ages 4-8.

Santa will make the phone calls Dec. 13 or Dec. 14 between 6-7 p.m. He'll have a brief chat with the child, hear their wishes and "check with Santa's Workshop" to see what he can do.

The program is free for Downey residents. To participate, parents should fill out a registration card available at the Parks and Recreation office located at 7850 Quill Drive.

The cards will be available starting Dec. 6 and are due back by Dec. 12 at 5 p.m.

For questions or more information, call (562) 904-7238.

Weekend at a Glance

Friday 74°

Saturday 62°

Sunday 62°

THINGS TO DO



Christmas Parade

Sunday - Whittier Boulevard in East L.A., 12-5 pm

Floats, marching bands, equestrian units, and celebrity guests.



Tamale Festival

Sunday - La Habra's Portola Park, 11 am to 6 pm

Tamale vendors, demonstrations, food vendors, and live performances by the Mariachi Divas.



Santa Claus

Saturday - Norwalk Square, 12 pm

Santa Claus arrives by helicopter. Free train rides, carnival games, snow play and pony rides.



Tour Downtown L.A.

Sunday - Union Station, 11 am

Join Charles Phoenix on a 6-hour walking and bus tour of historic downtown L.A. \$129



Rockabilly Extravaganza

Saturday - Riverside Municipal Airport, 9 am to 7 pm

Cars, bikes, pinup contests, pedal car contest, freak show and more. Family friendly, all ages

TWEETS OF THE WEEK

@ABC7: WWII veteran, pet Chihuahua reunited after she was stolen in Downey

@DowneyPolice: We would like to thank Cal-Trans for installing the Officer Ricardo Galvez memorial highway signs on the 5 freeway today.

Follow us! @DowneyPatriot

What are you thankful for this Thanksgiving?

We asked our Facebook readers to count the blessings in their lives. These are their responses.

Matt N Lita Ramirez: Although a struggling season in our life this year, I am thankful for my husband as he is my pillar, for our children that keep us going. For our church family at First Baptist Church of Downey that have not only rode this season with us but have encouraged us during this time. For the world's best neighbor and city worker Lisa Fox, blessed by her willingness to help our family and others within the Downey Community. For our Best Friends, Martin & Kelly Garcia and Forrest and Jennifer Hartl who have been of huge encouragement to the Ramirez's. Lastly but most importantly, our Lord Jesus Christ who has started a good work in us, is with us, sustains us and loves us. Thankful for all of His provisions. Happy Thanksgiving

Jessica Alvarado: God has blessed me with two beautiful, healthy girls that I love more than life itself. God has blessed me with the ability to work, and have food on the table. God has blessed me with my soulmate and a new family that has embraced us with so much love. For that I am forever thankful.

Alicia Edquist: Thankful for my family, friends, a place to live and jobs. Thankful that God has healed the brokenness in my heart from all the loss of family in the last couple years. So much to be thankful for this year.

Diane Huff: I am thankful for my family, my home, and for my students at Stauffer Middle School. Happy Thanksgiving!

Donna Marie Nunez: I'm THANKFUL that I've learned to fully receive & give God's Grace!

Dianna Barajas: I'm thankful for my sister fostering 2 beautiful twins that get to spend thanksgiving with us

Rachel Frances Reyes: My family, my health and the roof we have over our heads.

Maria Lara Michel: I'm thankful that we have a roof over our heads, food on the table and a beautiful healthy family

Diana George: Thankful for my family and having God in my life. My job and all the friends I have met this year. But most of all for

having my dad another year

Bill Aumack: Despite all the post-election fury, I'm grateful I live in a country where I can vote. I'm also grateful for our freedom to worship and my church family at Downey Seventh-day Adventist Church.

Jim Fountain: My wife, Carolyn Benson Fountain, and I are thankful for our Lord, Jesus Christ, and First Baptist Church of Downey. We're also thankful for the sons, daughters-law, and grandchildren God has provided. May God bless you and yours throughout Thanksgiving and the rest of 2016 and beyond.

Maria Phipps: I'm still alive / healthy family / and that my pet scans keep coming back negative

Paul Vet: Downey Police Department

Jacqueline Mejia: A supportive community in Downey, the love of my family, my two dogs Max and Rico, and friends who have become family

Ken Cook: I'm thankful that the election is finally over.

Diana Carbajal: Family, friends and being part of a wonderful community of Downey that cares for one another

Pat Heineke: Family, friends, and this year especially that my husband survived sudden illness that is usually fatal.

Mike Pope: I'm thankful for having such a great community to work for and great people to work with! Happy Thanksgiving!!

Ralph Verdugo: I am thankful for God.

Denise Juarez: I am so Thankful having my son home for Christmas. He is transitioning out of the Army after 10 years.

Mary Skill: I am thankful for my husband Cameron, our 2 beautiful daughters and my sister. My bond of friendship with neighbors Nancy and Ed are friends that I am so lucky to also call family. Downey Elks, Downey Emblem Club and Downey Rose Float Club are my extended family and how blessed we are to have each other.

Kim Sodevani: So thankful for the health of my family and all answered prayers. My husband, children, job...

Eric Pierce: I am of course grateful for my wife, friends, family and health. But I am also grateful for text messaging, electronic signatures, Luke Walton, Taco Tuesday, individual Netflix profiles and avocados

Pam Chambers: I'm thankful for my loving family and most thankful for my grand children especially my granddaughter who is serving in the United States Navy.

Mario Persico: I am thankful to God for all his blessings in every aspect of my life.

Marcela Arrieta: I am thankful for my family, health, love and abundance.

Carlos Sotomayor: I am thankful for my family, health, love and abundance.

Grace Ferrone: My family and friends regardless of how they voted.

Johnny del Cid: I am thankful for the trials that made me stronger, family and friends how stood by my side and make me better and my mom for being a hero every day!

Annie Casey: My family and friends.

Marisol Alarid: I am thankful for God and all that he teaches us. Thankful for life, love.

Mario Guerra: I'm thankful for my faith, family and friends. But especially for our community and amazing country. Despite our wars at times we are still the greatest country in the history of man. We are truly blessed.

Lee Ann Sears: I'm thankful for life in general.

Blanca Rochin: Faith, family, friends and good health!

London Stevenson: Life, Liberty, God, Family, and the Pursuit of Happiness.

Irene Hesse: All the people that have been put in my path they are all a blessing in my life.

Lorine Parks: Sunshine and the chance to try again. Never give up.

Elaine Langsdorf: Faith, family, friends, good neighbors, health and a roof over my head.

Catherine Page: My husband and family, my health, that I am able to work in a profession I love, and that I have the opportunity and ability to give back to causes that are dear to me.

Marie Garcia: I'm thankful for my health, for employment, my husband and kids!

Ruben Salgado: I am thankful for laughter, except when milk comes out of my nose.

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Downey runners finish 19th at CIF Finals

■ **SPORTS:** Lady Vikings complete season after advancing to CIF Finals for first time.

By Mark Fetter
Contributor

DOWNEY – The Downey High School girls' cross country team ran last Saturday in the C.I.F. Division One Final at 10:05 a.m. and finished 19th overall in a team time of 1:35:36.

I incorrectly reported last week that Downey had been eliminated with their 8th place finish in the Division One Heat 3 Race. Downey did in fact qualify and advanced to run again.

C.I.F. expanded their finals qualifications to 24 teams for the 2016 season. Last season 16 teams qualified for the C.I.F. Division One Final. The Downey girls' cross country team did qualify from Prelims last week and was the only team to advance to the C.I.F. Division One Final.

Downey finished the Division One Final in a team time of 1:35:36. The girls smashed their Prelim time of 1:38:01 ran just a week before. Senior Morelia Venegas finished 78th overall in a time of 18:50:05, sophomore Laura Velasco finished 93rd in a time of 19:04:4, junior Adriana Higuera finished 95th in a time of 19:04:7, senior Brianna Orozco finished 101st in a time of 19:09:1 and senior Elsa Delgado finished 114th in a time of 19:27:8.

Great Oak finished first in a time of 1:26:12 and Downey finished 19th in a time of 1:35:36. The Lady Vikings defeated Foothill 1:35:57 (20th), Rancho Cucamonga 1:36:03 (21st), Chino Hills 1:36:26 (22nd), Santa Monica 1:37:11 (23rd) and La Serna 1:38:09 (24th).

The Downey girls' cross country team certainly finished their season on a high note. Coach Gleason is extremely proud of his team's accomplishment this season. This

finish marks Downey's first time qualifying for the C.I.F. Final. Coach Jay Waldron of Warren High School would also like to congratulate the Lady Vikings on a job well done.

■ The Downey High School football team saw their season come to an end last Friday night at Downey with a 35-21 loss to Charter Oak.

The Vikings finished their 2016 season with an overall record of 10-2 and were 5-0 in S.G.V.L. play. Downey is the 2016 league champion.

In the Charter Oak game, the Chargers raced out to a 14-0 lead and led by that same score at the end of the first quarter. Downey scored two touchdowns in the second quarter and Charter Oak added a third touchdown to take a 21-14 lead into the locker room at halftime.

Charter Oak scored another touchdown in the third quarter and held the Vikings scoreless. The Chargers led 28-14 at the end of the third quarter. Both teams scored a touchdown in the fourth quarter and the game concluded with a 35-21 win for Charter Oak. Charter Oak will now play Sierra Canyon (12-0, 3-0) in the semifinal round of the C.I.F. Division 4 playoffs. Sierra Canyon defeated Redondo Union in triple overtime last week 41-34 to advance.

Viking quarterback Trevor Hill completed 17/40 pass attempts for 238 yards. Hill had two touchdown passes with five interceptions. The Viking ground game accumulated 147 yards on 30 carries. Trevor Hill had eight carries for 42 yards, Baraq Ross had ten carries for 36 yards and Asfunso Elam had eight carries for 63 yards.

The Viking receiving corps were led by Tony Ramirez's four catches for 68 yards and one touchdown, Christopher Atkins' 4 catches for 21 yards, Baraq Ross' two catches for 35 yards and one touchdown,

Joseph Alex's two catches for 27 yards and Ryder Hawkins' one catch for 34 yards.

Coach Williams and his staff are extremely proud of this year's team and all that they have accomplished.

■ The second rotation of boys' volleyball and girls' soccer has concluded for middle school sports and several city championships have been claimed.

Sussman claimed a city championship in 8th grade boys' volleyball, Griffiths claimed city championships in 7th and 6th grade volleyball, Griffiths and Stauffer each claimed co-championships in 8th grade varsity girls' soccer and Doty claimed a city championship in 7th and 6th grade junior varsity girls' soccer.

The Sussman 8th grade boys' volleyball team finished their season with a record of 6-0, Doty finished second with a record of 3-3, Griffiths finished third with a record of 2-4 and Stauffer finished fourth with a record of 1-5.

The Griffiths 7th grade boys' volleyball team finished their season with a record of 6-0, Stauffer finished second with a record of 3-3, Sussman finished third with a record of 2-4 and Doty finished fourth with a record of 1-5.

The Griffiths 6th grade boys' volleyball team finished their season with a record of 5-1, Stauffer and Sussman finished tied for second with records of 3-3 and Doty finished fourth with a record of 1-5.

The Griffiths and Stauffer varsity girls' soccer teams finished their seasons with records of 5-1 and split the city championship, Doty finished third with a record of 2-4 and Sussman finished fourth with a record of 0-6.

The Doty junior varsity girls' soccer team finished their season with a record of 6-0, Stauffer

finished second with a record of 2-3-1, Griffiths finished third with a record of 2-4 and Sussman finished fourth with a record of 1-4-1.

Middle school sports will now turn their attention to the third rotation of boys' and girls' basketball and boys' soccer. Eight teams from each school will be represented and eight championships will be up for grabs.

■ The fall 2016 sports seasons have come to a close at Warren High School and it is now on to the winter sports.

Boys' and girls' cross country, football, girls' golf, girls' tennis, girls' volleyball and boys' water polo have all concluded their respective seasons. Some teams earned league championships and others did not.

The winter sports have already begun practicing. Boys' and girls' basketball, boys' and girls' soccer, wrestling and girls' water polo are all getting ready for preseason games and holiday tournaments. Some teams will earn league championships and others will not. That is why these teams compete... to find out who is the best and who is not.

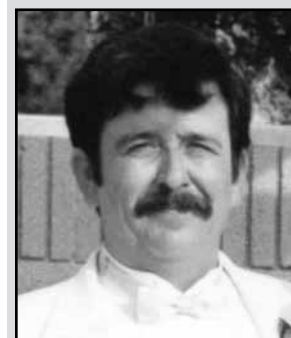
While many students and teachers are planning upcoming holiday vacations, many players and coaches are busy holding workouts both on and off campus. This is the time of year when high school gyms are fully scheduled with six different teams rotating in and out, varsity, junior varsity and freshmen teams for both boys and girls.

Soccer fields or "pitches" are fully scheduled with six different teams rotating on and off dividing time. Two different wrestling rooms are building up heat and sweat as wrestlers work-out and cut weight. The girls' water polo team is also swimming laps and practicing strategy off-campus due to the state of the art new pool being built right in the middle of campus.

In Memory of

Mark David Montgomery

November 26, 1955 - October 31, 2016



Mark David Montgomery, a resident of Brea, California passed away on Monday October 31st, 2016.

He was raised in Downey and graduated from Warren High School in 1975. He is survived by his wife Karyn; his daughters Jennifer and Stacie; his mother Jackie; his sisters Susan and Tami; and several nieces and nephews.

Please join his family and friends in celebrating his life on Saturday December 3rd at one of his favorite places Del Rio Lanes (Downey) between 1 and 3 pm.

In Memory of

Ed Egge

December 11, 1946 - November 13, 2016



Ed Egge passed away peacefully with his family by his side on Sunday the 13th.

The super moon was beginning to rise and the glorious sunset the night before was calling him home.

Ed was born to Edward & Gwendolyn Egge in Artesia California on Dec. 11, 1946. He attended school in Compton

and began working with his father at the family business, Egge Marine Service in 1955. There he would spend his professional life, retiring in 2012. Ed moved to Downey in the mid 60's and remained in our town for the rest of his life. He became very involved with the Downey United Methodist Church in the mid 70's and was a faithful, dedicated member for the rest of his life. Ed enjoyed volunteering his time at the church, if Ed called upon you for a job at the church, you could never say no and you knew you were going to get dirty, but the effort & fellowship was worth it. Ed was a member of the Downey Elks and coached many of our Downey youth in baseball. He loved camping, fishing, hunting, golfing with his son Jason, his beloved dogs & traveling, but above all he loved his wife Nancy. He was a great neighbor, friend, husband and mentor. He was a rock, consistent, dependable & solid. Ed leaves behind his wife Nancy Egge, his two sons Brian & Jason and his sister Roberta Gera.



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Keep term limits

Dear Editor:

When the newly-elected City Council is sworn in on Dec. 13, it will be a great day of celebration for the winners. Most will serve four years, and some will serve eight years.

I would like to remind the new members of the council that one of the main reasons for the elections was the enactment of term limits over 25 years ago. Term limits were passed with over 60 percent of the citizens of Downey in approval.

I am also reminded that one of the former members of the past City Council, Mr. Mario Guerra, as his first act of being elected to the council was to try to repeal term limits by amending the city charter. In opposition to his self-serving, poorly-written charter amendment was a group of Downey citizen volunteers who were victorious in defeating this amendment with over 70 percent of the vote; a greater number than the original enactment of term limits.

In retrospect, I don't deny Mr. Guerra was a devoted member of the City Council during his term. This is manifestly evident by the fact his portrait always appeared at least once in the Downey Patriot. I would like to remind the citizens of Downey and the newly-elected council members that this special election cost Downey taxpayers over \$80,000.

As the author of term limits, I sincerely hope that the new Council will pledge to keep term limits in effect. I wish all the newly-elected council members good luck and a productive term in office; and when the time comes to leave office, they will support and encourage the next elected council.

Joseph Di Loreto
Downey

Adopt, don't abort

Dear Editor:

I am writing regarding Elsa Van Leuven's letter of Nov. 10, 2016. After reading it, I don't think it was her intent that people be sterilized, but that people be responsible for their own actions.

Either use contraceptives and don't expect others to pay for your irresponsibility, or adopt.

I speak from experience. I am adopted, "chosen" and I know what it is like to be raised by other than your own maternal parents.

But the parents who did adopt me were loving and kind and taught me right from wrong. As parents should. When I married, it was forever. We were married for over 60 years when my husband passed away; he had Parkinson's, Lewy Body Dementia, a double hernia and cancer.

As I said before, be responsible for your own actions and don't expect others to bail you out.

Marilyn Madru
Downey

Student protests

Dear Editor:

On November 15, I was following a thread on Downey's Crime Watch Facebook page regarding Warren High School students walking out of school to protest the election outcome.

To sum up the hundreds of comments people were leaving, many people were against it, stating "those kids shouldn't be protesting, they're only kids, they don't know what they are protesting; they only protested to get the chance to get out of school; it's a waste of taxpayer money for DPD to be escorting them; why pay taxes for public school education if the kids are not learning anything; they shouldn't be ditching school, etc."

There were other comments supporting the students' walk-out and protest, and I wanted to share what I wrote in the thread in support of the WHS students:

"I find it amusing that many people here condone this because they are ditching school. How many of you ditched school as a teenager? I know I did.

"From what I read and the videos I've seen of this walk out, I see no problem with it, they are not destroying property, they are not burning the American flag, they are not rioting; it appears to be peaceful. They have the right to freedom of speech, and at least they are doing it with the school's knowledge.

"Teach them while they're young what a peaceful walk out means and what a peaceful protest is. It's a learning experience, maybe this will encourage them to register to vote when they turn 18 and actually vote (considering that many Americans don't register to vote or vote). Perhaps this experience will encourage them to get involved in the community and local politics. Be glad that DPD is escorting them and keeping an eye on them."

After reading the article by Alex Dominguez who covered the story, I am glad to have read that several WHS administrators escorted and supervised the students and that the DUSD allowed the students to exercise their 1st Amendment rights. Good job to the WHS administrators, DUSD and DPD for allowing the students to walk out and peacefully protest; and a good job to the students who organized and participated in the walk out and demonstrated what a peaceful protest should look like.

Don't forget, the younger generation is America's future, one day they will be the ones running the country, let them start shaping their future now.

Guillermo Vazquez
Downey

YMCA memories

Dear Editor:

I was born in Downey in May of 1955. My earliest memories were of my father, Chester Amidon, involved in the Y, and at the age of 5, I was a full participating member, participating in activities like making Indian Guide vests, stamping leather, wood working, and sports.

My father was the Chief of the Pawnee Tribe, and had a full headdress of feathers and Indian outfit. I remember the tall white house we entered to learn our crafts, and sang songs. I am in a black and white photo with my older brother Ron and my dad in full Indian attire holding shovels at the ground breaking ceremony of the new soon to be built YMCA in I think 1962 or 1963.

We used the small hut beside the Alameda Elementary school for our meetings until the new facility was finished. The new YMCA was everything you could ask for as a gymnasium. I had my school friends with me in our basketball, flag football, and baseball games. We weren't the best team (Angels) but at the sports banquet, we usually received the Good Sportsmanship Award.

We ended up moving from Downey in the winter of 1966, but the lessons learned and memories saved, made me a better parent for my own sons by being involved with all their activities, and I even coached my son's teams.

James Amidon
Downey

Crack down on illegal fireworks

Dear Editor:

Illegal fireworks are no different than illegal drugs. It's big business.

The police and fire departments should go after suppliers; if this means searching homes and garages, get the warrants and search. Use drones, undercover officers, fine homeowners and landlords. Come down hard on these offenders.

After we adopt rules we have to get the word out. Signs need to be posted at all major intersections, parks and schools. Past offenders should be contacted by phone or letter: "The City of Downey Does Not Allow Fireworks."

They, the people using illegal fireworks, are not celebrating Independence Day. We, law-abiding citizens, are allowing big business and the immaturity of young men to make a mockery of our holiday and our way of life.

R. Ritchie
Downey

Enforce our immigration laws

Dear Editor:

Since November 13, I have read three articles in the Press-Telegram about Jose Alvarez, his family, and their fight to get him to be able to return to California, and now some politicians are supporting it. Why?

He entered the US illegally. (At least twice: the article dated Nov. 13 states he was "deported on two earlier occasions", which would make it three times.)

He also was convicted and served time for drug violations.

That is at least three illegal acts he has committed.

Mr. Alvarez made choices knowing what the consequences might be, and made his decisions. Now he and his family expect him to be rewarded for his decisions by letting him come back to the US?

Yes, I feel sorry for the family, but it was Mr. Alvarez's actions that caused it.

I'm tired of hearing about illegal Immigrants should be allowed to stay because they are only trying to better their lives. Name one person who did an illegal act not thinking their lives would be better for it. Not to compare illegal acts, but murderers think their life would be better without the person they kill. Robbers are just trying to get some extra money.

Even ISIS (as sick as they are) are doing what they're doing thinking they would have a better life if everyone lived with a radical Muslim belief. ("Radical" is the key word. This is no offense to most Muslims.)

So where do you draw the line? Illegal is illegal.

This is written not by a racist, prejudiced, or unforgiving man, but as a law abiding citizen.

Jim Cuddy
Downey

Accept the election results

Dear Editor:

One day after the election, our two socialist leaders in the Assembly and Senate wrote, "Today we woke up strangers in a foreign land." They didn't like the election results. Poor babies.

They go on to talk about how they will defy the federal government, and they talk about California values as if they are different from American values. They also talk about bigotry and misogyny.

Well, guess what, they are the bigots. They talk about how California is a refuge of justice. I guess they will harbor illegal alien criminals too.

The last line of the letter was the most ridiculous: "California was not a part of this nation when its history began, but we are clearly now the keeper of its future."

I guess these two need to go back to grade school because when our country started, there was no such thing as California.

They also talk about values; here are some of them: the largest amount of illegal aliens, No. 1 in poverty, No. 1 in welfare, No. 1 in hospital emergency room closures. In addition, all one needs to do is look at the passing of the propositions. All the tax bills passed so now everybody will pay more in sales tax and property owners will pay more in property taxes.

They hate smokers but love marijuana smokers, is that stupid or what? They also hate people who are successful by taxing them more. Well folks, a lot of these people are small business owners and since they have to pay more, maybe they will cut back on employees.

I could go on and on but the alleged values of these two socialist leaders and a majority of Californians are not the values of the United States of America. So get over it and stop your whining and crying and protesting.

Now a little bit of levity for all the misinformed. Guess who started the electoral college? Alexander Hamilton.

George James Hofstetter
Downey

Letters to the Editor

Letters to the editor of this newspaper can be mailed to 8301 E. Florence Ave., Suite 100, Downey, CA 90240, or emailed to news@thedowneypatriot.com.

Please keep letters as brief as possible and include a full name and address.

Taking a loss

Dear Editor:

I read with interest that the city of Downey has sold the historic Avenue Theatre for \$750,000, making a negative profit of \$450,000 in the process.

This transaction was sanctioned by the same people who talked us into approving additional taxes for Downey residents with the passing of Measure S. Great sales job.

I hope they practice better financial engineering with the additional \$9 million added annually to the \$157 million city budget than they have shown in the sale of the Avenue Theatre.

Jorge Montero
Downey

Praise for city worker

Dear Editor:

At least twice a day, I, as well as hundreds of other Downey citizens, had to endure driving over a trench on one of our neighborhood streets.

The trench had been dug by a private developer in the process of building three huge houses. The trench extended from the gutter on the east side of the street to approximately two thirds of the way across to the west side of the street. When the developer was finished with the task that necessitated the trench, the trench was partially filled, but below the level surface of the surrounding street.

After at least two months of this nonsense, it was becoming pretty apparent that the developer was in no rush to fix the mess he had created. A call to City Hall connected me to Mr. Phil Cokkinos. I explained the situation to Mr. Cokkinos who in turn told me that he would visit the site that day.

Within a week the trench had been filled in, as well as the damaged gutter. There is not a hint of a dip or bump in the road.

Orchids to City of Downey employee, Phil Cokkinos, for his rapid and caring response to one citizen's plea for help!

Paula Mayfield
Downey

Protesting Trump

Dear Editor:

All the people that are demonstrating against the election are demonstrating against democracy.

Mike Sandoval
Downey

Dear Editor:

Now that Donald Trump's been elected, I guess we're supposed to just forget all the bigotry and disrespect that spewed forth from that little oval mouth of his.

At best, we can only hope that he was just kidding. It's going to be quite a chore for some of us to gain respect for such a disrespectful president.

After that "90 Minutes" interview with Trump, President Obama's tongue must have been black and blue from biting it. Kudos to him for his graciousness in welcoming Trump into the transition.

There's still great hope for this country of ours because even though Trump may be in command, God is still in charge.

Harold Houglund
Downey

Dear Editor:

For a year and a half, Donald Trump used rhetoric that divided Americans among racial and religious lines. He scapegoated Mexicans for the problems working class Americans faced in other parts of the country. He stoked fear of Muslims and implied that he would consider setting up a database to track Muslims in the United States and would ban all of them "temporarily".

Then in his victory speech, Trump implored Americans to come together for the sake of unity. It is very clear he only wants unity when it's convenient for him, he wouldn't want to have to deal with protesters and would much rather deal with a passive American electorate. I find it insulting how he even asks for unity when he so clearly stoked fear and suspicion between different racial and religious groups within our country.

This letter is in part a response to a letter from Mr. Jorge Montero in which he says Donald Trump won fair and square. I would contend that he didn't, considering he lost the popular vote by one million votes and only won because of a broken electoral college system. Also, Hillary Clinton did win Latinos overall in Florida and did win African Americans in Michigan, just not as great a margin as President Obama did four or eight years ago.

Mr. Montero also suggests that the protesters' parents saw "something of value" in voting for Trump but he does not elaborate on what that is exactly. Age doesn't bring wisdom by default. There are ignorant people of all ages, and smart people of all ages. However, I will venture to say that younger people have a greater grasp on what issues face America: money in politics, universal healthcare, free public college, and the threat of climate change. As I said in a previous letter, my generation will have to face the consequences of the next president for decades to come.

Let me say this in no uncertain terms: Donald Trump has no mandate whatsoever. He lost the popular by a million votes (and counting), he is the most unpopular presidential candidate in modern American history, his ideas are unpopular, and is already backtracking on a number of promises he made during his campaign. People have good reason to want to protest Trump, not just because of his bigotry, but his horrible policies on climate change and taxation.

I participated in a protest on my college campus and I found that most of the protesters there disliked Mr. Trump because of his policies. I understand that most adults think college students are obsessive over Trump's racism, but that is not entirely true. Donald Trump would eliminate the EPA and cut Wall Street regulation, "rip up" the Paris climate accords and place more emphasis on dirty energy, kill the families of terrorists and "steal Iraqi oil", eliminate the FDA, implement "stop-and-frisk" (which has already been proven to encourage racial profiling), cut taxes on the wealthy to the point where it endangers the economy, cut funding for education through gutting the Department of Education, and deport 11 million undocumented immigrants through a deportation force rather than give them a pathway to citizenship.

This is why we protest. Most of the country doesn't agree with the aforementioned policies, and it seems like the younger generations will bear the brunt of these policies. As seen with the campaign of Bernie Sanders, most young people want a universal healthcare system and a free college plan so we can catch up to the rest of the Western world. Trump has almost promised the exact opposite of these changes and has done nothing to compel us to join his side.

So the question everyone should ask themselves is why shouldn't we protest?

Edward Valencia
Downey

The Downey Patriot

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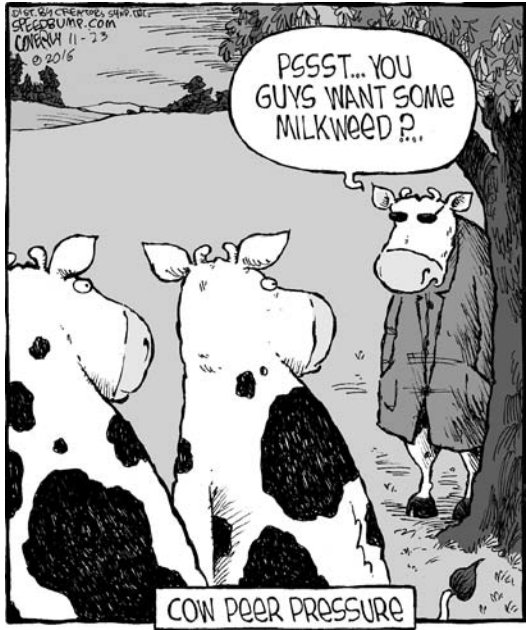
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SPEED BUMP



DAVE COVERLY



Downey Community Calendar

EVENTS FOR NOVEMBER/DECMEBER

Monday, Nov. 28: [Green Task Force meeting](#), City Hall (2nd floor), 5 p.m.
Thursday, Dec. 1: "[Let's Do Breakfast](#)" networking, Panera Bread, 7:30 a.m.

CITY MEETINGS

1st & 3rd Wednesday, 6:30pm: Planning Commission, Council Chamber at City Hall.
1st Tue., 4:00pm.: Recreation and Community Services Commission, Council Chamber, City Hall.
1st Tue., 6:00pm: Emergency Preparedness Committee, at Fire Station No. 1, 12222 Paramount Blvd.
2nd & 4th Tue., 6:30pm: City Council, Council Chamber.
3rd Tue., 6:30pm: Library Advisory Board, at Downey City Library.
4th Mon., 5 pm: Green Task Force, at City Hall.

Regularly Scheduled Meetings

MONDAYS

7 pm: Boy Scout Troop 2, at Downey United Methodist Church, call 869-6478.
2nd Mon., 11 am: American Legion Auxiliary #270, at United Methodist Church, call 304-3439.
3rd Mon., 11:30 am: Downey Newcomers Club, call Nancy 806-1782.
4th Mon., 7:30 pm: Downey Numismatists, at Downey Retirement Center, call 862-6666.

TUESDAYS

9:30 am: Downey Seniors Club, at Apollo Park, call Irene Vallini at 328-7039.
10 am: Downey Bocce Club, at 7850 Quill Drive, call John Fiorenza at 652-4399.
12 pm: Rotary Club, at Rio Hondo Events Center, call Russell Skersick 929-3710.
6 pm: Toastmasters Club 587, at First Baptist Church, contact Salvador Cervantes: tmsalcpuede@gmail.com.
7 pm: Downey Knights of Columbus Bingo, at 11231 Rives Ave., call 923-1932.
7 pm: Healing Room and Prayer, at Desert Reign Church 11610 Lakewood Blvd, call 861-6011.
7:30 pm: Downey Master Chorale, at Cornerstone Church, contact info@downeymasterchorale.org.
1st Tues., 7:30 am: Gangs Out of Downey, at City Hall training room.
2nd Tues., 3:30 pm: Keep Downey Beautiful, at City Hall, call 905-7103.
2nd and 4th Tues., 6 pm: Sertoma Club, at Rio Hondo Event Center, call 927-6438.
2nd Tues., 6 pm: Downey Fly Fishers, at Apollo Park, call 425-7936.
3rd Tues., 6:30 pm: Community Emergency Response Team meeting, Fire station 1, 12222 Paramount.
3rd Tues., 6 pm: American Legion #270, at Sizzler Restaurant, call 544-0372.
Tues., Thurs. & Sat., 10 am: Downey Bocce Club, at 7850 Quill Drive, call John Fiorenza 652-4399

WEDNESDAYS

7 am: Kiwanis Club, at Rio Hondo Events Center, call Steve Roberson at 927-2626.
1 pm: Women's Bocce Club, at 7850 Quill Drive, call Marie Puch at 869-4366.
7 pm: Out Post 132 Royal Rangers, at Desert Reign Church, call 928-8000.
1st Wed., 11 am: Woman's Club of Downey, call Cheryl Olson 833-8954.
1st Wed., 11:30 am: Downey Coordinating Council, Community Center, call Bobbi Bruce 440-5416.
1st Wed., 7:30 pm: Downey Stamp Club, at Maude Price School cafeteria, call 928-3028.
2nd Wed., 11:30 am: Christian Women's Club, at Los Amigos Country Club, call Helen 864-7319.
2nd Wed., 7:30 pm: Downey Model A Club, at Gallatin School Cafeteria, call 928-4132.
3rd Wed.: Downey Dog Obedience Club, at Apollo Park, call Gina 869-5213 or Valerie 420-2972.
3rd Wed., 10 am: Los Angeles County Quilters Guild, at Women's Club, call (310) 604-0725.
3rd Wed., 10 am: OLPH Women's Guild, at OLPH School Auditorium, contact Armida Lugo, (562) 715-6142.
3rd Wed., 6 pm: American Business Women's Association, Rio Hondo Country Club, call Barbara 863-2192.
4th Wed., 12:00 pm: Retired Federal Employees, at Barbara J Riley Center, call 943-5513.
4th Wed., 7:30 pm: US Coast Guard Aux. Flotilla 5-10, First Presbyterian Church, call Brian 419-5420.
Wed. & Fri., 10:15 am: Senior Bingo, at Apollo Park, call 904-7223

THURSDAYS

7:30 am: Connections Networking, at Bob's Big Boy, for info., call Nick Smith, 861-5222.
7:30 am.: Soroptimist Int'l of Downey, for information, call Mia Vasquez, 806-3217.
9:30 am: Take off Pounds Sensibly, at Barabara Riley Senior Center, call (800) 932-8677.
12 pm: Kiwanis Club of Downey, at Rio Hondo Events Center, call Roy Jimenez 923-0971.
12 pm: Optimist Club of Downey, at Rio Hondo Events Center.
6:30 pm: Downey United Masonic Lodge # 220, 8244 3rd St., call 862-4176.
7 pm: Troop 351, Boy Scouts of America, at First Baptist Church, call 776-3388.
1st Thurs., 12:00 pm: Downey Christian & Professional Luncheon, Sizzler's Restaurant, call James 310-1335.
1st Thurs., 7:30 pm.: The Downey Amateur Radio Club, at First Baptist Church room 120.
2nd Thurs., 7:30 pm: Beaming Rebel Foxes Collectors Club, call Carl D. Jones at 923-2400.
2nd & 4th Thurs., 6 pm: Lions Club, at Coco's, call Lenora (310) 283-9825.
3rd Thurs., 4 pm: Public Works Committee, at City Hall Training Room.
3rd Thurs., 6 pm: Downey CIPAC, at Sizzler's Restaurant, call Rich Tuttle 413-6045.
4th Thurs., 10 am: Assistance League, at Casa De Parley Johnson, call 869-0232.
4th Thurs., 7:30 pm: Downey Historical Society programs, at Community Center, call 862-2777.

FRIDAYS

7:30 am: Pro Networkers, at Mimi's Cafe, call Barbara Briley Beard at 869-7618.
3rd Fri., 8:30 am: Women's "In His Glory" Ministry at Los Amigos C. C. 622-3785.

SATURDAYS

9 am: Farmers Market, Downey Avenue at 3rd Street, call 904-7246.
4th Sat., 12:00 pm: Downey Arts Coalition, email contact@downeyarts.org.

On This Day...

Nov. 24, 1963: Dallas nightclub owner Jack Ruby shot and mortally wounded Lee Harvey Oswald, the accused assassin of President John F. Kennedy.

1971: Hijacker D.B. Cooper parachuted from a Northwest Airlines 727 over Washington state with \$200,000 in ransom. His fate remains unknown.

1991: Rock singer Freddie Mercury of Queen died at age 45 of pneumonia brought on by AIDS.

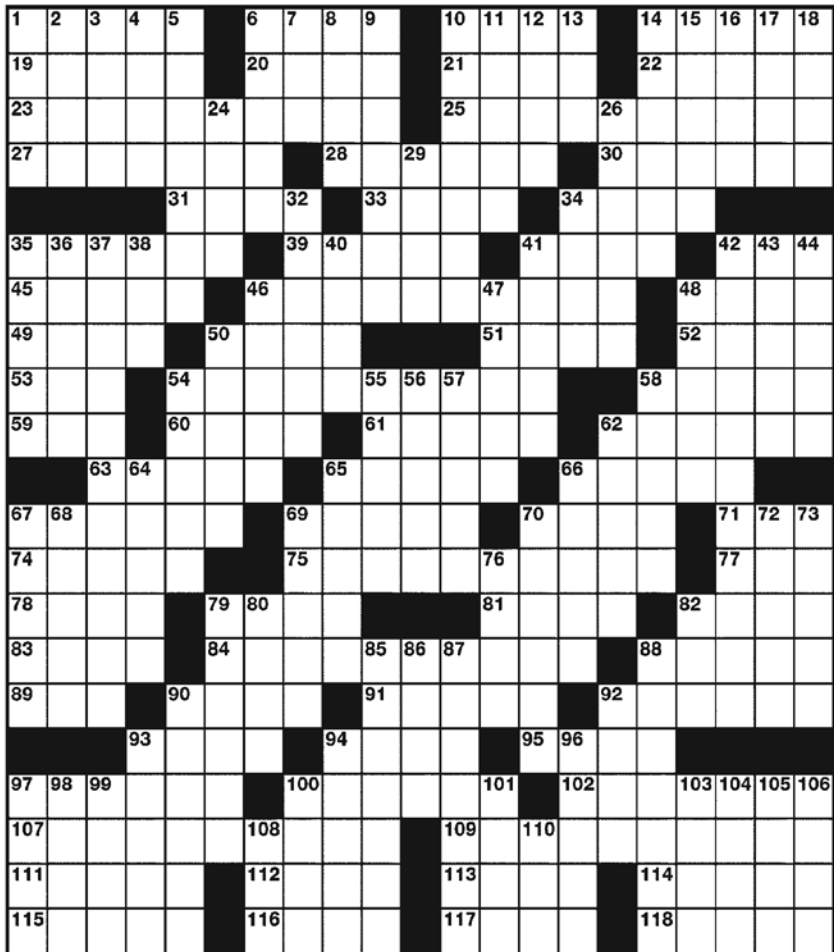
BIRTHDAYS: Basketball hall of famer Oscar Robertson (78), actress Katherine Heigl (38), quarterback Ryan Fitzpatrick (34) and 'Modern Family' actress Sarah Hyland (26).

THE NEWSDAY CROSSWORD

Edited by Stanley Newman (www.StanXwords.com)
HIDDEN BALL TRICK: But not very hard to find
by Fred Piscop

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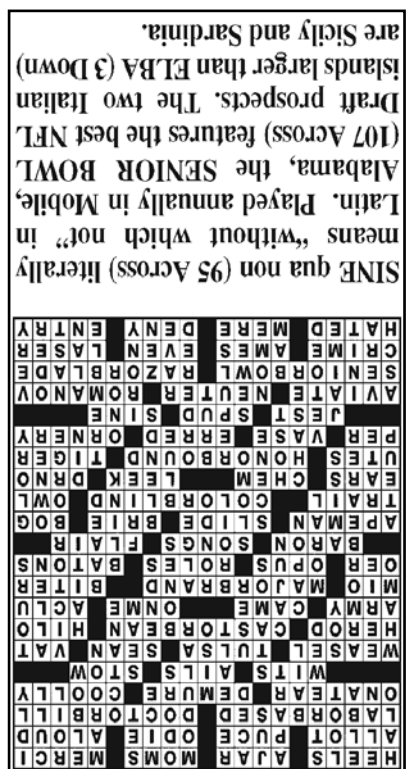
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Reach Stan Newman at P.O. Box 69, Massapequa Park, NY 11762, or at www.StanXwords.com

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The mystery of D.B. Cooper



Courtesy of the FBI

On the afternoon of November 24, 1971, a nondescript man calling himself Dan Cooper approached the counter of Northwest Orient Airlines in Portland, Oregon. He used cash to buy a one-way ticket on Flight #305, bound for Seattle, Washington. Thus began one of the great unsolved mysteries in FBI history.

Cooper was a quiet man who appeared to be in his mid-40s, wearing a business suit with a black tie and white shirt. He ordered a drink—bourbon and soda—while the flight was waiting to take off.

A short time after 3 p.m., Cooper passed a note indicating he had a bomb to flight attendant Florence Schaffner. Assuming the note contained a lonely businessman's phone number, she dropped it into her purse unopened. Cooper leaned toward her and whispered, "Miss, you'd better look at that note. I have a bomb."

The stunned stewardess did as she was told. Opening a cheap attaché case, Cooper showed her a glimpse of a mass of wires and red colored sticks and demanded that she write down what he told her. Soon, she was walking a new note to the captain of the plane that demanded four parachutes and \$200,000 in twenty-dollar bills.

When the flight landed in Seattle, the hijacker exchanged the flight's 36 passengers for the money and parachutes. Cooper kept

several crew members, and the plane took off again, ordered to set a course for Mexico City.

Somewhere between Seattle and Reno, a little after 8:00 p.m., the hijacker did the incredible: He jumped out of the back of the plane with a parachute and the ransom money. The pilots landed safely, but Cooper had disappeared into the night and his ultimate fate remains a mystery to this day.

The FBI learned of the crime in-flight and immediately opened an extensive investigation that lasted many years. Calling it NORJAK, for Northwest Hijacking, we interviewed hundreds of people, tracked leads across the nation, and scoured the aircraft for evidence. By the five-year anniversary of the hijacking, we'd considered more than 800 suspects and eliminated all but two dozen from consideration.

One person from the FBI's list, Richard Floyd McCoy, is still a favorite suspect among many. We tracked down and arrested McCoy for a similar airplane hijacking and escape by parachute less than five months after Cooper's flight. But McCoy was later ruled out because he didn't match the nearly identical physical descriptions of Cooper provided by two flight attendants and for other reasons.

Perhaps Cooper didn't survive his jump from the plane. After all, the parachute he used couldn't be steered, his clothing and footwear were unsuitable for a rough landing, and he had jumped into a wooded area at night—a dangerous proposition for a seasoned pro, which evidence suggests Cooper was not. This theory was given an added boost in 1980 when a young boy found a rotting package full of twenty-dollar bills (\$5,800 in all) that matched the ransom money serial numbers.

Where did "D.B." come from? It was apparently a myth created by the press. We did question a man with the initials "D.B." but he wasn't the hijacker.

The daring hijack and disappearance remain an intriguing mystery—for law enforcement and amateur sleuths alike.

The FBI officially suspended active investigation of the case in July 2016, but continues to solicit submission of any physical evidence that might emerge related to the parachutes or the ransom money.

Copycat hijackers

Cooper's apparent success in escaping with \$200,000 in ransom money inspired a flurry of imitators, mostly during 1972. Some notable examples:

■ Garrett Brock Trapnell hijacked a TWA airliner en route from Los Angeles to New York City in January. He demanded \$306,800 in cash, the release of Angela Davis, and an audience with President Richard Nixon. After the aircraft landed at Kennedy Airport he was shot and wounded by FBI agents, then arrested.

■ Richard Charles LaPoint, an Army veteran, boarded Hughes Airwest Flight 800 at McCarran airport in Las Vegas on January 20. Brandishing what he claimed was a bomb while the DC-9 was on the taxiway, he demanded \$50,000, two parachutes, and a helmet. After releasing the passengers and two flight attendants, he ordered the plane toward Denver, then bailed out over the treeless plains of northeastern Colorado. Authorities, tracking the locator-equipped parachute, apprehended him a few hours later.

■ Richard McCoy, Jr., a former Army Green Beret, hijacked a United Airlines 727-100 in April after it left Denver, diverted it to San Francisco, then bailed out over Utah with \$500,000 in ransom money. He landed safely, but was arrested two days later.

■ Frederick Hahneman used a handgun to hijack an Eastern Airlines 727 in Allentown, Pennsylvania, in May, demanded \$303,000, and eventually parachuted into Honduras, his country of birth. A month later, with the FBI in pursuit and a \$25,000 bounty on his head, he surrendered to the American Embassy in Tegucigalpa.

■ Robb Dolin Heady, a paratrooper and Vietnam veteran, stormed a United Airlines 727 in Reno in early June, extorted \$200,000 and two parachutes, and jumped into darkness near Washoe Lake, about 25 miles (40 km) south of Reno. Police found Heady's car (sporting a United States Parachute Association bumper sticker) parked near the lake and arrested him as he returned to it the next morning.

■ Martin McNally, an unemployed service station attendant, used a submachine gun in late June to commandeer an American Airlines 727 en route from St. Louis to Tulsa, then diverted it eastward to Indiana and bailed out with \$500,000 in ransom. McNally lost the ransom money as he exited the aircraft, but landed safely near Peru, Indiana, and was apprehended a few days later in a Detroit suburb.

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NEW ON NETFLIX

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 Always (1989)
 Angels in the Snow (2015)
 Beverly Hills Cop (1984)
 Beyond Bollywood (2014)
 Black Snake Moan (2007)
 Chill with Bob Ross: Collection (1990)
 Compulsion (1959)
 D2: The Mighty Ducks (1994)
 David Blaine: Street Magic (1997)
 Dreamland (2010)
 For the Love of Spock (2016)
 Girlfriends' Guide to Divorce: Season 2 (2015)
 Glory Daze: The Life and Time of Michael Alig (2016)
 Harry and the Hendersons (1987)
 Hitler: A Career (1977)
 Holiday Engagement (2011)
 Honey, I Shrunk the Kids (1989)
 House of Wax (2006)
 Hannibal (2001)
 Merli: Season 1 - NETFLIX ORIGINAL
 Merry Kissmas (2015)
 National Lampoon's Animal House (1978)
 Picture Perfect (1997)
 Rainbow Time (2016)
 Rodeo & Juliet (2015)
 Swept Under (2016)
 Switchback (1997)
 The Angry Birds Movie (2016)
 The Crucible (1996)
 The Little Rascals (1994)
 The Legend of Baggage Vance (2000)
 The Rock (1996)
 The Spirit of Christmas (2015)
 Toys (1992)
 Uncle Nick (2015)
 Waking Life (2001)
 Way of the Dragon (1972)
 We're Back! A Dinosaur's Story (1993)
 White Girl (2016)
 Wildflower (2016)
 Zero Point (2014)
- December 2**
 Fauda: Season 1—NETFLIX ORIGINAL
 Hip Hop Evolution: Season 1—NETFLIX ORIGINAL
 Pacific Heat: Season 1—NETFLIX ORIGINAL
- December 3**
 Lost & Found Music Studios: Season 2 - NETFLIX ORIGINAL
- December 5**
 Danger Mouse (Season 2)
- December 6**
 Blue Jay
 Homeland (Iraq Year Zero): Season 1
 Reggie Watts: Spatial—NETFLIX ORIGINAL
 The Devil Dolls (2016)
 The Model (2016)
- December 8**
 The Cuba Libre Story: Season 1—NETFLIX ORIGINAL
- December 9**
 Captive: Season 1—NETFLIX ORIGINAL
 Cirque du Soleil Junior - Luna Petunia: Season 1 NETFLIX ORIGINAL
 Club de Cuervos: Season 1—NETFLIX ORIGINAL

- Fuller House: Season 2—NETFLIX ORIGINAL
 Four Seasons in Havana: Season 1—NETFLIX ORIGINAL
 Medici: Masters of Florence: Season 1—NETFLIX ORIGINAL
 Spectral—NETFLIX ORIGINAL
 White Rabbit Project: Season 1—NETFLIX ORIGINAL
- December 10**
 Lucky Number Slevin (2006)
 Phantom of the Theater (2016)
- December 11**
 Breaking a Monster (2016)
- December 12**
 Ricardo O'Farrill: Christmas Special—NETFLIX ORIGINAL
- December 13**
 Colony: Season 1
 Killswitch (2016)
 I Am Not a Serial Killer (2016)
 Nobel: Season 1—NETFLIX ORIGINAL
- December 14**
 Versailles: Season 1 (2015)
- December 16**
 Barry—NETFLIX ORIGINAL
 Call Me Francis: Season 1—NETFLIX ORIGINAL
 Crazyhead: Season 1—NETFLIX ORIGINAL
 No Second Chance: Season 1—NETFLIX ORIGINAL
 Rats (2016)
 The Adventures of Puss in Boots: Season 4—NETFLIX ORIGINAL
- December 19**
 Miss Stevens (2016)
- December 20**
 Disorder (2015)
 Gabriel Iglesias: Sorry for What I Said When I Was Hungry—NETFLIX ORIGINAL
 My Little Pony: Friendship Is Magic: Season 6 (2016)
 Ten Percent: Season 1—NETFLIX ORIGINAL
 The Break: Season 1—NETFLIX ORIGINAL
- December 23**
 Travelers: Season 1—NETFLIX ORIGINAL
 Trollhunters: Season 1—NETFLIX ORIGINAL
- December 25**
 Marvel's Captain America: Civil War (2016)
 When Hari Got Married (2013)
- December 27**
 Ajin: Season 2—NETFLIX ORIGINAL
 Chasing Cameron: Season 1—NETFLIX ORIGINAL
- December 28**
 Comedy Bang! Bang!: Season 5 (2016)
- December 29**
 The Hollywood Shorties (2016)
- December 30**
 The Eighties: Season 1 (2016)
- December 31**
 Big in Bollywood (2011)



"Capain America: Civil War" will be available for streaming on Netflix on Christmas Day.



Season 2 of "Fuller House" begins streaming Dec. 9



"The Rock" comes to Netflix on Dec. 1.



"The Little Rascals" will be available Dec. 1



A new comedy special by Gabriel Iglesias premieres Dec. 20.

- Elizabeth: The Golden Age (2007)
 Event Horizon (1997)
 Frequencies (2013)
 McConkey
 Medora (2013)
 Monkey Business (1952)
 Myth Hunters: Series 1
 Myth Hunters: Series 2
 Neil Young: Heart of Gold (2006)
 Paycheck (2003)
 Pirates Who Don't Do Anything: A VeggieTales Movie (2008)
 River of No Return (1954)
 Sling Blade (1996)
 Thor: Hammer of the Gods (2009)
 The Great War Diary: Season 1
 The In-Laws (2003)
 The Out-of-Towners (1999)
 Top Gun (1986)
 Valley of the Dolls (1967)
 World Trade Center (2006)
- December 2**
 Legends of the Knight (2013)
 The Red Baron (2008)
- December 3**
 The Best of Me (2014)
- December 5**
 Holes (2003)
- December 14**
 The Da Vinci Code (2006)
- December 15**
 High Profits: Season 1
 World War II in Colour (2009)
- December 16**
 Beyond the Hills (2012)
- December 22**
 Dark Skies (2013)
- December 26**
 Just Friends (2005)
- December 27**
 Spy Kids (2001)
- December 31**
 Hercules: The Legendary Journeys: Season 1-6

LEAVING NETFLIX

- December 1**
 50 First Dates (2004)
 American Beauty (1999)
 Black Ops: Series 2
 Camp Takota (2014)
 Carmen Jones (1954)
 Cats & Dogs (2001)
 Curious George: Swings Into Spring (2013)
 Don't Be a Menace to South Central While Drinking Your Juice in the Hood (1996)

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Paging Dr. Frischer...

By Dr. Alan Frischer

I had fun with my girls when they were young! We would make a game of using the scientific term for socially awkward bodily functions. Soon, all of their friends were doing it as well. Along those lines, let's address... flatulence.

Gas is always present in the GI tract - in the stomach and throughout the intestines. It builds as a normal part of the digestive process. On average, we pass gas 10 to 25 times per day, between one and three pints in total. It's often released with a sound and/or odor. You may hear it

referred to as flatulence, passing gas, farting, or breaking wind.

Flatulence is made up of five odorless gasses; nitrogen, hydrogen, carbon dioxide, methane, and oxygen. The familiar odor is from trace gasses and sulfur-containing compounds. The proportion of each of these gasses depends on the unique balance of gut bacteria. Gas can be quite uncomfortable. When the pain is on the left side, it can be confused with symptoms of heart disease. When it is to the right of the colon, it might be confused with gallstones, or appendicitis.

A food may not be fully digested in the small intestine, often due to the lack of an enzyme. It then enters the large intestine, where bacteria break it down further and gas is produced.

What are the most common foods that may lead to excessive gas?

High lactose foods, including milk, ice cream, and cheese. A

deficiency of the digestive enzyme lactase is very common, and results in lactose intolerance.

- Beans, which contain the complex natural sugar raffinose – as do cabbage, asparagus, broccoli, and Brussels sprouts.

- Potatoes, corn, noodles, and wheat are high in starches that can produce gas. (Rice is also a starch, but does not cause gas.)

- Onions, artichokes, pears, and wheat contain fructose. It is also added as a sweetener to some soft drinks and fruit drinks.

- Stone fruits like apples, peaches, apricots, cherries and pears, and dried fruits such as prunes, raisins and figs contain the sugar sorbitol. Sorbitol is also added as a sweetener to sugar-free gum, candy, and other weight-loss products.

- Beans, peas, oat bran, and most fruits contain soluble fiber. Bacteria

in the large intestine break down soluble fiber, and this produces gas. (Insoluble fiber, on the other hand, cannot be broken down by intestinal bacteria, and produces little gas.)

Some activities may lead to an increase in gas, like swallowing air by eating or drinking in a hurry, chewing gum, consuming various tobacco products, sucking on hard candy, drinking carbonated beverages, and hyperventilating.

Some medical conditions can be responsible for excessive gas production. Malabsorption syndrome occurs when the body isn't able to properly digest some foods. Small bowel intestinal bacterial overgrowth is a result of an increase in the number or types of bacteria. In fact, any condition that slows the speed of food passing through the colon will allow more opportunities for bacteria to create fermentation, and therefore, gas.

What can be done about it?

Keep a food diary, and use trial and error to help identify those foods that may lead to excessive gas. Stop eating a suspicious food, and watch for any improvement. Increase water intake. Increasing your dietary fiber will help if constipation is the cause of the gas. I have seen the following gentle remedies suggested (and they won't hurt): yogurt, ginger, raw honey, peppermint, cinnamon, pineapple, flaxseed, fennel, and juices made from kale, spinach, cucumber, and other greens.

If making changes in the diet doesn't help, try an over-the-counter product. Lactase supplements provide the enzyme to digest lactose. Beano contains an enzyme that digests the sugar in beans and many vegetables. Mylanta, Maalox, and Gas-X bind to gas bubbles in the stomach. Activated charcoal tablets may provide relief from gas in the intestines. Probiotics

can help by correcting the balance of bacteria in the gut.

Certain prescription medications may be effective; for example, Reglan can reduce gas by increasing bowel activity, and antibiotics would be used in the case of bacterial overgrowth syndrome or parasitic infections.

The key is to figure out what will work best for you. If you need help, see your doctor. Don't hesitate to get medical attention if gas is accompanied by pain, severe cramps, diarrhea, constipation, blood in the stool, fever, nausea, or vomiting.

Dr. Alan Frischer is former chief of staff and former chief of medicine at Downey Regional Medical Center. Write to him in care of this newspaper at 8301 E. Florence Ave., Suite 100, Downey, CA 90240.

Alternative Medicine: Collective consciousness

By Marcela Arrieta

According to Wikipedia, a collective consciousness is the set of shared beliefs, ideas and moral attitudes, which operate as a unifying force within society. We live within this shared belief, a bubble from the day we are born.

Picture this: The vast ocean, you are a fish swimming serenely in warm or cool waters. Thriving near coastlines or in the deep. The ocean is part of the shared beliefs of your species. A collective consciousness or knowing that your species only survives and knows of "water". Anything beyond this concept is ungraspable.

Then one day it occurs to one fish to explore beyond the vastness of the sea. Survival was at stake. Imagine the fear this fish felt. Soon after the first tetrapod was born out of necessity,

evolution and survival.

Humans behave in a similar fashion. We are birthed into a collective consciousness compromising of a set of guidelines established by generations before us. This bubble contains the blueprint of how we are expected to behave and follow a particular structure regarding race, religion, social status and so many other moral attitudes.

These kind of constraints are at the heart of so many worldly clashes, dating from the birth of humanity to the rise of society as we know it.

The question is why and yet the answer is simple: Let's relate back to the fish. If the collective consciousness had remained the same there would have been no evolution, progress and possibly survival. Their shared belief

stated that "only" water was the valid and correct belief.

But what of the land animals? The fish would have purposely or inadvertently shut them out, accusing them of being incorrect and crazy on all levels. Poor land animals wouldn't have had a chance to show the fish how beautiful and plentiful land is.

Ask yourself this: When someone whose beliefs do not align with yours, yet they continuously do well for his or her family, community and society as a whole, does the quality of that human being change by their shared belief in faith or political view? Does it make them lesser of a human being?

These are some of the hard questions we should be asking ourselves before we become that reluctant fish. Unwilling to educate oneself on existing social

consciousness's that are very much a part of the world and us.

Like the fish, venturing out of the water and onto land was fearful. It probably took many tries until it realized the process was never difficult. When society as a whole begins to transform their collective views of others transformation on a worldly level commences.

Tolerance and empathy for those who are different from us is embraced rather than frowned upon.

I leave you with one simple request/exercise: set out to empower yourself with knowledge of a different culture, religion or political view. Empty your knowledge cup of any preconceived ideas your collective consciousness has filled it with.

You will be surprised to find many things and one of those is the true knowing that underneath all the forms of a collective consciousness we are simply a human being.

Have a question regarding this article or maybe you'd like to suggest a topic? Write to me at: m_arrieta@yahoo.com. Next article we will talk about Why the Secret is in the Heart.

Marcela Arrieta is an alternative modality practitioner with over five years of experience in this field. She is also an entrepreneur who resides in Downey.



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Most gratefully,

Donna Lindley

Donna Lindley, Chief Executive Officer

Patricia Heineke

Patricia Heineke, Board President



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SHARED STORIES: THANKSGIVING WISDOM

Her granddaughter's observation one Thanksgiving gave Yolanda Adele a sense of peace after her father passed away. Shared Stories is a weekly column featuring articles by participants in a writing class at the Norwalk Senior Center. Bonnie Mansell is the instructor for this free class offered through the Cerritos College Adult Education Program. Curated by Carol Kearns.

By Yolanda Adele

It was 1991. Getting together with the family for Thanksgiving

dinner was not something I was looking forward to, having lost my father, whom we called Popi, just two months earlier.

Yet I felt an obligation to my mother and the rest of the family to be there to help alleviate the obvious void that was left in my parent's home.

On holidays before my dad died, the house and neighborhood were filled with sounds of Mexican music blasting from Dad's reel-to-reel tape recorder.

It could play non-stop for 24 hours and sometimes did, often to the annoyance of the neighbors, and always to the frustration of my mother, in spite of being hard of hearing. I could hear the music the minute I turned the corner on to their block, though their house was almost at the end of the street.

Popi enjoyed having lots of activity around him, especially since my eldest daughter Yvette made him a great-grandfather, first with Jaime, born in 1986, then with Brandon who was born in 1990.

It amazed me to watch Popi interact with his great-grandchildren in a way that he never could with his own children. I came to realize that becoming a grandparent was God's way of giving parents another chance to get the bonding thing right, if they didn't fare well the first time.

Jaime loved her Popi. The last time she saw him alive she was five years old. She came with her parents to visit with Popi in his bedroom where he lay on a hospital bed. My mom called us to the kitchen to eat. I told Popi to rest, and that we'd return in a bit.

After a while Jaime left the table. I got up to look for her. I went to the living room where her toys were spread out on the floor. She was not there. I checked in the bathroom, she was not there either.

I walked down the hall to my father's bedroom. There I saw the sweetest sight. Jaime had somehow managed to squeeze through or climb over the hospital bed's metal side guard, and lay on her side facing her Popi. They both smiled at each other as Jaime gently stroked the top of his head.

Now, the family gathered without Popi, without his lively Mexican or any other kind of music playing. In fact, the only sounds beside our voices were the harsh clattering of the dishes and silverware.

I didn't know how I was going to get through this strained family gathering. We held hands around the table preparing to say grace.

Then, with the voice of an angel, Jaime proclaimed, "Popi is so lucky. This is his first Thanksgiving with God."

Suddenly I felt all the pent up tension leave my body. A smoothing peace washed over me. Someone turned on the radio filling the house with a joyful noise.

Then I knew Jaime was right. And I whispered "Happy Thanksgiving, Popi."



The Ukulele Orchestra of Great Britain has performed all around the world. They'll be in concert at the Cerritos Center for the Performing Arts on Dec. 18, with tickets starting at \$30.

Ukulele Orchestra of Great Britain performing in Cerritos on Dec. 18

CERRITOS – The Ukulele Orchestra of Great Britain is "sheer fun and outright daffiness tied to first-rate musicality and comic timing," raves The New York Times. Get in on the fun at the Cerritos Center for the Performing Arts on Sunday, Dec. 18, at 3 p.m.

Ticket prices start at \$30 and are available at the CCPA Ticket Office, by calling (562) 467-8818, or at cerritoscenter.com.

You won't find any drums, pianos, backing tracks, or electronic trickery at "The Ukulele Orchestra of Great Britain Holiday Show." Instead, audiences can look forward to lots of catchy, foot-stomping tunes from Tchaikovsky to Lady Gaga and Nirvana via Otis Redding and classic holiday hits with audience participation.

Founded in 1985, the orchestra's first gig instantly sold out. The ensemble believes that all genres of music are available for reinterpretation – as long as they are played on the ukulele. The Ukulele Orchestra of Great Britain is "virtuosic," raves Guitar Magazine.

The current group has been performing together more than 20 years, delivering standing-room-only concerts around the world, including Great Britain, Germany, Sweden, Finland, Poland, France, United States, and Japan. The ensemble has played at prestigious venues such as the Sydney Opera House, The Royal Albert Hall, and New York's Carnegie Hall.

The Ukulele Orchestra's music has been used in films, plays, and commercials. The Independent praised, "Impressive solo voices and an absolute mastery of strum, pluck, and twang ensured the sheer joy and beauty of the music was never lost in the comedy. Perfectly polished professionalism."

For tickets or more information on The Ukulele Orchestra of Great Britain's performance at the CCPA, call (562) 467-8818, or go to cerritoscenter.com.

POETRY MATTERS

A TRIO OF THANKSGIVING SONGS

Come, ye thankful people, come,
Raise the song of harvest home:
All is safely gathered in,
Ere the winter storms begin;
God, our Maker, doth provide
For our wants to be supplied:
Come to God's own temple, come,
Raise the song of harvest home.

--Henry Alford (1810-1871)

For the beauty of the earth,
for the glory of the skies,
for the love which from our birth
over and around us lies;
Lord of all, to thee we raise
this our hymn of grateful praise.

--Folliot S. Pierpoint (1835-1917)

Five big turkeys sitting on the gate.
The first one said, "It's getting late."
The second one said, "Who goes there?"
The third one said, "There are farmers everywhere."
The fourth one said, "Let's run, run, run."
The fifth one said, "It's just Thanksgiving fun."
Then Gobble Gobble went the wind.
And out went the lights.
And the five fat turkeys were out of sight.

--Anonymous

Point of view is everything in these poems. The first two are beloved hymns; the third could be a jump-rope rhyme. Americans feel entitled to the earth's bounty that they celebrate on this day. The turkey's moment of self-perception is evanescent. Poetry Matters is curated by Lorine Parks.

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Commentary: Donald Trump and the return of seditious libel



By Richard Tofel, ProPublica

In 1733, New York printer John Peter Zenger began publishing the eighth newspaper in the American colonies, and the first willing to venture criticism of the government. The New-York Weekly Journal was the second paper in a city of 10,000 or so people, 1700 of them slaves.

As we are reminded in Richard Kluger's comprehensive new book, "Indelible Ink," the first full-length account of Zenger's travails, by 1735, Zenger (and the likely editor of his paper, James Alexander) had so offended Britain's royal governor of New York and New Jersey, William Cosby, that Cosby brought suit against Zenger for seditious libel—the crime of criticizing the government. Under the law then in effect in Britain and its colonies, truth was not a defense to this charge. The leading legal treatise of the day explained that "since the greater appearance there is of truth in any malicious invective, so much the more provoking it is." And: "The malicious prosecution of even truth itself cannot... be suffered to interrupt the tranquility of a well-ordered society." This was deemed especially the case with true attacks on those in power, as they would have "a direct tendency to breed in the people a dislike of their governors and incline them to faction and sedition."

New Yorkers in 1735, though, weren't buying it. While the jury in the Zenger trial was instructed that the truth of Zenger's attacks on Cosby was no defense, Zenger's lawyer argued that it should be, and asked the jury, if

they found the stories true, to acquit the printer. This the jury did, striking a dramatic blow against the law of seditious libel, and launching a proud American tradition, ratified in 1791 in the First Amendment, and laid out over the centuries in a range of Supreme Court decisions.

For at least the last 30 years, since Chief Justice William Rehnquist acquiesced in the constitutionalization of the law of libel, which has safeguarded the American press for more than a half century, we appeared to have a consensus in this country around our modern system of protections for the value of a free and untrammled press to the process of self-government.

Until now. This year, for the first time since at least Richard Nixon, the leader of one of our major political parties has pledged to limit press freedom by restricting criticism of his prospective rule.

But Nixon's threats were private, revealed only by his own taping system, while Donald Trump's are very public, loud and clear. And to be fair to Nixon, he never made good on his private threats, and in the one Supreme Court case he argued personally as a lawyer, he seemed to accept modern constitutional protections for libel.

In fact, Trump is more hostile to the legal and constitutional rights of the press than any major presidential candidate of the last two centuries. What he proposes is reminiscent of the Alien and Sedition Acts of 1798 championed (to his immortal disgrace) by President John Adams in the last serious attempt to relitigate at the federal level what had seemed resolved in the Zenger case. It is cold comfort—although it may be some warning to Republicans inclined to go along—that Adams was not only defeated for re-election after passage of those laws, but lost the White House to Thomas Jefferson and his close associates James Madison and James Monroe for a quarter of a century, while Adams' Federalist Party never really recovered.

In case you think a comparison of Trump's goals with Zenger's opponents or the sponsors of the Alien and Sedition Acts is unfair, a quick review of the record may be in order.

Trump has said that most reporters are "absolute dishonest, absolute scum." He's said that "I think the media is among the most dishonest groups of people I've ever met. They're terrible."

In February he pledged that "one of the things I'm gonna do if I win, and I hope that I do, and we're certainly leading, is I'm gonna open up our libel laws so when they write purposely negative and horrible and false articles, we can sue them and win lots of money. We're gonna open up those libel laws. So that when the New York Times writes a hit piece that

is a total disgrace, or when the Washington Post, which is there for other reasons, writes a hit piece, we can sue them and win money rather than have no chance of winning because they're totally protected. You see, with me, they're not protected, because I'm not like other people, but I'm not taking money, I'm not taking their money. We're gonna open up those libel laws, folks, and we're gonna have people sue you like you never got sued before."

Nor is a threat by Trump to sue for libel an idle one. In 2006 he brought such a suit against a book that asserted he had wildly overstated his wealth. He lost the case on the merits as well as for failure to prove fault. But the Washington Post reported that "Trump said in an interview that he knew he couldn't win the suit but brought it anyway to make a point. 'I spent a couple of bucks on legal fees, and they spent a whole lot more. I did it to make [author Tim O'Brien's] life miserable, which I'm happy about.'" Trump has also sued the Chicago Tribune and comedian Bill Maher, and threatened to sue the New York Times (more than once), ABC, the Daily Beast, Rolling Stone, the Huffington Post, reporter David Cay Johnston, TV host Lawrence O'Donnell and comedian Rosie O'Donnell

In the February rant, Trump also seemed to threaten to force Jeff Bezos to divest himself of the Washington Post, asserting that it had been purchased to obtain political influence, and declaring that such purchases should be forbidden.

Asked in June if his stance on the press would continue as president, he said, "Yeah, it is going to be like this... You think I'm gonna change? I'm not going to change." He repeated his view that "I am going to continue to attack the press. I find the press to be extremely dishonest. I find the political press to be unbelievably dishonest."

In August he tweeted that "It is not 'freedom of the press' when newspapers and others are allowed to say and write whatever they want even if it is completely false!"

Melania Trump's libel lawyer (she is suing the Daily Mail in Maryland for a story on her modeling days) is even more specific, saying that New York Times Co. v. Sullivan, the 1964 Supreme Court decision that established modern press protections, should be overruled.

Anyone paying attention knows there wa a great deal at stake in this election. Freedom of the press in this country may be among those stakes.

Richard Tofel was the founding general manager of ProPublica from 2007-2012, and became president on January 1, 2013.

500 Thanksgiving plates served at Foster Road Elementary

NORWALK – Five hundred plates filled with turkey, gravy, sides of mashed potatoes, corn and a biscuit, complete with a slice of pumpkin pie were served for free at the 18th annual Foster Road Elementary School Thanksgiving Feast on Nov. 17.

This was the first year that fourth-grader Ricky Tedtalt attended the Thanksgiving gathering.

"The food was good and my friends were here too," Ricky, 9, said. "This was really fun and I will probably go again next year."

Ricky's grandmother, Olivia Castro, said she had never seen this type of event at any other school district.

"I was amazed that Foster Road did this," Castro said. "It shows the amount of generosity they have to give to our community."

Foster Road hosts the Thanksgiving Feast every year to gather members of its community around a warm Thanksgiving meal at the school. Booths were set up by an array of local organizations, including the City of La Mirada Chamber of Commerce, to inform the community about local events and resources. Benton Middle School also provided information on its performing and visual arts program.

"It's always exciting to see so many members of our community come together and have a good time," Foster Road Principal Salvador Villagomez said. "Thank you to our PTA, District schools and our local

organizations for helping us run another successful event."

La Mirada High School and Southeast Academy students volunteered to facilitate various activities, including painting students' hands to create turkey handprints and scooping ice cream desserts. Families were able to enjoy a car show in the parking lot and watch a Dr. Seuss movie outside the multi-purpose room.

"Foster Road Elementary shows how strong our community is in supporting our schools," NLMUSD Superintendent Dr. Hasmik Danielian said. "I am so happy that our families are eager to support our students in their education and are also able to sit down next to each other to enjoy a Thanksgiving meal."

LEGAL NOTICES

BULK SALES

NOTICE TO CREDITORS OF BULK SALE AND OF INTENTION TO TRANSFER ALCOHOLIC BEVERAGE LICENSE

(UCC Sec. 6101 et seq. and B & P 24073 et seq.)

Escrow No. 13586-JP

NOTICE IS HEREBY GIVEN that a bulk sale of assets and a transfer of alcoholic beverage license is about to be made.

The name(s) and business address of the Seller(s)/licensee(s) are: SUKHRAJKAUR HARBHAJAN HEER, 16024 PIONEER BLVD, NORWALK CA 90650

Doing Business as: TYS LIQUOR

All other business names(s) and address(es) used by the seller(s)/licensee(s) within the past three years, as stated by the Seller(s)/licensee(s), is/are:

The name(s) and address of the Buyer(s)/applicant(s) is/are: AB TRADING CO, 16024 PIONEER BLVD, NORWALK CA 90650

The assets being sold are generally described as: FURNITURE, FIXTURES, EQUIPMENT, TRADE NAME, GOODWILL, LEASE, LEASEHOLD IMPROVEMENTS, COVENANT NOT TO COMPETE AND ABC OFF-SALE GENERAL LIQUOR LICENSE #21-425855 and is/are located at: 16024 PIONEER BLVD, NORWALK CA 90650

The type and number of license to be transferred is/are: Type: OFF-SALE GENERAL LIQUOR, License Number: 21-425855 now issued for the premises located at: SAME

The bulk sale and transfer of alcoholic beverage license(s) is/are intended to be consummated at the office of: ACT ONE ESCROW INC, 17918 PIONEER BLVD, STE 202, ARTESIA, CA 90701 and the anticipated sale date is DECEMBER 23, 2016

The bulk sale is subject to California Uniform Commercial Code Section 6106.2.

The purchase price of consideration in connection with the sale of the business and transfer of the license, is the sum of \$130,000.00, including inventory estimated at \$30,000.00, which consists of the following: DESCRIPTION, AMOUNT: CHECK \$10,000.00; CASH \$90,000.00; PROMISSORY NOTE \$30,000.00; TOTAL CONSIDERATION \$130,000.00

It has been agreed between the Seller(s)/licensee(s) and the intended Buyer(s)/transferee(s), as required by Sec. 24073 of the Business and Professions Code, that the consideration for transfer of the business and license is to be paid only after the transfer has been approved by the Department of Alcoholic Beverage Control.

SUKHRAJKAUR HARBHAJAN HEER, Seller(s)/Licensee(s)

AB TRADING CO, Buyer(s)/Applicant(s)

LA1731592 DOWNEY PATRIOT 11/24/16

The Downey Patriot 11/24/16

FICT. BUS NAME

FICTITIOUS BUSINESS NAME STATEMENT

File Number 2016277036

THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: (1) ASOC. DE FUTBOL DE VET SUR DE CALIFORNIA, 15028 ALBURTIS AVE, NORWALK CA 90650, LA COUNTY

Articles of Incorporation or Organization Number (if applicable): AI #ON: N/A

REGISTERED OWNERS(S): (1) RAFAEL MENDOZA PLAFOX, 15028 ALBURTIS AVE, NORWALK CA 90650 (2) MONICO GOMEZ SEVILLA, 15028 ALBURTIS AVE, NORWALK CA 90650

State of Incorporation: (1) N/A

This business is conducted by a General Partnership

The registrant commenced to transact business under the fictitious business name or names listed above on N/A

I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.)

S/RAFAEL MENDOZA PLAFOX, GENERAL PARTNER

This statement was filed with the County Clerk of Los Angeles on NOVEMBER 14, 2016

NOTICE-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form.

The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (see Section 14411 et. seq., Business Professions Code).

The Downey Patriot 11/17/16, 11/24/16, 12/1/16, 12/8/16

FICTITIOUS BUSINESS NAME STATEMENT

File Number 2016277756

THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: (1) NUESTRA BELLEZA PUEBLA USA, 7780 OTTO ST, DOWNEY CA 90240, LA COUNTY

Articles of Incorporation or Organization Number (if applicable): AI #ON: N/A

REGISTERED OWNERS(S): (1) ARNULFO MORENO, 7780 OTTO ST, DOWNEY CA 90240

State of Incorporation: (1) N/A

This business is conducted by an Individual

The registrant commenced to transact business under the fictitious business name or names listed above on 06/2016

I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.)

S/ARNULFO MORENO, OWNER

This statement was filed with the County Clerk of Los Angeles on NOVEMBER 15, 2016

NOTICE-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form.

The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (see Section 14411 et. seq., Business Professions Code).

The Downey Patriot 11/17/16, 11/24/16, 12/1/16, 12/8/16

FICTITIOUS BUSINESS NAME STATEMENT

File Number 2016275827

THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: (1) BEAUTY OF THE SEED, 7660 PHLOX STREET, DOWNEY CA 90241, LA COUNTY

Articles of Incorporation or Organization Number (if applicable): AI #ON: N/A

REGISTERED OWNERS(S): (1) IRENE HESSE, 7660 PHLOX STREET, DOWNEY CA 90241

State of Incorporation: (1) N/A

This business is conducted by an Individual

The registrant commenced to transact business under the fictitious business name or names listed above on 06/2016

I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.)

S/IRENE HESSE, OWNER

This statement was filed with the County Clerk of Los Angeles on NOVEMBER 17, 2016

NOTICE-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form.

The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (see Section 14411 et. seq., Business Professions Code).

The Downey Patriot 11/17/16, 11/24/16, 12/1/16, 12/8/16

FICTITIOUS BUSINESS NAME STATEMENT

File Number 2016279970

THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: (1) ABC LIQUOR & MARKET, 9956 LAKEWOOD BLVD, DOWNEY CA 90240, LA COUNTY

Articles of Incorporation or Organization Number (if applicable): AI #ON: N/A

REGISTERED OWNERS(S): (1) FIFTH SIGN VENTURES, 9968 LAKEWOOD BLVD, DOWNEY CA 90240

State of Incorporation: (1) N/A

This business is conducted by a Corporation

The registrant commenced to transact business under the fictitious business name or names listed above on 11/2016

I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.)

S/FIFTH SIGN VENTURES, PRESIDENT, FLOWER HUIZAR

This statement was filed with the County Clerk of Los Angeles on NOVEMBER 10, 2016

NOTICE-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form.

The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (see Section 14411 et. seq., Business Professions Code).

The Downey Patriot 11/24/16, 12/1/16, 12/8/16, 12/15/16

FICTITIOUS BUSINESS NAME STATEMENT

File Number 2016279970

THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: (1) GUSTAVO VARGAS ADVERTISING, 11015 PARAMOUNT BLVD STE 7, DOWNEY CA 90241, LA COUNTY

Articles of Incorporation or Organization Number (if applicable): AI #ON: N/A

REGISTERED OWNERS(S): (1) GUSTAVO VARGAS, 11015 PARAMOUNT BLVD STE 7, DOWNEY CA 90241

State of Incorporation: (1) N/A

This business is conducted by an Individual

The registrant commenced to transact business under the fictitious business name or names listed above on 10/2016

I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.)

S/GUSTAVO VARGAS, OWNER

This statement was filed with the County Clerk of Los Angeles on OCTOBER 24, 2016

NOTICE-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form.

The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (see Section 14411 et. seq., Business Professions Code).

The Downey Patriot 11/10/16, 11/17/16, 11/24/16, 12/1/16

FICTITIOUS BUSINESS NAME STATEMENT

File Number 2016270146

THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: (1) FURNITURE RESTORATION GALLERY, 8702 5TH ST APT 4, DOWNEY CA 90241, LA COUNTY

Articles of Incorporation or Organization Number (if applicable): AI #ON: N/A

REGISTERED OWNERS(S): (1) ROMAN ALMANZA, 8702 5TH ST APT 4, DOWNEY CA 90241

State of Incorporation: (1) N/A

This business is conducted by an Individual

The registrant commenced to transact business under the fictitious business name or names listed above on 03/1996

I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.)

S/ROMAN ALMANZA, OWNER

This statement was filed with the County Clerk of Los Angeles on NOVEMBER 3, 2016

NOTICE-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form.

The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (see Section 14411 et. seq., Business Professions Code).

The Downey Patriot 11/10/16, 11/17/16, 11/24/16, 12/1/16

FICTITIOUS BUSINESS NAME STATEMENT

File Number 2016270446

THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: (1) BEAR STATE MOTORSPORTS, 8141 2ND ST, SUITE 400, DOWNEY CA 90241, LA COUNTY

Articles of Incorporation or Organization Number (if applicable): AI #ON: N/A

REGISTERED OWNERS(S): (1) RICHARD CARLOS JR, 8141 2ND ST, SUITE 400, DOWNEY CA 90241

State of Incorporation: (1) N/A

This business is conducted by an Individual

The registrant commenced to transact business under the fictitious business name or names listed above on 03/1996

I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.)

S/RICHARD CARLOS JR, OWNER

This statement was filed with the County Clerk of Los Angeles on NOVEMBER 8, 2016

NOTICE-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form.

The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (see Section 14411 et. seq., Business Professions Code).

The Downey Patriot 11/17/16, 11/24/16, 12/1/16, 12/8/16

FICTITIOUS BUSINESS NAME STATEMENT

File Number 2016272720

THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: (1) BEAR STATE MOTORSPORTS, 8141 2ND ST, SUITE 400, DOWNEY CA 90241, LA COUNTY

Articles of Incorporation or Organization Number (if applicable): AI #ON: N/A

REGISTERED OWNERS(S): (1) RICHARD CARLOS JR, 8141 2ND ST, SUITE 400, DOWNEY CA 90241

State of Incorporation: (1) N/A

This business is conducted by an Individual

The registrant commenced to transact business under the fictitious business name or names listed above on 03/1996

I declare that all information in this statement is true and correct. (A registrant who

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and through its Governing Board ("Board"), will receive up to, but not later than, 1:30 p.m. on Wednesday, December 14, 2016, sealed bids for the award of a contract for:

Bid #1617-01 RENOVATION OF BEAR PARK

All bids shall be made and presented on a form furnished by the District. Bids shall be received in the office of the Director, Purchasing and Warehouse and shall be opened and publicly read aloud at the above stated time and place.

Each bid must conform with and be responsive to the contract documents, copies of which are on file and may be obtained electronically on or after November 14, 2016 - Contact Andrew Ulmen at aulmen@rachinpartners.com

A mandatory bidder's conference and job-walk will be conducted at Warren High School, 8141 De Palma St, Downey, CA 90241 on December 1st, 2016 at 8:00 a.m.. No bid shall be accepted from any bidder failing to comply with attending the mandatory bidder's conference.

The District has obtained from the Department of Industrial Relations the general prevailing rate of per diem wages and the general prevailing rate for holiday and overtime work for the Los Angeles County area for each trade, craft, classification, or type of work needed to execute the contract. Holiday rates shall be paid as specified in the collective bargaining agreement applicable to each particular trade, craft, classification, or type of work employed on the project.

Copies of schedules of rates so determined are available on the Internet at (http://www.dir.ca.gov/DIR/S&R/statistics_research.html) and are on file and available at the District Office address noted above. In accordance with Section 1773.2 of the California Labor Code, the Contractor shall post a copy of the determination of prevailing rate of wages at each jobsite. The schedule of per diem wages is based upon a working day of eight (8) hours. The rate for holiday and overtime work shall be at time plus one-half. The Contractor and any subcontractor(s) shall pay not less than the specified prevailing rates of wages to all workers employed by them in the execution of the contract. In accordance with provisions of the Public Contract Code Section 22300, substitution of eligible and equivalent securities for any monies withheld to ensure performance under this contract will be permitted at the request and expense of the Contractor.

No bidder may withdraw their bid for a period of ninety (90) days after the date for the opening of bids.

All bidders and their subcontractors MUST be registered with the Department of Industrial Relations (DIR) and possess a current and valid DIR registration number at the time of bid submission.

The District reserves the right to reject any and all bids or to waive irregularities in any bid.

The Downey Unified School District is an "Equal Opportunity" employer. Qualified Disabled Veteran Business Enterprises (DVBE) are encouraged to participate in this project.

Darren Purselglove, C.P.M.
Darren Purselglove
Director, Purchasing and Warehouse
Downey Unified School District
Los Angeles, County, State of California
The Downey Patriot
11/17/16, 11/24/16

COUNTY OF LOS ANGELES ORDER TO SHOW CAUSE FOR CHANGE OF NAME CASE NUMBER: VS029583

TO ALL INTERESTED PERSONS: Petitioner André Khatami filed a petition with this court for a decree changing names as follows: Present name (1) Andre Auram Khatami El THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

NOTICE OF HEARING
Date: January 4, 2017, Time: 1:30 pm, Department C, Room: 312
The address of the court is 12720 Norwalk Blvd., Norwalk, CA 90650
A copy of this Order to Show Cause shall be published at least once a week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in the county, DOWNEY PATRIOT
October 28, 2016
Margaret M. Bernal
Judge Of The Superior Court
Petitioner or Attorney, In Pro Per
Andre Khatami
12968 Sycamore Village Dr.
Norwalk, CA 90650
(562) 688-1197

The Downey Patriot 11/17/16, 11/24/16, 12/1/16, 12/8/16

SUPERIOR COURT OF CALIFORNIA, COUNTY OF LOS ANGELES ORDER TO SHOW CAUSE FOR CHANGE OF NAME CASE NUMBER: VS029597

TO ALL INTERESTED PERSONS: Petitioner Hector Gonzalez filed a petition with this court for a decree changing names as follows: Present name (1) Danielle Paola Gonzalez Proposed name (1) Daniela Paola Gonzalez THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

NOTICE OF HEARING
Date: December 28, 2016, Time: 1:30 pm, Department C, 3rd Floor
The address of the court is 12720 Norwalk Blvd., Norwalk, California 90650
A copy of this Order to Show Cause shall be published at least once a week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in the county, DOWNEY PATRIOT
October 28, 2016
Margaret M. Bernal
Judge Of The Superior Court
Petitioner or Attorney, In Pro Per
Hector Gonzalez
7724 Cecilia St
Downey, CA 90241
(562) 927-0935

The Downey Patriot 11/10/16, 11/17/16, 11/24/16, 12/1/16

SUPERIOR COURT OF CALIFORNIA, COUNTY OF LOS ANGELES ORDER TO SHOW CAUSE FOR CHANGE OF NAME CASE NUMBER: VS029662

TO ALL INTERESTED PERSONS: Petitioner Rebekah Insua filed a petition with this court for a decree changing names as follows: Present name (1) Rivi Insua Proposed name (1) Rebekah Insua THE COURT ORDERS that all persons

interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

NOTICE OF HEARING
Date: January 18, 2017, Time: 1:30 pm, Department C, 3rd Floor
The address of the court is 12720 Norwalk Blvd., Norwalk, California 90650
A copy of this Order to Show Cause shall be published at least once a week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in the county, DOWNEY PATRIOT
November 15, 2016
Margaret M. Bernal
Judge Of The Superior Court
Petitioner or Attorney, In Pro Per
Rebekah Insua
9229 Annetta Ave.
South Gate, CA 90280
(805) 229-9364
Bound1990@gmail.com

The Downey Patriot 11/17/16, 11/24/16, 12/1/16, 12/8/16

SUPERIOR COURT OF CALIFORNIA, COUNTY OF LOS ANGELES ORDER TO SHOW CAUSE FOR CHANGE OF NAME CASE NUMBER: VS029625

TO ALL INTERESTED PERSONS: Petitioner Eida Polanco filed a petition with this court for a decree changing names as follows: Present name (1) Abraham Espada-Polanco Proposed name (1) Abraham Alberto Castaneda-Polanco THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

NOTICE OF HEARING
Date: December 28, 2016, Time: 1:30 pm, Department C, 3rd Floor
The address of the court is 12720 Norwalk Blvd., Norwalk, CA 90650
A copy of this Order to Show Cause shall be published at least once a week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in the county, DOWNEY PATRIOT
November 08, 2016
Margaret M. Bernal
Judge Of The Superior Court
Petitioner or Attorney, In Pro Per
Eida Polanco
8930 Painter Ave Apt 233
Whittier, CA 90602

The Downey Patriot 11/10/16, 11/17/16, 11/24/16, 12/1/16

SUPERIOR COURT OF CALIFORNIA, COUNTY OF LOS ANGELES ORDER TO SHOW CAUSE FOR CHANGE OF NAME CASE NUMBER: SS026584

TO ALL INTERESTED PERSONS: Petitioner Shalva Gagulashvili filed a petition with this court for a decree changing names as follows: Present name (1) Shalva Gagulashvili Proposed name (1) Shalva Alexander THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at

the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

NOTICE OF HEARING
Date: December 23, 2016, Time: 8:30 am, Department K, Room: A203
The address of the court is 1725 Main Street, Room 102, Santa Monica, CA 90401
A copy of this Order to Show Cause shall be published at least once a week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in the county, DOWNEY PATRIOT
October 28, 2016
Gerald Rosenberg
Judge Of The Superior Court
Petitioner or Attorney, In Pro Per
Shalva Gagulashvili
144 N Hamilton Drive Apt. A
Beverly Hills, CA 90211
(323) 428-0618

The Downey Patriot 11/17/16, 11/24/16, 12/1/16, 12/8/16

SUPERIOR COURT OF CALIFORNIA, COUNTY OF LOS ANGELES ORDER TO SHOW CAUSE FOR CHANGE OF NAME CASE NUMBER: VS029696

TO ALL INTERESTED PERSONS: Petitioner Carl Twyman Bass filed a petition with this court for a decree changing names as follows: Present name (1) Carl Twyman Bass Proposed name (1) Carl Twyman THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

NOTICE OF HEARING
Date: February 1, 2017, Time: 1:30 pm,

Department C, Room: 312
The address of the court is 12720 Norwalk Blvd. Room 101, Norwalk, CA 90650
A copy of this Order to Show Cause shall be published at least once a week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in the county, DOWNEY PATRIOT
November 21, 2016
Margaret M. Bernal
Judge Of The Superior Court
Petitioner or Attorney, In Pro Per
Carl Twyman Bass
8721 E. Imperial Apt. 247
Downey, CA 90242
(562) 861-6761

The Downey Patriot 11/24/16, 12/1/16, 12/8/16, 12/15/16

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Whittier High senior overcomes barriers to find success

WHITTIER – Some of Whittier High School senior Florencia “Flo” Valenzuela’s earliest memories include watching addiction consume her drug-dependent parents and having child protective services place her and her younger brother in foster care at 5 years old.

In and out of foster care for several years, Valenzuela at 13 years old found the courage to testify against her parents and avoided having to return to their custody.

Under the guardianship of her older sister, Marcy, Valenzuela has found empowerment and resiliency, flourishing at home and at school. Holding a 3.8 GPA, Valenzuela is an active member of the Associated Student Body, an Academic Mentor to her peers, athlete and community volunteer.

Despite the overwhelming



obstacles, Valenzuela has excelled as an academic scholar and community leader and garnering praise from the Children’s Defense Fund-California (CDF-CA), which has selected her as a 2016 CDF Beat the Odds Scholarship program honoree. CDF-CA is providing her with a suite of academic and career readiness opportunities – including a \$10,000 scholarship.

“I’m so overwhelmed by the generosity of the Children’s Defense Fund and humbled that they would choose me over so many other deserving students,” Valenzuela, who is one of five California students to be recognized with the scholarship.

The 17-year-old, who dreams of studying social work or communications at USC, won the scholarship as part of the nonprofit organization’s Beat the Odds program, which works to open higher education opportunities for youths who demonstrate academic excellence and give back to their communities while overcoming tremendous adversity.

She will be honored by CDF Founder Marian Wright Edelman at the 26th annual Beat the Odds Awards Gala on Dec. 1 at the Beverly Wilshire Hotel.

“It’s been a very hard journey, and I am so grateful to everyone who has supported and encouraged me through it all,” Valenzuela said. “Thank you to everyone who sees my potential, and it is my goal to continue my education, make a difference in my community and help other foster kids.”

While helping to raise her younger brother in their new home, Valenzuela is also dedicated to her schoolwork, including studying mathematics, playing

volleyball and being a student government representative on the District’s Board of Trustees.

As an Academic Mentor, Valenzuela also tutors freshmen in her former teacher’s English class.

“Flo is an inspiration for us all,” said sophomore English teacher Alexa Nisbet. “Every student and teacher she has come into contact with learns it doesn’t matter what hurdles life puts in front of us. You just need to keep going and also keep putting out love to other people.”

Valenzuela is working with Nisbet to organize a new club, Cardinal Scholars, to help support foster youth attending Whittier High. She also volunteers at the Boys & Girls Club and the California Youth Connection’s YOUTH Training Project, which is a collaboration between current and former foster youths, child welfare professionals and youth-serving organizations.

“Despite enduring a difficult childhood, Flo has never let her status as a foster care child define her identity or stop her from achieving her goals,” Liggett said. “She epitomizes our District mantra that demographics do not determine destiny. She has become a role model to her peers and truly represents resiliency. I want to thank the Children’s Defense Fund for honoring such a deserving Cardinal.”

La Mirada middle school receives Golden Bell Award for fostering student inclusiveness

LA MIRADA – Norwalk-La Mirada Unified’s Los Coyotes Middle School is being honored with a Golden Bell Award for a student mentoring program, Where Everybody Belongs (WEB), which supports incoming sixth-graders as they transition from elementary to middle school.

WEB connects eighth-graders with new students, making them feel welcomed to the school. Mentors meet before and after school, and during lunch to plan, organize and carry out a series of social and academic activities, including movie nights, Academic Saturday School and Homework Club.

“Earning this award is really exciting because it is not only us, but the past years of WEB leaders as well,” Eighth-grade WEB mentor Miseok Kim said. “The leaders were always kind and considerate to the sixth- and seventh-graders.”

Miseok immigrated to California from South Korea when she was 8 years old. She heard that middle school years were the toughest years for students in the U.S.

“I was so worried about entering sixth grade,” Miseok said. “But my WEB leader was really patient and answered all of my questions clearly, which left an impression on me. It made the transition so much better for me.”

Mentors learn the effectiveness of strong communication and the importance of accepting others, skills that help them adjust when they make the transition from middle to high school.

“Through WEB, I not only helped students acclimate to middle school, but I also helped myself,” La Mirada High senior and former WEB mentor Zach Moore said. “I then took the lessons I learned from WEB and applied them to my leadership in Link Crew as vice president and as a link leader.”

Prospective mentors apply for the program during spring semester. Once selected, they spend three days at the end of summer training with Los Coyotes WEB coordinators, developing techniques in teamwork and goodwill, as well as examining conflict resolution and anti-bullying strategies.

Over 300 families attend Bellflower school’s ‘Turkey Night’

BELLFLOWER – Bellflower Unified’s Thomas Jefferson Elementary School drew 327 family and community members to its first-ever TJ Turkey Night on Nov. 16, part of a program of monthly engagement events designed to strengthen family connections with school programs.

The event featured a full turkey dinner served at cost (\$5 a plate), crafts and student performances. More than 100 students and parents completed crafts and four turkeys and six pies were given out as part of opportunity drawings.

“Our Turkey Night was a major success,” Principal Tiffany Dominguez said. “Everyone had a wonderful time, we had a chance to engage with our families and there was plenty of delicious food for all.”

Dominguez said Thomas Jefferson launched the monthly family programs in 2015-16 to create a stronger sense of community with parents. Other events include Bingo for Books, in which families play bingo to win books; Star-Gazing Night, hosted by astronomers; and Family Clay Night, in which students and parents decorate clay holiday ornaments fired in Jefferson’s kiln.

The student Turkey Night performances were recorded and projected onto a large screen for families to watch as they ate. Families were also encouraged to bring canned goods with them to donate to a local charity, Dominguez said.

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Homeownership in the U.S. recovering from 50-year low

After falling to the lowest level in 50 years, the U.S. homeownership rate bounced up slightly in the third quarter of this year.

At 63.5 percent, it is still lower than the same time a year ago and significantly down from its high of 69.2 percent at the height of the last housing boom, according to the U.S. Census. While the merits of homeownership are certainly debatable, household formation is a clear driver of economic growth, and the gains there are accelerating as well.

Household formation, which is the number of newly occupied housing units (both rented and owned) climbed by just more than 1.1 million. While most of the household formation during the housing recovery has been on the renter side, just under half of those formed in the last quarter were owners.

"Though the majority of household formation is still renters, the owner-occupied share was at its highest level in a decade. Both the improving economy and the aging of millennials will give homeownership a boost," said Jed Kolko, chief economist at Indeed, an online job site.

Rental demand continues to be stronger than homebuying demand for several reasons. Younger buyers who would typically be most active have been sidelined from the housing recovery due to high levels of student loan debt, higher home prices, weak income growth and tighter credit conditions. There has also been something of a social shift toward the flexibility of renting. And then there are millions of Americans who are still repairing their credit after losing their homes to foreclosure during the housing crisis.

"If the household formation rate continues to grow, that means

people, especially young adults are increasingly confident, about the labor market and about the economy," said Aaron Terrazas, an economist at Zillow.

Millennials have been taking longer to get married and have children, the two key drivers of homeownership. As millennials now age well into their 30s, dynamics are suddenly shifting.

"I think this is good news in light of the fact that millennials now make up the largest pool of potential new households. Though many are still living with their parents, they eventually will move out," noted Ralph McLaughlin, chief economist at Trulia.

"First, they will rent, and as they settle down, then they will buy. While we can't know for sure if they will own at rates of older generations, our survey work at Trulia shows 80 percent of millennials want to own a home — the highest share of any cohort and the highest in the seven years we've run the survey."

Flying in the face of homeownership continues to be the severe lack of homes for sale, and the situation is only getting worse. The number of for-sale listings usually drops in the slower fall and winter months, but in October it showed a sharper decline than usual, according to Realtor.com. Supply is especially low for cheaper, entry-level homes, but total supply is lower than it was one year ago.

"The number of homes for sale declined more in October than at any other point this summer, leaving us with 11 percent fewer active listings than a year earlier and the largest monthly inventory drop since July 2015," said Jonathan Smoke, chief economist at Realtor.com.

6 signs it's time to sell your home

1. You're feeling cramped, and you can't add on: Your family might not be growing, but that doesn't mean your lifestyle still fits in your current house.

If you've started working from home, for example, or you've adopted an extended family of indoor cats—or maybe you've just never gotten over your dream of having a sewing room—your house might be too small.

2. You have too much space: On the other hand, perhaps you're feeling overwhelmed by vacant rooms and silence. (Hello, empty nesters!)

Saying goodbye to a family home can be difficult, but you should consider how feasible it is to stay.

3. You're over the neighborhood: Maybe you can no longer deal with the rigid rules of your homeowners association, or perhaps your neighbors turned their house into a rental for frat guys. Whatever the reason, neighborhood dynamics can change dramatically over time.

4. Remodeling won't offer a return on your investment: Giving your kitchen or bathroom a face-lift can make your house feel like new again, which might be all you need to decide you want to stay put for years. But that doesn't mean it's a financially sound decision.

5. You can afford to sell: Sure, you're going to make money when you actually sell your house, but as the adage goes, it takes money to make money. So seller beware: You probably won't be sitting around and waiting for the dollars to roll in.

Most sellers need to make some minor improvements such as painting, landscaping, or updating flooring to get a good price on their home. Those costs will come out of your pocket at first, so it's a good idea to have a cushion before you start.

6. You're ready to compete: If you're living in a seller's market, you might be enticed to offload your home before things cool off. But don't forget—once you sell, you'll probably be a buyer, too.

If you're going to get out there, you should make sure you're ready to compete.

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From our Family to Yours

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This Is What a Standing Ovation Looks Like on Paper

"Selling my mother's home after she died was a difficult project considering I live in Virginia. I needed to find an experienced agent who knew the area well; who would aggressively market the property; who would even, outside of office hours, keep me updated and informed on the process, status and progress; and who would actively fight in my best interest. You came highly recommended to me as someone who could meet my requirements, and I was not disappointed".
Ellen Sherman

"I just wanted to let you know how much we appreciate your assistance in working with our family and most importantly, my 90 year old mother in the sale of her home. We were very pleased with your professionalism during the course of the process as well as the ultimate result. You understood my Mom's situation and worked to ensure that the required showing of the home was as easy as possible. You were able to find a willing buyer despite many limitations and really did not let these restrictions impact the successful marketing of the home".
Raymond A. Tabar

"We entrusted Dale with the finding and purchase of our home and were instantly impressed by his passion, dedication, and professionalism. With his personal approach, perseverance, and immaculate work ethic, Dale established a familial bond, at all times displaying a sincere desire to strive for and deliver exactly what we were looking for. He provides the utmost in quality service, is extremely proficient in the general real estate industry, and brings remarkable knowledge of the local market. Dale was extraordinary in his efforts negotiating between parties involved, all the while maintaining focus to safeguard our best interest."
Tim & Mary Behncke

"I put off listing my house for almost 2 years because I was concerned that it would be on the market for a long time, I was wrong! When you suggested pricing the home under what I wanted for it, I was concerned too-but you knew what you were doing, since it sold in only 6 days and for much more than it was listed at! I can only credit this to your ability as a Real Estate Agent, and to your knowledge of the market".
Jerry Search

"You always acted in a professional manner. Your advice and counsel during the process was very helpful. I appreciate the fact that you were always available when I needed you and that you always acted with professional confidence, while at the same time being very personable in your approach to people".
Robert E. Emerick, Ph.D.

"We were so impressed with your knowledge and abilities. The way you explained things and worked with us and our buyer to make the sale happen was wonderful. You truly have experience and that experience definitely comes through".
Roy and Diana Tait

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"Lorena Amaya & Lilian Lopez did an excellent job and I am very satisfied." - **Julia Macias**

"Mauricio Barajas did an excellent job and followed up on everything." - **Vivian Prado**

"Ruben Rios did a very good job! This is the second time I have used Ruben." - **Bessie Billups**

FEATURED PROPERTY

Pool Home!
Roomy 3 bedrooms, 1.5 Baths pool home in quiet neighborhood, elementary, middle and High schools just a few blocks away! Large lot 7778 sf. Covered patio, central air and heat, fruit trees, gas or wood burning fireplace in living room. **Call Today!!!**

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Beautiful Custom Home!
This beautiful 3 bedroom, 4 bathroom home is made up of 3,324 sq.ft. of living space. It features near-new carpet, custom lighting, custom drapery throughout. Library/optional 4th bedroom has mahogany built in bookcases with matching plantation shutters. Upstairs loft can be used as a den or 5th bedroom. **Call Today!!!**

Fantastic Opportunity!
Move in condition! New interior paint and carpet. New copper plumbing under house. Central air & heating, dining room or den and eating area in the kitchen. **Call Today!!!**

Move In Ready!
This beauty offers 3 bedrooms, 1 bath and a family room with a wood burning fireplace. Open floor plan home with newer interior and exterior paint, hardwood floors throughout, remodeled bathroom and kitchen with stainless steel appliances and granite counters. **Call Today!!!**

North Downey!
Move in condition home. Newer carpet, fireplace in living room, eating area off living room and in kitchen, central A/C, 2 car detached garage. **Call Today!!!**

Wonderful Downey Home!
Nice home on Cul De Sac street. Large dining area, rock fireplace family room, utility room, park like back yard, 2 car attached garage. **Call Today!!!**

Downey Delight!
Bring your buyers to this large 4 bedroom 2 bath and 2 family room home with almost 2100 sq ft. Updated gourmet kitchen has granite counters, stainless appliances, and beautiful wood cabinetry with an eating area in the kitchen. Kitchen opens into step down den. **Call Today!!!**

Northwest Downey!
Nice move in condition home with newer carpet and paint. Drought resistant front yard. Central A/C. Updated Kitchen and Baths. Guest quarters, w/ 3/4 Bath - Shows very nice.

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At Thanksgiving more than ever, my thoughts turn gratefully to those who have made my success possible.
And in this spirit I wish to simply but sincerely say...
Thank You for your business, friendship & support during the year.
Best Wishes for a Happy Thanksgiving!

Thank You to all of our Clients
We hope you have a blessed holiday season!
Happy Thanksgiving
from our family to yours!
Angelo & Marie



CALL TODAY!
A-1 Neighborhood!
Large 4 bedroom, 5 bathroom tri-level executive home in a cul-de-sac in Charloma Estates. 3,828 sq. ft. living space on a 9,383 sq. ft. lot.
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N. DOWNEY!
9547 Stamps Ave., Downey
Don't miss this FABULOUS 4 BD, 3 BA original owner home. This lovely home features nearly 2,200 sq. ft. of living space on a 9,214 sq. ft. lot.
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N. Downey home featuring 2 BD, 1 BA w/ over 900 sq. ft. of living space on a 7,421 sq. ft. lot.
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3 bedroom, 2 bathroom Moreno Valley home. 1,468 sq. ft. living space on a 9,583 sq. ft. lot. Spacious property ready for you to call HOME.
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from me to you during this holiday season

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Sweet & Low!
2 BD, 1 BA, living room w/laminate hardwood floors, sunny kitchen, & newer windows. Cul-de-sac location in Downey & private backyard.



9 Brand New Townhomes
Each one is 4 BD, 2.5 BA, almost 1,600 sq. ft., hardwood floors. Master BD w/walk-in closet & master bath w/dual sinks & tub/shower.



So Much To Offer!
2 bedrooms, 1 bathroom home with a 1 bedroom, 1 bathroom guest house with large yard near Stonewood Mall.



Hop, Skip & A Jump To School
3 BD, 2 BA living room & dining room, & family room w/fireplace. Near Downey Landing & new Downey Promenade.



Extreme Makeover!
3 BDj, 1 BA, new kitchen with quartz counters and tile backsplash. Covered patio, and 2 car garage.



Ranch Style Charmer
3 BD, 2 BA, newly remodeled kitchen, large living room w/hardwood floors, & family room. 2 car detached garage. Near schools & Stonewood mall.



2 Units In Whittier
18,552 sq. ft. LARGE LOT! FRONT HOUSE: 3 BD, 2 BA BACK HOUSE: 2 BD, 1 BA 2 Car garage.



Bright & Sunny Home
Tri-level 4 BD, 4 BA, 2,110 sq. ft. townhome with YARD built in 2014. Features solar panels, wood floors, modern kitchen & master bedroom. Gated community has a pool.



Home Sweet Home!
3 BD, 3 BA, remodeled kitchen, family room with fireplace, & master BD with private BA. Backyard has built-in BBQ.



Move Right In!
4 BD, 2 BA home near Gallatin Elementary features new kitchen, hardwood floors, fresh paint, newer windows & remodeled bathroom.



Home Sweet Home!
Large 3 BD, 4 BA, 2,560 sq. ft. home in Cherokee Estates with a 9,305 sq. ft. lot on a cul-de-sac location.



A Car Lover's Dream Home!
9,127 sq ft lot with a 6 car garage & extra gated driveway to park extra cars or an RV. House is 3 bedrooms, 3 bathrooms, and 2,140 sq ft.



Custom Built Home
5 BD, 4 BA home w/ 3,400+ sq. ft. of living space built in 2005. Gourmet kitchen, master suite & large family room. 2 car detached garage.



Luxurious and Elegant
6 BD, 7 BA, 5,528 sq ft Mediterranean style home built in 2009 - located on a nice cul-de-sac in N. Downey



Tuscan Estate on a Large Lot!
6 BD, 5 BA, 5,300 sq ft, great room with adjacent gourmet kitchen and formal dining room, & a grand master suite that's a must see.

Call Michael for a FREE Market Analysis to Sell Your Home in 2017