



The Downey Patriot

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11525 DOWNEY AVE., SUITE A, DOWNEY, CA 90241

State 'clarifies' DRMC's big payment

LOS ANGELES—A press release from the office of Debra W. Yang, United States Attorney for the Central District of California, attempts to clarify the \$2.2 million paid by Downey Regional Medical Center (DRMC), to the U.S. to resolve claims over Medicare.

Her letter dated Aug. 18 reads:

"Downey Regional Medical Center, a 200-bed hospital located in Downey, California, has paid the United States more than \$2.2 million to resolve allegations that the hospital submitted false claims to Medicare, the taxpayer-funded health care insurance program for many of the nation's elderly and disabled, United States Attorney Debra W. Yang announced...

"Between 1992 and 2001, hospitals were generally reimbursed by Medicare for their reasonable, necessary and actual expenses incurred in providing certain hospital services to Medicare patients. DRMC allegedly claimed and received reimbursements from Medicare—and ultimately from the taxpayers who fund the program—of expenses which were non-allowable and non-reimbursable pursuant to applicable Medicare statutes and regulations, including certain:

- * interest expenses associated with Series 1993 Hospital Revenue Bonds issued by the California Health Facilities financing Authority;
- * lobbying legal and marketing expenses; and
- * Consulting and management fees.

The settlement amount—which totaled \$2,220,060—is two times the loss suffered by the Medicare program.

Whistleblower

Pursuant to the terms of the settlement, the government agreed to the dismissal of a "whistleblower" lawsuit filed in 2001 by the former head of emergency services at DRMC (United States ex rel. Ronald Crowell, M.D. v. Downey Community Hospital Foundation, et al., No. CV 01-5804-GAF). The lawsuit was filed pursuant to qui tam provisions of the False Claims Act, which permits private individuals to sue on behalf of the United States and to share in a recovery under certain circumstances. The United States Attorney's Office learned today that the United States District Judge Gary A. Fees on August 12 signed the dismissal and unsealed Dr. Crowell's lawsuit. The settlement is based on evidence uncovered by federal investigators after Dr. Crowell filed his complaint.

In addition to making the settlement payment on July 23, DRMC executed a separate Corporate Integrity Agreement with the U.S. Department of Health and Human Services, which oversees the Medicare program.

The settlement was negotiated by the United States Attorney's Office for the Central District of California, which received investigative assistance from the Office of Inspector General for the Department of Health and Human Services, the Defense Criminal Investigative Service, and IntegriGard, LLC, a Medicare program safeguard contractor."

DRMC's laboratory re-accredited

DOWNEY—Downey Regional Medical Center passed a comprehensive Laboratory Accreditation Survey conducted by an expert medical technologist with the Joint Commission of Accredited Healthcare Organizations (JCAHO) Aug. 17, 18 and 19

This was DRMC's first experience being surveyed by the new Tracer analysis methodology now utilized by JCAHO to survey all participating organizations. During this process the surveyor reviews medical records from random patients and "traces" patient testing or procedures back to the dates these were performed. The reviews include compliance with required policies and procedures, quality control measures, instrument functions, competency of personnel performing the procedures and communication between departments throughout the entire process to guarantee that patient care meets strict national standards of quality.

"In all regards we had a very successful survey," states Brick Bunch, Laboratory Manager. "The main emphasis during the three days was on Laboratory operations. The surveyor performed tracer inspections in most areas of the hospital including CCU/ICU, Emergency Care Center, Heart Center, Family Birth Center and Respiratory Therapy. Each of these areas did a fantastic job, so much so that a scheduled visit to the Med/Surg unit was canceled because the surveyor stated 'I have seen enough on the floors, you guys are doing an outstanding job.' The entire Laboratory staff demonstrated the quality work they perform on an everyday basis."

DRMC Administrative Director Bill Stein added, "Although Downey Regional has validated Laboratory excellence for decades, this was the first time the Laboratory was scored under a pass/fail methodology instead of the past numerical grade. I am extremely proud of the results of the recent JCAHO inspection and the wonderful management and staff that make it happen on a daily basis."

New principal to speak at OASIS

DOWNEY – Harriett Paine, instructor of the popular Downey Adult School OASIS class and dinner, announced that next week's opening program will feature new principal Roger Brossmer, who will speak on "What's New at Downey Adult School."

Brossmer will also introduce new administrators Steve Curiel and Julie Meuret. Several new programs and a new logo/sign for the school will be unveiled. Brossmer will also speak on upcoming facility improvements.

The program begins Sept. 13 at Downey Adult School. There is no fee to attend, but a dinner ticket may be purchased for \$3.50.

For more information, call 940-6200.



FIRESTONE BLOCKED OFF DUE TO SINKHOLE—The growing sinkhole at Lakewood and Firestone Boulevard forced police to shut down traffic in all four directions. This patrol car blocked off all traffic just west of the intersection on Firestone Wednesday morning.

Emergency crew fights giant sinkhole here

DOWNEY—Emergency crews from Downey and experts from outside the city hoped to have traffic restored to nearly normal at Lakewood and Firestone Boulevards after a sinkhole threatened to consume the intersection and its traffic early Wednesday.

The hole was first noticed about 4:30 a.m. when motorists reported it in southbound lanes near the crosswalk on Lakewood at Firestone.

But by 6:30 a.m., despite all efforts to stem its growth it had broadened to an area of 30 feet long and more than 10 feet wide.

And growing.

Experts were called in to assist Downey maintenance crews. It is believed that the sinkhole owes its origins to a contractor who may have inadvertently "nicked" a water main.

The growing hazard caused a full shutdown of traffic at Downey's busiest intersection in all four directions, causing major delays to morning commuters.

Some traffic was restored Thursday with further improvement hoped for today.

Wednesday morning was a traffic disaster with cars that usually use Firestone forced to use other arteries such as Florence Avenue which soon became overloaded. The same could be said for alternate routes to Lakewood Boulevard.

Sebastian Sidi Concert Sept. 18

DOWNEY—Downey's own new age composer and conductor Sebastian Sidi will bring his 10-piece orchestra in concert Sept. 18 to the Downey Theater.

This will be the fourth concert Sidi has produced at the theater. Time is 8 p.m. Be prepared for a memorable musical journey.

Tickets are \$15 and may be purchased on a credit card on the Internet at www.sebastiansidi.com or by calling (562) 544-7774.



GANGS OUT OF DOWNEY(G.O.O.D.)—Treasurer and Downey Federal Credit Union CFO Harry Montanez (left) proudly presents a check for \$25,000 to Downey Police Chief John Finch, DUSD Superintendent Wendy Doty, and Downey Mayor Kirk Cartozian. The G.O.O.D. donation will be used in support of keeping Downey schools' safety officers in the high schools during the 2004-2005 school year. This program developed by the District and Police 6 years ago has become a national model. All of those pictured are G.O.O.D. members.

Cartozian fires back over vacation pay allegations

Timing seems 'political'

By John Adams

DOWNEY—Mayor Kirk Cartozian has issued a fiery response to allegations of wrongdoing for accepting his City Council pay while on vacation leave on a trip to Armenia last summer, saying the Council voted approval of the leave, and that he was in touch with the Council office on an almost daily basis through email and cellular phone.

Additionally, Cartozian says his attention to Council business can be confirmed through email and phone records and that City staff approved of the payments, and he never inquired about them at the time.

He said the "facts" as claimed in a story in the Herald American were grossly misrepresented, that his absence was not 6 weeks but rather 56 days, and that compensation is about \$620 a month. He notes that a councilman's current compensation is less than \$9,000 for the entire year, and that he receives no other form of compensation. There is no retirement, health plan, cell phone or car. He has never billed the City for his personal cell phone (typically more than \$100 a month) which is mainly used for Council business.

Suspicious timing

And he says the timing of the allegations suggests they are political in nature, coming more than a year after the absence and on the eve of a November election in which he is defending his Council seat in the 5th at-large District.

The matter is currently under preliminary review by the Public Integrity Division of the L.A. County District Attorney's Office to determine whether it is worth continued investigation.

Cartozian said he is comfortable that he did nothing wrong and again questioned the timing of the charges. He said he inquired about the Council reimbursement policy before he left and was told it was "not an issue."

City Manager issue

Cartozian was mentioned as one of three Council votes needed in a bid to fire City Manager Gerald Caton in late June. Accusations that the Brown "public meeting" Act may have been violated subsequently squelched any vote. Councilwoman Anne Bayer said publicly she thought the Brown Act had been violated. The matter was referred to the D.A.'s Integrity Division and is still under investigation.

Background

Cartozian, a graduate of UC-Berkeley and a former intern for retired Congressman Steve Horn, taught high school government and history at Downey High School for seven years until a year ago when he retired from teaching to study city management and real estate at USC.

He told the Downey Patriot in an interview Monday that he feels the issue of vacation compensation is politically motivated, and links it to his efforts to see the system in key areas such as the planning and building permit procedures overhauled and a one-stop plan put in place.

Cartozian alleges the City Manager has taken a well-known local political activist, Lennie Whittington, who was quoted at length in the Herald American story, to lunch on a somewhat regular basis at a Long Beach restaurant.

"I am willing to go on record as saying that this is an attempt to squelch me and some tough issues that I've been willing to confront during my mayor's term."

Help Downey Beautiful Adopt-A-Street work

DOWNEY—Keep Downey Beautiful is currently seeking sponsors to adopt streets, and volunteer groups to partnership with the sponsors.

The Adopt-A-Street program is a partnership between the City of Downey and members of the community and community groups who volunteer to care for a mile or more of city streets, while helping to make Downey a better place to live.

Nominal cost

Adopt-A-Street is available to sponsors for a contribution of \$225 or \$325 per year. (\$225 if the sponsor provides the volunteers and \$325 if KDB provides the volunteer labor). The adoption period is from Sept. 1 through Aug. 31, and during that time, the street is cleaned a minimum of four times. The annual renewal contribution is \$165.

KDB furnishes litter bags, gloves, and safety vests, and makes arrangements for free removal and disposal of litter from the project area site. After the first program has been completed, KDB installs two adopt-a-street signs (one for each traffic direction) with the adopter's name on each sign. If KDB recruits the volunteers (scout troop, church group, club or civic body) the volunteer name will also be on the signs.

Street selection

The Adopt-A-Street program applies to all Downey streets, with prime focus on major thoroughfares. Reason why certain sections may be unacceptable for adoption include:

- * Traffic too heavy,
- * Section already adopted by others,
- * Brush and vegetation too dense,
- * Site conditions inappropriate for age level of participants.

Rose Float Hawaiian cruise Sept. 19

DOWNEY—The Downey Rose Float Association is hosting a fundraiser, Hawaiian Dinner Cruise, Sept. 19 at 4 p.m. in the Long Beach Harbor, to help decorate this year's Jared Sweeney-designed float, "Together With Nature."
 Tickets are \$35 per person, and include dinner, dancing and entertainment. There will be a raffle on board. You may get tickets from any Rose Float member or by calling (562) 260-8503.

Downey Church Directory

ST. MARK'S EPISCOPAL CHURCH

Sunday Morning:
 8:00 a.m. and 10:00 a.m. Eucharist / Holy Communion
 9:00 a.m. Child Care Begins • 10:00 a.m. Sunday School
Wednesday Morning: 10 a.m. Eucharist / Holy Communion
 Rev. Elizabeth Habecker, Rector
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10711 Paramount Blvd. Downey (562) 923-1215

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 ESPANOL . . . 9:30 A.M.
 PRAISE SERVICE . . . 11 A.M.

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 562-862-7720

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MASSEY CHEVROLET-CADILLAC'S—General manager Larry Py (right) donates a check for \$250 to Beth Gendreau, chairperson of several PTA memberships. Seen at left is Chris Paz, general sales manager of the local auto dealership.

Rise 'N Shine Networkers meet Sept. 14

DOWNEY—Chamber members Jan Brady of Rancho Los Amigos' Gerontology Department, Earle Davis of Office Max, and Johnny Venegas of Elite Concrete Restoration & Waterproofing, Inc. are the featured speakers at the Tuesday, Sept. 14 meeting of the Downey Chamber of Commerce's Rise 'N Shine Networking Group.
 These Tuesday meetings are held at 7:30 a.m. at Nordic Fox, 10924 Paramount Blvd. Information/RSVP: 923-2191.

Tickets on sale for OLPH breakfast

DOWNEY — Our Lady of Perpetual Help Church will be hosting their second annual Parish Breakfast on Sunday, Sept. 12, from 8 a.m. to 3 p.m. The church will be serving eggs, sausage, hash browns and tamales, along with coffee, champurado and juices. Live music will be playing throughout the morning.
 Tickets are \$3 for adults and \$1 for children under 12.

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Downey local named Latino Health Scholar

DOWNEY—Downey resident Gloria Rodriguez, who is enrolled at UCLA and majoring in biochemistry, has been awarded a \$2,000 scholarship from PacifiCare's Latino Health Scholars program. She is among nearly 50 scholarship winners in Arizona, Colorado, Nevada, Oklahoma, Oregon, Texas and Washington, as well as California, where the scholarships were available.
 Funded by the PacifiCare Foundation, the nonprofit philanthropic arm of Cypress-based PacifiCare Health Systems, Inc. and part of the company's Latino Health Scholars program, the scholarships are designed to educate students about career opportunities for Hispanics and Latinos in the health care field. The Latino Health Scholars program established 50 \$2,000 scholarships for Spanish-speaking, bicultural high-school students interested in pursuing careers in the health care industry.
 In order to qualify for a scholarship, applicants are required to demonstrate a grade point average of 3.0 or better and be fluent in Spanish and English. In addition, applicants must show proof of acceptance and enrollment into an approved health care program at a university, community college or accredited technical college.
 "I'm really excited to have been chosen as a scholarship winner," said Rodriguez. "My goal is to become a gastroenterologist. I want to be able to take what I've learned and give back to the community where I grew up and help people live healthier lives. I want to thank PacifiCare for helping me pursue a career in the medical field."

According to the Office of Minority Health, there is a nationwide shortage of bilingual and bicultural health care professionals. Specifically, the shortage of Spanish-speaking personnel in nursing and other allied health professions, coupled with the growth of the Latino population in the United States, requires training and recruitment of an ever-greater number of qualified professionals.

"There is a need nationwide for more culturally and linguistically appropriate care, especially in California where more than a third of the population is of Latino origin," said Russell Bennett, PacifiCare's vice president of Latino Health Solutions. "We named Gloria a Latino Health Scholar because of her excellence in academic studies and for expressing a passion for helping others. Gloria shares PacifiCare's belief that 'Caring is Good. Doing Something is Better.'"

This is the second year PacifiCare gave scholarships through the Latino Health Scholars program. Last year, PacifiCare awarded scholarships to 33 deserving students

PacifiCare launched its Latino Health Solutions division last year to build stronger ties with Latino members, physicians and organizations and to offer health and consumer services and products tailored to meet the unique health care needs of Latinos.

More information about PacifiCare and Latino Health Solutions is available via the *PacifiCare en Espanol* Web site, www.pacificarelatino.com, or via email at latinohealth@pchs.com. Spanish-speaking customer-service representatives are available via a dedicated toll-free number at (800) 730-7270.

PacifiCare Health Systems is one of the nation's largest consumer health organizations with more than 3 million health plan members and approximately 9 million specialty plan members nationwide. PacifiCare offers individuals, employers and Medicare beneficiaries a variety of consumer-driven health care and life insurance products. Currently, more than 99 percent of PacifiCare's commercial health plan members are enrolled in plans that have received Excellent Accreditation by the National Committee for Quality Assurance (NCQA).

PacifiCare's specialty operations include behavioral health, dental and vision, and complete pharmacy and medical management through its wholly-owned subsidiary, Prescription Solutions. More information on PacifiCare Health Systems is available at www.pacificare.com.

Save Thousands When Moving to a Larger Home by Avoiding These 6 Costly Mistakes

YOUR TOWN - A new report has just been released which identifies the 6 most common and costly mistakes that homebuyers make when moving to a larger home. Unlike the experience of buying a first home, when you're looking to move-up, and already own a home, there are certain factors that can complicate the situation. It's very important for you to understand these issues before you list your home for sale.

Not only is there the issue of financing to consider, but you also have to sell your present home at exactly the right time in order to avoid either the financial burden of owning two homes or, just as bad, the dilemma of having no place to live during the gap between closings.

In answer to this issue, industry insiders have prepared a free special report entitled "6 Inside Strategies to Avoid Trade-Up Mistakes".

These six strategies will help you make informed choices before you put your home on the market in anticipation of moving to a larger home.

To hear a brief recorded message about how to order your free copy of this report, call 1-877-236-6936 and enter ID# 1007. You can call anytime, 24 hours a day, 7 days a week. Call NOW to find out what you need to know to make your move up to a larger home worry-free without complications.

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'Holiday of Selichot' Sept. 11

DOWNEY—Temple Ner Tamid of Downey and Temple Beth shalom will celebrate the Holiday of Selichot at Temple Beth Shalom in Whittier, 14564 Hawes St., Saturday evening, Sept. 11. Starting at 8 p.m., the congregations plan to have a dessert potluck, Jewish spiritual music, a Havdalah Service, and a Selichot Service, conducted by Temple Ner Tamid's Spiritual Leader, Cantor Kenneth Jaffe, and Cantor Jay Harwitt of Whittier. The community is welcome to this celebration. For more information, call the Temple office, (562) 861-9276.

ABWA El Dorado meets Sept. 15

DOWNEY—The monthly meeting of the El Dorado Chapter of the American Business Women's Association Wednesday, Sept. 15 at Granata's Italian Villa, 11031 Downey Ave. in Downey, will feature a talk by Rosalind Johnson, an inspirational speaker, trainer and life coach. The chapter says her topic, "It's About Time," will teach you how to work smarter, not harder; increase your personal productivity; control procrastination; and create a personal plan to free up hours in your day. Networking begins at 5:30 p.m., and dinner is at 6:30 p.m. The public is invited to attend. For information and/or reservations, call Nada Singh at (562) 439-1782.

Rose Hills presentation Sept. 13

DOWNEY—A representative from Rose Hills Memorial Park will be at the Barbara J. Riley Community & Senior Center, 7810 Quill Drive, Monday, Sept. 13 from 10-11 a.m. to discuss their traditional mortuary services as well as other services available to the community such as hosting social events like the Dixieland Jazz Concert and Latino Celebration. In addition, Memorial Counselor Marie Perriott will introduce their Executor Survivor's guide and touch on the wisdom of pre-planning. For information, call 904-7223.

DNC nominating committee luncheon

DOWNEY—Downey Newcomers Club president Ellie Harrington will nominate a member to serve on the nominating committee for upcoming elections during the club's annual buffet luncheon Monday, Sept. 13 at Frantone's Villa, 9148 Telegraph Road in Downey. The affair starts at 11 a.m. Also on the agenda is a drawing for the upcoming Parade of Winners luncheon sponsored by the Rose Float Association. The winner will have a chance for the \$10,000 prize offered by the Rose Float Association. For reservations, call Paula Lou Roberts, 861-2545, or Vicki, 923-0471.

Rotary and YMCA pancake breakfast

DOWNEY — Tickets are now on sale for the 56th annual Rotary Club of Downey sponsored YMCA pancake breakfast, Saturday, Oct. 16 at Downey High School. Tickets to the breakfast are \$4 and all proceeds benefit the Downey Family YMCA Scholarship Fund. Breakfast will be served from 7:30 to 11:30 a.m. For more information, call George Saikali, Executive Director of the YMCA, at 862-4201 or Orlandus Waters, Rotary Club of Downey, 904-4287.

Phone number for shopping car retrieval

DOWNEY -- Abandoned shopping carts may be reported for pickup by calling (800) 252-4613. When calling, have the street name and cross streets available.

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Temple Ner Tamid of Downey Is A Friendly, Warm Reform Congregation



CHRISTINE POHLEN AND AGNES DONAHUE—Of the Catholic Women's Guild are preparing for the White Elephant Auction to be held this Thursday, Sept. 16 at the Parish Center from 10 a.m.-2 p.m. The public is invited to bring a white elephant. A \$5 luncheon will be served. For information, call Pat Montano at 923-3217.



JOE BECKER AND JANE HENDRICKSON—Recently hosted a gala summer party for Pro Networkers of Downey at the Rives mansion. The networking group meets every Friday at 7:30 a.m. for breakfast at Mimi's Restaurant, Brookshire at Firestone. For information on Pro Networkers, call Joe Keays at 861-1234.

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Transformation Values Week Sept. 20-26

DOWNEY—Transformation Values Movement Week will be celebrated Sept. 20-26 in Downey. This week, citizens, businesses, and churches are encouraged to highlight the following values in their lives: *dependability, faithfulness, family, forgiveness, honesty, humility, integrity, kindness, love and respect.* At 10 a.m. Saturday, Sept. 25, you are urged to join your neighbors for the TVM Walk. It will start at the Downey Civic Center Flagpole. The TVM Picnic follows at 11 a.m. until 2 p.m. at the Cornerstone Christian Worship Center, 9001 Paramount Blvd. and Gallatin Rd. Winners of the first TVM Essay Contest for elementary and middle school students will receive their awards at the picnic.

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We build strong kids, strong families, strong communities!

This and that

By John Adams

I take my stand on public speaking with Ernest Hemingway as my example. "Papa" won the Nobel Prize for literature, and this great writer known for his succinct style judged his 334-word speech far too wordy.

"I have spoken too long for a writer," he said. "A writer should write what he has to say and not speak it."

* * *

A few columns ago we appealed for a cleaner race for the three City Council seats that will be decided this November at the polls.

Unfortunately, we see by reading page one that accusations are not limited to candidates. Once more we appeal for community issues be discussed and decided, without the attacks on persons and personalities. If it comes to a simple question as to which side can sling the most mud, it will simply blur the genuine and meaningful issues.

* * *

This week also saw the Rosemead City Council vote acceptance of WalMart's bid to build a big new store there. We wonder what Downey Patriot readers think about this controversial item from a neighboring city?

Library seeks small business input for grant

DOWNEY—Questionnaires sent out previously by the Downey City Library to small businesses in the community to determine the most useful resources the library can provide them are to be turned in by Wednesday, Sept. 15. The questionnaires were addressed to small business owners.

The input from small business owners is necessary, according to the library, to enhance its opportunity to receive a grant to assist small business.

The survey, for one, asked owners to rate the following 8 key challenges for small businesses as identified by California's Small Business Reform Task Force: a) developing new business; b) access to capital; c) regulations and paperwork; d) finding and keeping good workers; e) costs of doing business; f) management infrastructure; g) maximizing technologies; h) special challenges encountered in interacting with the State.

It also asks a general question, "Which topic is your highest priority for information?": 1) sales and marketing, 2) finance and cash flow, 3) product/service operations, 4) human resources management, 5) computers and information technology, 6) other; please specify.

More specifically, it asks, "What could the library provide to assist you with your small business?" (Owners may check all that apply): 1) reference services by fax or mail or e-mail, 2) commercial databases; please specify, 3) business consultations, 4) 24/7 information and reference services, 5) seminars related to small businesses (designing a Web page; laws affecting small businesses; etc.), 6) training in searching the Internet and/or online databases, 6) access to meeting space, 7) extended time at the library computer station, 8) other; please specify.

In addition to the questionnaire, the library has scheduled a lunch meeting on Wednesday, Sept. 22 from 11 a.m.-1 p.m. in the Cormack Room.

For reservations/ more information, contact Palen at 904-7360, Ext. 17, or email jpalen@downeyca.org.

Adult School offers trip to Branson

DOWNEY—The Downey Adult School is offering a Happy Holiday Adventure to Branson, Missouri the week of Nov. 28 to enjoy 6 entertaining shows and the *Branson Festival of Lights*. The trip includes a city tour of Branson and the College of the Ozarks, as well as a visit to Carthage for a tour of the Precious Moments facility.

The 6 "fantastic" performances: The Osmond Show, The Welk Champagne Theater, Yakov Smirnoff Morning Show, Shoji Tabuchi Evening Show, Daniel O'Donnell Matinee Show and the Andy Williams Show.

The package tour includes roundtrip air to Kansas City where a deluxe motor coach will provide transport to the Fairfield Inn in Branson for 4 nights accommodations and 8 meals. All sightseeing, admissions, tax and baggage handling expenses are included.

The holiday tour will depart Nov. 28 and return Dec. 2. For more information, call the Downey Adult School, 940-6200.

Lodge to confer Constitution awards

DOWNEY—Downey-based Metropolitan Masonic Lodge, which meets at the 100-year old lodge at 8244 E. Third St. in Downey, celebrates its annual observance of the creation of the American Constitution Monday, Sept. 20, by honoring 5 local leaders with civic recognition awards.

The honorees are: Downey Mayor Kirk O. Cartozian, DUSD Superintendent Wendy L. Doty, Downey Fire Department Captain William W. Brown, Downey Police Sergeant Randall C. Patrick and Downey Chamber of Commerce President Jerry Brady.



Letters to the Editor:

Questions political correctness

Dear Editor:

In her letter to *The Patriot*, Elsa van Leuven wonders why the annual Chamber of Commerce Parade at Christmas time is called the "Holiday Parade" and not "Christmas Parade," and that the congenial lady at the Chamber she talked with by phone seemed in agreement, but hesitated to say why it was so.

Perhaps I can offer her some explanation. We are currently being stifled by the doctrine of "Political Correctness," or PC for short. It is a travesty emanating from the courts, by judges who seem not to understand what "establishment" means in the First Amendment of the ten that go by the name of the Bill of Rights. Perhaps in their education they flunked American History. When the Constitution was written, the Founding Fathers were well aware that of the émigrés from the Old World to these shores, a considerable number, if not the majority, were escaping religious persecution. To ensure that this could not take root here, they wrote "Congress shall make no law respecting an establishment of religion..." where the dictionary definition of 'establish' means "to make (a church) a national institution," meaning mandated, with enforceable punitive measures.

When Judge Roy Moore of Alabama posted the Ten Commandments (from the Old Testament, part of the Jewish heritage of Judeo-Christian tradition) in his court, and then a more prestigious version in stone for the rotunda of the Alabama Supreme Court on his elevation to Chief Justice, to hold, as the courts did, that this was "establishing" a religion was sheer nonsense. If an individual simply displaying a historically revered icon, which anyone can read, not read, or ignore, is establishing religion, then one wonders, is a Catholic priest wearing a clerical collar in public establishing Catholicism? Or Downey residents with long memories recalling when the city fathers customarily displayed a Nativity scene around Christmas time on (horrors!) city property, until chastened by some self-appointed arbiters of propriety like the ACLU, was this establishing religion?

It is hoped that some of this background may explain why the Chamber of Commerce (for whom I cannot speak) retreats in euphemisms like "Holiday" to displace "Christmas," in understandable reluctance to be attacked by plaintiff troublemakers, supported by runaway courts. It is time, perhaps, that the concluding phrase of the Establishment Clause "...or prohibiting the free exercise thereof" receive more of its deserved emphasis.

—Thayer Smith, MD
Downey

Women Voters League meets Sept. 18

DOWNEY—The League of Women Voters (Downey Area) kicks off its new year of "interesting programs" with a talk by Downey Regional Medical Center's Heather Cromwell, RN, MSN, at its first meeting Saturday, Sept. 18. She is expected to share her health care concerns and her views on health care reform. It is free and open to the public.

A potluck luncheon will be provided by local members.

The league meets on the 3rd Saturday of each month at 10 a.m. at Furman Park, 10419 Rives Ave. in Downey.

EZRA Center meets Sept. 21

DOWNEY—Dr. Lilli Ann Cellona, who specializes in endocrinology, diabetes and metabolic diseases and has offices in Yorba Linda and Fountain Valley, is the featured speaker at the next meeting Tuesday, Sept. 21 of the EZRA Center for Mature Adults at Temple Ner Tamid, 10629 Lakewood Blvd. in Downey. Her program, "Diabetes and Cholesterol—How Much Do You Know? Learn Facts and Fallacies," presented from 10 a.m.-12 noon, will be enhanced by visual aids.

Candidate illusion

Dear Editor:

Seldom are two candidates for an office actually the best possible to fill the position.

In most elections, the best choice is the better of two middlings or the lesser of two evils. With political candidates, UN-like the stock market, the sum of past positions and performances actually is an indication of future performance.

In modern times, however, owing to the bombarding from multiple forms of media exposure, rather than voting for issues, the people seem to vote for their perception of the individual candidate's glibness, rhetoric, and promises as portrayed in the media.

These are the same reasons that tyrants of the past came to power, e.g. Hitler, Castro, etc.

The people seem to no longer bother to prudently consider a candidate's true potential and future performance by evaluating their past performance or history of voting records and/or issues supported directly or indirectly. We all need to remain aware that many office-seekers are outmanipulating the voters' perceptions—quite like the Las Vegas illusionist Lance Burton does, nightly except Mondays.

—Hugh T. Hoskins,
Downey

Costly auto insurance

Dear Editor:

I wonder how many people are aware of how much vehicle insurance premiums increase when a second vehicle is no longer needed.

My husband and I are both retired. We found it unnecessary and expensive to maintain two vehicles. We gave one vehicle to an ecology center for free. It was worthless.

We were left with one vehicle, a 1999 Lincoln Navigator, which became too expensive to maintain. Consequently, we sold it (at a big loss) and purchased a much less costly vehicle.

We notified our major insurance carrier of the change. The insurance company has a large and beautiful building in Downey. Next came the "shocker." By eliminating one vehicle our insurance rate was increased immensely. The reason given us was, "You no longer qualify for a multiple auto rate." Our good driving record was no option.

Needless to say, we cancelled our insurance and were accepted by another major carrier. The premium is much less.

Is it any wonder many people drive without insurance? We were held hostage and no weapon was used.

We are very disturbed this happened to us after 50 years, because we had no use for two cars.

People must be warned this could happen to them, too. One car can be very costly, as opposed to two. The rates are not proportionate.

—Helen Vertanian,
Downey

Write-In nomination period to Oct. 19

DOWNEY—The Write-In nomination period for City Council candidates in the upcoming General Municipal Election (consolidated with the Statewide General Election) to be held in Downey Tuesday, Nov. 2, concludes Tuesday, Oct. 19. It began Tuesday.

Three Council seats are on the ballot this year: District 1, located in the Southeast portion of the city, District 3, located in the Northwest portion, and District 5, which is citywide. A City Council candidate must be a resident and voter of such District for at least 30 days immediately preceding July 12, 2004. Successful candidates win full terms of 4 years each.

For more information, contact the City of Downey City Clerk's Department at (562) 904-7280.

The Downey Patriot



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Service today for Clara B. Mize

DOWNEY—There will be a service today, Sept. 10 at 10 a.m. at Southland Christian Church, 6200 King Ave. in Bell for Clara B. Mize, who was born May 4, 1917 in Mt. Vernon, South Dakota and died in Downey Sept. 5 at the age of 87.

She was preceded in death by her husband of 49 years. She was an active member of Southland Christian Church, very devoted to her family, and lived independently until about 2 years ago. Mize is survived by son Joseph D. Mize of Downey; daughter Jacqueline Shukoff of Oregon; sisters Helen Baker of Oregon, Doris Mize of Escondido and Persis Hildebrand of Wildomar; 4 grandchildren; and 11 great grandchildren.

Interment will be at Rose Hills Memorial Park in Whittier following services, with Allen-English & Estrada Funeral Service in Bell Gardens assisting.

Fail-Safe 4 Felines 'casino night' Oct. 1

DOWNEY—Fail-Safe 4 Felines hosts a Casino Night from 6:30-11 p.m. Friday, Oct. 1 at the Downey Woman's Club, 9813 Paramount Blvd. in Downey.

Cost is \$30 per person and includes hors d'ouvres, \$100 in script, a silent auction, and a drawing ticket. The proceeds go to benefit the homeless cat and kitten population.

For tickets, call Sherry Jaeger at 928-5731.

Free car wash at All American

DOWNEY—Members of the community are invited to a free car wash Saturday, Sept. 18 offered by Downey First Christian Church from 10 a.m.-2 p.m. at All American Home Center, 7201 Firestone Blvd. in Downey.

Nordic Fox restaurant goes Hawaiian

DOWNEY—Customers are invited to wear bright colors this weekend when Nordic Fox restaurant will feature a Hawaiian luau, complete with Maui pork, pasta, cabbage and more.

The luau will be held from 4 p.m. to 8 p.m. Sept. 11 and 12. Guitarist Rob Syphax will be playing Hawaiian songs from 6 p.m. to 9 p.m. on Sunday.

For more information call 869-1414. Nordic Fox is at 10924 Paramount Blvd.

1-cent carnival games at festival

DOWNEY—The Back-In-School Festival for children which the Moravian Church is holding Saturday, Sept. 18 from 10 a.m.-3 p.m. will feature carnival games kids can play for one cent, a cakewalk and a jungle jumper, all of which spell fun. This year's rain forest theme should also encourage the kids to monkey around and go bananas. Free drawings and low-priced refreshments are part of the celebration.

The church is located at 10337 Old River School Road, just south of Florence Ave. For information, call 927-0718.



ROSE HILLS FUNERAL—Scheduled tomorrow for Arlene Wynn.

Arlene E. Fisher Wynn remembered by many

DOWNEY—Funeral services will be held tomorrow, Sept. 11 at 3 p.m. at the Mortuary Chapel Gate 1 of the Rose Hills Mortuary, 3900 Workman Mill Road in Whittier, for former Downey resident Arlene E. Fisher Wynn, who was born April 11, 1916 in Holly, Colorado and died in Salt Lake City Sept. 4.

Her parents were Benjamin Harrison Stewart and Iva Baugher. Her first marriage was on June 30, 1939 to Clifford Adam Fisher, who died Jan. 25, 1975. She married William R. Wynn in November, 1976.

Wynn is survived by sister Fern (Arlene) Raisch; son Stewart Fisher; daughter Kathy (Larry) Penrose; 4 grandchildren, Michelle (Ed) Jarvis, Michael (Kathy) Penrose, Holly Ann (Chad) Nuss and Clifford Fisher; and 5 great grandchildren, Cameron and Mathew Jarvis, Adam and Sofia Penrose and Cecilia Nuss.

Interment will be at Rose Hills Memorial Park.

Private services for Doris E. Pinkard

DOWNEY—Former Downey resident Doris E. Pinkard has died on Aug. 11 at age 87.

She is survived by a daughter, Pamela Beck, and grandchildren Shelly Callander, Wendy Sauers, John Beck, Jr., Shannon Clubb and Amanda Beck.

She was preceded in death by her daughter, Sharon Callander, and husband Howard.

Private services will be held at Rose Hills Memorial Park Sept. 17.

The poets' corner

September 11

How dreadfully painful for all to look back
And recall the 9-11 attack
That flattened the Trade Center in a horrific way
And took many lives on that fateful day!

Sadly, each year on the 11th of September
We pause to reflect and so remember
The loved ones lost and those who gave
Of their time and lives to rescue and save!

Our watchful eyes and listening ears
Must now prevail throughout the years
To prevent terrorism in our land
From keeping America ever grand!

—Martha J. Morrissy,
Downey

Thomas Anderson graveyard services today

DOWNEY—Graveyard Services will be held at 11 a.m. today, Sept. 10 at Rose Hills Memorial Park in Whittier for 45-year old Thomas Robert Anderson, son of the late Robert E. and Valjean and lifelong Downey resident, who died Sept. 1.

A Downey High graduate and Cal State Long Beach alumnus, he was retired from the South Gate Police Department.

He was an active member of the Downey Junior Athletic Association and the Downey High Football Booster Club, for both of which he served terms as president. He also took pride in his affiliation with the St. Andrew Society of Southern California, and was an enthusiastic participant in the Highland Games. His greatest achievement, however, he considered to be his beloved son, Ian Thomas, aged 19, of Downey. Survivors include his siblings, Laura, Roberta, Jean, Jon and Mary.

Services were entrusted to the Downey Zrelak Family Mortuary.

High Holy Day Season celebration

DOWNEY—Temple Ner Tamid of Downey, a Reform congregation, will be celebrating the High Holy Day Season starting with Erev Rosh Hashanah Services Wednesday, Sept. 15 at 7:30 p.m. The services will be followed by a "very special Oneg" sponsored and presented by the Temple's Sisterhood.

The Rosh Hashanah Services Thursday, Sept. 16 and Friday, Sept. 17, start at 10 a.m. The Tashlich Walk/Picnic Thursday takes place at 3:30 p.m. in Downey's Wilderness Park. Friday at 7:30 p.m., Kol Nidre Services are held.

Yom Kippur Services are on Saturday, Sept. 25 at 10 a.m. Afternoon service is at 3 p.m., the Memorial/Yizkor Service is at 5 p.m., and the N'eilah Service is at 6 p.m.

These solemn services will be conducted by student Rabbi Sarah Goodman and Cantor Kenneth Jaffe. They are special times for reflection and soul-searching. Edward Bruner will conduct a professional choir, while Norberto Guinaldo will be playing traditional beautiful liturgical music at the organ.

All services will take place in the Temple Sanctuary. Temple Ner Tamid of Downey is located at 10629 Lakewood Blvd. For information, call 861-9276.



A GRAND CELEBRATION—St. Marks School in Downey will celebrate its 40th anniversary this Sunday, Sept. 12, at 3:00 p.m. with Bishop Bruno and the school's founder, the Rev. Ernest Sillers. Pictured is St. Marks' first class during a flag-raising ceremony 40 years ago. The school is located at 10354 Downey Ave.

Temple Ner Tamid of Downey offers
An Introduction to:
Judaism
An 18-Week Exploration
Beginning Monday
September 13th, from 8:00 to 9:30 p.m.
Classes Taught By
Cantor Kenneth Jaffe
For Information & Registration Call:
562-861-9276
Fee for Class

- Those who once knew & forgot.
- Those who always wanted to know.
- Born Jews & Jews by choice.
- Intermarried couples seeking to build a Jewish home.
- Non-Jews who are part of a Jewish family
- Non-Jews who might be thinking about becoming Jewish
- All are welcome

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http://www.downeychurch.org

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Haircuts now Open!

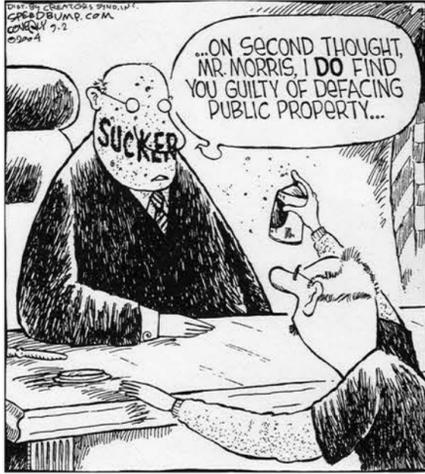
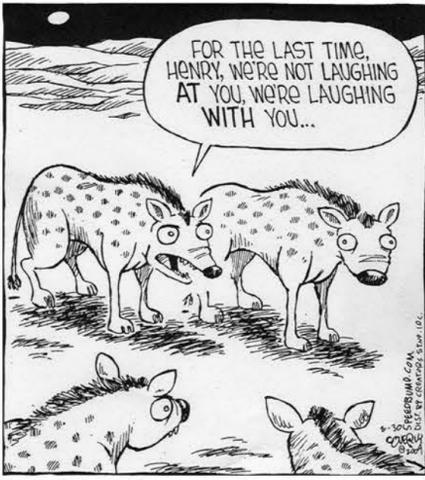
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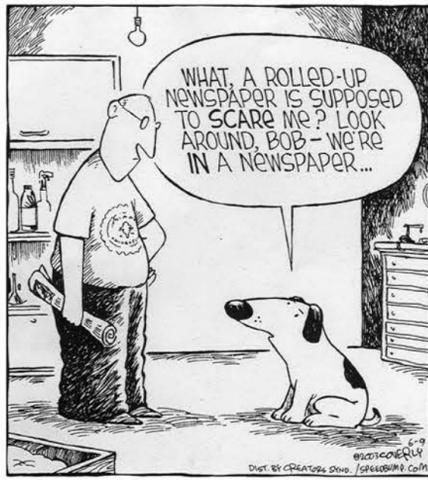
(562) 928-7900

11219 Old River School Road Downey Corner of Firestone & O.R.S.R.

SPEED BUMP



DAVE COVERLY



Downey Community Calendar

Events For September

Sun. Sept. 10, 8:00 a.m.: **Parish Breakfast**, second annual event held at Our Lady of Perpetual Help Catholic Church, 10727 Downey Ave. Adults \$3.00. Children \$1.00 For information call 923-3246.
 Mon. Sept. 13, 8:00 a.m.: **"Photo Abstractions"**, final day to view the works of photographer Alan Williams at the Barbara Riley Community Center, 7810 Quill Dr. For information call 904-7227.

City Meetings

1st Tuesdays, 6:15 p.m.: **Redevelopment Project Area Committee**, Cormack Meeting Room at Downey Library.
 1st & 3rd Wednesday, 7:30 p.m.: **Planning Commission**, Council Chamber at City Hall.
 1st Thursday, 9 a.m.: **Traffic Committee**, Training Room, Second Floor of City Hall.
 2nd & 4th Tuesday, 7:15 p.m.: **City Council/Community Development Commission**, Council Chamber.
 2nd & 4th Wednesday, 6 p.m.: **Design Review Board**, Council Chamber at City Hall.
 3rd Wednesday, 6 p.m.: **Emergency Preparedness Committee**, Barbara Riley Senior Center.
 3rd Thursday, 3:30 p.m.: **Parking Place Commission**, Second Floor Training Room at City Hall

Regularly Scheduled Meetings

Mondays

6 p.m.: **Downey Elk's bingo games**, at the Elks Lodge, 11233 Woodruff Ave., for information call 803-3636.
 6:30 p.m.: **Overeaters Anonymous**, at Downey Med. Center Conf. Room A, for information call 426-6786.
 1st Mon., 4 p.m.: **2nd Century Foundation**, at City Hall, 1st floor, call 927-9790.
 1st and 3rd Mons., 7 p.m.: **Downey Post 270**, American Legion, for information call 861-8082.
 2nd Mon., 11 a.m.: **American Legion Auxiliary #270**, at United Methodist Church, for info. call 923-2481.
 2nd Mon., 3 p.m.: **Keep Downey Beautiful**, at City Hall, for more information call 904-7159.

Tuesdays

9 a.m.: **Downey Bocce Club**, at Apollo Park, for information call Vince Zoidaat (714) 761-4439.
 9:30 a.m.: **Downey Seniors Club**, at Apollo Park, for information call Nadine Morris at 923-9422.
 12 p.m.: **Downey Exchange Club**, for information call Don at 927-5871.
 12 p.m.: **Rotary Club**, at Embassy Suites, for information call Dan Fox at 862-0744.
 6 p.m.: **Toastmasters Club 587**, at First Baptist Rm. 115, 8348 E. 3rd st.
 7 p.m.: **Boy Scout Troop 2**, at Downey United Methodist Church, for information call 869-6478.
 7 p.m.: **Boy Scout Troop 441**, at Apollo Park Activities Room, for information call 923-3659.
 7:30 p.m.: **Southland Harmony Chorus of Sweet Adelines**, at Downey's Woman's Club, for information call 947-6802.
 1st and 3rd Tues., 6:30 p.m.: **Quota International Southeast Cities**, for information call (323) 569-2854.
 2nd Tues., 8:30 a.m.: **Women's Agape**, at Los Amigos Country Club, for information call (562) 622-3785.
 2nd and 4th Tues., 7:30 a.m.: **Chamber "Rise&Shine" Networkers**, at Nordic Fox. for info. call (562) 923-2191.
 2nd and 4th Tues., 6 p.m.: **Sertoma Club**, at the Nordic Fox. for information call (562) 927-6438.
 2nd Tues., 7 p.m.: **Downey Fly Fishers**, at Apollo Park, for information call 943-3904.
 3rd Tues., 7:30 p.m.: **Writer's Workshop West**, at 9968 Lakewood Blvd., for info call 862-3106.
 3rd Tues., 1:30 p.m.: **Huff and Puff Respiratory**, at DRMC Support Group, call 904-5355.
 Last Tues., 11:00 a.m.: **Los Companeros Service Club**, at Los Amigos Country Club, for info call 863-1549.

Wednesdays

12:10 p.m.: **Downey Lions Club**, at Rancho Los Amigos Hospital Cafe, for information call 861-2899.
 1 p.m.: **Women's Bocce Club**, for information call 869-8782.
 6 p.m.: **Downey Space Toastmasters Club 513**, at Rancho Los Amigos Medical Center, for info. call Mark at 803-5203.
 1st Weds., 10 a.m.: **Woman's Club of Downey**, for information call 927-0271 or 861-3493.
 1st Weds., 11:30 a.m.: **Downey Coordinating Council**, for information call 927-9790.
 1st Weds., 7:30 p.m.: **Downey Stamp Club**, at Maude Price School cafeteria, for information call 928-3028.
 1st Weds., 7:30 p.m.: **Downey Emblem Club #309**, at Downey's Elks Lodge, for information call 868-4386.
 2nd Weds., 7 p.m.: **Downey Jr. Chamber of Commerce**, for information call 867-1087.
 2nd Weds., 7:30 p.m.: **Downey Sister Cities Ass'n**, at Maude Price School, Call 869-5444.
 2nd Weds., 11:45 - **Downey Christian Women's Club**, at Los Amigos CC. Call 927-8488.
 3rd Weds., 7:00 p.m.: **Diabetes Support Group**, at DRMC, for more information call 622-2088.
 Wed.& Fri., 10:15 a.m.: **Senior Bingo**, at Apollo Park, for information call 904-7223.

Thursdays

7:30 a.m.: **Soroptimist Int'l of Downey**, for information, call Pat Heineke, 904-3534.
 7:30 a.m.: **Connections Networking**, at Nordic Fox 10924 Paramount, for information call 869-1414.
 9 a.m.: **Senior Californians of Downey**, (a social activities club for senior citizens), for information call 803-6887.
 12 p.m.: **Downey Christian Businessmen's Committee**, for information call Norm Sipple at 927-1431.
 12 p.m.: **Optimist Club of Downey**, at Sambi's, for information call Steve Allen at 806-3701.
 12:30 p.m.: **Take off Pounds Sensibly**, at United Methodist Church, call (626) 965-9991.
 6:30 p.m.: **Downey United Masonic Lodge # 220**, 8244 3rd St., Call 862-4176.
 7 p.m.: **Troop 351, Boy Scouts of America**, at First Baptist Church, for information call 803-4571.
 4th Thurs., 7:30 p.m.: **Downey Historical Society programs**, at Community Center. Call 862-2777.
 2nd Thurs., 7:30 p.m.: **Beaming Rebel Foxes Collectors Club**, for more information call Carl D Jones at 923-2400.

Fridays

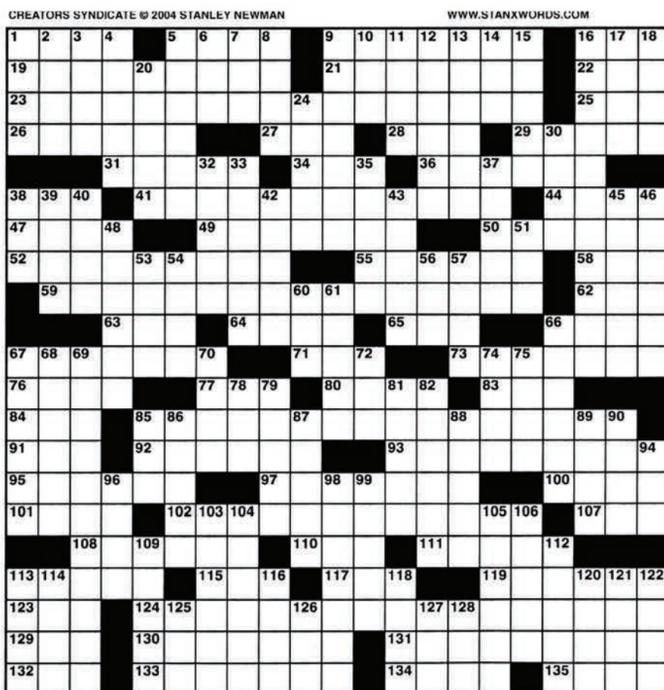
7:30 a.m.: **Pro Networkers**, at Mimi's Cafe, for information call Barbara Briley Beard at 869-7618.
 10 a.m.: **Compulsive Eaters Anonymous H.O.W.**, at 1st Christian Church. Call 884-5799.

The Downey Patriot

THE NEWSDAY CROSSWORD

Edited by Stanley Newman (www.StanXwords.com)
BACK TO SCHOOL: On course once again
 by Merle Baker

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| 58 Scoundrel | 133 Staff members | 53 It means "height" |
| 59 One of a kind | 134 Prying | 54 S.F. Giant, for one |
| 62 "A penny saved ___" | 135 Light gas | 56 Pothook shape |
| 63 Three, in Turin | | 57 South African grassland |
| 64 Jazz singer James | DOWN | 60 A/C measurement |
| 65 Fashion monogram | 1 Camp beds | 61 <i>Gulliver's Travels</i> brute |
| 66 Coast downhill | 2 "... sting like ___" | 66 Serenaded |
| 67 Rocky Mountain sheep | 3 Shakespearean king | 67 Chartres chum |
| 71 TV broadcast type | 4 Authorized | 68 Habituated |
| 73 "La Mer" composer | 5 Critical one | 69 Visit an astrologer |
| 76 Draffable | 6 Travelers' rest | 70 Ancient mariner |
| 77 Alliance since 1948: Abbr. | 7 Heart-test letters | 72 Monk's title |
| 80 Sea World attraction | 8 Annealing oven | 74 Tishri predecessor |
| | 9 Spendthrift | 75 ___ fide |
| | | 78 Whiz |



- | | | |
|-------------------------|-------------------------------------|--|
| 79 Footwear with a key | 98 Poets, often | 116 Entr'___ |
| 81 TV talk host Kilborn | 99 <i>Rabbit</i> ___ (Uplike novel) | 118 Daybreak |
| 82 Venomous snakes | 103 Fan | 120 Trig function |
| 85 Sis' sib | 104 Ruble fraction | 121 Traveler to Oz |
| 86 "I wanna do it!" | 105 <i>Fantasia</i> creator | 122 In a short time |
| 87 No little darlings | 106 Middle name of 105 Down | 125 UN agcy. concerned with 133 Across |
| 88 Ben-Hur's first name | 109 Moist, in a way | 126 Rocky pinnacle |
| 89 Describe | 112 Admit to the premises | 127 ___ Zedong |
| 90 Seemingly forever | 113 Wood-shaping tool | 128 They may be checked at the door |
| 94 Actress Vardalos | 114 Forest rangers? | |
| 96 Take it easy | | |

You can contact puzzle editor Stanley Newman at his e-mail address: StanXwords@aol.com. Or write him at P.O. Box 69, Massapequa Park, NY 11762, Please send a self-addressed, stamped envelope if you'd like a reply.

"A Shot in the Dark" (22 Across) marked the first appearance of actor Herbert LOM as the boss of Peter Sellers as Inspector Clouseau. "Billy Budd, Foretopman" (49 Across), Herman Melville's last completed work, was not published until 1924. It derived from a French word for a young blackbird.



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DJAA sign-ups at Apollo Park

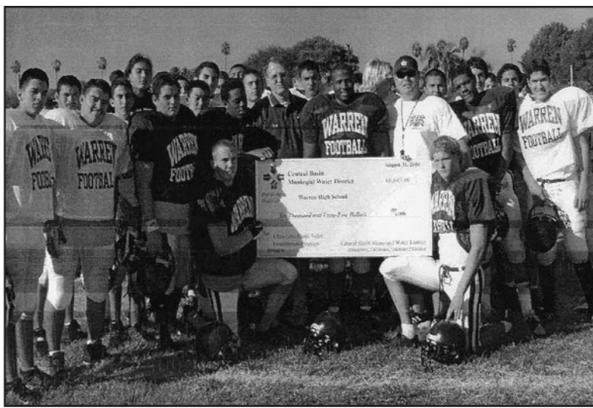
DOWNEY – Time is slowly running out for children wanting to play in the 2004 DJAA football season.

Open registration will be held tomorrow, Sept. 11, at Apollo Park between 10 a.m. and 1 p.m. The season begins Oct. 9 but all players must be registered by Sept. 22.

Registration is \$56 per child, which does not cover uniforms. The registration fee, a birth certificate and current report card or school student ID are due at time of sign-up.

DJAA does not hold tryouts. The only requirements are that players must currently be in the 2nd-8th grade in a Downey school and be a Downey resident.

For more information call the DJAA at 861-3727.



WATER WORKS – Central Basin director Gary Morse presents a check for \$6,045 to Warren High School football coach Joe Biagioni at last week's practice.

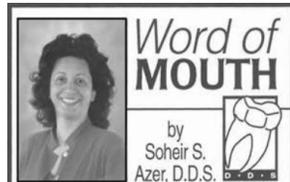
Warren football scores funds for volunteer work

DOWNEY – The Warren High School football team was presented last week with a check for \$6,045, reward for their participation in the Central Basin Municipal Water District's Ultra-Low-Flush Toilet (ULFT) Distribution program.

On June 5, the team helped the District distribute over 400 ULFT's to Downey residents. Coach Joe Biagioni and his team accepted the check at their afternoon football practice Aug. 31.

"It makes me proud to see these kids out there giving something back to their community," said Gary Morse, director for the Water District. "The community benefits from their involvement, and they in turn earn extra money for things they need. It's great for everyone involved."

Since 1995, Central Basin has worked with non-profit, community-based organizations and local high schools to promote conservation programs while helping them earn money for their assistance.



According to a recent review of current studies related to diabetes and oral health, periodontal (gum) disease tends to be far more common and severe in people with diabetes than in those without diabetes. This finding should draw much interest in light of the fact that there is an epidemic of people (including young people) with Type II diabetes in the United States. Diabetics are much more prone to all types of infections. The same also applies to gum disease, which is caused by bacteria lodged between the teeth and gums. Thus, diabetics are more prone to lose their teeth in the same way that they are prone to have more problems with their eyes, skin, heart, and kidneys.

Since diabetes stays with you all your life, living with it requires a day-in, day-out effort. It doesn't have to be a struggle. Your dentist understands any dental related complications that could occur and wants to help. To schedule an appointment, please call us at (562) 923-3714. Rely on us to answer all your questions about dental treatments and procedures. Common sense tells us that regular dental care is more rewarding and less costly than correcting problems if they are left to linger. We're located at 10800 Paramount Blvd., Suite 307, where we provide complete, high quality dental care, using the most modern procedures.

P.S. To guard against gum disease and tooth loss, diabetics should schedule at least four dental exams a year.

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6th annual 5K run/walk Sept. 18

LOS ANGELES—The 6th Annual 5K Run/Walk and Health Expo for Girls At-Risk will be held Saturday, Sept. 18 on the picturesque 5K course around the Rose Bowl in Pasadena. The Los Angeles County Commission for Women and Northrop Grumman Corporation, Title Sponsor, are hosting the event.

Downey cheerleading clinic Sept. 11

DOWNEY – The Downey High School cheerleaders will offer their annual cheerleading clinic on Saturday, Sept. 11 from 9:00 a.m. to 1:00 in the DHS cafeteria, 11040 Brookshire Ave.

Girls between the ages of 5 to 13 will learn game action cheers and perform at the Downey varsity football game Sept. 17.

Cost of the clinic is \$20, which includes a T-shirt and two admission tickets to the football game. For more information and registration, call Mariela at 923-8505.

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SENIOR HITTERS – The senior team of West Downey Little League recently posed for a group photo. Back row, left to right: Coach Robert David, Carlos Vasquez, Zachary Dufton, Ludwig De Leon, Andrew Valladares and Coach Marc Anderson. Front row: Mauro Donate, Geoffrey Garces, Louis Aguilar, Joel Lopez, Jaime Medina and Adrian Del Rio.



ONE MORE TIME – The Senior League Astros of Northwest Downey, already District 29 champions, competed in Anaheim recently for the California Section 5 Championship. They needed to win a doubleheader to take home the title and they did just that, beating West Anaheim 6-5 and 4-3 to capture their second championship. From left to right: Manager Joe Amaya, Randy Penfold, Cameron Nordbak, Kyle Saul, Richard Melendrez, Coach Frank Arellano, David Mahr, Alex Arellano, Marco Eguirvide, Albert Garcia, Adam Cox, Jon Amaya, Jack Schuldt and Coach Tom Penfold.

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Cathy Rigby returns in La Mirada's "Peter Pan"

LA MIRADA – In her farewell performance, Tony Award nominee and two-time Olympic Gymnast Cathy Rigby takes flight in the 100th anniversary of the immortal James M. Barrie tale, "Peter Pan." This timeless masterpiece flies into La Mirada Theatre for the Performing Arts for a three-week engagement beginning Sept. 24.

Rigby's name is synonymous with "Peter Pan," having played the part on Broadway (Tony Award nomination), on a major national tour in the 1990-91 season, in the revival in 1998 and in the Emmy Award-winning A&E special, for which she received critical acclaim. The Los Angeles Times proclaimed, "Cathy Rigby perfectly personifies Peter Pan in the remarkably re-imagined production," while the Boston Globe declared, "Cathy Rigby is remarkably talented...she sings wonderfully, with precision, with range, with style...she is irresistible. Rigby will lift you out of your seat!" The Seattle Times heralded, "With its wonderful cast, cracker-jack stagecraft and robust choreography, the show leaps off the stage and into the heart!"

Rigby is no stranger to the stage. She made her professional debut as Dorothy in "The Wizard of Oz" 21 years ago. She has since starred in the national tour of "Annie Get Your Gun," "Meet Me In St. Louis," "Paint Your Wagon," and "They're Playing Our Song." Most recently, audiences were treated to her whimsical performance as the Cat in the Hat in "Seussical The Musical" both on Broadway and on tour.

"Peter Pan" opens Sept. 24 and runs through Oct. 10. For more information, call the La Mirada Theatre Box Office at 944-9801 or (714) 994-6310. Tickets can also be purchased online at www.lamiradatheatre.com



SEBASTIAN SIDI AND HIS BAND – A unique concert experience with this talented local pianist/keyboardist will be offered on Saturday, Sept. 18 at the Downey Theatre, 8435 Firestone Blvd. Combining rock, classical, jazz and Latin sounds, the presentation will take place at 8 p.m. To purchase tickets, call 544-7774.

Emblem 'Pechanga Bus Trip' Oct. 13

DOWNEY—Downey Emblem Club #309 is sponsoring a Pechanga Bus Trip Wed., Oct. 13. Cost for Emblem members is \$6, for non-members \$11.

The bus will leave the Elks Lodge parking lot at 8:30 a.m. and return at approximately 4:30-5 p.m. Bingo will be played on the way up and back. The Casino will be giving a \$5 voucher to use as you please. Over half of the bus is already sold out.

For reservations/information, call Mary Guzman, (562) 622-1003.

Music is scheduled at the Nordic Fox

DOWNEY—"When Pigs Fly," a musical group whose specialty is traditional Celtic and early Americana numbers returns to the Nordic Fox Restaurant, 10924 Paramount Blvd., Wednesday, Sept. 15 from 7 to 9 p.m. The group has a considerable following locally. There is no cover charge but reservations are suggested by calling (562) 869-1414.

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WICKER PARK PG-13 (11:00, 1:50, 4:40), 7:30, 10:10
ANACONDAS PG-13 (11:15, 2:15, 5:10), 7:45, 10:15
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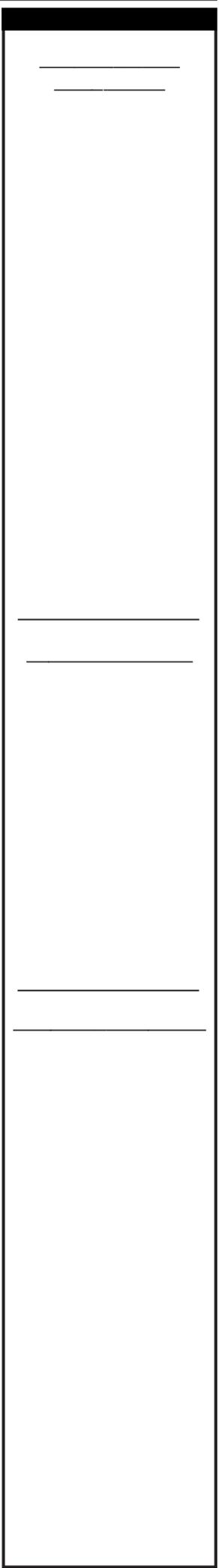
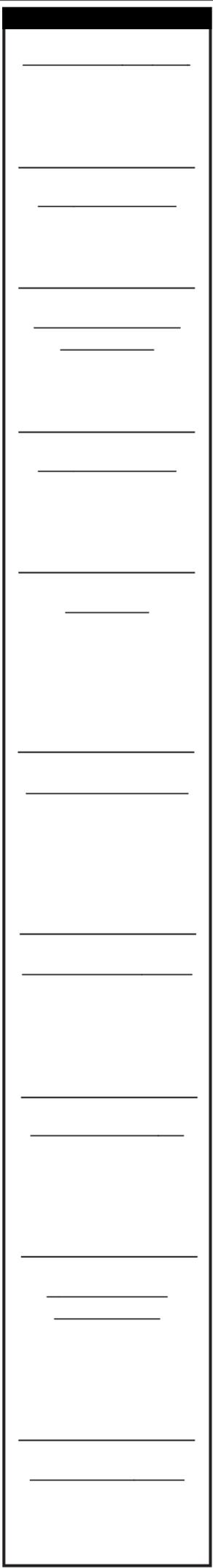
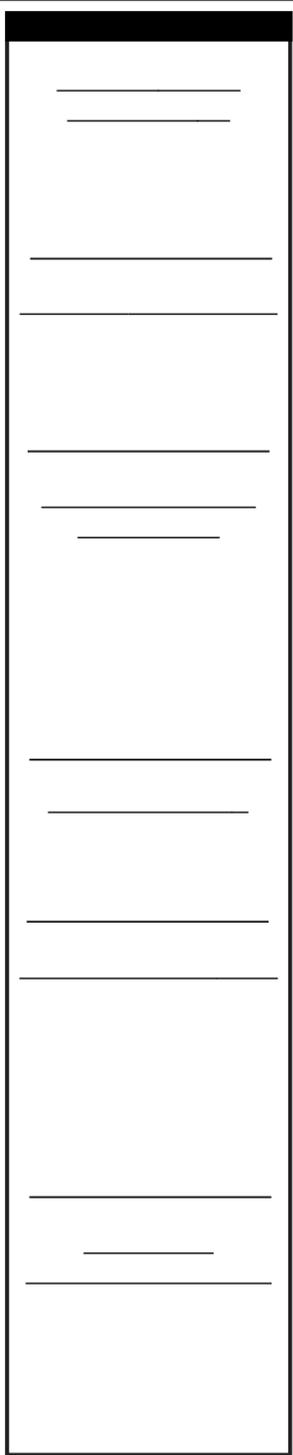
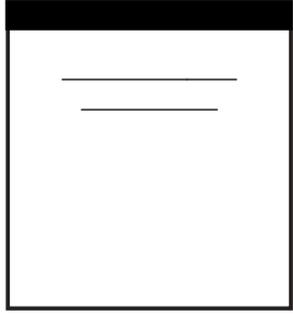
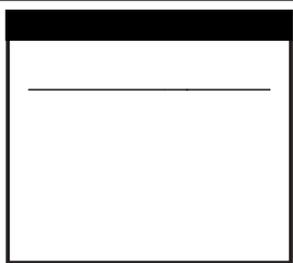
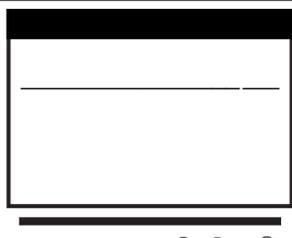
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- When outdoors, use mosquito repellants containing DEET.
- Change water in bird baths at least once a week.
- As standing water breeds mosquitoes, eliminate standing water from tires, dog bowls, buckets, etc.
- Secure window and door screens to keep mosquitoes outdoors.
- Stock ponds and fountains with mosquito-eating fish, free from your local mosquito control provider.

We invite you to join a representative from L.A. County Vector Control to learn more about the West Nile Virus.

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Okay, this is for you rent one and live in the other, each unit has approx. 1,000 square feet Price at a great price \$375,000 and that's a steal in this market. Call us for details today! This has a house and a commercial bldg. Located in Bellflower. Call us today at (562) 923-5507.

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Priced to sell quickly, you'll want to see this cute little starter home, two bedrooms, one bath, and only \$210,000. It's really priced to sell quickly call today at (562) 923-5507.

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Here it is - don't miss this great home to another lucky buyer. Great home with perfect details throughout. 3 BR, 2 BA, family room, office, forced air, central A/C, sparkling pool.

2,100 square feet - asking \$629,000

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Sandy Beaches Nearby
Nice area of West Torrance, near schools, close to beaches, close to shopping centers, 3 Bedrooms, 1 Bath.
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Diamond Bar home is sparkling clean. Excellent location, spacious 3 bd, 2 ba, living room w/wood floors and a toasty fireplace. Remodeled kitchen and bath. C/A + C/H, swimming pool, 500 sq. ft. enclosed patio.
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Passes The White Glove Test
Spotless home waiting for you. Enjoy a nice neighborhood in your home with 3 Bedrooms, 2 Baths, C/A & C/H, formal dining, living room with fireplace.
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APPLAUSE AWARDS For July 2004

<p>1. "Maria Zuloaga helped us purchase a home. She did a really good job. Thanks, Maria!" - Leticia Rivera</p>	<p>Top Selling Agent  Leticia Leal (310) 612-2410</p>	<p>Top Production Agents  Edwin, Adriana Huber (562) 419-4942</p>	<p>Top Listing Agent  Leticia Leal (310) 612-2410</p>
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Botox, Nip, Tuck?
What is, Had Some Work Done? Remodeled home in Downey with fresh appeal, 3 Bedrooms, 2 Baths, central air/heat, 2-car garage, nice neighborhood, move-in condition.
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One good offer and this is yours -- hook, line & sinker. Beautiful 3 Bedroom, 2.5 Bath, 2-car attached garage, central air, 2 patio areas, fireplace in living room, ceiling fan.
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Warm Chocolate Chip Cookies
Tall Glass of Milk -- one way to welcome autumn by the cozy fireplace in this new Downey listing. 3 Bedrooms, 1.75 Baths, formal dining room, new paint & carpet, extra clean, move-in condition..
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What's Not To Love?
Great neighborhood to love. 5 large Bedrooms, 3 Bathrooms to love, formal dining room for feasting, move-in condition. Come fall in love with this home.
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Shrimp or Chicken Anyone?
Either/Or will work in this formal dining room. 2 Bedrooms, 1 Bath, Bonus Room, Breakfast Room, interior laundry, move-in condition.
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Brand New North Downey Home!!

Beautiful 4 bedroom 3 bath home with nearly 2,500 sq. ft. on a 9,000 sq. ft. lot! This lovely home is currently being remodeled to be just like new! With 2 huge master suites, huge family room & too many amenities to mention!



Why Rent!

This mobile home features 4 bedrooms (master suite), 2 bathrooms, living room, dining room, central air/heat & a nice patio! 2001 Model with 1,425 sq. ft. of living space! Don't Miss This!! Priced to sell at \$94,900!!



So Much For So Little!

This lovely home features 4 bedrooms, 3 baths and a living room. Lots of Storage! Priced To Sell At: \$349,900!



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NEW LISTING!

Lots for Your Money! Comfy 3 bedroom, 1 bath home features a living room and dining area, kitchen with eating area and updated cabinets, 2 car detached garage.

562-949-8139

Visit www.FrankMoreno.com for more info and photos!



OFFICE EXCLUSIVE!

3 bedroom, 1 bath, large living room, hardwood floors, 1,050 sq. ft., 6,754 sq. ft. lot!!! Priced to sell for \$449,900!

Call Carrie Uva for more information at 562-382-1252!



GREAT LOCATION! GREAT PRICE!

Remodeled 3 bedroom, 2 bath home features a gourmet kitchen w/ granite counter tops & custom cabinets, formal dining & living room, breakfast room, built-in computer center, recessed lighting, new clay roof & a 2-car attached garage. Approx. 2,000 sq. ft. of living space on a 9,622 sq. ft. lot!

Call Esmeralda Rosales for more information at 562-889-9369!



VACATION ON THE GOLD COAST OF MEXICO!

Own this RCI Intl. Pueblo Bonito Sunset Beach Timeshare in Cabo San Lucas, Mexico. This 2 bedroom, 2 bath Presidential condo is located right on the beach. Time can be swapped for other locations within the RCI Intl. Resorts in the USA or Worldwide. Sale price \$29,950. Call Andy Partida for more info.

562-382-1267 or Page 562-408-5017!



NICE & CLEAN!

This 2 bedrooms, 2 bath condo is located in the city of Downey! This condo features hardwood floors, washer and dryer hook-ups, fireplace, patio and next to Los Amigos Country Club! Priced to sell for only \$299,900!

Call Fernando Rodriguez for more information 562-842-4211!

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Call Mario Today for a free Market Evaluation

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BUILD YOUR DREAM HOME!

Build your custom or place your manufactured or mobile home on this 5 acre parcel of vacant land located in Joshua Tree, CA. approx. 217,800 sq. ft. of land. This is a ground-breaking opportunity in a growing community! Sale priced at \$30,000.

Call Andy Partida for more info. 562-382-1267 or Page 562-408-5017!



NEW SPECTACULAR HOME!

4 bed, 3.5 baths, master bed w/marble throughout, kitchen w/stainless steel appliances (2 sinks, dishwasher, built-in oven, trash compactor, stove/hood), fam. rm. w/F.P, formal din. rm., maple cabinets. Priced to sell between \$975,000 - \$995,000.

Call Julio Gutierrez for more information 562-965-7203!



FOR LEASE!

Approx. 1,400 sq. ft. of commercial building located on busy street in Downey. Base rent \$ 1,100+ triple net. Principles Only Please!

Call Mary Jane Lee for more information 562-618-0390!

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TOWNHOME BUILT IN 2003!

Wonderful 3 bedroom, 2.5 baths townhome with 2 car garage, upgraded kitchen & baths with tile countertops, large master suite, spacious living room with marble fireplace, and pergio floor. Priced at \$389,900.

Call Michael to see! 562-818-6111



NICE & CLEAN

3 bedroom, 1 bath home with 2 fireplaces (living room & bedroom), covered patio & well-manicured yard. Owner has kept the home in very good condition. Price: \$409,999.

Call Michael to see! 562-818-6111



GREAT HOME! GREAT LOCATION!

Don't miss this beautiful 3 bedroom, 2 bath home in North Downey featuring sparkling pool just in time for summer! Formal dining room, family room w/brick fireplace, hardwood floors, 2 car attached garage, wood-beam ceiling, security system, covered patio, central heat on an 11,520 sq. ft. lot. Priced at \$779,880.

Call Michael to see! 562-818-6111



CHEAP! CHEAP!

1 bedroom condo with spacious living room, dining room, & clean kitchen. Community also has pools & parking for residents. Price: \$225,000.

Call Michael to see! 562-818-6111



OPEN HOUSE SUNDAY!

SPLISH, SPLASH!

5 bedroom home near Furman Park with large yard that features gated pool & separate grass area. Includes large master bedroom with remodeled bath, formal dining room, living room & den with fireplace & family room. Home has hardwood floors & owners recently installed central air & heat. Price: \$699,000.

Call Michael to see! 562-818-6111



SOLD!

WOW! THIS ONE WON'T LAST!

3 bedroom 2 bath Downey Home that's been completely remodeled inside & out. With travertine flooring, granite countertops in kitchen, freshly painted, new windows, new central air & heat, all you need to do is move your furniture in. Priced at \$495,000.

Call Michael to see! 562-818-6111



SOLD!

KEY TO HAPPINESS!

3 bedroom, 2 bath North Downey home at the end of a cul-de-sac with RV parking/access. Home features living room, family room, remodeled kitchen, wet bar, central air & heat, large master bedroom, & enclosed patio. The large yard (9290 sq. ft. lot) features a hot tub and plenty of room for a pool. Price: \$ 624,900.

Call Michael to see! 562-818-6111



SOLD!

RECENTLY REMODELED! MUST SEE TO BELIEVE!

3 bed + office, 2 bath, new kitchen and bath, tile floors, dual-pane windows, master bed w/ walk-in closet central air/heat, and copper plumbing. This spectacular home is priced to sell at \$479,000.

Call Michael to see! 562-818-6111



SOLD!

PRETTY AS A PICTURE

This 2 bedroom, 1 bath masterpiece has been upgraded throughout. It includes laminate hardwood flooring, crown molding & custom painting inside and out. New kitchen and bathroom with tile and cabinetry, and much, much more. This one won't last at \$375,000.

Call Michael to see! 562-818-6111