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CRIME REPORT

FRIDAY, JULY 17

At 1:30 p.m., three adult male victims were approached by three adult male suspects in the parking lot of the Stonewood Mall south of Buffalo Wild Wings. Suspect 1 displayed a handgun and suspects 2 and 3 used physical force to take the victim's property, which included two cellular phones and \$20 in cash. The suspect's fled in a gray vehicle. Detectives are investigating.

SUNDAY, JULY 19

At 1:05 a.m., officers located two subjects inside Wilderness Park (10999 Little Lake Rd). The subjects were both issued Municipal Code citations for the violation.

At 1:30 a.m., officers located two subjects inside Rio San Gabriel Park (9612 Ardine St). The subjects were both issued Municipal Code citations for the violation.

At 6:20 p.m., officers responded to a report of a stolen vehicle in the 7800 block of 7th St. During the investigation, it was discovered that several tools that had been inside of the vehicle were now advertised for sale on-line. The discovery led officers to Huntington Park, where with the assistance of Huntington Park PD, a suspect was arrested and several items were recovered and returned to the victim.

MONDAY, JULY 20

At 2:20 AM, an armed robbery occurred at the Chevron Gas station at 12555 Paramount Blvd. A masked suspect entered the store and demanded the money from the cash register while brandishing a handgun. The clerk gave the suspect approximately \$2,500, and the suspect fled on a bicycle. Detectives are investigating.



City Council approves plan to make city more bike-friendly

By Christian Brown
Staff Writer

DOWNEY – Noting the absence of Councilman Roger Brossmer, the Downey City Council on Tuesday unanimously approved a \$4.5 million master bicycle plan, which will serve as a long-term blueprint for reduced traffic congestion and improved resident health through cycling.

The more than 400-page master plan includes dozens of projects that city officials agreed to tackle over the next five to 20 years, including adding purposeful bike routes on streets and constructing bike bridges.

Councilman Fernando Vasquez praised the plan as a step forward for the city, but warned city officials not to drag their feet on implementing it.

"I don't want to work on this," Vasquez said. "This is not accident proof, but I'm not afraid of making big bold moves."

With his youngest son still in middle school, Councilman Sean Ashton expressed concerns with adding bike lanes to congested areas.

"I'm happy to support this, but I'm afraid of a kid getting hit and I know parents are concerned," he said.

City Manager Gilbert Livas acknowledged that cities like Long Beach have had to alter their routes after installing them

"Not everything will be perfect, things can be modified," Livas said.

The city has obtained a nearly \$2.3 million grant through the Los Angeles County Metropolitan Transportation Authority (Metro) that will go towards bike routes, cycling parking, and directional signage.

Thousands pack Downey Library for city's first ever "Mini-Comic Con" event

By Alex Dominguez
Contributor

DOWNEY – Local children, families, super heroes, and geek culture enthusiasts alike flocked to the Downey City Library on Wednesday for its first ever "mini-comic con event."

The event was held all throughout the library from 12-5 p.m., and included several vendors, crafts, workshops, face painting, story time, a game truck, and a food truck.

Many artists and animators were also on hand drawing sketches and selling some of their comics and art pieces.

The event was put together in an effort to provide local families with a smaller scale, free version of the yearly comic con event said Javier Gonzales, a children's library assistant.

"A lot of people don't get the chance to go to Comic Con since it's such a big program," said Gonzales.

"Apparently you have to be a member to get tickets, and it's pretty pricey. So we figured why not put on something a little smaller scaled for the community of Downey. That way they can enjoy it and it's a free program."

Comic Con International is one of several convention entities that put on many annual events throughout the year, including the Wondercon Convention in Anaheim and New York Comic Con.

Probably the most famous and difficult to get into, however, is San Diego Comic Con, where tickets are sold on a random queue system and often sell out within an hour of being put on sale. Often times, attendees will pay hundreds of dollars on tickets, lodging, and travel before even stepping onto the convention floor.

Many kids came dressed as some of their favorite super heroes. Eight year-old Christina Downing sported a cape and cowl just like her favorite, Batgirl.

"I like how she saves people at



PHOTO COURTESY DOWNEY LIBRARY

In addition to crafts and games, vendors and artists offered geek culture merchandise ranging from Iron Man to Star Wars.

night with Batman, and I like how they defeat evil," she said.

One boy, six year-old Henry Hartl, expressed his enthusiasm for popular X-man Wolverine.

"He can regenerate! He's Magneto's enemy, Sabretooth's enemy, Mystique's enemy, [and] Toad's enemy!"

Many of the vendors and artists who were at the event expressed their excitement to see "geek and nerd culture" be more accepted in today's society and to see more individuals exposed to the art form.

"I feel like comic books are commonly categorized as something that's silly, or for kids, or not having a lot of validity," said Glynnies Pruet, who owns Comic Book Hideout in Fullerton.

"I feel like just as anyone is educated on anything, the more people are educated on comic books, the more they're exposed to them, the more they understand their culture and significance, the more they'll be legitimate forms of art in most people's eyes."

Artist Daniel Ramirez, who is a local in Downey, said he loved the interaction with the kids and credited the recent surge in super

hero popularity to the vast number of movies being made.

"The comic book crowd is already a huge crowd," said Ramirez. "They're bringing movie goers and new comic book fans in there; I think that's what's helping the industry have a big boom now."

Rafael Navarro, a professional comic book artist and animator who participated in the event, likened the super heroes of today to the mythical heroes of ancient societies.

"The Romans had Hercules, and the Greeks had Heracles. You know, the gods and all those stories. "We have Antman, Superman, Batman, [and] Captain America," said Navarro. "Why we have these characters that are larger than life is I guess to bring us into a position where we aspire to greater things I suppose."

Navarro also commented that he felt that the time of comics being disregarded is long gone.

"If you're living in 2015 right now assuming that comic books is a form a near-junk entertainment... if you still have that sort of jaded perspective, you haven't been looking around at what's been going on in the world lately," he said. "...Let's face it, comic books are here to stay."

Downey teachers' union votes to endorse incumbent board members for re-election

DOWNEY – The president of the Downey Education Association announced this week that the teachers' union will endorse the four incumbent Downey Unified Board of Education members who are up for re-election this November.

Jim Mogan said the decision to support board members Tod Corrin, William Gutierrez, Donald LaPlante and D. Mark Morris, was made based on the members' response to the economic crisis.

"Downey Unified has soared above and beyond because of the decisions that have come out of the board room," stated Mogan.

In the 2014-2015 school year alone, Downey Unified has unveiled two state of the art buildings at the high school level that has expanded the educational offerings for many students.

Downey Unified was also selected for the College Board's AP Honor Roll, has had a feature story broadcast on public radio highlighting the exemplary implementation of curricula in comparison to other school districts, has been selected by the state superintendent for a \$6 million Career Pathway Trust grant and have had 26 high school students compete at the national SkillsUSA Competition, four of which received gold medals becoming National Champions.

This past year, Downey Unified has also reached a record high graduation rate of over 93 percent. Corrin, currently serving as president of the Board of Education, has represented Trustee Area 2 for 12 years. Serving since 2003, Corrin has been re-elected three times. Presently a member of the Board of

Education and previous 2014 Board President representing Trustee Area 3, Gutierrez has been an active member since 2001.

The longest elected member, LaPlante has served on the board since 1979 and represents Trustee Area 4. Throughout his 36 years, LaPlante has served as board president six times and in 2012, was elected as director for Region 24 for the California School Boards Association.

Following close behind LaPlante, Morris has served on the Downey Unified Board of Education since 1982. Elected as president five times during his 33 years on the board, Morris was previously a member of the Delegate Assembly for the California School Boards Association.

PIH Health taps new chief financial officer

WHITTIER – PIH Health has appointed Gregory Williams as its new Chief Financial Officer. In his new position, Greg will lead the financial operations of PIH Health to help position the organization for future growth and enhanced market competitiveness.

Mr. Williams brings over 15 years in healthcare finance and investment banking experience, having most recently worked as a Director at Barclays PLC in New York. At Barclays he advised numerous healthcare organizations – including PIH Health – in areas including capital markets and strategic alternatives, financial and capital planning, risk management solutions, and credit / rating strategies.

Prior to joining Barclays, Mr. Williams held positions with increasing responsibility at Bank of America Merrill Lynch and Citi. He has worked on numerous debt, equity, merger and acquisition, and other financial transactions throughout his career.

Mr. Williams earned his Bachelor of Arts degree from Vanderbilt University, where he graduated with distinctions magna cum laude and Phi Beta Kappa.



Weekend at a Glance

Friday 81°

Saturday 81°

Sunday 84°

THINGS TO DO



Ringling Bros., Barnum & Bailey

Friday - Honda Center, 1 p.m., 7:30 p.m.
The Greatest Show on Earth is back in town. Tickets for the popular circus range from \$20-\$80.



Dirty Dancing

Saturday - Victory Park, Pasadena 6:30 p.m.
Live music and an outdoor screening of the 1987 classic. General admission is \$20 at the door.



Souled Out

Saturday - Steve's BBQ, Whittier 9:30 p.m.
Listen to this Glendale-based band play chart-topping R&B and Soul songs

FROM OUR FACEBOOK

Shooting at Firestone Blvd. and La Reina Ave.

Katie Parker: I live about 3 minutes from there, drive this intersection on a daily basis and can say that this is NOT a typical occurrence. DPD is doing an amazing job keeping the city safe. Look at what surrounds Downey, we have Firestone going right through the middle of our city, connecting 2 areas that are known for crime and violence so yes, sadly we are on occasion going to be caught in the middle.

Imelda Montoya-Padilla: City of Downey is so focus into bringing revenue in, that they are not concern how. They need to stop allowing bars everywhere and building all these apartment complex that are only making the city worse.

David Macias: If you select to live in Los Angeles, Downey is still a great place to live. Thumbs up to DPD and thumbs down to those that create their own fact-less support theories.

Reach us on Facebook at: [Facebook.com/DowneyPatriot](https://www.facebook.com/DowneyPatriot)

TWEET OF THE WEEK

@SammyVee: Downey was so supportive today while rooting for @SOIreland during bocce! Proud to say I live there!

Follow us! @DowneyPatriot

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Downey Police gearing up for National Night Out

DOWNEY – On Tuesday, Aug. 4, 2015, the city of Downey and the Downey Police Department will host the City's 3rd Annual National Night Out celebration from 5:30-8:30 p.m. at the Downey Civic Center located at 11111 Brookshire Ave.

National Night Out is a unique community event celebrated across the United States the first Tuesday in August every year. It is designed to heighten crime prevention awareness, generate support for and participation in local crime prevention programs, strengthen neighborhood spirit and build police-community partnerships.

Downey's National Night Out event will promote community awareness by educating the community about crime prevention and community resources. It will also feature free food, drinks, children's activities, community information booths, and family fun.

Besides the events listed above, other activities include:

- C.E.R.T. – Community Emergency Response Team will be providing information on emergency preparedness.

- Child I.D. & Fingerprinting – The New York Life's Child I.D. program is designed to help children in our community learn how to stay safe in the home, at play or wherever they may be. Child I.D. cards will be printed for parents, free of charge. The I.D. cards feature photo, fingerprints, and emergency contact information.

- Kids Bicycle Skills Workshop – Certified cycling instructors, the Downey Police Department's Bicycle team & the Downey Kiwanis will teach essential bicycle & pedestrian safety skills. Children are encouraged to bring their bicycles and helmets.

- Sylvan Learning Center – Children will be able to build with Legos by coding and programming robots.

For additional information, please contact Jennifer Burkhardt at (562) 904-2374 or via email at jpreda@downeyca.org

Dia de los Muertos adds films to schedule

DOWNEY – The third annual Downey Dia de los Muertos Art Festival, a one-day free event scheduled for Nov. 1, staged in and around the Downey Theatre, is expanding its cinema program to include two full-length feature films, plus an extensive exhibit of posters, lobby cards, and advertisements from the "golden age" of Mexican cinema.

"Macario," a masterpiece of magical realism, tells the story of a peasant who encounters the devil, God, fate, and death. Filmed by Gabriel Figueroa, Mexico's most celebrated cinematographer, it was nominated in 1960 for an Oscar for "Best Foreign Film."

"Rock 'n' Roll Made in Mexico: From Evolution to Revolution" highlights the rise of Mexico's rock 'n' roll heyday and the subsequent government crackdown which suppressed the music, the musicians, and the fans. Included are in depth interviews with the icons of Mexican early rock, from journalists who covered the events at the time.

Prior to the noon showing of "Macario," film historian and collector Ramon Villalba will talk about the history and significance of Dia de Los Muertos and leads a Q&A in the lobby, after the showing.

Other festival activities include continuous ballet folklorico performances, live romantic music, sculpture and painting exhibits, hands-on art projects for papel picado and decorating "calaveras" (small sugar skulls), traditional face painting, shopping, food trucks and more.

The Downey Dia de Los Muertos Art Festival is a joint venture of the city of Downey and the Downey Theatre.



The Downey Patriot went cruising the fiords of Norway with Jackie Dudley and her extended family: Craig and Eric Dudley; Barbara and Alistair Hunter; Jill Hunter Gilbert and her children Ashton and Megan, Kayomi Swendseid Platzer; Ed Hunter, Amy Binder and Sonia Morosin.

Vacation bible school at DMCC

DOWNEY – Registration is now open to "Camp Discovery," a vacation bible school at Downey Memorial Christian Church that runs Aug. 10-14 from 10 a.m. to 2 p.m.

Activities include age-appropriate games, crafts and worship time. Cost is \$20 and includes snacks, lunch and refreshments.

For more information or to register, go to bit.ly/1dU4bZL, or call (562) 869-7291.

International Food Festival returns Sept. 12

DOWNEY – The city of Downey will host the International Food & Music Festival on Sept. 12 from 4-11 p.m. in Downtown Downey.

Previously known as the Taste of Downey, the event features Downey-based restaurants, multiple entertainment stages highlighting world music and dance, a family fun zone, and a local celebrity chef demonstration.

The goal of the International Food Festival is to highlight various restaurants in the community and celebrate Downey's rich diversity.

Restaurant vendors will be able to sell their food at the event.

Log-on to the city's website at downeyca.org for an application or call (562) 904-7166.

Sponsorship opportunities are available for the International Food Festival. Three sponsorship opportunities are available:

- International Food & Music Festival Title Sponsor - \$5,000
- World Entertainment Sponsor - \$2,500
- Family Fun Zone - \$1,000

More information can be found on the International Food & Music Festival event page located at downeyca.org, or call (562) 904-7151.

TOO TOXIC TO TRASH

Household Hazardous Waste and E-Waste Roundup

Dispose of Household Hazardous Waste and E-Waste the right way on Saturday: AUGUST 8, 2015

BUSINESS WASTE WILL NOT BE ACCEPTED.

What you CAN bring to an event (examples):

- Brake fluid, paint, paint thinner, cleaners with acid or lye, pesticides or herbicides, household batteries and car batteries, pool chemicals, motor oil, oil filters, expired pharmaceuticals, anti-freeze, and fluorescent light bulbs.
- * You can also recycle paint at participating retailers through the PaintCare Program. Details at www.PaintCare.org or (855) 724-6800

Household electronic waste including: Computer monitors, televisions, computer CPUs, keyboards, printers, cell phones, etc.

What you CAN'T bring to an event:

- Hazardous waste and electronic waste from businesses.
- Explosives, ammunition and radioactive materials.
- Trash and tires.
- White goods such as refrigerators, stoves and washing machines, etc.
- Controlled substances.

How to prepare items for transportation:

- Bring the items in a sturdy box, preferably in their original labeled containers.
- Do not mix the items together.
- There is a limit of 15 gallons or 125 pounds of hazardous waste per trip.
- Be prepared to leave your containers and boxes. Remove all other items from your trunk.

Saturday, August 8, 2015 9:00 am - 3:00 pm

Los Angeles County Office of Education 9300 Imperial Highway Downey

Open to all Los Angeles County residents.

Scan this code for a schedule of upcoming events and a complete listing of what you can and cannot bring, or contact: 1(888) CLEAN-LA • www.CleanLA.com, or 1(800) 259-0172 • www.tostt.org

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Home-generated sharps waste such as hypodermic needles, pen needles, syringes, lancets, and intravenous needles SHOULD NOT be placed in your trash. Bring them to the Roundups or visit www.CLEANLA.com for alternate disposal options.

You can also take your used motor oil to more than 500 oil recycling centers in Los Angeles County. Call 1(888) CLEAN-LA for a complete listing.

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Front Street Car Show returns Aug. 8

NORWALK – The 14th annual Historical Front Street Car Show returns to Norwalk on Saturday, Aug. 8.

The car show features classic cars, trucks, hot rods, motorcycles, bicycles, and more. Admission is free for spectators.

There is also live music, raffles, food and drinks, and more.

The show is from 12-4 p.m. on Norwalk's Front Street, just south of Firestone Boulevard.

OLPH fundraiser to Harrah's casino

DOWNEY – The OLPH Women's Guild is sponsoring a trip to Harrah's Rincon Casino and Resort on Tuesday, Aug. 4.

Cost is \$15 and includes \$10 in free play. Free bingo is played on the bus.

A valid California ID is required to participate. To reserve a seat, call Anna at (562) 923-2988.

Food bank looking for volunteers

DOWNEY – Downey's local food bank is in need of volunteers to assist at Saturday morning distributions.

From 8:30 a.m. to noon, volunteers give out food and words of encouragement. There are additional administrative tasks needed during the week as well.

FoodHelp operates out of Downey First Christian Church, 10909 New St. It will celebrate its 10-year anniversary this December.

To volunteer, or for more information, call FoodHelp at (562) 862-2438 or Jim Wilkinson at (562) 335-2728.

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Three more men charged in 2002 kidnap-murder of Montebello girl

MONTEBELLO – Three men have been charged with the 2002 murder of a 15-year-old Montebello girl who was kidnapped on her way to school, the Los Angeles County District Attorney's Office announced today.

Eddie Chavira, Daniel Cervantes, and George Barraza are charged along with co-defendant Rosemary Chavira, said Deputy District Attorneys Victor Avila and Eileen Kim, who are prosecuting the case.

The complaint alleges that on or between Oct. 7, 2002, and Oct. 18, 2002, Eddie Chavira was in custody for a shooting witnessed by victim Brenda Sierra's relative. Chavira told a fellow Lott gang member that he was going to have other Lott gang members take care of witnesses.

About the same time, he contacted his 15-year-old sister, Rosemary Chavira, to assist in getting other gang members to take care of witnesses.

On Oct. 18, 2002, 15-year-old Brenda Sierra was kidnapped on her way to Schurr High School in Montebello. She was raped and killed. Her body was discovered the next day in the San Bernardino Mountains. The cause of death was blunt force trauma to the head. The victim had no ties to gangs, prosecutors said.

Rosemary Chavira, Cervantes and Barraza are charged with one count each of murder, conspiracy to dissuade a witness and forcible rape with the special circumstances of felony murder during commission of a kidnapping and to further a street gang.

Eddie Chavira, currently in prison on an unrelated manslaughter conviction, is charged with one count each of murder and conspiracy to intimidate a witness.

Rosemary Chavira, who pleaded not guilty in March, returns to court on Aug. 4 to set a date for her preliminary hearing. Because she was a minor at the time of the murder, she faces life in prison without the possibility of parole if convicted as charged. Eddie Chavira faces 25 years to life if convicted as charged.

Prosecutors will decide later whether to seek death against Cervantes and Barraza. The case was investigated by the Los Angeles County Sheriff's Department.

Arraignment for Eddie Chavira and Cervantes will be announced at a later date. Barraza is a fugitive.



Pictured above is Samantha, Matthew and Ezra Mendoza visiting Kennedy Space Center on a family vacation to Orlando, Florida.

Columbia Memorial Center hosts 'rocket fever'

DOWNEY – The Columbia Memorial Space Center will be hosting their annual Rocket Fever event on Saturday, Aug. 15 from 10 a.m.-5 p.m. With the support of Financial Credit Union, the event is free of charge and will include many hands-on activities.

Participants can decorate their own rocket and launch it. For a fee of \$5, the center is offering an advanced rocket class for ages 8 and up. The Ragin Cajun food truck and My Delight Cupcakery will also be available the day of the event.

For more information about the event, call (562) 231-1200 or visit columbiaspacescience.org. The Columbia Memorial Space Center is located at 12400 Columbia Way in Downey.

More charges brought against suspects tied to South El Monte arson fire

SOUTH EL MONTE – Three more men are scheduled to be arraigned today in connection with an April 25 arson fire at a South El Monte tire shop that killed three people, the Los Angeles County District Attorney's Office announced.

Mario Godina Jr., Estevan Manuel Castillo, and German Monreal are scheduled to be arraigned sometime after 1:30 p.m. at the El Monte Branch of the Los Angeles County Superior Court, Department 6.

Deputy District Attorney Sean Carney with the Arson and Explosives Unit of Target Crimes is prosecuting the case.

The three, along with co-defendant Robert Fuentes, 19, are charged in case KA109588 with throwing a Molotov cocktail into a tire shop at 1252 N. Santa Anita Ave. shortly before 5:30 a.m. on April 25 following a party.

The four are charged with the deaths of Rodrigo Gonzalez, 18; Destiny Monique Aguirre, 19; and Christopher Jimenez, 20.

In addition to three counts of capital murder, all four are charged with one count each of arson causing great bodily injury and use of an explosive to injure.

The complaint was amended on May 19 when felony arrest warrants were issued for Godina, Castillo and Monreal. The three were arrested in Mexico and returned to Los Angeles on Sunday.

The special circumstance of multiple murders makes all four defendants eligible for the death penalty. Prosecutors will decide later whether to seek death or life in prison without the possibility of parole.

All four are being held without bail.

The case remains under investigation by the Los Angeles County Sheriff's Department.

Don Bosco Tech ranked one of the top all-boys high schools

ROSEMEAD -- Don Bosco Technical Institute (Bosco Tech) has been named one of the best all-boys high schools in America.

The ranking results, compiled by Niche, are based on key student statistics and student and parent reviews. A high ranking indicates the school is an exceptional academic institution with a diverse set of high-achieving students who rate their experience very positively.

Bosco Tech was ranked 99th nationally.

The complete list is at <https://k12.niche.com/rankings/private-high-schools/best-all-boys/>.

In addition to superior reviews of the school's academic, technology, counseling and extracurricular programs, the dedication of instructors was cited.

One commentator wrote, "The teachers are really awesome, not just for the subject matter and talent they display, but for the fact that they initiate communication with the parent. They also make time for the boys. They are pretty amazing."

Celebrating its sixtieth year, Bosco Tech is an all-male Catholic high school that combines a rigorous college-preparatory program with a technology-focused education.

The innovative science, engineering, technology and math (STEM) curriculum allows students to exceed university admission requirements while completing extensive integrated coursework in one of several applied science and engineering fields.

Founded in 2002 by Carnegie Mellon University students as CollegeProwler.com, Niche provides reviews from everyday experts on neighborhoods, colleges, and K-12 schools to provide students, families and professionals with insight into life decisions.

It Takes a Village: PIH Health partners with communities to tackle childhood obesity

The national conversation around childhood obesity is getting louder, with numerous media stories every day about the health problems faced by overweight children: asthma, sleep apnea, joint pain, depression, anxiety and diabetes, to name a few.

But that isn't making conversations any easier for parents at their own dinner tables – if they are making it to the dinner table at all.

"Every parent wants to do what's best for their child, but there are so many challenges that it can be overwhelming," said Anita Sinha MD, a Pediatrician at PIH Health. "Life today is very hectic, and parents face a lot of demands, particularly in working households."

Dr. Sinha cites a myriad of factors that contribute to obesity:

- a reliance on fast food
- a lack of awareness about nutrition
- less time and money for preparing healthy meals
- a shift to digital forms of entertainment over more vigorous outdoor activities

The latter may also be driven by perceptions of safety; Dr. Sinha says that parents in some communities simply don't feel safe letting their kids play outside, which limits their ability to exercise.

These issues have affected some communities more significantly than others. Nationwide, an estimated 17 percent of kids between the ages of 2-19 are obese, according to body mass index (BMI) calculations, which measure body fat based on an individual's height and weight. A BMI greater than 30 is considered obese. In most areas of Los Angeles County, that rate is at least six points higher; in places like West Whittier/Los Nietos and Commerce, it is nearly double, according to data collected by the Los Angeles Department of Public Health in 2011.

Childhood Obesity in America 2011-12



For more than a decade, Virag Shah MD, director of PIH Health's Family Residency Program, has been working with the Los Nietos School District to address some of the challenges in that community, where nearly one-third of children are obese. It began with resident doctors from the program visiting schools on a regular basis to do BMI checks and conduct educational sessions for students, parents and teachers. Then, in 2011, with obesity rates continuing to rise and school district resources for physical and nutrition resources declining, the two organizations created a more formal partnership: the Healthy Los Nietos Collaborative.

Jonathan Vasquez, superintendent of Los Nietos School District, is a passionate advocate for the partnership.

"What motivated me to get involved was the realization that no matter how much we do to prepare kids for high school and college, they may not make it due to diseases caused by eating junk food and lack of exercise," Vasquez said. "Our kids cannot achieve all they need to and reach their full potential if their basic needs aren't met."

When the program first began, he said the focus was on "fixing" the obesity problem in the district, but he worried that that approach would detract from the academic progress that students had already made.

"Despite many of our families struggling financially – 100 percent of our students receive free breakfast and lunch – we focus on academic attainment and want our students to be perceived as making healthy strides while achieving excellence."

Instead, he worked with the collaborative to take the stigma out of obesity and refocus on implementing healthy changes. He hired a former chef to lead the lunch program and obtained grant funding to install salad bars at each of the district's four schools. Teacher leaders at each site meet regularly to coordinate health events and sponsor parent education sessions with facilitators from PIH Health.

The team also received a Safeway grant that funded water bottles and pedometers for every student, teacher and staff member in the district, and they've kicked off a "steps" challenge that encourages everyone to be more aware of their daily activities.

Although health department data is not yet available to determine the statistical effects of the Healthy Los Nietos effort, other anecdotal results are telling. During the 2012-13 school year, Safeway awarded PIH Health and Healthy Los Nietos a grant of more than \$75,000 for healthy programs, and the collaborative team conducted 34 education sessions for students, teachers, and parents. As a result, 76 percent of district personnel agreed that Healthy Los Nietos influenced them to make healthier choices, and Vasquez sees the same outcomes for kids and their parents. Students were surveyed at the start and end of the school year (2013-2014) and asked to recall their health behaviors during the previous week. TV Time decreased by 40%, physical activity increased by 14% and junk food consumption decreased by 30%.

"This is a truly integrated partnership, and it has permeated the health of my district at all levels," he said. "At every educational session, we have a packed house of parents who want to learn, and we've moved beyond awareness to implementation. Things have taken root, and every year it has become stronger and stronger."

Vasquez says Los Nietos is now a model for other districts that want to improve health offerings, and PIH Health is working with additional community collaborates, like Healthy Downey and Activate Whittier.

For many families, the first step toward better health will start at their pediatrician's office. Dr. Sinha counsels her patients to choose one or two small changes, like eliminating flavored beverages like juice and diet soda so that they can develop an appreciation for plain water, or concentrating on eating more vegetables.

She also recommends that parents take action as soon as possible to ensure that their children don't develop severe health issues later in life.

"Because obesity leads to so many other conditions that can require medication and advanced care, like diabetes and heart disease, parents should take it as seriously as any other medical issue," she said.

To find a PIH Health-affiliated pediatrician in your area, call 877.285.DOCS (3627), or visit PIHHealth.org and click on "Find a Doctor."

To find out more about PIH Health's community-based obesity prevention programs, call 562.698.0811 Ext. 81085 or email Community.Health@PIHHealth.org.

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A lesson in the art of complaining

By Raul Samaniego
Contributor

NORWALK – How does one complain?

Better yet, why does one complain?

I used to think that reporting crime, no matter how insignificant it may seem to you, was to ensure someone had a record of it.

For instance, you might read about house break-ins and yard property thefts hidden in the back of community newspapers or perhaps on a law enforcement website.

I thought it was a waste of time until I saw my mountain bike go riding past me last year. (It wasn't alone, there was someone peddling it). Thus I've returned to reporting crime again.

When I called the sheriff station (not 911), the dispatcher asked for a police report number so they could send a deputy out.

Twenty four hours later, I had the requested police report in hand, but the \$500 bike was never seen again.

While walking, rather limping, around the air conditioned halls of the Norwalk Senior Center last Friday, one of my five apreciados said "Hello," as I approached the information desk.

"I read your article on the Taxi Company," was all she said before adding a smile to her greeting.

We must have been overheard, for another senior center attendee added his unsolicited two cents by sharing, "I waited two and a half hours for a taxi before."

What was amazing wasn't that he had experienced an elongated wait for the city of Norwalk voucher program taxi, but rather the next thing he said.

"I went to the office and said, I

am not complaining, but..."

He then went on to explain how he waited for a taxi on the voucher program several times and that the wait exceeded a couple hours more than once.

So, how does one complain? Do you start the conversation with the words, "I am not here to complain?"

I've complained twice in the last month. The first was to the medical group, which was supposed to be a trusted partner in my health care coverage.

There was a nice voice of a woman at the other end of the line. She called, informing me that my kidney specialist was no longer available at my Pico Rivera location. I would need to reschedule my appointment at the city of Commerce location.

Informing her that I was not going to schedule any appointments that far from Norwalk, I continued telling her I was recuperating from foot surgery and was not up to traveling that far.

I asked, "How does one file a complaint?"

She must have instantly switched into litigation avoidance mode, asking, "What is your complaint, Mr. Samaniego?"

Of course I returned her question with, "Are you the person who takes complaints Betty?"

She simply answered, "Hold a moment...I will transfer you"

Asking what her title was, I was given some administrative designation.

Well, without getting into it, I can say that a complaint was filed over the phone regarding my discontent with my podiatrist who "missed" the diagnosis of my dislocated toes.

So, Monday night when I was enjoying a cup of late afternoon

coffee at my backup national brand coffee shop on Shoemaker and Rosecrans avenues, I did it. I know I probably shouldn't have, but I did. I called the Norwalk Taxi Voucher program phone number for a pickup.

The nice voice on the other end said, "A taxi will be there in 10 to 15 minutes."

"Okay, the time is now 7:45."

I waited, waited, waited and finally took two buses of the Metro system to 166th Street.

What's going on with this Norwalk tax payer-supported program? Is it retaliation against one customer? Is it just the way things are with taxis in Norwalk? Is this why alternative systems like Uber are so popular?

USATODAY suggests the following when complaining. I say be prepared, but that's the old Boy Scout in me. They say:

- 1) Take emotion out of it. For starters, don't get riled up.
- 2) Be specific and concise. In keeping with being business-like, don't give the long version.
- 3) Be realistic about what you're asking for -- a credit, an exchange, a discount, a re-do -- and specify a requested time frame, such as, "Please confirm this can be resolved in the next 24 hours."
- 4) Help them win. If someone is helpful in the process, thank them for their help.
- 5) Go viral.
- 6) Find advocates.
- 7) Escalate.

Now, I have to ask the right questions to the right people. Norwalk Mayor Leonard Shyrock, Vice Mayor Mike Mendez, Members Cheri Kelley, Mike Rodarte and Lugi Vernola, what can I do to help this program succeed at an acceptable level?

Since our beloved L.A. County Sheriff's captain proclaimed the recent rash of shootings here in Norwalk was not the norm, I walked the two blocks to my home.

What was I going to do, call a cab?



Delores Arlene Jacobsen passes away at age 99

DOWNEY – Longtime Downey resident Delores Arlene Jacobsen died on July 22, days after celebrating her 99th birthday.

Jacobsen was born July 17, 1916 in Oak, Nebraska, raised on a farm without electricity. After high school, Delores moved with her husband Bob to South Gate, California.

During WWII, she worked at the Firestone Plant as a supervisor and kept the job for 20 years.

In the 1950s, her family moved to Downey where she became an active member of Downey First Baptist Church.

Jacobsen is survived by her son, Gary and wife, Diana and sister Harriette; four grandchildren, Kirk, Brek, Denice, and Karen; 11 great grandchildren; and one great great grandchild.

A private memorial service is planned for July 30 at Fairhaven in Santa Ana.

Warren High Class of 1995 hosts 20-year reunion

DOWNEY – The Warren High School class of 1995 is now selling tickets to its 20-year reunion, which is scheduled for Saturday, Aug. 22, 7 p.m. at the Renaissance Hotel in Long Beach.

Tickets are on sale for \$109. The price includes dinner, a two-hour open bar, a DJ, and parking. Tickets are not available at the door. Downey High School graduates from the class of 1995 are also welcome to attend. To RSVP online, go to www.reunionDB.com or call Irene Renteria-Hesse at (714) 316-3996.

POETRY MATTERS

HALF-MEXICAN

Odd to be a half-Mexican, let me put it this way
I am Mexican + Mexican, then there's the question of the half
To say Mexican without the half, well it means another thing
One could say only Mexican
Then think of pyramids – obsidian flaw, flame etchings, goddesses with
Flayed visages claw feet & skulls as belts – these are not Mexican
They are existences, that is to say
Slavery, sinew, hearts shredded sacrifices for the continuum
Quarks & galaxies, the cosmic milk that flows into trees
Then darkness
What is the other – yes
It is Mexican too, yet it is formless, it is speckled with particles
European pieces? To say colony or power is incorrect
Better to think of Kant in his tiny room
Shuffling in his black socks seeking out the notion of time
Or Einstein re-working the erroneous equation
Concerning the way light bends – all this has to do with
The half, the half-thing when you are a half-being

Time

Light

How they stalk you & how you beseech them
All this becomes your life-long project, that is
You are Mexican. One half Mexican the other half
Mexican, then the half against itself.

By Juan Felipe Herrera

When California poet Juan Herrera was named this year as our newest Poet Laureate, he was welcomed as a worker from the trenches. Born in 1948 and child of migrant field workers, and one of the first wave of Chicanos to receive an Educational Opportunity Program scholarship, he attended UCLA. He uses the page the way Mexican muralists use walls: he sprawls. His poems confound any neat border between the written and the spoken. Poetry Matters is curated by Lorine Parks

Joseph Peck brings steel drum performance to Norwalk Library

NORWALK – As part of its Summer Reading Game theme, "Read to the Rhythm," the Norwalk Library will host Joseph Peck and his music of the Caribbean on Wednesday, Aug. 5, 2015 at 2 p.m.

The free children's program will see Peck provide a general overview of the steelpan (steel drum) and its origin.

The steel drum, or "Pan," was developed on the Caribbean island of Trinidad during the early years of the 20th century. He will perform on the steel drum and then attendees will have the opportunity to play a percussion instrument in a drum circle.

Peck is musician, educator, and producer of music and educational programs featuring the steel drum instrument.

In 2012 he released his first solo album titled "Free-flow Steelpan Meditations, Volume 1," an album that explores the sonic possibilities of the steel drum.

For full details, please contact the Norwalk Library at (562) 868-0775 or visit colapublib.org. Norwalk Library is located at 12350 Imperial Highway, Norwalk, CA 90650.

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Where the presidency is headed

By Lee H. Hamilton

Before the ins and outs of the 2016 presidential contest become a preoccupation for many of us, it seems a good time to step back and look at the office of the presidency for which so many candidates are vying. The presidency inherited by whoever wins next November will be substantially changed from the position his or her predecessors occupied a few decades ago.

The President is now the chief — and sometimes the sole — actor in American government. He far outweighs the other so-called “co-equal” branches. The media covers the White House extensively, and the other branches much less so. People don’t expect Congress or the Supreme Court to solve the country’s problems. Instead, they look to the President for initiatives, for remedies, and increasingly — and sadly — to serve as a de facto pastor to the nation when we confront a tragedy.

The branch that came first in our founders’ minds, Congress, is now of secondary importance. This has been a long, slow development, the result not so much of court cases, legislation, or even deliberate planning, but of countless decisions by congressional leaders that have handed power to the President so as to avoid tough decisions on Capitol Hill. There may be limitations imposed by the courts or public opinion, but the system of checks and balances our system was supposed to operate under has been severely weakened.

Not even the press can hold the President to account any more, except under extraordinary circumstances. For one thing, it’s very hard to grill the President these days. The tradition of regular presidential news conferences has all but disappeared — and when the press corps does get a chance to ask questions, the White House carefully manages the event.

This makes it very hard to find a forum or a place where people outside the White House bubble can ask the President probing questions and press for thorough explanations of a policy or problem. I’ve long favored a regular question-and-answer period in Congress that would be publicly televised — a chance for the President’s supporters and opponents to probe his or her thinking. At a minimum, we should get regular and extensive press conferences. Instead, the only media-related event that happens regularly is the morning meeting among White House staff to figure out how to get the President on the evening

news in the most favorable light. It’s a form of manipulation that greatly reduces accountability.

Which is a shame not just for the obvious reasons, but also because the federal government cries out for more accountability these days. Whoever is President next, he or she would do well to pay more attention to effective management of the vast executive establishment than has been the practice until now. Otherwise, the breakdowns in the operation of government to which we’ve grown accustomed will continue.

That’s because government today is strained at every level: The population is getting older, health care costs are high, our fiscal problems never end, challenges such as threats to our security, environmental degradation, and poverty abound. Highly complex problems pile up with great rapidity, and government needs highly skilled people to deal with them.

Every President comes into office insisting he’ll spend a lot of time on making the government work better, but invariably he is distracted by the rush of events. The last serious effort to do so was Al Gore’s, when he was Bill Clinton’s vice president. Some progress might get made, but for the most part presidents don’t deal with the issue in a sustained, comprehensive, coherent way.

This is not entirely the President’s fault. The Congressional Research Service estimates that 1,200 to 1,400 positions are subject to confirmation by the Senate, and Presidents often have a hard time getting the people they want into position. That needs to change, perhaps by requiring an up-or-down vote on a nominee within 90 days.

To sum it up, while the President’s accumulation of power is a serious problem in the big picture, it nonetheless is a fact. We ought to make it easier for him to get the people he needs in a position to make government work more effectively.

Lee Hamilton is Director of the Center on Congress at Indiana University; Distinguished Scholar, IU School of Global and International Studies; and Professor of Practice, IU School of Public and Environmental Affairs. He was a member of the U.S. House of Representatives for 34 years.

Getting down to business in Cuba

By Medea Benjamin

In case you missed it, the United States and Cuba now have diplomatic relations for the first time in 54 years. Unfortunately, the outdated economic embargo is smothering the tremendous potential this opening offers.

First, some background.

The embargo, put in place in the early 1960s to punish the revolutionary government, has held back the Cuban economy and poisoned U.S.-Cuban relations for decades.

When Washington spurned Cuba, the Soviet Union became the island’s top trading partner, taking some of the sting off the embargo. But after the USSR collapsed in 1991, Cuba plunged into a deep economic crisis.

Venezuela mostly replaced Russia as a reliable supplier of cheap oil years ago. Now Cubans fear that turmoil in the South American nation will knock out this lifeline too.

Long-term economic distress has frayed Cuba’s impressive education and health care systems. Its heavily subsidized food rations no longer meet basic needs. And the high prices unregulated markets charge are beyond the reach of the many Cubans who earn about \$30 a month working for state-run enterprises and agencies.

A recent survey showed that nearly 80 percent of Cubans were dissatisfied with the country’s economic system, and 70 percent were eager to start their own businesses. This was especially true among young people, who are highly educated and fed-up with the state-run economy.

Since his older brother Fidel handed him the reins in 2008, President Raúl Castro has tried to transform the island’s lumbering, top-down system.

He’s pushed through Cuba’s biggest economic reforms in half a century. State companies have shed jobs, and national labor laws now accommodate more private enterprise. Today some 500,000 Cubans — almost one in ten workers — are officially self-employed.

Cuba’s government wants to open up the economy while preserving social gains and guarding against growing inequalities. It’s concerned about an increasingly two-tier economy where people with access to tourist dollars or

remittances from relatives abroad live in luxury, compared to those struggling on government salaries.

Racial inequalities are growing as well, partly because of the Cuban government’s tolerance of paladares — privately operated bistros. As these restaurants are located in people’s own homes, the arrangement favors the wealthier white Cubans who are more likely to have larger homes and relatives abroad who can provide start-up cash.

So Cuba sees a big need to expand its economy through foreign trade. And U.S. companies are raring to do business there, with American officials flocking to the island to plead their case.

New York Governor Andrew Cuomo traveled to Havana recently with the heads of MasterCard, JetBlue, Pfizer, and Chobani. U.S. Chamber of Commerce President Tom Donahue took a delegation that included the CFO of Cargill and the chairman of Amway.

Senator Debbie Stabenow, a Michigan Democrat, traveled to Cuba this year to tout her state’s agricultural and lumber products. Atlanta Mayor Kasim Reed trekked there to push Coca-Cola and Delta airlines.

And the list goes on, even though U.S. businesses can’t offer Cuba credit or do business with government entities on this island nation just 90 miles away from Key West. They’re mostly relegated to the sidelines, watching rivals from Spain to Russia to Mexico swoop in.

Ending the embargo would be a win-win for Cubans and Americans. It would allow all of us to travel freely to the island, and it would let U.S. companies trade freely with one of our closest neighbors, creating more jobs in both nations.

Now that the Cuban flag waves at the re-opened Cuban embassy in Washington, Congress should lift the antiquated legislation that stands in the way of true normalized relations.

Medea Benjamin is cofounder of CodePink and GlobalExchange. Her latest book is Drone Warfare: Killing by Remote Control.

A supreme threat to American democracy

By Jamie Raskin

Here’s a little quiz you won’t find on the LSATs: Which Supreme Court justice called a recent ruling by the court a “threat to American democracy”? And what decision was it?

A. Justice Ruth Bader Ginsburg wrote it of the Citizens United decision, which armed corporations with the political free speech rights of human beings.

B. Justice Sonia Sotomayor included this phrase in her dissent to the Shelby County v. Holder ruling, which gutted the Voting Rights Act of 1965.

C. Justice Elena Kagan said it while reflecting on the Bush v. Gore case, which shut down the counting of more than 100,000 ballots in Florida — handing George W. Bush his first presidential win.

D. Justice Antonin Scalia penned these words when he objected to the recent Obergefell ruling, which struck down marriage discrimination against gay and lesbian Americans.

The answer is D.

I made up the rest, but they’d all be far more accurate than what Scalia said in real life.

It’s hard to think about the state of American democracy without pondering the Supreme Court. As the least democratic branch of the federal government, it’s always had outsized importance in shaping the opportunities for citizens to participate in our political institutions and social life.

At its best, the Supreme Court has upheld the principle of “one person-one vote,” struck down whites-only party primaries, and invalidated educational apartheid. It did those important things when less enlightened views might have been more popular.

At its worst, the court has upheld poll taxes and literacy tests, okayed restrictive photo ID requirements for voting, knocked the teeth out of the Voting Rights Act, and intervened in the 2000 election to stop vote counting.

For better or worse, the Supreme Court defines the rules of engagement of American politics. So what’s at stake in the 2016 presidential race?

A whole lot.

With several justices already over 80, the next president could nominate as many as four new members of the court. Will the new justices bolster the conservatives, who favor legislative power only when it violates minority rights, or the liberals, who have demonstrated a serious commitment both to voting rights and to the legislative process?

With the plutocratic Chief Justice John Roberts and Scalia leading the way, the conservatives pose as outraged populists regarding marriage equality. They pretend, ludicrously, that they don’t believe in the court reviewing and invalidating popularly enacted laws.

What a joke. The same justices have no problem with nullifying laws that implement affirmative action, produce majority-minority legislative districts, or exclude corporations from spending money in political campaigns.

These so-called conservatives strike down almost any law that curtails the power of corporations. They just don’t like the idea of equal protection and due process applying to people.

Here’s the principal question facing the court for the foreseeable future: Who is the Constitution for? Is it for corporations, or the rest of us?

Right-wing forces want to scrap all limits on campaign spending and contributions. They want corporations to be treated as free speech actors in elections, but they don’t want workers to have any free speech rights in the workplace.

They also embrace elaborate photo ID requirements, narrow registration laws, and endless barriers to voting for communities of color and young voters.

If a future Republican president replaces even a single liberal justice with a conservative, we could wind up with a democracy of the corporations, by the corporations, and for the corporations. Regardless of Justice Scalia’s fantasies, this is the real threat to American democracy.

Jamie Raskin is a professor of constitutional law at American University, a Maryland state senator, and a Senior Fellow at People For the American Way. He is the author of Overruling Democracy: the Supreme Court v. the American People.

City trees

Dear Editor:

I would like to know why it is the City of Downey has slated the trees, on the Griffith Middle School side, on Horley Avenue, for removal.

I am no tree expert, but those trees seem healthy and doing well. Other than possible sidewalk damage (raised in a few places), there seems to be nothing wrong with them. But my neighbor has a tree that has dropped 12” diameter, 20 foot long branches on my car, on their lawn (thankfully the bounce house and game trailer for their grandson’s birthday wasn’t there), and they do nothing about it. The tree was planted by the city. Is trimmed by the city. And as it is a danger to passing and parked cars, and children and adults walking down the street, I would think they would cut it down ASAP.

But then again, when the tree dropped a branch on my car and dented it, they came out, threw the branch in the chipper and told me they were not liable as it was an act of nature. Is that what they are going to tell the family and loved ones of the person that is hospitalized or killed when one of the branches snaps off from it’s own weight, and crushes a pedestrian or car?

Just seems to me that for the amount of taxes the city charges, they can at least remove a hazard that they planted and maintain.

Kathy McLeish
Downey

Pete Rose belongs in the Hall of Fame

By John Kiriakou

I love baseball. I have since I was a kid. And I’m lucky to be married to a woman who loves the game as much as I do.

We recently attended the 86th annual Major League All Star Game in Cincinnati. As part of the opening ceremonies, the Cincinnati Reds honored what they called the Franchise Four, the four greatest players in the team’s history: Johnny Bench, Joe Morgan, Barry Larkin, and Pete Rose.

Bench, Morgan, and Larkin are members of professional baseball’s Hall of Fame. Rose, on the other hand, is banned from baseball for life. Despite being one of the greatest hitters and toughest players in the game’s history, he may never get this distinction. Why?

Because he gambled. Rose admitted in the late 1980s that he’d bet on baseball games, including his own. Even though he bet on his team to win, and never threw a game, this broke baseball’s rules.

The 50,000 fans in Cincinnati went completely crazy when Rose’s name was called. Hearing them chant “Hall of Fame! Hall of Fame!” as he walked out onto the field, I thought about second chances.

I work in Washington, D.C. — the City of Second Chances. Just ask any politician caught cheating on his taxes, exposed for campaign finance fraud, or busted in an affair with an intern or underage page. They usually go before the voters, hat in hand, issue a mea culpa, and get on with their lives.

Most of the time charges are never even filed. That’s true even in high-profile security cases.

Former Deputy Secretary of State Richard Armitage, for example, was never charged for leaking the name of CIA operative Valerie Plame, whose husband had written a critical commentary of the last Bush administration.

Scot Libby, a former aide to Vice President Dick Cheney, was convicted of four felonies related to the case. But thanks to President George W. Bush commuting his sentence, Libby didn’t serve a minute in prison.

The same can’t be said for the 3,278 Americans serving life sentences without parole for non-violent crimes that can be remarkably petty — including stealing a jacket or serving as the middleman in a \$10 marijuana transaction. Don’t they deserve a second chance?

What about the hundreds of thousands of people currently incarcerated as non-violent drug offenders? They make up half of all federal inmates. Shouldn’t they get a second chance too?

A second chance for them might mean keeping their families intact, saving their jobs, and sustaining their contributions to their communities. It might mean allowing them to maintain a relationship with their children or keep employing people in their businesses. It would also save taxpayers a bundle instead of wasting money to lock up people who aren’t dangerous.

Politicians always seem to get second chances. Just ask David Vitter, Donald Trump, and Mark Sanford about that.

And Pete Rose — who still autographs baseballs with “I’m sorry I bet on baseball” — sure seems to have gotten a second chance from the people of Cincinnati, if not from Major League Baseball.

It’s time to extend average Americans the same courtesy. Just as Pete Rose belongs in the Hall of Fame, non-violent drug offenders belong at home with their families.

OtherWords columnist John Kiriakou is an associate fellow at the Institute for Policy Studies. He’s a former CIA counterterrorism officer and former senior investigator for the Senate Foreign Relations Committee.

When children hurt, schools can help

By Olivia Alperstein

What happens when children witness violence? It’s more common than you think, and the effects can be devastating.

More than 1 in 4 American children have been exposed to violence, according to a recently published study from the journal Pediatrics. Researchers found that these children endured significant psychological fallout — including depression, anger, and fear.

Many kids who experience trauma act out, and the ones most likely to be punished are students of color and students with disabilities. Traumatized children are more likely to be suspended from school, and are far more likely to drop out. Teens who drop out are more likely to later abuse drugs, fall out of the workforce, and end up homeless.

Instead of punishing these kids for something beyond their control, schools should support them and find ways to help them feel safer.

Take the case of Joshua Brown (not his real name), who’d been staying with his mother and siblings at a domestic violence shelter due to an abusive father.

After he changed schools, Joshua acted out and pushed his teachers’ limits — when he wasn’t distant and withdrawn. Joshua didn’t trust adults, and his grades reflected his shaky home situation.

People had given up on him before, so Joshua kept his struggle to himself. Most people just saw a troubled kid with anger management issues.

But the story didn’t end there — his school had just completed training on trauma sensitivity. The staff recognized Joshua’s behavior for what it really was and worked with him on trust and communication. Today this child thrives, and he loves learning.

Joshua wasn’t alone in his silent struggle. It’s hard to tell how many students experience trauma because many instances of abuse and trauma go unreported.

Some schools offer special programs for children of veterans or counseling for children who have witnessed violence. However, most don’t integrate trauma-sensitive programming into their curricula. At least not yet.

Five teachers and three students from the Compton, California school district have filed a class action lawsuit that aims to force Compton schools to better address the needs of all traumatized students. If successful, the lawsuit could pressure schools across the country to implement more sensitive policies.

Schools have the power to reach students when it matters most. Educators can treat symptoms of trauma as an integral part of the learning process. Administrators can require staff trainings to recognize trauma and develop individualized plans for each student.

Above all, children in emotional distress deserve support from professionals trained to respond to their needs so they don’t fall through the cracks. The Pediatrics study proves that child trauma is a nationwide health problem. No kid’s dreams should be deferred because of a living nightmare.

Olivia Alperstein is an OtherWords Intern at the Institute for Policy Studies. She has worked at several legal organizations and non-profits, including Massachusetts Advocates for Children, which founded the Trauma Learning Policy Initiative.

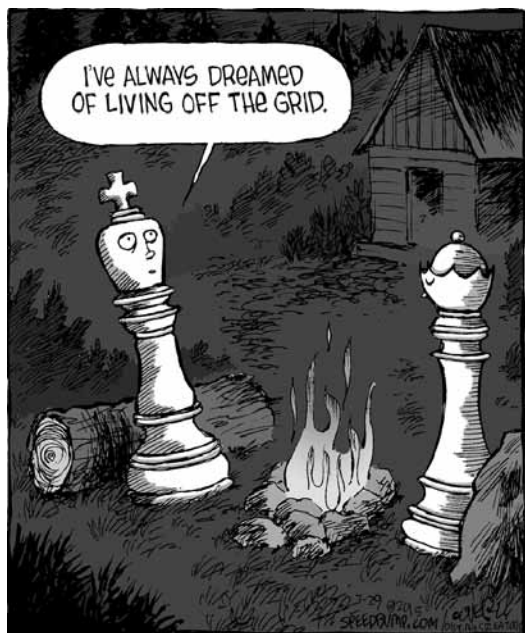
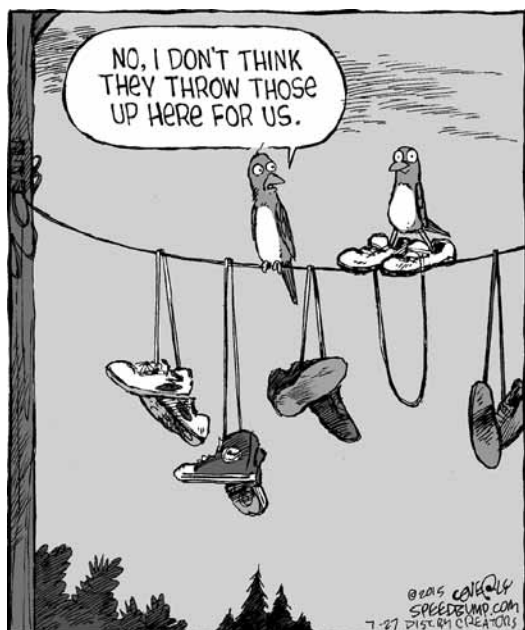
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SPEED BUMP



DAVE COVERLY



Downey Community Calendar

EVENTS FOR AUGUST

Saturday, Aug. 1: Parking lot sale, Century 21 My Real Estate, 7 a.m.
 Tuesday, Aug. 4: National Night Out, Downey Civic Center, 6 p.m.
 Wednesday, Aug. 5: Concerts in the Park, Furman Park, 7 p.m.

CITY MEETINGS

1st & 3rd Wednesday, 6:30pm: Planning Commission, Council Chamber at City Hall.
 1st Tue., 4:00pm.: Recreation and Community Services Commission, Council Chamber, City Hall.
 1st Tue., 6:00pm: Emergency Preparedness Committee, at Fire Station No. 1, 12222 Paramount Blvd.
 2nd & 4th Tue., 6:30pm: City Council, Council Chamber.
 3rd Tue., 6:30pm: Library Advisory Board, at Downey City Library.
 4th Mon., 5 pm: Green Task Force, at City Hall.

Regularly Scheduled Meetings

MONDAYS

7 pm: Boy Scout Troop 2, at Downey United Methodist Church, call 869-6478.
 2nd Mon., 11 am: American Legion Auxiliary #270, at United Methodist Church, call 304-3439
 4th Mon., 7:30 pm: Downey Numismatists, at Downey Retirement Center, call 862-6666.

TUESDAYS

9:30 am: Downey Seniors Club, at Apollo Park, call Paul Sheets at 714-618-1142.
 10 am: Downey Bocce Club, at 7850 Quill Drive, call John Fiorenza at 652-4399.
 12 pm: Rotary Club, at Rio Hondo Events Center, call William Medina 413-3477.
 6 pm: Toastmasters Club 587, at First Baptist Church, call Karika Austin 260-3856.
 7 pm: Downey Knights of Columbus Bingo, at 11231 Rives Ave., call 923-1932.
 7 pm: Healing Room and Prayer, at Desert Reign Church 11610 Lakewood Blvd, call 861-6011.
 1st Tues., 7:30 am: Gangs Out of Downey, at City Hall training room.
 2nd Tues., 3:30 pm: Keep Downey Beautiful, at City Hall, call 905-7103.
 2nd and 4th Tues., 6 pm: Sertoma Club, at Cafe 'N Stuff, call 927-6438.
 2nd Tues., 6 pm: Downey Fly Fishers, at Apollo Park, call 425-7936.
 3rd Tues., 6:30 pm: Community Emergency Response Team meeting, Fire station 1, 12222 Paramount.
 3rd Tues., 6 pm: American Legion #270, at Sizzler Restaurant, call 544-0372.
 Tues., Thurs. & Sat., 10 am: Downey Bocce Club, at 7850 Quill Drive, call John Fiorenza 652-4399

WEDNESDAYS

7 am: Kiwanis Club, at Rio Hondo Events Center, call Steve Roberson at 927-2626.
 1 pm: Women's Bocce Club, at 7850 Quill Drive, call Marie Puch at 869-4366.
 7 pm: Out Post 132 Royal Rangers, at Desert Reign Church, call 928-8000.
 1st Wed., 11 am: Woman's Club of Downey, call Cheryl Olson 833-8954.
 1st Wed., 11:30 am: Downey Coordinating Council, Community Center, call Cindy 803-4048.
 1st Wed., 7:30 pm: Downey Stamp Club, at Maude Price School Cafeteria, call 928-3028.
 2nd Wed., 11:30 am: Christian Women's Club, at Los Amigos Country Club, call Anita 861-3414.
 2nd Wed., 7:30 pm: Downey Model A Club, at Gallatin School Cafeteria, call 928-4132.
 3rd Wed., Downey Dog Obedience Club, at Apollo Park, call Gina 869-5213 or Valerie 420-2972.
 3rd Wed., 10 am: Los Angeles County Quilters Guild, at Women's Club, call (310) 604-0725.
 3rd Wed., 6 pm: American Business Women's Association, Rio Hondo Country Club, call Barbara 863-2192.
 4th Wed., 12:00 pm: Retired Federal Employees, at Barbara J Riley Center, call 943-5513.
 4th Wed., 7:30 pm: US Coast Guard Aux. Flotilla 5-10, First Presbyterian Church, call Brian 419-5420.
 Wed. & Fri., 10:15 am: Senior Bingo, at Apollo Park, call 904-7223

THURSDAYS

7:30 am: Connections Networking, at Bob's Big Boy, for info., call Nick Smith, 861-5222.
 7:30 am.: Soroptimist Int'l of Downey, for information, call Mia Vasquez, 806-3217.
 9:30 am: Take off Pounds Sensibly, at Barabara Riley Senior Center, call (800) 932-8677.
 12 pm: Kiwanis Club of Downey, at Rio Hondo Events Center, call Roy Jimenez 923-0971.
 12 pm: Optimist Club of Downey, at Rio Hondo Events Center.
 6:30 pm: Downey United Masonic Lodge # 220, 8244 3rd St., call 862-4176.
 7 pm: Troop 351, Boy Scouts of America, at First Baptist Church, call 776-3388.
 1st Thurs., 12:00 pm: Downey Christian & Professional Luncheon, Sizzler's Restaurant, call James 310-1335.
 1st Thurs., 7:30 pm.: The Downey Amateur Radio Club, at First Baptist Church room 120.
 2nd Thurs., 7:30 pm: Beaming Rebel Foxes Collectors Club, call Carl D. Jones at 923-2400.
 2nd & 4th Thurs., 6 pm: Lions Club, at Coco's, call Lenora (310) 283-9825.
 3rd Thurs., 4 pm: Public Works Committee, at City Hall Training Room.
 3rd Thurs., 6 pm: Downey CIPAC, at Sizzler's Restaurant, call Rich Tuttle 413-6045.
 4th Thurs., 10 am: Assistance League, at Casa De Parley Johnson, call 869-0232.
 4th Thurs., 7:30 pm: Downey Historical Society programs, at Community Center, call 862-2777.

FRIDAYS

7:30 am: Pro Networkers, at Mimi's Cafe, call Barbara Briley Beard at 869-7618.
 3rd Fri., 8:30 am: Women's "In His Glory" Ministry at Los Amigos C. C. 622-3785.

SATURDAYS

9 am: Farmers Market, Downey Avenue at 3rd Street, call 904-7246.
 4th Sat., 12:00 pm: Downey Arts Coalition, email contact@downeyarts.org.

On This Day..

July 30, 1945: The USS Indianapolis, which had just delivered key components of the Hiroshima atomic bomb to the Pacific island of Tinian, was torpedoed by a Japanese submarine; 880 men lost their lives.
1971: Apollo 15 astronauts David R. Scott and James B. Irwin landed on the moon.
1975: Former Teamsters union president Jimmy Hoffa disappeared in suburban Detroit. (His remains have never been found.)
BIRTHDAYS: Pop singer Paul Anka (74), former California governor Arnold Schwarzenegger (68), actor Laurence Fishburne (54), actress Lisa Kudrow (52), actress Vivica A. Fox (51), actor Terry Crews (47), comedian Tom Green (44), actress Hilary Swank (41), actress Jaime Pressly (38) and soccer player Hope Solo (34).

THE NEWSDAY CROSSWORD

Edited by Stanley Newman (www.StanXwords.com)

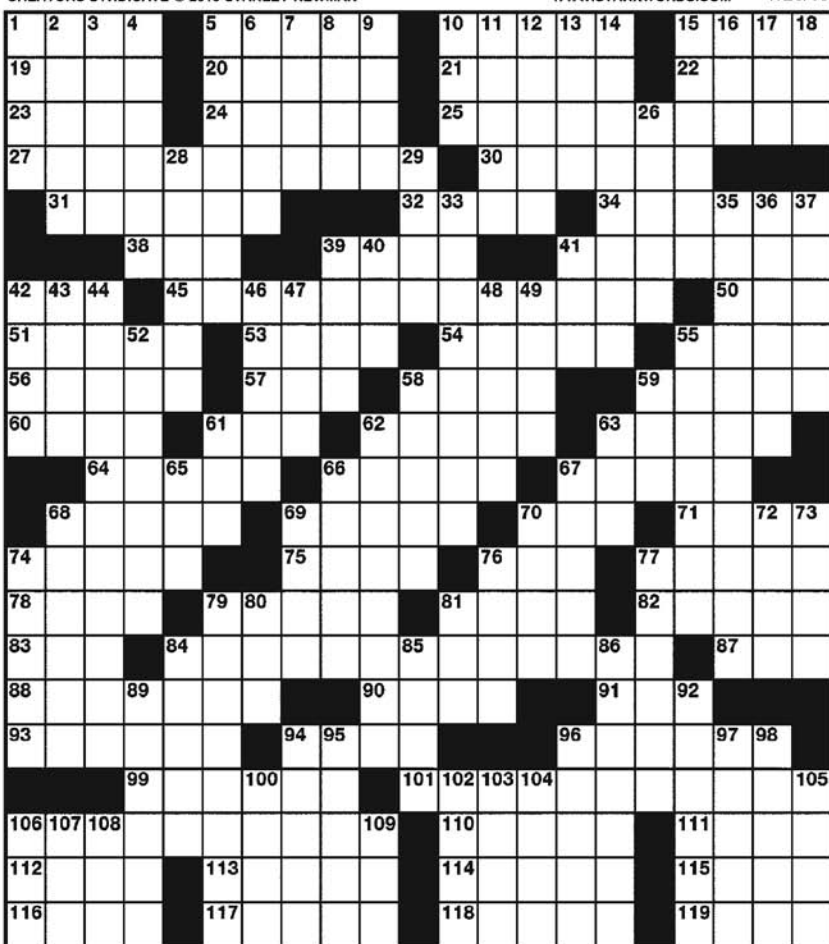
ON THE SEA: Bring your board if you like
by Gail Grabowski

- ACROSS**
- 1 Argyle, e.g.
 - 5 Ran in neutral
 - 10 New England catch
 - 15 Sit for a portrait
 - 19 Not at all colorful
 - 20 Substantive
 - 21 Treasure stash
 - 22 Bring up
 - 23 David Cameron alma mater
 - 24 Lusterless finish
 - 25 Electrical glitch
 - 27 Give the remote a workout
 - 30 Brody of *The Pianist*
 - 31 Yarn measures
 - 32 Pretentious
 - 34 Short snooze
 - 38 CD fore runners
 - 39 Gyro holder
 - 41 Old West badge
 - 42 Professional whistle blower
 - 45 Hair salon offering
 - 50 Prefix meaning "outer"
 - 51 Slip away from
 - 53 Sound from
 - 54 Across
 - 54 Mud bathers
 - 55 Digital clock toggle
 - 56 Comforter filling
 - 57 Track transaction
 - 58 Knee neighbor
 - 59 Healthful, in product names
 - 60 Staying power, so to speak
 - 61 Female turkey
 - 62 Places to park
 - 63 Cantina chip
 - 64 Fencing equipment
 - 66 Awakens
 - 67 Montana city
 - 68 Literary device
 - 69 Flat hat
 - 70 Talk at length
 - 71 Hankering
 - 74 Fits of temper
 - 75 Bibliography abbr.
 - 76 Broadcast
 - 77 Transparent linen
 - 78 Smartphone buys
 - 79 Major retail operation
 - 81 Pac-12 team
 - 82 Compound conjunction
 - 83 Short snooze
 - 84 Innovative type
 - 87 Swelled head
 - 88 Plane's banking mechanism
 - 90 "Slippery" swimmers
 - 91 MLB execs
 - 93 Lacking vitality
 - 94 Manufactured
 - 96 Mystery writer's award
 - 99 Musical works
 - 101 Coat of arms
 - 106 "Peachy!"
 - 110 Long Ranger's pal
 - 111 Other than that
 - 112 Yea or nay
 - 113 Soothed
 - 114 Roadside stop
 - 115 Personal flair
 - 116 Went quickly
 - 117 Simmers slowly
 - 118 Birth-announcement card illustration
 - 119 Small dogs
- DOWN**
- 1 Blueprint detail, for short
 - 2 Inaugural rituals
 - 3 Loose outer garment
 - 4 Pet's boarding place
 - 5 Really big
 - 6 Good buys
 - 7 Back muscles, for short
 - 8 Shakespearean rebuke
 - 9 Salon colorist
 - 10 NASCAR sponsor
 - 11 Zagreb native
 - 12 Boisterous
 - 13 No longer happening
 - 14 Contemptuous
 - 15 Cuts back, as bushes
 - 16 Atop, in poems
 - 17 Droop
 - 18 Poetic preposition
 - 26 River through Paris
 - 28 RCA Victor pooch
 - 29 Inevitable outcome
 - 33 Was understocked
 - 35 Avert disaster
 - 36 IRS expert
 - 37 Scent
 - 39 Huff and puff
 - 40 Publicity, informally
 - 41 Sunbather's goal
 - 42 Stagger
 - 43 Peace Nobel list
 - 44 Ice-cream flavor
 - 46 Choir-loft garb
 - 47 Demeanor
 - 48 Irritating people
 - 49 Finishes first
 - 52 Autocrats
 - 55 *Storage Wars* activity
 - 58 Sales talk
 - 59 DC baseballer
 - 61 "Hold on there!"
 - 62 Left high and dry
 - 63 Very short pencil
 - 65 USN rank
 - 66 Take effect
 - 67 Israeli leader Ehud
 - 68 Far from comfy
 - 69 Boyfriend
 - 70 ___ monster (Arizona lizard)
 - 72 Plumbing problem
 - 73 Medal earner
 - 74 Capital of Yemen
 - 76 Gets 100% on
 - 77 Runway surface
 - 79 Early spring bloomers
 - 80 Sweetie
 - 81 Web browser bookmark
 - 84 Grabs onto
 - 85 Complaint
 - 86 Crème brûlée ingredient
 - 89 Was overtheatrical
 - 92 Thoughtfare
 - 94 1980s attorney general
 - 95 Lots
 - 96 Take up a hem, say
 - 97 Conversation starter
 - 98 Rate for purity
 - 100 Strong blow
 - 102 S&L devices
 - 103 Not worth arguing about
 - 104 Fascinated by
 - 105 Jack toppers, in solitaire
 - 106 Man-cave staples
 - 107 Bounce like a rabbit
 - 108 Devoured
 - 109 The Mormons, initially

Reach Stan Newman at P.O. Box 69, Massapequa Park, NY 11762, or at www.StanXwords.com

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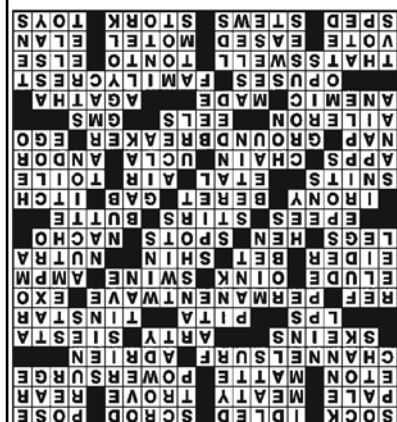
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You can contact puzzle editor Stanley Newman at his e-mail address: StanXwords@aol.com. Or write him at P.O. Box 69, Massapequa Park, NY 11762, Please send a self-addressed, stamped envelope if you'd like a reply.

acquired by RCA in 1929.
Machine Company, which was a trademark of the Victor Talking Nipper (28 Down) was originally very and crime fiction. The dog are presented annually for mys- (The AGATHA Awards (96 Across) Oscar, having received his at age 29, youngest recipient of a Best Actor ADRIEN BRODY (30 Across) is the



SPORTS BRIEFS: Ireland darts to fast start in Olympics

By Mark Fetter
Contributor

DOWNEY – The city of Downey was a host city for Ireland last week before the start of the Special Olympics World Games currently being held in Los Angeles. Team Ireland has 88 athletes competing in twelve sports.

Ireland got off to fast start in the pool on the first day of competition. Sean Coleman, age 22, won a silver medal in the 25m backstroke and Gary McEnroe, age 20, won the bronze medal in the 25m backstroke. Sarah Jane Johnston, age 35, won a bronze medal in the 100m backstroke.

A total of seven personal best times were also achieved by Team Ireland athletes in day one preliminary heats in athletics and aquatics.

Johnston won her second bronze medal of the Olympics in the second day of competition in the 100m freestyle. With Johnston's second medal, Team Ireland now has four medals. Irish swimmer Lorraine Hession won a fourth place ribbon during the second day of competition.

Team Ireland's bowling team won sixth place on the second day of competition as CEO of Special Olympics Ireland Matt English commented by saying, "Team Ireland continues to put in great performances across all 12 sports." English continued by saying "the atmosphere in every venue has been fantastic and the travelling Irish support is certainly helping our athletes rise to the occasion."

English concluded by saying, "I know that the Irish public at home is cheering on every medal and personal best and joining us in celebrating this fantastic event."

The Special Olympics World Games will conclude Aug. 2.



The 2015 Special Olympics Bocce Team from Ireland, consisting of Anne Hoey and Peter Malynn, along with their coach Jacqueline (Jackie) Moran, visited with the Downey Bocce Club members and a crowd of spectators during their practice session on Thursday, July 23 in preparation of the World Games.



The Downey 1 team from the Downey Bocce Club, comprised of (L to R) Amadio Egizii, Pat Limatola, John Fiorenza and Theresa Robarge, won 2nd place in the annual Hawthorne Bocce Tournament held on July 12 at Hawthorne Memorial Park.

Downey High School finished summer school yesterday and many boys' sports teams will now be observing their C.I.F. mandated "dead periods."

Practices for many sports teams will now take a three week break and start back up once the academic school year begins at the end of August.

Fall sports such as football, boys' cross country and boys' water polo will be conducting practices and workouts throughout August in preparation for their first games and competitions later this month and in early September.

Football has been practicing since July 13 and will continue practicing until Aug. 12.

Practices have been Monday through Thursday from 3 p.m. until 6 p.m. The Vikings will start practicing in full pads in mid August so each player has their C.I.F. mandated ten days in pads completed before their first scheduled game. Downey will open their season Aug. 28 against San Pedro at Downey.

Boys' cross country started their summer workout schedule July 6 and have been training Monday-Saturday at 7:00 a.m. with various runs and workouts in preparation for the start of their season. Questions related to boys' cross country can be directed to coach Robert Gleason at rgleason@dusd.net.

Boys' water polo and head coach Stephen Judy have been practicing Monday-Thursday since June 23 from 6:30-9:30 a.m.

Water polo ended yesterday and will start up again in three weeks to prepare for their fall season. Questions related to boys' water polo can be directed to Stephen Judy at sjudy@dusd.net.

Fall sports such as girls' cross country, girls' tennis, girls' golf and girls' volleyball will be conducting practices and workouts throughout August in preparation for their first games and competitions later this month and in early September.

Girls' cross country started their summer workout schedule July 6 and have been training Monday-

Saturday at 7 a.m. with various runs and workouts in preparation for the start of their season. Questions related to girls' cross country can be directed to coach Robert Gleason at rgleason@dusd.net.

Girls' tennis is scheduled to start August 4 and run through August 20. Practices will be Mondays, Tuesdays and Wednesdays and will start at 9 a.m. Questions related to girls' tennis can be directed to coach Denise Diego at ddiego@dusd.net.

Girls' golf started their camp July 28 and it will run through August 13. Practices will be Tuesdays, Wednesdays and Thursdays from 8 a.m. until 9:30 a.m.

Qualifying rounds are scheduled for Aug. 18, 20, 25 and 27, respectively. Questions related to girls' golf can be directed to coach Jason Bean at jbean@dusd.net.

Girls' volleyball has been preparing for their upcoming season and will be conducting freshman tryouts Aug. 17 and 18 in the Downey High School Gymnasium from 9 a.m. to 12 p.m. Questions related to girls' volleyball can be directed to coach Nicole Boyle at nkboyle88@aol.com.

Warren High School concluded its six week summer school session yesterday and many of Warren's sports programs will now take the next three weeks off in observance of the C.I.F. mandated "dead period." In other words, there will be no coach organized practices for many sports team's members.

For many, it will be a time to rest, vacation and to prepare for the rigors of fall classes and sports seasons. For some, it marks long days of planning, preparing and practicing for respective seasons a few weeks away.

Fall sports such as football, boys' and girls' cross country, boys' water polo, girls' golf, girls' tennis and girls' volleyball will continue to work hard in August in preparation for their first games at the end of the month and in early September.

Virtually all sports teams

however, regardless of season, now conduct a camp or camps during the summer.

It is a way to continue working on skills as well as evaluate talent within a specific program. Summer camps have become a must for local prep schools.

Warren football and head coach Raul Lara will open up their fall season against St. Paul at Warren on September 4.

Cross country and head coaches Ramon Miranda and Jay Waldron will be in competition shortly after they return from their northern California training venues in late August. Boys' water polo and head coach Rick Nichols will kick their season off against Santa Fe at the Downey Pool on Sept. 8.

Girls' golf and head coach Tina Schmid will be teeing it up on the links in September, girls' tennis and head coach Mary Starksen will be in competition against Mayfair on Sept. 2 and girls' volleyball and head coach Scott Lane will be competing against Norwalk on Sept. 8.

Fall sports are quickly approaching and the 2015-16 school year will be here before you know it.

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Bring friends and neighbors!
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\$65 worm compost bin (includes worms)

Compost bins will be available for purchase at a discount after the workshop for those who attend. (cash or check)

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CleanLA.com
1 (888) CLEAN LA

Wilderness Park -Community Center- 10999 Little Lake Rd., Downey, 90241
smartgardening.com

Lost Dog "Daisy" REWARD



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or (562) 500-4392
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Meet the local high school seniors chosen as Milken Scholars

HACIENDA HEIGHTS – The Milken Scholars, a joint initiative of the Milken Institute and the Milken Family Foundation, has selected 16 exceptional high school seniors as 2015 Milken Scholars. The Scholars were chosen based on academic performance, community service, leadership and their ability to persevere in the face of adversity.

"Tomorrow's leaders will need more than a keen intellect and a willingness to work hard if they are to successfully confront rapidly changing global challenges. They will need strength of mind and character," said Mike Milken, who cofounded the Milken Scholars program with his wife Lori in 1989.

Scholars receive a \$10,000 scholarship, but what makes the program unique is the access to a lifetime of resources provided to scholarship recipients.

The new Scholars delivered inspirational remarks during the Milken Scholars Recognition Dinner held at the Ritz Carlton Hotel in Marina Del Rey on July 25, which was preceded by a Milken Scholars Summit in Los Angeles.

The 2015 Los Angeles Milken Scholars and the universities they will attend are:



Milla Anderson, City of Bell Dartmouth College

The city of Bell became a household name in 2010 after a scandal, which would directly influence the direction Milla Anderson would take in her life.

"Working in politics has been an ambition of mine since corrupted officials devastated my community," said Milla, the salutatorian at Bell High School, in Bell, California. Out of hundreds of applicants, she was chosen as one of 30 members of the 33rd Senate District Young Senators program designed by State Senator Ricardo Lara.

Now as an alumnus, she will be interning for Lara. She is an AP Scholar, a National Achievement Scholarship finalist and her awards include a National Merit Scholarship Commendation and a QuestBridge

College Prep Scholarship.

Milla was captain of the track team and the cross country team for her high school and she has run three marathons as part of Students Run Los Angeles. Her biracial identity, which she has always struggled with, has also helped shape her as a person.

"I realized I would never fit into society's cookie-cutter stereotypes or requirements and my identity would be my sole responsibility to define. I found a new freedom in accepting that I am multicultural and multiracial."

She plans to major in government at Dartmouth College.



Richard Ballena, Palmdale Pomona College

Richard Ballena is an only child but, at home, it feels like he has 34 siblings. His parents run a home daycare and he often helps by coordinating field trips, managing the website, supervising and helping kids with homework.

"My life has been surrounded by children who face significant challenges and seek the feeling of security. They constantly remind me to appreciate the little things and to never settle for average."

Richard says he longs to make a difference in children's lives by demonstrating to them that their challenges should not prevent them from happiness.

At Highland High School in Palmdale, California, he was a QuestBridge Prep Scholar, won the National Physicians Award of Excellence and was Outstanding Member of the Year as part of the Key Club, where he was vice president.

Richard is founder and president of the Hero (Helping Everyone Reach Out) Club, a community service high school club that recruited 100 students and 300 members of the community to plan service events that included a prom for special education students, building a garden and singing at hospitals.

He also served as vice president and captain of The Golden Ratio, his high school "mathletes" team and was the varsity captain of the swim team. He interned at Children's Hospital Los Angeles and has done community service at Antelope Valley Hospital where he won the President's Service Award for performing 150 hours of service.



Michael Chang, Hacienda Heights

University of California, Berkeley

Driven by a curiosity for gaining knowledge in various fields, Michael Chang has had a versatile high school career.

As the founder and president of the American Red Cross Club at Los Altos High School in Hacienda Heights, California and as a former intern at Red Cross Headquarters, Michael has immersed himself in the world of blood drives and other service events.

He is moved by blood donors and has worked at the Annual KLOS Blood Drive for two summers.

"Service is important to me because it taught me people are willing to help and I believe giving them the opportunity to can create incredible outcomes," he said.

He shadowed a pathologist for over 100 hours and has also volunteered at UCLA Medical Center in Santa Monica, California.

In addition, Michael was the design team leader at his school's Academy of Engineering, heading a team in creating electric vehicles.

"Michael's world is not self-centered but focused on how he can impact those around him," said his school principal.

It should come as no surprise that Michael, the valedictorian at Los Altos, wants to become a cardiologist. He will study biology and computer science at UC Berkeley, as a Regents' and Chancellor's Scholar.

One of his goals at Berkeley is to explore how computer science can be utilized to improve the medical field.

"Michael stands alone among his peers for his capacity for absorbing, synthesizing and applying knowledge," says his former English teacher.



Alyssa Chiang, Granada Hills UC San Diego

Alyssa Chiang has earned the Certificate of Merit Advanced Level in piano after playing for 12 years and gets good grades at Granada Hills Charter High School in Granada Hills, California, but at each step of the way, she questions how to do things that may not always align with her values.

"I pushed all the buttons and tested all the limits. I color outside the lines and write my own stories," says the independent young woman.

She has spent 13 years in the Girl Scouts and is working toward her Gold Award.

"She is the quintessential Girl Scout: intelligent, kindhearted, humble and open to learning," according to her college counselor.

Alyssa founded the Girl Power Club so young women could be more self-reflective, develop confidence and build their own bridges to success. She is heavily involved in robotics and helped

establish a robotics club at a local elementary school.

Besides being a school valedictorian, her Awards include National Merit Scholarship, AP Scholar of Distinction and National Honor Society. She was president of the California Scholarship Federation and led service opportunities.

During the summer of her sophomore year, Alyssa attended the Honeywell Leadership Challenge Space Camp in Huntsville, Alabama, held at the U.S. Space & Rocket Center – an all-expense paid week. For four years, she volunteered at a local hospital and library.

She will major in biomedical engineering as a Jacobs Scholar at UC San Diego with the goal to become an engineer.



Eli Gramajo, East Los Angeles Princeton University

Eli Gramajo was nervous as he stood in line to buy a pack of Camel Light cigarettes at a local store in his East Los Angeles neighborhood.

It was his first experience as a youth decoy for STAKE (Stop Tobacco Access to Kids Enforcement) and he was working with law enforcement to reduce the sale of tobacco to minors.

"Although I knew I could not save my entire community on my own, I wanted to be proactive."

At Downtown Magnet High School in LA, he founded the Chess Club, participated in the YMCA Youth and Government Club, and ran two marathons as part of Students Run Los Angeles.

Since sophomore year, Eli has spent six hours every Saturday at Minds Matter Los Angeles, a program dedicated to inspiring low-income students to reach their full potential.

He served as mentor to underclassmen. He is the lead guitarist for his church music group, and is the substitute bass and guitar player.

He participated in Academic Decathlon and his awards include the National Honor Society, AP Scholar with Distinction, National Hispanic Scholar, Coca Cola Semifinalist and the California Scholarship Federation.

At Princeton University, he will study economics and philosophy.

Eli's parents were born in Guatemala and three older siblings are in college on scholarships.

"Mr. Gramajo is, without a question, an invaluable student whose potential for success in higher education is evident in all his work," said a former teacher.

"His work extends beyond what is required of him. He is a true leader, but acts as a mentor to many of his classmates who respect him and many times request his insight on discussions."

See Milken Scholars, Page 10

This Is What a Standing Ovation Looks Like on Paper

"Selling my mother's home after she died was a difficult project considering I live in Virginia. I needed to find an experienced agent who knew the area well; who would aggressively market the property; who would even, outside of office hours, keep me updated and informed on the process, status and progress; and who would actively fight in my best interest. You came highly recommended to me as someone who could meet my requirements, and I was not disappointed."
Ellen Sherman

"You always acted in a professional manner. Your advice and counsel during the process was very helpful. I appreciate the fact that you were always available when I needed you and that you always acted with professional confidence, while at the same time being very personable in your approach to people."
Robert E. Emerick, Ph.D.

"We were so impressed with your knowledge and abilities. The way you explained things and worked with us and our buyer to make the sale happen was wonderful. You truly have experience and that experience definitely comes through."
Roy and Diana Tait

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Raymond A. Tabar

"Despite questionable behavior on the other broker's part, you pulled it all together. Thanks for your help."
Isabel Palomera

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Jerry Search

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Cerritos Center 2015-16 season schedule

CERRITOS – Entertainment legend Donny Osmond opens the 2015-2016 Season at the Cerritos Center for the Performing Arts (CCPA) with an 8 p.m. concert on Saturday, Sept. 19.

Since Osmond's teen years, during which he charmed America with the hits Go Away Little Girl and Puppy Love, the crooner has delighted generations of fans as a Broadway star, actor, on-air personality, television host, record producer, and author.

Osmond will perform his all-time favorites and new hits from his 60th album, "The Soundtrack of My Life."

The upcoming 2015-2016 Season lineup highlights world-class performers in music, children's entertainment, and Broadway. Enjoy performances by acclaimed singers Neil Sedaka, Jon Secada, The Temptations, and Joe Nichols. Fun family-friendly shows include Amazing Animals, Mummenschanz, Rudolph The Red-Nosed Reindeer: The Musical, and Tap Factory.

CCPA favorites and returning acts include Merry-Achi Christmas, Colors of Christmas, and saxophonist Dave Koz.

The 2015-2016 Broadway series includes Flashdance, The Producers, and

Ragtime. The Memory Lane series showcases The Bronx Wanderers; Reunion of the Champagne Music Makers Featuring Ralna English, Guy Hovis, Arthur Duncan, Bobby and Elaine, Mary Lou Metzger, Gail Farrell, and the Champagne Music Makers Orchestra; In the Mood; and Cab Calloway Orchestra with special guest Alice Tan Ridley.

Rob Kapilow's What Makes It Great? series features DVORÁK – Symphony No. 8 With the Cal State Fullerton University Symphony Orchestra; BEETHOVEN – Kreutzer Sonata With Blake Pouliot, violin and Hsin-I Huang, piano; and From Brigadoon to My Fair Lady: The Songs of Lerner and Loew With Amanda Squitieri, soprano.

Place ticket orders by mail, at cerritoscenter.com, or by calling (562) 467-8818. Web sales begin at noon on Friday, July 17.

Phone and live in-person sales start at noon on Saturday, July 18.

The full 2015-16 season schedule is below:

Donny Osmond
SAT, SEP 19, 2015, 8:00 PM

Neil Sedaka
SUN, SEP 20, 2015, 3:00 PM
The Isley Brothers
SAT, SEP 26, 2015, 8:00 PM

Benise
Strings of Passion
SUN, SEP 27, 2015, 7:00 PM

Mavis Staples & Joan Osborne
Solid Soul
SAT, OCT 3, 2015, 8:00 PM

Bollywood Masala Orchestra and Dancers of India
SUN, OCT 4, 2015, 3:00 PM

The Tenors
FRI, OCT 16, 2015, 8:00 PM

Amazing Animals starring Olate Dogs, San Diego Zoo animal presentation featuring Dr. Zoollittle and a zoo educator, Kevin Johnson, and Dan Birch
SAT, OCT 17, 2015, 3:00 PM

The Folk Reunion with The Brothers Four and The Kingston Trio
SUN, OCT 18, 2015, 3:00 PM

Tommy Roe and Jay & The Americans
FRI, OCT 23, 2015, 8:00 PM

Te Vaka
SAT, OCT 24, 2015, 8:00 PM
Libera
SUN, OCT 25, 2015, 3:00 PM

Steve Lippia: Centennial Sinatra
FRI, OCT 30, 2015, 8:00 PM

Liverpool Mania - The History of the Beatles starring American English
FRI, NOV 20, 2015, 8:00 PM

Jon Secada
SAT, NOV 21, 2015, 8:00 PM

Mummenschanz
SUN, NOV 22, 2015, 3:00 PM

Rudolph The Red-Nosed Reindeer: The Musical
FRI, NOV 27, 2015, 7:00 PM
SAT, NOV 28, 2015, 12:00 PM & 4:00 PM

The Temptations
FRI, DEC 4, 2015, 8:00 PM

Merry-Achi Christmas: Sol de México de José Hernández, Mariachi Reyna de Los Angeles, and Grandeza Mexicana Ballet Folklorico
SAT, DEC 5, 2015, 7:00 PM

The TEN Tenors
Home for the Holidays
SUN, DEC 6, 2015, 7:00 PM
Joe Nichols
FRI, DEC 11, 2015, 8:00 PM

Colors of Christmas with Peabo Bryson, Oleta Adams, Marilyn McCoo & Billy Davis, Jr., and Bebe Winans
SAT, DEC 12, 2015, 8:00 PM

Johnny Mathis Christmas Show
FRI, DEC 18, 2015, 8:00 PM

Dave Koz and Friends Christmas Tour 2015
SAT, DEC 19, 2015, 8:00 PM
SUN, DEC 20, 2015, 3:00 PM
The Best of Doo-Wop Vol. II
SAT, JAN 16, 2016, 8:00 PM
Under the Streetlamp
FRI, JAN 22, 2016, 8:00 PM

Fiesta Mexico-Americana: A Celebration of Mexican American Heritage featuring Los Lobos with Special Guests Ballet Folklorico Mexicano
SAT, JAN 23, 2016, 8:00 PM

Direct From Ireland: Celtic Nights – Spirit of Freedom
FRI, JAN 29, 2016, 8:00 PM
Moscow Festival Ballet Presents Cinderella
SAT, JAN 30, 2016, 8:00 PM

Tap Factory
FRI, FEB 5, 2016, 7:00 PM

British Isles of Wonder featuring the Band of the Scots Guards and The Pipes, Drums, and Highland Dancers of The Black Watch 3rd Battalion and The Royal Regiment of Scotland
SAT, FEB 20, 2016, 8:00 PM

Stray Cats' Lee Rocker and Little River Band
SAT, FEB 27, 2016, 8:00 PM

Tribute to the Follies starring Tony Sandler, Olate Dogs, Raspyini Brothers, Pete Barbutti, The Lindy Sisters, Dorothy Kloss, Ken Prescott, Follies Dancers, and the Follies Orchestra
SAT, MAR 12, 2016, 6:30 PM

60th Anniversary of It's Magic!
SUN, MAR 13, 2016, 3:00 PM

Barrage 8
FRI, MAR 18, 2016, 8:00 PM

ROB KAPILOW'S WHAT MAKES IT GREAT?
Rob Kapilow's What Makes It Great? DVORÁK – Symphony No. 8 with the Cal State Fullerton University Symphony Orchestra
WED, OCT 21, 2015, 7:30 PM

Rob Kapilow's What Makes It Great? BEETHOVEN – Kreutzer Sonata with Blake Pouliot, violin and Hsin-I Huang, piano
WED, FEB 3, 2016, 7:30 PM

Rob Kapilow's What Makes It Great? From Brigadoon to My Fair Lady: The Songs of Lerner and Loewe with Amanda Squitieri, soprano
WED, MAR 9, 2016, 7:30 PM
MEMORY LANE SERIES
The Bronx Wanderers
SUN, NOV 1, 2015, 3:00 PM

Reunion of the Champagne Music Makers featuring Ralna English, Guy Hovis, Arthur Duncan, Bobby and Elaine, Mary Lou Metzger, Gail Farrell, and the Champagne Music Makers Orchestra
SUN, JAN 17, 2016, 3:00 PM

In the Mood
SUN, MAR 6, 2016, 3:00 PM

Cab Calloway Orchestra with Special Guest Alice Tan Ridley
SUN, MAR 20, 2016, 3:00 PM

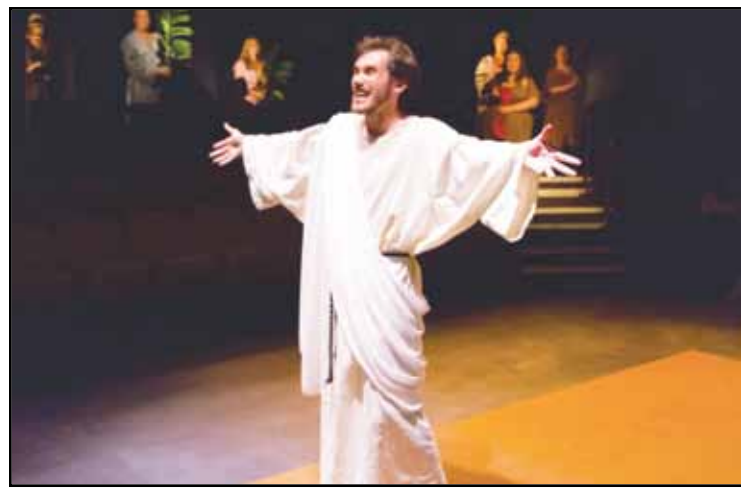
BROADWAY SERIES
Flashdance
FRI, NOV 6, 2015, 8:00 PM
SAT, NOV 7, 2015, 2:00 PM & 8 PM

The Producers
FRI, FEB 12, 2016, 8:00 PM
SAT, FEB 13, 2016, 2:00 PM & 8:00 PM

Ragtime
FRI, APR 1, 2016, 8:00 PM
SAT, APR 2, 2016, 2:00 PM & 8:00 PM

PERFORMANCE PARTNER PROGRAMS
UB40
Featuring Ali Campbell, Astro, & Mickey Virtue
SAT, OCT 10, 2015, 8:00 PM

Los Angeles Symphony Christmas Concert
SUN, DEC 13, 2015, 7:00 PM



'Jesus Christ Superstar' extends stay in Long Beach

LONG BEACH - Due to capacity crowds, the final show of Long Beach Playhouse Mainstage season, Jesus Christ Superstar, will extend one additional weekend and will close on Saturday night, Aug. 22. Tickets can be purchased online at lbplayhouse.org or by calling the box office at 562-494-1014 X 1.

"We're thrilled when we have to add an extra weekend," said Andrew Vonderschmitt, the Playhouse's Executive and Producing Artistic Director. "It means a lot to us that the community comes out to support us."

The play tells the story of the final three days of Christ's life. In this interpretation Rice and Webber have taken Jesus off the stained glass window and thrust him into the street with the rest of us. These are not good or bad people, they are just people caught up in incredible circumstances, trying to do what they believe is right. It's a story about people, love, forgiveness and acceptance.

This play is the first to be done with the Playhouse's new sound system. The voices of the singers and the music provided by the incredibly talented four-piece ensemble are crystal clear and can be heard equally well throughout the intimate theatre space.

"You'll never feel closer to the action than you do at the Playhouse," said Vonderschmitt.

Benefit dinner will raise money and awareness for breast cancer

DOWNEY – The family of the late Susan Philips is hosting its 9th annual Sue Phillips Memorial Fundraiser on Saturday, Aug. 1, 6p.m. at the Downey Masonic Lodge to raise money for the Avon Breast Cancer Foundation.

A donation of \$35 will include the cost of an Italian dinner and a quarter auction. A silent auction will also be available.

Susan Phillips lost her battle with breast cancer in 2002. She was active in Downey PTA, Warren High Band Boosters, and the West Downey Little League.

For more information on the fundraiser or to RSVP, call (562) 861-4165 or visit www.suephillips.info.

Spaghetti dinner fundraiser

DOWNEY – Fail-Safe 4 Felines, Inc. is hosting a spaghetti dinner on Monday, Aug. 10, 6:30 p.m. at the Downey Elks Lodge.

The dinner costs \$20 and will include a raffle. For more information or to reserve tickets, call (562) 708-2672.

Library hosting Mario Kart tournament for teens

DOWNEY – Teens are invited to participate in a Mario Kart gaming tournament being held at Downey High School's Aquatic Center on Friday, July 31, from 6:30-8 p.m.

The tournament is open to kids entering grades 6-9. Entry fee is \$5 and includes a soft drink and snack.

Participants will be placed in a random tournament bracket with best-of-three winners advancing. Prizes will be awarded for first through third places.

Once disqualified, participants can still enjoy free play in the game truck. Participants also have access to the Downey pool for swimming and games. To access the pool, proper swim attire is required (no cotton shirts or shorts).

For questions or more information, call (562) 904-7223.

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VACATION PG (10:15, 12:35, 3:05, 5:30, 7:55, 9:30, 10:25)
PAPER TOWNS PG-13 (11:30, 2:10, 4:50, 7:30, 10:10)
★ **PIXELS** PG (11:00, 1:35, 4:10, 7:00, 9:40)
SOUTHPAW PG (11:05, 2:00, 4:55)
ANT-MAN PG (10:40, 1:30, 4:20, 7:10, 10:00)
TRAINWRECK PG Fri to Mon: (11:15, 2:05, 5:00, 7:50, 10:45) Tue: (5:00, 7:50, 10:45)
MINIONS PG Fri to Mon: (11:45, 2:10, 4:40, 7:05, 9:30) Tue: (4:40, 7:05, 9:30)
PADDINGTON PG Tue: (10:00 AM, 12:30 PM)
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MILKEN SCHOLARS: "Strength of mind and character"



Susan Chor, Palmdale
University of Pennsylvania

Service to her community is essential to Susan Chor, the valedictorian of Highland High School in Palmdale, California.

As part of the Key Club, she performed over 300 hours of community service. The "pinnacle" of her Key Club career was when she was appointed as the Cali-Nev-Ha (CNH) Kiwanis Family and Foundation Chair.

She was tasked with overseeing the delegation of several service projects sponsored by the CNH Foundation.

"As a leader in an organization that promotes leading by serving and leading by example, I made sure to actively attend as many meetings as possible at all levels of the organization," she said.

She received the City of Palmdale Recognition for the Global Youth Services Day and "Guide Dog" acknowledgement for helping new students navigate the high school campus.

At Highland High, she was president of the Creasian Club, an organization that celebrates the different cultures of Asia represented by the student body.

She was also on the cross country team and plays piano. Susan received an IB diploma and her awards include a National Merit Scholar Letter of Commendation, the American College of Musicians:

National Piano Guild Auditions National Member, the President's Volunteer Service Award and silver and bronze medals from the National Latin Exam.

She is a Gold Seal Bearer in the California Scholarship Federation. She was the treasurer of the AP Club, the secretary of the Gay-Straight Alliance, and a member of the Varsity Athletes for the last three years.

During her off hours, she has volunteered at a retirement home during the holidays and worked at Six Flags Magic Mountain amusement park and in her family's business, the Donut Inn.

Susan plans to study biochemistry at the University of Pennsylvania in hopes of becoming a researcher at the Centers for Disease Control.



Kayla Gonzalez, North Hills
Vassar College

If Kayla Gonzalez, the valedictorian of James Monroe High School in North Hills, California, wanted to pursue a career in law, she would be way ahead of her peers.

During Mock Trial as the Chief Justice when she was a senior, she presented a case to seasoned, real-life lawyers who observed that "students in law school could not have done so well. She was the only lawyer for the respondent's side to prevail that day."

Her team placed in the top eight

in the LA County Championships and she was nominated for the Top Defense Attorney Award. She has won the Constitutional Rights Foundation Award and the California State Legislature Academic Achievement Award.

She helped reinstate Key Club in her school after it was suspended, then tripled the membership and quadrupled the service hours as president. She served 230 hours in nine months and was named outstanding president in the CANV-HI district.

She credits her single mother, who was born in Mexico and has encountered many hardships in her own life, with giving her the guidance and support she needed to achieve all that she has thus far.

In the 11th grade, Kayla wrote an op/ed poem describing the fears of teenagers being mired in debt from paying for college and, out of 1,500 entries, it was among the few published in the Los Angeles Times.

Kayla will major in creative writing and English at Vassar College and wants to someday become an author or screenwriter.



Irene Kim, Los Angeles
Stanford University

Ever since her freshman year, Irene Kim has kept busy non-stop with extracurricular activities and community service projects.

The accolades are impressive for this Stanford University-bound

young woman who wants to study international relations for a career in government.

Awards include winning the silver President's Volunteer Service Award twice and the bronze once, AP Scholar with Honor, a National Merit Scholarship Program Letter of Commendation, a County of Los Angeles Commendation and a Society of Women Engineers Certificate of Merit.

At Marymount High School, she was the co-founder of Do Something.org, which engages the community in socio-economic issues through meetings and events. She has worked as a student reporter for a local newspaper called the Korea Times, and was a writer and editor for the school newspaper.

She was also the Secretary General for her school's nationally-ranked Model UN team.

"She's in charge, no question about it," says a teacher and Model UN moderator. "Quick-witted with a sparkling sense of humor, savvy and smart, she effortlessly attracts supporters and persuades others to her point of view."

Her parents are from Korea and she will be the first to attend college in her family. When times got tough financially for her family, she demonstrated resilience and helped her parents.

"Not only did this experience test my capability to be optimistic about the future," she said, "it also gave me insight into my character and my goals."



Gerardo Lira, North Hollywood
Carnegie Mellon

Gerardo Lira, a valedictorian of North Hollywood High School in Los Angeles, has faced many challenges.

"I now live a more peaceful life, but it was my childhood full of solitude that helped me to understand the true importance of education and relationships with others," according to Gerardo.

"I aspire to one day help make a difference for other children who are undergoing similar personal strife."

Gerardo, whose mother was born in Guatemala and whose father was born in Mexico, will be the first in his family to attend college.

He will be attending Carnegie Mellon, studying biomedical engineering for a career in research and academia. His awards include National Hispanic Scholar and AP Scholar with Distinction.

He attends North Hollywood High School, which is known for their Highly Gifted Magnet program.

Gerardo convinced counselors to enroll him in AP classes with the Magnet students.



Debbie Park, Torrance
Harvard

During a church trip to Sri Lanka, Debbie Park, for the first time in her life, was exposed to blatant sexism and discrimination so "embedded in the culture that nobody seemed to question it," said this outspoken young woman with a strong sense of right and wrong.

She grappled with what she

witnessed and reflected on it for months. She later realized that the experience transformed her "into a more humble, respectful individual regarding the exchange of contradicting ideas."

What transpired in that foreign country taught her the importance of adhering to her morals while maintaining an open mind. Debbie, who is the first in her family to attend college, will attend Harvard University and study government for a career as a prosecutor or judge.

As a student at Torrance High School in Los Angeles County, her awards include National Merit Scholarship Semifinalist, National Honors Society, AP Scholar with Distinction and California Scholarship Federation. S

he was the Congressional Debate Captain of her school's Speech and Debate team, earning first place. Debbie is president of the National Honor Society and was vice president of the Associated Student Body.

She was selected as the student representative on the Torrance Youth Council, which promotes volunteerism among youth, and is on the advisory board for the City Council.

She has also taken a mission trip to Paraguay and did an internship in Los Angeles Superior Court.

"It was clear to me that Ms. Park is an extraordinary young lady," according to the judge she interned with last summer.

Since its founding in 1989, the Milken Scholars program has supported more than 350 Scholars from diverse backgrounds. Nearly half were the first in their family to attend college.

Milken Scholars are selected in their senior year of high school through a rigorous nomination, application review and interview process.

The remaining Scholars are: Brian Matusovsky of Santa Monica (Yale University); Christian Mendez of Los Angeles (Yale University); Kevin Ou of Temple City (Yale University); Joyce Ou of Hacienda Heights (Yale University); Michelle Park of Los Angeles (Stanford University); Ted Zhu of Walnut (Harvard).

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Ana Esparza, Real Estate Executive

Ana Esparza has been servicing the City of Downey since 1991. She is involved in many organizations and currently serves as President of the Downey Association of Realtors. Ana believes that purchasing Downey Real Estate is a great investment whether you are purchasing your first home, second home, or commercial property. Ana believes when you are buying or selling in today's real estate market, it is important to have confidence in your Real Estate Professional. Ana is committed to provide specialized service that her clients deserve. If you are considering buying or selling a home, or commercial property, or would like to have additional information about real estate in your area. Please contact Ana Esparza at (562)756-8870

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Established itself as a successful, well-rounded office specializing in residential, residential income (1031), and commercial transactions all over Downey and other Southern California Area. Our Real Estate Professionals work together making a powerful sales force dedicating their expertise,

LEGAL NOTICES

BULK SALES

NOTICE TO CREDITORS OF BULK SALE (UCC Sec. 6105)

Escrow No. 15528-EY
NOTICE IS HEREBY GIVEN that a bulk sale is about to be made. The name(s), business address(es) of the Seller(s) are: JULIANA JUANITA PETERSON, 8852 ROSECRANS AVE, DOWNEY, CA 90242
Doing Business as: R & J FAMILY RESTAURANT AKA R & J SOUTHERN HOME COOKING
All other business name(s) and address(es) used by the Seller(s) within the past three years, as stated by the Seller(s), is/are: NONE
The name(s) and address of the Buyer(s) is/are: JA YOUNG CHO YUN, 8852 ROSECRANS AVE, DOWNEY, CA 90242
The assets being sold are generally described as: FURNITURE, FIXTURES, EQUIPMENT, MACHINERY GOODWILL, TRADE NAME, LEASE, LEASEHOLD IMPROVEMENT, AND COVENANT NOT TO COMPETE and are located at: 8852 ROSECRANS AVE, DOWNEY, CA 90242
The bulk sale is intended to be consummated at the office of: AMERICAN CLASSIC ESCROW, 13215 SOUTH ST, CERRITOS, CA 90703 and the anticipated sale date is AUGUST 17, 2015
This business is conducted by California Uniform Commercial Code Section 6106.2
[If the sale is subject to Sec. 6106.2, the following information must be provided.]
The name and address of the person with whom claims may be filed is: AMERICAN CLASSIC ESCROW, 13215 SOUTH ST, CERRITOS, CA 90703 and the last date for filing claims by any creditor shall be AUGUST 14, 2015, which is the business day before the sale date specified above.
BUYER(S): JA YOUNG CHO YUN
LA1567036 DOWNEY PATRIOT 7/30/15

The Downey Patriot 7/30/15

FICT. BUS NAME

FICTITIOUS BUSINESS NAME STATEMENT
File Number 2015189111
THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: (1) ROCKHILL CONCRETE & LANDSCAPING, 12825 EASTBROOK AVE., DOWNEY CA 90242, LA COUNTY

Articles of Incorporation or Organization Number (if applicable): AI #ON: N/A
REGISTERED OWNERS(S): (1) JUAN LUIS RODRIGUEZ, 12825 EASTBROOK AVE., DOWNEY CA 90242
State of Incorporation: N/A
This business is conducted by an Individual
The registrant commenced to transact business under the fictitious business name or names listed above on N/A
I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.)
S/ JUAN LUIS RODRIGUEZ, OWNER
This statement was filed with the County Clerk of Los Angeles on JULY 20, 2015
NOTICE-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form.

must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form.
The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (see Section 14411 et. seq., Business Professions Code).

The Downey Patriot 7/23/15, 7/30/15, 8/6/15, 8/13/15

FICTITIOUS BUSINESS NAME STATEMENT

File Number 2015177312
THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: (1) LATIN AMERICA HOME HEALTH CARE SERVICES, 11711 WOODRUFF AVE SUITE 240, DOWNEY CA 90241, LA COUNTY, 11711 WOODRUFF AVE SUITE 240, DOWNEY CA 90241

Articles of Incorporation or Organization Number (if applicable): AI #ON: N/A
REGISTERED OWNERS(S): (1) PIEDAD NERI, 724 RADWAY AVE, LA PUENTE CA 91744 (2) MARIA R MCCARTHY, 906 S MOUNTAIN AVE APT A, ONTARIO CA 91762
State of Incorporation: N/A
This business is conducted by a General Partnership

The registrant commenced to transact business under the fictitious business name or names listed above on N/A
I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.)
S/ MARIA R MCCARTHY, PARTNER
This statement was filed with the County Clerk of Los Angeles on JULY 7, 2015
NOTICE-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form.

The Downey Patriot 7/16/15, 7/23/15, 7/30/15, 8/6/15

FICTITIOUS BUSINESS NAME STATEMENT

File Number 2015174844
THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: (1) DSHS CLASS OF 60, 2034 LE FLORE DR., LA HABRA HEIGHTS CA 90609, LA COUNTY

Articles of Incorporation or Organization Number (if applicable): AI #ON: N/A
REGISTERED OWNERS(S): (1) ROBERT RICHARD DURAZZO, 2034 LE FLORE DR., LA HABRA HEIGHTS CA 90609
State of Incorporation: N/A
This business is conducted by an Individual
The registrant commenced to transact business under the fictitious business name or names listed above on N/A
I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.)
S/ ROBERT RICHARD DURAZZO, OWNER
This statement was filed with the County Clerk of Los Angeles on JULY 2, 2015

The Downey Patriot 7/16/15, 7/23/15, 7/30/15, 8/6/15

FICTITIOUS BUSINESS NAME STATEMENT

File Number 2015124610
THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: (1) ANGEL J TORRES FLOORING, 15946 RUSSELL ST, WHITTIER, CA, 90603
REGISTERED OWNERS(S): (1) ANGEL JONATHAN TORRES, 15946 RUSSELL ST, WHITTIER CA 90603
State of Incorporation: N/A
This business is conducted by an Individual
I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or

NOTICE-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form.

The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (see Section 14411 et. seq., Business Professions Code).

The Downey Patriot 7/23/15, 7/30/15, 8/6/15, 8/13/15

FICTITIOUS BUSINESS NAME STATEMENT

File Number 2015187575
THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: (1) DUBON TRUCKING, 2021 1/2 E. 77TH ST., LOS ANGELES CA 90001, LA COUNTY

Articles of Incorporation or Organization Number (if applicable): AI #ON: N/A
REGISTERED OWNERS(S): (1) EDUARDO DUBON, 2021 1/2 E. 77TH ST., LOS ANGELES CA 90001
State of Incorporation: N/A
This business is conducted by an Individual
The registrant commenced to transact business under the fictitious business name or names listed above on N/A
I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.)
S/ EDUARDO DUBON, OWNER
This statement was filed with the County Clerk of Los Angeles on JULY 17, 2015
NOTICE-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form.

The Downey Patriot 7/23/15, 7/30/15, 8/6/15, 8/13/15

STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME
2015179509
File Number 2015124610 DATE FILED: MAY 11, 2015
NAME OF BUSINESS(ES): ANGEL J TORRES FLOORING
STREET ADDRESS, CITY, STATE, ZIP CODE: 15946 RUSSELL ST, WHITTIER, CA, 90603
REGISTERED OWNERS(S): (1) ANGEL JONATHAN TORRES, 15946 RUSSELL ST, WHITTIER CA 90603
State of Incorporation: N/A
This business is conducted by an Individual
I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or

For more information call (562) 904-3668 or email us at downeypatriot@yahoo.com

Don't pass up this exciting chance to promote your Downey business in a unique fashion

Clerk of Los Angeles on JULY 1, 2015
NOTICE-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form.
 The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (see Section 14411 et. seq., Business Professions Code).

**The Downey Patriot
 7/16/15, 7/23/15, 7/30/15, 8/6/15**

**FICTITIOUS BUSINESS
 NAME STATEMENT**

File Number 2015182707
 THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: **(1) VINT EDGE APPAREL, 8938 VICTORIA AVE APT B, SOUTH GATE CA 90280, LA COUNTY**
 Articles of Incorporation or Organization Number (if applicable): AI #ON: N/A REGISTERED OWNERS(S): (1) NADJA G. LOERA LEAL, 8938 VICTORIA AVE APT B, SOUTH GATE CA 90280
 State of Incorporation: N/A
 This business is conducted by an Individual The registrant commenced to transact business under the fictitious business name or names listed above on N/A
 I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.) S/ NADJA G. LOERA LEAL, OWNER
 This statement was filed with the County Clerk of Los Angeles on JULY 13, 2015
 NOTICE-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form.
 The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (see Section 14411 et. seq., Business Professions Code).

**The Downey Patriot
 7/23/15, 7/30/15, 8/13/15, 8/20/15**

**FICTITIOUS BUSINESS
 NAME STATEMENT**

File Number 2015177449
 THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: **(1) TOP MESSAGE, 13682 E TELEGRAPH RD, WHITTIER CA 90604, LA COUNTY**
 Articles of Incorporation or Organization Number (if applicable): AI #ON: N/A REGISTERED OWNERS(S): (1) DENH HOONG LIENG, 2405 GLADYS AVE, ROSEMEAD CA 91770
 State of Incorporation: CA
 This business is conducted by an Individual The registrant commenced to transact business under the fictitious business name or names listed above on N/A
 I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.) S/ DENH HOONG LIENG, OWNER
 This statement was filed with the County Clerk of Los Angeles on JULY 7, 2015
 NOTICE-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form.
 The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (see Section 14411 et. seq., Business Professions Code).

**The Downey Patriot
 7/23/15, 7/30/15, 8/6/15, 8/13/15**

**FICTITIOUS BUSINESS
 NAME STATEMENT**

File Number 2015177895
 THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: **(1) A AND M CONNECTIONS, 1507 MAGNOLIA AVE, LONG BEACH CA 90813, LA COUNTY**
 Articles of Incorporation or Organization Number (if applicable): AI #ON: N/A REGISTERED OWNERS(S): (1) MARCO ANTONIO MARQUEZ, 1507 MAGNOLIA AVE, LONG BEACH CA 90813
 State of Incorporation: N/A
 This business is conducted by an Individual The registrant commenced to transact business under the fictitious business name or names listed above on N/A
 I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.) S/ MARCO ANTONIO MARQUEZ, OWNER
 This statement was filed with the County Clerk of Los Angeles on JULY 7, 2015
 NOTICE-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form.
 The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (see Section 14411 et. seq., Business Professions Code).

**The Downey Patriot
 7/16/15, 7/23/15, 7/30/15, 8/6/15**

**FICTITIOUS BUSINESS
 NAME STATEMENT**

File Number 2015183942
 THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: **(1) STAY (2) STAY STUDIO, 10257 HALEDON AVENUE, DOWNEY CA 90241, LA COUNTY**
 Articles of Incorporation or Organization Number (if applicable): AI #ON: N/A REGISTERED OWNERS(S): (1) CRAWFORD GROUP, LLC, 10257 HALEDON AVENUE, DOWNEY CA 90241
 State of Incorporation: CA
 This business is conducted by a Limited Liability Company
 The registrant commenced to transact business under the fictitious business name or names listed above on N/A
 I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.) S/ CRAWFORD GROUP, LLC, MANAGING MEMBER, JOSEPH MANACMUL
 This statement was filed with the County Clerk of Los Angeles on JULY 14, 2015
 NOTICE-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form.
 The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (see Section 14411 et. seq., Business Professions Code).

**The Downey Patriot
 7/16/15, 7/23/15, 7/30/15, 8/6/15**

**FICTITIOUS BUSINESS
 NAME STATEMENT**

File Number 2015153343
 THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: **(1) HERITAGE QUILTS BY LINDA FAYE, 8536 CEDAR STREET, BELLFLOWER CA 90706, LA COUNTY**
 Articles of Incorporation or Organization Number (if applicable): AI #ON: N/A REGISTERED OWNERS(S): (1) LINDA FAYE CHAMBERS, 8536 CEDAR STREET, BELLFLOWER CA 90706
 State of Incorporation: N/A
 This business is conducted by an Individual The registrant commenced to transact business under the fictitious business name or names listed above on N/A
 I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.) S/ LINDA FAYE CHAMBERS, OWNER
 This statement was filed with the County Clerk of Los Angeles on JUNE 9, 2015
 NOTICE-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form.
 The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (see Section 14411 et. seq., Business Professions Code).

to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form.
 The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (see Section 14411 et. seq., Business Professions Code).

**The Downey Patriot
 7/9/15, 7/16/15, 7/23/15, 7/30/15**

**STATEMENT OF ABANDONMENT
 OF USE OF FICTITIOUS BUSINESS
 NAME**

File Number 2013038841 DATE FILED: FEBRUARY 26, 2013
 NAME OF BUSINESS(ES): PRESIDENT TOURS CENTER U S A
 STREET ADDRESS, CITY, STATE, ZIP CODE: 14625 CARMENITA ROAD SUITE 221, NORWALK, CA, 90650
 REGISTERED OWNERS(S): (1) ROJSIRIVAT PICHIAN, 14625 CARMENITA ROAD SUITE 221, NORWALK CA 90650
 State of Incorporation: N/A
 This business is conducted by an Individual I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.) S/ ROJSIRIVAT PICHIAN, OWNER
 This statement was filed with the County Clerk of LOS ANGELES on JULY 24, 2015

**The Downey Patriot
 7/30/15, 8/6/15, 8/13/15, 8/20/15**

**FICTITIOUS BUSINESS
 NAME STATEMENT**

File Number 2015177449
 THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: **(1) TOP MESSAGE, 13682 E TELEGRAPH RD, WHITTIER CA 90604, LA COUNTY**
 Articles of Incorporation or Organization Number (if applicable): AI #ON: N/A REGISTERED OWNERS(S): (1) DENH HOONG LIENG, 2405 GLADYS AVE, ROSEMEAD CA 91770
 State of Incorporation: CA
 This business is conducted by an Individual The registrant commenced to transact business under the fictitious business name or names listed above on N/A
 I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.) S/ DENH HOONG LIENG, OWNER
 This statement was filed with the County Clerk of Los Angeles on JULY 7, 2015
 NOTICE-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form.
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**The Downey Patriot
 7/16/15, 7/23/15, 7/30/15, 8/6/15**

GOVERNMENT

NOTICE TO CONTRACTORS CALLING FOR BIDS

NOTICE IS HEREBY GIVEN that the Downey Unified School District ("District") of Los Angeles County, California, acting by and through its Governing Board ("Board"), will receive up to, but not later than, **1:30 p.m. on Thursday, August 27, 2015**, sealed bids for the award of a contract for:

**Bid #15/16-11
 Completion of Fencing and Gates at
 Downey High School**

All bids shall be made and presented on a form furnished by the District. Bids shall be received in the office of the Director, Purchasing and Warehouse and shall be opened and publicly read aloud at the above stated time and place.

Each bid must conform with and be responsive to the contract documents, copies of which are on file and may be obtained on or after July 30, 2015 through the District's Construction Manager, Rachlin Partners, Mr. Andrew Ulmen, aulmen@rachlinpartners.com, or (310) 562-1365.

A mandatory bidder's conference and job-walk will be conducted at Downey High School, 11040 Brookshire Ave, Downey, CA 90241 on August 12, 2015 at 1:30 p.m. No bid shall be accepted from any bidder failing to comply with attending the mandatory bidder's conference.

The District has obtained from the Department of Industrial Relations the general prevailing rate of per diem wages and the general prevailing rate for holiday and overtime work for the Los Angeles County area for each trade, craft, classification, or type of work needed to execute the contract. Holiday rates shall be paid as specified in the collective bargaining agreement applicable to each particular trade, craft, classification, or type of work employed on the project.

Copies of schedules of rates so determined are available on the Internet at (http://www.dir.ca.gov/DIR/S&R/statistics_research.html) and are on file and available at the District Office address noted above. In accordance with Section 1773.2 of the California Labor Code, the Contractor shall post a copy of the determination of prevailing rate of wages at each jobsite. The schedule of per diem wages is based upon a working day of eight (8) hours. The rate for holiday and overtime work shall be at time plus one-half. The Contractor and any subcontractor(s) shall pay not less than the specified prevailing rates of wages to all workers employed by them in the execution of the contract. In accordance with provisions of the Public Contract Code Section 22300, substitution of eligible and equivalent securities for any monies withheld to ensure performance under this contract will be permitted at the request and expense of the Contractor.

No bidder may withdraw their bid for a period of ninety (90) days after the date for the opening of bids.

In accordance with the provisions of the California Public Contract Code Section 3300, the District requires that the bidder possess the following classification(s) of contractor's license at the time that the Contract is awarded: Class C-13.

All bidders and their subcontractors MUST be registered with the Department of Industrial Relations (DIR) and possess a current and valid DIR registration number at the time of bid submission.

The District reserves the right to reject any and all bids or to waive irregularities in any bid.

The Downey Unified School District is an "Equal Opportunity" employer. Qualified Disabled Veteran Business Enterprises (DVBE) are encouraged to participate in this project.

Darren Purselglove, C.P.M.
 Darren Purselglove
 Director, Purchasing and Warehouse
 Downey Unified School District
 Los Angeles, County, State of California

**The Downey Patriot
 7/30/15, 8/6/15**

NOTICE TO CONTRACTORS CALLING FOR BIDS

NOTICE IS HEREBY GIVEN that the Downey Unified School District ("District") of Los Angeles County, California, acting by and through its Governing Board ("Board"), will receive up to, but not later than, **2:00 p.m. on Thursday, August 27, 2015**, sealed bids for the award of a contract for:

**Bid #15/16-06
 Downey Unified School District –
 Finalization Work at Downey High
 School Administration Building 'A'**

All bids shall be made and presented on a form furnished by the District. Bids shall be received in the office of the Director, Purchasing and Warehouse and shall be opened and publicly read aloud at the above stated time and place.

Each bid must conform with and be responsive to the contract documents, copies of which are on file and may be obtained on or after July 30, 2015 through the District's Construction Manager, Rachlin Partners, Mr. Andrew Ulmen, aulmen@rachlinpartners.com, or (310) 562-1365.

A mandatory bidder's conference and job-walk will be conducted at Downey High School, 11040 Brookshire Ave, Downey, CA 90241 on August 12, 2015 at 2:30 p.m. No bid shall be accepted from any bidder failing to comply with attending the mandatory bidder's conference.

The District has obtained from the Department of Industrial Relations the general prevailing rate of per diem wages and the general prevailing rate for holiday and overtime work for the Los Angeles County area for each trade, craft, classification, or type of work needed to execute the contract. Holiday rates shall be paid as specified in the collective bargaining agreement applicable to each particular trade, craft, classification, or type of work employed on the project.

Copies of schedules of rates so determined are available on the Internet at (http://www.dir.ca.gov/DIR/S&R/statistics_research.html) and are on file and available at the District Office address noted above. In accordance with Section 1773.2 of the California Labor Code, the Contractor shall post a copy of the determination of prevailing rate of wages at each jobsite. The schedule of per diem wages is based upon a working day of eight (8) hours. The rate for holiday and overtime work shall be at time plus one-half. The Contractor and any subcontractor(s) shall pay not less than the specified prevailing rates of wages to all workers employed by them in the execution of the contract. In accordance with provisions of the Public Contract Code Section 22300, substitution of eligible and equivalent securities for any monies withheld to ensure performance under this contract will be permitted at the request and expense of the Contractor.

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The Downey Unified School District is an "Equal Opportunity" employer. Qualified Disabled Veteran Business Enterprises (DVBE) are encouraged to participate in this project.

Darren Purselglove, C.P.M.
 Darren Purselglove
 Director, Purchasing and Warehouse
 Downey Unified School District
 Los Angeles, County, State of California

**The Downey Patriot
 7/30/15, 8/6/15**

**NOTICE OF PUBLIC HEARING
 BUILDING CODE AMENDMENT**

Notice is hereby given that a public hearing will be held before the CITY COUNCIL of the CITY OF DOWNEY on the **11th day of August, 2015**, at 6:30 p.m., in the Council Chamber of the Downey City Hall, 11111 Brookshire Avenue, Downey, California. At that time and place, consideration will be given to the following:

A proposal to add Section 8150 (Solar Energy Systems) to Chapter VIII of the Downey Municipal Code. This amendment will create an expedited and streamlined permitting/inspection process for solar energy systems in compliance with the Solar Rights Act and AB 2188 (Chapter 521, Statutes 2014).

All interested parties are invited to submit written comments and/or to attend and give testimony.

If you challenge the proposed actions in court, you may be limited to raising only those issues you or someone else raised at the public hearing described in this notice, or in written correspondence delivered to the City Council at, or prior to, the public hearing.

For more information contact Building Official Rik Hobbie at 562-904-7142.

Adria M. Jimenez, City Clerk
 Published: July 30th, 2015

**The Downey Patriot
 7/30/15**

**SUMMARY OF ORDINANCE
 INTRODUCED**

On July 28, 2015, the City Council introduced an Ordinance amending Chapter 12, Article II of the Downey Municipal Code pertaining to the use of the official city name, city seal, mottos, logos and patches

Copies of the full texts are available in the City Clerk's Office.

Adria M. Jimenez, CMC, City Clerk
 Dated: July 29, 2015

**The Downey Patriot
 7/30/15**

NOTICE TO CONTRACTORS CALLING FOR BIDS

NOTICE IS HEREBY GIVEN that the Downey Unified School District ("District") of Los Angeles County, California, acting by and through its Governing Board ("Board"), will receive up to, but not later than, **1:00 p.m. on Thursday, August 27, 2015**, sealed bids for the award of a contract for:

**Bid #15/16-01
 Downey Unified School District –
 Fencing and Gate Replacement at
 Carpenter Elementary School**

All bids shall be made and presented on a form furnished by the District. Bids shall be received in the office of the Director, Purchasing and Warehouse and shall be opened and publicly read aloud at the above stated time and place.

Each bid must conform with and be responsive to the contract documents, copies of which are on file and may be obtained on or after July 30, 2015 through the District's Construction Manager, Rachlin Partners, Mr. Edwin Munguia, emunguia@rachlinpartners.com, or (562) 708-1142.

A mandatory bidder's conference and job-walk will be conducted at the prospective job sites, following a meeting at the Downey Unified District Offices located at 11627 Brookshire Avenue, Downey, CA. 90241, on August 13, 2015 at 9:00 a.m. Report to Building "S-4" (existing

bungalow buildings at the west end of the site). No bid shall be accepted from any bidder failing to comply with attending the mandatory bidder's conference.

The District has obtained from the Department of Industrial Relations the general prevailing rate of per diem wages and the general prevailing rate for holiday and overtime work for the Los Angeles County area for each trade, craft, classification, or type of work needed to execute the contract. Holiday rates shall be paid as specified in the collective bargaining agreement applicable to each particular trade, craft, classification, or type of work employed on the project.

Copies of schedules of rates so determined are available on the Internet at (http://www.dir.ca.gov/DIR/S&R/statistics_research.html) and are on file and available at the District Office address noted above. In accordance with Section 1773.2 of the California Labor Code, the Contractor shall post a copy of the determination of prevailing rate of wages at each jobsite. The schedule of per diem wages is based upon a working day of eight (8) hours. The rate for holiday and overtime work shall be at time plus one-half. The Contractor and any subcontractor(s) shall pay not less than the specified prevailing rates of wages to all workers employed by them in the execution of the contract. In accordance with provisions of the Public Contract Code Section 22300, substitution of eligible and equivalent securities for any monies withheld to ensure performance under this contract will be permitted at the request and expense of the Contractor.

No bidder may withdraw their bid for a period of ninety (90) days after the date for the opening of bids.

In accordance with the provisions of the California Public Contract Code Section 3300, the District requires that the bidder possess the following classification(s) of contractor's license at the time that the Contract is awarded: Class C-13.

All bidders and their subcontractors MUST be registered with the Department of Industrial Relations (DIR) and possess a current and valid DIR registration number at the time of bid submission.

The District reserves the right to reject any and all bids or to waive irregularities in any bid.

The Downey Unified School District is an "Equal Opportunity" employer. Qualified Disabled Veteran Business Enterprises (DVBE) are encouraged to participate in this project.

Darren Purselglove, C.P.M.
 Darren Purselglove
 Director, Purchasing and Warehouse
 Downey Unified School District
 Los Angeles, County, State of California

**The Downey Patriot
 7/30/15, 8/6/15**

NOTICE TO CONTRACTORS CALLING FOR BIDS

NOTICE IS HEREBY GIVEN that the Downey Unified School District ("District") of Los Angeles County, California, acting by and through its Governing Board ("Board"), will receive up to, but not later than, **1:00 p.m. on Thursday, August 27, 2015**, sealed bids for the award of a contract for:

**Bid #15/16-03
 Downey Unified School District –
 Fencing and Gate Replacement at
 Unsworth Elementary School**

All bids shall be made and presented on a form furnished by the District. Bids shall be received in the office of the Director, Purchasing and Warehouse and shall be opened and publicly read aloud at the above stated time and place.

Each bid must conform with and be responsive to the contract documents, copies of which are on file and may be obtained on or after July 30, 2015 through the District's Construction Manager, Rachlin Partners, Mr. Edwin Munguia, emunguia@rachlinpartners.com, or (562) 708-1142.

A mandatory bidder's conference and job-walk will be conducted at a meeting at the Downey Unified District Offices located at 11627 Brookshire Avenue, Downey, CA. 90241, on August 13, 2015 at 9:00 a.m. Report to Building "S-4" (existing bungalow buildings at the west end of the site). No bid shall be accepted from any bidder failing to comply with attending the mandatory bidder's conference.

The District has obtained from the Department of Industrial Relations the general prevailing rate of per diem wages and the general prevailing rate for holiday and overtime work for the Los Angeles County area for each trade, craft, classification, or type of work needed to execute the contract. Holiday rates shall be paid as specified in the collective bargaining agreement applicable to each particular trade, craft, classification, or type of work employed on the project.

Copies of schedules of rates so determined are available on the Internet at (http://www.dir.ca.gov/DIR/S&R/statistics_research.html) and are on file and available at the District Office address noted above. In accordance with Section 1773.2 of the California Labor Code, the Contractor shall post a copy of the determination of prevailing rate of wages at each jobsite. The schedule of per diem wages is based upon a working day of eight (8) hours. The rate for holiday and overtime work shall be at time plus one-half. The Contractor and any subcontractor(s) shall pay not less than the specified prevailing rates of wages to all workers employed by them in the execution of the contract. In accordance with provisions of the Public Contract Code Section 22300, substitution of eligible and equivalent securities for any monies withheld to ensure performance under this contract will be permitted at the request and expense of the Contractor.

No bidder may withdraw their bid for a period of ninety (90) days after the date for the opening of bids.

In accordance with the provisions of the California Public Contract Code Section 3300, the District requires that the bidder possess the following classification(s) of contractor's license at the time that the Contract is awarded: Class C-13.

All bidders and their subcontractors MUST be registered with the Department of Industrial Relations (DIR) and possess a current and valid DIR registration number at the time of bid submission.

The District reserves the right to reject any and all bids or to waive irregularities in any bid.

The Downey Unified School District is an "Equal Opportunity" employer. Qualified Disabled Veteran Business Enterprises (DVBE) are encouraged to participate in this project.

Darren Purselglove, C.P.M.
 Darren Purselglove
 Director, Purchasing and Warehouse
 Downey Unified School District
 Los Angeles, County, State of California

**The Downey Patriot
 7/30/15, 8/6/15**

NOTICE TO CONTRACTORS CALLING FOR BIDS

NOTICE IS HEREBY GIVEN that the Downey Unified School District ("District") of Los Angeles County, California, acting by and through its Governing Board ("Board"), will receive up to, but not later than, **2:00 p.m. on Thursday, August 27, 2015**, sealed bids for the award of a contract for:

**Bid #15/16-05
 Downey Unified School District –
 Finalization Work at Downey High
 School Automotive Technology**

Building 'D'

All bids shall be made and presented on a form furnished by the District. Bids shall be received in the office of the Director, Purchasing and Warehouse and shall be opened and publicly read aloud at the above stated time and place.

Each bid must conform with and be responsive to the contract documents, copies of which are on file and may be obtained on or after July 30, 2015 through the District's Construction Manager, Rachlin Partners, Mr. Andrew Ulmen, aulmen@rachlinpartners.com, or (310) 562-1365.

A mandatory bidder's conference and job-walk will be conducted at Downey High School, 11040 Brookshire Ave, Downey, CA 90241 on August 12, 2015 at 2:30 p.m. No bid shall be accepted from any bidder failing to comply with attending the mandatory bidder's conference.

The District has obtained from the Department of Industrial Relations the general prevailing rate of per diem wages and the general prevailing rate for holiday and overtime work for the Los Angeles County area for each trade, craft, classification, or type of work needed to execute the contract. Holiday rates shall be paid as specified in the collective bargaining agreement applicable to each particular trade, craft, classification, or type of work employed on

Legal Notices/Classifieds

EMPLOYMENT

CHRISTIAN SCHOOL
Hiring Elementary Teacher, Bachelor degree required. (562) 904-6911

REAL ESTATE OFFICE
Needs receptionist/rental clerk bilingual, comp exp & office exp req'd, full time/part time position
Call for more details (310) 637-0422 (323) 774-3122

FAST TRACK EMPLOYMENT!!!
Phlebotomist 80 Hours Day, Night, Weekend Classes 12626 Bellflower Blvd, Downey, CA 90242 (800) 818-2408 www.hcareersnow.com

DOWNEY
Escrow Officer with experience and following
Call or Text Liz Lopez (562) 986-3737

EMPLOYMENT

"TEACHER OF MUSIC"
For ages 3-13, 1-2 days p/wk. Piano skills, classroom exp, and the ability to teach/enlighten students musically is a must. Coordinate small school events. "Great for a retiree that's young at heart"
Fax resume to (562) 861-9523 or leave a msg. at (562) 869-7213 (Ext 226 only)

FOR LEASE

FOR LEASE
900 sq. ft. Great Location. 8151 Firestone Avenue, Downey, CA 90241 (310) 528-0412 or (562) 430-8362

FOR RENT

APARTMENT FOR RENT
Front upstairs. 2 BR 1 BA. 1 car garage. No pets. No section 8. \$1,300/mo. + sec. 11914 Bellflower Blvd., Dwy (562) 262-2500 Ext. 222

FOR RENT

HOUSE FOR RENT
3 BR 1 1/2 BA, new paint, L/R, fam rm (562) 400-3373

ROOM FOR RENT
Walking distance to Cerritos College, incl wifi & cable. Kit & ldry rm privilege, female preferred. \$500 (714) 225-7927

FOR SALE

DINING ROOM SET
Eight piece formal dining room set (table, six chairs, and china cabinet). Excellent condition. Also available: custom made corner china cabinet unit. Also in excellent condition. Pictures available.
Call for details (562) 861-4058

Call Linda Larson to include your ad in the Downey Patriot Classified Section
Deadline is Wednesday at 11:00 am (562) 904-3668

PERSONALS

Attention Retired Construction Engineers
and other trades involved in the construction of the NAA/Boeing Airfields in Downey, CA in the 1960s. Please call Investigator Sherry Day at (734) 878-5236 or email sherry@sldinvestigations.com. I am looking for gentlemen that may have worked with our client.

SERVICES

COMPUTER 1 SOLUTION
Desktop & Notebook Repair. Senior computer help & printer setup. Virus Removal
Call Larry Latimer (562) 714-9876

FINE ROOFING, INC.
Roof Repair & Leaks
Free Estimate•Quality Service
Senior Discount. Lic 976823 (562) 879-4987

SERVICES

HANDY CRAFTSMAN SERVICE
for all your home improvements & repairs. All labor and material guaranteed. (562) 331-0976

FULL SERVICE PLUMBING
Licensed, bonded & insured, 24/7, senior discount
McKinnon & Sons
Plumbing of Downey (562) 904-3616

PLANS, PERMITS CONSTRUCTION
Project Design, New Construction, Remodeling & Additions
Lic. #936419
Call Jeff (562) 869-1421

JERRY'S LAWN SERVICE
Lawn care, flowers, bushes, trimming, Res/Comm
Free Estimate (310) 631-2561 (310) 735-5425

YARD SALE

HUGE YARD SALE SAT 8/8 & SUN 8/9
Baby clothes and toys; Men & women clothes; many new bathroom vanities various sizes & wood including oak, never used; misc construction materials, R13 and R30 insulation; antique roll up top desk w/ drawers on both sides, very GOOD condition; room A/C, misc house items.
12265 Orizaba Ave; x st Orange Ave

MULTIPLE FAM SALE
Fri 7/31 - Sat 8/1
Furn, clothes, bedding, kitchen items, books & hot pepper plants
10224 Birchdale

MOVING SALE SAT. AUG 1ST
Everything must go! Queen BR set, office furn, tools, clothes. Free & cheap stuff.
9653 Belcher St. Dwy

VỀ THÔNG TIN TRONG TÀI LIỆU NÀY PLEASE NOTE THAT PURSUANT TO CIVIL CODE § 2923.3(d)(1) THE ABOVE STATEMENT IS REQUIRED TO APPEAR ON THIS DOCUMENT BUT PURSUANT TO CIVIL CODE § 2923.3(a) THE SUMMARY OF INFORMATION IS NOT REQUIRED TO BE RECORDED OR PUBLISHED AND THE SUMMARY OF INFORMATION NEED ONLY BE MAILED TO THE MORTGAGOR OR TRUSTOR YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 1/26/2007. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash cashier's check drawn on a state or national bank, check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state will be held by the duly appointed trustee as shown below, of all right, title, and interest conveyed to and now held by the trustee in the hereinafter described property under and pursuant to a Deed of Trust described below. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. Trustor: ALEJANDRO DURAN, A SINGLE MAN, AND NANCY M DURAN, A SINGLE WOMAN, AS JOINT TENANTS Duly Appointed Trustee: The Wolf Firm, A Law Corporation Recorded 2/1/2007 as Instrument No. 20070217112 of Official Records in the office of the Recorder of Los Angeles County, California, Street Address or other common designation of real property: 11453 MAZA STREET NORWALK, CA 90650-2778 A.P.N.: 8049-024-020 Date of Sale: 8/20/2015 at 9:00 AM Place of Sale: At the Vineyard Ballroom, Doubletree Hotel Los Angeles-Norwalk, 13111 Sycamore Drive, Norwalk, CA 90650 Amount of unpaid balance and other charges: \$580,255.02, estimated The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown above. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call (800) 280-2832 or visit this Internet Web site www.auction.com, using the file number assigned to this case 14-286-1-1. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. Date: 7/7/2015 The Wolf Firm, A Law Corporation 2955 Main Street, 2nd Floor Irvine, California 92614 Foreclosure Department (949) 720-9200 Sale Information Only: (800) 280-2832 Auction.com Sindy Clements, Foreclosure Officer NPP0251362 To: THE DOWNEY PATRIOT 07/16/2015, 07/23/2015, 07/30/2015

The Downey Patriot 7/16/15, 7/23/15, 7/30/15
Trustee Sale No.: 00000004804001 Title Order No.: 140321402 FHA/VA/PMI No.: NOTICE OF TRUSTEE'S SALE YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED 11/11/2004. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. BARRETT DAFFIN FRAPPIER TREDER & WEISS, LLP, as duly appointed Trustee under and pursuant to Deed of Trust Recorded on 11/17/2004 as Instrument No. 04 2976067 of official records in the office of the County Recorder of LOS ANGELES County, State of CALIFORNIA. EXECUTED BY: SCOTT DALE WALSTEN AND LAUREL BETH WALSTEN. WILL SELL AT PUBLIC AUCTION TO HIGHEST BIDDER FOR CASH, CASHIER'S CHECK/ CASH EQUIVALENT or other form of payment authorized by California Civil Code 2924(b), (payable at time of sale in lawful money of the United States). DATE OF SALE: 08/06/2015 TIME OF SALE: 9:00 AM PLACE OF SALE: DOUBLETREE HOTEL LOS ANGELES-NORWALK, 13111 SYCAMORE DRIVE, NORWALK, CA 90650. STREET ADDRESS and other common designation, if any, of the real property described above is purported to be: 8516 CAVEL STREET, DOWNEY, CALIFORNIA 90242 APN#: 6258-003-03. The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust, with interest thereon, as provided in said note(s), advances, under the terms of said Deed of Trust, interest thereon, fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust. The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is \$410,121.18. The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale, and a written Notice of Default and Election to Sell. The undersigned caused said Notice of Default and Election to Sell to be recorded in the county where the real property is located. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are

encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call (800) 280-2832 or visit this Internet Web site www.auction.com, using the file number assigned to this case 14-286-1-1. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. Date: 7/9/2015 The Wolf Firm, A Law Corporation 2955 Main Street, 2nd Floor Irvine, California 92614 Foreclosure Department (949) 720-9200 Sale Information Only: (800) 280-2832 Auction.com Sindy Clements, Foreclosure Officer NPP0251205 To: THE DOWNEY PATRIOT 07/16/2015, 07/23/2015, 07/30/2015

The Downey Patriot 7/16/15, 7/23/15, 7/30/15
T.S. No. 15-0645-11 NOTICE OF TRUSTEE'S SALE NOTE: THERE IS A SUMMARY OF THE INFORMATION IN THIS DOCUMENT ATTACHED 注: 本文件包含一个信息摘要 참고사항: 본 첨부 문서에 정본 요약서가 있습니다. NOTA: SE ADJUNTA UN RESUMEN DE LA INFORMACION DE ESTE DOCUMENTO TALA: MAYROONG BUOD NG INFORMASYON SA DOKUMENTONG ITO NA NAKALAKIP LUWAT, KUMI TATIMAY LA BAN TRINH BAY TOM LUOC VE THONG TIN TRONG TAI LIEU NAY PLEASE NOTE THAT PURSUANT TO CIVIL CODE § 2923.3(d)(1) THE ABOVE STATEMENT IS REQUIRED TO APPEAR ON THIS DOCUMENT BUT PURSUANT TO CIVIL CODE § 2923.3(a) THE SUMMARY OF INFORMATION IS NOT REQUIRED TO BE RECORDED OR PUBLISHED AND THE SUMMARY OF INFORMATION NEED ONLY BE MAILED TO THE MORTGAGOR OR TRUSTOR YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 2/1/2008. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state will be held by the duly appointed trustee as shown below, of all right, title, and interest conveyed to and now held by the trustee in the hereinafter described property under and pursuant to a Deed of Trust described below. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial

publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. Trustor: JAVIER BARAJAS, AND BLANCA V BARAJAS, HUSBAND AND WIFE AS JOINT TENANTS Duly Appointed Trustee: The Wolf Firm, A Law Corporation Recorded 2/12/2008 as Instrument No. 20080252918 of Official Records in the office of the Recorder of Los Angeles County, California, Street Address or other common designation of real property: 10051 MATTOCK AVE DOWNEY, CA 90240 A.P.N.: 6391-015-012 Date of Sale: 8/20/2015 at 9:00 AM Place of Sale: At the Vineyard Ballroom, Doubletree Hotel Los Angeles-Norwalk, 13111 Sycamore Drive, Norwalk, CA 90650 Amount of unpaid balance and other charges: \$484,153.30, estimated The undersigned Trustee disclaims any liability for any incorrectness of the street address or other common designation, if any, shown above. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale

postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call (800) 280-2832 or visit this Internet Web site www.auction.com, using the file number assigned to this case 15-0645-11. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. Date: 7/9/2015 The Wolf Firm, A Law Corporation 2955 Main Street, 2nd Floor Irvine, California 92614 Foreclosure Department (949) 720-9200 Sale Information Only: (800) 280-2832 Auction.com Sindy Clements, Foreclosure Officer NPP0251205 To: THE DOWNEY PATRIOT 07/16/2015, 07/23/2015, 07/30/2015

The Downey Patriot 7/16/15, 7/23/15, 7/30/15


are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale

postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call (800) 280-2832 or visit this Internet Web site www.auction.com, using the file number assigned to this case 15-0645-11. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. Date: 7/9/2015 The Wolf Firm, A Law Corporation 2955 Main Street, 2nd Floor Irvine, California 92614 Foreclosure Department (949) 720-9200 Sale Information Only: (800) 280-2832 Auction.com Sindy Clements, Foreclosure Officer NPP0251205 To: THE DOWNEY PATRIOT 07/16/2015, 07/23/2015, 07/30/2015

The Downey Patriot 7/16/15, 7/23/15, 7/30/15

Need to run a Legal Notice?

The Downey Patriot is a newspaper of general circulation – and has been adjudicated in the County and the City. We can take any and all legal ads.



Contact The Downey Patriot we can help!

Phone: 562-904-3668 • Fax: 562-904-3124

GUARANTEED DELIVERY \$15 PER YEAR SUBSCRIPTION



The Downey Patriot is offering subscriptions for \$15/year. Subscription guarantees delivery every Friday to a single-family home in Downey.

8301 E. Florence Ave., Suite 100, Downey, CA 90240

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**SHARED STORIES:
THE TIES THAT BIND**

A Mother's Unexpected Journey

After surviving World War II and the evacuation from Manchuria, Nobuyo Avery faced the biggest challenge of her life when she was pregnant with her third child and found out she had tuberculosis. *Shared Stories* is a weekly column featuring articles by participants in a writing class at the Norwalk Senior Center. Bonnie Mansell is the instructor for this free class offered through the Cerritos College Adult Education Program. Curated by Carol Kearns

By Nobuyo Avery

Carl and I were married in Tokyo on Dec. 5, 1959. Carl had orders to leave Japan before the end of the month, and we arrived in Hawaii before Christmas. I was leaving my family behind for a new life in the United States. By January we were in California.

When we got married, Carl and I agreed that I would be a stay-at-home mom. It sounded reasonable since a wife and mother's job seemed enough to keep me occupied. Observing my own mother, I knew that keeping up with the housework and raising children would be enough for me to handle.

Nine months after we were married our first son Cecil was born. I puzzled and wondered about his needs. No matter how much I fed him, he seemed to be hungry and cried a lot. He did not sleep well at night and my own rest was taken away.

I did not realize that having a baby was such time-consuming work. At age thirty, I was learning things that many mothers experienced in their early twenties. Looking back on my life up to then, I realized that I had never taken care of a newborn. A short baby-sitting job for a two-year-old did not teach much.

My mother and sisters were miles away in Japan, so I did not have anyone to share my doubts with or ask questions of. Telephone calls overseas were over \$20 a minute in 1960, so I never called them.

At Cecil's first check-up I was told that his growth was substandard, that he had been underfed with inadequate mother's milk. The doctor told me to stop nursing and give bottles immediately. I felt so sorry for Cecil being hungry all the time and trying to tell me. I failed to understand him. Switching to the formula and bottles allowed me to rest more and he grew normally.

When my second child, Cliff, came eighteen months later, I could not imagine how I could handle two babies! Luckily Cecil was almost potty-trained. I notice that the new mothers in my daughter's generation use diapers until age three. All of my children were not using diapers after two years of age! But I still had to feed both babies and they needed constant attention.

I had lost a lot of blood when I gave birth to Cliff and I noticed that I tired easily. But I worked hard with household chores and caring for the two young ones. Dr. Siegel was different from the Navy physician. He did not tell me to stop nursing Cliff even though he was not gaining weight as was indicated on the standard chart. I nursed Cliff for almost a year and a half.

I was pregnant with my third child when doctors discovered that I had tuberculosis. They told me I would

have to be isolated immediately, away from my family and society. I had to leave Carl and my two little boys, and my isolation turned out to be for eleven months.

TB is a dreadful, communicable disease and all patients have to be isolated from the unaffected world until they recover. I understood this well enough, but I spent many nights weeping over this.

I wondered how my little boys would react to the sudden disappearance of their mother. One Sunday, shortly after I was admitted, Carl brought them to visit and I saw them outside the window of my G Ward at Harbor General Hospital. They looked puzzled, sad, and their expressions said to me, "Why are you away from us?"

Carl's brother, who just got out of the US Navy, helped with taking care of the children. He worked graveyard shift, and it was not easy taking care of the two boys when he needed to sleep more during the day. Carl's aunt and uncle helped, and so did his mother and father. His parents were living in Arkansas, and they came to California when summer vacation started in May.

The eleven months were such a long time, but the hospital and nurses kept us busy with many tests, medications, meals, and treatments. TB patients were not allowed to exercise, and we rested and were well-fed in order to overcome the disease. We made our own beds, but were not allowed to participate in cleaning the place or doing any labor. On Sunday we had worship services - one for Catholic worshippers, and the other for all other denominations together.

I weighed about 98 pounds when I was admitted and three months

pregnant with my third baby. I recorded my weight on the calendar and noted that I weighed 138 pounds just before Michael's birth.

Not being allowed to exercise was unpleasant, but my goal was to get well and leave the isolation ward. G Ward gave me lots of rest to allow my body to concentrate to healing from TB. I had good food without having to cook or wash dishes, and no diaper washing and no housework. I cannot remember how we washed our laundry. I am sure that I did my own laundry but have no recollection of washing clothes. Except for worrying about my family, my life was dedicated to allowing my body to heal.

There were four of us in the room. I and a woman from Poland were expecting mothers, and the two other ladies were Mexican women. Mrs. Garcia had two lung surgeries that had not yet healed completely. Mrs. Contreras looked very healthy and young. She became bacteria-free in a short time and left.

My third child, Michael, was born in September, six months after I entered the TB hospital. For his own health, I was not allowed to hold him. The nurses showed him to me from a distance. The other patients gave me and the other expecting mother a baby shower. It was fun and I was grateful for their concern, but it would be five more months before I could hold my new son.

There were many buildings in G Ward. Two buildings were for women, one of those buildings for the really sick like me. The other building was for women who had no TB germs detected in their gastric juice, but were still waiting for their bodies to heal completely. Men were in the other two

wards.

Every Monday we had gastric juice testing. This test proves if we were a threat to society or not. It required them to insert tubes deep into the stomach through the nose and throat. The sample was tested in a lab to see if any bacteria were present. If the sample tested negative, the patient was sent to the G Ward B for a month or so.

After I gave birth to my son in the hospital, the doctors treated me with pneumo-therapy, inserting air into the cavity below the diaphragm to lift the chest to maintain its position as the pregnancy did. In July I had the lung surgery to remove the most infected part from my upper left lung. I was dismissed from the hospital a month later. I quickly reconnected with my children.

My greatest fear in those days was the recurrence of the disease. I never overdid housework, and I paid more attention to what I ate. I did not want to be separated from my family again.

We tried to plan our family, but I became pregnant again. Needless to say, I feared a recurrence of tuberculosis. With God's blessing, our fourth child, Elizabeth, was born in 1966, two years after Michael. I was able to stay healthy and had no more signs of tuberculosis. In my early years as a mother, I faced a challenge that I never expected. Not only did my family survive this experience, Carl and I now have nine wonderful grandchildren, and three great-grandchildren.

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