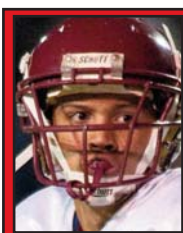


# The Downey Patriot



**Young rider wins awards**  
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**Lopez impresses in QB debut**  
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**Bob's Big Boy opens Oct. 19**  
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Friday, October 9, 2009

Vol. 8 No. 25

8301 E. Florence Ave., Suite 100, Downey, CA 90240

## Details of Porto's Bakery emerge

By ERIC PIERCE,  
CITY EDITOR

**DOWNEY** – Specific details of the forthcoming Porto's Bakery emerged this week when representatives of the property owner appeared before the Planning Commission to gain approval for construction.

According to a staff report prepared by deputy city manager and community development director Gilbert Livas, Porto's Bakery will be two stories tall with the bottom level dedicated to a 12,674-square foot bakery and café, complete with indoor dining and two patios.

"Most of the building" will be single-story, except for a second story at the rear of the building for employee space. Porto's main entrance will face Firestone Boulevard.

The report says Porto's will open at 6:30 a.m. and close at 7:30 p.m., Monday through Saturday. Sunday hours will be 7 a.m. to 4 p.m.

Tricities Cal Properties, LP owns the property at the northwest corner of Downey Avenue and Firestone Boulevard, formerly known as Cardono Square, where Porto's will be located. According to the report, an existing two-story building at 8233 Firestone Blvd. will be demolished to make room for Porto's.

The five-story office building next door, at the corner of Downey Avenue and Firestone Boulevard, will remain in place, although there are plans to replace its white plaster and gold glazing "with glass that has a more contemporary appearance, as well as complements the architectural style of the proposed bakery," Livas wrote in the report.

Twenty-five feet will separate Porto's and the five-story office building. A shaded courtyard will be constructed here and will include "a fountain, decorative hardscape, trees and plant materials."

To satisfy parking requirements, a two-level parking structure will be built at the rear of the property, between Firestone Boulevard and New Street. This will create 172 stalls, 66 of which will be designated for compact vehicles. Porto's employees will be expected to park on the top level, the report says.

Most of the parking structure's walls will be covered with plants, possibly vines or creeping figs. The only wall absent plants is the south elevation, facing Porto's, "but the architect instead proposes to use glass and decorative, horizontal wood slats to cover the stairwell." Glass and wood slats will also be used to cover the parking structure's northwest stairwell.

"[By] opening a bakery/café at the proposed location, the project will bring people downtown to both shop and eat," Livas wrote in the report. "Moreover, the proposed development is an attractive project with respect to the building and its on-site improvements so project development would provide...an interesting element."

Restaurant owner Raul Porto said last week the restaurant could open next May.



JIVE RECORDS

**Downey resident and "American Idol" finalist Allison Iraheta released her first single this week, "Friday I'll Be Over U," off her new album set to be released Dec. 1. Iraheta, 17, just wrapped a 50-city, nationwide tour after finishing in the final four on "Idol."**



PHOTO BY STAN HANSTAD

**Capt. Rick Esteves, fourth from right, stands next to NFL Hall of Famer Jim Brown at April's Gangs out of Downey luncheon.**

## Esteves considers promotion a blessing

By CHRISTIAN BROWN,  
STAFF WRITER

**DOWNEY** – As a young man, Capt. Rick Esteves found a hero in his uncle Rick Harper.

"He was a LAPD motor officer," said Esteves. "I would see him on his bike and think, 'I want to do that one day.'"

Since joining the Downey Police Department in 1984, Esteves has served in several positions including one as a motor officer, but Dec. 1 will mark a new beginning for Esteves when he steps into the role of police chief.

"I've worked my entire career to get to this point and I feel very fortunate," Esteves said. "This department has a lot of more than capable people – I'm blessed and I know it."

After Police Chief Roy Campos announced his retirement in August, all three police captains were placed into consideration for the position, but in September, City Manager Gerald Caton appointed Esteves and the decision was confirmed by the City Council.

"Capt. Garza was just recently promoted to captain and Capt. McCulloch is getting ready to leave soon," said Esteves, 47. "Just like in sports, it's all about timing."

Growing up in Artesia, Esteves remembers getting a taste of Downey as a result of his mother's work in the dietary department at Downey

See ESTEVES, page 4

## World of Décor is closing

■ Company is advertising new location in Irvine.

By CHRISTIAN BROWN,  
STAFF WRITER

**DOWNEY** – World of Décor, the high-end furnishing store known for its collection of large-scale statues, fountains, clocks, and columns, is going out of business.

Store representatives could not be reached to comment on the closure, but last week banners were placed outside the store at 11111 Florence Ave. to promote a "Going Out of Business" sale.

Acting City Planner William Davis received no formal indication from the store about the closure, but acknowledged that traffic seemed to be dying down at World of Décor.

Over the years, the city has taken issue with some of the store's



PHOTO BY ERIC PIERCE

**A banner advertising a going out of business sale hangs outside World of Décor. Company officials could not be reached for comment.**

practices. Last year, the store was cited for storing several statues in their back lot in plain view of drivers on the 5 freeway.

"It was a matter of them wanting to do their own thing," said Davis. "But they have been in compliance for more than a year now."

World of Décor is an Orlando-based corporation with stores in Florida, Texas and California.

According to the World of Décor's website, a new store is coming soon to Irvine.

## Study: sewer system needs to be overhauled

■ Proposed hike in water rate would pay to update sewer system.

By HENRY VENERACION,  
STAFF WRITER

**DOWNEY** — The findings of a recent study to evaluate the city's sanitary sewer system indicate sewers here are more than 50 years old, filled with debris, grease, roots and vermin and in dire need of rehabilitation.

The findings also revealed that the current sewer revenue (approximately \$300,000 per year) has not kept pace with expanding costs related to regulation, inflation, and the aging infrastructure and is insufficient if the city is to fulfill the requirements laid down by the State Water Resources Control Board (SWRCB) that was adopted on May 2, 2006.

RMC Water Environment, Inc., with Larson Consulting and Bartle Wells Associates acting as subconsultants, was retained by the city to assist staff formulate a master plan aimed at ensuring sanitary sewer overflows (SSOs) are minimized or eliminated altogether.

These findings, along with staff recommendations, were discussed at the Council workshop convened Tuesday.

Among the study's other findings/recommendations endorsed by staff:

- Downey's sewer rates have remained unchanged since 1997;
- Even with the proposed rate

revision, Downey's rates would still remain below those of any of its neighboring cities;

- With 5 percent of system inspected (involving 50,000 feet of 6-21-inch clay pipes), 7 percent of this requires immediate repair or rehabilitation/replacement to reduce the risk of sanitary system overflows (fines attached could be prohibitive);

- Minimum of 0.6 miles of rehabilitation and 1 mile of repairs/year needed;

- The entire system of 193 miles of pipes (and featuring more than 4,000 manholes) need to be inspected by camera in five years, with re-inspection at 5 to 30-year intervals, depending on condition/age; and

- Both lift stations are more than 60 years old, inefficient and need to be replaced; now situated far apart, they need to be consolidated into one new station, to reduce operational and maintenance costs and eradicate risk of sanitary sewer overflows (design drawings are currently being produced).

An updated rate structure would provide for a) ongoing operational and maintenance costs, b) funding of reserves, c) capital improvements, and unscheduled expenses (emergency repairs, for instance). In any case, the creation of a self-sustaining Sewer Fund is meant to eliminate dependence on current transfers from General and Water Funds, which would free these monies for other services.

Total estimated projected cost to implement the sewer master plan

improvements from FY2010-11 to FY2019-20 is \$7.92 million, which would include costs of rehabilitation, spot repair, inspections, and re-inspections.

The proposed new sewer rate structure will generate 60 percent of revenues from fixed charges and 40 percent from variable charges (sewer fixed charge is based on the size of the water meter—the larger the meter, the greater the charge; the sewer variable charge is based on the percentage of Winter Water Flow assumed to return to the sewer system by customer class).

Under this scheme, the typical single family (usually served by a 5/8-inch meter) rate will increase from the current \$0.95/mo. to \$3.12/mo. beginning July 1, 2010, which staff says is still a bargain compared to other cities' rates.

When approved, staff considers these increases will generate enough income to meet sewer master plan requirements.

All these are to follow certain processes and procedures, including new rate notification to property owners, and time for submission of queries, and the like. A public hearing on the subject is scheduled for Dec. 8, 2009.

For now, the bottom line is that sewer system master plan and the new sewer rate structure will be up for approval by the Council on Tuesday, Oct. 27.

The next regular public City Council meeting will be at 7:30 p.m. on Tuesday, Oct. 13 at City Hall, 11111 Brookshire Ave.

## Gunmen rob Downey jewelry store

By ERIC PIERCE,  
CITY EDITOR

**DOWNEY** – Two armed gunmen robbed a local jewelry store this week and escaped with an undisclosed amount of merchandise, police officials said.

The two gunmen entered Zain's Jewelry & Repair, 10337 Lakewood Blvd., at about 10:15

a.m. Tuesday, said Sgt. Alex Irizibal with the Downey Police Department.

The gunmen forced the person working inside to the back of the store. It was unclear if the person working was an employee or the store's owner.

After receiving merchandise, the gunmen fled and were gone by the time police arrived, Irizibal

said. The store was conducting an inventory to determine exactly how much was taken, said Irizibal.

No injuries were reported and a description of the suspects was not immediately available.

Irizibal said detectives are investigating the case.



Students and staff of Maude Price Elementary celebrated their API score of 850 on Sept. 25. The Griffiths Middle School cheerleaders performed amidst banners, balloons and music, while everyone enjoyed popsicles. Principal Janice Hobson thanked her teachers, staff and parents for helping the students achieve their goals. PTA president Lisa Purdy commended Hobson "for her vision and leadership."

## Public rosary at Furman Park

**DOWNEY** – A public rosary will be held tomorrow at noon at Furman Park. The public is invited. The event is sponsored by the organization America Needs Fatima and commemorates the appearance of the Blessed Mother, Our Lady of Fatima.

## Thanksgiving service for all faiths

**DOWNEY** – The Downey Interfaith Fellowship will celebrate its fifth annual Thanksgiving service on Nov. 23 at Downey Memorial Christian Church, 8441 Florence Ave. The service begins at 7 p.m. All faiths are welcome.

## Prayer Breakfast tickets on sale

**DOWNEY** – Tickets are now on sale for the annual Mayor's Prayer Breakfast which will be held at 7 a.m. on Nov. 12 at the Rio Hondo Event Center. The keynote speaker will be Victor Marx, founder and president of All Things Possible, a national faith-based organization. Marx holds a sixth degree black belt and has provided training to law enforcement agencies and military personnel. Marx is author of the book, "With God, All Things Are Possible." Tickets to the breakfast are \$10. Checks should be made payable to Mayor's Prayer Breakfast, P.O. Box 279, Downey, CA 90241. For more information, call James Van Lengen at (562) 310-1335.

## Learn to apply Halloween makeup

**DOWNEY** – Free Halloween makeup demonstrations will be presented at Hair Essentials, 8011 Stewart and Gray Rd., this Tuesday at 6:30 p.m. The Miss Downey Court will serve as models as makeup artists Linda Kearby and Lucy Wilson show how to transform "a gorgeous individual to a monstrous zombie," mummy, fairy, etc. The live demonstration is free. On Halloween, the salon will offer professional makeovers starting at \$20, with proceeds going towards holiday crafts that will be donated to kids. For more information, call (562) 862-7769.

## Business Expo on Thursday

**DOWNEY** – The Downey Chamber of Commerce will present a Business Expo on Thursday from 4-7:30 p.m. at Stonewood Center. Vendors will be displaying products and services, and telling their company stories. The expo will be held in Center Court near Macy's.

## Vasquez to talk water conservation

**DOWNEY** – Ed Vasquez, director of the Central Basin Municipal Water district, will be guest speaker at the Oct. 27 meeting of Rise 'N Shine Networking at Downey Brewing Company. Vasquez's topic will be "Shut Your Tap! Water Conservation Outreach." The meeting begins at 7:30 a.m. Cost to attend is an order from the menu. To attend, RSVP by calling the Downey Chamber of Commerce at (562) 923-2191.

## OLPH carnival Oct. 16-18

**DOWNEY** – Our Lady of Perpetual Help School will host its annual carnival Oct. 16-18. In addition to food, rides and games, the carnival will feature live entertainment, raffles, karaoke and a silent auction. The school is also raffling a 2010 car. Raffle tickets are \$200 and only 300 tickets will be sold. For more information, call (562) 869-9969.

## Bethhauser to speak on center

**DOWNEY** – Jon Bethhauser, executive director of the Columbia Memorial Space Center, will be guest speaker at Wednesday's meeting of Citizens For Downey at the Rio Hondo Event Center. Bethhauser will present a slideshow of the space center, which is scheduled to open Oct. 24. The program begins at 7:30 a.m. with a buffet breakfast available at 7 a.m. No reservations are required and the public is invited.



William Morris, a 10-year-old student at Rio Hondo elementary School in Downey, competed in the ETI Corral 8 English Horse Show held Sept. 27 in Rolling Hills Estates. William took fourth place in Walk Trot Equitation, fifth place in Walk Trot Equitation Challenge, second place in Trot Over Poles, and "Reserve Champion" in his division. William, who was participating in his first horse show, credited his success to his coaches at the Imperial Equestrian Center in South Gate.

## Mayor to speak at breakfast

**DOWNEY** – Mayor Mario Guerra will serve as guest speaker at a Columbus Day breakfast Monday at Temple Ner Tamid of Downey. The breakfast begins at 10 a.m. and cost is \$10 pre-paid or \$15 at the door. For more information or to make a reservation, call Harold Mark at (562) 861-3065 or the Temple office at (562) 861-9276.

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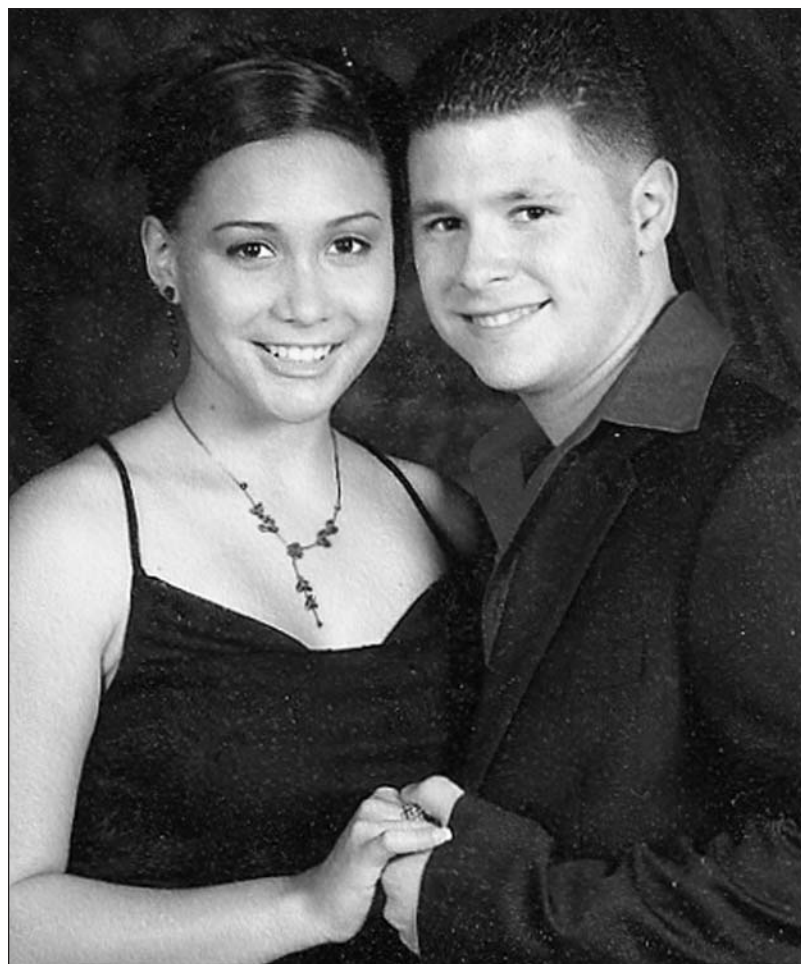
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Mrs. Lori Colebaugh, Downey resident and mother of the groom, and Mrs. Maira Sandoval have announced the impending marriage of their children, David Acosta and Cindy Duenas, to take place Oct. 16 at first Baptist Church of Downey. A private reception will follow the ceremony. After a honeymoon in Hawaii, the couple will reside in Downey. Acosta is a Warren High School graduate and grew up in Downey, while Duenas is a Santa Fe High School graduate and grew up in Santa Fe Springs.

## Preschool accused of abusing students

**DOWNEY** – Former teachers at Heavenly Unicorn Preschool and Daycare in Downey are alleging that children are being abused on the site, according to a report aired by CBS-2 News last week.

The former employees claim that children were held down while teachers encouraged others to hit and bite them.

Eloisa Mercado, owner and operator of the facility, would not comment on the accusations, but Mercado's brother Gil Maga denied the claims.

"They are serious obviously and

should be taken seriously," said Maga in the CBS report. "They are unfounded and malicious by nature. They're coming from disgruntled employees who were facing elimination."

An attorney representing the group of three teachers and two parents has reported the allegations to the Downey Police Department and an investigation is underway.

Heavenly Unicorn rents space from Trinity Baptist Church, which is located at 8219 Florence Ave.

—Christian Brown, Staff Writer

## Library re-dedicated on its 50th anniversary

■ Today, more than 89,000 people use the library each year.

BY HENRY VENERACION,  
STAFF WRITER

**DOWNEY** – The 50th anniversary of anything is usually a happy occasion, and the re-dedication and 50th anniversary celebration of the Downey City Library last Saturday had a number of special touches.

On top of the usual ribbon cutting, photo-op, and speech-making, the program's array of treats and surprises ranged from a simple punch-and-cupcake-and-coffee offering for the guests in general and piñatas for the little kids in particular, to staging two well-received though dissimilar demonstrations: one was a cake decorating demonstration courtesy of Cakeland, the other a rousing display of juggling skills by a professional juggler in a jam-packed Children's Room.

The schedule also included a scavenger hunt, book raffles and giveaways. With the library parking lot blocked off, the program lasted from 9:30 a.m. to 2 p.m., while the library itself was open and catered to its usual Saturday clientele.

One thousand commemorative gold library cards were issued for the occasion and offered to the first 1,000 card holders who wanted to trade their old or existing library cards for the new ones. And adding immensely to the gaiety of the occasion was the playing outside of lively calliope music (rendered by Mark Keller) which seemed to provide just the right bright note to the event.

A slew of speakers provided bits of library history and context. Library Advisory Board chair Susan Bouris spoke especially of its early years, while Friends of the Library



PHOTO COURTESY DOWNEY CITY LIBRARY

Young children enjoyed hitting piñatas at a celebration Saturday for the Downey City Library's 50th anniversary. The library was under county jurisdiction until 1958, when the city decided to establish its own library.

president Cleo Latimer underscored the hefty \$4,000/mo. revenue stream being realized by the volunteer group ("All from the sale of books, magazines, and sundry stuff," she beamed).

City Librarian Nancy Messineo meanwhile thanked everybody—residents, patrons, and the all-important staff, volunteers, and donors—who's had a hand in the library's dynamic growth. Community Services director Thad Phillips, who preceded Messineo as City Librarian and was the ceremony's emcee, expressed similar thoughts.

The City Council members also saluted the library's achievements (its Internet hookup, literacy pro-

gram, etc.).

It was left to Mayor Mario Guerra to outline its major highlights: in 1958, two years after the city's incorporation, the library cut its affiliation with the county library system by City Council resolution, and henceforth Downey had its own library; on Dec. 17, 1959, construction of a new library building was completed (it measured almost 16,000 square feet at a cost of \$186,200 (or \$11.97 per sq. ft.).

"It is this dedication that we are celebrating here today," Guerra pointed out.

The number of checkouts 50 years hence was projected then, Guerra said, to reach 220,000 per year, and that there would be 40,000

users.

"Today," he said, "checkouts have reached almost a half million and there are now more than 89,000 users."

Guests included former mayors Dianne Boggs and Bob Cormack (after whom the oft-used Cormack Room was named), Dr. Mary Stauffer, and school board member Martha Sodemani. Rep Lucille Roybal-Allard, state senator Alan Lowenthal and assemblyman Hector de la Torre were also represented.

Said Guerra: "We look forward to another 50 years of library service to our Downey community."

Drawing will take place on Sunday, October 18, 2009 at approximately 6:30 p.m. during the OLPH Carnival  
Winner need not be present.



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## City, schools to participate in statewide earthquake drill

■ Drill is scheduled for Thursday at 10:15 a.m. Sirens may be heard around town.

BY MARK SAUTER,  
DEPUTY CITY MANAGER, EMERGENCY PREPAREDNESS

**DOWNEY** – The 2009 Great California Shake Out is the name of this year's planned statewide emergency exercise. The exercise will occur on Thursday, Oct. 15 at 10:15 a.m.

Millions of people will participate in the exercise this year. The objective of the emergency exercise is to remind everyone of the ever present possibility of a major earthquake and to convince them to take positive steps to plan ahead for their individual, family and workplace needs.

Everyone needs to develop an emergency plan, accumulate emergency supplies including food, water and medicine and be aware of the potential situations that could occur in their area.

On Thursday morning, city staff and the public safety departments will practice their skills during (and after) a simulated major earthquake. Field units from the Police, Fire and

Utilities Divisions will carry-out pre-assigned emergency duties immediately after the simulated quake occurs. City Hall emergency operations will be exercised as well.

The Downey Unified School District will exercise their emergency plans on Thursday morning as well. Many schools will be the host of simulated emergencies requiring rescue actions and district wide communications.

All residents, students and businesses are encouraged to practice their own emergency action skills by conducting Drop, Cover and Hold-on drills. Practicing the act of 'dropping' under a table, desk or large piece of stable furniture, 'covering' ones head and neck and 'holding on' to the piece of furniture (away from a glass window) is the best way to survive the immediate dangers during the shaking phase of an earthquake.

Fire Department sirens may be heard across the city at 10:15 a.m. to remind everyone to practice these important, life-saving skills. Once the shaking stops after an actual earthquake, those inside the building can then evaluate the condition of their surroundings and determine the best way to leave the premises. Many people have been killed or

injured trying to leave a building during the shaking phase of an earthquake. More information on Drop, Cover and Hold-on can be found at: [www.dropcoverholdon.org](http://www.dropcoverholdon.org)

Sometimes earthquakes occur when people are not at home, school or work. During times when standard Drop, Cover and Hold-on procedures are not possible, consider the following recommendations.

•When driving: Safely pull to the side of the road and set the parking brake. Avoid stopping under bridges, overpasses, power lines and other overhead hazards. Stay inside the vehicle until the shaking stops. If an electrical line falls on top of the car, stay inside until a trained professional can remove the line.

•When in a stadium, theater or assembly place such as a church: Stay at your seat and protect your head and neck, consider dropping below the level of the seats in the area or taking refuge under a nearby table. When leaving the building, watch for items that have toppled over and items that may fall during the after shocks.

•When outdoors: Look for a clear place to hunker down. Keep

away from overhead hazards such as signs, power lines and structures (especially those with exterior windows that could shatter and rain down on pedestrians). Do not get too close to vehicles or other large objects that may shift during the shaking.

More information is available at [www.Ready.gov](http://www.Ready.gov) and [www.shake-out.org](http://www.shake-out.org).

## Bob's Big Boy to open Oct. 19

**DOWNEY** – Bob's Big Boy in Downey will open Monday, Oct. 19, deputy city manager Scott Pomrehn announced this week.

The restaurant, which incorporated parts of the original Johnie's Broiler diner into the new building, has two separate kitchens for its carhop and dining area.

The rotating Bob's Big Boy figure was debuted two weeks ago.

Franchise owner Jim Louder previously said the "Fat Boy" of Johnie's Broiler will be displayed inside the Bob's Big Boy.

## POET'S CORNER

### A Picture Worth a Thousand Pixels

No matter how much research you do  
There's always something you don't know  
We gotta admit we're all ignorant  
and shouldn't use the word ignorant to mean stupid

In some cases  
Some of us talk about what we know least  
I guess we like to hear ourselves speak  
Otherwise, whats the point  
Must be to show intelligence

By claiming to know all things relevant  
But how many if any can stand permanent  
without whipping out any verifiable evidence  
None to this date

Word of mouth we hardly believe yet we live for  
its sake

If there's a doubt

A picture can make it dissipate  
But currently photoshop could be one  
to infiltrate...

—James Hernandez,  
Downey

### Over the Hedges and Houses

The cat will break his back  
On a fat Cosco sized matt  
Give him some room to breath  
Your life exceeds the free  
Yet unwilling to move  
Even a budge would soothe  
Eight lives left mark sultry  
Between time a memory  
Less space and pressures hot  
Need room, please bless the rot  
I asked for a cot and begot a house  
Not what I sought but bought  
The lot that wraught the mouse  
The cat ate the mouse whole

I didn't tell a soul  
And here they are at sole  
Asking questions for a goal  
Who know where the mouse is?  
Over the hedges and houses  
The house, bones it houses  
So did all the blouses

—James Hernandez,  
Downey

## Esteves: Joined Downey Police in 1984 and has been climbing the ranks since.

Continued from page 1

Community Hospital, which is now Downey Regional Medical Center.

As a graduate of Garr High School, Esteves recalls playing baseball against both Warren and Downey High School and making friends in Downey.

When dreams of playing professional baseball seemed out-of-reach for Esteves, he soon turned to his second passion and pursued a career in law enforcement.

"Downey was close to home so I applied here," said Esteves. "I got the position and signed on. The rest is history."

Through the course of his 25

years of service in the city of Downey, Esteves has served as a field training officer, a sergeant of field operations, and a lieutenant overseeing internal investigations and field operations.

In 2005, when then Chief of Police John Finch left, Esteves was promoted by Campos to captain of Administration. Since 2006, Esteves has served as captain of Field Operations.

Once Esteves takes over, he will become the city's ninth police chief since the department was established more than 50 years ago.

"I say often that I've got big shoes to fill and it's true," Esteves said. "Roy has been a mentor, counselor, and my training officer – the department is running at the most optimal levels I've ever seen

it. My job is to take it to the next level."

Although leadership is changing, Esteves wants to assure residents that the police department will continue to provide the best quality of service possible.

"We will never lower our standards for this community," said Esteves. "We will never rest on our laurels – It's about getting better and continuing the highest quality of service."

In order to better protect Downey residents in the future, Esteves believes that the department must stay educated about new trends in technology.

"The reality is that a large amount of crime today is coming through the computer," Esteves said. "Computer crimes can affect residents in a financial and physical way. We need to keep up with these trends to make sure the quality of life remains high."

Esteves, who lives in Chino Hills, hopes his officers will continue to be aggressive, preventing street robberies, removing law-breakers from city streets, while treating people the way they would want their families to be treated.

"We want to make sure that Downey is one of the finest places to work and live," Esteves said. "I will never feel comfortable. It's about taking all the work of my predecessors and using that knowledge to go forward."

Even though his promotion allots him a new office, Esteves promises not to isolate himself inside of it.

"I want to remain visible and assessable to the department and residents – It would be a complete failure to just close the door and put my feet up," said Esteves. "Leadership is a privilege, not a right – I'm not going to take it for granted."

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Mimi's Cafe, Downey  
8455 Firestone Blvd  
[www.ProNetworkers.com](http://www.ProNetworkers.com)

Come Visit Us On Our Website at:  
[www.TheDowneyPatriot.com](http://www.TheDowneyPatriot.com)

YOUR HOMETOWN COMMUNITY NEWSPAPER  
**The Downey Patriot**

[www.TheDowneyPatriot.com](http://www.TheDowneyPatriot.com)

## Tweeter

Eric Pierce

Tweet, tweet! Do you tweet?  
The Downey Patriot is on Twitter, and while only time will tell whether this new social media tool will become a passing fad, for the time being we're having a ball interacting with readers.

Twitter, for those who don't know, allows users to communicate using short bursts of text, limited to 140 characters.

When news broke this week of World of Decor's impending closure, a conversation ensued on what should take its place. Here are a few suggestions:

**@sociallegends:** I think it should be a Big League Dreams Field so that the City can generate the \$\$ from taxes. Need more sports fields!

**@\_Undomiell:** Assuming it isn't too big, what about a joint bookstore/coffeehouse? Borders in Stonewood has nothing of interest!

**@Chrisfubar:** that place might as well be Santa Fe Springs, they can have it XD

**@mikepagan:** An ice skating rink.

**@fmhuizar:** Trader Joe's, Whole Foods, Henry's.

**@JoslynDavis:** YES! I agree! Trader Joes NOW!!!!

In other Downey-related tweets, Downey High grad and Fox-11 reporter Suzanne Marques informed us what she's watching on TV:

**@suzmarques:** Just watched Nathan Trasaras from Downey on SYTYCD! Go hometown boy!

And Lizzy West tells us how she feels about her hometown:

**@LizzyWest:** [[ i love Downey]] its a cute little city with million dollar homes = ]]

To join the discussion, follow us **@downeypatriot**. If, for whatever reason, you're interested in random musings on the Lakers and what I'm having for dinner, follow me personally **@pierceout**.

## Letters to the Editor:

### World of Decor's demise

Dear Editor:

Whether one likes or dislikes the "unique and often outlandish home furnishings" of the now defunct World of Decor ("World of Decor is Kaput," 10/6/09, www.TheDowneyPatriot.com), one must rue the closing of yet another business in Downey, a closing due in some part to a municipal bureaucracy that is at best unfriendly to business, and at worst downright discouraging to local merchants and entrepreneurs.

The reported clashes between The World of Décor and the City Council over keeping products in the back lot, and over holding "unpermitted" auctions smack of a lack of leadership and tunnel vision among our local politicians.

One is reminded of the fight several years ago between the City Council and Arthur's restaurant over a sign that was considered in violation of code because it was too high. The fact that Arthur's sign could be seen from the freeway, and thus encourage business among travelers, never dawned on the City Council members as a possible remedy to a decreasing tax base.

Where is the city of Downey going to increase its commercial tax base if the City Council continues to harass and hassle local business over minor infractions until the business owners are forced to close?

—**Michael J. Parmer,**  
Downey

## Leave the cross

Contributed by Liberty Counsel

This week the U.S. Supreme Court heard oral arguments in a case involving a 75-year-old national World War I memorial with an 8-foot cross, located in the Mojave Desert of California. In *Salazar v. Buono*, the ACLU filed suit to remove the cross.

Following the lower court ruling, the cross was covered with a cloth and now is boxed in with plywood so it looks like a blank sign. It remains that way pending the final decision. Liberty Counsel filed an amicus brief in support of the memorial.

The memorial was originally erected in 1934 by the Veterans of Foreign Wars (VFW) as a wooden cross with a plaque stating, "The Cross, Erected in Memory of the Dead of All Wars" and "Erected 1934 by Members of Veterans of Foreign Wars, Death Valley Post 2884." Beginning in 1935, people gathered intermittently at the site for Easter services, and those services became a regular occurrence in 1984.

According to the National Parks Service, those gatherings by private parties somehow transformed the war memorial into a religious shrine of sorts and disqualified it from being included in the National Register of Historic Places. Congress then enacted a series of laws aimed at preserving the monument, including, most recently, a land exchange that would transfer ownership of the land upon which the monument rests to the Veterans of Foreign Wars, in exchange for its donation of an equivalent piece of property to the Parks Service. But the ACLU insisted that the cross be torn down.

Liberty Counsel's brief advocates that the Supreme Court adopt a new test that better comports with the intent of the First Amendment. Under this proposed test, a display that (1) comports with history and (2) does not objectively coerce participation in a religious exercise or activity would be a permissible.

Mathew D. Staver, Founder of Liberty Counsel and Dean of Liberty University School of Law, commented: "Passive displays like the World War I Memorial, the Ten Commandments, Nativity scenes, or statements like the National Motto do not force anyone to participate in a religious exercise and, thus, do not establish religion. This case reveals the extremism of the ACLU. For 75 years this cross in the Mojave Desert did not disturb anyone. It stood as a memorial to the heroes of World War I. Removing this memorial would be an insult to our war veterans. Doing so under the guise of the First Amendment is an insult to the Framers of the Constitution."

### The Downey Patriot

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## Letters to the Editor:

### Raving about 'My Fair Lady'

Dear Editor:

We would like to encourage Downey residents not to miss out on Downey Civic Light Opera's production of "My Fair Lady." It is one of the best we've seen.

Our group of women has attended Preview Night for more than 10 years. We would not suggest going to Mimi's Café, however. We arrived at 6 p.m. and were served our food at almost 7:30. Yes, we are a big group (20) but we talked to the manager several days before when we made the reservations.

— **M. Boss (Girls Night Out),**  
Downey

### Multi-tasking

Dear Editor:

I am sure that every man in today's society wonders how a woman manages to have all four burners on the stove going at the same time without ever burning a thing. Is this multi-tasking, you ask? No, it is the domestic ability that women are taught over the years of watching their mothers.

Speaking of multi-tasking, I am so happy to say that I live in a generation where there is more multi-tasking going on than one would ever imagine. Let me give you a few examples of what I have observed over the past couple of weeks, as it is becoming more evident that we are living in a talented generation or one where people have no regard for other people's safety.

Recently at the market, I observed a woman with a baby, changing its diaper, while holding a bottle to his mouth and still managing to look at her grocery list. On the way home, which was the most upsetting thing, a mother with three children in the car managed to turn around and slap one of her children, while talking on her cell phone and still attempting to stay focused on the road. Oh, and let's not forget the teenagers who, while walking to school, can apply makeup, comb their hair, while at the same time manage to be texting someone, while they hold up traffic crossing the street. I am still trying to figure out how a man can be mowing his lawn and be on a hands-free cell phone and expect the person to hear what they are saying.

My God, we have become an intelligent group of people. We live in a generation where it is necessary to learn to accomplish more than one thing at a time, and for this I am proud to say that I stand in awe of all who have this talent.

Multi-tasking is a good thing and in some jobs it is even a requirement. Just look at our President; he has managed to upset the Republicans, upset the people who have worked hard all their lives to feel responsible for the people who chose to sit back and get a free ride, make changes to the health care system to where senior citizens now live in fear of what their future health care holds.

All this from a man who if he had all four burners going on at once would probably burn something, as we all know something is undoubtedly burning somewhere. He is certainly one of the most inconsistent multi-taskers I have seen or heard. I wonder if he can chew gum and walk at the same time.

— **Kathy Rae Bach,**  
South Gate

### City's priorities

Dear Editor:

Before I read the article in the Sept. 25 issue on newspaper racks, I didn't realize that I had my priorities all wrong. Up to that time I always thought that the pressing issues that should be addressed by the City Council were as follows:

The streets in disrepair. You can tell when you enter Downey from a neighboring city because the roads fall apart. There are so many potholes and half-done repairs that you worry your car's suspension won't last.

All of the dilapidated and empty buildings from one end of the city to the other – on Paramount Boulevard the buildings that once were Gallatin Medical for example.

The McMansions that have been unfinished for years and are now bleached bones. The yards that are weed-filled, surrounded by construction fences falling down and the plastic sheets torn.

I realize now that once we have newspaper racks that are uniform in size and color, businesses will rush into Downey to occupy the empty buildings. The roads will be fixed and there will no longer be weed-filled overgrown properties.

Thanks to the Mayor for being the one to see how our city can be business-friendly and beautiful.

— **Karen Magana,**  
Downey

## Commitment to Afghanistan

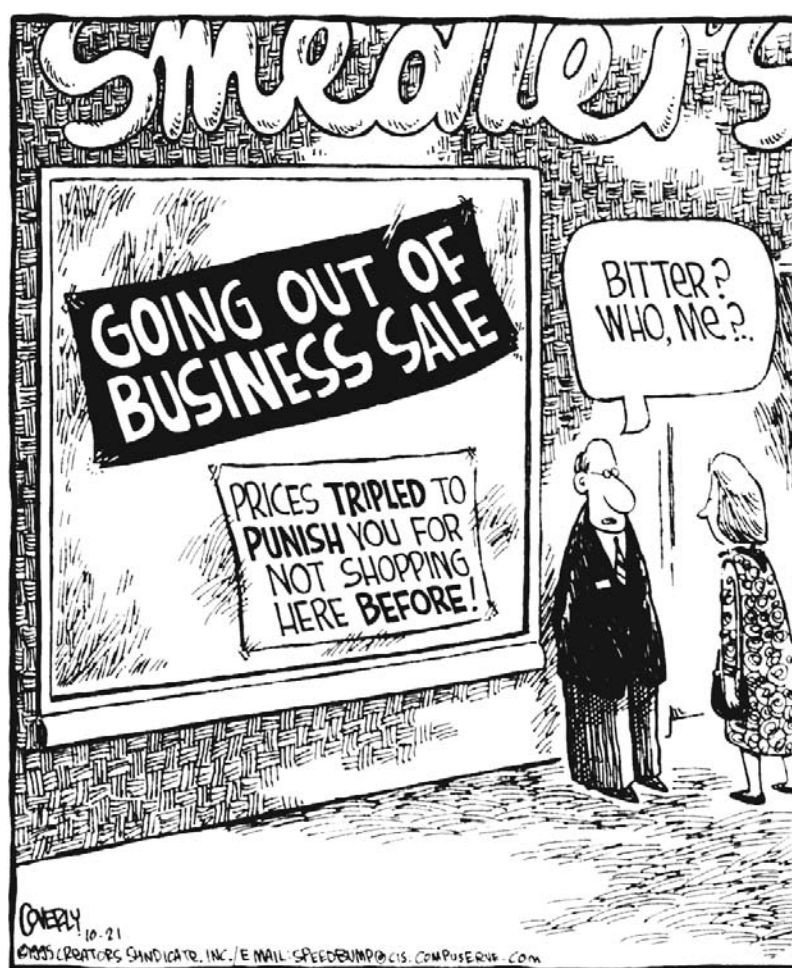
By Thomas A. Middleton

We must never again squander the blood of patriots with a half-hearted attempt at war. It is dangerous, counter-productive and immoral to fight a war with just enough troops to agitate our foes without a sufficient commitment to ensure victory. We must soundly defeat those who attack us while simultaneously establishing basic security and economic stability for the civilian population. Ignoring the civilian suffering only creates hatred among a long-suffering people caught up in the throes of war. Civilians who hate us become enemies who fight us. It is the surest route to a bloody and debilitating defeat.

Despite all of the odds stacked against us in Iraq, we have achieved success in Iraq, especially in Ramadi and the rest of Al Anbar Province. We have done so by a multi-faceted approach. First, we have conducted decisive military action and thoroughly defeated the enemy in battle. Second, we have worked with, rather than against, the Iraqi people's own natural leaders in re-establishing basic security and some degree of economic stability. It is imperative to follow up tactical victories by removing the conditions which motivate future attacks.

We have learned a lot in Iraq, and we cannot ignore these lessons in Afghanistan. Our troops have fought hard and sacrificed much in an uphill battle to defeat an enemy defined not by geographic borders, but by its ideological commitment to the destruction of our nation. We have learned that we can not remain isolated on our bases while the civilians around us suffer at the hands of terrorists. We must establish a protective, cooperative presence among the people.

The challenge in establishing basic security is to do so in a way that respects and supports the people's natural leadership and fosters self-reliance. The efforts of our military must eventually be carried on by the Afghans themselves.



**CORRECTION:** A story in last week's issue regarding Warren High School's girl's tennis team misspelled the last name of a player. The correct spelling is Savannah Vilaubi. We apologize for the mistake.

### More to clean up

Dear Editor:

While reading the Patriot online, I noticed an article stating that the mayor had directed his staff to "find a way to make news rack locations in the city more attractive." ("Stricter Restrictions on Newspaper Racks," 9/25/09)

I'm with the mayor on this, and while he's at it, let's clean up all the unattractive bus stops throughout the city. But newspaper racks just sounds too simple. How about his staff making all the half-completed and vacant, unkempt homes that are found in every part of the city more attractive?

Yeah, but then we'd still have unattractive racks.  
— **Ed Romero,**  
Downey

### City personnel

Dear Editor:

We would like to congratulate Capt. Rick Esteves on his recent appointment as Chief of Police for the Downey Police Department. I think he will do a fine job.

Over the last couple of years, the city has had many personnel changes that have been positive. With the retirement announcement of Assistant City Manager Lee Powell, it seems that the city will be making more changes and shifts in personnel. This is evident by the city's recruitment for the position of Community Development Director. This is a key position with our city and the city needs to appoint someone to this position that knows our community and has the experience to continue with the city's progress.

I believe Planning Commissioner Louis Morales has these qualities. Morales brings a wealth of experience to our city and is vested in our community. I hope Morales considers applying for the position as he already knows the staff and it would appear to be a seamless transition.

— **Herb Williams,**  
Downey

### Money down the drain

Dear Editor:

On Sept. 24, our Senate approved an aid package of \$1.5 billion annually for the next five years for Pakistan. The U.S. wants a bigger embassy with 1,000 Marines to protect it.

Nearly two-thirds of Pakistan residents view the U.S. as an enemy; only 9 percent see the U.S. as a partner.

Our Senate should be trying to balance our budget instead of getting us \$9 billion more in the red. This is just more money down the drain.

— **Mike Sandoval,**  
Downey

If we instead remain aloof and isolated, relying solely on aerial strikes with unmanned drones, the civilians will see only bloodshed and never the compassionate face of an American soldier standing with them to improve life in their remote villages. While well-placed aerial strikes are a vital part of our overall strategy, they are only one part of it.

During the Vietnam War, we saw the results of allowing partisan politics to define our battlefield strategies. The time and place for deciding whether to fight a war rests with our civilian political leadership. Once they decide to fight, victory is our goal. Defeat is not an option. We must collectively stand behind our soldiers and support their efforts, not micro-manage them into a defeat.

General Stanley McChrystal is our battlefield commander in Afghanistan. He is in the best position to assess our efforts and refine our strategy and define the resources he needs to accomplish the mission set before him. As unpleasant as it is to send 40,000 more troops to Afghanistan, we must win this fight.

Our nation was attacked on September 11th, not by a geographically – defined nation, but rather by a radical ideology which runs counter to everything we hold dear. We must defeat our attackers every time, and on every level. Not only must we stop those who attack America, we must remove the motivation of those who contemplate future attacks. Victory in Afghanistan will go far to prevent future attacks on our own soil. Defeat will embolden our enemies and fuel further attacks on our nation.

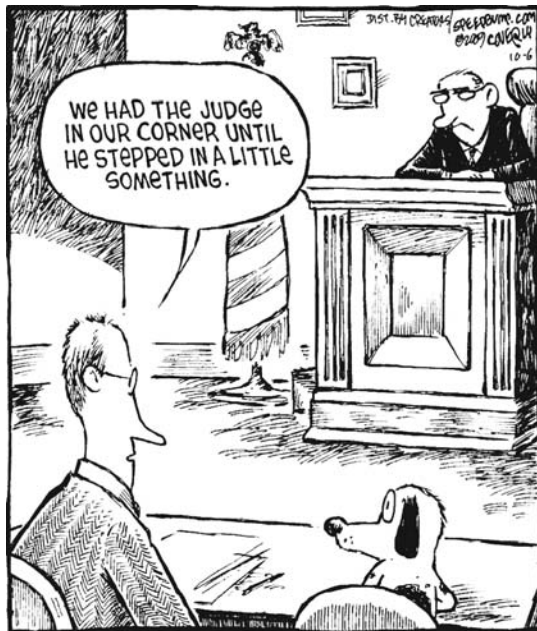
May God bless America.

Thomas A. Middleton is a combat veteran and author of "Sabers Edge: A Combat Medic in Ramadi, Iraq" (UPNE, 2009). Visit him online at [www.sabersedgebook.com/](http://www.sabersedgebook.com/).

## SPEED BUMP



## DAVE COVERLY



# Downey Community Calendar

### Events For October

- Fri. Oct. 9: **Childrens Hospital fundraiser**, Rio Hondo Event Center, 6 p.m.
- Sat. Oct. 10: **Oil filter exchange**, Downey Pep Boys, 10 a.m.
- Sun. Oct. 11: **Pastoral celebration**, Love, Peace & Happiness Church, 3 p.m.
- Mon. Oct. 12: **Columbus Day breakfast**, Temple Ner Tamid, 10 a.m.
- Wed. Oct. 14: **Christian Club meeting**, Los Amigos Country Club, 11:45 a.m.
- Thurs. Oct. 15: **Town Hall meeting**, Community Center, 6:30 p.m.

### City Meetings

- 1st Tuesdays, 6:30 p.m.: **Redevelopment Project Area Committee**, Cormack Meeting Room at Downey Library.
- 1st & 3rd Wednesday, 6:30 p.m.: **Planning Commission**, Council Chamber at City Hall.
- 1st Tuesday, 4:00 p.m.: **Recreation and Community Services Commission**, Council Chamber, City Hall.
- 1st Thursday, 9 a.m.: **Traffic Committee**, Training Room, Second Floor of City Hall.
- 2nd & 4th Tuesday, 7:30 p.m.: **City Council/Community Development Commission**, Council Chamber.
- 3rd Tuesday, 6:30 p.m.: **Library Advisory Board**, at Downey City Library.
- 3rd Wednesday, 7:00 p.m.: **Water Board**, at City Hall.
- 4th Wednesday, 6:30 p.m.: **Emergency Preparedness Committee**, at Fire Station No. 1.

### Regularly Scheduled Meetings

#### Mondays

- 7:30 p.m.: **Job/Career Coaching**, at The First Presbyterian Church, for info. call 861-6752.
- 2nd Mon., 11 a.m.: **American Legion Auxiliary #270**, at United Methodist Church, for info. call 923-2481.
- 2nd Mon., 3 p.m.: **Keep Downey Beautiful**, at City Hall, for more information call 904-7159.
- 4th Mon., 7:30 p.m.: **Downey Numismatists**, at Downey Retirement Center, call 862-6666.

#### Tuesdays

- 9 a.m.: **Downey Bocce Club**, at Apollo Park, for information call Pat Rooney at 923-5352.
- 9:30 a.m.: **Downey Seniors Club**, at Apollo Park, for information call Nadine Morris at 923-9422.
- 12 p.m.: **Rotary Club**, at Rio Hondo, for information call Brian Saylor at 927-2000.
- 6:00 p.m.: **Toastmasters Club 587**, at First Baptist Church, for info call John McAllister 869-0928.
- 7 p.m.: **Boy Scout Troop 2**, at Downey United Methodist Church, for information call 869-6478.
- 2nd and 4th Tues., 6 p.m.: **Sertoma Club**, at Cafe 'N Stuff, for information call (562) 927-6438.
- 2nd Tues., 6 p.m.: **Downey Fly Fishers**, at Apollo Park, for information call 425-7936.
- 3rd Tues., 6:30 p.m.: **Community Emergency Response Team meeting**, Fire station 1, 12222 Paramount.
- 3rd Tues., 7:30 p.m.: **Writer's Workshop West**, at at Downey High School library, for info call 862-3106.

#### Wednesdays

- 7 a.m.: **Kiwanis Club**, at Rio Hondo Events Center. Call Steve Roberson at 927-2626.
- 1 p.m.: **Women's Bocce Club**, at Apollo Park.
- 7 p.m.: **Out Post 132 Royal Rangers**, at Desert Reign Church, for info call 928-8000.
- 1st Weds., 10 a.m.: **Woman's Club of Downey**, for information call Barbara Briley-Beard 869-7618.
- 1st Weds., 11:30 a.m.: **Downey Coordinating Council**, at Community Center, for information call 923-4357.
- 1st Weds., 7:30 p.m.: **Downey Stamp Club**, at Maude Price School cafeteria, for information call 928-3028.
- 2nd Weds., 7 p.m.: **Downey Sister City Assoc.**, at Maude Price School, for information call 884-9657.
- 2nd Weds., 7:30 p.m.: **Downey Model A Club**, at Gallatin School Cafeteria, for information call 928-4132.
- 2nd & 4th Weds., 11:30 a.m.: **Downey AARP**, at Barbara J. Riley Senior Center, for info. call Lorene Frazier 861-6075.
- 3rd Weds., - **Downey Dog Obedience Club** Apollo Park, for info. call Gina 869-5213 or Valerie 420-2972.
- 3rd Weds., 6 p.m. - **American Business Women's Association**, Rio Hondo Country Club, Call Barbara Carlson 863-2192.
- 4th Weds., 12:00 noon: **Retired Federal Employees**, at Barbara J Riley Center, call 943-5513.
- Wed. & Fri., 10:15 a.m.: **Senior Bingo**, at Apollo Park, for information call 904-7223.

#### Thursdays

- 7:30 a.m.: **Connections Networking**, at Cafe N Stuff, for information, call Sandy Esslinger, (310) 491-8989.
- 7:30 a.m.: **Soroptimist Int'l of Downey**, for information, call Pat Heineke, 904-3534.
- 12 p.m.: **Kiwanis Club of Downey**, at Rio Hondo Events Center, call Roy Jimenez 923-0971.
- 12:30 p.m.: **Take off Pounds Sensibly**, at First Christian Church, call (800) 932-8677.
- 6:30 p.m.: **Downey United Masonic Lodge # 220**, 8244 3rd St., Call 862-4176.
- 7 p.m.: **Troop 351, Boy Scouts of America**, at First Baptist Church, for information call 776-3388.
- 2nd Thurs., 7:30 p.m.: **Beaming Rebel Foxes Collectors Club**, for more information call Carl D. Jones at 923-2400.
- 4th Thurs., 10 a.m.: **Assistance League**, at Casa De Parley Johnson. for information call 869-0232.
- 4th Thurs., 7:30 p.m.: **Downey Historical Society programs**, at Community Center. Call 862-2777.

#### Fridays

- 7:30 a.m.: **Pro Networkers**, at Mimi's Cafe, for information call Barbara Briley Beard at 869-7618
- 3rd Fri., 8:30 a.m.: **Women's "In His Glory" Ministry** at Los Amigos C. C. (562) 622-3785.

#### Saturdays

- 9 a.m.: **Farmers Market**, Second Street at New Avenue, for information call (562) 904-7246.
- 2nd Sat., 12:30 p.m.: **AAUW**, Los Amigos Country Club.

## On This Day...

**Oct. 9, 1930:** Laura Ingalls became the first person to fly across the country. Ingalls departed from Roosevelt Field in New York and made nine stops before finally landing in Glendale, Calif.

**1958:** Pope Pius XII died of acute heart failure. He served in the papacy for 19 years.

**1967:** Guerrilla leader Che Guevara was executed in Bolivia while attempting to incite a revolution.

**1981:** Abolition of capital punishment in France.

**2006:** Google announced it was taking over YouTube in a \$1.65 billion stock deal.

**Birthdays:** Sen. Trent Lott (68), TV personality Sharon Osbourne (57), actor John O'Hurley (55), football Hall of Famer Mike Singletary (51) and "Home Improvement" actor Zachery Ty Bryan (28).

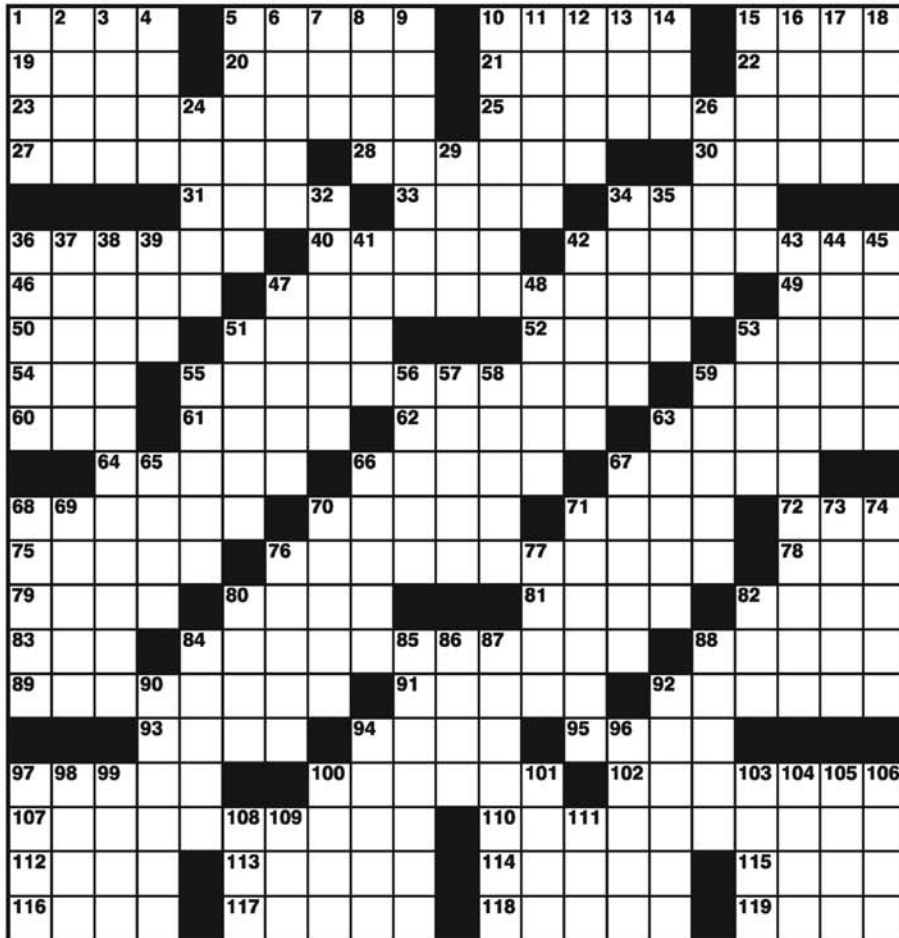
## THE NEWSDAY CROSSWORD

Edited by Stanley Newman (www.StanXwords.com)

**SHORT TAKES: With 10 similar starts**  
by Fred Piscop

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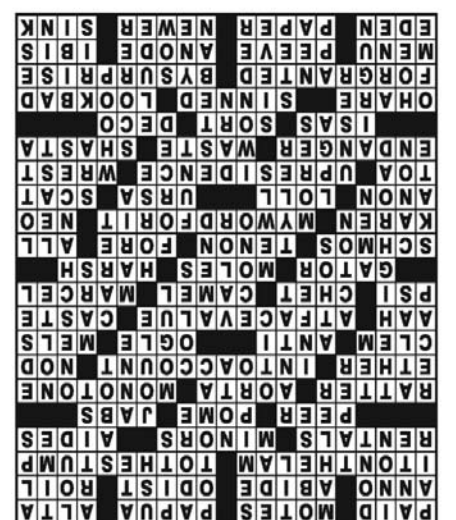
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You can contact puzzle editor Stanley Newman at his e-mail address: [StanXwords@aol.com](mailto:StanXwords@aol.com). Or write him at P.O. Box 69, Massapequa Park, NY 11762, Please send a self-addressed, stamped envelope if you'd like a reply.

Blitzen.  
the Danish author born KAREN (75 Across) was the pen name of Lars Dinesen. Isak Dinesen family (33 Across) include apples, "higher." Fruits in the POME of "baja," is the Spanish word for (15 Across), the opposite



## Paging Dr. Frischer...

By Dr. Alan Frischer



place of security. The hug takes us back to the very beginning of life when we knew no fear, no hardship, and no threats.

Numerous studies have shown how important hugs are for babies and children. Without physical contact, infants fail to thrive. Touch and hugs are needed for basic positive emotions to develop. Touch affects the brain in the region of the cerebella, the likely location of trust and affection.

Further, studies have shown that a hug and ten minutes of hand-holding with a romantic partner greatly reduce the harmful physical effects of stress, according to a study by the American Psychosomatic Society. Studies appear to show that loving contact before a tough day of work may carry a protective effect all day on both heart rate and blood pressure. Perhaps these findings explain one reason why lonely people tend to have poorer health in general.

Other studies indicate that when couples hug for 20 seconds, their levels of the hormone oxytocin increase. Oxytocin decreases the heart rate as well as the force of contraction of the heart, which are both positive health effects. Interestingly, oxytocin appears to be a chemical indicator of positive social interaction. In addition to hugs, elevations of oxytocin are associated with massage, warm touch, and even a pleasant conversation. Another hormone, cortisol, is sometimes referred to as the

stress hormone. Studies show that cortisol levels fall after hugging, along with blood pressure.

Studies have actually attempted to quantify an optimal number of hugs! One recommendation calls for at least four hugs a day for healthy survival, eight hugs a day for emotional strength, and 12 hugs a day to grow and be empowered. Perhaps we can agree here that hard scientific data does not exist. In its absence, my suggestion is to simply hug as much as possible!

- Start by giving those you love a healthy hug today
- Include more hugs in your daily routine
- Ask yourself whose day you could give a boost by giving a hug
- Be respectful of those who do not like their personal space invaded
- Do not consult your physician first before proceeding to give hugs. You already have my permission.

As always I wish you good health and a day filled with hugs.

*Dr. Alan Frischer is former chief of staff and current chief of medicine at Downey Regional Medical Center. Write to him in care of this newspaper at 8301 E. Florence Ave., Suite 100, Downey, CA 90240.*

**H**ugging is a miracle. Hugging is all-natural; it is organic, naturally sweet, no pesticides, non-fattening, no carbohydrates, no preservatives, no artificial or genetically engineered ingredients, and 100% wholesome. Hugging is virtually perfect. There are no batteries to wear out, no periodic checkups, low energy consumption, high energy yield, inflation-proof, no monthly payments, no insurance requirements, theft-proof, non-taxable, non-polluting, money back guarantee can be included and last, but not least fully returnable."

- Dorothy M. Neddermeyer, PhD

I couldn't have said it better. So, it's pretty clear that hugging is free, natural and a fully reusable resource, and by the way, it feels good, too. But what does *real science* have to say?

One theory is that a hug re-creates the squeezing we all felt as babies in the womb – the ultimate

## Halloween calories can be frightful

When Halloween treats start to cast a spell, TOPS (Take Off Pounds Sensibly) can help ward off unwanted pounds with timely coping suggestions.

To manage temptation, try the following "out of sight, out of mind" tips:

Buy treats that aren't so enticing. If chocolate is a food trigger, buy only gummy treats or small boxes of raisins to distribute to trick-or-treaters.

Remove excess candy corn and other sweets immediately after trick-or-treat hours end. Give treats to a food pantry, homeless shelter, or, if needed, toss surplus candy in the garbage.

Turn the refrigerator or pantry door into a roadblock rather than an entry point. Decorate it with a frightful image of a monster ready to terrorize a food plan, or a cute orange curtain that literally blocks the way into the vault of food.

Remember that Halloween treats can include non-food items. Halloween fun lasts longer when kids receive:

Stickers, colorful shoelaces or small containers of bubbles from a party store or dollar store.

New pencils – orange or black – to use at school, along with shaped erasers.

Pennies, perhaps wrapped in appropriately "slime green" cello-

phane wrap.

### Join in the festivities – sensibly

There's no need to avoid Halloween parties. During trick-or-treat hours or at costume events, get in the spirit of the season by wearing toy plastic "fangs." Others will love the fun, theatrical look, and the mouthpiece will keep you from overindulging in treats.

A tip to limit sugar, suggested by TOPS member Viola Jarvis, outlines how to eat just one cookie. This method, which can make a cookie last 15 to 20 minutes, satisfies a craving for sugar while adding minimal calories. Follow these four steps:

Buy the kind of sandwich cookie that has frosting in the middle.

Twist the cookie apart and lick each side slowly until the cream is gone. This will take several minutes and provide a mindful sugary sensation.

Nibble the two cookie halves in tiny bites, enjoying the texture of crumbs being chewed and swallowed.

### Halloween baking

Costume the top of the following recipe with dollops of fat-free whipped cream and chocolate sprinkles. Another festive look is to put jack-o'-lantern faces on each serving. Just before serving, tint fat-free whipped cream with orange food coloring, and frost the

cake with it. Dot each serving with raisins for eyes and add pineapple tidbits for a crooked grin.

### Pumpkin Cake

- 4 eggs, beaten
- ¼ cup sugar
- ¼ cup canola oil
- 1 cup unsweetened applesauce
- 1 30-ounce can pumpkin pie filling
- 3 cups whole-wheat flour
- 2 teaspoons baking soda
- 2 teaspoons baking powder
- 1 tablespoon cinnamon, or to taste

Preheat oven to 325 degrees.

Mix eggs, sugar, oil, applesauce and pumpkin. In a separate bowl, mix flour, baking soda, baking powder and cinnamon. Combine wet and dry ingredients just until moistened. Add raisins and nuts. Spoon batter into two loaf pans or one bundt pan. Bake in preheated oven for 1 hour. Makes 16 servings. (This recipe can also be converted into cupcakes for handy individual servings. Lessen cooking time as needed.)

*TOPS Club was established more than 61 years ago to champion weight-loss support and success. Visitors are welcome to attend their first TOPS meeting free of charge. To find a local chapter, visit www.tops.org or call (800) 932-8677.*

## National Disability Month

In 1988, Congress designated October as National Disability Employment Awareness Month to increase public awareness about the contributions and skills of American workers with disabilities. Easter Seals Southern California Disability Services

would like to remind local employers, businesses and citizens that there are many myths that hinder people with disabilities from joining the workforce. Expanding employment opportunities for all citizens will drive our economy and nation into the future.

"There are so many false perceptions that interfere with people with disabilities to have equality in employment," says Mark Whitley, President and CEO of Easter Seals Southern California. "People with disabilities are no different than any other employee. And it's been proven time and time again by various national studies from DuPont

and the President's Committee's Job Accommodation Network. They come to work on time, have a strong and consistent work ethic, are not an employment risk and aren't more likely to have accidents on-the-job. And, it's not expensive to accommodate people with disabilities."

Easter Seals provides comprehensive Employment Services that assist people with disabilities to attain and keep paid jobs. Associates work with disabled individuals to find employment that best suits their needs and abilities. Job coaches work one-on-

one with these individuals to help them learn the skills they need to be successful in their position.

A fully-inclusive workforce is not only good for the individual, but for business too. "Diversity in the workforce is good business – diversity is good for everyone," adds Whitley.

Millions of Americans live with a disability and many more will become disabled at some point in their lives. Our country has a historic underemployment of people

with disabilities that led to landmark legislation in 1990 with the Americans with Disabilities Act and then this year's ADA Amendments Act passed in September.



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**Word of MOUTH**

by Soheir S. Azer, D.D.S.



A comprehensive oral exam involves both an examination of the teeth and a close inspection of the soft tissues of the mouth. One condition the dentist or hygienist will be looking for are "leukoplakia." This generic term applies to any type of white patch that occurs inside the mouth that cannot be easily scraped off. In some cases, these patches represent calluses or some other benign condition. In others, leukoplakia are associated with smoking and regular, heavy alcohol use. If so, they are considered to be a precancerous condition. Smokers and heavy drinkers may have tongues with white or brown coatings that are common manifestations of leukoplakia. Most cases are not serious, but others could be life-threatening if left untreated.

Your dentist has the skills and tools to ensure that early signs of cancer and pre-cancerous conditions are identified. You and our staff can fight and win the battle against oral cancer. You can always discuss your dental concerns with us. Anytime you have a question, please don't hesitate to ask. We invite you to call (562) 923-3714 to schedule an appointment. Our office is located at 10800 Paramount Blvd., Suite 307. We're here to help.

P.S. Leukoplakia is usually harmless, and lesions generally clear in a few weeks to a month after the source of irritation is removed.

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## League play is easy so far

By ALYSSA WYNNE,  
SPORTS INTERN

**DOWNEY** – The Downey Vikings girl's tennis team dominated against Lynwood for their first league victory this season, 17-1.

Scores set aside, Lynwood was just not able to match up against Downey's ability or talent. No. 1 singles Sandra Lee, No. 2 singles Christina Arsenescu, and No. 3 singles Irene Saavedra won every one of their sets 6-0.

Although Lynwood's doubles team is not much different than the singles, it was still a sufficient blow to the Knights. No. 1 doubles partners Katie Medina and Janette Rico earned set scores of 6-3, 6-1, and 6-0. No. 2 doubles partners Caroline Tran and Christine Tran earned set scores of 6-4 and 6-2.

The Tran sisters were substituted in for Jennifer Cho and Jennifer Kheang who earned a set score of 6-0. Last but certainly not least, No. 3 doubles partners Claudia Guzman and Rosanna Calderon earned set scores of 3-6, 6-1, and 6-0.

"Lynwood didn't match up to the competition like Paramount did and it was a bit [easy]," said Lee. "I guess whenever we play Lynwood it turns out this way. One time we had an 18-0 [win] against them with 17 6-0's."

### Rivalry match

Downey girls' tennis successfully knocked off cross town rivals Warren in their first meeting of the year 11-7.

Warren also played two matches last week, against Gahr High School, which they won 12-6, and the other against Paramount High, which they lost 18-0.

Downey's No. 1 doubles team, Katie Medina and Janette Rico, were the first of the ladies to finish. They competed against their fellow No. 1 doubles for Warren, Brianna Bordette and Deneille Dominguez. Medina and Rico won this match, 7-5.

Downey doubles players Christine Tran and Caroline Tran played Warren doubles Eran Kalashyan and Helena Park winning 6-3. Downey doubles players Rosanna Calderon and Claudia Guzman defeated Warren doubles players Renee Morales and Jennifer Solis, 6-2. Warren singles Angelika Sosnowski defeated her Downey opponent Irene Saavedra, 6-1, as did Warren singles player Nicole Kowakowski against Downey singles player Sandra Lee, 6-0. Downey singles player Christina Arsenescu defeated her Warren singles Rebecca Lopez, 6-4.

The Vikings did very well in their second set for doubles. Downey's Medina and Rico dominated against Warren's Park and Kalashyan, 6-0. Warren's Bordette and Dominguez beat their competition of Downey's Calderon and Guzman, 6-2 and Downey's Tran sisters defeated Warren's Morales and Solis, 6-0.

Downey singles followed suit as well in their second set: Warren's Kowakowski surmounted Downey's Saavedra, 0-6; Downey's Lee beat Warren's Lopez, 6-4; and Downey's Arsenescu thumped Warren's Sosnowski, 6-0.

By the third set, Warren knew they would need to pick up the pace. Lopez crushed Saavedra, 6-0 and Bordette and Dominguez defeated the Tran sisters, 6-1.

However, mountainous pressure was placed on Arsenescu as she battled Kowakowski. Each girl played hard and Arsenescu was able to get two points out of her adversary, but the Bear won. This was Kowakowski's first high school tennis match.

Downey did just as well as Warren though. Lee defeated Sosnowski, 6-1, Calderon and Guzman conquered Kalashyan and Park, 6-4, and Medina and Rico overpowered Morales and Solis, 6-0.

Substitutes Jennifer Cho and Jennifer Kheang for Downey, and Ethel Cabrera and Hannah Kroeger for Warren, were not used for this match.

The next Downey-Warren tennis match will be on Oct. 16.

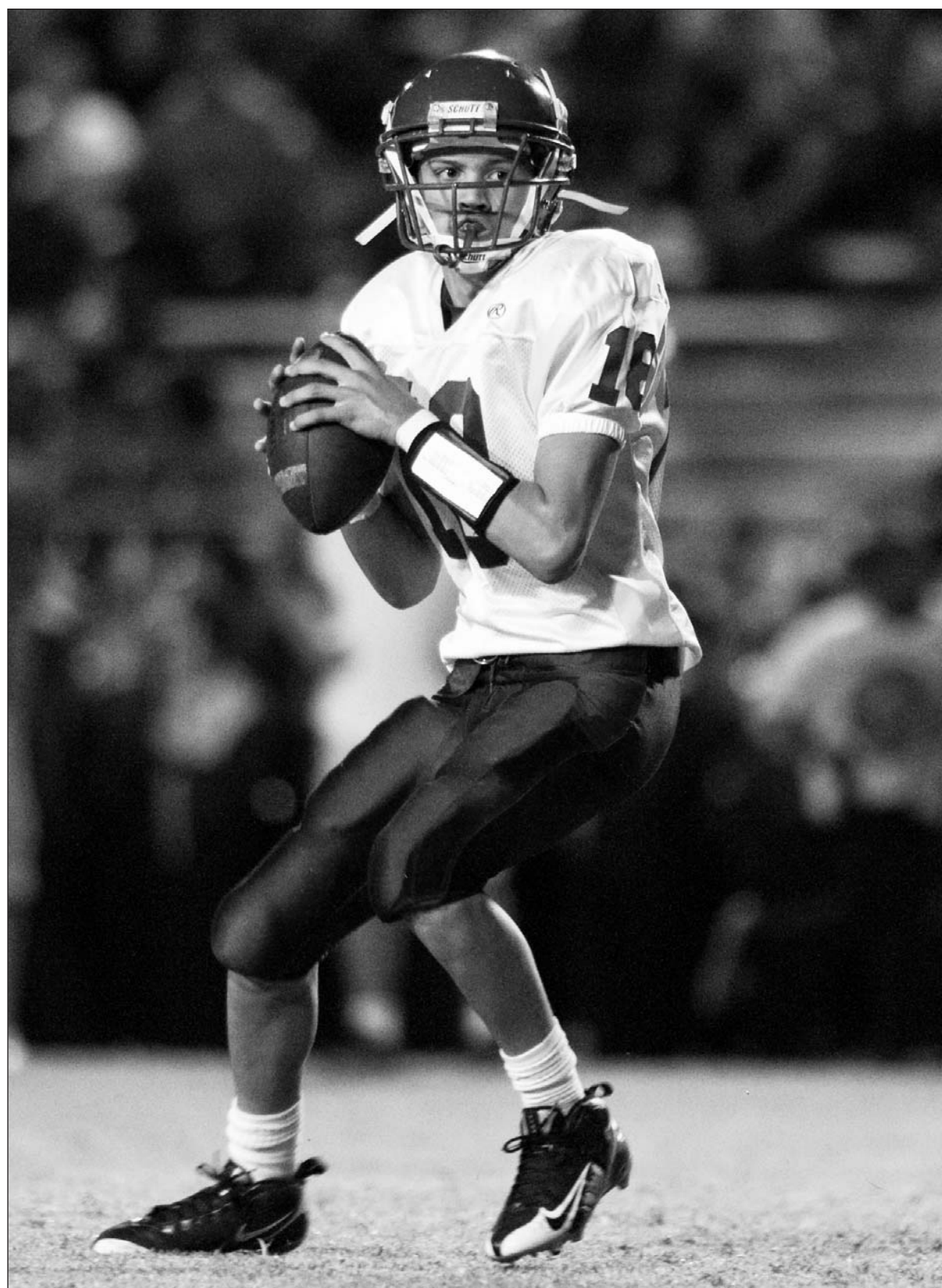


PHOTO BY CARLOS ONTIVEROS

Sophomore Dallas Lopez made his first start at quarterback when he filled in for the injured Steven Cervantes last Friday against Kennedy. Lopez completed 16 of 21 passes.

## Vikings let one get away

■ Dallas Lopez is effective in first start at quarterback, but Downey loses, 32-27.

By JOSEPH APODACA,  
SPORTS INTERN

**DOWNEY** – In last Friday's game against the Kennedy Fighting Irish at Western High School, the Downey football team came close to pulling out a win but slipped in the fourth quarter, losing 32-27.

Kennedy managed to score five touchdowns over the course of the game, while Downey (1-3) came up short with four touchdowns.

Wide receiver Perry Gomez scored the Vikings' first touchdown of the game in the second quarter after receiving a pass from backup quarterback Dallas Lopez, who was filling in for the injured Steven Cervantes.

Fullback Joseph Ortiz scored Downey's second touchdown in the third quarter, rushing in from

Kennedy's 27-yard line. Linebacker Steven Williams brought Downey ahead of the Irish late in the third quarter with his touchdown, putting them up 21-19. Defensive back Joseph Iams scored the Viking's last touchdown with 50 seconds left in the fourth quarter from the Irish's 23-yard line.

Lopez was effective in his back up role, completing 16 of 21 passes. Ortiz and wide receiver Jabari Ruffin rushed the most yards over the course of the game, with 54 and 37 respectively. Ruffin and Steven Williams received the most passes, with Ruffin catching five passes for 46 yards and Williams receiving three for 87 yards.

Downey shined brightest during the game's third quarter. In addition to two touchdowns being scored, the offensive and defensive plays the Vikings initiated proved to be successful. The defensive line swallowed up an Irish rusher, who tried for the end zone but came up short at the Viking's 32-yard line.

Ortiz succeeded in receiving hand-offs and moving the ball down the field, gaining yardage over the Irish. Defensive tackle Rudy Calderon intercepted a pass from Kennedy's quarterback, allowing the Vikings to take over on the first down.

The Vikings were hindered by several false starts throughout the game, constantly sending them back precious yards. Kennedy was able to move the ball down the field easily for the most part, exposing Downey's inability to defend the pass.

Quarterback Steven Cervantes was sidelined for the entire game, still recovering from an arm injury he received in a previous game. Perry Gomez and tight end Isaac Dan were both injured after being tackled by a host of Irish defensive players.

Head Coach Will Capps and his assistants all said they were satisfied overall with their team's play, albeit the loss.

## Santa Fe will be tough to beat

By JOSEPH APODACA,  
SPORTS INTERN

**DOWNEY** – Downey football will have much to prove against a difficult opponent when they host the Santa Fe Chiefs tonight.

The Vikings have taken home one win so far this season, against Schurr, and three losses against La Habra, La Serna and Kennedy, bringing their season record to 1-3.

Tonight's game pairs up the Del Rio League Chiefs against the San Gabriel Valley League Vikings. Santa Fe completed their league season last year with an undefeated record of 5-0, while the Vikings settled with a 3-2 record. Santa Fe's current season record stands at 3-1.

So far this season for the

Vikings, fullback Joseph Ortiz has gained the most rushing yards, with an average of 86 yards per game. Ortiz has also scored the most touchdowns this season, with an average of 4.5 per game.

Quarterback Steven Cervantes has led the team with the most passing and total yards, with more than 300 yards in limited time. Linebacker Justin Haro has the most tackles this season, with an average of 13 per game in four games.

Downey is hoping to have Cervantes back tonight, as he was sidelined last Friday against Kennedy due to an arm injury.

The Vikings face a challenge in tonight's game, where a year prior Santa Fe took home a victory from Downey winning 21-16. Santa Fe

has been doing quite well this season, with their quarterback leading the attack through the air, averaging a total of 337.5 yards per game so far.

After coming close to a victory against the Kennedy Fighting Irish, losing by only five points, the Vikings are hoping to add another win to their season record. Satisfied with their offensive and defensive strategies from the previous game, they are looking to step up their game even further. Moving the ball down the field and avoiding false starts and fumbles are aspects of the game the Vikings hope to continue to improve on as the season progresses into league games in the future.



PHOTO BY CARLOS ONTIVEROS

Downey captain Serro Park tries to score against a Fullerton defender.

## Downey water polo struggles to stay afloat

■ Downey drops consecutive games to Fullerton, Pacifica.

By JOSEPH APODACA,  
SPORTS INTERN

**DOWNEY** – Downey boys' water polo lost to both the Fullerton Union Indians and the Pacifica Mariners in last week's matches at the Downey pool.

In last Tuesday's match against the Indians, the Vikings lost 18-11. Derek Dodson scored the most goals of the game with five, Juan Rivas scored three, and Serro Park and Andrew Caero each scored one. Goalie Matthew Sims had his hands full with Fullerton having more than 25 shots on goal.

In the Thursday match, the Mariners came out victorious, winning 13-7 against the Vikings. Dodson managed to score three goals, while Park and Derek Klotzer scored two each. The boys led five six-on-five plays, gaining the upper hand on the offense against Pacifica.

"We're losing to teams we can fully beat," said captain Serro Park. "Fullerton and Pacifica are both talented teams, but we could've won. Some of these guys in our practices play extremely well, but when they come out into the field in a game, they freeze."

In the Fullerton matchup, the Vikings lost the sprint at the beginning of each period, while in the Pacifica game, they won each sprint. The Vikings were plagued with fouls in the Fullerton game. Josh Kim was majored in the third

quarter, maxing out his three possible fouls and removed from the game. Dodson and Rivas received two fouls while Klotzer managed one. The Pacifica game saw far less fouls, with one each going to Park and Klotzer.

Though the Vikings didn't take home victories last week, they still brought their whole game to both matches. Sims continues to improve in his position, blocking more goal attempts from his opponents than actual goals scored. Dodson also shines as a goal scorer, often skipping the ball into the goal from the five-meter point. He has scored the most goals so far this season, with 24 in total. Park also continues to run the offense successfully, remaining the whole set throughout the game and often scoring while being pressed by a defensive man.

Downey isn't going to let their losses get to them they said, as they prepare for their league games quickly approaching.

"The team has the skill and potential to get better, but mentally they aren't all there," said Park. "Once they see the other team score, it seems like they give up."

The Vikings are taking what they have learned from these past games and challenging them into their daily practices. By the time their league matches begin, they hope to be fully in-sync as a team.

"We have to go into the league games confident," said Park. "We just need to keep that positive mentality and it should be all uphill from there."

## Downey forfeits win over La Serna

By SCOTT COBOS,  
STAFF WRITER

**DOWNEY** – Downey's record went from 2-2 to 1-3 in a blink of an eye after having to forfeit a victory last week.

The Vikings' 17-13 win over La Serna was stripped from them by CIF after an ineligible player was reported to be used.

"Downey High has forfeited its

varsity football game versus La Serna," Downey athletic director Grant Warhurst said in an email. "The forfeiture was due to the fact that Downey played an ineligible player. We [Downey] became aware of the ineligible player the following week and notified CIF and La Serna High School."

Warhurst was unable to go further into detail due to confidentiality issues.

### WEEK 4 FOOTBALL RANKINGS

#### Western Division Football

1. St. Francis (4-0)
  2. Mira Costa (2-2)
  3. Warren (4-0)
  4. Alemany (3-2)
  5. Culver City (3-1)
  6. Palmdale (2-2)
  7. Chaminade (4-0)
  8. Leuzinger (3-1)
  9. Palos Verdes (3-1)
  10. Inglewood (3-1)
- Other: West Torrance (3-1), Redondo Beach (2-2), Highland (2-2), Lynwood (2-2)

CIF rankings are compiled based on votes by coaches and media.

### GIRLS TENNIS RANKINGS

#### Division III

1. San Marino
2. Valencia
3. South Pasadena
4. Villanova Prep
5. Downey
6. Paramount

#### Division I

1. Dana Hills
2. Campbell Hall
3. Palos Verdes
4. Corona del Mar
5. University
6. Peninsula

CIF rankings are compiled based on votes by coaches.





PHOTO BY ART MONTOYA

Jesse Callier rushed for 256 yards and four touchdowns against La Serna -- and he only played the first half. Callier will be tested when Warren travels to play Vista Murrieta tonight, ranked No. 9 in the state.

## Callier paces Warren to 54-20 drubbing of La Serna

Warren jumped to 40-0 lead and never looked back.

BY JARED HEAD,  
SPORTS INTERN

**DOWNEY** – La Serna looked to be the team that would finally end running-back Jesse Callier's streaking rushing abilities, but the planned air attack never came as Callier once again amazed and showed why he is one of the top running backs in California, pushing Warren over La Serna 54-20 last Friday.

With a total 256 yards on nine carries with four touchdowns, Callier found gaping holes inside of La Serna's defensive line. Jetting through them, he never even bothered to look around him as he cruised in for an 83-yard touchdown rush in one of Warren's earlier drives.

"What you saw tonight, that was some good, disciplined football," Callier said with a grin.

Warren quarterback Samuel Bettencourt had a quiet night with two completions on seven attempts

for 21 yards total, but with Callier as explosive as he was, there was no need for much airtime.

Leading 41-0 at halftime, Callier did something unusual heading into the third quarter. He sat on the bench, relaxing slightly. Soon, Bettencourt was out and taking a breather as well. By the beginning of the fourth quarter, the entire starting squad was enjoying the second team taking on La Serna.

Flawless defense was the name of the game for Warren's defensive line all night long, shutting out La Serna for three full quarters. La Serna eventually ignited for 20 points, but the damage had already been done. La Serna had been buried early by allowing Warren to a 40-0 start.

Warren running back Jamil Magee turned in a positive night with 97 rushing yards on 10 attempts with two touchdowns. Wide receiver Bailey Cowins had 75 yards on two receptions including a 65-yard reception for a touchdown. Wide receiver Justin Aguilar found his role switched to running back with Callier out in the second

half of the game and continued Warren's dominance with 62 yards on seven carries with a 45-yard rushing touchdown on his last carry.

"It felt good," Aguilar said on the sidelines. "It felt really good."

After the game, Warren head coach Chris Benadom seemed as relaxed as Callier on the bench.

"The kids played well and had some lucky breaks," he said. "There were mismatches that were good enough to take advantage of the [La Serna's] defense."

But why was Callier, in pursuit of a self-imposed goal of 3,000 yards rushing and 50 touchdowns pulled out with only 256 yards?

"It was a blowout, Benadom doesn't want any injuries," Callier said from the bench during the game.

"We need him for more than this game," Benadom said afterwards, knowing that tonight's team will be tough.

Warren will be traveling to Vista Murrieta to take on the 4-0 Broncos, ranked No. 9 in California and No. 74 in the nation.

## Vista Murrieta now waits

BY SCOTT COBOS,  
STAFF WRITER

**DOWNEY** – Everyone has been screaming for a test for Warren football to see if this 4-0 start is legitimate. The test will be served tonight when Warren travels to a hostile stadium to take on a state top-10 team in Vista Murrieta.

Ranked as the No. 9 team in California by MaxPreps.com, Warren will see a lot of what they do themselves defensively. Vista Murrieta allows just a shade under 13 points per game.

This game will be Warren running back Jesse Callier's moment of truth to see if his torrid pace of 279 rushing yards per game is an aberration or actual truth. Callier has yet to see a defense on a team that has ranked this high in the state.

Furthermore, this will also be a test to Warren's offensive line. Head coach Chris Benadom has been saying over and over again that his inexperienced line still has a lot to learn. Tonight will be their test to see how far along they've come.

Without a doubt, Callier will have to shine again in order for Warren to pull out a victory on the

road, but defensively, they will have to essentially stop Vista Murrieta's quarterback Derrick Brown.

When looking at all of the Broncos' offensive statistics, Brown constantly jumps out at you whether its rushing yards per game or passing yards per game. He may as well pass the ball to himself because the heartbeat of this offense goes through him.

Brown has completed 29 of 62 passing attempts for 424 yards and one touchdown on the season but he does more than drop back and pass the ball. He also leads his team in rushing attempts and is second in yards per game with 69 per contest.

He also leads his team in scoring with four total touchdowns on the season. If Warren can put immense amounts of pressure on him, they will have a great chance at success.

If past Vista Murrieta games are any indicator, then the Bears have a great shot of winning this game.

Two weeks ago, Vista Murrieta played the Los Osos Grizzlies and just escaped with a 17-14 win. The Grizzlies were able to bottle up Brown's running game, only allowing him to scramble around for 35 yards.

With the pressure being put on him at all times, Brown was also forced to throw the ball under duress. This resulted in 16 incomplete passes and one interception, leading one to believe that a possible weakness for the Broncos' is their offensive line.

This is important because the Grizzlies have won only one game on the season, and Callier by himself is totaling more offensive yards per game than the whole entire Los Osos squad.

If there's one thing Warren has been good about this year, it's been putting pressure on the quarterback. Quarterbacks that have played against Warren this year have completed less than 50 percent of their passes and are averaging under 200 yards per game through the air.

Warren will also have to play ball control against Vista Murrieta to keep the crowd in check. If the Bears get into a shootout, while Callier is extremely special, at this point and time, Warren hasn't developed another way to score. But then again, this shouldn't be an issue because Warren has always been a chew-the-clock type team, and even more so now with Callier blowing by defenders.

## Junior Midgets stay perfect

Razorback defense shuts out Santa Monica, 18-0.

BY MIKE BAUMANN,  
DOWNEY YOUTH FOOTBALL

**DOWNEY** – Last Saturday was the halfway point in the eight-game regular season for Downey Razorback tackle football teams. Only one of the five Hog teams, the Jr. Midgets, was successful against strong opponents from Santa Monica and Twin Cities.

The undefeated **Junior Midget Razorbacks** (10, 11 and 12-year-olds) met the Santa Monica Vikings at the standing room only stadium at Santa Monica High School. Both teams had perfect records (3-0) going into the game and the winner would emerge as one of only two undefeated teams in the division.

The game started with a Downey fumble on the kickoff and Santa Monica recovering deep in Razorback territory. The Hog defense rose to the challenge, however, and took over possession of the ball after only four plays.

Fancy ball handling by quarterback Rafael Rodriguez completely befuddled the Vikes as the Hogs methodically marched down the field. The Razorbacks then stunned the home team with a Justin Huff run of 50 yards and the score. Once again the starting defense led by Rodriguez, Austin Espinosa, Huff, Jacob Cook, Miguel Esquitin, Joshua Medina, Frank Arrellano, Moses Alaniz, Aaron Castillo, Joshua Palacios, and Onei Chaul dominated Santa Monica.

When the Hogs took possession of the ball in the next series, it wasn't long before Medina scored on a 45-yard run to put the Hogs ahead, 12-0. The Downey offense continued to move the ball. Huff, Medina, Alaniz and Jelani Dozier-Jones made a number of fine runs but were unable to score again against the tough Santa Monica defense before halftime.



PHOTO BY MIKE BAUMANN

Joshua Medina breaks a tackle as he sprints for an 85-yard touchdown run.

In the third quarter, the Vikes were held in their red zone by the defense, which also now included Jonathan Haik, Angel Luevanos, Justin Commodore and Martin Gutierrez. A pass by Santa Monica to the 1 yard line got the Vikes their deepest penetration of the game. Santa Monica had four tries from the one and failed to score as the Downey defense once again rose to the occasion. Jacob Cook made the defensive play to hold the Vikes at the one on fourth down.

The Hogs then went on a 99-yard scoring drive for the 18-0 lead. The bulk of the scoring drive was an 85-yard dash by Medina. When the Hogs next got possession of the ball, Dozier-Jones, Cook and Alaniz gained good yardage until the drive stalled.

The game ended on yet another defensive play when the Hogs' Dozier-Jones intercepted a pass ending any chance for a Santa Monica score.

**MityMites** (7, 8 and 9-year-olds) lost to a very tough Santa Monica Viking team, 24-0. The Vikings have not been scored upon

in their four games, and didn't let down for the Downey game, holding the Hogs scoreless.

With the loss, the MityMite record falls to 1-3.

**Junior PeeWee** (8, 9 and 10) had difficulty sustaining drives and lost to Santa Monica, 6-0. It was a difficult defensive game as the score indicates, but Downey seemed to be its own worst enemy with missed opportunities.

The Junior PeeWee record is 2-2 as they prepare for Gardena.

**PeeWee Hogs** (9, 10 and 11) also lost 6-0. The PeeWee record is also 2-2. Both of the PeeWee losses have been by the 6-0 score.

**The Midget Razorbacks** failed to convert on their two touchdowns and fell to Twin Cities, 12-13. Every game the Midgets (2-1) have played has been a one-point decision.

This week, all five Razorback tackle teams travel to Gardena to take on the Mohicans. The MityMite game begins at 9 a.m. and subsequent games are every two hours.

## HELP The Downey Patriot REACH OUR GOAL OF BEING ADJUDICATED IN THE CITY OF DOWNEY

Although The Downey Patriot is adjudicated in the County of Los Angeles, it's limited on the types of legal notices it is able to publish. Our goal is to become adjudicated in the City of Downey in order to run all types of legal notices. In order to print all legal notices, The Downey Patriot must meet additional requirements set forth by the Government code. One of these additional requirements is "a bona fide subscription list of paid subscribers".

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**8301 E. Florence Ave., Suite 100, Downey CA 90240**

## New concert season begins Oct. 25

BY JOYCE SHERWIN,  
DOWNEY SYMPHONY

**DOWNEY** – At 52 she is a survivor, exceptionally spry and attractive, unhesitant to try new stuff even before an audience. A creature of many parts, she knows from a lifetime of experience how to put herself together, but she works long and hard for that. Her beauty and vigor require endless polishing, constant attention, self-

scrutiny.

She is, of course, the Downey Symphony Orchestra, and we celebrate her first concert of the new season on Oct. 24 in the Downey Theatre.

Under Music Director Sharon Lavery, the orchestra will play Dvorak's Carnival Overture and Aaron Copland's Appalachian Spring, plus episodes from his Rodeo. Violinist Roger Wilkie will perform the world premier of

Generations for Violin and Orchestra by Daniel James Chen.

So with the traditional music of Dvorak, the aching loveliness and rowdiness of Copland, and the brand-new, first-time-anyone's-ever-heard-this of the Chen, the audience is in for a splendid time in the company of this illustrious lady. Performance begins at 8 p.m., with a pre-concert discussion at 7:15.

Tickets are \$30 and \$25, stu-

dents \$10, available at the box office or by phoning (562) 403-2944. The theater is located at 8435 Firestone Blvd. and ample parking is free and convenient.

The orchestra's winter concert date is Jan. 23, 2010, and the spring concert is set for April 10. Please visit our website at [www.downeysymphony.org](http://www.downeysymphony.org) for more goodies.

## Shakespeare play in Norwalk

**NORWALK** – The Cerritos College Theatre Department will open its 2009-10 season with a William Shakespeare farcical comedy, "The Merry Wives of Windsor," opening Oct. 30.

"The Merry Wives of Windsor" centers on Falstaff, the loudmouthed, braggart coxswain, as he attempts to woo a pair of married wealthy Windsor ladies. Love burns a hilarious path through this town and this tale.

General admission tickets are \$12. Tickets for students, children and seniors are \$8.

For more information on "The Merry Wives of Windsor," including a concert schedule, visit [www.cerritos.edu/theatre](http://www.cerritos.edu/theatre) or call (562) 467-5058.

## Two speakers at Rise 'N Shine

**DOWNEY** – Two guest speakers have been lined up for Rise 'N Shine Networking, which meets Tuesday at 7:30 a.m. at Downey Brewing Company.

Raul Castillo of The Point Insurance Services and Luis Andrade of Destiladora Andrade, Inc. will speak.

The meeting is open to the public. Cost is an order from the menu. RSVP by calling the Downey Chamber of Commerce at (562) 923-2191.

## Mixer event at Embassy Suites

**DOWNEY** – The Downey Chamber of Commerce will host a business mixer Oct. 29 from 5-7 p.m. at the Embassy Suites.

There will be live entertainment, raffles and refreshments. Admission is free.

RSVP by calling the Chamber at (562) 923-2191.

## Fundraiser for adult school

**DOWNEY** – Portofino's Italian Restaurant, 11010 Paramount Blvd., will host a fundraiser tonight for Downey Adult School.

A live band will be playing live rock music from the 70's and 80's. The fundraiser begins at 8 p.m. For information, call Bob Miller at (562) 547-5816.

## 'St. Louis' musical opens Oct. 31

**LONG BEACH** – "Meet Me in St. Louis" will open the 57th season of Musical Theatre West beginning Oct. 31 at the Carpenter Performing Arts Center in Long Beach.

"Meet Me in St. Louis" is based on the movie starring Judy Garland. The musical makes use of lavish costumes and Victorian sets, and includes the musical numbers, "The Boy Next Door," "The Trolley Song," "Have Yourself a Merry Little Christmas" and "Under the Bamboo Tree."

Tickets to see "Meet Me in St. Louis" start at \$30 and are available online at [www.musical.org](http://www.musical.org) or by calling (562) 856-1999, ext. 224.

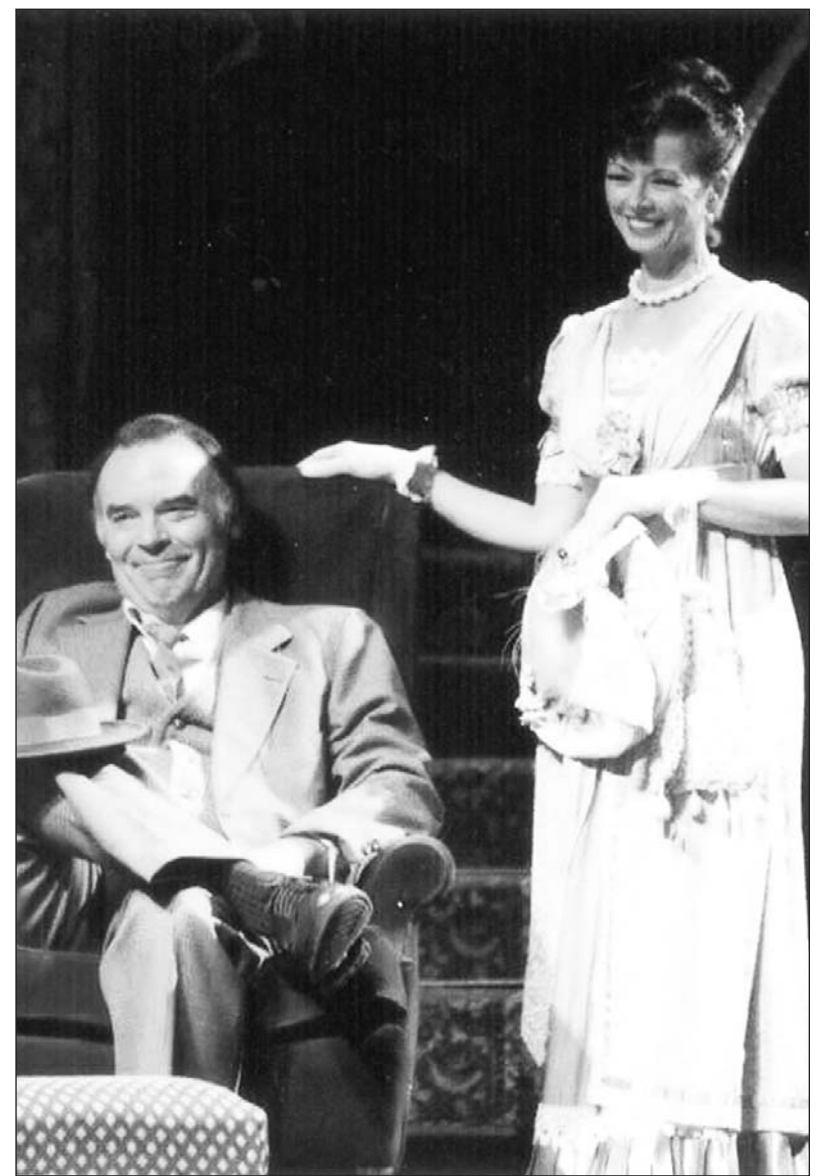


PHOTO COURTESY DOWNEY CIVIC LIGHT OPERA

Joe Culliton portrays Henry Higgins and Charlotte Carpenter is Eliza Doolittle in "My Fair Lady," now playing until Oct. 18 at the Downey Theatre. For tickets, call (562) 923-1714. Group rates are available.

## Review

### 'My Fair Lady' a wonderful surprise

BY HENRY VENERACION,  
STAFF WRITER

**DOWNEY** – "My Fair Lady," once called "the perfect musical," returned to the Downey Theatre last Thursday for a series of performances that ends on Oct. 18. Executive producer Marsha Moode said it was being staged in Downey for the first time in 17 years.

The opinion of this reporter is it should be staged oftener than that. There seemed to be nothing wrong with the production values, and the songs and the singing were wonderful, as were the choreography and the acting.

The familiar favorite tunes, such as "Wouldn't It Be Lovely," "The Rain in Spain," "I Could Have Danced All Night," "Get Me to the Church on Time," and "I've Grown Accustomed To Her Face," with the lively "With a Little Bit of Luck" interwoven through the scenes – as sung by Charlotte Carpenter's Eliza, George Champion's Alfred Doolittle, and Joseph Culliton's Henry Higgins – were worthy versions of those performed in the movie version starring Rex Harrison and Audrey Hepburn which I've enjoyed innumerable times.

I can just imagine what the 1956 Broadway musical starring the same Rex Harrison and Julie Andrews must have been like: its 2,281 run broke all existing records. Today "My Fair Lady" is regarded as "one of the world's best-loved musicals."

Thursday night Jason Marquez was in particularly good form, I thought, as Freddy Hill, whose resonant "On the Street Where You Live" caught the ache and the Zombie-like trance of infatuation.

"My Fair Lady" is, of course, famously known as taken from George Bernard Shaw's play, "Pygmalion," rooted in the myth of a sculptor who carved a statue so lifelike that he falls in love with it. A little research reveals that the story has metamorphosed over the centuries into a multitude of versions, all entertaining, all infused with the same familiar life- and love-affirming themes.

The lyricists Lerner & Loewe have done a great service by chiseling and hammering a musical version of "Pygmalion." It comes to life at the Downey Theatre. Go see it.

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**COUPLES RETREAT** (PG-13) (11:05, 1:50, 4:35), 7:20, 10:05

**THE INVENTION OF LYING** (PG-13) (12:00, 2:35, 5:10), 7:45, 10:20

**WHIP IT** (PG-13) (11:35, 2:15, 4:55), 7:35, 10:10

**ZOMBIELAND** (R) (11:55, 12:55, 2:15, 3:15, 4:35, 5:35), 6:55, 7:55, 9:15, 10:15

**SURROGATES** (PG-13) (10:50, 1:00, 3:15, 5:35), 7:55, 10:15

**LOVE HAPPENS** (PG-13) 7:25, 10:05

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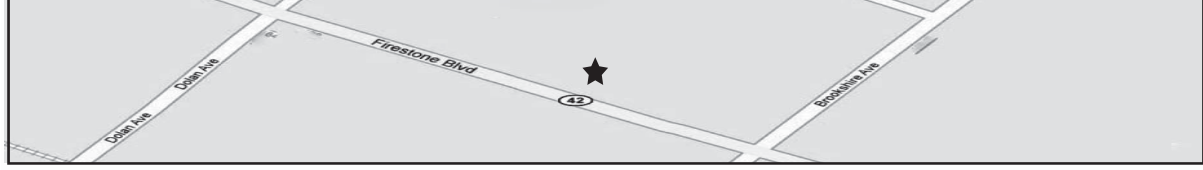
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# Making strong allies in a foreign nation

BY STAFF SGT. JESSICA SWITZER, U.S. AIR FORCE

**Mihail Kogalniceanu Air Base, Romania** – Nearly 40 years ago, murals depicting the glory of the Soviet military were freshly painted at the Novo Selo training area in Bulgaria.

Today, nearly 20 years after the end of the Cold War they are flaking, subdued images of a bygone area. Now, artificial thunder echoes through the hills as a Bulgarian M1117 Guardian armored security vehicle runs the training course, mowing down targets with fire from its mounted heavy machine gun.

The son of a Downey man is faced with these reminders of the Cold War and the difficulties of conducting U.S. Army business in a foreign nation, as a member of the Joint Task Force-East, a multinational task force designed to make stronger allies of Romania and Bulgaria. The operation hones the skills of soldiers from all three nations as well as helping the people living in some of the poorest areas of the two European countries.

Army Pvt.2 Adam Carpio, son of Brian Skeen, of Downey, is an unmanned aerial vehicle operator with the 4th Squadron, 2nd Stryker Cavalry Regiment in Vilseck, Germany, and is currently deployed to Romania to support the task force, based at Mihail Kogalniceanu Air Base.

"I'm responsible for providing aerial reconnaissance for the rest of the unit on the ground," said Carpio, a 2007 graduate of Calvary Chapel Christian Academy.

Soldiers from all three countries trained together in individual and company-level movements as well as with armored vehicles, a variety of weapons and combat lifesaving skills. They also practiced the coordination needed to go into and clear a hostile urban area.

In addition to the training, the soldiers took time to visit a number of local villages and allowed children to explore the vehicles they were using.

"Training with the Romanians has been really valuable and fun too. I got the opportunity to fire a rocket propelled grenade," said Carpio. "At the same time we're teaching them the way the U.S. Army does things and about our equipment."

Military training wasn't the only reason American service members were in Romania and Bulgaria. A group of doctors and nurses traveled to several villages around the training bases in both countries. The team worked with local health care workers and translators to provide screenings for optical and other general health concerns. There was also a team of Navy Seabees helping renovate and upgrade local schools and medical facilities.

In spite of the language barrier and cultural differences, the American soldiers and their Bulgarian and Romanian counterparts were usually able to get their messages across.

"Training with the Romanians is different," said Carpio, who has been in the Army for less than a year. "We're in a new training area we aren't used to, there's the language barrier to consider and a



PHOTO BY AIR FORCE MASTER SGT. CECILIO RICARDO  
An eight-wheeled Stryker mechanized unit from the 2nd Stryker Cavalry Regiment performs in a training exercise under the Joint Task Force - East in the Novo Selo Training Area in Bulgaria.

lot of other obstacles we have to think about. But it's still very worthwhile."

Whether building new schools, bringing medical services to villages or practicing the art of war, Romanian, Bulgarian and American service members, like Carpio, are working to keep the

positive relationships going long after everyone has gone home. The relationships built on this training ground will go a long way toward making sure the three nations can work together seamlessly.

## New Titles at the Downey City Library

### Fiction

- **"Any Minute"** by Joyce Meyer. A successful business woman has little time for her family until the day her car plunges into a river. When she emerges, she is a changed woman—and the world around her will never be the same.
- **"An Echo in the Bone"** by Diana Gabaldon. A romance blooms during colonial times with consequences centuries later.
- **"A Gate at the Stairs"** by Lorrie Moore. A Midwestern college coed takes a job as a nanny for a recently adopted toddler.
- **"The Last Song"** by Nicholas Sparks. A brother and sister spend the summer with their estranged pianist father and discover the meaning of unconditional love.
- **"Homer and Langley"** by E.L. Doctorow. Two brothers, one blind, the other eccentric, live as reclusive hoarders in a 5th Avenue mansion.

### Non-Fiction

- **"Character Driven"** by Derek Fisher. The Lakers star who won four NBA titles shares his life lessons and devotion to his family.
- **"Dream Big: O's Guide to Discovering Your Best Life"** by the editors of O, the Oprah magazine. Timely advice and inspiring articles from Winfrey's popular magazine.
- **"Home Game: an Accidental Guide to Fatherhood"** by Michael Lewis. The author's frank and funny account of what happened after the birth of each of his three children.
- **"Not Becoming My Mother"** by Ruth Reichl. The bestselling author and food editor embarks on a journey to learn more about her mother.
- **"Where Men Win Glory"** by Jon Krakauer. A chronicle of Pat Tillman, the NFL star turned Army ranger who died in Afghanistan.

Visit [www.downeylibrary.org](http://www.downeylibrary.org) and click on "New and Notable Books" to browse more titles

## Rabbi to discuss Jewish vocab

**DOWNEY** – "The Vocabulary of Jewish Life" will be the topic of the Oct. 20 meeting of the Ezra Center for Mature Adults, which meets inside Temple Ner Tamid at 10 a.m.

Rabbi Stephen Einstein of the Congregation B'Nai Tzedek in Fountain Valley will utilize Hebrew terms – some familiar, some less familiar – in his address.

A kosher lunch will be served after the program at a cost of \$6 for Ezra members and \$7 for non-members.

For more information, call Miriam Brookfield at (562) 943-3170.

## Motorcycle course offered

**NORWALK** – Cerritos College is offering a basic motorcycle course on the weekends to people interested in learning to ride a motorcycle.

The 15-hour course consists of three classes over two weekends, which includes one day of classroom learning and two days on the bikes practicing skills. Bikes and helmets will be provided.

Cost is \$250 for students over age 21 and \$150 for those under 21. Students who successfully complete the course will receive a waiver from the driving portion of the DMV riding test.

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# Police warn of phony solicitors

CONTRIBUTED BY THE  
DOWNEY POLICE DEPARTMENT

**DOWNEY** – This notice is intended to make the public aware of a recent scheme that citizens have fallen victim to.

The suspects, who often work in pairs and target the elderly, call Downey residents and solicit funds on behalf of the local police department. The caller is persistent and often makes reference to past dona-

tions the victim has made to law enforcement.

Once the victim agrees to contribute, the caller informs them he will send someone to pick up the funds. Later in the day, an individual shows up at the victim's residence to collect the funds. He is dressed in civilian clothing and is not wearing any type of police identification.

Although the scams and suspect descriptions differ, one theme

is common. These thieves prey on those who believe they are making legitimate donations in support of the police department.

Please be aware that the Downey Police Department does not solicit funds from residents via telephone or in person. If you receive a call from an individual stating they represent the police department and ask for a donation, tell them you are not interested and contact the police department.

It is important to remain vigilant and always use caution when dealing with individuals who claim to represent the police department and are asking you for donations.

Questions related to these types of crimes may be directed to Detective Ron Gee at (562) 904-2331 or Detective Jerry Price at (562) 904-2359.

# Imogene Query lived here 22 years

**DOWNEY** – Funeral services for Imogene Lee Query, 84, formerly of Downey, were held Monday at the Burkhardt Chapel in Oklahoma with Rev. Eric Snyder of First United Methodist Church officiating.

Query died Sept. 30 at her home in Wichita, Kans. Burial was at Frederick Memorial Cemetery.

She was born Nov. 8, 1924, in Frederick, Okla., to W.B. (Buck) and Mary Neal Veteto Dutton. She attended Henderson and Wilson schools and graduated in 1942.

She married J.R. Anderson on March 16, 1944, and had two children, Dennis and Janet. In 1952, they moved to Downey.

She continued living in Downey after her husband's death in 1965. She married her second husband, Cecil Lee, on March 31, 1971. In 1974, they moved back to Frederick.

Cecil passed away in 1996. In May 2000, she married Basil Query. They continued to live in Frederick until July of 2002, when they moved to Wichita.

Query is survived by her husband, Basil; daughter, Janet (Jerry) Limon; brother, Jim (Joyce) Dutton; daughter-in-law, Karen (Gary) Chaput; seven grandchildren; and eight great-grandchildren.

She was preceded in death by her parents; son, Dennis Anderson; and two husbands, J.R. Anderson and Cecil Lee.

In lieu of flowers, contributions may be made in Query's memory to First United Methodist Church, P.O. Box 607, Frederick, OK, 73542 or to the Frederick Cemetery Beautification Fund, 111 N. 11th, Frederick, OK 73542.



# Rescued puppies need new home

**PARAMOUNT** – Animal control officers from the Southeast Area Animal Control Authority (SEAACA) rescued six 3-week old puppies from a storm drain in Paramount and now are looking for potential adopters.

According to SEAACA, a passerby heard the cries of puppies echoing through a storm drain near Downey and Rosecrans avenues and called animal control.

"Our officers arrived a short time later and were able to locate

the pups in the pipe," said Capt. Aaron Reyes, director of operations for SEAACA. "Ironically, another SEAACA animal control officer who heard the call over the radio remembered rescuing a stray female dog a day earlier, and noted that she appeared to be a nursing mom."

The puppies were taken to SEAACA headquarters in Downey where they were given a warm bath and introduced to the anxious mother dog.

"She seemed overjoyed and gathered them up like any good mother would do," said Cpl. Alvaro Torres, one of the rescuing officers. "They were hungry and all gathered for some feeding and snuggle time moments after being reunited."

The mother dog has no ID tag or microchip and is being held as a stray with the pups.

"We'd like to adopt or foster out the entire family together, so we're looking for qualified takers,"

Reyes said. "It's always easy to place puppies, but these little ones are too young to be away from their mother. We don't want mom to be forgotten either when the pups are old enough to be adopted in a few short weeks."

Anyone interested in adopting the dogs or serving as foster parents should call SEAACA's adoption manager at (562) 803-3301, ext. 240.

# Library urges residents to read 'Rocket Boys'

**DOWNEY** – With a proclamation presented at the Sept. 22 Council meeting, the Downey City Council and the Downey City Library announced the city-wide reading project, 'One Book, One Community' for 2009.

The title selected for this year is "Rocket Boys: a Memoir" by Homer Hickam Jr.

The Friends of the Downey City Library have purchased 50 copies of the book available for checkout at the library. Patrons may also check out copies of the abridged audio book as well as the film "October Sky," based on the book.

"Rocket Boys" is the first in the "Coalwood" series of autobiographical works by Hickam. Inspired by Werner von Braun and his Cape Canaveral team, 14-year-old Homer "Sonny" Hickam decided in 1957 to build his own rockets.

They were his ticket out of Coalwood, West Virginia, a mining town that everyone knew was dying – everyone except his father, the mine supervisor.

"Until I began to build and launch rockets, I didn't know my hometown was at war with itself over its children and that my parents were locked in a kind of bloodless combat over how my brother and I would live our lives," writes Hickam.

Sonny went on to win the National Science Fair in 1960 and become a NASA engineer.

"With the local interest in aeronautics history, this book should have great appeal for readers in Downey," said City Librarian Nancy Messineo. "We invite everyone to attend free programs related to the book's theme during Book Week, November 9-14."

The library is encouraging resi-

dents and community partners, including schools, businesses, community organizations and city departments, to promote, read and discuss the book.

"We had a tremendous response to our reading project last year," said Messineo. "We hope even more people will get involved this year. You can start a reading group at church or with your friends. Talk about the book with your neighbors and invite them to attend events at the library."

Messineo thanked the Friends of the Downey City Library for supporting the project.

"Our 'community read' project has become a reality due to the support and enthusiasm of the Friends," she said. "Because of their help, we have many copies of the book ready for checkout."

Upcoming free programs planned around the book's theme

include:

Wednesday, Oct. 21, 4 p.m.: Teen Read Week event featuring Nathan Charlton, author of "Terra Nova: the Search."

Monday, Nov. 9, 7 p.m.: Author and educator Mike Kersjes will discuss "A Smile as Big as the Moon: a Teacher, His Class and Their Unforgettable Journey."

Tuesday, Nov. 10, 10:30 a.m.: "Fly Me to the Moon," a special storytime about rockets.

Tuesday, Nov. 10, 7 p.m.: Film showing of "October Sky."

Thursday, Nov. 12, noon: Book discussion of "Rocket Boys."

Thursday, Nov. 12, 7 p.m.: "Rockets and Robots in Space," a family story night event for ages 3-12.

For more information on "One Book, One Community" events in Downey, call (562) 904-7360, ext. 132.

## Jacob Elijah Galindo

October 24, 1994 - October 4, 2009

Born October 24, 1994 in Downey, California passed away peacefully with his parents and family members at his side on October 4, 2009 in Long Beach, California. Jacob fought a courageous battle throughout his fourteen years.

His spunk and loving ways will always be missed by all of us that knew him. We will always remember his smile, and mischievous way of getting those around him to cater to his needs.

It is true that one person can bring much joy to all those around them if they smile and show a little appreciation. He taught us that those two traits were essential in our lives.

Angel baseball games will not be the same without him. He loved his Angels and the Yankees, but was a true Angel at heart, going to games will not be the same without him. We are certain that Jacob and Gene Autry will be sitting together this week rooting for their beloved Angels.

Jacob is survived by his parents, Elvin and Rosy, his brother Cristian, his sister Samantha, his grandparents Bernie and Margarita, his uncles Robert, Abel, Jaime and Ramiro, his great grandmother Mary, and his loving aunts who cared for him since birth Lidia, Lisa, Maria, Arlet and Aura and numerous cousins.

Viewing will be held Friday, October 9, 2009 at 6:00 p.m. at The Church of Jesus Christ of Latter Day Saints, 11733 Florence Avenue, Santa Fe Springs, CA 90670. Services will be held on Saturday, October 10, 2009 at 10:00 a.m. at the same location. Internment following at Rose Hills Memorial Park.

# Jacobs sworn in as Downey Kiwanis president

**DOWNEY** – Robert Jacobs, partner in the law firm of Jacobs and Vega, was installed as president of the Downey Kiwanis Club during an installation dinner Oct. 2.

Also installed were president-elect Tom Houts, vice president Susan Robison, treasurer Jeff Funk and secretary Ashvin Patel.

During installation ceremonies, Fernando Vasquez was recognized as "Kiwanian of the Year." Vasquez helped organize the first annual True Lasting Connection (TLC) charity softball tournament earlier this year where Downey service organizations and local high school teachers helped raise money for TLC.

TLC helps children and their families who lack basic school supplies, and offers assistance with medical, dental and vision exams.

In conjunction with this newspaper, Vasquez helped start the Downey Youth Service Award, a recognition for Downey children who give back to the community through community service.

"We have a moral obligation to provide the basic resources for the leaders of tomorrow," Vasquez said. "It's important to inspire, motivate and recognize our future leaders."

Downey Kiwanis Club is heavily involved in the community. They hold a monthly barbecue at Rancho Los Amigos National Rehabilitation Center, where mem-



PHOTO COURTESY MARIO TRUJILLO  
**Robert Jacobs, an attorney, was sworn in last Friday as president of Downey Kiwanis Club.**

bers cook and serve food to hospital patients.

The club sponsors Arc of Southeast Los Angeles County, which provides services and support to people with development disabilities. And in December, the club will host a Christmas event at the La Casita center for homeless

women and children, complete with toys and a visit from Santa Claus.

For information on joining Downey Kiwanis Club, contact Mario Trujillo at (562) 500-5484 or mariotruijillo@aol.com.

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The Downey Patriot, a newspaper of general circulation for the County of Los Angeles, State of California, Los Angeles Superior Court Case No. VS019238

**LEGAL NOTICES**

**FICTITIOUS BUSINESS NAME STATEMENT**  
 File Number 20091470698  
 THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS:  
 (1) **Born Again QT, 2202 Gregory Ave., Palmdale, CA 93550, County of Los Angeles**  
 Name of registrant(s):  
 Thomas McGraw, 8959 Alder Ave., Fontana, CA 92334-1210  
 Harry Sacks, 2202 Gregory Ave., Palmdale, CA 93550-7043  
 This business is conducted by Copartners Registrant has begun to transact business under the fictitious name(s) listed above on 09/01/2009.  
 I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.)  
 S/ Harry Sacks, Partner  
 This statement was filed with the County Clerk of Los Angeles on September 28, 2009.  
 NOTICE-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (see Section 14411 et. seq., Business Professions Code).  
 Published in:  
 The Downey Patriot #VS019238  
 10/9, 10/16, 10/23, 10/30/2009

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# Charter Ball to help cath lab

**DOWNEY** – Downey Regional Medical Center held its 34th annual Charter Ball fundraiser Oct. 3 at the Disneyland Grand Californian Hotel.

The event honored Dr. Bill Kim and Sen. Alan Lowenthal for their service to their communities.

Proceeds from this year's Charter Ball, the biggest fundraiser of the year for the non-profit hospital, are earmarked to purchase state-of-the-art equipment for the hospital's cardiac catheterization laboratory, or cath lab.

"The two individuals we honor embody the spirit of collaboration and leadership that Downey Regional Medical Center stands for," said Ken Strople, president and CEO of Downey Regional. "It is through the unrelenting commitment and support of our hospital by individuals like our honorees that will ensure that we continue to provide the same quality service that all patients deserve."

Proceeds will help the cath lab to continue providing testing, treatments and procedures deemed critical in the care of coronary heart disease, coronary artery disease and an array of related diseases and conditions.

Each year, the cath lab serves thousands of patients in diagnosis, interventional procedures and treatment 24 hours a day, seven days a week.



PHOTOS COURTESY DOWNEY REGIONAL MEDICAL CENTER

Downey Regional Medical Center held its 34th annual Charter Ball fundraiser Oct. 3 at the Disneyland Hotel. In attendance and shown above are (left to right): Richard Guess, MD, chair of the Memorial Trust Foundation; Brian Saylor, chair of the Charter Ball; Mario Guerra, mayor of Downey; and Mrs. Ann Guerra.



Dr. Bill Kim was honored at Charter Ball for his service to the hospital and the communities it serves. Left to right: Lauren Kim, Dr. Bill Kim, Dr. Oak Sook Kim (Bill Kim's mother) and Stephen Kim.

# Town hall meeting Thursday

**DOWNEY** – A town hall meeting with Mayor Mario Guerra will be held Thursday from 6:30-8 p.m. at the Barbara J. Riley Community & Senior Center.

"These are exciting times for Downey and our citizens should know what we are doing and what our future holds," Guerra said.

The meeting will include time for the public to speak and share thoughts, ideas or concerns.

For more information, call (562) 904-7274 or e-mail [mguerra@downeyca.org](mailto:mguerra@downeyca.org).

# Fundraiser for adult school

**DOWNEY** – Portofino's Italian Restaurant, 11010 Paramount Blvd., will host a fundraiser tonight for Downey Adult School.

A live band will be playing live rock music from the 70's and 80's. The fundraiser begins at 8 p.m. For information, call Bob Miller at (562) 547-5816.

# Free festival on Halloween

**DOWNEY** – The Bernabe Community Center will host its eighth annual Harvest Festival on Halloween, Oct. 31, from 5-9 p.m.

There will be jumpers, a dunk tank, live music, and free candy and games.

Food and raffle tickets will be sold, with proceeds benefiting Bernabe's after-school sports programs and tutoring programs.

The festival will take place on the campus of Redeemer Covenant Church, 10801 Fairford Ave., one block south of Florence Ave.

For more information, or to volunteer at the festival, contact Nick von Stein at (562) 863-4621 or [nickjonvon@gmail.com](mailto:nickjonvon@gmail.com).

# 'Cooking school' fundraiser

**DOWNEY** – A cooking school fundraiser to benefit the Downey Symphony Guild will be held tomorrow at the Firestone Grill inside Embassy Suites.

Visitors will enjoy special recipes, lunch and a silent auction. The Downey Symphony Guild helps sponsor Music in the Schools and the Downey Symphony.

Reservations are \$40. For more information, call (562) 861-8507.

# San Pedro gets funding for social services

**LOS ANGELES** – San Pedro will receive nearly \$7.5 million to fund two projects, Supervisor Don Knabe announced this week.

The projects are part of a larger investment of nearly \$13 million that Knabe will be announcing for five separate projects in the South Bay over the next three weeks.

Approximately \$2.48 million will be used for an "extreme makeover" of the San Pedro Service Center. The center, which opened in 1972, has continued to expand its service while receiving almost zero upgrades, officials said.

The center's renovation will make it compliant with the Americans with Disabilities Act.

Also renovations include an expansion and upgrade of its existing restrooms; reconfiguration of the existing senior citizens room; addition of an 800-square foot multipurpose room; and a 1,350-square foot addition that will house two daycare classrooms with restrooms, storage areas and a corridor.

Meanwhile, \$4.9 million will help expand San Pedro's Harbor Interfaith Services. A new three-story building will serve 13,000 homeless and working poor people, officials said.

The new building will include a food pantry, office space for case workers, indoor playground, nursery, after-school program space and specialized facilities for homeless children.

The building's total price tag is \$10 million, and Harbor Interfaith Services will launch a fundraising campaign to raise the remaining money.

Funding for both of the San Pedro projects were unanimously approved by the Los Angeles County Board of Supervisors this week.

"There is tremendous need across the county for programs and facilities that are helping children, families and seniors," Knabe said. "Programs like the Service Center and Harbor Interfaith are helping meet that need in San Pedro, so I am honored to commit funding that will be used to help expand these programs and ultimately expand how we help those members of our community who are most in need."

# Job fair draws hundreds of job seekers

**NORWALK** – More than 600 people with hopes of finding a job turned out for Cerritos College's Job Fair October 6. With an August unemployment rate of 12.2% in California, the event saw more attendees – both students and community members – than ever.

Hosted by the Cerritos College Career Services/Job Placement Center, employers including local businesses, government agencies, school districts and Fortune 500 companies recruited for job and internship opportunities at the event.

"It was great that even during the economic downturn the Job Fair was able to attract nearly 40 companies participating," said Christina The, student placement specialist, who was instrumental to bringing the employers to the fair and has orchestrated the event for years.

Employers represented this year include Aflac, Avon, Caltrans, Disney College Program, EDD, Finish Line, Jiffy Lube, LAPD, Mary Kay Cosmetics, Norm Reeves Honda, Primerica, Southeast ROP, Signal Hill Police Department, St. Mary's Medical Center, Think Together, and Target among others.

A wide variety of occupations such as accounting, administrative, teachers, assistant teachers, customer services, engineering, marketing, mechanic, sales, police officers and tutors were available for attendees to explore.

Reflecting the severe job market, attendees were well prepared and more eager to connect with the employers, which pleased the employers who look for qualified candidates.

"This time, I see much more traffic and definitely more interests among job seekers," said Veronica Ruiz, human resources recruiter from The Car Group.

"I was referred to this job fair by my aunt who saw a news article about the event," said Morgan Shenault, who attended the event. "I found a couple of employers who were hiring and was able to turn in my application here."

Another indicator of the historic jobless rate was the TV coverage of the event. Fox 11 reported from the event live all morning in "Good Morning in L.A.," encouraging people to come out to the Job Fair. Spanish channel Univision also covered the event in its evening news.

"We are very happy with the turnout this time which is greater in terms of the number of attendees, student preparedness and employer satisfaction," said Terrie Lopez, director of Career Services at Cerritos College. "We are here to bridge the gap between our students and employers."

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## Downey Youth Service Award



Cristina Carrera and Alexander Foskarino, both students at Warren High School, were recipients of the second annual Downey Youth Service Award, presented by Downey Kiwanis Club and *The Downey Patriot* on Thursday.

Cristina is founder of the Lunch Bunch at Warren High School, a campus club that meets each week with autistic children for lunch and games. She also serves on Link Crew, mentoring incoming freshmen as they make the transition to high school. She volunteers in the Downey Regional Medical Center emergency room every Monday, and has raised more than \$300 for the American Cancer Society.

Alexander is a Boy Scout who will achieve Eagle Scout status by cleaning up the Nature Center at Whittier Narrows. He has volunteered at Kids Day and hosts get-togethers with WWII veterans. Through the non-profit group REACH LA, he has raised awareness of the dangers of unprotected sex. He is a member of Warren's Key Club and has fed the homeless, picked up trash with Keep Downey Beautiful and washed cars to raise money for Arc of Southeast Los Angeles County.



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