



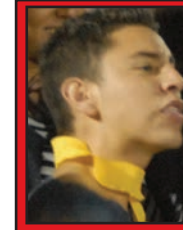
The Downey Patriot



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Friday, November 16, 2007

Vol. 6 No. 30

11525 Downey Ave., Suite A, Downey, CA 90241

Mr. Downey takes his throne



Twenty-year-old Carl Johnson, left, was crowned Mr. Downey by the Downey Rose Float Association in a competition last week at the Downey Theatre. George Anaya, 6, a student at Maude Price Elementary, was named Little Mr. Downey. Photo courtesy Downey Rose Float Association

Pair of local students crowned at regal ceremony

DOWNEY – The Downey Rose Float Association named Carl Johnson, a 20-year-old Cerritos College sophomore, Mr. Downey, and George Anaya, a 6-year-old Maude Price Elementary School student, Little Mr. Downey in a festive competition last Saturday at the Downey Theatre.

Runners up for the title of Mr. Downey were Brandon Pineda, a 15-year-old Downey High School sophomore, and Nazir Akil, an 18-year-old Cypress College student. Akil is the brother of former Miss Downey Princess Justine Akil.

Runners up for Little Mr. Downey were Nicholas Cueto, an 8-year-old Maude Price Elementary School student, and 6-year-old Sebastian Padron, also a student at Maude Price Elementary.

Contestants competed in different categories, including Interviews, Sportswear, Formal Wear and Onstage Questions. The evening opened with "Cotton Eyed Joe," a number choreographed by Miss Downey Brianna Arceo, Princess Lauren Casas and Miss Teen Downey Ashley

Campuzano, playing into the "Wild Western Days" theme.

Johnson and Anaya will receive their official pinning at the Nov. 27 City Council meeting. They will also be seen atop the Downey Rose Float's entry at the Holiday Lane Parade Dec. 2.

Others winners for the Mr. Downey competition included: Jonathan Del Rio, entrepreneur; Andrew Castro, Mr. Spirit of Downey and Mr. Athletic; Brandon Pineda, Mr. Sportswear and Mr. Formal Wear; Carl Johnson, Mr. Photogenic and the Volunteer Award; Justin Rodriguez, Mr. Best Smile; Jerry Martinez, Mr. Most Improved; and Jesus Martinez, Mr. Academic.

Other winners for the Little Mr. Downey competition included: Dimitri Politis, Little Mr. Spirit of Downey; George Anaya, Little Mr. Sportswear, Little Mr. Formal Wear, Little Mr. Best Smile and Little Mr. Academic; Stavros Politis, Little Mr. Photogenic and Little Mr. Most Improved; and Sebastian Padron, Little Mr. Athletic.

Put the turkey baster down

■ Pre-made Thanksgiving meals, offering convenience and affordability, a hit with busy families.

BY BROOKE KARLI, STAFF WRITER

DOWNEY – While many of us are slaving over a hot stove this Thanksgiving holiday, it is expected that six percent of consumers will be purchasing pre-made Thanksgiving dinners, according to USA Today.

People are ordering Thanksgiving to-go from local restaurants and fast food chains, natural food grocery stores, and even the Internet.

"People just don't have the time to cook their own Thanksgiving dinner," said Saul Haro, owner of the Pieloon restaurant in Downey. "It's much more affordable and convenient for them to buy a pre-made meal."

Pieloon has been selling Thanksgiving dinners the past six years, and not only to households, but also to local churches, businesses and organizations. One of their biggest clients is the Los Angeles Supreme Court, Haro said.

The restaurant expects to prepare 160 to 180 turkey dinners (\$74.95 each), which includes stuffing, mashed potatoes and gravy, cranberry sauce, sweet potatoes and a pumpkin pie, and 30 to 40 ham dinners (\$78.95 each), which includes pineapple sauce, yams, mashed potatoes and gravy, and a pumpkin pie. Both meals provide enough food to feed a family of eight, Haro said.

"Our dinners don't need to be reheated – they go straight from us to the table," Haro, who has owned the restaurant the past 12 years, said. "I think that's why people come back every year – it's inexpensive, time-saving and ready to eat."

Ebie Ghaneian, owner of Cafe n' Stuff, has also noticed an increase in pre-made dinner sales.

THANKSGIVING DINNERS TO-GO

Pieloon
(562) 862-0223
Order deadline: Nov. 19

Cafe n' Stuff
(562) 803-6766
Order deadline: Nov. 20



Pre-made Thanksgiving dinners usually come with all the fixings, including turkey, stuffing, mashed potatoes and gravy, cranberry sauce, sweet potatoes and a pumpkin pie. Shown above is a turkey dinner photographed at Pieloon restaurant. Photo by Brook Karli

"People want to spend their time with family rather than in the kitchen," said Ghaneian. "And because some families are divided and holidays are shared, it's easier to buy dinner than to make it."

The restaurant expects to sell 150 to 200 Thanksgiving dinners this year, a significant increase from last year. The turkey dinner costs \$64.95 and includes stuffing, mashed potatoes and gravy, cranberry sauce, bread and a pumpkin pie. The ham dinner costs \$74.95 and includes fruit sauce, candied yams, bread and a pumpkin pie. Both dinners serve six to eight people.

"Over half of our dinners are sold to returning customers," said Ghaneian. "We get new customers every year because more and more people are attracted to the idea of getting a delicious meal without having to cook."

And yes, one in five customers take credit for cooking the meal themselves, according to USA Today.

So if you are feeling the pressure of hosting Thanksgiving at your house, or you simply don't have the time and energy to spend all day in the kitchen, give your favorite restaurant a call and order Thanksgiving, to-go.

Film gives rare peek inside Arctic culture

BY KEVIN O'CONNOR,
DOWNEY THEATRE

DOWNEY – This Sunday afternoon, Nov. 18, at 2:30 p.m., the Downey Theatre will present the fourth film of its 2007-08 "Armchair Adventure" Travelogue Series, "An Arctic Adventure," filmed and narrated by Adam Ravetch.

Journey with Ravetch, an award-winning cinematographer, to one of the most hostile parts of our globe, the high Arctic. In the world today there are only two Arctic scuba divers; Ravetch is one of them. You may have seen his film, "On Thin Ice," aired as part of the National Geographic Ultimate Explorer Series. He has appeared on Animal Planet and is credited with over 90 documentaries for HNK Japan, CBS, NBC, and The Cousteau Society.

In 1996, Ravetch, along with his wife, writer and film producer Sarah Robertson, established the Arctic Exploration Fund to photograph wild life in the Arctic. The Arctic Exploration Fund is dedicated to the photographic study of polar marine wildlife and its adaptation to the rapidly changing Arctic environmental conditions. The Arctic Exploration Fund seeks to use imagery to educate and inspire the public with a view towards conservation.

In "An Arctic Adventure," Ravetch has put together a number of sequences filmed above and below Arctic ice and will take us on an adventure we have not yet experienced.

We will meet an Inuit Eskimo family, have a stand off with a polar bear, enter a herd of walrus-escapes and see the birth of a pup. We



will learn how climate change is affecting three Arctic whales: Beluga, Narwhal and Bowhead. And we will witness a scene rarely ever photographed: the struggle between a walrus bashing through the ice with a polar bear in hot pursuit! This "Armchair Adventure" presentation will give us a better understanding of the Arctic and our environment.

"An Arctic Adventure" is the fourth "Armchair Adventure" of a 10-film series. The series features full-color, feature-length travelogues with live, in-person narration by the travel adventure producer. All films are on Sundays at 2:30 p.m. in the Downey Theatre, located at 8435 Firestone Blvd.

For information on a season subscription, call the box office at (562) 861-8211, Monday through Friday, between noon and 4 p.m.

Tickets for individual films may be purchased on the day of performance only beginning at 1:30 p.m. at the box office. Adult tickets are \$7 and senior/student tickets are \$6 (cash or check only).

Mayor's prayer breakfast touches on moral dilemmas

BY HENRY VENERACION,
STAFF WRITER

DOWNEY—Growing up and spending a great deal of time with his grandparents in the Salton Sea area, where grandpa was a real estate developer and who tried to inculcate in him religious values, now retired state senator Bill Morrow was a swaggering, self-centered, "self-absorbed" youth whose only concern was "me, myself, and I." Then he had a life-changing experience, he said, that turned his life completely around.

He would graduate from UCLA with honors and receive his Juris Doctorate degree from the Pepperdine School of Law, join the U.S. Marine Corps and serve as chief trial counsel and prosecutor at Camp Pendleton for eight years, and enter the private sector as a small business attorney. Elected later to the state legislature representing the 38th District, the pug-nacious senator with the booming voice became the point person in the fight against frivolous lawsuits. On a deeper, more fundamental level, as a transformed man, he was also to gain a reputation for taking a moral stance in legislative issues.

Morrow was the guest speaker at the 22nd annual Downey Mayor's Prayer Breakfast on Nov. 8, and he spoke of instances on the senate floor where political expediency tended to ignore Christian values, much like what transpired with Pontius Pilate (who represented Caesar, the ruler of the Roman

Empire) when he let the voice of the people, rather than the voice of reason, fairness and justice, decide the fate of Christ.

The prayer breakfast is presented every year by the Christian Businessmen's Committee of Downey, whose members come from all walks of life. Presiding was Harold Tseklenis, who pointed out that the breakfast, a well-attended one, was the local version of the National Day of Prayer observed throughout the nation. Founded in Washington, D.C., in 1952, Tseklenis said its purpose was to "enhance and encourage prayer in our lives."

The program included the Mayor's Welcome by Mayor Rick Trejo, a rendering of "America the Beautiful" by the Warren High Vocal Ensemble under the direction of Bob Petersen, a "Prayer for Veterans" (presaging Veterans Day) by American Legion chaplain Chuck Eldridge, readings from the Old and New Testaments, respectively, by Soroptimist's Dorothy Pemberton and All American Home Center's Ray Brown, and a "Prayer for our City, State and Nation" by DUSD board president Willie Gutierrez. Ed Potter played various piano selections as an appetizer.

Drawing on the lesson of Pontius Pilate, Morrow exhorted those in positions of authority to act within a moral framework and reminded the audience that "It's no different now than it was then."

Oasis gets festive with holiday program

■ Two Guys & a Guitar will entertain Monday. Also, learn clever Thanksgiving dinner tips.

DOWNEY – The entertainment group Two Guys & a Guitar will perform this Monday at the Oasis program at Downey Adult School. The theme is “Fall into the Holidays.”

Musician Casey Brooks and funnyman Jim Allen Jackson are returning by popular demand.

An extra attraction at 3 p.m. will be the showing of a cable TV food demonstration. Originally filmed in 1991, Harriett Paine was a guest on “Downey Spotlight,” where she demonstrated how to prepare her “eat-the-turkey” centerpiece, pumpkin mince pie and do-ahead Thanksgiving dinner (see page 8). All the recipes from the show will be distributed.

Oasis registration starts at 2:45 p.m. and the official program begins at 4. A complete Thanksgiving dinner, prepared by Food Service staff Sunny Zermeno and Spruce Crogan, will be available after the program for only \$3.50. Dinner tickets must be purchased before 3:30 p.m.

All seniors are invited to attend the program. Downey Dial-a-Ride can provide transportation to those who qualify.

Library helps with holiday shopping

DOWNEY – The Downey City Library will be offering a free program, “Safe and Sane Holiday Shopping,” tomorrow from 10:30 a.m. to noon in the Cormack Room.

Librarian Nancy Munoz will show how to shop online, locate the products you need, and how to determine if Internet shopping sites are safe for your computer, your wallet and your peace of mind.

“This class will help you avoid the holiday traffic, shop online with confidence, and enjoy the gift-giving season,” Munoz said.

To register, call (562) 904-7360, ext.3.

Warren student finishes combat training

DOWNEY – Army Reserve Pvt. Alex Valdes, a student at Warren High School, has completed basic combat training at Fort Sill in Lawton, Okla.

During the nine weeks of training, Valdes studied the Army mission and received training in drill and ceremonies, Army history, core values and traditions, military courtesy, military justice, physical fitness, first aid, rifle marksmanship, weapons use, map reading, land navigation, foot marches, armed and unarmed combat, and more.

He is the son of Ramon and Maria Valdes of Downey.

Free food, music at Jiffy Lube

DOWNEY – As part of its Customer Appreciation Day, customers who visit the Downey Jiffy Lube on Firestone Boulevard on Nov. 24 will be treated to Baja-style tacos, soft drinks, balloons, and music from 104.3 MY-FM and 102.7 KIIS-FM.

Free tacos will be served from 11 a.m. to 3 p.m. (all paid guests and companions). 104.3 MY-FM will be on-site from 10 a.m. to noon, and 102.7 KIIS-FM will play music from noon to 1:30 p.m.

Jiffy Lube is at 7501 Firestone Blvd.



Casey Brooks and Jim Allen Jackson, also known as Two Guys & a Guitar, will perform this Monday for the Oasis program at Downey Adult School. Photo by Justin Jackson



Saul and Louise Toledo will celebrate their 67th wedding anniversary this Sunday. The couple have lived in Downey for 51 years and have three children, seven grandchildren and eight great-grandchildren, including baby Ava, above.

Preschoolers celebrate Thanksgiving

DOWNEY – Preschool children ages 3 to 5 are invited to celebrate the holiday season by attending a Thanksgiving storytime at the Downey City Library on Tuesday from 10:30 to 11 a.m. in the Cormack Room.

Children’s Librarian Gina Orello will present stories about giving thanks and traditional foods such as turkey and pumpkin pie.

For information, call (562) 904-7360, ext. 4.

Toy drive softball tourney this Sunday

DOWNEY – The Downey Police Officers Association is hosting a toy drive softball tournament this Sunday at Rio San Gabriel Park to collect toys for disadvantaged kids.

Six teams from the Downey, Whittier, Bell Gardens and Montebello Police Departments, Norwalk Sheriff’s Department and Downey Unified School District will play friendly, fast-paced games with a break for a barbecue lunch. The community is invited to the free tournament, where donations of new, unwrapped toys will be accepted.

Games start at 8 a.m. Rio San Gabriel Park is at 9612 Ardine St.

Clean-up, barbecue at Independence

DOWNEY – Keep Downey Beautiful, with the help of local community groups, will host a neighborhood clean-up and barbecue tomorrow at Independence Park.

The barbecue will take place from noon to 4 p.m., following the clean-up. The community is invited.

Holiday Lane Parade struts Dec. 2

DOWNEY – The Downey Chamber of Commerce has announced that the 56th Annual Holiday Parade will take place on Dec. 2 at 1:30 p.m.

“Every year our committee of hardworking members wonder if it will happen as we wish it to,” said Maria Larkin, parade chairman. “Then suddenly everything comes together as it should. And the miracle happens! The Downey Chamber of Commerce, producers of the parade, and Downey Regional Medical Center, major sponsor, are pleased to provide this event for the community.”

The parade begins at Lexington and Downey Avenues, continuing south on Downey Avenues to Third Street, where it turns left and then disbands near Downey City Hall. Trophies and awards are given during a ceremony in front of City Hall.

Other major sponsors include Financial Partners Credit Union, Santa Claus Sponsor; Washington Mutual Home Loan Center, Parade Marshal Sponsor; Paramount Auto Center, Characters Sponsor; and Andrews Rancho Del Norte, Luncheon Sponsor. In addition to these sponsors, over 25 businesses and citizens have donated funds for the event.

Stroke screening at country club

DOWNEY – Downey residents are invited to receive stroke and osteoporosis screenings this Wednesday at Los Amigos Country Club.

Appointments for the screenings, which will be performed by Life Line Screening, begin at 9 a.m.

Screenings involve the use of ultrasound technology and scan for potential health problems, including blocked arteries, which can result in strokes; aortic aneurysms, which can lead to a ruptured aorta; and hardening of the arteries in the legs, which are a strong predictor of heart disease.

For more information on the screenings, or to schedule an appointment, call (800) 697-9721.

‘Opportunity Awards’ for working women

DOWNEY – The Downey Soroptimist Club is now accepting applications for several \$750 “Women’s Opportunity Awards,” given annually to qualified women who are returning to school in order to better their job opportunities.

Candidates for the awards should be the head of the household and in the process of completing an undergraduate program or preparing to enter a vocational or technical training program. Applications will be screened for completeness, and qualified applicants will be interviewed.

All applications must be completed and postmarked by Nov. 22.

Application forms can be obtained from school counselors, at the Downey City Library, the Stonewood Center Office, or by calling Jean Brazelton at (562) 862-4768.

DHS 10-year reunion tomorrow

DOWNEY – The Downey High School class of 1997 will celebrate their 10-year reunion tomorrow at the Queen Mary in Long Beach.

The evening’s events begin at 6:30 p.m. For ticket information, contact Diane Christensen at dianechristensen1@yahoo.com or visit www.creativerunions.com.

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Bill Rademaker is an accomplished artist in addition to being skillful on the accordion, as seen in his above painting. He'll be featured Sunday night at Christ Lutheran Church as part of their Third Sunday Coffee House program. Photo courtesy Bill Rademaker

Talented musician to be featured at church

DOWNEY – On Sunday, the Third Sunday Coffee House at Christ Lutheran Church will feature praise team leader Bill Rademaker from 6 to 7:30 p.m.

Rademaker studied accordion with the Milton Mann Music School, later teaching at the school. He then taught at Universal Music in Downey. He has directed and played at functions throughout Southern California, performing at community events, senior centers, the Pomona County Fair, school events, church services, restaurants and wedding receptions. His favorite instruments are the accordion and the piano.

During the Third Sunday Coffee House, Rademaker will play from many genres, including tango, polka, Latin, show tunes, and popular songs from the American Song Book.

He is also an accomplished artist, graduating from California State University, Long Beach with a bachelor's of fine arts in illustration. His work has been displayed at the Lakewood Artists Guild's annual show for the past two years and will be showing his water colors and illustrations at the Third Sunday Coffee House.

The event is free and includes coffee and dessert.

Christ Lutheran Church is located at 7707 Florence Ave. in Downey.



Bill Rademaker

Local Mormons lend a helping hand

DOWNEY – During their semi-annual "Mormons Helping Hands" clean-up project, 53 volunteers from The Downey Stake of The Church of Jesus Christ of Latter-day Saints spent 80 hours cleaning the areas around Furman Park and Rio Hondo Golf Course, filling 225 bags with leaves and trash.

Downey First Ward members cleaned out under oleander bushes along the north wall of Furman Park, while members from the other three Downey wards and the Lynwood Samoans cleaned along the fences of the golf course. Numerous full-time missionaries laboring in Downey also lent a helping hand.

The project was coordinated by Lois Buchanan of the Downey Stake and Carol Rowland of the Keep Downey Beautiful Committee.

Another team of 10 from the Bell Ward of the Church filled 45 bags with trash from the railway right-of-way along Gage Avenue in Bell.

Chanukah presentation at Stonewood

DOWNEY – Stonewood Center will host a public Chanukah presentation by clergy and members of Temple Ner Tamid on Dec. 9 at 4:30 p.m. in the J.C. Penny court.

Chanukah is an eight-day Jewish celebration that commemorates the victory of faithful Jews against Syrian-Greek rulers who tried to destroy Jewish culture in 165 B.C.E.

Rabbi Len Muroff and Cantor Ellen Jaffe-Gill will explain the significance of Chanukah for Jews and describe some of its rituals. Members of the temple will then join the rabbi and cantor in lighting a "chanukiah," a candelabrum with nine branches, followed by the singing of holiday blessings and songs.

For information, call Temple Ner Tamid at (562) 861-9276, or email templeneramid1@juno.com.

St. Raymond's boutique needs donations

DOWNEY – St. Raymond's Church is seeking items to be donated to their annual Christmas Boutique, this year scheduled for Dec. 2 from 7:30 a.m. to 1 p.m.

To donate your homemade items that the church can use or sell, drop them off at the St. Raymond's Religious Education Office, Monday through Thursday between 8 a.m. and noon, on or before Nov. 20.

Raffle tickets are also available, with prizes including \$100, goodie baskets, a Game Boy, and more.

The community is invited to shop at the boutique.

Thanksgiving service unites churches

DOWNEY – Downey churches from different denominations will be joining together again this year for a Community Service of Thanksgiving.

Participating this year are Christ Lutheran, Downey First Baptist, Downey Memorial Christian, Downey United Methodist, First Presbyterian, Light & Life Christian Fellowship, Messiah Lutheran, Moravian Church of Downey, Our Lady of Perpetual Help, St. George Greek Orthodox, and St. Mark's Episcopal.

The service will take place this Monday at Christ Lutheran Church, 7707 Florence Ave., at 7 p.m. The community is invited to the service; a reception will be held immediately afterwards.

The offering will be donated to the Downey First Christian Church Food Bank.



The OLPH Women's Guild will host their Christmas luncheon Dec. 8 at the Rio Hondo Event Center. Pictured, left to right, are Lucy Guastella and Shirley Lawrence (luncheon chairpersons), Lou Ugliano (recording secretary) and Joyce Prokop (president).

OLPH Women's Guild Christmas lunch

DOWNEY – The OLPH Women's Guild will hold their Christmas luncheon, "Christmas around the World," Dec. 8 at the Rio Hondo Event Center.

Christine Pohlen will provide the music and every centerpiece will be raffled off.

Socializing begins at 10:30 a.m. and a buffet lunch, including champagne, coffee and tea, will be available at noon.

Reservations are \$30 and are due by Dec. 1. Send your check, payable to Catholic Women's Guild, to Polly Glenn, 7314 Cleargrove Dr., Downey, CA 90240.



St. Raymond fifth through eighth grade students pose in front of their art work as part of Mrs. Leyba's oil pastel art class. St. Raymond School began elective classes this year for fifth through eighth grade students, allowing students to pick their classes taught by teachers and volunteers. Photo by Berenice Leyba

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Reimbursement pact with IRG approved

■ Potential redevelopment still in its weaning stages.

BY HENRY VENERACION, STAFF WRITER

DOWNEY—The City Council Tuesday authorized the City Manager to enter into a Reimbursement Agreement with Industrial Realty Group (IRG) regarding professional services rendered in conjunction with Tierra Luna (Downey Studios) development.

IRG, the owner of Downey Studios comprising approximately 80 acres, 20 acres of which is ground leased from the city, is seeking to change the use of the studios and develop the property as a mixed-used project that will include commercial, office and residential uses.

The process of conversion and development of this property will entail a number of land use approvals, including amendments to the City of Downey General Plan, to the Downey Landing Specific Plan, and a tentative tract map.

In addition, the city must complete a number of studies including an Environmental Impact Report (EIR) and review remediation requirements. It is projected that these will require an inordinate amount of staff time and outside expertise. The reimbursement agreement calls for IRG to reimburse the city for all consultants' expenses including, but not limited to, a planning consultant, an EIR consultant, an economic consultant, and an environmental consultant.

The agreement also reimburses the city for all legal fees and staff time, specifically the city's Economic Development Director's time spent on the project. Total estimated amount for all consultants' services is just slightly in excess of \$1 million.

Lennie Whittington cautioned the Council, in dealing with IRG, to make sure to avoid any possibility of conflict of interest (Councilman Kirk Cartozian works in the real estate industry). Harold Tseklenis, for his part, strongly reminded the Council to honor their prior announced commitment to make sure any future development should include "high-valued" jobs (vs. merely clerical and menial employments).

In other action, the Council:

- Authorized the Chief of Police to enter into a Joint User Agreement with nine neighboring cities for use of the Area "E" Mobile Command Post, a state-of-the-art vehicle allowing their respective enforcement officials to establish radio communications with one another, and provide an area for incident commanders to develop strategies to effectively deal with "emergency situations of sustained length"; the Whittier Police Department has agreed to be responsible for housing the vehicle, as well as for its maintenance and registration;

- Approved the Holiday Lane Parade permit for the Downey Chamber of Commerce for Sunday, Dec. 2, the parade to begin at 1:30 p.m., starting at Lexington Road, proceeding along Downey Ave., and ending at City Hall, on Third Street and Brookshire Avenue;

- Approved the amendment to Resolution No. 07-7019 to modify existing peak hour parking prohibitions, rescinding the 3 p.m. to 6 p.m. parking restrictions on both sides of Paramount Boulevard between Gardendale Street and Stewart & Gray Road, while also rescinding the parking prohibitions between 6 a.m. and 9 a.m., and again from 3 p.m. to 6 p.m., on the west side of Paramount between Quill Drive and Imperial Highway; the two-hour parking restriction along the same stretch will, however, remain in effect;

- Adopted a resolution approving the amended Joint Exercise of Powers Agreement of the Gateway Cities Council of Governments, whose most significant change entails the increase in representation by the County Board of Supervisors from one seat to three seats, while total Board of Directors membership would increase from the current 29 to 31 seats; the change will allow for all three supervisors whose districts include parts of the Gateway Cities region to participate on the board of directors; and

- Approved the mailing of the Treasure Island Park Improvement Survey to Treasure Island residents.

The next regular public meeting of the City Council will be held at 7:30 p.m. on Nov. 27 at City Hall, 11111 Brookshire Ave., Downey.



Mariah Montero (left), a student at Rio Hondo Elementary School, recently received a \$500 Stauffer Scholar Award from Dr. Mary Stauffer to go towards her college education. Montero is an honors student, competitive swimmer for the Downey Dolphins, an accomplished piano, guitar and chess player, volunteers with Keep Downey Beautiful, and is a junior aide for Girl Scout Troop 1109.

TLC Family Resource Center gains recognition

DOWNEY – The Downey Unified School District will be honored at the 28th Annual Golden Bell Awards program of the California School Boards Association on Dec. 1.

The True Lasting Connection (TLC) Family Resource Center, a school-site program sponsored by DUSD that assists families and children with educational and health needs, won the award under the Collaboration category, for their partnership and collaboration with numerous agencies and businesses throughout the community.

The center is under the direction of Robert Jagielski, director of pupil services, and Luz Perez, TLC coordinator.

The award will be presented at a ceremony during CSBA's Award Luncheon at the San Diego Marriott Hotel & Marina from 11:45 a.m. to 1:15 p.m.

Film sheds light on Japanese-Jew link

DOWNEY – Temple Ner Tamid's Ezra Center for Mature Adults will have their next meeting on Tuesday, featuring "Chiune Sugihara – Conspiracy of Kindness."

In the face of the Nazi onslaught, Japanese diplomat Chiune Sugihara made a decision to use his diplomatic power to rescue Jewish refugees stranded in Lithuania. The film chronicles the little-known relationship between the Japanese and the Jews in the 1930's and 40's.

The community is invited to view the new film made possible through access to his family's home movies, photos and papers.

Registration starts at 9:45 a.m., followed by the program at 10. A kosher lunch will be available for \$6 for Ezra members and \$7 for non-members.

For more information, call Miriam Brookfield at (562) 943-3170.

The Poets' Corner

Thanksgiving Day

On each Thanksgiving Day,
The turkey's being carved.
And you'll hear someone say:
"Come on, let's eat. I'm starved!"

Aromas oh so sweet -
They start to fill the air.
And we all take a seat,
It's time to say a prayer.

On Thursday, ev'ry year,
Five minutes are reserved.
When everyone is here,
Before the meal is served.

"Hold hands and bow your head,"
You'll hear somebody say!
Some words of thanks are said,
For it's Thanksgiving Day!

Thanksgiving sets the mood,
We're thankful to be here.
We thank God for the food,
One Thursday of the year.

Five minutes, and we feel
So thankful while we pray,
We should do this each meal -
Not just Thanksgiving Day!

Before we leave today,
Before we must depart,
Let's vow to make each day
Thanksgiving, in our heart!
--Bill Milburn,
Downey

What Autumn Glory?

It's well and good for all to speak of Autumn
to glory in the changing leaves
to watch them fall and blanket fields
in crazy quilts of red and gold

As for me, I, too, think they're swell
I love Dame Nature and all that make 'em
but don't extol their virtue
to that sweating guy who has to rake 'em
--Rosalie Sciortino,
Downey

'Night at the Races' benefits hospital

DOWNEY – The San Antonio Guild of Children's Hospital Los Angeles is hosting their annual "Night at the Races" tomorrow at 6:30 p.m. at the Los Alamitos Race Track.

The evening will include dinner and a live auction. All proceeds will benefit the hospital, which serves over 1,100 Downey children a year.

To purchase tickets, or for information, call (562) 928-4303, or (562) 861-2429.

Community invited to 'jam' Nov. 27

DOWNEY – The City of Downey Parks and Recreation Folk Music Jam will be held on Nov. 27 at the Barbara J. Riley Community & Senior Center at 6:30 p.m.

Everyone ages 16 to 106 are invited to attend. Participants will have the opportunity to share a variety of traditional music in a community environment. All styles and levels of playing are welcome.

There will not be a Folk Music Jam for the month of December due to the holidays, but the program will resume in January.

For information, call (562) 904-7226.

Community Center's holiday line-up

DOWNEY – The following holiday events will be taking place at the Barbara J. Riley Community & Senior Center:

- A Holiday Boutique with local crafters selling hand-made crafts will be held tomorrow from 9 a.m. to 3 p.m. Admission is free.

- A free Alzheimer's Awareness workshop and movie screening will be held on Monday from 8:30 a.m. to noon. Refreshments will be served and the movie, "Away From Her," will be showing from 9 to 11 a.m.

Following the movie, a speaker from the Alzheimer's Association will provide a one-hour workshop on the disease.

- The Annual Downey Holiday Home Decorating Contest is currently accepting entries through Dec. 6. There are several categories to enter and trophies will be given to top winners in each category.

- The City of Downey Licensed Childcare Program will be offering winter-break daycare from Dec. 21 to Jan. 4 for all school-aged youth in kindergarten through eighth grades. Open registration begins Nov. 12 at four childcare sites, including Gallatin Elementary, Rio San Gabriel Elementary, Rio Hondo Elementary, and Imperial Elementary. Cost is \$100 per child per week. Fee includes snacks, mid-week excursion and transportation, and all-day care from 6:30 a.m. to 6 p.m.

For information on any of these events, call (562) 904-7227.

City of Downey offers winter camps

DOWNEY – The City of Downey Community Services Department will be offering two winter camps from Dec. 26 to 28, and Dec. 31 to Jan. 4 at Wilderness Park for youth ages 6 to 14 and "Camp for Champs" for ages 6 to 18.

Cost is \$80 a week and \$75 for an additional child from the same family. Weekly fees include supervision, lunch and beverage, daily snack, and a weekly excursion, which will be to Krikorian Theatres the first week and the Long Beach Aquarium the second week. Camp hours are from 9:30 a.m. to 3:30 p.m. and extended care is available from 7 to 9:30 a.m., and 3:30 to 6 p.m. Extended care costs \$35 a week and \$30 for a second family member.

The camp will give youth an opportunity to make new friends and participate in holiday crafts, activities and weekly excursions.

"Camp for Champs" is a comprehensive camp for youth who have permanent physical and mental disabilities that limit their mobility and inhibit their participation in able-bodied programs. The youth represent a wide variety of diagnoses, including spina bifida, autism, down syndrome and other disabilities.

Registration begins on Nov. 19 at the Community Services Department, 11111 Brookshire Ave. For information, call (562) 904-7238.

FUN ACTIVITIES FOR EVERYONE

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Weight room, Fitlinxx, Group Exercise, Swimming
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happier you!

Downey Family YMCA

11531 Downey Ave, Downey, CA 90241

562-862-4201

Be a guest at the YMCA by bring this ad!

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YMCA**

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Grumpy Bear

By Eric Pierce

Journalists, by nature, like to complain. We're not much different from most people, I suppose. The only difference is we have an outlet.

Last week, advertising sales person/journalist Mary Forney (we multi-task here) wrote a genial piece on her attempts and failures to buy a cell phone from the mall. (Stories about middle-age people trying to buy electronics are funny!)

A few weeks before that, my column focused on a wayward bailiff at Downey Superior Court. (The Sheriff's Department subsequently offered an apology.)

Indeed, our "Letters to the Editor" are usually filled with gripes on one matter or another, as are local City Council meetings.

But hey, it's our freedom to carp and whine that makes this country great.

On that note, I want to complain some more. And I invite you all to take pen to paper (or fingers to keyboard) and grumble about something yourselves. I promise to print your grumpy responses.

1.) My No. 1 complaint is I don't like that I need to assess my checking account before making a doctor's appointment. If a person is hurting and needs medical attention, he/she should have access to it without the burden of a \$5,000 bill afterwards. WebMD just isn't cutting it anymore.

2.) I don't understand the premise of an inmate being released early on "good behavior." What does that mean exactly, "good behavior"? That he didn't kill his cellmate? He didn't hurl his lunch tray at the prison guards? Hooray for them! Give them an extra slice of meat loaf and keep them locked up.

3.) I don't like Starbucks employees being so cheery in the morning. It's 5 a.m. for goodness sakes.

4.) Just because your car cost more than a house, that's no excuse to take up two parking spots, buddy.

5.) Back to Starbucks. What's wrong with "small, medium and large"? It's not like they're headquartered in Italy; they're based out of Seattle.

6.) Shouldn't half a salad cost half the price?

7.) Congratulations, you're a Teamster. We get it.

8.) I hate people who constantly criticize and complain; people like that bring me down...

Happy Thanksgiving.

Letters to the Editor:

Thank you, Mr. President

Dear Editor:

I was thrilled and overjoyed to see Tim Smick's letter in your newspaper ("A War Worth Fighting," 11/9/07).

Finally, someone who supports President Bush, his amazing courage and ability to lead our country. And for that, we should all be grateful.

Of course, it is somewhat difficult to determine what to thank President Bush for first. How about for ignoring an August 2001 briefing which was titled, "Bin Laden Determined to Strike in U.S." and permitting terrorist attacks to occur? No. How about for numerous deceptions and lies concerning weapons of mass destruction in Iraq? Nope, that's not it.

Wait, I've got one. How about for operating an illegal wiretapping program that intrudes on the privacy rights of American citizens? Alright, maybe not. Let's see...how about for participating in the outing of a covert CIA agent to retaliate at her husband for criticizing his lies? Nope, let's try again. How about for flagrantly ignoring the Geneva Convention and authorizing torture? That's not it. Let me think...how about for reckless indifference to human life during the aftermath of Hurricane Katrina? You don't think so? Come on, I know there has to be something.

How about for assuming the presidency in 2001 despite having lost the 2000 election? How about for running a dirty smear campaign in 2004 that profited from 9/11? How about his unprecedented claims of unchecked executive power? His various lies to the media and disenfranchisement of the Press Corps? His removal of the U.S. from the Kyoto Protocol, the germ warfare protocol, the Test Ban Treaty, the land mine treaty and the International Criminal Court? No? How about his censorship of NASA scientists of his lies about stem cell research? I guess not. How about his destruction of the environment by eliminating EPA regulations?

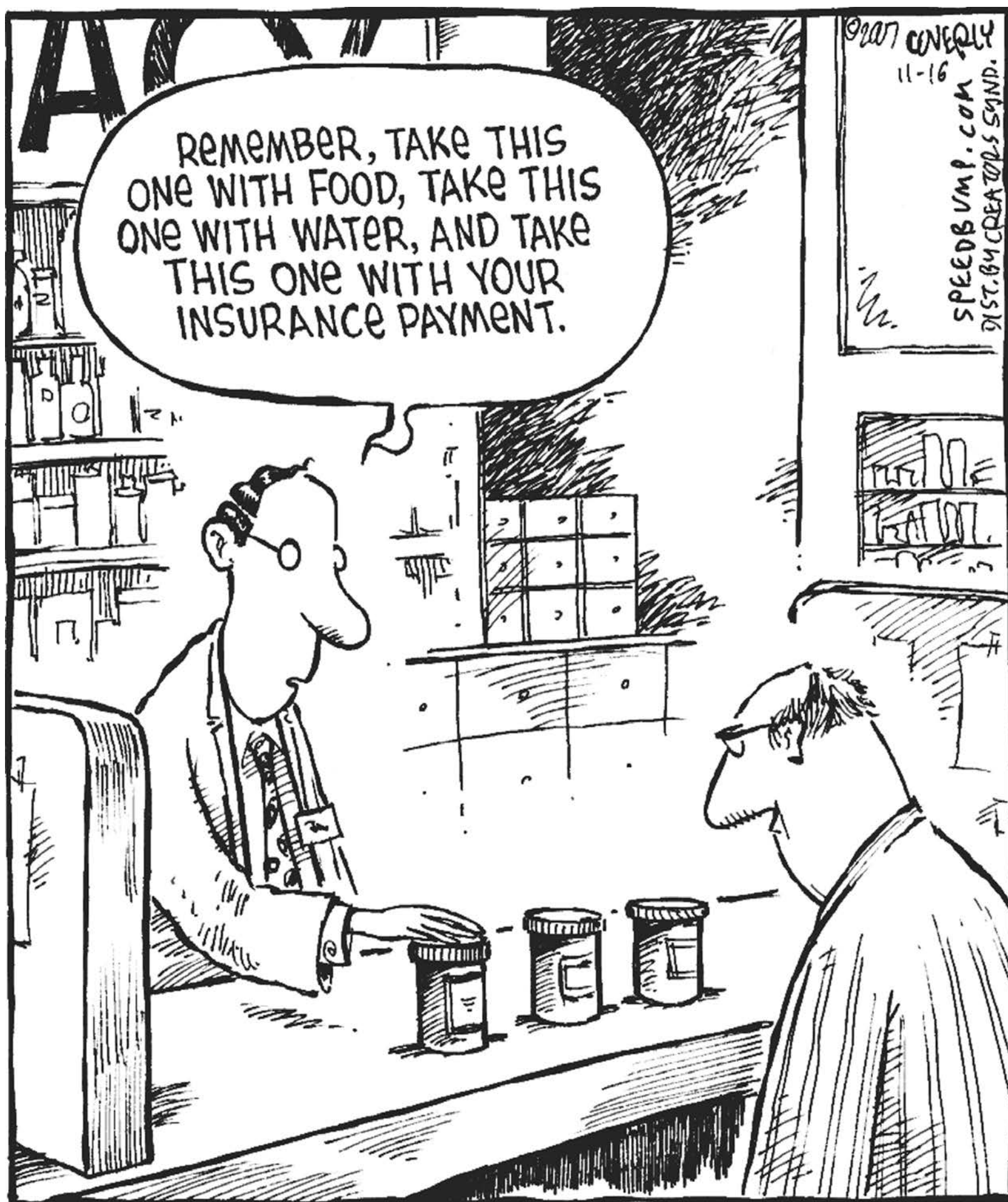
I know the president must have something to be proud of.

How about his "service" in the "Champagne Unit" of the Texas Air National Guard? (That is, before he went AWOL). No? How about his 1978 DUI arrest? His alcoholism? His cocaine use? No? (Well, at least he didn't "flaunt" it).

Wow, what can we thank him for first? Lies, hypocrisy, unethical behavior and numerous impeachable offenses, that's what.

—Julian E. Gutierrez,
Downey

Letters to the editor may be submitted by writing to *The Downey Patriot*, 11525 Downey Ave., Suite A, Downey CA 90241 or by e-mail to downeypatriot@yahoo.com. Letters may be edited for style and/or content. Letters must include a full name and address for verification.



Letters to the Editor:

Money best spent elsewhere

Dear Editor:

In response to "A War Worth Fighting" (*The Downey Patriot*, 11/09/07), I would remind the writer that the U.S.A. invaded Iraq because we were told they had weapons of mass destruction. I wonder what the U.S. would have said if China or Russia, for example, had invaded Iraq for the same reason. Would we have said, "That is not for you to do"? But because the U.S.A. is the "most powerful nation on Earth," it is our job?

Meanwhile, our banking industry looks like a train wreck and it takes the whole family to work just to get by and our trade deficit with Chinese lead-laden products is at a record high. Sadly, since the events of 9/11, there have been 250,000 murders on our U.S. streets and I have not heard one single candidate even bring this up as an issue. Hopefully somebody with brains, a knowledge of world history, intellect, and courage will emerge. Unfortunately, I do not see anybody (Republican or Democrat) that will fill this need. While I do not underestimate terrorists' threats, spending a trillion dollars in overseas wars is not an effective defense. Being strong at home and enforcing our immigration policies would, in my opinion, be more appropriate.

I might also add that millions of our U.S. citizens have no health care provisions, so I would suggest that our disastrous health care system be funded by the money we are spending at the Pentagon.

—Colin Clarke,
Downey

Congrats to Jackie

Dear Editor:

Congratulations to *The Downey Patriot's* former intern, Jacqueline Mejia, who is attending the University of Missouri and studying journalism and writing articles for the Patriot.

We have enjoyed her recent contributions to the Patriot and are watching the Mizzou Tigers move up to No. 5 in the top 25 college team ratings.

—Richard and Jimmie Renner,
Downey

Congresswoman fights for new equipment

WASHINGTON, D.C. — Congresswoman Lucille Roybal-Allard (CA-34) and Congressman George Miller (CA-7) recently welcomed a final rule by the U.S. Department of Labor to require employers to pay for personal protective equipment for workers, questioning why it took so long for the Department to act.

"This OSHA rule requiring employer payment for personal protective equipment is long overdue and essential to workers," said Roybal-Allard. "Although I am pleased that the Department has finally released the rule, it is tragic that so many workers — many of whom are low-income or immigrant workers in dangerous jobs — have been injured or killed while the Department of Labor stalled on issuing this critical rule."

Roybal-Allard and Miller introduced legislation in March to force the Labor Department to issue a final Occupational Safety and Health Administration standard requiring employers to cover costs for workers, personal protective equipment, such as respirators, chemical resistant clothing, metal mesh gloves, lifelines and lanyards, safety glasses, face shields, and other basic safety equipment needed to keep workers safe on the job. The Department has delayed issuing the new standard since it was first proposed in 1999. The final regulation, which was issued yesterday, will take effect in six months.

Numbers don't lie

Dear Editor:

What's wrong with this picture? One the front page of the Nov. 9 edition of the Patriot was a one-line mention: "Charter Ball raises \$125 — See page 10." There were three photos of some of the attendees at the 32nd year affair to raise money for the Downey Regional Medical Center's (DRMC) operations. One line mentioned that "More than 700 guests attended, with net proceeds estimated at \$125,000." Note the Charter Ball was held at the Hyatt Regency Orange County. Additionally, the event featured dining, dancing, and a performance by the World Classic Rockers.

The devil is in the details. So let's look at the picture and details. In previous years, like articles have been published in local newspapers stating the "net proceeds estimated" in numbers similar to this year's claim. The Downey Regional Medical Center has had opportunity to publish the actual facts of its Charter Ball "net income."

Looking only at the last three income tax returns of the Downey Regional Medical Center, we will see the actual "net proceeds, not estimated" for the years ending on June 30 of 2004, 2005 and 2006:

2004 Charter Ball: Direct Expenses: \$251,292; Gross Revenue: \$110,212; Net Income: minus \$141,080.

2005 Charter Ball: Direct Expenses: \$218,054; Gross Revenue: \$99,326; Net Income: minus \$118,728.

2006 Charter Ball: Direct Expenses: \$234,151; Gross Revenue: \$110,890; Net Income: minus \$123,261.

This adds up to a total "net income" of minus \$383,069 for the three years that were to be used for charitable activities/programs of DRMC.

With the 2007 Charter Ball's actual net, those numbers will not be available until the year ending tax reports until well into the year 2009 due to DRMC filing reports six months after the closing date of November 1 because DRMC requests, as usual, two 90-day extensions, as noted in each year for well over a decade and more. That said, the best indicator of the future performance are past performances.

—Donn C. Irving,
Downey

A fitting tribute

Dear Editor:

It was with great joy to read Henry Veneracion's article about the well-deserved honor bestowed upon Margo Hoffer with the naming of the Margo Hoffer Hall at Downey High School ("Margo Hoffer Hall Dedicated at DHS," 11/9/07). Downey Unified did it right!

Margo believed in California's educational system, and this honor wasn't based on political or monetary contributions of a few wealthy people, but rather on recognizing the dedicated service and caring of a unique and special individual — Margo Hoffer.

My husband Bill and I had the great pleasure to be members of the Downey Tennis Club in the 1960s when Margo and her husband, Mark, were tennis enthusiasts, and we had standing weekly tennis dates. When Margo became pregnant with daughter and her tennis time became less of a priority, she became involved in other worthy organizations. Later, with her family in school, her loving concern and interests were directed toward the finest education possible for all children in Downey.

Though we haven't seen one another in years, my congratulations go to Margo for receiving this honor, and those of us who know her will smile lovingly as we journey on Firestone Boulevard and glance over to see her name on the new campus building.

—Myrt Buell,
Downey

The Downey Patriot



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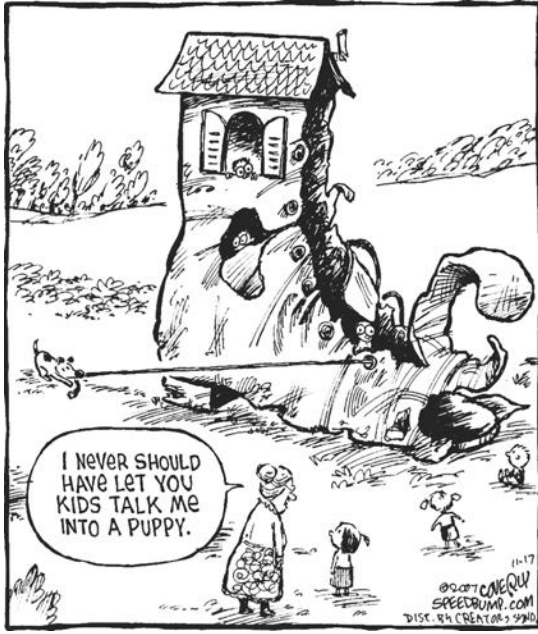
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SPEED BUMP



DAVE COVERLY



Downey Community Calendar

Events For November

- Fri. Nov. 16: "Light of Love," Downey Zrelak Family Mortuary, 7 p.m.
- Sat. Nov. 17: "Night at the Races," Los Alamitos Race Track, 6:30 p.m.
- Sun. Nov. 18: Toy Drive Softball Tournament, Rio San Gabriel Park, 8 a.m.
- Mon. Nov. 19: "Two Guys & a Guitar," Downey Adult School, 3 p.m.
- Tues. Nov. 20: Thanksgiving Storytime, Downey City Library, 10:30 a.m.

City Meetings

- 1st Tuesdays, 6:15 p.m.: Redevelopment Project Area Committee, Cormack Meeting Room at Downey Library.
- 1st & 3rd Wednesday, 7:30 p.m.: Planning Commission, Council Chamber at City Hall.
- 1st Tuesday, 4:00 p.m.: Recreation and Community Services Commission, Council Chamber, City Hall.
- 1st Thursday, 9 a.m.: Traffic Committee, Training Room, Second Floor of City Hall.
- 2nd & 4th Tuesday, 7:30 p.m.: City Council/Community Development Commission, Council Chamber.
- 2nd & 4th Wednesday, 6 p.m.: Design Review Board, Council Chamber at City Hall.
- 3rd Thursday, 3:30 p.m.: Parking Place Commission, Second Floor Training Room at City Hall

Regularly Scheduled Meetings

Mondays

- 6:30 p.m.: Metropolitan Masonic Lodge #352 dinner, mtg., for information call 426-6786.
- 6:30 p.m.: Overeaters Anonymous, at Downey Regional Med. Center Conf. Room A, for info. call 426-6786.
- 1st Mon., 4 p.m.: 2nd Century Foundation, at City Hall, 1st floor, call 927-9790.
- 2nd Mon., 11 a.m.: American Legion Auxiliary #270, at United Methodist Church, for info. call 923-2481.
- 2nd Mon., 3 p.m.: Keep Downey Beautiful, at City Hall, for more information call 904-7159.
- 3rd Mon., 7 p.m.: American Legion Post 270, Los Amigos Country Club, call 869-1053.
- 4th Mon., 7:30 p.m.: Downey Numismatists, at Downey Retirement Center, call 862-6666.

Tuesdays

- 9 a.m.: Downey Bocce Club, at Apollo Park, for information call Vince Zoida at (714) 761-4439.
- 9:30 a.m.: Downey Seniors Club, at Apollo Park, for information call Nadine Morris at 923-9422.
- 9:30 a.m.: Adventure with the Bible, at the First Baptist Church call 928-4153.
- 12 p.m.: Rotary Club, at Rio Hondo, for information call Darren Dunaway at 806-5400.
- 12 p.m.: Exchange Club of Downey, at Sizzler, for information call Don Hollister at 927-5871.
- 6:00 p.m.: Toastmasters Club 587, at First Baptist Church, for info call 928-2658.
- 7 p.m.: Boy Scout Troop 2, at Downey United Methodist Church, for information call 869-6478.
- 7 p.m.: Boy Scout Troop 441, at Apollo Park Activities Room, for information call 923-3659.
- 7:30 p.m.: Southland Harmony Chorus of Sweet Adelines, at Downey's Woman's Club, for information call 947-6802.
- 2nd and 4th Tues., 7:30 a.m.: Chamber "Rise&Shine" Networkers, at Nordic Fox, call (562) 923-2191.
- 2nd and 4th Tues., 6 p.m.: Sertoma Club, at Bakers Square, for information call (562) 927-6438.
- 2nd Tues., 7 p.m.: Downey Fly Fishers, at Apollo Park, for information call 943-3904.
- 3rd Tues., 7:30 p.m.: Writer's Workshop West, at at Downey High School library, for info call 862-3106.
- Last Tues., 11:00 a.m.: Los Companeros Service Club, at Los Amigos Country Club, for info call 863-1549.

Wednesdays

- 7 a.m.: Kiwanis Club, at Rio Hondo Events Center. Call Steve Roberson at 927-2626.
- 1 p.m.: Women's Bocce Club, for information call 869-8782.
- 1st Weds., 10 a.m.: Woman's Club of Downey, for information call Barbara Briley-Beard 869-7618.
- 1st Weds., 11:30 a.m.: Downey Coordinating Council, at Community Center, for information call 923-4357.
- 1st Weds., 7:30 p.m.: Downey Stamp Club, at Maude Price School cafeteria, for information call 928-3028.
- 1st Weds., 7:30 p.m.: Downey Emblem Club #309, at Downey's Elks Lodge, for information call 868-4386.
- 2nd Weds., 7:30 p.m.: Downey Model A Club, at Gallatin School Cafeteria, for information call 928-4132.
- 2nd Weds., 7:30 p.m.: Downey Sister Cities Ass'n, at Maude Price School, Call 862-7197.
- 2nd Weds., 11:45 a.m. - Downey Christian Women's Club, at Los Amigos CC, Call 927-8488.
- 2nd & 4th Weds., 11:00 a.m. - AARP, at Barbara J. Riley CC, Call Lorene Frazier 861-6075.
- 3rd Weds., - Downey Dog Obedience Club Apollo Park.
- 3rd Weds., 6 p.m. - American Business Women's Association, Rio Hondo Country Club, Call Barbara Carlson 863-2192.
- 4th Weds., 12:00 noon: Retired Federal Employees, at Furman Park West Bldg., call 943-5513.
- Wed. & Fri., 10:15 a.m.: Senior Bingo, at Apollo Park, for information call 904-7223.

Thursdays

- 7:30 a.m.: Soroptimist Int'l of Downey, for information, call Pat Heineke, 904-3534.
- 7:30 a.m.: Connections Networking, at Nordic Fox 10924 Paramount, for information call 869-1414.
- 12 p.m.: Kiwanis Club of Downey, at Rio Hondo Events Center, call Roy Jimenez 923-0971.
- 12 p.m.: Downey Christian Businessmen's Committee, for information call 928-4153.
- 12 p.m.: Optimist Club of Downey, at Sambi's, for information call Steve Allen at 622-7655.
- 12:30 p.m.: Take off Pounds Sensibly, at First Christian Church, call (800) 932-8677.
- 6:30 p.m.: Downey United Masonic Lodge # 220, 8244 3rd St., Call 862-4176.
- 7 p.m.: Troop 351, Boy Scouts of America, at First Baptist Church, for information call 776-3388.
- 4th Thurs., 7:30 p.m.: Downey Historical Society programs, at Community Center. Call 862-2777.
- 2nd Thurs., 7:30 p.m.: Beaming Rebel Foxes Collectors Club, for more information call Carl D. Jones at 923-2400.

Fridays

- 7:30 a.m.: Pro Networkers, at Mimi's Cafe, for information call Barbara Briley Beard at 869-7618
- 3rd Fri., 8:30 a.m.: Women's "In His Glory" Ministry at Los Amigos C. C. (562) 622-3785.

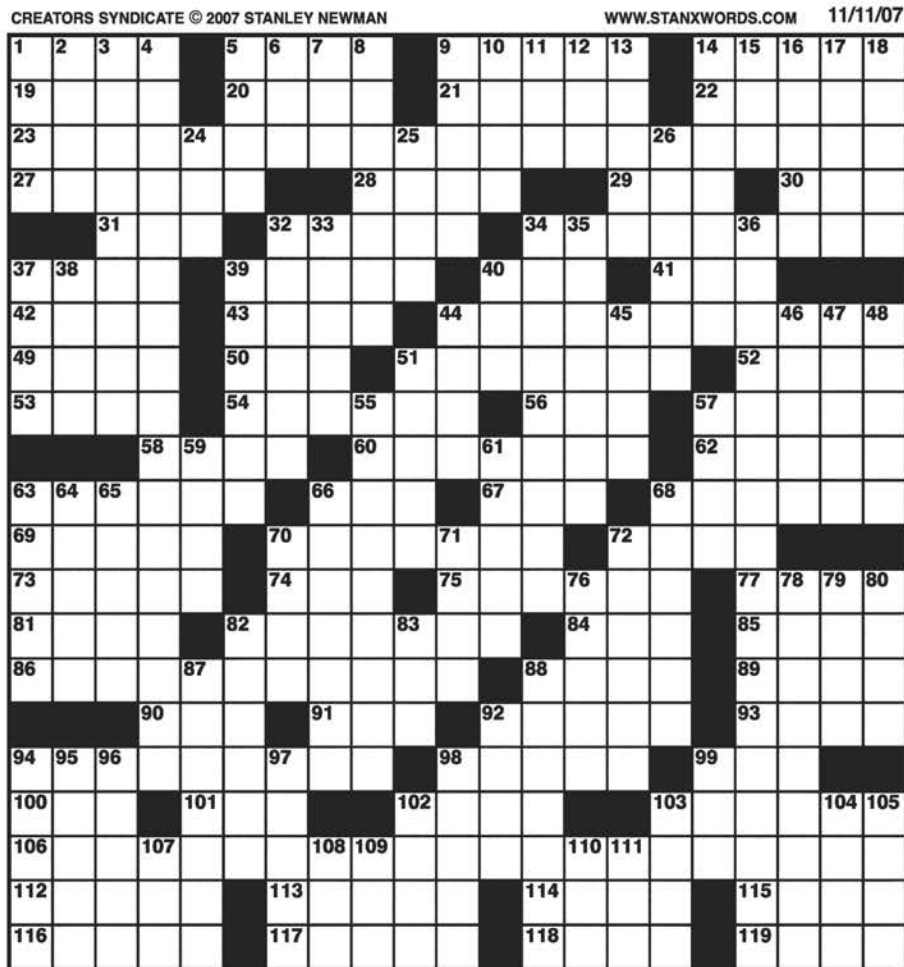
On This Day...

- Nov. 16, 1959: "The Sound of Music," the beloved Rodgers and Hammerstein musical, opens on Broadway.
- 1960: Academy Award-winning actor Clark Gable dies.
- 1973: President Richard Nixon authorizes construction of the Alaskan Pipeline.
- 1982: Negotiators announce a deal in the strike by NFL players.
- 2001: Congress passes a bill that requires all airport screeners to be federal employees.
- 2001: A letter addressed to Sen. Patrick Leahy tests positive for anthrax.
- 2004: President George W. Bush picks Condoleezza Rice to succeed Colin Powell as Secretary of State.

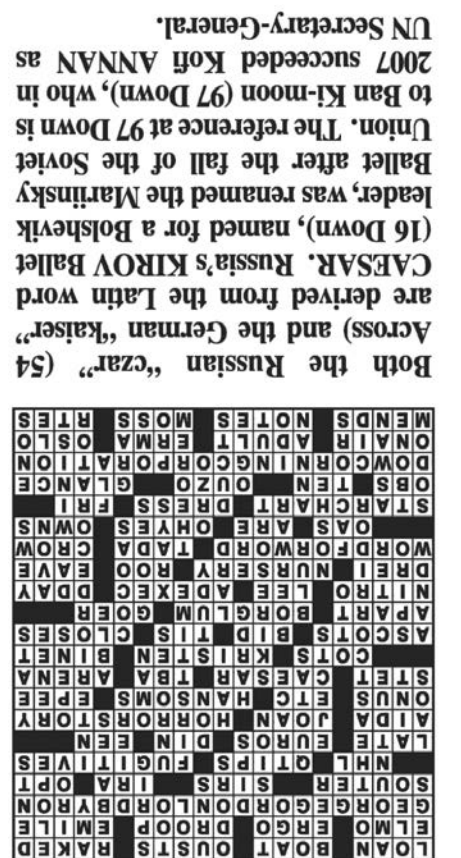
THE NEWSDAY CROSSWORD

Edited by Stanley Newman (www.StanXwords.com)
CHOICE TRIOS: Six answers with hidden triplets
 by S.N.

- ACROSS
- 1 Something to repay
- 5 Watercraft
- 9 Removes from office
- 14 ___ it in (was prosperous)
- 19 Blondie kid
- 20 Therefore
- 21 Give in to gravity
- 22 South Pacific hero
- 23 "She Walks in Beauty" poet
- 27 Justice since 1990
- 28 Letter starter
- 29 Type of svgs. plan
- 30 Choose, with "for"
- 31 Panthers' and Penguins' org.
- 32 Ear cleaners
- 34 Ones on the run
- 37 Behind schedule
- 39 Lisbon loot
- 40 Cacophony
- 41 Poetic dusk
- 42 Verdi opera
- 43 Artist Miró
- 44 Distressing experience
- 49 Heavy burden
- 50 List shortener
- 51 Horse-drawn carriages
- 52 Blunted blade
- 53 Copy editor's notation
- 54 Word in the etymology of "czar"
- 56 Unfilled-slot abbr.
- 57 Battleground
- 58 Bivouac setups
- 60 Bell of Veronica Mars
- 62 Intelligence-test pioneer
- 63 Wide neckwear
- 66 Auction offer
- 67 McCourt book
- 68 Completes, as a home sale
- 69 Besides, with "from"
- 70 Mount Rushmore sculptor
- 72 Attendee
- 73 Volatile liquid
- 74 Brokeback Mountain director
- 75 Madison Avenue VIP
- 77 6/6/44
- 81 Teutonic trio
- 82 Where crib sheets are used
- 84 Friend of Tigger
- 85 Roof overhang
- 86 Verbatim
- 88 "There you are!"
- 89 Meal for the humbled
- 90 Western treaty org.
- 91 Exist
- 92 Emphatic assent
- 93 Just bought
- 94 Constellation illustration
- 98 Raiment
- 99 Thanksgiving follower: Abbr.
- 100 Delivery docs
- 101 Toe total
- 102 Anisette relative
- 103 Quick look
- 106 Major silicone manufacturer
- 112 Radio-studio sign
- 113 Of age
- 114 Writer Bombeck
- 115 Cold capital
- 116 Returns to health
- 117 Explanatory material
- 118 Forest growth
- 119 Numbered hwy's.
- DOWN
- 1 Staying power, so to speak
- 2 Butterlike spread
- 3 Invoice phrase
- 4 Boston-to-DC region
- 5 Ballpark vendor's offering
- 6 www.redcross. ___
- 7 In the past
- 8 Twisting
- 9 Olfactory offenses
- 10 Samovars
- 11 Fa follower
- 12 As well
- 13 Floral ornament
- 14 Cash-back deals
- 15 Author Tan
- 16 Russian ballet troupe's ex-name
- 17 Run off for romance
- 18 Sinks into
- 24 Glue, for example
- 25 Party dishfuls
- 26 Salon machines
- 32 Numerical goals
- 33 Faint amount
- 34 Debut
- 35 Prepares to shower
- 36 Home design expert
- 37 Vietnam neighbor "___ Misbehavin'"
- 38 ___ Misbehavin'"
- 39 Retrieves a DVD
- 40 Spanish sir
- 44 Mata ___
- 45 Land on the Arabian Sea
- 46 Makes accessible
- 47 Actress Zellweger
- 48 Irish literature Nobelist
- 51 "Go" starts with it
- 55 Sun Valley, e.g.
- 57 Qualified
- 59 Simpsons bus driver
- 61 Major in
- 63 Rival of Hires and Barq's
- 64 Word form for "coil"
- 65 Indulge, with "to"
- 66 Where Churchill was a POW
- 68 Hot drinks
- 70 Something poorly seen
- 71 Frying medium
- 72 Crystal-lined stones
- 76 Roentgen specialty
- 78 Evolution believer
- 79 Stratford-upon-
- 80 Cone-bearing trees
- 82 Snack lover
- 83 Palindromic preposition
- 87 Contributing causes
- 88 Math proof
- 92 Rice-shaped pasta
- 94 Genesis city
- 95 Porterhouse feature
- 96 City on the Nile
- 97 Ban's predecessor
- 98 Air passages
- 99 Ft. Myers' locale
- 102 Gawk at
- 103 Mardi ___
- 104 "Mona Lisa" singer
- 105 Nephew of Cain
- 107 El ___ (Spanish hero)
- 108 Oath affirmation
- 109 Hard fruit
- 110 Debate side
- 111 Meditation syllables



You can contact puzzle editor Stanley Newman at his e-mail address: StanXwords@aol.com. Or write him at P.O. Box 69, Massapequa Park, NY 11762, Please send a self-addressed, stamped envelope if you'd like a reply.



Hospital announces new VPs: Conwell, Stein

DOWNEY – Heather Conwell, RN, has been named Vice President and Chief Nursing Officer, Downey Regional Medical Center President and CEO Ken Strople announced this week.

As Vice President and Chief Nursing Officer, Conwell is responsible for overseeing the operations of the hospital's nursing staff. She has been with the DRMC since 1982, initially working as an emergency room RN.

Conwell also serves as a director with Downey Federal Credit Union and as chair of the Memorial Trust Foundation's 12:15 Club.

She earned her RN from the Los Angeles County School of Nursing and MSN from Cal State Long Beach. She also earned a B.A. from UCLA in 1971.

Strople also named Bill Stein as Vice President, Ancillary Operations, at DRMC. In his new role, Stein is responsible for overseeing day-to-day operations of the hospital's ancillary/support departments and providing direction and leadership to physicians, staff and employees.

Stein has more than 24 years of experience managing various clinical and non-clinical departments in for-profit, non-profit and teaching hospitals, Strople said.

Stein served for many years on the Southeast Los Angeles Workforce Board, representing the city of Downey. He also represents DRMC by serving on committees of the hospital's group purchasing organization.

Stein earned a degree in Pharmacy from the University of Arizona.



Heather Conwell



Bill Stein

Carmichael sees both sides of same coin

By HENRY VENERACION, STAFF WRITER

Although Stan Carmichael grew up in Grass Valley, up north in the Gold Country where his dad worked for a while in the gold mines, he says he didn't really let "that gold stuff" get under his skin. He developed just like any normal kid, and eventually graduated from San Jose State with a BS in business with an emphasis in marketing.

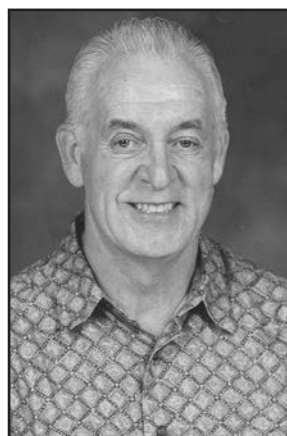
He worked after graduation for the Del Monte Corporation in San Francisco for eight years, then he hired on and served as general credit manager for MJB Coffee Co. for two years, before joining State Farm Insurance in February of 1975 in a management capacity covering the Northern California area.

Tipped after a while by some Downey acquaintances that a Downey State Farm agency owner was retiring, Carmichael seized the chance to take over the existing business, in 1981. He has been an independent contractor since, and has operated his very successful Stan P. Carmichael Insurance Agency, Inc. for the past 26 years, in the same location, at the corner of Downey Avenue and 5th Street.

He has also been married 26 years, to his lawyer wife Patricia who just retired a couple of years ago as a partner in a "top law firm"; they met as State Farm co-employees in San Jose. They moved from Huntington Beach 3-1/2 years ago to Laguna Beach, where they have an unobstructed view of the sea.

In the best tradition of the Rotary Club, whose motto is "Service Above Self," Carmichael, who is the incumbent Downey Rotary president, went down with his humanitarian work team recently to Gulfport, Miss. in support of the Katrina Relief Service being coordinated by the First Presbyterian Church. Their assignment: to build the bathroom of a Mrs. Dauphine, one of thousands of Katrina victims who either through bureaucratic delays or as fraud victims still after two years haven't received any monetary relief or at best, received only some partial benefits, from the government.

The team consisted of Carmichael, Rotary president-elect Brian Saylor, and Dale Self and their wives. The team made a first-hand report Tuesday on the utter devastation suffered especially by the Gulfport-Biloxi area. Slides showed only corner foundation posts remaining where once proud structures stood, a whole McDonald's building leveled except for its trademark signage, watermarks on shells of buildings indicating floodwaters rose to at least 20 feet at floodtide. (Big waves did the rest, leveling everything up to two miles inland). The general devastation, which someone said was eerily similar to the nuclear winter of a Hiroshima, stretched for some 60 miles of the Mississippi coast, with coffins, skeletons,



bloated bodies, and debris littering every street and highway the morning after the hurricane.

The team's bathroom project had a four-day window; the team not only accomplished it on time, the finished bathroom turned out to be a thing of beauty, leaving a happy Mrs. Dauphine to say, "We're so grateful you came."

There is, to be sure, a bit of good news after FEMA's bumbling: learning from their mistakes, FEMA reportedly has responded more speedily and effectively to the recent fire victims in the Santa Clarita area and a wide swath of San Diego County. There have been encouraging reports that insurance claims have been settled fairly quickly in a lot of cases, and less instances of fraud and scams have occurred. This of course raises hopes that the situations of Katrina victims may yet see some positive resolutions down the road.

Carmichael soon turns over the presidency of Rotary to his Katrina partner Saylor, but he knows deep in his heart that he has this year done good things. He says he has been very fortunate in his life, and after spending the first half of his career acquiring monetary things, "I want to spend the rest of my life giving back to the community." After all, this is what the Rotary is about, he says, and "This is what I want."

He says the keys to his business success can be boiled down to two: his belief in the notion that the harder you work, the luckier you get, and his ability to hire the right people. He proudly points out, for example, that his office manager has been with him for 19 years, while another staffer has stayed with the agency 11 years.

He has accrued many awards including: Legion of Honor Qualifier, Honor Agent Qualifier, Ambassadors for Life Qualifier, National Convention Qualifier, National Sales Achievement Award, National Quality Award. He is bilingual in Spanish.

Downey is an excellent place to do business in, he says, because it is business-friendly, his local client base is of high quality, there's a lot of stable elements in the community, and the City Council people are doing a good job.

His lucky streak even extends to his golf game. A 19-handicapper, he has made two holes-in-one. This is remarkable in itself, but what is truly amazing, or should one say providential, about it is that the two holes-in-one were recorded on the *same* day, June 23rd: the first one, in 1990, the other in 2005.

His other hobby is travel. He has recently been to Vietnam and Singapore, as well as Italy and Germany (his stepson, Michael Spruell, lives in Heidelberg); biological son, Ed, lives in Gilroy, while daughter Chantal is a dental hygienist in San Jose. He has five grandchildren. A sister lives in Modesto.

He says at this point retirement is the farthest thing from his mind: "I'm having too much fun to retire."

Warren alumni return to the courts

DOWNEY – The Warren Bears Boys Basketball Program will be hosting their annual Alumni Night on Nov. 20 in the Warren High School gym.

The night will include an intra-squad scrimmage between the freshmen and junior varsity teams, followed by the alumni game, which is between the varsity squad and returning alumni. The alumni game begins at 7 p.m.

Tickets are \$2 and can be purchased at the door or from any member of the Warren Basketball Program.

The community is invited to attend and will get the opportunity to meet the varsity team, as well as the coaching staff.

For information, contact Warren's athletic department by calling (562) 869-7306.

Meanwhile, the Warren High School girls basketball program will be having their annual Alumni Game on Nov. 21 at 6 p.m. in the Warren gym.

Lady Bears alumni are invited to play and the community is welcome to attend. A reception will follow the game.

For information, call Coach Shefonda Colbert at (562) 869-7306, ext. 5858.



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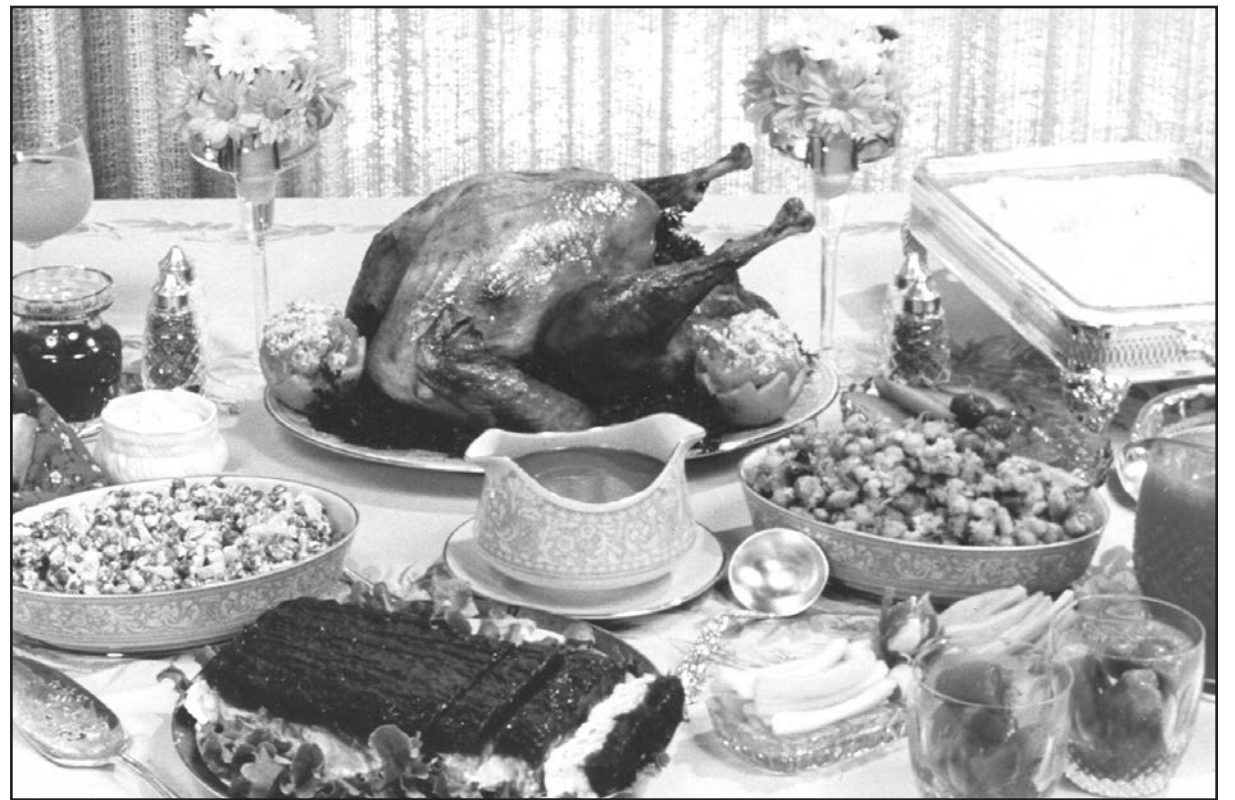
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A do-ahead Thanksgiving dinner can be just as tasty as one prepared the same day. Photo courtesy Harriette Paine

Using the freezer, a do-ahead turkey dinner can be made days or weeks in advance – and when served, the meat will be incomparably moist and tender!

FROZEN ROASTED TURKEY, GRAVY AND DRESSING

By Harriette Paine, Food Instructor, Downey Adult School

(Makes about 16 servings)

(Allow ¾ pound turkey per person with leftovers)

- 1 unstuffed turkey (14 to 18 pounds)
- Water or chicken broth
- ½ cup flour
- Salt and pepper
- 1 tsp. liquid browning seasoning sauce
- 2 stalks celery, cut in 3-inch pieces
- 1 onion, quartered
- 2 cups water
- ½ cup (1 cube or 4 ounces) butter or margarine
- 2 stalks celery, chopped
- 1 onion, chopped
- 1 package (12 ounces) seasoned bread dressing mix
- 1 turkey size plastic cooking bag

1. Clean turkey; remove and clean giblets, neck and tail.
2. Roast turkey by your favorite method to picture perfect doneness. Remove turkey from roaster and allow to cool completely, covered loosely. (About 2 to 3 hours)
3. Measure drippings from roaster. Add water or broth to make 4 cups. Pour into medium saucepan.
4. In small bowl, mix 1 cup water and flour until smooth. Add to sauce pan; place over medium heat and cook 3 to 4 minutes. Season gravy with salt, pepper and browning sauce. Pour into freezer container. Freeze.
5. While turkey is roasting, place giblets, neck and tail in saucepan or pressure saucepan. Add celery, onion, water and seasoning as desired. Cover and cook until very well done.
6. Allow to cool. Remove and discard skin and bones. Place meat, vegetables and stock in blender container. Process until pureed. (Should have about 2 cups.)
7. In large skillet, melt butter. Add celery and onion; sauté pureed stock, adding enough so that dressing can be pressed into a ball in your hand, yet it will crumble apart.
8. Place dressing in greased 8x8-inch baking pan; cover tightly with foil. Freeze. (Dressing ingredients may be doubled and baked in a 13x9-inch baking pan.)
9. When turkey is cooled, place whole bird in cooking bag. Press air out of bag and close tightly. Freeze.

To Serve: Defrost turkey in the bag, gravy and dressing allowing 2 to 3 days in the refrigerator. Place turkey in the bag on shallow baking pan. Cut 3 or 4 slashes in top of bag. Bake turkey and pan of dressing in 325°F oven for 1 hour. Heat gravy in saucepan over low temperature.

Harriette's Hints: The advantage of cooling the whole roasted turkey is that all the bubbling juices distribute through and remain in the meat, making it succulently moist. It slices beautifully. Not only is it carefree for the cook, the clean-up crew is happy; no roaster and gravy pan mess the day of the dinner.

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BEOWOLF PG13	(12:00 2:50) 5:40 8:30
MR. MAGORIUM'S WONDER EMPORIUM G	(11:30 2:00 4:30) 7:00 9:30
HORRORFEST R	(11:30 1:40 3:50) 6:00 8:05 10:25
FRED CLAUSE PG	(10:40 1:30 4:20) 7:10 10:00
FRED CLAUSE PG	(11:40 2:30) 5:20 8:10
P2 R	(12:15 2:45) 5:15 7:45 10:15
AMERICAN GANGSTER R	(12:00 3:30) 7:00 10:30
BEE MOVIE PG	(11:15 1:40 4:05) 6:30 8:55
BEE MOVIE PG	(12:15 2:40) 5:05 7:30 9:55
SAW IV R	(11:10 4:50) 10:30
30 DAYS OF NIGHT R	(2:00) 7:40

Rose Parade tickets now on sale

DOWNEY – The City of Downey Community Services Department has been assigned grandstand seating for the 2008 Rose Parade, where Emeril Lagasse will preside as Grand Marshall.

Tickets are \$66 each and there is no limit on the amount of tickets to be purchased. The bus will depart from the City Hall flag pole area on Jan. 1 at 6:30 a.m. and will return around 2 p.m.

Sign-ups will be taken at the City Hall Community Services Department, as well as at the Barbara J. Riley Community and Senior Center from 8 a.m. to 5:30 p.m.

For information, call (562) 904-7238.

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- AFTER DARK HORRORFEST: LAKE DEAD R (Fri: 14:25; Sat: 6:30; Mon: 14:25; Tue: 6:30)
- AFTER DARK HORRORFEST: MULBERRY STREET R (Fri: 2:00; Sat: 10:30 PM; Mon: 2:00; Tue: 10:30 PM)
- AFTER DARK HORRORFEST: NIGHTMARE MAN R (Fri: 11:50 AM; Sun: 8:30; Mon: 11:50 AM)
- AFTER DARK HORRORFEST: THE DEATHS OF IAN STONE R (Fri: 8:30; Sat: 2:00; Sun: 11:50 AM; Mon: 8:30; Tue: 2:00)
- AFTER DARK HORRORFEST: TOOTH AND NAIL R (Sat: 8:30; Sun: 2:00; Tue: 8:30)
- AFTER DARK HORRORFEST: UNEARTHED R (Fri: 8:30; Sat: 11:50 AM; Sun: 4:25; Mon: 8:30; Tue: 11:50 AM)
- FRED CLAUSE PG (11:10, 1:55, 4:40, 7:25, 10:10, 7:10, 9:55, 10:25)
- AMERICAN GANGSTER R (11:00, 1:45, 4:30, 7:15, 10:00, 10:45)
- BEE MOVIE PG (11:30, 12:15, 2:00, 4:45, 7:30, 10:15, 7:45, 8:30, 10:15)

Times for Friday-Tuesday, November 16-20, 2007
Bargain Matinee () Advance ticket sales
Special Engagement/No Passes * www.kptmovies.com

Downey native pens, publishes first novel

Warren grad Shannon Capps completes his first novel, 'Salmon Run,' set to be released this week.

DOWNEY – Former Warren High baseball player Shannon Capps hopes his debut novel, "Salmon Run," is a 'hit' with readers, and he's willing to take the extra base to make sure they enjoy it.



S.W. Capps

"Salmon Run," published by Inkwater Press, is the story of a man hunted. With the law, a bloodthirsty ex-wife and a hired killer on his heels, Woodrow Salmon, a desperate corporate executive turned fugitive, embarks on a strange and harrowing journey, one that will lead him through the minefields of his past and change his life forever.

"It's a classic 'road trip' novel with a modern edge," Capps, who graduated from Warren in 1982, and writes under the name S.W. Capps, says. "And though it does offer a few obligatory baseball scenes, the novel is really about change. It's about a character who's made a complete mess of his life and desperately wants a second chance, even more importantly, what he does with that chance."

With "Salmon Run," a 350-page novel set partially in the southland and released this week, Capps has also done something few authors are willing to do. He's made himself available via e-mail and phone calls to book clubs that decide to read his novel.

"As a reader, I've often wished the writer was around to answer a few questions when I finished his/her book," Capps says. "When I became an author, I thought it'd be nice if I could do just that for my readers."

Capps, 43, lived on Guatemala Avenue in Downey from 1964 to 1987, attending Roger Casier and Maude Price Elementary Schools, Griffiths Middle School and Warren, where he was an All-League, All-Southeast News and Herald-American All-Star second baseman. He went on to earn a Bachelor of Arts degree in Journalism at the University of Southern California, where he graduated Magna Cum Laude in 1987.

From there, he worked as a TV reporter in Texas and Oklahoma before opening his own audio/visual rental equipment company in Cypress. In 1999, he sold his business and left California for Brush Prairie, Wash., to pursue a full-time writing career. Since then, he has penned two novels, "Salmon Run" the first to be published.

"It's a great read," Greg Shepherd, another Warren High grad and former magazine editor, says. "I found myself laughing out loud, crying, thinking...and hating to put it down." Bill Johnson, another writer ("A Story is a Promise") describes "Salmon Run" as a "compelling, gritty novel."

In addition to writing, Capps still devotes a great deal of time to baseball, coaching several youth teams and playing on two World Champion adult teams. As manager of the Highlands Little League All-Stars in Battle Ground, Wash., he led his squads to four straight District Championships, finishing as high as second in the state. As a player, he and his Portland Red Sox have won two of the last four NABA 38+ World Championships.

"Baseball is a huge part of our lives," Capps, who is married with a 13-year-old son and 10-year-old daughter, says. "But writing is my first love. When I was nine, I opened my favorite all-time birthday gift—an old Underwood typewriter. From that day forward, I was hooked. I've probably typed a thousand stories on it. And having this novel published—for me—is as big as playing in the major leagues would've been."

Although Capps has moved on from Downey, he has never forgotten his southern California roots. In fact, he plans on making Downey a stop on his 2008 book tour.

"This is where I grew up, where I went to school, where I got my values," Capps says. "The memories, experiences and friendships I built here will last a lifetime. No matter where my travels take me in life, I'll always call Downey home."

"Salmon Run" is available in hardback and paperback at selected bookstores and on-line at Amazon.com, BarnesandNoble.com, Borders.com and InkwaterBooks.com. For an excerpt of the book, a calendar of events or more ordering information, readers are encouraged to visit Capps's Web site at www.swcapps.com.

'I Wanna Sing' karaoke at Queen Mary

LONG BEACH – The Queen Mary is now hosting "I Wanna Sing" karaoke night every Tuesday night from 8 p.m. to midnight in the Observation Bar.

A four-person band will accompany those who take the stage. Performers will be able to choose from a selection of over 200 songs, varying all across the musical spectrum, and perform in front of a live audience.

There is no cover charge to get in.

For information, visit www.queenmary.com, or call (562) 435-3511.

New & noteworthy titles at the Downey City Library

Fiction

- "The Art Thief" by Noah Charney. Set in Paris, Rome and London, this is a witty, fast-paced thriller about legendary art thefts, forgeries and secret engravings.
- "The Assassination of Jesse James by the Coward Robert Ford" by Ron Hansen. This tale of the notorious and charismatic outlaw has been made into a recent film starring Brad Pitt and Casey Affleck.
- "The Ministry of Special Cases" by Nathan Englander. Set in Argentina in 1976, this is the story of a family torn apart by a power-corrupt government.
- "Pontoon: a novel of Lake Wobegon" by Garrison Keillor. From a master storyteller of the "Prairie Home Companion" radio show, this is the latest humorous tale set in the fictional Minnesota town.
- "7th Heaven" by James Patterson. A California golden boy has gone missing and a fire in a wealthy neighborhood leaves a couple dead in the author's latest entry in his "Women's Murder Club" series.

Non-Fiction

- "American Gangster and Other Tales of New York" by Mark Jacob. With a tie-in to the new film, this book tells the story of Harlem drug dealer Frank Lucas and other tales of New York City during the past 30 years.
- "Once Upon a Quinceanera: Coming of Age in the USA" by Julia Alvarez. The author of "How the Garcia Girls Lost Their Accents" has written an entertaining and informative book on the Latina sweet 15 celebration.
- "Stealing Your Life: the Ultimate Identity Theft Prevention Plan" by Frank W. Abagnale. The author offers 20 easy steps to safeguard your personal identity and credit.
- "Sweet Pies" by Patty Pinner. With recipes for old-fashioned Cranberry Pie, homemade Apple and decadent Pecan Pies, this book is just in time for the holidays.
- "Write It When I'm Gone: Remarkable Off-the-Record Conversations with Gerald R. Ford" by Thomas M. DeFrock. The 38th President of the United States shows a funny, reflective and candid side in these private interviews over 16 years.

Visit the library at 11121 Brookshire Ave. or www.downeylibrary.org or call (562) 904-7360 ext. 3 to check out or reserve these new titles.

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WWII veteran sharing his experiences

DOWNEY – World War II veteran and author Charles N. Stevens will speak and sign books at the Downey City Library tomorrow from 2 to 3 p.m. in the Cormack Room.

Stevens, author of the book "An Innocent at Polebrook: Memoir of an 8th Air Force Bombardier," will discuss his experiences as part of the 351st Bomb Group based in Polebrook, England. Now 82, he describes what it felt like as a 19-year-old from a small town in California who found himself in the nose of a B-17 flying bombing raids over Germany.

In his first person narrative, Stevens captures the beauty of the landscape and the courage of airmen performing their jobs despite the constant threat of sudden death. Included in his memoir are facts taken from mission reports filed in the National Archives in Washington D.C., as well as letters he sent to his parents.

He will also display models of the B-17 aircraft and show a brief film during the program. Copies of his book will be available for purchase and signing at this event.

Stevens is a retired teacher, who taught science, mathematics and English literature for 32 years in the Montebello Unified School District.

To register for the book signing, call (562) 904-7360, ext. 32.

A 'Very Mary Christmas' at the Playhouse

LONG BEACH – Long Beach Playhouse Gallery will feature "Benji and Bethany's Very Mary Christmas" on Dec. 9 at 6 p.m.

Singing sibling sensations Benji and Bethany are headed to an annual competition hosted by the Smother's Brothers when their car breaks down. What happens next is a spectacle of love, laughter and an entirely unique cabaret comedy show that is sure to rock the bells and deck the halls.

Tickets are \$25 for adults and \$10 for youth (15 and under). Tickets are available by calling the box office, open Monday through Wednesday from 3 to 6 p.m., and Thursday through Saturday from 3:30 to 8 p.m., at (562) 494-1014.

The Long Beach Playhouse is located at 5021 East Anaheim St.

For information, visit www.lbph.com.

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Warren up against a familiar foe

■ Warren travels to Palmdale (again) as they open first round of CIF playoffs.

BY SCOTT COBOS, CONTRIBUTOR
PALMDALE – The playoffs are here and Warren is looking at a very tough battle in their first round match up. The Palmdale Falcons wait in the shadows of Pete Knight High School in Palmdale tonight at 7:30 p.m. and they're looking to take care of business.

WARREN
The Good: They're in the playoffs. Just a week ago, most of Warren's faithful were holding their collective breaths hoping for a Downey loss to Gahr to guarantee themselves a spot in this year's postseason. Like Warren head coach Jeff Welch said a couple weeks ago, it would've been a shame to determine who goes to the playoffs through a coin flip. Well, there was no coin flip. Warren got in outright but in a way took their poison both ways. With a coin flip, there was a possibility of finishing with the No. 2 seed and an easier first round match up. Instead, with the outright win, they get an extremely tough first round game way out in the middle of nowhere. But hey, at least they're in. Is this an upset in the making?

The Bad: Sure, the eat-the-clock-quarters-at-a-time offense worked in league play but that was because there wasn't a team in the league that had the same caliber of defense as they did (with the exception of Dominguez). Warren is facing a team that has just as good a defense and a much better offense. Really, they're facing their mirror image, just possibly a better version of it.

The Offense: After all was said and done, it was Jesse Callier who carried the load of rushing attempts in a run-heavy offense. Callier finished his season close to the 1,000-yard mark after 173 total carries. The next closest running back was Patrick Pellegrino with 58 carries for 368 yards. Quarterback Alfonso Gonzalez finished his great season with a quarterback rating of 102.0.



Warren High School will face Palmdale High School tonight in the first round of the CIF playoffs. A third-round seed, the Bears will be in for a tough match-up: Palmdale has lost only one game all season and has been winning by an average of 26 points. Photo by Art Montoya

Gonzalez completed 59 percent of his passes for 1,475 total yards through the air with 16 touchdowns and only six interceptions. His favorite targets this year were Bailey Cowins (35 receptions, 558 yards, eight touchdowns) and Matt Clouser (22 receptions, 304 yards, one touchdown).

The Defense: Warren has always prided themselves in a fast, hard-hitting defense. But 10 games into a season, wear and tear start to settle in. You'll see nagging injuries hobbling one player or fatigue hitting at a crucial point in the game that forces a player to lose focus for that split second. The question is if the defense will be healthy and rested enough to win this battle. No question they'll play hard, as they have every game this year, but is it going to be enough?

PALMDALE

The Good: Here are some scary numbers: 9-1, 7-0, 391 and 125. The first set of numbers (9-1) is Palmdale's overall record this year. The one loss they had was an extremely close game where they lost only by a touchdown. The second set of numbers (7-0) is their

record in league play. They managed to shutout three teams in their division this year. Not only were they shutouts, they were blowouts which lead us to the next number: 391. That number represents how many points they have scored overall. If you're averaging about 39 points a game, you're going to win a lot. And last but not least: 125. That number stands for the number of points given up all season.

The Bad: It's the playoffs, baby. Anything can happen. Since their only loss of the season, the Falcons have not faced anyone who challenged them. It's been nothing but a leisurely waltz through central park to them. It is still to be determined whether or not they'll be able to turn it on against a playoff team. Mental lapses happen, mistakes occur and that pesky fumble could bounce around on the 2-yard line if they're not careful.

The Offense: This team is a run-first-pass-last type offense. The Falcons have two big guns to watch for in running backs Marquell Jefferson and Ronald Scott. The two backs have totaled for 1,900 yards on the ground and

28 touchdowns. Jefferson averages eight yards per carry while Scott averages nine yards per carry. And when they're on the sideline taking a break, quarterback Brandon Mims takes care of the rest. Mims has a quarterback rating of 110.0, completing 61 percent of his passes. Mims has a backup too, just in case he needs a breather. Joshua Shaw has a rating of 120.0 with more touchdown passes (seven touchdowns, one interception) than Mims.

The Defense: What a selfish team they are. They don't like sharing the ball with their opponents. This is said because their defense has ground every team they've played into oblivion. The Falcons defense recorded three shutouts this year and in half of their games allowed less than 14 points. But just like Warren, they're now 10 games into the season and injuries start to pile up. They'll be more rested than Warren though because of the easy games they've had. But they will have to turn it up a notch to get a victory.

Prediction:

Palmdale 28, Warren 10



Warren players and fans aren't shy about showing their team spirit. Photos by Art Montoya

Downey loss sends Warren into playoffs

BY SCOTT COBOS, CONTRIBUTOR

DOWNEY – One team is dancing while the other is looking from the outside in as Downey lost its season finale to Gahr, 35-14, ending their football playoff hopes and allowing Warren to qualify for the postseason.

With the loss, the possibility of a three-way tie for second place was eliminated and no coin toss was needed to determine which of the three teams (Warren, Downey and Gahr) would continue to the playoffs.

Downey finished their season in fourth place with a record of 3-7 overall and 2-3 in league play. Downey only managed to win games at home while losing every game on the road.

Warren's 35-13 loss to Dominguez proved immaterial because of the Vikings' loss. Warren will represent the San Gabriel Valley League as the No. 3 seed in the playoffs.

The Bears finished their season 6-4 overall and 3-2 in league, ending up in third place. Warren won every home game this season. They will travel to Palmdale High School tonight in their first round match up in the CIF Southern Section playoffs.

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Dr. Richard Shapiro passes away at 82

DOWNEY – Longtime Downey physician Richard Shapiro passed away at his home Nov. 12 after a brief illness. He was 82.

Shapiro was born June 11, 1925 in Moline, Ill. He joined the Navy at age 17 and resigned his commission with Honorable Discharge in 1948. He worked as a pharmacist in Rock, Island, Ill. from 1951 to 1953 before beginning his medical career in Los Angeles in 1958.

Shapiro received multiple degrees from St. Ambrose College in Davenport, Iowa as well as from the University of Iowa. He was an instructor in medicine at the University of Southern California as well as Associate Clinical professor. He was distinguished as an Emeritus Associate Clinical Professor of Medicine in 1984.

Shapiro was also a published author in multiple medical journals and a research clinician. He began his allergy career in Los Angeles and moving to Lynwood in 1962. He and his partner, Dr. Emil Burger, moved their allergy practice to Downey in 1975 and had been serving the Downey area until Shapiro's retirement in 2006.

Shapiro is survived by his wife, Merry; daughter, Mickey; sons, Gary and Bruce; and granddaughter, Heidi.

Harry Marland was WWII Navy veteran

DOWNEY – Harry Marland, WWII Navy veteran, passed away on Oct. 31 at the age of 81.

Marland was born on July 7, 1926 in Kemmer, Wyo. He was involved with numerous PTAs within Downey Unified School District and later retired from California State University, Long Beach, where he was chief engineer of maintenance.

He is survived by wife, Elaine; sons Russell and Mark (Jean); daughters Annie (Tom) Casey and Charlie Marland; grandchildren Chris, Kyle, Shawn, Jenny, Dawn and Cheryl; and great-granddaughter Jessica.

Services were held on Nov. 3 at St. Timothy Episcopal Church in Bishop, Calif.

Norman V. Hayes served at First Baptist

DOWNEY – Norman V. Hayes, Downey resident for 53 years, passed away on Oct. 25. He was 81.

Hayes was born on Jan. 9, 1926 in Inglewood. During World War II, he served in Europe, Japan and the South Pacific. He spent many years working as a printer and at the age of 50, decided to go into real estate. He worked for Century 21 My Real Estate Co. for 15 years.

He also built a 2,000 square-foot home in Big Bear with his sons and served on the Board of Deacons at First Baptist Church of Downey.

He is survived by wife of 59 years, Norma; sons Stanley and Dennis; grandson Matthew; and brother Richard.

Services were held at First Baptist Church of Downey and interment was at Rose Hills Memorial Park.



Diana Mignotte was longtime Realtor

DOWNEY – Diana "Dee" McCallum Mignotte, previous longtime Downey resident, passed away on Nov. 8 in Houston, Texas.

Mignotte originally moved to Downey with her family in 1939, attending Gallatin Elementary and graduating from Downey High School in 1952. After attending the University of Southern California, she joined the family real estate business and was awarded the Realtor Associate of the Year in 1957 by the Downey Association of Realtors.

In 1971, Mignotte's husband, Hank, was transferred to New Orleans by Baker Oil Tool. They later moved to the Houston area in 1987, residing there until her passing.

She is preceded in death by parents Ernest and Helen McCallum, and brother Michael.

Mignotte is survived by husband, Hank; brother Patrick (Danna) McCallum; nieces Shannon (Jacqueline) McCallum, Carrie (Tony) Mazhar, and Stacy Esterbrook; nephews Matthew and Timothy McCallum; and great-nieces and nephews Brittany Esterbrook and Cameron, Julian, Alaina and Jardin Mazhar.

Services will be held on Monday at Miller-Mies Mortuary, followed by graveside services at Rose Hills Memorial Park.



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Kaiser Permanente HMO rated 'excellent'

PASADENA – Kaiser Permanente health plans from Northern and Southern California received three excellent ratings for clinical care in the 2007 HMO Quality Report Card just released by the California Office of the Patient Advocate – the only health plans to achieve a four-star rating in the report. The excellent ratings came in the categories of heart care, mental health care and sexually transmitted infections.

For example, 95 percent of Southern California Kaiser Permanente patients with heart disease had their cholesterol level checked – a critical test to help avoid heart attack, stroke or death. Beta blockers, an important medicine to help prevent repeat heart attacks, were given to 85 percent of patients who had already suffered heart attack or stroke. Both measures contributed to the four-star rating received for heart care in the OPA report. "We know that medical interventions such as these can prevent future health problems and save lives," said Benjamin Chu, M.D., president of Kaiser Permanente's Southern California Region. "Reports such as the one just released by the OPA can provide valuable information to help people make their health care decisions."

In the overall ratings, combining clinical measures and patient satisfaction, Kaiser Permanente's Northern and Southern California Regions were joined by Health Net in receiving the most stars, six of a possible eight. Kaiser Permanente dominated the clinical ratings with the Southern California Region receiving 28 of 36 possible stars in nine clinical cate-

gories. Kaiser Permanente's Northern California Region received 29 stars.

Doctors were rated in the locations that they serve. Physicians from the Southern California Permanente Medical Group – the doctors who care for Kaiser Permanente patients – received the most stars in every Southern California area surveyed.

"We're proud of our physicians for this achievement and proud of their drive to lead the way in quality care. Each day, they bring caring and compassion to our patients," said Jeffrey Weisz, M.D., executive medical director and chairman of the board of the Southern California Permanente Medical Group.

Kaiser Permanente is an integrated health plan with 3.3 million members in Southern California. Founded in 1945, it is a nonprofit, group practice prepayment program with Southern California headquarters in Pasadena. Today it encompasses the nonprofit Kaiser Foundation Health Plan, Inc., Kaiser Foundation Hospitals and their subsidiaries, and the for-profit Southern California Permanente Medical Group.

Kaiser Permanente's Southern California Region includes more than 49,919 technical, administrative and clerical employees and caregivers, and more than 6,000 physicians representing all specialties.

For more information, visit www.kaiserpermanente.org.

Technology enhances learning at Cerritos

NORWALK – With the proliferation of technology in recent years, educators have become increasingly competent at using these new tools to create better learning environments. One innovative example of this is the Kurzweil 3000 program, a text-to-speech tool. The many features of the program have been used at Cerritos College to assist visually impaired students, as well as those with learning disabilities who have trouble interacting with and synthesizing printed material.

Now, however, it's becoming apparent that the software can be a valuable tool for all learners.

"Kurzweil has traditionally been used for students with dyslexia and other disabilities, but its features are such that it is beneficial across the board," said Stacey Kayden, a learning disabilities specialist from Laney Community College in Oakland.

Kayden has taken the lead in broadening the appeal of the program beyond students with learning disabilities. She travels around the state giving workshops to specialists and faculty members, showing them how to take advantage of all the valuable features of the program. At a recent workshop at Cerritos College, educators from many different schools received training to help them more fully utilize the program's capabilities.

Kurzweil has many valuable features built into it. Designed to expand on the concept of e-books, the interface allows students to take notes on the material in a separate window side-by-side with their on-screen text. It enables highlighting of the material, and also boasts a tool which extracts highlighted material into an instant, student-generated study guide.

In addition, the program can be used to teach study strategies to students. Instructors using the programs for their classes can insert their own comments into the text, pointing out areas that they particularly want students to be familiar with. As they see notes made by instructors, students gain the benefit of learning how to read actively and observing how to interact with the text. Feedback from students also indicates that they love knowing what to study, and what not to study, pointed out for them as they read.

The program even helps students with their writing. "Many times when students review their own papers, they read what's in their minds – what they think they've written – rather than what's actually on the paper," said Kayden. "the result is omitted words and other errors. But when you have a program read your paper back to you, the mistakes become much more obvious, and students are far more likely to catch them. The program will even let you edit your paper as you listen."

Kayden said she's gotten a lot of positive feedback. "Students love it," she said. "It seems to really help improve their focus. With Kurzweil, the textbook becomes more engaging."

"Students in this day and age are interactive and connected. They are constantly text messaging and connecting with each other on MySpace. Then they come to class, and when education doesn't follow that, they're not engaged."

According to Kayden, one of the most appealing aspects of the program is its ability to level the playing field for students.

"In classrooms where the program is used by all the students, everyone is able to keep up," she said. "Visually-impaired students lose their disadvantage; students with weak reading skills no longer have such a giant impediment. The program helps all learners progress at a similar pace."

The program also boasts a valuable feature for ESL students; a built-in dictionary allows them to highlight unfamiliar words and access definitions instantly, without the hassle of large, clumsy reference books.

Cynthia Alexander, department chair of educational technology at Cerritos College, teaches a class designed to help instructors effectively use assistive technology in the classroom. Many of her students, she said, are actually Cerritos College faculty members themselves. In the past, she's required her students to work with the program so that they can use it to assist students with disabilities in their own classrooms. Alexander attended Kayden's recent workshop to learn how to more fully take advantage of the program's features. With her new knowledge, she plans on requiring her students to explore more features in the program, enabling them to better serve their own students in turn.

One of the drawbacks of the Kurzweil program is the expense involved. Students at Cerritos College get free access on campus, but studying at home again becomes a chore, especially for students with disabilities. For this reason, Mary Hunt, a learning disability specialist in the Disabled Student Programs and Service (DSPS) at Cerritos College, created a scholarship opportunity for its students – DSPS students who become proficient at using the Kurzweil program qualify to apply for the Kurzweil scholarship. The scholarship, which was recently funded by the Cerritos College Foundation, provides one recipient per academic year with the Kurzweil read-version software.

"We are committed to helping all students achieve their education goals, regardless of the hardships they face," said Hunt. "The Kurzweil program is a big step toward making that happen."

To learn more about the Kurzweil 3000 program, or to obtain information about an upcoming conference designed to help educators adapt the program to general education classes, visit www.collegeinfocus.com, or email Stacey Kayden at cifocus@pacbell.net.

More information on DSPS at Cerritos College may be obtained from the DSPS website at www.cerritos.edu/dsp/, or by calling (562) 860-2451, ext. 2333.

Adoption information available

SANTA FE SPRINGS – In recognition of Adoption Awareness Month, Aspira Foster and Family Services will be hosting an orientation tomorrow morning for people interested in receiving information on adoption through foster care.

The orientation, which starts at 10 a.m., will be held at 10350 Heritage Park Dr. Ste. 202 in Santa Fe Springs.

For information, call (562) 941-6967.

Barbara I. Wroughton retired from Disneyland

DOWNEY – Barbara I. Wroughton, a Downey resident since 1970, passed at home on Oct. 29. She was 90.

She was born in the Bronx, New York and moved to Pittsburgh in 1950. She lived there as a homemaker until 1970, when she moved to Downey.

Wroughton worked at Disneyland for 26 ½ years before retiring in 1997.

She is survived by her daughter, Joyce, sister-in-law, and nieces and nephews.

A memorial service and burial was held Nov. 15 at Westminster Memorial Park.

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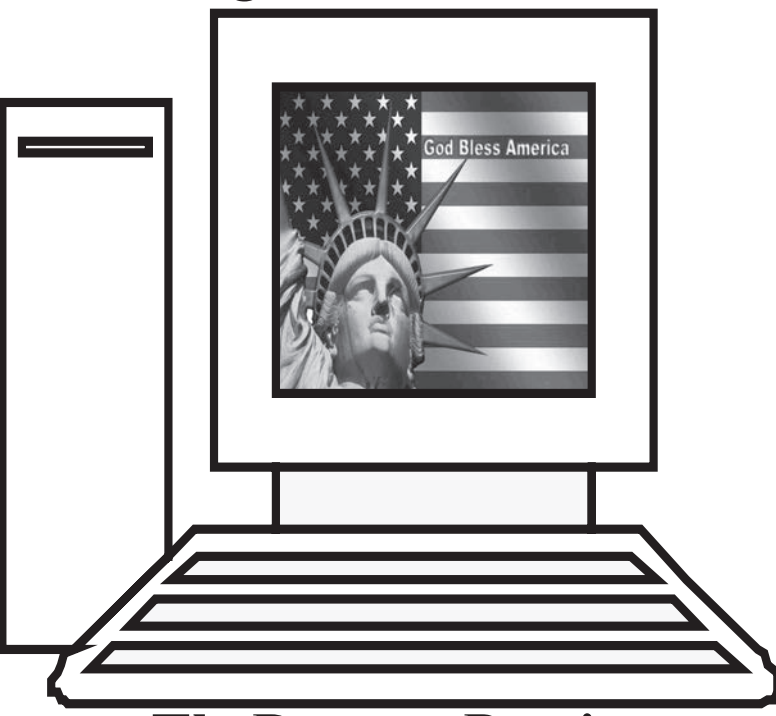


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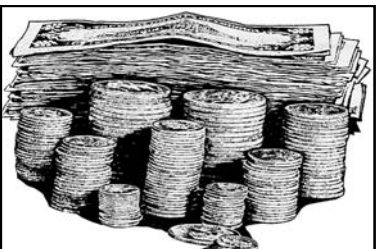
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Ask the Contractors Board: Answers to common home improvement questions

CONTRIBUTED BY JAMES MILLER, CALIFORNIA CONTRACTORS STATE LICENSE BOARD

Q: Do you have questions about hiring and managing building contractors? The California Contractors State License Board (CSLB) has answers.

Q: The rainy season is coming up and I want to get some leaks in my roof fixed. Do I need to hire a contractor or can a friend or "handyman" complete this simple work for me?

A: A friend or "handyman" might be able to fix your roof. But, there are no guarantees they will do a good job. Anyone who you hire for contracting work valued at more than \$500 in labor and materials must be licensed by the CSLB. Since a secure roof is an essential part of your home, it's best to hire a licensed roofing contractor who will examine the surfaces and repair them properly. Roofing contractors are also specially trained to waterproof or weatherproof these surfaces. Be sure to get three bids from three different contractors, and to check the contractor's license before hiring.

Q: I want to pay my contractor the total amount of money I owe for my current remodel because I have the money now. If I wait, I'm afraid I'll spend it on something else. Can I pay in full now and eliminate the payment plan in the contract?

A: Although it may be convenient for you to pay up front, the CSLB advises against this for your protection. You should never pay the full amount until you've seen the work your contractor has done and are satisfied with the way it's been completed. Additionally, you should pay no more than one thousand dollars or 10 percent of the total (whichever is less) toward a down payment. A payment plan (if you have one) must be drafted into the contract and signed by you and the contractor. Payments should only be made upon completion of each task or material received.

Q: I have plans to get my living room remodeled over the next couple of months. Because the holiday season gets so busy, I'm hesitant to map out a firm timeline/schedule. Is it necessary to have a work

schedule as part of my contract if I don't care about the completion date?

A: If you don't stick to a specified time schedule, the contractor may take more time than necessary or fail to complete the remodel because he may get involved with other projects. Respect both your schedules by setting a start date and an end date in the contract. If you establish a longer timeline to accommodate potential holiday plans in the contract, your contractor will know to expect a loose timeline. If he agrees, he will sign your contract with that notation and must work accordingly.

Q: I hired an acquaintance who works as a contractor because he knew I wanted to remodel and offered to do the project. Now I'm having a hard time getting him to

complete the job. Can I file a complaint against him if he is not licensed?

A: Unfortunately, you are pretty much on your own when dealing with an unlicensed contractor. You can file a complaint, but there is no guarantee that the CSLB will be able to assist you or offer any opportunities for restitution. This is because the CSLB regulates contractors through licensing. You can attempt to resolve the problem on your own by talking with the unlicensed contractor, filing a claim in court, or going to your local district attorney's office.

Q: I once read in a home improvement magazine that it's a good idea to check a contractor's references and see samples of their work. Isn't it enough just to make sure the contractor holds a valid

license?

A: In order to find out whether or not you like a contractor's work, you should check their references because it's the only way to learn if former clients were satisfied. It's also a solid way to see the quality of the contractor's workmanship. It might be a bit more time-consuming, but you will be happier with the final outcome and possibly avoid a costly mistake. Make sure you get at least three bids on any job and compare the details.

Q: I recently purchased a home that is a "fixer-upper." I've been working with a contractor to make some repairs. I am unclear about who is responsible for the inspection of the work and my contractor doesn't seem to know either. Who should be doing this?

A: Normally, a contractor will arrange for permits and building inspections. It should also be written into your contract. A properly trained contractor should know codes, regulations and how to schedule inspections. It is a good

idea for you to inspect the work yourself on a regular basis and to also be on hand for the official inspection. Do not make a final payment until the building department inspector has signed off on the job and you are happy with the work.

Q: What's the difference between arbitration and filing a consumer complaint with the CSLB? I had some problems with the home repairs a contractor just completed. I don't want to go through a long legal process.

A: If you want a conflict resolved, you'll have to file a complaint regardless of the procedure you'd like to follow. After you file a complaint with the CSLB, the case is evaluated and recommendations are made based on monetary damages and your contractor's record. During mediation a CSLB representative meets with you and your contractor to help settle the dispute (free of charge). If this doesn't work, you may end up in arbitration, small claims court.

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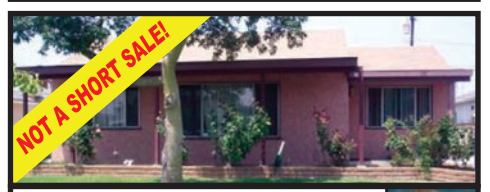
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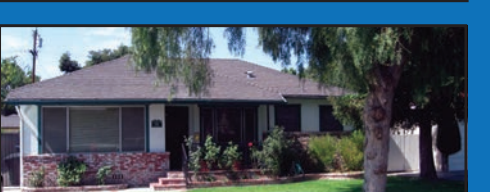
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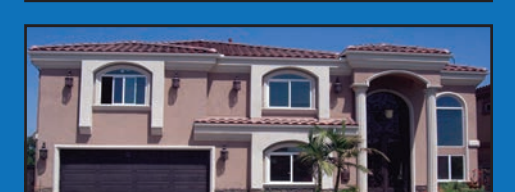
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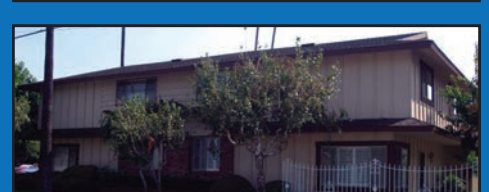
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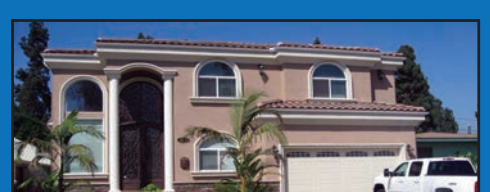
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