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\$468M development approved for South Rancho campus

■ **SOUTH RANCHO:** Project includes a 15-acre sports complex and county headquarters.

By Eric Pierce
Editor

DOWNEY – A significant portion of the long-abandoned south Rancho Los Amigos campus may finally be redeveloped after L.A. County Supervisors unanimously approved a \$468 million project Tuesday.

The 70-acre development project calls for a 15-acre regional sports complex.

The sports complex includes multiple playing fields, nighttime lighting, restrooms, a concession stand, an equipment storage room and parking.

The rest of the site will be used to house a Sheriff's Department crime lab, headquarters for L.A. County Probation and Internal Services departments, and possibly a light rail commuter station.

"This is a major accomplishment for Downey," said Mayor Alex Saab. "Our city has worked hard over the past 10 years to encourage the redevelopment of this property, which complements our economic development efforts throughout the city and specifically in south Downey."

County supervisors voted Tuesday to spend \$17 million to develop architectural scoping documents and prepare an environmental impact report.

"Today we reached another milestone in the transformation of the Rancho Los Amigos campus," said Supervisor Don Knabe. "I want to thank the City of Downey and the Downey City Council for their great partnership throughout this entire process. This project has been

a longtime coming and I am thrilled that we are finally moving forward with redeveloping Rancho's South Campus into a space that will better serve the County and enhance the quality-of-life of Downey residents and the entire region."

The entire Downey City Council -- minus Roger Brossmer -- along with City Manager Gilbert Livas attended Tuesday's meeting, along with AYSO players and coaches. They testified in support of the project.

"As we heard from local AYSO players who testified at today's Board meeting, playing fields are a sorely needed amenity in the southeast communities," added Knabe. "I know these facilities will be used by kids and adults of all ages for years to come."

Downey officials celebrated the project's approval.

"[Tuesday] was a historic day for our city -- one that will be cemented in Downey's legacy for many generations to come," said Mayor Pro Tem Fernando Vasquez. "Thank you to all of those involved in making this project a reality for our community, from past Downey mayors and city staff to elected officials in our neighboring cities including South Gate, Bellflower and Paramount, thank you for your support for the regional sports park."

"I support this project because it is the right thing to do for the children of Downey and the Gateway Region," added Councilman Sean Ashton. "The council will work closely with the County of Los Angeles to finalize the specifics in regards to the construction of this state-of-the-art, regional sports complex."



Hospital and city officials held a ceremonial groundbreaking Aug. 5 to mark the start of construction at PIH Health in Downey, which is expanding its emergency room.

PIH Health breaks ground on expanded emergency room

DOWNEY – A groundbreaking ceremony last week kicked off construction for an expansion of the emergency department at PIH Health Hospital Downey.

Ramona Pratt, PIH Health chief operating officer for the Downey campus, along with Mayor Alex Saab and former patients broke ground to mark the beginning of the renovations Aug. 5.

"PIH Health continues to invest in the Downey facility and in technologies that will enhance the quality of care and the patient experience," said Pratt. "We remain committed to those who come to us for care and we are dedicated to ensuring high standards."

The current facility was built to accommodate 25,000 patient visits per year; however the number of patient visits has increased to approximately 50,000.

Approximately 5,000 square feet of space will be added to the existing emergency department, doubling the current footprint, and the expanded waiting room will increase seating capacity from 37 to 80.

The revitalization project will include new and improved service areas, including "fast track," which will serve patients who are not experiencing life-threatening emergencies, 11 additional exam rooms, a new registration desk, modern nursing stations and new hospital equipment, including a state-of-the-art CT scanner.

Expected completion of the project is fall 2018. Hospital services in the Emergency Department will remain available during the two-year construction period.

At fundraiser for breast cancer research, laughter is the best medicine

■ **FUNDRAISER:** Dinner and comedy show raises \$2,359 in memory of Downey resident.

By Alex Dominguez
Contributor

DOWNEY – The 10th annual Sue Phillips Memorial Fundraiser was held Saturday evening, bringing together cancer survivors, loved ones, and a handful of local comedians.

The Sue Phillips Memorial Fundraiser has been hosted by the family of the event's namesake since Phillips' passing from breast cancer in 2002. All proceeds from the event go toward the AVON 39 Foundation and helps the Phillips' team raise the funds needed in order to participate in the AVON 39 Walk to end Breast Cancer.

According to Malia Phillips, Sue's daughter, her family has had at least one person participate in the walk since her mother's death.

"My mom was diagnosed in 2001, and she fought breast cancer

for 18 months," said Phillips. "... AVON 39, they give money to hospitals to do research, to try to find new treatments and to find a cure. I think we have raised a lot of money -- our group -- and that just goes to help people with cancer and help research and find a cure."

Saturday's fundraiser event featured homemade Italian dinner, silent auction, and group of local comedians who donated their time and brand of entertainment.

One of those comedians was local stand-up rising star Vic Diaz, who has spearheaded the #supportlocalcomedy movement, designed to bring the comedy scene to Downey. Diaz produced the fundraiser's comedy show, which included several comics of notable club and television prestige.

"...the object is to get people to realize that they don't have to go to LA, or the OC, or elsewhere to enjoy a comedy show. They can come to Downey, which is right in the middle of everything really -- not too far from LA, not too far from Orange County," said Diaz.

The comedy show, called Comedy Fighting Cancer, was emceed by Charles Sanchez, a 20-year veteran of the industry, who recently lost his father-in-law to cancer.

"When you see it firsthand, you become more sympathetic and you understand what other people are going through as well," said Sanchez.

Sanchez also commented that he is a true believer of the old saying that "laughter is the best medicine," however also noted the importance of trying to understand the emotions of this particular audience.

"It's hard sometimes to laugh because [you have] so much sorrow during the time that someone is dying from cancer, that you almost forget to laugh," said Sanchez. "... you have to understand what they've gone through, or what they're going through, so you're a little more understanding."

"Every comic wants that big, huge 'ahh laugh,' but because of what they're going through it's difficult, so you have to be understanding."

Downey man has prison sentence commuted

DOWNEY – A Downey man walked out of federal prison Wednesday after his sentence was commuted by President Obama.

Keldren Joshua pleaded guilty in 2006 to conspiracy to distribute 500 grams of methamphetamine.

He was sentenced to 15 years to life in prison due to prior traffic offenses.

Under the Obama

administration, minimum sentences for nonviolent first-time drug offenders was lowered, and Joshua's case was taken up by the Federal Public Defender's Office.

The President commuted the sentences of other offenders as well, including Gregory Allen Liningham, of Los Angeles, who in 1993 was sentenced to life in prison for possession of crack cocaine.

"We are not done yet," Deputy

Attorney General Sally Yates said. "We expect that many more men and women will be given a second chance through the clemency initiative."

To date, Obama has commuted the sentences of 562 federal inmates, more than the previous nine presidents combined.

Officials expect the president to commute more sentences before he leaves office.

Weekend at a Glance

Friday 82° ☁

Saturday 87° ☀

Sunday 89° ☀

THINGS TO DO



Rams vs Cowboys

Saturday - L.A. Coliseum, 5 pm
The Rams make their return to Los Angeles with a pre-season game against the Dallas Cowboys.



Avocado Fest

Saturday - Angel City Brewery, 11 am to 8 pm
Avocado beer, food, desserts, music, brewery tours and more.



Front Street Car Show

Saturday - Front Street in Norwalk, 12-4 pm
One of the best car shows in Southern California returns to Norwalk. Live music, food, raffles and more.

FROM OUR FACEBOOK

PIH Health begins expansion of ER

Kandy Heinemann Grzebyk: Good and hopefully they'll have more than one doctor in the emergency room at night. Waited with my son for 8 hours until they took him back then another 3 hours for testing.

Julie Waters: Finally! Since Downey's population has doubled or even tripled it makes sense they have twice as many patients per year. Hope they hire more staff to accommodate the larger waiting area.

Janet Evans: Just because you double the size, doesn't mean it will be better unless you double the staff. We waited 6 hours and there weren't that many people in the waiting room.

Tuein Hayes: When so many ER's are closing because they can't afford to keep open, I am glad PIH Downey is expanding to meet the need.

Reach us on Facebook at: Facebook.com/DowneyPatriot

TWEET OF THE WEEK

@EconomyRadio: Great community newspaper @downeypatriot

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CRIME REPORT

FRIDAY, JULY 29

At 7:25 p.m., officers were dispatched to a residence in the 9600 block of Belcher Avenue regarding a mentally ill subject. The officers determined that the subject was a danger to himself and/or others. The adult male subject was transported to a medical facility for psychiatric evaluation.

SATURAY, JULY 30

At 11:10 p.m., officers on patrol noticed that a light pole had been hit by a vehicle on the S/W corner of Firestone and La Reina. The pole had been knocked to the ground. There were no witnesses to the incident and no one was hurt. Detectives are investigating.

SUNDAY, JULY 31

At 10:45 a.m., officers were dispatched to the 8100 block of Orange Street regarding suspicious subjects. Upon arrival, officers located and detained the subjects in the apartment complex. One of the subjects had an empty handgun holster attached to his waistband. After a brief search, officers located a loaded firearm hidden in a bush just a few feet away. The second subject had an outstanding arrest warrant. Both subjects were placed under arrest without incident.

At 6:00 p.m., officers located a vehicle that was wanted in connection with an unlawful discharge of a firearm that occurred on July 27. The driver was arrested at the scene. During a subsequent search of the suspect's residence, several firearms, ammunition, and replica firearms were located and collected as evidence.

Warren High grad dedicating life to fertility, stem cell research

■ **STUDENT SUCCESS:** After graduating from Warren High with highest honors in 2014, Ernesto Rojas is now studying fertility at UCLA.

DOWNEY – It's not every day that you meet someone who can say that they helped deliver a baby by the age of 18.

However, former Warren High student Ernesto Rojas can say he has, which is just one of the many experiences that has become part of his journey in science.

Growing up in Downey, Rojas held a running record of academic success at Downey Unified. From being involved in programs at Rio Hondo Elementary School to graduating from Warren High School with highest honors in 2014, Rojas has always been devoted to learning.

Reminiscing back to his school days as a young Roadrunner at Rio Hondo, Rojas shared that those years from kindergarten to fifth grade played a huge role in preparing him for college.

"From Ms. Petit's class in second grade where I first learned how to public speak by playing the Big Bad Wolf in 'The Three Little Pigs,' to getting my first taste of what science was in Mrs.

Griswold's class in fifth grade," said Rojas, "I truly benefited from these teachers because they gave it their all to allow my mind to flourish at a young age."

During his middle school years at Griffiths, Rojas continued to thrive in academics and shared that it was during that time that he credits his success in truly relying on his school counselor, Mrs. Main, for guidance through a difficult stage in his life.

As the time came to transition to the Home of the Bears, Rojas was ready to embark on the next four years of his life where he would discover who he was as a student and develop his academic dreams for the future.

From the get go, Rojas was recognized for his outstanding achievements in science at Warren, which ultimately lead him to pursue a degree in molecular biology at the University of California Los Angeles (UCLA).

"I remember my freshman year of high school, I received the Golden Bear pin for biology in Mr. Maurer's Honors Biology class," shared Rojas. "It was in his class that I discovered that I was good at Biology and my love for science flourished."

During sophomore and junior year in Mr. Lord's Honors and AP Chemistry classes, Rojas learned that he wanted to study the fundamentals of both Biology and Chemistry combined.

When he wasn't studying chemicals and cell cycles, Rojas devoted much of his time to leading the Warren High School band as the drum major, as well as rehearsing lines for the upcoming drama class production.

"Being a part of the Warren Band for all four years, really taught me a lot about myself and how to lead and communicate efficiently with others," said Rojas. "I am so thankful to Mr. Niemeier because he was the first person

who allowed me to take on a large leadership role by being the drum major my junior and senior years at Warren."

As high school graduation day arrived, Rojas was eager to start college and felt fully prepared for this next chapter of his life.

Rojas entered school at UCLA with previously established units of college course credit, which he earned from taking Advanced Placement classes at Warren High School. The hard work and dedication expected from a student in these rigorous courses provided Rojas with a smooth transition into college.

"The study habits and skills I learned in my AP and honors classes at Warren really nurtured my mind and have helped me now in college," said Rojas.

Once he began school at UCLA, he discovered that instead of studying biochemistry, he wanted to study Molecular Cell and Developmental Biology because it would allow him to "view the world through the lens of a small molecule."

Due to this realization, he decided to contact Warren High School English teacher Shirley Stewart, who has assisted countless former and current students. With her guidance, Rojas applied to the UCLA Broad Stem Cell Research Center and he was accepted in January of this year.

At the research center, Rojas has had the opportunity to conduct basic research in fertility as well as begin to investigate the ethics behind genetic engineering.

According to the UCLA Broad Stem Cell Research Center, 30 percent of cancer patients are under pre-pubescent age, therefore these individuals may face fertility issues later in life as a direct result of chemotherapy and radiation. Because of this, Rojas and his team have dedicated their research to finding ways to reprogram stem

cells into germ cells so those patients can overcome the potential side effect of infertility later in life.

In addition to this major project, Rojas is discovering how to bring awareness to biological ethics, specifically in regard to the issues of genetically engineering children before they are born.

Through this experience at the research center, Rojas has taken it upon himself to return to his alma mater and share what he has learned with students of one of his former classrooms.

"It was in Mr. Orlinsky's class where I truly learned how to think like a scientist and really felt prepared for college level classes," said Rojas. "What I try to tell the students in his classes is that if you want to pursue science when you graduate high school, you don't have to stick with just the traditional path of getting your medical doctorate."

In April of this year, Rojas was given the opportunity to present his research experience and express the importance of biological ethics at the National Undergraduate Bioethics Conference (NUBC) at Case Western University in Cleveland, Ohio. In the fall, he will also speak at several other conferences such as the American Society of Bioethics and Humanities National Conference in Washington, DC; as well as, the Annual Biomedical Research Conference for Minority Students in Tampa, Florida.

"I think back to playing my first role in Ms. Petit's class at Rio Hondo to acting in Mr. Deichman's drama class at Warren," shared Rojas. "I am very grateful that I was able to develop a lot of the necessary skills for public speaking, which has aided in my confidence to present in front of my colleagues."

When looking to the future, Rojas shared that his ultimate goal is to one day become an obstetrician-gynecologist (OB/GYN) and



Ernesto Rojas working inside the lab at the UCLA Stem Cell Research Center. He joined the team in January of this year to conduct biomedical research in fertility and investigate the ethics behind genetic engineering.

continue to conduct research in fertility, genetic diagnosis and embryo development.

"The education I received at Downey Unified was incredible and it definitely helped influence and guide me to become the person I am today," expressed Rojas.

Rojas' journey of educational success, since his primary days in Downey Unified, validates how devoting time to a wide array of academic activities tremendously prepared him with the right leadership, communication and academic skills needed for higher education and a successful future.



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NEWS BRIEFS: Downey teen killed, ballistic vests for firefighters, housing trends

By Eric Pierce
Editor

■ 19-year-old Downey resident Nick Cubas was found dead last Thursday morning in Long Beach, and police think he may have been murdered.

From the Orange County Breeze:

“On Aug. 4, 2016 at approximately 6:30 a.m., Officers were dispatched to the area of Willow St. and the San Gabriel River, to assist Long Beach Fire personnel with a dead body, which did not appear to be from natural causes.”

The Press-Telegram reported Cubas was shot.

No other information was released by investigators.

■ A 24-year-old Bell woman accused of killing her grandmother attended Downey schools, according to former classmates.

Investigators say Sarah Montoya “snapped” and strangled her grandmother last month. She then allegedly fled to Mexico with her four kids, where she was captured.

From ABC-7:

“The 64-year-old’s body was found on July 21 at her home on the 6600 block of Pine Avenue after a family member called for a welfare check.

“Authorities said she was found in the home’s bathroom, wrapped in plastic and a blanket. She was found with broken ribs and a contusion to the head, investigators said.

“The last time Paula Montoya was seen alive, she had received a visit from Sarah Montoya and her four children, who range in age from 1 to 9 years old, on July 18, deputies said.

“Investigators said they received a tip that Sarah Montoya had fled to Mexico with her kids. They then found her vehicle near the U.S.-Mexico border.”

■ The City Council on Tuesday voted to spend \$12,500 from reserve funds to purchase ballistic vests and helmets for firefighters.

“As first responders, the Fire Department currently does not have adequate ballistic protective equipment readily available,” Fire Chief Mark Gillaspie wrote in a report to council members. “Because any of the fire department’s first responders are likely to respond to active shootings, ballistic vests and helmets need to be assigned to each daily sworn position (21).”

Gillaspie also requested 125 personal trauma kits for Downey police officers for an additional \$12,500.

“The leading cause of preventable death in victims of penetrating trauma is hemorrhage,” Gillaspie wrote. “Early hemorrhage control, rapid victim extraction, and expedited emergency transportation to definitive care increases patient survivability of mass casualty victims.”

■ The Downey City Library is in line to receive \$65,030 in federal funds to install a laptop kiosk station with 18 laptop computers.

Council members approved the grant Tuesday, which requires a \$4,500 match.

■ Greg Welch, owner of Rischer Mortuary, was the recipient of Mayor Alex Saab’s Distinguished Citizen & Business Award.

The mayor also honored retiring public works employee David Chavez.

■ The Karen Carpenter tribute show happening this Saturday at the Downey Theatre is receiving plenty of local press coverage, including a write-up in Broadway World.

A sample:

“Led by singer Michelle Berting Brett and accompanied by a live, seven-piece Nashville band directed by Harry Sharpe, the show re-creates

the Carpenters’ original sound, presenting an intimate behind-the-scenes portrait of one of the most successful recording acts of all time.”

The show also received coverage from KCAL-9, KNBC-4, and two stories from the Toluca Times.

Tickets to Saturday’s show start at \$35 and the production may sell out. As of Wednesday morning, approximately 100 tickets remained.

■ A carjacking suspect wanted out of Norwalk led police on a pursuit Monday afternoon that ended in the Northgate Market parking lot on Telegraph Road in Pico Rivera.

From ABC-7:

“CHP chased the vehicle in the Norwalk area, but as the pursuit moved into the Downey area, officers went into surveillance mode, backing off and allowing their helicopter to monitor the suspect.

“The suspect driving in a white Lexus was seen making several erratic moves, such as speeding, driving on the shoulder of the 5 Freeway and making U-turns in the middle of the street.

“The chase moved from the 5 Freeway to side streets and eventually into a parking lot in [Pico Rivera].”

The suspect then surrendered to police.

■ Downey resident and attorney Ricardo Perez has been named president of the Southeast L.A. Bruins, a UCLA alumni organization.

■ The city of Downey’s fall parks and recreation guide hit mailboxes last week. If you didn’t get one, it can also be downloaded from the city’s website.

■ The Arc of Los Angeles and Orange Counties received a state grant, Assemblymember Cristina Garcia announced this week.

The size of the grant was not specified, but the funds are coming from AT&T California, which is in its second year of a giving program called the “Investing in California Awards.”

The purpose of the awards is to provide resources and recognition to organizations and programs that are improving lives in their communities and the state by advancing economic growth, educational opportunities, new technologies, or by providing other essential community services.

Earlier this year, Garcia nominated several organizations from her district and The Arc of Los Angeles and Orange Counties and East Yard Communities for Environmental Justice were each selected as grant recipients.

“The Arc of Los Angeles and Orange Counties and East Yard Communities for Environmental Justice are two non-profits in my district that provide much needed services to the residents in my district,” said Garcia. “I would like to thank AT&T California for providing financial assistance to these organizations and supporting their efforts to improving the quality of lives of people and their families in the 58th Assembly District.”

■ David Kale, of Kale Investigation Agency of Downey, will be guest speaker when the Eldorado Chapter of the American Business Women’s Association meets Wednesday, Aug. 17, at the Rio Hondo Event Center.

Networking begins at 6:30 p.m., with dinner, speaker and a brief business meeting at 6:30.

RSVP by contacting Ilda Vaja at vajafamily@hotmail.com.

■ The Downey Association of Realtors released statistics from the local real estate market:

In July 2016, there were 69 new listings in Downey (no change from 2015) and 35 closed listings (down 35 percent from 2015).

The average sales price was \$561,663, up 5.2 percent from July of 2015.

There is currently an inventory of 121 Downey homes for sale. Year to date, Downey homes are selling for an average of \$555,417.

■ The Downey Historical Society is hosting a 95th birthday celebration for its former president, John Vincent.

The party will take place inside the Gallatin Room at the Barbara J. Riley Center from 2-4 p.m. on Aug. 23.

RSVP by calling Bobbi Bruce at (562) 862-2777.

■ Financial Partners Credit Union has signed on as a sponsor of the Columbia Memorial Space Center’s “Rocket Fever” event on Aug. 20, ensuring free admission to Los Angeles’ only urban rocket festival.

The event is from 10 a.m. to 5 p.m.

The space center will host various activities including straw, water and stomp rockets, a cardboard maker space, interactive exhibits, a giant space shuttle jumper, a live music by The Amoeba People.

There will also be food trucks.

The space center is the site where NASA designed and built the Apollo capsules that went to the moon and, later, created all of the space shuttles.

Financial Partners shares the same history as it was founded nearly 80 years ago to serve the aerospace employees.

■ Southern California Gas Company marked the opening of a new public compressed natural gas (CNG) station on Rosemead Boulevard in Pico Rivera last month.

The new public station was designed for the needs of heavy duty trucks, with wide driveways for easy turning, 16-ft. high canopies with LED lighting and robust compressors for quick fueling.

The new station is expected to improve air quality by providing a more convenient location for CNG fueling and by helping to meet growing demand from commercial fleets for a clean burning and affordable fuel.

CNG heavy duty trucks can reduce smog-forming nitrogen oxide emissions by 90 percent from CARB 2010 emissions standards.



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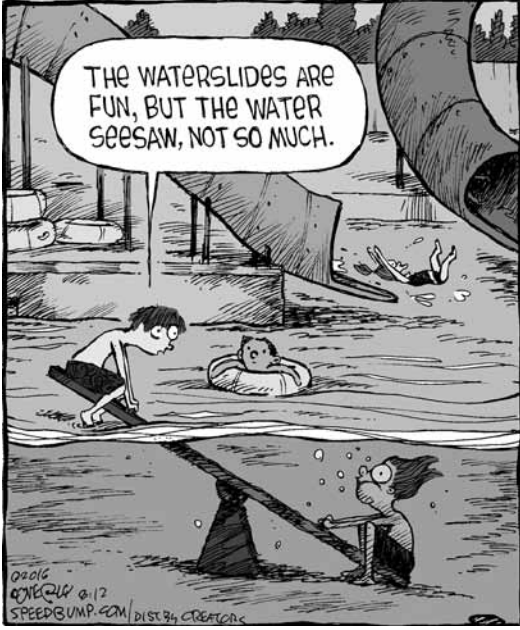
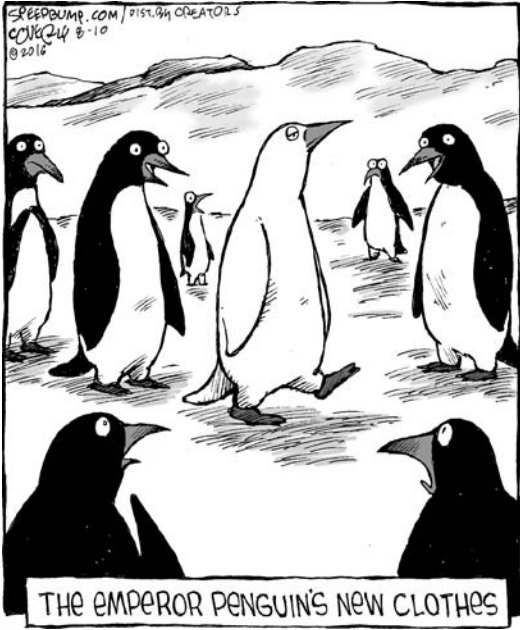
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SPEED BUMP



DAVE COVERLY



Downey Community Calendar

EVENTS FOR AUGUST

Saturday, Aug. 13: **Downey Theatre open house**, 5:30 p.m.
Saturday, Aug. 13: **Karen Carpenter tribute show**, Downey Theatre, 8 p.m.

CITY MEETINGS

1st & 3rd Wednesday, 6:30pm: Planning Commission, Council Chamber at City Hall.
1st Tue., 4:00pm: Recreation and Community Services Commission, Council Chamber, City Hall.
1st Tue., 6:00pm: Emergency Preparedness Committee, at Fire Station No. 1, 12222 Paramount Blvd.
2nd & 4th Tue., 6:30pm: City Council, Council Chamber.
3rd Tue., 6:30pm: Library Advisory Board, at Downey City Library.
4th Mon., 5 pm: Green Task Force, at City Hall.

Regularly Scheduled Meetings

MONDAYS

7 pm: Boy Scout Troop 2, at Downey United Methodist Church, call 869-6478.
2nd Mon., 11 am: American Legion Auxiliary #270, at United Methodist Church, call 304-3439.
3rd Mon., 11:30 am: Downey Newcomers Club, call Nancy 806-1782.
4th Mon., 7:30 pm: Downey Numismatists, at Downey Retirement Center, call 862-6666.

TUESDAYS

9:30 am: Downey Seniors Club, at Apollo Park, call Irene Vallini at 328-7039.
10 am: Downey Bocce Club, at 7850 Quill Drive, call John Fiorenza at 652-4399.
12 pm: Rotary Club, at Rio Hondo Events Center, call Russell Skersick 929-3710.
6 pm: Toastmasters Club 587, at First Baptist Church, contact Salvador Cervantes: tmsalcpuede@gmail.com.
7 pm: Downey Knights of Columbus Bingo, at 11231 Rives Ave., call 923-1932.
7 pm: Healing Room and Prayer, at Desert Reign Church 11610 Lakewood Blvd, call 861-6011.
1st Tues., 7:30 am: Gangs Out of Downey, at City Hall training room.
2nd Tues., 3:30 pm: Keep Downey Beautiful, at City Hall, call 905-7103.
2nd and 4th Tues., 6 pm: Sertoma Club, at Rio Hondo Event Center, call 927-6438.
2nd Tues., 6 pm: Downey Fly Fishers, at Apollo Park, call 425-7936.
3rd Tues., 6:30 pm: Community Emergency Response Team meeting, Fire station 1, 12222 Paramount.
3rd Tues., 6 pm: American Legion #270, at Sizzler Restaurant, call 544-0372.
Tues., Thurs. & Sat., 10 am: Downey Bocce Club, at 7850 Quill Drive, call John Fiorenza 652-4399

WEDNESDAYS

7 am: Kiwanis Club, at Rio Hondo Events Center, call Steve Roberson at 927-2626.
1 pm: Women's Bocce Club, at 7850 Quill Drive, call Marie Puch at 869-4366.
7 pm: Out Post 132 Royal Rangers, at Desert Reign Church, call 928-8000.
1st Wed., 11 am: Woman's Club of Downey, call Cheryl Olson 833-8954.
1st Wed., 11:30 am: Downey Coordinating Council, Community Center, call Cindy 803-4048.
1st Wed., 7:30 pm: Downey Stamp Club, at Maude Price School cafeteria, call 928-3028.
2nd Wed., 11:30 am: Christian Women's Club, at Los Amigos Country Club, call Helen 864-7319.
2nd Wed., 7:30 pm: Downey Model A Club, at Gallatin School Cafeteria, call 928-4132.
3rd Wed., Downey Dog Obedience Club, at Apollo Park, call Gina 869-5213 or Valerie 420-2972.
3rd Wed., 10 am: Los Angeles County Quilters Guild, at Women's Club, call (310) 604-0725.
3rd Wed., 10 am: OLPH Women's Guild, at OLPH School Auditorium, contact Armida Lugo, (562) 715-6142.
3rd Wed., 6 pm: American Business Women's Association, Rio Hondo Country Club, call Barbara 863-2192.
4th Wed., 12:00 pm: Retired Federal Employees, at Barbara J Riley Center, call 943-5513.
4th Wed., 7:30 pm: US Coast Guard Aux. Flotilla 5-10, First Presbyterian Church, call Brian 419-5420.
Wed. & Fri., 10:15 am: Senior Bingo, at Apollo Park, call 904-7223

THURSDAYS

7:30 am: Connections Networking, at Bob's Big Boy, for info., call Nick Smith, 861-5222.
7:30 am: Soroptimist Int'l of Downey, for information, call Mia Vasquez, 806-3217.
9:30 am: Take off Pounds Sensibly, at Barbara Riley Senior Center, call (800) 932-8677.
12 pm: Kiwanis Club of Downey, at Rio Hondo Events Center, call Roy Jimenez 923-0971.
12 pm: Optimist Club of Downey, at Rio Hondo Events Center.
6:30 pm: Downey United Masonic Lodge # 220, 8244 3rd St., call 862-4176.
7 pm: Troop 351, Boy Scouts of America, at First Baptist Church, call 776-3388.
1st Thurs., 12:00 pm: Downey Christian & Professional Luncheon, Sizzler's Restaurant, call James 310-1335.
1st Thurs., 7:30 pm: The Downey Amateur Radio Club, at First Baptist Church room 120.
2nd Thurs., 7:30 pm: Beaming Rebel Foxes Collectors Club, call Carl D. Jones at 923-2400.
2nd & 4th Thurs., 6 pm: Lions Club, at Coco's, call Lenora (310) 283-9825.
3rd Thurs., 4 pm: Public Works Committee, at City Hall Training Room.
3rd Thurs., 6 pm: Downey CIPAC, at Sizzler's Restaurant, call Rich Tuttle 413-6045.
4th Thurs., 10 am: Assistance League, at Casa De Parley Johnson, call 869-0232.
4th Thurs., 7:30 pm: Downey Historical Society programs, at Community Center, call 862-2777.

FRIDAYS

7:30 am: Pro Networkers, at Mimi's Cafe, call Barbara Briley Beard at 869-7618.
3rd Fri., 8:30 am: Women's "In His Glory" Ministry at Los Amigos C. C. 622-3785.

SATURDAYS

9 am: Farmers Market, Downey Avenue at 3rd Street, call 904-7246.
4th Sat., 12:00 pm: Downey Arts Coalition, email contact@downeyarts.org.

On This Day...

August 11, 1965: Deadly rioting and looting broke out in the Watts section of Los Angeles. The riots resulted in 34 deaths and over \$40 million in property damage.

1992: The Mall of America, the biggest shopping mall in the country, opened in Bloomington, Minn.

2002: US Airways filed for Chapter 11 bankruptcy protection.

BIRTHDAYS: Entrepreneur Steve Wozniak (66), wrestler Hulk Hogan (63), comedian Joe Rogan (49), actor Will Friedle (40) and actor Chris Hemsworth (33).

THE NEWSDAY CROSSWORD

Edited by Stanley Newman (www.StanXwords.com)

NOT SO FAST: We'll get moving next time

by Gail Grabowski

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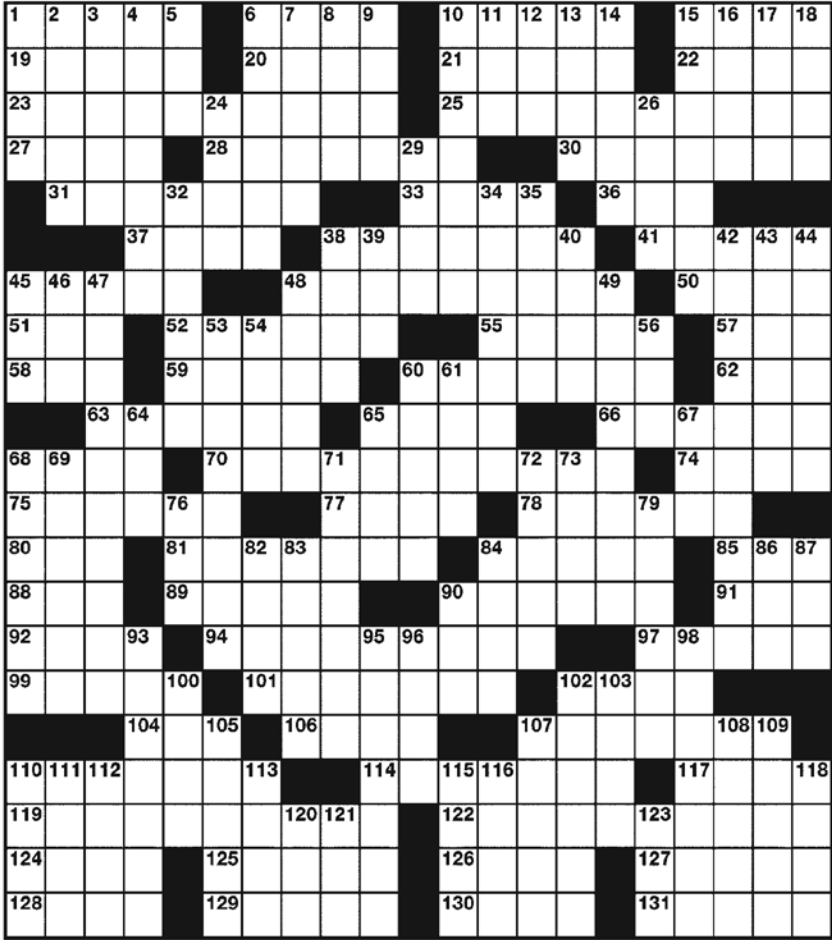
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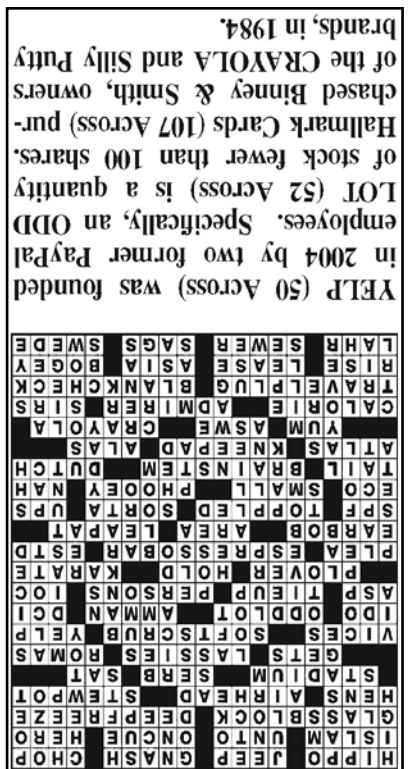
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Paging Dr. Frischer...

By Dr. Alan Frischer

"An apple a day keeps the doctor away."

Really?

An apple is a natural food, rich in vitamin C and loaded with fiber. Let's see what else makes them so good:

- Including the skin, an apple adds about 100 calories to our diet, of which 90 come from carbohydrates, and with a very small amount of protein and fat.

- Its 22 (or so) grams of carbohydrates include about five grams of fiber, making an apple a high fiber and a low glycemic index fruit. The fiber is pectin, which helps to lower food intake and decrease weight and body fat. A high fiber diet helps to moderate spikes in the blood sugar, making apples a good choice for diabetics.

- Apples are a good source of vitamins and minerals, including vitamin C and potassium.

- Apples come in a variety of sizes, flavors, and colors.

- Apples are kind to the budget. The most popular varieties are usually found for under \$2.00 per pound.

- Apples are filled with antioxidants, which help to neutralize free radicals and protect our DNA from damage. An apple's antioxidant activity is higher than that of many other fruits. Studies find that eating one or more apples a day helped to lower the risk of many types of cancer, including esophageal, breast, colon and ovarian.

- Apple juice concentrates have been found to improve the production of acetylcholine, a neurotransmitter that helps to protect our brain activity and may prevent some of the symptoms of aging.

Let's look at reasons to be cautious with our apple consumption, as well:

- Apple trees are a welcoming home for spiders, worms, and fungal growth. Orchards and commercial producers may spray their trees with pesticides and fungicides. Apples top the list of "dirty" produce, according to the Environmental Working Group. If you are concerned about high levels of pesticides in your food, buy organic. Organic produce is, however, more expensive than conventionally grown produce, leading to a bigger tab at the grocery store.

- Most apples are coated with wax, which is sprayed on to make the fruit look better, to seal in moisture, and to keep apples (as well as many oranges, cucumbers, and other produce) from going bad. Wax can extend shelf life

by 50%. Fruit wax may be "natural" (including carnauba and shellac) or petroleum based. Shellac coatings are made from resin secreted by an insect, which would disqualify these apples from a vegetarian or vegan diet. If these coatings concern you, consider shopping directly from an orchard, where you can inquire about what they use.



- Some people report a mild stomachache or even some diarrhea from eating apples. This is most likely caused by the high fiber content. Our bodies typically learn to adjust.

- Some consider apples a boring food. Of course, they can be transformed into apple pie, applesauce, dried apples, etc. as well as added to a huge variety of other dishes.

- It's possible for apple allergies to develop gradually over time. Certain tree pollens, including birch pollen, contain a similar protein. If you are allergic to birch pollen, you may develop an allergy to apples as well. If an apple allergy begins to develop, try avoiding the peel. It's possible for other food allergies to follow, like nuts, some vegetables, and other fruits.

While no single food will keep this doctor away, apples are a nutritious fruit with a place in a balanced diet. Eat them in moderation along with many other delicious natural foods.

Dr. Alan Frischer is former chief of staff and former chief of medicine at Downey Regional Medical Center. Write to him in care of this newspaper at 8301 E. Florence Ave., Suite 100, Downey, CA 90240.

Clinical trial of Zika vaccine gets underway

The National Institute of Allergy and Infectious Diseases (NIAID), part of the National Institutes of Health, has launched a clinical trial of a vaccine candidate intended to prevent Zika virus infection. The early-stage study will evaluate the experimental vaccine's safety and ability to generate an immune system response in participants. At least 80 healthy volunteers ages 18-35 years at three study sites in the United States, including the NIH Clinical Center in Bethesda, Maryland, are expected to participate in the trial. Scientists at NIAID's Vaccine Research Center (VRC) developed the investigational vaccine — called the NIAID Zika virus investigational DNA vaccine — earlier this year.

The study is part of the U.S. government response to the ongoing outbreak of Zika virus in the Americas. According to the Centers for Disease Control and Prevention, more than 50 countries and territories have active Zika virus transmission (link is external). In the United States and its territories, more than 6,400 Zika cases have been reported. Although Zika infections are usually asymptomatic, some people experience mild illness lasting about a week. However, Zika virus infection during pregnancy can cause a serious birth defect called microcephaly, as well as other severe fetal defects of the brain and other organs. There are no vaccines or specific therapeutics to prevent or treat Zika virus disease.

"A safe and effective vaccine to prevent Zika virus infection and the devastating birth defects it causes is a public health imperative," said NIAID Director Anthony S. Fauci,

M.D. "NIAID worked expeditiously to ready a vaccine candidate, and results in animal testing have been very encouraging. We are pleased that we are now able to proceed with this initial study in people. Although it will take some time before a vaccine against Zika is commercially available, the launch of this study is an important step forward."

The NIAID Zika virus investigational DNA vaccine approach is similar to that used for another investigational vaccine developed by NIAID for West Nile virus. That vaccine candidate was found to be safe and induced an immune response when tested in a Phase 1 clinical trial.

The investigational Zika vaccine includes a small, circular piece of DNA — called a plasmid — that scientists engineered to contain genes that code for proteins of the Zika virus. When the vaccine is injected into the arm muscle, cells read the genes and make Zika virus proteins, which self-assemble into virus-like particles. The body mounts an immune response to these particles, including neutralizing antibodies and T cells. DNA vaccines do not contain infectious material — so they cannot cause a vaccinated individual to become infected with Zika — and have been shown to be safe in previous clinical trials for other diseases.

"A team of scientists here at NIAID worked tirelessly to rapidly develop this vaccine for clinical testing," said John Mascola, M.D., director of NIAID's VRC. "DNA or gene-based vaccines induce antibodies, but they also can

activate the cell-mediated immune response, which ultimately could yield strong and durable protection against disease."

The Phase 1 clinical trial, called VRC 319, is led by Julie E. Ledgerwood, D.O., chief of the VRC's clinical trials program. Volunteers will be divided randomly into four study groups of 20 people each. After enrollment, all participants will receive a vaccination at their first visit via a needle-free injector that pushes the vaccine fluid into the arm muscle. Half of the participants will receive one additional vaccination eight weeks or 12 weeks later. The remaining participants will receive two additional vaccinations: one group of 20 participants will receive a second vaccine at week four and a third at week eight; the other group of 20 participants will receive a second vaccine at week four and a third at week 20. All participants will receive the same dose at each vaccination.

Following each vaccination, participants will remain at the study site for observation for a minimum of 30 minutes so clinicians can monitor for any adverse reactions. Participants will receive a diary card to use at home to record their temperature and any symptoms for seven days following each vaccination.

All participants will return for follow-up visits within a 44-week time period after the first vaccination so investigators can monitor their health to determine if the vaccine is safe. The study team will review patient data daily and weekly to monitor safety. A Protocol Safety Review Team will also conduct formal interim safety reviews.

At follow-up visits, investigators will also take blood samples for laboratory testing to measure the immune response to the vaccine. Participants will be asked to return for two follow-up visits at 18 months and two years following the initial vaccination so investigators can obtain additional blood samples to assess the durability of the immune response.

Other study sites include the Center for Vaccine Development at the University of Maryland School of Medicine's Institute for Global Health in Baltimore, and Emory University in Atlanta. Initial safety and immunogenicity data from the Phase 1 trial are expected by January 2017. If results show a favorable safety profile and immune response, NIAID plans to initiate a Phase 2 trial in Zika-endemic countries in early 2017.

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Shared Stories: Never underestimate the power of a penny

Mary Lou Garcia reflects on the big difference that a penny made in her situation at one time, and on all of the other times that a penny has the power to make life so much more pleasant. Shared Stories is a weekly column featuring articles by participants in a writing class at the Norwalk Senior Center. Bonnie Mansell is the instructor for this free class offered through the Cerritos College Adult Education Program. Curated by Carol Kearns

By Mary L. Garcia

I used to wonder before why the term "lucky penny" had been coined. When I see a penny on the street or sidewalk I have the choice to either pick it up or not pick it up. What value does it have? Is it worth my having to bend my arthritic knees for a penny? Would it really give me luck? What is its true value?

While on a summer school assignment at a middle school, teaching teens and pre-teens with special needs, I had scheduled walking field trips to give them some practical knowledge about the Norwalk community.

Our first walking field trip was about a seven-minute walk to a

convenience store. The students brought their own money and picked the items they wanted to buy: chips, cookies, Slurpees, etc. One by one they lined up, and assisted by the para-educators, they handed their money to the cashier and got their change.

When it came to Adrian's turn, he saw that the items he bought amounted to \$3.01. We looked at his money and told him his \$3 was not enough and that he needed a penny more. Seeing that Adrian was puzzled and didn't quite understand what it was all about, one para-educator quickly handed a penny to him, and he in turn, gave it to the cashier.

Adrian's face beamed as he walked out of 7-Eleven. The para-educator later told me that she had found the penny by the sidewalk as we were walking.

I couldn't help but smile thinking back about the time that one lucky

penny that had saved me \$800.

My very first job in Southern California, as a new immigrant in 1982, was a teacher's aide position in a special education class at a public high school. My salary was \$4.25 an hour.

After a short stint as a teacher's aide, I decided to take on a different job at a parochial school where my children were enrolled. It was not long though that my job at St Bernard's School ended and summer break followed. I took the opportunity to file an unemployment insurance claim and received a total of \$800 from the Employment Development Department, aka EDD.

I was pretty happy with the unemployment pay but I received a letter in the mail asking me to appear in person at the EDD office where I would be given an opportunity to explain why I had quit my first job to take on the second job. If my quit was not a "reasonable quit," then I

would have to pay the \$800 back to EDD.

My second employer from the parochial school was also summoned to appear. I had earlier contacted the EDD to understand what would constitute a "reasonable quit." EDD explained the term as "quitting one job for reason of a higher pay in the succeeding job."

For me the pay was immaterial. All I had wanted was to transfer to a job site where my children attended school. Little did I know that pay would be an issue. I did my homework and brought my paychecks, and showed up at the EDD office.

The representative from the parochial school did not appear, which was not necessarily to my advantage. I felt rather unsettled, but nonetheless I presented the paychecks from each of my two consecutive job assignments. I had quit the first job which paid me

\$4.25 per hour to take on another job at the parochial school for \$4.26 per hour.

It was self-evident, a penny more per hour when I quit constituted a "reasonable quit."

Indisputably I won my case. I did not have to pay back the \$800 to EDD! Truly, "A penny saved is a penny earned," as the wise Benjamin Franklin had quipped.

The saga of the penny continues. Recently on the CNN news, a man from Texas was fined for speeding nine miles over the speed limit in a residential area. He brought in two buckets of pennies worth \$212 and dumped the pennies on the counter of the municipal court, protesting his fine to be unfair. It took three hours for two coin-counting machines and staffers to count all the pennies; he was told that he exceeded the fine by \$7.81. His drama went viral on social media.

For us regular, mainstream folks, waiting in line at the grocery store is not a newsworthy occurrence. But a penny can still make a difference in our day. When someone ahead of me is short of a penny or two, I reach for my coin purse and pay it forward. Sometimes it is I who is short of a penny or two and somehow, I always have another person behind me, to pay that extra cent that would complete my transaction.

I don't ever want to underestimate the power of a penny. One can never ignore that copper-zinc coin, shiny or dull. How can I? One side encapsulates the words that I believe in, the word LIBERTY with the profile of one of our greatest presidents, Abraham Lincoln, and most importantly, words that I strongly value on the penny: IN GOD WE TRUST.

Promenade at Downey holding grand opening Saturday

DOWNEY - Alberta Development Partners invites the community to a grand opening celebration at The Promenade this Saturday, Aug. 13, from 12-4 p.m.

The space-themed event, to be held in Apollo Plaza in front of the Cinemark theater, will honor the historical significance of the site, which during World War II was an aircraft manufacturing facility that morphed into a space engineering and fabrication plant after the war. Many space programs from Apollo through the Space Shuttle era were developed on the site.

"We understand that this site is of significant historical importance to the community, so we have tried to incorporate as much of its story into The Promenade as possible," said Don Provost, principal of Alberta Development Partners. "We think the grand opening celebration should incorporate

some of that history into fun events for everyone in the community."

There will be a free family entertainment, including face painting, balloon twisting, a magician, live music and even a Virtual Reality Space adventure and an anti-gravity human gyroscope ride.

In addition, some of the restaurants will be offering samples from their menus, and retailers will be providing gift card giveaways

and prizes. The first 1,000 people attending the event will receive a recyclable shopping bag stuffed with special offers from retailers at The Promenade at Downey.

There also will be a school supply drive to benefit the Downey Unified School District's TLC Family Resource Center, an organization that works with children and their families on health issues, child abuse concerns, family instability and parenting skills. Donors will receive a coupon

for \$10 off of a \$50 purchase at Famous Footwear.

Retailers that have recently opened in the 656,000-sq. ft. shopping center include Ulta, Dress Barn, Famous Footwear, Carters and Benihana. TJ Maxx Home Goods is slated to open Aug. 21.

Alberta is developing The Promenade in partnership with Industrial Realty Group LLC, a real estate development and investment firm specializing in the acquisition,

development and management of commercial and industrial real estate across the country; PCCP, LLC, a provider of commercial real estate debt and equity capital for middle-market real estate projects throughout the United States; and Silverpeak Real Estate Partners, a privately held real estate investment advisory business that acquires and manages real estate on behalf of commingled funds, separate accounts and for its own account.

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- ★ **PETE'S DRAGON** PG (10:00, 11:00, 12:25, 1:30, 3:00, 5:35, 8:05, 10:35)
- ★ **PETE'S DRAGON** PG (11:40, 2:15, 4:45, 7:15, 9:50)
- ★ **SAUSAGE PARTY** R Fri & Sat: (10:35, 12:45, 3:00, 4:00, 5:05, 6:05, 7:20, 8:20, 9:30, 10:30, 11:00; Sun to Wed: (10:35, 12:45, 3:00, 4:00, 5:05, 6:05, 7:20, 8:20, 9:30, 10:30, 11:00; Thu: (10:35, 12:45, 3:00, 4:00, 5:05, 6:05, 7:20, 8:20, 9:30, 10:30, 11:00, 12:55, 2:15, 3:50, 5:10, 6:45, 8:05, 9:40)
- ★ **NINE LIVES** PG (11:35, 1:45, 6:05, 8:15)
- ★ **SUICIDE SQUAD** PG-13 Fri & Sat: (10:05, 11:20, 12:55, 2:15, 3:50, 5:10, 6:45, 8:05, 9:40, 11:00; Sun to Thu: (10:05, 11:20, 12:55, 2:15, 3:50, 5:10, 6:45, 8:05, 9:40)
- ★ **SUICIDE SQUAD** PG-13 (10:40, 1:35, 4:30, 7:25, 10:20)
- ★ **BAD MOMS** R Fri to Wed: (11:40, 2:15, 4:50, 7:30, 10:05; Thu: (11:40, 2:15, 4:50, 7:30, 10:05)
- ★ **JASON BOURNE** PG-13 Fri to Mon: (11:10, 2:00, 4:55, 7:50, 10:40; Tue: (4:55, 7:50, 10:40; Wed: (11:10, 2:00, 4:55, 7:50, 10:40; Thu: (11:10, 2:00, 4:55, 7:50, 10:40)
- ★ **MAX** PG Tue: (10:00 AM, 12:30 PM)

Times for Friday-Thursday, August 12-18, 2016
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8435 Firestone Blvd., Downey CA 90241
www.downeytheatre.com

Alton Brown announces show at Pantages Theatre

two performances only on March 17 & 18, 2017.

Both performances are at 8 pm. Tickets for these two performances will go on sale to the public on Thursday, August 11, at 10 a.m. Tickets will be available for purchase online at HollywoodPantages.com or Ticketmaster.com, by phone at 800-982-2787, and at the Hollywood Pantages box office.

Later this year during Thanksgiving week, Brown will make his Broadway debut for eight performances at the Barrymore Theatre. Brown created a new form of entertainment - the live culinary variety show - with his "Edible

Inevitable Tour", which played in over 100 cities with more than 150,000 fans in attendance. The first leg of Eat Your Science sold 100,000 tickets in the 40 cities Brown visited.

Brown says fans can expect "all-new everything including songs, new comedy, new puppets, and bigger and better potentially dangerous food demonstrations." He promises "plenty of new therapy inducing opportunities during our audience participation segments. I don't want to give too much away, but this time we're going to play a little game."

Brown has a knack for mixing together science, music and food

into two hours of entertainment.

"Plus, you'll see things I've never been allowed to do on TV," he promised.

Brown, author of "I'm Just Here for the Food" and the New York Times bestselling sequence "Good Eats," is releasing his new cookbook through Ballantine Books (an imprint of Random House) on Sept. 27. "Alton Brown: EverydayCook", or EDC as Brown calls it, is a collection of more than 100 personal recipes as well as a pinch of science and history.

He has hosted numerous series including "Cutthroat Kitchen," "Camp Cutthroat" and "Iron Chef America" and created, produced and hosted the Peabody award winning series "Good Eats" for 13 years on Food Network.

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NEW ON NETFLIX

WHAT'S COMING TO NETFLIX NEXT WEEK

August 11
Flight of the Butterflies
No Country for Old Men

August 12
Ask the StoryBots (Season 1)
The Get Down (Part 1)
Project Mc2 (Season 2)

August 13
13 Cameras

August 15
Louis CK: Live at the Comedy Store

August 16
Let's Go to Prison
Our Last Tango

August 17
The Curse of Sleeping Beauty
The Last Heist
Puffin Rock (Season 2)



Tickets are still available to see country music star Jason Aldean this Sunday at the San Manuel Amphitheater in San Bernardino.

Opening for Aldean are Thomas Rhett, A Thousand Horses and Dee Jay Silver.

Tickets start at \$43 and can be purchased on StubHub.com.

DINING OUT

Restaurant Spotlight:

A proud member of the Downey community since 1991, La Perla del Mar is a family owned and operated restaurant that provides an extensive menu of Mexican favorites. From Huevos Rancheros to tasty Menudo, delicious Seafood entrees to handmade corn tortillas, there is a dish to satisfy everyone's cravings for breakfast, lunch, and dinner.

The menu at La Perla del Mar features a wide array of great selections, made from only the freshest and highest quality ingredients. Everything from the Carne Asada to the Molcajetes, Filete al Vino Blanco to Mole Poblano, all dishes are homemade to order. Open daily until 1:30am, it's also perfect for a late night bite.

Recent renovations, including a beautiful granite bar, several plasma televisions, and beer on tap, allows any sports fan to enjoy a good game with the best comfort Mexican food around. You can also show off your singing skills with Karaoke nights daily from 8pm-1:30am. Catch all your favorite sporting games on more than 10 TV's!

Check out our coupon in the dining section for great savings. Don't forget to book your private party with us. La Perla del Mar's tasty selections bring back authentic Mexican food to Downey!



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Type of Food: Authentic Mexican Seafood Specialties Breakfast

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Advertising Supplement

Sports Briefs: Downey wrestler Jonathan Prata grappling across the country

■ **WRESTLING:** Downey High junior spent his summer wrestling at tournaments throughout the Midwest.

By Mark Fetter
Contributor

DOWNEY - Downey High School junior wrestler and 2016 state qualifier Jonathan Prata has had a busy summer.

year concluded in June, Prata found himself wrestling in Des Moines, Iowa, at the national competition being held there. Jonathan finished second in Iowa with a record of 4-1. Prata's lone defeat of the tournament was in the championship final where he was defeated by the Kansas state champion 6-5.

Prata also competed in the National Freestyle tournament

held in Fargo, North Dakota, in July. Prata finished that tournament with a record of 4-2 but did not place. Prata jokingly said that those "were the biggest brackets I have seen at a tournament." Prata's two losses in Fargo were to wrestlers from Michigan and Ohio, respectively.

Prata has also attended open mat practices at St. John Bosco and Servite High Schools. Bosco was holding spring workouts Monday-Friday from 4:00-6:00 p.m. and Servite was holding open mat workouts on Tuesdays and Thursdays from 4:00-6:00 p.m.

Jonathan was also busy helping instruct practices at Doty Middle School this spring on Mondays and Fridays for the Doty Wrestling Club.

Jonathan Prata is looking forward to the start of the 2016 school year and wrestling season. After qualifying for the state tournament in 2016 his realistic goal for 2017 is to "place at state." Interestingly, that would make his 2018 goal a state championship.

■ Downey High School has been busy this week preparing for the start of the 2016-17 academic and athletic school year.

Students have been registering for their fall classes, the band has been fine tuning their sounds, the drum line has been beating on their drums and cheerleaders have been practicing their flips and stunts with counts of "five, six, seven eights."

The girls' volleyball team was holding practice on both sides of the gym and the football team was on the football field and in the weight room getting bigger, faster and stronger. Coaches were coaching football players to "get in a stance because that is what getting "set" means. The sounds of

football and the fall.

Several other sports teams have been conducting practices on and off campus throughout the mornings, afternoons and evenings as well as throughout the summer. A visit to Downey High School on Tuesday afternoon was just a small glimpse as to what has been going on this summer.

Many teams are still observing their C.I.F. mandated "Dead Periods." Downey High School will be crazy next Wednesday morning with close to 4,500 students roaming the campus and hallways for the first day of school. Incoming freshmen will get lost and hopefully older students will point them in the right direction.

The Downey football team will kick off their 2016 season when they travel to San Pedro on August 26. San Pedro finished last season with an overall record of 7-5 and were 3-2 in Marine League play.

Downey won last year's game 13-2 en route to their 7-5 overall record and 4-1 San Gabriel Valley League tri-championship record.

■ The Warren High School football team will begin their 2016 season when they travel to Don Lugo of Chino on Friday evening, August 26.

Don Lugo finished last season with an overall record of 6-6 and were 4-1 in Mt. Baldy League play. Don Lugo was defeated by San Marino 52-10 in the first round of the C.I.F. Central Division playoffs. Colony High School (8-4, 5-0) was the Mt. Baldy League champion.

On offense the Bears will be very young at the skill positions and will get valuable game time experience quickly. Sophomore quarterback Chris Venegas will have some big shoes to fill as he will assume the role left by graduated

San Gabriel Valley League M.V.P. Jordan Yancy.

The strength of the Bear offense will be the offensive line. The offensive line is bigger, faster and stronger from a year ago and should provide some nice holes to run through. Sili "SD" Poe will anchor a stronger and more experienced offensive line from the guard position.

Senior wide receiver Jordan Mayes looks to have a strong season as does sophomore wide receiver Robbie Colenzo. Other offensive weapons for coach Raul Lara will be sophomore running back Ralen Goforth, sophomore wide receiver Desmond Carnes and senior tight ends Bedeiah "MJ" Togafau and Donovan Taylor.

Coach Lara really likes the makeup of his young team. Warren's schedule is more difficult from a year ago and the Bears will have a better idea of how much better they are after their preseason schedule ends. The Buena Park game in week three will be an excellent test for the upstart Bears. Coach Lara, his staff and players are looking forward to the start of the 2016 football season.

■ The Bears finished last season with an overall record of 8-3 and were 4-1 in San Gabriel Valley League play. For their efforts last season, Warren was a S.G.V.L. tri-champion with cross-town rival Downey and Dominguez, respectively. The Bears were eliminated in the first round of the C.I.F. Southeast Division playoffs by St. Francis of the Angelus League 21-19.

Head coach Raul Lara really likes this year's defense and likes the leadership his seniors are showing in the weight room and on the field. Lara says his defense will be "stout" due to their increased

understanding of the game and what opposing offenses will be trying to do against them.

Up front on defense the Bears will be led by senior defensive linemen Sili "SD" Poe and Bedeiah "MJ" Togafau. Senior hybrid defensive end/outside linebacker Donovan Taylor will also play a key role in solidifying the Bear's defense.

Warren's linebacker corps will be led by seniors Jorge Valderrama and Sirahn Fields. The secondary will be locked down by senior defensive back Jordan Mayes and sophomore free safety Ralen Goforth.

Warren's preseason schedule will feature Don Lugo in week one, Kaiser in week two, Buena Park in week three, Lakewood in week four and St. Paul in week five. Coach Lara will have a much better idea of where his team is at by the end of preseason play.

The Bears will have their bye in week six before S.G.V.L. play begins in week seven. Warren will begin league play on October 7 when they host Paramount. The Bears will then travel to Gahr on October 14, travel to Downey on October 21, host Dominguez on October 28 and will finish their regular season when they travel to Lynwood on October 28.

Richard Johnson mourned

DOWNEY - Longtime Downey resident Richard A. Johnson died Aug. 1 in Downey.

A memorial service was held Aug. 5 at Miller Mies Mortuary. Interment was at Riverside National Cemetery.



Richard was born in Galesbury, Ill., on Dec. 1, 1929, the oldest of three children. He had two brothers: Rodney, deceased a few years ago, and Jimmy, the youngest who lives in Hemet.

Richard worked for many years as a truck driver. When the company closed, he went on to work as an apartment manager and supermarket manager. He later retired to travel the work.

His bones began to deteriorate due to arthritis about 10 years ago. His health significantly declined the last three months, which he spent at an assisted living facility.

He lived in Downey for 25 years.

Richard William Babb passes away

DOWNEY - Richard William Babb, born Aug. 6, 1962, passed away March 16.

He enjoyed singing and dancing to Elvis and Michael Jackson.

POETRY MATTERS

His Opus

Dog peruses the oleanders, prodding with his body among the poisonous leaves, lifting scent into his snout through the trembling black doors of his nostrils. He gives every plant this close reading, ponders each one, and the stolid lamp posts, the hydrants, the bottlebrush's wizened bark. Go, I tell him, You haven't peed since sunset yesterday! I lead him to the old familiar places but they won't do. He looks at me, his eyes mutter something about a muse, and I understand. We cross the street to the homes with lawns and again he is reading the complex layers of scent left by his peers on lawns, the trunks of birches, crepe myrtles, eucalyptus. That's it, I say, guiding him back toward home. Finally in dry weeds behind a palm tree the muse speaks; Dog balances on three legs to compose his latest opus.

--Tamara Madison

Poet Madison loves words, loves poetry. Her earthy humor provides the metaphor of the dog as poet for the relationship between the poetic nature, human nature and nature itself. Madison is the featured reader at Stay Gallery August 18. A delightful evening is promised. Poetry matters is curated by Lorine Parks.

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LEGAL NOTICES

FICT. BUS. NAME

FICTITIOUS BUSINESS NAME STATEMENT
File Number 2016198731
THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: (1) CUENTALO AQUI T.V. (2) CUENTALO AQUI RADIO, 7633 PACIFIC HUNTINGTON PARK CA 90255, LA COUNTY
Articles of Incorporation or Organization Number (if applicable): AI #ON: N/A REGISTERED OWNERS(S): (1) SURAMA RODRIGUEZ, 7633 PACIFIC BLVD, HUNTINGTON PARK CA 90255 State of Incorporation: (1) N/A This business is conducted by an Individual The registrant commenced to transact business under the fictitious business name or names listed above on 09/20/16 I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.) S/ SURAMA RODRIGUEZ, OWNER This statement was filed with the County Clerk of Los Angeles on AUGUST 9, 2016 NOTICE-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (see Section 14411 et. seq., Business Professions Code).

The Downey Patriot 8/11/16, 8/18/16, 8/25/16, 9/1/16

STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME STATEMENT
File Number 2016189273
File Number 2015080938 DATE FILED: 3/25/2015 NAME OF BUSINESS(ES): PEREZ MILITARY ACCESSORIES STREET ADDRESS, CITY, STATE, ZIP CODE: 3425 E. 1ST ST #148 LOS ANGELES CA 90060 REGISTERED OWNERS(S): (1) JOSE REFUGIO PEREZ VIDAL, 2701 FERNWOOD AVE, LYNNWOOD CA 90262 State of Incorporation: N/A This business is conducted by an Individual I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.) S/ JOSE REFUGIO PEREZ VIDAL, OWNER This statement was filed with the County Clerk of LOS ANGELES on JULY 28, 2016

The Downey Patriot 8/4/16, 8/11/16, 8/18/16, 8/25/16

FICTITIOUS BUSINESS NAME STATEMENT
File Number 2016156367
THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: (1) MAMA CONNIE'S EGG ROLL CO, 1007 SEPULVEDA #867, MANHATTAN BEACH CA 90267
Articles of Incorporation or Organization Number (if applicable): AI #ON: N/A REGISTERED OWNERS(S): (1) AMANDA CRUZ, 1007 SEPULVEDA #867, MANHATTAN BEACH CA 90267 State of Incorporation: (1) N/A This business is conducted by an Individual The registrant commenced to transact business under the fictitious business name or names listed above on 10/20/07 I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.) S/ AMANDA CRUZ, OWNER This statement was filed with the County Clerk of Los Angeles on JUNE 21, 2016 NOTICE-In accordance with Subdivision (a) of Section 17920, a Fictitious Name

Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (see Section 14411 et. seq., Business Professions Code).

The Downey Patriot 7/21/16, 7/28/16, 8/4/16, 8/11/16

FICTITIOUS BUSINESS NAME STATEMENT
File Number 2016183625
THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: (1) SUBPRYMATE MEDIA (2) TERRACODA, 6537 RIVER GROVE DR., DOWNEY CA 90240, LA COUNTY
Articles of Incorporation or Organization Number (if applicable): AI #ON: N/A REGISTERED OWNERS(S): (1) CIRILO RIOS JR, 6537 RIVER GROVE DR DOWNEY CA 90240 (2) SPENCER CONLEY, 6537 RIVERGROVE DR, DOWNEY CA 90240 State of Incorporation: (1) N/A This business is conducted by a General Partnership The registrant commenced to transact business under the fictitious business name or names listed above on N/A I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.) S/ JAMAE ERWING, OWNER This statement was filed with the County Clerk of Los Angeles on AUGUST 3, 2016 NOTICE-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (see Section 14411 et. seq., Business Professions Code).

The Downey Patriot 8/11/16, 8/18/16, 8/25/16, 9/1/16

FICTITIOUS BUSINESS NAME STATEMENT
File Number 2016191641
THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: (1) GASMARS CONSTRUCTION, 8361 FLORENCE LA COUNTY
Articles of Incorporation or Organization Number (if applicable): AI #ON: N/A REGISTERED OWNERS(S): (1) GLORIA SUITE 101, DOWNEY CA 90240 State of Incorporation: (1) N/A This business is conducted by an Individual The registrant commenced to transact business under the fictitious business name or names listed above on 10/20/07 I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.) S/ GLORIA DEL PILAR PEREZ, OWNER This statement was filed with the County Clerk of Los Angeles on AUGUST 1, 2016 NOTICE-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920,

where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (see Section 14411 et. seq., Business Professions Code).

The Downey Patriot 8/11/16, 8/18/16, 8/25/16, 9/1/16

FICTITIOUS BUSINESS NAME STATEMENT
File Number 2016193171
THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: (1) ECSTACY SKATEBOARD, 3251 E ARTESIA BLVD #306, LONG BEACH CA 90805, LA COUNTY, 3251 E. ARTESIA BLVD APT #306, LONG BEACH CA 90805
Articles of Incorporation or Organization Number (if applicable): AI #ON: N/A REGISTERED OWNERS(S): (1) JAMAE ERWING, 3251 E. ARTESIA BLVD APT #306, LONG BEACH CA 90805 State of Incorporation: (1) N/A This business is conducted by an Individual The registrant commenced to transact business under the fictitious business name or names listed above on N/A I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.) S/ JAMAE ERWING, OWNER This statement was filed with the County Clerk of Los Angeles on AUGUST 3, 2016 NOTICE-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (see Section 14411 et. seq., Business Professions Code).

The Downey Patriot 8/4/16, 8/11/16, 8/18/16, 8/25/16

FICTITIOUS BUSINESS NAME STATEMENT
File Number 2016184879
THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: (1) BERNCHRIS 12044 SMALLWOOD AVE, DOWNEY CA 90242, LA COUNTY, P.O. BOX 2203, DOWNEY CA 90242
Articles of Incorporation or Organization Number (if applicable): AI #ON: N/A REGISTERED OWNERS(S): (1) BERNCHRIS, LLC, 12044 SMALLWOOD AVE, DOWNEY CA 90242 State of Incorporation: (1) CA This business is conducted by a Limited Liability Company The registrant commenced to transact business under the fictitious business name or names listed above on N/A I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.) S/ SAMIR DAHER, OWNER, SAMIR DAHER This statement was filed with the County Clerk of Los Angeles on JUNE 30, 2016 NOTICE-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common

law (see Section 14411 et. seq., Business Professions Code).

The Downey Patriot 7/21/16, 7/28/16, 8/4/16, 8/11/16

FICTITIOUS BUSINESS NAME STATEMENT
File Number 2016176881
THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: (1) WARNER PHARMACEUTICAL INC, 16010 SHOEMAKER AVE CERRITOS CA 90703, LA COUNTY
Articles of Incorporation or Organization Number (if applicable): AI #ON: 3541435 REGISTERED OWNERS(S): (1) APL PHARMACEUTICAL GROUP INC., 16010 SHOEMAKER AVE CERRITOS CA 90703 State of Incorporation: (1) CA This business is conducted by a Corporation The registrant commenced to transact business under the fictitious business name or names listed above on N/A I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.) S/ APL PHARMACEUTICAL GROUP INC., MANAGER, JAMES C CHAO This statement was filed with the County Clerk of Los Angeles on JULY 15, 2016 NOTICE-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (see Section 14411 et. seq., Business Professions Code).

The Downey Patriot 7/28/16, 8/4/16, 8/11/16, 8/18/16

FICTITIOUS BUSINESS NAME STATEMENT
File Number 2016186568
THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: (1) BBB MARKET, 7129 PERRY ROAD, BELL GARDENS CA 90201, LA COUNTY
Articles of Incorporation or Organization Number (if applicable): AI #ON: N/A REGISTERED OWNERS(S): (1) LAI HA KWAN, 7205 PERRY ROAD, BELL GARDENS CA 90201 State of Incorporation: (1) N/A This business is conducted by an Individual The registrant commenced to transact business under the fictitious business name or names listed above on 05/19/93 I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.) S/ LAI HA KWAN, OWNER This statement was filed with the County Clerk of Los Angeles on JULY 26, 2016 NOTICE-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (see Section 14411 et. seq., Business Professions Code).

The Downey Patriot 8/4/16, 8/11/16, 8/18/16, 8/25/16

FICTITIOUS BUSINESS NAME STATEMENT
File Number 2015316480
DATE FILED: DECEMBER 16, 2015 NAME OF BUSINESS(ES): PROFICENT CLINICAL DOCUMENTATION STREET ADDRESS, CITY, STATE, ZIP

law (see Section 14411 et. seq., Business Professions Code).

The Downey Patriot 7/21/16, 7/28/16, 8/4/16, 8/11/16

FICTITIOUS BUSINESS NAME STATEMENT
File Number 2016189139
THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: (1) EL SENOR DE LA BARBA, 10355 LAKEWOOD BLVD, DOWNEY CA 90241, LA COUNTY
Articles of Incorporation or Organization Number (if applicable): AI #ON: N/A REGISTERED OWNERS(S): (1) KARMA MADE BEAUTY INC, 10403 LAKEWOOD BLVD, DOWNEY CA 90241 State of Incorporation: (1) CA This business is conducted by a Corporation The registrant commenced to transact business under the fictitious business name or names listed above on N/A I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.) S/ KARMA MADE BEAUTY INC, PRESIDENT, CYNTHIA BELTRAN This statement was filed with the County Clerk of Los Angeles on JULY 27, 2016 NOTICE-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (see Section 14411 et. seq., Business Professions Code).

The Downey Patriot 8/11/16, 8/18/16, 8/25/16, 9/1/16

FICTITIOUS BUSINESS NAME STATEMENT
File Number 2016164630
THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: (1) DAHER REALTY GROUP, 321 S. BRAND BLVD, GLENDALE CA 91204, LA COUNTY
Articles of Incorporation or Organization Number (if applicable): AI #ON: N/A REGISTERED OWNERS(S): (1) SAMIR DAHER, 321 S. BRAND BLVD, GLENDALE CA 91204 State of Incorporation: (1) CA This business is conducted by an Individual The registrant commenced to transact business under the fictitious business name or names listed above on N/A I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.) S/ SAMIR DAHER, OWNER, SAMIR DAHER This statement was filed with the County Clerk of Los Angeles on JULY 27, 2016 NOTICE-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common

law (see Section 14411 et. seq., Business Professions Code).

The Downey Patriot 7/21/16, 7/28/16, 8/4/16, 8/11/16

FICTITIOUS BUSINESS NAME STATEMENT
File Number 2016164987
THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: (1) AUR, 5602 WHITEWOOD AVE., LAKEWOOD CA 90712, LA COUNTY
Articles of Incorporation or Organization Number (if applicable): AI #ON: N/A REGISTERED OWNERS(S): (1) LOVE & CARE RESIDENCE CORP., 5602 WHITEWOOD AVE., LAKEWOOD CA 90712 State of Incorporation: (1) CA This business is conducted by a Corporation The registrant commenced to transact business under the fictitious business name or names listed above on N/A I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.) S/ LOVE & CARE RESIDENCE CORP., PRESIDENT, ARLENEDAL A. PINCHES This statement was filed with the County Clerk of Los Angeles on JUNE 30, 2016 NOTICE-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (see Section 14411 et. seq., Business Professions Code).

The Downey Patriot 7/28/16, 8/4/16, 8/11/16, 8/18/16

FICTITIOUS BUSINESS NAME STATEMENT
File Number 2016181922
THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: (1) BEAUTY PLUS, 8527 ALONDR BLVD., STE #133, PARAMOUNT CA 90723-5460, COUNTY OF LOS ANGELES
Articles of Incorporation or Organization Number (if applicable): AI #ON: N/A REGISTERED OWNERS(S): (1) HONG NHUNG NGUYEN, 8761 SAINT ANDREWS AVE., WESTMINSTER CA 92683 State of Incorporation: (1) N/A This business is conducted by an Individual The registrant commenced to transact business under the fictitious business name or names listed above on 07/20/16 I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.) S/ HONG NHUNG NGUYEN, OWNER This statement was filed with the County Clerk of Los Angeles on JULY 20, 2016 NOTICE-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (see Section 14411 et. seq., Business Professions Code).

The Downey Patriot 8/4/16, 8/11/16, 8/18/16, 8/25/16

STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME STATEMENT
File Number 2015316480 DATE FILED: DECEMBER 16, 2015 NAME OF BUSINESS(ES): PROFICENT CLINICAL DOCUMENTATION STREET ADDRESS, CITY, STATE, ZIP

CLASSIFIEDS

EMPLOYMENT
GROUP HOME CARE PROVIDER
CAREGIVER'S NEEDED AT RCFE FACILITY
SALESPERSON WANTED

MISCELLANEOUS
ANTIQUES & COLLECTIBLES
ROOM FOR RENT
NICE-N-KLEAN

SERVICES
APPLIANCE REPAIR
ALL ELECTRICAL AND PLUMBING WORK
PLANS, PERMITS CONSTRUCTION

SERVICES
HANDY CRAFTSMAN SERVICE
COMPUTER 1 SOLUTION
FULL SERVICE PLUMBING

SERVICES
FINE ROOFING, INC.
JAMISON HEATING AND COOLING
YARD SALE
MINI BLOCK SALE

YARD SALE
SAT 8/20, 6AM - 3PM
MOVING SALE
FRI & SAT 8/12 & 13
Call Linda Larson

assigned to this case 16-41666. Information Court postponements that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale.

Dated: 8/2/2016 LAW OFFICES OF ELITE PUBLISHING, Inc., Trustees
30 Corporate Park, Suite 450
Irvine, CA 92606

Melanie Schultz, Trustee Sale Officer

The Downey Patriot
8/11/16, 8/11/16, 8/18/16

authorized by 2924h(b), (payable at time of sale in lawful money (the United States). By the fountain located at 400 Civic Center Plaza, Pomona, CA 91766. All right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County and State described as: FULLY DESCRIBED IN THE ABOVE DEED OF TRUST. APN 6229-010-001

the return of monies paid to the Trustee, and the successful bidder shall have no further recourse. The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale, and a written Notice of Default and Election to Sell. The undersigned caused said Notice of Default and Election to Sell to be recorded in the county where the real property is located.

The Downey Patriot
8/11/16, 8/18/16, 8/25/16

or encumbrances, to pay the remaining principal sum of the secured obligation as provided in said note(s), advances, under the terms of said Deed of Trust, fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust. The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is \$357,841.18.

The Downey Patriot
8/4/16, 8/11/16, 8/18/16

You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property.

The Downey Patriot
8/11/16, 8/18/16, 8/25/16

pay the remaining principal sum of the note(s) secured by said Deed of Trust, with interest thereon, as provided in said note(s), advances, under the terms of said Deed of Trust, fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust. The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is \$457,132.71.

The Downey Patriot
8/11/16, 8/18/16, 8/25/16

T.S. No. 020713-CA APN: 8072-035-009 NOTICE OF TRUSTEE'S SALE Pursuant to CA Civil Code 2923.3 IMPORTANT NOTICE TO PROPERTY OWNER: YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED 3/7/2008. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE.

of the County Recorder of Los Angeles County, State of California, executed by ELISA MARAZON, a Married Woman, as TRUSTEE TO PUBLIC AUCTION TO HIGHEST BIDDER FOR CASH, CASHIER'S CHECK/CASH EQUIVALENT or other form of payment

T.S. No. 035305-CA APN: 6388-033-003 NOTICE OF TRUSTEE'S SALE Pursuant to CA Civil Code 2923.3 IMPORTANT NOTICE TO PROPERTY OWNER: YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED 9/12/2007. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE.

SPECIAL FREE YARD SALE AD
5 lines or less yard sale ad in the classified section of The Downey Patriot or The Norwalk Patriot
OFFER GOOD FROM AUG. 4TH THRU AUG. 26TH (\$15 Value)
Call us at 562-904-3668 Ask for Linda



The United States Tennis Association summer youth program concluded July 28 at Independence Park.

The children, ages 8-17, pictured here completed the "LA. 84" USTA program.

From left, front to back: Edwyn N., Giovanni G., Allison N., Valerie R., Kayla K., Aaliyah B., Joy A., Carlos P., and Jonathan J.

Second row: Gabriela P., Alyssa M., Rustle C., Jolie A., Deborah D., and Hailey R. Instructors Randy Ignacio and Brandon Tang are in the last row.

HERO program makes energy efficiency upgrades possible

■ **HERO:** City-sponsored program provides energy efficient upgrades to eligible homeowners.

By Alex Dominguez Contributor

DOWNEY - A local Downey family is saving energy and money, all thanks to the HERO program.

HERO is the largest program associated with Property Assessed Clean Energy (PACE), working in partnership with the city to provide homeowners with the opportunity to make energy and water efficiency improvements to their homes. These improvements are then paid for over time through the homeowners' property tax bill.

The Downey city council has already established a public-private partnership with HERO, resulting in

55 new jobs through the increased demand for home renovation activity, an economic stimulus in the area of \$11.2 million, and utility bill savings of \$7.7 million set in place by homeowners over the lifetime of the renovations.

To date, HERO is responsible for \$6.47 million for efficiency and solar energy projects in 228 Downey homes.

One local residence, that of Manuel and Ana Garcia and seven of their relatives who are living with them, recently underwent several changes through the HERO program.

"...It's an old house, and a lot of the things that we have there are outdated," said Karina Garcia, Manuel and Ana's daughter.

Outdated could be described as an understatement, as before participating in HERO, the Garcia's home had no central heating or cooling system. Instead, the family had controlled

the temperature of their home with fans and space heaters, meanwhile accumulating hundreds of dollars-worth in spending on utility bills.

According to Garcia, the transition was smooth, and the family was well informed the entire process. All work done to their home was done within a week and a half. Changes included the installation of solar panels and air conditioning.

Now, Garcia and her family are looking forward to reaping the financial benefits, all while enjoying the new additions to their home. They're also recommending the program to all who will listen.

For more information, visit heroprogram.com

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Downey Real Estate Market

In June, 2016 Downey had 60 new listings (down 22% from 2015) and 46 closed listings, (up 2% from 2015). The average sales price is \$556,559 which is up 1% from June of 2015. There is currently an inventory of 119 Downey homes for sale. - Year to date, 215 homes averaging a selling price of \$554,174 have sold in the city of Downey.

Report Provided by the Downey Association of REALTORS (DAOR)

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Realtor Dale Jervis has become the first choice for hundreds of Downey residents by taking care of one client at a time. When you choose him to help you buy or sell a home, you will see why. It's the attention, care and knowledge that has made Dale Jervis second to none.

When you need to buy or sell a home, you should expect only exceptional service from your real estate professional. This is a major event in your life, so demand the finest care. But, with Dale Jervis you'll actually never have to demand it because he demands it from himself.

Why does Dale Jervis set such high standards? Because this is your home, the roof over your head. Dale couldn't sleep at night knowing that his clients were not completely satisfied. That's not how he works. He believes you should expect your real estate agent to listen, understand and work tirelessly until you find that perfect home or sell yours at the best price possible. Dale Jervis would expect that level of service from an agent if he was personally buying or selling. That's why he expects nothing less from himself as a professional—he knows you're counting on it.

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OUR CLIENTS

"Steve Roberson did a good job for us." - Martha Wilkins

"Lorena Amaya & Lilian Lopez did a good job and are very friendly!" - Luis Yataco

"Jose Salguero was great and very professional! Jose made buying a home a wonderful experience." - Byron Munoz

FEATURED PROPERTY

Beautiful Home!
Newer home built in 2005. One level with lots of upgrades. Granite throughout. Large formal dining used as den. Court yard with fireplace. Backyard with BBQ and firepit. Play area for kids. Garden on side yard. Bedrooms are very large. Lots of storage. Call Today!!!

TOP PRODUCERS

TOP LISTING
Eduardo Sandoval

TOP PRODUCTION
Nubia Aguirre

TOP SALES
Lorena Amaya & Lilian Lopez

IN ESCROW

One Of A Kind!
This 11,000 sqft. custom Downey home sits on over an acre of land. The property features 7 bedrooms, 13 bathrooms, pool house, workout room, sports court, study/library, tree house, game room, 6 car garage and a movie theater that seats approximately 10 people. Call Today For Info!!!

Custom Downey Home!
ONE OF A KIND. This custom home is over 6,000 sqft of living space, built on a raised foundation and it has easy access to plumbing, electrical etc. This property was completely remodel in 2003. This home is comprised of 6 spacious bedroom, including one master suite over 1,200 sqft. Call Today!!!

Wonderful Downey Opportunity!
Excellent Downey home! This property features 4 bedrooms, 3 bathrooms and 2300 sq.ft. of living space. This is a fantastic home in a great location! Call Today!!!

Excellent Home!
Beautiful home and move in ready. Nice family room with cozy fireplace, three bedrooms, two bathrooms, and inside laundry area. House has beautiful hardwood floors throughout the home and fresh paint in and out. The backyard has a large covered patio and is perfect to entertain. Call Today!!!

Downey Home With Large Lot!
This home features 4 bedrooms, 3 bathrooms, living room with a fireplace & a large 20,000 sqft. lot. This unique Downey property on a private street is a must see! Call Today!!!

Turnkey Downey Home!
This excellent Downey home features 3 bedrooms, 2 bathrooms & a formal dining room! The large back yard has a Koi Pond & a fire pit. This one is going to go fast! Call Today!!!

Downey Delight!
Bring your buyers to this large 4 bedroom 2 bath and 2 family room home with almost 2100 sq ft. Updated gourmet kitchen has granite counters, stainless appliances, and beautiful wood cabinetry with an eating area in the kitchen. Kitchen opens into step down den. Call Today!!!

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Vicki Spearman
"I Care for Downey"
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Icare4dow@aol.com

Mario Persico
"Mario DID IT Again!"
562-533-7433
Mario@MariaPersico.com

COMING SOON!
Entertainers Delight!
Exquisite N. Downey home w/ 3 BD, 3 BA, gourmet kitchen, master suite.
Priced at: \$769,900 Call Carrie Today!

2 UNITS!
Investment Opportunity!
One Bedroom in the front and 2 bedroom in the rear. 2 car detached garage!
Great South Gate location! \$475,000

NEW LISTING!
City View Lot!
Attention Builders
LCR2 hillside lot
Only \$49,900

OPEN HOUSE SUNDAY!
Glendora Home!
4 bedroom, 1 3/4 bath, dining room, pool, double attached garage & wine room in beautiful Glendora.
Call for more info.

JUST LISTED!
Great Area. Great Price!
Beautiful 4 BD, 4 BA northeast Downey home w/ living room family room, w/ fireplace, 4232 sq ft. Priced at: \$999,000

3 BEDROOMS
Bellflower Condo
3 BD, 2 BA, 2 story condo, 2 car garage located near pool. Priced at \$309,900.
Call Carrie Today 562-382-1252

DOWNEY!
Call Now! Won't Last!
3 bedroom 1.75 baths plus large family room! Wood floors in Living/dining room!
Only \$459,000!

SOLD!
Mobile Home/Senior Park
2 bedrooms, 2 bathrooms
Only \$49,900
Call Frank Today 562-889-1870

FOR SALE!
"This Could Be Your Home"
Your home could be listed "FOR SALE" here.
Call Vicki for a free market analysis.
562-367-9520

JUST LISTED!
North Downey Condo
First time on the market, 3 bedrooms, 3 bathrooms, 1981 sq. ft. Listed at \$425,000
Call Mario Today 562-533-7433

IN ESCROW!
North Downey Home!
3 BD, 2 BA, 2,364 sq. ft. on a 7,988 sq. ft. corner lot. Priced at: \$609,900
I Can Sell Your's Too! 562-382-1252

IN ESCROW!
Downey Orange Estates!
4 bedroom 3 bath home! Formal dining room, family room, remodeled kitchen
Hardwood floors! Priced at \$710,000

Ben & Stephanie
"The Father-Daughter Team"
562-217-8384
TheFatherDaughterTeam@gmail.com

Pam Lee
REALTOR
562-537-1134
PamLeeRealtor@gmail.com

IN ESCROW!
11401 Samoline Ave. Downey
3 BD, 1 BA, new paint & carpet, 1,113 sq. ft. on a 7,054 sq. ft. lot.
Call Mario Today 562-533-7433

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✓ Wills
\$50 Discount on Living Trust Package Expires 9-30-16
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IN ESCROW!
Sun City!
Downsize now! Perfect for retirement, 2 bedroom 2 bath home!
\$89,000

JUST LISTED!
7967 Stewart & Gray Road, Downey
3 BD, 2.5 BA, new copper plumbing upgraded kitchen & bathrooms, living room w/ fireplace, dining area open floor plan, private patio, low HOA \$138 per month
Please Call For Price!
TheFatherDaughterTeam@gmail.com

COMING SOON!
Laguna Woods Village Manor
55+ Senior Living 15 minutes from Laguna Beach.
2 bedrooms, 2 bathrooms
Call Pam For More Info at 562-537-1134
PamLeeRealtor@gmail.com

IN ESCROW!
7363 Rio Hondo, Downey
3 BD, 3 full BA home with pool and 2,125 sq. ft. on a 8,232 sq. ft. lot
Call Mario Today 562-533-7433

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"Providing Service To Downey Residents For 23 Years"
"Downey Resident Selling Downey Homes"

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7967 Stewart & Gray Road, Downey
3 BD, 2.5 BA, new copper plumbing upgraded kitchen & bathrooms, living room w/ fireplace, dining area open floor plan, private patio, low HOA \$138 per month
Please Call For Price!
TheFatherDaughterTeam@gmail.com

Laguna Woods Village Manor
55+ Senior Living 15 minutes from Laguna Beach.
2 bedrooms, 2 bathrooms
Call Pam For More Info at 562-537-1134
PamLeeRealtor@gmail.com

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JUST LISTED
LOOK NO FURTHER!
4 BD, 4 BA, 3600 sq ft home remodeled 5 years ago with a very open floorplan and large master BD. The lot is almost 16,000 sq ft and has a guest house.
LIST PRICE \$1,199,950



OPEN HOUSE
CUL-DE-SAC LOCATION!
4 BD, 2.5 BA, 2,313 sq. ft., remodeled kitchen open to family room, formal dining room, sun room & 2 car detached garage.
LIST PRICE \$699,000



JUST LISTED
THIS IS WHAT YOU CAME FOR
Remodeled 3 BD, 2 BA home in Whittier. Kitchen with stainless steel appliances & tile backsplash, hardwood floors, open floor plan, expansive yard, and a finished 2 car garage.
LIST PRICE \$549,950



LARGE LOT WITH POTENTIAL
4 BD, 2 BA home on a cul-de-sac location in NW Downey. The home has 2,445 sq. ft. of living space on a 11,535 sq. ft. lot with 2 car garage and bonus room.
LIST PRICE \$689,000



OPEN HOUSE
9 BRAND NEW TOWNHOMES
Each one is 4 BD, 2.5 BA, almost 1,600 sq. ft., new kitchen, hardwood floors downstairs & new carpet upstairs. Master BD with a huge walk in closet & master BA w/dual sinks & separate tub/shower.
STARTING AT \$535,000



OPEN HOUSE
JUST LISTED
Large 3 BD, 4 BA, 2,560 sq. ft. home in Cherokee Estates on a quiet cul-de-sac on a 9,305 sq. ft. lot. Home has formal dining room, large family room, enclosed patio and master bedroom.
LIST PRICE \$749,950



LUXURIOUS & ELEGANT
Spectacular 6 BD, (5 up & 1 down, 7 BA, 5,528 sq. ft. home built in 2009! Dual staricase entry, beautiful kitchen and an adjacent family room and a luxurious master suite
LIST PRICE \$1,399,900



OPEN HOUSE
HOP, SKIP & A JUMP TO SCHOOL
3 BD, 2 BA home near Gaudin Elementary The home has a spacious living room & dining room, family room with fireplace, and master bedroom. Close to Downey Landing & new Downey Promenade.
LIST PRICE \$525,000

Call Michael for a private showing of these homes or for a FREE Market Evaluation