

The Downey Patriot



Symphony supporters
See Page 3



Charter Ball co-chairs
See Page 2



Bocce ball champions
See Page 11

Friday, June 26, 2009

Vol. 8 No. 10

8301 E. Florence Ave., Suite 100, Downey, CA 90240

\$138 million budget called 'a blessing'

■ City dips into reserves to cover \$2 million shortfall. No layoffs or furloughs planned.

BY HENRY VENERACION,
STAFF WRITER

DOWNEY — As anticipated, after making relatively minor changes as a result of the June 2 budget study session, the City Council Tuesday approved a budget of \$138 million for FY2009-10, with police and fire still getting the lion's share (70 percent) of the general fund.

The changes include a shift of overtime funds (\$35,000) to the School Resource Officer program from within the police department, a minuscule added funding for legislative purposes, and provisions for temporary personnel at both Independence and Apollo parks, offset by decreases in police's field operations overtime hours as well as fire suppression's, and community development excursions reduction.

Added to the budget at the last minute was \$3,000 in support of

the Downey Sister Cities Association's interface with counterpart cities in Guadalajara, Costa Rica, and Ensenada.

The net impact of all the changes, according to the city manager's office, is a decrease of \$207,000 to the general fund deficit with the provision that the "budget may be amended via Council action at future City Council meetings."

All this while a "massive \$20 billion state budget deficit" carries the likelihood that the state will borrow \$1.8 million in gas tax monies and perhaps \$2 million in property taxes from the city. But, like Mayor Mario Guerra said, "Not to worry. We have been blessed...we can draw from our large reserve fund to make sure we keep our services that our citizens demand and expect."

The vote was 4-1 with Councilwoman Anne Bayer voting

See COUNCIL, page 4

Shooting may have been gang-related

DOWNEY — A shooting that was "most likely gang-related" left one teenager in critical condition at a local hospital on June 19.

Police were dispatched to Washburn Road and Bellflower Boulevard at about 1:44 p.m. where they found a 17-year-old male lying on the sidewalk with two gunshot wounds.

Witnesses told police the victim was fighting a man before he was shot. The suspect fled on foot eastbound on Washburn before disappearing, according to a Downey Police Department statement.

Police requested a scent canine from the Los Angeles County Sheriff's Department, which traced

the escape route to the 9100 block of Margaret Street. That is where Downey police arrested Bryan Labato, 18.

"Based on the conversation between the victim and suspect prior to the shooting, it appears this incident was most likely gang-related," the statement said.

The victim was transported to a local hospital where he was listed in critical condition after surgery.

Anyone with information on the shooting is asked to call Detective Gatfield at (562) 904-2391 or Detective Kurtz at (562) 904-2305.



Baseball players from Downey and Warren high schools competed in a June 13 all-star game that pitted players from the San Gabriel Valley League versus all-stars from the Moore League. The San Gabriel Valley League team earned the victory, 4-3, in 10 innings. Photo courtesy Sal Mazzara

Price of fireworks show cut by half

■ Sponsors will cover half of the show's \$50K price tag, mayor says.

BY ERIC PIERCE,
CITY EDITOR

DOWNEY — An outpouring of donations and sponsorships from the Downey community has cut the price of the July 4th city-sponsored fireworks show in half, according to numbers released by city officials this week.

About three dozen businesses and residents have pledged monetary support for the \$50,000 fireworks display, dropping the final cost to taxpayers to about \$25,000, Mayor Mario Guerra said.

The City Council agreed last month to help finance the fireworks show with the understanding that city staff would aggressively seek community sponsorships.

Kaiser Permanente will donate \$7,000, according to the data. Los Angeles County Supervisor Don Knabe pledged \$2,000.

Coca-Cola offered \$5,000 in products.

Seven service clubs and businesses pledged \$1,000 each, and numerous businesses and residents offered donations of \$100 to \$200. Guerra said he anticipated more sponsorships to come.

The fireworks display will be the climax of a daylong festival at the Discovery Sports Complex which begins at 9:45 a.m. The event will include live music, carnival games, athletic events, food booths, and more.

The fireworks show will begin at 9 p.m.

Residents can bring lawn chairs but no fireworks, alcohol or barbecues will be allowed inside the park.

For more information, call (562) 904-7238.

The Lost Street: A Short Story

BY ANITA LUTT,
WRITERS' WORKSHOP WEST

How pleasant it is to look back on your time in school and still be in contact with your friends from long ago. Therefore I was happy to receive a call from a girlfriend. Happy to hear from her, but somehow I got the distinct feeling that not all was right with her from the tone of her voice.

"Yes, I'm fine, everything is alright," she tried to convince me when I asked. "But I need a change of scenery." Her voice appeared to me kind of stressed even sad.

"You are welcome here, you can stay over night in my guest room," I tried to render comfort and care for the night or several, if she wanted...or more so...if she needed. We agreed that she would visit me, but just for a day, she had to return fast. We both were excited to see each other again after many months.

"I'll show you around Downey

a little. There is a kind of super hangar at Lakewood Boulevard and Clark. It is famous, though many people do not realize it. Many years ago, it was used by Howard Hughes, building airplanes there and later it served as a movie studio. Then we'll have lunch," my itinerary called for. I suggested sushi at the Japanese restaurant Sambi's, but it was a wrong choice. She rather would like to see the place before committing to it, she replied over the phone.

"The best, I would recommend, is the beautiful Hotel Embassy Suites. A stroll around the ground among exotic plants and a water fountain will put you in a good mood for sure," I tried to influence her to have an enjoyable day. That appeared to be the best option and she insisted that the lunch would be her treat.

Hugs, kisses several times over, and two middle-aged women were ready to spend a few hours together. Helen came down from a small

town north of Los Angeles and after a short while talking at my place, we left. She did not reveal her troubles, though I was convinced that she saw in some way difficulties, perhaps marriage, or with her son, or whatever it was.

She did not speak, only looked down when I gently tried to inquire. I decided not to ask more.

"When we come to Lakewood Boulevard turn right," I gave her directions, "and stay then in the left lane, because we soon have to make a left turn on Clark." We both were looking at street signs to turn left, but missed. Close to the Best Buy Shopping Center - as I call it - I got a little confused regarding where Clark was located. I thought it would be close to Lakewood Boulevard and Firestone, the next street after Bellflower. But...

"Let's go a little further on, Clark must be there," I hoped but in vain. At the next major street with traffic lights I ordered her to

See STORY, page 12

Iraheta signs deal with Jive Records

BY ERIC PIERCE,
CITY EDITOR

DOWNEY — Allison Iraheta's debut album will be released this fall, Jive Records has announced.

Iraheta signed last month with 19 Recordings, an entertainment promotion company founded by "American Idol" creator Simon Fuller. Her music was licensed to Jive Records.

Iraheta, of Downey, has already recorded two songs for the album as she prepares for a nationwide tour this summer. Between tour dates she will be flown back to Los Angeles to record more music, family members said.

"I think I'm still in shock that this is happening — getting to record my first album and this whole awesome experience is a dream come true," Iraheta said.

Fuller, who also serves as a judge on "Idol," called Iraheta "an incredible young singer."

"She is without a doubt one of the best teenage singers 'American Idol' has ever discovered," he said.

"We all watched Allison grow in confidence and stature as she performed each week on the show and we can only imagine how far this special girl can continue to blossom in the years ahead."

At age 16, Iraheta was the youngest contestant ever to advance to the top 12 on 'Idol.' Now 17, she made it to the final 4 before she was eliminated.

"Allison was an absolute standout this season," said Barry Weiss, chairman and CEO of RCA/Jive Label Group. "Her bluesy, powerful voice, spunky attitude, and edgy star power immediately captivated us and it didn't matter where she ranked on 'Idol,' we knew we wanted her to join our amazing crop of young talent at Jive."

The summer tour of "American Idols Live" begins July 5 in Portland. The tour will visit 50 cities nationwide, including stops at the Staples Center in Los Angeles (July 16) and Ontario (July 17).

The tour wraps up Sept. 15 in Manchester, N.H.



Downey resident Allison Iraheta returned home two weeks ago to help kick-off the American Cancer Society's Relay for Life at Downey Adult School. She recently signed with Jive Records. Photo by Eric Pierce



Julie Foudy, a longtime captain and 18-year veteran of the U.S. Women's National Soccer Team and now an analyst for ESPN, set out to conduct interviews with kids recently to capture their reactions to Manny Ramirez's drug suspension from baseball. Foudy interviewed Downey resident and Gallatin Elementary student David Beltran at Thompson Park. During the interview Beltran explained his goal of becoming a professional baseball player and outlined the six pillars of character that are taught in all schools throughout Downey. The interview will air on ESPN on July 5.



Jerry and Margarita Rogers, both active with Unity in the Community, were recipients of the Mayor's Diakonia Award, presented at the June 9 City Council meeting. Photo by Eric Pierce

Residents honored with award

DOWNEY – Margarita and Jerry Rogers were presented with the Mayor's Diakonia Award at the June 9 City Council meeting.

Mayor Mario Guerra recognized both residents for their community involvement and for being active members of Unity in the Community, a grassroots organization that works to ensure safety in the Treasure Island neighborhood.

The Mayor's Diakonia Award is presented each month to residents who give back to the community. Diakonia means "servant" in Greek.

To nominate a resident, call the City Council office at (562) 904-7274.

Casino bus trip July 6

DOWNEY – Seats are still available for a bus trip to the Pechanga Resort & Casino on July 6.

Money raised by the trip will support the Woman's Club of Downey's scholarship fund.

The bus will leave the Woman's Club at 8 a.m. and return by 6 p.m. Cost is \$6 for Woman's Club members, \$11 for non-members, and includes a \$5 voucher for casino play.

Guests must be at least 21 years old. Bingo will be played on the bus.

For reservations, call Jeanine Keys at (562) 923-6620 or Doris Patterson at (562) 869-0377.

Car show at DHS Sunday

DOWNEY – The Downey Police and Fire Foundation is hosting a car and motorcycle show Sunday in the Downey High School parking lot and the community is invited.

The show will include music, food booths, a bounce house, raffles and face-painting for kids. Admission is free.

Cost to enter a car into the show is \$20. Motorcycles are \$10.

For more information, e-mail Kevin Kendall at kkendall@downeyca.org.

Senior Follies this weekend

DOWNEY – Tickets are now on sale for the sixth annual Downey Senior Follies scheduled for June 26-28 at the Barbara J. Riley Community and Senior Center.

A total of 25 performers will display their dancing, singing and comedic talents. Tickets are \$5 per person.

Shows will be presented June 26 at 6 p.m., and June 27 and 28 at 3 p.m.

Saylors named co-chairs of hospital's Charter Ball

DOWNEY – There's an adage that states, "If you want something done, ask a busy person." That was certainly the case with Elise and Brian Saylors, who recently agreed to serve as co-chairs of Downey Regional Medical Center's 34th annual Charter Ball.

They're the parents of four children, ranging in age from 6 to 16. They are both busy and dedicated professionals – Brian is a certified public accountant and managing partner of Strayer Saylors & Associates, an accounting firm with offices in Downey and Anaheim; Elise is a registered nurse and director of quality management at Downey Regional.

Brian is currently serving as president of Downey Rotary while Elise is furthering her nursing education at Cal State Dominguez Hills.

Born and raised in La Mirada, Brian served as a missionary in Sao Paulo, Brazil (through the Church of Jesus Christ of Latter-day Saints) after graduating from La Mirada High School. During his time in Brazil, he became proficient in Portuguese and later picked up Spanish while enrolled at Cal State Long Beach. He is trilingual to this day.

Brian and Elise met in 1987 and married a year later. They moved to Downey that year, with Brian initially working as a detention service officer at Los Padrinos

Juvenile Hall. After earning a B.S. in Accounting, he joined the Long Beach office of Deloitte & Touche, later holding senior accounting positions with Bowers Ambulance Service and PacifiCare Health Systems.

In 2000, Brian decided to open his own accounting practice in Downey, later merging with Strayer and Associates. Brian also lends his accounting expertise as a member of the Supervisory Committee at Downey Federal Credit Union.

Elise was born in Montana and raised in Southern California. Before meeting Brian, she had attended Brigham Young University. After they were married, she completed her nursing education at Cerritos College.

She has worked as a registered nurse at Downey Regional since 1990, serving in her current position since 1997.

Brian and Elise have four children, Ethan (16), Candice (14), Spencer (11) and Mason (6), who were all born at Downey Regional. The family recently moved to Yorba Linda.

"I want to ensure a good future for my children," explained Brian. "This is my main motivation. And, since I've been blessed, I also want to give back to the community. This is one of the reasons why we agreed to co-chair the Charter Ball."



"With the change in the economy there are more people losing their jobs and their insurance; it is even more critical to raise money for the hospital," commented Elise. "That's another reason we agreed to co-chair this year's Charter Ball – to help keep the hospital in top

condition for the community we serve."

Downey Regional Medical Center's 34th annual Charter Ball will be held Oct. 3 at Disney's Grand Californian Hotel. For more information, call (562) 904-5055.

Warren High is finalist for fitness prize

DOWNEY – Warren High School has been named a finalist in a statewide competition promoting fitness among teenagers.

Finalists were selected from among 1,000 participating schools based on the number of students who completed the challenge of being active 30-60 minutes per day, three days a week, for a month.

Warren had 2,040 students complete the challenge this year, more than any other school in the

state.

Warren is now a finalist for one of the competition's three grand prizes: brand new fitness centers valued at \$100,000. The school is also up for a regional award that comes with a \$5,000 prize for new workout equipment.

"I want to congratulate everyone at Warren High for stepping up to make fitness a priority. Whether your school wins one of our top prizes or not, you're already a

champion for fitness in my book," said Jake Steinfeld, chairman of the Governor's Council on Physical Fitness and Sports, which organizes the annual event. "I want to especially thank Principal John Harris and Governor's Challenge Coordinator Christopher Flores for their leadership. They are part of a growing movement of educational leaders who recognize that healthy and active bodies lead to healthy and active minds, and I couldn't be

prouder than to have them on our team."

Over the next couple of months the Governor's Council will review how each of the finalists supported physical activity and good nutrition on their campus in order to determine winners.

Grand prize and regional award winners will be announced in September at a ceremony at the state capitol.

TREE SERVICE • TREE SERVICE • TREE SERVICE

the original
George's
tree &
landscaping service

Trimming • Topping • Stump Grinding • Removing

Residential • Commercial • Apartments • Condominium

Free Estimates

FULLY INSURED

Same Owner Over 30 Years

Se Habla Español

(562) 923-8911 (800) 695-5237

\$50⁰⁰ OFF

Any Tree Service

Min. \$200.00 Present coupon after quote

Residential Only

TREE SERVICE • TREE SERVICE • TREE SERVICE

LAW OFFICES OF STEVE LOPEZ

8562 El Abogado Habla Espanol

Your Attorney For:

- Litigation (Business, Family Law & Civil)
- Living Trust / Estate Planning
- Bankruptcy & Loan Modification

www.stevelopezlaw.com

8562 Florence Ave. • Downey, CA 90240 • 562-904-1193

IMMIGRATION

- CRIMINAL
- LIVING TRUSTS
- ACCIDENTS
- HABLAMOS ESPANOL

ATTORNEY AT LAW
ALEXIS SAAB

10810 Paramount Blvd Suite 201
(562) 904-2622

July's RED HOT COUPONS

DOWNEY PLUMBING, HEATING, AND AIR CONDITIONING (562) 861-0307

- Air Conditioning • Drains and Sewers Cleaned
- Copper Re-piping • Furnaces • Hydrojetting
- Water Heaters • Water Piping • Leak Detections
- Water Softeners • Disposals • Bath Remodeling

State Contractor Lic. #731172

Senior Discounts

\$10 OFF ALL REPAIRS

861-1234

PRO HAND CAR WASH

(562) 861-0307

10030 Lakewood Blvd. Downey, CA 90240

At Downey Valero Gas Station

Mon. - Thurs. Special \$7.99 Regular Car Wash You Save \$4.00

Expires 7-31-09

PINA PIZZA HOUSE & RESTAURANT

ESTABLISHED 1959

11102 PARAMOUNT BLVD. DOWNEY, CA 90241

OWNED AND OPERATED BY PINA & JOHN PERSICO

- Banquet Room • Catering Available • We Deliver

15% OFF Everything excluding beverages (Dine-In-Only) Exp. 7-31-09

Tuesday - Thursday ~ 11:00 A.M. to 9:00 P.M.
Friday - Saturday ~ 11:00 A.M. to 10:00 P.M.
Sunday ~ 11:00 A.M. to 9:00 P.M.
(Our dining room closes 30 min. prior)

Closed Mondays

562-923-4411

Creative Beginnings Schools

6 weeks - 6th grade

Serving the Community for over 30 years

Open Enrollment for our Summer and Fall Programs

50% off registration* with this ad

*New Students Only

3 Downey locations

Open Mon. - Fri. 6:30am - 6:00pm

Phone: (562) 861-1499 - Elementary
Phone: (562) 861-2285 - PreSchool
Phone: (562) 861-8654 - Infant/Toddler
Fax: (562) 861-1151
E-Mail: cbekids@aol.com

Ristorante Italiano and Lounge

Portofino AT DOWNEY

11010 Paramount Blvd Downey, CA 90241
Tel (562) 923-3270 Fax (562) 923-3279

Live Entertainment w/Piano Player, Jazz Band, Dance Floor, & Karaoke

15% OFF of Lunch or Dinner

UNIQUE AUTO SPA

\$5 CAR WASH

FREE VACUUM

Same Price For SUV's, Vans & Trucks

\$24.99 Mobil 1 Lube Express Reg. \$35.99 Up to 5 qts. Most Cars

FULL SERVICE OIL CHANGE & DELUXE FREE CAR WASH

Expires 8-22-09 not valid w/any other offer or synthetic oil & specialty oil

7624 FIRESTONE BLVD. DOWNEY (562) 923-2500 Open 8am - 7pm 7 days



Bernice Stumps, left, and Sharon Lavery were recognized for their contributions to the Downey Symphony Orchestra, which is now in its 51st year.

Stumps, Lavery shown appreciation

BY JOYCE SHERWIN,
DOWNEY SYMPHONY

DOWNEY – Bernice Stumps and Sharon Lavery received commendations recently from the Downey Symphony Guild and the Symphonic Society for their contributions to the continuing success of the orchestra, now in its 51st season.

Stumps, a Symphony Guild member, was recognized with appreciation for her skill behind the camera and enthusiastic coverage in photographing the Guild's many fundraising events and providing publicity pictures of the orchestra's concerts and Music in the Schools programs.

In December 2007, following a

rigorous selection process, Lavery was designated as the Downey Symphony's music director/conductor, and she has continued to win high praise from her orchestra members, her concert audiences, and the third- and fifth-grade children who hear special performances under her baton. The Symphony Board values her warmth and good ideas, her hard work in generating funds, her availability, and willingness to serve in all areas of the Symphony's endeavors.

These citations were presented at the Coordinating Council's 55th annual Community Services Awards Banquet on May 14, which recognized many community volunteers throughout Downey.

Classes of '79-80 reuniting

DOWNEY – Warren High School's classes of 1979 and 1980 will celebrate a 30-year reunion July 11 at the Queen Mary in Long Beach.

The two classes will also host a golf tournament July 10 at the Rio Hondo Golf Club at 10 a.m. No reservations are needed to participate.

For more information on the reunion, visit www.greatreunions.com.

Bags of clothing only \$1

DOWNEY – A yard sale to benefit Arc of Southeast Los Angeles County and the Aktion Club of Downey Kiwanis will be held tomorrow from 7 a.m. to 1 p.m. on Arc's campus, 9501 Washburn Rd.

A similar sale was held last week.

Furniture, household items, computers and more will be available. Bags of clothing will be sold for only \$1.

Volunteers for the sale are needed. For more information, call Janet or Maria of Century 21 My Real Estate at (562) 927-2626.

E-waste roundup in Downey

DOWNEY – Residents can dispose of their hazardous and electronic waste at a roundup Aug. 29 at the Los Angeles County Office of Education in Downey.

Residents can bring up to 15 gallons or 125 pounds of household hazardous waste per vehicle to the roundup.

Household hazardous waste includes unused pharmaceuticals, antifreeze, car batteries, used motor oil, paint, pesticides, syringes, needles, fluorescent light bulbs, and more.

Electronic waste can include TVs and monitors, VCRs, stereos and cell phones.

The roundup will be held 9 a.m. to 3 p.m. The Los Angeles County Office of Education is at 9300 Imperial Hwy, between Clark Avenue and Bellflower Boulevard.

Rancho needs more time for retrofits

DOWNEY – County officials are seeking a 10-year extension for seismic retrofits at Rancho Los Amigos National Rehabilitation Center.

The Los Angeles County Board of Supervisors authorized a state application last week that, if approved, would push the deadline for seismic retrofit compliance to Jan. 1, 2020.

The current deadline is Jan. 1, 2013.

Retrofitting Rancho would put the hospital in compliance with state law and ensure that it "remain in service beyond 2030," County CEO William Fujioka wrote in a report.

The county plans to consolidate inpatient operations at the Jacqueline Perry Institute with support services in an adjacent building. New outpatient buildings will be built, and the existing Harriman building will be renovated for administrative support functions, Fujioka wrote.

Officials expect construction and renovations at Rancho to be complete by the end of 2014. *-Eric Pierce, City Editor*



Curious George invited Luz Cota and her sons, Carlos, 4, and Erick, 7 months, to "Get Creative @ Your Library" on Monday, kick-off day for the children's summer reading program. More than 1,000 children registered during the first three days of the Downey City Library's free reading program, which runs through Aug. 1. For more information, call (562) 904-7360, ext. 4.



Karen Austria, Jesse Pickelsimer, Christina Cornelius and Kristin Cyphers, all students at Downey Adult School, have qualified for the state's shorthand reporters exam.

Students qualify for court exam

DOWNEY – Downey Adult School students Karen Austria, Christina Cornelius, Kristin Cyphers and Jesse Pickelsimer have qualified to take the California Shorthand Reporters Examination, a two-day test equivalent to the bar exam.

The examination will be administered today in Los Angeles.

The students will be tested on academic subjects on one day and machine dictation the next. The exam is offered three times a year.

Students also must pass speed tests that include a 200-word-per-minute qualifier test with four live readers. All speed tests must be passed with 97.5 percent accuracy.

To qualify for the test, students must have completed 660 hours of academic training in English, legal studies, medical terminology, court procedures, California codes, and computers.

Hackers

BAR & GRILL

at the Rio Hondo Event Center

TUESDAY

BBQ's are BACK

Starting July 7, 2009

6pm-8pm

Only

12⁹⁵ & 10⁹⁵

Kids 5-10

Soda, Ice Tea & Water Included

SEE YOU ALL SOON

562-806-5020

10627 Old River School Road Downey

Council: Next meeting this Monday with Planning Commission.

Continued from page 1

against the budget.

In other action, the Council:

- After a public hearing adopted a resolution confirming the 2009-10 fiscal year Lighting and Landscaping Assessment District 121, which will allow the city to levy and collect lighting and landscaping assessments according to a schedule structured around seven district zones; in this connection, Councilmember David Gafin asked staff to look into the "continued deficits" incurred by District L;

- After a public hearing adopted a resolution establishing a uniform schedule of fees for about 629 fee-based services provided by the city's departments including planning (site plan review, etc.), recreation, library, public works, etc.;

- Approved the agreement with Edington, Peel & Associates, Inc. for consultant services in the amount of \$50,000 (to continue lobbying efforts in Washington, D.C. especially on behalf of the Columbia Memorial Space Center as well as other projects of benefit to the city);

- Approved the agreement with Carpi Clay & Smith for consultant services in the amount of \$35,000 to continue representing the city's interests especially with regard to EDA matters (funds for street widening, homeland security measures, etc.);

- Approved the First Amendment to the Telecommunications Network Streetlight License and Encroachment Agreement executed with NextG Networks of California, Inc. for the installation and operation of telecommunication equipment upon the city right

of way; this amendment, notes the city manager's office, allows NextG to expand their network in the city and work with Engineering on appropriate locations for their equipment, whose basic system is an 18-inch high antenna located on top of street light poles (NextG markets this system to telephone companies such as AT&T and Verizon so that these companies can augment their wireless coverage without the need to construct cell towers);

- Approved the amended agreement with All City Management Services, Inc. for crossing guard services, extending their services for one year, including providing staffing for 17 designated locations within the city; the city and the school district agree that this arrangement meets current crossing guard requirements;

- Approved a new agreement with Titan Transportation, Inc. while renewing the city's agreements with United Towing Service, Inc. and Doug's Tug to provide vehicle towing and storage services for a one-year period; there is no financial impact on the city, as the service pays for itself;

- Approved the submittal of a grant request, via the city of Los Angeles, for the Edward Byrne Memorial Justice Assistance Grant Program FY2009 Local Solicitation; the grant funds are generally used for officers working the Neighborhood Preservation Program as well as for community education programs aimed at crime suppression and prevention, such as street robberies, auto theft, and burglary;

- Accepted the improvements and the maintenance responsibility for the fourth phase of the multi-

phased Lakewood Blvd. Improvement (LBI) Project, and approved the final contract amount of \$2,352,362.27, while appropriating \$78,379.17 in gas tax funds for the purpose; the city manager's office reports that the street improvements have significantly decreased congestion and improved orderly traffic flow along the worked-on section of the Lakewood Boulevard corridor, as well as improving traffic flow (while at the same time enhancing pedestrian and traffic safety) through the intersection of Lakewood and Imperial Highway;

- Adopted a resolution approving an agreement and election to pre-fund Other Post Employment Benefits (OPEB), i.e., health care benefits (medical and dental) and life insurance to retirees, through the California Public Employees Retirement System (CALPERS); and authorized the city manager to perform any and other actions required by CALPERS in conjunction with its agreement with the California Employer's Retiree Benefit Trust Program (CERBT);

- Adopted a resolution approving an estimated annual budget appropriations limit for the city for FY2009-10 of \$47,327,940; which basically means that certain aspects of the budget cannot exceed this amount;

- Adopted a resolution approving the final subdivision map of Parcel Map No. 63281 (11819 Vultee Ave.), approving an agreement with the subdivider calling for it and the city to perform certain improvements within the subdivision, and accepting a subdivision improvement cash deposit as surety;

- Introduced an ordinance amending Section 3186 of the

Downey Municipal Code reaffirming the speed limit(s) for the city's entire portion of Imperial Highway of 40 mph;

- Adopted an ordinance amending Section 4118 of Chapter I, Article IV, of the Downey Municipal Code, regarding sign regulations on public property; the new ordinance imposes fines for the indicated code violations in accordance with the recently adopted administrative citation process, thus putting teeth into the city's sign regulations prohibiting placing any sign (including a political sign) on or over public property or the public right-of-way (ROW); the areas in question include roadways, curbs, parkways, sidewalks, lamp posts, hydrants, electric-light poles, street signs, trees, etc.; and

- Issued certificates of recognition to the recent winners of the golf contests between Rancho Los Amigos and Rio Hondo Golf Clubs pros and champions; indications are that such contests will evolve into an annual affair, and involve other parties; in this connection, an ecstatic Guerra was presented with his official certificate for recently making a hole-in-one, even as he acknowledged Susan Domen, deputy city clerk and concurrently president of the Downey Rose Float Association, for her recently earning the designation of Certified Municipal Clerk, awarded to those who "possess pertinent experience and attend extensive education programs."

The next City Council meeting will be in conjunction with the Planning Commission starting at 6 p.m. on Monday, June 29 at the Downey City Library.

POET'S CORNER

Never Enough

when you reach for diamonds,
You often cut your hands,
For the corners are sharp,
And when your heart,
Is filled with greed,
You let the blood trickle,
Down your out-stretched arms,
As you reach for material,
Things such as these,
Without either caring or realizing,
Your blood is falling on,
The heads of your loved ones.

-Nicholas Baxter,
Downey

Can't Stop Reading Poetry

Waiting at a carwash
Idling at a stop light
At a dentist appointment
reading poetry

Restarting my computer
Waiting for water to boil
reading poetry

At bedtime propped on a pillow
reading poetry
Before making love
After making love
reading poetry

In the bathtub
In my dreams
Taking my last breath
reading poetry!
Entering the Pearly Gates
READING POETRY
-Margaret Hehman-Smith,
Hollydale

Without Coffee

I start something new and strange
I master it until tamed
Though I am unsure
I then proceed to prove my mastery
And if an ego isn't evident
which it is
I teach others of my mastery
And dissolve without a choice
deep into the sea
I disperse into millions of
colorful particles
And the watchers gather them
only to mold them into the
fragments you see today
And then someone maybe you
will pick
up a fragment and with it
build another building
new and strange.
-James Hernandez,
Downey



City of Downey
Discovery Sports Complex
Grand Opening &
4th of July Celebration


Saturday, July 4, 2009
Discovery Sports Complex
12400 Clark Ave., Downey, CA 90242
9:45 a.m. to 9:30 p.m.

FREE fun-filled event for the whole family!
Join us in opening Downey's newest park and
celebrating Independence Day

**Youth Sports Games, Local Food Vendors, Music,
Jumpers, Carnival Games & Fireworks Show!**

9:45 am-10:00 am	Ribbon Cutting & Flag Raising
10:00 am-5:00 pm	Youth Sports Games
11:00 am-8:00 pm	Carnival Games, Food, Jumpers
6:00 pm-8:15 pm	Live Music
8:15 pm-9:00 pm	Grand Opening Ceremony
9:00 pm-9:30 pm	Fireworks Show

Please bring your own lawn chairs. NO fireworks of any kind
allowed inside the park. NO barbecues or alcohol allowed.
For more information, please call (562) 904-7238.

**AID-CITIES
ESCROW**

"Complete Escrow Service"

- Sales • Refinances
- Commercial
- Business Opportunity

8136 2nd Street, Downey
Bus: 904-3151 Fax: 861-2251



Your Community Credit Union



**USED
Vehicle Loan Rates**
as low as **5.49%** APR*
with rate discounts

refinance your
Vehicle Loan

and we'll
Give You
\$200
in Spending Cash*

In this economy, every dollar counts. Make your budget a little easier to follow and put your mind at ease. Refinance your existing Vehicle Loan and lower your monthly payment with a low-rate Vehicle Loan at Southland. When you do, we'll give you \$200 in spending cash!

- Loan approval within minutes
- Repayment terms up to 7 years
- Rate includes a discount of .25% for automatic payments from your Southland Checking
- Rate includes a discount of 1.00% with a maximum loan-to-value of 80%
- \$200 offer is available on new purchases or refinances from another financial institution
- New Vehicle Loan rates as low as 5.24% APR**



800.426.1917
www.SouthlandCU.org
8545 Florence Ave., Downey

Membership is subject to eligibility. All new accounts will be verified through ChexSystems and are subject to credit approval. *The \$200.00 will be deposited directly into a Southland checking or savings account once the loan has been funded. Vehicle loan must be a minimum of \$15,000 and be funded by June 30, 2009 to qualify. **APR=Annual Percentage Rate. Rates quoted as of 6-3-09 and are for 60-month terms. Rates include a .25% discount for autopay, which must be from a Southland Checking or Money Market Account and 1.00% discount with a maximum loan-to-value of 80%. Payment per \$1,000 is \$19.10 for 60 month terms. Rates and cash offer are subject to change without notice.

Cigarette tax won't save California

Contributed by Americans for Tax Reform

This week, the California Senate Committee on Revenue and Taxation will consider Senate Bill 600, legislation that would increase the state's excise tax on each pack of cigarettes by \$1.50. Americans for Tax Reform (ATR) opposes the proposed cigarette tax hike. Cigarette tax increases rarely meet revenue projections and are a recipe for broader future tax increases.

ATR, a non-profit taxpayer advocacy group, has released the following points of contention regarding SB 600:

- If SB 600 is enacted -
 - The state cigarette excise tax will rise by \$1.50 per pack – a whopping 185% increase.
 - Another \$1.2 billion will be confiscated from Californians' pockets during a recession and after the legislature already enacted the largest tax increase in state history earlier this year.
 - The effect of SB 600 would be felt predominantly by those least able to afford it. On average, smokers, whose median income is a little more than \$36,000, make about 30 percent less than non-smokers.
 - Some rural California counties have a median income of less than \$10,000 – pack a day smokers in these counties would see 16.5% of their yearly income go to state and federal taxes.
 - President Obama has already burdened smokers with a 156% hike in the federal excise tax on cigarettes. Piling more taxes on top of this is ill advised and adds insult to injury.
 - The statewide average price per pack would rise from \$5.38 to \$7.28, providing significant incentive for consumers to look for cheaper cigarettes in bordering states, online, and through the sophisticated black market operations that already exist.
- "Tobacco taxes will do nothing to rectify the state's fiscal crisis," said Grover Norquist, president of Americans for Tax Reform. "There is ample evidence that taxes on tobacco products are a declining source of revenue. Many states have tried – and failed – to reach revenue goals through tobacco tax hikes."

When New Jersey raised the cigarette tax 17.5 cents in 2007, state legislators projected an additional \$30 million in revenue. Rather than meeting their target, the Garden State experienced a \$22 million decline in total tobacco tax revenue.

"Sacramento can learn something from Trenton – that raising taxes on a declining revenue source like tobacco to fund new spending – or to fund a depleted general fund – is a recipe for other tax increases in years to come," added Norquist. "As tax revenues decline and new spending commitments mount, legislators will be forced to seek additional revenue through further increases. When combined with the new federal excise tax on cigarettes, the revenue from an increased state tobacco tax will decline even more rapidly than projected. California should carefully weigh spending priorities and fund them through existing revenue and resources."

County launches anti-smoking campaign

LOS ANGELES – County health officials this week launched a stop-smoking campaign that will involve the largest free distribution of nicotine patches and nicotine gum ever in California.

The 30,000 two-week starter kits, funded from the County's allotment from a settlement of a lawsuit against the tobacco industry and contributions from the L.A. Care Health Plan, will be distributed at 47 participating Ralphs grocery store pharmacies while supplies last.

Smoking is the leading cause of preventable deaths in the United States and costs the nation about \$4.3 billion due to related diseases and death each year, officials said.

"The prevalence of this particular problem is highest in the African-American and Asian/Pacific Islanders," said Supervisor Mark Ridley-Thomas, who joined Dr. Jonathan Fielding, the county's health officer, at a Ralph's store near Staples Center to launch the campaign.

Ridley-Thomas said "remarkable strides" have been made in reducing smoking in the County through the efforts of public cessation programs "but we also know that there is still a whole lot more work to be done that will require more innovation."

County residents 18 years of age and older are eligible to receive the anti-smoking kits. Participants will be screened for eligibility to ensure that the nicotine replacement therapy will not conflict with any pre-existing conditions.

They will also be required to participate in a follow-up survey.

Employment conference for vets

LONG BEACH – Veterans and their spouses are invited to a career building and training conference Tuesday at Cal State Long Beach, where they can receive guidance in their search for employment.

Several workshops will be offered, including "Networking to Your Dream Job," "Power Up Your Image" and "How to Clean Up Your Criminal Record."

The conference is from 9:30 a.m. to 4 p.m. and includes a barbecue lunch. For more information, call Marjean Clements at (800) 481-6555, ext. 1252. The conference is offered by the Southeast Los Angeles County Workforce Investment Board.

Letters to the Editor:

Low-income won't do it

Dear Editor:

Our mayor says, "Our city bought the [Avenue Theatre and Verizon property] with housing money so some form of housing must be there by law" ("Thoughts from the Mayor," 6/19/09).

Why did the city intentionally buy the Verizon property and Avenue Theatre to replace them with low-income housing? Is Downtown Downey zoned for low-income housing?

Our mayor also writes, "Our city is finally trying to improve and upgrade our downtown..." Low-income housing won't do it. Why didn't our mayor allow the Verizon property and Avenue Theatre to be bought by businesses?

— El Bee,
Downey

A place for children

Dear Editor:

It is understandable that in order to create housing above the first story, comes almost the entire demolition of the Avenue Theatre. It is possible, however, to preserve the façade and develop a theatre that can serve our community in ways that can reward and satisfy.

What I have envisioned is a performance hall. Past children in Downey grew up and belonged to the Children's Theater. The arts are beneficial for young people. Why couldn't there be a dinner theater, or a place for young people to perform? I have been a dance choreographer for Gallatin Elementary and Griffiths Middle School for six years now, and I hope to give them a place to shine for audiences in the upcoming years.

It doesn't stop at dancing either. There needs to be a place where people can get their bands together and perform Friday and Saturday nights. Some days should be dedicated to karaoke nights for the young and young at heart. Indie movies could also be shown, and films of all different sorts can be available for the many diverse people throughout the community.

Comedy and improvisation groups also need to have a place to perform. The Chameleon Comedy improvises for the community and many different audiences and only made \$48 profit because of the costs of renting out the Downey Theatre.

There should also be halls where the art and literature pieces of Downey residents are on display for many viewers visiting the Avenue. We can also throw in children's plays, drama plays, and give people a chance to learn about the arts as well. On top of that, there is also the option to rent out the place for parties, anniversaries, baby showers, and the list goes on.

We have been told that the city bought this building in order to save it. Please do save it and reshape it so that it continues to shape our city as it has done for the last 80 years. Winston Churchill once said, "We shape our buildings, and then our buildings shape us." I believe the same is true for our communities.

— Briana Koepp,
Downey

A dump

Dear Editor:

Let's get realistic. The Avenue Theatre was a dump in its final years. The seats were filthy, the carpet torn, and people would only go there to make-out in the back row (or possibly worse). Those are the reasons movies were so cheap there.

I can count on one hand what we need in Downey: a classy white-cloth restaurant, a Trader Joe's, a new car dealership, and a book store.

Children need a place too, but it shouldn't be at the Avenue. I propose the Downey Museum of Art.

— Frank Perez,
Downey

Buyers have 8K reasons to become homeowners

Contributed by the Downey Association of Realtors

The federal government gave many potential home buyers incentive to become homeowners earlier this year with an \$8,000 tax credit for qualified home purchases through November 30, 2009. Now the Federal Housing Administration (FHA) has sweetened the deal. Instead of waiting to file their taxes to receive that \$8,000 credit, qualifying buyers who use FHA loans can access the funds immediately through short-term bridge loans.

Under the FHA program, buyers can add the amount of their tax credit to their 3.5 percent down payment, which is required for FHA-insured mortgages; use the money to help cover closing costs; or buy down their interest rate. According to Anthony Mendez, 2009 President of the Downey Association of Realtors, this new measure should meaningfully impact home sales and values.

"Realtors have advocated monetizing the \$8,000 tax credit and are excited about FHA's actions," said Anthony Mendez, president of the Downey Association of Realtors. "This program will increase housing demand, help reduce inventory and allow more families to achieve the dream of homeownership."

The credit is available to first-time buyers and people who have not owned a home in the past three years, with certain income limitations. If the buyer is married, their spouse must also meet those requirements. Only certain people who purchase a primary residence – including single-family homes, condos, townhouses, and co-ops – qualify.

Single buyers who earn up to \$75,000 and married couples who earn as much as \$150,000 may receive the maximum tax credit. The credit decreases for single buyers earning between \$75,000 and \$95,000 and between \$150,000 and \$170,000 for home buyers filing jointly.

"A buyer's first step should be to contact a Realtor who can help them determine if they qualify for the tax credit under IRS guidelines and assist them through the purchase process," Mendez said.

The buyer must occupy the home for at least three years to realize the full benefit of the tax credit. If the property is sold during the three-year period, the entire credit must be repaid upon sale.

Mendez believes early summer will be a critical indicator of how home buyers are responding to the tax credit.

"The home buying process takes time, and as word continues to spread about the credit, more buyers will likely take advantage of the tremendous opportunities in today's market and decide to become homeowners," he said.

For more information about the \$8,000 home buyer tax credit, visit www.realtor.org/taxcreditbasics.



Burger place closes

Dear Editor:

Eddie's Burgers, 7380 Stewart & Gray Rd., has gone out of business. This is very unfortunate as anyone who had had their meals would have found that their chili dogs and Philly cheese steak equaled or surpassed the better known major fast food businesses.

We find ways to blow \$50,000 on a fireworks display – instead of banning them – but we can't find ways to save Downey's own small businesses.

— Frank O'Brien,
Downey

Downtown parking idea

Dear Editor:

I think the one thing that makes Downey unique is the "old-town feel." Who knows Downey better than its own public servants? And that would certainly include our own Planning Department. I may be mistaken but I think you could put our entire downtown inside the Downey Landing's parking lot!

The one thing I'm most concerned about is traffic. If I need to go downtown for anything I know I can park my car. I can get in and out in a timely fashion and I especially appreciate that. Most other cities I frequent on a regular basis have one-way streets and parking is a premium and only on a meter, or parking garage with a fee. The residential areas are permit parking only.

These areas are strictly enforced with stiff fines for violators. Irvine is such a city and prestigious in its stature with many gated communities. Palm Springs, anyone?

Perhaps we should relax our hiring freeze and entertain the idea of hiring some experienced person in this area of planning for our own Planning Department, which could serve our fair city in the future. Thus we kill two birds with one stone, and keep our tax dollars in our own county.

— Jay Wells,
Downey

Grammar writings

Dear Editor:

With his "We Have Only Ourselves to Blame," (The Downey Patriot, 6/19/09) Henry Veneracion brings back memories of our late John Adams who enjoyed such observations/discussion.

The item prompted me to meet with Henry for lunch to discuss the item. We would meet for lunch. I asked that he reserve a table for both of us, if he arrived at the restaurant before me, and I would do so if I arrived before him. I also asked him to punctuate the following sentence as his share of the lunch bill: The Director said the Chairman is a jackass. (He was free to substitute other titles for Chairman and/or Director.)

I generally congratulate Henry for the use of correct grammar in his writings. I rarely find that his grammar could be better or worse. It has never been the best since there is not better, but neither has it been worst since it could not be worse.

I will let Henry report on how our lunch goes! Does lunch move?

— Harold Tsklenis,
Downey

Editor's note: The following is Henry's response:

Our lunch went well. Harold caught me off guard, though, with his little punctuation test: I failed to see that the jackass was actually the 'Director', if you were to put commas after 'Director' and 'Chairman', as in "The Director, said the Chairman, is a jackass." Harold was testing my imaginative powers, which the soup at that moment rendered inoperative.

He brought up two other items: one, he objected to my use of *good* and *bad* to qualify grammar; he prefers *correct* grammar. I agree: in retrospect, *correct* and *incorrect* are the more precise adjectives, although I have it on good authority that there's nothing basically wrong with *good* and *bad*. I don't want to belabor this, though, as we might get bogged down in (time-consuming) semantics.

Harold and I have had many friendly and interesting discussions over time, and it is in this spirit that I dare answer his question, "Does lunch move?" after putting me on the spot by "letting me report on how our lunch goes" (went). I can appreciate how he posed his question thus, but idiom makes the phrase "how our lunch goes" right, leaving his question out in left field.

Besides, I didn't say my grammar was perfect 100 percent of the time. I try. But I goof, like everybody else.

Letters to the editor may be submitted by writing to The Downey Patriot, 8301 E. Florence Ave., Suite 100, Downey, CA 90240 or by e-mail to downeypatriot@yahoo.com. Letters may be edited for style and/or content. Letters must include a full name and address for verification.

The Downey Patriot

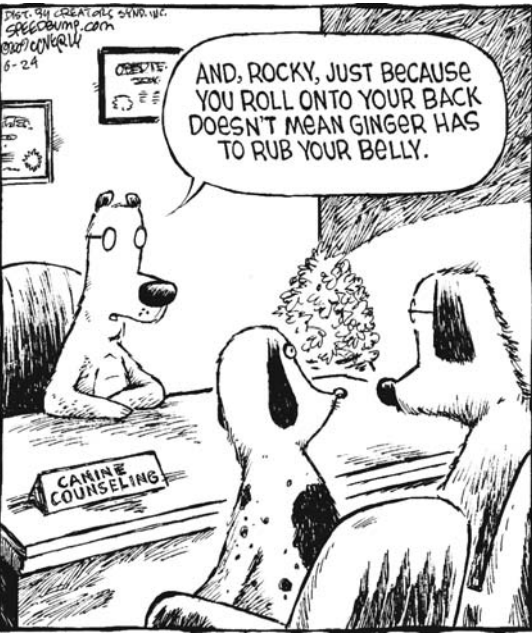
STAFF

Jennifer DeKay-Givens	Publisher/Adv. Director
Eric Pierce	City Editor
Henry Veneracion	Staff Writer
Scott Cobos	Staff Writer
Dorothy Michael	Display Advertising
MaryAnn Sourial	Display Advertising
Linda Larson	Classified Advertising
Jonathan Fox	Production

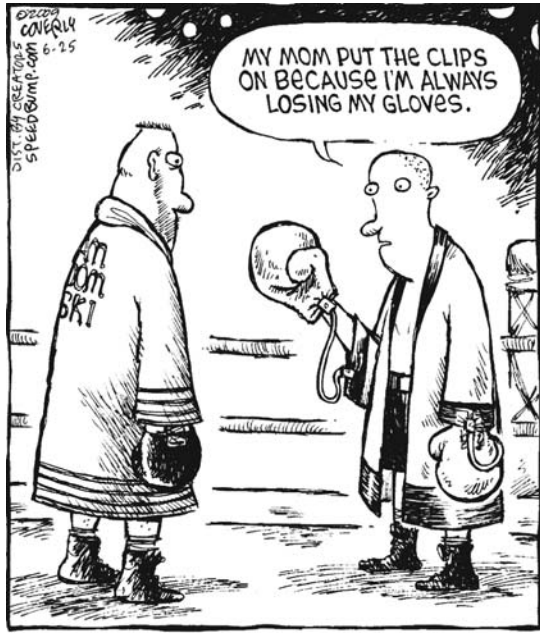
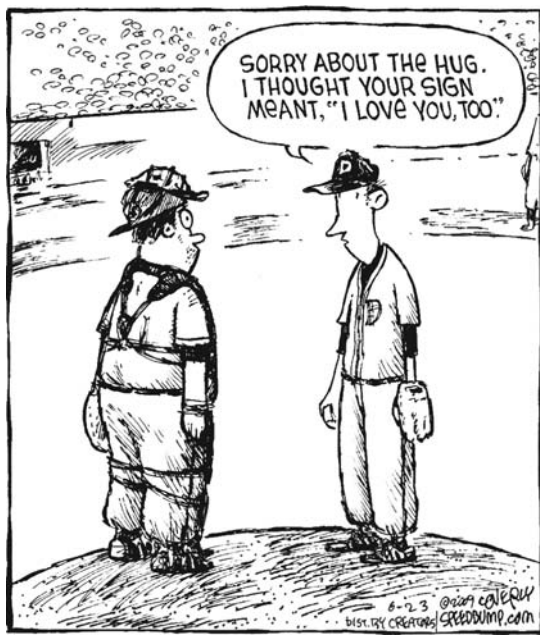
TEL (562) 904-3668 | FAX (562) 904-3124 | Hours Monday-Friday 9a.m. - 3p.m.
8301 E. Florence Ave., Suite 100, Downey, CA 90240 | www.thedowneypatriot.com

The Downey Patriot is published weekly by Jennifer DeKay-Givens. Controlled Distribution, 25,000 copies printed. Distributed by Great Western Advertising Distributors, Inc., Los Angeles, CA.

SPEED BUMP



DAVE COVERLY



Downey Community Calendar

Events For June

- Fri. June 26: **Senior Follies Show**, Barbara J. Riley Community & Senior Center, 6 p.m.
- Sat. June 27: **Clothing sale**, Arc of Southeast Los Angeles County, 7 a.m.
- Sun. June 28: **Car show**, Downey High School, 10 a.m.

City Meetings

- 1st Tuesdays, 6:30 p.m.: **Redevelopment Project Area Committee**, Cormack Meeting Room at Downey Library.
- 1st & 3rd Wednesday, 7:30 p.m.: **Planning Commission**, Council Chamber at City Hall.
- 1st Tuesday, 4:00 p.m.: **Recreation and Community Services Commission**, Council Chamber, City Hall.
- 1st Thursday, 9 a.m.: **Traffic Committee**, Training Room, Second Floor of City Hall.
- 2nd & 4th Tuesday, 7:30 p.m.: **City Council/Community Development Commission**, Council Chamber.
- 3rd Thursday, 3:30 p.m.: **Parking Place Commission**, Second Floor Training Room at City Hall

Regularly Scheduled Meetings

Mondays

- 2nd Mon., 11 a.m.: **American Legion Auxiliary #270**, at United Methodist Church, for info. call 923-2481.
- 2nd Mon., 3 p.m.: **Keep Downey Beautiful**, at City Hall, for more information call 904-7159.
- 4th Mon., 7:30 p.m.: **Downey Numismatists**, at Downey Retirement Center, call 862-6666.

Tuesdays

- 9 a.m.: **Downey Bocce Club**, at Apollo Park, for information call Pat Rooney at 923-5352.
- 9:30 a.m.: **Downey Seniors Club**, at Apollo Park, for information call Nadine Morris at 923-9422.
- 12 p.m.: **Rotary Club**, at Rio Hondo, for information call Brian Saylor at 927-2000.
- 6:00 p.m.: **Toastmasters Club 587**, at First Baptist Church, for info call John McAllister 869-0928.
- 7 p.m.: **Boy Scout Troop 2**, at Downey United Methodist Church, for information call 869-6478.
- 2nd and 4th Tues., 6 p.m.: **Sertoma Club**, at Cafe 'N Stuff, for information call (562) 927-6438.
- 2nd Tues., 6 p.m.: **Downey Fly Fishers**, at Apollo Park, for information call 425-7936.
- 3rd Tues., 6:30 p.m.: **Community Emergency Response Team meeting**, Fire station 1, 12222 Paramount.
- 3rd Tues., 7:30 p.m.: **Writer's Workshop West**, at at Downey High School library, for info call 862-3106.

Wednesdays

- 7 a.m.: **Kiwanis Club**, at Rio Hondo Events Center. Call Steve Roberson at 927-2626.
- 1 p.m.: **Women's Bocce Club**, at Apollo Park.
- 7 p.m.: **Out Post 132 Royal Rangers**, at Desert Reign Church, for info call 928-8000.
- 1st Weds., 10 a.m.: **Woman's Club of Downey**, for information call Barbara Briley-Beard 869-7618.
- 1st Weds., 11:30 a.m.: **Downey Coordinating Council**, at Community Center, for information call 923-4357.
- 1st Weds., 7:30 p.m.: **Downey Stamp Club**, at Maude Price School cafeteria, for information call 928-3028.
- 2nd Weds., 7:30 p.m.: **Downey Model A Club**, at Gallatin School Cafeteria, for information call 928-4132.
- 2nd & 4th Weds., 11:30 a.m.: **Downey AARP**, at Barbara J. Riley Senior Center, for info. call Lorene Frazier 861-6075.
- 3rd Weds., - **Downey Dog Obedience Club** Apollo Park, for info. call Gina 869-5213 or Valerie 420-2972.
- 3rd Weds., 6 p.m. - **American Business Women's Association**, Rio Hondo Country Club, Call Barbara Carlson 863-2192.
- 4th Weds., 12:00 noon: **Retired Federal Employees**, at **Furman Park West Bldg.**, call 943-5513.
- 4th Weds., 6:30 p.m.: **Emergency Preparedness Committee meeting**, Fire station 1, 12222 Paramount.
- Wed. & Fri., 10:15 a.m.: **Senior Bingo**, at Apollo Park, for information call 904-7223.

Thursdays

- 7:30 a.m.: **Connections Networking**, at Cafe N Stuff, for information, call Sandy Esslinger, (310) 491-8989.
- 7:30 a.m.: **Soroptimist Int'l of Downey**, for information, call Pat Heineke, 904-3534.
- 12 p.m.: **Kiwanis Club of Downey**, at Rio Hondo Events Center, call Roy Jimenez 923-0971.
- 12:30 p.m.: **Take off Pounds Sensibly**, at First Christian Church, call (800) 932-8677.
- 6:30 p.m.: **Downey United Masonic Lodge # 220**, 8244 3rd St., Call 862-4176.
- 7 p.m.: **Troop 351, Boy Scouts of America**, at First Baptist Church, for information call 776-3388.
- 4th Thurs., 7:30 p.m.: **Downey Historical Society programs**, at Community Center. Call 862-2777.
- 2nd Thurs., 7:30 p.m.: **Beaming Rebel Foxes Collectors Club**, for more information call Carl D. Jones at 923-2400.

Fridays

- 7:30 a.m.: **Pro Networkers**, at Mimi's Cafe, for information call Barbara Briley Beard at 869-7618
- 3rd Fri., 8:30 a.m.: **Women's "In His Glory" Ministry** at Los Amigos C. C. (562) 622-3785.

Saturdays

- 9 a.m.: **Farmers Market**, Second Street at New Avenue, for information call (562) 904-7246.

On This Day...

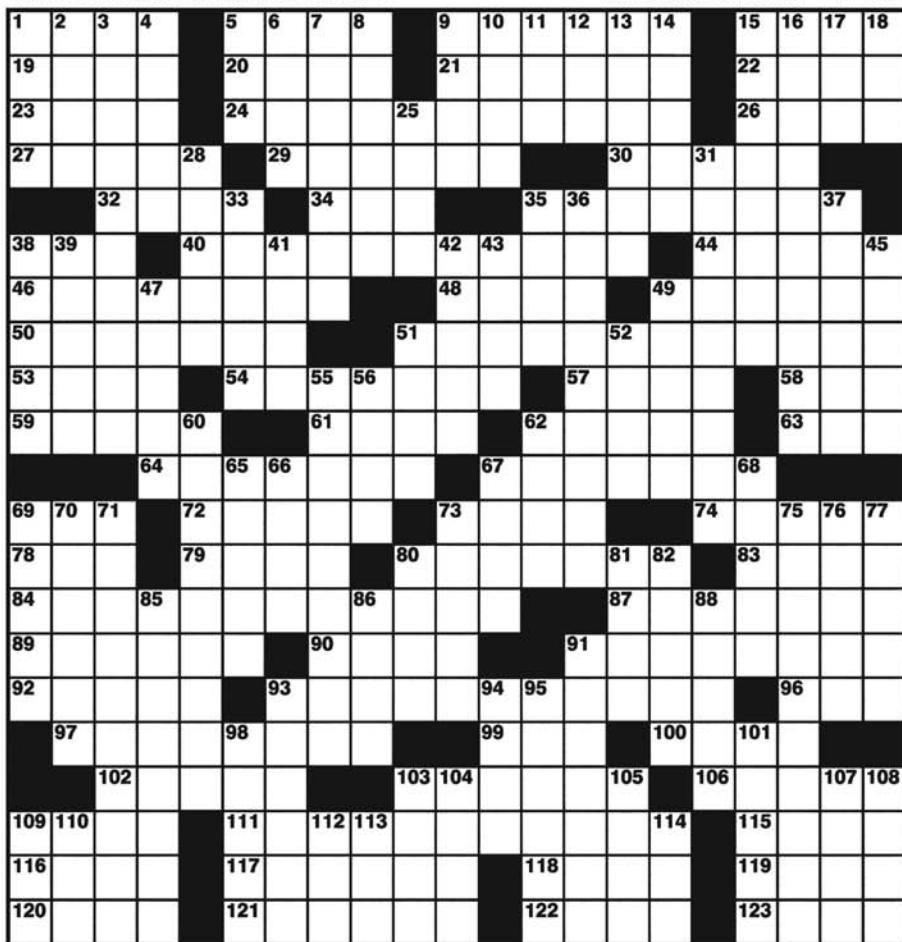
- June 26, 1870:** Christmas is declared a federal holiday in the United States.
- 1917:** U.S. troops arrive in France to fight in World War I.
- 1960:** Madagascar achieved independence from France.
- 1993:** The U.S. launches a missile attack at Baghdad intelligence headquarters after a failed assassination attempt against President H.W. Bush.
- 2008:** The U.S. Supreme Court decides that the ban on handguns in the District of Columbia is unconstitutional.
- Birthdays:** NBA player Deran Williams (25), actress Jennette McCurdy (17), and actor Chris O'Donnell(39).

THE NEWSDAY CROSSWORD

Edited by Stanley Newman (www.StanXwords.com)
SMALL PARTS: Speaking body language
 by Randolph Ross

- | | | |
|--|------------------------------------|-----------------------------------|
| ACROSS | 67 '50s nonconformist | 6 Hideout |
| 1 Major conclusion | 69 Bylaw, briefly | 7 Tacks on |
| 5 Reaction to rudeness | 72 Meal plans | 8 Leader of the flock |
| 9 Large group of vehicles | 73 Female fowl | 9 Urgency acronym |
| 15 Robert of The Sopranos | 74 Sounded pleased | 10 Derby, e.g |
| 19 Designer Christian | 78 _ de Cologne | 11 Jan. honoree |
| 20 Vintner's valley | 79 Aussie flock | 12 End of Horner's boast |
| 21 Writer Rushdie | 80 Sets | 13 Vietnamese city |
| 22 Eye drop | 83 Carpet quality | 14 Apprehension |
| 23 At any time | 84 Table-top contest | 15 W.C. Fields film of '34 |
| 24 Tasty | 87 Double, double and double again | 16 Teasing |
| 26 Drill instructors, e.g.: Abbr. | 89 Act as a catalyst | 17 "Have some!" |
| 27 Taboo | 90 Sign of sanctity | 18 Four Monopoly props. |
| 29 Record again | 91 Windward | 25 José's hand |
| 30 Composers' org. | 92 Maestro from India | 28 Savalas TV role |
| 32 Buck suffix | 93 Funny | 31 School room |
| 34 René's refusal | 96 French article | 33 Western |
| 35 Romeo's surname | 97 Imprudent | 35 Be nostalgic for |
| 38 Get-up-and-go | 99 Jul. 4, for one | 36 Phrase heard at box offices |
| 40 Awesome | 100 Lift, as ice cubes | 37 Poet Wylie |
| 44 _ vacancy (replace one who has retired) | 102 Big shot | 38 Tomel's My Cousin Vinny costar |
| 46 Atones for | 103 Middles | 39 Brag about |
| 48 Peace of mind | 106 Bother persistently | 41 Used to be |
| 49 Airport actor | 109 RAF's finest hour | 42 High spots |
| 50 What Bugs Bunny often calls himself | 111 Attractive | 43 Scores to shoot for |
| 51 Very loud | 115 Drop shot, in tennis | 45 Point of view |
| 53 Eur., e.g. | 116 Keenan or Ed | 47 Halved |
| 54 Makes changes to | 117 Museum tour guide | 49 Come up with, as an idea |
| 57 Lo-fat | 118 Release | 51 Art Deco artist |
| 58 '70s Cambodian leader | 119 Absorbed with | 52 Dryer debris |
| 59 Former women's labor org. | 120 Fictional world traveler | 55 Cry of discovery |
| 61 Modest quarters | 121 Stuck up | 56 Alibis |
| 62 Overall sense | 122 Bank take-back | 60 See to |
| 63 SAT cousin | 123 Many a moon | 62 See to |
| 64 At the movies, maybe | | 65 Actress Anouk |
| | | 66 Roman god |
| | | 67 North Atlantic hazard |

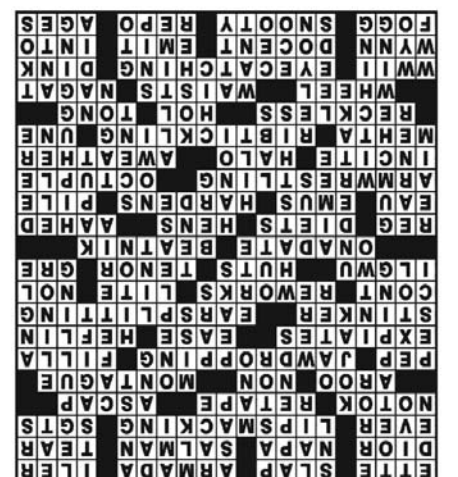
CREATORS SYNDICATE © 2009 STANLEY NEWMAN WWW.STANXWORDS.COM 6/21/09



- | | | |
|---------------------------|--------------------------------------|-----------------------------|
| 68 Out of order | 85 The _ Hour (Anne Rice novel) | 103 Crave |
| 69 Adjust one's sights | 86 Test sites | 104 Court fig. |
| 70 Breadwinner | 88 Append | 105 Make a small cut |
| 71 Classroom no-no | 91 Best yet | 107 Kick in |
| 73 Asian capital | 93 Put one's faith in | 108 Bout enders |
| 75 Like some jeans | 94 In vogue | 109 Org. with a panda logo |
| 76 Scarlett's mom | 95 Legit | 110 Least populous US state |
| 77 Caterpillar competitor | 98 Yorkshire city | 112 Author Umberto |
| 80 To the _ (fully) | 101 First name in gymnastics history | 113 Boardroom VIP |
| 81 Bedtime-prayer start | | 114 Muscle-car letters |
| 82 What the nose knows | | |

You can contact puzzle editor Stanley Newman at his e-mail address: StanXwords@aol.com. Or write him at P.O. Box 69, Massapequa Park, NY 11762, Please send a self-addressed, stamped envelope if you'd like a reply.

The ILGWU (59 Across) merged with another clothing workers' union in 1995. Bombay-born conductor Zubin MEHTA (92 Across) was a 2006 Kennedy Center Honors recipient. The 1934 W.C. Fields film, 'T'S A GIFT' (15 Down) was named one of the 100 top comedy films of all time by the American Film Institute.



Paging Dr. Frischer...

By Dr. Alan Frischer



So you're thinking about getting a pet? You've already considered the downsides: the price of the animal, its food and medical care, the possible allergic reactions that someone in the home may suffer, wear and tear on the house, and the emotional cost of one day losing your beloved friend. However, have you considered all of the potential advantages?

Pets are great companions, but what about actual health benefits? Quite a bit has been written and scientifically studied on this subject. Many studies have shown that while we are taking care of our pets, they are also taking care of us. Sixty-three percent of households in the U.S. have a pet, making them more common in our homes than children. There are more than 74 million dogs, 91 million cats, 60 million birds, and 75 million small reptiles and mammals. Some feel that the recent increase in pet ownership is caused by society's unfulfilled need for intimacy, nurturance and contact with nature.

Research over the past 25 years has consistently shown that living

with pets is good for our health. How this happens, exactly, is subject to speculation. It is well documented that pets lead to a reduction in stress, and they usually lead to an increase in physical activity. Here are some of the scientific findings of the health status of pet owners vs. non-pet owners:

- Decreased risk factors for cardiovascular disease, particularly lower blood pressure, cholesterol and triglycerides (male pet owners in particular have a lower risk of developing heart attacks)
- Increased survival time following a heart attack
- Lower anxiety levels, and all the associated health benefits
- Enhanced levels of dopamine and endorphins, associated with happiness and well-being, and decreased levels of cortisol, known as "the stress hormone"
- Fewer doctor visits per year, especially for minor health problems

In bereaved elderly subjects with few social contacts, pet ownership and a strong attachment to them is associated with less depression. Recently widowed women who own pets experience significantly fewer symptoms of physical as well as psychological disease, and report lower medication use than widows who do not own pets. It is clear that walking a dog or just caring for a pet - for those who are able - can provide exercise and companionship.

Alzheimer's disease patients, specifically, have been the subjects of numerous studies. Alzheimer's patients living at home with pets have fewer mood disorders and

fewer episodes of aggression and anxiety than do non-pet owners. Their caregivers feel less burdened when there is a pet (particularly a cat, typically requiring less care than a dog). Those living in facilities show increased calm and improved social interactions when they receive visits from visiting service dogs. Studies have shown that patients' nutritional intake and weight increases significantly when fish aquariums are introduced into their dining areas.

Family ownership of a pet has been linked with higher self-esteem in young children, as well as with a child's greater development in areas such as cognition, love, attachment, and comfort. In addition, children with pets at home score significantly higher on empathy and pro-social scales than non-pet owners.

Contrary to popular belief, infants living with pets are not more likely to develop allergies, and allergy-prone families need not necessarily avoid pets. Indeed, a growing number of studies are suggesting that children with pets will actually have a lower risk of allergies, eczema, and asthma. In one study, if a dog lived in the home, infants were less likely to show evidence of pet allergies - 19% vs. 33%. They also are less likely to have eczema, a common skin condition that causes red patches and itching.

In addition, they have higher levels of some immune system chemicals - a sign of stronger immune system activation. The thinking is that an infant's early exposure to animals and the associ-

ated dust and soil that may come with them can help to build a stronger immune system.

There is new research that suggests that dogs may be able to detect certain types of cancer. While I am not suggesting that you replace your physician with the family pet, it does suggest just how empathic our pets may be. Dogs also help people with various disabilities, such as paralysis, vision or hearing impairments. Dogs have been shown to detect seizures and hypoglycemic attacks even before the person is aware of it.

Man's best friend may help you make more human friends, too. Several studies have shown that walking with a dog leads to more conversations and helps one to stay socially connected.

While some in our society take illegal and dangerous drugs to raise their serotonin and dopamine levels, the company of their pet may do the very same thing - give them that boost in their neurotransmitters associated with a pleasurable and calming feeling. You might even note that Midland Life Insurance Company of Columbus, Ohio, asks clients over the age of 75 whether they have a pet as part of the medical screening. If the prospective client answers yes, it may tip the scales in their favor.

Happy pet shopping!

Dr. Alan Frischer is former chief of staff and current chief of medicine at Downey Regional Medical Center. Write to him in care of this newspaper at 8301 E. Florence Ave., Suite 100, Downey, CA 90240.

Infertile couple experiences maternity miracle

By RITA SHERTICK, RN, DRMC FAMILY BIRTH CENTER

We live in an age of medical miracles: premature infants living when born 2-3 months early, diabetics having healthy infants, infertile couples giving birth, adoptive mothers breastfeeding their newborns.

This is the story of Jessica and Mark Kline* battling infertility and preterm birth. At 20 weeks pregnant they came to the OB Department of Downey Regional Medical Center, complaining of possible labor. They had been to a fertility clinic, were successful, and wanted to be reassured everything was normal.

An examination showed preterm contractions, Jessica's cervix was beginning to open, and the membranes were starting to come through. Fortunately, the membranes weren't broken. She was immediately given medicine to stop the contractions and placed on bed rest, in trendelenberg, meaning the bed was positioned so her feet were elevated above her head.

Jessica's physician, Dr. Kaplan, was hoping gravity would push the membranes back inside the uterus. When that didn't happen, with the assistance of Dr. Fukushima, they performed a cerclage. First they used a catheter to gently push the membranes back in place and tied the cervix shut. This actually took several attempts, according to Jessica, who lay there listening to them working to save her baby.

Then it was seven weeks of bed rest in the hospital. Mark slept at her bedside every night, alternating between a floor mattress and a cot. When the immediate danger was over, Mark resumed going to work but still spent his nights at the hospital.

Jessica had her hair shampooed in bed by the nurses, and they took her to the patio in bed for some sunshine. She memorized the TV schedule, got caught up on some reading, and played some video games to relieve the boredom. Finally she was allowed to go home, but still on partial bed rest. At home she relearned to use her legs and was allowed out of bed only to shower and use the restroom.

At 37 weeks, Dr. Kaplan removed the cerclage and they waited for labor. Several times they came in experiencing false labor and were sent home. At 39 weeks Jessica finally gave birth.

Their healthy son is almost 3 years old. He is an active and exuberant toddler, with the typical terrible two's personality. And the good news is that Jessica's current pregnancy with twins has been uneventful. She has had a cerclage since 16 weeks, is home on bed rest, and at 33 weeks all is well.

*Names have been changed to protect patients' privacy.

Fox Chiropractic

 (562) 862-0744
 Don't just reach for the pill bottle or box, call Dr. Fox.

ProNetworkers of Downey
 Join us each Friday at 7:15am
 Mim's Cafe, Downey
 8455 Firestone Blvd
 www.ProNetworkers.com

ZAIN'S JEWELRY & REPAIR

 562-862-4410
 10337 So. Lakewood Blvd.
 Downey - 1/2 Blk So. of Florence
 Mon. - Sat. 10 a.m. - 5 p.m.

PATIO COVERS SUNROOMS CONCRETE DECKS
 Alumawood or Vinyl Patio (10x14) \$2,175
 Lifetime warranty Rooms (10x12) \$7,995
 www.patiodepot-inc.com
PATIO DEPOT
 562-787-4802
 LIC#833734

ALAN'S FLOWERS AND JUMPERS

 (562) 869-2921

Connections Networking
 Join us Thursdays at 7:30am
 Cafe N' Stuff
 9306 Firestone Blvd.,
 Downey, CA 90241

AUTO • HOME • LIFE

Marina Amezcu
 (562) 923-0315
 Lic# 039814

SAHARI'S CLEANING SERVICES

 (626) 652-2508
 License #254280
 Saharis@ca.rr.com

Low Cost Auto Insurance FREE QUOTE

 (562) 869-3883

UNIVERSAL YOGA DOWNEY & PARAMOUNT
STRESS BUSTER YOGA FOR DRUG FREE LIFE
 With Guru Yogi Ramesh
 * 45yrs. Exps. * Celebrity Guru * Spritual master
 New session starts from July 7th 2009
 at Barbara J. Riley Center, 7810 Quill Dr., Downey.
 Have a new happy life with Yoga, do it now.
 Call (562) 904-7223
 www.universalyoga.org • yogiramesh@gmail.com

Hunt Chiropractic
 12900 Paramount Blvd. Downey, CA 90242
 (562) 923-6330 fax (562) 923-2919
ATTN: Human Resource Directors
 Is it time for open enrollment?
 Are you hosting a health fair?
 Our office offers complimentary chair massages to your employees during your health fair.
 Call or visit us at:
 www.Downeyspinecenter.com
 for more information

Keeping You Healthy from A to Z

Upcoming Health Education Programs May-June, 2009

SUPPORT GROUPS
Grief and Loss Program: First Saturday of each month 2 to 4 p.m. - Contact: Jim at 562-945-5769
Overeaters Anonymous: Every Monday, 6:30 to 8 p.m. Contact: Alice at 562-927-0887
Sarcoidosis: Last Saturday of each month - 1 to 3 p.m. Contact: Sarcoidosis Network at 562-809-8500
Restless Legs Syndrome of Southern California: 3 meetings held each year on Sundays from, 1:30 to 3:30 p.m. - Contact: Janis at 714-633-0123

OTHER CLASSES
Community CPR: Tuesday, June 2 - 6 to 10 p.m. DRMC Conference Room C \$25 per person or \$40 per couple
Diabetes Health Fair: Saturday, June 13
Healthy Heart Nutrition Class: Wednesday, May 13 or June 10 - 3:30 to 4:30 p.m. DRMC Conference Room A or B

FOR EXPECTANT PARENTS
The Stork Tour: Expectant Parent Family Birth Center Tour Wednesday, May 6 or June 3 - 4 to 6 p.m. DRMC Conference Room A
Childbirth Education Classes (Series of 4) Mondays, June 8, 15, 22, 29 7 to 10 p.m. - DRMC Conference Room A or B \$75 per couple (to register for this particular class, please contact instructor Roselyn Smith 714-319-4267 or prep4baby@sbcglobal.net)
Breastfeeding Workshop Tuesday, May 12 - 7 to 9:30 p.m. DRMC Conference Room C - \$10 per person

11500 Brookshire Avenue, Downey, CA 90241
 For additional information or to register for any class (unless otherwise noted), please call 562-904-5580.

Word of MOUTH
 by Soheir S. Azer, D.D.S.

 Patients with hip prostheses may have heard that it is advisable to take antibiotics prior to undergoing tooth cleaning, scaling, and other procedures to address the potential release of bacteria into the bloodstream caused by these treatments. For people with replacement joints, the concern is that bacteria in the bloodstream ("bacteremia") could cause an infection by attaching to the artificial joint or surrounding tissues. However, such infections are quite rare. In fact, the American Dental Association recommends against the use of antibiotics prior to dental procedures with the sole intention of preventing infections in artificial joints. Exceptions to this recommendation involve patients who are very susceptible to infection or are having a procedure that carries a higher risk of bacteremia.
 We are a caring, friendly team of dental professionals committed to providing a comfortable dental experience. This column has been brought to you in the interest of better dental health. We believe in an informed patient approach to achieving optimum dental health. We're located at 10800 Paramount Blvd., Suite 307, where we are dedicated to saving and restoring your teeth and helping you look your best. Call (562) 923-3714 to schedule an appointment for superior oral health care. Beautiful smiles are a team effort.
 P.S. Pre-treatment antibiotics may be indicated for immune-compromised patients and those who have inflammatory arthritis, type 1 diabetes, or hemophilia.
 Paid Advertising

Want to Have Summer Fun ~ Get Fit
Join a class today!
 Reduce stress! Find more energy! **Special Summer Discounts!**

- Bellydancing • Pilates • Just Dance It Off • Pre-Natal Yoga
- Fit and Fab Cardio Workout • Yoga

Cost: 5 classes for \$31.50

- Senior Movin' Better - \$3.00 per class • Pilates for Seniors - 5 classes for \$30.00 • Massage Therapy: 25 or 50 minutes Call for price list.

"Se Habla Español" Expires 8-31-09

"Fit Bodies Calm Spirits"

Wellness Center of Downey Regional Medical Center
 11420 Brookshire Ave., Downey, CA 90241 • 562-904-5551 • wellness.center@drmci.org

Marsha Schlittenhart passes away

DOWNEY – Marsha Schlittenhart, a resident of Downey, passed away June 14. She was born in East Liverpool, Ohio on Oct. 28, 1942. She moved to California in 1955 and to Downey in March 1983. She is survived by her husband of 31 years, Mark Schlittenhart; son, Brad; sister, Cynthia (Robert) Perrine; and nephew, Kevin Perrine. Burial took place June 19 at Rose Hills Memorial Park in Whittier.

Marian Richardson was longtime resident

DOWNEY – Marian E. Richardson, a longtime Downey resident, passed away June 22 at the Southland Assisted Living facility in Norwalk. Richardson had been suffering pneumonia. She was 84. She was born in Medera in 1925. She worked as a clerk/typist at the Kirsch Company in Brea until retiring in 1987. She met her husband, Robert, while they were on an Alaskan cruise. They married in 1953. Robert passed away in 1991. She is survived by her son, Robert Jr. "Brad;" daughter, Betty; and brother, Carl. She preceded in death by her husband; brother, Leonard; sisters, Myrt and Helen; and a 3-year-old son, Scott, who died in an accident in 1963. Private services were scheduled to be held at Rose Hills Memorial Park.

Sanders was a Marine during World War II

DOWNEY – Delmar "Sandy" Hugh Sanders died June 21 at the VA hospital in Long Beach. He was born Oct. 15, 1924 in Stockton and spent his childhood in Lodi, Calif. He served in World War II as a Marine in the South Pacific, and after discharge, went to school at UC Berkeley. He married Billy Marie Delaney in 1952 and together they had four children, Laney, Kelly, Tobey and Garry, all of whom survive him. Sanders moved to the Southeast Los Angeles area in 1956, living mostly in South Gate and Downey. He is also survived by three grandchildren and one great-grandchild. Funeral services and burial took place yesterday at Rose Hills Memorial Park.

Warren student killed in traffic collision

BY SCOTT COBOS, STAFF WRITER
DOWNEY – Downey resident Jared Thomas passed away at Arkansas Childrens Hospital on June 10. Thomas, 17, had been involved in a motor vehicle accident in Beebeem Ark. on the evening of May 4.

He sustained major head injuries in the accident and had been in a coma since. Thomas was just finishing his sophomore year at Warren High School and was actively involved in baseball, most recently playing for the La Mirada Kings traveling baseball team. Thomas is survived by his parents Dean and Maureen; grand-

mother, Charlene Thomas; aunt and uncle, Tomi and Arthur Evans; and cousins, Emily, JoAnna, Jessica and Ashley Evans. He is also survived by local residents Mac and Marcus Olbera and Peter Thomas. A funeral service was held in Arkansas on June 17 at Park Hill Baptist Church in North Little Rock. A memorial celebration will

be held in Downey on July 2, beginning at 11 a.m., at First Presbyterian Church of Downey. In lieu of flowers, donations are suggested to Smile Train, a charity to repair children born with cleft palates, at smiletrain.org/goto/jaredthomas.

Assembly honors Holocaust survivors

DOWNEY – Assemblyman Tony Mendoza (D-Norwalk) recently honored a couple from Whittier who survived the Nazi Holocaust and became pillars in the community and at Temple Ner Tamid of Downey. Howard and Miriam Brookfield joined Mendoza on the floor of the Assembly on April 27 to be recognized as survivors during the annual Holocaust Memorial Ceremony held in the state's Capitol. The ceremony coincided with the Yom HaShoah Remembrance Day that is observed every April 27. The ceremony concluded with the signing of the Assembly's Holocaust Memorial Book. "That is one way we have to remind ourselves of the terrible atrocities that took place over 60 years ago and remain significant in ensuring it never happens again," Mendoza said. "For some, the Holocaust is ancient history. To survivors like the Brookfields, it remains an ever present part of their lives. Their story is powerful and humbling, and should be shared with others." Howard and Miriam Brookfield were both born in Germany and were part of the 1938 roundup of Jews by the Nazis. They met in San Francisco in 1952 and will celebrate 56 years of marriage this August. They are both active in the Downey synagogue, where they recently purchased a Torah (Five Books of Moses) and donated it to the Temple. This is the sixth year members of the Assembly have honored Holocaust survivors.



Miriam Brookfield and her husband, Howard (not shown), were honored by Assemblyman Tony Mendoza (D-Norwalk) in a ceremony recognizing Holocaust survivors.



Howard Brookfield, left, also met with Assemblyman Edward Hernandez.

Dinner and an orchestra show

DOWNEY – The Brotherhood of Temple Ner Tamid is organizing a July 25 dinner at Steven's Steakhouse followed by a trip to the Hollywood Bowl. The Hollywood Bowl Orchestra will present "Art of Song" starring Michael Feinstein. The concert will be followed by a fireworks display. Tickets are \$75 per person and include transportation, dinner and the show. A bus will leave the back parking lot at Temple Ner Tamid at 5 p.m. For more information, call Jim Pinsky at (562) 869-7444.

BULLETIN BOARD

L.A. Nails

SPECIAL OFFERS FOR STUDENTS

- Acrylic Nails: \$14.00 (Reg. \$17.00)
- Acrylic Nails (w/French Tips): \$15.00 (Reg. \$20.00)
- Pedi (French Tips & Designs) \$15.00 (Reg. \$20.00)

Coupon and Student ID must be presented at the time of service to receive these offers

12840 Paramount Blvd Downey, CA 90242 Mon-Fri: 9:30 am-7:00 pm
(562) 923-5546 Sat: 9:00 am-7:00 pm
The best service in town with reasonable price! Sun: 10:00 am-5:00 pm

DID YOU KNOW...

...THAT DOWNEY HAS A LOCAL CHIMNEY SWEEP? THAT'S RIGHT, MR. B THE CHIMNEY SWEEP CLEANED HIS FIRST CHIMNEY IN DOWNEY IN 1980 FOR \$59. 29 YEARS LATER HIS PRICE IS STILL LESS THAN \$100. PLEASE CALL FOR APPOINTMENT 562-863-5975.

NOVA STORAGE

NovaStorage.com
DOWNEY
7349 Suva St.
(562) 927-3137
SOUTH GATE
5951 Firestone Blvd.
(562) 928-4800

FREE STORAGE

1 Free With 1 Paid Month
(on Select Sizes. Limited Time Offer.)

FREE RV & BOAT STORAGE

1 Free With 1 Paid Month
(On Select Spaces. Limited Time Offer.)

Pennine Plumbing, Inc.

(Formerly Hoffner Plumbing, Inc.)
Serving this neighborhood for over 30 years

• SERVICE • REPAIR •

Free Estimates

(562) 803-5406 or (800) 400-5145

Drain & sewer cleaning, water heaters, copper re-pipes, heating & toilet repairs

Lic. # 844663 **10% OFF** with this coupon (after price has been quoted)

Radiant Smiles

FREEEE!

Dr. Amit Bhakta, D.M.D.

562-869-3578

FREE Whitening for Life!

Get complimentary bleaching trays with completed new patient exam, cleaning and x-ray exam. Keep your 6-month re-care visits and you will receive additional whitening trays annually for the rest of your Life!

Restrictions apply, call for details. Limited Time Offer!

THE SALVATION ARMY

www.salvationarmysoutheast.org

With your help children of our community can have a chance to enjoy summer by sending them to Summer Camp.

YES, I would like to send a child to summer camp this year.

\$50 for 1 day
 \$100 for 2 days
 \$150 for 3 days
 \$200 for 4 days
 \$250 for 5 days
 \$_____ to help as much as possible.

2965 E. Gage Ave. Name _____
Huntington Park, CA 90255 Address _____ City/State/Zip _____

1-(323)-587-4221

DID YOU KNOW...

...THAT CHIMNEY SWEEPERS ALSO CLEAN DRYER VENTS AND WALL HEATERS? MOST FOLKS HAVE NO IDEA WHO TO CALL FOR THESE SERVICES. MR. B THE CHIMNEY SWEEP HAS SPECIALIZED EQUIPMENT TO CLEAN CHIMNEYS, WOODSTOVES, DRYER VENTS, AND WALL HEATERS NO JOB OVER \$100. CALL FOR APPOINTMENT 562-863-5975.

Notary & fax services

- Black & white/full-color copies
- Custom packaging/freight services
- Mailbox & postal services
- Printing services

Independently owned and operated

8504 Firestone Boulevard (across from Downey High) Downey, CA 90241
562.862.9995 Tel
562.862.9983 Fax
M-F 8:30-7
Sat 9-4

The UPS Store

10% OFF on UPS GROUND SHIPPING

Limit one coupon per customer. Not valid with other offers. Restrictions apply. Valid at participating locations only. The UPS Store centers are independently owned and operated. ©2006 Mail Boxes Etc., Inc.

Unique Auto Spa

\$5 CAR WASH

FREE VACUUM

\$24.99

FULL SERVICE OIL CHANGE & FREE CAR WASH

Mobil 1 Lube Express

Up to 5 qts. Most Cars

DELUXE

Same Price For SUV's, Vans & Trucks

Expires 8-22-09 not valid w/any other offer or synthetic oil & specialty oil

7624 FIRESTONE BLVD. (562) 923-2500 Open 8am - 7pm DOWNEY 7 days

Reverse Mortgages For Senior Homeowners

Now your home can work for you!
Call today for more information.

Lucy Sarkis
(562) 659-4411 www.wfhm.com/lucy-sarkis

Borrower must be at least 62 years or older. Wells Fargo Home Mortgage is a division of Wells Fargo Bank, N.A. © 2008 Wells Fargo Bank, N.A. All rights reserved.

FOR OVER 25 YEARS

Stonewood Center
1st floor next to See's Candy
205 Stonewood St. #B3
Downey 90241 (562) 862-7100

- Ring Sizing • Chain Repair • Watch Repair • Watch Bands • Watch Batteries
- Stone Replacement • Restraining • Eyeglass Repair • Bracelet Repair
- Custom Engraving • Special Orders • Design your own jewelry

CONGRATULATIONS DADS & GRADS

Storewide clearance sale on all fine Jewelry, Silver Collection, Gents & Ladies Watches. We specialize in custom engraving. Retipping of Prongs and complete Jewelry & eyeglass frame repair.

DID YOU KNOW...

...THAT CHIMNEY SWEEPERS GET MOST OF THEIR CALLS IN OCTOBER? EVERY YEAR, THOUSANDS OF MY REGULAR CUSTOMERS AND ABOUT 200 NEW FOLKS CALL THAT FIRST WEEK OF OCTOBER ASKING FOR THE "\$99 SUMMER SPECIAL" WHICH ENDS SEPTEMBER FIRST. CALL MR. B THE CHIMNEY SWEEP 562-863-5975 FOR APPOINTMENT.

Researchers study impact of imported fishing bait

LONG BEACH — Ask Southern California anglers what kind of bait they like to use and the answer often is “ghost shrimp.”

Although the crustaceans can sometimes be found in local shallow, muddy ocean tidal inlets like Alamitos Bay and Huntington Harbour, many fishermen buy the live shrimp and other bait such as worms that are imported by Southern California bait shops.

But what impacts could this imported bait have on local native marine life? That’s what Bruno Pernet, an assistant professor of biological sciences at Cal State Long Beach (CSULB) is looking at. He is being assisted by graduate student Bruno Passarelli.

“We’re interested in whether or not live bait that are imported into the state pose a risk of the introduction of non-native species into California marine waters,” Pernet explained. “We’ve been doing this study that’s funded by California Sea Grant that focuses mostly on shrimp as a model, but we’ve broadened it a little bit.”

They are examining local bait from Los Angeles, Orange and San Diego county coasts and comparing them to imported bait.

“We have three main questions. First, what species are brought into California as live bait—what are imported species from other states or from other countries, and in what numbers are they brought in every year?”

The California Department of Fish and Game has such a heavy workload that checking for import permits is a low priority, Pernet said. “There essentially is no government data as far as we can tell about what’s brought in and in what numbers. We’re in the middle of doing a survey of bait shops in the state to try to figure out the answer to that question. That’s to set up what the potential risk is. It’s pretty amazing. You can go to a bait shop and buy worms from Korea and Vietnam and Maine, or shrimp from Washington state.

“A second question is, of these things that are imported, can they survive in local waters? We’re doing a simple physiological tolerance test to see if they can survive in the temperatures of marine waters of California,” Pernet continued.

“The last question is that when you import these species, there’s a

potential for them to become invasive, but there’s also a potential for parasites that are associated with them to be released into the environment and become invasive,” he said. “We’re interested in looking at parasites brought in on live bait, and for that, we’re really focusing on ghost shrimp.”

They are surveying the parasites imported with ghost shrimp from Washington and as well as the natural distribution of those parasites along the West Coast because that information isn’t well known.

“The ghost shrimp that is imported from Washington is the same species as the one that live down here, but it’s coming from thousands of kilometers away. But it turns out that some of the parasites on it are probably not native down here. That’s still a little up in the air,” he pointed out.

“One of the parasites we’re studying castrates the ghost shrimp. That’s important because that might influence ghost shrimp populations if they suddenly decrease reproducing.”

Ghost shrimp are about six inches long and live in soft or muddy sediments where they dig deep burrows of up to three feet, Pernet noted. “They scrape mud off the sides and eat it, and their burrows are constantly changing. They’re doing a lot of excavating like earthworms do in terrestrial systems. The other important thing is that they’re pumping water through there all the time so they can breathe. If there are pollutants buried in the sediments, those get exposed to the water, or if there are pollutants in the water, the sediment gets exposed to them, so they really modify their habitats. People call them ecosystem engineers because they really change the physical structure of their environment.”

Although the shrimp aren’t found in large quantities in Southern California, they’re common along the Oregon and Washington coastlines. There, the shrimp can be considered a pest because they stir up sediment that interferes with the growth of valuable oyster populations, Pernet explained.

Moreover, “Some of the parasites that we’re looking at in ghost shrimp that are brought in from Washington use the shrimp as an intermediary host for one stage of their life cycle, but another stage of their life cycle is spent in fishes. So, the parasite might be brought down and have some effect on ghost shrimp popula-

tions, but they also might have some effects on fish populations. We just don’t really know about those.”

Pernet said the parasites aren’t likely to affect humans who eat fish that have consumed the bait shrimp, but they could influence shrimp or fish growth.

New Titles at the Downey City Library

Fiction

- **“Bones of Betrayal”** by Jefferson Bass. Truth, lies, war & history intertwine in this ambitious and entertaining novel of forensic suspense.
- **“Finishing Touches”** by Hester Browne. A heartwarming new novel featuring a young woman who sets out to transform a failing finishing school into a thriving real-life skills academy for young women.
- **“My Father’s Tears and other Stories”** by John Updike. A collection of short fiction about the celebrated author’s native Pennsylvania and New England suburbia.
- **“The Séance”** by John Harwood. From the author of “The Ghost Writer” comes a tale of apparitions, a cursed manor house, and two generations of women determined to find the truth—even at the cost of their lives.
- **“The Second Opinion”** by Michael Palmer. A woman must confront an evil conspiracy in this medical thriller by bestselling author Palmer.

Non-Fiction

- **“A Bright and Guilty Place: Murder, Corruption and L.A.’s Scandalous Coming of Age”** by Richard Rayner. Hard-boiled detectives, scheming starlets, and tabloid trials fill this dramatic story of the early years and coming-of-age of Los Angeles.
- **“George: the Poor Little Rich Boy Who Built the Yankee Empire”** by Peter Golenbock. The definitive biography of former New York Yankees owner George Steinbrenner looks at the life of this notorious man and his role in building the sports franchise.
- **“The Girls from Ames: a Story of Women and a Forty Year Friendship”** by Jeffrey Zaslow. The inspiring story of 11 girls in Iowa and their enduring relationship.
- **“What Was I Thinking?: 58 Bad Boyfriend Stories”** by Barbara Davilman. A collection of first-person essays describing the moment in a relationship when a woman realizes that “it’s not going to work.”
- **“Will You Take Me As I Am: Joni Mitchell’s Blue Period”** by Michelle Mercer. The author explores the contribution of the celebrated and reclusive singer-songwriter Mitchell and her landmark album “Blue.”

Visit www.downeylibrary.org and click on “New and Notable Books” to browse more titles

DINING-OUT DEALS IN DOWNEY

PIZZA MAN SINCE 1964
8720 E. Imperial Hwy. Downey, CA 90242
Phone: (562) 923-9801 Fax: (562) 923-9329

We Deliver

We Serve Pizza • Pasta • Sandwiches • Entrees
• Ribs • Chicken • Lasagna • Salads • and more!

\$5 - 15" Large Cheese Pizza
\$6 - 15" Large Pepperoni Pizza

Delivery after 4 PM

Bring in this Coupon for a **FREE 6 Inch Garlic Bread** w/any regular price menu item

SanSai JAPANESE GRILL
8428 Firestone Blvd., Downey, CA 90241
562.861.1802

Freshness • Taste • Quality

\$3.00 OFF \$12 or more purchase	FREE 6 pc. Crunchy Roll w/ purchase of entree	FREE 6 pc. Potsticker w/purchase of entree
---	--	---

Limit 1 coupon per customer per visit. Expires 7/17/2009

Dine-in • Take Out • Catering

Join the **Firestone** GRILL
Every Saturday 7:00 pm - 12 am For **Karaoke!**
at the Embassy Suites Hotel
8425 Firestone Blvd., Downey (562) 861-1900

Gloria's Authentic Mexican Cuisine!
COCINA MEXICANA
7401 FLORENCE AVE. • DOWNEY, CA 90240
(562) 776-1488 • FAX: (562) 776-1490

FRESH FOOD, MEATS TO GO - BEER & WINE
GLORIA'S COUNTRY BUTCHER
Flat Meat \$4.79 LB.
12161 PARAMOUNT BLVD DOWNEY, CA 90242
562-622-2426

Philly's Best Authentic Cheesesteaks & Hoagie Shop
BUY ONE HOAGIE GET ONE FREE
Downey Landing Shopping Center
12008 Lakewood Blvd.
Call in your order (562) 803-1314
Independently Owned and Operated. Coupon valid only at Downey Landing Location. See store for details.

Belcon 10822 S. Lakewood Blvd. Downey (562) 862-0223 Next to Stonewood Mall

Three Dinners to Choose from Daily \$7.99
Monday thru Friday 4:00 p.m., Saturday or Sunday from 2:00 p.m., Served with soup or salad and garlic cheese bread or cornbread.

Monday
Chicken Natalie, Spaghetti w/Meat Sauce, Roast Turkey

Tuesday
Meat Loaf Supper, Honey Baked Ham, Roast Half Chicken

Wednesday
B.B.Q. Beef Ribs, Roast Turkey, Teriyaki Sirloin Strips

Thursday
Roast Half Chicken, Hot Roast Beef, Linguine w/ Chicken and Mushrooms

Friday
B.B.Q. Beef Ribs, Red Snapper, Roast Turkey

Saturday
Meat Loaf Supper, Sirloin Tips, B.B.Q. Beef Ribs

Sunday
Honey Baked Ham, Roast Turkey, B.B.Q. Beef Ribs

Shopping/Services
www.allaboutdowney.com

TALL SHIP EVENTS
BBQ SAIL
Saturday July 25th, 10-1 pm
Adults - \$37.00 • Children - \$27.00 (Children under 2 free)

SUNDAY BRUNCH
Sunday July 26th, 10-1 pm
Adults - \$37.00 • Children \$27.00 (Children under 2 free)

American Pride

Childrens Maritime Foundation, Long Beach, CA
www.americanpride.org • theamericanpride@aol.com • (714) 970-8800

DOWNEY PARTY RENTALS
10900 Paramount Blvd.
Downey CA 90241
(562) 861-1616

Granata's 11032 Downey Ave 562-861-2997

Summer Time Is Here!
Enjoy Lunch or Dinner on our Patio Lunch & Seafood Specials Daily
Serving Downey the Finest Italian Since 1956.

Frank's Taco Bar
Call Frank to book your next event
562-205-7211

Blingo
Thursday Afternoon
Games start at Noon
~ many special programs ~
Woman's Club of Downey
9813 Paramount Boulevard
~ Proceeds benefit Rancho ~

Alb American HOME CENTER
(562) 927-8666
Like having an expert in the family!

Krikorian theatres
www.kptmovies.com

Downey Cinema 10
8300 3rd Street 562.622.3999 ALL STADIUM SEATING

ALL DIGITAL PRESENTATION

MY SISTER'S KEEPER PG-13 (11:00, 1:45, 4:30), 7:15, 10:00

*** TRANSFORMERS: REVENGE OF THE FALLEN** PG-13 **Fri & Sat** (9:40, 11:40, 12:20, 1:00, 3:00, 3:40, 4:20), 6:20, 7:00, 7:40, 9:40, 10:20, 11:00; **Sun & Mon** (9:40, 11:40, 12:20, 1:00, 3:00, 3:40, 4:20), 6:20, 7:00, 7:40, 9:40, 10:20; **Tue** (9:40, 11:40, 1:00, 3:00, 3:40, 4:20), 6:20, 7:00, 7:40, 9:40, 10:20

THE PROPOSAL PG-13 (10:55, 1:35, 4:15), 7:05, 9:50

*** YEAR ONE** PG-13 (9:45, 12:05, 2:25, 5:00), 7:30, 10:00

*** THE TAKING OF PELHAM 1 2 3** R **Fri to Mon** (11:45, 2:30, 5:15), 7:55, 10:40; **Tue** (2:30, 5:15), 7:55, 10:40

THE HANGOVER R (9:40, 12:00, 2:35, 5:10), 7:00, 7:45, 9:35, 10:20

*** UP IN DISNEY DIGITAL 3D** PG (10:45, 11:30, 1:15, 2:00, 3:50, 4:40), 7:00, 9:35

NIM'S ISLAND PG; **Tue** (10:00 AM, 12:30 PM)

Times for Friday-Tuesday, June 26-30, 2009

Bargain Matinee () Advance ticket sales Special Engagement/No Passes * www.kptmovies.com

Charm Camp

What is Charm camp? Charm School mixed with Summer Camp
Who can attend? Girls ages 9-14
When is it going to be? July 13-17, 2008, 9:00am-1:00pm
**A Family Tea will be on Sat., July 18, 2008 at 10:00 pm

How much does it cost? \$30.00 for the week! (includes lunch)
Where? Downey Masonic Center, 8244 Third Street, Downey
How do I register? To register contact Nicole LaFromboise at (562) 923-9511 or e-mail at CharmCampFun@yahoo.com
Registration deadline is Saturday, July 11, 2009

What will you be doing during this week? Baking, dancing, crafts, make-up practice, table etiquette, water games, and more!

Job's Daughters Bethel 244 Downey is hosting this event and will provide everything needed for this week of fun!

Permission Slips will be required and handed out the first day of Charm Camp.

OFFICE SPACE

EXECUTIVE OFFICE SPACE \$350/MO.
Includes desk, chairs, phone with unlimited long distance, internet, janitorial services & utilities included. Located in N.E. Downey on Florence.
Call Tom (562) 304-7616

APPLIANCES

BIG SALE ON
Pre owned appliances washers, dryers, warranty. Free local delivery.
Johnnies Maytag
12018 Paramount Blvd., Dwy.
(562) 927-7433

HAIR SALON

HAIR & MANICURE STATION FOR RENT
Newly upscale salon supply located at 11116 Downey Ave. 1st month rent free, for info. call Sherry.
(562) 923-0555

DOWNEY BLOCK YARD SALE!
SATURDAY JUNE 27th & SUNDAY JUNE 28th
SPONSORED BY YOUR NEIGHBOR & REALTOR

Gabriel Reyes
Prudential
24 Hour Real Estate
FLORENCE AVE.
BAYSINGER TRISTANA
VIA AMORTIA N CHEROKEE LAKEWOOD DOORS

WORK WANTED

CAREGIVER LOOKING FOR WORK
Experienced, ref. avail.
Call Erica (323) 557-3386

GARAGE SALE

JUNE 27 - 28
Huge Downey neighborhood yard sale
Corner of Imperial & Paramount

ESTATE SALE
Sat. 6/27, 8am-2pm.
No Early Birds.
8308 Gainsford St., Dwy

ANIMALS/PETS

FOUND LG. M. DOG
Short brown hair, w/collar & leash on Downey betwn. Rosecrans & Contreras St. Friendly, well groomed. Looking for owner.
(213) 705-4422

FOR RENT

NE DOWNEY HOUSE
Beautiful, roomy 3 bed, 2 bath, fam. rm., den \$2,100 mo.
(562) 400-3373

MOVE-IN SPECIAL
2 bed, 1 bath apt. \$1,195, carpet, blind, pool, ldry., prkng.
12527 Paramount Blvd.
(562) 375-3539

FOR RENT

N. DWY. 1 BED APT.
New kit. cabinet/granite counter top \$875 mo.
11100 Pangborn Ave.
(562) 622-7110

DOWNEY \$300 OFF FIRST MONTHS RENT! OR LOWER MONTHLY RENT 1 & 2 BEDS
A/C, pool, water/trash pd., ceiling fans. Nr. shops, schools, bus, 105, 710, 605 fwys.
Call (562) 923-8400

DWY. SMALL HOUSE
2 bed, 1 bath, large yard. \$1,500 mo. + \$1,500 dep.
Call John (562) 397-8939

LAKESIDE \$300 OFF FIRST MONTHS RENT! OR LOWER MONTHLY RENT. 1 & 2 BEDS
Water/trash pd., central A/C & heat, pool, enclosed patios/balconies, gated/covered parking, ceiling fans, BBQ areas. Nr. shops, schools, bus, 605, 405 fwys.
Call (562) 809-9161

LG. 2 BR, 1 B CONDO
Top floor, secured bldg. \$1,450 mo, 1st & last mo rent.
10400 Downey Ave.
(503) 380-0763

LRG BACHELOR APT
\$775/mo, utilities included.
(562) 869-2677

FOR RENT

QUIET DOWNEY APT.
2 bed, 2 bath \$1,250. 1 bed, \$925 mo., elec. stv., A/C, ceiling fan, new carpet & paint, pool, covered prkng.
(562) 776-8494

DOWNEY \$300 OFF FIRST MONTHS RENT SECTION 8 HOUSING ACCEPTED 1 & 2 Beds, walk-in closets, water & trash pd., cable ready, A/C, near Downey Landing, schools.
(562) 869-2919

BELLFLOWER
1 bed apt., stove & frige. - \$895. 2 bed apt., carport, coin ldry. - \$995. 2 bed house, carport, large yd. - \$1,395
(562) 867-4710

NORWALK
1 bed apt., gtd. prkg., A/C, \$895
(562) 863-6599
www.mgbservices.net

HOUSE FOR RENT \$2300
DOWNEY Remodeled 3 bd 1 1/2 bth w beam ceil den w frpl, granite slab in ktn & pant/ldry rm, hardwd flrs, 2 car gar, wat/trsh paid pets OK
Call (562) 712-2991

NORTH DOWNEY
2 bed \$1,175 + security. 11113 Newville nr. Rio San Gabriel pk. Remodeled, new floors, blinds, ldry. hook-up. Ultra clean apts. with A/C, carport. Very quiet.
(562) 862-7071

FOR RENT

DOWNEY \$300 OFF 1ST MONTHS RENT OR LOWER RENT PER MONTH, SECTION 8 HOUSING ACCEPTED
1 bed, walk-in closets, water/trash pd. Cable ready, pool. Nr. shops, schools, bus, 5, 91, 605 fwys.
Call (562) 803-5200

QUIET 1 BED APT.
Golf course, \$900
(310) 617-3640

N. DOWNEY
2 bed, starting @ \$1,350. Pool, secured bldg.
(562) 869-4313 mgr.

SERVICES

MIKE THE ELECTRICIAN
Recessed lighting, remodel home and office, service upgrade 120-600 volts. FREE NO OBLIGATION ESTIMATE. Lic. #829705
(562) 861-4266

ARMAS PATCHING & RESTUCCO
Exterior & interior plaster patching, matching all stucco textures. Very clean. 25 years exp. No patch too small. Free estimates. Ask for Ray Armas Lic# 882779
(562) 923-8227

HOUSEKEEPER
At it's best, experienced, references.
Call Lucy (562) 923-5640

HAUL ANYTHING \$40+
Garage cleaning, free estimate.
(562) 674-6450

SERVICES

SUPERB PAINTING
Exterior, Interior, senior discounts, references, dependable & reliable. Free estimates. Lic. #634063. Wayne.
(562) 863-5478

FULL SERVICE PLUMBING
Licensed, bonded & insured, 24/7, senior discount
McKinnon & Sons
Plumbing of Downey
(562) 904-3616

MGC CONSTRUCTION
Serving Downey since 1990, room additions, roof repair, plumbing, electrical, tile, bathroom & kitchen remodel. Cement work, windows, stucco, no job too big or too small, 10% disc. to veterans. Bonded, Lic. #797630 & insured. Call Carlos Medrano.
(562) 923-4005
(213) 407-0332

ACTION PAINTING & CONSTRUCTION
Painting, remodel, interior & exterior. Lic. 456722. Call Steve Kennedy
(562) 928-7680
(562) 441-6509

COMPUTER CONSULTING
Senior tutoring, upgrade, repairs, system set up, virus removal, troubleshooting.
(562) 714-9876

MOVING? SAVE \$\$\$
You rent truck, I provide careful, prof. loading & unloading. 20 yrs. exp. Ref., free est.
Call Dan (562) 630-6006
Cell (310) 292-1689

Introduce me to a buyer or seller and at close of escrow, \$500 goes to your church project, your support of missionary, or any charitable organization of your choice

Lee Brooks
Biola Graduate
Coldwell Banker Realty
Business: 562.618.9065
Fax: 562.902.1696
talktolee@earthlink.net

Broker - Notary

www.downeyrealestate.com

Looking for properties in Helendale, Silver Lakes, Anaheim, Covina, Downey, Costa Mesa South Gate, Orange Co., San Bernardino County, Garden Grove, or, a city of your choice.

Please call me to locate it for you.
Toni Stewart (310) 717-4139
tonistewart1@juno.com

Marlene Rodriguez Broker/Notary

DON'T LOOSE YOUR HOME TO FORECLOSURE YOU HAVE OPTIONS
LENDERS ARE NEGOTIATING: MODIFICATIONS OR SHORT SALES
23 YEARS OF EXPERIENCE
EXCELLENT NEGOTIATING SKILLS
Real Estate - Loans
BANK OWNED / REO Specialist
MARLENE RODRIGUEZ
562-824-7333
Citywide Group Inc. HomesByMarlene@aol.com

www.DaleJervis.com

SHOWING THE WORLD, THERE'S

A Better Way TO DO BUSINESS

Leading real estate professional Dale Jervis' impressive two decade career has been defined by his ongoing commitment to *Doing Things Better*. His state-of-the-art Web site is the perfect example. At www.DaleJervis.com, buyers and sellers can find all the information they need to maximize their real estate opportunities.

You see, Dale understands that the key to achieving real estate success comes down to having a wealth of knowledge and resources at your fingertips. That's why www.DaleJervis.com includes links to featured properties, a mortgage center, informative special reports and much more. The details you need to make sound decisions for your financial future are just a click away.

If you're in the market to buy or sell a home, why settle for second best? Log on to the ultimate real estate resource at www.DaleJervis.com and get the results you deserve today.

ATTENTION HOME SELLERS!
Ask Dale for his special report, "10 Mistakes You Can Make When Selling Your Home That Will Cost You Thousands (And How To Avoid Them)." This valuable information is offered to you free of charge. Just give Dale a call and he'll be glad to send you one today.

Century 21
Jervis & Associates

(562) 743-2121 • www.DaleJervis.com

SUBSCRIBE TO THE PATRIOT

The Downey Patriot is now offering paper subscriptions for \$20/year. This subscription guarantees a delivery every Friday to a single family home in Downey.

Name: _____

Address: _____

Zip: _____

Phone: _____

To get your subscription, fill out the above form and send it in to the Downey Patriot along with a check for \$20.

8301 E. Florence Ave., Suite 100, Downey, CA 90240



The Downey Bocce Club won first place and possession of the Traveling Trophy in the Encinitas Bocce Tournament held June 14. Their team was comprised of (from left) Vito Bucatti, Eddie Castro, Muguel Tamagno and Pat Limatola. Photo by Theresa Robarge



The Moravian Church of Downey hosted its second annual Belfry 5K Run/Walk on June 13. Participants ranged from toddlers to octogenarians and from the competitive runner to the leisurely walker. Twenty-four medals were awarded to the top male and female finishers in each of four age categories. Greg Alaniz was the fastest overall finisher with a time of 17:51. Race results, photos and more information can be found online at www.thebelfry5k.com. Photo courtesy Moravian Church of Downey



The Downey AYSO boys 12U travel team won first place in the Downey AYSO Annual Memorial Cup Tournament. The boys allowed only one goal the entire tournament. Pictured above: Phillip Caro, Victor Avila, Kevin Chavez, Antonio Gomez, Joshua Hernandez, David Lemucchi, Antonio Orihuela, Marcello Frasca, Robyn Ortega, Rodryck Ortega, Andres Esparza and Luke Sarimento. Not pictured is Isiasa Rodriguez. The team's coaches are Johnny Lemucchi and Felipe Caro.



The Downey Kiwanis Foundation awarded scholarships to more than 25 students at its June 11 meeting at the Rio Hondo Event Center. Among the scholarships was the Sean Feliciano Memorial Scholarship, named in honor of the late Downey High School student. Classmates of Feliciano came up with the idea of a scholarship honoring their friend and collected \$125. The Kiwanis Club pitched in to make the scholarship a full \$500. Photo by Art Montoya

Want good news in this economy?
It's Downey Federal Credit Union!

What's different at Downey FCU? Financial safety and soundness, no bail outs, no credit crunch... shall we go on?

- If you live, work, worship or attend school in Downey, you can bank with us.
- At DFCU, you always come first.
- We offer great loan and savings rates and a wealth of FREE financial education.
- You'll receive the highest quality personal service!
- Your deposits are federally insured up to \$250,000 and an additional \$250,000 by a private insurer—for \$500,000 in combined coverage!
- The residents of Downey have counted on us since 1957. You can count on us, too!

Count On Us Through All Stages Of Life

Downey Federal Credit Union
8237 Third Street
Downey, CA 90241
(562) 862-8141
www.downeyfcu.org

Office Hours:
9:00 am-4:30 pm, M-F
Extended drive-up hours
ATM onsite

My Real Estate

The GOLD Standard
FOR OVER 30 YEARS

(562) 927-2626

century21myrealestate.com

OUR CLIENTS

“Craig Johnson was very helpful. Things got difficult and confusing but Craig explained everything.” – Ken Rogers

“Brian Holden did the best job for us. Brian always kept us informed.” - Katrina Smythe

“Working with Angie Pierce was a great experience. Angie is a delight and I am very happy. She is organized, motivated, task-oriented and always kept her promises. I have learned from Angie.” – Safa Kaddis

FEATURED PROPERTY

A Real Value

Outstanding 3 bedroom, 2 bath home with travertine floors in bathroom, newer paint, 2 car garage, nice garden, Downey School Dist.

TOP PRODUCERS

TOP LISTING
Lilian Lopez & Lorena Amaya

TOP PRODUCTION
Peter Rua

TOP SALES
Lilian Lopez & Lorena Amaya

Absolutely Adorable

Beautifully maintained, updated kitchen and bathroom, interior laundry hook-ups 2 bedrooms, 1 bath, wood burning stove, den. **Not a short sale or REO.**

Standard Sale

Fantastic 4 bedrooms, 2 bath home with spacious living room, central heat-A/C, upgraded bathroom and kitchen. First time buyer opportunity!

PENDING

Price To Sell Fast!

Beautiful two units located on a corner lot! This one has it all! Clean and move in condition, 1@ 2 bedroom/1 bath, 1@ 1 bedroom/1 bath.

A Special Condo

Beautiful 2 bedroom, 2 bath condo with 2 car garage, central heating & A/C, balcony, ceramic tile countertops & flooring in kitchen and bath.

REDUCED

Feels Like A House

Beautiful condo with 2 bedrooms, 2 bathrooms, living room w/ fireplace, dining room, nice patio looking over beautiful landscaping.

Virtual Tour Available

North Downey 4 bedroom, 3 bath home, 3 fireplaces, large pool, spa, formal living room, family room, alarm system, formal dining area, copper plumbing. Virtual Tour – www.towncenter.com/9327

\$30,000

Senior Park

Very nice 2 bedroom, 1 1/2 baths, separate laundry room, storage shed, nice porch w/ disabled chair lift, refrigerator, stove/oven.

PENDING

Priced Right

Well maintained property with 3 bedrooms, 2 baths, close to schools and parks, quiet neighborhood. Priced right for today's market!

QUALITY SERVICE
AWARD 1998-2008

MY ESCROW COMMERCIAL GROUP

MY MORTGAGE PROPERTY MANAGEMENT

MY RELOCATION NOTARY SERVICE

7834 E. Florence Avenue Downey, CA 90240 • 800 641-2111 • Century21myrealestate.com

My Real Estate School

DRE Approved LIVE Classes

For More Info Call: (562) 927-2626 ext. 119 Darlene



Mel & Rita Berdelis
Broker/Owners



Prudential
24 Hour Real Estate

Prudential 24 Hour Real Estate
Office: (562) 861.7257
Toll Free: (800) 521.4572
Fax: (562) 861.0285

<p>Carrie Uva "Let's Talk Real Estate & Law Too!" 562-382-1252 www.CarrieUva.com</p>	<p>Angel Martinez "Your Real Estate Angel!" 562-382-7299 Angel@Prudential24Hours.com</p>	<p>Mario Persico "Mario Did it AGAIN!" 562-533-7433 www.MarioPersico.com</p>
<p>ACCEPTING OFFERS! Lovely 3 bedroom 2 bath home in Downey with living room & fireplace. Price: \$374,900 Call Carrie for more info 562-382-1252</p>	<p>HOT DEAL! REMODEL OR BUILT YOUR OWN HOME! 2 BR, 1 BA, 2 car detached garage, on a 7,078 sq. ft. lot. Reduced to: \$249,000 Call Angel Martinez @ 562-382-7299</p>	<p>COMING SOON! N. DOWNEY! 3 BD, 2 BA, newer roof, paint, A/C, and more! Over 1,700 sq. ft. Call Mario For More Info 562-533-7433</p>
<p>WHY PAY RENT? Charming Duplex in Downey w/ 2 BD, 2 BA & other unit 1 BD & 1 BA PRICE: \$409,900 Call Carrie for more info 562-382-1252</p>	<p>ACT FAST! WOW! WHAT A VALUE! 3 BD, 2 BA, w/ guest house on a 7,670 sq. ft. lot ONLY: \$420,000 Call Armando & Maria Rivas (562) 619-2407</p>	<p>NEW LOW PRICE! SELLER SAYS "SELL IT!" Huge Master Suite. Glorious kitchen & Family room 4 BD, 3BA. 3000 + Sq ft. Remodeled. MAKE OFFER!! A MUST SEE! Virtual tour at www.MARIOPERSICO.COM</p>
<p>RENTALS AVAILABLE!</p> <ul style="list-style-type: none"> • 8269 DePalma ~ Downey 2 BD, 1 BA home \$1,700 • 7150 Luxor ~ Downey 1 BD, 1 BA home \$950 • 8951 Atlantic ~ South Gate 640 sq. ft. commercial space \$600 • 8953 Atlantic ~ South Gate 985 sq. ft. commercial space \$900 • 8949 Atlantic ~ South Gate 2 BD, 2 BA home \$1,200 • 11738 Tristan ~ Downey 2 BD, 1 BA home \$1,300 	<p>REDUCED! OPPORTUNITY KNOCKS! 3 BD, 1 BA, 9,749 sq. ft. lot. Seller Wants it SOLD!! Priced at: \$349,999 Call Sonia Banuelos (562) 972-7115</p>	<p>MARIO DID IT AGAIN... 7862 Raviller ~ Downey Amazing remodeled in 2008, top of the line everything, nearly 2800 sq. ft., 14,000 sq. ft. lot. Let Mario DO IT for you too!! 562-533-7433</p>
<p>AVOID PROBATE!</p> <ul style="list-style-type: none"> ✓ Living Trusts ✓ Wills <p>Call Today to make Your Living Trust!!! CALL CARRIE TODAY! (562) 382-1252</p>	<p>JUST LISTED! COMMERCIAL MEDICAL BUILDING! Great investment opportunity, 4,402 sq. ft., 9,749 sq. ft. lot. Priced at: \$1,590,000 Call Marie Picarelli (562) 618-0033</p>	<p>AND HE DID IT AGAIN... 7831 Bairnsdale ~ Downey 3 BD, 2 BA, 1,279 sq. ft., 6,000 + lot. "Let Mario DO IT for you too!" Call Mario @ 562 533-7433 SOLD! SOLD! SOLD!</p>
<p>JUST LISTED! HOME SWEET HOME! 4 BD, 3 BA, family room w/ fireplace, 10,000 Sq. Ft. HUGE LOT. PRICE: \$631,000 Call Mary Jane Lee 562-618-0390</p>	<p>Buying?... or Selling?... Call Mario For a FREE Professional Consultation! MARIO PERSICO SELLS DOWNEY! Born*Educated*Lives*Worships in Downey!</p>	

Visit us at: www.Prudential24Hours.com (562) 861-7257



MICHAEL BERDELIS
"The 24 Hour Agent"
(562) 818-6111
Once again, Downey's #1 agent, 6 years and running!
48 homes sold in 2008!
www.MichaelBerdelis.com

<p>NEW LISTING!</p> <p>Tropical Paradise With Guest House! 4BD, 2BA, remodeled home w/ 2BD, 2BA attached wing off main house, and a separate guest house w/ kitchen & bath. All on a 14,500 lot w/ new pool and spa! Price: \$975,000 Virtual tour at www.MichaelBerdelis.com</p>	<p>NEW LISTING!</p> <p>Grand Home on a Large Lot! Grand Home on a Large Lot! Extra large 5 bedroom home with approx 5600 sq ft of living space, upgraded kitchen, 2 master bedrooms, and 2 family rooms. All on a 11950 sq ft lot! Price: \$849,000 Virtual tour at www.MichaelBerdelis.com</p>	<p>NEW LISTING!</p> <p>Imagine Yourself Here! Elegant 6 Br, 5 BA, custom built, Downey Home, with over 4,000 sq ft you can be the hottest house on the block! Bank in on this deal, at only \$729,900! Call Michael Berdelis at (562) 818-6111</p>
<p>NEW LISTING!</p> <p>The Perfect Palace! 6 BD, 7 BA, 7,500 sq ft, 10,890 sq ft lot, dual-staircase entry, Vegas-style master suite, and resort-like backyard -- all for \$1,399,000. Possible as-is pricing -- call for details! Call Michael Berdelis at (562) 818-6111</p>	<p>NEW LISTING!</p> <p>Call The Movers! 3 BD, 2.5 BA, Bellflower townhome with tile floors, remodeled kitchen, and much, much, more! Price: \$259,900! Call Michael Berdelis at (562) 818-6111</p>	<p>NEW LISTING!</p> <p>Great Estate Amongst Others! 5 BD plus an office, 6.5 BA North Downey new home in an area surrounded by newer homes. The home has 6,400 sq ft living space, completely new with many upgrades, and situated on a 9,387 sq ft lot. Purchase this home for \$1,349,000 or call for details about as-is pricing. Call Michael Berdelis at (562) 818-6111</p>
<p>REDUCED</p> <p>Building Opportunity Bungalow-style, 2BR, 1BA home, on a 7,078 sq. ft. lot. Value is in the land. Call for more details. Price: \$359,900 Call Michael Berdelis at (562) 818-6111</p>	<p>Centrally Located! 3 BD, 2 BA North Downey home, 1539 sq ft living space, 6360 sq ft lot, 2 car det garage. Price: \$359,900 Call Michael Berdelis at (562) 818-6111</p>	<p>A Real Charmer! 3BD, 3BA, over 3,000 sq. ft. on 10,000 sq. ft. lot, w/ many upgrades! Price: \$765,000 Call Michael Berdelis at (562) 818-6111</p>

View these homes at: www.MichaelBerdelis.com



Stephanie Cobau

Desert Reign Church makes its long-awaited premier

By STEPHANIE COBAU, DOWNEY PATRIOT INTERN

DOWNEY – The newly constructed Desert Reign Church, led by Pastor Don Metcalf, will provide Downey with much more than a place of worship. With its after school youth program and eagerly anticipated preschool program, the church is already shaping up to be a promising center for children of all ages to come together and learn.

The preschool, which will be directed by the Pastor's wife, Deborah, features a secured courtyard and playground for the children to enjoy. It will accommodate around 90 students who will be immersed in a unique educational curriculum designed by the church.

Youth can enjoy the church's open and airy upstairs room, which contains study tables, a pool table, and even a Guitar Hero game set. In addition to the youth-centered

room, the church will also administer a center which will teach teenagers video production skills. Pastor Metcalf, who has overseen the church since its construction, intends to focus on endowing the next generation with skills that will facilitate its contribution to society.

The physical sanctuary of the church itself is just as impressive as the remarkable youth opportunities it affords. Built like a civic theatre, the church can accommodate approximately 550 people. Furthermore, the space has been utilized in many ways aside from weekly services, serving as both the venue for a weekly prayer group as well as hosting the recent Battle of the Bands competition.

Given the many opportunities the church offers parishioners, it is no surprise that the congregation has grown rapidly since its inception. When asked about the church's vision for the future,

Pastor Metcalf stated, "We want to make sure that our church adds back to Downey in terms of civic programs."

Without a doubt, the church has been an invaluable resource for people of all walks of life. Pastor Metcalf observed, "Our church has had in it probably about 15 people who have been in prison and because of the church and the power of God, these people will probably never adopt that life again." Furthermore, in addition to the services it performs for people within the congregation, the church has been an instrumental contributor to the local Meals on Wheels program.

For more information on the Desert Reign Church, visit www.desertreign.org or attend its general sermon, which takes place every Sunday at 9:45 a.m.

Story: A short story from Writers' Workshop West.

Continued from page 1

turn around and try again.

"Don't you know your own city," she asked not only surprised, but annoyed.

"Of course, but I never drive there, only many years ago to a hospital," I defended myself.

We crossed Firestone to turn around and drive back to turn left on Clark. I glued my eyes on everything not to miss again the street sign of Clark Avenue and another time we missed. Did the street disappear?

"Drive on, it much come soon, I made a mistake before. I'm sorry," I stuttered. I felt guilty, instead of showing her a good time, I made her drive around and around searching for the right place. When we reached Imperial Highway I knew how to come back on Clark and so we did. Then I say the bright mural-painted big building I have told her about before and we quickly turned right to merge with the traffic on Lakewood Blvd. I pointed my hand towards it to indicate that we finally found it.

"I don't want to see it anymore," she coldly spoke to me. I had tears in my eyes. Perhaps she saw it or felt it, she moved her hand from the stirring wheel and put it on my hand resting on my lap. With a gentle smile she looked at me and soft-spoken words filled the room of the humming car:

"Now let's go for a cocktail and the best food we can find on the menu."

I felt how my nerve's tension eased and my grateful look at her confirmed that everything was alright and well between us.

"We are good," she convincingly said and suddenly I noticed how nice the weather was, a springtime day in January. Then I faintly

remembered that there probably was no Clark street sign, because it was not possible to turn left. A reconstruction of the road formed a divider with flowers and other plants and thus probably prevented a left turn. Tomorrow I would check it out.

When the time came to say goodbye I saw that she felt bad. She stopped the car on our way to my house and turned off the key to halt the engine. Her face suddenly broke into a cracked-up expression then slammed her hands before her face to hide it.

"It's Bill...he got arrested...for embezzlement..." and after gasping these words she fell into loud sob that her whole body was bouncing. I was shocked and did not know what to say, but instead she started to speak again with a jerky voice: "He swore to me that he is innocent, that the other accountant did it or perhaps even the owner of the company himself." She started to talk slowly now in a more normal manner and took her hands down from her face. Shyly she looked at me waiting for a kind answer to ease her pain.

"Oh, my God, how terrible," I could only think to utter. "What are you doing to help him?"

"I don't know what to do. We live in a small town where almost every one knows the other. I am so ashamed, I cannot show my face anywhere."

"We'll do something about it, I have to think what to do next," I almost was breaking my brain thinking and then called out, "You need a lawyer, a very good lawyer who can prove his innocence, that is what you need right away, fast like yesterday."

"Yes, I thought that too, but I

don't know one. In the Yellow Pages are rows of lawyers listed, but how do I know who is good or who would mess up the case?"

The intensity of my brain strain was successful. I remembered a lawyer a neighbor once had and praised him a million times. After a while it even entered my mind that he had a name, a name with...a man in it. "His name is Zimmerman and he used to live in Downey. You can find his telephone number and address in the telephone book or call the information," I explained to her. The poor woman broke out in tears again.

"Thank you, thank you so much, now I have hope, perhaps the nightmare will go away." Her hands were a bit shaking and when she turned the car key on and started the motor, I was worried about her condition to be able to drive. But after lamenting a while she insisted to be alright to drive the 40 miles. She needed to be home to take care of things. I understood and with many words to be careful she drove, dropped me off at my house and continued to drive home.

With her car disappearing into the traffic I stood waving after her. My emotions still in shock and disbelief, I tried to sum up the day's events. It was supposed to be a good day. Perhaps all the unexpected run-around was breaking up her caged-in feeling we sometimes find ourselves trapped in. Perhaps it had helped that she finally overcame her embarrassment and opened up her burdened heart. I was glad that I could help her with naming the lawyer, the only thing I could do for her. Imagining all her problems, I called myself lucky even when I don't always see it this way...