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Friday, June 11, 2010

Vol. 9 No. 8

8301 E. Florence Ave., Suite 100, Downey, CA 90240

## Lara, Miller win Assembly primaries

■ Ricardo Lara and Gladys Miller will run for Assembly seat in November.

BY CHRISTIAN BROWN,  
STAFF WRITER

**DOWNEY** – After a contentious primary campaign in the 50th Assembly District, democratic legislative aide Ricardo Lara and republican Gladys Miller came out victorious, attaining double digit leads over their respective opponents.



Gladys Miller

Despite low voter turnout, Lara, who serves as communications director for Los Angeles Assemblyman Kevin De León, received 43.6 percent of the vote, nearly 13 points ahead of South Gate City Clerk Carmen Avalos who received 30.6 percent of the vote.



Ricardo Lara

Though endorsed by Hector De La Torre, who currently serves as assemblyman in the 50th District, Downey Mayor Pro Tem Luis Marquez was unable to capture the coveted seat, earning just 14.5 percent of the vote. Former Bellflower councilman Art Olivier received 11.3 percent of the vote.

As the top fundraiser, Lara outspent his opponents, raising more

than \$400,000 during the campaign. However, Lara also raised much controversy after being accused of straddling communities to run for the empty seat.

The 35-year-old Bell Gardens resident was also sued in March over his ballot designation, which described him as a “consumer affairs commissioner.” Lara later changed the designation to read “communications director.”

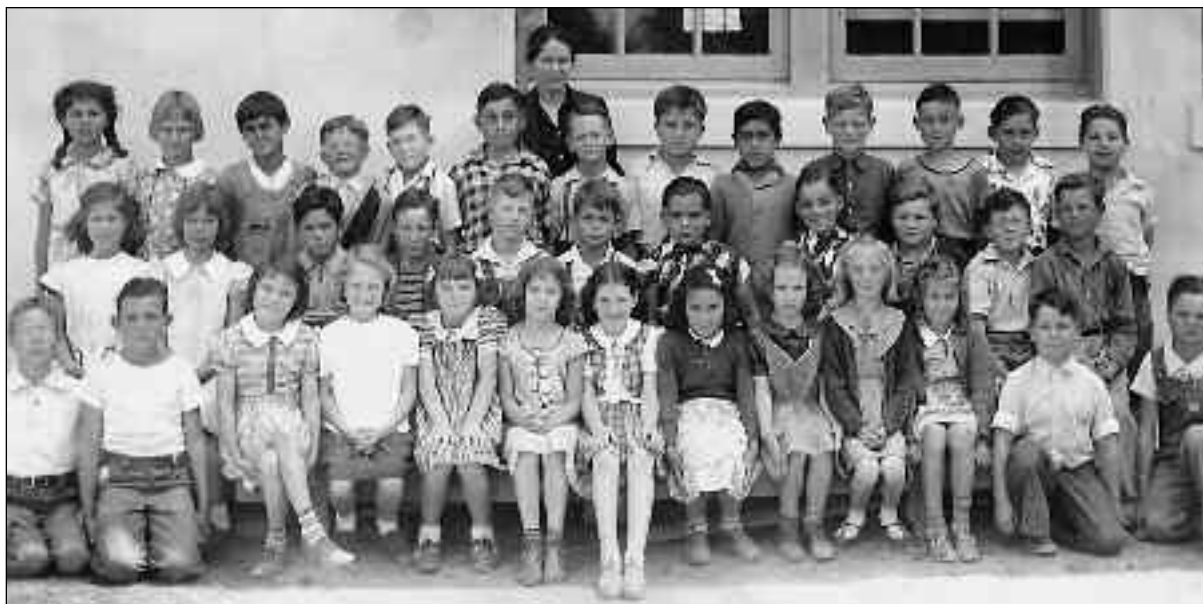
If elected, Lara will become the first openly gay assembly member from the district, which includes the communities of Bell, South Gate, Bell Gardens, Commerce, Cudahy, Bellflower, Lynwood, Florence Graham, Walnut Park and a portion of Downey.

In the republican primary, returning candidate Gladys Miller easily defeated PJ Mellana of Bellflower who received 38.6 percent of the vote. Miller, a resident of South Gate, earned 61.4 percent of the vote.

“Now I can move forward and get out in the community with my message,” said Miller, 61, following her victory. “The issues we are facing are not partisan issues, they affect everyone. By myself, I can’t do anything, but with the support of the people – a lot can be done.”

In November, Lara and Miller will face off for the assembly seat, which will soon be vacated by Assemblyman De La Torre.

Interestingly enough, De La Torre lost his campaign to become the democratic nominee for Insurance Commissioner to Sacramento Assemblyman Dave Jones who received nearly twice the amount of votes.



An Alameda Elementary School class is shown in this 1920s photo. Miss Ethel Donaldson, top center, was the teacher.

## Looking back on... Alameda Elementary School

BY CHRISTIAN BROWN,  
STAFF WRITER

**DOWNEY** – Before Downey was established as a city, several thriving communities were already established and growing in Los Nietos Valley.

Founded in 1868 by Methodist settlers, College Settlement, located on the corner of Paramount Boulevard and Alameda Street, was one of those communities, known throughout the region for its excellence in education.

As opposed to the Gallatin Settlement in the north, College Settlement developed around the first Protestant college in Los Angeles County, Los Nietos Collegiate Institute. Though the college provided education for all ages, John Ardis, an eager settler and Methodist minister, felt that the settlement could use a newer, separate grammar school for the community’s growing population of children.

Using his own funds, Rev. Ardis purchased a plot of land on Paramount Boulevard and built a small schoolhouse that would eventually become what is known today as Alameda Elementary School.

In the late 1860s, early settlers in Los Nietos Valley were concerned about the education of their children who were being raised in new communities that did not have formal schools. In order to ensure quality education, community leaders formed the Silver School District, which included the vast area between the Rio Hondo and Rio San Gabriel rivers.

However, the large district proved unmanageable overtime as the population steadily increased. In 1869, the Alameda District was formed by petition and carved out of the original Silver School District. While the new school district assembled, Ardis’ Alameda schoolhouse began to grow.

In 1871, Ardis, who came to California in a covered wagon, built a larger one-room schoolhouse on Lover’s Lane, which is now Imperial Highway, almost directly south of the school’s present site on Alameda Street. It was called the Sandridge School and was built in California box style with long boards placed vertically for walls.

During this time, Ardis hired a Miss Russell of Los Angeles to teach at the school. Russell was



The 1928 Alameda graduating class.



A side view of Alameda Elementary.

followed by the Rev. Samuel Adams who had only taught a year before a violent Santa Ana wind knocked the schoolhouse down.

The destruction called for a new school to be built. Looking for a better location, Ardis moved the school from Imperial Highway to Alameda Street. Working with the Alameda School District, new land was acquired for the school in December 1877 and by 1880, a sturdier structure was erected where the present Alameda School stands today.

After the first two months of its operation, school administrators paid a total expense of \$166.73. In an annual report, one Alameda School principal wrote that, “the falling off of attendance in the last two months was caused by the hay harvest as the irrepressible boy is an indispensable auxiliary in hay-time.”

By 1887, the building was overflowing with students from the area and administrators began adding more rooms to the school. In 1901, a modernized three-room

school was built, but burned down years later in a fire. Finally, in 1922, a \$25,000 brick building was constructed that would become the facade of Alameda for decades.

In 1923, Elbert Warren Ward became the principal at Alameda School and would leave a lasting legacy at the school and the district. During his tenure, Ward provided sound leadership and vision for the growing school district.

These skills were tested after the devastating Long Beach earthquake of 1933, which debilitated several schools in the region, including Alameda and Gallatin.

In the months following the quake, Principal Ward had to use an old-fashioned hand-bell to call the students to class at nine o’clock and again at one.

Miss Ethel Donaldson, a teacher at Alameda for many decades, remembered the aftermath of the quake.

“Many school buildings were

See ALAMEDA, page 2

## Car dealership comes with \$1M price tag

BY ERIC PIERCE,  
CITY EDITOR

**DOWNEY** – Calling it an opportunity to create new jobs and a solid source of sales tax revenue, the Downey City Council on Tuesday unanimously agreed to contribute \$1 million in redevelopment funds to help bring a new Chrysler/Jeep dealership to Downey.

Paul Antepara, owner of Champion Dodge at 9655 Firestone Blvd., wants to merge his existing dealership with a Chrysler/Jeep dealership. Chrysler, however, is asking for \$2.9 million in working capital.

Antepara said he has \$1.9 million but asked the city to contribute the remaining \$1 million.

Brian Saeki, director of community development for Downey, said in a staff report that “an investment by [Downey] is warranted in order to increase the employment and tax revenue base within the city.”

The City Council agreed to pay a \$500,000 lump sum payment, with the remaining \$500,000 paid out over a 10-year period.

The city’s initial \$500,000 payment will be paid with unencumbered redevelopment funds. The additional \$500,000 will be paid by sales tax revenue generated by the dealership.

Per terms of the deal, Antepara is required to create and keep 12 full-time jobs, and sales tax received by the city must be equal to or greater than \$275,000 on an annualized basis throughout the 10 years.

If the conditions are met, Downey would ultimately receive a minimum \$2.75 million in sales tax revenue over the 10-year period.

Should the Chrysler/Jeep dealership generate a minimum of \$350,000 in yearly sales, any additional sales tax would be shared by Downey and the dealership.

The amount of sales tax shared between Downey and the Chrysler/Jeep dealership is based on a sliding scale. In years one and two, the sales tax would be evenly split. By year six, Downey would receive 90 percent of sales tax revenue and the dealership 10 percent.

If terms of the deal are not met, Saeki said the city “may draw upon a personal guarantee secured by Mr. Antepara which would allow [Downey] to recoup its investment.”

Councilman David Gafin questioned if the existing Champion Dodge property had the capacity to house an additional dealership. Speaking at Tuesday’s meeting, Antepara said his dealership has a current inventory of 250 cars, and he anticipates an additional 60 new vehicles with the Chrysler/Jeep dealership.

Councilman Mario Guerra said car dealerships are a city’s “bread and butter” and “a lot of cities are looking for exactly these things.”

## Downey Daily Photos



**When the Trumpet Sounds:** This is one of a collection of musical “busts” on display in front of a house in Downey.

The Downey Patriot will periodically feature photos and commentary from photographers Pam Lane, Joan Anderson and Allison Mansell, creators of DowneyDailyPhotos.com.

## In comments, council praises Relay for Life

■ Council members give updates, directives.

BY ERIC PIERCE, CITY EDITOR

**DOWNEY** – Council members were vocal at Tuesday's City Council meeting in their praise of last weekend's Relay for Life, a fundraiser for the American Cancer Society held at Downey Adult School.

Councilman Roger Brossmer thanked volunteers who made the event possible, along with donations worth several hundred dollars from the police and fire departments.

In other updates, Brossmer said he attended the first Veterans Memorial committee meeting and he was "looking to get that off the ground." He said he also attended a PTA scholarship breakfast with Mayor Anne Bayer, reviewed traffic calming procedures for his district, and reminded residents about a community picnic at Treasure Island Park on June 19.

In her comments, Bayer said she hoped people voted and promoted a few upcoming events, including a smart gardening workshop on June 12, a Keep Downey Beautiful committee meeting June 14 and a tire recycling event at Santa Fe High School in Santa Fe Springs on June 19.

Councilman David Gafin promoted a budget meeting that took

place Wednesday, a City Affairs meeting featuring Police Chief Rick Esteves which took place yesterday at the Downey Chamber of Commerce, an awards ceremony for beautifully-landscaped homes and businesses which also took place yesterday, and the installation of Mike Murray as president of the Downey Chamber of Commerce, which will happen June 18.

Gafin also thanked the city for erecting wrought iron around the city's veterans memorial to discourage vandalism by skateboarders, and asked for increased patrols on illegal street vendors.

Councilman Mario Guerra thanked Brossmer, LeeAnn Sears and Susan Domen for their work on the Relay for Life. He also attended Warren High School's graduation ceremonies for its AVID program and said "I congratulate our youth for working very hard."

Guerra informed residents of an impending visit by a Chinese delegates on June 15, a Keep Downey Beautiful clean-up event June 19 behind Beach's Market, and an upcoming municipal water board meeting where Guerra will speak about Downey's Green Task Force.

Guerra also promoted a recently-written book by polio survivor Richard Daggett, now available on Amazon.com.

Mayor Pro Tem Luis Marquez, who was defeated Tuesday in his bid for state Assembly, was absent.

## City hopes speed bumps will work

■ If successful at Discovery Sports Complex, speed bumps will be installed in city-owned parking lots.

BY ERIC PIERCE, CITY EDITOR

**DOWNEY** – Cars that speed through the Discovery Sports Complex parking lot will soon have to slow down or risk potential damage to their vehicle.

The city will install asphalt speed bumps designed to slow vehicles to the posted speed limit of 15 MPH. The new speed bumps received the blessing of the City Council on Tuesday.

The council rejected a similar proposal in May because those speed bumps were more than 12 feet long and vehicles could still drive over them at speeds up to 30 MPH.

The new speed bumps are three feet long and are modeled from similar traffic-calming devices at the University of San Francisco and in a city of Ontario sports park.

The speed bumps will be supplemented by high-visibility pavement markings and signage to warn motorists of their presence, said Brian Ragland, director of public works for Downey.

After a 6-12 month trial run, the speed bumps will be used as a standard throughout the city.

Fire Chief Jeff Turner also said local ambulance companies were sent letters directing them not to use the park's driveway as a shortcut to the new Kaiser Permanente hospital.

In other action, the City Council on Tuesday:

- Accepted a \$100,000 donation from both local Kiwanis clubs in support of the Columbia Memorial Space Center;

- Recognized winners of Rep. Lucille Roybal-Allard's 34th Congressional District Student Art Competition;

- Recognized city employee Juddy Cenicerros for receiving the Centurion Achievement for Excellence in Community Policing Award from the Peace Officers



City employee Juddy Cenicerros, center, is pictured with Police Chief Rick Esteves and Mayor Anne Bayer after receiving an award from the Peace Officers Association of Los Angeles County.

Association of Los Angeles County. Cenicerros is coordinator of Downey's 62 neighborhood watch groups;

- After a public hearing, adopted the Lighting and Landscaping Assessment District 121 for fiscal

year 2010-11;

- Directed the city clerk to conduct the biennial review of the city's current conflict of interest

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## Alameda: Merged with DUSD in 1956.

Continued from page 1

declared unsafe, including Alameda School in Downey. Tents were the solution then, as now," Donaldson said. "It was a cold, rainy year, and the tents were neither well heated nor lighted...children sitting near the heater roasted; away from it, they froze."

According to Donaldson, a relay solved the problem.

"One-third of the class near the heater, another third, then the last third," she said. "By that time the first group needed re-warming. A bit complicated, but nobody got

pneumonia."

After more than 15 years at Alameda Elementary, Ward went on to become the superintendent of the Alameda School District, ultimately retiring in 1955. But of all the elementary districts, Alameda grew to become the largest.

The Alameda District oversaw the construction of the Ed Lewis School in 1950, the E.W. Ward School in honor of Ward in 1952, the C.C. Carpenter School also in 1952, Imperial School in 1954, the Lynn Pace School in 1955 and

Gauldin School in 1956.

In 1956, the elementary school districts merged with the Downey Union High School District, which had begun establishing several junior high schools in the city, to create the Downey Unified School District today.

Currently, Alameda Elementary School, which was remodeled several years ago, has an enrollment of nearly 630 students. This year, in fact, Alameda Elementary School, along with Price Elementary, Unsworth Elementary and Ward

Elementary, was named a California Distinguished School by the California Department of Education.

Moreover, Alameda has the privilege of being among an elite class of local organizations and institutions that predate the establishment of Downey. Founded in the late 1860's, Alameda School demonstrates how one man's vision can see past the present and affect generations of children yet to come.

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Board Certified Cardiologist

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Lakewood Conference Center  
Rooms A, B, and C

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Discover how developing a healthy lifestyle can potentially save your life.

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## OASIS class is cancelled

**DOWNEY** – Downey Adult School's OASIS program will have its final meeting Monday and the public, regardless of age, is welcome to attend "and say good-bye."

Program director Harriett Paine, 89, has also announced her retirement.

For several years OASIS has served as a gathering spot for the city's elderly population. Guest speakers and entertainers are invited every Monday, and visitors pay a nominal fee for a dinner.

Monday's final meeting begins at 2 p.m.

## Resident riding for homeless

**DOWNEY** – Downey resident Tyler Patterson will bike down the Pacific Coast from Seattle to Los Angeles to raise money and awareness for homelessness on the West Coast.

Patterson and two friends started a non-profit organization in 2007 called PoverTees, which provides food, clothing, blankets and more to the homeless in downtown Los Angeles.

Patterson is seeking sponsors as he prepares for his trek.

In addition to monetary donations, he is also accepting home-cooked meals and places to sleep along the way.

For more information, or to help, contact him at (562) 477-3580 or tyjpatrick@yahoo.com.

## Bake sale for cancer research

**DOWNEY** – A bake sale to benefit Cookies for Kids' Cancer, a cancer research organization, will be held July 9 at the Florentine Apartments, located at 9070 Florence Ave.

The bake sale is from 6-8 p.m. and funds from the sale will support pediatric research.

## Murray taking reins as president

**DOWNEY** – Mike Murray will be sworn in as president of the Downey Chamber of Commerce at an installation luncheon June 18 at the Rio Hondo Event Center.

The chamber will also recognize outgoing president Robert Zavala.

The ceremony begins at noon. Cost is \$35; Hawaiian dress is encouraged.

For reservations, call the chamber at (562) 923-2191.

## Students set to graduate

**DOWNEY** – Most students from the Downey Unified School District will receive their diplomas at commencement ceremonies next week.

Downey High School's graduation is Thursday, 7 p.m., at the campus's Allen Layne Stadium.

Warren High's graduation is also Thursday, 7 p.m., at Justice Stadium.

Students from Columbus High School will receive their diplomas on Wednesday at 6:30 p.m. in a ceremony in the school quad.

Downey Adult School graduates will receive diplomas on July 29 at 6 p.m. The ceremony will take place in the Harriett Paine Event Center.

## Senior Follies show June 25-27

**DOWNEY** – The seventh annual Downey Senior Follies show will be presented June 25-27 at the Barbara J. Riley Community and Senior Center.

Twenty-six performers will entertain the crowd with dancing, singing and comedy.

Performances will be given June 25 at 6 p.m., and June 26-27 at 3 p.m. Tickets are \$6 and are now on sale.



Josh McDowell

## Christian author to speak

**DOWNEY** – Josh McDowell, author of more than 120 books including "More than a Carpenter," will be at First Baptist Church of Downey this Sunday.

McDowell will give two lectures, the first at 8 a.m. and another at 11 a.m.

The event is free and open to the public.

McDowell has been writing books since 1960. "More than a Carpenter" is available in 85 languages and more than 15 million copies are in print.

First Baptist Church of Downey is at 8348 E. 3rd St.

## Summer camps for kids

**DOWNEY** – The city of Downey Community Services Department is offering all-day summer camps this year, available in different themes and age groups.

Among the camps available are Sports Camp (ages 8-13), Skate Camp (8-12), Adventure Camp (6th-8th graders), Camp Hollywood (8-13) and Wilderness Camp (6-10).

Each camp is \$120 per week per child and includes care from 7 a.m. to 6 p.m., mid-week excursion and a daily snack.

Partial day camps are offered for children ages 7-12. These camps include Top Chef, CSI and Mythbusters camps. Cost is \$115 per week with care from 9 a.m. to 2 p.m.

Tennis camp for children ages 6-17 is \$150 per week and is offered from 9 a.m. to noon.

For more information, call (562) 904-7223 or visit [www.downeyca.org](http://www.downeyca.org).

# Reading toddler is a winner

■ Jackie Slobe wins first place prize of \$100 in Downey library contest.

BY HENRY VENERACION, STAFF WRITER

**DOWNEY** – Jackie Slobe, a 1995 USC graduate who forsook an entrepreneurial career to be a full-time mother to her two-year old son, Brandon, has won first prize at the recently concluded Friends of the Downey City Library amateur photography contest.

Part of the library's celebration of National Library Week, the inaugural contest which started last April 14 and which was open to adults ages 18-plus had for its theme, "Picture This! Downey Reads!"

Second prize went to Jennifer Kheang, a Downey High School senior who plans to pursue either business or accounting at Cal State Long Beach in the fall.

Third prize was won by CSU-Long Beach grad Bill Rademaker who has a BFA degree in illustration and is currently outside field warehouse manager for Werner Ladder Company where he has worked since 1985.

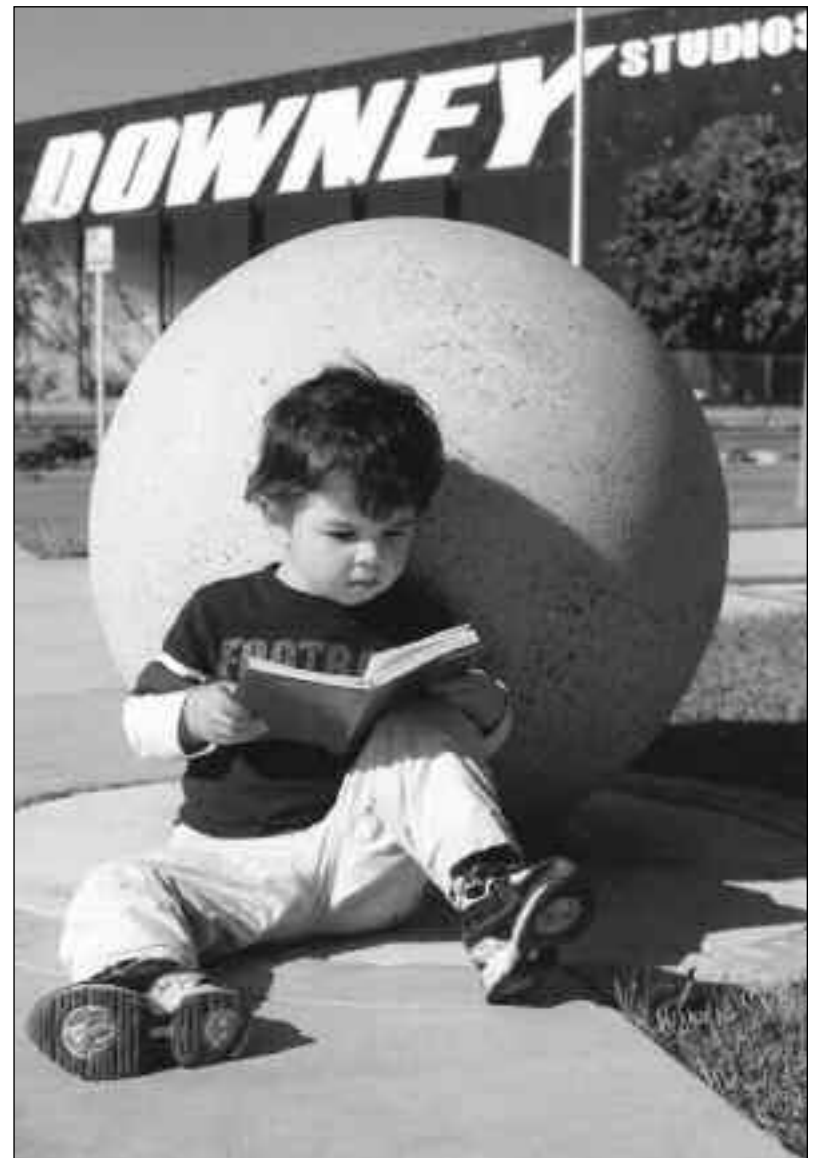
Cash prizes of \$100, \$75 and \$50 were awarded the winners who, by an odd coincidence, submitted similar photos of kids seen in the act of reading.

Slobe identified the boy in her winning photo, "Soaring beyond the Stars," as Brandon. Brandon was present Wednesday at the brief award ceremonies in the library's Cormack Room, along with his dad, Roger, who works for NBC Universal.

A resident of Downey for 25 years, Slobe says she finds communicating through photography of great interest, and enjoys taking pictures of nature and her two-year old.

Having been bitten by the photography bug in just a little over a year, Kheang is a 3-year member of the school tennis team as well as the Key Club which she serves as president this year. She is also a member of the school's student council.

A 33-year resident of Downey,



"Soaring Beyond the Stars," a photograph by Jackie Slobe, won first place in the Downey City Library's amateur photography contest. The boy pictured was identified as Brandon.

Rademaker says he has always enjoyed taking photos with a 35mm camera, and other hobbies include painting and drawing. He plays the piano as well. Wife Angie retired as office manager at Griffiths Middle School a while back. Their two adult sons, Brett and Aaron, are both graduates of Warren High.

Rademaker says he started using a digital camera three years ago and, after taking a class at Cerritos College, learned Adobe PhotoShop techniques, enhancing his enjoyment of camera work through more control over his presentation of images.

Contest judges, according to 2009-10 Friends first vice president/program chair and contest coordinator Nora Szechy, were

Warren High's George Redfox and Downey Aerospace Legacy's Larry Latimer.

Meanwhile, city librarian Nancy Messineo installed the Friends board for 2010-11, with only Szechy the only non-returnee as she focuses on writing volume two of her (long-awaited) memoirs. The board's composition: Cleo Latimer, president; Marilyn Van Dyke, first vice president/programs; Sharon Macias, second vice president/ membership; Lee Cole, secretary; Eunice Hammond, treasurer; Lucy Agüero, director of fundraising; Collette Stallcup, director of bookstore; Kathy Callahan, director of publicity; and Carol Woods, newsletter editor.

# Congratulations, Graduates Class of 2010



**Cindy Sandoval**

Downey High School  
We are very proud of you  
mama, keep up the good  
work and you'll do great.  
Love your family.



**Haley N. Courtney**

Downey High School  
We are so proud of you!  
God bless you!  
Lum, Daddy, Momma  
& Drew



**Ian W. Adams**

Downey High School  
You are amazing! I am  
proud of you. May your  
dreams come true.  
Love Mom



**Jacob Aaron Michael**

Downey High School  
YOU MADE IT!!  
Best of luck at BYU!  
We all love you!!!



**Nicholas R. Gallo**

Downey High School  
Congrats Nick!  
Follow your dreams  
Love, Proud Auntie Jo



**Michael Sourial**

Sussman Middle School  
Gongrats Michael.  
We are really proud of you!  
Love, Mom, Marina & Mark



**Shannon Buss**

Downey High School  
We are so proud of you!  
We love you,  
Your Family.



**Jessica C. Estrella**

Santa Fe High School  
Our sweet little girl, you  
have made us proud of  
your accomplishments.  
Love always Mom & Dad



**Kevin Garcia**

Warren High School  
Congratulations!!!  
We are very proud of you!  
Harvard class of 2014



**Nachele Sodevani**

Earl Warren High School  
To our little Nishi - Sweet-  
heart, we love you with all  
our hearts and are proud  
of you. Love, "The Fam"



**Tina Makary**

Warren High School  
Congrats to our honor  
student, Love Isis, Edwin,  
Krystal, Elvon, Miriam,  
John, Attif & Mark



**Tabitha Colacion**

Warren High School  
Tabi, we are so very  
proud of you and all  
you've done. You've  
grown to be a beautiful  
young lady inside and  
out. May God bless you  
always. Love Mom, Dad  
& Christina

## AIDS on the rise in L.A. County

■ New report shows more people are living with HIV or AIDS, although an infection is no longer an automatic death sentence.

**LOS ANGELES** — A new report from the Los Angeles County Department of Public Health finds that no infants were diagnosed with HIV in 2009 and that adults with confirmed HIV are living longer before developing AIDS.

The report, titled "The 2009 Epidemiologic Profile of HIV and AIDS in Los Angeles County," tracks the risk factors behind the spread of HIV/AIDS and any changes in those infected with HIV/AIDS in order to help guide efforts of treatment and prevention.

"While it is heartening to see that treatment has allowed those with HIV to live longer, healthier lives, and education and drug therapy has helped prevent the spread of HIV from infected mothers to their babies, much more work needs to be done," said Jonathan E. Fielding, MD, MPH, director of public health and health officer for Los Angeles County. "It is important that we continue educating people that HIV is a preventable disease, and that access to free HIV testing, treatment, medication and care is available. One new case of HIV is one too many for Los Angeles County."

Human Immunodeficiency Virus (HIV) is a virus that weakens the body's immune system and ultimately causes this system to fail. Acquired Immune Deficiency Syndrome (AIDS) is the life-threatening stage of HIV disease and is the medical diagnosis for someone whose immune system is so damaged that certain diseases, such as pneumonia or tuberculosis, or cancers can develop and become fatal.

The good news from the report:

- 2009 became the first year LA County could report a zero transmissions of HIV from infected mothers to their babies, since the implementation of pediatric HIV surveillance reporting in 1999.

- Of the 79 HIV-infected pregnant women delivering in 2009 and identified by the department's surveillance project, 98% had received critical drug therapy during pregnancy and/or during labor and delivery, leading to this success.

- The number of AIDS cases diagnosed each year continues to drop, from nearly 2,800 in 1996 to fewer than 1,400 in 2006. Similarly, the number of deaths from AIDS has dropped from 1,800 in 1996 to approximately 540 in 2006. This is largely due to highly active antiretroviral therapy (HAART), a combination of drugs that either attack parts of HIV or stop the virus from entering blood cells and advancing.

- A study titled Young Men Taking Charge found that many Latino and African American young men are more likely to continue successful HIV care when counseled by a culturally sensitive case manager.

The bad news from the report:

- The number of residents in LA County living with HIV/AIDS continues to increase. It is now estimated that more than 62,000 people are infected with HIV and AIDS, and over one in five of that number is not aware they are infected (according to the Centers for Disease Control and Prevention).

- Though African Americans make up only nine percent of the county's population, they account for 22% of those living with HIV/AIDS.

- While people are living longer with HIV before developing AIDS, these individuals need to balance HAART drug side effects on their kidneys, liver and other organs, and

HAART drug interactions with other health conditions, such as heart disease.

- Of study participants diagnosed with AIDS, nearly three out of four Latinos said they did not know they were infected until very late in the course of the disease (within 12 months of their AIDS diagnosis), often getting tested only after they were already ill or hospitalized.

"Studies have shown that individuals who are unaware they are infected with HIV account for the majority of new HIV infections each year," said Fielding. "It is critical that everyone in LA County know their HIV status, even if they do not think they are at risk."

"Getting tested for HIV does not automatically mean you are promiscuous or a drug user. It means that you are in control of your health and are taking steps to protect the health of others."

What is Public Health doing to combat HIV/AIDS?

- Providing free, rapid HIV

testing through the department's Office of AIDS Programs and Policy (OAPP).

- Providing free treatment and care for individuals living with HIV/AIDS, even if they cannot afford it.

- Providing health education and risk reduction counseling to those at risk for HIV-infection or those living with HIV/AIDS.

- Normalizing HIV testing through public awareness campaigns and community events such as health fairs. There are also efforts underway to make HIV testing a routine part of an individual's medical checkup in health clinics and doctor's offices.

For information on accessing free HIV testing, care and treatment, visit [www.erasedoubt.org](http://www.erasedoubt.org) or call (800) 367-AIDS (2437). For a full copy of the 2009 Epidemiologic Profile of HIV and AIDS in Los Angeles County, visit <http://publichealth.lacounty.gov/hiv/index.htm>.

## Warren top fundraising school in the nation

**DOWNEY**— Warren High School was named the top fundraising school in the nation after collecting \$37,575 for the Leukemia & Lymphoma Society.

Runner-ups were Oak Point Intermediate in Ed Prairie, Minn., (\$36,053); Princeton High School in Cincinnati (\$30,560); Mt. Pisgah Christian School in Georgia (\$29,568); and Walter Johnson High School in Maryland (\$29,497).

Approximately 980 schools in the Greater Los Angeles area participated in the Pennies for Patients fundraiser, in which students collect spare change to help fund

research seeking cures for all blood cancers, including leukemia.

Warren High used creative techniques to beat out 25,000 schools that participated in the fundraiser nationally. In March, Warren organized a NCAA basketball tournament bracket, only the contest was based on how much funds their "team" raised.

The contest garnered \$16,000 for the campaign.

In another contest, the student couple who raised the most money won two prom tickets.

Teachers and staff also became involved in the fundraiser.

"After brainstorming the best way to achieve their goals the students realized that the teachers had to get involved if the students were going to be on board," said Cari White, activities director at Warren. "In addition, we knew we had to come up with good incentives and make it competitive. This was truly a school-wide effort."

For its efforts, Warren High School students can choose to receive a free pizza party or lunch from Olive Garden.

## Crime Report

### Friday, June 4

At 6 p.m., a male walking to his car in the 12000 block of Lakewood Blvd. was approached by a suspect holding a knife, demanding money and a ride. The suspect forced the victim to drive to Pico Rivera. The suspect took the victim's cellular phone and fled on foot. The victim was not injured.

At 11 p.m., witnesses observed a dark colored vehicle driving in the 7500 block of 4th Place. Witnesses heard the sound of glass breaking and saw flames erupt in the street. The suspect vehicle was stopped in the area of Slauson and the 605 Freeway. Officers found a container of gasoline in the trunk. Three suspects were arrested for arson.

### Saturday, June 5

At 6:20 a.m., four suspects, armed with a handgun, entered a business (music recording studio) located in the 11500 block of Downey Avenue and took jewelry and other items from the victims. Also taken were various pieces of recording equipment. No one was injured. Detectives are investigating.

At 7:45 p.m., Downey Gang Detectives stopped a car at Paramount and Alameda that was wanted out of Pico Rivera for felony evading. The two occupants were detained and released to the Sheriff's Department for investigation.

### Sunday, June 6

At 10 p.m., a male victim was walking in the 8700 block of Rosecrans when he was stabbed in the neck by an unknown suspect. The Downey Fire Department transported the victim to a local hospital where he was treated and released.

At 10:20 p.m., a 17-year-old Downey resident was walking southbound on Rives toward Phlox when he was confronted by a suspect who pointed a handgun at him and demanded the victim's valuables. The victim complied and the suspect drove away.

At 11:40 p.m., a 42-year-old Las Vegas resident was withdrawing money from the Bank of America ATM at 11021 La Reina when he was confronted by a suspect who drew a handgun and ordered the victim to hand over his money.

### Monday, June 7

At 5:55 a.m., officers pursued a vehicle for a traffic violation in the area of Woodruff and Imperial. The pursuit was turned over to a Los Angeles County Sheriff's Department helicopter. The suspects were ultimately arrested in Artesia for grand theft auto and possession of a stolen handgun.

### Tuesday, June 8

At 9:43 p.m., an attempted robbery occurred at the Bank of America located at 11021 La Reina. The victim was withdrawing money from the ATM machine when the suspect pointed a handgun at him and demanded money. After a brief struggle, the victim was able to break free. The suspect fled the scene; the victim was not injured.

### Wednesday, June 9

A vehicle burglary occurred in the 7500 block of Calmcrest. At 2:50 p.m., the victim discovered someone had broken into his car and taken several items.

*Courtesy Downey Police Department. Report crimes in progress by calling 911.*

## Downey Family YMCA Summer Camps 2010

Beautiful locations, new friendships, adventure, personal growth and fun!



### Camp Whittle

Boys and Girls 7-15 years old  
July 24-31, 2010

Nestled in the mountains above Big Bear Lake, Camp Whittle is an ideal spot for campers of all ages. All campers are placed in cabin groups with friends of their own age and participate in unit camping. Campers choose many of their own activities and gain valuable new experiences, regardless of their own skill level. Camp activities include a ropes course, mountain biking, canoeing, swimming, crafts, archery, horseback riding and much more.

### Discover Day Camp

Grades K-3

June 21-August 27

Looking for a great place to send your young camper during the day. Discover Day Camp is designed for youth K-3 grade. Each day children will discover adventure in the great outdoors, and escape to local Los Angeles and Orange County Destinations. Children will activate their day with highly trained and dedicated YMCA staff that will focus on the development of the whole child. Our programs are convenient located at Gallatin Elementary School and Rio Hondo - Furman Park.



### Adventure Day Camp

Grades 4-7

June 21-August 27

Embark on an adventure of a lifetime! Adventure Day Camp provides campers 4-7 grade an opportunity to build friendships, work in small and large groups, try new arts and craft, escape to local Los Angeles and Orange County Destinations.

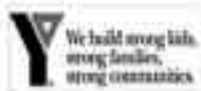


### Explorer Day Camp

Grades 4-8

June 21-August 27

Explore camp is designed for the camper on the go! This camp will take campers to parks, beaches and great amusement destinations throughout LA and Orange County. Campers activities include, swimming, arts and craft, sports, hiking and creating memories with new friends.



Downey Family YMCA .11531 Downey Ave . Downey CA. 90241 (562) 862-4201

## Council: Library deal with SFS.

Continued from page 2

code;

- Renewed a service agreement with Santa Fe Springs for automated library management. Downey and Santa Fe Springs have shared collections and library automation operations since 1971. The new agreement has been reduced from three years to one year as Santa Fe Springs "investigates options to implement new technologies";

- Approved program supplement agreements with Caltrans

regarding work on Lakewood Boulevard and Imperial Highway. Public agencies utilizing federal funds for highway-related projects are required to execute program supplement agreements prior to invoicing Caltrans for federal funds expended on the project;

- Granted administrative authority to the director of public works to establish parking restrictions and to install all necessary signs effecting said restrictions. The municipal

code previously required that parking restrictions and prohibitions be formally adopted by the City Council;

- Formally gave notice of a municipal election on Nov. 2, and established corresponding regulations;

- Appointed four residents to the city's Public Works Committee. New committee members include Kent Halbmaier (appointed by Mario Guerra), Maria Larkin (Anne Bayer), Richard Sharpe (Bayer) and Ernie Garcia (Luis Marquez);

- Authorized participation in the Los Angeles County Energy Program, which allows the county to provide loans for energy and water efficiency improvements on properties in unincorporated county areas.

All votes were 4-0 with Mayor Pro Tem Luis Marquez absent.

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## SPEED BUMP



## DAVE COVERLY



# Downey Community Calendar

### Events For June

- Sat. June 12: **Compost workshop**, Wilderness Park, 9:30 a.m.
- Sat. June 12: **Razorbacks cheer sign-ups**, Furman Park, 10 a.m.
- Sun. June 13: **Author Josh McDowell**, First Baptist Church of Downey, 8 a.m.
- Sun. June 13: **5K run/walk**, Moravian Church of Downey, 9 a.m.
- Sun. June 13: **Final performance of 'Carousel'**, Downey Theatre, 2:30 p.m.
- Mon. June 14: **Farewell OASIS meeting**, Downey Adult School, 2 p.m.
- Wed. June 16: **Columbus High School graduation**, campus quad, 6:30 p.m.
- Thurs. June 17: **Warren High School graduation**, Justice Stadium, 7 p.m.
- Thurs. June 17: **Downey High School graduation**, Allen Layne Stadium, 7 p.m.

### City Meetings

- 1st Tuesdays, 6:30 p.m.: **Redevelopment Project Area Committee**, Cormack Meeting Room at Downey Library.
- 1st & 3rd Wednesday, 6:30 p.m.: **Planning Commission**, Council Chamber at City Hall.
- 1st Tuesday, 4:00 p.m.: **Recreation and Community Services Commission**, Council Chamber, City Hall.
- 2nd & 4th Tuesday, 7:30 p.m.: **City Council/Community Development Commission**, Council Chamber.
- 3rd Tuesday, 6:30 p.m.: **Library Advisory Board**, at Downey City Library.
- 4th Wednesday, 6:30 p.m.: **Emergency Preparedness Committee**, at Fire Station No. 1.

### Regularly Scheduled Meetings

#### Mondays

- 8:00 a.m.: **Job Club**, at The First Presbyterian Church, for info. call 861-6752.
- 2nd Mon., 11 a.m.: **American Legion Auxiliary #270**, at United Methodist Church, for info. call 923-2481.
- 2nd Mon., 3 p.m.: **Keep Downey Beautiful**, at City Hall, for more information call 904-7159.
- 4th Mon., 7:30 p.m.: **Downey Numismatists**, at Downey Retirement Center, call 862-6666.

#### Tuesdays

- 9:30 a.m.: **Downey Seniors Club**, at Apollo Park, for information call Nadine Morris at 923-9422.
- 10 a.m.: **Downey Bocce Club**, at 7850 Quill Drive, for information call John Fiorenza at 652-4399.
- 12 p.m.: **Rotary Club**, at Rio Hondo, for information call Brian Saylor at 927-2000.
- 6:00 p.m.: **Toastmasters Club 587**, at First Baptist Church, for info call John McAllister 869-0928.
- 7 p.m.: **Boy Scout Troop 2**, at Downey United Methodist Church, for information call 869-6478.
- 1st Tues., 7:30 a.m.: **Gangs Out of Downey**, at City Hall training room.
- 2nd and 4th Tues., 6 p.m.: **Sertoma Club**, at Cafe 'N Stuff, for information call (562) 927-6438.
- 2nd Tues., 6 p.m.: **Downey Fly Fishers**, at Apollo Park, for information call 425-7936.
- 3rd Tues., 6:30 p.m.: **Community Emergency Response Team meeting**, Fire station 1, 12222 Paramount.
- 3rd Tues., 7:30 p.m.: **Writer's Workshop West**, at at Downey High School library, for info call 862-3106.
- Tues., Thurs. & Sat., 10 a.m.: **Downey Bocce Club**, at 7850 Quill Drive, for info. call John Fiorenza 652-4399.

#### Wednesdays

- 7 a.m.: **Kiwanis Club**, at Rio Hondo Events Center. Call Steve Roberson at 927-2626.
- 1 p.m.: **Women's Bocce Club**, at 7850 Quill Drive, for information call Marie Puch at 869-4366.
- 7 p.m.: **Out Post 132 Royal Rangers**, at Desert Reign Church, for info call 928-8000.
- 1st Weds., 10 a.m.: **Woman's Club of Downey**, for information call Barbara Briley-Beard 869-7618.
- 1st Weds., 11:30 a.m.: **Downey Coordinating Council**, at Community Center, for information call 923-4357.
- 1st Weds., 7:30 p.m.: **Downey Stamp Club**, at Maude Price School cafeteria, for information call 928-3028.
- 2nd Weds., 7:30 p.m.: **Downey Sister City Assoc.**, at Maude Price School, for information call 884-9657.
- 2nd Weds., 7:30 p.m.: **Downey Model A Club**, at Gallatin School Cafeteria, for information call 928-4132.
- 2nd & 4th Weds., 11:30 a.m.: **Downey AARP**, at Barbara J. Riley Senior Center, for info. call Pearl Koday 633-4355.
- 2nd & 4th Weds., 5:30 a.m.: **Lions Club**, at Cafe & Stuff, for information call 803-4048.
- 3rd Weds., - **Downey Dog Obedience Club**, at Apollo Park, for info. call Gina 869-5213 or Valerie 420-2972.
- 3rd Weds., 10 a.m.: **Los Angeles County Quilters Guild**, at Women's Club, for information call 426-2418.
- 3rd Weds., 6 p.m.: **American Business Women's Association**, Rio Hondo Country Club, Call Barbara Carlson 863-2192.
- 4th Weds., 12:00 noon: **Retired Federal Employees**, at Barbara J Riley Center, call 943-5513.
- Wed. & Fri., 10:15 a.m.: **Senior Bingo**, at Apollo Park, for information call 904-7223.

#### Thursdays

- 7:30 a.m.: **Connections Networking**, at Cafe N Stuff, for information, call Sandy Esslinger, (310) 491-8989.
- 7:30 a.m.: **Soroptimist Int'l of Downey**, for information, call Pat Heineke, 904-3534.
- 12 p.m.: **Kiwanis Club of Downey**, at Rio Hondo Events Center, call Roy Jimenez 923-0971.
- 12:30 p.m.: **Take off Pounds Sensibly**, at First Christian Church, call (800) 932-8677.
- 6:30 p.m.: **Downey United Masonic Lodge # 220**, 8244 3rd St., Call 862-4176.
- 7 p.m.: **Troop 351, Boy Scouts of America**, at First Baptist Church, for information call 776-3388.
- 2nd Thurs., 7:30 p.m.: **Beaming Rebel Foxes Collectors Club**, for more information call Carl D. Jones at 923-2400.
- 4th Thurs., 10 a.m.: **Assistance League**, at Casa De Parley Johnson, for information call 869-0232.
- 4th Thurs., 7:30 p.m.: **Downey Historical Society programs**, at Community Center. Call 862-2777.

#### Fridays

- 7:30 a.m.: **Pro Networkers**, at Mimi's Cafe, for information call Barbara Briley Beard at 869-7618
- 3rd Fri., 8:30 a.m.: **Women's "In His Glory" Ministry** at Los Amigos C. C. (562) 622-3785.

#### Saturdays

- 9 a.m.: **Farmers Market**, Second Street at New Avenue, for information call (562) 904-7246.
- 2nd Sat., 12:30 p.m.: **AAUW**, Los Amigos Country Club.

## On This Day...

- June 11, 1776:** The Continental Congress formed a committee to draft a Declaration of Independence from Britain.
- 1919:** Sir Barton won the Belmont Stakes, becoming horse racing's first Triple Crown winner.
- 1979:** Actor John Wayne died at age 72.
- 1990:** The Supreme Court struck down a federal law prohibiting desecration of the American flag.
- 2003:** Timothy McVeigh was executed by injection for the 1995 Oklahoma City bombing.
- Birthdays:** Actor Gene Wilder (77), football Hall of Famer Joe Montana (54), actor Hugh Laurie (51), WNBA star Diana Taurasi (28) and actor Shia LaBeouf (24).

### THE NEWSDAY CROSSWORD

Edited by Stanley Newman (www.StanXwords.com)  
**A LITTLE ALOOF: We'll be friendlier next time**  
 by Gail Grabowski

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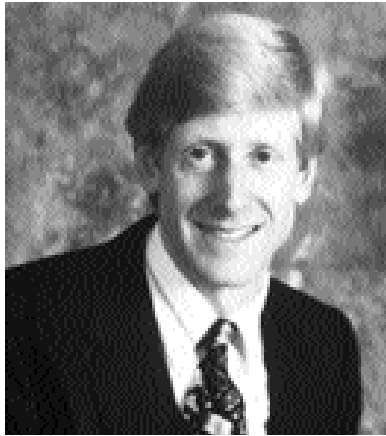
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## Paging Dr. Frischer...

By Dr. Alan Frischer



bage, spinach, cauliflower, garlic, licorice root, and alfalfa.

So far, most studies show that the more expensive vitamins are not superior in quality or more easily absorbed. Generic brands tend to cut costs through lack of advertising, less fancy packaging, being the imitator rather than the creator, and larger sales volume. You may find that the best multivitamin for you is in generic form at your local drug store.

Do you need a special formula? Pregnant women, lactating women, or those intending to get pregnant, should take a prenatal vitamin with extra folic acid, iron, zinc, and calcium. Those of us who are over 50 can use more vitamin D, vitamin B12, and calcium. Younger women benefit from extra iron and calcium. However, most of us will look for a supplement that contains 100% of the RDA (see above) of recommended vitamins and minerals.

Unsubstantiated promotional advertising claims for vitamins and nutritional supplements can be enticing: weight loss, energy, stress relief, hair growth, cancer prevention, etc. I encourage you to consider your multivitamin as a supplement that will help to fill nutritional gaps in a good diet, and not as a miracle drug or as a substitute for healthful food. When it comes to vitamin cost and added ingredients, less can be better.

I wish you the best of health and nutrition!

Nearly every one of my patients has asked at one time or another: "Should I take a multivitamin, and how do I choose?" There are so many options. Should your multivitamin include additional calcium or vitamin C? What is so special about "special" formulas? Regular or age-specific formulas? Added minerals or not? Herbs or no herbs?

Multivitamin products were first introduced around 1930 in order to supplement Vitamins A and D. By 1934, the first multivitamin tablet was introduced, made from natural dried and compressed vegetables and fruit concentrates. The first synthetic multivitamin was produced in the early 1940's. Today's general guidelines for vitamin and mineral doses come from the National Academy of Science's Institute of Medicine, and the Recommended Daily Allowances (RDA) by life stage are available on the United States Department of Agriculture (USDA) website.

Multivitamins differ by type and dosage of each vitamin, mineral and herb; number of pills per day; size of pills; types of fillers, binders and colorings; and cost. Note that claims that a formula is all natural, sugar-free, starch-free, or slow-release do not necessarily imply that the product is better absorbed, more potent, or better tolerated.

Whether you would benefit from a multivitamin generally depends on your diet. If you are healthy and consuming ten servings of fresh fruits and vegetables per day, with ample protein and whole grains, then I would argue that a supplement is unnecessary.

Unfortunately, it's a safe bet that the vast majority of us do not consistently eat this well. That is why most dietitians and nutritionists recommend a multivitamin. By supplementing the diet with additional vitamins and minerals, multivitamins can be a valuable tool for those with dietary imbalances or particular nutritional needs (including pregnant women and the elderly). This would also include those on a restrictive diet, and those who can't or won't consume a nutritious diet.

Research has yet to conclusively demonstrate that taking a multivitamin yields significant benefits in the primary prevention of cancer, cardiovascular disease, cataracts, age-related macular degeneration, or cognitive decline. There is, however, data to support that multivitamins have beneficial effects in people with poor nutrition, that vitamin D and calcium help to prevent fractures in older people, and that iron is beneficial for people at risk for anemia.

What about herbs in your multivitamin? While herbs may be seen as an added value, they are typically recommended for specific health reasons. In this case, one size does not fit all. Some common herbs found in multivitamins include bee pollen, broccoli, cab-

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## RNs won't strike, but rallies planned

**LOS ANGELES** - Registered nurses at University of California medical centers on Wednesday blasted university administration for attacking the right of nurses to strike to correct on-going staffing problems at UC by obtaining a court restraining order barring a walkout planned for Thursday, and said they will continue to take whatever steps necessary to resolve alleged staffing problems at the hospitals.

The nurses, who are represented by the California Nurses Association, were scheduled to hold rallies at UC medical centers Thursday to press their on-going case for safe staffing.

Nurses at two other Southern California hospitals, Citrus Valley Medical Center in Covina and Little Company of Mary Medical Center in San Pedro, were also set to rally Thursday.

"Our number-one priority remains correcting the chronic staffing issues at University of California medical centers, which we have been unable to resolve through any other means," said Beth Kean, chief negotiator for CNA's UC Division. "All the resources the University has wasted trying to silence the nurses will do nothing to solve the staffing crisis at UC hospitals, and nurses will not rest until their concerns are addressed."

A San Francisco Superior Court judge issued the temporary restraining order Tuesday, acting on a request from the University of California as well as the state

Public Employment Relations Board (PERB), which oversees collective bargaining for public employees.

The nurses will return to court June 18 for a hearing on the whether or not nurses have a right to strike for better staffing in this circumstance.

"We have withdrawn our strike notice for June 10 in accord with the court's order, and we are not striking on June 10," said Kean. "We look forward to the court hearing next Friday where we are confident the judge will rule that UC nurses do have the right to strike over UC's rejection of the fact-finder's recommendation which include the unresolved staffing issues at the UC medical centers."

"UC's attempts to silence their nurses in speaking out for safe patient care is part of a national trend in the hospital industry as evidenced by the recent Temple University Medical Center strike and tomorrow's Minnesota Twin Cities nurses' strike," said Geri Jenkins, RN, and co-president of CNA/NU. "Registered nurses are being forced to take the ultimate step to strike on behalf of our patients. It is our duty and legal obligation as registered nurses to ensure that our patients have safe care in our hospitals."

Kean characterized the intervention by PERB as an ideologically-motivated move by a board whose members are appointed by Gov. Arnold Schwarzenegger, who has long sought to overturn safe staffing regulations in the state's

hospitals.

"Far from being an impartial mediator in this dispute, PERB is seeking to undermine public employees' right to strike, while allowing the University to impose staffing conditions on nurses that violate their professional duty to protect patients," Kean said.

UC RNs called the strike as a last resort following the refusal of UC hospital officials to improve staffing conditions at its high-profile hospitals, despite months of contract talks, a fact-finding process and multiple efforts by nurses in the facilities.

Most recently, nurses met with the UCSF chief nurse executive to address an agreement UCSF signed Oct. 2 to improve staffing and assure a dedicated break relief program so that nurses can take needed breaks without jeopardizing patients in their medical, post-surgical, and step-down (intermediate care) units, which UC has refused to implement.

The parties scheduled a hearing with an arbitrator June 3 and 4, which UC subsequently canceled.

"We have to speak out for the safety of our patients, and the University continues to deny that there is any problem," said Maureen Dugan, RN, a medical-surgical nurse at UC San Francisco.

At UC Davis, for example as recently as the May 29, 2010 dayshift, the UCD staffing office announced there were no nurses to send to a department requesting an additional nurse because they were already down 20 nurses on that shift hospital-wide. Internal staffing documentation from UCD from last year revealed that one-third of the shifts were short one or more RNs in each unit than what was required by UCD's own standards to meet the individual patient acuties on those shifts.

Contributed by the California Nurses Association and National Nurses United.



Downey Regional Medical Center's auxiliary installed its board of directors for 2010-11 on May 26. Lois Rossi was sworn-in as president.

## Heart attacks on decline

**OAKLAND** - Heart attacks declined by 24 percent within a large, ethnically diverse, community-based population since 2000, and the relative incidence of serious heart attacks that do permanent damage declined by 62 percent, according to a Kaiser Permanente Division of Research study in the current issue of the New England Journal of Medicine.

The reductions in death after heart attack are driven in part by the decline in incidence of more severe heart attacks known as ST-elevation myocardial infarction, as well as a lower mortality rate after less severe non-ST-elevation heart attacks, explained Alan S. Go, MD, the lead investigator of the study and director of the Comprehensive Clinical Research Unit at the Kaiser Permanente Division of Research in Oakland, Calif.

Go explains that ST-elevation heart attacks are diagnosed by a specific electrocardiogram finding that indicates more severe injury to the heart muscle.

This study of more than 46,000 patients in Northern California aged 30 years and older who suffered a heart attack is the first study to provide a contemporary population view of heart attack incidence in a large, diverse community. Previous studies focused on selected subgroups and/or populations with limited diversity and have not separately examined ST-elevation and non-ST-elevation heart attacks. It is also the first to examine the possible influence of widespread use of cardiac biomarkers (particularly troponin) on heart attack trends, which might be expected to lead to an increase in the reported rate of heart attacks, particularly non-ST-elevation heart attacks.

"This research provides new insights into the changing landscape of heart attack incidence and

associated outcomes in the community," Go said. "Despite our ability to more easily diagnosis heart attacks using sensitive biomarkers, we found a consistent trend of fewer severe ST-elevation myocardial infarctions over the past decade—the type of heart attack we particularly want to prevent."

Heart attacks with ST-elevation are a true emergency, most often requiring an immediate procedure to open the blocked artery, noted Robert W. Yeh, MD, an interventional cardiologist at the Massachusetts General Hospital and Harvard Medical School who was the first-author of the study. "These findings are welcome news for those of us in the cardiology community. Perhaps we have turned the corner on preventing the most severe presentation of heart disease."

Researchers identified 46,086 patients aged 30 and older within Kaiser Permanente in Northern California who were hospitalized for heart attacks between 1999-2008 and found the age- and sex-adjusted incidence of heart attack increased from 274 per 100,000 in 1999 to 287 per 100,000 in 2000, then declined each year thereafter to 208 per 100,000 in 2008 (24 percent decline between 1999 and 2008). However, the age- and sex-adjusted incidence of ST-elevation myocardial infarction declined by 62 percent from 133 per 100,000 in 1999 to 50 per 100,000 in 2008.

Age- and sex-adjusted incidence of non-ST-elevation myocardial infarction also declined since 2005, which followed widespread implementation of sensitive cardiac testing known as troponin I, which helps diagnose heart attacks. Thirty-day mortality was significantly lower in 2008 compared with 1999.

Because the study population is within an integrated delivery system, it provided an accurate assessment of total membership at any point in time and comprehensive identification of those hospitalized for heart attack. The population has broad age, gender, and ethnic diversity and is highly representative of the local and statewide population. Researchers also demonstrated that the results were consistent after removing the possible effects of different types of patients joining or leaving the health plan membership over time.

Additional authors on the study are Stephen Sidney, MD, MPH; Malini Chandra, MBA, MS; Mike Sorel, MPH and Joe V. Selby, MD, MPH, with the Kaiser Permanente Division of Research. Funding for the study was provided by the Schering-Plough Future Leaders in Cardiovascular Medical Research Grant and The Permanente Medical Group, whose 7,000 physicians provide care for 3.3 million Kaiser Permanente members in Northern California.

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## Auxiliary board installs 2010-11 officers

**DOWNEY** - The Downey Regional Medical Center Auxiliary installed its 2010-11 board of directors at a luncheon event May 26.

The new board includes Lois Rossi, president; Wilma Garcia, vice president; Joanna Orsel, volunteer orientation director; Claudia Graham, gift shop director; Jean Brown, ways and means director; Ruth Olson, secretary; Ruth Rodriguez, treasurer; and Wilma Brouwer, parliamentarian.

The hospital auxiliary used the occasion to donate \$30,000 to the non-profit medical center. The donation represented proceeds from the hospital's gift shop and other fundraisers held throughout the year.

The auxiliary also awarded Volunteer Corps Member scholarships worth \$1,000 each to high school seniors Dora Alvarez and Michelle Bertinelli.

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## JUNE WHAT'S HOT TIPS



**Francesca Baldi Killer Shades**

Day trips to the beach, kicking it poolside and even running around town...everyday things that would not be complete without a killer pair of shades. As springtime winds down and as a sizzling summer approaches it's time to kick our summer trends into action. Summer is here and what better way to kick it off than an amazing pair of sunglasses that will make any girl go gaga. Whether your summer plans are staying local or jet setting the world, be sure to stop by the Sunglass Hut in the Stonewood Center and pick up a pair of Ray Ban Aviators. No look is complete without a classic pair and at \$139.99 this pair is one splurge that will keep you looking cool throughout the sizzling summer. Lather up that sun block, hit the beach and don't forget those shades because this is going to be one summer you won't forget.



**Brittney Miller Now Boarding**

Summer is coming and the water is cool! Paesun at the Lakewood Shopping Center is the best place to go wild for swimwear. The board shorts are available in a variety of styles. Here's a pair of Billabong shorts that's kept simple in black and white with a hint of red. An elastic waist band is included in the shorts which makes them extremely comfortable to wear. Their cute to wear around the pool and easy to swim in. The shorts are available for \$34.50.



Robert Standley and Jill Van Velzer star in "Carousel," now in its final weekend at the Downey Theatre.

## Last chance to see 'Carousel'

**DOWNEY** - The Rodgers and Hammerstein musical "Carousel," presented by the Downey Civic Light Opera Association, is in its final weekend at the Downey Theatre.

Performances will be given Friday and Saturday at 8 p.m., with the final show Sunday at 2:30 p.m.

This weekend also marks the 40th anniversary of the Downey Theatre, which celebrated its opening over a three-day period June 11-13, 1970.

"Carousel" stars Robert Standley as Billy Begelow and Jill Van Velzer as Julie Jordan. It features the familiar songs "If I Loved You," "June is Bustin' Out All Over" and the inspirational "You'll Never Walk Alone."

Tickets to the show, which was recently lauded as one of the DCLO's "all-time bests," are still available. Box office hours are Tuesday - Friday, 1-5 p.m. The box office is also open one hour prior to show time.

Credit card orders are accepted by phone by calling (562) 923-1714. Student, senior citizen and group rates are available.

# DINING-OUT DEALS



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- French Toast Combo \$4.99 - Two pieces of French toast, two bacon and two eggs.
- Bacon and Eggs \$4.99 - Two bacon, two eggs, hash browns and toast.
- Sausage and Eggs \$4.99 - Two sausage, two eggs, hash browns and toast.
- Cheese Omelet \$4.99 - Three egg omelet with cheese, hash browns and toast.
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## La Jolla Festival in 24th year

**LA JOLLA** - On June 26-27, the 24th annual La Jolla Festival of the Arts will give festival goers many things to look forward to. This year's festival will feature nearly 190 award-winning fine artists displaying extraordinary, unique pieces of art.

Featured street artists Madonnaro, Melanie Stimmell and others will use chalk pastels to turn an asphalt canvas into a stunning street of colors.

Again part of the festival will be book signings and demonstrations from celebrity chefs and authors including Bernard Guillas, Ron Oliver, Deborah Schneider and Jen Yates.

There will also be a classic car exhibition featuring the modified racecars of the Cal-Diego Paralyzed Veterans Association - Motor Sports Program, the "Wicked Stangs" Mustang Club, and the Austin Healey Club of San Diego.

The festival will take place June 26-27 from 9 a.m. to 5 p.m. at UC San Diego's east campus located at Genesee Avenue and Regents Road.

Admission is \$10; children 10 and under are free.

For more information, visit [www.lajollaartfestival.org](http://www.lajollaartfestival.org) or call (858) 586-1202.

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• THE A-TEAM PG-13 Fri & Sat (10:40, 11:20, 1:30, 2:10, 4:25, 5:00, 7:15, 7:50, 10:00, 10:50, Sun to Thur (10:40, 11:20, 1:30, 2:10, 4:20, 5:00, 7:10, 7:50, 10:00)

• THE KARATE KID PG Fri & Sat (10:10, 12:25, 2:40, 4:45, 4:30, 7:50, 7:40, 10:30, 10:50, Sun (10:10, 12:25, 1:20, 3:40, 4:30, 7:20, 7:50, 10:00, Mon to Thur (12:25, 1:20, 3:40, 4:30, 7:30, 7:40, 10:00)

• GET HIM TO THE GREEK PG (11:45, 2:25, 5:00, 7:45, 10:25)

• KILLERS PG-13 (12:00, 2:30, 5:00, 7:30, 10:00)

• NARRADRONE PG (11:30, 2:00, 4:20, 7:15, 9:30)

• SPLICE PG (10:40 AM), 10:30 PM

• PRINCE OF PERSIA: THE SANDS OF TIME PG-13 (10:30, 1:40, 4:25, 7:10, 10:05)

• SEX AND THE CITY 2 PG (1:00, 4:10, 7:20)

Times for Friday, Thursday, June 11, 17, 2010

Reserve Seating ( ) Advance ticket sales ( )  
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Deadline is Wednesday at 11:00 am  
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Source: [www.comingsoon.net](http://www.comingsoon.net)





SCOTT COBOS

## Strasburg impresses in debut

Tuesday night was a busy night in sports. Probably one of the busiest nights that we've had in a while. The Dodgers were playing the Cardinals in what was almost an exact repeat of last year's National League Division Series with Hiroki Kuroda and Chris Carpenter facing off against each other.

The Lakers were trying to take control of the NBA Finals at Boston after losing a game they probably should have won in Game 2.

But in my opinion, the most intriguing subject came in the thunderbolt of an arm in 21-year old Stephen Strasburg for the Washington Nationals.

I can't remember the last time a baseball player had this much hype. I mean we've had the perennial all-stars like Albert Pujols, Alex Rodriguez, and the hated Barry Bonds, but their hype came after they were already established.

In fact, yes, Rodriguez was expected to have a high ceiling, Pujols was a very late draft pick, and Bonds was drafted high, but none of them came into the league with the spotlight that Strasburg had.

The only athlete I can remember that had this type of hype or something close to it was when LeBron James was drafted No. 1 overall by the Cleveland Cavaliers. But even then, there wasn't the anticipation that Strasburg received.

It was a couple months in the making. Every pitch was recorded in the minors and reported on ESPN. Every run that was scored, every strikeout that was notched, every triple-digit fastball was noted somewhere and the press ate up every bit of it.

Now, on the big stage, a night that people are already calling historic with the kid already being a first round baller Hall of Famer to some announcers, he produced.

I won't deny it, he looked great. Well, for the most part great. You could tell that he is not a very polished pitcher yet. His control looked above average and a lot of the outs he recorded were done so with his filthy stuff and the fact that no one in the pros knows what he brings to the table yet.

I have to ask, what makes him so different from Justin Verlander of the Detroit Tigers? They throw just about as hard. I would say Strasburg at this second has a little bit better of a breaking pitch, but doesn't have the control Verlander has.

All I'm saying is that while Strasburg was amazing in his debut and did strike out 14 without walking a batter, something that has never been done in MLB history until this point, don't make him a savior to the Nationals organization just yet.

I will be most interested to see what happens in his fifth and sixth starts once word has gone around the league about what he has.

It's no secret that players talk to each other and give one another the skinny on all pitchers they

## Warren's season comes up an inning short

■ **SOFTBALL:** Young Bears team primed for the future.

By SCOTT COBOS, STAFF WRITER

**DOWNEY** – It's amazing how you can be on top of the world one moment, and then all of a sudden be in the basement.

The feeling was no different as a 5-run fifth inning took away a CIF Div-III championship away from the Warren Bears softball team last Friday night in Irvine at Deanna Manning Stadium, losing 5-4 to Ayala.

Highlighted by what appeared to be a botched call by umpires and a grand slam by Ayala's Mary Massei, a CIF championship slipped away from pitcher Franny Vaalu and the 2-time San Gabriel Valley League champion Bears.

The Bears jumped out to a quick start behind a pair of 2-run homeruns from Tina Iosefa, the first shot coming in the first inning with Arianna Palomares on board, and the second coming in the third inning with Justene Reyes on base.

Vaalu was cruising until the fifth inning where fate would seem to have it that the Bears were not the team of destiny.

Ayala's Sarah Moore reached base to lead of the inning and Stephanie Martinez followed with a double, moving Moore over to third base with no outs.

The double was only the second hit off Vaalu the entire game. Natalie Martinez then came up and hit a soft fly ball to right-center field that could have fallen for a base hit, but Reyes came diving into the play to steal a hit.

Moore and Martinez both tagged with Moore presumably scoring on the play and Martinez being thrown out at third base. But Martinez was called safe by the umpire in the play and Moore, even after Warren appealed that she left too early, which she appeared to have, the umpires gathered and still called her safe.

After the game, Warren manager Mary Starksen said that she didn't believe Moore tagged up and also thought that the ball had clear-

ly beaten Martinez to the bag at third base in the inning.

"That was definitely a momentum changer," she said.

A potential inning-ending triple play instead turned into the defining inning of the night.

Warren and Vaalu seemed to have been shaken up by the calls and Vaalu had a hard time finding the strike zone and walked the bases loaded. Massei then followed the two walks with a shot to right-center field for the game-deciding grand slam.

Behind Jessica Hall, Ayala was able to keep the Bears, a team known to be a comeback team all season long, at bay.

Hall pitched a complete game and shut down the last 14 batters she faced, striking out eight during the span. She stuck out 11 total in the game.

Warren finished their season 24-7, the No. 1 seed coming out of the SGVL as the back-to-back champions and not losing a game in league play. The Bears were ranked in CIF all year long and had allowed only 3 runs in the four games leading up to their CIF title game.

In their opening round they shut out Righetti at home 4-0 then came back days later and cruised by Colton in the second round, shutting them out as well with an 8-0 win on the road.

In the quarterfinal round, Warren met their first challenge and beat Glendora 3-2 in their final at bats.

Warren seemed to relax from the tension that came with the last inning win against Glendora and beat up Chino Hills on the road 5-1 to reach their first CIF final game in years.

Not exactly the offensive juggernaut as cross town rivals Downey were this year, the Bears had more than enough in the middle of their order with Reyes, Vaalu, and Iosefa filling up the stat sheet.

Iosefa led the Bears in batting average (.435), homeruns (eight), and RBIs (27), but Vaalu was in a close second in homeruns (five) and RBIs (25). The three together accounted for 53 percent of all runs

face. As of right now, I'll say that he looks great and has the potential of being very special, but he's not there yet. Not after one start.

Also, two names come to mind when I look at Strasburg. If anyone from Chicago reads this, I'm sure I'll be stoned to death, but, I think of Kerry Wood and Mark Prior. Both of them young. Both of them flamethrowers. But I can't help but repeat this a million times. The

human body was not built to sustain a 100-mph fastball. At least not on a starting pitcher level.

Word of advice to the Nationals. Be careful with Strasburg and teach him some control and who knows? Maybe he will be that first ballot Hall of Famer that many already anointed him after one pitch.

## World Cup action starts today

■ **SOCCER:** U.S. team faces England tomorrow.

By SCOTT COBOS, STAFF WRITER

**DOWNEY** – The Downey Brewing Co. will be open for all World Cup games starting today regardless of what time the games start.

The big game this weekend will be USA versus England, a game that will start at 6 a.m. on Saturday. Downey Brewing Co. will have their doors open for business as the USA national team hopes to down England and make a strong appearance in the World Cup, something the Americans have not done in years past.

USA's best result in the World Cup came 80 years ago when they finished in third place.

But what is considered to be the biggest upset win for the Americans came on June 29, 1950 when they defeated England 1-0 in the World Cup in Brazil. The match was quickly dubbed the "Miracle on Grass."

Leading up to that game, England had been known as an international powerhouse for soccer and dubbed themselves the "Kings of Football," with a post World War II record of 23-4-3 internationally.

The Americans at the time had lost their previous seven international matches by a horrifying combined score of 45-2. At the time, the odds were 3-1 that England would win the 1950 World Cup and the Americans were a mere 500-1 long shot.

England had a team that consisted of all-stars and even had whom they considered the best player in the world at the time in Stanley Matthews. But Matthews

did not play because the selection committee opted to stay with the team that recently defeated Chile after Matthews had not played the previous matches because of touring with with another English international team.

The Americans' team consisted of a handful of semi-professional players, most of whom had other jobs to support their families. Team member Walter Bahr for example was a high school teacher.

In the long shot match that American head coach Bill Jeffrey told the press "We have no chance," USA scored in the 37th minute on a 25-yard shot from Bahr that had been grazed by Joe Gaetjens' attempted header.

The USA came out in the second half more confident and tougher due to the lead and were able to keep the English at bay.

While the Americans did complete the upset and was instrumental of the English not qualifying for the next round, the Americans did the same and lost their next two matches, pushing them out of the World Cup.

They would not qualify for the World Cup for another 40 years. But with time comes new faces and restored home for the USA.

The first step is tomorrow morning at 6 a.m. against a familiar foe from 60 years ago.

scored in the season.

Warren's defense was one of the best in the SGVL and in CIF with a team fielding percentage of .958.

It was Warren's pitching all season long that helped them reach the CIF championship game with Vaalu pitching 159.2 of the 209 innings played this season. Vaalu was 19-5 and had an ERA of 1.14. She also struck out just over a batter per inning with a staggering 168 strikeouts on the season.

The most amazing thing about the team this year is their youth. Warren will lose only one player this season to graduation in Sacheen Contreras. Everyone else including Vaalu, Reyes, and Iosefa will be back next year. Iosepha will be a junior next year and Vaalu will be entering her senior year.

## Final day for cheer sign-ups

**DOWNEY** – Tomorrow is the final day to sign-up as a cheerleader with the Downey Razorbacks.

Registration will be taken at Furman and Apollo parks from 10 a.m. to 2 p.m. Fittings for cheer uniform and shoes will take place at Furman Park.

The program is open to boys and girls ages 5-14. Cost is \$100 and includes all equipment, trophies, pictures, a yearbook and spirit pack.

Registration will also be taken for tackle and flag football.

For more information, call (562) 928-6081.

## Father's Day is June 20!!! Send a message in The Downey Patriot!



Father's Name

- Line 2
- Line 3
- Line 4
- Line 5

ACTUAL SIZE

The Downey Patriot will publish a special section dedicated to Father's Day. For only \$25.00, you can honor your father, grandfather or that someone special with a 1.986" by 3" announcement.

Deadlines for announcements is June 14 and will be published on June 18, 2010.

Include the following information:

- ✓ Completed Information Card
- ✓ Photo
  - By Mail - photo must be 2" x 3"
  - By EMail - photo must be 300 dpi (DowneyPatriot@yahoo.com)
- ✓ Check payable to The Downey Patriot

Send to:

The Downey Patriot, 8301 E. Florence Ave., Suite 100, Downey, CA 90240

### The Downey Patriot

8301 E. Florence Avenue, Suite 100, Downey, CA 90240

Line = approximately 20 to 23 characters including spaces and punctuation

Line 1 (Father's Name) \_\_\_\_\_

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Please call The Downey Patriot with any questions regarding your announcement. Phone (562)904-3668

## Basketball Camp

At Downey High School  
June 21 – July 8  
Monday thru Thursday  
8:00 – 10:00 A.M.  
in the Downey High Gym

Registration: Monday, June 21  
Beginning at 7:30 AM

**Featuring...**

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For incoming boys grades 4-9

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Any Questions?  
Contact Larry Shelton  
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# Planning for an emergency - Week #9

By MARK SAUTER,  
CITY OF DOWNEY

Well, how are we doing? Are we keeping up with our project objectives? With Summer officially starting in less than two weeks. We need to stay on track with our activities. Once Summer arrives, our schedules frequently become packed with activities and our priorities may shift to other pressing matters like working longer hours, yard work or volunteering.

This week let's continue our preparedness strategy. Let's focus on obtaining supplies, developing our emergency plans and learning more about our local hazards.

Let's do some shopping (and looking ) this week and obtain the following for our emergency supplies:

- 1 can of ready to eat soup for each family member,
- liquid dish soap ....great for cleaning anything
- household chlorine (unscented) bleach ....many uses besides treating water
- 1 box of heavy duty garbage bags with ties ....useful for any type of commodity
- antacid (for upset stomach) ....helpful for stress relief
- tools for work on home....useful when turning off

utilities

- Optional supplies
  - contact lens solutions and cleaning accessories
  - pool safety equipment
  - portable fans for cooling

Every year we hear of disasters that strike with little notice. Unfortunately we have all seen the television footage of families trying to sift through the damaged structure of their homes for valuables or records. While we may not be able to protect everything, we can likely find the time to copy a complete set of our records.

This set of records should include insurance policies, property information, medical records, prescriptions, loan documents, etc. The records could be kept in something as simple as large zip-lock bag. Or better yet, they should be kept in a fire-proof storage box.

Another alternative would be making a couple of sets of the documents and storing them at a friend or relatives house in another area. The boxes used for copy paper also make excellent records boxes, especially when they are sealed in plastic.

Learning more about our local hazards can mean a lot of things. This week consider buying a radio that will receive weather stations. It could be a battery operated or a self-powered hand crank model.

Just remember, it's always nice to not have to look for fresh batteries.

Most of the hand crank radios pick up the weather stations, serve as a charging device for your cell phone and also work as a flash light and strobe. While these emergency radios may cost between \$15-25, they provide quite a few (not easily duplicated) services.

The information we can receive with a small radio is important. It could be news of important services or emergency instructions. It may also be news of an impending storm or weather problem that may impact you and your family. The radio information may also be interesting to know when you are wondering how other areas may be doing after a significant earthquake.

I received an e-mail today from the Red Cross. The message was a reminder to donate blood this summer. Apparently the demand for blood goes up in summer and the supply typically drops off because school is out and people can get busy doing other things. Please consider donating blood in the next month.

The Red Cross hosts blood donation clinics in and around Downey often. I am sure you can find quite a bit of information online. The Rio Hondo Chapter of the Red Cross is located in Whittier and I am sure they could help you find a blood donation clinic this month. You can reach the Rio Hondo Chapter of the Red Cross at (562) 945-3944.

Give the gift that gives life. You never know who may benefit from your donation.

Questions or comments can be sent to ready@downeyca.org.

## Excursion tickets now on sale

**DOWNEY** – Tickets are now on sale at the Barbara J. Riley Community and Senior Center for the following adult excursions:

- Mariachi Festival and firework finale at the Hollywood Bowl, \$48 per person (18+), on June 19, 4-11:30 p.m.
- Hollywood Park, buffet lunch and grandstand seating for races, \$28 per person (50+), on July 7, 10 a.m. to 6 p.m.
- "Young Frankenstein" at the Orange County Performing Arts Center, \$44 per person (50+), on Sept. 11, 1-7 p.m.

Hollywood Bowl summer concert tickets go on sale on June 15 at the community center. All tickets are \$10 each and will be available for the following outings that depart at 6 p.m.:

- July 6 – Los Angeles Philharmonic performing Haydn, Vivaldi, Poulenc and Handel, with a firework finale.
- July 20 – Los Angeles Philharmonic performing Mozart.
- July 29 – Los Angeles Philharmonic performing Beethoven.
- Aug. 10 – Los Angeles Philharmonic performing Smetana and Brahms.
- Aug. 31 – Los Angeles Philharmonic performing Wagner, Elgar and Beethoven.



Author Lisa See visited the Rio Hondo Event Center last Saturday as she spoke at a luncheon sponsored by the Friends of the Downey City Library.

## Novelist Lisa See wows the crowd

By HENRY VENERACION,  
STAFF WRITER

**DOWNEY** – Displaying a not-so-subtle, self-deprecating but delicious sense of humor, Lisa See spoke of her tenacious research ways to probe deep into the backgrounds of time and place to clothe her chosen subject in authentic robes and make it come alive.

She spoke of her travel to a remote part of China to find out more about an ancient Chinese secret for her novel, "Snow Flower and the Secret Fan" (2005) for which she is said to be probably best known: it ended up as a New York Times bestseller, even as MGM Studios picked up the film rights.

She spoke of her adherence to the dictum, "Write about what you know," and, in talking about the Chinese-American culture of which she is a part, her admission that it's something she really didn't know much about. Thus her total immersion in research when writing a novel. This pleasure in doing research, she says, has its actual origins in her college days as a humanities student at Loyola Marymount, where her focus on modern Greek studies serendipitously helped her as a future writer and novelist.

She spoke about how she set her latest novel, "Shanghai Girls" (2009), first in Shanghai, known until the outbreak of WWII as the 'Paris of Asia', then in Los Angeles, which saw her great-great-grandfather found Chinatown.

She spoke of her research finding that, in contrast to the welcoming stance of Ellis Island, there was this witch-hunt attitude of the officials at Angel Island in San Francisco Bay which, for reasons valid or contrived, she thought was designed to prevent would-be Chinese immigrants from making a fresh start in this country.

She spoke of various age-old Chinese customs such as footbinding, arranged marriages, the primacy of male heirs in inheritance matters, etc., etc., topics which have found their way into any of her mostly award-winning books,



PHOTOS COURTESY DOWNEY CITY LIBRARY

including: "On Gold Mountain: The One-Hundred-Year Odyssey of My Chinese-American Family" (1995), "Flower Net" (1997); "The Interior" (1999); "Dragon Bones" (2003).and "Peony in Love" (2007).

See, who among other activities serves as a Los Angeles Commissioner on the El Pueblo de Los Angeles Monument Authority and also curates "the occasional museum exhibition," was the guest of honor at last Saturday's author (Chinese buffet) luncheon and book signing at Rio Hondo Event Center which drew 143 guests, "the largest and best crowd we've had" (Cleó Latimer, Friends president), and which also revealed her excellent speech skills, a main reason why she is in great demand as a speaker here and abroad (she was born in Paris but grew up in Los Angeles).

Elsewhere, she would write about her mother's advice (her mother is the equally famous writer Carolyn See) telling her to write 1,000 words a day, about staying focused and not letting any negativity creep in from the publishing business, about just having fun—practices and attitudes she has totally embraced.

Her insights are sharp and precise. The following extract is from a published conversation she had with her writer-mother: "For all the goodness and all the blessings we have in life, there's no getting around the fact that it's ultimately tragic. All the people we love most in the world are going die. We're going to die! All we can hope is that it will be later rather than sooner, painless and not prolonged agony, that we will have loved and been loved and not die alone... The greatest losses [we experience] are

things we can't even see or touch: love, devotion, admiration, dedication, loyalty, memories. You and I have lived in Southern California—a place plagued by earthquakes, fires, and floods—all our lives. I can't even count how many times we've had to evacuate. But you only need to do it once to know that stuff is unimportant. The only important things are what we carry in our hearts."

Because she has also written some noteworthy mysteries, critics have compared See to Upton Sinclair, Dashiell Hammett, and Sir Arthur Conan Doyle.

## Compost workshop at park

**DOWNEY** – Residents are invited to learn about backyard composting at a "go green and grow green" gardening workshop tomorrow at Wilderness Park.

Participants will learn about backyard composts, worm composting, grass recycling and fire-wise gardening techniques.

Compost and worm bins will be available for purchase at a reduced price of \$40 for compost bins and \$65 for worm bins (cash or check only).

The workshop will take place from 9:30 – 11:30 a.m. The seminar is free but there is a \$2 parking fee at Wilderness Park after 9 a.m.

The event is hosted by Downey's Recycling Office and presented by Los Angeles County's Department of Public Works.

For more information, call the city at (562) 904-7103.

Composting is the natural process of decomposition and recycling of organic material into a rich soil amendment known as compost. Backyard composting reduces personal trash volume, conserves water, increases plant growth, and replaces the need for harsh chemical fertilizers, herbicides and pesticides.

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Ryan P. Duran, a 2006 graduate of Warren High School, has completed basic training for the Air Force.

### Duran completes basic training

**SAN ANTONIO, TEX.** – Ryan P. Duran has completed basic military training at Lackland Air Force Base in San Antonio, Tex. Duran was in squadron 331 and flight 377. He completed an 8-week program that included training in military discipline and studies, Air Force core values, physical fitness, and basic warfare principles and skills. He will enter technical school at Lackland Air Force Base, studying Security Forces. He is the son of Downey residents Rick and Lisa Duran.

### Resident becomes a pastry chef

**DOWNEY** – Downey resident Darrell Folck has been designated as a certified executive pastry chef by the American Culinary Federation. Folck is a chef instructor at California School of Culinary Arts in Pasadena. The American Culinary Federation operates a comprehensive certification program for chefs in the United States and currently certifies nearly 9,000 professionals worldwide.

### Jewish settlements everywhere

**DOWNEY** – Jerry Silverman will speak on "Jewish Community in Exotic Places – How Did They Get There" at a workshop Tuesday at Temple Ner Tamid in Downey. Jewish communities exist in many remote areas around the world, starting with those on the Asian and African periphery. Silverman will discuss how Jewish communities flourished in Persia, Kurdistan, Bukhara, India, Morocco, Tunisia, Libya and other places. The program begins at 10:30 a.m. A catered kosher lunch will be served afterwards. Cost is \$6 for members of the Ezra Center for Mature Adults, and \$7 for non-members. For more information, call Miriam Brookfield at (562) 943-3170.

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www.ProNetworkers.com

### Summer classes still available

**DOWNEY** – Summer classes at the Barbara J. Riley Community and Senior Center are still available for residents who want to learn a new skill or hobby. Spots are still open in a variety of classes, including Line Dancing, Zumba Gold, Youth Chess, Bachata, Belly Dancing and more. Learn about other class offerings by calling (562) 904-7223 or online to [www.downeyca.org](http://www.downeyca.org) and visit the Community Services page.

### Young student cast in play

**WEST HOLLYWOOD** – Downey resident Genesis Perez stars in L.A. Youth Theatre's production of "Rumplestiltskin," playing June 26-27 in West Hollywood. Genesis, a fifth grader at Downey Christian School, has attended Downey schools and recently participated in the Miss Junior Downey Pageant. She was a cheerleader while attending Our Lady of Perpetual Help School, and volunteers with the San Gabriel Humane Society. "Rumplestiltskin" will be presented at Fiesta Hall in Plummer Park, 7377 Santa Monica Blvd., in West Hollywood. Performances will be given June 26 at 1 p.m. and June 27 at noon. Tickets are \$10 for adults, and \$7.50 for students and seniors.

### Kids urged to read

**DOWNEY** – The Downey City Library's summer reading program for children, themed "Make a Splash – Read!", begins June 21 for children up to 12 years old. Between June 21 and Aug. 7, children may check out books and read them at home to earn prizes. Free balloons will be given to the first 75 children who register on June 21-23 starting at 10 a.m. Special events for children ages 5-12 will be offered at 2 p.m. every Thursday during the month of July. Free show passes will be distributed 30 minutes before show time to the first 110 children at each performance. "This year's program encourages kids to explore the world of water through stories and activities about oceans, rivers, lakes and the creatures that live there," Children's Librarian Gina Orello. "Children will develop a reading habit to last a lifetime thanks to the generosity of our Friends of the Downey City Library and other community donors." For more information on the children's summer reading program, call (562) 904-7360, ext. 4.

### Church plans festival June 19

**DOWNEY** – Downey Memorial Christian Church will host a "New Beginnings Celebration" on June 19 from 10 a.m. to 6 p.m. The event will feature several live bands and a waterslide, dunk tank and jumper for children. There will also be games of volleyball and basketball. Tacos, ice cream and drinks will be sold with nothing costing more than \$1. The church is located at 8441 E. Florence Ave. For more information, call (562) 869-7291.

### Networking event June 22

**DOWNEY** – Leticia Ramirez, of East L.A. WorkSource, an employment service company, will be guest speaker at the June 22 meeting of Rise 'N Shine Networking. The meeting begins at 7:30 a.m. at Bob's Big Boy. Cost to attend is an order from the menu. For more information, call the Downey Chamber of Commerce at (562) 923-2191.

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### Store collecting shoes for charity

**DOWNEY** – The Finish Line retail store inside Stonewood Center is collecting new and gently-used shoes for victims of natural disasters. Shoes donated to Finish Line will be given to Soles4Souls, an international shoe charity that commonly responds to natural disasters around the world. The charity is currently assisting residents of Nashville and the surrounding areas by donating 85,000 pairs of shoes to flood victims.

"Finish Line has taken on our cause as their own for the past three years, and we are extremely proud to partner with them once again to reach thousands of people who are suffering," said Wayne Eley, founder and CEO of Soles4Souls. "Their generosity directly benefits people who need our assistance, and we invite everyone to stop by a Finish Line location to become personally involved."

### 5K run/walk Sunday

**DOWNEY** – The Moravian Church of Downey will host its third annual 5K Run/Walk on Sunday. The 3.1-mile route starts in the church's parking lot and wraps through the neighborhood past the Rio Hondo Event Center and finishes back in the parking lot, where there will be refreshments and an awards ceremony. Information and registration is available online at [www.thebelfry5k.com](http://www.thebelfry5k.com) or by calling (562) 927-0718. Early registration is encouraged.



William Cortez, pictured above with family members and Rep. Lucille Roybal-Allard, has been appointed to the U.S. Naval Academy.

### Downey High grad accepted into Naval Academy

**DOWNEY** – Former Downey High School student William Cortez has been appointed to the U.S. Naval Academy and expects to begin the 4-year program this summer. Cortez recently completed one year at the New Mexico Military Institute, a highly-regarded military prep school. While at the Naval Academy, he plans to major in Economics. One he completes his degree, Cortez said he hopes to enter the Marine Corps as a commissioned officer. Entrance to the U.S. Naval Academy is highly competitive. Applicants go through a seven-point comprehensive evaluation to determine the person's qualities in character, scholarship, leadership, physical aptitude, medical fitness, goals and motivation. Of the 11,923 male candidates who applied last year, only 8 percent were appointed. Cortez recently visited Rep. Lucille Roybal-Allard, who congratulated him on his appointment. Roybal-Allard hosts a workshop every fall where the nomination and application process. To learn more about the workshops, call Diana Porras at (213) 628-9230 or visit [www.house.gov/roybal-allard](http://www.house.gov/roybal-allard).

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# Presentations mark DUSD meeting

■ AYSO 10-U team commended for winning state championship.

BY HENRY VENERACION,  
STAFF WRITER

**DOWNEY** – The Board of Education heard presentations recognizing the Downey AYSO team for winning the Division UB10 state championship, and honoring Downey Adult School's Chesty Peterson on his retirement this year after 35 years of service as an instructor, and Maintenance, Operations, and Transportation's Calvin Davis in the area of environment for his central role in saving the district \$8 million over eight years in energy costs.

AYSO coach Manuel Rincon hailed the accomplishment of the AYSO team as state champions, the first team in 64 years to do so. He said the team is scheduled to travel to Florida next month, to vie in the national championships.

A few of the many important assignments Peterson performed for DAS since he started in 1975 include part-time and fulltime instructor in cashiering and retail grocery classes, and regular instructor in the Business Education Center—office and computer skills, resource instructor, technology coordinator, resource specialist, and department chair.

But without doubt his greatest contributions, said DAS director of education Roger Brossmer, are in the area of computer technology, both in classroom instruction and in applications benefiting the district, as well as computer curriculum development.

Davis has been the energy manager since 2002, and to him goes the credit for realizing an annual energy savings of \$1 million since. "He's such an asset it's impossible to put into words how he has meant to the district," said MOT director Buck Weinfurter. Dr. Wendy Doty presented Davis with the superintendent's Vision Award.

In other action, the Board: \*Accepted with gratitude cash and in-kind donations from various generous donors, including \$14,500 from Gypsy Johnson Auxiliary in support of the TLC family Resource Center; \$1,647.93 from Rio Gabriel Elementary School PTA to support the instructional program and the purchase of library books at the school; and \$1,000 from Alameda Elementary School PTA for TLC luncheon sponsorships; one Ford F-150 truck valued at \$4,500 from

Buck Weinfurter, to be used by the Grounds Department; and a donation of cases of strapping tape, masking tape, and packaging tape, valued at \$1,900 from Holiday Paper Products, for district use;

\*Ratified/approved usual district business, including the payment of convention and conference attendance; general agreements with a couple of agencies; special education placements; purchase orders by the Purchasing Department; the change orders to various purchase orders; and routine Personnel items until subsequent action is taken by the Board of Education;

\*Approved the proposed revisions to AR 3111, Regular 2011-12 School Calendar;

\*Approved the revisions to BP 3165 and AR 3165 on parental involvement in the education of their children, and deletion of BP 3162 and AR 3162 (Title I parent involvement);

\*Approved the appointment of The Epler Company to perform the AB 1200 Actuarial Study for the period ending June 30, 2010, the cost not to exceed \$6,000;

\*Accepted the quarterly uniform complaint report summary;

\*Approved the principal and athletic director(s) of Downey and Warren High School as representatives to the San Gabriel Valley League;

\*Authorized the payroll department to withhold sums for the 2010-11 fiscal year, without charge, from pay warrants of both certificated and classified personnel when directed to do so by the employee on a revocable form provided for the purpose in accordance with Education Code Section 45060;

\*Approved district memberships for the 2010-11 fiscal year;

\*Approved Adult School memberships for the 2010-11 school year;

\*Approved various agreements between the district and other parties for various purposes;

\*Approved the agreements entered into by the Downey Adult School for purposes of practical experience;

\*Approved bid renewals by various vendors;

\*Accepted as complete roofing, fencing, backhoe, and electrical work performed by various contractors, even as it renewed the annual contract for fencing work with McCullah Fence of Bell Gardens for the fifth year of a 5-year optionally renewable period;

\*Approved the adjustments to the 2009-10 General Fund unrestricted and restricted budgets, to reflect increases of \$5,568,176



Calvin Davis, in charge of energy at the Downey Unified School District, was honored with the superintendent's Vision Award in the Area of Environment at Tuesday's school board meeting.

and \$4,087,258, respectively; similar adjustments to the 2009-10 Adult Education Fund unrestricted and restricted budgets; a slight adjustment to the 2009-10 Cafeteria Fund restricted budget; the adjustment to the 2009-10 Deferred Maintenance Fund unrestricted budget; the adjustment to the 2009-10 Self-Insurance Fund unrestricted budget; and the transfer of \$2,750,000 from the unrestricted General Fund to the unrestricted Adult Education Fund;

\*Authorized the service of the Speech/Language Pathologist, assigned on a waiver for Education Code Section 44265.3 for the 2010-11 school year;

\*Approved the abolishment of one Instructional Assistant (bilingual) at Ward Elementary School effective June 16, 2010; the abolishment of one Child Care Assistant position effective June 23, 2010 as well as one vacant 4-hour Intermediate Clerical Assistant position effective June 8, 2010, along with one 8-hour Intermediate Clerical Assistant position effective July 23, 2010—all at Downey Adult School; and the establishment of two Senior Instructional Assistant positions, and one limited-term Senior Instructional Assistant position to provide support services for students with special needs;

\*Adopted a resolution on temporary interfund cash transfers for 2010-11, per Education Code Section 42603;

\*Adopted a resolution authorizing the annual delegation of administrative authority to superintendent Wendy Doty for the processing of routine budget revisions, adjustments and transfers;

\*Adopted a resolution authorizing federal revenues for child nutrition to be expended initially on classified salaries and benefits subject to PERS (Public Employees' Retirement System);

\*Approved the revised 2009-10 Downey Adult School course of study;

\*Approved, after a public hearing, the use of certain available Tier III categorical funds in accordance with Education Code Section 42605(c)(2), as follows:

- 1) \$7,617,883 to fund on-going categorical programs; and
- 2) \$7,513,611 to offset the cost of 110 full-time equivalent certificated and classified positions to avoid further staffing cuts;

\*Approved the Memorandum of Understanding between the California School Employees Association (CSEA), Chapter #746 and the Downey Unified School District for the 2010-11 school year, mutually agreeing not to open the Master Agreement for the 2010-11 school year;

\*Authorized the approval of the declaration of need for fully qualified educators for the 2010-11 school year;

\*Declared that as a result of financial uncertainties, negotiations, legislation, and other factors, all management including superintendent and assistant superintendents, confidential, and other unrepresented employee salaries are indefinite for 2010-11; and

\*Endorsed the actions taken by the superintendent on all students cases (nos. 84-92).

The next regular public meeting of the Board of Education will be at 8:30 a.m. on Tuesday, June 29 at the Gallegos Administration Center, 11627 Brookshire Ave., across the street from Downey Regional Medical Center.



More than \$278,200 in scholarships was awarded to 162 seniors when Warren High School hosted its Senior Awards Night on June 2 at the Downey Theatre. Pictured above, from left, are seniors Diana Gonzalez, Cindy Alvarado and Michelle Page.

## Cerritos students earn scholarships

**NORWALK** – The Cerritos College Foundation awarded nine student scholarships totaling more than \$7,000 during its board meeting on May 20.

Downey resident Eduardo Iniguez was awarded the \$500 Greater Harbor Area Business Council Scholarship, established by the Greater Harbor Area Employer Advisory Council to stimulate students who will be moving toward business careers.

Students Daniel Feldman, of Lakewood, and Ignacio Rodriguez, of Long Beach, were each presented the \$1,000 Chugh Firm Scholarship. Navneet Chugh, an attorney and CPA, established the scholarships to support promising accounting and paralegal students.

The \$500 Broderick/Commeford Scholarship was presented to John J. Jenkins, of Los Angeles. The scholarship was established by the late Cerritos College reading professor Dr. William Broderick, and named in memory of Broderick and his father-in-law.

Johnny Juarez, of Cudahy, received the \$500 Randy and Elmer Dobson Scholarship. The scholarship was established in memory of history professor Randy Dobson and his father, Elmer Dobson. The scholarship recognizes an outstanding history student.

Administration of justice students Kimberly Reyes and Kevin Mcshane, both of Norwalk, received the \$500 Robert W. Collins Scholarship for Administration of Justice Students. Established by administration of justice professor John Collins, the scholarship honors the memory of his father, who served in World War II, the Korean War and as a police officer and eventual chief of police for the city of Monterey Park.

Psychology student Paulo Roca, of Norwalk, received the \$300 Albert Ostroff Scholarship. The scholarship was established by Francine De France, former instructional dean of Humanities and Social Sciences, in memory of her father.

Carlos Saborio received the final scholarship, the \$2,000 Robert C. Hughlett Scholarship for Students with Disabilities.

## Film student earns honorable mention

**NORWALK** – Cerritos College film student Peter Catania earned honorable mention at the 3C Media Solutions Fifth Annual Student Film and Video Festival.

Catania's short film, "Writer's Block," is a fantasy about an author who sets up his desk in the middle of a park as a last ditch effort to get inspiration for his story.

When he hits the keys to his typewriter, instead of hearing the keys slap against the paper, he hears piano notes. The author continues typing and a song begins to emerge from what he is writing.

The annual competition is conducted by 3C Media, the educational media distribution network that assists the California community college network with media solutions. Entries for the competition come from schools across the state.

Catania, of Signal Hill, received his AA from Cerritos College in 2009. After graduating, he began taking film production classes with Professor Steven Hirohama.

He will study television production in the fall and hopes to become a feature film director.

"When Professor Hirohama told me I was receiving an honorable mention, I could not contain the overwhelming feeling of accomplishment," Catania said. "The hard (and free) work from my case and crew is now getting noticed. After that, the feeling of joy settled in and I've been happy ever since."

"Pete put a lot of work in location scouting, casting and even had a composer score the film," Hirohama said. "Pete took a simple idea and executed it very well. He did something I wish more advanced film students would do, which is to shoot film. It's great to have Pete as a student."

## Student has high goals

**NORWALK** – Carlos Saborio was awarded the Hughlett Scholarship for Students with Disabilities at the May 20 meeting of the Cerritos College Foundation.

Saborio, of Paramount, is a political science major who is transferring to UC Berkeley in the fall. His career goal is to become the first gay Latino congressman for the second Congressional District of Louisiana.

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# County will hang on to Rancho

■ County shelves plans to seek private operator for Rancho hospital.

BY HENRY VENERACION, STAFF WRITER

**DOWNEY** – The plan to seek a private operator to administer Rancho Los Amigos Rehabilitation Center for operational and fiscal reasons has been shelved.

Instead, the Los Angeles County Board of Supervisors has approved a proposal prepared by County CEO William Fujioka to effect significant savings in Rancho's operations and by extension those of the Department of Health Services (DHS) which is responsible for developing integrated and coordinated health care systems in the county.

A review of Rancho's operations for the past seven years has not diminished its hallowed role as an effective manager of the medical, surgical, and rehabilitation needs of the most complex case-mix patients placed in its care.

Fujioka estimates that from 2003 to 2010, Rancho has taken care of 74,000 outpatient visits and an average daily population of 190 inpatients. Indeed, because of the expertise accumulated at Rancho, DHS feels confident that it will be able to provide people with disability care that will, in Fujioka's words, "optimize functional recovery" but which will be achieved in a cost-effective manner.

The key element of Fujioka's plan is to maximize Rancho's marketing opportunities taking advantage of the new announced Medi-Cal Waiver as well as patient referrals from the health plan pool. Negotiated contracts with these private health plans alone (such as Kaiser Foundation Health Plan, Inc., Aetna Health Management, LLC, Veterans Administration) can



PHOTO BY CHRISTIAN BROWN/STAFF WRITER

be expected to bring in savings of anywhere from \$2-\$5 million a year.

The new Medi-Cal Waiver, said to be currently being negotiated by the state with the Centers for Medicare and Medicaid, is expected to generate annual revenues of \$5-\$10 million. Savings from an expanded Coverage Initiative (CI) program that will kick in when the federal Healthcare Reform is implemented in 2014 should contribute \$3-\$5 million (the CI expansion is expected to provide coverage for patients who are currently uninsured).

An integral part of the plan for Rancho is to develop additional cost savings proposals to take advantage of surfacing opportunities over time.

A three-pronged program to realize operational efficiencies and

revenue opportunities at the hospital and hence for DHS has been outlined as follows:

1.) By redesigning its outpatient delivery system, Rancho has increased the number of patient visits by 10,000 a year without additional personnel. It goes without saying that DHS as a whole has softened the blow suffered with the closure of Martin Luther King Hospital. On average, Rancho is seeing an additional 50 inpatients per day, which translates to 1,000 additional admissions per year. What this means is that areas are being looked at where decreased costs and increased productivity can be effected;

2.) As already mentioned, enhanced revenue streams should be generated from contracts with private health plans, etc.; and

3.) As part of its programmatic

changes, Rancho is helping manage the overflow of patients from LAC+USC Medical Center and Harbor-UCLA Medical Center, while quality of care is maintained.

These three measures are expected to result in \$6.2 million in savings.

Indeed, with economic, innovative, and technological challenges crying for creative and courageous actions, Rancho, along with DHS, has been arming itself to compete effectively in the general health care market.

Fujioka still has to submit another proposal to form a group whose job will be to help focus everybody's energies in positioning the county health system to be competitive in the years ahead.



Glen and Emma Schwarz celebrated their 60th wedding anniversary at the home of one of their eight grandchildren and other family members. They were married April 10, 1950 and moved to Downey in 1953, bought a house still under construction and have lived in the same house ever since, where they raised their three children, Judy Cannady, Danny Schwarz and Terry Shore. In addition to their eight grandchildren, they also have four great-grandchildren. The couple celebrated their anniversary with a two-week Hawaiian cruise. Before the year is up they will embark on their 37th cruise, this time to Alaska.

## Magician to appear in Whittier

**WHITTIER** – Magician and illusionist John Gabriel, who has performed in such venues as Caesar's Palace and the Stardust in Las Vegas, will play a more intimate version of his show at the Blue Moon Theatre in Whittier on June 12-13.

Hailed by NBC as "magic's hottest new star," Gabriel has escaped from a chained box submerged in a 2,000 pound tank of water, made a two-ton elephant vanish from a stage, predicted the exact outcome of a basketball game three days before it happened, double levitated both himself and an assistant in mid-air, used a slicer to cut a woman into nine pieces and appeared to merge a black dog and a white dog into a Dalmatian.

Gabriel's 90-minute show is family-friendly. Performances will be given June 12 at 8 p.m. and June 13 at 5 p.m. Tickets are \$10-\$35, or five tickets for \$50. Tickets may be purchased online at [www.bluemoontheatreco.com](http://www.bluemoontheatreco.com) or by calling (562) 480-7951.

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**Many Options Today, More Tomorrow From Metro**  
In the 20 years since rail transit returned to LA, the Metro Rail system has grown to nearly 80 miles throughout the county. Many more transit projects are currently in the works thanks to Measure R with the proposed "30/10 Initiative" seeking to complete 12 of them, scheduled over the next 30 years, in just 10 years. Find out more at [metro.net](http://metro.net).

**Outsmart Traffic, Dial 511**  
Call 511 or visit [Go511.com](http://Go511.com) for free up-to-the minute traffic updates and transit planning. The toll-free 511 number can help improve your commute and keep you informed about travel conditions before leaving the house and while on the road. And you can call 511 and say "Trip Planner" to schedule your bus or train trip 24/7.

**Feel Free To Tweet, Go Metro**  
Texting while you drive is against the law. But when you Go Metro, you have the freedom to text, Facebook, Tweet or anything else your little fingers desire without being slapped with a fine. So go ahead, update your status and keep up your current events on Metro.

**State Approves Rail Safety Funding**  
The California Transportation has approved \$46 million in funding for positive train control, a computer-based tracking system that will monitor trains as they travel across the region preventing accidents. Metro worked with different agencies as part of the Southern California Consensus Group to ensure that funding was made available.

**New Metro Fares Go Into Effect July 1**  
Beginning July 1, the cash fare for regular riders will be \$1.50; a day pass will be \$6; the Metro weekly pass \$20; and a monthly pass \$75. The fare change was approved three years ago as part of a two-step fare restructuring. Fares for seniors, students, the disabled and Medicare recipients will stay at current levels. Metro Silver Line fares also will not change.

**Metro**

If you'd like to know more, please call us at 1.800.454.4111, or visit [metro.net](http://metro.net).

## 18 dogs rescued

**EL MONTE** – SEAAAC animal control authorities rescued 18 dogs trapped inside a locked van in South El Monte on June 3.

The dogs, which varied in breeds and sizes, were "panting heavily" and some began to show signs of panic," Capt. Aaron Reyes of SEAAAC said.

SEAAAC received a tip about midday June 3 about dogs trapped in a Chevy van on the 2600 block of Loma Ave. in South El Monte.

Officers measured the temperature inside the van at 100 degrees.

The dogs were rescued throughout the afternoon.

"A records check on the vehicle's license plate did not reveal any outstanding warrants or priors at the address on file, and we have not been able to locate an owner thus far," Reyes said.

The 18 dogs were taken to SEAAAC's headquarters in Downey.



The Downey 10U All Stars of Downey Ponytail took second place at the Orange Canyon Tournament held Memorial Day weekend. Pictured top row, left to right: Head Coach Chris Forseen, Manager Darlene Juarez and assistant coaches Junior Moeai, Mario Martinez and Ismael Trejo. Players pictured left to right: Jenise Gomez, Brianna Lerma, Angelina Garcia, Brandi Trejo, Stephanie Jimenez, Megan Soto, Jessica Martinez, Brooke Moeai, Alena De La Torre, Jaclyn Candelas, Desiree Renteria and Alize Lopez.

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# Ralph O'Brien Jr. was oral surgeon

**DOWNEY**— Dr. Ralph Griswold O'Brien Jr., 88, formerly of Downey, passed away June 5 in Griffin, Ga.

O'Brien was born August 27, 1921 in Phoenix, Ariz., the son of the late Ralph G. O'Brien Sr. and the late Phyllis Bethel Smith O'Brien.

He practiced oral and maxillofacial surgery in South Gate from 1956 until his retirement in 1986. He was past president of the Southern California Society of Oral and Maxillofacial Surgeons, the Downey Dental Academy, and the South Gate Kiwanis Club



O'Brien was preceded in death by his daughter, Phyllis McAmis O'Brien, and his grandson, Wade McAmis.

He is survived by his wife of 49 years, June E. O'Brien and his brother, Brad M. O'Brien, of Albuquerque, NM. Other survivors include his son and daughter in law, Michael and Paula O'Brien, daughter and son in law Linda and Don Radon, son David O'Brien, all of Santa Barbara, and son and daughter in law Brad and Sheryl O'Brien, of Griffin, Ga. He leaves behind 11 grandchildren, 11 great grand children, and numerous nieces and nephews.

Memorial services for O'Brien will be held on June 13 at 2 p.m. at St. George's Episcopal Church in Griffin. In lieu flowers, the family requests that donations be made to St. George's Episcopal School, 103 Birch Street Milner, Ga. 30259.

SouthCare Cremation Society and Memorial Centers in Stockbridge, GA, (770) 692-1181, is in charge of arrangements.

# Mickie Dufrene passes away at 78

**DOWNEY** — Mickie Hinman Dufrene, a resident of Downey for 50 years, passed away May 20. She was 78.

She was born in Westlake, Louisiana, and was employed for 28 years at Bethlehem Steel. She also worked 10 years at the Superior Court Law Library.

Dufrene was past president of the Together for Hope chapter of the City of Hope, and belonged to the OLPH Catholic Women's Guild. She also volunteered at Aquarium of the Pacific, was a member of the International Scuba Club, and supported the Los Angeles County Museum of Art and the Gene Autry Museum.

Dufrene was also a Eucharistic minister at Our Lady of Perpetual Help Church in Downey.

She is survived by two daughters, Beth (Bill) Damianakes and Leah (Steve) Maldonado; four grandchildren, Nicole (Tim) Woolery, Adriane (Travis) Beglem, Nathan (Alayna) Maldonado and Andrew Damianakes; and eight great-grandchildren.

Funeral services will take place at OLPH Church with Rev. Mark Warnstedt officiating.

Miller-Mies Mortuary is handling the services.

# Rosalie Carpenter to be remembered

**DOWNEY** — A memorial gathering for longtime Downey resident Rosalie Carpenter, who died May 26, will take place tomorrow at 10 a.m. at the Barbara J. Riley Community and Senior Center.

Carpenter wrote the song "Set Me Down in Downey." Tuesday's City Council meeting was adjourned in her memory.

The public is invited to tomorrow's gathering.



Girl Scout Troop 3783 earned the Bronze Award, the highest award that can be bestowed upon them as Junior Scouts, after collecting and turning in soda tabs to the Ronald McDonald House. The recycling of the soda tabs helps the Ronald McDonald House's mission of providing comfortable housing and emotional support to families of critically ill and injured children being treated at Orange County hospitals.

# Man charged in robberies targeting Latinos

**POMONA** — A 33-year-old El Monte man accused of posing as an immigration agent to rob and extort a string of Latino victims was charged Tuesday with kidnapping, robbery, impersonating a public officer and other felony crimes.

Noel Gutierrez faces 19 felony counts. He was arraigned Tuesday at Pomona Superior Court.

Gutierrez was charged with four counts of kidnapping for ransom; five counts of impersonation of a public officer, investigator of inspector; four counts of extortion; three counts of second-degree robbery; and one count each of kidnapping to commit another crime, first-degree ATM robbery and first-degree burglary with a person present.

The charges involve five victims — three men and two women — who were allegedly robbed and extorted on June 5 in El Monte and Rosemead. Gutierrez purportedly identified himself as an immigration agent before committing the alleged offenses.

The complaint alleges that Gutierrez detained and threatened to arrest and detain the victims. He allegedly searched the victims and robbed them of cash and valuables.

If convicted, Gutierrez faces a maximum of life in prison. The recommended bail was \$4.3 million.

# Fishing lessons at state beach

**LOS ANGELES** — Both children and adults are invited to free shore fishing classes at Dockweiler State Beach.

Fishing poles and bait will be provided at no cost. Anglers typically catch surfperch, croaker, corbina, halibut and leopard shark.

All ages are welcome but children 12 and younger must be accompanied by an adult. Participants over age 16 must present a valid California fishing license.

A list of retailers that sell fishing licenses is available online at [www.callicensetofish.com](http://www.callicensetofish.com).

Fishing classes will be given June 12, June 19, June 26, July 10 and July 17. Classes are from 8 a.m. to 10 a.m.

Pre-registration is required by calling (310) 726-4128.

# Can road kill be legally taken and eaten?

By CARRIE WILSON, CA DEPT. OF FISH AND GAME

**Q:** A friend recently hit a deer, causing about \$1,200 damage to the vehicle. He picked up the deer and put it in his truck to take home for food. He was stopped by a sheriff's deputy who told him to take the deer out of his vehicle or he would be cited. I heard that it is legal to pick up "roadkill." Can you please clarify this?

**A:** The officer was correct. It is illegal to pick up roadkill wildlife. No one may possess wildlife in any form unless the animal was legally taken by a licensed hunter during the hunting season for that species and while using approved harvest methods.

Given this, even if the first criteria were true (your friend was a licensed hunter), motor vehicles are not a legal method of take. The next time your friend sees an animal killed on the roadway, he should not attempt to retrieve it for any purpose.

**Q:** I have a question regarding access rights to California waterways. I've noticed "no trespassing" signs posted on many of the Delta sloughs south of Sacramento that state the area between the public road and the slough itself cannot be accessed or fished. These look like government signs.

While investigating I found that state and federal law, as well as the California Constitution (Article 10, sections 1, 4 and 7), appear to guarantee the public's access to these waterways. Shouldn't the public have the right to access and fish from this land?

**A:** While California law allows

for public access to public waters, it does not grant the public the right to cross private property to reach those waters. That means that while the waters are open to public use and passage, in order to reach those waters you may need to do so from a public launch ramp. If you want to fish from a bank, you will need to do so from areas that are public property or not marked with "No Trespassing" signs due to private property rights.

The signs you are referring to here are different, though. According to Department of Fish and Game (DFG) Capt. Mark Lucero, the posting at the Delta levees has been an issue since early 2000 when the reclamation districts first erected these signs to keep anglers from parking their vehicles on the levees and down embankments. DFG has received constant complaints from anglers upset with the posting and lack of accessibility to the river. We inform the anglers that the trespass issues are a penal code violation and that our officers will not be issuing citations for trespass.

However, we do caution the anglers that they may be cited by a sheriff's deputy. There's been a real effort lately, through CalTIP and letters sent to DFG, to get our officers to address this issue. However, as mentioned, our officers will not be enforcing trespass laws or conducting angler checks as a priority. In addition, anglers may fish from the bank of the levees if they access

the bank via navigable means and stay within the mean high tide.

**Q:** Can sport-caught fish be prepared and consumed at sea when fishing/diving from a private vessel?

**A:** Yes, legally taken fish may be prepared and consumed at sea, but there are some restrictions.

Abalone must remain attached to their shell and lobster tails must remain attached to the carapace until they are being prepared for immediate consumption. For finfish that may be filleted at sea, the skin (or prescribed portion) must remain attached for species identification until they are being prepared for immediate consumption.

**Q:** I know there is a crow hunting season, but what about ravens? Since "corvids" (crows and ravens) are very problematic predators for song birds and marbled murrelets on the coast, can landowners get a depredation permit for either species? If so, where?

**A:** There is no hunting season for ravens. They are protected by the federal Migratory Bird Treaty Act. Crows are also protected by the MBTA, but there is an open season between December and April each year.

*Carrie Wilson is a marine biologist with the California Department of Fish and Game. While she cannot personally answer everyone's questions, she will select a few to answer each week. Please contact her at [CalOutdoors@dfg.ca.gov](mailto:CalOutdoors@dfg.ca.gov).*

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