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## CRIME REPORT

THURSDAY, MAY 28

Downey officers conducted foot patrols in the area of 12800 block of Woodruff and the area of the San Gabriel River and the 105 Freeway. Officers located nine subjects and all were cited for trespassing.

During the evening, officers provided extra patrol to our parks and issued four people citations for being in the park after 10 p.m. (closing hours).

FRIDAY, MAY 29

At 6 p.m., a Downey police officer was on routine patrol when he attempted to stop a man riding a bicycle for a traffic violation. As the officers attempted to make contact, the bicyclist fled. When the officer caught up to the suspect, he discovered the bicyclist was in possession of methamphetamine. The suspect was arrested and booked for possession of narcotics.

At 11:30 p.m., officers responded to the 8700 block of Rosecrans regarding an assault investigation. Responding officers spoke with the victim who reported he was escorting unruly subjects from a party when he was hit on the back of his head with an unknown type metal object. The suspect(s) fled the area after the assault. The victim was treated at a local hospital for minor injuries. Detectives are investigating.

SATURDAY, MAY 30

At 9 a.m., Downey officers arrested a man driving a car stolen car in the 9500 block of Firestone. The car had been reported stolen in the city of Whittier. The driver, a 20-year-old man from Los Angeles, was booked for grand theft auto.

At 4 p.m., Downey officers responded to an apartment in the 10300 block of Paramount regarding a suicidal man armed with a knife. The man fled the home before officers arrived, but was located nearby. He was taken into protective custody and transported to a local hospital for an evaluation.

SUNDAY, MAY 31

At 3 a.m., officers arrested a man for drunk driving and hit & run after he collided into a parked car in the area of Rives & Yankee. Responding officers located the man as he walked away from the scene and arrested him.

At 7:30 p.m., a man entered the Dollar Tree (10227 Lakewood), brandished a knife, and then attempted to rob the cash register. The suspect fled without any loss after the clerk was unable to open the register. Detectives are investigating.

## Downey enacts water restrictions, effective immediately



Photo by Pam Lane/DowneyDailyPhotos

**Drought tolerant landscaping installed in front of a shopping strip at Florence Avenue and Paramount Boulevard. The city of Downey this week enacted water restrictions in an effort to cut local water use by 20%.**

By Eric Pierce  
Editor

**DOWNEY** - Facing mandatory water restrictions from the state of California, the Downey City Council this week adopted sweeping regulations limiting water usage at homes and businesses.

The regulations are in line with Gov. Jerry Brown's executive order from April 1, which established mandatory water use restrictions throughout the state.

Brown also ordered a 25 percent reduction in potable water use statewide; Downey is expected to reduce its water use by 20 percent from June 1 through February 2016, and faces fines up to \$10,000 per day for noncompliance.

The City Council's actions amends the municipal code to emphasize water conservation and prohibit water waste.

Perhaps most notably, Downey residents are now restricted on when they can water their lawns. Properties with addresses that end in even numbers can water their lawns on Tuesdays, Thursdays and/or Saturdays, while properties ending with an odd number are designated for Mondays, Wednesdays and/or Fridays.

Watering is limited to no more than three days per week between May and September, and no more than two days per week October through April.

Watering can only occur between 7 p.m. and 8 a.m., and no longer than six minutes per station per designated day.

Landscape irrigation is completely prohibited within 48 hours of measurable rainfall. Residents and businesses are also prohibited from using water to wash sidewalks, driveways and patios.

Swimming pools can still be drained and refilled between 9 p.m. and 6 a.m., although the city discourages the practice. New and reconstructed pools and spas are required to have covers.

Cars can still be washed in private driveways, but only if the hose is equipped with a shut-off nozzle.

City officials said they will use "all means necessary" to track residents' water use.

"The City may monitor water usage by all means necessary to ensure compliance including but not limited to: visual inspection, camera, video, and more meter and water usage monitoring via radio, cellular tower, and/or satellite," public works director Mohammad Mostahkami wrote in a report to council members.

City officials also warned they have authority to install flow restriction devices at properties that do not adhere to the new water conservation guidelines. The city's Code Enforcement department can also issue administrative fines for non-compliance.

In the coming weeks the City Council is expected to review design standards for artificial turf, which is not currently approved for use in Downey.

**In other action, the City Council this week:**

•Approved spending \$123,499 to purchase 112 body-worn cameras for Downey police officers.

The cameras record HD video with a 130-degree field of view, and can record up to 54 hours of video. Its rechargeable batteries can last between 3-16 hours, depending on buffering settings.

The cameras can be turned on and off with a single switch, and officers

will be required to upload the video at the end of their shifts.

Downey Police Lt. Mark McDaniel said officers will not have the ability to edit or erase video, which will be stored on a local server for five years.

Officers will be required to activate their cameras on all field contacts that occur outside their vehicles, McDaniel said.

All Downey police vehicles are already equipped with video and audio cameras.

•The City Council renewed an agreement with RMI International to provide security in downtown Downey for an additional year.

The contract pays RMI up to \$100,000 in exchange for bicycle patrols downtown. RMI has provided security for downtown Downey since February 2012.

"Since the implementation of the agreement with RMI, there have been noticeable reductions in auto and other related crimes in the Downtown parking structure," community development director Aldo Schindler wrote in a staff report. "Additionally, staff has consulted with the Police Department regarding RMI's services, and has found that having security presence at the downtown parking structure is an asset to the businesses in the area."

Councilman Sean Ashton recommended the security contract be put out to bid next year.

•Council members approved its \$33,000 annual contract with the Downey Chamber of Commerce.

According to the deal, the chamber agreed to assist Downey with business attraction and retention services, public relations, legislative advocacy, and promotional opportunities, such as the Street Faire and Christmas Parade.

The contract stipulates that the \$33,000 cannot be used to pay for the chamber's newsletter or newspapers.

•The City Council accepted a \$9,000 donation from Downey Ponytail to pay for two shade structures at Independence Park.

The 10-ft. tall structures will be installed at softball fields two and three.

Installation is expected to be completed by June 20.

## Weekend at a Glance

Friday 76°

Saturday 76°

Sunday 77°

## THINGS TO DO



### Cocktail Festival

**Saturday - Roxanne's in Long Beach, 1 p.m.**  
14 of Long Beach's best bars are coming together for this inaugural festival.



### Strawberry Festival

**Saturday & Sunday - Lake Balboa in Van Nuys**  
A celebration of California-grown strawberries. Live music, rides, games.



### Playboy Jazz Festival

**Saturday & Sunday - Hollywood Bowl, 3 p.m.**  
An all-star line-up of live jazz, classical and ensemble music.

## FROM OUR FACEBOOK

### Teacher sues DUSD, alleging harrasment from students

**Kellie Sands:** And when my daughter complained about students & staff bullying her, teachers said suck it up, get over it, ignore them... well, Teach, same to you! Suck it up, you're an adult. Get over it, you're an adult. Ignore it, you're an adult. Yeah, doesn't feel so nice, does it?

**Sal Osorio:** About time we see students being held accountable for their stupidity.

**Maggie Allen:** The kids should have been expelled! There is NO proper discipline in school nowadays.

**Anne Dee:** There is no respect for teachers anymore. It's disgusting. They devote a huge part of their lives to teaching your kids (sometimes more than I've seen parents do), and this is how they're repaid.

**Luz Torres Cervantes:** It's not the school's responsibility to monitor what kids do 24/7.

Reach us on Facebook at: [Facebook.com/DowneyPatriot](https://www.facebook.com/DowneyPatriot)

## TWEET OF THE WEEK

@StonewoodCenter: Summer break has begun and activities are heating up in Downey. #SummerofFun

Follow us! @DowneyPatriot

## Developer building 117 townhomes on Gallatin Medical site

By Christian Brown  
Staff Writer

**DOWNEY** - After a green light from city officials last week, KB Home is expected to build more than 100 townhomes at the former Gallatin Medical Center site later this year.

The Los Angeles-based home builders and designers are calling the new contemporary complex Centerpointe. Based on plans submitted to the city, the development will feature 117 three-story townhomes that each come with a two-car garage.

Vacant for more than a decade, the 6.5-acre property at 10734 Paramount Blvd. includes three separate lots that lie in between 5th and 7th streets. The largest lot is 241,000 sq. ft. and once housed three medical buildings known as Gallatin Medical Center. The two smaller lots were previously used for surface parking.

Gallatin Medical Center was demolished in the early 2000s and health group PIH has maintained ownership of the lot ever since, but city officials said PIH has entered a sales agreement with KB Home, who will now acquire the property.

City officials could not say how much the property was being sold for.

Once construction is complete, KB Home will subdivide the acreage into 120 individual lots so each future



Photo by Pam Lane/DowneyDailyPhotos

owner will not only own their building, but the underlying land as well. Currently, three floor plans ranging from two-four bedrooms are included in the Centerpointe development proposal. The living area options start at 1,750 sq. ft. and go up to 2,215 sq. ft. Plans also call for three common lots, which will incorporate driveways, covered seating areas, a tot lot, landscape areas, and 69 open parking spaces for guests. Since the development in within Downtown Downey, staff worked with KB Home

to ensure there was extra parking onsite.

Structurally, the Centerpointe design calls for contemporary elements with a combination of stucco, lap siding, and metal awnings. The exterior of the townhomes will feature warm shades of blue, grey, orange and ivory.

Senior city planner David Bluementhal said the application is now in an appeal period until June 18. KB Home is free to begin construction any time after that date.

## Downey woman caught in prostitution raid

**RANCHO CUCAMONGA** - A 41-year-old Downey woman was arrested in a Rancho Cucamonga prostitution raid, authorities announced Wednesday.

Sandra Martinez was allegedly working as a prostitute inside a massage parlor that was raided by a sheriff's department human trafficking task force on June 4.

In total, 11 people were arrested at three massage parlors.

## Firefighters rescue dog on hike

**DOWNEY** - A 20-year-old Downey woman on a hike in Eaton Canyon was forced to call for help Sunday after her dog collapsed from possible heat stroke.

Temperatures in Pasadena reached a high of 99 yesterday when rescuers received a distress call from the woman, whose boxer canine became disoriented and unable to hold down water.

The woman, whose name was not released, called L.A. County firefighters, who dispatched rescuers to her location.

The Altadena Mountain Rescue Team was first to arrive and loaded "Tyson" into their air-conditioned truck and drove him to the trail's parking lot. Tyson eventually recovered after 30 minutes of cooling off.

After an assessment by the Pasadena Humane Society, he was allowed to go home with his owner.

## 56 earn high school diplomas at adult school

**DOWNEY** - Downey Adult School will celebrate its high school diploma graduation on June 25 with a public ceremony that begins at 5 p.m.

As of Monday, 56 students have earned their diplomas, including 15 GEDs and 41 school diplomas. Thirty-seven of the graduates are women.

"The majority of students returning to complete their equivalency have had to overcome many personal obstacles to get to where they are today," school officials said.

Female graduates range in age from 19-42, with an average age of 25. The men range in age from 19-35, and also have an average age of 25.

More students are expected to qualify for graduation before the end of the school year, officials said. Students must complete all course work and/or pass all four subjects of the GED by June 25.

Graduation ceremonies take place in the Harriet Paine Event Center on the Downey Adult School campus.



The "Twinklelites" performing group from Onstage Dance Center recently chose the Bob's Big Boy landmark as the setting for a photo shoot. Their theme was a 1950s "Sock Hop" so the 50's style diner was a perfect setting.

These girls have been dancing together as a team since 2013 and have won numerous awards.



Even while on vacation, Councilman Fernando Vasquez isn't far from Downey.

Vasquez and his wife, Donna Noushkam Vasquez, hold a copy of the "new" Downey Patriot on a recent trip to El Cielo vineyard located in Valle de Guadalupe, Baja California, Mexico.

## Downey school district honors longtime employees

DOWNEY – Longtime employees of the Downey Unified School District, along with more than a dozen retirees, were honored at the DUSD Personnel Commission meeting on May 20.

Commission members Dianne Lumsdaine, John Kennedy and Angie Rademaker, along with school board members Tod Corrin, Donald E. LaPlante, Barbara Samperi, Martha Sodetani and Nancy Swenson, and Superintendent Dr. John A. Garcia, congratulated each of the 124 classified (non-teaching) employees for their years of service.

Fifteen employees were recognized for their retirement, including Jeffrey Collier, Virginia Gandara, Cheryl Hallam, Louis Jaurequi, Elva, Laguna, Rita Ortiz, Rodolfo Ortiz, Lillian Raggett, Karen Reneau, Linda Rounds, Dolores Silva, Jim Tallo, Suzanne Trujillo, John Vande Brake and Jeffrey Young.

Employees were honored in five-year increments of service. In all,

the workers represented 2,092 total years of service to Downey Unified students.

Employees recognized at the five-year service point were Rosangela Aguilar, Ang Choy, Candida Diaz, Jaclynn Gibson, Susana Hernandez, Ana Holly, Susan Karli, Regina Luevano, Cecilia Martinez, Jaime Martinez, Adriana Navarro, Victoria Orozco, Andrea Ramirez, Charlie Rhim, Robert Roark, Maria Rodriguez and Melinda Woolen.

Employees honored for their service at 10 years were Anabel Andrade, Maria Del Rosario Andrade, Maria Del Carmen Anguiano, Mario Archibeque, Aurelio Arevalo, Rebecca Bell, Giovana Cano, Fernando Cisneros, Juana Cisneros, Hilda Duron, Jonathan Edrial, Loyjean Estrada, Richard Fernandez, Maria Flores, Martha Garcia, Dora Garcia, Luz Turbe, Sandra Jarquin, Shirley Jordan, Erendira Juarez, Wendy Keller Hernandez, Sandra Laverde, Martha

Llamas, Jennifer Luque, Bernice Madariaga, Valerie Marmolejo, Lurdes Martinez, Matthew Moisa, Tania Montanez, Jesus Ortiz, Claudia Padilla, Ruth Palacios, Laura Pereira Ornelas, Raelyn Rangel, Gabriel Rodriguez, Regina Rodriguez, Peter Rudeesirichot, Leticia Ruelas, Alicia Salazar, Nelly Salinas, Monica Stebok, Cristina Ulloa, Sandra Velazquez, Edmundo Vizcaino, Kathy Weeks and Farshid Zargar.

Honored for 15 years of service were Rita-Marie Anthony-Hester, Ruth Brown, Angel Brunet, Roseli Dalka, Christina Danna-Tournay, Jason Dykes, Kelle Eidinger, Kerri Forsythe, Devon France, Eduardo Gonzalez, Patricia Hofstra, Isabelle Huerta, Mary Kitchener, Tracy Kline, Pamela Langford, Elisa Lopez, Ruth Millette, Jorge Negrete, Albert Perez, Esther Ramirez, Leticia Rodriguez, Gabriela Ruiz, Roman Torres, Lorena Vidrio and Michael Young.

Employees recognized at the 20-year service point were Minerva

Alvarez, Raquel Arellano, David Cubas, Calvin Davis, Maria Hall, Steven Maldonado, Peter Mynar, Susan Orin-Phillips, Yolanda Ortega, Guillermina Robles, Ana Rodriguez, Gregory Ruiz, Barbara Savage, Yvonne Somohano, Mike Telles, Juan Velasco, Ladislado Villa, Dale Whisler and Allen Yokum.

Honored for 25 years of service were Geraldine Childress, Beatrice Colon, Clifford Dunham Jr., Rebecca Felix, Sally Hoffman, Craig Lackey, Debra Lee, Raymond Lucero, Catherine Pecka, Anna Perez, Virginia Reeves, Gloria Valdez and Elaine White.

Employees honored for their 30 years of service Donna Bergstedt and Dania Wilder. Serving Downey Unified students for 35 years were Board of Education member Donald E. LaPlante and Raul Pineda.

## Crime authors coming to Downey

DOWNEY – Crime novelists Christopher J. Lynch and Jill Amadio will discuss their latest books at a June 27 luncheon at the Rio Hondo Event Center.

Sponsored by the Friends of the Downey City Library, the event is from 11:30 a.m. to 2:30 p.m. Tickets are \$25.

Lynch is author of the "One-Eyed Jack" series about a professional

blackmailer who operates in and around the South Bay area of Los Angeles.

The debut novel in the series was a 2013 Shamus Award finalist and a 2014 Writers Digest honorable mention.

In addition to being an excellent speaker, he is an avid cyclist and mountain climber, having climbed Mt. Whitney, Mt. Kilimanjaro and to the

base camp on Mt. Everest.

Amadio is a mystery writer, ghostwriter, biographer and journalist. Her debut crime novel is "Digging Too Deep: A Tosca Trevant Mystery" in which a transplanted Cornish woman writes a gossip column about the royals and discovers a scandal at Buckingham Palace.

She has been a reporter in

Thailand, Colombia, England, Spain and the U.S., and has ghostwritten several memoirs including a biography of Rudy Valle titled "My Vagabond Lover."

Tickets to the authors luncheon includes a meal and one of their novels. To reserve a seat, call (562) 928-4327.

Downey High School basketball coach Larry Shelton and his staff are hosting a summer basketball camp June 23 through July 9. The camp meets daily, Monday through Thursday, from 8-10 a.m. in the gym. Parents can sign-up their kids on the first day of camp, June 23, at 7:30 a.m. in the gym. Early registration is available by emailing lshelton@dusd.net. Cost is \$150 and includes a Downey basketball jersey and shorts. Students will learn basketball fundamentals and participate in games and tournaments. Larry Shelton has been Downey High's varsity basketball coach for 27 years. He is a two-time L.A. Times coach of the year, and three-time San Gabriel Valley League coach of the year. For questions, call him at (562) 412-7528.

### Summer Basketball Camp

with  
Downey High School Head Basketball Coach Larry Shelton and Staff

June 23 - July 9  
Monday thru Thursday  
8:00 - 10:00 A.M. at the Downey High School Gym

Note that the first day of camp will be held on Tuesday, June 23rd due to the Athletic Open House at DHS on Monday, June 22nd

Registration: Tuesday, June 23rd at 7:30 am at the DHS gym  
Early Registration: E-mail [lshelton@dusd.net](mailto:lshelton@dusd.net)

- Fundamentals
- In-camp Games and Tournaments
- Fun
- Summer league and Tournaments for incoming freshman who make the team.

**Cost - \$150**

Includes:  
Downey Basketball Jersey and Shorts

**For Grades 4-9 in September Instructors...**

Larry Shelton and staff  
Downey H.S. Varsity Coach (27Years)  
2-Time L.A. Times Coach of the Year  
San Gabriel Valley League Coach of the Year 2011, 2012, 2014  
105-36 record the last 5 seasons (SGVL Champs 2011, 2012, 2014)

Any Questions? Contact Larry Shelton  
(562) 412-7528 (Cell) E-mail: [lshelton@dusd.net](mailto:lshelton@dusd.net)



## Summer Space Camp is Awesome!

by Ben Dickow, President and Executive Director of the Columbia Memorial Space Center

Adults. Read this with the young people in your life. Young people. You may have to read this to your adults. This summer, leave school – and the earth – behind. Your neighborhood space and science place – the Columbia Memorial Space Center – will be hosting Space Camp throughout the month of July. Each week for 4 weeks, we will be offering a different camp experience. You can sign up to build robots, take on the role of an astronaut and/or explore a new planet. You can even go on unique field trips to places like JPL (the Jet Propulsion Laboratory) and talk to the scientists and engineers sending probes out into the solar system. It's Space Camp! How cool!?! While all that may sound exciting, more than all of the building and exploring and doing we offer, what you really will be able to do is have fun meeting new people and sharing great times. Of all of the things you can do over the summer, Space Camp at the Space Center (it's not just a coincidence it's named that!) is the only place in town where you'll be able to combine out-of-this-world activities with a totally social atmosphere made just for you to leave the school year behind while still keeping a little bit of your brain working.

Yes, adults, we offer effective learning experiences designed to stimulate creative and critical thinking. Yes, adults, social interactions like those at camp improve academic performance. Yes, adults, studies show that camp programs like Summer Space Camp at the Space Center help bridge the gap between school years that occurs during the summer. Yes, adults, camp participants will be able to take control of their learning experiences, follow their own interests and have a good time while doing it! Yes, we offer all of this and more. Young people, we know that you've had a long year at school. Summer should be about having some down time with friends while doing something fun and totally unique, like being a part of Space Camp. We're here for you. Join us. To make room for you and give you more choices, the Columbia Memorial Space Center has doubled its camp this summer! Each week in July, we offer one session for 4th-5th graders and one session for 6th-8th graders. Every week-long session, no matter the age range, include hands-on activities and a field trip to a one-of-a-kind destination outside of the Space Center. By the way, while writing this, we realized it may be more effective to tell you about the exciting things you'll be able to do this summer than to write an article talking about the academic benefits of camp experiences like ours. We'd be happy to talk about that, if you like. We have a lot of stats and learning info to share. Please, call the Space Center if you have questions and someone will answer them – maybe even me. We're at 562-231-1205 and you can sign up online at [www.columbiaspacescience.org](http://www.columbiaspacescience.org). We look forward to you being a part of Space Camp. See you this summer!

COLUMBIA MEMORIAL SPACE CENTER  
CITY OF DOWNEY

# SPACE CAMP

**MONDAY-FRIDAY • 9:00 A.M. - 3:00 P.M.**

**EACH SESSION • \$135 MEMBERS/ \$150 NON-MEMBERS**

#1 July 6 - July 10	Robotics
#2 July 13 - July 17	Aerospace
#3 July 20 - July 24	Robotics
#4 July 27 - July 31	Planetary Science

**Camps are for students**  
9-10 years old (entering 4th-5th grade)  
& 11-13 years old (entering 6th-8th grade)

**To register please call: (562) 231-1200**

City of Downey Columbia Memorial Space Center  
12400 Columbia Way • Downey CA 90242 • (562) 231-1200  
[www.columbiaspacescience.org](http://www.columbiaspacescience.org) • [info@downeyspacecenter.org](mailto:info@downeyspacecenter.org)

**Kirkwood Christian Schools** has been serving the Downey community since 1966. Our preschool and elementary school campuses serve ages 2 through 5th grade. Both the preschool and elementary school offer an individualized computer based program where students are able to learn at their own pace and overseen by highly qualified teachers. In addition, both are accredited by the Association of Christian Schools International (ACSI) and the Western Association of Schools and Colleges (WASC). Come in for a tour as soon as possible, enrollment space is limited. The campuses are open 52 weeks of the year, Monday - Friday, from 6:30am - 6pm to meet your educational and childcare needs.

## KIRKWOOD CHRISTIAN SCHOOLS

presents ...

# 2015 SUMMER PROGRAM

**June 15 - August 21**

OPEN  
6:30 a.m.  
to  
6:00 p.m.  
Mon-Fri

**Activities include:**

- \* Daily Academics
- \* Multiple Computer Labs
- \* Arts & Crafts
- \* Interactive Games
- \* Recess on Nice Play Yards
- \* Swimming
- \* Daily Bible Study
- \* Field Trips (Elementary ONLY)

**Preschool Campus**  
10822 Brookshire Ave.  
Downey, CA 90241  
(562) 862-4251  
License # 198011557

**Kinder - 5th Elementary Campus**  
11115 Pangborn Ave.  
Downey, CA 90241  
(562) 904-6911

[www.kirkwoodchristianschools.org](http://www.kirkwoodchristianschools.org)

# NOW ENROLLING

## FREE SUMMER REGISTRATION\*

\*With this ad

### Elementary School

Grades T/K - 7th

## 562.861.1499

8033 3rd. Street  
cbekids@aol.com

- Accelerated T/K - 7th
- Extended Daycare
- Field Trips
- Hot Lunches and Snacks
- Academic Centers
- 2015-2016 Fall Programs Also Available

Serving our community for over 40 years

[www.creativebeginningsschools.org](http://www.creativebeginningsschools.org)

Creative Beginnings is a non-denominational private school serving Downey and surrounding cities for over 40 years.

### NOW ENROLLING FOR SUMMER...

- \* Academic centers including Reading Comprehension, Writing, Math, and Spanish.
- \* Opportunity to explore, question, and communicate in supportive learning environments.
- \* Swimming, Music, and Art
- \* Snacks and hot lunch
- \*\* Weekly Fieldtrips
- \* Extended hours

Visit where all children can have **Creative Beginnings**.

\*\*Weekly Fieldtrips are available at an additional cost\*\*

*Creative Beginnings is a non denominational private school serving Downey and its surrounding cities since 1975. Our summer program features academic centers including Reading Comprehension, Writing, Math, and Spanish. We provide the opportunity to explore, question, and communicate in a supportive learning environment. We offer recreational swimming, music, art, snacks, and hot lunch. Weekly field trips are available at an additional cost. Come visit where all children can have Creative Beginnings.*



## Kiwanis Foundation awards \$60K in scholarships

**DOWNEY** –The Downey Kiwanis Foundation's 30th annual scholarship banquet, which took place at the Rio Hondo Event Center on May 28, recognized 33 high school students and three teachers from Downey, Warren, Lakewood and Columbus high schools.

The Downey Kiwanis Foundation awarded a total of \$60,000.

The Downey Kiwanis Foundation was formed in 1985 to provide a vehicle by which Kiwanians, as well as friends and other members of the community, could contribute to a managed perpetual fund in support of specific emphasis on benefiting the youth of our community.

The initial goal of the foundation was to establish scholarships "for economically disadvantaged high school students who have shown a willingness to support their

community and who need help in continuing their training."

The original six scholarships have expanded to more than 25 scholarships for Downey Unified students.

"It is always a pleasure to personally get to know the students we are awarding the scholarships to," said Jerry Wetzstein, president of Downey Kiwanis Foundation. "Our students work very hard and the scholarships are very well-deserved."

Students applied for several different scholarships varying from \$400 to \$20,000. Students were interviewed by Kiwanis Club of Downey members as the final selection process for the scholarship.

Scholarship winners include: Zachary Winter, Elizabeth Aceves, Silvia Preciado, Megan Gomez, Ian Ramirez, Regan Johnson,

Michelle Kam, Ashley Clemens, Katherine Lua, Joshua Tafoya, Jennifer Xilo, Angel Castro, Isabella Gutierrez, Luis Valencia, Lisandra Estrada, Nicolas Hernandez, Karina Gonzalez, Dominique M. Rodriguez, Christian Escobedo, Joshua R Duarte, Sarah L McGarry, Bohesa Won, Nicholas James Barger, Aaron Thormodsen, Freddy Menendez, Reginald Del Rosario, Madeline Fletes, Brianna Dominguez, Blanca Robledo, Ana Rosales-Galvez, Michael Quesada, Jacqueline Rivero and Ariceli Gurule-Larios.

Teachers of the Year were Grant Warhurst (Downey High), Daniela Keeler (Warren High) and Deborah Young (Columbus High).

To learn more about the Downey Kiwanis Foundation and the Kiwanis Club of Downey, visit [kiwanisofdowney.org](http://kiwanisofdowney.org).



On Tuesday, the Downey Education Association held a retirement celebration for retiring employees of the Downey Unified School District.

This group of 18 workers was comprised of five administrators and 13 teachers. In all, the retiring employees recognized at this celebration represented 531 total years of dedicated service to the students of Downey Unified.

Administrators who will be retiring in July include Yolanda Corniar (Principal, Unsworth Elementary School), Ruth Hesketh (Principal, Carpenter Elementary School), Janice Hobson (Director of Instructional Support Programs), Nancy Matthews (Special Education Program Administrator) and Vicki Rusick (Vice Principal, Columbus High School).

Retiring from the elementary school level are Noreen Gasdia (Rio Hondo), Marilyn Jackson (Rio San Gabriel), Heather Ketchem (Rio San Gabriel) and Frances Spokane (Imperial).

The middle school retirees are Renee Belville (Griffiths), Gloria Johnson (Griffiths), Gary Nakao (Doty) and Gay Van De Walker (Griffiths). Lastly, retiring from the high school level are Lori Davies, Linda Hanson, and Joyce Harman from Downey and Jill Marsh from Warren.

## 'Totally 80's' theme party June 20

**DOWNEY** –Tickets are now on sale for a "Totally 80's Flashback Party," a fundraiser hosted by the Downey Arts Coalition in support of the Downey Symphony.

The party is June 20 at the Epic Lounge in downtown Downey and begins at 8 p.m.

The party includes dancing to favorite 80's songs while music videos play on a big screen, 80's props, an 80's photo booth, prizes, an 80's icon lookalike contest, auctions, and more.

Tickets are \$15 in advance and \$20 at the door. VIP tables are also

available, and include four entrance tickets, four drink tickets, bar snacks, and two 80's souvenirs to take home.

Tickets can be purchased online at [downeyarts.org/80s/](http://downeyarts.org/80s/). For questions, cemail [patgil1031@gmail.com](mailto:patgil1031@gmail.com).



### SAMPLE SALE


## JUNE 18-20

JEWELRY \$1 9-4PM  
SHOES \$3  
ACCESSORIES \$3  
TOPS & BOTTOMS \$5  
DRESSES \$7  
**CASH ONLY**

**9603 JOHN ST. SANTA FE SPRINGS, CA 90670**  
**323.282.9000 • WINDSORSTORE.COM**

An Environmental Reminder

## Recycle Used Motor Oil!



"Recycle used oil to help make the world we live on beautiful."

Alyssa Magana Lewis Elementary School Mrs. Mayer's Class

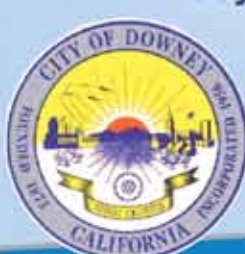
### DID YOU KNOW?

Recycling used motor oil helps save energy and natural resources. Don't add to pollution by pouring motor oil down the storm drain, on the ground, or in the trash! Recycle It!


The student artwork above was selected from among 250 environmental artwork entries submitted to the City by local 5th grade students. A new student artwork winner will be featured each month.

The City of Downey and local 5th grade students remind you to help

Keep Downey Clean and Green!  
Recycle Used Motor Oil and Filters!



For more information  
**City of Downey**  
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DowneyCA.org CleanLA.org

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*In Memory of*  
**Bruce Wayne Rutledge**

**October 15, 1949 to May 5, 2015**

Bruce Wayne Rutledge was born in Jonesboro, Arkansas on October 15, 1949 and died May 5, 2015 at age 65. Bruce lived a good life, had a degree from Cerritos College, was of the Baptist faith, worked at Wolf Range in Compton for 25 years and spent his last years as a resident of Imperial Convalescent Center in La Mirada. He is survived by Nancy Rutledge, his soul mate and best friend, mother Arlena Jane Rutledge, sister Sandra Henson, an aunt, a niece and nephew in Arkansas. He is preceded in death by his father Winifred J. Rutledge, a brother Ronald Rutledge and a sister Brenda Rutledge.

*In Memory of*  
**Beverly Smith**

**March 22, 1944 to June 3, 2015**



Beverly grew up and worked in the Downey area for over 30 years. She was the daughter of Roy and Marion Swank. She is survived by her three daughters; Holly Davison, Heather King, and Heidi Bohne, and one son, Adam Smith. She will always be remembered as a wonderful mother, grandmother, and loyal friend.

Services are being handled by Rose Hills Memorial Park. <http://www.rosehills.com>  
In lieu of flowers, please make a donation to Beverly's favorite charity in her honor. <https://secure.worldwildlife.org/donations/memorial-donation.aspx>  
Memorial Name: Beverly J Smith  
Notification Recipient: Holly Davison, 40055 Villa Moura Dr. Palmdale, CA 93552, [hcdavison@live.com](mailto:hcdavison@live.com)

**Vera Sanchez was longtime resident**

**DOWNEY** – Vera Alice Sanchez, a homemaker who had lived in Downey for more than 60 years, died recently.  
She was born in Ogden, Utah in 1921, and was the last survivor of eight siblings.  
She is survived by her husband, Toby Sanchez; son, Terry (Nancy) Sanchez; daughter, Karen (Terry) Sanchez Montgomery; and grandchildren, Geoffrey Sanchez, Katie Sanchez and Tobias Washburn.  
Services will be held at Miller Mies Mortuary in Downey on June 20 at 10 a.m.



**Charlotte Hoar passes away**

**BELFLOWER** – Charlotte Ann "Charlie" Hoar, 70, of Bellflower, passed away on May 30 due to health complications that began in November, 2014.  
Born on Dec. 5, 1944 in Kansas City, her parents were Charles Wendell Schweitzer (from Springfield, Missouri) and Annabell Baugh (from Choctaw, Oklahoma). Charlotte and her family moved to California in 1951, where she lived the rest of her life.



As a child, Charlie grew up in Inglewood, Long Beach and Compton, where she graduated from Compton High in 1962. During her adult life, she settled in Bellflower and surrounding suburban areas.  
In Norwalk, she spent her final eight months of life at the Villa Elena Convalescent Home.  
Charlotte was a bartender in many Bellflower establishments for around 25 years, but she preferred to be called a "mixologist." Some places include The Magic Cork, the former Stacey Farrell's, and the famed Fritz That's It on Artesia Boulevard.  
She is survived by her siblings, from oldest to youngest: John Schweitzer, Wendy Hernandez (husband, Ronald Hernandez and their children), Daniel Tyler (and children), and Robert Tyler (and children).  
Charlotte is also survived by her five children, from oldest to youngest: Arnold Perez (and grandchildren: Tiffany, Amber, Matthew, and Arnold, Jr.), John Perez (and grandchildren: John, Jr., Andrew, Adrian, Jaden, and Real Kaiden), Richard Kirros (wife, Lisa Kirros and grandchildren: Ryan and Ciera), Angela Martinez (and grandchildren: Nicholas and Theodore), and Kristy Morrison.  
Charlotte is also survived by three great grandchildren: Aiden and Iliani Vela and John Perez, III.  
A memorial service will be held Saturday, June 13, at Saint Bernard's Church in Bellflower. Service begins at 11 a.m.

**'March for Jesus' on June 20**

**DOWNEY** – A public March for Jesus will take place Saturday, June 20, from 9:30 a.m. to 1 p.m.  
Participants will meet at 9:30 a.m. on the grassy area across from First Baptist Church of Downey for coffee, donuts and prayer.  
The march begins at 10 a.m. on the sidewalks of Firestone Boulevard, between Lakewood and Paramount boulevards.  
After the march, participants will meet back at First Baptist for music, fellowship and a light lunch. Participants should make their own signs and posters for the march.

**Roy Beard to speak on emergency preparedness**

**DOWNEY** – Roy Beard will speak about Downey's Emergency Preparedness Committee at the June 17 meeting of the American Business Women's Association.  
The dinner meeting begins at 6 p.m. at the Rio Hondo Event Center.  
The Emergency Preparedness Committee assists in providing disaster preparedness public education to the community and makes recommendations that better prepare the community and its residents.  
For reservations, contact Ilda Vaja at [vajafamily@hotmail.com](mailto:vajafamily@hotmail.com).  
The Eldorado Chapter of the American Business Women's Association meets at the Rio Hondo Event Center the third Wednesday of every month. Networking begins at 6 p.m., followed by the dinner and speaker at 6:30.

**Nicole Apostol finishes basic training**

**DOWNEY** – Army Pfc. Nicole Patricia A. Apostol has completed basic combat training at Fort Jackson.  
During the nine weeks of training, Apostol studied the Army mission, history, tradition and core values, physical fitness, and received instruction and practice in basic combat skills, military weapons, chemical warfare and bayonet training, drill and ceremony, marching, rifle marksmanship, armed and unarmed combat, map reading, field tactics, military courtesy, military justice system, basic first aid, foot marches, and field training exercises.  
She is the daughter of Joy and Englebert Apostol, of Downey.  
She is a 2013 graduate of Warren High School.

**Downey residents make Phi Kappa Phi**

**DOWNEY** – Six Downey residents have been initiated into the Honor Society of Phi Kappa Phi, the nation's oldest and most selective collegiate honor society for all academic disciplines.  
The students include Katrina Galvan of Cal State Dominguez Hills and Viviana Rodriguez, Eva Rangel, Gabriela Gonzalez, Miguel Gonzalez and Robert Carrasco, of Cal State Long Beach.

**Poet debuting new book in Downey**

**DOWNEY** – The next edition of Poetry Matters -- Thursday, June 18, at Stay Gallery -- will feature Patti Scruggs and the launch of her new book, "Forget the Moon."  
Patricia Scruggs is a poet, artist, teacher, mother of two, and grandmother of three. A resident of Chino, she is a frequent participant in poetry groups and readings throughout the Los Angeles area, and has been a familiar face in Downey poetry groups since 2009.  
Her poetry is grounded in the details of daily life, yet winds up being about so much more. Noted Los Angeles poet Jack Grapes says of her work: "Oh how sweet and sad life is, and the relish with which Patti Scruggs embraces that truth creates a glow of love around each and every poem ... you can read this book with a glass of milk in one hand and a stiff shot of whisky in the other."  
Poetry Matters is free and open to the public. Doors open at 7 p.m. The open mike begins at 7:30.  
For more information, join Downey Arts Coalition on Facebook or visit [Downeyarts.org](http://Downeyarts.org).



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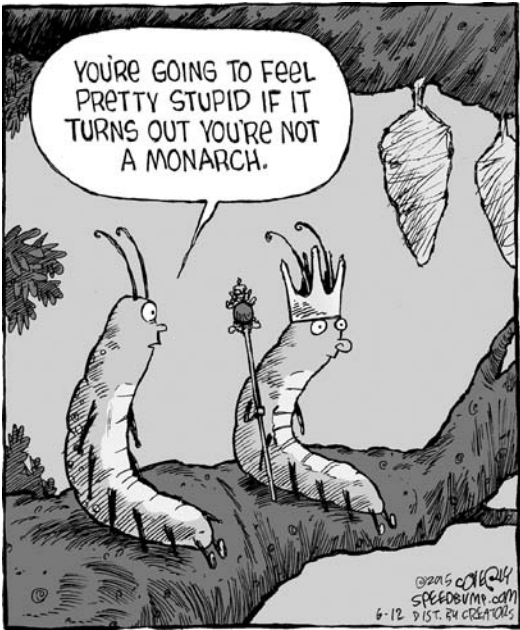
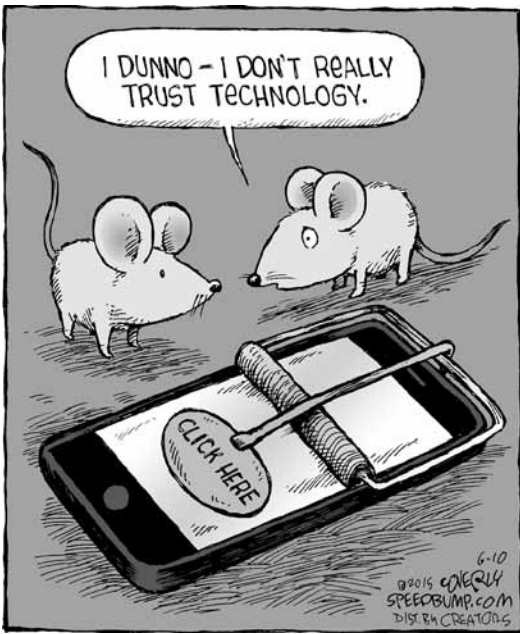
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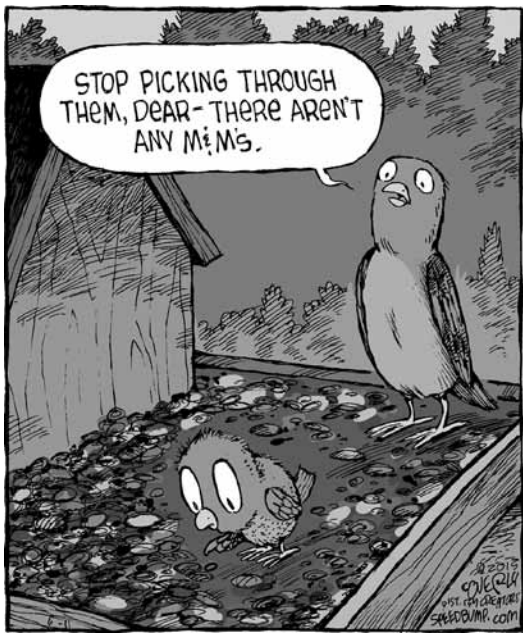
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## SPEED BUMP



## DAVE COVERLY



## Downey Community Calendar

### EVENTS FOR JUNE

Fri., June 12: KNX live broadcast, Porto's Bakery, 9 a.m. to 7 p.m.  
 Wed., June 17: Downey High graduation, Cerritos College, 6 p.m.  
 Thurs., June 18: Poetry Matters, Stay Gallery, 7 p.m.

### CITY MEETINGS

1st & 3rd Wednesday, 6:30pm: Planning Commission, Council Chamber at City Hall.  
 1st Tue., 4:00pm: Recreation and Community Services Commission, Council Chamber, City Hall.  
 1st Tue., 6:00pm: Emergency Preparedness Committee, at Fire Station No. 1, 12222 Paramount Blvd.  
 2nd & 4th Tue., 6:30pm: City Council, Council Chamber.  
 3rd Tue., 6:30pm: Library Advisory Board, at Downey City Library.  
 4th Mon., 5 pm: Green Task Force, at City Hall.

### Regularly Scheduled Meetings

### MONDAYS

7 pm: Boy Scout Troop 2, at Downey United Methodist Church, call 869-6478.  
 2nd Mon., 11 am: American Legion Auxiliary #270, at United Methodist Church, call 304-3439  
 4th Mon., 7:30 pm: Downey Numismatists, at Downey Retirement Center, call 862-6666.

### TUESDAYS

9:30 am: Downey Seniors Club, at Apollo Park, call Paul Sheets at 714-618-1142.  
 10 am: Downey Bocce Club, at 7850 Quill Drive, call John Fiorenza at 652-4399.  
 12 pm: Rotary Club, at Rio Hondo, e-mail Diane Davis at dianedavis4sc@gmail.com.  
 6 pm: Toastmasters Club 587, at First Baptist Church, call Karika Austin 260-3856.  
 7 pm: Downey Knights of Columbus Bingo, at 11231 Rives Ave., call 923-1932.  
 1st Tues., 7:30 am: Gangs Out of Downey, at City Hall training room.  
 2nd Tues., 3:30 pm: Keep Downey Beautiful, at City Hall, call 904-7117.  
 2nd and 4th Tues., 6 pm: Sertoma Club, at Cafe 'N Stuff, call 927-6438.  
 2nd Tues., 6 pm: Downey Fly Fishers, at Apollo Park, call 425-7936.  
 3rd Tues., 6:30 pm: Community Emergency Response Team meeting, Fire station 1, 12222 Paramount.  
 3rd Tues., 6 pm: American Legion #270, at Sizzler Restaurant, call 544-0372.  
 Tues., Thurs. & Sat., 10 am: Downey Bocce Club, at 7850 Quill Drive, call John Fiorenza 652-4399

### WEDNESDAYS

7 am: Kiwanis Club, at Rio Hondo Events Center, call Steve Roberson at 927-2626.  
 1 pm: Women's Bocce Club, at 7850 Quill Drive, call Marie Puch at 869-4366.  
 7 pm: Out Post 132 Royal Rangers, at Desert Reign Church, call 928-8000.  
 1st Wed., 11 am: Woman's Club of Downey, call Cheryl Olson 833-8954.  
 1st Wed., 11:30 am: Downey Coordinating Council, Community Center, call Cindy 803-4048.  
 1st Wed., 7:30 pm: Downey Stamp Club, at Maude Price School cafeteria, call 928-3028.  
 2nd Wed., 11:30 am: Christian Women's Club, at Los Amigos Country Club, call Anita 861-3414.  
 2nd Wed., 7:30 pm: Downey Model A Club, at Gallatin School Cafeteria, call 928-4132.  
 3rd Wed.: Downey Dog Obedience Club, at Apollo Park, call Gina 869-5213 or Valerie 420-2972.  
 3rd Wed., 10 am: Los Angeles County Quilters Guild, at Women's Club, call (310) 604-0725.  
 3rd Wed., 6 pm: American Business Women's Association, Rio Hondo Country Club, call Barbara 863-2192.  
 4th Wed., 12:00 pm: Retired Federal Employees, at Barbara J Riley Center, call 943-5513.  
 4th Wed., 7:30 pm: US Coast Guard Aux. Flotilla 5-10, First Presbyterian Church, call Brian 419-5420.  
 Wed. & Fri., 10:15 am: Senior Bingo, at Apollo Park, call 904-7223

### THURSDAYS

7:30 am: Connections Networking, at Bob's Big Boy, for info., call Nick Smith, 861-5222.  
 7:30 am: Soroptimist Int'l of Downey, for information, call Mia Vasquez, 806-3217.  
 9:30 am: Take off Pounds Sensibly, at Barabara Riley Senior Center, call (800) 932-8677.  
 12 pm: Kiwanis Club of Downey, at Rio Hondo Events Center, call Roy Jimenez 923-0971.  
 12 pm: Optimist Club of Downey, at Rio Hondo Events Center.  
 6:30 pm: Downey United Masonic Lodge # 220, 8244 3rd St., call 862-4176.  
 7 pm: Troop 351, Boy Scouts of America, at First Baptist Church, call 776-3388.  
 1st Thurs., 12:00 pm: Downey Christian & Professional Luncheon, Sizzler's Restaurant, call James 310-1335.  
 1st Thurs., 7:30 pm.: The Downey Amateur Radio Club, at First Baptist Church room 120.  
 2nd Thurs., 7:30 pm: Beaming Rebel Foxes Collectors Club, call Carl D. Jones at 923-2400.  
 2nd & 4th Thurs., 6 pm: Lions Club, at Coco's, call Lenora (310) 283-9825.  
 3rd Thurs., 4 pm: Public Works Committee, at City Hall Training Room.  
 3rd Thurs., 6 pm: Downey CIPAC, at Sizzler's Restaurant, call Rich Tuttle 413-6045.  
 4th Thurs., 10 am: Assistance League, at Casa De Parley Johnson, call 869-0232.  
 4th Thurs., 7:30 pm: Downey Historical Society programs, at Community Center, call 862-2777.

### FRIDAYS

7:30 am: Pro Networkers, at Mimi's Cafe, call Barbara Briley Beard at 869-7618.  
 3rd Fri., 8:30 am: Women's "In His Glory" Ministry at Los Amigos C. C. 622-3785.

### SATURDAYS

9 am: Farmers Market, Downey Avenue at 3rd Street, call 904-7246.  
 4th Sat., 12:00 pm: Downey Arts Coalition, email contact@downeyarts.org.

### On This Day...

**June 11, 1919:** Sir Barton became horse racing's first Triple Crown winner by winning the Belmont Stakes.  
**1963:** Gov. George Wallace confronted federal troops at the University of Alabama in an effort to defy a federal court order to allow two black students to enroll at the school.  
**1963:** Buddhist monk Quang Duc immolated himself on a Saigon street to protest the government of South Vietnamese President Ngo Dinh Diem.  
**Birthdays:** Actor Gene Wilder (82), actor Peter Bergman (62), news anchor Greta Van Susteren (61), NFL hall of famer Joe Montana (59), actor Hugh Laurie (56), TV show host Dr. Mehmet Oz (56), actor Joshua Jackson (37), basketball player Diana Taurasi (33) and actor Shia LaBeouf (29).

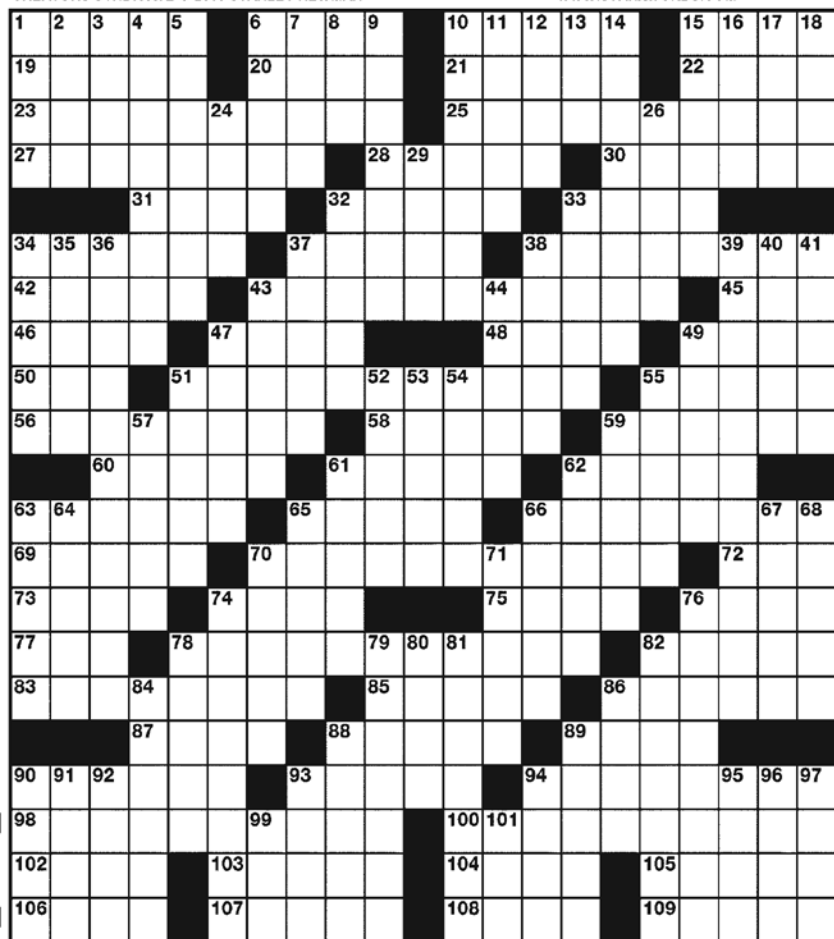
### THE NEWSDAY CROSSWORD

Edited by Stanley Newman (www.StanXwords.com)

**ALL MIXED UP: Some well-shuffled anagrams**  
by S.N.

- |  |                                       |  |
|--|---------------------------------------|--|
| <b>ACROSS</b>                                | 62 Mason's partner                    | 6 Monument Valley sights                   |
| 1 Later on                                   | 63 Lowered the wattage of             | 7 Neglect to mention                       |
| 6 Old Testament kingdom                      | 65 Ryan debater in 2012               | 8 I love: Lat.                             |
| 10 French sister                             | 66 How pals may walk                  | 9 Legendary wailer                         |
| 15 Fell gradually                            | 69 Bailiwicks                         | 10 Conning person                          |
| 19 Dwarf planet since 2006                   | 70 Urban environment                  | 11 Midwest air hub                         |
| 20 Top-five baby girl name since 2002        | [anagram of 51 Across]                | 12 Word on Irish euros                     |
| 21 Hot-dog topping                           | 72 XIII quadrupled                    | 13 Einstein's birthplace                   |
| 22 Saba (Tonto's pal)                        | 73 Airport shuttles                   | 14 Texas' southern border, to Mexicans     |
| 23 Orchestra section [anagram of 100 Across] | 74 Human dynamo                       | 15 Type of tasseled topper                 |
| 25 Panpipe cousins [anagram of 98 Across]    | 75 Puffin cousins                     | 16 Walesa of Poland                        |
| 27 Aggressive comment                        | 76 Lose altitude                      | 17 All-in-one Apple                        |
| 28 Khan (Kipling tiger)                      | 77 Savings acct. posting              | 18 Perform as ordered                      |
| 30 Hill Street Blues co-creator              | 78 Salad sauce [anagram of 43 Across] | 24 Discard                                 |
| 31 Affiliations                              | 82 Rapper's entourage                 | 26 "It was someone else"                   |
| 32 Hit run (triumph)                         | 83 Repudiate                          | 29 Kong (former Crown Colony)              |
| 33 Spanish miss: Abbr.                       | 85 Flood barrier                      | 32 Choral contingent                       |
| 34 Tack on                                   | 86 Moriarty adversary                 | 33 Provokes                                |
| 37 Coeur d' Alene ID                         | 87 Entertainer Falana                 | 34 Best competitive effort                 |
| 38 Ink-filled accessory                      | 88 Ignored, with "out"                | 35 Santalike                               |
| 42 Hostile look                              | 89 Proofreading mark                  | 36 Legislative bodies [anagram of 39 Down] |
| 43 Multifaceted [anagram of 78 Across]       | 90 Claim to be true                   | 37 Poker fees                              |
| 45 \$5 bill, so to speak                     | 93 Scouting mission, for short        | 38 Emporium                                |
| 46 Mystique                                  | 94 Nation north of Brazil             | 39 Fatherly feeling [anagram of 36 Down]   |
| 47 Not duped by                              | 96 Cocktail garnish                   | 40 Decline slowly                          |
| 48 Matador's adversary                       | [anagram of 25 Across]                | 41 French painter of dancers               |
| 49 Male caribou                              | 100 Beyond Mach 1                     | 43 Bring on                                |
| 50 Mid 21st-century year                     | [anagram of 23 Across]                | 44 Pitch (prepare to camp)                 |
| 51 Role models [anagram of 70 Across]        | 102 Jogging pace                      | 47 Rowed a boat                            |
| 55 Michelangelo sculpture                    | 103 Cantina appetizers                | 49 Keep under wraps                        |
| 56 Ancient Greek proponent of pleasure       | 104 Army outfit                       | 51 Whippers                                |
| 58 Phileas Fogg creator                      | 105 Something easy                    | 52 Avoid doing                             |
| 59 Petrol measures                           | 106 serif typeface                    | 53 Old West abode                          |
| 60 One hearing "You've got mail"             | 107 Guilty feeling                    | 54 Former Senator Lott                     |
| 61 French dynasty founder                    | 108 Cooktop vessels                   | 55 Prankish sprite                         |
|  | 109 43rd state                        | 57 Deep sleeps                             |
|  | <b>DOWN</b>                           |  |
|  | 1 Scheduled mtg.                      |  |
|  | 2 Dog biter                           |  |
|  | 3 Grand Bazaar merchant               |  |
|  | 4 "And stuff like that..."            |  |
|  | 5 Comic's creation                    |  |

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- |                           |                                 |                                       |
|---------------------------|---------------------------------|---------------------------------------|
| 59 Hobbles                | 76 Magnetic coil                | 90 Pts. and qts.                      |
| 61 Wispy clouds           | 78 Journals on YouTube, perhaps | 91 Croft of video games               |
| 62 Male mallard           | 79 Photosynthesis product       | 92 Author Hubbard                     |
| 63 Michelangelo sculpture | 80 City near Tahoe              | 93 Morning TV host                    |
| 64 Person from Tabriz     | 81 Sharp level                  | 94 Kebab skewer                       |
| 65 Substitute players     | 82 College major, for short     | 95 Tennis pro Kournikova              |
| 66 Sharp-witted           | 84 Golfer's footwear            | 96 Home of the Gerald R. Ford Library |
| 67 Wash cycle             | 86 Frau's spouse                | 97 Reverberate                        |
| 68 Sound equipment        | 88 Coffee-break hr.             | 99 "Not a chance!"                    |
| 70 Justice Sotomayor      | 89 Four-hand piano pieces       | 101 How Romans say "one"              |

Reach Stan Newman at P.O. Box 69, Massapequa Park, NY 11762, or at www.StanXwords.com

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**You can contact puzzle editor Stanley Newman at his e-mail address: StanXwords@aol.com. Or write him at P.O. Box 69, Massapequa Park, NY 11762, Please send a self-addressed, stamped envelope if you'd like a reply.**



## Paging Dr. Frischer...

By Dr. Alan Frischer



I grew up drinking whole milk at every meal. I like it, and although as an adult I gradually transitioned to lowfat and then to nonfat milk, I continue to drink milk everyday.

For 30 to 50 million Americans, however, digesting a glass of milk can bring on the distressing symptoms of lactose intolerance. This is a condition in which the body does not adequately process lactose, which is the type of sugar found in milk and other dairy products. When lactose moves through the large intestine without being properly digested, it causes symptoms that can include gas, abdominal pain, and bloating. There are various degrees of lactose intolerance, ranging from an inability to digest any dairy products to being able to eat or drink small amounts of certain types.

The problem starts in the small intestine. In order for lactose, a large sugar molecule, to be absorbed into the bloodstream, it must first be split into two smaller sugars: glucose and galactose. It is the glucose and galactose that are then absorbed by the cells lining the small intestine. How does lactose split into glucose and galactose? This is the work of the lactase enzyme. Too little lactase results in poor lactose absorption.

Several factors make us more prone to lactose intolerance:

- Getting older. Symptoms most typically develop during the teen or adult years.
- Being of Asian, African, Hispanic, or American Indian descent.
- Having family members who are lactose intolerant.
- Premature birth, which may have led to a poorly developed small intestine.
- Having diseases affecting the small intestine, such as bacterial overgrowth, celiac disease and Crohn's disease.
- Undergoing certain cancer treatments, including radiation

therapy for abdominal cancer, or intestinal complications from chemotherapy.

There are three different types of lactose intolerance. Primary lactose intolerance occurs when we are born with the ability to make plenty of lactase, but over time production decreases. In secondary lactose intolerance, the small intestine decreases lactase production after an illness, injury or surgery.

Lactase levels can sometimes be restored. Congenital or developmental lactose intolerance is a rare inherited condition where a baby is born with a complete absence of lactase activity.

Classic symptoms of lactose intolerance begin 30 minutes to two hours after consuming dairy products. They range from mild to severe, depending on how much lactase the body is able to produce. Lactose that is not broken down, processed, and absorbed in the small intestine moves ahead into the colon.

The good news is that even once the lactose enters the colon, there are still native bacteria that contain lactase, and they are able to split the lactose and use the resulting glucose and galactose. Unfortunately, these particular bacteria then release hydrogen gas as a byproduct. Some of the gas is absorbed from the colon and into the bloodstream, and is then expelled by the lungs in the breath. Most of the hydrogen is used in the colon by other bacteria. Still, a small proportion of the excess hydrogen gas is responsible for increased flatulence (passing gas). Also, not all of the lactose that reaches the colon is split and used by colonic bacteria. This remaining lactose draws water into the colon through osmosis. This leads to loose stools and diarrhea, possible bloating, abdominal pain or cramping, and gurgling or rumbling sounds.

How can lactose intolerance be easily diagnosed? A milk challenge is a simple diagnostic tool. Fast overnight, then drink a glass of milk in the morning. Do not eat or drink anything else for three to five hours. If you are lactose intolerant, the milk should produce symptoms. Or, you may choose to completely avoid products that contain lactose for a few weeks, and observe whether the symptoms disappear. Your doctor can confirm a diagnosis through several other tests:

• Lactose intolerance test - the patient drinks a high lactose liquid, and two hours later takes a blood test to measure blood levels of glucose. If glucose levels do not rise significantly,

it means that the body isn't properly digesting and absorbing the lactose.

• Hydrogen breath test - again, the patient drinks a liquid with a high level of lactose. The amount of hydrogen in the breath is then measured at regular intervals. Normally, very little hydrogen is detectable. However, if the body doesn't digest the lactose, it will ferment in the colon, releasing hydrogen.

• Stool acidity test for infants and children - a stool sample will detect lactic acid and other acids produced by the fermentation of undigested lactose.

• DNA - It is now possible to detect lactase deficiency through a DNA test.

Scientists haven't yet figured out a way to boost the body's production of the lactase enzyme. The simplest treatment, obviously, is to avoid foods that contain lactose. Here are some less drastic suggestions:

- Consume smaller servings of dairy.
- Drink milk with other foods. This slows digestion and may lessen symptoms.
- Experiment with dairy products - not all have the same amount of lactose. Hard cheeses such as Swiss or cheddar, cottage cheese, and butter are lower in lactose. Cultured milk products, such as yogurt, are better tolerated because the bacteria used in the culture process naturally produce lactase.

• Look for lactose-reduced or lactose-free products.

• Take lactase enzyme tablets or drops when consuming dairy.

• Take probiotics. These are living organisms that help maintain a healthy digestive system, and may help the body to digest lactose.

If milk products are removed from the diet, how do we consume enough calcium, a mineral necessary for healthy bones? Try broccoli, spinach, and other deep green leafy vegetables, canned salmon, soy and rice milk, oranges, pinto beans, and rhubarb. Consume calcium-fortified products, such as breads and juices. Note that milk is also a common source of vitamin D, so look for vitamin D in eggs, liver and yogurt, as well as in supplements.

*Dr. Alan Frischer is former chief of staff and former chief of medicine at Downey Regional Medical Center. Write to him in care of this newspaper at 8301 E. Florence Ave., Suite 100, Downey, CA 90240.*

## Report: Melanoma rates doubled over last three decades

Melanoma rates doubled between 1982 and 2011 but comprehensive skin cancer prevention programs could prevent 20 percent of new cases between 2020 and 2030, according to this month's Vital Signs report.

Skin cancer is the most common form of cancer in the U.S., and melanoma is the most deadly type of skin cancer. More than 90 percent of melanoma skin cancers are due to skin cell damage from ultraviolet (UV) radiation exposure.

Melanoma rates increased from 11.2 per 100,000 in 1982 to 22.7 per 100,000 in 2011. The report notes that without additional community prevention efforts, melanoma will continue to increase over the next 15 years, with 112,000 new cases projected in 2030.

The annual cost of treating new melanoma cases is projected to nearly triple from \$457 million in 2011 to \$1.6 billion in 2030.

This Vital Signs report shows that melanoma is responsible for more than 9,000 skin cancer deaths each year. In 2011, more than 65,000 melanoma skin cancers were diagnosed.

By 2030, according to the report, effective community skin cancer prevention programs could prevent an estimated 230,000 melanoma skin cancers and save \$2.7 billion dollars in treatment costs. Successful programs feature community efforts that combine education, mass media campaigns, and policy changes to increase skin protection for children and adults.

"Melanoma is the deadliest form of skin cancer, and it's on the rise," said CDC Director Tom Frieden, M.D., M.P.H. "Protect yourself from the sun by wearing a hat and clothes that cover your skin. Find some shade if you're outside, especially in the middle of the day when the dangerous rays from the sun are most intense, and apply broad-spectrum sunscreen."

Researchers reviewed data from CDC's National Program of Cancer Registries and the National Cancer Institute's Surveillance, Epidemiology and End Results Program (SEER) to help determine the increase in melanoma rates.

"The rate of people getting melanoma continues to increase

every year compared to the rates of most other cancers, which are declining," said Lisa Richardson, MD, MPH, Director of the Division of Cancer Prevention and Control. "If we take action now, we can prevent hundreds of thousands of new cases of skin cancers, including melanoma, and save billions of dollars in medical costs."

This Vital Signs report highlights the recommendations for communities from the Community Guide for Preventive Services. Communities can increase shade on playgrounds, at public pools, and other public spaces, promote sun protection in recreational areas, encourage employers, childcare centers, schools, and colleges to educate about sun safety and skin protection, and restrict the availability and use of indoor tanning by minors.

Everyone is encouraged to protect their skin with protective clothing, wide-brimmed hats, broad-spectrum SPF sunscreen, and seek shade outdoors.

## Sexual violence against kids a global problem

Sexual violence against children is a significant problem in many low- and middle-income countries. At least 25 percent of females and 10 percent of males experienced some form of childhood sexual violence in the majority of seven countries studied, according to findings from the Violence Against Children Surveys (VACS) released this week in the Morbidity and Mortality Weekly Report (MMWR) by the Centers for Disease Control and Prevention (CDC).

Among the children who reported experiencing childhood sexual violence, fewer than 1 in 10 received supportive services, including healthcare, legal/security aid, or counseling support.

The VACS data highlighted in this report focus on lifetime childhood sexual violence (before age 18 years) among female and male respondents' ages 18 to 24 in seven countries (Swaziland, Tanzania, Kenya, Zimbabwe, Malawi, Haiti, and Cambodia).

The most recent data, collected

between 2007 and 2013, show that patterns in the prevalence of any form of sexual violence differed by country. Swaziland and Zimbabwe reported the highest rates of sexual violence among females (38 percent and 33 percent, respectively); Cambodia reported the lowest rates for both females (4 percent) and males (6 percent).

Other key findings: In most countries surveyed, no more than 10 percent of male and female victims of sexual violence received services, including health

and child protective services.

In every country studied, no more than 7 percent of male victims of sexual violence received services.

Preventing sexual violence is an essential component of HIV prevention strategies practiced through The President's Emergency Plan for AIDS Relief (PEPFAR).

Experiencing violence is associated with increased risk for further sexual exploitation, multiple sex partners, experiencing or perpetrating rape, unwanted pregnancy, and HIV infection.

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# Gabriel Iglesias, Juanes among OC Fair performers this summer



**COSTA MESA** – The OC Fair released its full summer concert lineup this week, a schedule that includes musical acts such as Willie Nelson and Juanes, and a performance by comedian Gabriel Iglesias.

The full schedule is below. Tickets can be purchased at pacamp.com.

**America with Pacific Symphony**  
Thursday, July 16, 8 p.m. Tickets start at \$26.

This pre-Fair concert will feature perennial classic-rock favorite, America, who is also celebrating its 45th anniversary and will perform some of their greatest hits live at the Pacific Amphitheatre. America is best known for "A Horse With No Name" and "Ventura Highway." America will be joined by Orange County's own Pacific Symphony, which is celebrating its 36th season. Concertgoers can return with their ticket stub any day the 2015 Fair is open (July 17-August 16, Wednesday-Sunday) to redeem it for free Fair admission.

**Gabriel Iglesias**  
Friday, July 17, 8:15 p.m. Tickets start at \$39.50.

Gabriel Iglesias offers a high-octane comedy show packed with parodies and stories from his personal experiences. In addition bring laughs around the world, Gabriel has been seen on TV on Comedy Central, "Family Guy," "Jimmy Kimmel Live," "Good Morning America" and "The Late Late Show with Craig Ferguson."

world with 13 Grammy Awards and numerous national awards.

**Charli XCX / Bleachers**  
Wednesday, July 22, 7:30 p.m. Tickets start at \$25.

Charli XCX is an English singer/songwriter who offers electric power-pop music like "Boom Clap," which was her first Top 10 on the Billboard Hot 100 as a solo artist. Bleachers was formed secretly by Jack Antonoff of Fun., and early last year released their first single, "I Wanna Get Better" to the surprise of indie pop fans.

**The Band Perry / Annie McQueen**  
Thursday, July 23, 7:45 p.m. Tickets start at \$34.50.

The Perry siblings, Kimberly, Neil & Reed, have been enjoying a whirlwind of success since debuting on the country music scene in 2010. Having won multiple country music awards as well as numerous other nominations, The Band Perry has cemented its place in music lovers' hearts with their thoughtful lyrics and bold creativity. California-native Annie McQueen offers smoky and sultry Americana folk music with her own unique flare and rock 'n' roll vibe.

**Steve Miller Band**  
Friday, July 24, 8:15 p.m. Tickets start at \$29.50.

Formed in 1966 in San Francisco, classic rock icon Steve Miller Band is led by vocalist and guitarist Steve Miller and is known for hits like "Fly Like an Eagle," "Take the Money and Run" and "Space Cowboy."

**Capital Cities / Big Data**  
Saturday, July 25, 7:30 p.m. Tickets start at \$28.50.

Capital Cities is an indie electro duo from Los Angeles that have been offering upbeat melodies since 2010 when it's independently released single "Safe and Sound" was a viral hit, earning them attention and a contract with Capitol Records. Big Data is an electronic music project led by producer Alan Wilkis. Best known for its hit "Dangerous," this New York group offers songs that challenge modern technology.

**The Happy Together Tour**  
Sunday, July 26, 8 p.m. Tickets start at \$19.50.

The Happy Together Tour pulls together some of classic rock fans favorite groups for a concert packed with memorable hits. This year the tour features The Turtles, The Association, The Grass Roots, Mark Lindsay – the former lead singer of Paul Revere & The Raiders, The Buckingham, The Cowbills.

**Spandau Ballet / DJ Richard Blade**  
Wednesday, July 29, 7:30 p.m. Tickets start at \$32.50.

In the 1980s, British band Spandau Ballet offered electrifying music that had new wave fans dancing around the world. After a 20-year hiatus, the band has reconnecting to offer fans a trip back in time with their classic hits including "True," "Round and Round" and "I'll Fly For You." Los Angeles radio, television and film personality DJ Richard Blade has been spinning top 80s hits since landing in the U.S. from England in 1982 on MTV, VH1, KROQ, Sirius Satellite Radio and Star 98.7.

**The Offspring / The Interrupters**  
Thursday, July 30, 7:30 p.m. Tickets start at \$39.50.

The Offspring has performed more than 1,100 shows around the world, offering fans rock anthems "Self Esteem" and "Come Out And Play (Keep 'Em Separated)." The Interrupters, an L.A.-based punk/ska band, features vocalist Aimee Interrupter, guitarist Kevin Bivona, bassist Justin Bivona, and drummer Jesse Bivona. Their self-titled debut album for Hellcat/Epitaph Records offers songs including "Take Back the Power," "Easy on You" and "Last Call."

**Three Dog Night / Jefferson Starship**  
Friday, July 31, 7:30 p.m. Tickets start at \$17.50.

Grammy-nominated Three Dog Night has been offering classic rock hits since 1969 including "One," "Easy to Be Hard," "Joy to the World" and "Mama Told Me Not To Come." Jefferson Starship took off in 1971 after Jefferson Airplane band member Paul Kantner made a solo debut. Jefferson Starship earned fans with hits like "Jane," "Find

Your Way Back" and "Save Your Love." During their July 31 performance, they will also celebrate the 50th anniversary of Jefferson Airplane & The San Francisco Sound.

**The Fab Four / Wings Band**  
Saturday, August 1, 8 p.m. Tickets start at \$17.50.

The Fab Four keeps the spirit and sound of the iconic band alive with an incredible stage show with costume changes and all the energy fans from any generation adores about The Beatles. The Wings Band offers a tribute to the best of Paul McCartney & Wings greatest hits. Wings was a band Paul & his late wife Linda formed in 1971 with drummer Denny Seiwell and Moody Blues guitarist Denny Laine. These bands will perform in historical chronology with The Fab Four performing first.

**Huey Lewis and The News**  
Sunday, August 2, 8:15 p.m. Tickets start at \$19.50.

After more than 36 years of performing together and earning multiple awards, Huey Lewis & The News still stands as one of America's greatest rock 'n' roll bands with hits like "The Power of Love," "Do You Believe In Love" and "If This Is It."

**Juanes**  
Wednesday, August 5, 8:15 p.m. Tickets start at \$32.50.

Juanes is a Grammy award-winning Colombian musician and singer-songwriter, who released his solo debut album Fijate Bien in 2000 and since then has gained international recognition. His latest single, "Juntos (Together)," was used as the end title track for Disney's "MacFarland, USA."

**Pat Benatar & Neil Giraldo – 35th Anniversary / Dennis DeYoung: The Music of Styx**  
Saturday, August 6, 7 p.m. Tickets start at \$31.50.

Powerhouse duo and rock 'n' roll legends Pat Benatar and Neil Giraldo bring their undeniable chemistry and unprecedented sound to the Pacific Amphitheatre as they celebrate 35 years together. Dennis DeYoung is a founding member of the rock group Styx and continues the band's legacy by

performing the hits that gained them fans around the world.

**Echo & The Bunnymen / Berlin**  
Friday, August 7, 7:45 p.m. Tickets start at \$23.50.

Echo & The Bunnymen is an English post-punk band formed in Liverpool in 1978, whose music has earned them success on several UK music charts. They are known for songs like "Rescue," "The Puppet" and "Over the Wall." Led by the iconic vocals of Terri Nunn, Los Angeles-based Berlin has been called the "Greatest Synth Electro-Pop Band of All Time," with hits like "Take My Breath Away" and "Metro."

**Fifth Harmony / Debby Ryan & The Never Ending / Bea Miller / Natalie La Rose**  
Thursday, August 8, 7 p.m. Tickets start at \$24.50.

The all-girl Fifth Harmony began their individual stardoms on the hit TV show "The X-Factor," where music industry buff Simon Cowell joined the five talented singers in 2013. Singer, songwriter, musician, actress and philanthropist Debby Ryan is multi-talented offering music lovers a jazz and country pop blended with alternative rock sound. Singer, songwriter and actress Bea Miller first was discovered after landing in 9th place on the second season of "The X Factor." Amsterdam-native Natalie La Rose skyrocketed to the top of pop music with her hit single "Somebody."

**Dirty Heads & Magic!**  
Sunday, August 9, 7 p.m. Tickets start at \$29.50.

Since their breakout album "Any Port in the Storm" in 2008, the Dirty Heads have been offering music fans their fusion of hip-hop, reggae and alternative around the world. Los Angeles native Magic! burst on the music scene in 2013 as a brainchild of Grammy Award-winning songwriter and producer Nasri offering reggae-pop sounds that are designed to put listeners in a good mood to have a good time.

See OC FAIR, page 9

Every concert features Art Exhibit hosted by the Downey Arts Coalition and curated by Carolina Del Toro

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## Tire recycling in Pico Rivera

**PICO RIVERA** – Pico Rivera City Hall will be collecting used tires for recycling on Saturday, June 20, from 9 a.m. to 1 p.m.

Residents of Downey, Cerritos, Norwalk, La Mirada, Pico Rivera and Santa Fe Springs are eligible to drop off tires. Proof of residency is required.

Residents can transport up to nine tires per trip; multiple trips are OK.

No semi truck tires, construction equipment, or agricultural tires will be accepted. Neither will tires from businesses and non-profits.

Tires must be removed from the rims.

For questions, call (562) 801-4961.

## Bicycle Casino scholarships

**BELL GARDENS** – The Bicycle Casino Community Foundation, located in Downey, will give out \$87,000 in scholarships and \$10,000 in laptops to college-bound students at an awards night Wednesday, June 17.

The event begins at 6 p.m. at the Bicycle Casino in Bell Gardens.

To attend, RSVP at (562) 299-0820.

## Solstice viewing party at space center

**DOWNEY** – The Columbia Memorial Space Center will be hosting a “Worldwide Solstice Party” on Saturday, June 21, from 11 a.m. to 3 p.m.

Families are invited to gather on the space center lawn and use telescopes provided by the Columbia Astronomers to view the solstice.

The event is free and open to the public.

For more information, go to columbiaspacecenter.org.



On May 29, six Girl Scouts from Troop 2715 volunteered at the Assistance League thrift shop on Downey Avenue.

The first graders opened their meeting and proceeded to hang, neatly fold and place the items they had brought to donate. They also removed empty hangers from racks, dusted and made labels.

Certificates of appreciation were presented to them for their hard work.



Fr. John Constantine and parish council vice president Sasha Virhoukas present a check to Downey PTA HELPS director Beth Gendreau on behalf of the St. George Parish Community Benevolent Program.

## Free spay/neutering services

**DOWNEY** – The Coalition for Pets nonprofit is offering free spay and neutering for the pets of low-income Downey residents.

For details, call (855) 499-5829 or email booking@fixnow.org.

## OC FAIR: The B-52s perform Aug. 14

Continued from page 8

**Deep Purple / Foghat**  
Wednesday, August 12, 7:15 p.m.  
Tickets start at \$22.50.

English rock band Deep Purple was originally formed in 1968 as a progressive rock band and over the years has been influential in the growth of heavy metal and modern hard rock. Foghat was formed in the early 1970s and since then has offered classic rock fans hits like “I Just Want to Make Love to You,” “Slow Ride” and “Stone Blue.”

**Chris Young / Danielle Bradbery**  
Thursday, August 13, 7:30 p.m. Tickets start at \$34.50.

Grammy-nominated Chris Young offers a dynamic live country performance with a classic baritone voice and melt-your-heart ballads like “Lighters In the Air” and “You’re Gonna Love Me.” Since winning the fourth season of NBC’s “The Voice,” Danielle Bradbery has been winning country music fans with her sweet, soulful sound in hits like “The Heart of Dixie” and “Young in America.”

**The B-52s / The English Beat**  
Friday, August 14, 7 p.m. Tickets start at \$29.50.

Known as “The World’s Greatest Party Band,” The B-52s has been offering dance-rock tunes for more than 35 years with hits like “Rock Lobster,” “Love Shack” and “Summer of Love.” Known in England as simply “The Beat,” The English Beat is a ska revival band founded in England in 1978. The English Beat returns to the OC Fair for a fourth year in a row with its fusion of ska, pop, soul, reggae and punk rock.

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**Steel Pulse / The Wailers**  
Saturday, August 15, 7 p.m. Tickets start at \$22.50.

Grammy award-winning Steel Pulse has been offering reggae music fans solid music of love and justice for more than 35 years with songs like “Your House” and “Steppin’ Out.” The Wailers are a legendary Jamaican band that performed with Bob Marley promoting peace, love and equality through reggae and Rastafari music since 1969 and are best known for hits like “One Love,” “Stir It Up” and “Soul Rebel.”

**Austin Mahone / Kalin and Myles**  
Sunday, August 16, 7:30 p.m. Tickets start at \$32.50.

Teen sensation Austin Mahone has been climbing the charts since he burst onto the scene just a few short

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MAD MAX: FURY ROAD PG-13 Thu: (11:10, 1:45, 4:20)

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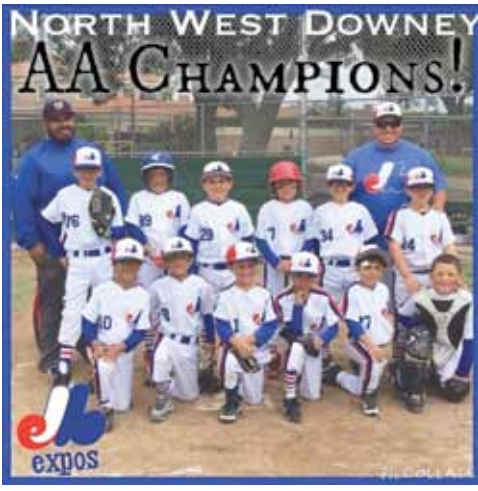
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The Expos are the Northwest Downey Little League AA champions. The team's coaches are Albert Aguilar and Edgar Dominguez.

Back row, from left: Isaiah Oliva, Nathan Salgado, Zammy Palos, Santino Meza, Evan Gonzalez and Logan Rios.

Front row: William Navarrete, Andrew Contreras, Jordan Glaz, Julian Quintero, Isaiah Guillen and Caiden Aguilar.



## SPORTS BRIEFS: Doty wins track & field meet

By Mark Fetter Contributor

**DOWNEY** – The Downey Unified School District middle school track and field championship was held at Downey High School last Friday night. For the second straight year, Doty Middle School came away with six victories in six team competitions.

Before the running events started, Downey High School held a moment of silence for Isaac the "Iceman" Rincon. Isaac was a student at Doty Middle School and Downey High School. Isaac passed away on May 10 after a two-and-a-half year battle with cancer. Doty dedicated their 2015 track and field season to Isaac.

The sixth grade boy competition saw Doty finish with 70 points, Sussman with 60, Griffiths with 13 and Stauffer with 13. The sixth grade girl competition saw Doty finish with 77 points, Stauffer with 47, Sussman with 21 and Griffiths with 11.

The seventh grade boy competition saw Doty finish with 62 points, Sussman with 45, Stauffer with 32 and Griffiths with 17. The seventh grade girl competition saw Doty finish with 63 points, Stauffer with 46, Sussman with 42 and Griffiths with 5.

The eighth grade boy competition saw Doty finish with 78 points, Sussman with 40, Griffiths with 26 and Stauffer with 12. The eighth grade girl competition saw Doty finish with 73 points, Sussman

with 44, Stauffer with 25 and Griffiths with 14.

Track and field is the last sport of the 2014-15 school year. Schools will begin their fall classes on August 26th and the first football and volleyball games are scheduled for Sept. 29.

The 2015 installment of the 48th annual 605 Prep All-Star football game was held at Cerritos College last Friday night. The East squad defeated the West squad 10-7 in a defensive contest.

Downey's Jack Williams was the coach for the west and Buena Park's Anthony White was the coach for the east.

Jack Williams led S.G.V.L. champion Downey to the C.I.F. Southeast Division championship game where the Vikings fell to Crescenta Valley 21-14. Anthony White led Buena Park to a second place finish (11-2, 4-1) in the Freeway League and to a semifinal round appearance in the C.I.F. Southwest Division playoffs where the Coyotes lost to eventual champion Trabuco Hills 38-7.

The 605 All-Star game is a showcase for local standout football players to compete against each other one last time and for local college coaches to have one last look at this year's senior class. It is a fun game to play in and be a part of.

Downey had six players participate in this year's game. Receiver and defensive back Jason Thomas, running back Justin Huff, wide receiver and linebacker Eddie Preciado, defensive end Chris

Blanton, defensive end Manny Ramirez and offensive/defensive lineman Angel Baez all put on their high school pads and helmets for the last time.

Warren receiver David Escobedo was the lone representative for the Bears.

David Laugheed of Norwalk High School also played in the 605 game. David is a fellow church member of mine at Community Baptist Church in Norwalk and is an outstanding young man. Congratulations David Laugheed.

Warren High School standout track and field runner Lisa Vasquez has seen her season come to an end. Vasquez qualified for the state meet two weekends ago and ran this past weekend in Clovis. Vasquez will be running at UC Irvine as an Ant eater in the fall.

Lisa Vasquez narrowly missed qualifying for the state meet's final 1600 meter run by finishing with the 13th fastest time. The state final consisted of the top 12 runners from two different heats. Lisa ran in the first heat where she finished eighth. The seven runners who finished in front of Lisa all qualified for the state meet's final run. Five runners from the second heat qualified for the final run.

Vasquez finished in a time of 4:57.27 just behind heat one seventh place finisher Gillian Meeks of Gunn High School. Meeks finished in a time of 4:56.40. Vasquez missed qualifying for the state championship run by .87.

In the first heat, Destiny Collins of Great Oak won the 1600 meters with a time of 4:47.26. Marissa Williams of Palisades was second with a time of 4:47.36, Brooke Starn of Monte Vista was third with a time of 4:50.85, Hannah Hull of Calaveras was fourth with a time 4:51.00, Glennis Murphy of Redwood was fifth with a time of 4:51:02, Kelly Bernd of Canyon Crest was sixth with a time of 4:56.28 and Gillian

Meeks of Gunn was seventh with a time of 4:56.40.

Coach Waldron and his staff are extremely proud of Lisa and how hard she worked this season. Lisa has struggled with injury and illness throughout the year and her courage, dedication and desire to succeed was demonstrated once again at the state meet. These character traits will serve Lisa well in college and in life.

Congratulations to Lisa Vasquez on an outstanding season.

Downey High School head basketball coach Larry Shelton will be hosting a summer basketball camp from June 23-July 9.

Camp will be held Monday thru Thursday from 8-10 a.m. in the Downey High School Gym. Please note that the first day of the camp will be held on Tuesday, June 23 due to the Athletic Open House at Downey High on June 22.

Registration will be Tuesday, June 23 at 7:30 a.m. in the DHS Gym. The cost of the camp is \$150 and includes a Downey basketball jersey and shorts. Head coach Larry Shelton can be reached by phone at (562) 412-7258 or by e-mail at lshelton@dusd.net.

Fundamentals, in camp games and tournaments and having fun will be the focus of camp. There will also be summer league and tournaments for incoming freshmen who make the team.

Larry Shelton has been the head coach at Downey for 27 years and has been a 2-time L.A. Times Coach of the Year. Coach Shelton was the S.G.V.L. Coach of the Year in 2011, 2012 and 2014. Shelton's teams have compiled a S.G.V.L. record of 105-36 over the past five seasons and were S.G.V.L. champions in 2011, 2012 and 2014.

Girls' varsity basketball coach Nate Harris will be having freshman girls basketball tryouts Friday, June 19, from 4-6 p.m. and Saturday June 20 from 8-11 a.m. in the Downey High School Gym.

Please contact Coach Harris at nharris@dusd.net for more information.



The Dodgers won the West Downey Little League AAA-Minor A division championship, and qualified for the District 29 Tournament of Champions.

Back row, from left: Karla Gutierrez, John Crowe, Gil Sepulveda, Christopher Almaguer, Andrew Lopez, Jovany Cabrera, Johnrobert Preciado

Front row: Zahid Hernandez, Diego Marquez, DeAnthony Curtis and Jake Neville

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At the Vineyard Ballroom, Doubletree Hotel Los Angeles-Norwalk, 13111 Sycamore Drive, Norwalk, CA 90650 Amount of unpaid balance and other charges: \$426,287.98, estimated The undersigned Trustee disclaims any liability for any incorrectness of the street address or other common designation, if any, shown above. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call (800) 280-2832 or visit this Internet Web site www.auction.com, using the file number assigned to this case #4-2346-11. Information about postponements that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. Date: 5/21/2015 The Wolf Firm, A Law Corporation 2955 Main Street, 2nd Floor Irvine, California 92614 Foreclosure Department (949) 720-9200 Sale Information Only: (800) 280-2832 Auction.com File # 12717 MURC STREET, NORWALK, CA 90650 NOTICE TO POTENTIAL BIDDERS: 06/04/2015, 06/11/2015, 06/18/2015

**The Downey Patriot**  
6/4/15, 6/11/15, 6/18/15

TSG No.: 8473122 TS No.: CA1400261186 FHA/VA/FMI No.: APN: 8046-018-020 Property Address: 12717 MURC STREET NORWALK, CA 90650 NOTICE OF TRUSTEE'S SALE YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED 09/15/2005. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. On 07/01/2015 at 10:00 A.M., First American Title Insurance Company, as duly appointed Trustee under and pursuant to Deed of Trust recorded 09/22/2005, as Instrument No. 05 2287249, in book , of Official Records in the office of the County Recorder of LOS ANGELES County, State of California. Executed by: JORGE E ANCHEYTTA, A MARRIED MAN AS HIS SOLE AND SEPARATE PROPERTY, WILL SELL AT PUBLIC AUCTION TO HIGHEST BIDDER FOR CASH, CASHIER'S CHECK/CASH EQUIVALENT or other form of payment authorized by 2924h(b), (Payable at time of sale in lawful money of the United States) Behind the fountain located in Civic Center Plaza, 400 Civic Center Plaza, Pomona CA All right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County and State described as: AS MORE FULLY DESCRIBED IN THE ABOVE MENTIONED DEED OF TRUST APN# 8046-018-020 The street address and other common designation, if any, of the real property described above is purported to be: 12717 MURC STREET, NORWALK, CA 90650 The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if

any, shown herein. Said sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust, with interest thereon, as provided in said note(s), advances, under the terms of said Deed of Trust, fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust. The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is \$501,975.73. The beneficiary under said Deed of Trust has deposited all documents evidencing the obligations secured by the Deed of Trust and has declared all sums secured thereby immediately due and payable, and has caused a written Notice of Default and Election to Sell to be executed. The undersigned caused said Notice of Default and Election to Sell to be recorded in the County where the real property is located. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call (916)939-0772 or visit this Internet Web http://search.nationwideposting.com/propertySearchTerms.aspx, using the file number assigned to this case CA1400261186 Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. If the sale is set aside for any reason, the Purchaser at the sale shall be entitled only to a return of the deposit paid. The Purchaser shall have no further recourse against the Mortgagee, the Mortgagee or the Mortgagee's attorney. Date: First American Title Insurance Company 6 CAMPUS CIRCLE, 2ND FLOOR Westlake, TX 76262 First American Title Insurance Company MAY BE ACTING AS A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT. ANY INFORMATION OBTAINED MAY BE USED FOR THAT PURPOSE FOR TRUSTEE'S SALE INFORMATION PLEASE CALL 800-280-2832NPP0248547 To: THE DOWNEY PATRIOT 06/11/2015, 06/18/2015, 06/25/2015

**The Downey Patriot**  
6/11/15, 6/18/15, 6/25/15

TSG No.: 8524863 TS No.: CA1500266938 FHA/VA/FMI No.: APN: 8046-018-020 Property Address: 12738 HOBACK STREET NORWALK, CA 90650 NOTICE OF TRUSTEE'S SALE YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED 12/11/2009. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. On 07/09/2015 at 09:00 A.M., First American Title Insurance Company, as duly appointed Trustee under and pursuant to Deed of Trust recorded 12/22/2009, as Instrument No. 20091945320, in book , of Official Records in the office of the County Recorder of LOS ANGELES County, State of California. Executed by: VICENTE

A. CASTILLO, A MARRIED MAN AS HIS SOLE AND SEPARATE PROPERTY, WILL SELL AT PUBLIC AUCTION TO HIGHEST BIDDER FOR CASH, CASHIER'S CHECK/CASH EQUIVALENT or other form of payment authorized by 2924h(b), (Payable at time of sale in lawful money of the United States) VINEYARD BALLROOM, DOUBLETREE HOTEL LOS ANGELES-NORWALK, 13111 SYCAMORE DRIVE, NORWALK, CA 90650 All right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County and State described as: AS MORE FULLY DESCRIBED IN THE ABOVE MENTIONED DEED OF TRUST APN# 8046-018-020 The street address and other common designation, if any, of the real property described above is purported to be: 12738 HOBACK STREET, NORWALK, CA 90650 The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust, with interest thereon, as provided in said note(s), advances, under the terms of said Deed of Trust, fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust. The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is \$292,907.49. The beneficiary under said Deed of Trust has deposited all documents evidencing the obligations secured by the Deed of Trust and has declared all sums secured thereby immediately due and payable, and has caused a written Notice of Default and Election to Sell to be executed. The undersigned caused said Notice of Default and Election to Sell to be recorded in the County where the real property is located. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call 800-280-2832 or visit this Internet Web www.Auction.com, using the file number assigned to this case CA1500266938 Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. If the sale is set aside for any reason, the Purchaser at the sale shall be entitled only to a return of the deposit paid. The Purchaser shall have no further recourse against the Mortgagee, the Mortgagee or the Mortgagee's attorney. Date: First American Title Insurance Company 6 CAMPUS CIRCLE, 2ND FLOOR Westlake, TX 76262 First American Title Insurance Company MAY BE ACTING AS A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT. ANY INFORMATION OBTAINED MAY BE USED FOR THAT PURPOSE FOR TRUSTEE'S SALE INFORMATION PLEASE CALL 800-280-2832NPP0248547 To: THE DOWNEY PATRIOT 06/11/2015, 06/18/2015, 06/25/2015

**The Downey Patriot**  
6/11/15, 6/18/15, 6/25/15

T.S. No.: 9462-1561 TSG Order No.: 140143029-CA-MA A.P.N.: 8072-021-029 NOTICE OF TRUSTEE'S SALE YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 02/20/2007. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. NBS Default Services, LLC, as the duly appointed Trustee, under and pursuant to the power of sale contained in that certain Deed of Trust Recorded 02/27/2007 as Document No.: 20070419227, of Official Records in the office of the Recorder of Los Angeles County, California, executed by: LILLIE GIBSON, A SINGLE WOMAN, as Trustor, WILL SELL AT PUBLIC AUCTION TO THE HIGHEST BIDDER FOR CASH (payable in full at time of sale by cash, a cashier's check drawn by a state or national bank, a check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, savings association, or savings bank specified in section 5102 of the Financial Code and authorized to do business in this state). All right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County and state, and as more fully described in the above referenced Deed of Trust. Sale Date & Time: 06/25/2015 at 09:00 AM Sale Location: Doubletree Hotel Los Angeles-Norwalk, Vineyard Ballroom, 13111 Sycamore Drive, Norwalk, CA 90650 The street address and other common designation, if any, of the real property described above is purported to be: 12256 ABINGDON ST, NORWALK, CA 90650-6045 The undersigned Trustee disclaims any liability for any incorrectness of the street


address and other common designation, if any, shown herein. Said sale will be made in an "AS IS" condition, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust, with interest thereon, as provided in said note(s), advances, if any, under the terms of the Deed of Trust, estimated fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust, to-wit: \$400,643.04 (Estimated). Accrued interest and additional advances, if any, will increase this figure prior to sale. It is possible that at the time of sale the opening bid may be less than the total indebtedness due. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California

Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call, 1-800-280-2832 for information regarding the trustee's sale or visit this Internet Web site, www.auction.com, for information regarding the sale of this property, using the file number assigned to this case, T.S.# 9462-1561. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the internet Web site. The best way to verify postponement information is to attend the scheduled sale. If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee and the successful bidder shall have no further recourse. NBS Default Services, LLC 301 E. Ocean Blvd. Suite 1720 Long Beach, CA 90802 800-766-7751 For Trustee Sale Information Log On To: www.auction.com or Call: 1-800-280-2832. NBS Default Services, LLC, Vanessa Gomez, Foreclosure Associate This communication is an attempt to collect a debt and any information obtained will be used for that purpose. However, if you have received a discharge of the debt referenced herein in a bankruptcy proceeding, this is not an attempt to impose personal liability upon you for payment of that debt. In the event you have received a bankruptcy discharge, any action to enforce the debt will be taken against the property only. NPP0248586 To: THE DOWNEY PATRIOT 06/04/2015, 06/11/2015, 06/18/2015

**The Downey Patriot**  
6/4/15, 6/11/15, 6/18/15

## Need to run a Legal Notice?

The Downey Patriot is a newspaper of general circulation – and has been adjudicated in the County and the City. We can take any and all legal ads.



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# POETRY MATTERS

Black and White, 1943

tricycle beside the front porch,  
 May air filled with lilacs,  
 peonies in June,  
 rain barrel collects soft water for washing hair;  
 hide and seek behind the second-hand sofa;  
 black Singer sewing machine,  
 pink nighties,  
 doll clothes,  
 flowered curtains,  
 apple box dresser;  
 welded pipe swing set painted silver;  
 teeter-totter plank board over a sawhorse;  
 snowmen,  
 flyer sleds,  
 flooded backyard ice rink;  
 trash fire in an empty drum;  
 oatmeal sprinkled with brown sugar,  
 warm milk-toast for fever;  
 Eno's Fruit Salts on the radio,  
 "Keep happy with the Happy Gang,  
 Keep happy, start your day with a bang . . ."  
 Woodbury cold cream,  
 white tipped shaving brush;  
 crocuses and shooting stars,  
 meadowlarks and robins;  
 the rutted road to school,  
 "Run, Spot, run,"  
 purple hectograph,  
 blotters,  
 ink wells,  
 broken pen nibs;  
 the Saturday matinee,  
*Sheena, Queen of the Jungle*,  
 the *Pathé News* rooster  
 stretches and crows,  
 tanks roll across the screen,  
 followed by *Looney Tunes*.

By Patricia Scruggs

Poets like to write list poems. What makes them poetry is when one of the items selected jars all the rest into a new coherence. Scruggs will read this and others from her nostalgic new book, *Forget the Moon*, at Stay Gallery on June 18 at 7:30 p.m. The event is free and the public is invited. Poetry Matters is curated by Lorine Parks.

## SHARED STORIES: THE TIES THAT BIND

### My Amazing Sister

Along with her parents and seven siblings, Maria Zeeman spent three years of her childhood in a Japanese prisoner of war camp in Indonesia during World War II. Not only did her entire family survive, her younger sister Letty overcame the effects of polio contracted during that time. *Shared Stories* is a weekly column featuring articles from a writing class at the Norwalk Senior Center. Bonnie Mansell is the instructor for this free class offered through the Cerritos College Adult Education Program. Curated by Carol Kearns

By Maria Zeeman

I recently went to visit my sisters, Letty and Nel, in the Netherlands. My youngest sister Trixi, who lives in Montreal, also came with me. I have a sister, Clara, who lives in Vancouver, and my oldest sister, Frances, lives in Toronto. At the ripe old age of 94 she is unable to travel.

It took me 10 hours without stops to land at the Schiphol Airport in Amsterdam. It wasn't an easy flight, but I forgot all about my discomfort as soon as I saw Letty. She has always been an inspiration to me. She is only two years younger than I am, so I always felt close to her.

My family is Dutch, and we lived in Indonesia before World

War II because my father was a ship's captain. My parents had eight children. During World War II, when we were all put in a Japanese concentration camp, Letty had polio. During our three years in the camp, there wasn't anything we could do for it. She was only seven years old when we were freed, and not long after that she got a special shoe with a brace.

Her disability was more noticeable with the brace. She didn't only walk with a limp, but also with a loud clunking sound as her clunky shoe hit the ground with every step. Children teased her often, and she could only play sports or games with other kids if we (her siblings) played with her.

My sister Letty had a hard time, but one day she got sick of it and threw the shoe and brace into the ocean! She refused to ever wear another one again, no matter what my parents did. Her leg was much

thinner and 1 1/2" shorter than the other one. She always walked on her tippy toes with that foot. She was quite determined to overcome her disability.

Every single day, Letty did many strenuous exercises that she found while investigating her illness in library books. The opinion of her doctors was that she would end up in a wheelchair. They said that there was nothing they could do to make her better. That leg was always going to be much weaker than the other.

My father wanted Letty to work in an office, but that's not what she wanted. She wanted to be a nurse, helping people. The nursing school in Amsterdam didn't want to take her because of her disability, so she went to the other end of the country and applied again, faking her disability. It worked.

She did her training and did it

well. Everyday she continued her exercises on her leg. She began to play tennis and became really good at it. She skied and participated in all of the sports events that she could.

My amazing sister Letty became a better swimmer, bicycle rider, tennis player, and walker than me. The only thing I could beat her in was table tennis or badmitten. She never let polio get the best of her. Letty was very focused and determined and overcame many hurdles.

Letty married and raised three children. She has seven grandchildren, and today Letty can still stand on her head and do the splits like a woman much younger. She's quite an inspiration and I'm so proud of her. I was happy to spend time with her and the others in the Netherlands.

## 16 TIPS TO KEEP YOUR FAMILY SAFE THIS SUMMER



Summer is the time for fun outside with family and friends. However, it's also when many accidents occur around the home. Keep your family, friends and neighbors safe with these tips.

### Around the pool

Swimming pools and spas may be fun to play and lounge in; however, children and pets can get hurt in and around them. Follow these safety tips to ensure everyone's safety around the pool\*

- Never leave children unattended.
- Keep children away from pool drains, pipes and openings.
- Make sure everyone knows how to swim
- Learn CPR and first aid-they can save lives.
- Don't swim if the pool has flat, broken or missing drain covers. Drains can suction hair and body parts, causing serious injury to children and adults.
- Install a fence at least four tall around the perimeter of the pool.
- Make sure pool and spa covers work.
- Use self-closing and self-latching gates.

### Around the home and yard

Enjoy your time around your home and yard this summer and make sure it's free of hazards with these tips

- Supervise children whenever they're outside, and keep them inside when you're mowing or trimming.
- Always grill in an open, well-ventilated area, and keep children and pets at least three feet away from the grill.
- Put away hoses when not in use to prevent falls.
- Remove dead trees before they become hazard.
- Keep paint, fertilizers and hazardous chemicals out of reach of children and animals.
- Put away lawn and garden tools and machinery when you're finished with them.
- Maintain lawn mowers, trimmers and other equipment, and use them as instructed to prevent injuries.
- Put ladders and other home maintenance items away when not in use.

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### FEATURED PROPERTY

**Northeast Downey!**  
 This is a regular sale with detached guest/bonus room. The home comes with a large master bedroom and an open, renovated kitchen with granite countertops. This property is a must see. Call Today For Info!!!

### TOP PRODUCERS

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**Downey Orange Estates!**  
 Beautiful Orange estates home! This home features 6 spacious bedrooms and 4 bathrooms with over 3,000 sq ft of living space. It's over sized master suite is on the upper level with a huge walk in closet and en suite bath. Call Today For Info!!!

**Turnkey!!!**  
 Remodeled home! Newer paint, floors, appliances & cabinets. This is move-in condition. The original square footage was 1295 but seller added additional. A side lot being added to this property. Fireplace in living room & RV Parking. Call Today For Info!!!

**North Downey!!!**  
 Beautiful N. Downey home. Excellent neighborhood. Porcelain in floors throughout kitchen living, family and dining room. Spacious custom made with granite counter top. Fire place in family room and living room. Tile roof, front and back garden fountain, fruit trees.

**Downey Masterpiece!!!**  
 This one of a kind custom home is over 6000 sq. ft. of living space. This property sits on a large lot over 14,000 sq.ft. an attached 3 car garage and plenty of room for additional parking. This home is comprised of 6 spacious bedroom, including one master suite (over 1,200 sq. ft.) Call Today For Info!!!

**IN ESCROW**

**Downey Dream!!!**  
 Prime area of Downey. Located in a cul-de-sac, excellent neighborhood close to schools and Los Amigos golf course. This property is in immaculate condition and offers step down living room with fire place. Call Today For Info!!!

**Downey Classic!**  
 Tastefully upgraded Downey home. Immaculate with open floor plan. Perfect for entertaining indoors or out with outdoor living patio long gated driveway with carport. Bonus room, formal dining room. Call Today For Info!!!

**Northwest Downey!**  
 Quiet North Downey. This home is an entertainer's delight. Beautiful open floor plan. Gorgeous big pool. Long gated driveway. Immaculate...a Must See! Call Today For Info!!!

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kitchen with many upgrades, extra  
large master bedroom.  
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**MODERN LIVING**  
3 BD including upstairs master suite, 3 BA,  
3,081 sq. ft. living space, spacious, open  
floorplan, remodeled kitchen, living room &  
den both w/fireplaces & formal dining room.  
**List Price \$749,000**

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